

Appendix C

Navy Community Service Program Projects and Ideas

The following are examples of partnerships and projects that satisfy the Navy Community Service Program (NCSP) goal of assisting in the education and enrichment of the nation's youth and communities and in revitalizing citizenry. The Flagship Partnership programs target issues related to education, health safety and fitness, environmental stewardship, citizenship, and humanitarian assistance. For other ideas than those presented below, see the Cookbook for Success. To obtain the Cookbook, contact your Area/Regional Coordinator or Naval Personnel Command (PERS-605).

Enclosure (1)

Programs/Projects/Ideas

STARBASE ATLANTIS - supports the U.S. Navy and our communities through dynamic educational youth programs that focus on math science, technology, drug demand reduction and goal setting, while enhancing Navy unit readiness through volunteer participation.

An educational outreach program that offers at-risk fifth graders an opportunity to experience real-world applications of mathematics and science through experiential learning, simulations, and experiments in aviation and space-related fields. The program also helps students develop self-esteem and motivates them to set challenging goals.

During a five-week period, Navy volunteers serve as instructors to demonstrate how technical skills are applied in flight simulation, ship handling, meteorology, and navigation. Tours of the base facilities give students a realistic demonstration of the mathematics and science used daily in the fleet. Students have the opportunity to operate aircraft, ship, and computer simulation programs.

For additional information, see the STARBASE ATLANTIS Home Page at <http://www.cnet.navy.mil/comunity/starbas1.htm> or contact STARBASE ATLANTIS Director, at (904) 452-3109 or DSN 922-4837.

PEER MEDIATION - If your partnership school does not have a mediation or conflict resolution program, start one! Peer mediation programs teach youth to help others resolve conflicts without resorting to violence. The program trains a third party to help people see the conflict from the other person's point of view and to work together to find a resolution to the conflict. The National Association for Mediation and Education (NAME) at Box

33635, University of Massachusetts, Amherst, MA 01003-3636, has materials on establishing a peer mediation program at your school. NAME also has a violence prevention resource list of organizations that deal with violence. Also visit <http://teacherpathfinder.org/Support/Bckup/peermediate.html>

TREE MUSKETEERS (TM) - Tree Musketeers is committed to empowering young people to lead environmental improvement in Earth's communities through innovative action and education programs that motivate others to become partners in a united youth movement. Tree Musketeers was incorporated in 1990 as a nonprofit administered by youth with the support of adult partners. All activities are youth-led with adults serving as a support system for young decision makers. The vision of Tree Musketeers includes planting trees and exerting powerful influence in fostering social change.

Projects supported by Tree Musketeers include planting trees to create wildlife habitats. For example, in El Segundo, California, Tree Musketeers volunteers are work with Chevron USA to plant native vegetation to help the endangered El Segundo Blue Butterfly survive. The Tree Musketeers have also created the Partners for the Planet Network in which children run a speakers bureau, 1-800 hotline, and coordinate national youth environmental summits. For information on starting a Tree Musketeers chapter, visit <http://www.planetopia.com/treemusk.htm> or email planetopia@earthlink.net or write or call the Tree Musketeers, 136 Main Street, Suite A, El Segundo, California 90245-3800, Hotline (800) 473-0263, Business telephone number (310) 322-0263, and fax (310) 322-4482.

EARTH FORCE - Earth Force is a nonprofit organization that promotes youth environmental education and public citizenship through national campaigns and other action programs. Last fall Earth Force launched its "Go Wild for Wildlife" campaign, teaming up with Nickelodeon's "The Big Help", in which children all over the country pledged their time to volunteer in their communities. For more information contact <http://www.earthforce.org> write to Earth Force, 1501 Wilson Blvd., 12th Floor, Arlington, VA 22209.

AFTER SCHOOL RESOURCE GUIDE - School-Age Notes is a national resource organization on school-age care to help children be responsible, have fun, and learn. It evaluates materials from hundreds of publishers and selects and describes the best in an After School Resource Guide, a catalog of publications and resources on science, activities, health, self-esteem, discipline, and multicultural diversity. For a copy of the catalogue, visit <http://www.schoolagenotes.com/resources.html> or write to School-Age Notes, P.O. Box 40205, Nashville, TN 37204.

TOASTMASTERS INTERNATIONAL - Toastmasters International, a nonprofit organization, develops communication and leadership skills through a series of speech assignments which teach and reinforce the basic techniques of public speaking. Help youth learn the arts of speaking, listening, and thinking - crucial skills for personal and professional development - by sponsoring a Junior Toastmaster Club in your partnership school. Check with your local Human Resources Office. For additional information contact <http://www.toastmasters.org> or 949-858-8255.

CONSTITUTIONAL RIGHTS FOUNDATION - The Constitutional Rights Foundation is a nonprofit organization that has developed mini-lesson plans to introduce elementary and secondary school students to the Bill of Rights. Through provocative discussion and writing activities, the lesson plans afford students the opportunity to explore the individual amendments and concepts of fair rules and responsible authority. Another resource offered by the Foundation is the "Bill of Rights in Action", a free newsletter for distribution to students. The newsletters present articles to help students analyze current issues related to the Constitution. For more information contact

<http://www.crf-usa.org/publications.htm> or the Constitutional Rights Foundation, 601 S. Kingsley Drive, Los Angeles, CA 90005, (213) 487-5590, FAX (213) 386-0459.

GLOBE - Global Learning and Observations to Benefit the Environment (GLOBE) is a joint venture between the Department of Education, Environmental Protection Agency, National Science Foundation, National Oceanic and Atmospheric Administration, and NASA to involve students worldwide in monitoring ecological problems. Students measure and transmit data via the Internet on air temperature, barometric pressure, wind speed, and solar radiation to scientists, who compile the data and send back the results in the form a computer graphic images. Limited federal assistance based on need and commitment to the program is available to schools that do not have measurement tools or computers. For more information and GLOBE registration materials, contact

<http://www.globe.gov> or call 1-800-858-9947

NASA MATH AND SCIENCE - From aeronautics to zoology, grade school through graduate school, the National Aeronautics and Space Administration (NASA) has numerous programs for enhancing mathematical and scientific literacy. The NASA Spacelink computer offers current information on programs and can be contacted at <http://spacelink.nasa.gov>

YOUNG ASTRONAUT COUNCIL sponsors the "Young Astronauts Program", a nonprofit, educational organization established to develop and deliver high-quality curricular material to chapters formed by schools, community groups or interested businesses, and to encourage students in elementary and junior high schools to study science, mathematics, technology and related subjects. Contact Young Astronaut Council, <http://www.yac.org> or 1308 19th Street NW, Washington D.C. 20036 or (202) 682-1984 or Fax: (202) 775-1773.

CAMPAIGN DRUG FREE Provides drug demand reduction program to schools, organizations and communities to address youth on the dangers of drug abuse and the importance of being drug free. Volunteer teams use professionally produced videotapes to convey a powerful anti-drug message to elementary, middle and high school students. Following the videotape presentation, volunteers engage the students in discussions to challenge them to take charge of their lives and stay drug free. Contact your local Naval Reserve or Marine Reserve Center and ask for the Campaign Drug Free Coordinator or for further information contact www.navy.mil/navresfor/cdf/drugfree.htm or 1-800-554-4542

JUNIOR ACHIEVEMENT INC is a nonprofit organization with the purpose of educating and inspiring young people to value free enterprise, understand business and economics, and be workforce ready. Junior Achievement provides training, materials, and support necessary to ensure a positive experience for the classroom volunteer. JUNIOR ACHIEVEMENT ELEMENTARY PROGRAMS include seven program themes that teach students that people assume roles as individuals, consumers, and workers in an expanding cultural environment that extends from the self and family to global relations. JUNIOR ACHIEVEMENT MIDDLE SCHOOL PROGRAMS supplement standard social studies curricula and help teens make difficult decisions about how to best prepare for their educational professional future. JUNIOR ACHIEVEMENT HIGH SCHOOL PROGRAMS help students make informed, intelligent decisions about their future and foster skills that will be highly useful in the business world. For further information, contact the local Junior Achievement Executive Director or contact <http://www.ja.org>

DRUG EDUCATION FOR YOUTH (DEFY) is a comprehensive and multi-phased program that reduces risk and strengthens protective factors which research has directly linked to adolescent alcohol and drug abuse, school failure, delinquency and violence. DEFY produces 9-12 year old graduates who have character, leadership and confidence to engage in positive, healthy lifestyles as drug-free citizens. For further information contact Office of the Secretary of the Navy, Drug Demand Reduction Task Force, Washington Navy Yard, 720 Kennon Street S.E. Room 320, Washington D.C. 20374-5046 or phone 202-433-3113/74 or DSN 288-3113/74

SAFE NIGHT is a party for youth, in a safe place, at night with time to learn about dealing with anger and avoiding factors that lead to violence. It belongs to the people who organize it in each community – teens, parents, local groups. For information and to download a planning guide contact <http://www.pbs.org/safenight>

FIRST NIGHT is an alcohol-free community celebration of the New Year with art, ritual and festivity. First Night International assists all interested communities in establishing the celebration. For information contact <http://www.firstnightintl.org>.

RIGHT SPIRIT is a Navy program that promotes alcohol deglamorization and alcohol abuse prevention, treatment and education. Contact: <http://bluemoon.spawar.navy.mil/navdweb> or Navy Personnel Command, Navy Drug and Alcohol, Fitness Education and Partnerships Division, 5720 Integrity Drive, Millington, TN 38055. DSN 882-4266.

Other Ideas - A variety of other possible activities,.

- Form a wellness council with your partnership school to discuss ways to help youth acquire self-esteem, learn life skills, and develop a sense of usefulness and hope for the future. Share leadership with youth and address the "whole person - mind, body, spirit and heart."
- Plan a talent show or comedy hour at your partnership school.
- Chaperon a school dance.
- Form a Saturday or midnight basketball league.
- Write and produce a play using puppets that address the risks of violence and substance abuse.
- Sponsor a Second Childhood Games Tournament (wheel barrow and gunny sack races, relays, hula-hoop competition, etc.) or other Fun and Fitness Day.
- Coach in your community's or partnership school's recreation program. Build youth self-confidence through supportive coaching and encouragement by promoting sports as a health-enhancing human activity. Instead of focusing on winning, develop teamwork in youth - caring and helping each other, practicing self-control, and setting realistic goals.
- Host a summer fitness camp.
- Sponsor a slogan or poster contest to cure the couch potato blues.
- Participate in your partnership school's safety patrol.
- Sponsor a "Nutrition and You" essay contest.
- Organize a day hike to a nearby recreational area.
- Challenge youth to a "Week without TV" and organize fitness or social activities.
- Sponsor a children's triathlon of swimming, biking, and running or walking.
- Present a Campaign Drug Free (CDF) program with your partnership school.
- Conduct a poll at your partnership school to assess smoking attitudes and practices of both students and faculty. Involve students to publish the results in the school newspaper.
- Sponsor a team to participate in a one-mile fun run or walk for AIDS, Race for the Cure, or other event to benefit a nonprofit organization.

- Start a 100-mile club for walking or jogging.
- Start a support network for pregnant teenage girls in your partnership school to encourage pregnant teens to complete high school.
- Support the Great American Smokeout. Adopt a student smoker and emphasize the benefits of a smoke-free lifestyle. Contact the American Cancer Society for packets of information and ideas to promote a smokeout.
- Become involved with Special Olympics. Volunteer to coach or be a buddy for an aspiring special Olympic athlete.
- Sponsor a bike safety workshop or bike tour for children to inspect bikes for safe riding, teach bicycle maintenance, and experience the joy of riding.
- Many Navy Recruiting Commands have Youth Programs Offices that maintain a lending library of educational related video tapes available for checkout to active duty personnel. ("Check it out!")
- Establish a partnership to identify, evaluate, and recommend after-school programs for teenagers that involve recreation, environmental project, drama, social activities, or public speaking.
- Set up a speakers bureau to talk to youth groups about AIDS prevention, alcohol and drug abuse, nutrition, dental hygiene, fitness, suicide prevention, etc.
- Involve youth in a project to design and print a coloring book on health and fitness.
- Start a rap group to write and perform songs on growing up healthy and risky adolescent behavior.
- Make a "Contract for Literacy" with your partnership school. Pledge a flower bulb for every book students read during the school year or semester, and plant the bulbs in the spring. As an art project, students can landscape their new bulb garden. The bloom of spring every year will not only beautify the school grounds; it will also reaffirm the friendship and commitment of Navy volunteers to strengthen youth education.
- Serve as advisor or managing editor to help students write a school newspaper column (similar to "Dear Abby") devoted to answering students' questions regarding conduct, personal or school problems, or guidance on life skills. Students will have the opportunity not only to research and compose responses, but to learn about problem-solving and issues important to youth.

Summer Ideas - Are you planning a summer activity with your partnership school? Consider the following projects:

- Equipment repair
- Grounds maintenance
- Drama camp
- New capital improvements, painting, school plant refurbishment
- A sports league
- Tutoring
- Ship/tug/squadron airplane/base tour, etc
- Operation Shipmate or similar program
- Teacher/staff development (TQL, computer instruction)
- Student contests (essays, reading, art, etc.)
- Volunteer training

Deployment Ideas:

- Have each youth bring in a roll of film to be shot during the deployment.
- Prepare a school bulletin board before deploying, to be used as a "status board", with a map (and/or navigational charts) that can track your "movements" (with flags or push pins). The board can hold postcards and letters from sailors, and pictures taken at various ports.
- Introduce new partnership volunteers by correspondence (and videotape, if possible). Have them describe themselves, their jobs, interests, hobbies, and families, and then have them say how much they are looking forward to meeting the students after the deployment.
- Initiate an overseas pen-pal program for your partnership school, with schoolchildren (of corresponding ages) at one of your ports. (This can be done through the U.S. Consulate - your Commanding Office can provide a point of contact.)
- Call the school via Military Affiliate Radio System (MARS). A liaison from the command or from a sister command is responsible for arranging a demonstration with a Ham radio. A operator at the other end of the Ham radio will converse with students. Explain to the students (prior to the call) the required procedure for conversing ("over", "out", etc.) and the reason for the procedure. Also explain how sailors sometimes talk to their families via MARS, and encourage discussion, following the call to the school, about the benefits and disadvantages of this type of communication. Be sure to emphasize that the actual school phone call is subject to available operators and frequencies, to ensure flexibility at the "receiving end".
- Have students prepare banners for Homecoming. Since most sailors are likely to be preoccupied with their own families and friends at the actual homecoming, it might be better for the youth to plan their own Welcome Back celebration following post-deployment standdown.

