

The Newport *Navalog*

VOL. 110 NO. 10 MARCH 11, 2011

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Kathy MacKnight/U.S. Navy photo

Master Chief Petty Officer of the Navy (MCPON) (SS/SW) Rick West addresses enlisted members at the NAVSTA Command Headquarters Building 690 last Tuesday. MCPON held several All Hands Calls at Naval Station Newport, including Naval Health Clinic New England, Surface Warfare Officers School, Command Leadership School and the Senior Enlisted Academy.



Monster truck proves muscle

A petty officer's brawny International CXT truck proves itself as king of the road...and railroad.

— Page 2



NAVSTA blue to join green

Naval Station Newport Sailors and Marines will compose a large portion of Newport's St. Patrick's Day Parade tomorrow.

— Page 2



Top Navy nurse outlines goals

The Director of the Navy Nurse Corps holds a Rear Admiral's Call at Naval Health Clinic New England last week.

— Page 8



Contributed photo

Engineman 2nd Class Cory Dufield pulls the Old Colony Newport Railway train down the tracks just north of Gate 17 in his 250 hp diesel International CXT. The truck is 9 feet tall and weighs 14,500 pounds.

KEEP ON TRUCKIN'

Petty officer's beefy International CXT was king of the road at 9-feet tall, 14,500 lbs.

By **BOB KREKORIAN**
NAVSTA Public Affairs Staff

Engineman 2nd Class Cory Dufield took his love of trucks to the next level when he decided to sell his 1999 Ford F350 and move up to what is considered to be the biggest production

pick-up truck on the market, the International CXT.

Dufield reported to the Naval War College in May 2008 as a member of the Admiral's Barge crew. His last duty station was aboard the landing ship dock USS Whidbey Island (LSD 41), Little Creek, Va. "Everyone

was driving a big truck there," he said.

No stranger to vehicle mechanics and diesel engine power, Dufield has an 18-wheel tractor trailer and a backhoe parked in the yard at his home of record in Brownington, Vt., a small town of approxi-

mately 500 people near the Canadian border. His father is a truck driver.

Dufield had been seen periodically at Naval Station Newport operating his metallic blue 2005 CXT. Most pickups, SUVs and sedans parked near **TRUCKIN', Page 14**

NAVSTA to join parade of green

More than 120 Sailors from the Naval Science Institute at Officer Training Command Newport will be part of the Navy in Newport contingent marching in this year's 55th annual St. Patrick's Day parade, on Saturday at 11 a.m. in downtown Newport.

Vice Adm. (sel) Philip Wisecup, Naval War College president, and his wife, Anne, are scheduled to attend the festivities and

will be seated in the reviewing stand.

Other Navy in Newport marching units include the Navy Band Northeast's marching band and a Navy color guard from Naval Health Clinic New England.

Maritime Expeditionary Security Squadron 8 will tow a 34-foot patrol boat.

A contingent of Officers and Sailors from the Surface Warfare Officers

PARADE, Page 14

Capt. Pedrozo to mark Women's History Month

By **BOB KREKORIAN**
NAVSTA Public Affairs Staff

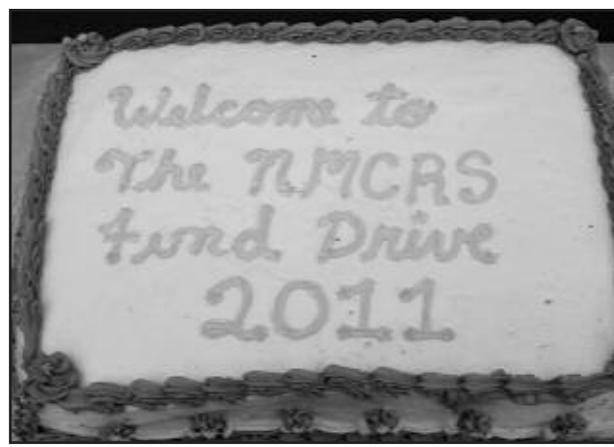
Capt. Stacy A. Pedrozo, JAGC, will be the guest speaker at Naval Station Newport's observance of Women's History Month on Monday, March 21, at 10:30 a.m., in the Naval Justice School auditorium.



Pedrozo

This year's observance theme is "Our History is Our Strength." The observance is open to all hands and their families. Coffee and refreshments will be available following the observance. The observance is sponsored by NAVSTA's diversity committee.

Pedrozo serves as the U.S. Navy Fellow, Council on Foreign Relations, where she focuses on Law of the Sea issues and the Asia Pacific region. Her previous assignment was at the Naval War **PEDROZO, Page 14**



Greg Kohlweiss/U.S. Navy photo

NMCRS DRIVE OFF AND RUNNING — Pat Drislane, a retired captain and director of the Navy-Marine Corps Relief Society, details the services the agency provides for the active duty Sailor and Marine at the kick-off program on March 1 in Building 690. The theme is, 'It Takes All Hands. It's About More Sailors and Marines Giving.' At right is the kickoff sheet cake. The drive ends March 31.

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The email address is Richard.k.alexander1@navy.mil for the editor, Richard Alexander.

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Navalog

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Greg Kohlweiss/U.S. Navy photo

Naval Station Newport holds an awards quarters ceremony March 4 in Building 690. From left are Chaplain (Cmdr.) Douglas Rosander, Meritorious Service Medal, End of Tour Award from previous command; UT1 Daniel Callinan, Combat Action Ribbon for convoy ambushed in Patika, Afghanistan; MA1 Matthew Thomas, Navy Achievement Medal for Senior Sailor of the Year; AO2 Travis Turner, Navy Achievement Medal, End of Tour award, three years at NAVSTA Armory; CS1 Edgardo Agosto, Good Conduct Medal, three years of service with no non-judicial punishment; ICC Ryan Ratts and BM2 Christopher Olschewski, Letters of Appreciation from Maritime Expeditionary Security Squadron 8 for helping in the recovery of \$25,000 worth of equipment; Fran Furtado, Letter of Appreciation from MSRON-8 for his support of two field exercises.

Robotics team third in competition

MANCHESTER, N.H. – AIR (Aquidneck Island Robotics) Strike placed third among 52 teams and won the Entrepreneurship Award at the BAE Systems Granite State Regional last weekend in the FIRST Robotics Competition.

The three day robotics competition featured teams from high schools partnered with science and technology professionals. AIR Strike is mentored by the Naval Undersea Warfare Center Division, Newport, and other

companies, and is composed of 30 high schools students from across Rhode Island.

Last January teams had six weeks to build a 5 foot tall, 150 pound robot to participate in the 2011 game, LOGO MOTION®.

The Entrepreneurship Award recognizes entrepreneurial spirit and selects a team which developed a framework to scope, manage and obtain team objectives. The judges felt AIR Strike best displayed entre-

preneurial enthusiasm and the vital business skills for a self-sustaining program.

On April 7-9, the team will compete again in the Boston Regional at Boston University in hopes of qualifying for the World Championship in St. Louis, Mo.

AIR Strike 78 also receives support from the National Defense Education Program (NDEP), Raytheon, BAE Systems, and JCPenney.

Navy Prep hosts special graduate

The Naval Academy Preparatory School (NAPS) Battalion of Midshipman Candidates hosted Rear Adm. Julius Caesar as the keynote speaker in its 2011 Character Development Seminar series last month.

Caesar, currently the Vice Director, Joint Concept Development & Experimentation (J9), U.S. Joint Forces Command, is a 1973 NAPS graduate. His return

as the speaker emphasized the value the preparatory school process has provided to generations of young men and women bound for the U. S. Naval Academy.

In appreciation for his service, the admiral was presented with a replica of his NAPS football jersey No. 67 by the midshipman candidate battalion commander, as well as the captains of the NAPS football team.



NAPS photo

Rear Adm. Julius Caesar, left, poses with Naval Academy Prep School Midshipman Candidates Nate Copeland and Kenneth Dickie who hold a framed replica of Caesar's football jersey No. 67 when he played for NAPS.

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Naval War College photo

NWC COMMAND AWARDS— The Naval War College (NWC) community joins President Vice Adm. (sel.) Phil Wisecup, center, for a command awards quarters ceremony in Spruance Lobby on Feb. 28. Honored for 30 years service were Maryann Salesi, Comptroller, and James Silva, Logistics; for 25 years, Leslie Costic, Information Resources Department; for 20 years, Professor David Cooper, National Security Decision Making (NSA); for 15 years Karen Corcoran, Dean of Academics; Gregory Hoffman, WAR Department; Robert Ford, IRD; and Eric Wedoff, Facilities; for 10 years, Tammy Kirk, Library, and Daniel Ferreira, Security; for 5 years, Robert Allcock, Procurement; Kimberly Cave, College of Naval Warfare & Staff/Chief of Staff Office; Professor Steven Pierce, College of Distance Education; and Professor George Oliver, Joint Military Operations. The Senior Civilian of the Quarter was David Ainslie, College of Operational and Strategic Leadership; and Junior Civilian of the Quarter was Lisa Newland, Wargaming Department; Senior Civilian of the Year was Beth Leinberry, Facilities; and Junior Civilian of the Year was Steven Walker, College of Operational and Strategic Leadership; Sailor of the Quarter was Legalman 2nd Class Fitima Falcher; Senior Sailor of the Year was Yeoman 1st Class (SW) Eric Wilmoth, Special Security Office; and Junior Sailor of the Year was Interior Communications Technician 2nd Class (SW) General Livingston, Wargaming Department.

NWC graduates 36 from Naval Warfare

NWC Public Affairs Office

The Naval War College (NWC) graduated 36 students from the College of Naval Warfare (CNW) on March 1.

Phased in during the academic year's third trimester last year, 31 of the graduates come from the Navy; three represented the U.S. Marine Corps, with one officer each from the Army and Air Force.

Marine Col. James Brennan was recognized as the class honor graduate.

Students chose Joint Military Operations Professor William Hartig, a NWC graduate himself, as their commencement speaker.

Hartig encouraged the graduates to continue to educate themselves. He explained that their NWC experience is just the starting point of a lifetime of learning and their future education will be based on their own desires to contin-

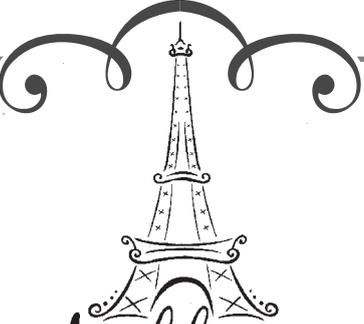
ue to grow their knowledge and cultivate their curiosity.

CNW is a ten-month-long senior-level Professional Military Education program designed to produce broadly educated leaders who possess a strategic perspective, underpinned by strategic analytical frameworks.

The students completed graduate courses in NWC's three academic departments: Joint Military Operations, Strategy and Policy and National Security Decision-Making, recently renamed National Security Affairs. Their studies were complemented by an extensive electives program that expands both the breadth and depth of the College's educational offerings by providing opportunities to explore subjects not included in the core curriculum or to investigate in detail specific elements of that curriculum.



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NWC authors explore the growing seapower of China

By **DAVID REESE**
NWC Public Affairs Staff

Red Star Over the Pacific: China's Rise and the Challenge to U.S. Maritime Strategy, the latest collaboration by Toshi Yoshihara and James Holmes, explores how China's growing sea power promises to be a permanent and complicating factor in the U.S. maritime strategy in Asia.

"The key thesis of this volume is that China's influence in the maritime domain is not likely to be a temporary phenomenon," said Yoshihara, professor with the

Strategy and Policy (S&P) Department at the Naval War College (NWC).

"The Chinese have been making both an intellectual and material investment in sea power for more than two decades. It's this fusion of ideas and advances in material capability that makes them a long-term competitor to the United States."



Holmes



Yoshihara

Holmes, also a S & P professor, said, "The gestation period was the early 1980s when China seriously began thinking about its maritime future and started to develop the requisite strategies. We've seen a flowering of it over the past five years, and as long ago as 10 years."

Using an historical perspective, the book traces how China became open to the world in the 1980s and realized that its commercial interests would likely expand globally. China also deter-

mined that this expansion of its larger overseas security and economic interests would need to be protected by a greater physical military presence including naval power.

"We didn't see a real manifestation of this interest until the past decade when the Chinese began to mass produce a series of modern naval capabilities that eventually caught the attention of Western analysts," Yoshihara said.

"The United States also needs to develop a greater awareness of how China thinks about the seas because that's just as important

as the material capabilities they're able to produce."

The book examines the Chinese navy's operational concepts, tactics, and capabilities and appraises China's ballistic-missile submarine fleet. Holmes reiterated its perspective is "more from an intellectual dimension—that China's strategic thought process matters as much as their outward trappings or military weaponry."

The authors' inspiration for the book began in 2004 when they realized that Alfred Thayer Mahan's sea-power theories were popular with the Chinese.

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Military event opportunities

Navy joins parade for St. Patrick

The 55th annual St. Patrick's Day Parade, the highlight of Newport Irish Heritage Month, steps off Saturday at 11 a.m. in front of City Hall on Broadway.

The Navy representation will be led by Navy Band Northeast, followed by a marching unit with about 120 Naval Science Institute Sailors and Marines, a 34-foot craft from Maritime Expeditionary Security Squadron 8, a Naval Health Clinic New England color guard, and a float bearing a model of the aircraft carrier Wasp. It will be escorted by Surface Warfare Officers School Command officers and enlisted.

Besides the Navy, contingents will include eight pipe bands, nine marching bands, three fife and drum corps, and eight war reenactment units.

The parade will proceed through Washington Square, to Thames Street, to America's Cup Avenue, back on to Thames Street, and end at St. Augustin's Church.

TODAY, March 11

- Open art session for kids.



R.K. Alexander/U.S. Navy photo

The World's Biggest Leprechaun marches down Thames Street as last year's Parade in Honor of St. Patrick gets underway in Newport. The 55th annual parade will be held Saturday at 11 a.m. Story at left.

Children ages 7 and up are welcome to practice drawing still life, cartooning and more with guidance from Salve Regina University art student Danielle Derica, Newport Public Library, 3:30 to 5 p.m. Free. Call 847-8720, ext. 204 for information.

- Graduation Officer Candidate School Class 0711, Officer Training Command Newport, Kay Hall, 8:45 a.m. Guest speaker Adm. Jonathan W. Greenert, Vice Chief of Naval Operations (VCNO) and the Navy Band Northeast will perform.

- Graduation, Limited Duty Officer/Chief Warrant Officer (LDOCWO) Class 11040, Officer Training Command Newport, King Hall, 7:30 a.m.

SATURDAY, March 12

- Post-parade Family Party, a

free non-alcohol event featuring parade clowns, bands, food and other refreshment, Aquidneck Hut (behind Newport Public Library), 1 to 4 p.m. p.m.

SUNDAY, March 13

- Daylight Saving Time begins
- Winter Speaker Series, "The Middletown Police Department: an Historical Perspective," a look at the Middletown Police Department from its humble beginnings, Middletown Public Library, 2 to 4 p.m.

- "Music for a Sunday Afternoon," Newport Navy Choristers, St. Barnabas Church, 1697 East Main Street, Portsmouth, 4 p.m. Proceeds benefit Navy-Marine Corps Relief Society and Newport Navy Choristers. Call 849-1135, 849-4823 or go to www.newportnavychoristers.org

MONDAY, March 14

- Welcome aboard to the first International Class arriving for the Navy Supply Corps School International Logistics Executive Advanced Development Course. Eight attendees from six different nations are enrolled.

- Traffic Safety Council meeting, Building 690 conference room, 1 p.m., call 841-2478 for more information.

TUESDAY, March 15

- The Ides of March
- Navy College representative from Groton, Conn., will be on hand in the former Navy College Office, Building 690 from 10 a.m. to 2 p.m. to assist with your educational questions.

WEDNESDAY, March 16

- "U.S. National Security since 9/11," with Naval War College Professor Mac Owen, as part of the Great Decisions Discussion Program, Salve Regina University Pell Center, Young Hall, 518 Bellevue Avenue, 7 p.m. Reservations are required, email: GD_reservations@newportciv.org, Free.

THURSDAY, March 17

- E-4 Advancement Exam, Officers' Club. Arrive between 6:30-7 a.m. Doors will close at 7:15 a.m. Call 841-7791.

- St. Patrick's Day
- Road closure, Knight Road (west of Gym 109) for demolition of underground steam trench, through May 1. Detour signage will be placed for road outage.

FRIDAY, March 18

- 216th U.S. Navy Supply Corps Birthday Ball, Hyatt Hotel, Goat Island, 6 to 10 p.m. Call 841-4819 for information, or email Raymond.d.Obrien@navy.mil

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Fleet and Family Support Center

Refresher training for victim advocates

EDITOR'S NOTE: Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283.

Sexual Assault Prevention and Response (SAPR) Refresher Training will be held for victim advocates is scheduled for Tuesday, March 22, 9 a.m. to noon. Fifteen hours of refresher training is required per year. Registration is required.

Home shopping — Purchasing a home is a complex task. There are many questions that need to be answered before you take that big step. Come to the Fleet and Family Support Center on Wednesday, March 23, 6 to 8 p.m., for the Homebuyers' Workshop

and learn about your options and how to decipher real estate lingo.

You will meet with a representative from the Navy Federal Credit Union to hear first-hand about qualifications for mortgages and other financial options.

Registration is required.

Transition Assistance Management Program (TAMP) — This seminar is designed to assist service members leaving the military to prepare for transition to civilian life and is scheduled for April 4 to 8, 8 a.m. to 4 p.m., at the Morale, Welfare and Recreation conference room, Building 656. Information on veterans' benefits, health care options, job-search techniques, disabili-

| | Friday-Sunday | Monday | Tuesday | Wednesday | Thursday |
|--------|---|---|-------------------------|---|------------------------------|
| 9 a.m. | Couples Communication: Listening Skills | Parenting Works: Family, Television and Babysitting | ADHD - What do we Know? | Homecoming: Championing - New Permissions | What's your Parenting Style? |
| 7 p.m. | Couples Communication: Listening Skills | Parenting Works: Family, Television and Babysitting | ADHD - What do we Know? | Homecoming: Championing - New Permissions | What's your Parenting Style? |

HELPFUL VIDEOS — Fleet and Family Support Center videos are offered twice a day at 9 a.m. and 7 p.m., seven days a week over Newport Naval Cable Television channel 13. The specialized videos are designed to help military members and their families with the frequent challenges and problems of daily life.

ty claims, and much more will be offered. Spouses are encouraged to attend.

New Spouse Orientation to the Military — This program, scheduled for Tuesday, April 5, 9:30 to 11:30 a.m., will offer information for new spouses on the military lifestyle, benefits and services available to them, and tools to assist them in maintaining a state of preparation for deployment or other military-related separation.

This program is offered for all new spouses or those spouses who have never lived near a military installation before.

Sexual Assault Prevention and Response Liaison Training — The liaison is a crucial role in command leadership's response to victims of sexual assault. The training, scheduled for Tuesday, April 12, 8 a.m. to 4 p.m., will cover the roles and responsibilities of the SAPR Liaison. Prior com-

mand designation is required.

Federal job search help — Come to the Fleet and Family Support Center on Thursday, April 14, from 11:30 a.m. to 1 p.m. During the Federal Job Applications workshop, you will learn how to analyze and respond to vacancy announcements; develop knowledge, skills, and abilities statements, and more. Registration is required.



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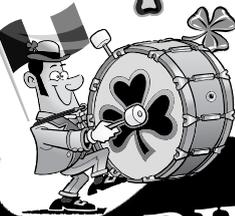
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Naval Health Clinic New England

Goals outlined for Navy nurses

By **KATHY MacKNIGHT**
NHCNE Public Affairs Officer

Rear Adm. Elizabeth S. Niemyer, 23rd director of the Navy Nurse Corps and Deputy Chief, Wounded, Ill and Injured, held an Admiral's Call and visited with nursing staff at the Naval Health Clinic New England (NHCNE), Newport, and Naval Branch Health Clinics, Groton, Conn., and Portsmouth, N.H. on March 3.

Niemyer spoke of the five areas of strategic planning that she is focusing on during her tenure as director:

Her first strategic goal is "information management and strategic communication" and how best to communicate where the Nurse Corps (NC) is headed in the next five or 10 years. The decisions made today will be the Nurse Corps of the future, she said.

This information must also reach civilian nursing counterparts and those considering the NC a career option. Currently, work is underway for an "official" Nurse Corps Facebook page which will join the estab-

lished NC Newsletter as a communication tool.

"Nursing knowledge" with an emphasis on clinical sustainment skills is another high priority for Niemyer, and a concern when nurses are not assigned to one of the Big Three Navy facilities. One way of addressing this issue would be to look at the competencies required for new nurse graduates and make sure they are trained accordingly before they complete their education, she said.

She said "nursing research" by the Navy has dwindled and falls behind the Army and Air Force. The Navy has only eight Nurse Corps Ph.D.s, she said. As one of her areas of focus, she would like to see this statistic change with more exposure for research opportunities, perhaps through programs mentored by the established Navy researchers.

"Strategic partnerships" is another one of her objectives, and she praised the partnership NHCNE has with the Providence Veterans Administration Hospi-



Kathy MacKnight/U.S. Navy photo

Rear Adm. Elizabeth S. Niemyer, 23rd director of the Navy Nurse Corps and Deputy Chief, Wounded, Ill and Injured, leads an Admiral's Call at Naval Health Clinic New England last week.

tal, which is a first of its kind arrangement. This partnership has NHCNE Nurse Corps staff and corpsmen working in the VA emergency room and intensive care unit for the purpose of maintaining their critical care skills.

With NHCNE being an outpatient clinic, staff members do not see and work on critically ill

patients, and keeping those skills at peak performance is essential, especially when deployed.

Lastly, the "workforce" and maximizing on the NC human capital is Niemyer's fifth strategic goal.

She said, "Meeting the mission and the mission is driven by requirements, so the question is, 'is the Nurse Corps well aligned?'"

Improved disability evaluations due

There are some exciting improvements in the Disability Evaluation System coming to Naval Health Clinic New England (NHCNE) and its Naval Branch Health Clinics in the coming months.

The Departments of Defense and Veterans Affairs are integrating their disability evaluation systems for more efficient service to our Sailors who are navigating the process

of transition to medical retirement.

DoD uses the Integrated Disability Evaluation System, or IDES, to determine if service members who have been wounded, ill or injured are still able to serve. If they are not, the IDES gives them a DoD and VA disability rating before they leave military service.

The DoD rating determines military disability compensation. The VA rating

helps the service member understand the level of compensation and benefits the VA will be able to provide. The IDES also helps service members file their VA benefits claim before they leave the service so they get their VA disability compensation and benefits quickly.

Integrating the DoD and VA processes eliminates the benefits gap faced by disabled veterans under the previous Disability Evalua-

tion System. The IDES has been tested in a pilot program at 27 locations, successfully integrating DoD and VA processes for 47 percent of service members referred for evaluation.

NHCNE plans to have this integration process started by April 30 with full implementation by June 30. Worldwide expansion by October 2011 will give the same opportunity to all service members worldwide.

NHCNE earns reaccreditation

Naval Health Clinic New England (NHCNE) has achieved reaccreditation from the Joint Commission, receiving the Gold Seal of Approval for health care quality and safety.

The Joint Commission is the nationally acknowledged benchmark of excellence, having been established in 1975, and today more than 1,800 freestanding ambulatory care organizations are Joint Commission-accredited.

To earn and maintain accreditation, an organization must undergo an unannounced, on-site visit by a Joint Commission survey team every three years. The objective of the survey

is not only to evaluate the organization, but to provide education and guidance that will help staff continue to improve the organization's performance.

The survey process focuses on evaluating actual care processes by tracing patients through the care, treatment and services they received. Key operational systems that directly impact the quality and safety of patient care is also scrutinized.

Achieving the Joint Commission Gold Seal of Approval is proof of NHCNE's compliance with the National Patient Safety Goals.

Add some color to diet and boost the nutrients

By American Dietetic Association

March is National Nutrition Month, and the American Dietetic Association encourages everyone to add color and nutrients to his meals through this year's theme: "Eat Right with Color."

"Healthy eating includes more than counting calories alone. Food variety supplies different nutrients, so to maximize the nutritional value of your meal, include healthful choices in a variety of colors," said registered dietitian and ADA spokesperson Karen Ansel.

Here are some colorful ideas to brighten up your plate:

Green produce, such as avocado, grapes, broccoli and spinach have antioxidants that may help pro-

mote healthy vision and reduce cancer risks. These foods can also rejuvenate musculature and bone.

Orange and deep yellow fruits and vegetables, such as apricot, mango, carrots and sweet potato contain nutrients that promote brain function, a healthy immune system and healthy vision. They may also reduce the risk of some cancers.

Purple and blue options have antioxidant and anti-aging benefits and may help with memory, microcirculation and urinary tract health. Foods include raisins, blueberries, eggplant and purple cabbage.

Red produce, such as pomegranate, watermelon, beets and red pepper may help maintain a healthy heart.



HN Terence Mendez/U.S. Navy photo

Naval Health Clinic New England's Physical Therapy staff, along with NHCNE Public Health Educator April Childs, second left, sport the color blue with dozens of other NHCNE staff in honor of Colorectal Cancer Awareness Day last Friday. At least six of every 10 deaths from this cancer could be prevented if everyone 50 and older got tested. Screening prevents colon cancer by finding polyps early so they can be removed before they turn into cancer. From left are HM2(FMF) Gregory Brown, Childs, Becky Rumovicz, Patricia Lefebvre, HN Anthony Saldana, HN Mario Guerra Jr., and Janie Herrema.

Are you overdue for a colonoscopy?

By **APRIL CHILDS**

NHCNE Public Health Educator

Colorectal cancer is the second leading cause of deaths from cancer. March is National Colorectal Can-

cer Awareness month.

According to the Centers for Disease Control, more than 140,000 people were diagnosed with the disease in 2010 and more than 50,000 died from the dis-

ease. While these numbers are large, the number of lives that can be saved through screening is equally impressive. The CDC estimates that 60 percent of deaths resulting from col-

orectal cancer could be prevented if everyone over age 50 were to receive regular testing.

Talk with your doctor about the various tests that are available for detection.

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Monday through Thursday, 11 a.m. to 9 p.m.
Friday, 11 a.m. to 10 p.m.
Saturday, 4 to 11 p.m.
and Sunday and Holidays, 1 to 8 p.m.

**Seaview Lanes Bowling Center
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and Sunday and Holidays, 1 to 8 p.m.

**America's Cup Café,
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Clinic Café, Building 43, 841-2140
Monday through Friday, 6:45 a.m. to 1:15 p.m.
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Leisure Bay, Building 1255, 841-2088
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Tuesday, March 22

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Sea Chanters to perform in Warwick

WARWICK — As part of the Navy Band Sea Chanters 2011 national tour from March 18 to April 7, the U.S. Navy's official chorus will perform at the Warwick Veterans High School Auditorium in Warwick, on Friday, March 25, at 7:30 p.m.

The ensemble performs a variety of music ranging from traditional choral music, including sea chanteys and patriotic fare, to opera, Broadway, and contemporary music. Under the leadership of Senior Chief Musician Georgina L. Todd, the Sea Chanters perform for the public throughout the United States.

At home in Washington, D.C., they perform for the president, vice president and numerous congressional, military and foreign dignitaries.

For ticket information on the U.S. Navy Band Sea Chanters call (401) 732-3100.

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Information, Tickets & Travel

Active duty lottery for Red Sox tickets

The Boston Red Sox Lottery for season tickets will be at the Officers' Club on Tuesday, March 15 5 p.m. Distribution of season tickets for weekend and holiday home games located in Field Box section 22 for \$135 each and Loge Box section 21 for \$99 each. Lottery is for assignment of tickets only, tickets must be purchased at ITT by Friday, April 1.

ITT located in building 1255 is accepting entries until noon on Tuesday, March 15. Must submit entry in person, one entry per active duty ID and must be registered prior to the lottery.

For more information, call 841-3116.



Climb rocks with MWR

Information, Tickets and Travel is offering a bus trip to Carabiner's Rock Climbing on Saturday, March 26. Trip includes round-trip transportation, two hours of rock climbing, equipment and pizza lunch. Depart NEX parking lot at 9 a.m. and return around 1 p.m. Trip cost \$44 per person.

For more information, call ITT at 841-3116.



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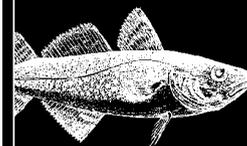
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Sports

NAPS wrestlers champs of Northeast Conference

COBLESKILL, N.Y. — The Naval Academy Prep School's wrestling team placed first out of 12 squads on Feb. 25 at the Northeast Conference Championships at Cobleskill.

Second place was Massachusetts Institute of Technology, third was the University of Massachusetts, fourth was Rensselaer Polytechnic Institute, and fifth was the University of New Hampshire.

Navy's season record is 9-3.

Individual champions were Patrick Prada at 125 pounds; Colton Rasche at 133 pounds; Quentin Leadbeter at 141 pounds; Holden Packard at 165 pounds;

Daniel Hiller at 174 pounds; and Willy Miller at 184 pounds.

Most outstanding wrestler of the tournament was Prada.

In addition, Coach Mike Grimes was named Northeast Conference Coach of the Year at the tournament.

"The number of compliments that I got at the tournament tells it all," Grimes said. "Everyone is very impressed with their level of skill, their attitude, and their character. I couldn't be more proud of them."

NAPS left Thursday for the National Collegiate Wrestling Association National Championships in Macon, Ga.

In competition Feb. 19 Navy Prep beat Military Academy Prep School, 25-15, at Ft. Monmouth, N.J.

There were key wins from Rasche, Leadbeter, Jabari Thomas, Alec Marsico, Hiller and Brendan Kahle in each of their weigh classes.

NAPS men's basketball rules Army Prep, 87-69

FORT MONMOUTH, N.J. — The Naval Academy Prep School men's basketball team put in a solid game, taking down its arch rival, Military Academy Prep School, 87-69, on Feb. 20.

Coach Terry Pfeufer said, "Our team put in a top-notch effort and this was a great way to end the sea-

son." In highlights, Midshipman Candidates Brandon Venturini and Earl McLaurin led the Rams' scoring with 23 and 22 points, respectively. M/C's Caleb DeMoss and Thurman McNeil each added 16 points.

It was NAPS' final game of the season.

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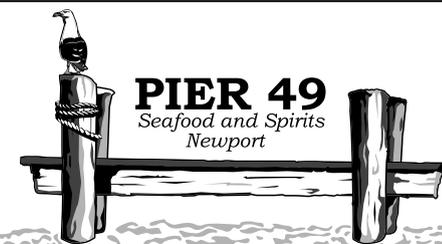
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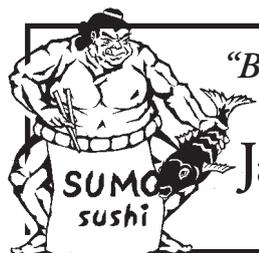
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Hours of operation are:

Monday through Thursday, 11 a.m. to 8 p.m.; Friday 11 a.m. to 10 p.m.; Saturday, 1 to 11 p.m.; Sunday and federal holidays, 1 to 8 p.m..

March specials

Military Monday: Active duty military bowl for \$1 per person, per game from 11 a.m. to 5 p.m.

Take Time Tuesday: Bowl at lunch time for only \$.50 per person, per game from 11 a.m. to 3 p.m.

Windy Wednesday: Bowl one game, get one game free from 11 a.m. to 5 p.m.

Three-Two-One Thursday: First game is \$3, second game is \$2, third game is \$1 from 11 a.m. to 8 p.m. All game prices are per person and must be bowled at one time to receive special pricing.

Two Dollar Fridays: Bowl for just \$2 per person, per game from 11 a.m. to 5 p.m.

Senior Sunday: Anyone 55 years old and older can bowl for just \$1 per person, per game; valid ID required.

St. Patrick's Day Thursday, March 17: Wear green and bowl for a dollar per person, per game from 11 a.m. to 4 p.m. And if you're feeling lucky, correctly answer an Irish trivia question and your shoe rental is free.

First Day of Spring Sunday, March 20: Wear something with a floral print and your shoe rental is free.

Special fitness activities

(Gym 109, 841-3154)

• **Intramural Volleyball season runs from Monday, March 28 through Friday, May 13.** All games are played at Gym 109, the league is open to 18 and over active duty personnel, retirees, reservists, eligible family members and DoD employees.

There is a \$100 refundable forfeit fee.

Liberty Center

(Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; and Sunday and holidays, noon to 8 p.m.

March events

Tonight – Billiards Tour-

namment, prizes, 6 p.m.

March 12 – Wachusett Mountain Ski Trip. Last chance to sign up.

March 13 – Texas Hold'em Tournament, with prizes, 6 p.m.; March Madness Selection Sunday.

March 14 – Ping-Pong Tournament with prizes, 6 p.m.

March 15 – Wii Sports Tournament, prizes, 6 p.m.;

March Madness brackets

due

March 16 – Madden Tournament, prizes, 6 p.m.

March 17 – Guitar Hero Tournament, with prizes, 6 p.m.

March 18 – Billiards Tournament, prizes, 6 p.m.

March 19 – Providence Paintball Trip.

March 20 – Texas Hold'em Tournament, 6 p.m.

March 21 – Ping-Pong Tournament, 6 p.m.

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Announcements

Disabled American Veterans to offer Boot Camp Breakfast

MIDDLETOWN — The Disabled American Veterans, Chapter 15, Lawson-Riaola will hold a "Boot Camp Breakfast" on Saturday, March 19, at 8:30 a.m. at Middletown VFW Post, Coddington Highway.

This event is open to all. The cost for members of Chapter 15 and military Veterans is \$6; all others are \$10.

Deadline for reservations is March 14. Send checks payable to Chapter 15, Lawson-Raiola to Mike Minutelli, 32 Platt St, Bristol, R.I. 02809. For further information 846-6932 or 253-9036.

Retired Activities Office offering IRS tax assistance

The Retired Activities Office, Building 1273 in the Fleet and Family Support Center, is providing tax preparation assistance for retired military members, military who are deployed, and their family members, Tuesdays, 9 a.m. to noon.

Appointments can be made by calling 841-4089. Bring last year's tax return, W-2 and 1099 forms. Retired Navy

Lt. Cmdr. Paul Tepfenhart is providing the tax preparation assistance.

2011 Operation Purple Camp held in 25 states this year

ALEXANDRIA, Va.— The National Military Family Association has announced the eighth summer of Operation Purple camps will host children for 40 weeks of camp in 25 states, plus Japan.

The free summer camp program was developed by the Association to support military children dealing with the stress of war.

States included are Alabama, Alaska, California, Colorado, Connecticut, Florida, Georgia, Hawaii, Indiana, Massachusetts, Maryland, Minnesota, Mississippi, North Carolina, Nebraska, New Mexico, New York, Ohio, Oregon, Pennsylvania, Tennessee, Texas, Virginia, Washington and West Virginia. Overseas: Japan

Information about the camp program and eligibility is available online at www.militaryfamily.org/op Specific camp locations, dates, and contact information will be available when registration opens on March 31. Camps are free to all participants thanks to sponsors.

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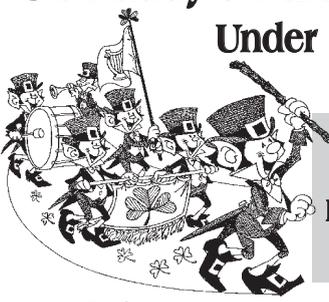
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NAPS lacrosse pounds Howard

The Naval Academy Prep School's lacrosse team was too much for Howard Community College as it rolled to a 17-7 victory last Friday night at Nimitz Field, Coddington Point.

On a frigid evening under the stadium lights, the game started with a surge of goals by the visiting Columbia, Md., laxmen. The NAPS Rams tied the score twice throughout the first quarter, but Howard's aggressive play in the transition game earned it the lead at the end of the first quarter, 6-3.

At the beginning of the second quarter Navy Prep began to take control of the game by going on a 7-0 run to take the lead at half-time, 10-6.

In the second half NAPS continued to dominate by matching the first half 7-goal run with another one in the second half to end the game, 17-7.

"It wasn't exactly how we wanted to start the game, but we did a



Jon Dillworth/MWR photo

Naval Academy Prep School lacrosse midfielder Trent Chrane (9) and attackman Jack Hinderland (16), fight for the ball against Hudson Community College last Friday night at Nimitz Field. NAPS went on to win, 17-7. Coach is Brian Stewart.

great job finishing it," Coach Brian Stewart said.

NAPS travels to Mitchell Stadi-

um at Garden City, N.Y., to test Nassau Community College on Tuesday, March 15, at 4 p.m.

Truckin'

Continued from Page 2

DuField's super truck looked like Tonka toys.

Dufield purchased the truck in September 2007 from a dealer in Alabama for approximately \$70,000 after he had seen it on eBay. After arranging for insurance and financing, he became the truck's third owner.

"I wanted to have the biggest truck on the road because big trucks were common there (in Little Creek)," he said.

The International CXT (Commercial Extreme Truck), manufactured by Navistar International Truck and Engine Corporation, is a very large pick-up truck. Introduced in September 2004, the CXT is 21 feet long, 96 inches wide, with a 9 foot tall cab. It is longer than the newest Hummer H2. Weighing 14,500 pounds, the CXT has a four-door crew cab and is capable of towing up to 20 tons. It has an optional dump bed, Dufield said.

According to the company's marketing material, the CXT is for people who want to make a statement while driving in luxury. Given the size and 250 horsepower diesel engine, the CXT is capable of towing

pretty much anything that can be put into it or behind it.

In 2008, the truck was featured in two July 4 parades in Vermont, he said.

The super truck had been riding a little rough, Dufield said. "Every once in while I would haul a truck-load of railroad ties and it rode better," he said.

Dufield had an opportunity to put the CXT's towing capability to a test, Jan. 17, when he offered to tow a temporarily disabled locomotive owned by Old Colony and Newport Railway. A Naval War College contractor who volunteers as a watchman with Old Colony made the suggestion.

After connecting the tow chain, Dufield's CXT nudged forward the nearly 20-ton locomotive for approximately 500 feet off the main line to another track adjacent to Defense Highway.

In January, Dufield listed his CXT for sale on eBay. After one week, a buyer who is a power sport company owner from Bowling Green, Ky. agreed to a sale price of \$45,000 and became the fourth owner.

Pedrozo

Continued from Page 2

College where she taught the Joint Forces Maritime Component Commander's Course, served as the legal adviser for Global Wargame 2009 and assisted the College of Operational and Strategic Leadership in maritime operations center assistance visits.

She is married to retired Navy Capt. Pete Pedrozo, JAGC, and they have two children.

Parade

Continued from Page 2

School Command will escort a truck towing a model of the aircraft carrier ex-USS Wasp.

The parade will start in front of Newport City Hall on Broadway, proceed south along Thames Street, and end at St. Augustin's Church, near Harrison Avenue.

The parade, a highlight of Newport's month-long celebration of Irish Heritage Month, will include a variety of entries.

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10-Help Wanted

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FRONT DESK: Wellington Resorts 551 Thames St. Must have experience, able to work weekends, Apply in person, No phone calls please.

20-Situations Wanted

JOB WANTED: housekeeping or personal assistant. To help w/ day to day cleaning, errands and/or babysitting. Refs avail 401-662-5439

10-Help Wanted

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Newport Life

MAGAZINE

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FAX: 401.849.3335

EMAIL: day@NewportRI.com

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The ideal candidate will have the ability to work collaboratively in a team environment with a dedication to goals attainment, both individually and for the department as a whole, and should possess a passion for Internet technologies, be familiar with Microsoft Office and be detail oriented while working within daily deadlines.

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Interested applicants should send resume, compensation requirements and references to:

Larry Rufener, Advertising Manager
Rufener@NewportRI.com
101 Malbone Road, Newport, RI 02840

The Newport Daily News



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