



*The Newport*

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# Navalog

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.



From Left, Roger M. Natsuhara, Assistant Secretary of the Navy for Energy, Installations and Environment; Capt. Douglas Mikatarian, Commanding Officer of Naval Station (NAVSTA) Newport; John Reichert, Installation Energy Manager for NAVSTA Newport; and Vice Adm. William French, Commander, Navy Installations Command, pose with the Secretary of the Navy's 2012 Platinum Award for Energy Conservation and Management following the awards ceremony held at the Navy Memorial in Washington on Wednesday. Story on Page 2.



## Theater program benefits military

The ombudsman for the Surface Warfare Officers School helps launch the Blue Star Theatres program in Rhode Island for military families.

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## Haunted Trail ready to spook

The Morale, Welfare and Recreation Dept. opens its Haunted Trail at the Carr Point Recreation Area on Saturday night for a month of Halloween haunting.

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## NAPS invites parents back

The Naval Academy Prep School welcomes parents back this weekend to see the transformation in their sons and daughters after 2½ months.

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# 'Arab Spring' premature, says former ambassador

BY RICHARD ALEXANDER  
Navalog editor

To call the upheaval in the Muslim world the "Arab Spring," which implies something new and fresh will bloom in the summer, is very premature and it would be better defined as the "Arab Inferno," says Jordan's former ambassador to the United States.



Muasher

Ambassador Marwan Muasher, who was also the first Jordanian ambassador to Israel after the 1994 Peace Treaty, was the guest speaker Sept. 20 for the Newport Council of International Visitors at Salve Regina University's

Pell Center for International Relations and Public Policy. His topic was "Middle East Realignment: The Arab Upheaval." He is also the author of "The Arab Center: The Promise of Moderation"

"A transformation is in process, and it should not be measured in years, not in months, but in decades," he said. It has only been two years since the first revolt against the despots.

The Arab Spring, also known as the Arab Revolution, began in December 2010. To date, rulers have been forced from power

in Tunisia, Egypt, Libya and Yemen, and civil uprisings have erupted in Bahrain and Syria.

The Arab regimes were monarchies or republics, and all were secular and never gave democracy any attention. But the status quo was not sustainable, Muasher said.

The former diplomat said there are two forces at work in the Arab world: the ruling elite in monarchies and republics with no checks and balances; and the religious ideological opposition which has been kept outside the governing system.

The Islamics actually have been strengthened by the exclusion, and they are the only organized force, said Muasher. They make promises to the people, but never translated them into specifics on employment or investment.

"The only way to level the playing field is to let the Islamics into the ruling system and let them prove what they are preaching," he said.

Muasher said Arabs have a lack of commitment to plurism. They have their independence from the dictators, but not democracy. "If the battle waged today is to get rid of despotic leaders, then they will be replaced by another set."

The former deputy prime minister of Jordan said it would be naïve to predict the

ARAB SPRING, Page 13

# Navy emphasizes energy efficiency

NAVSTA Newport earns top award for achievement

Office of the Department of the Navy

WASHINGTON — The Department of the Navy (DoN) is cultivating a culture of energy efficiency on shore and at sea resulting in enhanced energy readiness and innovation. DoN is a widely recognized leader in renewable energy production. Nearly 10 percent of DoN shore energy consumption comes from alternative sources.

As part of the SECNAV evaluation for the awards, Navy commands undergo a rigorous evaluation of their overall energy and water management performance and are ranked according to a system of SECNAV award winners, then Platinum, Gold or Blue Level of Achievement.

Naval Station (NAVSTA) Newport was selected for the 2012 Secretary of the Navy Energy and Water Management Platinum Level Recognition for its

energy saving accomplishments during fiscal year 2011.

Capt. Doug Mikatarian, commanding officer at NAVSTA, and Installation Energy Program manager John Reichert accepted the award Wednesday from the Secretary of the Navy Ray Mabus at the Navy Memorial in Washington, D.C.

The Navy continues to emphasize aggressive energy and water consumption goals that were laid out three years ago. These five goals strengthen the strategic, tactical and operational capabilities of the Navy and Marine Corps while enhancing environmental stewardship:

The DoN's five energy goals are:

- Energy Efficient Acquisition: Evaluation of energy factors will be mandatory when awarding contracts for systems and buildings;
- Sail the "Great Green Fleet": DoN will demonstrate a Green Strike Group in local operations

ENERGY, Page 13

## To our readers

To post an announcement in *The Newport Navallog*, submit copy via email, facsimile, or U.S. Mail to our offices in Building 690 opposite the Naval Station (NAVSTA) Newport Main Post Office.

Announcement may be submitted via e-mail to [Gregg.Kohlweiss@navy.mil](mailto:Gregg.Kohlweiss@navy.mil). Phone is 841-3538 and fax is 841-2265.

To place an advertisement in the newspaper, contact Caitlin Brown at [mercury@newportri.com](mailto:mercury@newportri.com) or call 380-2319 at *The Newport Daily News*, 101 Malbone Road.

# Navy joins parade for Columbus

A marching unit of 80 students from Officer Training Command Newport will comprise part of the contingent representing the Navy in Newport at the 18<sup>th</sup> annual Newport Festa Italiana-Columbus Day parade on Monday, Oct. 8, at noon in downtown Newport.

The Newport Festa Italiana, ending Oct. 8, is a celebration of Italian culture that features foods, cinema, music and the performing arts, culminating in the Columbus Day parade.

Navy Band Northeast marching band will march.

A Marine Corps color guard will be provided by Marine Corps Detachment Newport. Naval Health Clinic New England will provide a Navy color guard.

The parade route, approximately 1.7 miles, starts at St. Joseph's Church on Broadway; proceeds south to Washington Square; left on Thames Street to America's Cup Avenue; proceeds east on Memorial Boulevard West; and concludes at the Christopher Columbus statue east of Bellevue Avenue where a brief ceremony will be held at 12:45 p.m.

**Lockstar Salon**  
By April Conley

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# MIDLANT targets domestic violence

NORFOLK, Va. (NNS)—The Navy is observing Domestic Violence Awareness Month in October as a way to inform the Navy's Total Force about domestic violence prevention, how to identify the warning signs and how to report abuse.

Domestic violence goes beyond physical abuse and affects all age groups and social classes — both male and female. It can include emotional, physical and/or sexual abuse.

“Preventing domestic violence is a Navy-wide effort that depends on the commitment of everyone,” said Rear Adm. Tim Alexander, commander, Navy Region Mid-Atlantic. “I am confident we can reduce incidents of domestic violence by making sure our service members, civilians and their families receive the support they need, and that we hold offenders accountable. Domestic violence degrades readiness and we should never tolerate it.”

As part of an effort to combat and prevent domestic violence, Alexander signed a proclamation, Sept. 25, declaring October as Domestic Violence Awareness Month in the Mid-Atlantic region. In signing, Alexander urged individuals to learn about

the warning signs and how to identify domestic abuse.

“Oftentimes, victims don't want to come forward because they are afraid,” he said. “We have an obligation to know what to look for and to become actively involved when it occurs.” Alexander stressed that help and support are available for those who are victims of domestic abuse.

There are two reporting options available for victims of domestic abuse: restricted and unrestricted. Restricted reports do not involve military chain of command or law enforcement. Unrestricted reports, however, will include an investigation by command and/or law enforcement. In both cases, victims can receive a full range of advocacy, medical and counseling services.

If you are a victim of domestic violence, speak with a counselor or victim advocate at your local Fleet and Family Support Center, a health-care provider at a military treatment facility, or a Navy chaplain about the options that are available to you. You may also contact the National Domestic Violence Hotline at (800) 799-SAFE, or visit [www.thehotline.org](http://www.thehotline.org) for more information.



Lisa Rama/U.S. Navy photo

**Michelle Faulkner, ombudsman for the Surface Warfare Officers School Command, speaks during a press conference last Friday in Providence. Looking on from left, are Teresa Eyring, executive director of Theatre Communications Group (TCG); Maj. Gen. Kevin McBride, Adjutant General of the R.I. National Guard; Gov. Lincoln D. Chafee; Rocco Landesman, chairman of the National Endowment for the Arts, and Sen. Jack Reed, D-R.I.**

## SWOS ombudsman helps to launch theater program for military families

PROVIDENCE — Theatre Communications Group (TCG), the national organization for theater, has launched the Blue Star Theatres program.

In partnership with Blue Star Families and the National Endowment for the Arts, and with support from the MetLife Foundation, the Blue Star Theatres program will connect a variety of

theater offerings to military personnel across the United States. This initiative recognizes the profound contributions of service families and seeks to build stronger connections between theatres, military families and their communities.

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connections between theatres, military families and their communities.

Organizers held a press conference at Trinity Repertory Company last Friday to launch the program. Attending were R.I. Gov. Lincoln Chafee; Sen. Jack Reed, D-R.I.; Rocco Landesman, chairman of the National Endowment for the Arts; Maj. General Kevin McBride,

adjutant general for Rhode Island; Teresa Eyring, executive director, TCG; Michael Gennaro, executive director, Trinity Repertory; Mark Smith, executive director, Blue Star Families; Dennis White, president and CEO, MetLife Foundation; and Michelle Faulkner, ombudsman for the Surface Warfare

**BLUE STAR, Page 13**

## Cutter Juniper home from Arctic

The 225-foot Coast Guard cutter Juniper, berthed at Naval Station Newport, returned home last Sunday from a 53-day Arctic patrol conducting maritime safety and security exchanges with the Canadian navy and coast guard along with elements of the Royal Danish navy.

Under the direction of Canada's Joint Task Force North, the Juniper crew participated in various elements of Operation Nanook,

to show Arctic presence and capabilities, enhance international interoperability, build proficiency, and demonstrate leadership in the Arctic.

The crew also participated in Exercise Northern Deployment 2012, a realistically simulated search and rescue exercise held with the crew aboard the HDMS Knud Rasmussen, a Royal Danish naval patrol vessel, near Thule Air Base in Greenland.

In addition, Juniper crewmembers conducted a joint U.S. - Canadian Northwest Atlantic Fisheries Organization patrol to reduce the threat of foreign poaching and ensure compliance with international living marine resource agreements.

“The crew performed admirably over the last 53 days, and represented the U. S. Coast Guard with distinction through many international exchanges and

exercises,” said Lt. Cmdr. Brian Caudle, the cutter's commanding officer. “As a team, we've completed all our mission objectives and reinforced our international relationships with our partner nations of the Arctic.”

In total, Juniper steamed more than 6,500 miles, working in the northernmost region of the high Arctic in the vicinity of Baffin Island and areas off Greenland, about 2,300 miles north.



USCG photo

**The 225-foot Coast Guard cutter Juniper, a buoy tender homeported at Pier 2, Naval Station Newport, anchors in Pond Inlet in the Arctic last Aug. 30.**

**Bravo zulu**

# Justice School graduates class in Basic Lawyer

Basic Lawyer Course 12030 at the Naval Justice School will graduate this morning at 8 a.m. in the auditorium of Building 360.

The graduates are:

Lt. Matthew S. Bailey, JAGC, Navy

Lt. Deniz M. Baykan, JAGC, Navy

Lt. Kevin R. Brandwein, JAGC, Navy

Lt. Kristen M. Byers, JAGC, Navy

Lt. Timothy N. Cronin, U.S. Coast Guard

Lt. Neil R. D'Arco, JAGC, Navy

2<sup>nd</sup> Lt. Tracy A. Doudt, U.S. Marine Corps

2<sup>nd</sup> Lt. Thomas M. Endicott, U.S. Marine Corps

Capt. Thomas A. Eybl, U.S. Marine Corps

Lt. j.g. John P. Foley, JAGC, Navy

2<sup>nd</sup> Lt. Kristin E. Gray, U.S. Marine Corps

2<sup>nd</sup> Lt. Ericka A. Hansen, U.S. Marine Corps

Lt. Jesse L. Houck, U.S. Coast Guard

2<sup>nd</sup> Lt. Luke R. Huisenga, U.S. Marine Corps

2<sup>nd</sup> Lt. Joseph K. Jones, U.S. Marine Corps

1<sup>st</sup> Lt. Andre J. Kim, U.S. Marine Corps

Lt. j.g. Michael S. Lawler, JAGC, Navy

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Lt. Brett F. McCall, Coast Guard

Capt. Nicholas W. Mull, U.S. Marine Corps

2<sup>nd</sup> Lt. Jordan P. Nabb, U.S. Marine Corps

2<sup>nd</sup> Lt. Joshua L. Ockert, U.S. Marine Corps

Lt. Christopher M. Reinjtjes, JAGC, Navy

Lt. Elizabeth M. Roche, JAGC, Navy

Capt. Eric G. Roscoe, U.S. Marine Corps

Lt. Rebecca B. Schults, U.S. Coast Guard

Lt. Cmdr. Michael R. Sinclair, U.S. Coast Guard

2<sup>nd</sup> Lt. Alec J. Smith, U.S. Marine Corps

Lt. Kelly A. Vandenberg, U.S. Coast Guard

Lt. Latham T. Veenstra, JAGC, Navy

2<sup>nd</sup> Lt. Candace G. White, U.S. Marine Corps



Greg Kohlweiss/U.S. Navy photo

**THIRTY-FIVE YEARS —** Capt. Douglas Mikatarian, left, Commanding Officer of Naval Station Newport, congratulates Housing Director Mark Silvia who received a certificate in recognition of 35 years of government service. The presentation was made after a Department Head meeting held in the NAVSTA command conference room, Building 690, Sept. 26.



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## Special events

### Correction on lecture announced for Hispanic Heritage Month

The Newport Navalog last week announced that Assistant Secretary of the Navy for Manpower and Reserve Affairs Juan M. Garcia III would be the scheduled guest speaker at Officer Training Command Newport's observance of Hispanic American Heritage Month today at 1:30 p.m. in Kay Hall.

Garcia will speak today at 2 p.m., but his topic will primarily deal with manpower issues facing the 21st Century Navy. The event is still open to anyone with routine base access. We apologize for the confusion.

### Haunted Trail spooky again

MIDDLETOWN — The Morale, Welfare and Recreation (MWR) Department will open its popular Haunted Trail at the Carr Point Recreation Area on Saturday, Oct. 6, 13, 20 and 27 from 6 to 9 p.m. This event is open to the public.

Visitors may walk the spooky haunted trail with witches, pirates, mad scientists and much more. Come join your favorite heroes as they rescue Gotham Point from the grip of the sinister villain in an entertaining, interactive hay ride.

For children, the Mystery Squad has been called on again! Come help them as they search for clues to solve the puzzle. There will concessions, arts and crafts and nightly entertainment is included.

The entertainment follows:

Oct. 6, Will Worthy, performing classics and today's hits, 6 to 9 p.m.



MWR file photo

**SCARE TACTICS** — Danna O'Loughlin, left, and Jessica Butler, both Child & Youth Program assistants, use their ghoulish charm at 2010's MWR Haunted Trail at Carr Point Recreation Area on Defense Highway. The spooky trail reopens this Saturday, Oct. 6. Story this page.

Oct. 13, Toe Jam Puppet Band Pirate Show, 6 to 8 p.m.

Oct. 20, Toe Jam Puppet Band Spooktacular Halloween Show, 6 to 8 p.m.

Oct. 27, to be determined

Admission for military and DoD personnel is \$5 per person; general public, \$8 per person; and children 3 and under are free.

MWR is looking for volunteers for the Haunted Trail. Try out your best scare tactics. Volunteers must be age 16 or older.

If interested, contact Meghan LaParle at (401) 841-3127 or [meghanlaparle@navy.mil](mailto:meghanlaparle@navy.mil).

### Bells to ring on Navy birthday

In celebration of the U.S. Navy's 237th birthday Oct. 13, naval installations and ships around the world will hold bell ringing ceremonies on Friday, Oct. 12, at 9 a.m., local time.

Naval Station Newport will hold its ceremony at the bell in front of the Chapel of Hope, and it will include the reading of the Chief of Naval Operations' birthday message. All hands are invited to take a moment to honor our shipmates by attending this event.

### Eight Bells Lecture slated

The next in the Eight Bells Lecture series will be on the book, *The Making of the Movie Patton*, with author Nicholas Sarantakes, at the Naval War College Museum on Thursday, Oct. 11, at noon. For information on the series, contact the Naval War College Museum at 841-2101/4052.

### Hispanic fare on menu today

Hispanic Heritage Month continues through Oct. 15. and will be celebrated today with an ethnic Hispanic lunch menu at Ney Hall galley. This event is open to military only.

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ASK ABOUT OUR MILITARY AND GOVERNMENT RATES

## Announcements

### Monday is Columbus Day

Columbus Day, Oct. 8, is a federally recognized holiday so all hands should plan accordingly.

#### The Navy Exchange (NEX) holiday hours:

Main Store will be open, 9 a.m. to 6 p.m.; Bayside Gas Station, 9 a.m. to 6 p.m.; Family Hair Care (Main Store) 10 a.m. to 5 p.m.; and Uniform Shop, 9 a.m. to 2 p.m.

The Naval War College Bookstore, Naval War College Barber Shop, and the King Hall stores be closed.

#### Morale, Welfare and Recreation (MWR) holiday hours:

Gym 109 will be open 9 a.m. to 5 p.m.; Leisure Bay, 8 a.m. to 6 p.m.; Seaview Lanes Bowling Center, noon to 6 p.m., Enlisted Club, noon to 6 p.m. and Liberty Center, noon to 6 p.m.

The John F. Kennedy Child Development Center, School Age Care, Teen Center, MWR Administrative Offices, Auto Skills Center, ITT Office, Hewitt Hall Café, Outdoor Recreation Rental, Officers' Club and Pool 307 will be closed.

### Flu vaccine available

The Naval Health Clinic New England (NHCNE) Newport will offer flu vaccine to qualified beneficiaries during normal business hours, Monday through Friday, 8 a.m. to 4 p.m. Bring proper identification and report to the check-in desk in Immunizations.

FluMist is available for patients up to age 49. To receive FluMist, individuals must be healthy with no adverse health conditions.

Fluzone is available for patients age 65 and older.

Note: There are additional staff working the Immunization Clinic during the hours of 8 to 11 a.m. and 1 to 1:30 p.m., to reduce wait times for the vaccine.

### Join the Newport Navy League

The Newport County Council of the Navy League of the United States has officially dedicated October as Membership Month.

The Navy League mission is to enhance the morale of active duty personnel, inform the American public of the necessity for strong sea services; and to educate young people in the military value and skill sets. Navy League was created to be the foremost citizens' organization to serve, support, and stand with all the sea services. For more information, visit [www.newportnavyleague.us](http://www.newportnavyleague.us) or call (401) 619-3899.

### R.I. Salutes program

Rhode Island Salutes is a way of saying thank you to the Rhode Island National Guard and all military personnel and families for all their special efforts in serving state and country. The program is a state-wide military discount program designed to offer discounts on a variety of goods, services and products.

For more information call 847-1608 or go to: [www.ri-salutes.com](http://www.ri-salutes.com)

### Civil War period lecture

The Newport Historical Society will host Frank Grzyb, author of *Rhode Island's Civil War Hospital: Life and Death*

in *Portsmouth Grove 1862-1865*, for a lecture at the Colony House, Washington Square, on Thursday, Oct. 11, at 5:30 p.m. Admission with military ID is \$4; general admission is \$5; and NHS members, \$1. RSVP to 841-8770, for additional information contact: Elizabeth Sulock, (401) 846-0813, Ext. 104, or e-mail: [esulock@newporthistorical.org](mailto:esulock@newporthistorical.org).

### Hydrant flushing underway

Naval Station Newport's fall hydrant flushing schedule will continue through the end of October. Flushing takes place between 7 p.m. and midnight to minimize potential impacts. Housing residents are reminded to check water clarity before cooking, drinking or doing laundry.

Flushing over the next two weeks is as follows:

Oct. 9, Coddington Cove and Pier 2 area

Oct. 11, Naval Undersea Warfare Center Division, Newport

### Job Fair workshop slated

WARWICK – A free workshop, "What to Expect at a Job Fair and How to Prepare," will be held at the Sheraton Airport Hotel on Thursday, Oct. 11, 6 p.m., for service-members and their dependents.

This free workshop is on resume building, networking and interviewing to prepare for the Rhode Island job fair on Friday, Nov. 9.

Call (401) 275-4346 or e-mail, [Rebecca.sanderson@us.army.mil](mailto:Rebecca.sanderson@us.army.mil) for reservations.

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**Saturdays 10/6:** 1/2 price apps til 6. Live band - Cuzin Eddy 10pm-1am, DJ Borque

**Sundays:** Football Sundays & 1/2 price apps till 6pm

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# NAPS Parents Weekend



NAPS file photo

The Naval Academy Prep School's Class of 2013 is shown being sworn-in as midshipman candidates on Induction Day last July 24 at Capt. Kay Hall. This weekend will be the first time they were reunited with their parents in 2½ months.

## Battalion to show pride in accomplishment

BY MARK DONAHUE  
NAPS Public Affairs Officer

They've come a long way since Induction Day last July 24, and this weekend the Naval Academy Preparatory School (NAPS) Class of 2013 will proudly show its parents and friends just how far.

The annual NAPS Parents Weekend, which begins today through Monday, will give the NAPSters a chance to show their families and friends the new military, academic and athletic skills they've acquired since reporting to NAPS two and a half months ago.

Capt. Jim Cunha, commanding officer of NAPS, will welcome the parents and family members today at 11 a.m. in Kay Hall, and give highlights of the accomplishments of the NAPS Battalion.

"We are delighted that you have joined us for this very important weekend," he said in pre-published comments. "The endless support you provide to your midshipman



Two members of the NAPS Class of 2013 work together to stop the flooding in the Buttercup Damage Control Trainer, OTCN, during indoctrination period last summer.

candidates enables them to meet the challenges of the NAPS program.

"Since Induction Day, the Battalion has made enormous progress during the military indoctrination period, commencement of academic classes, and the beginning of the fall athletic season. I have witnessed the midshipman candidates

bond as a military unit with pride and professionalism. The Class of 2013 is underway at full speed and has taken its place in the ranks of those who serve selflessly for our country."

The midshipman candidates will put their military bearing on display during a Pass-in-Review ceremony on Nimitz Field at 1 p.m.

Rear Adm. John Christenson, President of the Naval War College, will be the reviewing officer.

On Saturday at 2 p.m., the Rams football team will take on Onondaga Community College from Syracuse, N.Y., on Nimitz Field. The game will be preceded by a tailgate picnic for the NAPSters and their families. After the football game the students will be free to spend the next couple of days with their families and friends.

Also on Saturday at 9 a.m. there will be a cross-country intra-squad meet at Fort Adams, and on Sunday at 11 a.m. NAPS will host Holyoke Community College in a baseball doubleheader at Prichard Field.

The 10-month course of instruction at NAPS, lasting from August through May, emphasizes preparation in English composition, mathematics, chemistry, physics, and information technology.

The 250 members of the NAPS Class of 2013 are on track to graduate next May 10.

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NAPS file photo

**STEP LIVELY** — The Naval Academy Prep School Class of 2013 participates in early morning PT on Nimitz Field during the indoctrination period last summer.

## NAPS women help Spinnakers in soccer victory at Fort Adams

The Naval Academy Prep School's women soccer players, playing for the Rhode Island Spinnakers last Sunday, defeated the Guinness Girls, 4-0, on a rain-soaked field at Fort Adams. The team is in the B Division of the R.I. Women's Soccer League.

Leading the charge was Midshipman Candidate Courtney Hook who had three goals for the Spinnakers. Helping out in the

offensive attack was teammate Pauline Ovalle who also scored a goal.

The Spinnakers now lead the Rhode Island Women's Soccer League with a record of 3-0-1.

In previous games, Courtney had an assist for what proved to be the game-winning goal when the Spinnakers defeated the Dream Team FC, 1-0, at Fort Adams on Sept. 16.

## Prep harriers show speed in huge Pa. meet

BETHLEHEM, Pa. —The Naval Academy Prep School (NAPS) cross country team traveled to Bethlehem on Sept. 27 to compete in the Paul Short Invitational at Lehigh University.

More than 120 colleges and universities competed in the event which is one of the largest invitationals of the collegiate season. The NAPS men were in the White Division where they finished 30th out of 36 college teams.

Leading the NAPS effort was Midshipman Candidate Alec Richardson from Ramona, Calif., who finished in 60th place. Midshipman Candidates Roberto Swersky, Meng Long, Phillip Porter and Bleu Strong rounded out the NAPS top five.

Also competing for NAPS were Midshipman Candidates Micah Gustafson, Thomas Trevino and Erick Hasse.

The NAPS harriers' next meet is in Annapolis, Md., against the U.S. Naval Academy plebes on Oct. 20, and their season finale is Oct. 27 home against archrival Military Academy Prep Army School of West Point, N.Y.

# WHAT HAPPENED

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Mark Donahue/NAPS photo

**NAPSTER Jonathan Drablos of Forest, Va., gets a good bend in the pole during an attempt at 14 feet, 6 inches, in the Patriot Pole Vault Club's annual Beach Pole vault at Narragansett Town Beach last Saturday.**

## NAPS soars in beach pole vault

NARRAGANSETT — The Naval Academy Prep School track team's pole vaulters participated in the Patriot Pole Vault Club's annual Beach Pole vault at Narragansett Town Beach last Saturday.

The event, which included vaulters from all over New England, offered a unique setting and an early season opportunity for

pole vault competition. NAPS had two vaulters among the top finishers in the field, led by Midshipman Candidate Mike Brunoforte who cleared 15 feet; and Jonathan Drablos who cleared 14 feet, 6 inches.

Also vaulting for NAPS were Midshipman Candidates Nick Arias and Andrew Kim.

# Rams with 3-2 record to host Onondaga CC

**BY ENSIGN M. BASFORD**  
NAPS Assistant Coach

The Naval Academy Prep School Rams football team hosts Onondaga Community College of Syracuse, N.Y., tomorrow at 2 p.m. on Nimitz Field in front of an expected capacity crowd on campus for Parents Weekend.

The Rams last Saturday improved to 3-2 after a hard fought battle to beat the Bridgton Academy Wolverines, 25-20, in North Bridgton, Maine. It was the school's Alumni Homecoming Weekend.

The Rams' defense took the field first and seemed incapable of stopping Bridgton as the home team marched down the field to put them up 6-0 after a touchdown

and missed extra point. The Navy squad fired right back with an 85-yard kickoff return by Brendon Clements which left the game tied at 6-all after a missed extra point themselves.

The Rams' defense continued to struggle and allowed another long drive that put the Wolverines up, 13-6.

Midway through the second quarter the midshipman candidates' offense started clicking. After a 65-yard run by Shawn White, Kenneth Mouton found the end zone on the sixth play of the drive following tremendous blocking by Nate Hoff and Jeremiah Robbins. The touchdown put NAPS down only, 13-12, at the half.

The Rams offense took the field after the half and immediately captured the lead

on account of Myles Swain's 73 yard touchdown run. This was followed by yet another Bridgton touchdown. NAPS quarterback Anthony Smithson was just getting started. Smithson orchestrated a 10 play, 72 yard drive that he capped off with a 5 yard touchdown run.

With 8:30 left in the fourth quarter NAPS was leading by a score of 25-13, but the Wolverines scored to bring them within one possession. The Navy offense failed to execute and was required to punt giving Bridgton an opportunity to go ahead with just 3:40 left.

The NAPS defense came up big with a huge stop on fourth and 5, which allowed the offense to take the field and run out the clock.

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**AVEDA**

# NHCNE to speed patient check-in

BY KATHY MACKNIGHT  
NHCNE Public Affairs Officer

Naval Health Clinic New England (NHCNE) will implement a new centralized patient check-in station on Oct. 9 to improve and streamline the check-in process for patients.

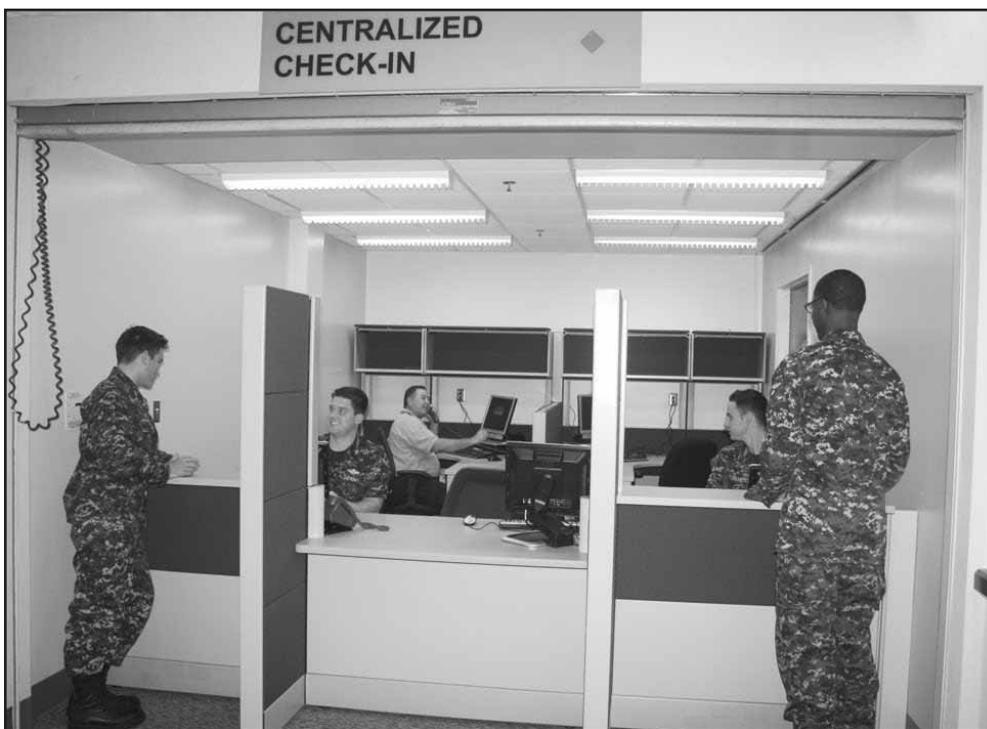
When patients arrive for their appointments their first stop will be at one of the three windows prominently located near the Pharmacy area and to your right inside the front entrance of the Dewert Clinic.

Patient eligibility, demographics, other health insurance (OHI) and HIPAA information will be reviewed and updated. The efficiency of the process will get patients to their appointments in a timely manner and will also result in NHCNE having

accurate, up-to-date patient information, such as OHI, which results in added revenue to the clinic.

Medical Home Port focuses on patient-centered care and centralized check-in is another enhancement to ensure that quality of care. Administrative information is gathered by Medical Records/Patient Administration staff which in turn allows your visit to your provider to be focused on your medical needs during your scheduled appointment.

There are four clinics at the medical facility whose patients will NOT utilize the centralized check-in process. They are: Behavioral Health, Occupational Health, Audiology and Individual Medical Readiness (IMR) Clinic. All other patient appointments will



Kathy MacKnight/U.S. Navy photo

Naval Health Clinic New England staff-members explore the new Centralized Check-in, located adjacent to the Pharmacy and where the Medical Records window was located. It will be activated Oct. 9 and will streamline NHCNE's check-in process.

need to start at the centralized check-in windows.

Centralized check-in is just another of the improvements at NHCNE and Navy Medicine.

## HAZMIN staffer approved for donated leave

An employee at the Fleet Logistics Center (FLC), Newport, has been approved as a leave recipient for donated leave under the Voluntary Leave Transfer Program.

Raymond E. Nardelli, HAZMIN supervisor, has received approval from the Director, NAVSUP, FLC, Business Support Department, Norfolk, as a leave donation recipient due to a medical emergency or condition.

Donors must complete a Request to Donate Leave, OPM Form 630-A, and forward it to the employee's payroll customer service representative (CSR) immediately for processing.

Nardelli's CSR is Theala L. Mack, FLC Resource Management, Business Support Department, 757-443-1570; e-mail [Theala.Mack@navy.mil](mailto:Theala.Mack@navy.mil).

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## Let us help sharpen your personal resume

**EDITOR'S NOTE:** Some of the Fleet and Family Support Center workshops and meetings require registration. Call 841-2283. FFSC will be closed for the Columbus Day holiday.

A resume is one of your most important tools when looking for a job. Learn how to prepare an effective resume that will get you an interview.

"Resumes That Work" will be held Oct. 9 from 11:30 a.m. to 1 p.m. This workshop will cover what to include on

your resume, which format to use, and other resume writing tips.

Here's a look at upcoming workshops and seminars:

Oct. 9 - Reading Your Credit Report, 2:30 to 4 p.m.

Oct. 10 - Exceptional Family Member Program Point of Contact Training, 8 to 10 a.m.

Oct. 11 - Acing the Interview, 11:30 a.m. to 1 p.m.

Oct. 11 - Thoughts and Feelings Seminar: Healing Your Past, 1 to 3 p.m.

## Retired colonel offers tips to career change

The Naval Station Newport Fleet and Family Support Center (FFSC) is sponsoring a once-a-year lecture on transition from military to civilian life. It will be presented by The Military Officers Association of America (MOAA), and is entitled "Marketing Yourself for a Second Career," on Oct. 16 at noon in the Naval Justice School Auditorium (Building 360).

Transition is ultimately a part of all military careers, therefore, the lecture targets those who are contemplating retirement in one to five years.

However, it doesn't stop there. Regardless of whether any particular officer or senior enlisted member has reached the point of being in their own transition, they should be educated about the process in order to mentor and counsel those who work for them and are

contemplating or going through their transitions.

The lecture will be given by retired Air Force Col. Dan Koslov, now a deputy director of transition services on MOAA's national staff.

It includes comprehensive information on the retirement decision itself, employer perceptions, your competition, resumes, cover letters, job search, networking, career fairs, interview techniques, salary negotiation, benefits packages, the current job market, and other relevant and important transition topics.

All attendees will receive a free copy of the lecture's companion book, also titled, *Marketing Yourself for a Second Career*. It is an in-depth, all-in-one resource for the transition process.

For further information, contact Walt Shaughnessy at the FFSC at 841-6920.

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## Leisure

### Pool 307

(Building 307, 841-6628)

Cornell Swim Academy Swim Lessons next class registrations run through today. The classes run from Oct. 9 through Nov. 7 and cost \$70 for five weeks.

The class fee is per child and is due at time of registration. Cash, check or money order only are accepted, credit/debit cards are not accepted. Classes run twice a week between 3 and 6 p.m.

Registration is on a first-come, first-serve basis. Registration is accepted during normal pool operating

hours: Monday through Thursday 6 to 8 a.m., 10:30 a.m. to 1:30 p.m., and 3 to 6 p.m.; Friday 10:30 a.m. to 1:30 p.m. and 3 to 6 p.m.; and Saturday 8 a.m. to 1 p.m. For more information, call Pool 307 at 841-6628, e-mail [cornellswimacademy@hotmail.com](mailto:cornellswimacademy@hotmail.com) or visit <http://cornellswimacademy.vpweb.com>

### Officers' Club

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**TUESDAY:** Kids Eat For Free from 5 to 8 p.m. with the purchase of one adult meal

for children age 12 and under.

One free kid's meal from the Kids Menu is allowed per one adult meal purchase. An adult meal consists of purchase of an entrée salad, sandwich, burger or entrée, or special entrée from the Topside menu.

The offer is for dine-in only.

**WEDNESDAY:** \$10 Steak Night. Order an 8 ounce grilled angus New York strip steak, after 5 p.m.

**THURSDAY:** Enjoy a steamed lobster or lobster dinner below market price,

after 5 p.m.

**FRIDAY:** Wings Night from 4 to 6 p.m. Patrons can order 30-cent Buffalo wings, sold in increments of 10 for dine in only. Flavor selections include Buffalo, barbecue, garlic parmesan or teriyaki.

### Recreation Center

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beginning at 11 a.m. Call ahead and have your lunch order ready when you arrive.

### October events

**Columbus Day Oct. 8:** Military bowl for \$1 per game; and non-military bowl for \$2 per game from noon to 6 p.m.

### Special fitness activities

(Gym 109, 841-3154)

• The MWR Golf Tournament is Thursday, Oct. 11, at Newport National Golf Club in Middletown. Check-in at 7 a.m. with a shotgun start at 8 a.m.

Full team payment is due upon registration and accepted at Gym 109, Monday through Friday from 8 a.m. to 4 p.m.

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<b>POOL 307</b>	CLOSED	6-8 a.m., 10:30 a.m.- 1:30 p.m., 3-6 p.m., HOLIDAYS CLOSED	6-8 a.m., 10:30 a.m., -1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m., -1:30 p.m., 3-6 p.m.	6-8 a.m., 10:30 a.m., -1:30 p.m., 3-6 p.m.	10:30 a.m., -1:30 p.m., 3-6 p.m.	8 a.m.-1 p.m.
<b>BOWLING CENTER</b>	1-8 p.m.	11 a.m.-8 p.m. HOLIDAYS 12-6	11 a.m.-8 p.m.	11 a.m.-8 p.m.	11 a.m.-8 p.m.	11 a.m.-10 p.m.	1-11 p.m.
<b>LIBERTY CENTER</b>	12-8 p.m.	4-8 p.m. HOLIDAYS 12-6	4-8 p.m.	4-8 p.m.	4-8 p.m.	4-10 p.m.	12-10 p.m.

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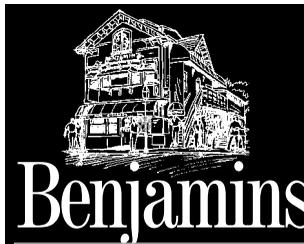
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# Women aviators challenged stigmas

**Eight Bells lecture notes barriers faced in aviation circles**

**BY JOHN KENNEDY**  
NWC Museum Director of Outreach

We are rapidly approaching the 40th anniversary of women being allowed to be military aviators. Those who served during this transition will attest to the fact that it was not always easy or accepted by others.

Linda Maloney with her book, *Military Fly Moms: Sharing Memories, Building Legacies, Inspiring Hope*, provides new insights into the lives of the women who followed their desire to become aviators and contributed to the acceptance that women have today in military aviation circles.

Add marriage and parenthood into the equation and you have the basis for the compilation of stories written by women who have followed their dreams and opportunities to become aviators in the Army, Navy, Air Force, Marine Corps and Coast Guard.

Maloney spoke at the Eight Bells Lecture series last week at the Naval War College Museum. She is a retired naval officer who began her



John Kennedy/NWC Museum photo

**Linda Maloney, left, discusses her book, *Military Fly Moms: Sharing Memories, Building Legacies, Inspiring Hope*, for the Eight Bells Lecture series last week at the Naval War College Museum.**

career as an air traffic controller.

After selection to the BOOST (Broadened Opportunity for Officer Selection and Training) Program, she attended the University of Idaho on a NROTC scholarship. Following flight school, she was designated a naval flight officer. After several flight tours that included carrier operations in the Arabian Gulf in support of the no-fly zone in Iraq, she did a lateral transfer into the AEDO (Aerospace Engineering Duty Officer) commu-

nity. She knew her story, but she wondered how other women had been able to balance the job requirements

(flight schedules, deployments, etc.) with the family demands.

The stories are varied, but there are recurring themes:

— “Things do not always have to be perfect” was one.

— Having a successful military career and being a mother are not mutually exclusive concepts, was another.

Many of the women are involved in organizations to mentor and encourage young girls to pursue their dreams and the personal nature of the stories makes this book truly inspirational.

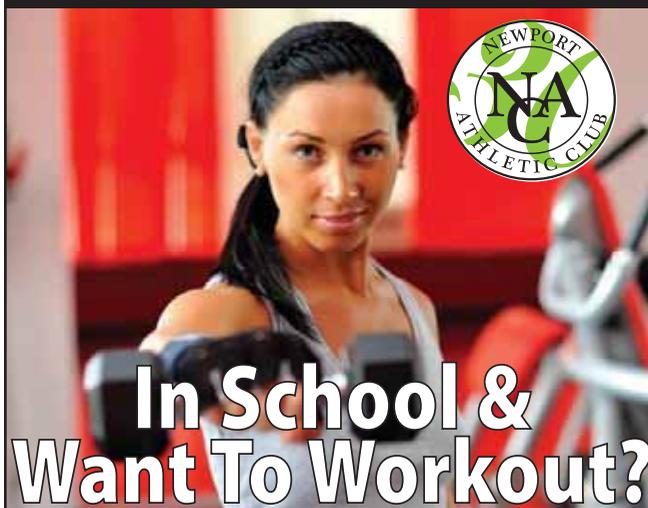
The next Eight Bells Lecture on Oct. 11 will feature Professor Nicolas Sarantakes speaking about his book, *Making Patton: A Classic War Film's Epic Journey to the Silver Screen*.

On Oct. 18, Professor Bruce Elleman will discuss his recent book *High Seas Buffer: The Taiwan Patrol Force, 1950-1979*.

The lecture series format has the author speaking about 40 to 45 minutes on the topic of his book and the facts leading to its publication, and then 15 to 20 minutes for questions and answers.

For more information, please contact the Naval War College Museum at 841-2101/4052.

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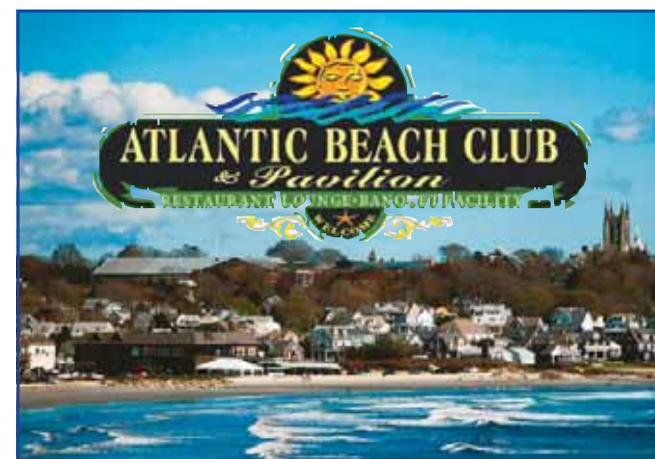
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## Navy-wide news

## Stevens welcomed as 13th MCPON

WASHINGTON (NNS) — Master Chief Petty Officer of the Navy (MCPON) (SS/SW) Rick D. West gave his last “Hooyah” during the change-of-office ceremony at the Washington Navy Yard on Sept. 28.

Chief of Naval Operations Adm. Jonathan Greenert was the guest speaker for the ceremony and highlighted MCPON West’s accomplishments during his naval career while thanking him for his leadership.

“MCPON West, you made the Navy better through your willingness to listen and learn,” said Greenert. “I watched you firsthand in the Pacific Fleet, at U.S. Fleet Forces, as VCNO, and I had the honor to serve with you for one year as CNO. MCPON West had the heartbeat of



Stevens

the Navy. Sailors communicated with him. He challenged Sailors and they loved it.”

The ceremony marked the end of a nearly 32-year career for West, who had served as the 12th MCPON since Dec. 12, 2008.

During his time as MCPON, West instituted the Senior Enlisted Continuation Board, introduced CPO 365, and implemented the mandatory enlisted warfare designation. “MCPON West made a difference and led by example. He made a tangible

improvement in our Navy,” said Greenert.

“I say to you and Bobbi (wife), thank you very much and our nation and our Navy thanks you.”

MCPON (AW/NAC) Mike D. Stevens took the helm of the enlisted force as the Navy’s 13th MCPON after receiving the ceremonial cutlass from MCPON West.

“I was honored to pick MCPON 13,” said Greenert. “It was not an easy task. MCPON Stevens is a proven and effective leader. This is a guy ready to lead our Navy and I look forward to your insight and perspective.”

Stevens, a native of Montana, joined the Navy in 1983 and most recently served as Fleet Master Chief for U.S. Fleet Forces Fleet Master Chief in Norfolk. His

previous Command Master Chief tours included U.S. 2nd Fleet, Helicopter Sea Combat Wing Atlantic, Helicopter Mine Countermeasures Squadron 14, and Naval Air Station Pensacola.

MCPON Stevens thanked Adm. Greenert for his trust and faith in his selection as MCPON.

“I am both humbled and honored to have been provided this magnificent opportunity to lead and serve our Sailors, their families and our government civilians as the 13th Master Chief Petty Officer of the Navy,” said Stevens.

Stevens thanked West for his service, leadership and friendship and spoke to the Navy, saying he is excited about the future and looking forward to serving.

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