

2010 Navy Region Northwest Food Service Survey

Completed Surveys - 792

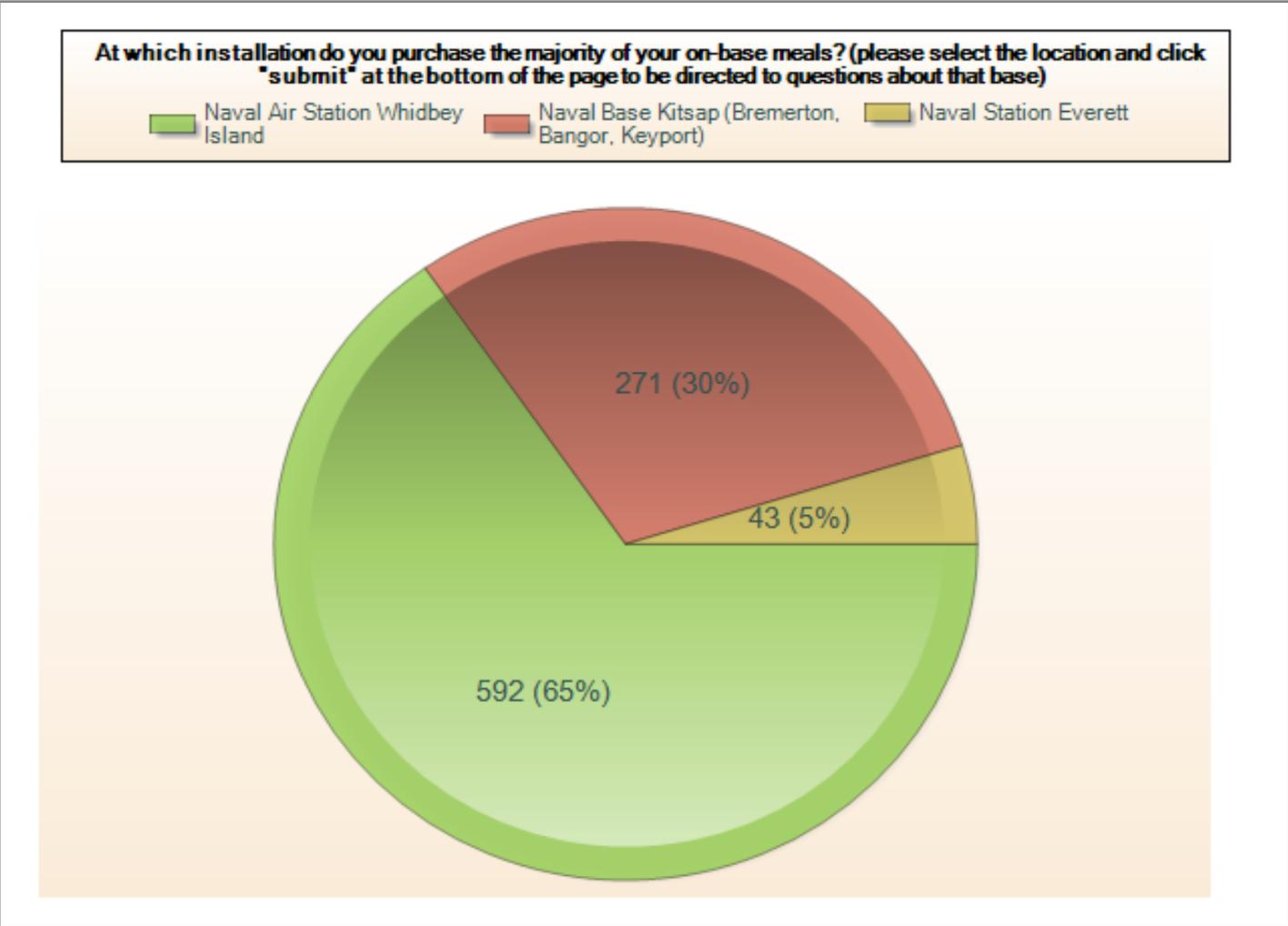
Partially Completed Surveys - 114

Total Responses - 906

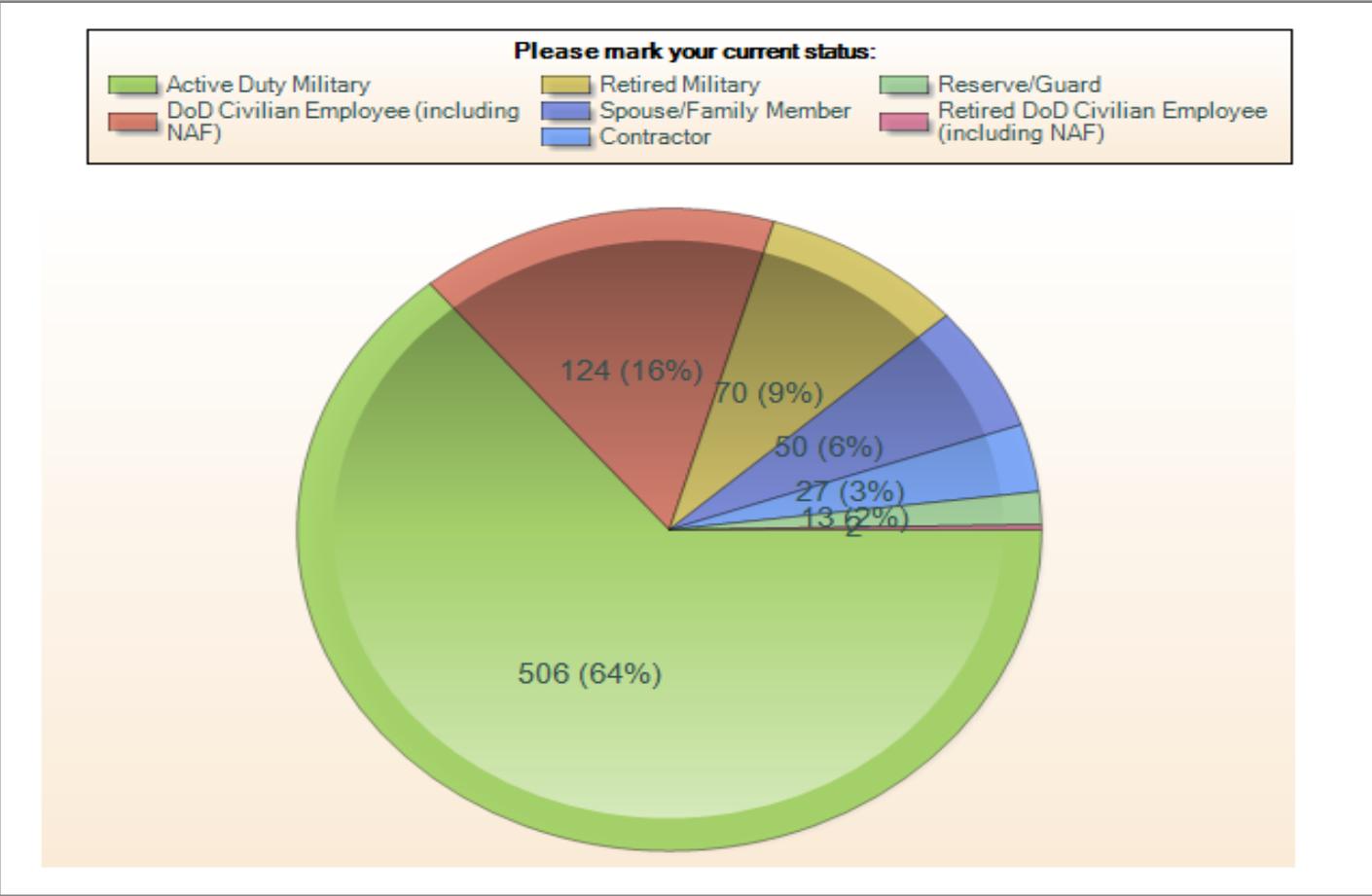
Launched - 6/16/2010

Closed - 7/16/2010

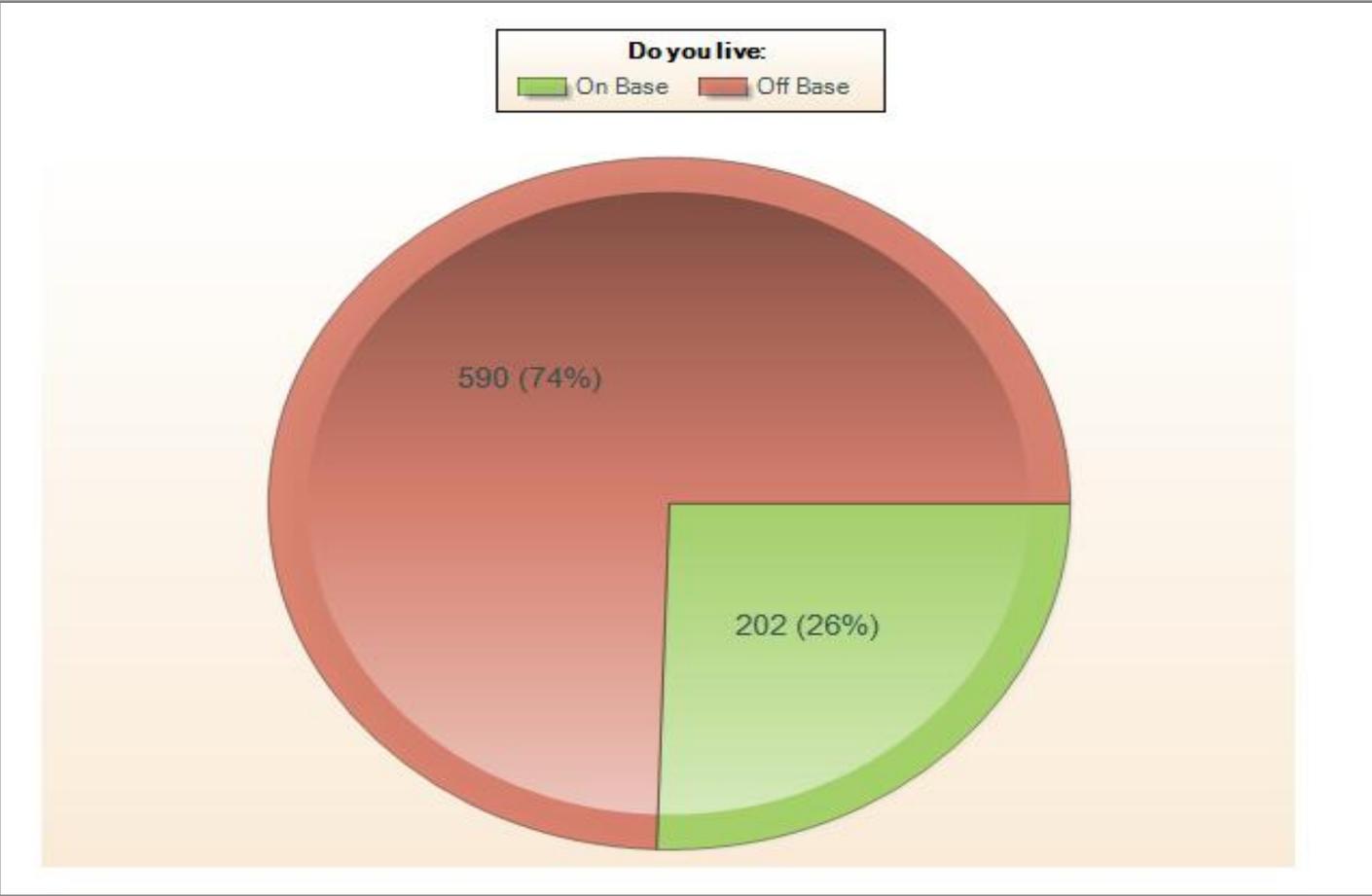
2010 Navy Region Northwest Food Service Survey: At which installation do you purchase the majority of your on-base meals? (please select the loca ...

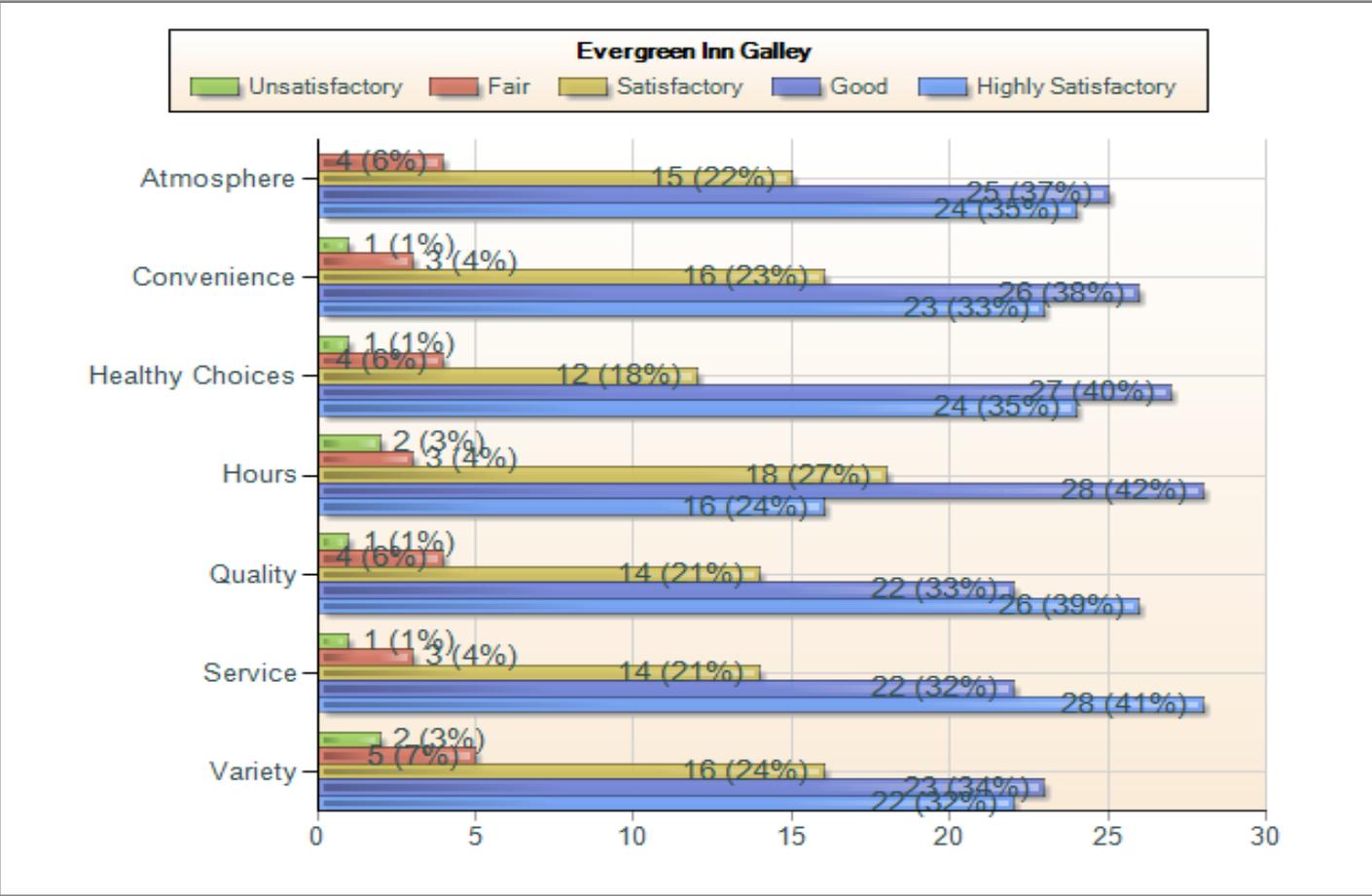


2010 Navy Region Northwest Food Service Survey: Please mark your current status:

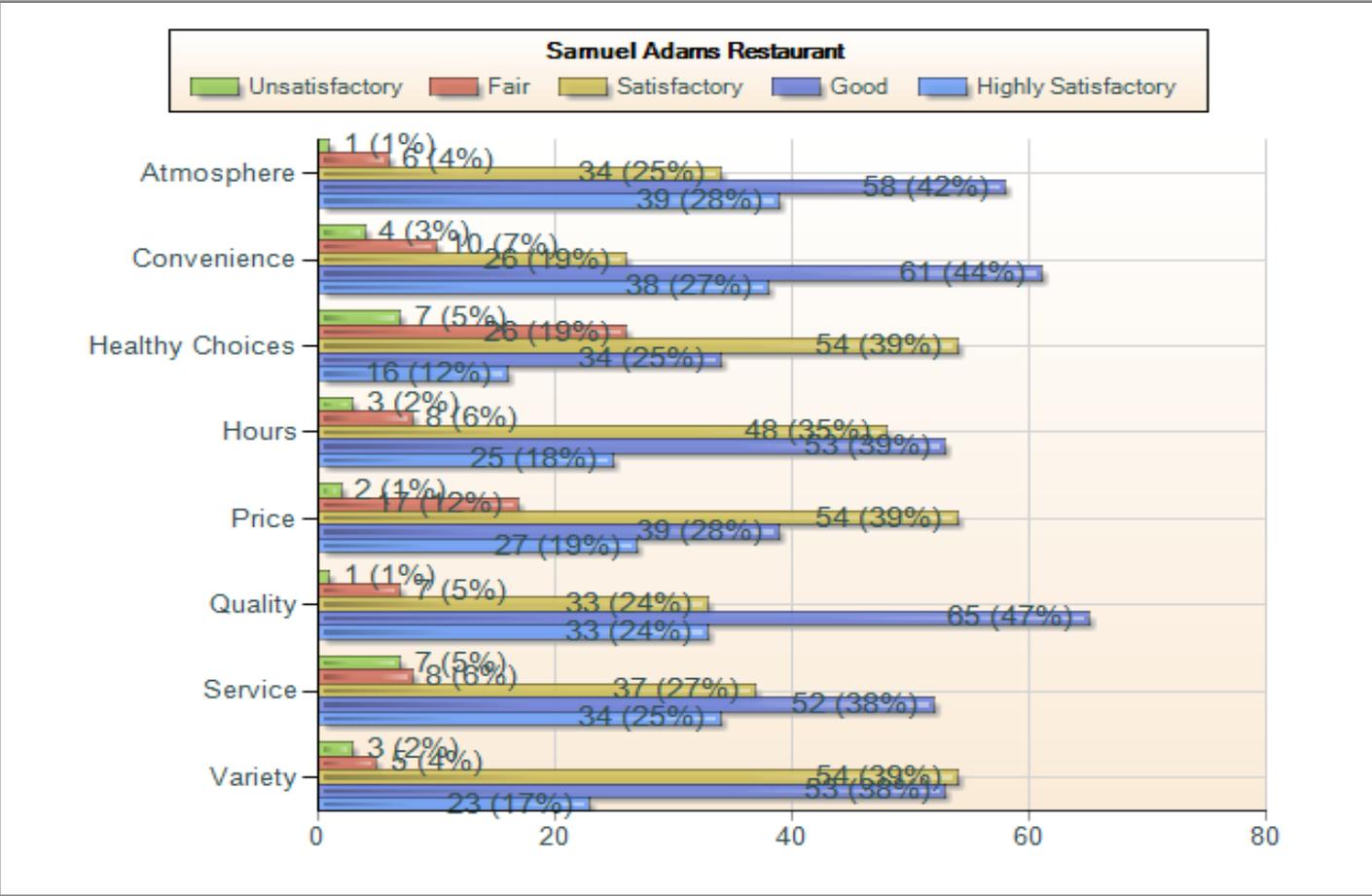


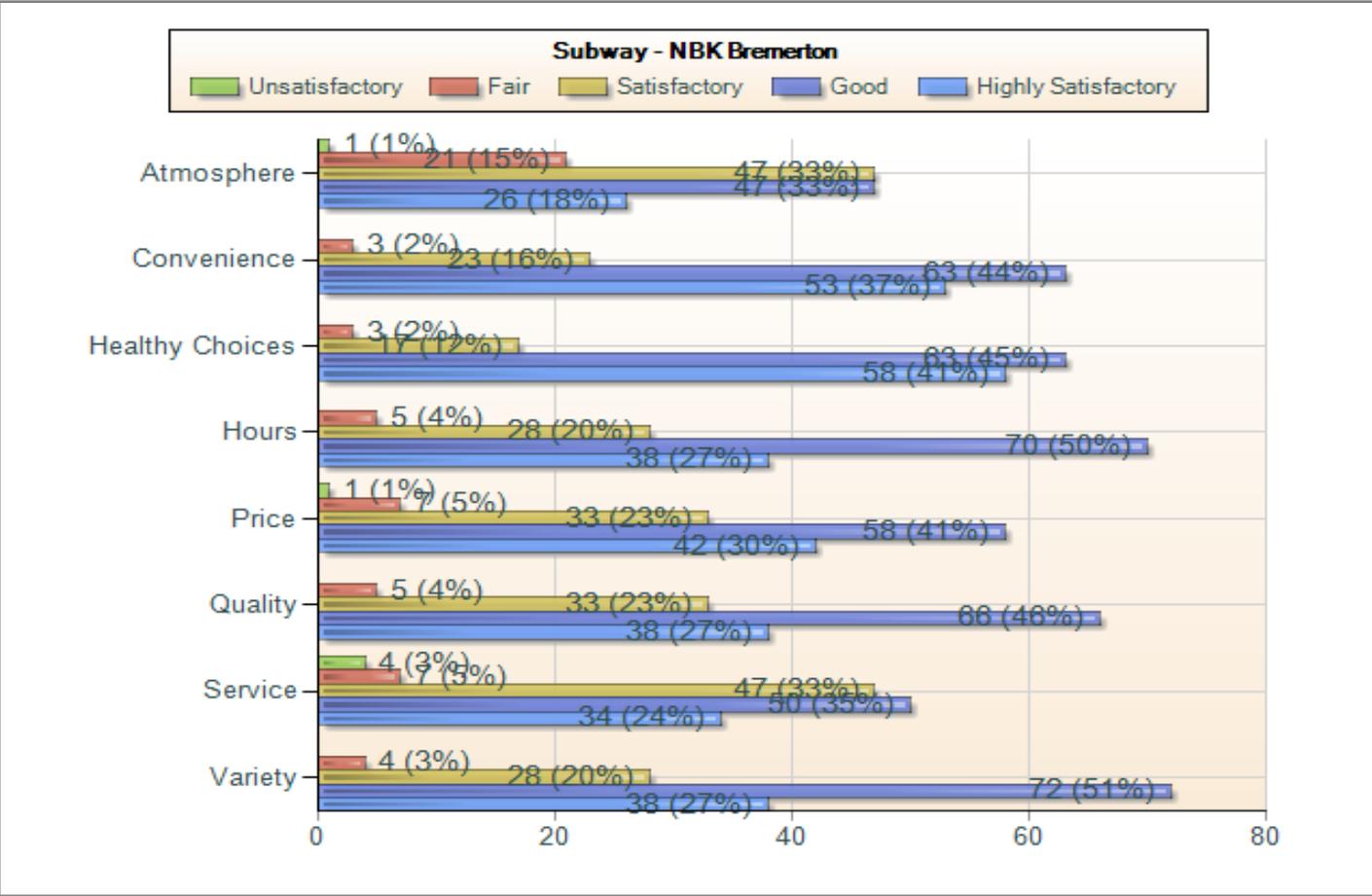
Pay grade (or sponsor's pay grade):		
E1 - E3	15%	118
E4 - E6	36%	287
E7 - E9	20%	161
W1 - W5	0%	2
O1 - O3	4%	32
O4 - O5	4%	31
O6 or above	1%	6
GS 1-7	5%	38
GS 9-15	9%	73
NAF 1-5	2%	15
Contractor	4%	29

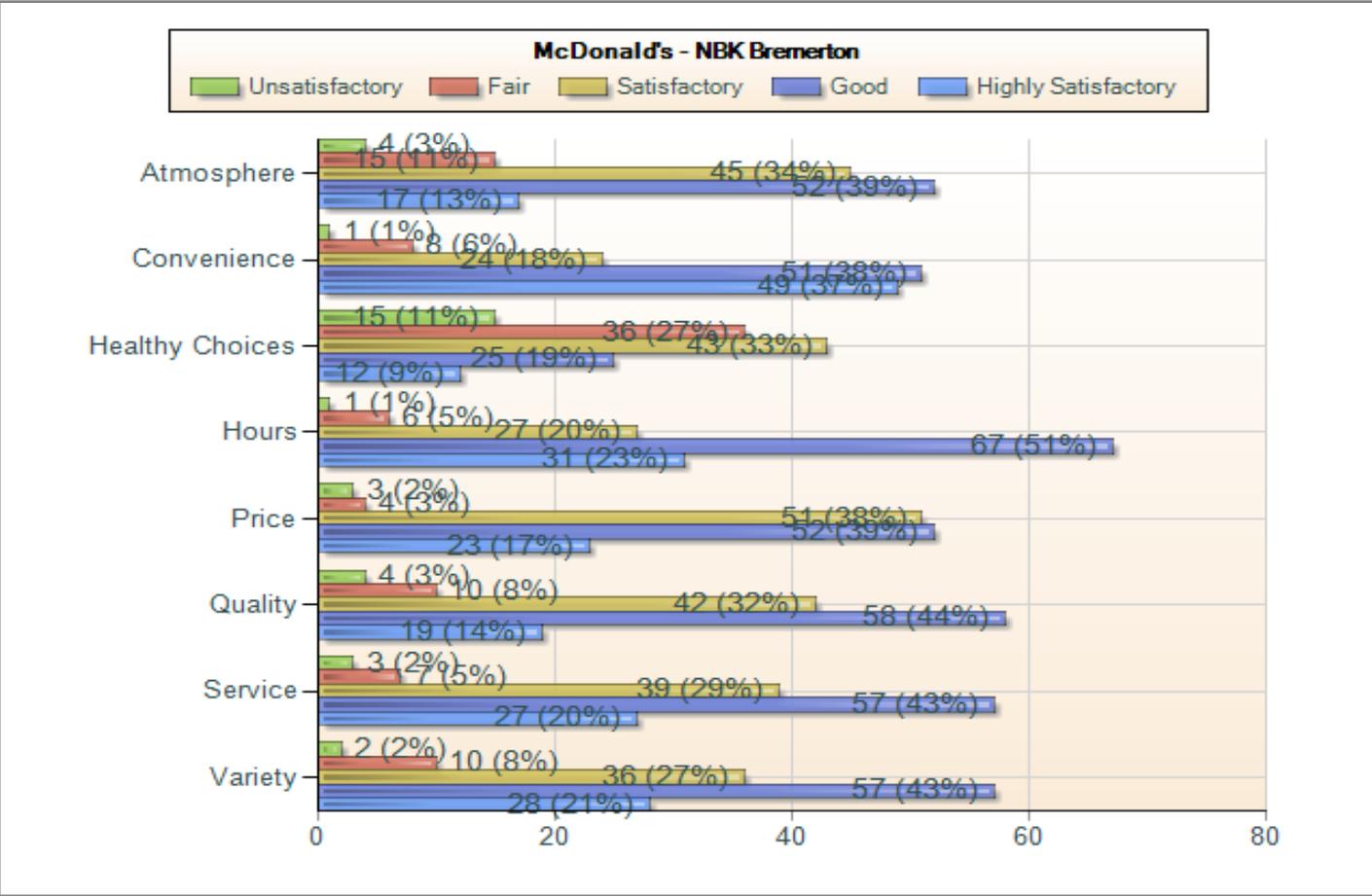




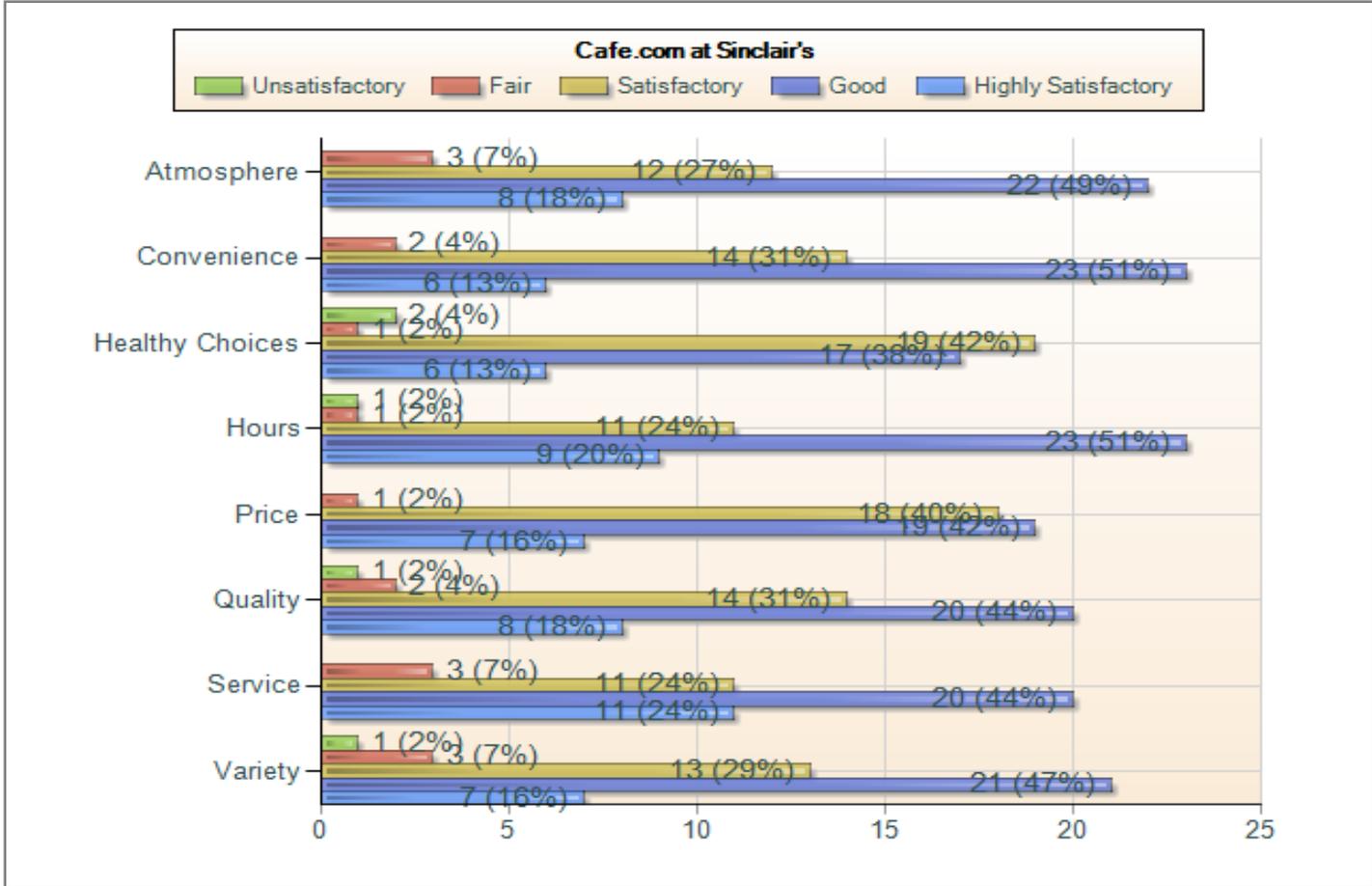
2010 Navy Region Northwest Food Service Survey: Samuel Adams Restaurant



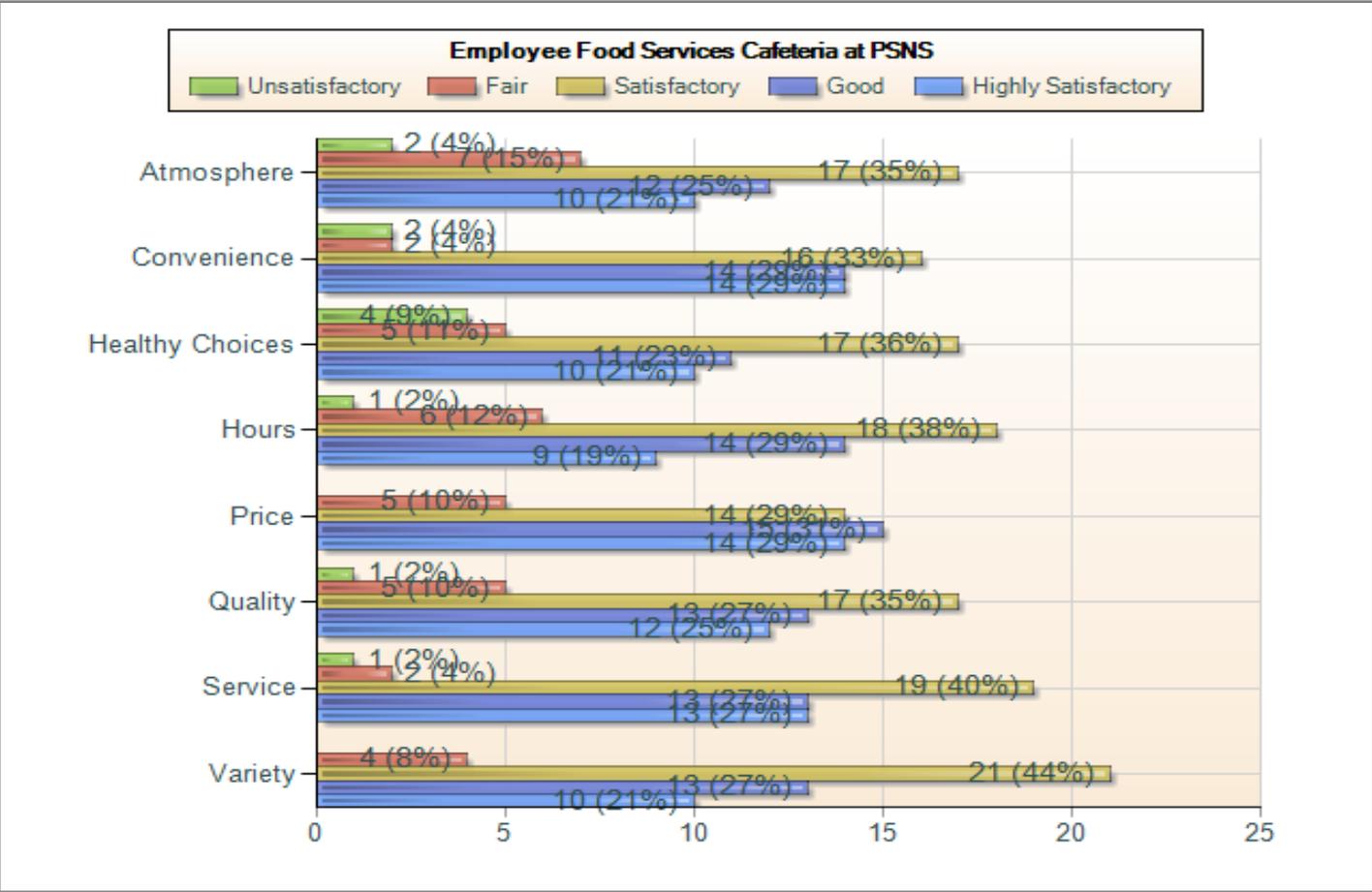




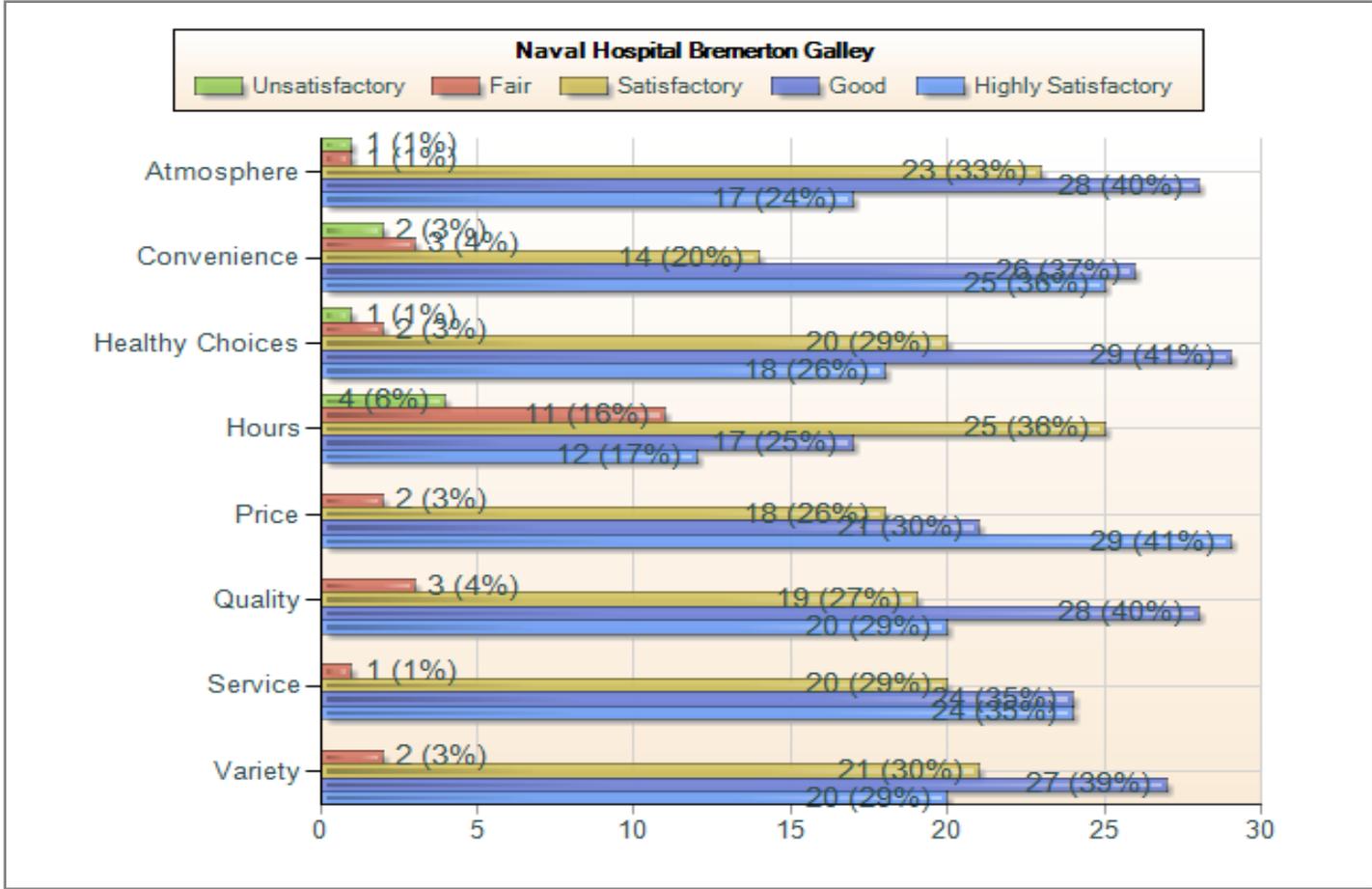
2010 Navy Region Northwest Food Service Survey: Cafe.com at Sinclair's



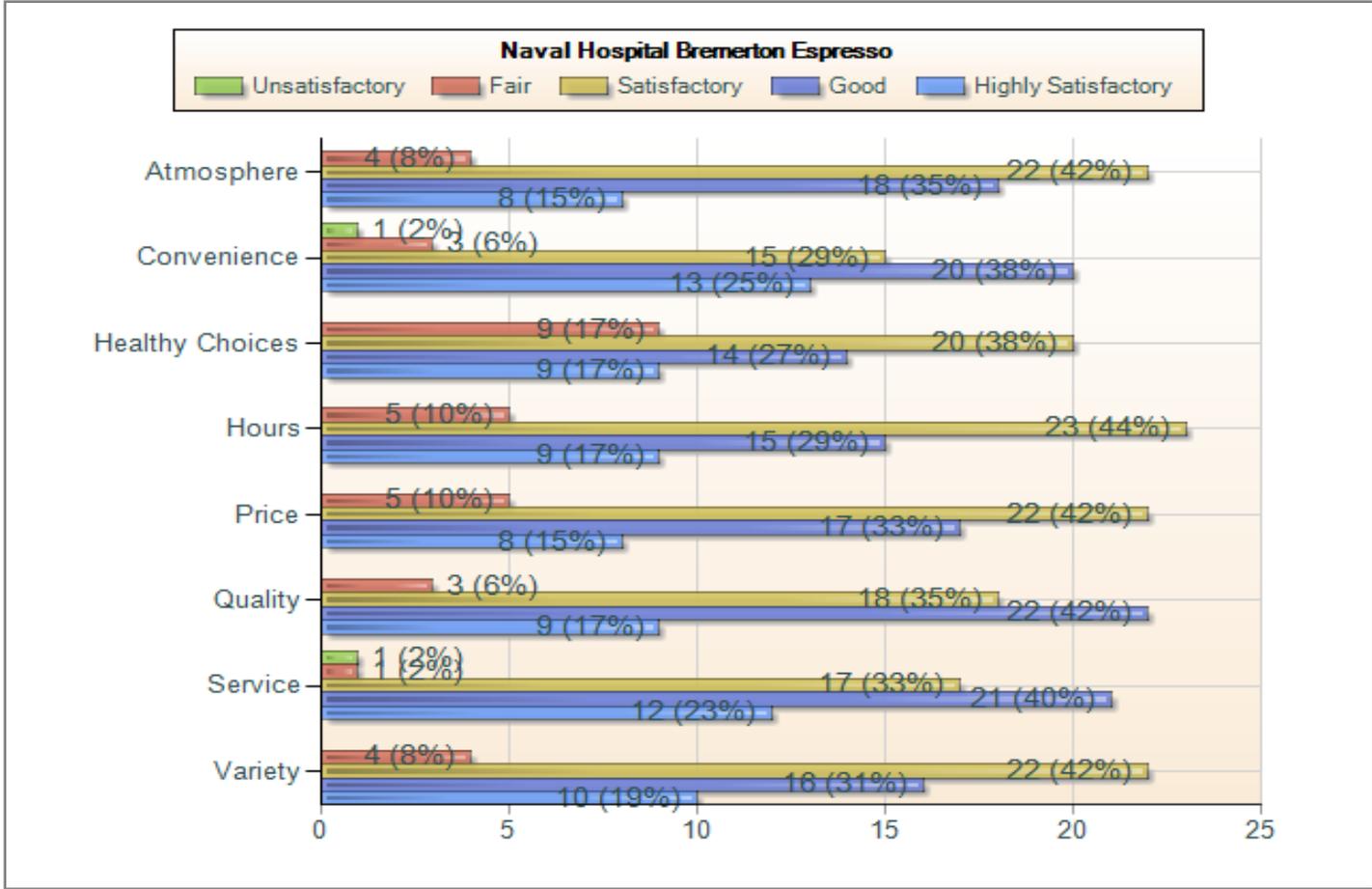
2010 Navy Region Northwest Food Service Survey: Employee Food Services Cafeteria at PSNS



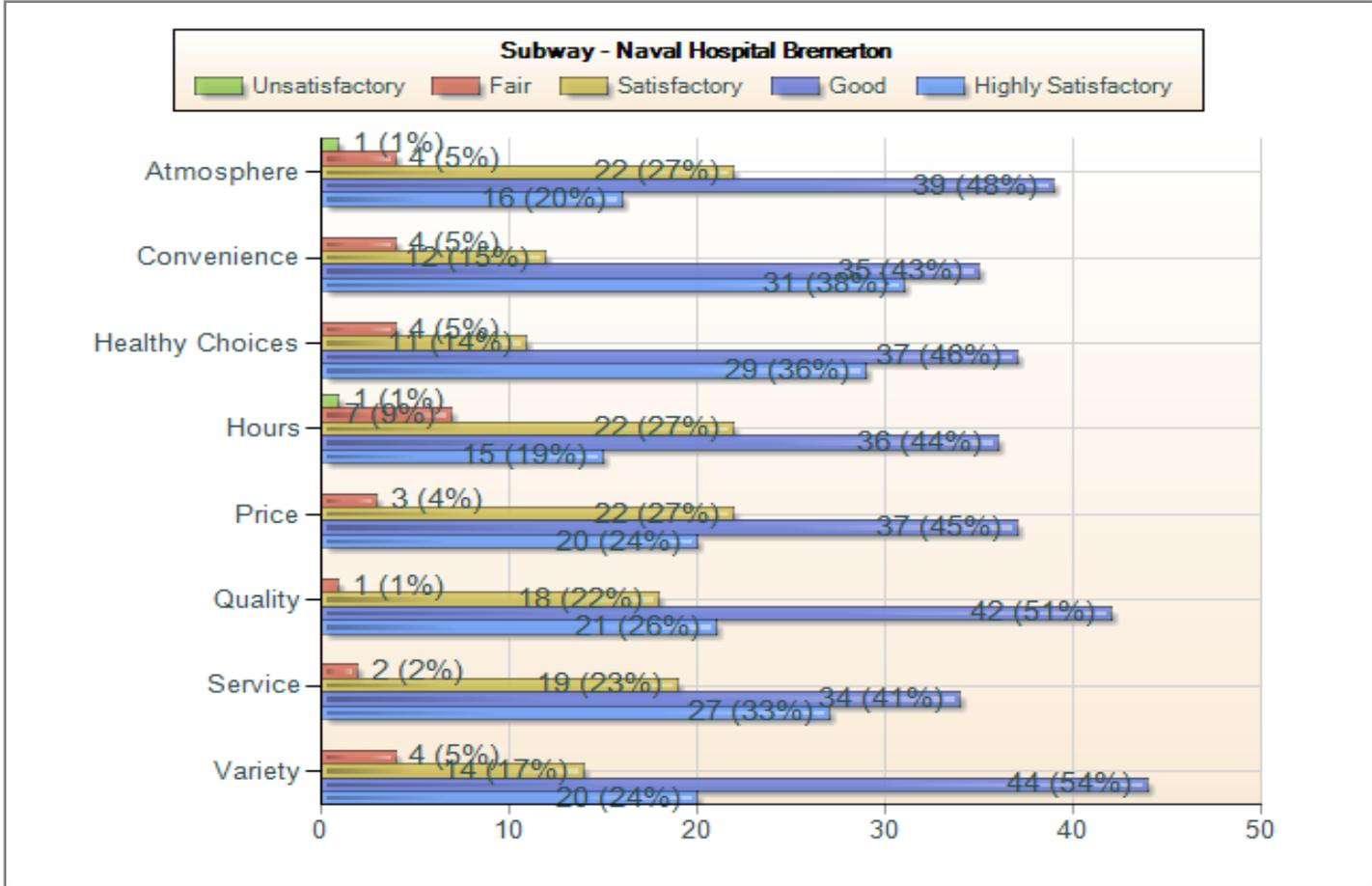
2010 Navy Region Northwest Food Service Survey: Naval Hospital Bremerton Galley

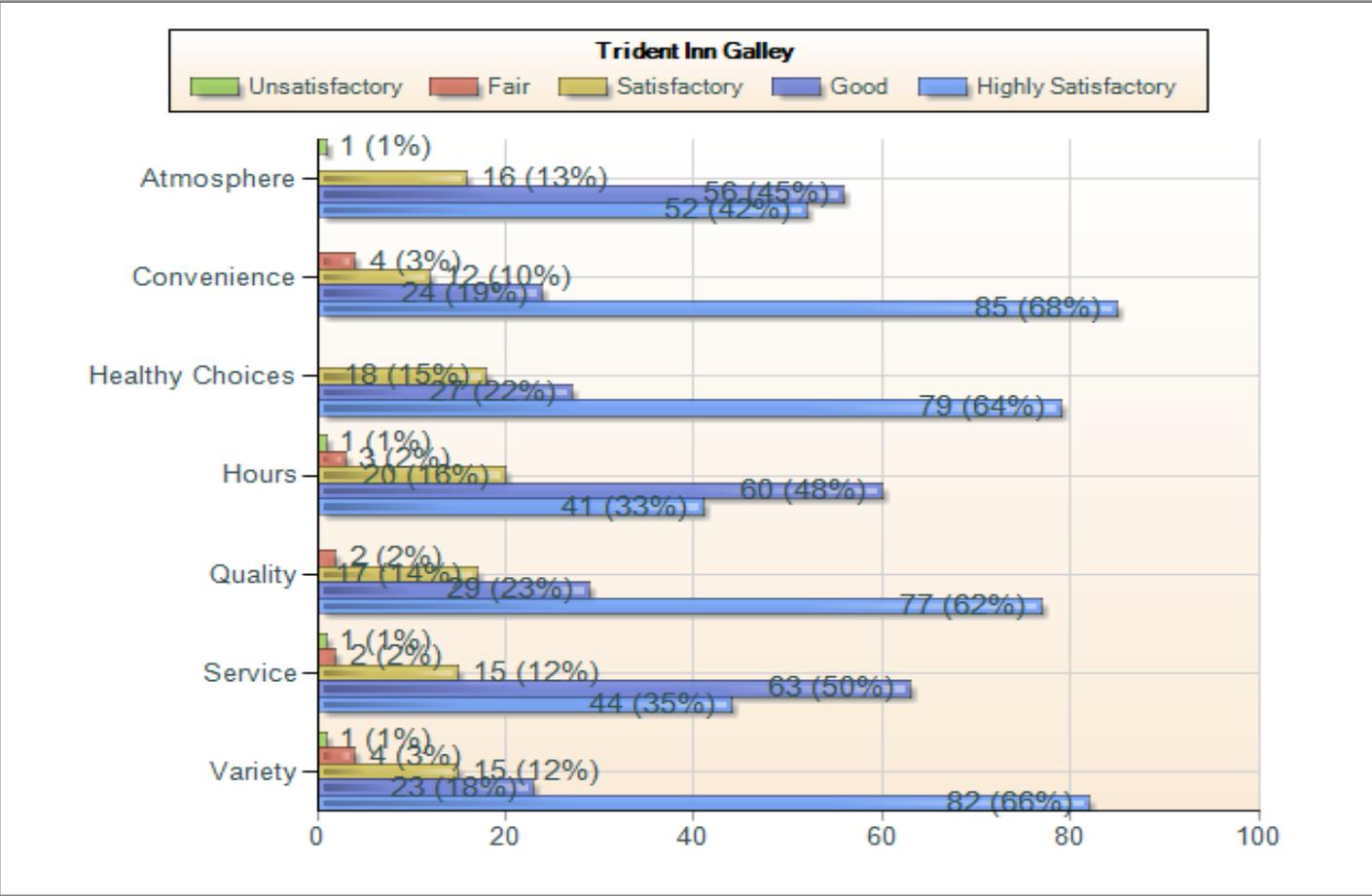


2010 Navy Region Northwest Food Service Survey: Naval Hospital Bremerton Espresso

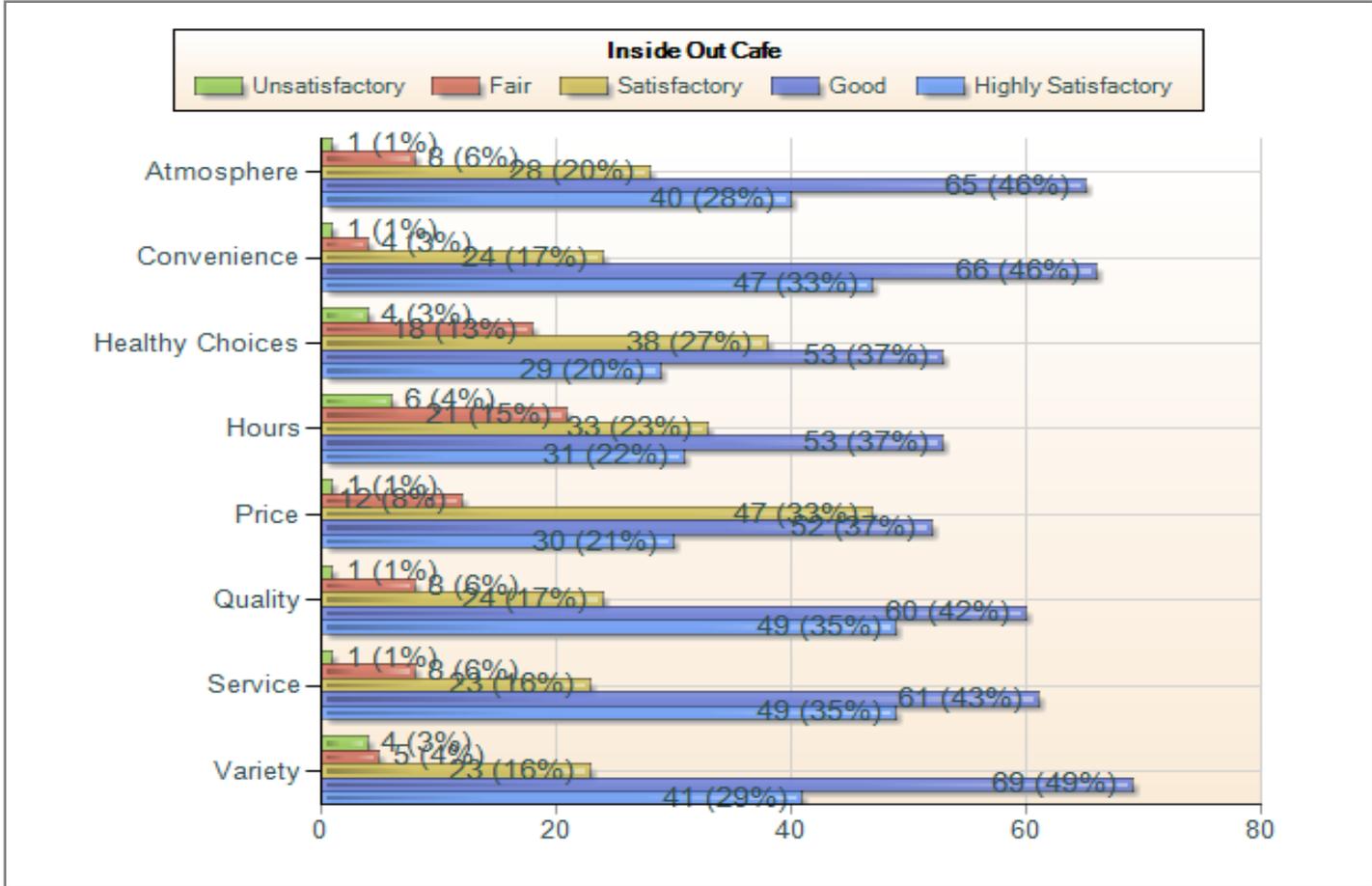


2010 Navy Region Northwest Food Service Survey: Subway - Naval Hospital Bremerton

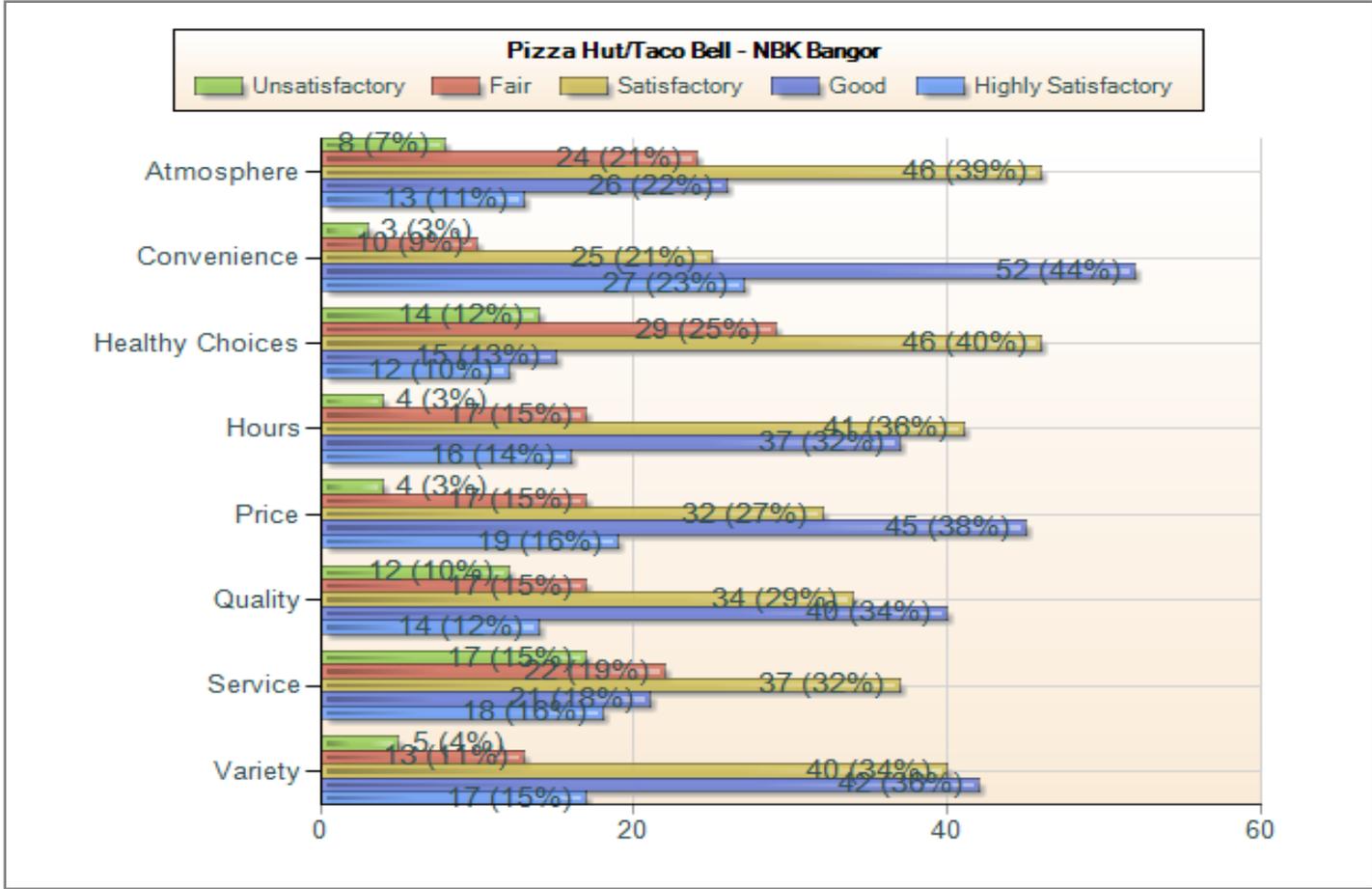


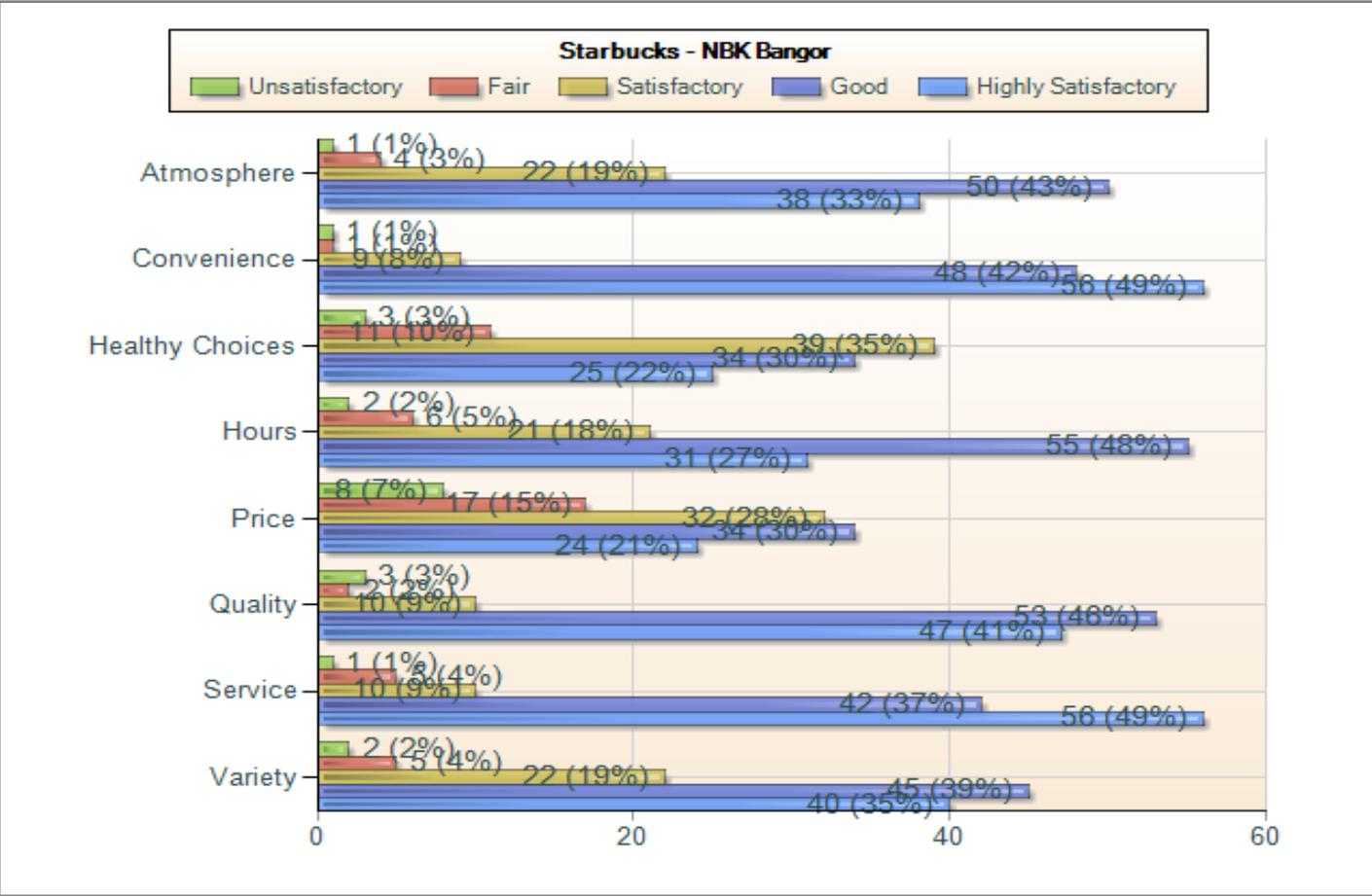


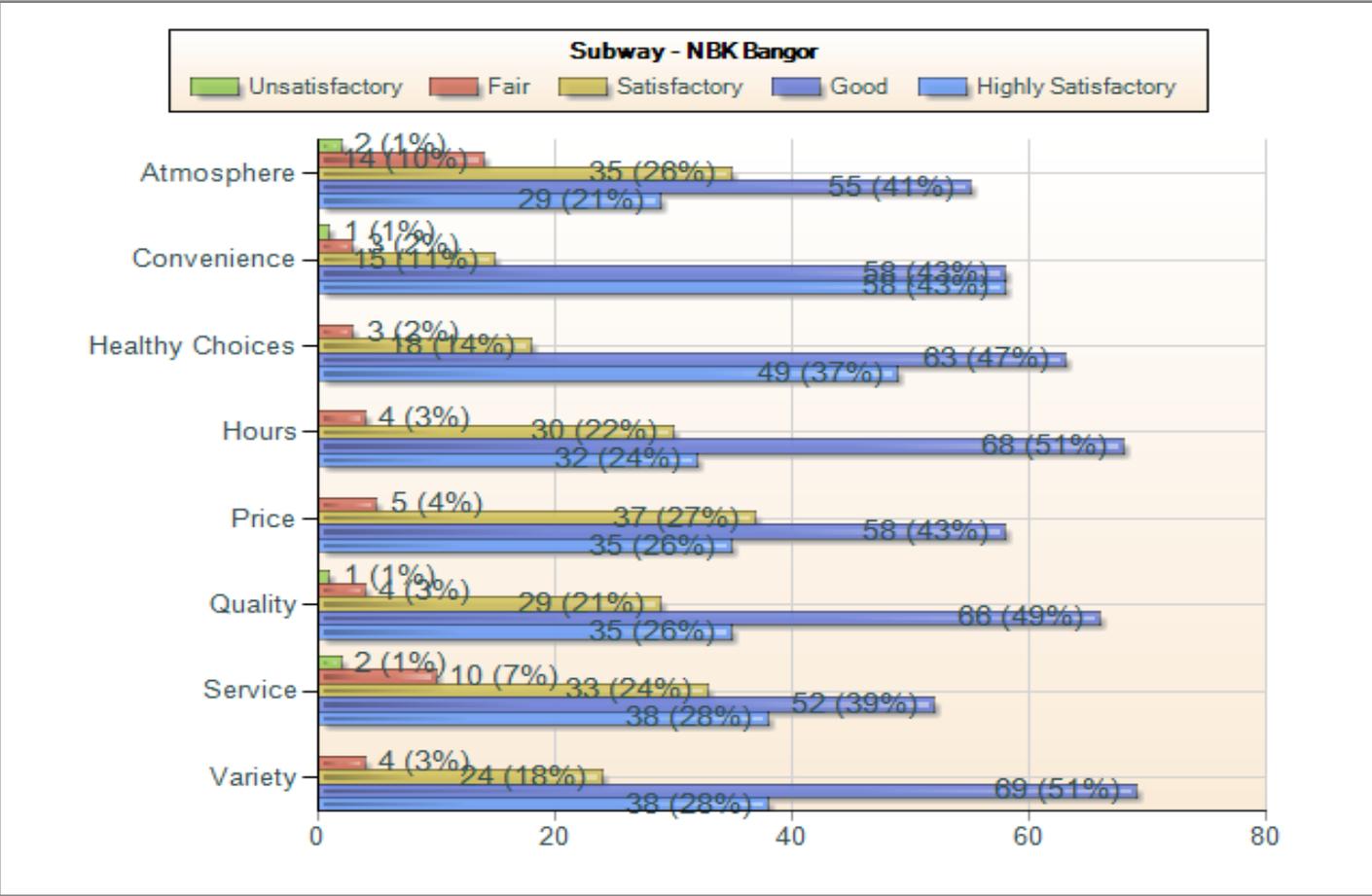
2010 Navy Region Northwest Food Service Survey: Inside Out Cafe

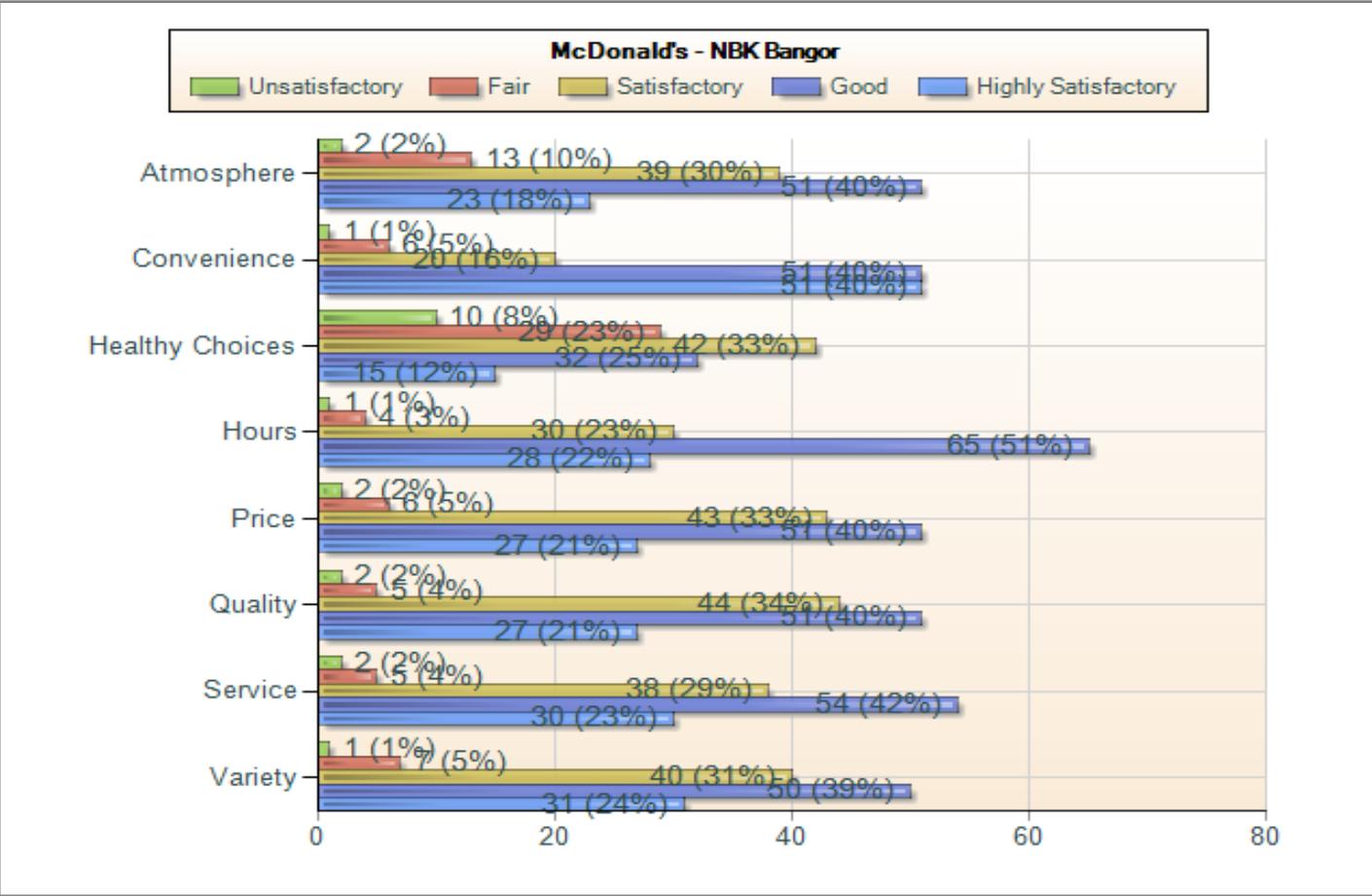


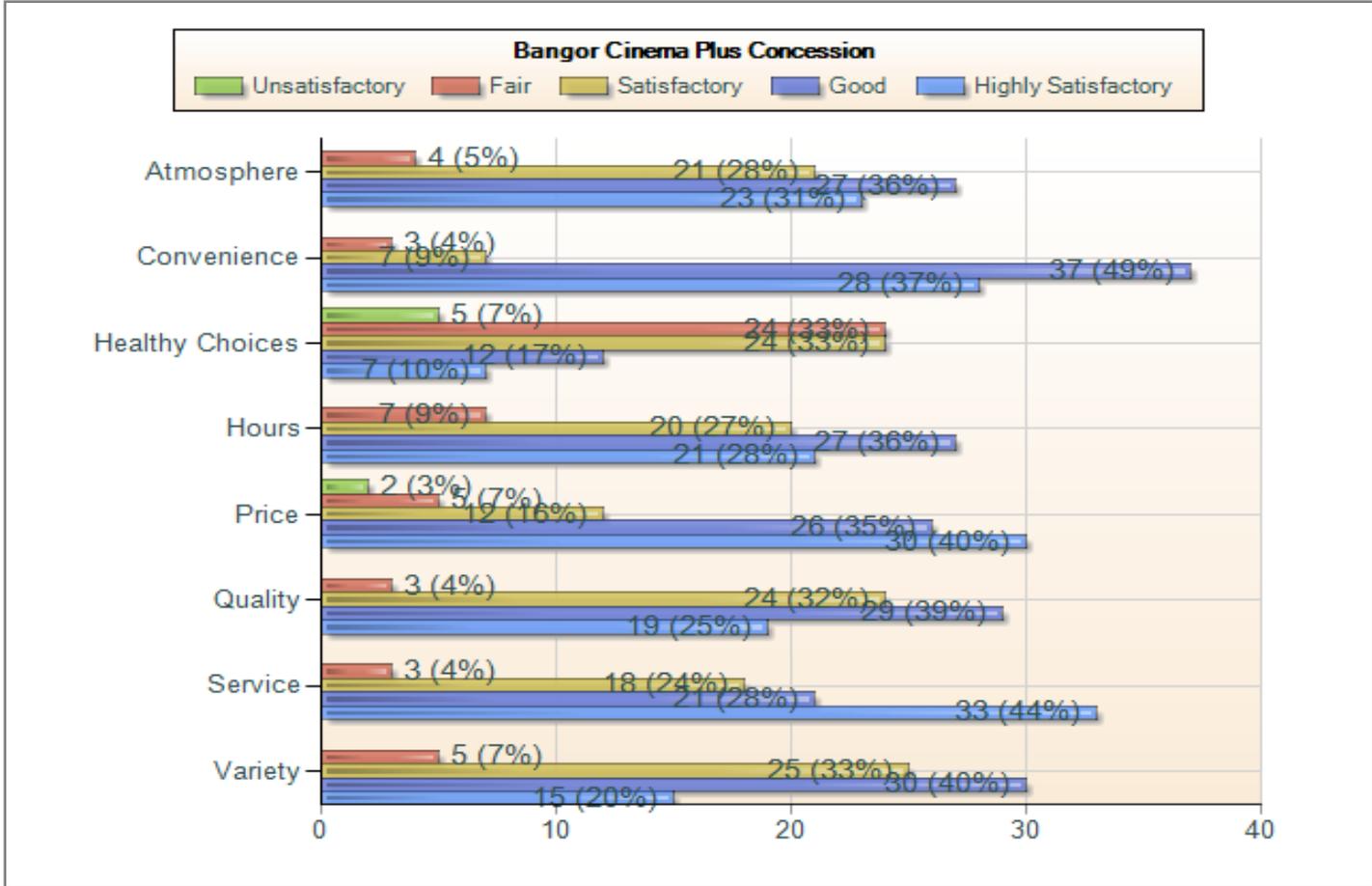
2010 Navy Region Northwest Food Service Survey: Pizza Hut/Taco Bell - NBK Bangor



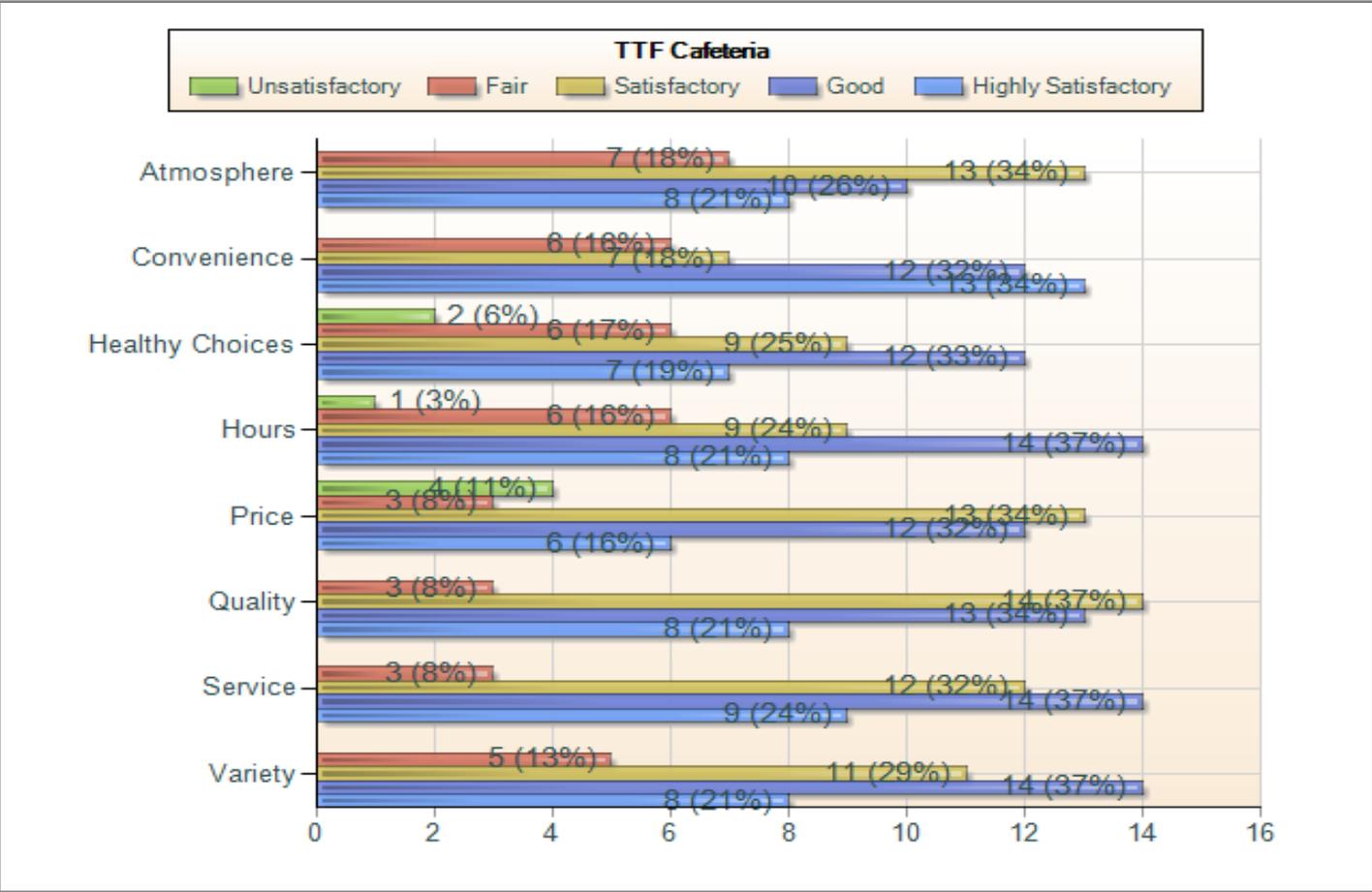


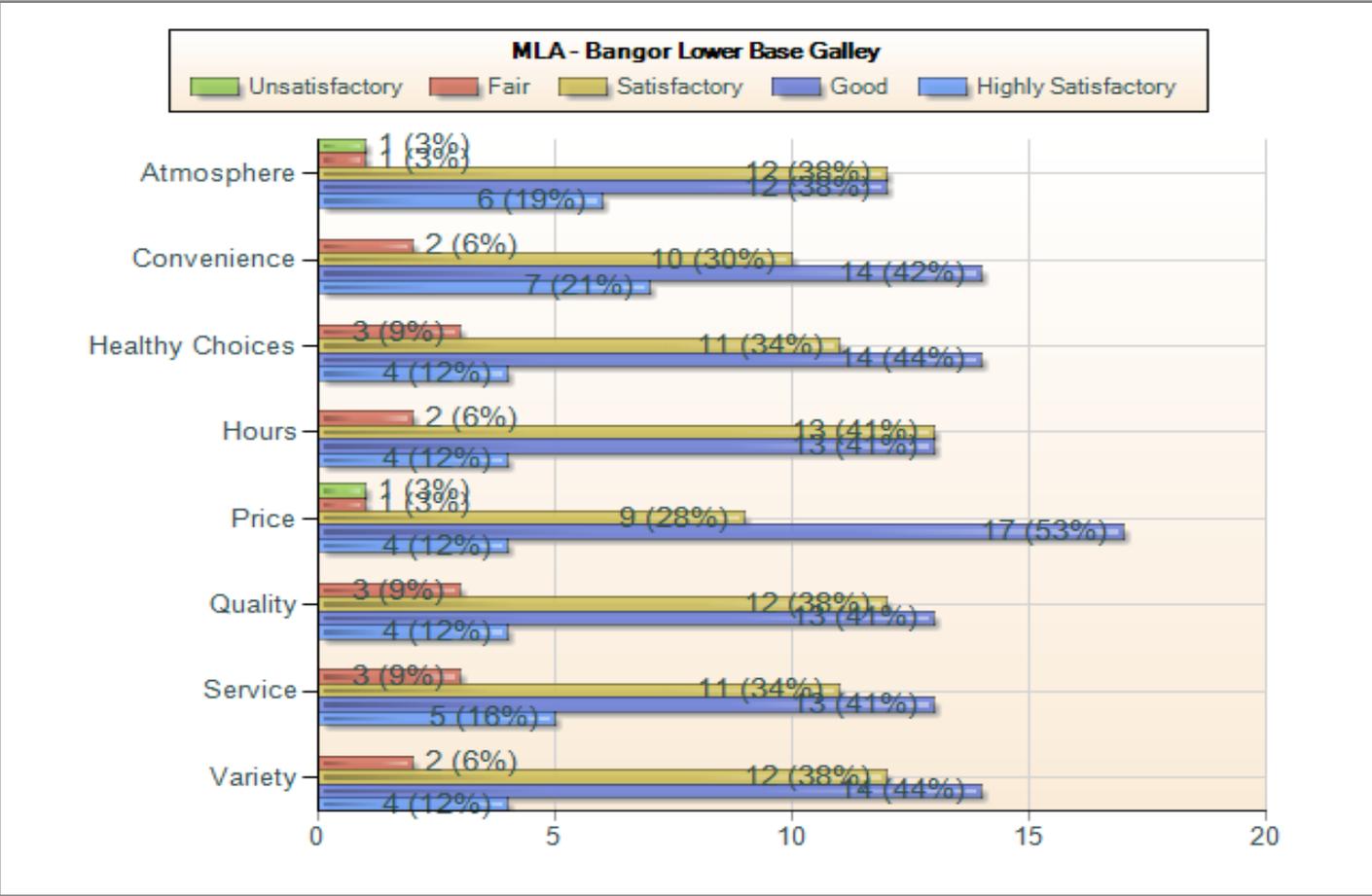




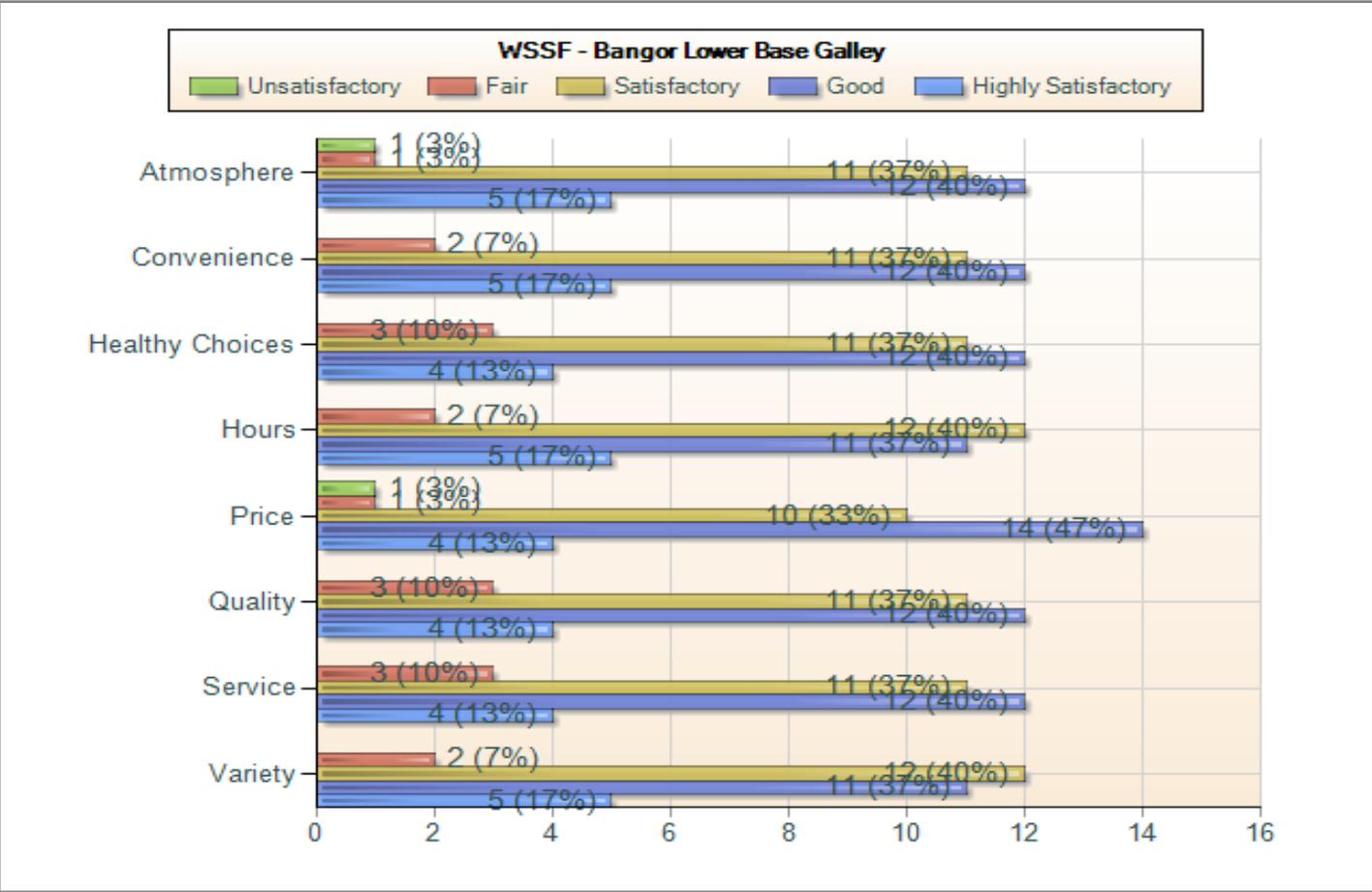


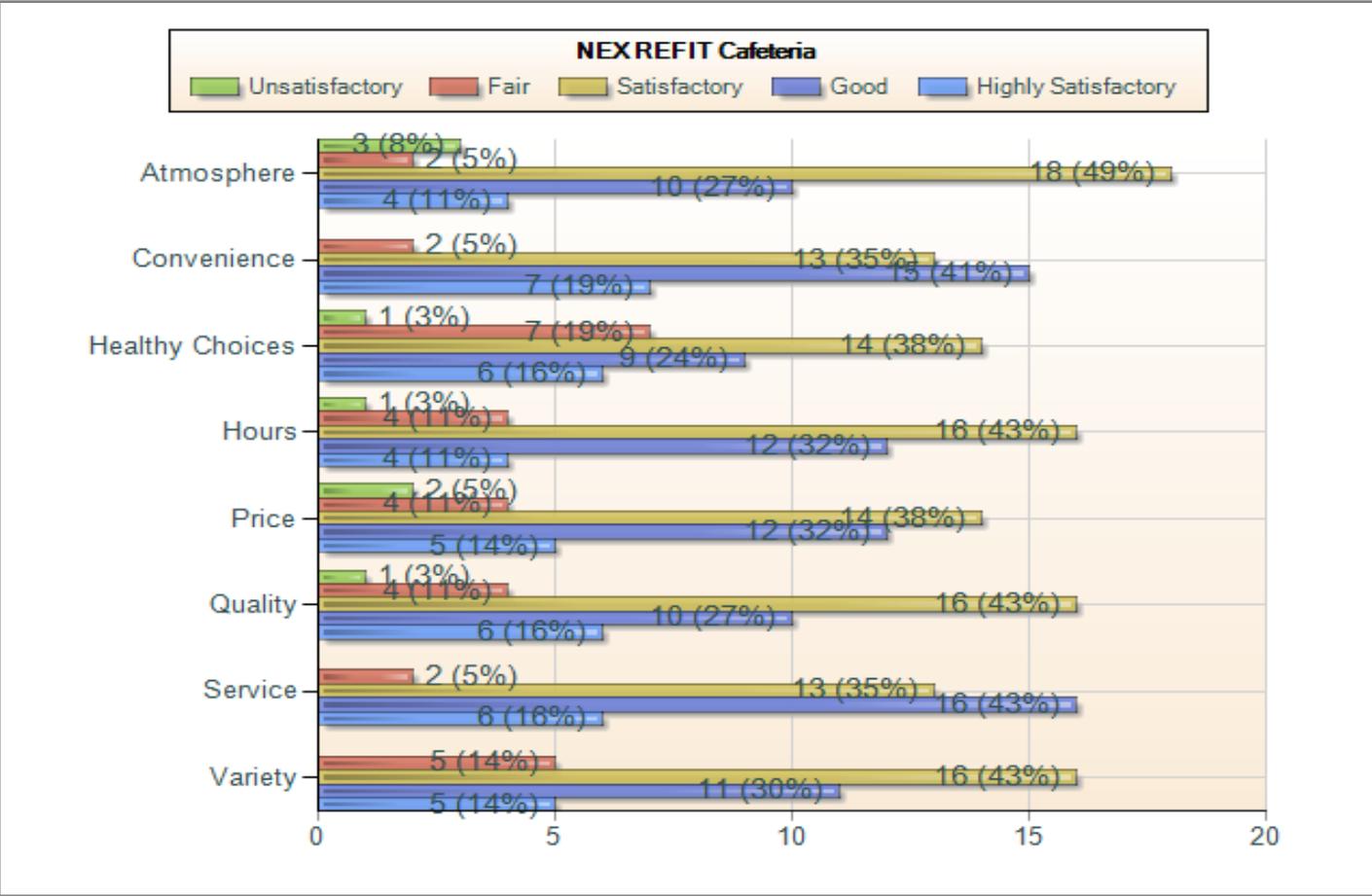
2010 Navy Region Northwest Food Service Survey: TTF Cafeteria

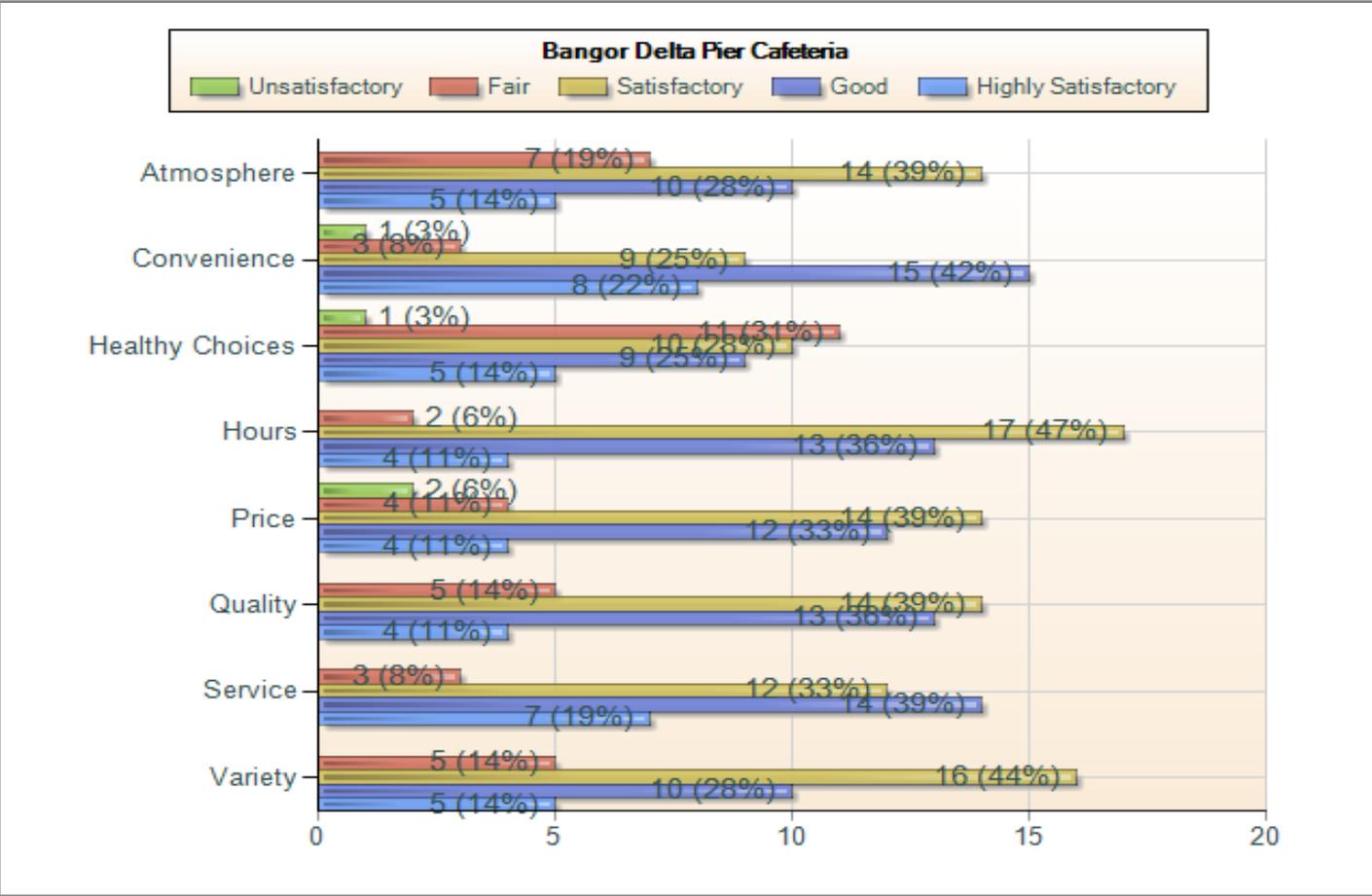




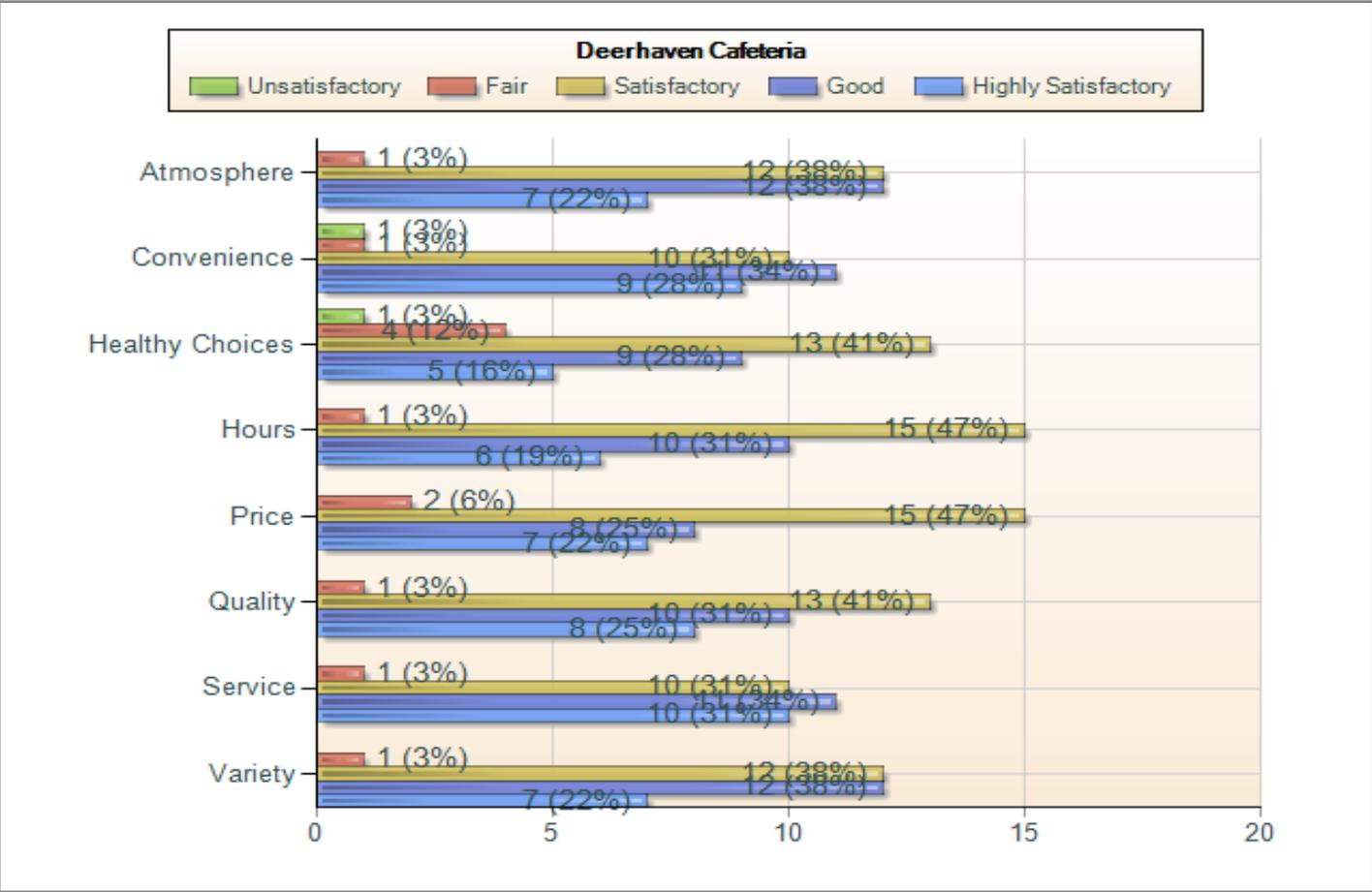
2010 Navy Region Northwest Food Service Survey: WSSF - Bangor Lower Base Galley

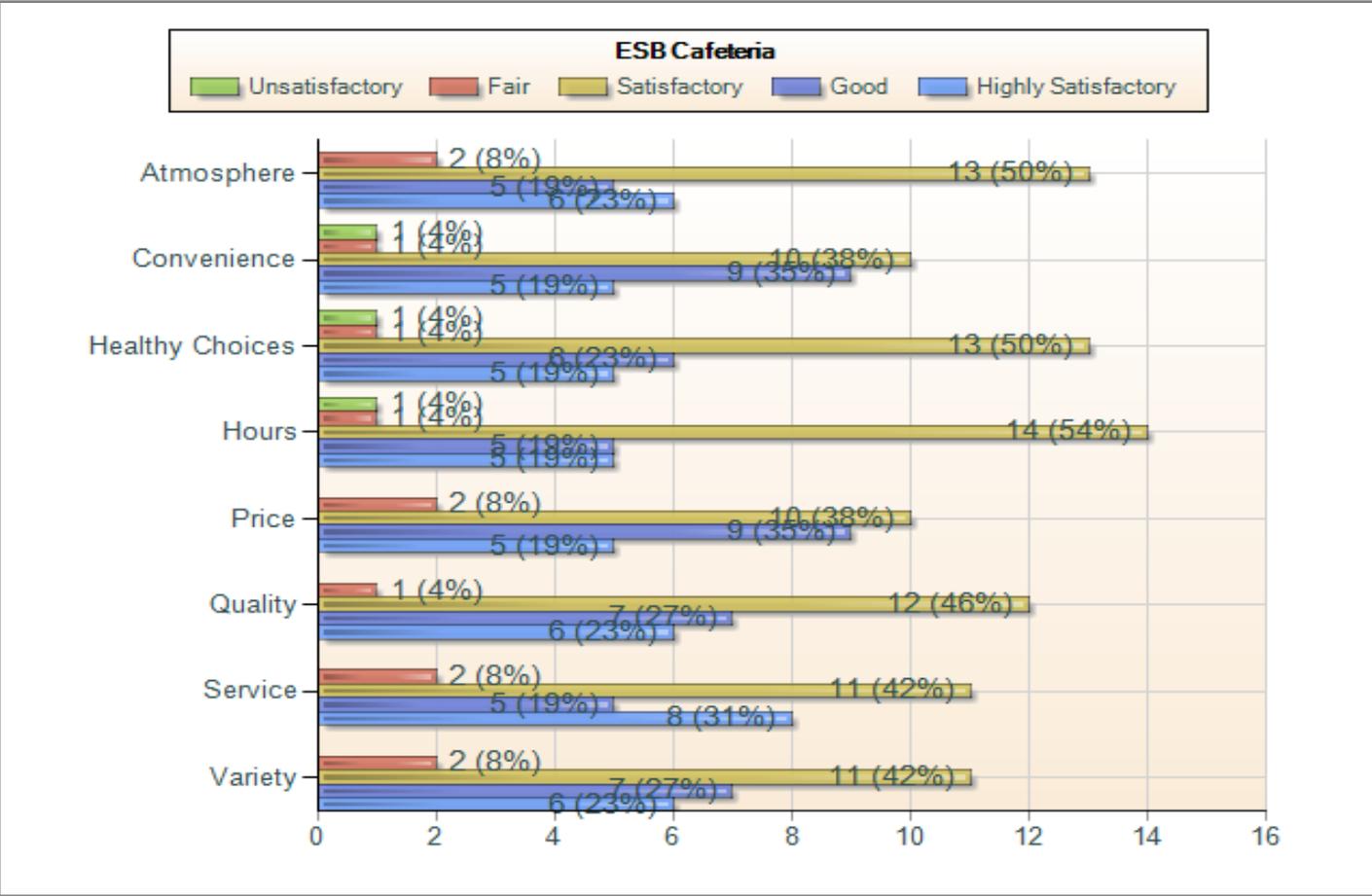




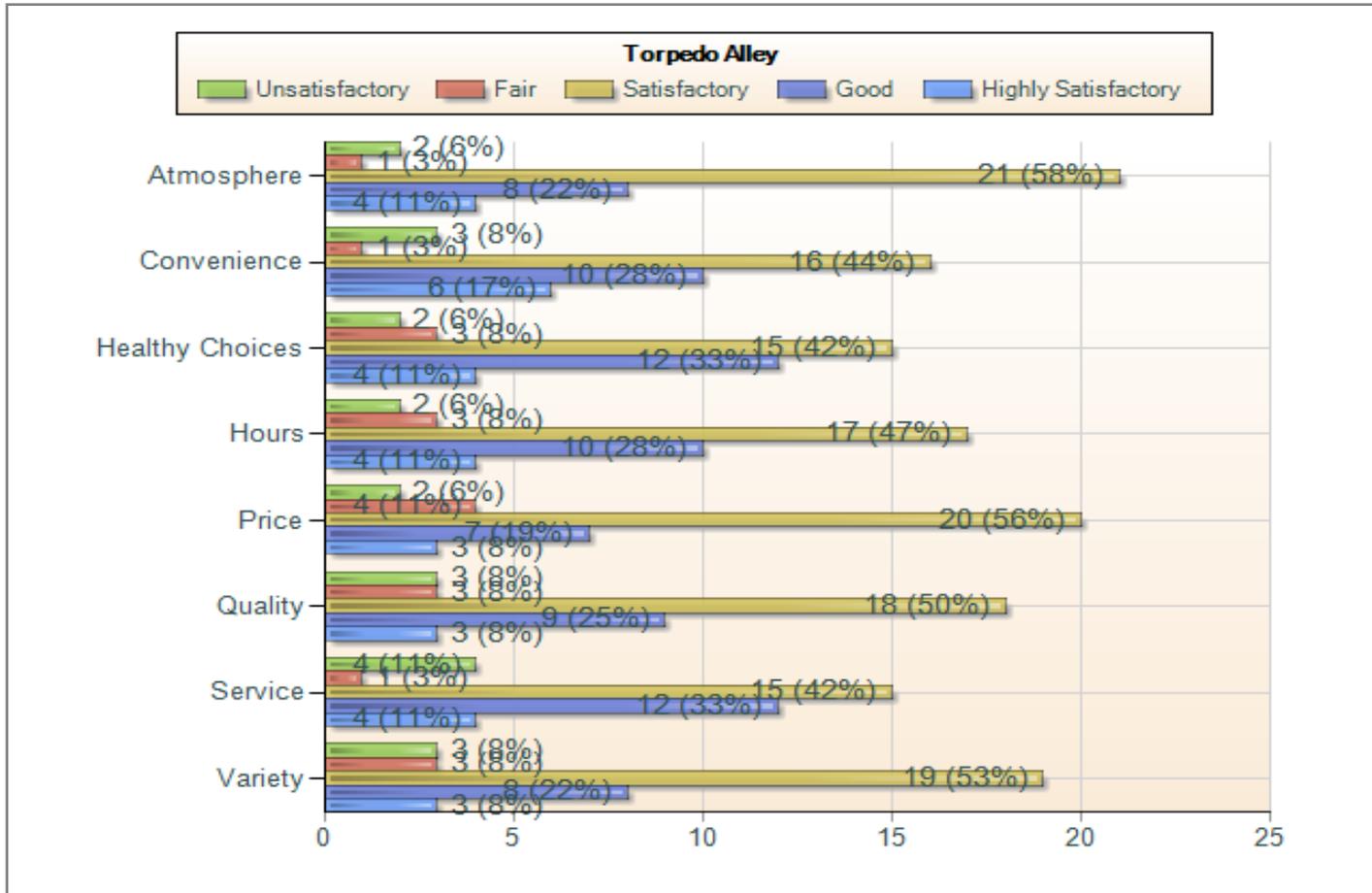


2010 Navy Region Northwest Food Service Survey: Deerhaven Cafeteria

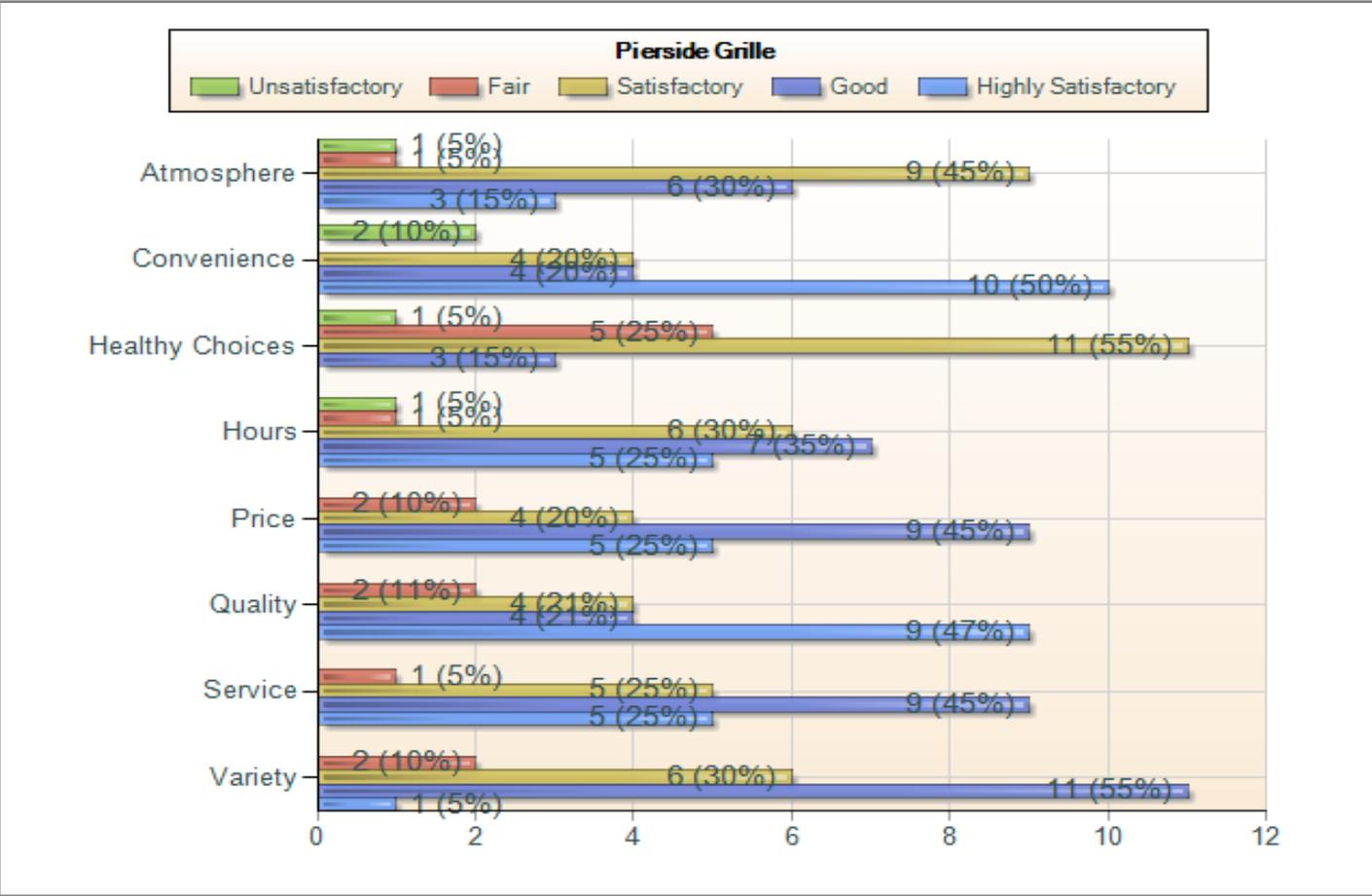


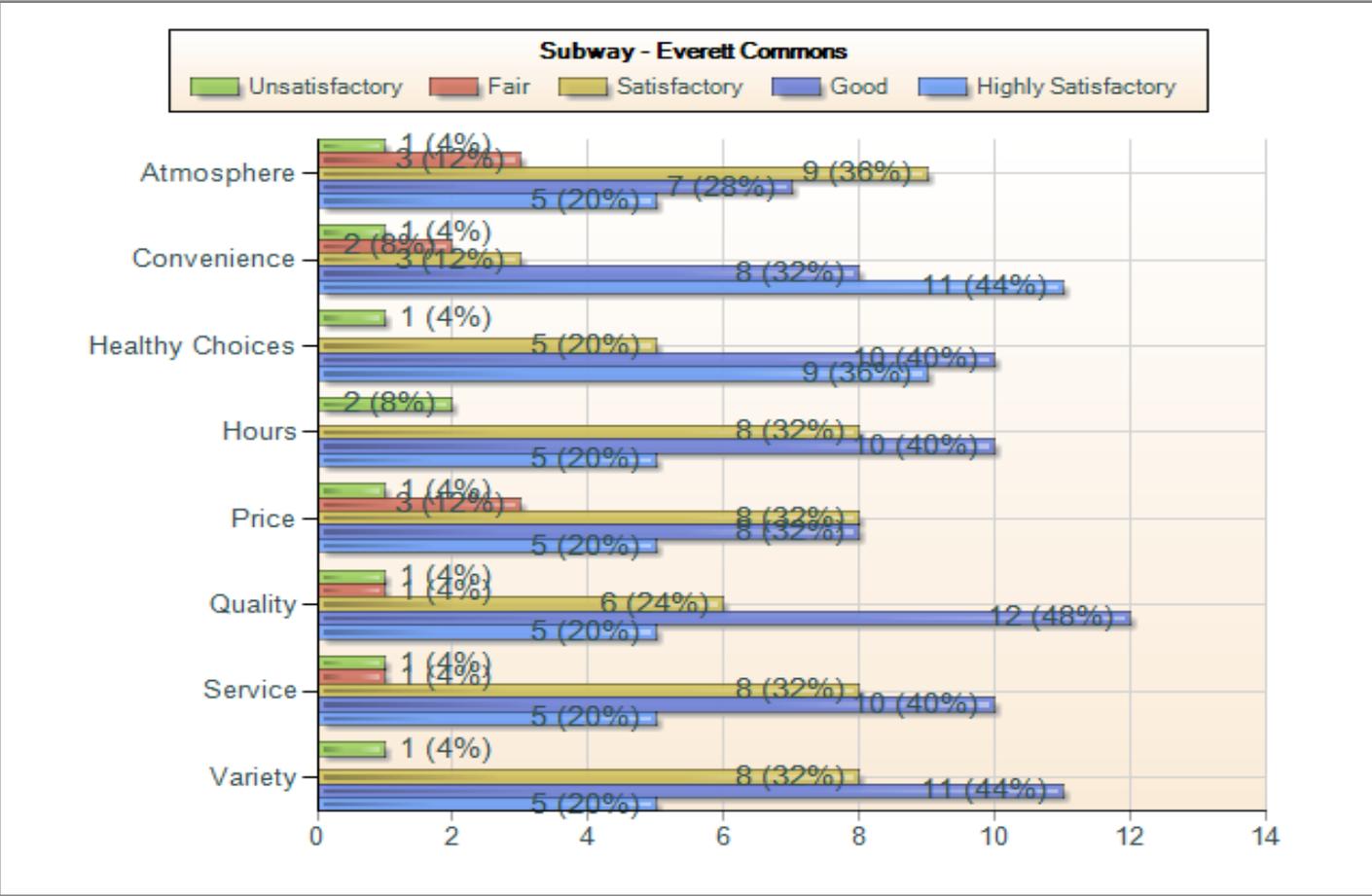


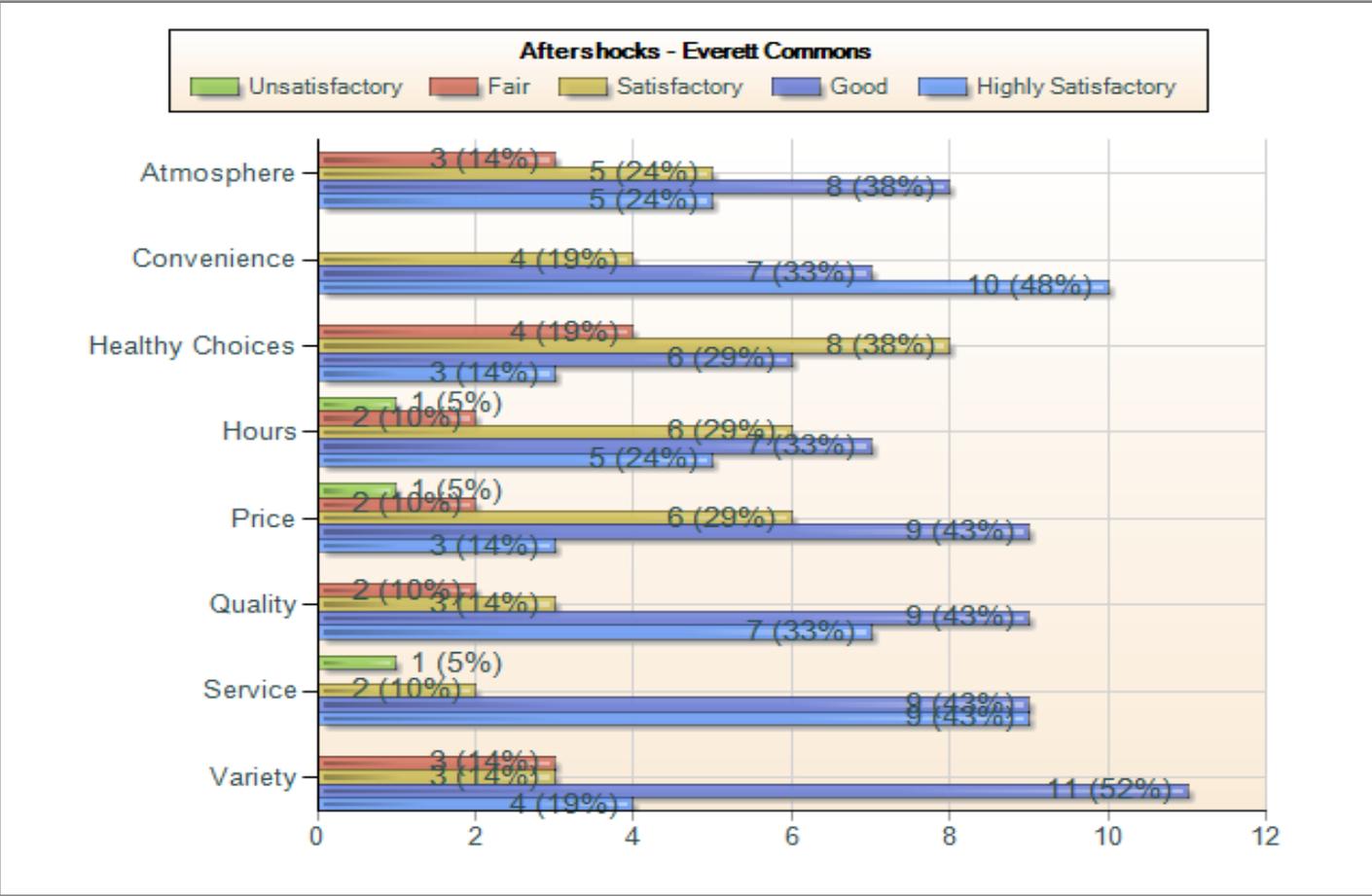
2010 Navy Region Northwest Food Service Survey: Torpedo Alley

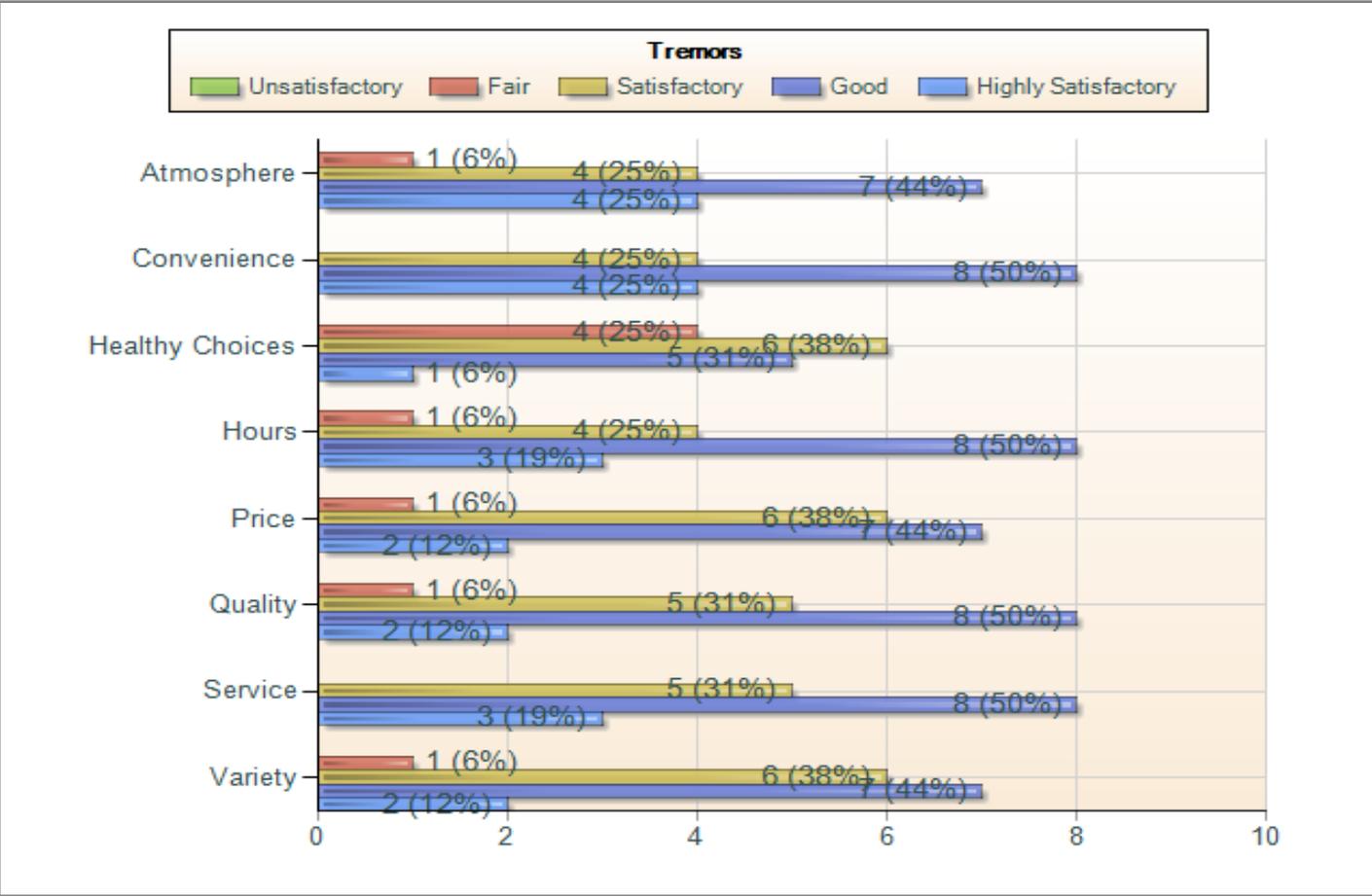


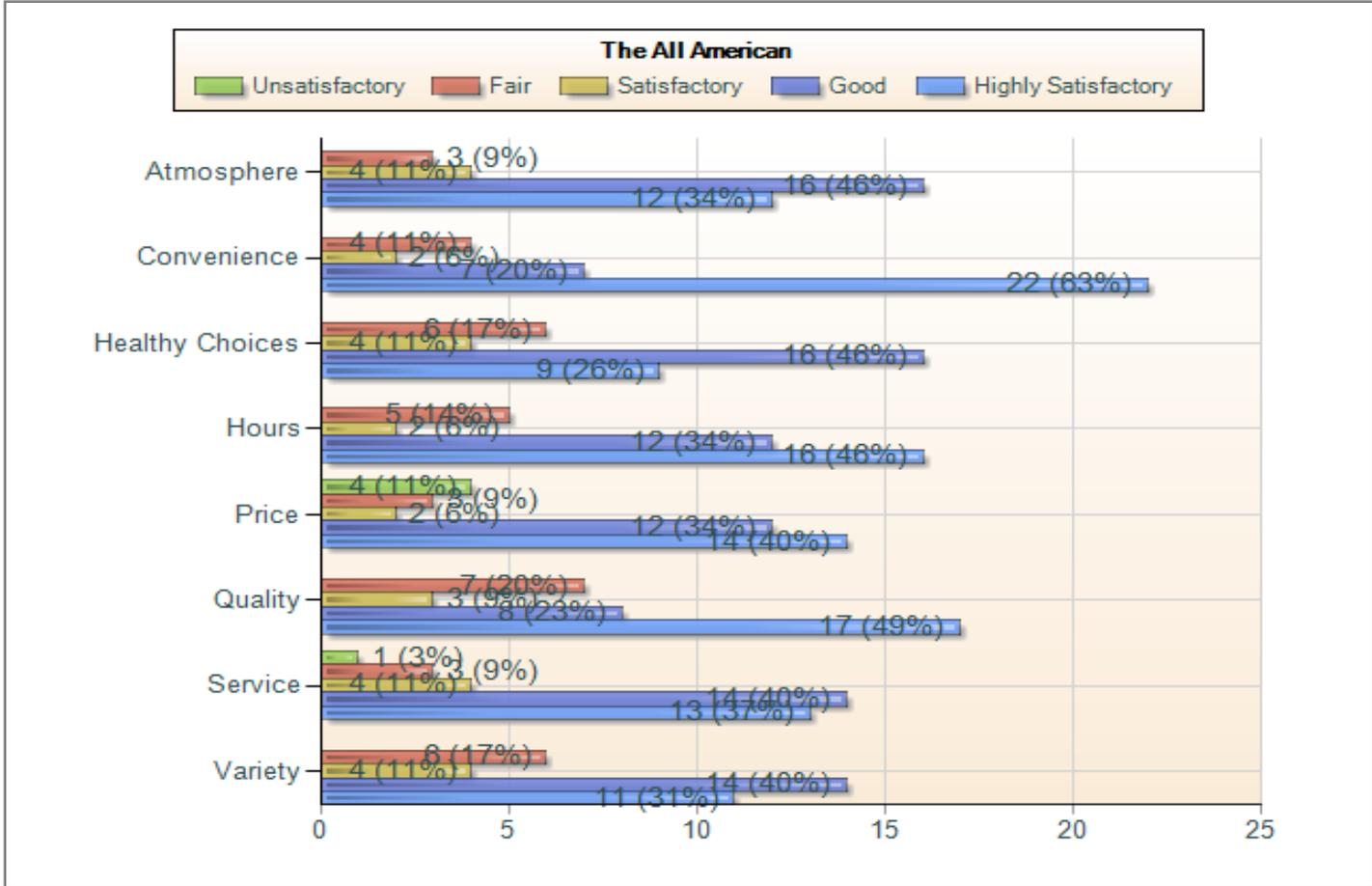
Naval Base Kitsap	
Samuel Adams Restaurant	114
Inside Out Cafe	102
Trident Inn Galley	95
Subway - NBK Bangor	86
Starbucks - NBK Bangor	82
Subway - NBK Bremerton	61
McDonald's - NBK Bangor	47
McDonald's - NBK Bremerton	45
Naval Hospital Bremerton Galley	39
Subway - Naval Hospital Bremerton	36
Pizza Hut/Taco Bell - NBK Bangor	32
Bangor Cinema Plus Concession	25
Evergreen Inn Galley	15
Cafe.com at Sinclair's	14
Naval Hospital Bremerton Espresso	14
Deerhaven Cafeteria	10
Employee Food Services Cafeteria at PSNS	6
Bangor Delta Pier Cafeteria	6
NEX REFIT Cafeteria	5
TTF Cafeteria	4
ESB Cafeteria	3
Torpedo Alley	3
MLA - Bangor Lower Base Galley	2
WSSF - Bangor Lower Base Galley	2





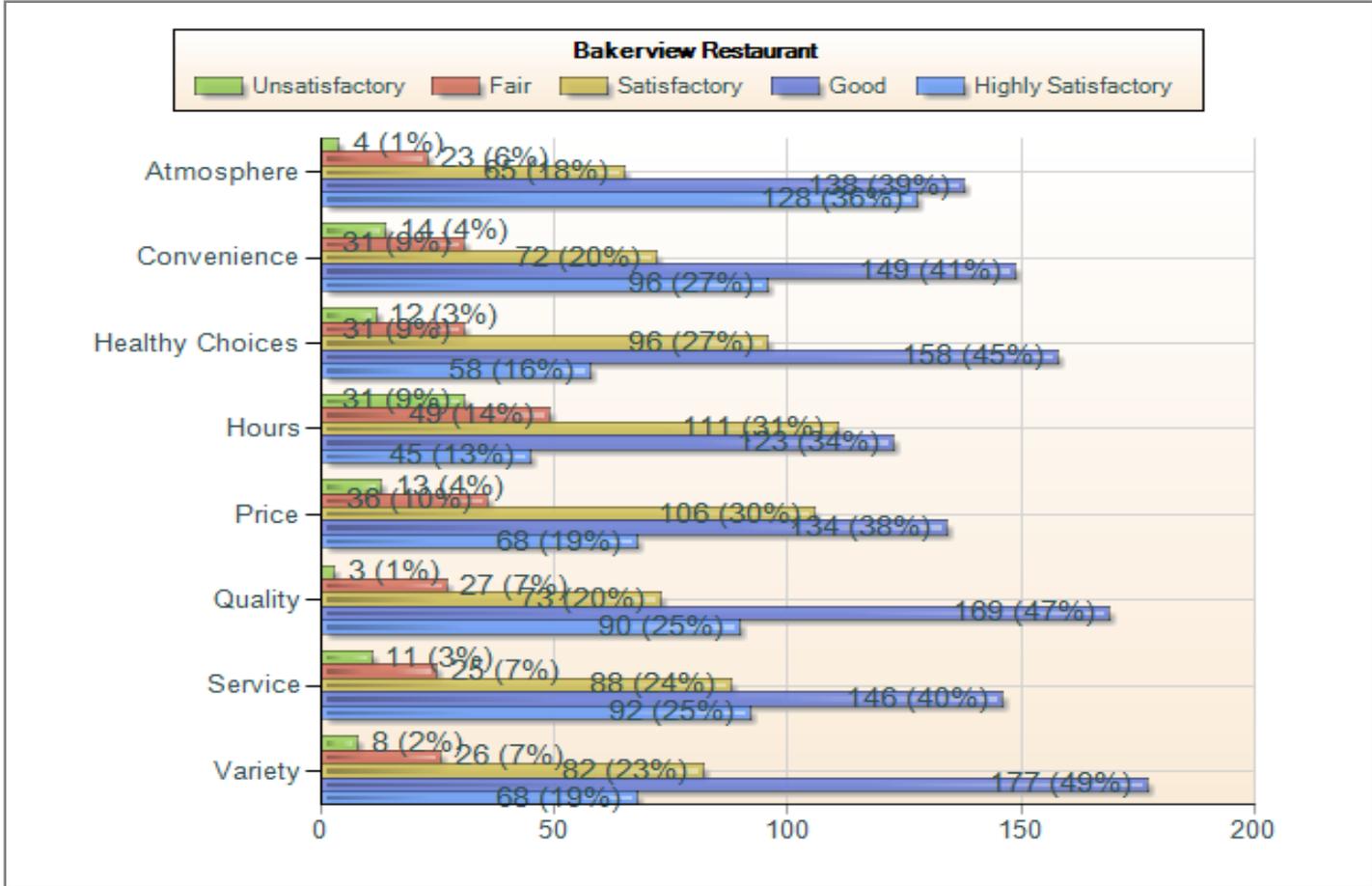




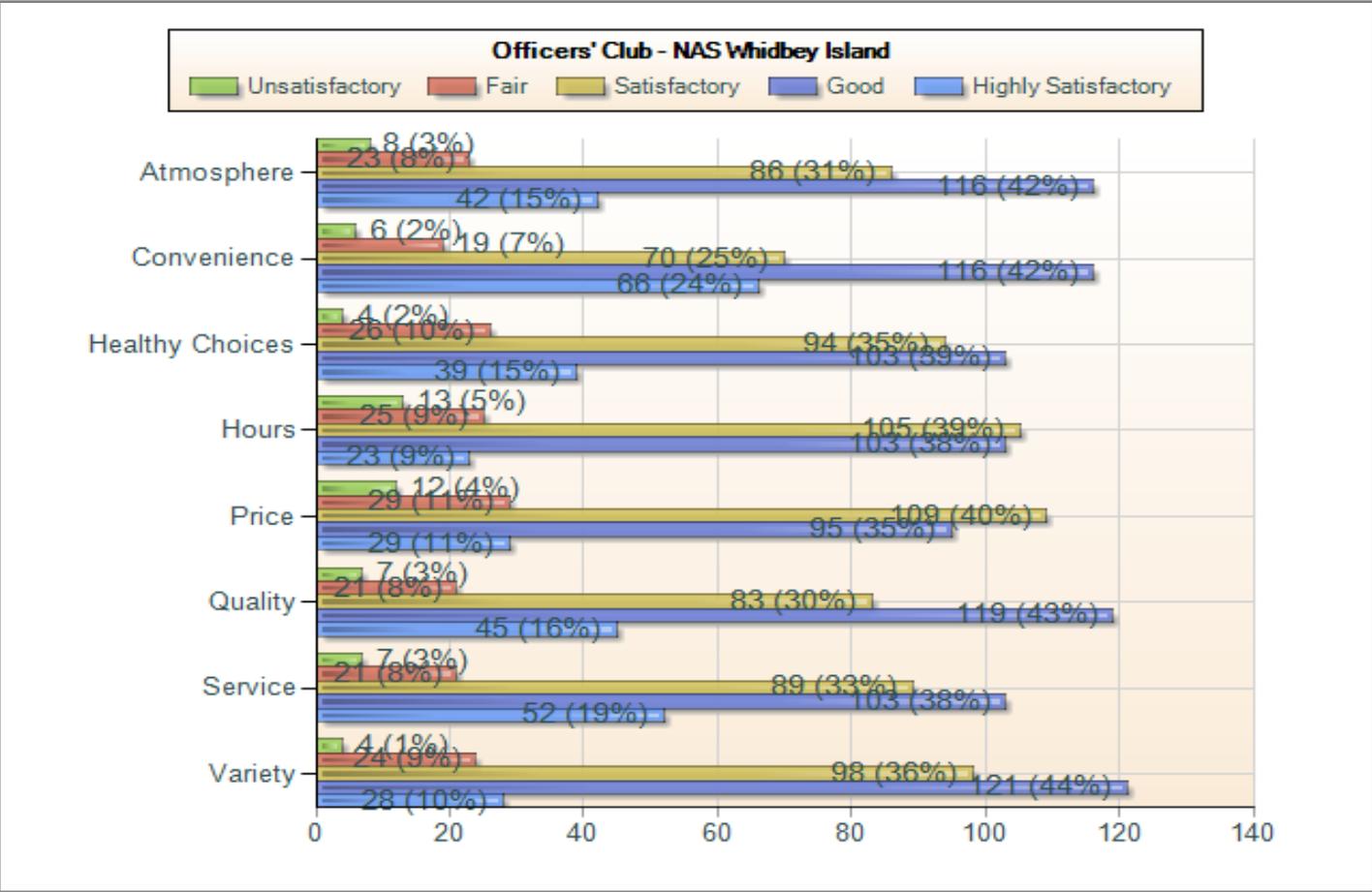


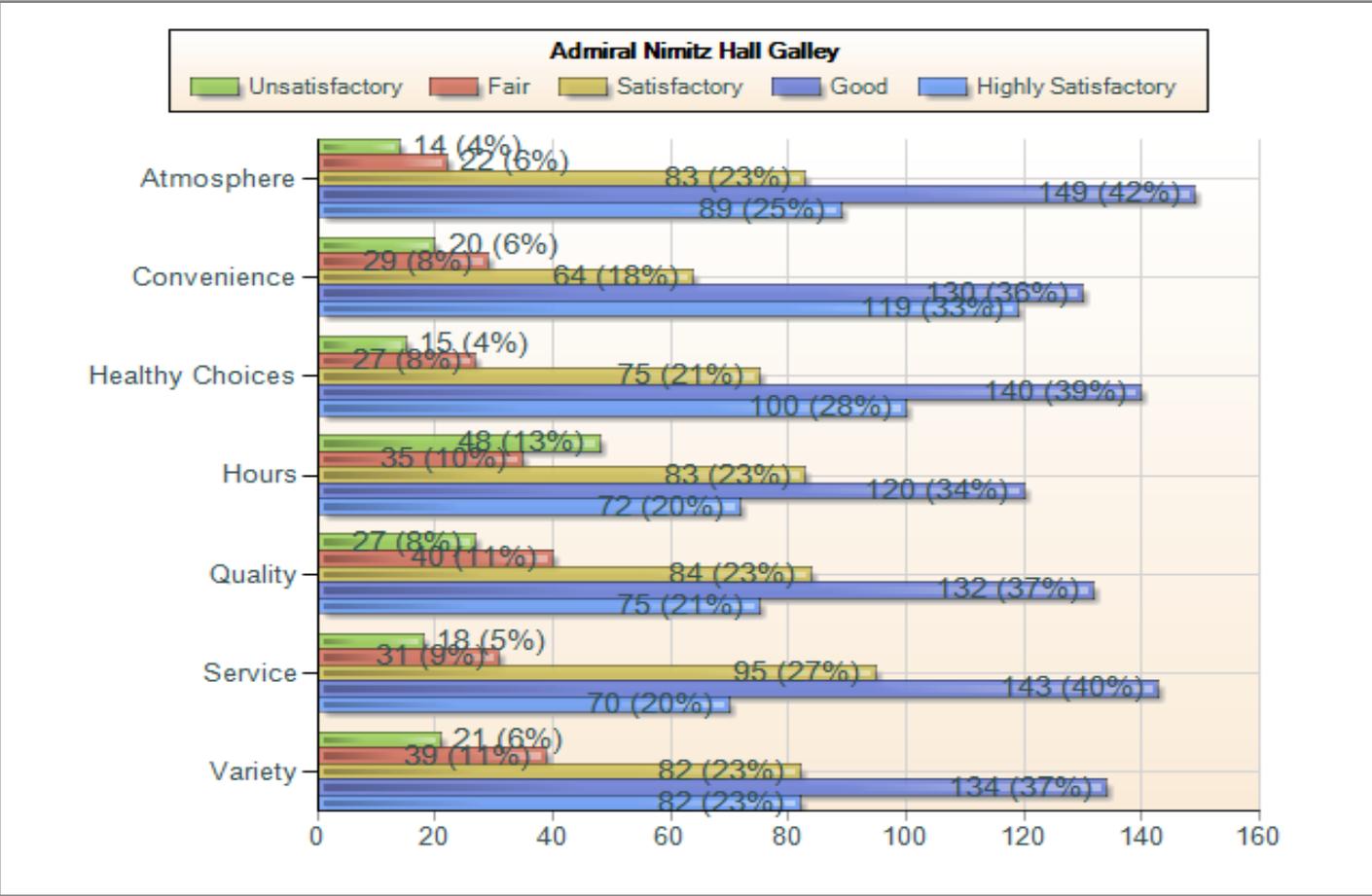
Naval Station Everett	
The All American	27
Subway - Everett Commons	15
Aftershocks	13
Tremors	3
Pierside Grille	2

2010 Navy Region Northwest Food Service Survey: Bakerview Restaurant

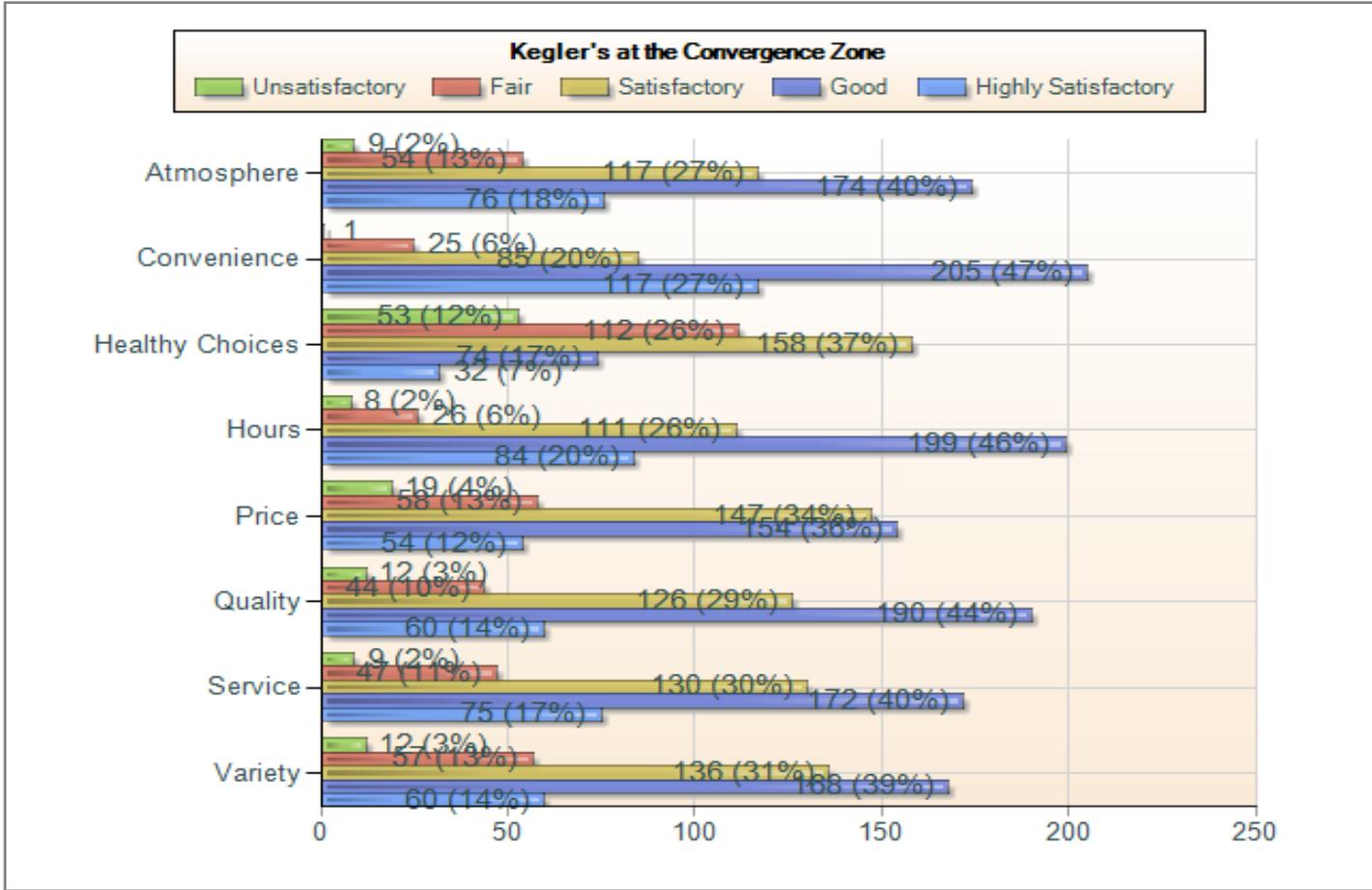


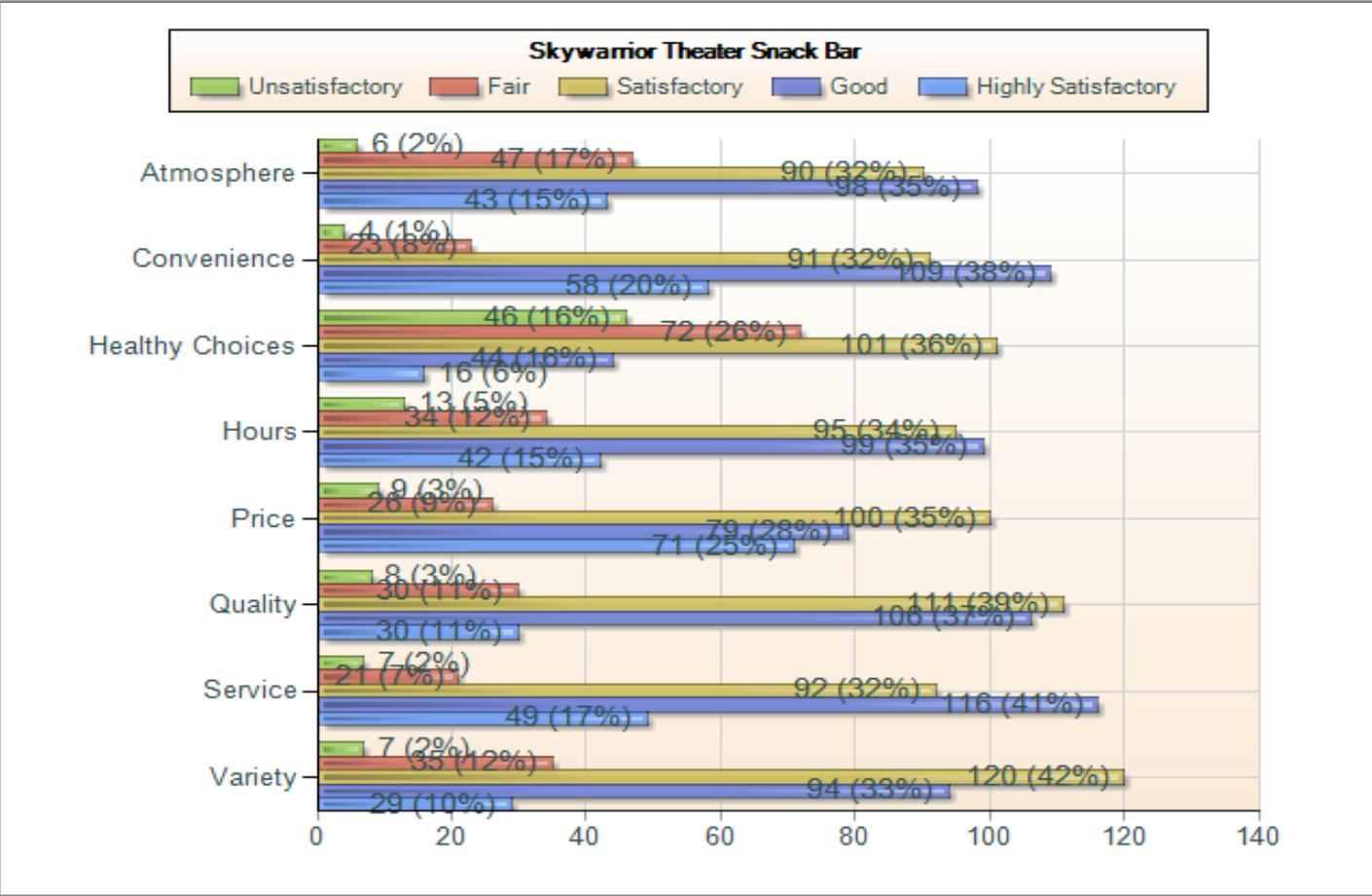
2010 Navy Region Northwest Food Service Survey: Officers' Club - NAS Whidbey Island



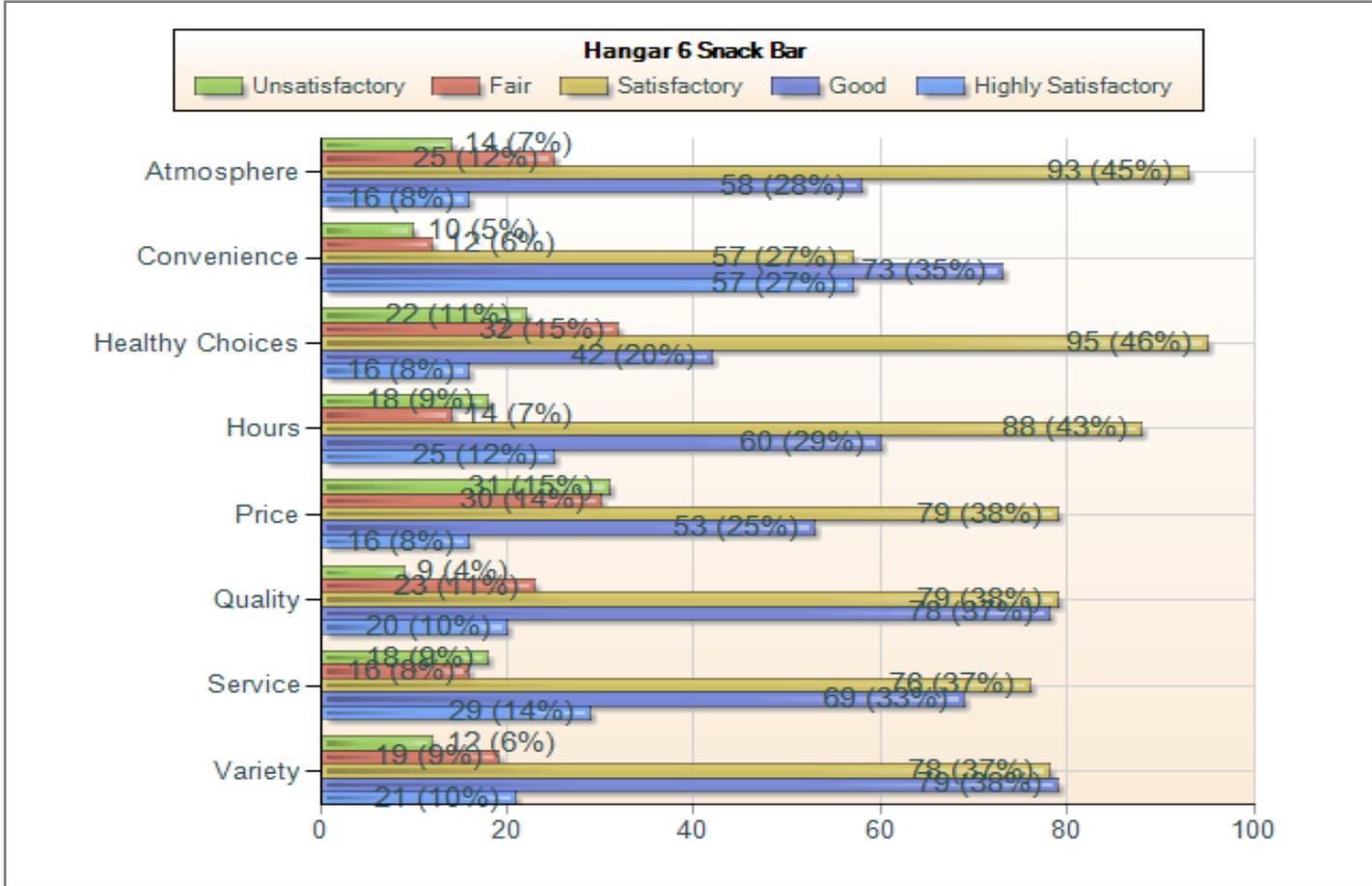


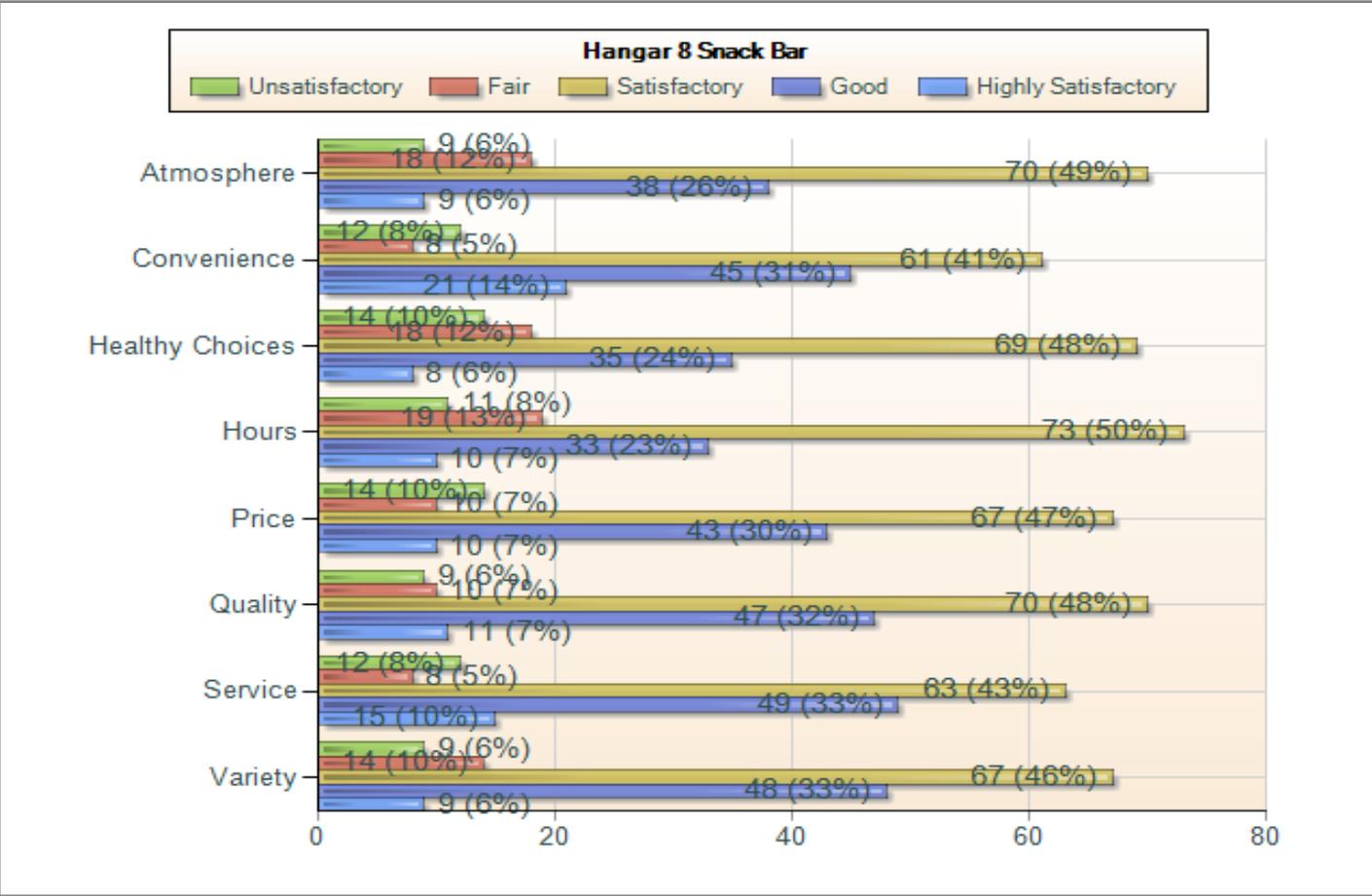
2010 Navy Region Northwest Food Service Survey: Kegler's at the Convergence Zone



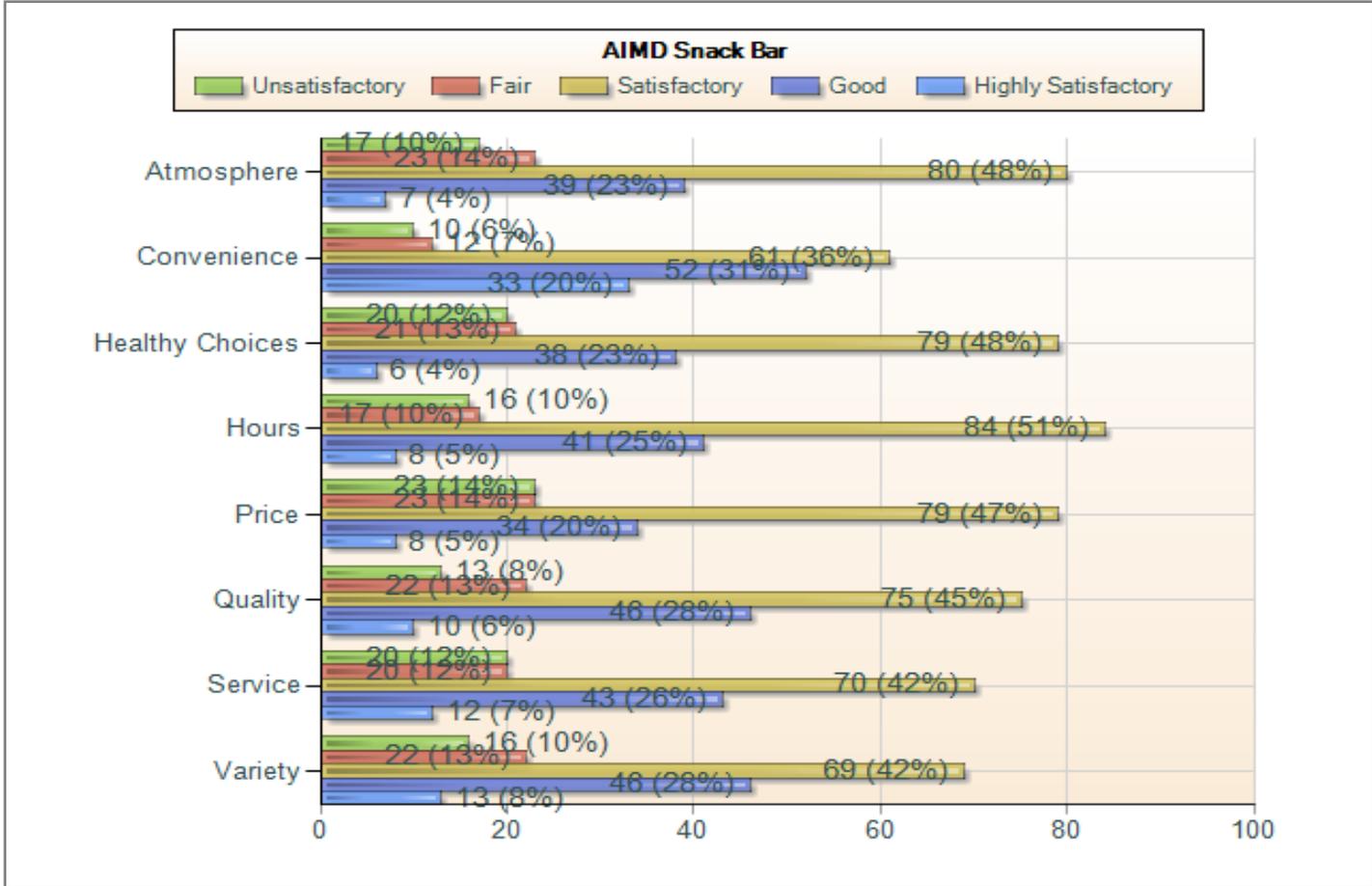


2010 Navy Region Northwest Food Service Survey: Hangar 6 Snack Bar

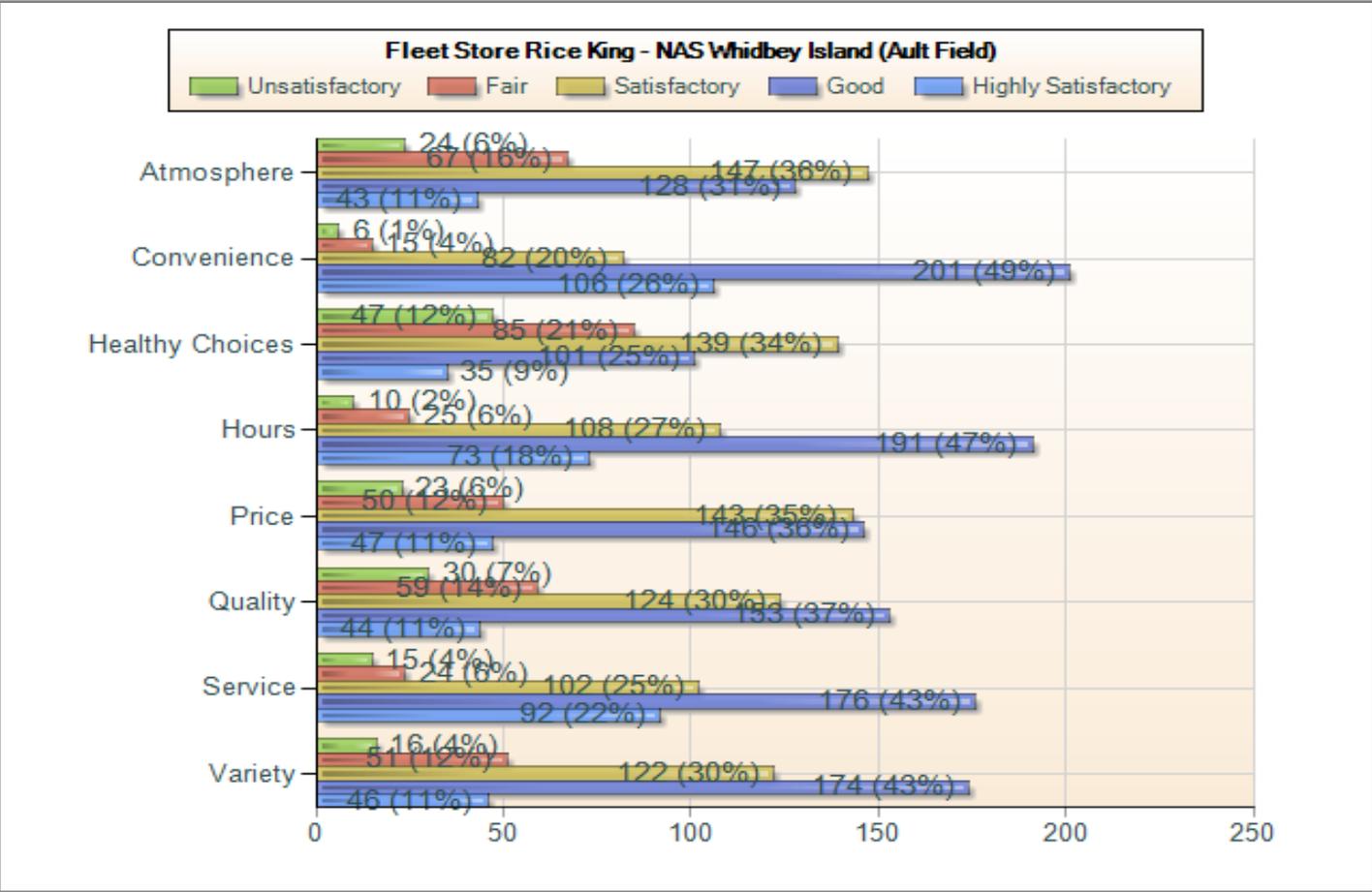




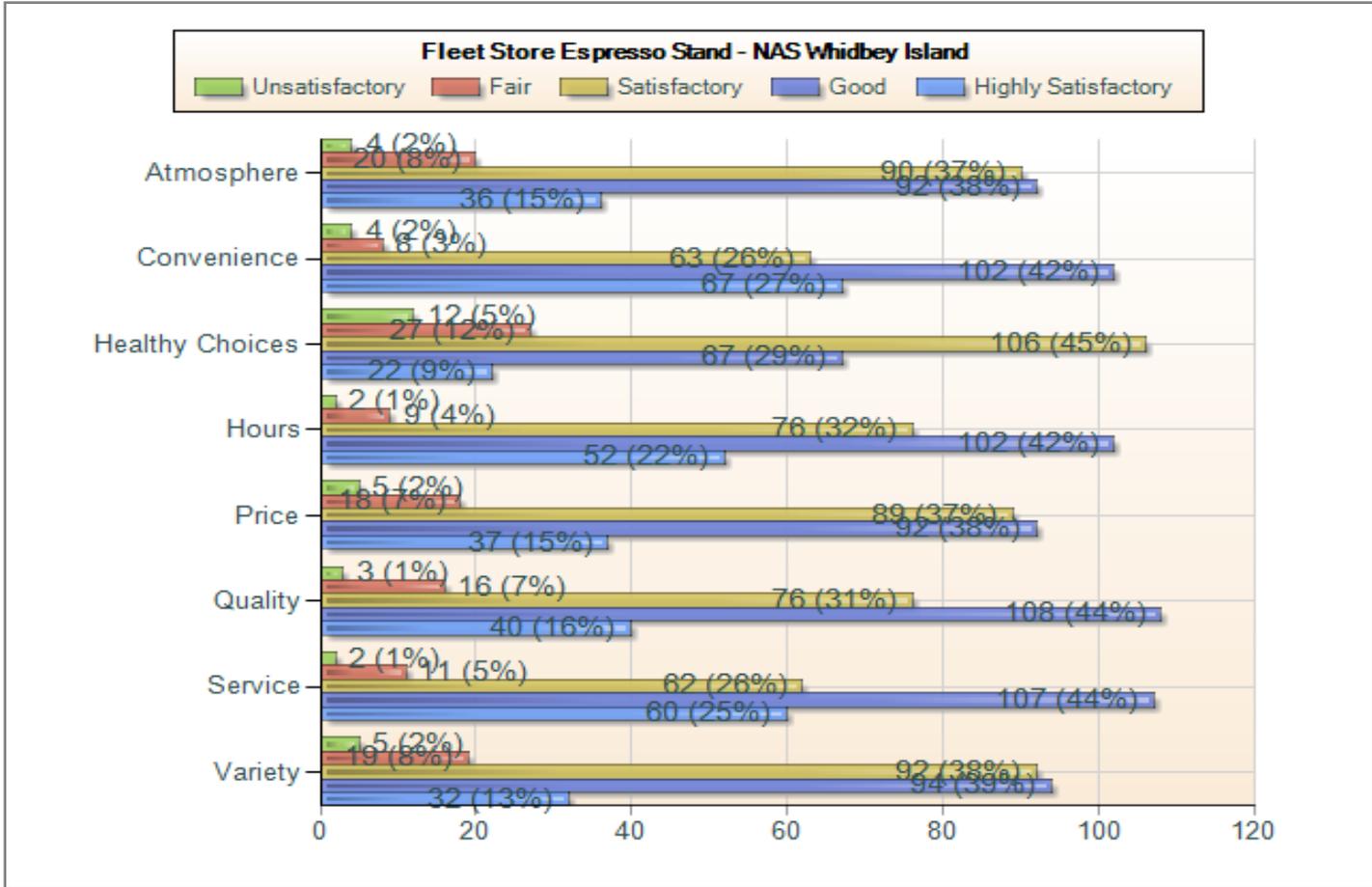
2010 Navy Region Northwest Food Service Survey: AIMD Snack Bar



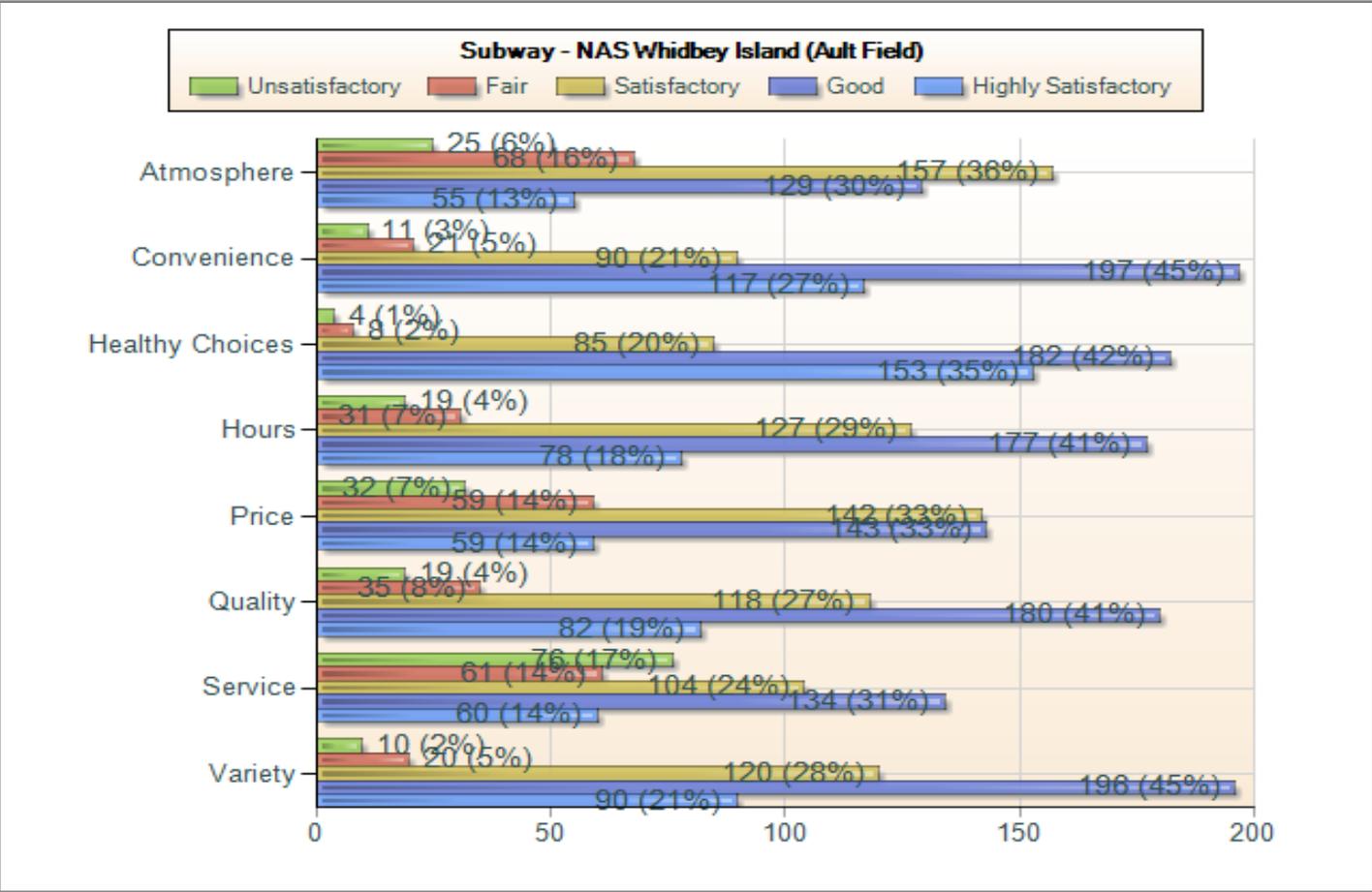
2010 Navy Region Northwest Food Service Survey: Fleet Store Rice King - NAS Whidbey Island (Ault Field)



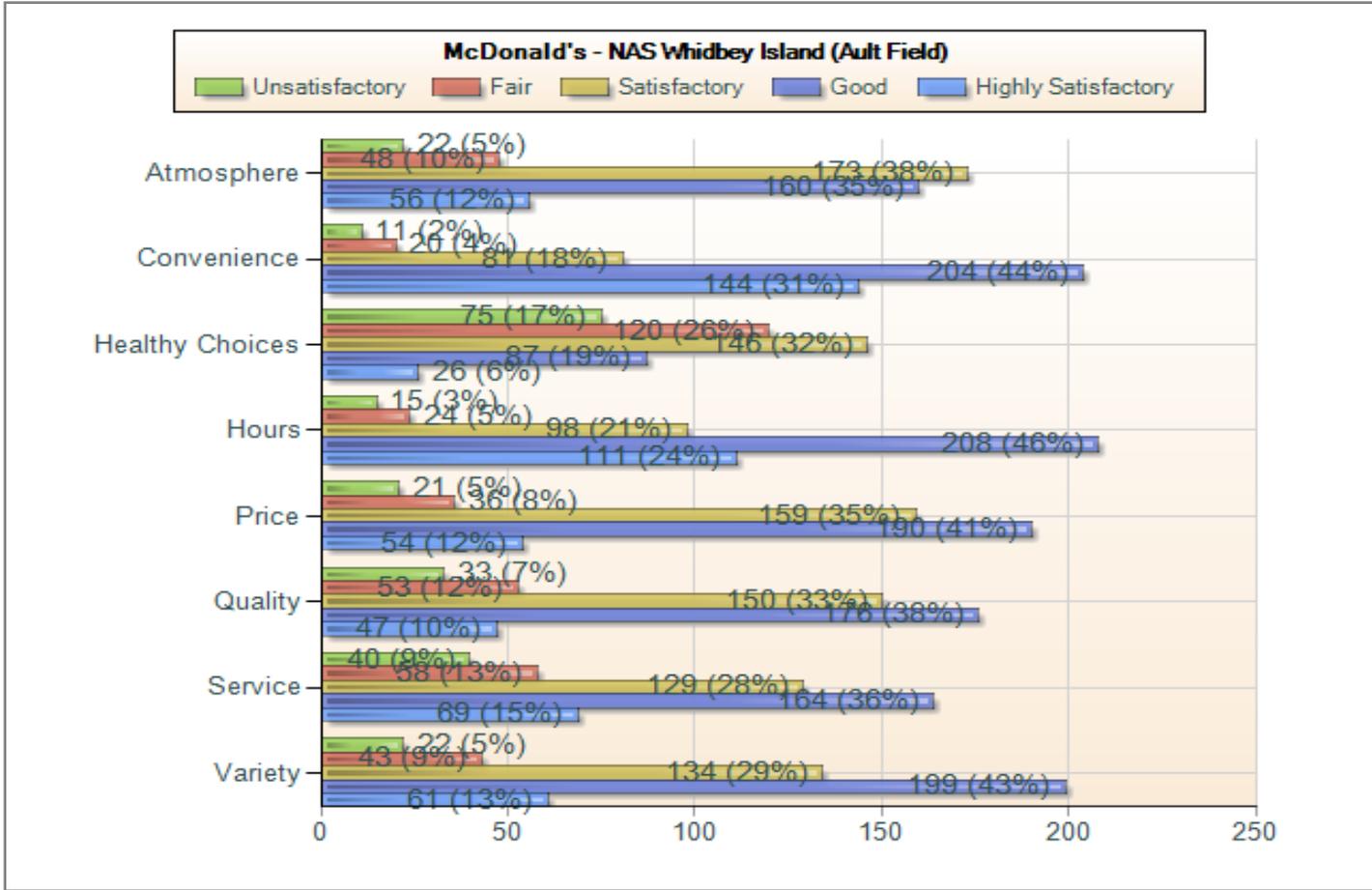
2010 Navy Region Northwest Food Service Survey: Fleet Store Espresso Stand - NAS Whidbey Island



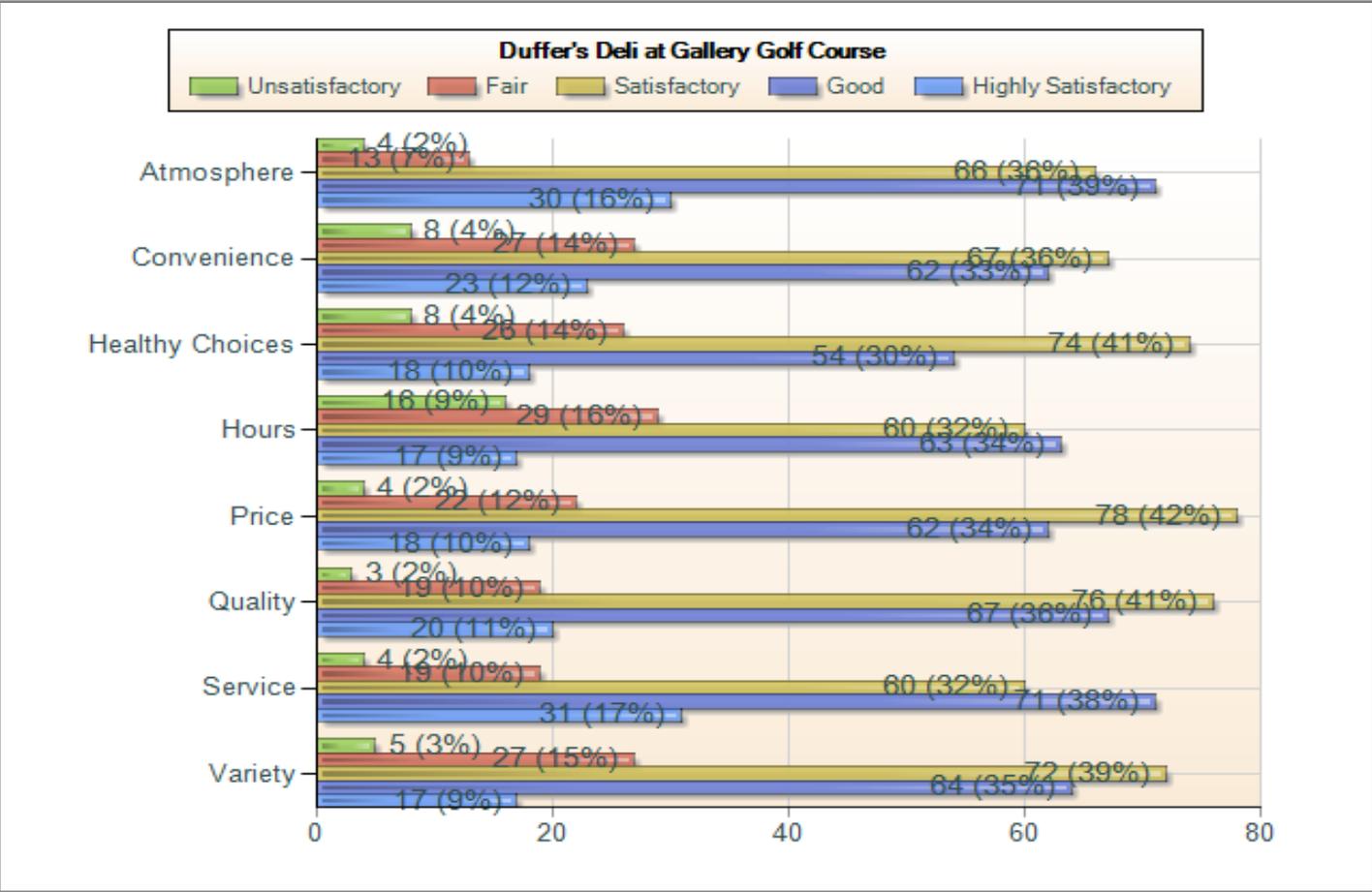
2010 Navy Region Northwest Food Service Survey: Subway - NAS Whidbey Island (Ault Field)



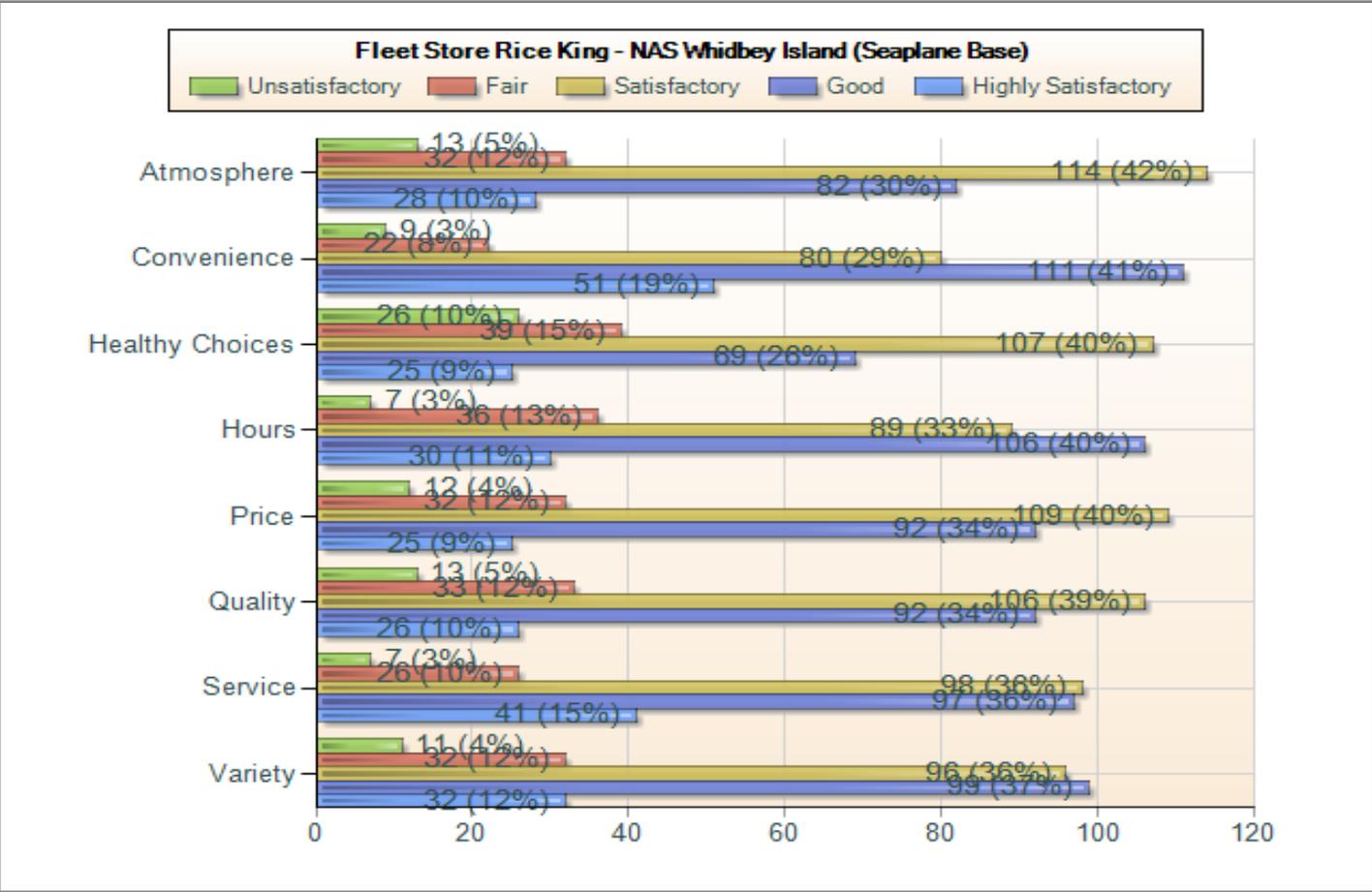
2010 Navy Region Northwest Food Service Survey: McDonald's - NAS Whidbey Island (Ault Field)



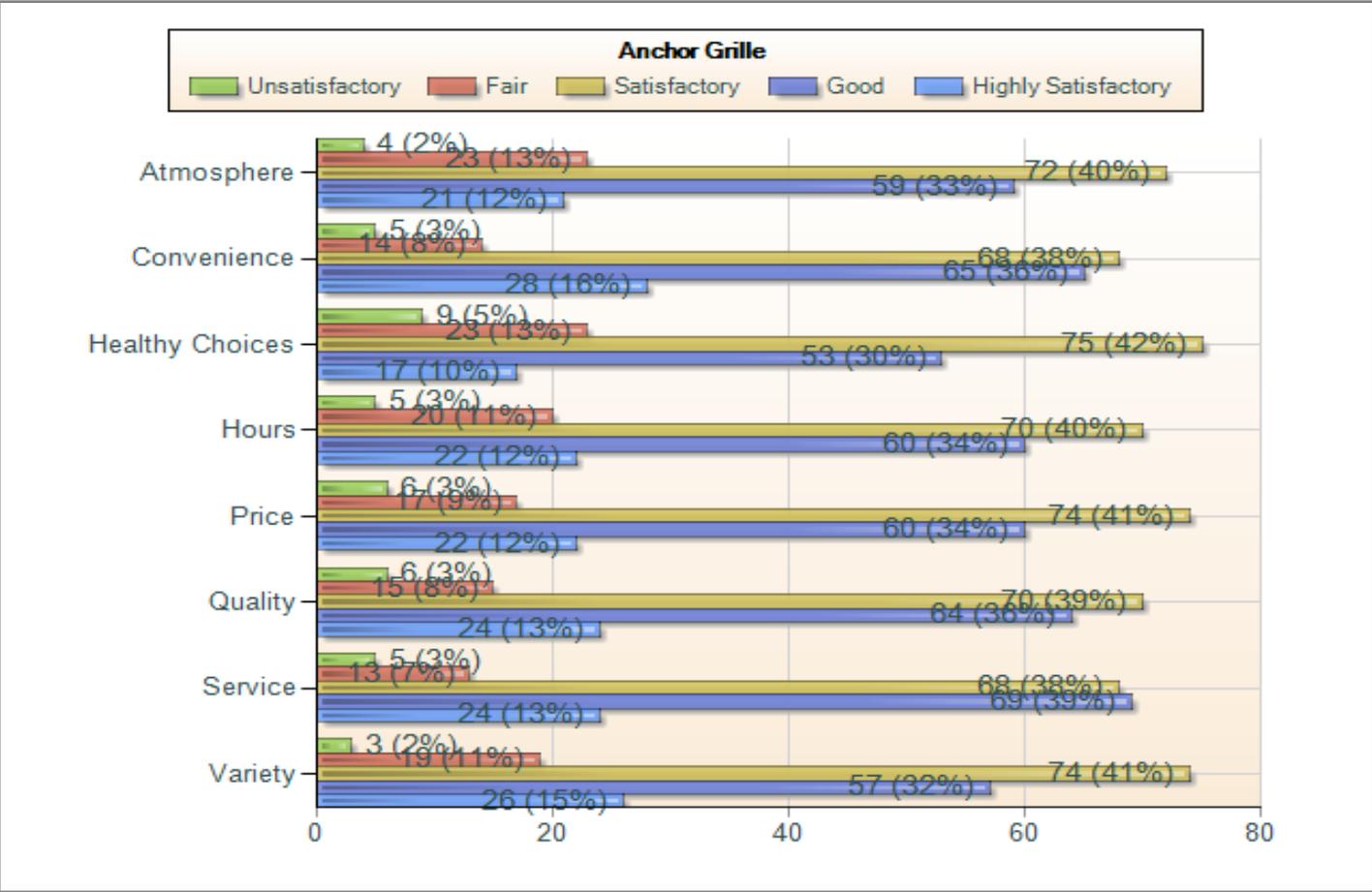
2010 Navy Region Northwest Food Service Survey: Duffer's Deli at Gallery Golf Course



2010 Navy Region Northwest Food Service Survey: Fleet Store Rice King - NAS Whidbey Island (Seaplane Base)

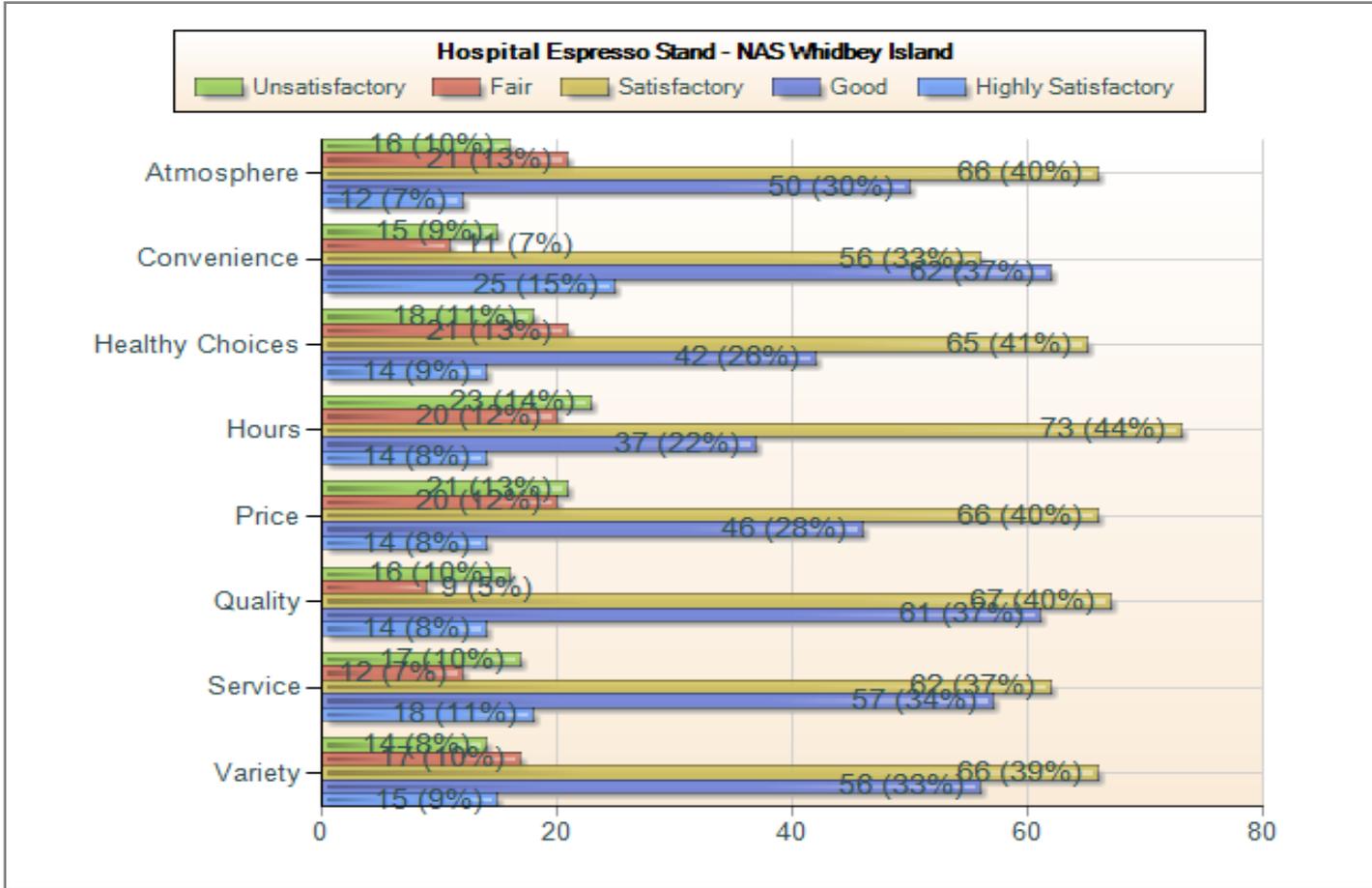


2010 Navy Region Northwest Food Service Survey: Anchor Grille

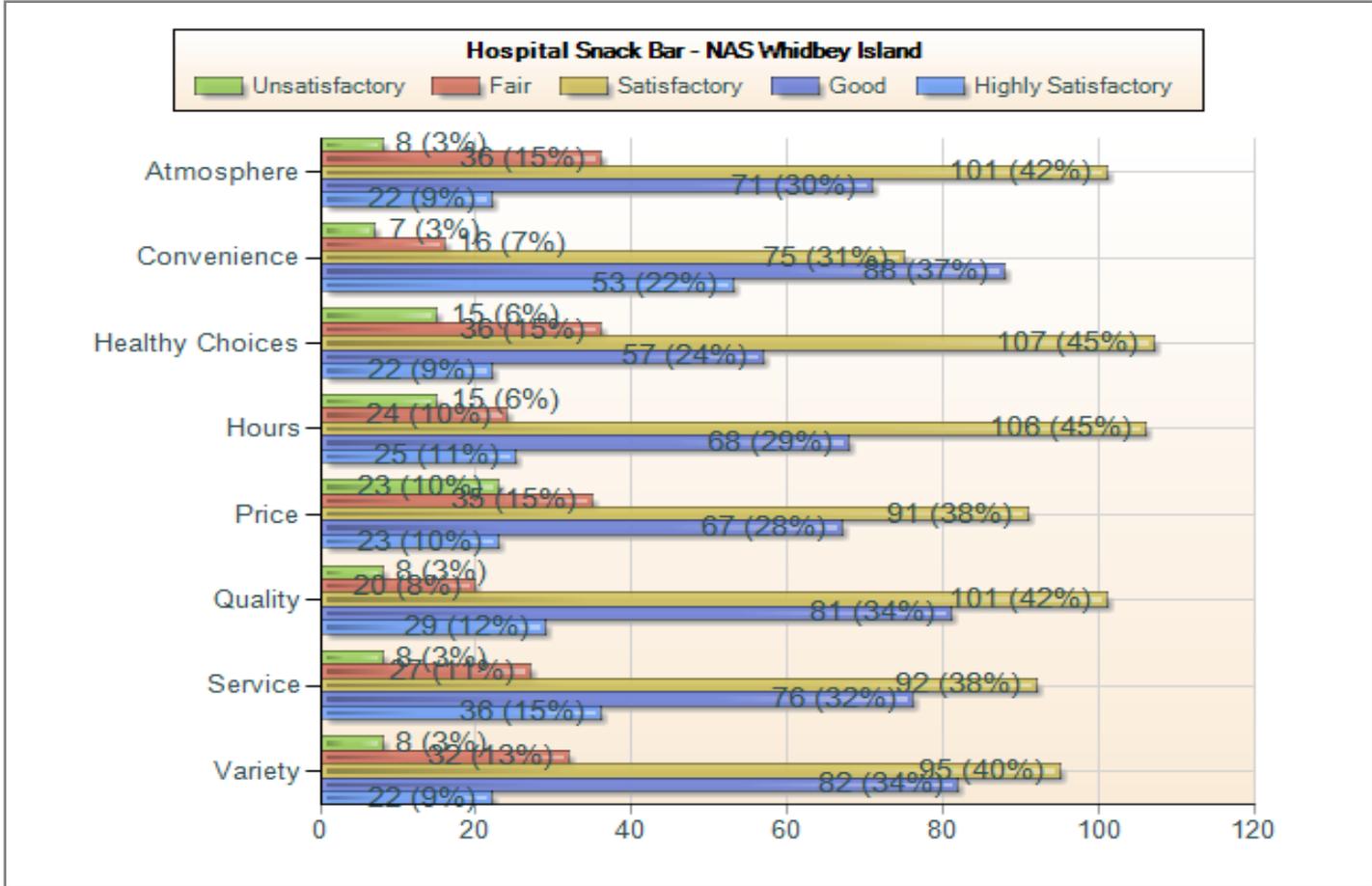


2010 Navy Region Northwest Food Service Survey: Hospital Espresso Stand - NAS

Whidbey Island

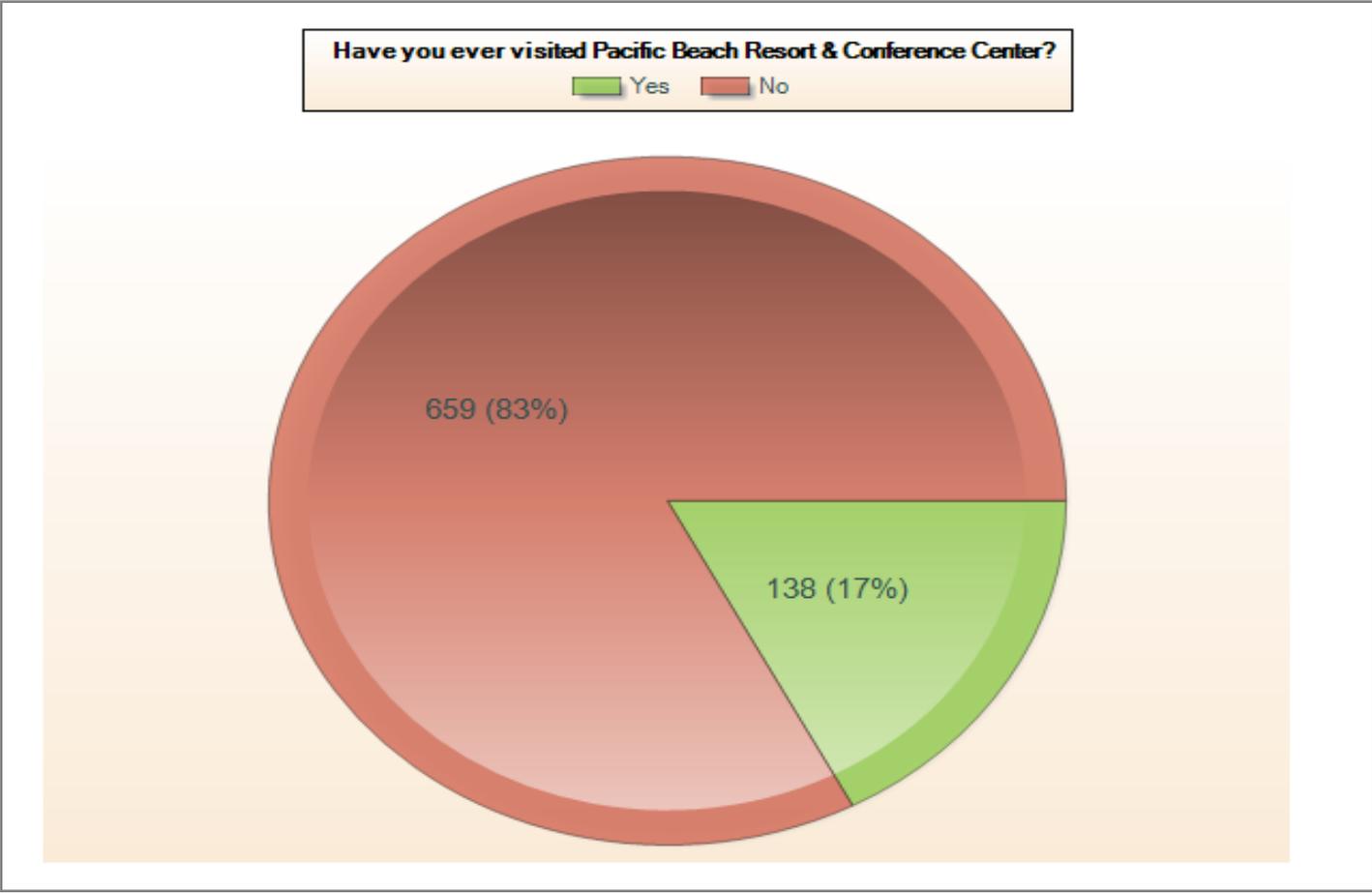


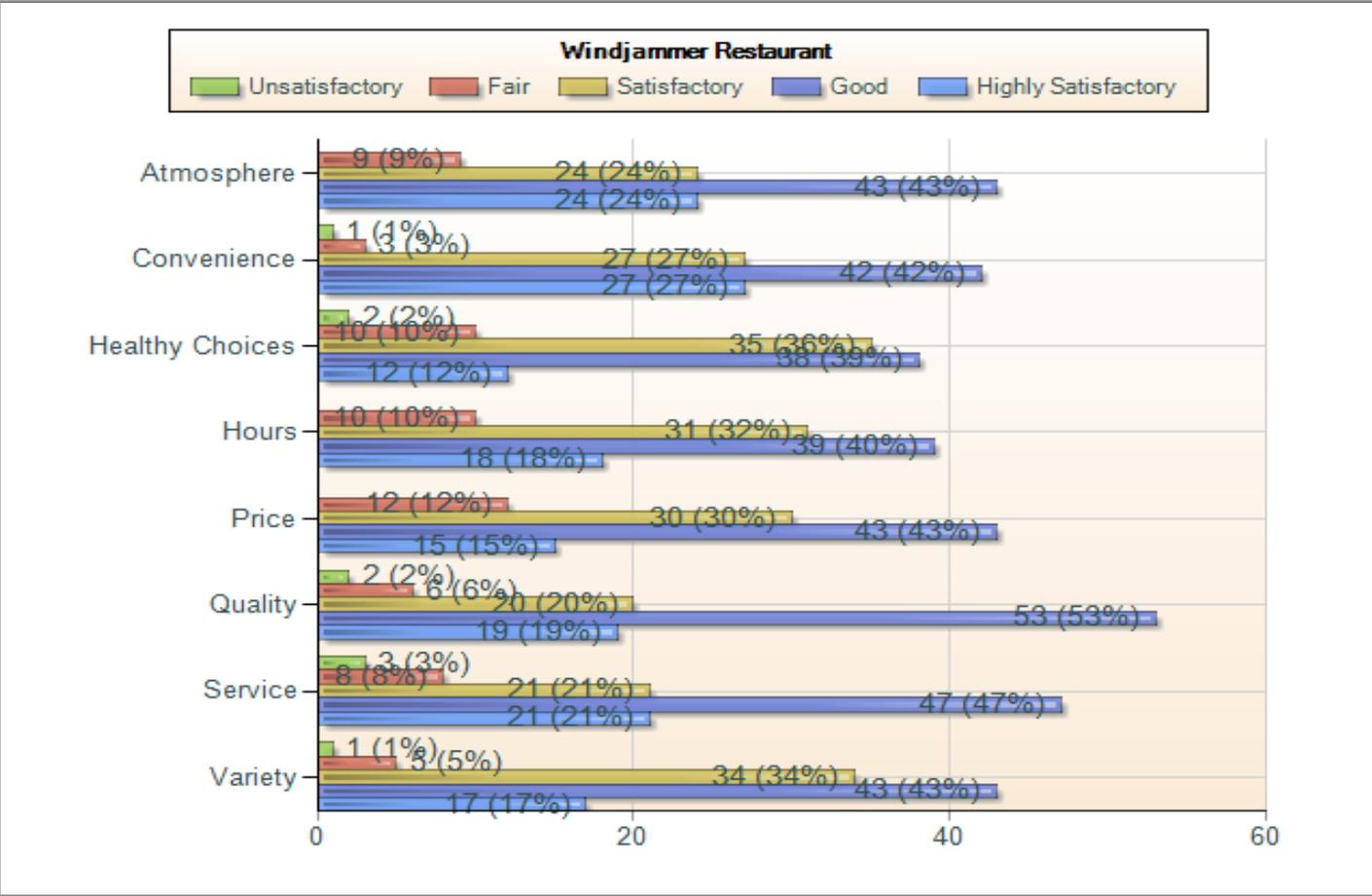
2010 Navy Region Northwest Food Service Survey: Hospital Snack Bar - NAS Whidbey Island

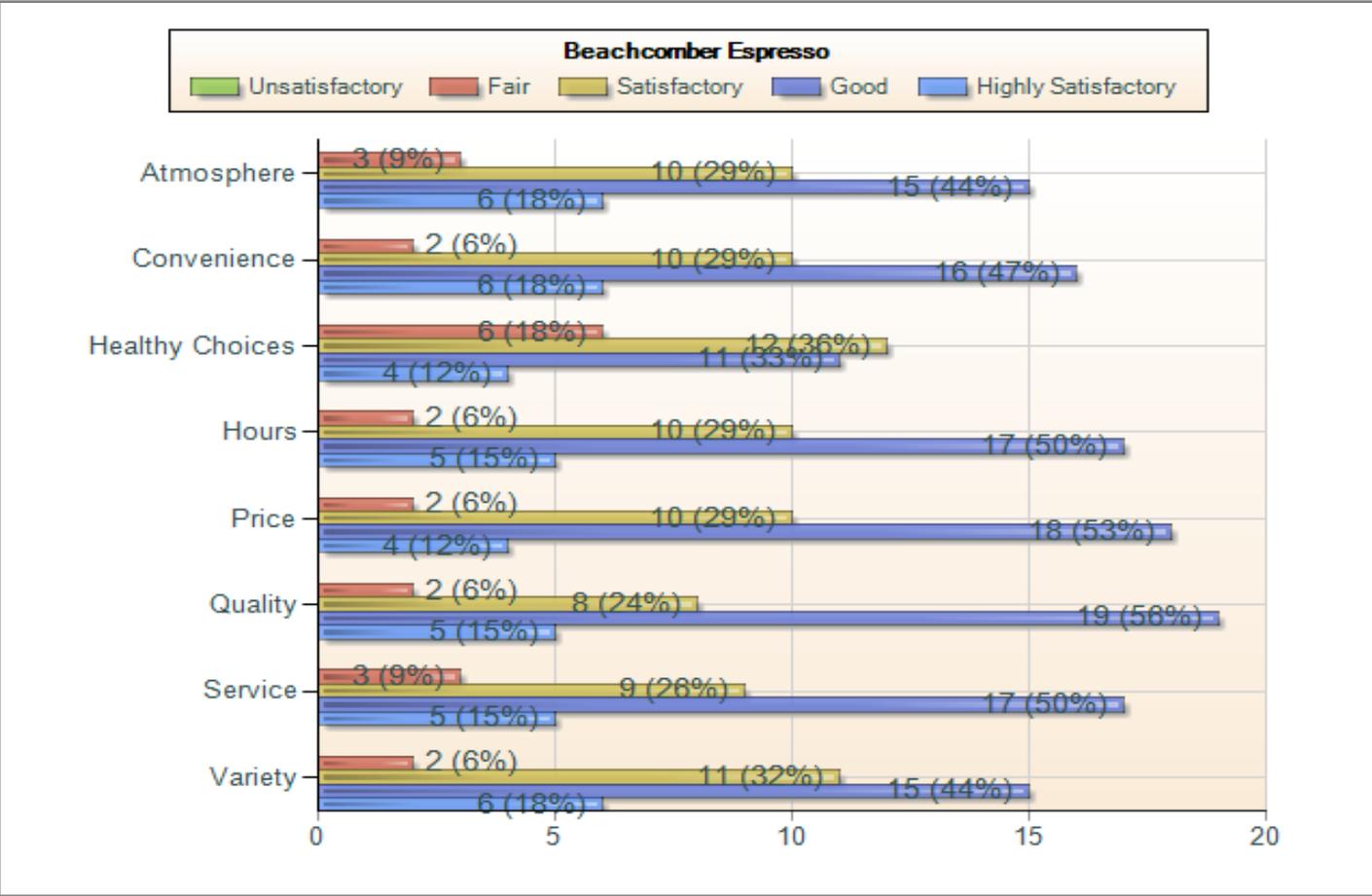


Naval Air Station Whidbey Island	
Kegler's at the Convergence Zone	241
Bakerview Restaurant	239
Subway - NAS Whidbey Island (Ault Field)	206
Admiral Nimitz Hall Galley	162
Fleet Store Rice King - NAS Whidbey Island (Ault Field)	148
Officers' Club - NAS Whidbey Island	122
McDonald's - NAS Whidbey Island (Ault Field)	118
Fleet Store Rice King - NAS Whidbey Island (Seaplane Base)	59
Skywarrior Theater Snack Bar	58
Hospital Snack Bar - NAS Whidbey Island	58
Duffer's Deli at Gallery Golf Course	57
Anchor Grille	57
Fleet Store Espresso Stand - NAS Whidbey Island	47
Hangar 6 Snack Bar	38
AIMD Snack Bar	15
Hospital Espresso Stand - NAS Whidbey Island	14
Hangar 8 Snack Bar	12

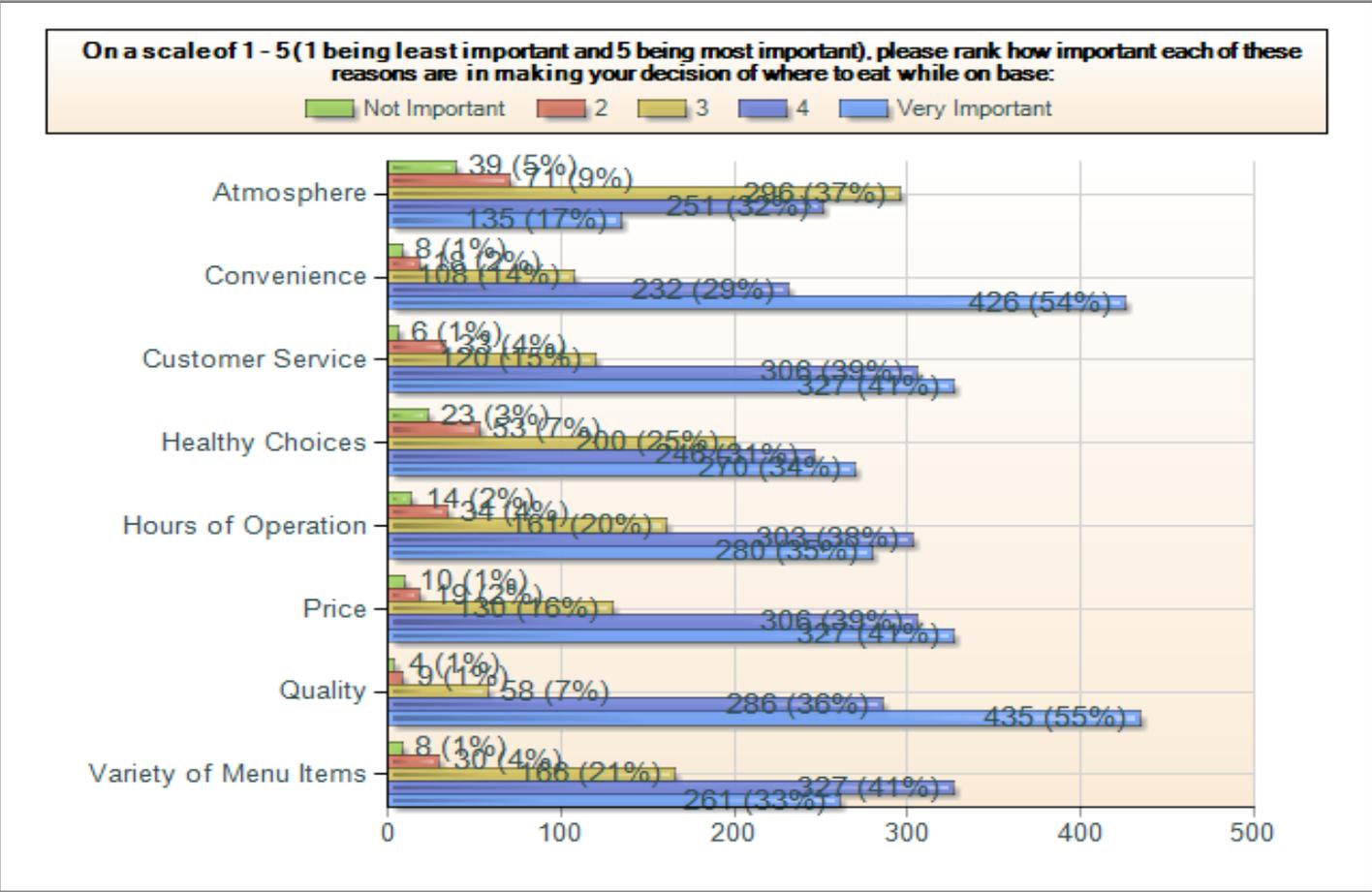
2010 Navy Region Northwest Food Service Survey: Have you ever visited Pacific Beach Resort & Conference Center?



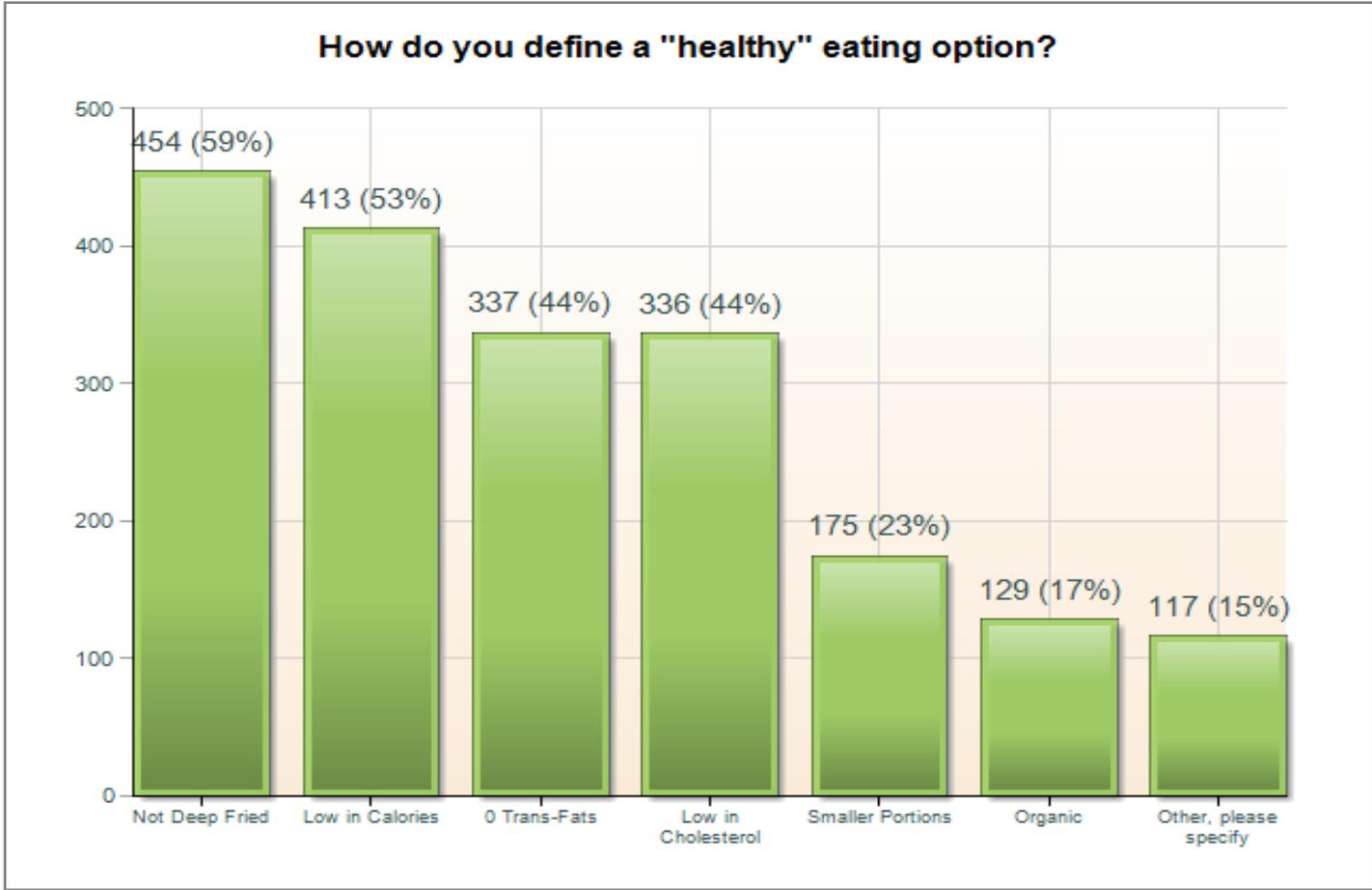




2010 Navy Region Northwest Food Service Survey: On a scale of 1 - 5 (1 being least important and 5 being most important), please rank how importa ...



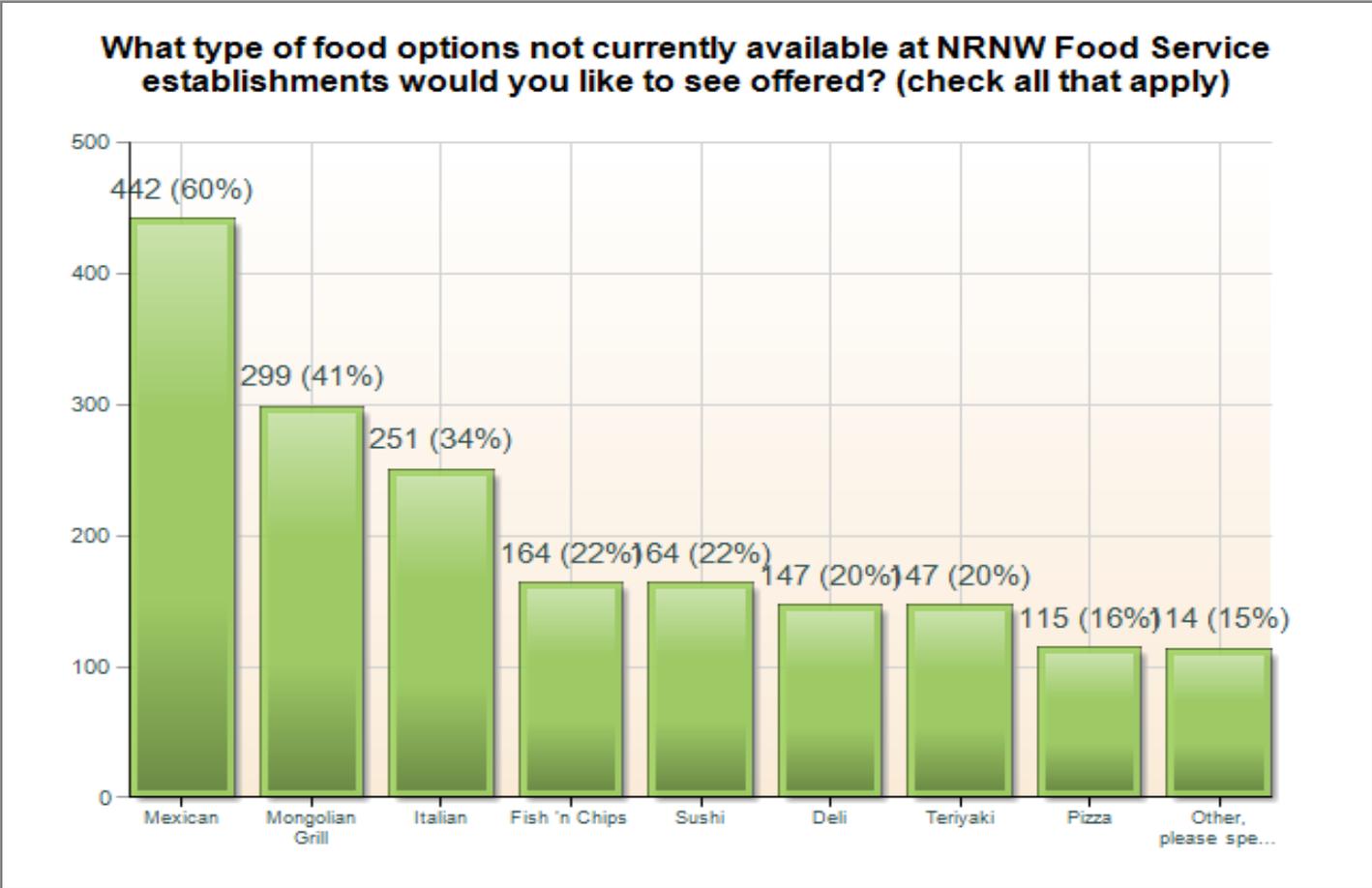
2010 Navy Region Northwest Food Service Survey: How do you define a "healthy" eating option?



2010 Food Service Survey: How do you define a "healthy" eating option?

a good option on types of food	If the meat and vegetable s were derived from local sources.	not deep fried
all	Just as long as there are junk foods and healthy options.	Not fried
All of the above, fresh veg, local grown	Keep food intake at a reasonable level. Everything in moderation. Cut out the butter and creams.	Nourishing, i.e. PROTEIN, CARBS and ESSENTIAL FATS.
all of the above. not so much fried foods, good salad dressing would be nice	Large Salad Bar	offering salad instead of fries, large salad for a meal
any food in moderation and exercise.	Less Meat	option that do not have bread (glutens)
Balanced in fats/carbs/fiber/protein	Light choices like light mayo and cheese. FRUIT and VEGGIES	overall need healthier options to foster a healthier lifestyle for the sailors. portions are what is killing americans. it would be nice to learn portion size for the Japanese.
Cleanliness	local foods/ingrediantis	
Diets vary, I try to avoid empty carbohydrates.	Lots of veggies. I have to say that I like larger portions because I always ask for a doggie bag and take half of my meal home.	PRICE IS THE RULER FOR HEALTHY, QUANTITY, QUALITY AND WHAT CHOICES
Fiber Content	low carb	protien, carbs, and veggies balanced
FRESH	low carb options for diabetics	Reasonable portion sizes
fresh food options	Low carb, vegetarian choices	Salad Bar or Buffet Bar
Fresh fruits and vegetables	Low carbs	Salad options
fresh fruits and vegetables	low fat -	smaller meat portion, quality vegetables
fresh fruits and vegetables	low fat, good protein	steamed not boiled, baked not fried.
Fresh or steamed fruits and vegetables	Low fat, not overly processed	Sustainable (Local)
Fresh or Steamed Veggies and fresh fruits	Low in Carbs	tasty but healthy
fresh vegetables, not overcooked, or w/tons of oil	Low in Starch/Carbs	Things for people with allergies.
Fresh vegetables, salad bar	Low oil/grease content.	unprocessed
fresh vegetables, fresh fruits, white meats, WA has an abundance of fresh fish yet our food facilites buy frozen crap food and sell it at high cost.		
UNSAT	low salt, lighter fried foods. Variety of Salads	Variety ie. soup & Salad
Fresh, more fruit and vegetable, low sodium	low sodium	Variety of food groups offered, freshness of food
	Low sodium (yes that means you might have to make food rather than heat up pre-packaged junk that you buy to "save money" at the cost of people's health	
Freshness and vegetable content		Vegetable that are not fried
fruit	Low sodium, or use of Light Salt	vegetables
Fruit and good salad bar	low sugar	vegetarian
Fruit or veggies with the meal instead of fries.	Low Sugar; Low Sodium	vegetarian
fruit, vegetable options	lower in carbs	vegetarian options
fruits and veggies and low fat	meat free options	vegetarian options, salads, beans, soups
fruits, veggies, not deep fried, high in water content, low in calories.	meat, seafood, vegetable, fruit, nuts	Veggire options
gluten free	Menu has options such as salads.	vegittables and low fat
GREEN	minimally processed	watching what your and eat in moderation
grilled lean meats/seafood, veggies	more fruits and veggies	well blance meal
	More vegetable options (i.e. Veggie Burgers, Salad, side vegetables). Fat Free and Low Fat Dressing options in all locations.	Whatever I feel like having
healthy child friendly menu items		
Healthy rounded meals	more vegetable options and fresh.	Whole foods
High Fiber, Not artificially sweetened, lower in sodium	More veggies	Whole foods. Fresh fruits and veggies.
Home cooked food	more veggies than average meal	whole, un-processed food (real food)
I dont care for "healty" meals	More Viges	wide variety of meats and vegetables
I don't concern myself with "healthy" eating.	Naturally low in fat, calories, cholesterol, fresh and tasty.	wider selection of food items in the above catagories
I don't worry about it.	no salt	without meat products
	YOU HAVE THE OPTION TO PICK HOW YOU WANT TO EAT	Would be great to have a salad bar...daily

2010 Navy Region Northwest Food Service Survey: What type of food options not currently available at NNRW Food Service establishments would you like to see offered?



2010 Navy Region Northwest Food Service Survey: What type of food options not currently available at NRNW Food Service establishments would you like to see?

A dedicated, GOOD, pizza/deli, and decent sushi would be nice.	I don't consider Subway to be a deli option. I'd like to see a real deli available.	Sandwich Shop
a McDonalds	I would like to see anything that is fresh not packaged in bldg 467	sea food
A speciality sandwich shop other then Subway	ice cream	Sea food
All of the above options can be made healthy but most places dont care to make them healthy.	Ice Cream like Cold Stone	Seafood, aka crab, shrimp, lobster, fish, muscles, ect..
all seem to be available at one or more locations on base with the possible exception of a place to get mexican on a regular basis.	I'm happy with the selections	smoothie king
Asian/Chinese	Indian	Smoothie Shop
Bakery - fresh baked goods	Indian	snack wraps, fruit and salads
BBQ	Indian food. More ethnic foods.	Soft serve ice cream
BBQ	Jack in the box or taco bell	SOME OPTIONS ON KEYPORT BASE! :)
BBQ	Japanese	something besides mcdonalds and subway
BBQ, In-and-Out, Carl's Jr., Dounts!	local seafood	SOMETHING NOT OUT OF A CAN
Better quality asian food.	make your own salad (saw it Chicago airport)	Something with more vegetarian options, also a place with a salad bar option
Breakfast	Mediterranean	sonic and/or popeye's
Burger King,	Mediterranean	sonic, buger king, A&W
Chicken	MEXICAN	Soup & Salad Place
Chicken	Mexican; but not fast food like Taco Bell	Soup and salad
Chicken Wing establishment	More Asian variety	Soup and salad bar.
chinese	more coffee options	soup and salad smoothies
Chinese, Thai, Seafood	More healthy options at current establishments	SOUP AND SALAD!!! BBQ!!!
Chinnesse style	more variety of salads	SOUP BAR/ PITA PETE/ MEDITERRANEAN
COFFEE KIOSK	most of what is listed above is offered	soup or salads
espresso in convergence zone	on base salad bar other than officers club	Southern BBQ
Fast Food other than McDonalds	Options for people with food allergies	Southern food
Filipino	oriental	Southern style vegetable plates
Filipino Foods	Oriental	Steak and Seafood
Fresh fruits and vegetables, smoothies	Pacific Rim foods (Hawaiian).	Steel the Air Force contract with TacoBell
fresh vegtables and lean meats	Pho	TACO BELL
fried chicken	Pita Pit or other Pita-Mediterranean Related Establishment.	Taco Bell
fried chicken fastfood restaurant	popeyes	Taco Bell vice McDonalds
gluten free	popeyes chicken	THAI
Go to Italy . . . see all the thin people. Seriously, get a clue.	Popeys chicken	Thai
Good fresh food--vegetables, fruit and foods that are not prepared from frozen state	Rice King, Dairy Queen	Thai
great salad bar	RIF/Delta has Taco Salad and Fried Burretos not really "Mexican"	Tropical Smoothie Cafe
Gyros	salad bar	Veggie Burgers
Hawaiian BBQ, Regular BBQ, Filipino, Tapioca	Salad Bar	Would love to see some kind of ice cream establishment
hawaiian food	Salad Bar at the Naval Hospital Oak Harbor	