

Wingspan

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Passageway of pride

Story and photos by JO2 Kenneth Ragland



The buzzard sits perched atop the red, white and blue Texas State symbol, his dark eyes staring ominously at those who pass by. Opposite him are two orange and white HH-1N Huey Navy Search and Rescue (SAR) helicopters, their gray propeller blades "spinning," as if about to



fly off at any given moment.

These are the colorful murals that now greet Sailors as they walk through the ladderwell area by Organizational Maintenance Division (OMD) in hangar 58; murals painted by AT2(NAC) Todd Teasdale, NASCC SAR swimmer.

"I knew it was going to be nice and it turned out better than I thought," said AMC (AW) William Sistrunk, OMD leading chief petty officer, who along with Teasdale came up with the idea of decorating the passageway with the murals.

"Chief Sistrunk gave me the graphics and I drew up the images, then I used an overhead projector to shine the images onto the bulkhead," Teasdale said.

He sketched around the images projected onto the wall and then painted inside the lines to form the mural. Getting the colors just right took some creativity on his part.

"I could never find the perfect color so I did my own color mixing," said Teasdale. "I went to art stores and bought the paint, then mixed them together onto styrofoam plates until I got the color right and then painted onto the bulkhead."



AT2(NAC) Todd Teasdale with his work of art.

According to Teasdale, the murals took about 75-100 hours to paint. Between his SAR duties and college classes, spare time to work on the murals was hard to come by.

"I had to paint when foot traffic was minimal," he said, "so that pretty much gave me only weekends and evenings to do most of the work."

Teasdale started working on the murals in mid-September and will continue until the project is completed.

"I'll paint the Navy Core Values, honor,

courage and commitment, ascending up the ladderwell," he said, "and I'll also paint the nine rating badges of all the Sailors who work at OMD."

"We want to put blue tiles on the deck," added Sistrunk, "and I'd also like to see rope along the ladder rails. Most of all I'd like to have him paint "Passageway of Pride" above the door so that each day and night as Sailors enter and leave they will be reminded of our mission and why we serve - so that others may live."



Photo by JOC Rita Chadrick

Making the (pay)grade

Congratulations to the following NASCC Sailors who were frocked to their present rank during a ceremony at the Gulfstream Recreation Center. In alphabetical order: AC3 Jason Barnes; DC2 Andrea Bird; QM1 (SW) Paul Bowling; MA1 Michael Brown; MS2 Richard Brueggert; MA2 Allen Davis; MA3 Michael Decker; GM1 Adam Eddingfield; MA2 Jack Hunt; AC2 Jason Resendez; AC3 Nolan Rhodes; AC3 Minerva Ruvalcaba; AC1 Tanya Schaefer; ABE1 Angelique Trudeau; ET2 Johnny Ward. (See pages 8-9 for more frockings)

From the Skipper



Hinger

Navy Community Service: Serving America at home

The goal of Navy Community Service is to promote volunteerism and community service among Navy military and civilian personnel and their family members. The desire to serve others is a common trait I have found in my association with government personnel. Many of us have spent most of our careers deployed with only enough time to see the faces of the communities in which we lived. As we find ourselves ashore with perhaps a little more time to enjoy our homeland, it is a great time to reach out and meet the person behind those faces we have only seen but not really known. The Navy has developed Five Flagship Projects that serve to strengthen youth and communities:

1. Personal Excellence Partnerships - assist youth to become better educated, healthier, and more responsible citizens.
2. Project Good Neighbor - promotes humanitarian assistance to those in need.
3. Health, Safety, and Fitness - promotes safe practices and healthy lifestyles.

4. Campaign Drug-Free - seeks to educate young people about the dangers of drug abuse.
5. Environmental Stewardship - the objective is to preserve, protect, and restore the environment and its natural resources through education and clean-up efforts. (Arnold Project, Roughwings)

Here in Corpus Christi, the opportunities to get involved throughout the year are unlimited and include many chapel sponsored events. Although there are many events here in the area, the biggest annual events include:

- The H.E.B. Feast of Sharing Holiday Dinner on Dec. 24, 2003
- Special Olympics, March 2004
- Dare to Dream/Earth Day, April 2004
- The Beach to Bay run, May 2004
- Operation Graduation, May 2004

From the Skipper continued on page 10

Chaplain's Corner

The most wonderful time of the year

By Lt. Alan Snyder

This time of year is very important: retailers and businessmen all over the world live for the five weeks between Thanksgiving and Christmas. More things are bought at this time of year than at any other; many stores must add on Christmas help. News outlets will talk for the next few weeks about how much the economy has rebounded by the spending done this holiday season.

Each company hopes that it has that hot, new toy that every kid craves. Parents are torn between loving the season and waiting for it to be over so that they can go back to a normal schedule. Christmas parties abound and people celebrate that one hope, getting

a great gift. Of course everyone should know that it's the thought that counts, but you would still like to receive something that is useful or beautiful.

We receive gifts this time of year, we give gifts this time of year, and the merchants are happy. We find that we are happy also. My hope is that we are happy about the things that really matter this year: the fact that we can be surrounded by loved ones and enjoy the time together. As I get older I find that gifts are not as important as they used to be. I am currently trying to get rid of things that I do not need. What is important to me is that the people who I love, know that I love them.

Love is such a wonderful gift to give. For Christians, Jesus gave it to us when he came to earth to die for us. He gave us the wonderful gift: himself. Give of yourself this holiday season.



Snyder

We find too often that we have gotten caught up in the many things in life that distract us and forget to honor God and the wonderful blessings that we have had bestowed upon us by him. This holiday season make God the central part of it; make him the reason you celebrate.

Healthwatch



Ruttig

Weighing in on the issue

By Lt. Nate Ruttig
TRAWING-4 Flight Surgeon

The holiday season is in full gear. Not only are the holidays a time for sharing, seeing family members and old friends, but it's also the most likely time to gain weight. More than 30 percent of Americans

are obese; 65 percent of Americans are overweight. A few extra pounds may not seem like much on the surface, but to your health it's vital. Being just 5-10 percent overweight adds significant increases in risks for developing sleep disorders, cancer, heart disease, diabetes and stroke. If you are overweight or obese there are plenty of good solutions.

There are certain groups of people that are at increased risk for being overweight. Individuals with disabilities that make it difficult to exercise, people who have just quit smoking, and shift-workers - those individuals that work the later shifts - are all at increased risk of being overweight. There is also a genetic component to being overweight. The Human Obesity Gene-1 (HOB1), recently identified, predisposes certain individuals to easy weight gain. Melanocortin-4, a receptor that turns off the urge to eat, has been found to be defective in many obese people. A person's general mood

also plays a role in weight gain. Those under high stress, or with mood disorders such as depression, are also at increased risk of gaining weight.

Each human being on the planet has a unique way of "burning" calories. This is called a person's metabolic rate. When one exercises, more calories are utilized. The key here is that from one individual to the next the metabolic rate varies. Some individuals are more efficient with calories than others and they do not need as many calories. These individuals can "do more with less" calories. Any excess calories not needed for normal daily functions or exercising will be stored as fat. Naturally thin people can eat whatever they want and never gain weight because their metabolic rate is inherently fast - their bodies consume calories more quickly. Also, as a person gets older, their metabolic rate slows down an average of one percent per year. If someone

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Wingspan

NAS Corpus Christi
"Exceeding Expectations Through
Pride In Performance"

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Station Spotlight



MS2(SW) William Mireles

Front desk clerk, Combined Bachelor Housing

A native of San Antonio, Texas, Mireles has been in the Navy for five years. He spent the past four years stationed on board the USS Mount Whitney in Norfolk, Va., before reporting aboard NASCC just six months ago.

"I asked the detailer if I could be stationed somewhere closer to home, and here I am," he said.

A music enthusiast, his goals include making first class petty officer and taking advantage of his shore duty time to attend college and get a degree in business management.

Mireles enjoys his job as a front desk clerk because "you get to work with and meet all sorts of people."



Barbara Wesson

Material expediter, Public Works

Originally from Annapolis, Md., Wesson came to Corpus Christi in 1981 with her husband, who was then in the military. She has 25 years of civil service experience, 15 of those spent working on board NASCC. She would eventually like to retire here in Corpus Christi.

As part of her job she drives five-ton trucks and forklifts, something that she's very proud to be able to do.

"If a tractor-trailer shows up and the men are all gone I can still use the forklift and unload the trailers," she said.

Wesson is married with a grown son and daughter and seven grandchildren.

Healthwatch continued from page 2

continues to eat the same amount of food at age 50 that they did when they were 20, they will invariably gain weight. The same is true for people of the same age, but different metabolic rates. If a naturally heavy person with a slow metabolic rate eats the same portions as a naturally thin person, the naturally heavy person will invariably gain weight while the naturally thin person will not gain any weight.

What you put into your body also affects your weight. Take for example carbohydrates: they may be either simple sugars or complex carbohydrates. A "simple" sugar is named this because it is only one molecule, not linked to others. "Complex carbohydrates" are so named because they are sugar molecules linked together by chemical and electrical bonds, thus forming long chains. These long chains are harder for your body to break down and thus do not as readily contribute to weight gain. Regardless of complexity, all sugars - simple and complex - are the main factors in weight gain. Fats, though a cause of cardiovascular disease, are not as important a factor as sugar when it comes to weight gain.

Weight loss is one of the hardest things to accomplish in America. Busy schedules, stressful lifestyles and distractions such as cable television, the internet and advanced video games make it difficult to lead an active lifestyle. For those interested in losing weight, here are a few very important guidelines:

1. Cut down the absolute amount of food that you eat per day. One pound of fat is about 3,500 calories. If you reduce your calorie intake by 500 calories per day, this will help you lose about one pound per week.
2. Watch *what* you eat. As mentioned previously, sugars are the most important single thing to reduce in your diet. Things like pasta, potato products, sodas, fruit drinks and rice all contain sugar and should be avoided as much as possible.
3. Be more active. Exercising will help dramatically; weight training is excellent as well. Adding a little more muscle will dramatically increase your metabolic rate and help burn calories even long after you are done lifting weights.
4. Avoid "fad" diets and products with stimulants such as caffeine and ephedrine/ephedra. Seldom do these diets help and oftentimes they are harmful.
5. Increase your daily intake of fiber. Fiber will decrease your hunger while avoiding additional calories.

Be careful around the holidays, as these are the worst times for weight gain. If you have any questions, need help/advice or simply want to learn more, do not be afraid to see your physician about this important issue.

From the Skipper continued from page 2

Many of you are already involved with community service of one type or another, and for that I would like to give you my heartfelt thanks. I have gained a tremendous personal wealth from participating in many of these events.

In order to track how NAS Corpus Christi impacts our local community, a web page has been created for you at https://www.cnatra.navy.mil/ncs_feedbackform.asp, so you can submit the number of hours you volunteer. In the near future volunteer events will be posted on the CNATRA web page for your convenience.

In closing, I would like to add a quote made by President George W. Bush in January of this year when he signed the "No Child Left Behind Act" into law: "Tonight I ask Congress and the American people to focus on the spirit of service and the resources of government on the needs of some of the most vulnerable citizens - boys and girls trying to grow up without guidance and attention...One mentor, one person, can change a life forever - and I urge you to be that person."

For more information on Navy Community Service contact the Region Coordinator, Ms. Myra Brown, at 961-2641 or myra.brown@navy.mil or Lt. Scott Walters, NAS Public Affairs Office, at 961-2674 or scott.walters@navy.mil.

Safe decorating tips for the holidays

Trees:

- When purchasing an artificial tree, look for the label "Fire Resistant." Although this label does not mean the tree won't catch fire, it does indicate the tree will resist burning and should extinguish quickly.
- When purchasing a live tree, check for freshness. A fresh tree is green, needles are hard to pull from branches and do not break when bent between your fingers. The trunk butt of a fresh tree is sticky with resin, and when tapped on the ground, the tree should not lose many needles.
- When setting up a tree at home, place it away from fireplaces and radiators. Because heated rooms dry live trees out rapidly, be sure to keep the stand filled with water. Place the tree out of the way of traffic and do not block doorways.

Lights:

- Indoors or outside, use only lights that have been tested for safety by a recognized testing laboratory, which indicates conformance with safety standards. Use only lights that have fused plugs.
- Check each set of lights, new or old, for broken or cracked sockets, frayed or bare wires, or loose connections, and throw out damaged sets.
- Always replace burned-out bulbs promptly with the same wattage bulbs.
- Use no more than three standard-size sets of lights per single extension cord. Make sure the extension cord is rated for the intended use.
- Never use electric lights on a metallic tree. The tree can become charged with electricity from faulty lights, and a person touching a branch could be electrocuted.
- Before using lights outdoors, check labels to be sure they have been certified for outdoor use.
- Stay away from power or feeder lines leading from utility poles into older homes.
- Fasten outdoor lights securely to trees, house walls, or other firm supports to protect the lights from wind damage.
- Use only insulated staples to hold strings in place, not nails or tacks. Or, run strings of lights through hooks (available at hardware stores).
- Turn off all holiday lights when you go to bed or leave the house. The lights could short out and start a fire.
- Use caution when removing outdoor holiday lights. Never pull or tug on lights - they could unravel and inadvertently wrap around power lines.
- Outdoor electric lights and decorations should be plugged into circuits protected by ground fault circuit interrupters (GFCIs). Portable outdoor GFCIs can be purchased where electrical supplies are sold. GFCIs can be installed permanently to household circuits by a qualified electrician.

Decorations:

- Use only non-combustible or flame-resistant materials to trim a tree. Choose tinsel or artificial icicles of plastic or nonleaded metals. Leaded materials are hazardous if ingested by children.
- Never use lighted candles on a tree or near other evergreens. Always use non-flammable holders, and place candles where they will not be knocked down.
- In homes with small children, take special care to avoid decorations that are sharp or breakable. Keep trimmings with small removable parts out of the reach of children to avoid the child swallowing or inhaling small pieces, and avoid trimmings that resemble candy or food that may tempt a child to eat them.
- Wear gloves to avoid eye and skin irritation while decorating with spun glass "angel hair."
- Follow container directions carefully to avoid lung irritation while decorating with artificial snow sprays.

NAS Corpus Christi December weather outlook

By AG2 Merody Hulsey
NTMOD

Happy Holidays! December brings in milder temperatures with an average maximum of 67 degrees Fahrenheit and an average minimum of 53 degrees Fahrenheit. Cold fronts, followed by gusty northerly winds, move through South Texas about once every six days. These fronts often stall south of the area causing cloudy skies, fog, and drizzle. The predominate wind direction will be northerly with an average speed of 11 knots. Early morning fog occurs 14 days out of the month, with mean relative humidity ranging from 65 to 81 percent.

Drizzle replaces rain as the most common type of precipitation during December, occurring an average of seven days this month. Rain and rain showers still occur; however, convective activity that produces thunderstorms is rare. Rainfall amounts continue to decrease this month, with a mean total of 1.5 inches. More than 32.8 inches of precipitation was recorded at NASCC through October. We are already more than two inches above our yearly average of 30.3 inches.

Tropical cyclone season will end November 30. Development in the Gulf of Mexico and Caribbean is rare. Point your browsers to <https://www.ntmof.navy.mil> for the latest weather updates, as well as plenty of other useful weather information. For current weather conditions that are updated hourly please call 961-4500.



We need YOUR creative skills!

Do you have a special talent? Can you sing, dance, rap, perform magic tricks, etc? If so, your expertise is needed! Committees are now being formed for the NASCC Heritage Festival taking place on April 1, 2004, at the Wings Auditorium. Here's your chance to get in on the ground floor and be a contributing part of this annual event. If you are interested in being part of this event, please contact the following committee members:

POC Committee Heritage	Wk#	E-Mail
Able Perez - Hispanic	x2985	Perez.a.jr@nrs.navy.mil
Cynthia Holmes-African-American	x3737	Cholmes@ccad.army.mil
AZ1 Brown - African-American	x2246	chris.brown@nrs.navy.mil
CDR Applequist-Native American	x6187	CAapplequist@nhcorpus.med.navy.mil
Joanne Patterson-Asian-Pacific	x3673	joanne.patterson@nrs.navy.mil
AZ1 Peters Women's History	x3795	jeannie.Peters@nrs.navy.mil

MWR Holiday Happenings

Civilian Morale, Welfare, Recreation Activity

Visit Santa's house: Stop by and visit Santa, Mrs. Claus and the elves in Santa's house at the Wings Auditorium Quad every Thursday and Saturday evening, from 6 p.m. to 8 p.m., now until Dec. 19. You can also leave a letter for Santa in his mailbox; if you put your return address on the letter you'll receive a personal message from him! The last day to drop off letters and receive a reply is Dec. 19. You can also stop by Bldg. 249 and pick up special "Santa Stationery" to write your letter on. For more information, call 961-3476.

Youth Activities Center - The Zone

Breakfast with Santa: Join Santa and Mrs. Claus, their elves and the friendly folks at the Youth Activities Center as they and CMWRA host a Holiday Pancake Breakfast on Dec. 13 from 9 a.m. to 11 a.m. The "entrance fee" is one canned good or one new unwrapped toy for Toys for Tots. The breakfast will include fun festivities throughout the morning including a chance to win a prize from the Christmas Treasure Chest, a family photo with Santa for the first 200 families in line, karaoke caroling, a drawing for the grand prize (a \$75 gift certificate from HEB) and much more! While you're there, don't forget to visit Mrs. Claus, who'll be handing out scrumptious holiday cookies and good cheer to all! After you get your goodies, stop by and share your Christmas wishes with Santa Claus. For more information, please call the Youth Activities Center at 961-2355.

Gonzalez Liberty Program

The 12 Days of Christmas: Join the Gonzalez Liberty Program as they bring you the "12 Days of Christmas." The holiday festivities get started on Dec. 14 and go through Christmas day. Take a look at all the holiday games, activities, and events the GLC has planned for these fun 12 days:

Dec. 14: Movie & Pizza Night (active duty only) - starts at 5:30 p.m.

Dec. 15: Dart Tourney - All are welcome. Steel & soft tip games; starts at 5 p.m.

Dec. 16: Club Night - Join us at 7 p.m. for a night of fun, music, dance, or just hanging out with friends.

Dec. 17: Frisbee Golf - a new addition to our center. Register by Dec.12 (must have 10 to play).

Dec. 18: Ping Pong Tourney - all are welcome. Best out of 3 games/double elimination; starts at 6 p.m.

Dec. 19: Foosball Tourney - all are welcome to come try out our new tables; starts at 6 p.m.

Dec. 20: South of the Border Progresso Trip - sign up by Dec 12; cost is \$20 per person. Must have at least 40 participants to go; sign up at the GLC.

Dec. 21: MSP Night - (Movie/Sodas/Popcorn); starts at 5 p.m.

Dec. 22: Blacklight Pool Tourney - all are welcome; starts at 6:30 p.m.

Dec. 23: PS2 Game Hysteria - challenge your skills to one of our new PS2 games. Contestant with the highest score wins; starts at 6 p.m.

Dec. 24: Choose Your Game - pick any game in the house. If you win, you get a prize; starts at 5 p.m.

Dec. 25: Holiday Flick Night - enjoy a Christmas movie with your friends at the GLC, noon to closing.

If you will be spending the holidays with us at the Gonzalez Liberty Center, stop by and enter your name for a drawing that will be held on Dec. 25. Have a safe and happy holiday from everyone at the Gonzalez Liberty Center and Program!

Staying Navy



Photo by Lt. Rob Lyon

SKC Ignacio Cruz (l), CNATRA supply officer, was reenlisted by Rear Adm. George Mayer (r), CNATRA, during a ceremony at CNATRA headquarters. Cruz reenlisted for two years.



Photo by JOC Rita Chadrick

Ensign Rolando Ayala, NASCC security officer (l), administers the Oath of Enlistment to MAC(SW) Kevin Vanderhaden (center) and MACS(AW) David Bradley during a ceremony at NASCC Security. Vanderhaden reenlisted for four years and Bradley reenlisted for five years.

Heroic feat recognized



Photo by PH1 Charlo Whorton

Cmdr. Al Alabata, NASCC executive officer (l), awarded the Navy and Marine Corps Commendation Medal to SN Jeffrey Roberts during a ceremony at DETFAC "for meritorious service while assigned in a limited duty status to NAS Corpus Christi on Oct. 22, 2003. Seaman Roberts, without regard for his own safety, responded to screams for help in BEQ 1739 where he observed a knife-wielding man chasing a woman through the barracks. The man had stabbed the woman and was attempting to continue his attack on her when Seaman Roberts intervened, quickly subdued the man and was able to quell the attacker until base police arrived. Seaman Roberts undoubtedly saved the woman from further harm and possibly saved her life." Bravo Zulu!

Flag writer commended



Photo by Lt. Rob Lyon

Rear Adm. George Mayer (r), CNATRA, awarded the Navy and Marine Corps Commendation Medal to YN1 Alvin Lozada "for services while assigned as flag writer for Commander Carrier Group Eight." Bravo Zulu!

Feast Day of Our Lady of Guadalupe

Everyone is invited to help NAS Corpus Christi celebrate the Feast of Our Lady of Guadalupe at 11:30 a.m. on Friday, Dec. 12, 2003, at the Our Lady of Guadalupe Chapel (Catholic Chapel) on board the air station. Father Charles Soto will officiate. Lunch will be served after mass. For additional information, please call the Chaplain's Office at 961-3751.

PAID CLASSIFIEDS

Enjoy More Golf. Save money on the purchase of a new set of clubs. 1-3-5 woods and 3-pitching wedge stainless steel irons \$185. Standard size or call for fitting. 991-3122. Also at Cimmaron Driving Range. 3/1

Powder Coating. Durable baked on finishes, over 150 colors in stock. Custom holographic and candy colors available. Protective powder coatings 361-854-7911. www.protective powder.com. 12/1

Drivers Needed. Apply in person at DoubleDave's Pizzaworks at Alameda & Ocean Drive.

FREE CLASSIFIEDS

Affordable Home- 2 bedroom, 1 1/2 bath ready to move in \$795 per month, \$795 deposit. Small pets acceptable. North Padre Island, 5 minutes from ocean. 949-9802.

Divorce Must Sell- 98 Yamaha FZR 600. Low miles, Blk, extras \$2995. (361) 688-8339.

1991 Ford Bronco- 4x4, V8 auto, A/C. \$3500 OBO. 947-1474. Ask for David.

Baby Trend Ultra- Baby Jogger. Like new \$90 OBO. Call Tina 986-1153.

Truck for sale: 2001 Toyota Tacoma PreRunner w/ TRD Package. V6 eng. w/ 22,500 miles. Excellent condition, with a perfect scheduled maintenance upkeep. Options:Century bed cover, bed liner, bed divider, split rear window, chrome bumpers and side step bar, AM/FM cassette,CD stereo. Asking \$18,500. Call Steve at 361-688-0219 anytime.

For Sale: King's Crossing,6406 Bellac St. Approx 2400sf,2-story 3/2,5/2 on cul-de-sac lot. Fenced back yard has in-ground heated pool w/hot tub & backs to park. Master suite down opens on approx 300sf tiled patio. Tiled foyer to formal dining and LR w/French doors to patio. Den w/wetbar. LR/den w/cathedral ceilings divided by see-through stone wood-burning fireplace. Eat-in kitchen w/ island. 2 bd rms & full bath up w/balcony overlooking LR. Laundry room & powder room down. Garage w/built-in work table and shelves. Attic decked for storage. \$214,900. Call 994-4940.

For Sale: Set of 4 Bridgestone Potenza RE730 tires (245/50ZR/16), this set of four tires has less than 1k miles on them. These tires are "Z" Rated high performance. These tires offer great wet & dry traction. Price: \$400.00 OBO for the set of 4 tires. Call (361) 992-1134.

NOTICE TO ALL GENERATORS, REUTILIZATION OR SALES CUSTOMERS:

DRMO Corpus Christi amended hours of operation for December 2003 January 2004

December 11: Closed for training
December 22-24 and December 29-31: Turn-ins
RTD by appointment only
December 25-26 and January 1-2: Closed in observance of Christmas and New Year holidays

To schedule appointments, call (361) 961-2936.

For questions or more information on this announcement please call Robert Franks at (361) 961-2936.

AWARDS & ACHIEVEMENTS

The following HM-15 Sailors were frocked to their present ranks during a ceremony held at the squadron:



Photo by HM-15 staff

Frocked to Petty Officer Third Class (in alphabetical order): AD3 Harry Ackerson; AM3 Nick Borah; PR3(NAC) Richard Brooks; AM3 Jacqueline Cain; SK3 Shelton Cary; AM3 Geramie Decamp; OS3 Sara Hermosillo; AT3 Thomas Lais; AD3 Eric Landrum; SK3 Keron Martin; AM3 Michael Monroe; AM3 Colade Ojo; SK3 Mary Ramon; AM3 Jaime Rodriguez; AM3 David Smith; YN3(AW) Patsy Spore; AS3 Jody Wade; AM3 George Warren.



Photo by HM-15 staff

Frocked to Petty Officer Second Class (in alphabetical order): AE2 Kenneth Adams; AZ2 Priscilla Encina; YN2(SW) Jose Lerma; AM2 Luave; PN2(AW) Jose Najera; PR2 Nina Porter; AD2 Johnny Valdez.

Congratulations new aviators!



Photo by SK1 Bill Samuels

The following individuals received their "wings," designating them aviators, during a winging ceremony at the Bay Club on Nov. 21. In alphabetical order: 2nd Lt. Michael Anderson, USAF; Capt. Charles Bredfield, USAF; 2nd Lt. David Chin, USAF; 1st Lt. Jason Dale, USMC; 2nd Lt. Grady Dieckert, USAF; Ensign Kevin Farren, USN; 2nd Lt. Adolfo Gorbea, USAF; 2nd Lt. Robert Hariston, USAF; Capt. Eric Hanley, USAF; 2nd Lt. John Kerrigan, USAF; 2nd Lt. Aaron Lancaster, USAF; 1st Lt. Trevor Larabee, USAF; Ensign Christopher Metz; Lt. j.g. David Moore, USCG; 2nd Lt. Brent Murrell, USAF; 2nd Lt. Jason Seibert, USAF; Ensign Troy Siler, USN.



Photo by HM-15 staff

Cmdr. Paul Lluy (l), HM-15 commanding officer, congratulates AD1(AW) Tommy Manning after frocking him to the rank of first class petty officer.



Photo by COMOMAG staff

Congratulations to SK1(SW) Shelley Wallach (l) and OS1(SW) Adrian Davis, assigned to COMOMAG, who were frocked to Petty Officer First Class.