Lt. Karl Roystun, assigned to Submarine Group 7 at Fleet Activities Yokosuka, participates in the recently held Clear Vision 5K run. The Clear Vision campaign mission is to de-glamorize alcohol and educate Sailors and civilians stationed in Yokosuka about alternatives to drinking alcohol.

U.S. Navy photo by MC1 Geronimo Aquino

MM3 David Hyndman helps a guest aboard the U.S. 7th Fleet command ship *USS Blue Ridge* (LCC 19) dress into a firefighting ensemble as the ship gets underway for a cruise to Tokyo June 19. Friends and family of *Blue Ridge* and U.S. 7th Fleet staff Sailors, as well as sailors from the Japan Maritime Self-Defense Force were invited aboard for the four-hour underway, which featured damage control equipment demonstrations and a performance by the U.S. 7th Fleet Band.

U.S. Navy photo by MC1 Josh Huebner

(Left) The guided-missile destroyers *USS McCampbell* (DDG 85) and *USS Curtis Wilbur* (DDG 54) transit the Western Pacific Ocean before taking part in a live-fire exercise June 28. *Curtis Wilbur* and *McCampbell* are forward-deployed to Yokosuka, Japan and assigned to Destroyer Squadron 15.

U.S. Navy photo by MC3 Adam K. Thomas

United States and Japan Maritime Self-Defense Force (JMSDF) midshipmen aboard the JMSDF helicopter destroyer *JDS Hiei* (DDH 142) observe the sea-bearing movement of the Arleigh Burke-class guided-missile destroyer *USS Mustin* (DDG 89). *Mustin* and *Hiei* participated in the 2010 U.S. Navy-JMSDF Foreign Exchange Training for Midshipmen. The underway exchange culminated with a bilateral port visit in Kure, Japan.

Photo courtesy of JMSDF

Konnichiwa

(Left) SRF-JRMC Supervisory training technician Yohji Nishimura checks training-fee reimbursment documents for training instructor Hiroko Nishizawa.

Photo by Yuji Kawabe

Where is your hometown?	Fukuoka, Kyushu.
How long have you worked on base?	Twenty-six years.
What is your favorite food?	Enchiladas.
What is your life goal?	To climb mountains all over the world.

Several scouts from Ikego Boy Scout Troop 13 adjust their tents during Summer Camp held at Tama Hills June 20-26. The tents used were recently donated to the scouts from the Yokosuka Masons Lodge 20.

Photo courtesy of Ikego Boy Scout Troop 13