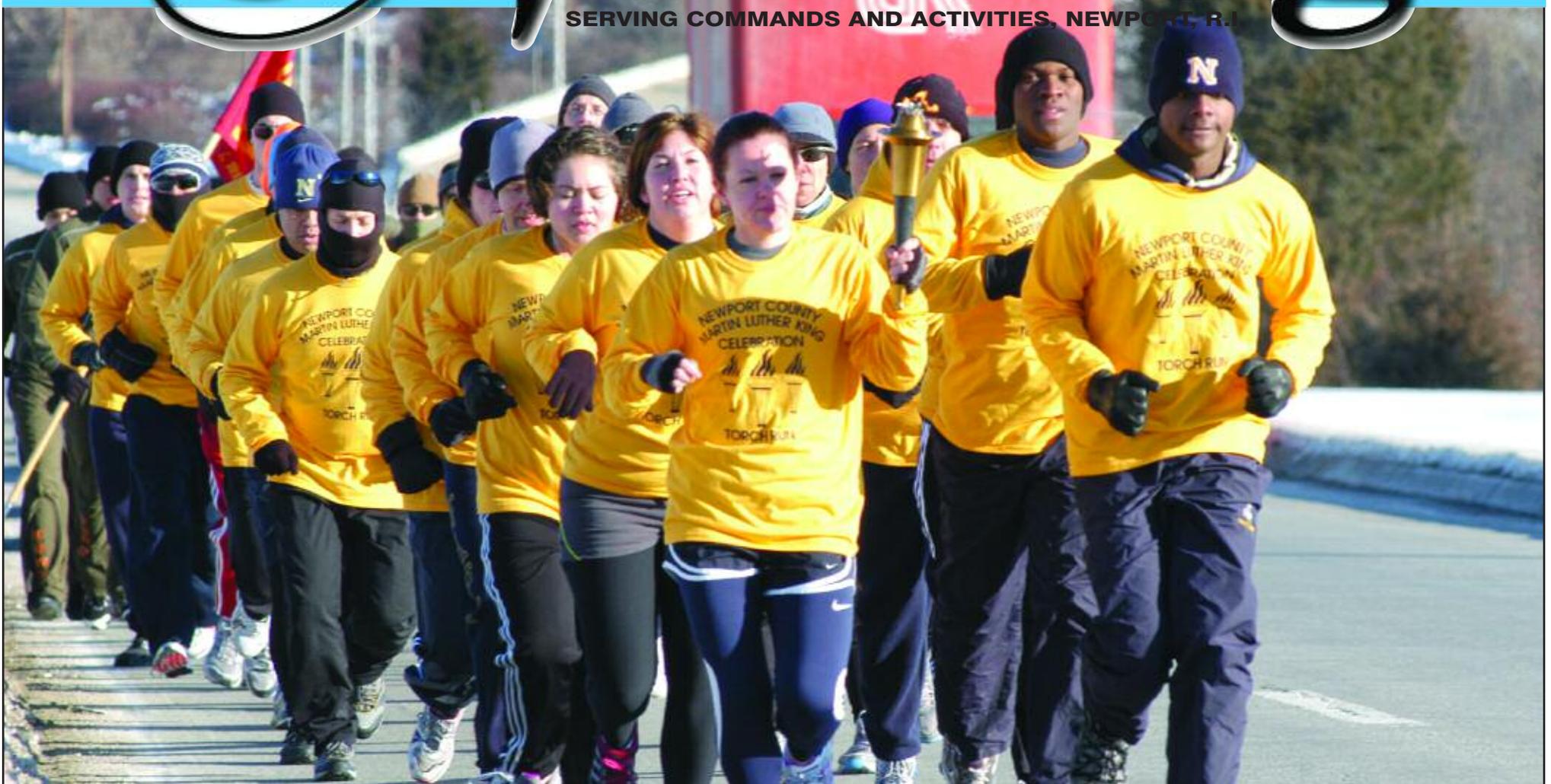


The Newport *Navallog*

VOL. 110 NO. 3 JANUARY 21, 2011

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



FREEDOM RUN — Midshipman Candidate Abigail Nagel, left, Naval Academy Prep School, carries the flaming torch as she leads about 35 runners in the Martin Luther King Jr. Day Torch Run down West Main Road from Patriots Park in Portsmouth to Thompson Middle School in Newport last Monday. Story, more photos, Pages 8-9.

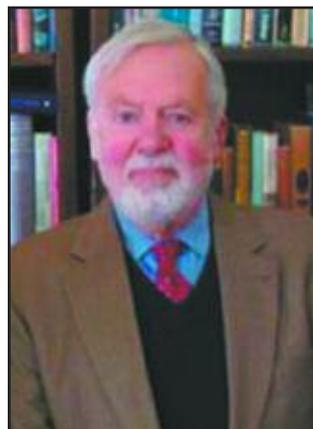
R.K. Alexander/U.S. Navy photo



OTCN looking for 'red ropers'

Officer Training Command, Newport, is looking for more Recruit Division Commanders (RDCs), or 'red ropers,' to drill incoming Officer Candidate School students.

—Page 2



Yanks joined Britain's navy

Author says 22 Americans in World War II broke U.S. law to join the British Royal Navy to fight the Germans.

—Page 3



Scholar looks into diplomacy

A visiting research scholar from Switzerland hopes to expand her research in U.S. naval diplomacy and military strategy.

—Page 4



Scott A. Thornbloom/U.S. Navy photos

Chief Aviation Warfare Systems Operator Steve Smith, right, a recruit division commander at Officer Candidate School, repositions the hand of an officer candidate during drill training at Officer Training Command Newport at Naval Station Newport. Smith is one of 12 recruit division commanders who train and mentor officer candidates in military bearing, discipline, physical fitness and Navy heritage and tradition.

OCS seeks more 'red ropers'

Recruit Division Commanders help train and mentor officer candidates.

By **S. THORNBLOOM**
Naval Service Training Command
Public Affairs

As Officer Training Command (OTC) Newport began a new year of training tomorrow's Navy leaders Jan. 1, the command is looking to attract a few more senior enlisted trainers to Officer Candidate School (OCS) and several other OTC schools.

Since the Navy established OCS in 1951, officer candidates have been trained by Navy officers and Marine Corps Drill Instructors (DIs). Senior enlisted, or chief petty offi-



Senior Chief Quartermaster Eric Bachel, a recruit division commander, directs a women's squad of new Officer Candidate School students at Nimitz Hall during their first week at Officer Training Command Newport.

cers (CPOs), have also played a role in officer training for a number of years. In the 90s, Navy senior enlisted Recruit Division Commanders (RDCs), or "red ropers," were added to the OCS training team. More like officer candidate commanders instead

of recruit commanders, the chiefs, senior chiefs and master chiefs who wear the red shoulder aiguillettes work with the Marine Corps drill instructors to train and mentor the candidates. OCS would now like to increase its number of senior enlisted trainers.

"We are looking for chiefs and senior chiefs who are physically fit and motivated and want to make a difference in shaping the future of the Navy," said Master Chief Electronics Technician (SW/AW) Matt Anuci, the senior enlisted adviser and OCS red roper at OTC.

Anuci said it is not well-known around the fleet that RDCs, who many people associate with the Navy's only boot camp, Recruit Training Command (RTC), **RED ROPERS, Page 14**

CFC pledges top '09 contributions

Pledges and contributions to the 2010 Rhode Island and Southeastern Massachusetts (RI/SEMA) Combined Federal Campaign (CFC) from federal employees at Navy in Newport commands total \$494,091, exceeding the 2009 total by \$12,297, according to a report from Elizabeth Comeau, CFC director.

A final tally of returns will be made on Jan. 31 when the 2010 CFC concludes, she said.

Federal employees from

other agencies in the Rhode Island area have pledged \$433,770 exceeding a 2010 CFC goal by \$53,770.

In the Southeastern Massachusetts area, federal employees pledged \$223,358 exceeding a 2010 CFC goal by \$53,358.

Pledges and contributions to the 2010 RI/SEMA CFC total \$1,151,220, exceeding a 2010 goal of \$1,000,000. "I was so very proud and thankful when our campaign achieved our \$1 million goal before the holidays," Comeau said.

'Great Decisions' lectures of interest to military here

The Newport Council for International Visitors' "Great Decisions" Seminar Series for 2011 will open next week with a public reception on Wednesday Jan. 26, from 7 to 9 p.m. at the Newport Elks Lodge, corner of Bellevue Avenue and Pelham Street in Newport.

The reception will feature an introduction on the topics and series presenters,

some with military interest. The topics are: "The Horn of Africa," "The Caucasus," "Rebuilding Haiti," "U.S. National Security," "Responding to the Current Financial Crisis," "Germany Ascendant," "Global Governance" and "Sanctions and Non-Proliferation."

The series schedule will be available at the reception and 2011 briefing books will be on sale.

Navalog
Capt. Joseph P. Voboril
Commanding Officer, Naval Station Newport

Lisa Rama NAVSTA Public Affairs Officer	Bob Krekorian NAVSTA Public Affairs Staff
Greg Kohlweiss NAVSTA Public Affairs Staff	Richard Alexander NAVALOG Editor

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Quick take

Name: Gloria M. Arteaga
Job Title: Sexual Assault Response Coordinator (SARC)

Command/Department: Fleet and Family Support Center

Home Town: Cumberland, R.I.

Most memorable career event: It would have to be my volunteer time in post-war Bosnia, where I assisted at the plastic surgery hospital in Sarajevo and indirectly met survivors of the rape camps. I found encouragement and passion for advocacy in these new found relationships. My career plans shifted into studying the law and the doors for victim advocacy opened.



Favorite duty station: NAVSTA Newport

Role model(s): "Mom." Frankly, there have been several during different stages of my life.

Free time activities: Painting. I love books and the outdoors: fishing, hiking and camping.

Favorite book: *Siddhartha* by Hermann Hesse

Favorite movies: *Lord of the Rings* and *Harry Potter*.

Favorite TV show: *Criminal Minds*

Favorite sport: Gymnastics/swimming

Favorite professional team: Patriots

Secret to success: Believe in what you do. Be passionate about it!

Favorite local restaurant: H20

Something I've always wanted to do or be: Captain/fly a helicopter

Favorite quote, motto or phrase: Confucius: "Here certainly is the golden maxim: Do not do to others that which we do not want them to do to us."

Long-term goal in life: To be wise enough to recognize "happiness" in my life. It is attainable.

22 Yanks fought for Royal Navy

Americans broke law to fight with British against Nazis in WWII

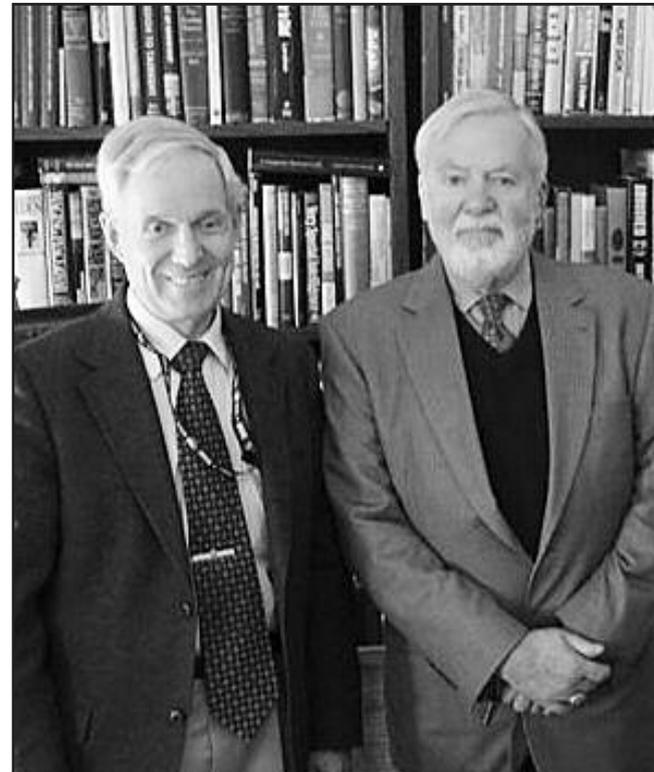
By **JOHN W. KENNEDY**
 NMC Museum Director of Outreach

Throughout our country's history there have been men who heeded the call to fight under another country's flag. Perhaps the most famous were the members of the Lafayette Escadrille who flew for the French prior to the United States entering World War I.

But, Americans can be found on the rolls fighting at Trafalgar with the Canadian Expeditionary Force in World War I; in the International Brigades during the Spanish Civil War; and with several countries during World War II — again prior to the U.S. entering the conflict.

Passport Not Required: U.S. Volunteers in the Royal Navy, 1939-1941, was presented by Eric Dietrich-Berryman, the primary author, during the Eight Bells Lecture given on Jan. 14 at the Naval War College Museum. Although there have been books and films about Americans who joined the Royal Air Force, few know about those who joined the Royal Navy.

This book tells the story



John Kennedy/U.S. Navy photo

Professor John Hattendorf, left, Director of the NWC Museum, poses with Professor Eric Dietrich-Berryman, author and presenter at the recent Eight Bells Lecture Series.

of 22 men who chose to ignore the law of the time, leave the safety of a country not yet at war, leave family and friends, and journey to Britain to fight against Ger-

many. Their stories are as varied as their ages. The youngest was barely 20 and the oldest was 51. Several paid the ultimate sacrifice, for this was the time of the

Battle of the Atlantic that saw over 5,000 ships lost with nearly 60,000 men dying.

While the story might be new to us, it was recognized by the Royal Navy and commemorated by a memorial and plaque that resides in the Painted Hall in the Old Royal Naval College at Greenwich. Originally dedicated to the first three American's to become sea-officers in the Royal Navy, there was a re-dedication ceremony for the installation of a new plaque in 2001 that included all 22 names of those who volunteered to serve when the fate of Great Britain and the cause of Freedom hung in the balance.

The next Eight Bells Lecture will take place Jan. 28 when John Wukovits will discuss his new biography of the late Admiral "Bull" Halsey.

The event will take place at noon on the second floor of the Naval War College Museum. It is a brown-bag affair and all are invited to come and hear the presenter. Reservations and questions can be directed to the Museum at 841-2101.

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USAR sergeant major to visit R.I. Soldiers

NORTH KINGSTOWN — Michael D. Schultz, command sergeant major of the U.S. Army Reserve at the Pentagon will honor Rhode Island soldiers on Feb. 16 at a reception and ceremony at the Quonset Officers' Club.

The event is sponsored by the R.I. Chapter of the Association of the U.S. Army.

The reception is for Rhode Island's soldiers, non-commissioned officers, and Recruiters of the Year from units of the Army Reserve, Army Guard, and Army Recruiting Command.

As the top non-commissioned officer of the U.S. Army Reserve, Schultz represents the interests of more than 150,000 enlisted Soldiers and serves as the Army Reserve representative

at all levels within the Army and Department of Defense.

A veteran of deployments to Afghanistan, Iraq and Kuwait, Shultz previously served as command sergeant major of the Joint Sustainment Command-Afghanistan, Kandahar, Afghanistan; the 143rd Transportation Command (Forward), Camp Arifjan, Kuwait.

The reception will begin at 6 p.m., with light fare served and cash bar. The event is open to all who are supportive of the U.S. Army and its Soldiers and there is no cost to attend. Dress is business casual.

Reservations (no walk-ins) must be made through CSM(R) Tony Ferri at 401-861-2997 or afnf458673755@aol.com

Swiss scholar explores diplomacy

By **DAVID REESE**
NWC Public Affairs Staff

Dr. Larissa Forster, visiting research scholar from Switzerland, hopes to expand her research in U.S. naval diplomacy and military strategy during her time at the Naval War College (NWC).

"I've always had a strong interest in conducting detailed analysis of military operations that combine both quantitative and qualitative methods," said Forster, who recently earned her Ph.D. at the University of Zurich. "My dissertation was on 'Seaborne Crisis Response: An Empirical Analysis of U.S. Naval Activity in International Crises.' I used my research to generate a naval dataset which measured non-routine naval activity short of full-scale wars in reaction to international crises."

Forster prefers studying actual international crisis situations while examining



David Reese/U.S. Navy photo

Larissa Forster, visiting research scholar from Switzerland, will conduct research and assist faculty at the Naval War College through August.

the levels of involvement of the Navy alone and in combination with the other military services. Her work attempts to answer what types of crisis and actors

have triggered past naval

interventions, how naval involvement has influenced crisis outcomes and the effectiveness of the U.S. response.

"I'm mostly interested in 'soft power' and the politi-

cal use of naval forces," Forster continued. "It's intriguing to investigate past history to learn how the Navy reacted to a specific crisis—short of fighting an actual war."

After writing her master's thesis on U.S. military interventions in international crises, she further narrowed her focus to the study of naval forces instead of treating all military forces as one unit.

"Naval forces have certain advantages that set them apart from other military services, and I wanted to analyze this distinction with the help of empirical data," she said.

Her relationship with NWC began when she first came to the United States as a visiting research scholar at Clark University in Worcester, Mass. She met Professor Peter Dombrowski, chairman of the NWC's Strategic Research Department (SRD), and described

DIPLOMACY, Page 14

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- 0900 Roman Catholic Mass
- 1030 Protestant Worship Service
- 1200 Roman Catholic Mass

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Military event opportunities

Naval Supply Corps School Dedication on Monday

The Navy Supply Corps School ribbon cutting and dedication ceremony will be held Monday at 10:00 a.m. inside their new facility on Coasters Harbor Island. Chief of Naval Operations, Adm. Gary Roughead along with Rhode Island Senators Jack Reed and Sheldon Whitehouse will be on hand to officially welcome the school to Newport. The first Basic Qualification Course began at the schoolhouse last Monday. The new facility will be officially dedicated as the "VADM Kenneth R. Wheeler Center," with members of the late admiral's family on-hand to participate.

TODAY, Jan. 21

- Graduation, Direct Commission Officer (DCO) Class 11030, Officer Training Command Newport. Call 841-1171.

SATURDAY, Jan. 22

- Free skiing, fourth annual Military Salute Weekend, Attitash Mountain, Bartlett, N.H. Go to <http://attitash.com/militarysalute.html>.

MONDAY, Jan. 24

- Navy Supply Corps School dedication and ribbon-cutting ceremony. PLEASE NOTE THAT PARKING IN THE LOT IMMEDIATELY IN FRONT OF THE NAVY SUPPLY CORPS SCHOOL WILL IMPACTED – PLEASE PLAN ACCORDINGLY.

TUESDAY, Jan. 25

- Newport Navy Choristers rehearsal, Perry Hall, Build-

ing 440, room 100, 7-9:30 p.m. Call 849-1135 or visit www.newportnavychoristers.org for information.

WEDNESDAY, Jan 26

- Reception, The Newport Council for International Visitors launch "2011 Great Decisions" seminar series, Newport Elks Lodge, Bellevue Avenue at Pelham Street, 7 to 9 p.m. Free.

THURSDAY, Jan. 27

- Naval Station Newport Open House to outline a proposal to install wind turbines onboard NAVSTA property. The event will be held in the Middletown High School cafeteria, 130 Valley Road, Middletown, 4 to 8 p.m. Call 841-3538 for information.

FRIDAY, Jan. 28

- Graduation, Officer Candidate School (OCS) Class 0511, Officer Training Command Newport, Kay Hall, 9 a.m. Call 841-1171.

- Eight Bells Lecture Series, "Adm. Bull Halsey" by John Wukovits, Naval War College Museum. Call 841-6020.

SUNDAY, Jan. 30

- Disney Character Brunch, Officers' Club, 10 a.m. to 1 p.m. Tickets are required and must be purchased in advance at the ITT office. Call 841-3116.

Upcoming events:

TUESDAY, Feb. 2

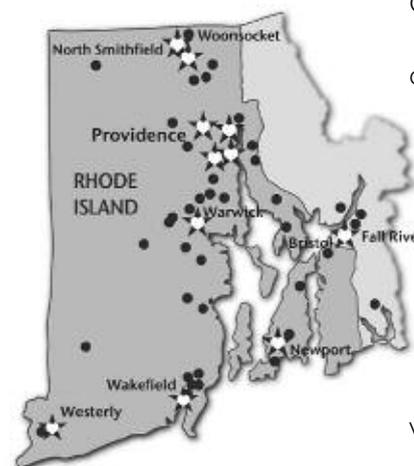
- College Fair, Building 690 Atrium, 10 a.m. to 2 p.m. Representatives from area universities and colleges are onboard the installation the first Wednesday of each month to provide information on enrollment.

TUESDAY, FEB. 15

- Naval Station Newport Command Indoctrination for newly assigned Navy personnel and newly hired civilians working at ANY of the tenant commands onboard NAVSTA. Call 841-6198 for more information.



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INFORMAL Q&A SESSIONS: For upcoming Q&A sessions or a complete list of primary care physicians near you, visit usfamilyhealth.org

Fleet and Family Support Center

Let's get handle on your finances

EDITOR'S NOTE: Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283.

Are your personal finances out of control?

A seminar, "Develop Your Spending Plan," will be held Jan. 25 from 2 to 4 p.m. at the Fleet and Family Support Center.

The class includes setting goals that are SMART (Specific, Measurable, Action-Oriented, Realistic and Timely); plus learning to distinguish between net, gross, and disposable income; learning how to complete a financial planning worksheet consisting of calculations of net worth, monthly income, monthly savings and living expenses, indebtedness and debt-to-income ratio; looking at options to increase income, decrease expenses and

decrease indebtedness.

Participants should bring a personal laptop, with Excel software, to work on a spending plan.

Are you in an unhealthy relationship? "Caught in the Web, Disconnect Your Unhealthy Relationship," will be offered Wednesday, Jan. 26, from 1 to 3 p.m.

Is the Worldwide Web too much of a good thing? Is being online causing you more problems than you realize? Learn how to assess internet overuse and misuse and enhance your physical and emotional relationship as well as job well being.

Fine-tuning for couples — Our workshop, "Care, Commitment and Relationship Enhancement," will be held at the Fleet and Family Support Center (FFSC) on Jan. 26, from 3 to 5 p.m. This workshop is for cou-

	Fri.-Sun.	Monday	Tuesday	Wednesday	Thursday
9 a.m.	Techniques of Play Therapy	Recovery from Sexual Abuse	Homecoming: Reclaiming Your Inner Child	Improving Your Self-Esteem	Homecoming: Reclaiming Your Toddler Self
7 p.m.	Techniques of Play Therapy	Recovery from Sexual Abuse	Homecoming: Reclaiming Your Inner Child	Improving Your Self-Esteem	Homecoming: Reclaiming Your Toddler Self

HELPFUL VIDEOS — Fleet and Family Support Center videos are offered twice a day at 9 a.m. and 7 p.m., seven days a week over Newport Naval Cable Television channel 13. The specialized videos are designed to help military members and their families with the frequent challenges and problems of daily life.

ples who want to learn more about the ground rules for loving and fighting; and how to promote intimacy.

A minimum of eight confirmed participants is required in order for this workshop to be held. Registration is required.

The class will be repeated Feb. 2 and Feb. 9.

Dysfunctional past affecting present? — Do you wonder if your past upbringing is now affecting your current personal or professional life? On Jan. 27 from 1 to 3 p.m., "Adult Children of Dysfunctional

Families" will explain what the impact may have been and how to eliminate dysfunctional behavior that is no longer serving you.

Sponsor Training — Sponsor Training will be held at the Fleet and Family Support Center on Monday, Feb. 1, from 1 to 2 p.m. This training is a valuable tool for individuals who will act as sponsors or department representatives selecting sponsors. Because the military spouse also plays such a vital role in the Sponsor Program, all spouses are invited and encouraged to participate.

Retiring senior leaders offered transition aid

The first Executive Transition Assistance Program (E-TAP) at Naval Station Newport is open to retiring commanders (O-5) and senior chiefs (E-8) and above will be held Monday through Thursday, May 9 to 12.

E-TAP provides career information and accommodates the specific needs of senior military leaders and caters to executive-

level leadership and high-profile positions senior leaders seek.

The four-day class incorporates the pre-separation counseling brief covering benefits and entitlements upon retirement from military service.

If interested in participating you should contact Walt Shaughnessy, Fleet and Family Support Program, 841-6920.



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RUNNERS in the Martin Luther King Jr. Day Torch Run from Patriots Park in Portsmouth to Thompson Middle School in Newport pass Raytheon Company on West Main Road last Monday on their 8.2 mile trek south.



School Superintendent John H. Ambrogi speaks at Thompson Middle School about keeping Dr. King's dream alive.

Military joins tribute to Dr. King

By R. ALEXANDER

Navalog editor

The Navy and Marine Corps runners in the annual Martin Luther King Jr. Day Torch Run from Portsmouth to Newport on Monday were so focused on a leatherneck's cadence, that they ran right past the finish line at Thompson Middle School and headed for Washington Square.

A Newport police cruiser had to chase after them to turn them around, and direct them to ceremonies underway, sponsored by the Newport County Martin Luther King Celebration Committee. The 26th annual National Holiday Celebration was based on the theme, "Remember! Celebrate! Act! A Day On, Not a Day Off!"

Once rounded up, the 35 runners accepted applause from the audience for finishing the 8.2 miles from the First Rhode Island Regiment Monument at Patriots Park. The regiment is also called "The 1st Black Regiment," since it was com-



L. David Shavers, upper left, Newport County Branch of NAACP and coordinator of the Torch Run, leads the group in a short prayer before the start in Portsmouth.

posed of former slaves, freemen and some Native Americans who enlisted in the Revolutionary War and fought for freedom against Great Britain.

The runners represented a cross-section of Navy Newport, both officer and enlisted, including the Marine Corps Detachment (MARDET) Newport; the

Naval Academy Prep School (NAPS); Naval Station (NAVSTA) Newport; Officer Training Command Newport (OTCN); the Naval Undersea Warfare Center Division (NUWC) Newport; Naval Health Clinic New England (NHCNE); the Surface Warfare Officers School Command (SWOSCOLCOM), plus a sprin-

gling of naval reservists, civilians and one Army National Guardsman.

Capt. Neil Parrott, Commanding Officer at SWOSCOLCOM, also ran the race last year. As he got some refreshments after the run, he said this year was a little tougher.



R.K. Alexander
U.S. Navy photos

Oo-RAH! — Nine members of the Marine Corps Detachment Newport at Naval Station Newport carry their colors and the torch to the finish at Thompson Middle School on Broadway, Newport.

Torch Run

Continued from Page 8

“It was a bit faster, and of course I’m a year older,” he said, “but carrying the torch for freedom is a good cause.”

It was the first race for Capt. Ken Gray, Commanding Officer, OTCN, who ran with about a half-dozen from his command.

“I like to run; I enjoy running,” he said Wednesday. “And this seemed like a great event to support the community of Newport and support King’s vision. It’s something very visible for the military.”

He also noted that all the runners seemed to be in a great mood for the whole distance.

Dr. April Childs, public health educator at NHCNE, organized the runners this year in cooperation with the Newport Branch, NAACP. It was her first race.

“The toughest part were the hills in Portsmouth just south of Raytheon,” she said. “But overall I think it went well.”

The run began with a short prayer led by L. David Shavers, NAACP race coordinator who brought the brass torch to the starting line.

“It weighs about 3 pounds, and you begin to

feel it after a few miles,” he said.

The program featured a list of guest speakers, including school committeemen, and town and city councilmen. The featured guest speaker was Ariel Carter, a first year law student at Roger Williams College Law School in Bristol.

Newport Mayor Stephen Waluk talked about the early years of the civil rights movement for African Americans. He referred to Dr. King’s famous “I Have A Dream” speech given at the Washington Monument.

“My personal dream is keeping the dream alive for the next generation,” he said. “Our schools need to redouble their efforts to make sure the dream is alive.”

Navy Band Northeast’s Brass Quintet provided appropriate music, and played the National Anthem. A special musical program was provided by the New Gospel Melodies of Community Baptist Church.

Capt. Synthia S. Jones of the Naval War College was guest speaker at the lunch program held later at the Atlantic Beach Club.



ABOVE: Runners muster in front of the stage at Thompson Middle School to be recognized at the 26th annual National Holiday Celebration in honor of Dr. King.

LEFT: The New Gospel Melodies of the Community Baptist Church sing a spiritual at the Thompson Middle School ceremony.

Naval Station Newport Dining

Officers' Club, Building 95, 841-1442
 Monday through Thursday, 11 a.m. to 10 p.m.
 Friday, 11 a.m. to 11 p.m.
 Saturday, 4 to 11 p.m.
 Sunday, Noon to 8 p.m.

Enlisted Club, Building 656, 841-2575
 Monday through Thursday, 11 a.m. to 9 p.m.
 Friday, 11 a.m. to 10 p.m.
 Saturday, 4 to 11 p.m.
 and Sunday and Holidays, 1 to 8 p.m.

**Seaview Lanes Bowling Center
 Building 656, 841-4293**
 Monday through Thursday, 11 a.m. to 8 p.m.
 Friday, 11 a.m. to 10 p.m.
 Saturday, 1 to 11 p.m.
 and Sunday and Holidays, 1 to 8 p.m.

**America's Cup Café,
 Building 684, 841-3420**
 Monday through Friday, 6:30 a.m. to 2 p.m.
 Closed on weekends and federal holidays.

Clinic Café, Building 43, 841-2140
 Monday through Friday, 6:45 a.m. to 1:15 p.m.
 Closed on weekends and federal holidays.

Leisure Bay, Building 1255, 841-2088
 Monday through Friday, 9 a.m. to 8 p.m.
 (drive thru window is open 6:30 a.m. to 8 p.m.)
 Weekends and holidays, 8 a.m. to 6 p.m.

**Hewitt Hall Café, 841-4655
 (NWC personnel only)**
 Monday through Thursday, 6:30 a.m. to 3 p.m.
 Friday 6:30 a.m. to 2 p.m.
 Closed on federal holidays.

Disney Character Brunch



PIRATES & Princesses

Pictures Arts & Crafts Brunch

Sunday, January 30

10 a.m. to 1 p.m. at the O'Club

Adults \$16.95
 Children (three to 12) \$7.95
 Children two and under free

Tickets are required and must be purchased in advance at the ITT office, building 1255. Seating is limited so get your tickets early! Patrons must have base access to attend. For more information, call 841-3116.

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Leisure

**Aerobics/
exercise**

(Gym 109, Building 109, 841-3154)

Morale, Welfare and Recreation Fitness Classes: Stop by Gym 109 and pick up the fitness schedule. There are a variety of classes including Pilates, yoga, step, cycling, Zumba and now Navy Operational Fitness & Fueling Series (NOFFS)! NOFFS goes though the NOFFS card series on the new direction of Navy fitness-function. The core work is great and the agility and speed work fun!

Classes are taught at Gym 109 as early as 6 a.m. and as late as 6:30 p.m., and there are classes seven days a week. There is no need to pre-register; just show up and get fit. Free for active duty; \$1 for reservists, eligible family members, retired

and \$2 for Department of Defense personnel. Call Gym 109 at 841-3154 for more information.

Bowling

(Building 656, 841-4293)

The Seaview Lanes Bowling Center state-of-the-art facility features regular and Xtreme bowling. The center also serves lunch, Monday through Friday beginning at 11 a.m. Call ahead and have your lunch order ready when you arrive.

Hours of operation are:

Monday through Thursday, 11 a.m. to 8 p.m.; Friday 11 a.m. to 10 p.m.; Saturday, 1 to 11 p.m.; Sunday and federal holidays, 1 to 8 p.m.

Rates: \$3.50 per game and \$2 for shoe rental.

Xtreme Bowling (every Saturday, 8 to 11 p.m.) Rates are \$10 per hour, per person or \$4 per game and \$2 shoe rental.

Birthday party packages are available from \$10 to \$15 per child, depending on meal and regular/Xtreme bowling.

January specials:

Military Monday: Active duty personnel bowl for \$1 per game per person from 11 a.m. to 5 p.m.

Take Time Tuesday: Come bowl at lunchtime for only \$.50 per game, per person from 11 a.m. to 2 p.m.

White Out Wednesday: Bowl one game, get one game free from 11 a.m. to 4 p.m.

Three-Two-One Thursday: First game is \$3, second game is \$2 and third game is \$1 from 11 a.m. to 8 p.m. All game prices are per person and must be bowled at one time to receive special pricing.

Freezing Friday: Come bowl from 11 a.m. to 5 p.m.

and your shoe rental is on us!

Touchdown Sunday: Wear your favorite team's football jersey every Sunday and bowl for half price from 1 to 8 p.m.

Happy birthday to you: Bowl the week of your birthday (ID required) and the first game is our present to you. This offer is only good for one free game for the week.

NOTE: There is no open bowling during league nights on Tuesday, Wednesday and Friday. Please call ahead to check availability.

Special fitness activities

(Gym 109, 841-3154)

• A Racquetball Tournament is scheduled from Feb. 7 to 25 at the Gym 109 courts with A and B divisions for male and female.

LEISURE, Page 12

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Information, Tickets & Travel

The Coffee Cup: Indoor Auto Racing

Purchase tickets to see indoor racing at the Dunkin Donuts center in Providence on Saturday, February 5. Don't miss the small but powerful three-quarter midget cars as top named drivers from several Northeast states compete. Tickets are \$17.50 for adults and \$12.50 for children. For more information, call 841-3116.



Northeast ski lift tickets

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Teen (ages 13 - 18): \$46.50

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Wachusett Mountain, Mass.

Anytime \$44.50

Nighttime: \$34.50

Weekday \$38.50

For details, call 841-3116.

See current flicks at discounted price

Planning on seeing a movie this weekend? Stop by the Information, Tickets and Travel (ITT) office, Building 1255, and pick up some discount movie tickets first.

Tickets cost just \$7.25 each (\$1.75 savings) and may be used at the Island Cinemas in Middletown. Tickets to the Jane Pickens Theater in Newport are \$6.75 (\$1.25 savings). Tickets are \$8.50 each (\$1.75 savings) for Showcase Cinemas, Warwick are best for retirees and DoD employees. Active duty show their ID at the theaters and receive a ticket for \$7.

Leisure

Continued from Page 11

Registration is underway at Gym 109's front desk and ends on Wednesday, Feb. 2. Open to active duty personnel, retirees, reservists, eligible family members and DoD civilians. Free to enter and prizes will be awarded to the winners! For more information, call the MWR Intramural Sports Coordinator at 841-3127.

• **Weight Lifting Essentials on Wednesday, Feb. 9 at 5:30 p.m.** Gym 109 is offering Weight Training Essentials the second Wednesday of the month. Training session with a certified MWR trainer will cover the following: Safe lifting techniques, proper body alignment, understanding sets and reps, staying injury free, the keys to designing a program tailored to strength, endurance or toning, when and why a spotter is necessary. For information, call Pat Mahoney at 841-3154.

Liberty Center (Recreation Center) Building 656, 841-3054

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; and Sunday and holidays, noon to 8 p.m.

The Liberty Center has eight computers and wireless Internet access, so bring your own laptop and log on anywhere in the building. Check out the billiards, foosball and ping-pong tables, three flat screen televisions for Xbox, Xbox 360,

PlayStation 2, PlayStation 3 and Wii video systems, a TV lounge and dining area. There is a movie room where free movies from the Navy Motion Picture Service are shown — see movies six weeks before they're out on DVD!

This facility is alcohol-free and is only open to active duty military personnel and reservists who are single or unaccompanied.

January events

Tonight – Billiards Tournament, prizes, 6 p.m.

Jan. 22 – Free Cookie Day – while supplies last.

Jan. 23 – Texas Hold'em Tournament, with prizes, 6 p.m.

Jan. 24 – Ping-Pong Tournament with prizes, 6 p.m.

Jan. 25 – Wii Sports Tournament, prizes, 6 p.m.

Jan. 26 – Madden Tournament, prizes, 6 p.m.

Jan. 27 – Guitar Hero Tournament, with prizes, 6 p.m.

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F	FAMILY NIGHT • KIDS EAT FREE with purchase of adult entrée, 3 children max Bowl of Chowder & Fish & Chips \$9.99 LIVE BAND
Sa	½ PRICE APPETIZERS 11:30 a.m. - 6:00 p.m. DJ Curfew - 10:00 to 12:45
Su	½ PRICE GRILLED PIZZAS 6-10 p.m. Karaoke at 9:00 p.m. No experience necessary!

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NEX customer satisfaction up 1 point

For the past 13 years, Navy Exchange customers have been asked to take a survey on their shopping experience in their local store. This Customer Satisfaction Survey, or CSI, allows the NEX to better serve its customers whether it is stocking a different merchandise assortment, providing better customer service, or updating its facilities. The NEX CSI score for 2010 went up 1 point to 83. This should be compared to an overall retail industry average of 76.

"One of my top focuses is to enhance our customers' experience each time they shop in a NEX," said Rear Adm. (sel.) Glenn C. Robillard, commander, Navy Exchange Service Command (NEXCOM). "The best way we can improve is by asking for feedback. Based on the results from our most recent survey, we are confident that we are providing our customers with quality products, great customer service and the best facilities possible. It's gratifying to know our customers see and appreciate it as well."

The biggest jump in score came in the area of problem resolution which rose 7 points in 2010. Other areas that showed increases were checkout, up 2 points; and associates, returns, store environment, pricing, sales flyers and merchandise, which all rose 1 point each. Based on this year's sur-

Jewelry, watches featured at NEX for Valentine's

From Feb. 2 to 15, customers who purchase any jewelry or watch priced \$199 or more and pay with a Military Star Card can take advantage of no interest, no down payment with no payments for six months. The NEX has a great selection of gold and silver jewelry, precious gemstones, diamonds and the most popular brands of watches to choose from, just in time for Valentine's Day.

The Military Star Card offers many benefits including 10 percent off the



first day's purchases (up to the customer's credit limit), no annual fee, low interest rate and 24-hour customer service including online access.

vey, NEXCOM will concentrate its efforts in 2011 on sales flyers, merchandise and pricing.

"In 2009, one of our focus areas was problem resolution," said Mike Conner, Vice President, Marketing Insights. "That focus definitely paid off with a 7 point increase in that area. We're happy that our customers have seen the changes we've made in our customer service training and have recognized us for our efforts."

Both overseas and United States

districts showed increases as well. Overseas rose three points to 79 while districts in the United States rose 1 point to 84. NEX districts scores in 2010 were Hawaii, up 1 point to 86; Mid-South up 2 points to 86; Tidewater stayed the same at 84; Southeast and Western increased 1 point each to 83; Northwest and Guam increased 2 points each to 83; Capital/Northeast decreased 1 point to 82; Japan increased 5 points to 82; and Europe increased 2 points to 76.

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Red Ropers

Continued from Page 2

aboard Naval Station Great Lakes, Ill., are also being assigned to OTC.

"We're such a small command (OTC in Newport), and when you think 40,000 recruits go through RTC each year and you are always seeing the red rope of an RDC (more than 600) there, the natural assumption is that's the only place where there are RDCs," Anuci said. "The Navy also sends E-5 and E-6 RDCs to Great Lakes. Newport is totally different because we only have a select few (currently 12) senior enlisted RDCs."

Anuci said that OCS needs senior enlisted RDCs because of "the opportunity to mentor and mold and develop the division-officer-to-chief relationship that is a constant in the fleet."

He also said there is a need for more senior enlisted RDCs at OTC because many of the current 12 will transfer within the next couple of years. As with most commands, the turnover of Sailors, especially chiefs, is constant and continuous. So OTC is always on the lookout for qualified and motivated senior enlisted members to accept orders to OTC.

OTC has also been talking with the Navy Personnel Command (NPC) about detailing chiefs and senior chief petty officers who have previously been an RDC early in their careers. OTC would like to see senior enlisted return from the fleet to a shore duty billet at OTC as second tour RDCs. But this isn't a requirement.

The Shore Special Program Detailer (PERS-4010D) at NPC in Millington, Tenn., periodically sends out message traffic and announcements recruiting for RDCs at OTC.

In a recent RDC recruiting notice, NPC announced



Scott A. Thornbloom/U.S. Navy photo

Chief Steve Smith yells out a cadence to new officer candidates during a physical fitness session at Officer Training Command at Naval Station Newport.

the need for hard-charging Navy professionals to provide RDC (NEC 9508) support at OTC. The announcement described the position as one that prepares OCS graduates for service in the fleet as naval officers.

The announcement "looks for E-7 RDCs for OTC to function as senior enlisted technical experts and be responsible for the training, administration, good order and discipline and general welfare of assigned students throughout all phases of training."

"This is absolutely the most rewarding job I've ever had, and at the same time is the most demanding job that I've ever had," Anuci said.

OCS is one of five officer training schools at Officer Training Command. There is also the Officer Development School (ODS), Direct Commission Officer Indocination School (DCOIC), Limited Duty Officer and Chief Warrant Officer (LDO/CWO) school and Seaman-to-Admiral (STA-

21) school. The staff officers, RDCs and DIs also provide training assistance for these schools, especially with the physical training of the students.

Capt. Ken Gray, OTC commanding officer, said because the command provides accession training to 65 percent of the Navy's new officers, "the RDCs at OTC have a tremendously positive influence on the newest generations of naval officers; an influence that lasts for decades."

"My challenge, and my vision for the RDCs is that they will model the very best division officer/chief petty officer relationship that our students should expect to experience in the fleet," Gray said.

Gray said that during the initial stages, the RDCs focus on the militarization of the students and developing their discipline. But over time the focus shifts, and by the end of training the RDCs concentrate on mentoring the students and instilling confidence.

Diplomacy

Continued from Page 4

her interests in the Navy and her background in political science, crisis management and military strategy.

"Professor Dombrowski became my second dissertation adviser and he's helped me enormously in structuring my dissertation and understanding the strategic culture of the USN," Forster explained. "He'll also assign me projects where the college can take advantage of my areas of expertise."

Before joining the Naval War College, Forster worked with Professor Andrew Bacevich at Boston University, providing assistance for his book project "Washington Rules."

The international scholar plans to deliver Lectures of Opportunity during her 10-month visit. She also wants to develop two articles from her dissertation and hopes to publish one or both in the Naval War College Review. She'll also work on revising her dissertation for publication as a Newport Paper.

Her article "Trust Cannot Be Surged: Being Engaged Means Being There," which discusses the future of forward presence in the context of the rising importance of the Indian Ocean region, is scheduled to appear in the Fall 2011 issue of the Swiss Journal: Military Power Revue.

"Professors Dombrowski, Tim Hoyt and Andrew Winner are also providing me the opportunity to become involved with the SRD's Indian Ocean Study

Group," said Forster, who is hoping to participate in additional research opportunities and collaborate with faculty on educational articles. "To be affiliated with a prestigious institution like the Naval War College and build these relationships is an invaluable career opportunity."

Forster also was appreciative of the support she received from Katarzyna Zysk, who was the previous visiting scholar at NWC.

"She gave me guidance on how to reach out to professors and become involved in various projects," Forster said. "I'll work hard to help facilitate the program for future candidates."

She believes that the Visiting Research Scholar program offers reciprocal benefits for everyone involved in the process.

"It is very challenging to study a foreign military, but I believe it's important for institutions to incorporate international views and opinions about U.S. military issues and political strategy," Forster explained. "I'll benefit from a wonderful educational environment, stimulating research facilities and a highly accomplished, knowledgeable faculty."

Forster who speaks German, English, French and Spanish, received a doctorate in international relations from the University of Zurich, Switzerland, in October 2010. She earned a master's in political science from the University of Zurich in November 2007.

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Navy-wide news

Sluggish attrition prompts Selective Early Retirement

WASHINGTON (NNS) — To help offset high retention and low attrition among active duty captains and commanders in the unrestricted line communities, the Navy will conduct a Selective Early Retirement (SER) board in July 2011.

“In order to balance the force and ensure sufficient senior officers are available at the right time in their careers to serve in critical billets in the fleet, we will conduct a selective early retirement board for active duty captains and commanders in the unrestricted line (URL),” explained Vice Adm. Mark Ferguson, Chief Of Naval Personnel. “The board will look closely at leadership, integrity and proven and sustained superior performance in critical billets.”

The SER board will consider the records of all active duty URL captains with at least four years time-in-grade as of this July 1, and commanders who have twice failed for promotion to O-6. Captains and commanders whose name is on a list of officers recommended for promotion will not be reviewed for early retirement. Furthermore, staff and restricted line officers will not be considered by the SER board.

CNO discusses shipbuilding plans at 23rd SNA Symposium

ARLINGTON, Va. (NNS) — The chief of naval operations (CNO) was the keynote speaker during an annual banquet at the Surface Navy Association's 23rd National Symposium in Arlington, Va., where he spoke on the importance of future force and current operations of the Navy, Jan. 14.

Adm. Gary Roughead spoke on the important role of naval leadership in strengthening the future force of the Navy.

“Our job, as the nation's leaders, is to ensure Sailors have the ships, the aircraft and the submarines that will enable them to accomplish the mission,” said Roughead. “We are maintaining our unrelenting emphasis on leader diversity, so that the best ideas to keep our Navy great are able to be heard.”

Roughead discussed the need to increase the number of ships in the Navy. Although 313 is commonly referred to as the “floor” of what the Navy needs, he emphasized that more ships are needed, and that we require a combination of balance and quantity to build the Navy for the future.

“Three hundred thirteen is the numerical floor because it gives us global capabilities,” he said.

Recognizing the need for new ships, CNO stressed the importance of the Navy working with the shipbuilding industry to control costs. He stressed the need for restraint and appetite suppression, explaining that it will take the combined effort from both the Navy and the industry to realize efficiencies in shipbuilding.

“I expect Navy leaders to take a disciplined approach in determining our needs,” he said. “An approach based in the maritime strategy that strives to balance among the six core capabilities, linking each purchase to a capability or capabilities will be the test I will apply. Our program submission for Fiscal Year 2012 funds our most pressing requirements and continues our investment in force structure even in the context of increasing fiscal pressure.



MCC Tiffini Jones/U.S. Navy photo

Chief of Naval Operations (CNO) Adm. Gary Roughead delivers remarks at the 23rd annual Surface Navy Association symposium.

To do this, hard decisions must be made in the short term to ensure a long term shipbuilding plan is viable.”

National SNA Symposium unites all surface warriors

ARLINGTON, Va. (NNS) — The 23rd annual Surface Navy Association (SNA) Symposium held in Arlington, Va., finished up Jan. 13.

The three-day event, themed “Surface Naval Forces: Relevant Capabilities for a Challenging Future,” was designed to bring naval surface personnel — officer and enlisted, past and present — together to gain a deeper understanding of naval warfare and its future.

More than 3,000 personnel attended the event and were able to discover a wide range of Navy and industry endeavors at the booths of more than 70 exhibitors. These exhibitors, which ranged from the Naval Postgraduate School to the Office of Naval Research, shared the results of collaboration to produce innovations in surface warfare.

Navy Relief turning 107, going strong

\$49.5M assistance provided in 2010 aids 99,850 military

By CENDRA CRAMP

Navy-Marine Corps Relief Society-Communications Division

One of the Navy and Marine Corps' oldest and closest friend is another year older, and always ready to lend a helping hand to active and retired Sailors, Marines and their families in times of financial need.

The Navy-Marine Corps Relief Society (NMCRS) was founded 107 years ago on Jan. 23, 1904, to care for our widows and orphans. The 19 original volunteers and \$9,000 (the Navy's share of gate receipts from the 1903 Army-Navy football game), laid the foundation of the Society that has served more than 4 million Sailors, Marines and families, providing over \$1.1 billion in assistance.

Today, NMCRS is still taking care of Sailors and Marines. It is a private, non-profit charity with more than 3,500 volunteers supported by a small professional staff who serve afloat and ashore around the world.

In the last 10 years, the Society has disbursed more than \$400 million in interest-free loans and grants to nearly 600,000 Sailors, Marines and families. During 2010 alone, the Society provided \$49.4 million in financial relief helping over 99,850 clients – the highest number of clients and assistance since 1993.

Nearly one out of five Sailors and Marines on active duty turned to NMCRS during the past 12 months.

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