

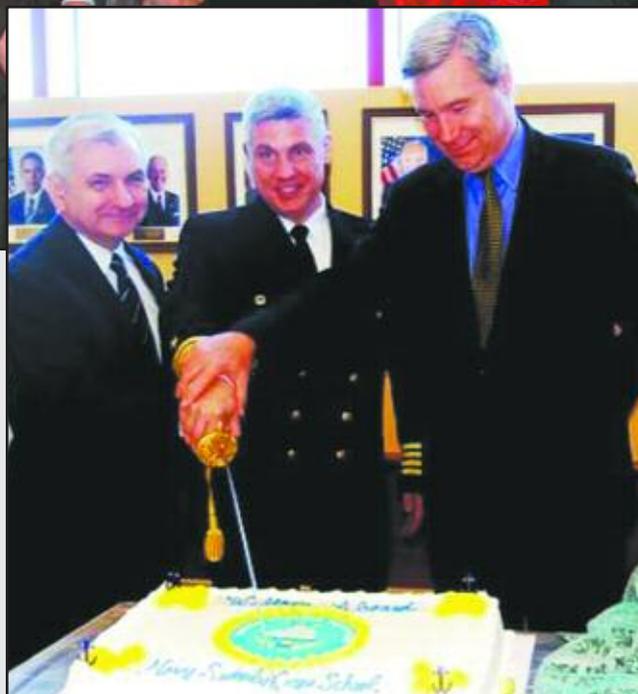


The Newport Navallog

VOL. 110 NO. 48 DECEMBER 9, 2011



SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



Navalog file photos

Capt. Joseph Voboril relinquishes command of Naval Station Newport today at a 10 a.m. ceremony at the Officers' Club. Some highlights from his command include, clockwise from top, witnessing former R.I. Gov. Donald Carcieri signing the Interstate Compact on Educational Opportunity for Military Children June 2010; assuming command of NAVSTA from Capt. Mike Poirier, right, in September 2009; cutting the cake with senators at the opening of the Navy Supply Corps School last January; and serving as guest speaker at the R.I. Veterans Home ceremony in Bristol in October. Story Page 3.

*Fair Winds & Following
Seas, Capt. Voboril...*

Retired senior chief recalls officers knew Pearl Harbor attack imminent

By **BOB KREKORIAN**
NAVSTA Public Affairs Staff

Retired Senior Chief Petty Officer Ralph N. Churchwell Jr., 92, of Portsmouth was a 22-year-old Navy stewardman aboard the fleet tug USS Seminole (AT-65) when he heard about the Japanese attack at Pearl Harbor on Dec. 7, 1941.

Seminole, stationed at Pearl Harbor, had departed late on Dec. 6 and was steaming for the West Coast for shipyard repairs when news of the attack was received. Seminole was ordered to return to Pearl Harbor to assist in the restoration of operations and to continue her mission of towing barges filled with gasoline and munitions to the nearby occupied islands in the South Pacific.

"That part of the South Pacific I knew like the back of my hand," Churchwell said.

As a steward who worked in the wardrooms where naval staff officers talked about shipboard matters, Churchwell said he would overhear the chatter about the Japanese threat.



Retired Navy Senior Chief Ralph N. Churchwell Jr. of Portsmouth holds his shadow box that displays his Certificate of Retirement and service ribbons and medals that he earned during a 30-year naval career.

Bob Krekorian/U.S. Navy photo



Many of the officers felt the Japanese were going to attack, he said. "We were caught with our pants down," he said.

Churchwell, a native of Clifton, Tenn., did electrical repair work in Nashville, but at age 16 enlisted in the Navy in 1937. He did his basic training at the Naval Training Center, Norfolk, Va. Following boot camp, he served aboard the destroyer USS Bailey (DD 713).

ATTACK, Page 17

Lisa Rama/U.S. Navy photo

The Pearl Harbor Remembrance Day Committee chaired by Mike Minutelli organized a Remembrance Day ceremony Wednesday held at the RI State House. The event included recognizing six R.I. veterans from Pearl Harbor and the presentation of scholarships to three R.I. high school students who submitted essays on the significance of the event in U.S. history. The winner of the \$500 first place scholarship was Emma LaFleur of Portsmouth High School. Remarks were made by R.I. Speaker of the House Gordon Fox, state Rep. Ray Gallison and retired Lt. Gen. Reginald Centracchio with special remarks by the Pearl Harbor veterans and a reading of her first place essay by LaFleur. Lt. j.g. Henderson, Naval Station Newport Chaplain, provided the invocation and the benediction and Navy Band Northeast musician MU2 Nina Church provided the music for the event. The Pearl Harbor Survivors in attendance included: Bernard Creswick, U.S. Army Air Corps; Wilmer Stevens, U.S. Army; Gilbert Hawkins, Raymond J. Haerry Sr., Ralph Churchwell and Daniel Hunter, all Navy veterans.



Holiday concert welcomes public

NAVSTA Public Affairs Office

The president of the Naval War College and the commanding officer of Naval Station (NAVSTA) Newport invite everyone to a Holiday Concert by Navy Band Northeast on Sunday, Dec. 11 at 3 p.m. in Spruance Auditorium at the Naval War College.

The free concert will feature NBNE's Pops Ensemble, the Northeastern Navy Showband, the Dixieland Group, and a holiday sing-along. The program will be enjoyable for the entire family.

Members of the public interested in attending must call the NAVSTA Public Affairs Office today by 1 p.m. to have their full name (and those of their guests) placed on an access list at Gate 1, the main entrance to NAVSTA.

Call 841-3538 or e-mail lisa.rama@navy.mil.

Concert attendees arriving at Gate 1 on Sunday must show a photo ID and provide the ages of children in their vehicles without IDs.

The show is approximately 75 minutes long.

Food and drink are not permitted in Spruance Auditorium.

For more information about Navy Band Northeast's performance schedule, visit: www.cnic.navy.mil/Navy-BandNortheast.



Navalog

Capt. Joseph P. Voboril

Commanding Officer, Naval Station Newport

Lisa Rama

NAVSTA Public Affairs Officer

Bob Krekorian

NAVSTA Public Affairs Staff

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NAVALOG Editor

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AP photo
President Barack Obama places the Congressional Medal of Honor on Marine Corps Sgt. Dakota Meyer in a White House ceremony last September.

Medal of Honor winner still feels like a failure

NEWPORT — Many people who feel like a failure have a hard time coping with the weight of that pessimism. But then, not many people have the pedigree of Marine Corps Sgt. Dakota Meyer.

Meyer, 23, was awarded the Congressional Medal of Honor during a White House ceremony last Sept. 15, becoming the first living Marine in more than 40 years to receive the nation's highest military award and the third living recipient of the award since the



Vietnam War.

The Kentucky native was honored for his actions in a September 2009 firefight in Afghanistan during which, amid heavy fire from members of the Taliban, he made five trips into a battle zone in an

Courtesy Newport Daily News photo
Meyer, left, in Newport last week visiting former Assistant Secretary of Defense Bing West, talks to a reporter about his experience in Afghanistan.

attempt to rescue members of his combat team trapped in an ambush.

Meyer was in Newport last week staying with noted military author and former Assistant Secretary of Defense Bing

MEYER, Page 18

Accomplishments mark Captain Voboril's tenure

By **LISA W. RAMA**
 NAVTSA Public Affairs Officer

After 25 years of military service, the last 26 months here leading the team at Naval Station Newport, Capt. Joe Voboril will hang up his uniform later this morning after relinquishing command of NAVSTA to incoming commanding officer, Capt. Doug Mikatarian.

Capt. Voboril assumed command of NAVSTA on Sept. 14, 2009, and has been the lead in completing some of the largest of the 2005 Base Realignment And Closure (BRAC) directed projects and many others developed to support the growth in Newport.

In March 2010 he joined Sen. Jack Reed, D-R.I., Sen. Sheldon Whitehouse, D-R.I., and then-U.S. Rep. Patrick Kennedy, D-R.I., in a ground-breaking ceremony for the \$19.2 million Fitness Complex.

Later that same month, he joined the U.S. Army in breaking ground on its \$10.8 million U.S. Army Reserve Center facility on Simonpietri Drive that was officially dedicated to the late Sgt. Michael Paranzino of Middletown on Nov. 5.

Other construction kick-off projects include the \$38.2 million Officer Training Command Newport



NAVSTA Public Affairs photo

Capt. Joe Voboril, right, Commanding Officer, Naval Station Newport, last Monday addresses a forum at the University of Rhode Island assembled for the R.I. Textiles and Defense Industry Day along with, from left, Maj. Gen. Kevin McBride, former adjutant general of the R.I.; U.S. Rep. David Cicilline, D-R.I., and Sen. Shelton Whitehouse, D-R.I.

Nimitz Hall replacement project that began in October 2010; and getting the much-needed \$5.2 million renovation of the Senior Enlisted Academy's Tomich Hall underway earlier this year.

Although he did not participate in the start-up of some of more than \$244 million in major construction projects executed since fiscal 2006, he did have the good fortune to be in command as some of the major projects were completed.

Capt. Voboril officially welcomed the U.S. Navy

Supply Corps School into its new \$24.5 million Wheeler Center last January. The school relocated, along with the Center for Service Support and U.S. Marine Corps Aviation Logistics School, from their former home in Athens, Ga. He stood with Lt. Col. Matthew Thomas of the Marine Corps Detachment Newport in officially dedicating Building 1112 as the Beirut Memorial Hall in August 2010, following an extensive \$6.1 million renovation.

VOBORIL, Page 18

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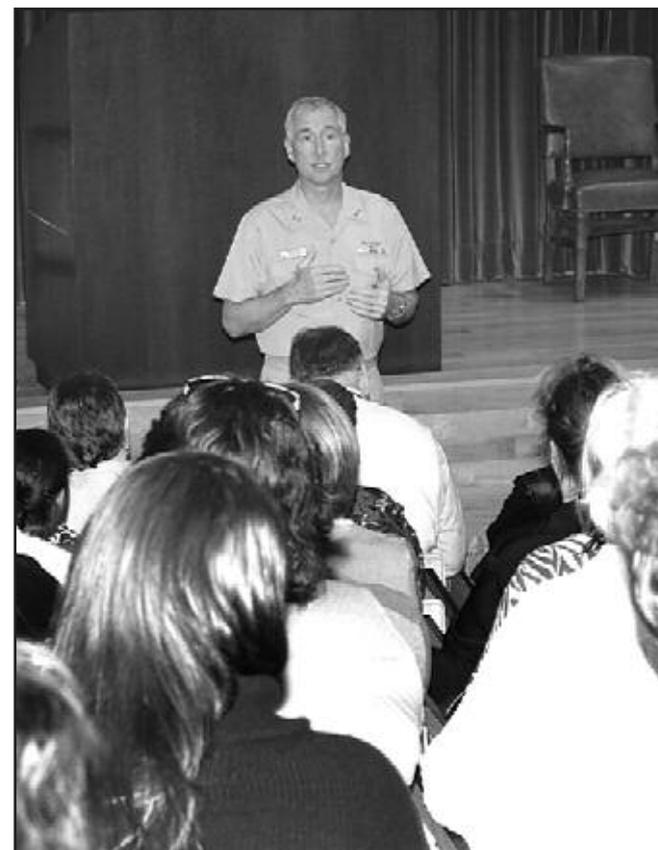
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OS2 Darren Grant/U.S. Navy photo
 Navy Counselor 1st Class Zeporah Dasher, front row, third from left, Naval Station Newport, R.I., command career counselor, poses with other Sailors and their command master chiefs from various shore commands in Navy Region Mid-Atlantic who competed for Regional Sailor of the Year last month. At far left is NAVSTA Command Master Chief Don Ouellette. Religious Program Specialist 1st Class Garry Denette, back row, center, from Naval Station Norfolk, Va., took top honors and will go on to compete for Navy Shore Commands Sailor of the Year.



Greg Kohlweiss/U.S. Navy photo
 Rear Adm. Tim Alexander, Commander Navy Region Mid-Atlantic, leads an all-hands call with Naval Station Newport personnel at Perry Hall last Thursday. Adm. Alexander was here on an orientation visit to Midlant installations outside of Hampton Roads, Va.

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Sunday Services - 7:45 AM & 10:30 AM Protestant Service
 9:00 AM Roman Catholic Mass

Announcements

One day Vet Clinic slated

The U.S. Army Veterinary Treatment Facility at 1255 Whipple St. will hold a one-day clinic on Friday, Dec. 16, from 9 a.m. to 3 p.m. No appointment is needed. The clinic wants to help get pets treated before the busy holidays get underway.

The facility will be accepting cash and checks only. Call (860) 694-4291 for information.

Caring and Sharing resumes

The Chapel of Hope at Naval Station Newport said the Caring and Sharing program continues through Monday, Dec. 19, to help families of military and civilian personnel working aboard NAVSTA Newport with holiday meals.

Because of your generous donations, the Caring and Sharing program successfully helped over 100 families during the Thanksgiving holiday.

The commands are again assessing the number of families that will need your help for the Christmas holiday period.

Collection boxes are placed at the Newport Commissary, the Navy Exchange, the NEX Minimart, Combined Bachelor Housing, Gateway Inns & Suites, Center for Service Support, Building 690 Atrium, New-

port Navy Lodge and the U.S. Army Reserve Center.

For information, Contact Religious Programs Specialist Seaman Korey Cummingham or Culinary Specialist 1st Class Stephanie Ricci at 841-2234.

NHCNE caroling offered

There will be holiday caroling at the Naval Health Clinic New England, Tuesday, Dec. 13, 10 a.m. Navy Band Northeast will play appropriate music.

Last Navalog next Friday

The final issue of *The Newport Navalog* for 2011 will be Friday, Dec. 16. The first issue in 2012 will be Jan. 6.

Need holiday music?

The Navy Band Northeast holiday caroling ensembles are available for holiday parties or to set the mood in your office by scheduling the Top Brass Quintet and Crosswinds Woodwind Quintet, Protocol Combo, Brass Band, Saxophone Quartet or the Flute and Piano Duo/Solo Piano/Solo Guitar.

Request a performance by contacting Navy Band Northeast, at e-mail nbne.ops@navy.mil, or call 841-2479.

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EDITOR'S NOTE: Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283.

FFSC is closed for Christmas holiday observed, Monday, Dec. 26 and New Year's Day observed, Jan. 2.

Workshop for couples concludes on Tuesday

Part 2 of the "Care, Commitment and Relationship Enhancement" workshop will be held at the Fleet and Family Support Center (FFSC) on Tuesday, Dec. 13, from 3 to 5 p.m.

This workshop is for couples who want to learn more about the ground rules for loving and fighting; and how to promote intimacy in their relationship.

Here's a look ahead to upcoming workshops:

Jan. 10 - Sexual Assault Prevention and Response Refresher Training, 9 a.m. to noon.

Jan. 12 - "Resumes that Work," 11:30 a.m. to 1 p.m.

Jan. 16 - FFSC closed for Martin Luther King Day, federal holiday.

Jan. 17 - "New Spouse Orientation," 9:30 to 11:30 a.m.

Jan. 18 - "You Aren't Helpless to Anger," 8 a.m. to noon

Jan. 19 - "Thoughts and Feelings Seminar: Relaxation," 1 to 3 p.m.

Jan. 23-26 - "Sexual Assault Prevention and Response Victim Advocate Training," 8 a.m. to 4 p.m.

Jan. 30 - "For Better or Worse," 1 to 3 p.m.

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Choristers concert tonight

MIDDLETOWN - The Newport Navy Choristers, under the direction of JoAnn Loewenthal, will present their "Christmas in Song" concert tonight at 7:30 at St. Lucy's Church on 909 West Main Road. This year the Choristers have selected Christmas in Newport as their sponsor for the concert.

Christmas in Newport was founded in 1971, which began as a two-week celebration of the holiday season based on non-commercial traditions. Now in its 40th year, Christmas in Newport has turned into a month-long, city-wide celebration of historical traditions of the holiday season.

The Choristers' "Christ-

mas in Song" concert will bring you back in time when you will be able to relive the wonderful traditions of the Christmas season. It is a concert for the entire family and is a great way to get in the holiday spirit.

Tickets are \$10 for adults, \$5 for children under age 12 and Senior Citizens 62 years and older, and \$20 for families. Tickets can be purchased by calling 849-6554, by any Chorister member, or at the door.

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Dec. 9: Preventing Diabetes and Monitor
Class, 9-10:30 a.m.

Dec. 12 : Diabetes Nutrition Class,
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Dec. 14: Eat Smart, 7:30-8:30 a.m.
Healthy Heart, 9-10 a.m.
Preventing Diabetes and Monitor
Class, 1-2:30 p.m.

Dec. 20: Eat Smart, 8-9 a.m.
Healthy Heart , 2-3 p.m.

Dec 21: Preventing Diabetes and Monitor
Class, 8:30-10 a.m.

Mustaches highlight men's health issues

By **APRIL CHILDS**
NHCNE Public Health Educator

The medical team at Naval Health Clinic New England got behind an international campaign to raise awareness of men's health issues during November.

Hospital Corpsman 2nd Class Gregory Brown first expressed interest in supporting the campaign, which encouraged men to grow their mustaches for the 30 days of the month.

"The clinic focused on ovarian cancer during September and on breast cancer during October so we should focus on men's health issues during November," said Brown.

The awareness initiative began in Australia in 2003



NHCNE photo

Naval Health Clinic New England male personnel sport their mustaches to promote men's health month in November.

and focuses on prostate cancer as well as other male cancers. The movement has grown to over 1 million participants, all eager to spread the word about men's health issues and to help raise money for research and education.

Men are less likely to seek medical care than women and the campaign encour-

ages preventative medical care.

The twist that the mustache-focused campaign puts on men's health issues is designed to make men more comfortable with talking about their own health. Most cancers are curable if caught early so the aim is to increase early detection, diagnosis and

effective treatments, especially of testicular and prostate cancer.

More than 30 members of the NHCNE staff committed to participate in growing a mustache. Each week, the participants were given tips on extending their lifespan and increasing their quality of life.

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Preferred reuse of surplus Navy properties detailed

Submitted by Julie Oakley, Aquidneck Island Reuse Planning Authority.

Naval Station Newport (NAVSTA) has long played an important role in the economy and the sociology of Aquidneck Island (Island). As a "Navy town," Newport was dominated for decades by the presence of the Sailors and defense-related development that supported the base's ship support, education and research missions.

As the base grew, so too did the community, spreading into Middletown and Portsmouth. However, the Navy is continuously evaluating its assets to ensure that they meet their future needs.

The 2005 Base Realignment and Closure (BRAC) process refocused the Navy's interests on the Island, leading to approximately 225 acres of property at NAVSTA to be declared surplus in February 2010. The surplus



NHCNE archives photo

The Aquidneck Island Reuse Planning Authority has suggested the former Naval Hospital (above) would be best reused for a hotel and or condominiums (residential), with office space. It is among 225 acres of Navy property declared surplus in February 2010.

Navy land and buildings are unique in that the properties are comprised of five non-contiguous parcels within three different municipalities – Newport, Middletown, and, Portsmouth.

The parcels that were declared as surplus and subject to community redevelopment are:

- Former Naval Hospital, Newport—10 acres

- Former Navy Lodge, Middletown — 3 acres
- Tank Farm 1, Portsmouth— 49 acres
- Tank Farm 2, Portsmouth — 96 acres
- Midway/Greene Lane Parcel, Stringham Road and a portion of Defense Highway — 67 acres

Each community expressed a desire to improve economic development

opportunities related to job and property tax base growth, but not at the expense of community character or quality of life.

After review and discussion of the redevelopment alternatives for each of the sites including public AIRPA meetings, public meetings with each municipality, outreach to area homeless service providers as well as potential Public Benefit Conveyance (PBC) recipients, the AIRPA selected a development alternative for each site. The preferred reuse plan targets specific types of development on each site based on its physical, environmental and location:

- Former U.S. Naval Hospital: Hotel and residential or office mixed use

- Navy Lodge: Retail and office mixed use in conjunction with civic and residential uses

- Tank Farms 1 and 2: Light industrial/office/flex mixed use, boat storage, multimodal transportation, non-intensive solar panel or other development

- Defense Highway: Public open space/recreation and two-lane highway

The AIRPA, which jointly represents the City of Newport, Town of Middletown and Town of Portsmouth, seeks to retain its oversight role for the redevelopment of the surplus properties.

To do so requires it to become an implementation local redevelopment agency to undertake the redevelopment of the properties. The AIRPA may then seek to acquire any or all of the properties from the Navy utilizing a combination of conveyance mechanisms including an Economic Development Conveyance and PBC as described under the BRAC

rules and regulations.

The properties may be held by the AIRPA until each site has been prepared for development and can then be transferred to the host community or developer.

The Reuse Plan has been completed and approved by the Department of Housing and Urban Development. The BRAC Program Management Office Northeast is currently awaiting funds to start the National Environmental Policy Act (NEPA) process and preparation of a Finding of Suitability to Transfer (FOST).

The NEPA process will consist of an Environmental Impact Statement (EIS) culminating in a Record of Decision (ROD). The NEPA process should take one to two years for completion. Once NEPA is completed and a FOST is approved, property disposal can proceed.



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SUNDAY - WEDNESDAY

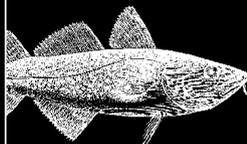
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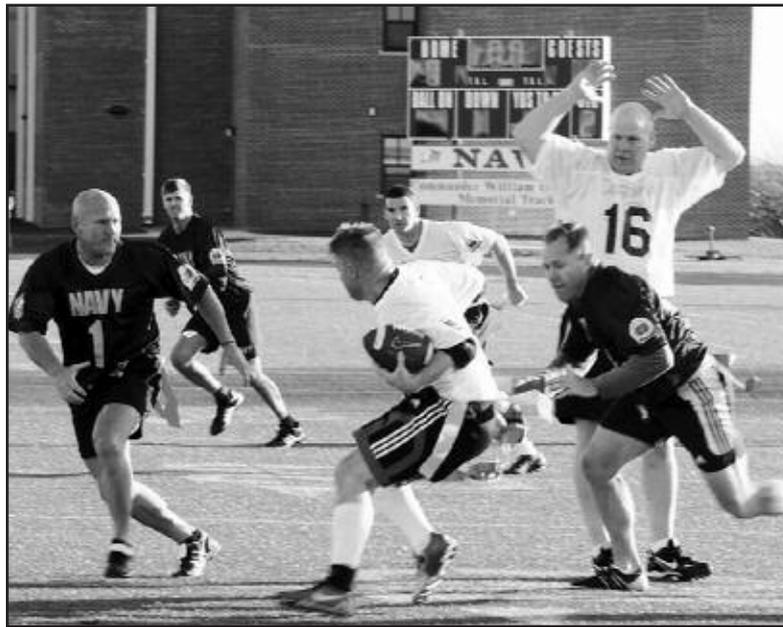


James E. Brooks/U.S. Navy photos

Navy's Cmdr. Bill Mallory tries for more yards after a reception, but Army Maj. Chris Brown manages to get a hand on Mallory's flag for a short gain in last Friday's Army Navy Challenge on Nimitz Field between Naval War College students.



Operations Specialist 2nd Class Marcus Plair plows ahead for yards as his flag is pulled by the Army defense.



Navy Cmdr. Bill Mallory, right, moves to pull an Army ball carrier's flag in last Friday's flag football rivalry game on Nimitz Field.

Navy wins again, but both squads savor experience

By **JAMES BROOKS**
NWC Public Affairs Staff

Like machines that haven't run in awhile, both teams' offenses sputtered

For the 10th consecutive year, Naval War College (NWC) students stepped out of the classroom and challenged each other in an Army-Navy Challenge flag football game on Nimitz Field at Naval Station Newport last Friday.

For the fourth straight year, the Navy/Marine Corps team won. The score was 33-12.

Besides inter-service rivalry that fuels the spirited competition of contests like this, there is an aspect of learning that occurs on the gridiron that translates well into the classroom environment.

"This is something we're going to talk about for the rest of the time we're here," said Army Maj. Christopher Brown, who played NCAA Division 1 football at Southwest Louisiana State. "This will help break down barriers in our seminars and help stimulate conversations."



Army Maj. Andrew Burgess eludes a Navy defender after making a reception that would set up the Army's first touchdown of the game.

in the first half. Despite coming into the game from NAVSTA's Intramural Flag Football League, the Navy team turned the ball over to the Army's defense deep in Army territory during the first half. Offensively, the Army team had trouble

NAVY, Page 11

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Sports

Army Navy Game moved to capital

By GREG KOHLWEISS
NAVSTA Public Affairs Staff

WASHINGTON, D.C. - The gridiron classic between West Point and Annapolis will take place this year at FedEx Field in the capital on Saturday, with the kick-off at 2:40 p.m.

For more than a century the Black Knights and the Midshipmen have met for bragging rights in this football finale. Army brings a 3-8 record to the field, while Navy is 4-7.

The game originated in 1890, with 111 meetings. Annapolis leads the series at 55-49-7. Navy won last year, 31-17.

On game day, pregame events (not televised) will include the Army's Corps of Cadets "march-on" at 11:24 a.m. and Navy's Brigade of Midshipmen "march-on" at 12:04 p.m.

The Navy Leap Frogs and the Army Golden Knights parachute teams will jump at 2:19 p.m. The Navy's jet

fly-by will take place at 2:36 p.m., followed by Army's at 2:37 p.m.

CBS Sports will broadcast the game around the world on the American Forces Network. The game will be carried locally on CBS/Fox channel 12.

The Officers' Club and Enlisted Club will air the game on large screen, high definition TVs.

Topside Pub at the Officers' Club will open at 1 p.m. and have the "Football Frenzy Menu" available throughout the game.

In the Enlisted Club and Seaview Lanes in Building 656, doors will open at 1 p.m. The Army-Navy Game specials include Sam Adams beer, \$2.50; two dogs and baked beans, \$4; chicken sandwich and tater tots, \$4; double cheeseburger slider and tater tots, \$4.75.

For information call Topside Pub at 841-1444 or the Recreation Center/Enlisted Clubs at 841-2575.

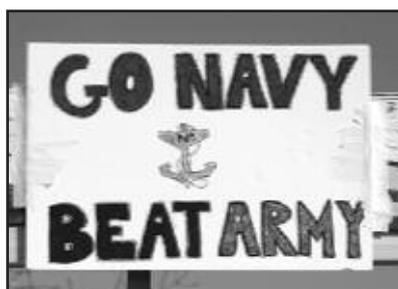
Navy

Continued from Page 10

moving the ball consistently and was forced to punt the ball away.

Army chewed away at the Navy's halftime lead early in the second half with some damaging pass plays to Maj. Andy Burgess. But the Army comeback was stifled by a couple of interceptions returned for scores. Momentum and control was lost on the Army side of the field. Navy went on to win the game handily.

"This was a great experi-



ence," said Brown. "You can build on this like an intensive field exercise."

Perhaps NWC's Dean of Students Capt. Ray Keledei summed it up simply, saying, "At the end of the day, we're all on the same team."

Special events

NAVSTA changes command today

The Naval Station Newport Change of Command and retirement ceremony will be held at the Officers' Club today at 10 a.m. Capt. Douglas Mikatarian will relieve Capt. Joseph Voboril as Commanding Officer, Naval Station Newport. Capt. Voboril will be retiring after 25 years of service. (See story, Page 2.)

Family Fun Nights begin this afternoon

The Holiday Family Fun Nights begin this afternoon, from 4 to 8 p.m. and Saturday, Dec. 10, from 11 a.m. to 3 p.m., at Gym 109.

Have your children photographed with Santa or enjoy the arts and crafts tables, inflatable bouncies and concessions.

Admission is \$1 per person; free for age 3 and under.

For more information, call Morale, Welfare & Recreation Special Events at 841-3127.

Wreaths Across America

EXETER — A wreath-laying ceremony in conjunction with Wreaths Across America will be held at the Rhode Island Veterans Memorial Cemetery on Saturday, Dec. 10, at noon.

Navy Band free concerts

Navy Band Northeast's Top Brass Quintet will perform holiday music at three venues in the community next week. They are:

— Little Compton Community Center, Tuesday, Dec. 13, 6-7 p.m. Call 841-4127 for information.

—The annual WADK-AM/WJZS-FM Christmas concert at the Newport Marriott on America's Cup Avenue on Wednesday, Dec. 14 at 7 p.m.

— The Bristol Veterans Home on Friday, Dec 16, at 2:30 p.m.



NOSC contributed photo

The Newport Officers' Spouses' Club (NOSC) present a check for \$5,000 to the Navy-Marine Corps Relief Society at a Welcome Coffee held Nov. 22 at the home of Mrs. Teresa Christenson, honorary NOSC president. From left are Christy Descovich, NOSC president; Chantal Mullin, NOSC Charities Committee; Pat Drislane, director of NMCRS Newport; and Elizabeth Westman, Ship's Bell chairman.

Upcoming events:

Dec. 16 — Naval Justice School Basic Lawyer Class 12010 graduation, 10 a.m. The guest speaker will be Rear Adm. Frederick J. Kenney Jr., Judge Advocate General, U.S. Coast Guard. Call 841-3800, ext. 125 for information.

Dec. 16 — Officer Candidate School Class 0412 graduation at Officer Training Command Newport, 9 a.m. in Kay Hall. The guest speaker is Rear Adm. (Sel.) Mike Jabaley, Major Program Manager Virginia Class Submarines. Navy Band Northeast will provide appropriate music.

Also, Officer Development School

(ODS) Class 12020 graduation at Officer Development School, 11 a.m. in Kay Hall. The guest speaker will be Capt. W. Kyle Fauntleroy, Naval Chaplaincy School and Center. Call 841-1171 for information.

Dec. 20 — Rhode Island Blood Center blood drive at Naval Health Clinic New England, noon to 3 p.m. Call (401) 621-0155 for information.

Dec. 25 — Christmas Sunday
Dec. 26 — Christmas Day observed, Monday (federal holiday)
Jan. 1 — New Year's Day
Jan. 2 — New Year's Day observed, Monday (federal holiday)

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Information, Tickets & Travel

See the Rockettes in NYC with ITT



• Get a jump on the holiday season with tickets to the Radio City Christmas Spectacular bus trip on Friday, December 16. Cost is \$109 and includes round-trip transportation and a ticket to the performance. The bus departs at 6 a.m. and returns around 10 p.m.

If you'd rather shop 'til you drop, hop onboard and experience Christmas shopping New York style! See the spectacular Rockefeller Center Christmas tree, visit one of the best toy stores ever, FAO Schwarz, or shop for the latest fashions. Trip price is \$49 per person.

For more information, call 841-3116.

Get your discounts to area entertainment

Information Tickets and Travel (ITT) has military discounts for the following:

The Dunkin Donuts Center for:

• Disney on Ice Mickey and Minnie's Magical Journey on Friday, Dec. 30 at 1 p.m. for \$19.50 each or on Saturday, Dec. 31 at 11 a.m. for \$20.50 each

• Walt Disney World

Military special offers four theme parks in Orlando, Fla., for four days for only \$135.50 each. Up to six tickets may be purchased per valid ID card and are available to active duty personnel, retirees and spouses.

Discounts are for U.S. military only. Active duty personnel, retirees and spouses may purchase up to six tickets. Six tickets in total may be purchased per service member.

Tickets must be purchased and used by Sept. 30, 2012. Blackout dates are July 4 at Disney's Magic Kingdom only, and April 1 through 12, at all parks. Purchase your tickets at the ITT office in Building 1255 which is open Wednesday through Friday, 10 a.m. to 6 p.m.

For information, call 841-3116.

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Leisure

Aerobics/ exercise

(Gym 109, Building 109, 841-3154)

Morale, Welfare and Recreation Fitness Classes: Stop by Gym 109 and pick up the fitness schedule. There are a variety of classes including yoga, step, cycling, Zumba and Navy Operational Fitness & Fueling Series (NOFFS)! NOFFS goes though the NOFFS card series on the direction of Navy fitness-function. The core work is great and the agility and speed work fun!

Classes are taught at Gym 109 as early as 5:30 a.m. and as late as 6:30 p.m., and there are classes seven days a week. There is no need to pre-register; just show up and get fit. Free for active duty; \$1 for reservists, eligible family members, retired

and \$2 for Department of Defense personnel.

Call Gym 109 at 841-3154 for more information.

Internet Café (Building 1255, 841-2088)

• Personal computers are available seven days a week to send and receive e-mail, surf the web, play games - all at no charge. Have a cup of Starbucks brand coffee at the Coffee Shop while you're here. The café is open Monday through Friday, 9 a.m. to 8 p.m., weekends and holidays, 8 a.m. to 6 p.m.

Bowling

(Building 656, 841-4293)

The Seaview Lanes Bowling Center state-of-the-art facility features regular and Xtreme bowling. The center also serves lunch, Monday through Friday beginning at 11 a.m. Call ahead

and have your lunch order ready when you arrive.

Hours of operation are:

Monday through Thursday, 11 a.m. to 8 p.m.; Friday 11 a.m. to 10 p.m.; Saturday, 1 to 11 p.m.; Sunday, 1 to 8 p.m.; and federal holidays noon to 6 p.m.

Rates: \$3.50 per game and \$2 for shoe rental.

Xtreme Bowling (every Saturday, 8 to 11 p.m.) Rates are \$10 per hour, per person or \$4 per game and \$2 shoe rental.

Birthday party packages are available from \$10 to \$15 per child, depending on meal and regular/Xtreme bowling.

December events

Monday: Active duty military bowl for \$1 per game, 11 a.m. to 5 p.m.

Tuesday: Bowl for \$1 per game, 11 a.m. to 2 p.m. League starts at 6 p.m.

Wednesday: Bowl one game, get one game free, 11 a.m. to 5 p.m. League starts at 6 p.m.

Thursday: First game is \$3, second game is \$2, third game is 1. All three games must be bowled at one time for special pricing 11 a.m. to 8 p.m.

Friday: Bowl for \$2 per game, 11 a.m. to 5 p.m. Winter league starts at 6 p.m. every Friday. League starts at 6 p.m.

Sunday: Wear your favorite team's football jersey and bowl for half price. Anyone 55 years old or older bowls for just \$1 per game. Valid ID required.

NOTE: All rates are per person

School vacation special: Children 18 and under bowl for \$1.50 per game from 11 a.m. to 4 p.m. Monday through Friday during the Christmas vacation week.

New Year's Eve special: Bowl in the new year! Bowl for just \$2 per game, from 6 p.m. to 12:30 a.m. with Xtreme bowling starting at 9 p.m. Special bowling games with prizes, free movies, complimentary coffee and dessert at midnight for bowling patrons.

Tired of the traditional holiday party? Seaview Lanes has you covered. Party packages start at \$8 per person without bowling and \$10 with bowling.

For more information, call 841-2194.

Look what's coming to the Recreation Center: free movies! Call Seaview Lanes at 841-4293 to see what's playing.

Special fitness activities

(Gym 109, 841-3154)

- Portion Distortion

Nutrition Information on Wednesday, Dec. 14 at Gym 109.

Did you know the average portion size has grown over the past 20 years? Sometimes the plate arrives and there's enough food for two or even three people on it. Stop by Gym 109 and see informational display about proper serving and portion sizes. For more information, call 841-3154.

• **Navy Operational Fitness & Fueling Series (NOFFS) Newport** has a certified NOFFS instructor on staff for all Command Fitness Leaders (CFL). This new Navy-wide training was designed specifically to address the needs of physical training with various challenges such as confined spaces, nutritional choices and functional fit-

LEISURE, Page 14

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Leisure

Continued from Page 13

ness for on the job tasks. NOFFS is specifically for CFL's to bring to the commands for an effective year-round physical training program. Command Fitness Leaders, please contact the MWR Fitness Coordinator, Christina Savoie at Christina.savoie@navy.mil to set up your training session for NOFFS.

• **Body-Wise Therapeutic Massage** offers a variety of services at Gym 109. Choose from Swedish relaxation massage, sports massage, trigger-tender point therapy, or deep tissue massage. Techniques may be combined to best suit your needs. A one-hour massage costs \$65, and a 30-minute session is \$35. All appointments are held at Gym 109.

For more information on how massage therapy can help you or to make appointment, call Body-Wise at 862-9043.

• **All-Navy Sports Program** is available for service members. Do you have what it takes to play for the best the armed forces have to offer? Interested in participating on an All-Navy team? Contact the MWR Sports Coordinator at Gym 109 at 841-7355.

• **Martial arts instruction:** OKS-USA Martial Arts

offers Matsubayashi Shorin-Ryu.

Classes will be offered for adults, preschool, youth (ages 6 through 12), teens and family.

Fees are as follows: preschool, \$75 per month; youth, teen and adult, \$85 per month; two family members, \$125 a month; or three or more family members, \$150 per month. There are no limits as to how many classes you may take per month. For more information, call Gym 109 at 841-3154.

Liberty Center

(Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.; Saturday, noon to 10 p.m.; Sunday, noon to 8 p.m.; and holidays noon to 6 p.m.

The Liberty Center has eight computers and wireless Internet access, so bring your own laptop and log on anywhere in the building. Check out the billiards, foosball and ping-pong tables, three flat screen televisions for Xbox, Xbox 360,

PlayStation 2, PlayStation 3 and Wii video systems, a TV lounge and dining area. There is a movie room where free movies from the

Navy Motion Picture Service are shown - see movies six weeks before they're out on DVD!

December events

Tonight — Texas Hold'em Tournament, prizes, 6 p.m.

Dec. 10 — Paintball Trip, sign up early!

Dec. 11 — MLB The Show Tournament, prizes, 6 p.m. NFL Sunday Ticket! Providence Place Mall Shuttle for Liberty patrons, sign up early!

Dec. 12 — Ping-Pong Tournament with prizes, 6 p.m.

Dec. 13 — Wii Sports Tournament, prizes, 6 p.m.

Dec. 14 — Billiards Tournament, prizes, 6 p.m.

Dec. 15 — Free gift wrapping for Liberty patrons.

Dec. 16 — Texas Hold'em Tournament, prizes, 6 p.m.

Dec. 17 — Free Cookie Day, while they last!

Dec. 18 — MLB The Show Tournament, prizes, 6 p.m. NFL Sunday Ticket!

Dec. 19 — Ping-Pong Tournament with prizes, 6 p.m.

Dec. 20 — Wii Sports Tournament, prizes, 6 p.m.

Dec. 21 — Billiards Tournament, prizes, 6 p.m.

Dec. 22 — Free gift wrapping for Liberty patrons.

Dec. 23 — Texas Hold'em Tournament, prizes, 6 p.m.

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Naval Station Newport Dining

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 Monday through Thursday, 11 a.m. to 9 p.m.
 Friday, 11 a.m. to 10 p.m.
 Saturday, 4 to 10 p.m.
 Sunday, Noon to 8 p.m.

Enlisted Club, Building 656, 841-2575
 Monday through Thursday, 11 a.m. to 9 p.m.
 Friday, 11 a.m. to 10 p.m.
 Saturday, 4 to 11 p.m.
 Sunday, 1 to 8 p.m.
 and Holidays, Noon to 6 p.m.

Seaview Lanes Bowling Center Building 656, 841-4293
 Monday through Thursday, 11 a.m. to 8 p.m.
 Friday, 11 a.m. to 10 p.m.
 Saturday, 1 to 11 p.m.
 Sunday, 1 to 8 p.m.
 and Holidays, noon to 6 p.m.

America's Cup Café, Building 684, 841-3420
 Monday through Friday, 6:30 a.m. to 2 p.m.
 Closed on weekends and federal holidays.

Leisure Bay, Building 1255, 841-2088
 Monday through Friday, 9 a.m. to 8 p.m.
 (drive thru window is open 6:30 a.m. to 8 p.m.)
 Weekends and holidays, 8 a.m. to 6 p.m.

Hewitt Hall Café, 841-4655 (NWC personnel only)
 Monday through Thursday, 6:30 a.m. to 3 p.m.
 Friday 6:30 a.m. to 2 p.m.
 Closed on federal holidays.

Holiday Family Fun Nights at Gym 109

**Friday, December 9
4 to 8 p.m.**

**Saturday, December 10
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BEFORE

If a picture is worth a thousand words, I really don't need to say anything, simply look at my Before and After photos. I have always fought my weight and after two children found myself heavier then ever. When my youngest son turned four I really couldn't blame my weight on baby fat anymore. I decided once and for all to take charge and do something about it. An advertisement came in the mail for Get In Shape for Women, I visited the studio, made a commitment of time and effort and never looked back. What are the numbers? I've dropped more than 50 pounds, am now a size 2 (I was barely squeezing into a 14 when I joined) and weigh 20 pounds less than I did the day I graduated from High School. In all honesty, I could not have done it alone. At In Shape, I found all the support I needed, personalized exercise routines and nutritional guidance, motivation, accountability, it's all there in one place. From the bottom of my heart, I thank them for helping me literally transform myself.

Carol Dlugy, Age: 49



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Photocopying of CAC, military ID cards prohibited

By MC1 M. HILLEY

Commander, Navy Installations
Command Public Affairs

WASHINGTON (NNS) — Commander, Navy Installations Command reminds all personnel that the photocopying of military identification cards and common access cards (CAC) is strictly prohibited.

There have been recent incidents reported of commercial establishments photocopying U.S. government identification to veri-

fy military affiliation or provide government rates for service. These incidents are a violation of *Title 18, U.S. Code, Part I, Chapter 33, Section 701* and are punishable by fine and/or imprisonment.

Although commercial establishments may request to see military/government identification, they may not photocopy or duplicate it in any way. Many military personnel and commercial establish-

‘The only exception is military and civilian medical providers may make copies as proof of insurance to provide health care for DoD beneficiaries.’

ments are unaware of the prohibition and the reasons it exists, which results in this being a fairly common practice.

The only exception to this policy, covered in *DOD Instruction 1000.13, Section 6.1.7*, is that civilian and

military medical providers are authorized to photocopy military ID as proof of insurance for the purposes of providing medical care to DoD beneficiaries.

Because of the access the cards grant, criminal elements and terrorist organi-

zations place obtaining U.S. government identifications at a premium when planning acts against the U.S. military. If a copied military or government identification fell into the wrong hands, it could spell disaster for the Armed Forces and the nation.

Unfortunately, there are no safeguards in place to prevent a counterfeit military/government identification card from being produced based on a photo-

copy provided to a commercial establishment. For this reason, personnel are requested to remain vigilant in ensuring they do not allow anyone to photocopy their identification cards.

CNIC recommends that all personnel, both military and civilian, provide a state driver's license or other form of photo identification to be photocopied when there is a request for such information by a commercial establishment.

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Attack

Continued from Page 2

According to Churchwell, African-American Sailors were only allowed to serve as stewards in the mess halls ashore and in the wardrooms aboard ships.

"The Navy was very discriminatory at the time," he said. "You could choose to do something or not do anything. I decided to make something of my job in the Navy."

Churchwell is a plankowner of USS Seminole having been part of her commissioning crew in 1941. Seminole was built at Staten Island, N.Y.

Following an East Coast shakedown cruise, she was transferred to the Pacific. He served aboard Seminole

until Oct. 25, 1942. On that date Seminole was delivering aviation gasoline, munitions, four Howitzers and 100 Marines returning to the frontlines on Guadalcanal.

Before the ship could return to the safety of Tula-gi Harbor, she was fired upon and sunk by Japanese destroyers. Churchwell was among three crewmembers who suffered wounds in the attack. After Seminole, he served aboard cruisers.

Upon retiring from the Navy in 1967, he became an inspector in food services for the Bureau of Naval Personnel. He has visited Pearl Harbor many times.

Churchwell's wife, Helen,

who died in 1995, led an effort to research her husband's military records to determine if his injuries suffered during Seminole's sinking qualified him for

the Purple Heart award. In 2000 former R.I. Congressman Patrick Kennedy presented Churchwell with the Purple Heart.

SEA Blended Class to graduate today

The Senior Enlisted Academy Blended Class 43 at Naval Station Newport will graduate 13 students today at 9 a.m. in Leadership Hall (Perry Hall).

The graduates are:

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EOCS Corey Cain

UCCM James Cochran
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Meyer

Continued from Page 3

West. The two are collaborating on a book, due out next summer, about the events of Sept. 8, 2009.

On that day, Meyer, with the considerable help from fellow Marine Staff Sgt. Juan Rodriguez-Chavez, made repeated trips into the kill zone in Ganjal in an effort to rescue four members of his team who had been pinned down in the initial ambush. After four attempts to reach the team by vehicle — which resulted in more than 30 other Americans and Afghans being able to escape — Meyer went in on foot, found the dead members of his team and carried their bodies out of the line of fire.

During an interview recently, Meyer said that he was regularly part of a four-man team with three of the Americans killed that day. He was replaced with a fourth that morning before the combined American-Afghan force headed to Ganjal.

"It should have been me," Meyer said of the four who died in the battle. "It's black and white. I basically failed my whole team. You either

get them out alive or you die trying. And if you didn't die, you weren't trying hard enough.

"You either win or lose. That's how it is in life."

Meyer rejects the notion that braving incessant fire on five trips into a battlefield, helping save more than 30 men, carrying the bodies of four fallen comrades out of the kill zone and emerging with only a minor shrapnel wound to his arm was a success.

"I failed. I'm a failure," Meyer said. "But I'm willing to face it. I don't rationalize it. I know I'm a failure."

Meyer credits his father, a Kentucky farmer, with his ability to compartmentalize the feelings of failure without letting them eat his insides out.

"I just face it. I can accept it. I can't change it," he said.

Meyer was honorably discharged from the Marine Corps in 2010 after serving his four-year hitch. Since getting out, he has worked for several defense contractors and now is a military consultant for Maxim magazine.

Meyer said he met West

when the Newporter visited Afghanistan shortly after the Battle of Ganjal.

"He's been kind of like a dad to me. Anytime I have a question, I call him," Meyer said. "He's been my mentor since I got out. You won't find a more humble or more sincere man than Bing West."

West included a chapter in his most recent book — *The Wrong War: Grit, Strategy and the Way Out of Afghanistan* — about the battle and labeled Meyer's actions in the Battle of Ganjal the true definition of heroism.

"For a man to charge into fire once requires grit that is instinctive in few men; to do so a second time, now knowing what awaits you, requires inner resolve beyond instinct; to repeat a third time is courage above and beyond any call of duty to go a fourth time is to know you will die; to go a fifth time is beyond comprehension," West wrote.

Article by Joe Baker, courtesy *The Newport Daily News*

Voboril

Continued from Page 3

He led the NAVSTA team to have the new \$15.5 million Weenachasett replacement bridge named in honor of Lt. j.g. Francis L. Toner IV last March, and was joined by many members of the Toner family in this tribute to the young man's selfless service to his nation.

Other highlights of Capt. Voboril's command tour include his leadership in organizing the necessary support to bring the issue of education for military children to the forefront of the R.I. Legislature.

This initiative, spearheaded by Capt. Voboril, resulted in Rhode Island joining the Interstate Compact on Educational Opportunity for Military Children in June 2010.

"He was key in getting this legislature through the R.I. Statehouse in record time," said state Sen. Louis DiPalma of Middletown.

Capt. Voboril welcomed the opportunity to engage with the community as well as R.I. leaders. He officially kicked off the Environmental Assessment (EA) for the development of wind energy facilities for NAVSTA last December followed up by a public meeting held at Middletown High School in January. Since that initial public meeting, Capt. Voboril has met with many smaller groups to address their concerns on this project that is critical to Newport's ability to reduce operating

costs and meet the SECNAV Energy Efficiency goals (the EA is ongoing and no definite plans for the way ahead have been formed pending the results due out in spring, 2012).

As with any job, however, it is not always work, work, work... Capt. Voboril also had his share of good times as the installation CO including welcoming Little Big Town to the stage last September to record crowds gathered for the annual Salute to Summer Concert.

He initiated a deer bow hunting program on the abandoned tank farms (although he never did get a buck, it was not for lack of trying); and he was the face

of Naval Station Newport at many Navy League and other community functions around the island and the state.

When asked about the highlights of his career, Voboril was quick to answer, "The number one highlight is the people I have had a chance to work with over the years. I've met some fantastic officers, enlisted and civilians."

Capt. Voboril, his wife and sons have no definite plans for the future and will remain in the area through the holidays.

The staff of Naval Station Newport join together in wishing them all *Fair Winds & Following Seas*.

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Lisa Rama/U.S. Navy photo

Maj. Mike Bodell, left, Security Operations Officer, provides information to members of the incident command team plans and operations section during the recent Blizzard Exercise held in the Naval Station Newport Emergency Operations Center this week.

NAVSTA Blizzard 'Ex' tests new Emergency Ops Center

By **LISA W. RAMA**
NAVSTA Public Affairs Officer

The automated messages went to phones and personal computers at work stations across Naval Station Newport on Monday:

"EXERCISE EXERCISE EXERCISE"

"Based on heavy snow and winds the Commanding Officer has directed the base open to essential personnel only. Travel on base remains very difficult. Please report any issues to the Base CDO at (860)319-7870"

EXERCISE EXERCISE EXERCISE"

NAVSTA Newport Emergency Management officer Steve Moore was as nervous as an expectant father as the Incident Management Team gathered inside the renovated basement of Perry Hall to conduct the first exercise inside the new Emergency Management Center (EOC).

The room is the new

command hub in the event of an incident or exercise that calls for the commanding officer to activate the EOC.

The center replaces the Conference Room in Building 690 and is equipped with separate telephone lines, computer access hubs and after a few more pieces of equipment are installed, will greatly improve the flow of communication necessary to coordinate responses and support under urgent conditions.

Last May, Public Works began tearing down walls to combine two rooms in Perry Hall, and in conjunction with information technology personnel, began consolidating existing communication equipment and cleaning up ancient infrastructure.

Lt. j.g. Aaron Kotlarz, NAVFAC Midlant Public Works, Newport, said the renovations linked communications equipment to the

building's emergency generator, providing for uninterrupted communications during power outages such as this past summer's tropical storm Irene.

Monday's exercise was the final training exercise overseen by Capt. Joseph Voboril. The prospective commanding officer, Capt. Doug Mikatarian, observed operations.

The exercise scenario called for a severe snowstorm hitting the Northeast, forcing the installation to close to all but mission essential personnel.

NAVSTA Public Affairs Office loaded exercise messages onto the installation Facebook page throughout the drill. In the event of a real incident or storm, Public Affairs will use the site as a primary method of communicating.

All hands are urged to become Facebook fans, if not so already. Go to www.facebook.com/NAVSTANewport and join now.

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