



PRESS ADVISORY

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FOR IMMEDIATE RELEASE

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Chef Emeril Lagasse To Visit Navy Exchange Norfolk On October 5

New Orleans' own, Chef Emeril Lagasse, will be signing copies of his newly released cookbook, *Sizzling Skillets and Other One-Pot Wonders*, at Navy Exchange (NEX) Norfolk on Wednesday, Oct. 5, from Noon to 4 pm. The book will be available for purchase at NEX Norfolk. The book signing is open to authorized military exchange customers only.

As a national TV personality, Emeril has hosted more than 2000 shows on Food Network and he is the food correspondent for ABC's Good Morning America. He is also the host of three series on the Cooking Channel: *The Originals with Emeril*, *Fresh Food Fast*, and his ever-popular *Emeril Live*. His latest series, *Emeril's Table*, premiered on Sept. 26 on the Hallmark Channel and airs weekdays at 11/10c.

In addition to his 12 renowned restaurants throughout the country, Emeril is a bestselling author of 15 cookbooks, including his latest, *Sizzling Skillets and Other One-Pot Wonders*.

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Prior to the book signing, Emeril will be available for media interviews from 11:10 – 11:45 a.m.

Note to Media: Outlets interested in covering this event, should contact the Naval Station Norfolk Public Affairs Officer at 322-2576 or 438-4245 cell. Media will meet at the Naval Tour and Information Center (9079 Hampton Blvd) at 10:45 a.m. on Wednesday, Oct. 5.