



*The Newport*

VOL. 112 NO. 37 SEPTEMBER 21, 2012



# Navalog

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



MC1 Eric Deitrich/U.S. Navy photo

Fourteen chief petty officer selectees sing 'Anchors Aweigh' on stage during the Chief Petty Officer Pinning Ceremony at Kay Hall, Naval Station Newport, last Friday afternoon. The E6 first class petty officers were advanced to E7 during the program attended by family members, friends and sponsors. Story, more pictures, Pages 8-9.



## State honors fallen heroes

Rhode Island holds a Garden of Heroes ceremony last Saturday in Providence to honor two servicemen who made the ultimate sacrifice in the war on terror.

- Page 2



## Sailing teams go for the gold

The Rhode Island Special Olympics Sailing Regatta draws teams from three states for competition in Narragansett Bay, with support from the Surface Warfare Officers School.

- Page 3



## Thanks paid to ombudsmen

Commanding officers from Naval Station Newport and tenant commands attend the annual Ombudsman Appreciation Luncheon at the Officers' Club.

- Page 4

# Rhode Island adds names of two more to Garden of Honor

BY LISA RAMA  
NAVSTA Public Affairs Officer

PROVIDENCE – The late Marine Corps Lance Cpl. Abraham Tarwoe's name is now engraved in stone at the bottom of the Garden of Heroes Memorial. He and the late Sgt. Dennis P. Weichel Jr., R.I. Army National Guard, were the 26<sup>th</sup> and 27<sup>th</sup> names added to the memorial that sits in a garden on the southwestern side of the Rhode Island State House.

The garden is dedicated to R.I. service-members who died during operations in support of the Global War on Terrorism since Sept. 11, 2001. Several hundred gathered near the garden last Saturday to pay tribute to the memories of the two fallen Rhode Islanders.

"They have earned an honored place in our history and a special place in our hearts," said Lt. Gov. Elizabeth Roberts during her welcome remarks to the

audience which included family members and friends of Tarwoe and Weichel, Gold Star families, members of the R.I. Patriot Guard riders, elected officials past and present, and proud citizens.

"We remain mindful of the price a free nation must pay," said Maj. Gen. Kevin McBride, Adjutant General and Commanding General, R.I. National Guard. "This monument not only honors these heroes and the memory of those 25 who have preceded them, but pays tribute to all who have served. We will always honor their service."

This is the seventh year since its dedication that there has been a ceremony held at the garden. In addition to formal remarks portion of the event held under the tent and the unveiling of the stone, each of the families was presented a framed print of the garden area by

**HONOR, Page 14**



Lisa Rama/U.S. Navy photo

**Avant J. Kar, son of Lance Cpl. Abraham Tarwoe, USMC, stands alongside Staff Sgt. Jean Phanord at the Marine Corps stone adjacent to the Garden of Heroes monument during ceremonies last Saturday in Providence. Kar's father's name was added to the memorial stone that pays tribute to all Rhode Island servicemen and women killed in the war on terror.**

# Housing Centers can solve issues with PCS landlord

From Commander, Naval Installations Command

WASHINGTON (NNS) — As many service members and their families are aware, Navy Housing Service Centers are a resource to help them find on and off-base housing when they are moving to their next duty station.

HSCs offer issue resolution services to all Sailors and their families, whether they live on-base, in privatized military housing or out in the community. All HSC services are provided free of charge.

In a recent blog by Vice Adm. Bill French, Commander, Navy Installations Command, he stated, "As a Navy leader - and someone who lives in Navy housing - I am committed to ensuring service members and their families have suitable, affordable and safe housing. Recent events pertaining to mold in Navy barracks, and government owned and family privatized housing, indicate a need to more clearly communicate assistance available on all issues, but particularly when pertaining

to health or safety issues."

"This is a personal issue for me. I am determined to ensure we are providing the very best housing throughout the fleet - but I also need your help. If you help me by reporting your housing issues, we can help ensure you maintain a house or barracks room that you can feel proud to say is your home," French added.

"The HSC is prepared to serve as the Sailor's advocate when housing maintenance, health or safety issues arise. For families living in family privatized housing, we can also assist as an independent facilitator to help you and your landlord communicate when there is an issue and assist with coming to a resolution on a dispute," said Corky Vazquez, CNIC N93 Housing Program Manager.

Service members and their families can contact Navy Housing and find information through its active social media sites: *Facebook* — [www.facebook.com/NavyHousing](http://www.facebook.com/NavyHousing); *Twitter* — [www.twitter.com/NavyHousing](http://www.twitter.com/NavyHousing); or *YouTube* — [www.youtube.com/NavyHousing](http://www.youtube.com/NavyHousing).

**WE SERVICE ALL MAKES & ALL MODELS**

**FLOOD**  
FORD LINCOLN

Our Award Winning Service includes  
**FREE SHUTTLE.**  
We'll drop you off and pick you up at your work!

Call 401-515-2737 or schedule online  
[floodfordlincolnri.com](http://floodfordlincolnri.com)

21 Woodruff Avenue | Narragansett, Rhode Island  
Service: 401-515-2737 | Sales: 401-515-2700

## Firehouse Pizza

Hours: Open 7 days a week  
Sun-Thurs 12-9, Fri & Sat 12-11

595 Thames St.  
(401) 846-1199

## HERE TODAY...



**GONE TOMORROW!**

**SELL IT FAST IN Southern RI's Largest Classified Marketplace**

**849-3300**

## Navalog

**Capt. Douglas Mikatarian**  
Commanding Officer, Naval Station Newport

**Lisa Rama**  
NAVSTA Public Affairs Officer

**Greg Kohlweiss**  
NAVSTA Public Affairs Staff

**Bob Krekorian**  
NAVSTA Public Affairs Staff

**Richard Alexander**  
NAVALOG Editor

The Newport Navalog is published weekly by Edward A. Sherman Publishing Co., a private firm in no way connected with the U.S. Navy, under exclusive written contract with the Naval Station Newport.

The Editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Station, Newport, R.I. The Newport Navalog reserves the right to edit or correct copy to comply with its policies. This publication receives dispatches from the American Forces Press Service (AFPS).

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense or Edward A. Sherman Publishing Co. of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of the equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

The Newport Navalog is printed on recycled paper.

**LET THE GAMES BEGIN-** Rhode Island Salty Dawgs crewman Mike St. Ours, assisted by Mitch Kriner, SORI volunteer, right, lights the torch at Dewey Field, Naval Station Newport, last Saturday morning to launch the two-day Special Olympics Rhode Island Regatta in Narragansett Bay. Looking on are Salty Dawgs teammates Bob Bradford, left, and Andrew Palumbo.

Jon Dillworth/MWR photos



# Special Olympians set sail for the gold

BY MICHELLE BURGESS

Special Olympics Rhode Island Director of Sailing

Beautiful and delightfully windy Newport weather was the setting for the 17th annual Special Olympics Rhode Island (SORI) Sailing Regatta last weekend north of the Pell Bridge in Narragansett Bay.

The regatta was hosted by the Surface Warfare Officers School Command (SWOSCOLCOM) at Naval Station Newport, and drew 19 teams from three states. They mustered at the NAVSTA Marina to sail the Morale, Welfare and Recreation Department's Rhodes 19 fleet in nine highly competitive races.

The Rhode Island Salty Dawgs capped off their season by winning three gold, two silver and three bronze medals.

Unified teams, consisting of two Special Olympians and two skilled sailing partners, from Rhode Island, Massachusetts and Connecticut sailed in three levels of competition depending upon the athletes' abilities. This was the first year the Salty Dawgs entered a Level 3 Team, led by skipper Carla Sweeney, safety Kristin Matteson, helmsmen Mary-Ellen Powers, main sheet control Ian Shepherd, and jib control Kelsey Kriner. Upon announcing their bronze medal finish, SORI Sailing Coordinator Michelle Burgess said, "I could not possibly be any more proud of this team!"

The opening ceremonies were emceed by Chief Operations Specialist (SW) Jonathan Hodgson, SWOSCOLCOM, the military volunteer coordinator. The program began with the Parade of Athletes led by a Marine Corps honor guard.

The Special Olympics torch was brought in by Rhode Island Salty Dawgs teammates Bob Bradford and Andrew Palumbo, and the torch was lit by Salty Dawg Mike St. Ours with the help of SORI

Volunteer Mitch Kriner.

The Special Olympics Oath, "Let me win, but if I cannot win, let me be brave in the attempt," was led by R.I. athlete Maegen Miller.

Capt. Richard A. Brown, Commanding Officer, SWOSCOLCOM welcomed the teams with his rousing opening address. Regatta honorary chairman Walter Szydal, retired MWR Marina manager, received an award for his years of dedication to the SORI sailing program and declared the games open.

Three races were held in each heat, with all teams jockeying for position to form seven divisions for Sunday's medal rounds.

To celebrate Saturday's success, an Awesome 80s dinner/dance was held at the McMacken Center at Fort Adams, courtesy of Balfour Beatty community housing.

The medal ceremony was held on Sunday with NAPS volunteers presenting the awards. After all teams proudly accepted their medals, SORI Sailing Program founder, Casey Kirwin declared the games closed.

"The SORI sailing program would not be possible without the amazing volunteers' dedication to the program," Burgess said.



**Capt. Richard A. Brown, commanding officer of the Surface Warfare Officers School, offers welcoming remarks to the athletes and family members before the Regatta gets underway.**



**Maegen Miller leads the athletes in reciting the Olympic Oath pledging fair competition and camaraderie. Participating in opening ceremonies are Chief Operations Specialist Hodgson, right, a SWOS instructor; and Lt. Matthew Westcott, USNR.**



**The Rhode Island Salty Dawgs Level 3 team, in Boat 3, gains on another boat north of the Pell Bridge offshore from Coasters' Harbor Island. Teams from Rhode Island, Massachusetts and Connecticut sailed in three levels of competition depending on the athletes' abilities.**

## Bravo zulu

# Commands salute their ombudsmen

By Commander, Navy Installations Command Public Affairs

WASHINGTON (NNS) — Commands throughout the U.S. Navy recognized their ombudsmen and the 42 years of service supporting the Navy and Navy families Sept. 14.

Thousands of individuals volunteer their time, talents and energy to making a difference in the lives of Navy families. The volunteers help during all phases of deployment, disasters or crisis.

They are also there to assist with the everyday questions and challenges facing Navy families.

(At Naval Station Newport, an Ombudsman

Appreciation Luncheon was held at the Officers' Club last Thursday.)

"I am proud to be associated with the extraordinary people volunteering as ombudsmen and prouder still of their service at this critical time in our nation's history," said Monika French, Chief of Naval Operations (CNO) ombudsman-at-large. "We owe it to all our Navy families to continue supporting the Ombudsman Program."

The Ombudsman Program was introduced to the Navy on Sept. 14, 1970, by CNO Adm. Elmo Zumwalt, in Z-gram 24, as a means to address issues and concerns that are unique to Navy families. While the date is



Kelly Conner/MWR photo

Naval Station Newport's annual Ombudsman Appreciation Luncheon, to honor the dedication and commitment of the command ombudsmen at NAVSTA and the support received by their commanding officer, was held Sept. 13 at the Officers' Club. From left, front row, are Marilyn Haumer, Command Leadership School; Morgan Zubof, Navy Operational Support Center, Newport; Michelle Faulkner, Surface Warfare Officers School Command; Jalyn Deitrick, Naval Academy Preparatory School; Sarah Yineman, Naval Undersea Warfare Center Division Newport; Betsy Stebbins, Navy Supply Corps School; Jamie German, Naval Station Newport; Nicki McMasters, Naval Health Clinic New England, Newport. Left to right, back row, Capt. Michael J. Slotsky, CO, CLS; CDR Andrew Wood, CO, NOSC, Newport; Capt. Richard A. Brown, CO, SWOS; Capt. Jim Cunha, CO, NAPS; Cmdr. Charles Maher, Chief of Staff, NUWC Division Newport; Capt. Mark Pimpo, CO, NSCS; Capt. Douglas W. Mikatarian, CO, NAVSTA; and Capt. Lena Hartzell, XO, NHCNE, Newport

significant to the history of the program, commands are encouraged to celebrate the event at any time deemed appropriate during the month of September. Most ombudsmen are the

OMBUDMAN, Page 14

**Firehouse  
Pizza**

Sun-Thurs 12-9 • Fri-Sat 12-11  
595 Thames St.  
(401) 846-1199



**ORANGE CAB**

**841-0030**

ON BASE PICKUP & DROP-OFF

RISTORANTE

**PUERINI'S**

*Specialita Italiana*

Serving award-winning Italian dinners for over 30 years

**BYOB Nights Return**

Sunday, Monday, Tuesday, Wednesday & Thursday

(wine + beer only - no corking fee - full wine list also available)

credit cards | reservations | open 7 nights a week



24 Memorial Blvd. West | 401-847-5506 | PuerinisRestaurant.com

# JIMMY'S SALOON

**Mon: 1/2 PRICE  
APPETIZERS**

**Tues: 25¢ WINGS**

**Wed: 1/2 PRICE PIZZA**

**Thur: NEWPORT STORM POOL  
TOURNAMENT**

Call 846-5121 on Thurs. to sign up

**Fri: FREE BBQ 5-7pm  
Karaoke 9-1 am**

**Sat: PUNKY REGGAE  
PARTY**

Starts 9/29 at 9pm

**Sun: NFL  
SUNDAY TICKET**

Every Game. Every Sunday.

**25¢ WINGS**



HOME OF THE  
**MYSTERY SHOT**

**CHECK OUT OUR NEW  
BBQ MENU!**

Newly renovated function room  
available for Private Parties. No Room Fee!

Find us on  
Facebook

**JIMMY'S NEWPORT**

**37 MEMORIAL BLVD, NEWPORT 846-5121**

## Bravo zulu



MCCS Joel Huval/U.S. Navy photo

**Capt. Dana Weiner, commanding officer, Center for Service Support, and Rear Adm. (sel.) Cynthia Thebaud, Naval Education and Training Command's chief operating officer, unveil the Learning Center Training Excellence 'T' Award CSS recently earned, during Thebaud's familiarization tour of CSS Headquarters last Thursday onboard Naval Station Newport.**

# Got a story for us?

Call 849-3300 Ext. 254

or e-mail

**News@NewportRI.com**



## Good doctors. Good service. Good TRICARE® choice.



Choose a local civilian doctor from our huge provider network.

- ★ = Hospitals
- = Primary Care Physicians

Choosing a local civilian doctor who makes sure you get the care you need makes US Family Health Plan an easy TRICARE choice for active-duty families. **It's free:** No co-pays (except for prescriptions). **It's simple:** no paperwork, no problems getting referrals. It's one of the nation's top-rated health plans for patient satisfaction and you can switch to us anytime.

Visit [usfamilyhealth.org](http://usfamilyhealth.org) or call 1-888-815-5510 for assistance.



A great TRICARE choice for military families

**INFORMAL Q&A SESSIONS:** For upcoming Q&A sessions or a complete list of primary care physicians near you, visit [usfamilyhealth.org](http://usfamilyhealth.org)



## Let's us help focus on problem-solving

**EDITOR'S NOTE:** Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283.

Learn the solution-focused approach to managing problems and concerns in the Fleet and Family Support Center's workshop, Focus on the Solution, Sept. 26 from 8 a.m. to noon.

Participants can learn the specific techniques which help clear away the clutter that can get in the way of our problem-solving efforts.

Other upcoming

workshops and seminars are:

Sept. 26—6 to 8 p.m. - Homebuyers Workshop

Sept. 27— 1 to 4 p.m. - Surviving Infidelity -

Oct. 1-5 — Transition Assistance Management Program (TAMP), 8 a.m. to 4 p.m.

Oct. 2 — New Spouse Orientation to the Military, 9:30 to 11:30 a.m.

Oct. 9 — Resumes That Work, 11:30 a.m. to 1 p.m.

Oct. 9 — Reading Your Credit Report, 2:30 to 4 p.m.

Oct. 11— Acing the Interview, 11:30 a.m. to 1 p.m.

## And the Balfour Beatty Housing Survey winners are...

Capt. Douglas Mikatarian, left, commanding officer, Naval Station Newport, picks the winners in the Balfour Beatty Communities annual Housing Survey drawing, Sept. 14, with Tom Maxfield, center, Balfour Beatty Communities community manager, Naval Station Newport; and Kristen Connor, right, Balfour Beatty Communities lifeworks coordinator/resident specialist, Naval Station Newport. The winners were Navy Lt. Michael McBride and April McBride, Surface Warfare Officers School, won a 42-inch Vizio HD Smart flat screen television; John Gunsett and Command Master Chief



Personnel Specialist tablet computer; and wine tasting and tour at Danielle Gunsett, Senior Seaman David Butler, Greenvale Vineyards. Enlisted Academy, Naval Health Clinic New England, a 10-person

Bob Krekorian/U.S. Navy photo

**THE DELI**  
NEWPORT'S ONLY  
TRUE DELICATESSEN

Mon-Sat 10am-6pm  
Sun 10am-3pm

Custom Cut Butcher Meats  
66 Broadway, Newport  
Parking in rear  
TheDeliNewport.com • 401.862.2222

**First Presbyterian Church**  
*We love the Lord Jesus Christ and believe in the authority of Scripture and the power of prayer.*

Sunday School for all ages at 9:15am  
Worship Service at 10:30am

Dr. William J. Maxwell, Pastor  
www.fpcnewport.org  
Broadway at Everett Street  
847-1749

A friendly place to grow in Christ and serve with joy!

**Newport's Favorite Sports Pub**  
If You Can't Be at the Game, There's No Better Place to Be

• Patriots • Bruins • Celtics • Red Sox • 8 LED TV's

Best Burgers and Nachos in Town  
22 Draft Beers & 28 Bottles

8 W. Marlborough, Newport • 401-619-4680  
Monday - Sunday 11:30am-1am

**BRICK ALLEY**  
PUB  
&  
RESTAURANT

Tickets now on sale  
for the  
Fall Wine Dinner  
Nov. 15  
BrickAlley.com

**DIVORCE**

**Flanagan Law Offices, LLC**  
Attorney Francis J. Flanagan  
Veteran Trial Lawyer • Navy JAG Veteran

Divorce • Child Custody  
Marital Estate Division/Protection  
Military Divorce • Pre-Nuptial Agreements  
Federal & State Criminal Defense  
Military Defense • Security Clearances  
DUI Defense • Private Investigative Services

401.849.3337

Now at the offices of  
Houlihan, Managhan, Morrissey & Kyle, Ltd.  
at Two Marlborough Street, Newport, Rhode Island 02840  
www.lawyernewportri.com

1 Location 2 Miles from Newport 3 Great Hotels

<p><b>Residence Inn by Marriott</b> 325 W. Main Rd., Middletown, RI 866.456.7835 / 401.845.2005 newportresidenceinn.com</p>	<p><b>Howard Johnson Inn</b> 351 W. Main Rd., Middletown, RI 800.654.2000 / 401.849.2000 newporthojo.com</p>	<p><b>Hampton Inn &amp; Suites</b> 317 W. Main Rd., Middletown, RI 800.426.7866 / 401.848.6555 newporthamptoninn.com</p>
---	--	--

ASK ABOUT OUR MILITARY AND GOVERNMENT RATES

## Announcements

### Road closures posted

Construction work to replace steam lines on Coddington Point will force road closures this week.

Meyerkord Avenue remains closed from Peary Street south to Easton Street, and around the Naval Academy Prep School gymnasium, until Oct. 15.

Meyerkord north of the intersection at Peary Street is also closed this week. Commissary patrons cannot exit at the south end of the parking lot at Meyerkord.

### Officers' Club closed Monday

The Officers' Club will be closed for regularly scheduled maintenance on Monday, Sept. 24. The club will re-open for normal business at 11 a.m. on Tuesday, Sept. 25.

For more information, call the O'Club at 841-1442.

### Hydrant flushing planned

Naval Station Newport's fall hydrant flushing schedule by the NAVFAC/Public Works Department will start Sept. 24 in the Ft. Adams housing area.

Flushing will occur between 7 p.m. and midnight to minimize potential impacts.

Housing residents should take the following precautions:

Check water clarity before cooking, drinking or doing laundry. Avoid washing clothes until later in the day. Those with hot water tanks are advised to avoid drawing hot water during flushing hours and until any discoloration has cleared.

The flushing schedule for September follows:

Sept. 25, Naval Health Clinic New England and Cloyne Court

Sept. 27, Coasters' Harbor Island

### ID Card Section restricted

The Naval Station (NAVSTA) Newport ID Card Section in Building 690 will service Officer Development School students only on Sept. 24-28 from 3 to 4 p.m. All walk-ins

must be completely processed by 3 p.m. and only customers that they can completely process prior to the class arrival will be helped.

Go to: <https://rapids-appointments.dmdc.osd.mil> to schedule an appointment or call 841-3021.

### MOAA monthly meeting

The Southeastern New England Chapter of the Military Officers Association of America will hold a monthly meeting at the Officers' Club Friday, Sept. 28, beginning at 11:30 a.m. followed by "Thank a Vet Buffet" of roast turkey at 12:15 p.m. Reservations requested by Sept. 24. For information, call (401) 783-0498.

### SNA Fall Golf Tournament

PORTSMOUTH — The Surface Navy Association (SNA) and Surface Warfare Officers School (SWOS) will host their annual SNA Fall Classic Golf Tournament at the Green Valley Country Club, Wednesday Oct. 3, 8:30 a.m.

The event is open to members of the military, civilians in the community and their families. The price for the event is \$75 per golfer and includes green fees, golf cart, a luncheon after golf and a chance to win great prizes. Email: [snanewportgolf@gmail.com](mailto:snanewportgolf@gmail.com) for more information and to register.

### MWR Golf Tournament slated

MIDDLETOWN — The Morale, Welfare and Recreation Department's annual fall Golf Tournament will be Thursday, Oct. 11, at Newport National Golf Club. Check-in at 7 a.m. with a shotgun start at 8 a.m.

The entry fee is \$50 per eligible patron (active duty personnel, retirees, eligible family members, reservists and DoD employees) and \$75 per guest. Price includes green fees, golf cart (course condition permitting) and food.

Register at Gym 109 or for more information, call Greg O'Shea at (401) 297-1563.

### Navy Ball ticket sales end

Tickets to the 237th anniversary Navy Birthday Ball at the Officers' Club are available through today at the MWR Information, Tickets and Travel Office or from command representatives. The Navy Ball coordinator is Master-at-Arms 1st Class (SW) Alicia Rodriguez at [Navyballcoordinator12@gmail.com](mailto:Navyballcoordinator12@gmail.com).

### You be the Jury!

The Naval Justice School (bldg 360 on Codington Point) is looking for individuals to serve as mock court-martial members (their equivalent to civilian jury members). Volunteers will have to sit and listen to the trial. It is a great experience for anyone who wants to see how the military justice system operates in action and it helps their students a great deal to have a jury they are unfamiliar with. Anyone with routine base access is welcomed to participate. The trials will be held October 1-3, from 7:30 a.m. to 2:30 p.m. (usually with a lunch break). There are 3 separate trials going on each of the three days. Members can volunteer for one trial, or multiple trials depending on your availability. Uniform for members would be Uniform of the Day (no need for full service dress) or equivalent appropriate attire for civilians. Interested personnel should contact Capt Jerry Harre, USMC at the Naval Justice School at 841-3800 x 167 or e-mail him at [jerry.m.harre@navy.mil](mailto:jerry.m.harre@navy.mil) for a questionnaire.

### Art Night to Feature NWC Professor

U.S. Naval War College Professor (NWC) Tom Culora will be one of two artists featured for this month's "ART Night" in Bristol and Warren,

on Thursday, Sept. 27, from 5 to 9 p.m. More information on "ART Night," including directions and parking information is available online at [www.artnightbristolwarren.org](http://www.artnightbristolwarren.org).



Sayer Regan & Thayer, LLP  
ATTORNEYS AND COUNSELLORS AT LAW

Charged with driving under the influence? *We can help.*

**24-hour DUI help line**  
**401-849-3040**

*Helping you meet  
challenges & seize  
opportunities*

130 Bellevue Ave,  
Newport, RI  
343 C Main St,  
Wakefield, RI

**SRT-Law.com**

## AQUIDNECK FARMS

**100% GRASS-FED BEEF & PASTURED POULTRY**  
[aquidneckfarms.com](http://aquidneckfarms.com)



Farm Store Hours, Fridays 1-5 • 333 Wapping Road  
Wednesday, Aquidneck Growers Market, Newport  
Saturday, Aquidneck Growers Market, Middletown

## L K IMAGE Salon & Spa



Join me for a Free Consultation  
on Hair, Skin and Make-up  
At Look Image Salon & Spa... *where we love walk-ins!*  
Now carrying milk\_shake hair products

999 West Main Road, Middletown, RI • 401-846-5665  
Visit us on Facebook [www.lookimagesalon.com](http://www.lookimagesalon.com)

*Mama's Boy*  
**MUSIC**

# GUITAR LESSONS AVAILABLE

Acoustic & Electric Guitars - Electric Bass Guitars  
Guitar and Bass Amplifiers - Effect Pedals & Accessories  
Instructional and Artist Music Books

Monday-Friday: 11am-5pm  
Saturday: 11am-3pm • Sunday: Closed

**510 East Main Rd**  
**Middletown, Rhode Island**  
**02842**  
**401.847.1788**

**[www.mamasboymusicri.com](http://www.mamasboymusicri.com)**



MC1 Eric Dietrich/U.S. Navy photos

Chief Operations Specialist Jonathan Hann, second from right, waits to have his combination cover put on him by his son during the Chief Petty Officer Pinning Ceremony last Friday at Kay Hall, Naval Station Newport. From left are his sponsor, Chief Cryptologic Technician (Technical) Christina Nestel, who holds his cover; wife Jasmine; three of his four children; and his father, Donald Hann.

## 14 new CPOs sport anchors

BY BOB KREKORIAN  
NAVSTA Public Affairs Staff

Fourteen first class petty officers each received their anchors and combination cover and became chief petty officers (CPO) in a pinning ceremony last Friday in Kay Hall at Naval Station Newport.

The pinning and capping ceremony before spouses, parents, children, friends, commanding officers, fellow chiefs, and sponsors, was the culmination of a six-week induction process at Naval Station Newport in which the chief-selectees participated in training events, were molded into a team, and subsequently earned membership into the Chief's Mess.

In welcoming remarks,

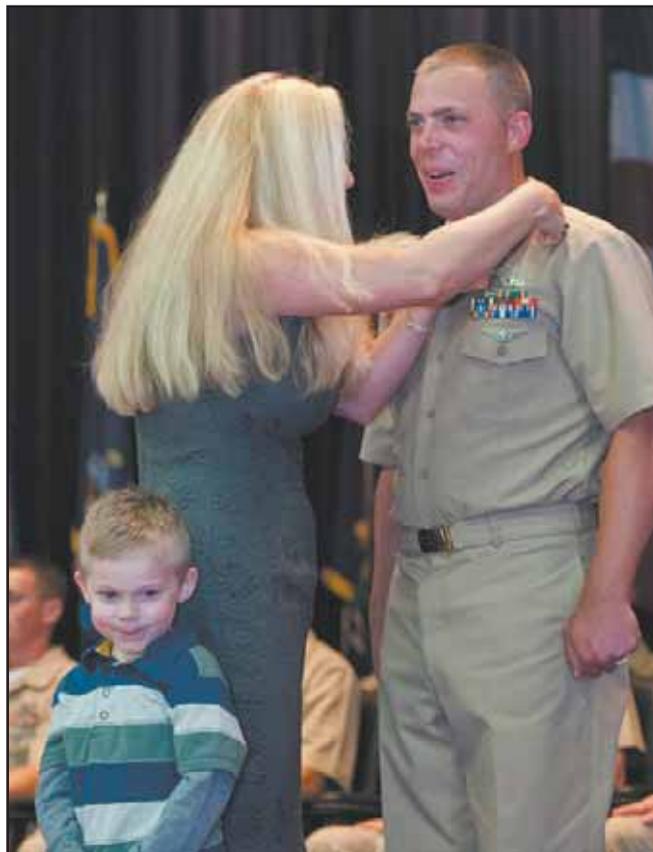
NAVSTA Command Master Chief Donald Ouellette described the CPO Class of 2012.

"These fourteen chief-selects are definitely the best of the best, the crème of the crop... handpicked," Ouellette said.

In January, members of the Class of 2012 were among some 47,500 first class petty officers worldwide who took the advancement exam for CPO. Then last April, 19,000 who took the CPO exam were declared selection board eligible by the Navy meaning they deserved a second look.

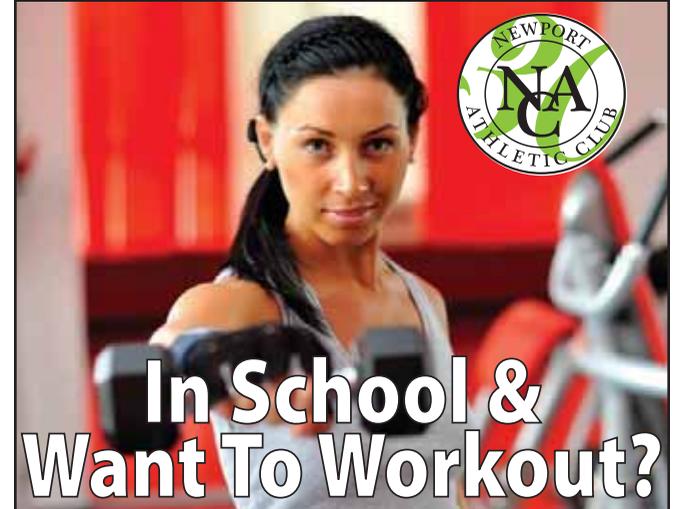
Last July, approximately 4,400 first class petty officers who tested for CPO were told by the Navy they

CPOs, Page 9



Chief Electrician's Mate Richard Pietruszka has his rank pinned on by his wife Marlene, while their son, mark, keeps his eyes on the audience.

www.newportathleticclub.com



# In School & Want To Workout?

## 13 to 25 for \$37

Limited Number Available!

- Young Adult Membership for those between 13 and 25 years old
- Full Club privileges
- No limits, no long term commitments
- Only \$37 per month!

66 Valley Road • Middletown, RI 02842

401.846.7723



The only restaurant and banquet facility located right on the beach in Newport

Serving Lunch and Dinner daily

**Award Winning Sunday Brunch from 10:30am to 2pm**

**LIVE MUSIC IN OUR LOUNGE:**

FRIDAY Mac Chrupcala Jazz Quartet  
SATURDAY Los Gatos  
SUNDAY Mac Chrupcala Jazz Quartet with special guest artists



55 Purgatory Road, Middletown • (401) 847-2750



Chief Navy Counselor Zeporah Dasher has her combination cover adjusted by her sponsor, Senior Chief Electrician's Mate Mechelle Washington. Looking on is Dasher's son, Henry, 18.

## CPOs

Continued From Page 8

were selected for promotion to CPO.

Ouellette praised the three CPOs from Officer Training Command who volunteered to take on the responsibility of overseeing the training events during the induction process on a daily basis, and who had the ability to lead the chief's season this year. They were Chief Aviation Structural Mechanic Adam Bowie, Chief Naval Air Crewman Hatler Riddle, and Chief Aviation Structural Mechanic Edgar Ruiz.

"You will forever be a direct reflection of their

leadership. Make them proud," Ouellette told the Class of 2012.

In his remarks, guest speaker Capt. Douglas Mikatarian, commanding officer, NAVSTA, congratulated the Chief-selects, their family members, and the Chief's Mess for contributing to a successful induction season.

Mikatarian recapped the experiences and relationships that he has had working with and listening to his chiefs.

"In a few moments, you will forever be the 'chief.' Be proud of that

accomplishment; be proud to wear the anchors; continue to do your best in everything you do; and be the chief every day that others want and strive to be," Mikatarian said.

Each member of the Class of 2012, their family members and CPO sponsors were called forward to the stage in Kay Hall for the pinning of the anchors and presentation of cover.

The ceremony was concluded with the Reading of the Frocking Letter and the Piping Aboard of the Navy's newest CPOs at Naval Station Newport.



Chief Fire Controlman Timothy Lawler is piped aboard. His wife, Kim, and sons, Jonathan and Avery, attended the ceremony.

**AQUIDNECK ISLAND  
SCOOTER/CYCLE REPAIR**



**Winter Storage \$12/week**  
RI Motorcycle Inspection Station  
Free Pick-up & Delivery  
401.619.2209

**The Newport  
Havurah**

*An Association  
of Reform Jews*

Please join us  
for our  
Rosh Hashanah,  
Yom Kippur and  
Sukkot services

Contact us at  
newporthavurah1@gmail.com



NEWPORT HISTORICAL SOCIETY

**EXPLORE HISTORIC NEWPORT**

**LAUNCH PARTY AT COLONY HOUSE**

September 21, 2012 at 9am

Celebrate the NHS's new web app *Explore Historic Newport*. Learn how to access this free mobile guidebook. Breakfast refreshments will be served.



**HISTORY DETECTIVES PREMIERE PARTY**

**AT JANE PICKENS THEATER**

October 9, 2012 at 8pm

**history  
detectives**

Join the NHS staff for the debut of a special episode of PBS's *History Detectives* that focuses on a Revolutionary War-era document from the Society's collections!

Please RSVP 401-841-8770. Free admission, donations welcome.



SCAN TO EXPLORE  
HISORIC NEWPORT!

NewportHistory.org  
Facebook.com/NewportHistory  
Twitter @NewportHistory



**FORCE  
NEWPORT  
CROSSFIT**

AQUIDNECK ISLAND'S ONLY  
CROSSFIT AFFILIATE

**MILITARY &  
STUDENT  
DISCOUNTS**

**WOD are you waiting for?**

Try a free introductory class today!

**NEW LOCATION**

**1341 West Main Road  
Unit 5 Middletown  
401-965-8945**

Scan for the Workout of the Day (WOD)

**Get in, get out  
GET CROSSFIT**

www.ForceCrossFit.com



# Personal contact information helps emergency notification

## WAAN system urges registration of cell, land line phone numbers

Are you ready to be notified in the event of an emergency or base closure?

A quick and easy sign up to the Wide Area Alert Notification (WAAN) system could save you in more ways than you can imagine.

Deployed by the Navy in 2008, the WAAN system provides Navy Installations (worldwide) with an effective and reliable mass notification system that can be used during a crisis to warn and direct affected personnel.

"As a civilian employee, I thought that my home phone or cell phone numbers were none of my command's business. And certainly they didn't need to know my kids' personal information," said Marcher Castell, at CNIC Headquarters. "Of course, that meant that they couldn't call me to tell me to evacuate, or include my children in the evacuation count. Heck, they couldn't even call me

to tell me something simple like the power being out in my building and not to drive all the way in to the office."

All military (active duty and Reserve), civil service, and contractor personnel with an NMCI or One Net user account are required to register their office email address and phone number, at minimum, in the WAAN. Registering personal emergency contact information also is strongly encouraged.

As Marcher discovered, the Navy can't alert you, if it cannot find you. Registration is not automatic, but by providing your personal contact information, you take advantage of the following benefits:

Registration enhances your safety and empowers you to react in times of crisis.

Registration ensures that real-time alerts provide information to you and your family on what to do and where to go in an emergency.

Registration allows you to find out about base closures due to weather or an emergency, before you show up.

Registration permits you to be notified when it is clear/safe to return to the

installation.

How to register for the AtHoc alert notification system (You need to be at your NMCI computer to proceed):

—NMCI/One Net users: Right-click on the purple globe icon (bottom right corner on desktop). You must have a purple globe to register. If you do not have a purple globe call the NMCI Helpdesk at (866) 843-6622

—Select "Access Self Service."

—Select the "My Info" tab and update your Last Name, First Name, and Display Name and save.

— Select the "Devices" tab and enter your work and personal contact information in the appropriate mandatory and optional device fields.

—SAVE.

— Update your profile any time you have a change.

For questions about the WAAN or support, contact the CNIC Support Center at 888-264-4255, DSN 942-6597 or [http://www.cnic.navy.mil/CNIC\\_HQ\\_Site/supportcenter/index.htm](http://www.cnic.navy.mil/CNIC_HQ_Site/supportcenter/index.htm). Locally contact [stephen.j.moore1@navy.mil](mailto:stephen.j.moore1@navy.mil) or call 841-3821

**Geeks to Go**  
FOR ALL YOUR  
COMPUTER NEEDS  
CALL 842-0208

**Firehouse**  
  
595 Thames (401) 846-1199

...meet me at  
**griswold's**  
tavern  
a great place to  
meet and eat  
kitchen's open from  
11:30-midnight  
every day  
lunch & dinner  
specials daily  
103 Bellevue Ave.  
Newport  
846-4660

**A-1**  
Car, Cab and Van  
841-0411  
On Base Pickup & Drop-off

**BUSKERS**  
  
**SERVING  
HIGH QUALITY  
FOOD AT  
AFFORDABLE  
PRICES**  
178 Thames Street  
Newport, RI  
401.846.5856  
[www.buskerspub.com](http://www.buskerspub.com)

  
**Benjamins**  
**FROM BOAT  
TO TABLE**  
Raw Bar Tuesdays  
\$1 Oysters 50¢ Clams  
\$1 Shrimp  
All Day Long  
Raw Bar Happy Hour  
\$1 Oysters 50¢ Clams  
7 Days a Week 12pm - 2pm  
Fresh Seafood Specials  
Always Changing  
Early Bird Specials  
**\$12.95**  
Prime Rib, Single Lobster and  
Grilled Swordfish  
4pm to 7pm Daily  
Breakfast, Lunch  
& Dinner Daily  
Serving Dinner til Midnight  
[benjaminsrawbar.com](http://benjaminsrawbar.com)  
254 Thames Street 846-8768

**POSTALL**  
**Professional Packing Services**  
1151 Aquidneck Ave., Middletown 580 Thames Street, Wellington Sq., Newport  
**847-7930 849-1177**

**efc** NEWPORT  
[www.efcnewport.com](http://www.efcnewport.com)  
70 Bliss Mine Rd. Middletown, RI  
401-847-1490  
Evangelical Friends Church is military friendly,  
Christ-Centered, and Bible believing Church.  
We offer the following opportunities for your family:  
➤ Contemporary worship services on Sundays  
at 9:00 & 10:45am.  
➤ Programs for your children and teens.

  
**Gas Lamp  
GRILLE**  
**EVERY PRO &  
COLLEGE GAME**  
**14 TVs**   
**FOOD & BEER SPECIALS**  
206 Thames St., Newport • 401.845.9300 • [gaslampgrille.com](http://gaslampgrille.com)

**NOREY'S** 156 Broadway  
**Live Music Wednesdays**  
September 19th: Marc Berger/"Ride"  
and Jeff Eyrich  
September 26th: Joe Fletcher  
October 3rd: Grace Pettis  
October 10th: Kevin Connolly Trio  
• Chef's famous \$11 Dinner Specials  
• 150+ Micro and Select Beers  
• Extensive Wine List  
• Music at 9 / Dinner all night  
Check out  
**thenewportbuzz**  
To get the latest!  
Need a lift? **newport**  **PEDICAB** (401) 432-5498

To advertise in the Mercury  
contact Caitlin at 849-3300 Ext.219  
or [Mercury@NewportRI.com](mailto:Mercury@NewportRI.com)

## Sports

# NAPS Rams stifle Bryant

SMITHFIELD — The Naval Academy Pep School football team got back on track last Saturday with an impressive 37-7 victory over the Bryant University junior varsity Bulldogs.

Although missing a total of seven starters, the defense came up huge with three interceptions by Jalen Boyd, Julian Turner and Cameron Bryant and allowed only 157 yards of total offense by Bryant.

The midshipman candidates' offense came out hot as well, scoring on both their second and third plays from scrimmage. Quarterback Kenneth Mouton was central to both of the early scores - first by firing a bullet to receiver Toneo Gulley for a 73 yard touchdown, and then by running the ball 58 yards for another TD. After the defense allowed the only Bulldogs touchdown of

the afternoon, the offense responded with a four minute, 12 play drive that ended with a 4-yard pass to Julian Turner in the end zone.

The Rams went into the halftime with a commanding 20-7 lead.

Navy's offense took the field to start off the second half and kept the momentum in its favor with an eight-play drive that ended with a 4-yard touchdown run by Myles Swain. The defense continued to dominate, with key performances by C.J. Williams, Brendon Clements and T.J. Waters.

The offense set up Daniel Grant-Johnson for a 28 yard field goal and eventually found the end zone one more time on a 4 yard touchdown run by Derek Mann.

Jeremiah Robbins, who made his first start at tackle, and Adam West battled it out in the trenches all afternoon

and were major factors in the impressive offensive performance.

The Rams traveled to Annapolis, Md., on Thursday to take on the Naval Academy junior varsity.

## Navy Prep women in soccer league

WICKFORD, R.I. — The Naval Academy Prep School women's soccer players Courtney Hook and Pauline Ovalle participated in their first Rhode Island Women's Soccer League game on Sept. 9 at Wilson Park here.

The midshipman candidates play for the Spinnakers who took on rival Team Chelsea.

Both teams scored twice and when time expired, the game was tied at 1-1.

The Spinnakers will play seven more games this season throughout the state.

# Harriers in Shriners Invitational

NORTH DARTMOUTH, Mass. — The Naval Academy Prep School men's and women's cross country teams traveled to the University of Massachusetts, Dartmouth, where they competed against more than 40 Division II and III colleges in the 40<sup>th</sup> annual Shriners Invitational cross country meet.

The NAPS men led off the completion in finishing 10<sup>th</sup> out of 16 teams in the men's sub-varsity race. Leading

the NAPsters was Alec Richardson who completed the 5-mile course in 26:41, finishing sixth out of 173 runners. He was followed by Roberto Swersky in 56<sup>th</sup> place in a time of 28:35. Rounding out the NAPS top five were Bleu Strong, Meng Long and Micah Gustafson.

On the women's side the two NAPS competitors each showed great improvement over their previous outing. Stephanie Simon led the

NAPS women finishing 85<sup>th</sup> out of 215 finishers in a time of 22:02 for the 3.17 mile course. She was followed by Marleigh Ragni who finished in a time of 22:46. Unfortunately with only two runners the NAPS women didn't have enough runners to score in the team competition.

NAPS harriers traveled to Lincoln on Thursday to compete against the Community College of Rhode Island.

# KARAOKE

- WEDNESDAY -



newportgrand.com 401-849-5000

# FOOTBALL CLUB

- SUNDAY -

food & drink specials

NAME  
THAT TUNE  
**TRIVIA**

PRIZES - PRIZES - PRIZES

**DJ ROBERT  
BLACK**

-THURSDAY-

## Jamestown Accountant and Mother of two loses 25 Pounds!



BEFORE

I lost 25 pounds and 5% body fat in 6 months! I was horrified when I saw myself in the pictures from our family trip to the Grand Canyon last April. Surely, it must be the camera - there was no way that I was that big! My clothes didn't fit anymore either but I told myself that they must have shrunk the last time I washed them. I couldn't be gaining weight, right? WRONG!!

I saw an ad for Get In Shape For Women and decided to give them a call. We set up an appointment for a free trial the next day. When I went in to the studio, I was given a tour and then we quickly got down to business. I could barely lift a 10 pound weight and I thought I was going to die on the treadmill. The worst part, though, was when I saw the number on the scale during the initial weigh-in. Surely that number was wrong!! Knowing deep down that scales don't lie, I decided right then and there that I was going to join Get In Shape For Women. That was, by far, the best decision I have ever made. I lost 12 pounds in the first month and quickly learned that my old exercise routine was not effective at all and my eating habits needed some big changes.

I love Get In Shape For Women! The staff is very knowledgeable about nutrition. The trainers are excellent - very supportive and encouraging. I love the fact that the workouts are appointments which can fit into any busy schedule. I'm in and out in one hour. I have lost a total of 25 pounds and 5% body fat in just six months and I feel terrific!

I strongly urge anyone who thinks that their clothes are shrinking or that the camera and scale are lying to give Get In Shape For Women a call and set up a free trial appointment. It will be the best thing you've ever done for yourself. I know it was for me. Thank you Get In Shape For Women!!

Beth Desvauz, 48, Accountant



AFTER



- ✓ As little as \$19 per session
- ✓ Personal Trainer
- ✓ Small Group (1-4 women)

- ✓ Weights, Cardio, Nutrition
- ✓ Accountability
- ✓ Free week trial

184 Bellevue Ave., Newport (Next to Talbots) • 401-848-4525

Call NOW to schedule your FREE TRIAL!  
1-401-848-4525

[www.getinshapeforwomen.com](http://www.getinshapeforwomen.com)

# ISLAND



Stay comfortable this Fall  
with new Men's and Women's  
outerwear from Patagonia.



86 Aquidneck Ave



Middletown R.I.

401.846.4421

## Leisure

### Recreation Center

(Building 656, 841-4293.  
Enter through Seaview Lanes)

**NFL Sunday Ticket only at the Recreation Center!**

The Recreation Center, Building 656, will be the only place on base to catch all the gridiron action! Watch the games in Seaview Lanes, Enlisted Club, Chief Petty Officers Club and Liberty Center (for eligible patrons only). There are beer and food specials, plus giveaways! For more information, call Seaview Lanes at 841-4293.

### Special fitness activities

(Gym 109, 841-3154)

The Morale, Welfare and Recreation Department's

annual fall Golf Tournament will be Thursday, Oct. 11, at Newport National Golf Club in Middletown. Check-in at 7 a.m. with a shotgun start at 8 a.m.

The fee is \$50 per eligible patron (active duty personnel, retirees, eligible family members, reservists and DoD employees) and \$75 per guest. Price includes green fees, golf cart (course condition permitting) and food. Full team payment is due upon registration and accepted at Gym 109, Monday through Friday from 8 a.m. to 4 p.m.

IDs will be checked at registration as well as tournament day and there will be door prizes.

Register at Gym 109 or for more information, call Greg at (401) 297-1563.

**Try the new Kettlebell & TRX Bootcamps.** Session 1 runs from Sept. 24 through Oct. 29 and Session 2 runs from Nov. 5 through Dec. 10.

Each boot camp runs six weeks and is limited to 14 patrons per session. Advance registration is required. In the Kettlebell Bootcamp, by Week 6, you will learn how to clean and press, and jerk and snatch, the kettlebell. In the TRX Bootcamp learn the basic squat and plank to the atomic push up by Week 6. For more information, call Gym 109 at 841-3154.

### Liberty Center

(Recreation Center Building 656, 841-3054)

Hours of operation are Monday to Thursday, 4 to 8 p.m.; Friday, 4 to 10 p.m.;

Saturday, noon to 10 p.m.; Sunday, noon to 8 p.m.; and holidays, noon to 6 p.m.

This facility is alcohol-free and is only open to active duty military personnel and reservists who are single or unaccompanied.

### September events

Tonight — Free movie on the lawn, beginning at 8 p.m.

Sept. 22 — New England Aquarium bus trip. Sign up in Liberty Center.

Sept. 23 — Texas Hold'em Tournament at 6 p.m.

Sept. 24 — Billiards Tournament at 6 p.m.

Sept. 25 — Movie Night with free popcorn.

Sept. 26 — Free pizza night, while it lasts.

Sept. 27 — Coupons for free shoe rental in bowling.

## MWR Recreation Hours

 SEPTMBER	SUN	MON	TUE	WED	THU	FRI	SAT
<b>GYM 109</b>	9 a.m.-4 p.m.	5 a.m.-9 p.m. HOLIDAYS 9-5	5 a.m.-9 p.m.	5 a.m.-9 p.m.	5 a.m.-9 p.m.	5 a.m.-7 p.m.	7 a.m.-5 p.m.
<b>POOL 307</b>	CLOSED	6-8 a.m., 10:30 a.m.- 1:30 p.m., 3-6 p.m., HOLIDAYS CLOSED	6-8 a.m., 10:30 a.m., -1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m., -1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m., -1:30 p.m., 3-6 p.m.	10:30 a.m.- 1:30 p.m., 3-6 p.m.	8 a.m.-1 p.m.
<b>BOWLING CENTER</b>	1-8 p.m.	11 a.m.-8 p.m. HOLIDAYS 12-6	11 a.m.-8 p.m.	11 a.m.-8 p.m.	11 a.m.-8 p.m.	11 a.m.-10 p.m.	1-11 p.m.
<b>LIBERTY CENTER</b>	12-8 p.m.	4-8 p.m. HOLIDAYS 12-6	4-8 p.m.	4-8 p.m.	4-8 p.m.	4-10 p.m.	12-10 p.m.

# Rene & Son

## Carpet, Tile and Flooring

Family Owned Since 1958

**Commercial Discounts with Fast Local Service**

180 Connell Highway, Newport

846-9720

www.reneandson.com

# The Corvettes

## DOO WOP REVUE



NEWPORT  
GRAND  
SLOTS

**Saturday, September 22**

9pm Tickets \$10/\$12 day of show

www.newportgrand.com  
or call 401-608-6777

High Rollers

# CAR & Bike Show

FREE ADMISSION

Saturday, September 22

**30 Trophies**

Benefits the Potter League for Animals

**Mama Leone's**  
PIZZERIA RISTORANTE

<p>Every Monday 4-9pm</p> <p><b>Pizza Challenge</b></p> <p>The Time You Call Is The Price You Pay.</p> <p>Call at 4:02, large cheese pizza is \$4.02 Call at 6:15, large cheese pizza is \$6.15 5 pizza limit TAKE OUT &amp; DINE IN ONLY</p>	<p>Every Wednesday</p> <p><b>1/2 off</b></p> <p>On all <b>Pasta Entrees</b></p> <p>DINE IN ONLY</p>	<p>Everyday Special</p> <p>All Large Pizzas</p> <p><b>\$12<sup>99</sup></b> + Tax</p> <p>Including Specialty Pizzas</p> <p>Cannot be combined with any other offer - for limited time only</p>
---	---	--

150 Connell Hwy. (At the Grand Casino Rotary) Newport  
847-7272 • mamaleones.net



**KRISTINE S. TROCKI**  
Attorney and Counsellor at Law

CREATIVE | INTELLIGENT | MINDFUL



Kristine S. Trocki, Esq.



Michael L. Mineau, Esq.

Mediation  
Divorce & Family Law  
Personal Injury & Auto Accidents  
Contract & Business Law  
Wills, Financial & Healthcare Powers of Attorney  
Collections  
Real Estate Closings & Refinances  
Employment Law  
Landlord / Tenant Law  
Medical Malpractice  
Products Liability  
Wrongful Death  
DUI & Criminal Offenses  
Estate Probate

YOUR COMMUNITY LAWYERS

38 Narragansett Avenue, Suite D | Jamestown, RI 02835  
401.423.3390 | www.trockilaw.com

## Special events

### Pow/Mia Recognition ceremony

Today at noon for Ney Hall Gally Patrons.

### Military Appreciation Day at URI

KINGSTON — Anyone with a military ID (active duty/veteran) along with up to four of his or her dependents will receive free admission to the University of Rhode Island (URI) Rams football game on Saturday at 1 p.m.

URI will host James Madison University at Meade Stadium off of Route 138.

Additional tickets can be purchased at the gates. Go to [www.gorhody.com](http://www.gorhody.com) or contact Chris Corbett for more information at (401)874-7682.

### Operation Stand Down R.I.

CUMBERLAND — Operation Stand Down Rhode Island will hold its 19th annual three-day Stand Down weekend outreach event at Diamond Hill State Park today and Sept. 22 and 23.

Operation Stand Down Rhode Island combats homelessness among veterans of the U.S. Armed forces by providing housing, educational and financial resources, and connecting them with vital human resources and social services.

Volunteers can e-mail [tomp93@juno.com](mailto:tomp93@juno.com) for more information or go online to <http://www.osdri.org/>. Volunteers need to contact the event organizers in advance to get position assignments.

### Diversity Day Picnic next week

Naval Station (NAVSTA) Newport will celebrate diversity in the workplace at a Diversity Day potluck picnic on Wednesday, Sept. 26 from 11 a.m. to 1 p.m. The picnic will be held behind Nimitz Hall. The picnic is open to all military and civilian employees at NAVSTA and its tenant commands and activities.

Commands are encouraged to support this annual picnic. Attendees who would like to bring their favorite ethnic dish, display cultural items or perform should contact Bob Krekorian, NAVSTA Public Affairs, at 841-2023.

The multi-cultural celebration will feature a sampling of favorite ethnic foods and desserts representing the diverse workforce at Naval Station Newport. Naval Station Newport's Diversity Committee is coordinating the event. Volunteers are needed to help with set up and clean up after the event.

### Eight Bells lecture slated

The next Eight Bells Lecture, *Military Fly Moms: Sharing Memories, Building Legacies, Inspiring Hope*, with author Linda Maloney, will be Thursday, Sept. 27, at noon at the Naval War College Museum.

This is a collection of short stories and biographies about women with the common dream of becoming a military aviator and being a mother.

The author, a retired naval officer and one of the first women to join a combat squadron, is now involved in mentoring program, encouraging young people to reach for their dreams and offers ways to manage family and career priorities to achieve a balanced life.

Those without normal base access, must contact the Museum at 841-2101 at least 24 hours prior to the lecture.

NAVAL STATION NEWPORT  
**ISLAND EXPRESS**



YOUR SKILCRAFT STORE

Bldg. 47, 47 Chandler St.  
Naval Station Newport • (401) 841-0506



**BSC VISION  
COPY PAPER**  
#CS12623

**\$39.99**  
CASE



**POCKET FOLDERS**  
(Dark Blue)  
#NSN5842489

**\$14.97**  
BOX OF 25



**PERMANENT  
MARKERS**  
(Black) #NSN0433408

**\$7.73**  
DOZEN



**ENVIRONMENTAL  
PENS**  
(Black) #NSN4557228

**\$3.88**  
DOZEN

**\$5 OFF DRY CLEANING**  
bring in 3 or more drycleaning pieces and save \$5

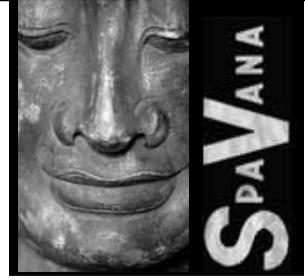
Incoming orders only. Drycleaning only. • Coupons CANNOT be combined.  
Excludes: Households, laundered shirts, leather, fur, suede, wedding gowns, specialty items.

**pickup & delivery**

Now available in Aquidneck & Jamestown Island area  
For more info:  
**401-829-1772**  
Expires October 5, 2012

**delKEN** **BEST**  
DRY CLEANING  
LAUNDROMATS

more coupons at [www.delken.com](http://www.delken.com)



Massage & Facials

Couples & Body Treatments

**2012 Voted Best Massage**  
**Newport County Readers Choice RI Monthly**

Enjoy a **10% discount**  
off any service, retail, or gift card purchased in the spa.  
Applies to \*cash\* purchases only.

Or receive a **10% bonus**  
added to any gift card purchased online via \*paypal\*  
No expiration, no minimums but offer may be removed at owners discretion.

10 King Charles Dr #101 • Portsmouth RI 02871 401.293.0920  
visit [www.spavana.com](http://www.spavana.com) for a full listing of services & hours • Closed Wednesdays & Sundays

**O'BRIEN'S PUB**

Celebrating over 30 years in business



join us on 

<b>MONDAY</b> 35¢ Wings 6-10 p.m. <b>FREE POOL, ALL NIGHT!!!</b>	<b>FRIDAY ~ SEPTEMBER 21</b> John Erickson Acoustic Set 4:30-7:30 on the Patio Triple Threat 10 p.m.
<b>TUESDAY</b> TRIVIA TUESDAY Pub Trivia at 9:30 p.m.	<b>SATURDAY</b> TBA
<b>WEDNESDAY</b> ½ Price Grilled Pizzas 6-10 p.m. Karaoke at 9:30 p.m. <b>NO EXPERIENCE NECESSARY!</b>	<b>SUNDAY</b> NFL SUNDAY TICKET ½ Price Grilled Pizzas 6-10 p.m. <b>KARAOKE at 9:30 p.m.</b>

OPEN EVERY DAY 11:30 AM-1 AM • FOOD SPECIALS SERVED INSIDE ONLY  
501 Thames Street, Newport  
[www.theobrienspub.com](http://www.theobrienspub.com) • 401-849-6623 • Free Parking

## The Aft Lookout



NWC Museum Archives photo

An aerial view shows the Melville Fuel Depot in 1944. Robert Melville surveyed Narragansett Bay for the British Admiralty and reported that ‘the whole bay is an excellent man-of-war harbor — affording good anchorage, sheltered in every direction, and capacious enough for the whole of His Majesty’s Navy were it increased fourfold.’ Purchased by the Navy in 1901, the area known as Portsmouth Grove was designated as the Bradford Coaling Station, named for the chief of the Bureau of Equipment, and became one of 14 coaling stations on the East Coast of the United States. When it was realized that there was already a Bradford district in the town of Westerly, the name was changed to Melville, after Rear Adm. George Wallace Melville. During World War II, 2,000 officers and 16,000 enlisted men received their training prior to reporting to their PT boats.

## Ombudmen

Continued From Page 4

spouses of active duty or selected reserve members of the command. The Navy family ombudsman is a highly-trained volunteer who is able to offer support and guidance to command families and to act as an official liaison between the command and its families.

The Navy ombudsman plays an important role in the success of a command’s mission. Ombudsmen are the first step for family members to turn to during a crisis, guiding Navy families to the proper resources they need. That, in turn, helps their Sailors with assurance that their families are being taken care of at home.

“When command members know that their family has a resource to go to for assistance, they can concentrate on the mission at hand,” said French. “It is the Navy’s goal to ensure that every Sailor and family member has access to the services of a command ombudsman.”

Family readiness is a primary factor to a Sailor’s personal and mission readiness. Ombudsmen continuously demonstrate just how vital they are to helping our Navy families maintain a state of constant readiness. Whether it is for deployments, disasters or crisis response, they keep the information moving.

According to Lisa Johnson, Commander, Navy Installations Command Ombudsman program manager, the Ombudsman Program is in place to assist the Navy family member and give them an avenue to receive the support they may need in tough times.

“Ombudsmen are not meant to solve problems, but to direct the family member to the people who can help them solve their problems,” said Johnson. “Ombudsmen are not meant to ‘be’ the help, but to connect the family member ‘to’ the help.”

## Honor

Continued From Page 2

Roberts.

Gunnery Sgt. Christopher R. Fisher, 2d Battalion, 9<sup>th</sup> Marines, 6<sup>th</sup> Marine Expeditionary Force came from Camp Lejeune, N.C., the day before to speak on behalf of Tarwoe. He had served with Tarwoe on deployments to Afghanistan and spoke of Tarwoe’s lasting memory being his endless smile.

“He loved his job, being a mortar man and a dog handler. He loved his fellow Marines his family and the Corps,” he said.

“I don’t know if he ever realized how much he meant to us. I would like to thank Abraham’s family for sharing him with us. It has been an honor serving with him and knowing him. It was a privilege and he will never be forgotten,” he said.

After formal remarks, the

families were escorted to the stone where it was unveiled by a member of the R.I. Army National Guard and a Marine from the 6<sup>th</sup> Motor Transport Battalion. Per tradition, a bell was rung and each name on the stone was read aloud followed by a gun salute and the playing of Taps by the 88<sup>th</sup> Army Band.

Chaplain (Cmdr.) Carl Trost, Naval Station Newport command chaplain, offered the benediction which was followed by the Army Song and Marines’ Hymn.

Tarwoe died last April 12 at the age of 25 from wounds he sustained while conducting combat operations in Helmand Province, Afghanistan. He was serving with the Task Force 2d Battalion, 9<sup>th</sup> Marines at the time of his death.

Classified Advertising pays off!

# Classifieds

For fast results - Call 849-3300

10-Help  
Wanted

10-Help  
Wanted

## Arts & Living Editor

INDEPENDENT NEWSPAPERS is looking for an Arts & Living editor to cover the visual and performing arts scene, events and lifestyle in South County and East Greenwich. The ideal candidate will:

- Be a strong writer and editor, with skills in writing, copy editing, proofreading, page layout and Photoshop
- Have training or experience in the arts
- Be self-motivated, with excellent time management skills

The position is part-time, approximately 30 hours a week. The Arts & Living editor must work in our Newport office two and a half days a week, but may otherwise work remotely. If interested, e-mail a resumé and clips to:

**Liz Boardman, managing editor**  
at [editorial@scindependent.com](mailto:editorial@scindependent.com)



SOUTH COUNTY  
INDEPENDENT

## Freelance Journalist

INDEPENDENT NEWSPAPERS is looking for a long-term freelance journalist to cover East Greenwich government and the community.

You would file weekly stories – under deadline – about municipal meetings, cops and court, as well as feature stories about the community’s people and places.

Anticipated time commitment is 20 to 25 hours per week and you would be paid weekly, on a per-story basis. The ideal candidate will be self-motivated, with excellent writing and time management skills.

If interested, e-mail a resumé and clips to:

**Liz Boardman, managing editor**  
at [editorial@scindependent.com](mailto:editorial@scindependent.com)



NORTH • EAST  
INDEPENDENT



# PROFESSIONAL

## 10-Help Wanted

### PART-TIME CIRCULATION DRIVER:

The Newport Daily News is seeking a mature, responsible person to work in our Circulation Dept. As the use of your own vehicle is required, the ideal candidate will have reliable transportation. A thorough knowledge of Aquidneck Island streets and high familiarity with business locations on the island is needed, along with a valid RI driver's license and a clean driving record. We are looking for someone who is friendly, self-motivated, and able to work independently.

Apply in person at:  
101 Malbone Road  
Newport RI 02840.  
No phone calls please

CNA'S needed nights and weekends, for Newport, Tiverton and Bristol. Please call Ocean State Nursing at 401-405-3810

CNA'S: Nursing Placement, a RI based home care agency is now hiring in the Newport area. Full & Part time positions. \$11.75 / hr plus weekly gas stipend. Call Suzanne at 401-728-6500 for interview.

FOOD SERVICE WORKER, part-time. Private school. Early nights & wknds. 401-643-1220.

RECEPTIONIST wanted for a doctor's office on Aquidneck Island. Jan. 15 - April 15, 2013. Reply by email to lsvic@cox.net.

## 490-Wanted to Buy



1 RIM - 16x6.5", 5 bolt x 114.3. needed for '08 Nissan Rogue spare tire. Please call 401-380-2324

## 530-Household Articles

BUTCHER BLOCK style kitchen cart, \$50. Call 683-1028.

Newport Daily News Carriers Earn more than money 849-3300

"WE DELIVER"

## 670-Business Opportunity

INVESTING? Promises of big profit means big risk! Call RI AG-Consumer Protection at 401-274-4400, or the Federal Trade Commission at (877)-FTC-HELP for free information. Or visit our web site at: www.ftc.gov/bizop

## 700-Rooms for Rent

NEWPORT Minutes to waterfront, 2 rm. Furn. Private bath, parking. Includes all \$850. 419-6434

PORTSMOUTH. 2<sup>nd</sup> flr., private bath. Microwave, refrig., laundry, cable/internet, bus route, \$600-\$650. incl. utils. 683-0035

## 710-Unfurnished Apartments

2 BDRM. Portsmouth, lge., 1<sup>st</sup> floor, parking, w/d hookups, no smoking/pets. \$1100 + utils. 401-641-3127.

## 730-Houses for Rent

NEWLY RENOVATED 4 bdrm., 1-1/2 bath. 2 car garage, new heating system, lge. yard. Close to Base. \$1700+. 841-9008.

PORTSMOUTH. 3 bdrms., 2 car garage. Lge deck. On Dead end St. \$1500 plus utils. Call 683-1134.

## 741-Winter Rentals

MIDDLETOWN, near beach. Spacious house. 4 bdrm. Furn. Now to 5/19. \$1200+. 508-572-1474

## 770-Garages and Storage

LARGE CONTRACTORS Garage, 16 ft. door. Great storage for boats, cars, etc. Call 401-683-1134.

## 902-Motorcycles



HERITAGE SOFTTAL 03 HD, 100TH Anniversary Edition, like new, lots of chrome, low miles. \$11,000. 401-339-4920.

## 915-Autos for Sale

HONDA ACCORD LX 1998. New inspection sticker & tires, runs good. \$3700. Jim, 862-2176.

## ANY JOB

ALL JOBS: Dump runs, rubbish removal, hauling, moving, painting, lawn care. Mike 847-0835.

## ASPHALT PAVING

SWANSEA TRUCKING INC. Blacktop driveways Ty 508-989-0111 Ted 508-294-1337

## BEAUTY SALONS

BARBARA'S BEAUTY & WIG Over 200 Wigs in stock! Shampoo & Set \$15.00 683-1656 - By Appt. only.

## BOOKKEEPING

NEED HELP WITH YOUR BOOKKEEPING? 5/10/15 hrs wk/month. Let me help. DoTheBooks@cox.net

## CARPENTRY

HOUSECALLS All stages of construction, historical restoration, 30 + yrs exp. Joe Mello lic & ins. 253-1947 / 286-8759

## CHILD CARE

HAPPY HEARTS Full or half day options Connie 401-847-0783 happyheartdaycare@hotmail.com

## COMPUTER TUTORING

COMPUTER PROBLEMS? Call Geeks to Go, for all your computer needs. Yes, we can do it. 842-0208

## Dance School

Creative Motion Dance Studio 1994 East Main Rd. Portsmouth 401-683-2119 creativemotiondancestudio.com

## DISASTER CLEAN-UP

Water-Mold-Fire Heavy Duty Cleaning Mold Eradication Dehumidification Paradise Restoration Since 1973 849-6644

## DRIVEWAYS

Curb Appeal Sealcoating www.sealcoatingri.com 619-3229 or 481-4469 Up to 5 year guarantee

## NEWPORT SEALCOATING

For professional results. Licensed & insured. Call 849-6404

## DRYWALL

1-401-308-2316. NEWPORT DRYWALL & PLASTER. Repair/replace any ceiling/ wall. Also new construction/ remodel. Bill.

## 1-401-855-1601 TIGERTRACY DRYWALL & PAINTING

Residential & Commercial. 35 yrs exp. Ins. David Tracy

## FIREWOOD

SEASONED FIREWOOD On the Island \$225 a large truck load. Jerry 846-8230/225-2479.

## HANDYMAN

1-401-683-9677 Masonry, Wood, Powerwashing, Paint & Tile 30 yrs exp. Mike Camara

## CARPENTER/HANDYMAN

Home Repairs Fair prices - quality work Call David 401-293-0507

## HEATING

GASTON BURNER SERVICE. Complete Oil Heat Service. 24 hr. Emergency Service, 683-2467.

## HOME IMPROVEMENT

CAMARA GENERAL REPAIRS Painting, Carpentry, Tile. 40 yrs. Exp. 508-971-2409

ISLAND HOME REPAIR Service. Remodeling & repairs. Licensed and Insured. Call 849-5206.

## HOUSE CLEANING

1-401-846-7855 NEWPORT CLEANING & MAID SERVICE 42 Spring St. "WE DO IT ALL" Licensed, Bonded & Ins. Last minute OK

GM CLEANING SERVICE. We do all jobs move in/out, Bonded & insured. Call 847-8195.

## JUNK CARS

1-401-418-4521. JUNK CARS WANTED Cash Paid \$100-\$500 Free towing. Fast pickup.

AUTO SALVAGE. \$ Cash paid \$, junk cars and trucks. Free towing. Bristol, 253-2490.

## JUNK REMOVAL

338-8950. All junk, appliance & debris removal. Basement cleanouts, demolition. Credit cards accepted. Low prices. mr-trash-ri.com

497-1282, LOCAL CELL HAVE TRUCK WILL HAUL. Junk, brush, construction debris. Local business w/local prices.

## LANDSCAPING

Cleanups, Lawns, Gardens, Installations, Maintenance, Trees, Shrubs, Mulching, Drainage, Grading, Loam, Seeding, Paver, Patios, Walkways, Driveways, Outdoor Living & more. Accepting New Accounts! Call 401-846-4546

## LANDSCAPING

401-432-5227 EMR LANDSCAPING. Clean-ups, mowing, mulching, stone work. Free estimates

GRASSHOPPER LANDSCAPE CO. LLC Complete lawn and landscape maintenance and installation. Info@grasshopperlcnwport.com Since 1978 846-9390

## MASONRY

413-5582, John G. Freitas Stone Mason. Build, Restore Stonewalls patios, steps, sidewalks, chimneys, cobblestone, brick driveways, restore foundations, pour concrete on basement dirt flrs., etc.

AL LOPES MASON Chimneys, Patios, Tile, Paint, Stone, walls, Stairs, 401-297-9783

JAIME DEFREITAS Masonry Build/Restore. Stonewalls, Walkways, Patios, Chimneys, Driveways, Cobblestone Brick Pavers. 401-847-4569

NEWPORT MASONRY Reasonable & friendly. Est. 1977. Larry Jamison. Lic. # 639. Call 932-2274.

## PAINTING & PAPERING

#1 CHOICE IN PAINTING, exterior & interior. Wallpaper. Exp., affordable. Mike, 846-7799.

ALBERTO PAINTING and Power Washing Free Estimates 841-5693 or 862-9844

ARTISTIC PAINTING PLUS Quality House Painting AT A LOW PRICE. Licensed, Insured. Refs. Avail. Mike 401- 523-0620

FREE ESTIMATES. Painting, Papering Licensed 847-2897 - H. Cassese Jr.

## POWER WASHING

A-1 TEVES POWER WASHING. PAINT, STAIN, WATERPROOFING. BEST IN TOWN. TIM 848-9270.

## ROOFING

662-2560. ROOF PROS SAVE!!! LOWEST PRICES FREE EST. New roofs, flat, rubber, leaks, repairs, chimney flashings & pointings. Professional crew. 1 day most jobs. Guaranteed. Selective member BBB. Lic. Ins. 849-1808.

A-1 Roofing & Construction Sean Napolitano 100% SATISFACTION ROOFING EXPERTS 401-265-1019 Masonry Contracting Best prices. Seamless gutters. 1 day in & out roofing Visit a roofingcompany.com

CERTIFIED ROOFING Free gutters with a roof tear off of 1500+ sq. ft. 1-401-258-4366

Water Street Construction Roofing repairs & replacement. Office on Broadway. 829-1915.

## TREE SERVICE

A-1 TREE SERVICE, Removal, Pruning, Stumps Hedges. Ins. Lic. #260. Valued member of the BBB. Joe, 924-0214.

## Window Cleaning

SPARKLING WINDOWS. Will look like new, no job too big or too small. Fast service. 846-7855

4 LINES, 4 WEEKS  
ONLY \$88.00

To advertise your business or home service in  
The Newport Daily News and Mercury and The Navalog  
CALL 849-3300

Advertising Deadline: Thursday at 11 a.m. each week

# NAVSUP posts holiday mailing dates

From Naval Supply Systems  
Command Corporate  
Communications

MECHANICSBURG, Pa. (NNS) — The Naval Supply Systems Command's (NAVSUP) Postal Policy Division mail-by dates for pre-Dec. 25, delivery of holiday cards, letters, and packages were announced Sept. 5.

The dates are as follows:

**Shore APO/FPO/DPO AE zips 090-098 (except 093); AA zips 340; AP zips 962-966**  
Express Mail: Dec. 17

■ First-Class Mail (letters/cards and priority mail): Dec. 10

■ Parcel Airlift Mail: Dec. 3  
■ Space Available Mail: Nov. 26

■ Parcel Post: Nov. 13  
**Shore APO/FPO/DPO AE ZIP 093**

■ Express mail Military Service: N/A

■ First-Class Letters/Cards/Priority Mail: Dec. 3

■ Parcel Airlift Mail: Dec. 1  
■ Space Available Mail: Nov. 26

■ Parcel Post: Nov. 13

**For mail addressed from all shore FPOs (except 093)**

■ Express Mail Military Service: Dec. 17

■ First-Class Mail (Letters/cards, priority mail): Dec. 10



- Parcel Airlift Mail: Dec. 3
- Space Available Mail: Nov. 26

Express Mail Military Service (EMMS) is available from selected military post offices. If mailing to an APO/FPO address, check with your local post office to determine if this service is available.

Parcel Airlift Mail (PAL) is a service that provides air transportation for parcels on a space-available basis. It is available for Parcel Post items not exceeding 30 pounds in weight or 60 inches in length and girth combined. The applicable PAL fee must be paid in addition to the regular surface rate of postage for each addressed piece sent by PAL service.

Space Available Mail

(SAM) refers to parcels mailed to APO/FPO addresses at parcel post rates that are first transported domestically by surface and then to overseas destinations by air on a space available basis. The maximum weight and size limits are 15 pounds and 60 inches in length and girth combined. From overseas locations, items mailed at Parcel Post rates are sent to CONUS by air on a space available basis. The maximum weight and size limit are 70 pounds and 130 inches in length and girth combined.

It is also recommended that customers check with their local civilian or military post office for information on size restrictions and possible need for customs declaration forms. Additionally, customers are advised that certain mail restrictions apply and some items can not be mailed.

Examples are: switchblade knives, pornography, controlled substances, and explosive or incendiary devices. If in doubt as to what can or cannot be sent through the mail, contact your local civilian or military post office.

As a final note, customers

are cautioned that packages must not be mailed in boxes that have markings related to any type of hazardous material, such as bleach, alcohol, or cleaning fluids. Parcels found by the U.S. Postal Service with such markings or labels on the outside of the box will not be processed.

The NAVSUP and Navy Supply Corps team share one mission--to deliver sustained global logistics capabilities to the Navy and Joint warfighter. NAVSUP/Navy Supply Corps' diverse team of more than 25,000 civilian and military personnel oversee a diverse portfolio including supply chain management for material support to Navy, Marine Corps, joint and coalition partners, supply operations, conventional ordnance, contracting, resale, fuel, transportation, security assistance, and quality of life issues for the naval forces, including food service, postal services, Navy Exchanges, and movement of household goods.

The NAVSUP/Navy Supply Corps team forms a vast network of professionals who deliver unparalleled products and services to customers in the fleet and across the world.



## New Sea Shai

**\*UNDER NEW OWNERSHIP\***

### SUSHI

*Bento Box Lunch Specials*

*7 days a week*

**747 Aquidneck Ave., Middletown**  
**401.619.0968 • www.newseashai.com**

**JAPANESE, KOREAN CUISINE AND SUSHI BAR**

**FREE PARKING**

## NEWPORT'S GOURMET SANDWICH SHOP

- Two Egg Breakfast Sandwiches
- Specialty Signature Sandwiches
- House-made Soups and Salads



*Sunnyside Deli*  
- NEWPORT, RHODE ISLAND -

**15% discount w/Military ID**

Like us on 

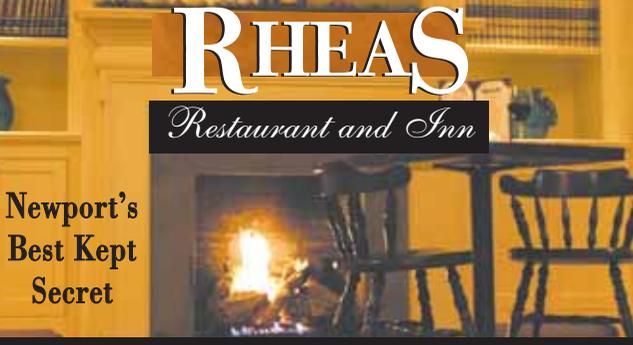
Prepared by Johnson & Wales Trained Chefs Molly and Jill

**12 Broadway, Newport • 619-2093**

Serving Breakfast & Lunch Every Day 9am-4pm

# RHEAS

*Restaurant and Inn*



Newport's Best Kept Secret

120 West Main Rd., Middletown • 841-5560

## Newport Life

MAGAZINE

Our annual **fashion issue** is out!

Plus, **Best of Newport Ballot** inside—

Pick up your copy and vote now!

NewportLifeMagazine.com  
401.841.0200

On newsstands now!





**PRE-SUNSET DINNER SPECIAL**  
Monday - Friday 4:00 - 6:30pm

Choice of Baked Stuffed Lobster Tail **\$14.95**  
Or 12oz Prime Rib Dinner

**HAPPY APPS**

**1/2 Price Appetizers & Raw Bar Specials**  
Featuring \$1.00 Oysters & 75¢ Little Necks  
At the Bar: Monday - Friday 4:00-6:30pm

Newport's Best Harbor View | Live Entertainment Thursday - Sunday

359 Thames St at The Ann St Pier  
401-619-5892 | www.theportnewport.com





20% Discount with Military ID

## WEDDING BANDS

Choose from our amazing selection or design your own!

www.TheAdornment.com

213 Goddard Row, Brick Market  
Newport, RI 02840  
401.619.3301

36 South County Commons, C1  
South Kingstown, RI 02879  
401.284.3333