

# The Newport Navallog

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SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Chief James Clark/U.S. Navy photo  
Chief of Naval Operations (CNO) Adm. Gary Roughead delivers a keynote address Tuesday at the U.S. Naval War College during the Current Strategy Forum, hosted by Secretary of the Navy. The forum offers an opportunity to exchange views among scholars and leaders from across industry, government and the military to better inform the leadership of the maritime services about strategic challenges. Story, Page 2.



## Supply School has graduation

The Navy Supply Corps School holds its first graduation ceremony at Naval Station Newport after relocating from Athens, Ga.

—Page 3



## Submariners visit schools

The captain and four crewmen from the ballistic missile submarine USS Rhode Island visit classrooms on Aquidneck Island.

—Page 8



## MSRON 8 wins volleyball title

The Misfits from MSRON 8 defeat SWOS to take the NAVSTA Intramural Volleyball League crown at Gym 109.

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# Energy critical for Navy – CNO

NWC Public Affairs Staff

Chief of Naval Operations Adm. Gary Roughead said the U.S. Navy must continue to find more efficient energy sources as the Navy meets the demands of national and global security.

Roughead was a keynote speaker on Tuesday at the U.S. Naval War College's 62nd annual Current Strategy Forum in Spruance Hall auditorium.

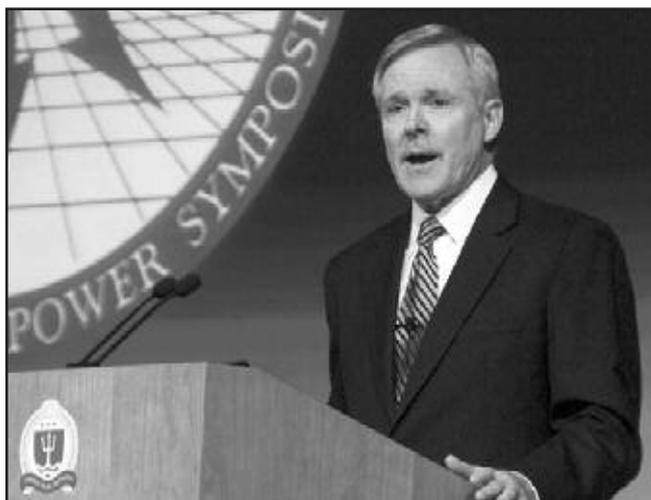
"We in the Navy view security through the lens of energy, and understand implicitly that our access to energy sources we use today, oil and gas primarily, is anything but guaranteed," he said. "We are well aware that the supply is not always going to meet demand and developing trends promise new sources of conflict as they relate to energy."

Roughead pointed to factors, such as limited access to fresh water, dwindling agricultural yields, and climate change, that "will continue to stress the global order just as energy resources become more dear."

With more than 65,000 Sailors and about 40 percent of naval forces deployed globally on any given day, U.S. national security continues to rely upon the unique role played by the Navy.

"Our Navy has been positioned exceedingly well to answer the nation's needs as a joint, interagency and international partner in a more networked world, but forward presence requires fuel," said Roughead.

The competition for energy resources continues unabated, including ventures to tap the vast oil and natural gas bases in the



NWC file photo

**Secretary of the Navy Ray Mabus, shown at last year's International Sea Power Symposium, spoke Wednesday at the Current Strategy Forum on Wednesday at the Naval War College.**

Arctic, and the pursuit of green alternatives such as hybrid-electric drives and 'drop-in' fuel alternatives. This search for new energy sources and the struggle to meet increasing demands with limited resources goes to the heart of the role of American sea power in the global community.

Roughead explained that

the Navy has "shown the foresight, once again, to be a motive force in wider technological advancements, to be the early adopters of energy solutions that carry with them the prospects for us to reimagine the capacity with which we execute the core capabilities of our Navy."

# CNO to speak at War College

**Graduation today for 518 students**

NWC Public Affairs Office

Chief of Naval Operations (CNO) Adm. Gary Roughead will deliver the graduation address to approximately 518 students of the Naval War College during a commencement this morning at 10 a.m. on Dewey Field at Naval Station Newport.

The resident graduating class includes 303 members of the U.S. Navy, U.S. Marine Corps, U.S. Air Force, U.S. Army, U.S. Coast Guard, National Guard and civilian government employees, and 126 international students from more than 60 countries.

More than 960 students are graduating this year from the College of Distance Education, after having completed coursework through the Naval War College Program at the Naval Postgraduate School in California, the Fleet Seminar Program at 20 locations throughout the U.S., or the Naval War College's web-enabled, CD-ROM and correspondence programs. Of those, 89 are traveling to

Newport to participate in the graduation ceremony.

Students earn Joint Professional Military Education (JPME) credit and either a diploma or a master's in National Security and Strategic Studies, accredited by the New England Association of Schools and Colleges.

The NWC's rigorous academic program consists of core curriculum courses from the Strategy and Policy, Joint Military Operations and National Security Affairs departments. The resident program and Fleet Seminar Program feature seminar-based coursework that promotes debate and in-depth discussion on global case studies.

Adm. Roughead became the 29th CNO on Sept. 29, 2007, and is responsible to the Secretary of the Navy for the command, utilization of resources and operating efficiency of the operating forces of the Navy and of the Navy shore activities assigned by the Secretary.

The CNO is the principal naval adviser to the President and SECNAV.

## The Aft Lookout:



NWC Museum Archives photo

**'V' for Victory is signaled by these World War II Sailors as they stand atop the two-man Japanese submarine that visited Newport in May 1943. It was paraded from One Mile Corner to downtown as a part of a War Bonds and Savings Stamps tour, and over \$50,000 was raised. An opportunity for a close view of the submarine was the reward for those who purchased the bonds and stamps. The submarine was one of the ones used during the attack on Pearl Harbor, Dec. 7, 1941.**

## Navalog

**Capt. Joseph P. Voboril**

Commanding Officer, Naval Station Newport

**Lisa Rama**

NAVSTA Public Affairs Officer

**Bob Krekorian**

NAVSTA Public Affairs Staff

**Greg Kohlweiss**

NAVSTA Public Affairs Staff

**Richard Alexander**

NAVALOG Editor

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The Newport Navalog is printed on recycled paper.

# NSCS graduates its first classes at Naval Station

By **LT. JOHN BING**  
Navy Supply Corps School

In a combined graduation ceremony June 3, Rear Adm. Mike Lyden graduated and certified students of the Basic Qualification Course 1st Battalion and Basic Qualification Course - Navy Reserve (BQC-NR) 72nd and 73rd Company "Ready for Sea" at the new Navy Supply Corps School (NSCS) at Naval Station Newport.

It was the first graduation ceremony at the new Vice Adm. Kenneth R. Wheeler Center on Porter Avenue since the school was relocated here from Athens, Ga., and opened last January.

Rear Adm. Lyden and Capt. Jim Davis, Commanding officer, NSCS, presented awards to students who distinguished themselves amongst their peers throughout training.

Chief Warrant Officer 2 Jermaine Seals was 1st Battalion's honor graduate for an overall grade point average of 99.32. He also received the Navy Supply Management Excellence Award, the Navy Exchange Service Command Ship's Store Award, and the Navy Food Service Excellence Award. He will report to USS Bataan (LHD 5).

Ensign Julie Rosa tied Seals for the Navy Food Service Excellence Award. Both  
**NSCS, Page 14**

**RIGHT:** Distinguished graduates of the Navy Supply Corps School program pose with Capt. Jim Davis, left, Commanding Officer; and Cmdr. Carl Herron, second left, Executive Officer; and Rear Adm. Mike Lyden, far right, guest speaker. From left are Lt.j.g. Wayne Butikofer, Lt.j.g. William Caddell, Lt.j.g. Stephen Harris, CW02 Jermaine Seals, Lt. Cmdr. Carmichael Lee, Ensign Casey Botts, Ensign Patrick Shane, Ensign Julie Rosa, and CW03 Jonathon Delacruz.



**ABOVE:** Graduates of the Basic Qualification Course 1st Battalion and Basic Qualification Course - Navy Reserve (BQC-NR) 72nd and 73rd Company 'Ready for Sea,' sit outside the Wheeler Center, Navy Supply Corps School (NSCS), last Friday.

Lt. John Bing/U.S. Navy photos

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Greg Kohlweiss/U.S. Navy photo

**NEW ENSIGNS** – Capt. Joseph Voboril, left, Commanding Officer, Naval Station Newport, acted as the commissioning officer for ceremonies May 23 where Hospital Corpsman 1st Class Brian Bonzo and Chief Hospital Corpsman Erica Johnson were commissioned as ensigns under the Medical Enlisted Commissioning Program (MECP). The ceremony was held in the Naval Station Newport headquarters.



OTCN photo

**FIERY REENLISTMENT** — Damage Controlman 1st Class Evan Fennig, right, reenlists May 27 in Officer Training Command Newport's Fire Fighting School Trainer on Defense Highway. Fennig is an instructor in the Technical Training Division at Officer Training Command. Capt. Ken Gray, Commanding Officer, OTCN, administered the oath.

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## Send us your BZ

The Newport Navalog welcomes contributions, such as marriages, promotions, graduations, new jobs, retirements, to its weekly Bravo Zulu column.

Please submit to the editor: [richard.k.alexander1@navy.mil](mailto:richard.k.alexander1@navy.mil)

All submissions must be received in our office no later than the Friday preceding publication. Include the full name of the individual featured, along with the event and date that merited this BZ.

Photos should be in .jpg format. Include your name and phone number in case there are questions.

*Spanglish*

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**OMBUDSMEN ASSEMBLED** — From left, Lisa Ory, ombudsman from Naval Branch Health Clinic (NBHC) Groton, Conn.; Nikki McMasters, NHCNE Newport; Virgie Cole, NBHC Saratoga Springs, N.Y.; Gail McDonald, head of the NHCNE Ombudsman program; Wendy Kreiger, NHCNE Newport; and Valerie Sloan, NBHC Portsmouth, N.H., pose at the sundial at NHCNE.

Kathy MacKnight/U.S. Navy photo

## Regional ombudsmen muster at NHCNE and visit activities

By **KATHY MacKNIGHT**  
NHCNE Public Affairs officer

For two days last week Naval Health Clinic New England Newport and Naval Branch Health Clinics Groton, Conn., Portsmouth, N.H., and Saratoga Springs, N.Y., ombudsmen gathered in Newport for their first ever conference and training session.

A couple of the NHCNE ombudsmen were meeting one another for the first time as the medical sites are in four locations in New England.

The participants had the opportunity to interface with the NHCNE commanding officer, Capt. Kim Lyons and the Command Master Chief Bob Whitten; plus Fleet and Family Service Center, Military One Source personnel, Operation Homefront New England, Operation Military Kids, Navy Safe Harbor, as well as receive presentations from various clinics within NHCNE, such as Deployment Health and the Fiscal Department.

Gail McDonald, the head  
**OMBUDSMEN, Page 14**

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## Special events

### NAVSTA welcomes public to car show, two concerts

The following events will be held at Dewey Field, Naval Station Newport, this summer, and are open to the general public free of charge:

**July 9: third annual Morale, Welfare & Recreation Car Show**

- Entry fee: \$10 per car to participate
- Registration: 9 to 11 a.m.
- Judging: 11 a.m. to 1 p.m.
- Awards: 1 to 2 p.m.

This event will take place rain or shine. All makes and models of vehicles are invited. There will be concessions available and a Kids Zone (\$2 entry charge) plus inflatable bouncies, face painting and more.

**July 16: Celebrate America Concert**

Opening act: Wayz N Means, 5 to 7 p.m.

And featuring: Navy Band Northeast, 7 to 9 p.m.

Concert sponsored by Mohegan Sun, The Home Depot, Dunkin Donuts and T mobile

**Sept. 3: Salute to Summer Concert**

Featuring Little Big Town.

Fireworks at the end of the concert

Concert sponsored by The Home Depot, Mohegan Sun, Dunkin Donuts and Century 21 Access America

The Navy nor any other part of the federal government officially endorses any company, sponsor, or their products or services.

For both concerts there will be concessions and a Kids Zone. Attendees should bring lawn chairs and or blankets. The general public may enter Gate 1 beginning at 4 p.m.

Patrons with DoD decals may use all other open gates. Field gates open at 4 p.m.

**IMPORTANT NOTICE:** Because of security restrictions, coolers, backpacks, glass bottles, outside food and drinks, plus pets are not allowed.

For more information, call MWR Special Events at (401) 841-3127 or Check out the Naval Station Newport Fan page on Facebook.

### SNA 5K By The Bay returns on June 17

The Newport Chapter, Surface Navy Association (SNA), will hold the spring 2011 running of the 5K By the Bay race/walk, on Friday, June 17, at 5 p.m. The start and finish is at the Surface Warfare Officers School Command, Arleigh Burke Hall.

Call 841-4981; e-mail: [adam.t.vanhorn@navy.mil](mailto:adam.t.vanhorn@navy.mil) or visit [www.SNA.com](http://www.SNA.com) for information.

### Marine Corps Golf to benefit students

MIDDLETOWN—The 18th annual Colonel Stan Pratt, USMC, Memorial Golf Tournament will be Monday, July 11, at Wanumetonomy Golf & Country Club. Proceeds of the tournament will go toward needy Newport County graduating students for college tuitions.

For more information on the tournament, call 847-8266 or 846-0109. Registration is ongoing through July 5 and limited to the first 36 teams.

### Paralympians to compete at Military Sports Camp

The U.S. Olympic Committee Paralympic Military Sports Camp will be held July 15 through 19 at various venues around the installation. This is the third year in a row Naval Station Newport has hosted this event and many volunteers will be needed to make sure it is as successful as in years past.

The event volunteer coordinator is NC1 Zeporah Dasher, NAVSTA Newport Command Career Counselor ([Zeporah.Dasher@navy.mil](mailto:Zeporah.Dasher@navy.mil)).

### Officers' Club deck features food, music

All hands are welcome to join the Morale, Welfare and Recreation Dept. for the Officers' Club summer concert series on the deck tonight beginning at 5:30 p.m. In addition, fresh seafood will be on the menu for "Fish Fry-Days." The Becky Chace Duo, playing roots, folk and rock music, will entertain tonight.

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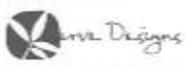
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## Announcements

### NWC professor to lecture on Afghanistan army, police

The Newport Council for International Visitors will present a free lecture, *The Other Side of COIN: Building the Afghan Army and Police*, with guest speaker, Dr. Derek Reveron, professor of national security affairs and the EMC Informationist Chair at the Naval War College.

The lecture will be at the Pell Center for International Relations and Public Policy, Salve Regina University, Wednesday, June 15, at 7 p.m. For reservations e-mail, [Gdreservations@newportciv.org](mailto:Gdreservations@newportciv.org) or call (401) 847-5196 for information.



Reveron

### Thrift Shop closes June 30, to reopen later in summer

The Navy-Marine Corps Relief Society Thrift Shop will close for several weeks this summer to enable store volunteers to take some well-deserved time off.

The last day of business will be Thursday, June 30, and the shop will reopen on Tuesday, Aug. 16.

The donation bin will close on Friday, July 1, and will reopen on Monday, Aug. 8. During this period volunteers will be unavailable to process donations, so any items placed outside the Shop will be discarded as trash. Donors are asked to consider other charitable organizations during the NMCRS downtime.

### Military Appreciation Day offered at Polar Caves, N.H.

RUMNEY, N.H. — The Polar Caves in Rumney, N.H., will offer free admission to the park during Military Appreciation Day on Saturday, June 11, from 11 a.m. to 4 p.m.

All military personnel and their families are invited to join for a day of exploration, music and fun. Go to <http://www.polarcaves.com/> or call (603) 536-1888 for details.

### Navy Band Northeast in Bunker Hill Parade

BOSTON — Navy Band Northeast's marching band will march in the annual Battle of Bunker Hill Parade, on Sunday, June 12, at 11:30 a.m. The battle of Bunker Hill was the first major battle fought in the War for Independence.

The event is free and starts at St. Catherine Siena Church, 46 Winthrop St., Charlestown, Mass. Call (617) 242-2724 or the Navy Band NE, 841-2479 for information.

### Flag retirement ceremony

WARREN — There will be an American flag retirement ceremony hosted by the Warren, R.I., VFW Post 104 on Tuesday, June 14, at 6 p.m. Post representatives will be on hand to inspect and retire tattered and faded flags at the Pete Sepe Pavilion, Athletic Complex, at 6 p.m.

Flags collected during the post's recent reflagging efforts will be retired. For more information, contact [ernh3@aol.com](mailto:ernh3@aol.com).

### Blue Angels to headline National Guard Air Show

NORTH KINGSTOWN — The Rhode Island National Guard Open House and Air Show will be held at Quonset State Airport, Quonset Point, June 25 and 26. Gates open at 9 a.m.

The free event offers aerial and static displays with activities for people of all ages. This year celebrates the Centennial of Naval Aviation with the Blue Angels precision flying team performing both days (weather permitting).

Admission to the show and parking is free, however a \$10 voluntary donation will be collected at the entrance gates to support Hasbro Children's Hospital.

No pets or coolers are allowed, but cameras and video recorders are permitted. All beach bags, backpacks and toys are subject to search.

### Black Ships Festival returns to city in July

The Japan-America Society and Black Ships Festival of Rhode Island will hold the 28th Annual Black Ships Festival, Newport, Thursday through Sunday, July 14 to 17.

The event is held in honor of Newport native son Commodore Matthew C. Perry's historic achievements in opening trade agreements between the U.S. and Japan. This year also celebrates the 53rd anniversary of the sister city relationship between Newport and Shimoda, Japan.

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U.S. Navy file photo

The fleet ballistic missile submarine USS Rhode Island (SSBN 740) cruises through the Atlantic Ocean at sunset as crewmembers work up on deck.

## Submariners visit classrooms

By **BOB KREKORIAN**

NAVSTA Public Affairs Staff

The commanding officer and four members of the Blue Crew of the USS Rhode Island (SSBN 740) visited an after school program for at-risk elementary school students, June 2, at the Dr. Martin Luther King Jr. Community Center during a namesake state visit.

"If you're not good at math, science and English, keep working at it," Cmdr. Doug Adams, the submarine's skipper, told the 12 students at the center's Lighthouse Academy.

Blue crew members included Machinist's Mate 1st Class Joshua Bailey of Baton Rouge, La.; Electronics Technician 2nd Class Jason Gregory of Scottsboro, Ala.; Lt.j.g. Jordan Mack of Little Rock, Ark., communications and quality assurance officer; and Command Master Chief Jeff Bottoms of Ft. Hood, Texas, Chief of the Boat.

The students, in Grades 2 through 6, asked several



Bob Krekorian/U.S. navy photo

**Cmdr. Doug Adams, Blue Crew commanding officer of the submarine USS Rhode Island, uses a model to explain the operation of the boat to children of the Lighthouse After School Academy at the Dr. Martin Luther King Jr. Community Center last week. At rear, from left, are Petty Officers Joshua Bailey and Jason Gregory, Lt. j.g. Jordan Mack and Command Master Chief Jeff Bottoms, Chief of the Boat.**

questions about the submarine's physical features and characteristics. Crew members described their daily routine and job responsibilities aboard the

submarine while underway. The visit, sponsored by

## Professor believes Nimitz played odds for Midway victory

By **MC1 MARTIN WRIGHT**  
NWC Public Affairs Staff

The Naval War College (NWC) commemorated the 69th anniversary of the Battle of Midway with a lecture by Dr. Craig L. Symonds, a former NWC professor and professor emeritus of the U.S. Naval Academy, on June 3.

Symonds has written extensively on American naval history and has a book forthcoming specifically addressing the Battle of Midway.

Speaking to approximately 850 members of the faculty, staff, students of NWC, and members of the Naval Station Newport community, Symonds told the story of Midway through three key figures at the strategic, operational and tactical level of the battle, posing that "operational and tactical commanders make their own luck."

Symonds challenged a common belief about the battle reflected in the etchings at the World War II Memorial that the Sailors, Marines and Soldiers of the Pacific Fleet "had no right to win, yet they did."

He said an underemphasized detail of the battle was that it occurred at all. With carrier construction ramping up for America, all Fleet Adm. Chester Nimitz had to do was cede Midway by default, preserve his carrier fleet and wait for the new carriers to arrive. One of which, the USS Saratoga (CV 3), would arrive two

days after the battle.

According to Symonds, Nimitz chose the riskier option of engaging the Japanese, knowing their objective was not Midway per se, but destruction of the same carriers Nimitz



MC1 Martin Wright/U.S. Navy photo

**Dr. Craig L. Symonds, a former NWC professor and professor emeritus of the U.S. Naval Academy, speaks at the NWC on the 69th anniversary of the Battle of Midway.**

would use to defend it. Symonds said that although seen as miraculous by some, Nimitz felt the odds were very even before the battle.

"It was a careful assessment of the assets available to each side," he said.

"He loaded up 115 aircraft on the airstrip. Got the Yorktown repaired in 36 hours and given that, he fully expected to win, he did not think they had no right to win."

Nimitz knew many but not all details of the Imperial Japanese Navy's (IJN) plan based on breakthroughs in deciphering the Japanese code, said Symonds.

## Sports



Greg O'Shea MWR photo

The 'A' Division Misfits, from Division A's Maritime Expeditionary Security Squadron (MSRON 8) pose with their NAVSTA Intramural Volleyball League trophy. From left are Mark Cappellari, Ray Oh, Justin Fisher with his daughter Mika, Richard Baumert, Jeff De Groot, Nikki Norrell and Jenn Fisher. Missing are Travis Germano, Ron Clemens and Matt Magalhaes.

## Misfits spike SWOS for crown

By GREG O'SHEA

MWR Sports Coordinator/Special Events

Redemption was on the minds of last year's runners-up in the Naval Station Newport Intramural Volleyball League playoffs as the Misfits from Maritime Expeditionary Security Squadron 8 (MSRON 8) pulled off a big one, beating the team from the Surface Warfare Officers School (SWOS), 21-18 and 21-15, last week at Gym 109.

For the most part Team SWOS was the top dog during the regular season, leading the standings for all but the last week. Misfits were consistent, but could not make up any ground in the win column until the very last week which they vaulted past SWOS to take over the number one seed heading into the playoffs "A" Division.

The Misfits felled the sixth-seed Dirty Dozen from Navy Supply Corps School to move to the



The Blue Falcons, winners of the 'B' Division, from left, are Pfc. Cody Shambaugh, Pfc. Youa Yang, Lance Cpl. Aamir Bilal, Pfc. Benjamin Ripka; back row, Lance Cpl. Brandon DeBerry, Pfc. Chad Cooper, Pfc. Fernando Gonzalez, and Lance Cpl. Brandon Myrden.

championship game as SWOS had their hands full with team YO MAMMA from a rival SWOS class. They squeaked by to advance to the championship game versus the Misfits.

Misfits team captain Richard Baumert set the pace for the first game with some vicious spikes and

some quick points as Ray Oh and Nikki Norrell also contributed in the 21-18 win for the Misfits.

SWOS was holding tight and keeping it close with the play from team captain Rich Jarrett only to lose the first match. SWOS was not ready to concede so quickly as Kyle Turner had some impressive blocks and fab-

ulous digs to keep it close.

But the Misfits were too strong in the end winning the second match and claiming the 2011 MWR volleyball championship.

The Blue Falcons from Marine Corps Detachment Newport won the "B" Division, defeating the Devil Docs, 21-15, 23-21.

Playoffs:

### "A" Division

- (6) Dirty Dozen def. (3) Side Action, 21-12, 21-19
- (5) YO MAMMA def. (4) NSCS 1, 15-21, 21-17 and 15-13
- (1) Misfits def. (6) Dirty Dozen, 21-6, 21-10
- (2) SWOS def. (5) YO MAMMA, 21-19, 21-15
- (1) Misfits def. (2) SWOS, 21-18, 21-15 to win "A" Division

### "B" Division

- (6) MWR Fish Nets def. (3) Wrecking Crew, 21-16, 9-21 and 15-7
- (5) War Breed def. (4) ARMY Strong 21-12, 21-9 and 15-14
- (1) Blue Falcons def. (6) MWR Fish Nets, 21-19, 21-15
- (2) Devil Docs def. (5) War Breed, 19-21, 21-19 and 15-13
- (1) Blue Falcons def. (2) Devil Docs 21-15, 23-21 to win "B" Division

## NHCNE

## Military evals for disabilities soon simplified

By KATHY MacKNIGHT

NHCNE Public Affairs Officer

Service members referred for medical evaluation boards at Naval Health Clinic New England after June 30 will go through a new Disability Evaluation System that integrates the processes of the Departments of Defense and Veterans Affairs.

The Integrated Disability Evaluation System, or IDES, provides a more seamless transition to veteran disability benefits with fewer hurdles, faster results and more consistent ratings between Defense and Veterans Affairs than the previous system.

Under the previous system, service members completed the military Disability Evaluation System in an average of 10 months.

This included a set of medical examinations by military physicians, a series of boards to determine if the member was still able to serve, and if not, assignment of a disability rating used by the Defense Department to calculate disability compensation. Service members could not begin to apply for disability compensation and benefits from Veterans Affairs until after receiving a discharge date from their service.

It was then up to the veteran to complete an application to Veterans Affairs and provide all required documentation. If any documents were missing, it was the veteran's responsibility to locate them. Then,

the veteran had to complete another set of medical exams in accordance with standards set by Veterans Affairs and wait for a panel at Veterans Affairs to provide another disability rating, this one used to calculate veterans disability compensation and benefits.

This second process took on average another eight months during which benefits were gapped.

Under the new IDES, there is only one set of medical exams, performed to the standards of Veterans Affairs, which provides all the information needed by both departments. A panel at Veterans Affairs issues disability ratings that meet the needs of both departments. The integrated process still takes just over eight months, but now when the service member is finished with the military process, a disability claim is already filed with Veterans Affairs so veteran disability compensation and benefit can arrive after one month in veteran status. That is the earliest allowable under current law.

In designing the IDES, the two departments examined the recommendations of several commissions and task forces established to improve the delivery of benefits to wounded, ill and injured service members and veterans.

The resulting integrated system was first introduced as a pilot program at three military treatment facilities in November 2007.



Kathy MacKnight/U.S. Navy photo  
 Heavy equipment removes the steeple from the surplus Chapel By The Sea on the Naval Health Clinic New England, Newport, compound on May 26 in preparation for demolition over the next few days. The 60-plus year old chapel, which was relocated by barge from the former Naval Construction Battalion (Seabee) training base at Davisville, R.I., in 1947, was actively used until approximately 17 years ago. President Dwight D. Eisenhower worshiped there when he stayed in Newport in the summers during his presidency.

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# Fleet and Family Support Center

## Explore options for new careers

**EDITOR'S NOTE:** Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283.

Looking into a new career? Our Career Exploration workshop is scheduled for Thursday, June 16, from 11:30 a.m. to 1 p.m. Gain assistance in knowing how and where to conduct research during the job search process.

Learn how to set up a job search notebook to keep job search information organized, and which marketplace is the best for selling your skills.

Get off-line. All are welcome at our seminar, Caught in the Web, Disconnect Your Unhealthy Relationship, on Tuesday, June 21, from 1 to 3 p.m.

Is the world wide web too much of a good thing? Is being on-line causing you more problems than you realize? Learn how to assess Internet overuse and misuse and enhance your physical and emotional relationship as well as job well-being.

**Disaster Preparedness for Families** — Do you and your family know what to do in case of an emergency? Preparing in advance could keep an emergency from becoming a disaster for you and your family.

The Fleet and Family Support Center will be holding a class on Disaster Preparedness for Families on Wednesday, June 22, from 11:30 a.m. to 1 p.m. Learn some simple steps to help you and your family be prepared.

**Car shopping tips** — You want to buy a new car. An image of your dream car hovers in your mind - it is shiny, colorful, and purrs like a kitten. But, standing between you and your dream car is the car dealer. How do you get the best car for a fair price? Come to the Fleet and Family Support Center on June 28, from 2:30 to 4 p.m., to find out how to gather your resources and be well informed. Register today for this workshop.

FFSC is closed for the 4th of July

holiday.

**Sponsor Training offered** — Sponsor Training will be held at the Fleet and Family Support Center on Tuesday, July 12, from 1 to 2 p.m. This training is a valuable tool for individuals who will act as sponsors or department representatives selecting sponsors.

Because the military spouse also plays such a vital role in the Sponsor Program, all spouses are invited and encouraged to participate.

**Write an effective resume** — The Fleet and Family Support Center is offering a workshop, Effective Resumes, on Thursday, July 14, from 11:30 a.m. to 1 p.m.

A resume is one of your most important tools when looking for a job. Learn how to prepare an effective resume that will get you an interview. This workshop will cover what to include on your resume, which format to use, and other resume writing tips.



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Navalog file photo

**OLD GLORY FLIES** — American flags line Luce Avenue, Coasters' Harbor Island, several years ago before the reconstruction and rerouting of traffic at Gate 1.

## June 14 set aside just for Old Glory

The Fourth of July was traditionally celebrated as America's birthday, but the idea of an annual day specifically celebrating the flag is believed to have first originated in 1885.

BJ Cigrand, a school-teacher, arranged for the pupils in the Fredonia, Wis., Public School, District 6, to observe June 14 (the 108th anniversary of the official adoption of The Stars and Stripes) as "Flag Birthday." In numerous magazines and newspaper articles and public addresses over the following years, Cigrand continued to enthusiastically advocate the observance of June 14 as "Flag Birthday" or "Flag Day."

On June 14, 1889, George Balch, a kindergarten teacher in New York City, planned appropriate ceremonies for the children of his school, and his idea of observing Flag Day was later adopted by the State Board of Education of New York. On June 14, 1891, the Betsy Ross House in Philadelphia held a Flag

Day celebration, and on June 14 of the following year, the New York Society of the Sons of the Revolution, celebrated Flag Day.

Adults, too, participated in patriotic programs. Franklin K. Lane, Secretary of the Interior, delivered a 1914 Flag Day address in which he repeated words he said the flag had spoken to him that morning: "I am what you make me; nothing more. I swing before your eyes as a bright gleam of color, a symbol of yourself." One after the other, states across the nation began to observe Flag Day on June 14.

Flag Day – the anniversary of the Flag Resolution of 1777 -- was officially established by the Proclamation of President Woodrow Wilson on May 30, 1916.

But it was not until Aug. 3, 1949, that President Harry Truman signed an Act of Congress designating June 14 of each year as National Flag Day.

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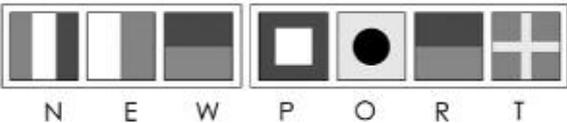


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## Leisure

### Aerobics/ exercise

(Gym 109, Building 109, 841-3154)

Morale, Welfare and Recreation Fitness Classes: Stop by Gym 109 and pick up the fitness schedule. There are a variety of classes including Pilates, yoga, step, cycling, Zumba and now Navy Operational Fitness & Fueling Series (NOFFS) Newport! NOFFS goes though the NOFFS card series on the new direction of Navy fitness-function. The core work is great and the agility and speed work fun!

Classes are taught at Gym 109 as early as 6 a.m. and as late as 6:30 p.m., and there are classes seven days a week. There is no need to pre-register; just show up and get fit. Free for active duty; \$1 for reservists, eligible family members, retired and \$2 for Department of Defense personnel.

Call Gym 109 at 841-3154 for more information.

### Internet Café

(Building 1255, 841-2088)

• Personal computers are available seven days a week to send and receive email, surf the web, play games - all at no charge. Have a cup

of Starbucks brand coffee at the Coffee Shop while you're here. The café is open Monday through Friday, 9 a.m. to 8 p.m., weekends and holidays, 8 a.m. to 6 p.m.

### Free WiFi sites at NAVSTA

Free WiFi spots at Naval Station Newport provided by MWR are located at the Officers' Club, Building 95; the Recreation Center, Building 656 and Leisure Bay, Building 1255.

### Special fitness activities

(Gym 109, 841-3154)

• **MWR Ride Nights on Wednesday, June 15 and 22 starting at 5 p.m.** Bring your bike, helmet and ID and meet at Gym 109. We'll be biking for about 35 to 50 minutes, on and off base. This is a great way to get ready for the 3rd Annual Naval Station Sprint Triathlon on Sunday, July 31.

• **Navy Operational Fitness & Fueling Series (NOFFS) Newport** has a certified NOFFS instructor on staff for all Command Fitness Leaders (CFL). This new Navy-wide training was designed specifically to address the needs of physi-

cal training with various challenges such as confined spaces, nutritional choices and functional fitness for on the job tasks. NOFFS is specifically for CFLs to bring to the commands for an effective year-round physical training program. Command Fitness Leaders, please contact the MWR Fitness Coordinator, Christina Savoie at Christina.savoie@navy.mil to set up your training session for NOFFS.

• **Body-Wise Therapeutic Massage** offers a variety of services at Gym 109. Choose from Swedish relaxation massage, sports massage, trigger-tender point therapy, or deep tissue massage. Techniques may be combined to best suit your needs. A one-hour massage costs \$65, and a 30-minute session is \$35. All appointments are held at Gym 109.

For more information on how massage therapy can help you or to make appointment, call Body-Wise at 862-9043.

• **All-Navy Sports Program** is available for service members. Do you have what it takes to play for the best the armed forces have to offer? Interested in par-

ticipating on an All-Navy team? Contact the MWR Sports Coordinator at Gym 109 at 841-7355.

### Liberty Center (Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; Sunday, noon to 8 p.m.; and holidays noon to 6 p.m.

The Liberty Center has eight computers and wireless Internet access, so bring your own laptop and log on anywhere in the building. Check out the billiards, foosball and ping-pong tables, three flat screen televisions for Xbox, Xbox 360,

This facility is alcohol-free and is only open to active duty military personnel and reservists who are single or unaccompanied.

### June events

Tonight - Texas Hold'em Tournament, prizes, 6 p.m.

June 11 - Six Flags New England Trip, sign up at Liberty!

June 12 - MLB The Show Tournament, prizes, 6 p.m.

June 13 - Ping-Pong Tournament with prizes, 6 p.m.

June 14 - Wii Sports Tournament, prizes, 6 p.m.

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Greg Kohlweiss/U.S. Navy Photo

**OLD FIRE HOUSE RAZED**— General contractor Goel Services Inc. of Washington, D.C., is completing the demolition of Buildings 85, A71, 233, 169, 62, C1 and C2 for proposed parking lots or green spaces on Naval Station Newport. Above, subcontractor Bilray Corp. workmen Raymond Santanelli, in an excavator with grapple, and Jeff Stevens, left, with hose to control dust, take down the old Fire Station, Building 1931, between the Post Office, Building 1900; and Navy-Marine Corps Relief Society Thrift Shop, Building 305.

## NSCS

Continued from Page 3

students had a grade point average of 99.6. Rosa will report to Fleet Industrial Support Center Jacksonville, Fla.

Lt. j.g. Casey Botts tied Seals for the Navy Supply Management Excellence Award. Both students had a grade point average of 99.2. Botts will report to Naval Reactors.

Ensign Patrick Shane received the Defense Finance and Accounting Service Excellence Award with an overall grade point average 100. Shane will be reporting to the destroyer USS Wayne E. Meyer (DDG 108).

Lt.j.g. Wayne Butikofer was 72nd's Company's Honor Graduate for overall grade point average 98.36. He will report to Defense Logistics Agency Jacksonville, Fla.

Lt.j.g. William Caddell was 73rd Company's Honor Graduate for overall grade point average 95.58. He will report to Navy Cargo Handling Battalion 4 in Charleston, S.C., upon graduation.

Lt. Cmdr. Carmichael Lee, 73rd Company BQC-NR, Lt.j.g. Stephen Harris, 72nd Company BQC-NR, and Chief Warrant Officer 3 Jon Delacruz, First Battalion BQC, received the Navy Supply Corps Association Leadership Award for superb academic performance and unmatched leadership.

Retired Col. Jess Ramirez, Deputy Director, Guard Affairs, Military Officers Associ-

ation of America (MOAA), awarded Botts with the MOAA Professionalism Award.

This award is presented to the student who promotes enduring values of military professionals such as leadership, service, camaraderie, patriotism, and the highest standards of ethics.

## Ombudsmen

Continued from Page 5

of the NHCNE Ombudsmen program, said, "One of the best outcomes of the training was how many new ideas they came up with as a group to make the active duty members and their families more aware of the Ombudsman services available to them here at NHCNE."

One of the highlights was hearing from Julie Delcourt from Military One Source regarding the scope of services provided free of charge. They can provide anything from a Thanksgiving turkey recipe to the location of the closest ballet teacher, free tax information, counseling, and much more.

The NHCNE Ombudsmen are meeting again via Skype at the end of August, but they plan to get together again in Newport in another year.

## Rhody

Continued from Page 8

the Friends of the USS Rhode Island, was organized by the submarine's sponsor, Kati Machtley. The submarine was commissioned, July 9, 1993, at the former Naval Education and Training Center, Newport.

"This is an opportunity for another group of school children in Rhode Island to learn about life aboard a submarine and meet some crew members," Machtley said. "We wanted the crew members to talk to underprivileged children about doing homework, staying in school, and the importance of graduating from high

school," she said.

"This was a great opportunity to talk to the kids about the benefits of a good education and working hard in school," Gregory said.

"Our summer program is based on literacy and the sciences so this was a good experience for them," said Sally Swistak, the center's child care program director.

The crewmen also visited Portsmouth Middle School and spoke with the fifth grade students of Mrs. Cindy Jilling. Her students have written to both the Blue and Gold Crews over the past eight years.

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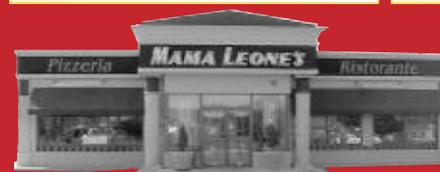
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