

5354
12 Jan 09

From: Commanding Officer, Commander Naval Region Mid-Lant
To: OS1 Joe M. Sailor II, USN, XXX-XX-1234

Subj: APPOINTMENT AS COMMAND MANAGED EQUAL OPPORTUNITY
(CMEO) MANAGER

Ref: (a) OPNAVINST 5354.1F

1. You are hereby designated as the Command Managed Equal Opportunity (CMEO) Manager at Commander Naval Region Mid-Lant, per reference (a). You shall familiarize yourself with and be guided by reference (a) in performance of your duties.

2. This designation is effective until you transfer or rescinded by the Officer In Charge.

3. Your support of the command's mission is greatly appreciated.

J. M. CARRIER