

WINGSPAN



Vol. 15, No. 22

Naval Air Station Corpus Christi, Texas

October 22, 2009



Chief of Naval Personnel visits NASCC

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'Old Salt' hosts National Navy League Convention in Corpus Christi Oct. 27 - Nov. 1

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Flu season here; NHCCC flu awareness, prevention tips

by Bill W. Love, NHCCC PAO

Naval Health Clinic Corpus Christi (NHCCC) is proactively engaged in creating a mindset of flu prevention through early education and preparation for the seasonal flu and the H1N1 (Swine) flu.

Besides electronic and printed information, Capt. Randy Kelley, Commanding Officer at NHCCC, connected with Naval Air Station Corpus Christi leadership and tenant commands via an Oct. 1 teleconference to leverage annual seasonal flu efforts and communicate accurate and timely information about H1N1.

"All of my staff at Naval Health Clinic Corpus Christi is committed to minimizing the effects of this flu season," Kelley said, underscoring the importance of primary prevention.

"Persons can prevent the spread of infections by doing all those things your mother told you growing up. Wash your hands frequently using warm water and soap. Hand sanitizers are a great alternate.

Flu continued on page 5



Members of Training Air Wing 4 got their flu shots during a safety stand-down Oct. 8

Photo by Lt. Bethany King, TW4

234th Navy Birthday Ball a success.

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Couples enjoyed dancing the evening away after the Navy Ball ceremonies and dinner on Oct. 17

Photo by Rod Hafemeister

Skipper's Column

by Capt. Randy Pierson



Pierson

This past weekend, NAS Corpus Christi Bay Club provided us with a tremendous Navy Ball. In fact, the best of which I've attended.

Months ago, our Navy Ball Committee – comprised of Tenant Commandants and interested

volunteers of all Navy backgrounds, Officer, Enlisted, and DoD Civilian – laid the framework for this year's ball.

They ensured we knew what their

constituency preferred and assisted in working the compromises where differences occurred.

On Oct. 17, their efforts bore fruit as a complete Ball was orchestrated - one with full military honors and hors'd vours served butler-style on arrival, including the beverage of the guests' choice.

The Bay Club spared no costs in decorating the Ball Room and Sun Room for a maximum capacity of 300 guests.

After the traditional Birthday Ball ceremonies, Rear Adm. William G. Sizemore II, who recently took over as Chief of Naval Air Training, provided the guest speaker address.

At the completion of his motivational speech, dozens of staff from the Bay Club served a fine dinner of roasted chicken breast and filet mignon.

Happy Birthday, Navy!

It could not have been a finer meal.

After those in attendance recognized great Americans and the military services with traditional (and not so traditional) toasts, the band Whiskey Bent set a great tone for the party. During the band's breaks, NAS Ground Electronics provided DJ support that had the dance floor packed.

After almost \$3,000 worth of gifts were given away, dozens of dances were shared and a great time was had until well beyond midnight, the party reluctantly came to an end.

With all attendees safe at home in their rack, many had the opportunity to reflect on a sense of Navy pride and a feeling of camaraderie celebrating our 234th Birthday.

We have much to be thankful for. Thank you to all of you that made it happen!

See you next year!

Chaplain's Message

by Lt. j.g. Rob Fasnacht, Chaplain

Americans spend billions of dollars a year to look new.

We get new haircuts, highlights, and hues. Television commercials tell us that the jeans we just bought two months ago are outdated and unless we purchase this season's new style, we will also be outdated.

We race to get the latest fitness fad, diet supplement, or surgery.

We think we need something new.

We seem to get bored with the old way of doing things. If Slimfast isn't working for our diets, we try the South Beach Diet. If Atkins doesn't work, we try an apple fast.

It is amazing how many different ways we try to diet when, in the end, the diets are almost all the same: low-calorie.

Not only do we love to try new diets and fitness fads, but we are smitten with new technology. Really folks, how many different iPods does Apple need to make?

We need a new iPod because the new one is lime instead of green, or the new scarlet looks so much better than the red. We are suckers for new packaging.

What is it about something new?

St. Paul calls people with a new spiritual awakening "new creatures."

I like that. I like knowing that because of my faith, I am no longer the same old creature with the same old features.

I am now someone different. I am free to be new.

I have the freedom with my faith to reinvent myself. I now look at life with a different perspective. I try to treat people in a new and more loving way.

I like being new.

Every day is a new day and every day we get to decide if we are going to be the same old thing that we aren't happy with or are we going to be different, something new.

New 'You,' not new things

We can choose new hobbies, new friends, new interests.

The choice is ours. We may think we have to allow our surroundings and circumstances to dictate our feelings and responses, but we don't. We get to choose how to react.

But reinvention isn't easy. It requires trial and error. It requires us to be unafraid to make mistakes and take chances.

Truly we don't know what tomorrow will bring because tomorrow is a brand new day.

I hope for each one of us, we choose to be more loving, more focused on servitude, more of something new.



Fasnacht

Editor's Corner

by Rod Hafemeister



Hafemeister

I heard the "thunk" and, within seconds, felt the car pulling to the right.

"Not another one!"

Yep, another piece of crud on a Texas road had flattened another one of my tires.

I've been driving for more

than 40 years and probably averaged more than 25,000 miles a year.

That means I've covered more than one million miles in cars, trucks and on motorcycles. Heck, I put 180,000 miles on

one motorcycle alone when I spent most of a decade traveling around the country.

In all those miles, I've only had one flat tire until I moved to Texas in 2000.

Since then, I can count something like 10 tires that were "road kill" because of something on the road.

Probably the most exciting was the bundle of firewood that took out two tires and a rim.

Now, I don't know that Texas roads are to blame – it's possible that people everywhere have just gotten really bad about letting crud fall out of their vehicles. With few exceptions, I haven't driven much outside of this big state the last several years.

But whatever is going on, it needs to STOP!

And soon!

When the rubber meets the crud

Or I'm going to start shopping for a vehicle with treads instead of tires.

Anyone know where I can buy an old tank?

The following came in late, but it wouldn't do them any good to run it next issue.

So here you are, Marines - don't ever say the Rangers don't take care of you!

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Vice Adm. Ferguson, Chief of Naval Personnel, visits NASCC



Vice Adm. Mark E. Ferguson, III, the Chief of Naval Personnel, visited Naval Air Station Corpus Christi and the Chief of Naval Air Training Oct. 7-9.

(left) Ferguson answers questions during an 'All Hands' call in the Wings Auditorium. Photo by Bob Torres.

(right) Ferguson expresses his appreciation and presents a coin to each of the seven combat veteran Hospital Corpsmen at Naval Health Clinic Corpus Christi who were on the quarterdeck to greet him. Photo by Bill Love, NHCCC PAO.



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After 30 years in Navy, Command Master Chief Pat Flavin is retiring

Story and photo by Rod Hafemeister

When Command Master Chief Pat Flavin "goes ashore" for the last time Oct. 23, he'll have completed 30 years – minus one day – in the Navy.

The last 10 have been as a Command Master Chief in five different billets, finishing at Naval Air Station Corpus Christi.

"I'd stay another 30 years if they'd let me," he said. "This has been the best and worst times of my life – but more best than worst.

"It's tough to leave the only job you've ever had in your adult life."

As he prepared for the biggest reassignment of his life, he looked back on his career and how the Navy has changed.

"I guess the biggest thing I take away is probably the opportunity to work with a bunch of great Americans, a bunch of young kids who have always kind of kept me feeling young – up to the last year or so, when I've found a few extra gray hairs because of them," he said.

"I've been allowed the command-level perspective, which has given me the opportunity to be able to help Sailors on a large scale."

Today's young Sailors are much better educated and "a lot smarter than we were when we came in," Flavin

said.

It's harder to get in the military than it was when he enlisted in 1979 – and that means better Sailors coming in.

Flavin said they're smart and courageous.

"Most of the kids in today's military have never been in the military during a time of peace," he said. "Most of them have been deployed.

"I've said it once, I've said it 100 times: This generation is going to be our next 'Greatest Generation.'"

Although there always are "knuckleheads," even they rise to the occasion when the chips are down, Flavin said.

The role of a CMC is not to be "the visionary guy," he said.

Instead it's to be the guy who executes plans, projects and policies.

The biggest job as a CMC is to understand the commander's vision and help him execute it – but the other part he relished was "the ton of time" he's spent mentoring younger Sailors and Chiefs.

"Every time someone walks in the door and says, 'Master Chief,

you got a minute?' They're not coming in saying, 'Hey, can you fix this problem?' although a lot of times they ask that," he said. "They're coming in asking for my advice."

Chiefs today are motivated differently than 20 years ago.

For about a decade, Chiefs found themselves often filling officer roles and developing polices.

"More recently, the Navy has gotten back to putting the Chief back as the deckplate leader," he said.

"I think it wasn't a bad move. If you have Chiefs who think they are officers. It's a bad thing.

"But if you have Chiefs who are not empowered, due to their lack of technical skills or education, that's a bad thing also."

Flavin said that he would have liked the chance to be a CMC of an aircraft carrier or a large-deck amphibious ship, but all in all he's satisfied with his career.

"I'm probably going to take a break a couple of years – work, but not these complex 20-hour days," he said.

"I'd like to work on my golf game, like to fish.



NASCC Command Master Chief Pat Flavin examines the driver presented to him at a pre-retirement luncheon by the NASCC headquarters staff while wife Lynn looks on. Flavin retires Oct. 23.

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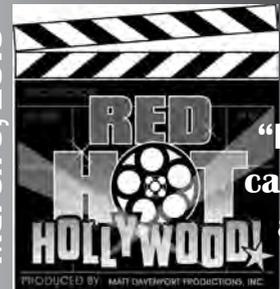
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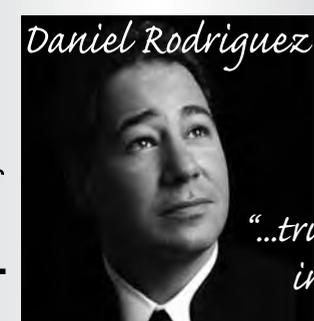
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Flu continued from page 1

“Cover your mouth when you sneeze or cough – cough into your sleeve instead of your hand.

“Don’t use the same dishes, cups or towels as others. And avoid touching your eyes, nose or mouth.”

Flu is the general term for illnesses caused by a number of different influenza viruses, which can cause a range of symptoms and effects, from mild to lethal.

According to the Center for Disease

Control (CDC), if you get sick with flu-like symptoms this flu season, you should stay home and avoid contact with other people except to get medical care.

Most people with the 2009 H1N1 virus have had mild illness and have not needed medical care or antiviral drugs and the same is true of seasonal flu.

However, some people are more likely to get flu complications and they should talk to a health care provider about whether they need to be examined if they get flu symptoms

this season.

Staff at NHCCC are already conducting seasonal flu vaccines and remain ever vigilant for the signs and symptoms associated with H1N1.

In addition, because of heightened awareness of H1N1, families have legitimate concerns about their well-being.

“We have established clinical practice guidelines based upon input from the Center for Disease Control (CDC),” said Kelley, “to make certain that we are looking for potential

risk factors and warning signs to help guide our treatment.”

The CDC reminds everyone that even though certain people are at high risk for serious complications, most healthy people recover from the flu without problems.

“We have been working on our pandemic flu plan and how to provide medical care in the face of potential staff illness,” Kelley said, “and we are putting final touches on how we will provide the H1N1 vaccine when it becomes available.”

You may track current flu updates at the CDC website:
<http://www.cdc.gov/>,
 Texas Department of State Health Services website:
<http://www.dshs.state.tx.us/txflu/splash/index.html>,
 FLU.GOV website:
<http://flu.gov/> ,
 and the NHCCC website:
<http://www.med.navy.mil/sites/nhccc/Pages/default.aspx>.

(right) Captain Randy Kelley, right, Commanding Officer at Naval Health Clinic Corpus Christi, connected with Naval Air Station Corpus Christi leadership and tenant commands via teleconference Oct. 1 to leverage annual seasonal flu efforts and communicate accurate and timely information about H1N1.

Photo by Bill Love, NHCCC PAO



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EOE M/F/D Veterans

'Babe' Crouch serves 65 years in Navy Uniform

by Bob Torres

His uniform hangs a little differently than when he joined the Navy in 1943.

But the pride in wearing his uniform still is apparent for retired Lt. Cmdr. W.L. "Babe" Crouch.

Born in Wilson, Okla., on Sept. 25, 1925, he moved to Kilgore, Texas in 1932. That was where he enlisted in the U.S. Navy – and found himself at Naval Air Station Corpus Christi.

"Boot camp was in Hangar 41, where the Coast Guard is now," he said. "In those days, there were big P-4Ms (Coronados) on the ramp. That whole area was filled with seaplanes.

"There were 1,100 of us in the hangar. Marine Drill instructors ran the boot camp. It was a long two weeks and five days. When I graduated, I went to Kingsville, where I was a plane captain. My job to keep five aircraft ready to fly at all times. I was there eight months and then came back to NAS Corpus Christi to attend firefighting school."

In 1945, Crouch next served aboard a sea-going tug, the USS Sagamore (ATA-208), stationed in the Southwest Pacific.

"We left Hawaii Dec 24, 1945," Crouch said. "We'd been in the South Pacific but picked up a dry dock that was used by submarines and took it through the Panama Canal, to Charleston. Then we cruised to Norfolk, Va., where we would be home-ported."

His 84-year-old hands shake a little as he reaches for a glass of water, but his voice remains strong and calm as he remembers duty stations and good times.

Like in 1949, when he was promoted to Second Class Petty Officer.

"It was hard to get promoted as a Boatswain Mate because there was too many of us," he said. "They'd promote one on the East Coast and one on the West Coast per year."

While aboard the USS Mindora (CVE-120), he changed his rate to Aviation Boatswain Mate and made First Class in 1951.

Then he was transferred to Fleet Aircraft Service Squadron as Beach Master and later to the USS Wright (CVL-49) as Flight Deck Supervisor.

While aboard the Wright serving in Japan and Korea, he advanced to Aviation Boatswain Mate Chief in 1954.

Transferring back to NAS Corpus Christi in 1955, Chief Crouch was assigned to the NAS Security Police.

"I was assigned to Security for six months, and then took over the fuel truck farm," he said. "I was in charge of fueling all the aircraft."

Crouch took the test for Limited Duty Officer and was commissioned an Ensign in June 1957. After LDO and Uniform Code of Military Justice Schools, he was assigned to Fleet Aircraft Services Squadron 102 at Sangle Point, Republic of the Philippines.

In December 1960, he was promoted to lieutenant junior grade and reported to the Bureau of Naval Weapons Representative as Production and Quality Control Officer.



'Babe' Crouch as a young Sailor. Now President of the Corpus Christi Council of the Navy League, he is the host for the League's 2009 National Convention Oct. 27 - Nov. 1.

Photo courtesy Lt. Cmdr. Crouch

There, he became involved in the Lunar Excursion Module used in the moon landings, the C-141 Project and was responsible for Doppler Navigation Systems, Helicopter Towed Sonar, Terrain Avoidance System.

"This was the most interesting job I had in the Navy," Crouch said, excitement exuding through his wiry frame. "I worked with the vehicle that went on the moon, the LEM Project. It was a General Dynamics vehicle. Then I was involved with Polaris missiles, where we made the shells of the missiles. I was in charge of Quality Assurance and Production on that stuff.

"There were so many things like 'Project Whisper,' where we built a torpedo that would house a person. We took it to sea, and launched it and then came in to San Diego.

"We were not using conventional power for this vessel; we used material used for acetylene torches for power. The vessel could go nine-knots. The problem was the vessel oscillated up and down, so that personnel inside would get sick. That didn't work so it was never used."

Another project involved examining how dolphins moved so fast in the water.

"In order to find something that moved similar to dolphins, we found that tadpoles moved through the water like them," he said. "We put a tadpole in a container one-and-a-half foot by three feet long, filled with milk. Then we mounted a high-speed camera and took pictures if the tadpole swimming.

"Both the tadpole, and the dolphin, would oscillate, throwing their weight through the water. Something else is that we'd blindfold dolphins and have them run through the sticks, using their sonar. That was so much fun; it took a lot of time."

Lt. Crouch later made two deployments to West Pac aboard the USS Yorktown (CVS-10) in Vietnam.

"There was always a destroyer around to tell us what was going on," he said. "We flew sorties, carrying bomb pods on each

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aircraft. We got word that the Vietnamese had infiltrated a village. The destroyer called the squadron and told us to wipe it out. Five planes took off and fired off all their rockets at one time – it took out the village.”

Crouch retired from North Island, Calif., on June 30, 1973 – having achieved the rank of lieutenant commander.

“I took a six month vacation and traveled,” he said, smiling.

But the next year Crouch joined the United States Navy League and the United States Naval Sea Cadet Program, which caters to youth ages 11 thru 17. Since then, Crouch has been responsible for the training of more than 10,000 cadets.

He was the first recipient of the Nicholas Brango Award (Sea Cadet Officer of the Year), three Scrolls of Honor, seven Distinguished Service Ribbons, first Regional Director of the

Year Award, Chairman’s Award (highest NSCC award) and numerous commendations.

Crouch met Lt. Cmdr. Suzy Williams, during an annual Sea Cadet meeting in Washington, D.C. They were married March 22, 2002.

“She’s become my guiding light,” he said. “She’s what keeps me going. Without her I’d get lazy, I wouldn’t do the things I do.

“Suzy and I want to build a Maritime Service for Youth Program and we’d love to do it at NAS Corpus Christi. We’d like to get some money to start building our dream site, and that’s a place where we can house 300 cadets. This way we could keep it busy year round.”

Asked when he might retire, Crouch smiled.

“When they put me in a pine box,” he said.



Lt. Cmdr. ‘Babe’ Crouch (right) was the Oldest Sailor and joined the Youngest Sailor for the cutting of the Navy Birthday Cake at the 2008 Navy Ball.

Lt. Cmdr. W.L. “Babe” Crouch, USN (Retired)

Lt. Cmdr. Crouch is authorized the following ribbons: Expert Pistol Shot Medal; Meritorious Unit Commendation Medal; Korean Service Medal; Navy Achievement Medal; United Nations Service Medal; National Defense Service Medal; Good Conduct Medal; Asiatic Pacific Campaign Medal; World War II Victory Medal; American Campaign Medal; Navy Occupation Medal (European Class); Vietnam Campaign Medal; Vietnam Service Medal; Armed Expedition Medal; Naval Safety Excellence Ribbon and Navy Commendation Medal.

In 1998, Lt. Cmdr. Crouch was awarded the Secretary of the Navy Superior Public Service Award for projecting a positive image of the United States Navy to the youth of today.

Lt. Cmdr. Crouch has served as Sea Cadet National Vice President of Training; Southwest Field Representative of Texas, Oklahoma, Arkansas and Louisiana; Southwest Regional Director; Navy League National Board of Directors; National Regional Vice-President for Youth and Commanding Officer of the Alamo Division and Training Ship Alamo. He is currently Regional Director for Region 8-5 and Recruiting Officer for Texas Division at NAS Corpus Christi.

In the past seven years Lt. Cmdr. Crouch and his wife, Lt. Cmdr. Suzy Williams, have conducted 48 weeks of training, with up to 120 cadets at a time: Seven Recruit Trainings (including the first 10-Day model and first Spring Break RTs), five Ceremonial Honor Guard Trainings, five Master-At-Arms Trainings, and three Air Traffic Control Trainings.

In 2004, Crouch was named an Admiral in the Texas Navy and cited as a beacon of hard work, dedication, and impeccable service to the United States Navy, the United States Naval Sea Cadet Corps and his country.

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Sports Day - Oct. 9



MWR Sports Day was cut short Oct. 9 when a heavy downpour rolled in late in the morning. Even so, most of the event were completed, with top awards going to the squadrons of Training Air Wing 4.

(above) Corpus Christi Army Depot flag football teams gave a great effort. Team Blackhawk advanced to Second Round and were charging hard until the weather got to them. 'The cold front blew in with only a minute left to play and winds gusting into the 40 mph range and made passing virtually impossible,' said Coach Waldo Garcia. 'Never the less, we had a blast.'

(below) Clifton James from CCAD's Hangar 47 Assembly shows off his winning horseshoes form as Roberto Longoria, Engines Sub-assembly T700, contemplates how to get the edge. James won the final 15-4.

Photos by Ed Mickley, CCAD PAO



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by NHCCC Public Affairs Office

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Moreover, you can do so Oct. 23, at Naval Health Clinic Corpus Christi, Bldg. H100 from 8 a.m. to Noon during the Armed Services Blood Program (ASBP) blood drive.

By giving a little of yourself, your donation gives sick or injured troops and their families a second chance at life.

The ASBP plays a key role in providing quality blood products for servicemembers and their families in both peace and war.

As a joint operation among the military services (Army, Navy, Air Force), the ASBP has many components working together to collect, process, store, distribute, and transfuse blood worldwide.

Blood and blood products are used for patients of all ages for many reasons—from cancer patients to those with battlefield injuries, military members and their families depend on blood donors every day.

Your donation can save:

- A service member injured in action.
- A child with cancer.
- A family member needing heart surgery.

It's easy to save lives! By committing to give blood at least once a season, you help ensure that blood is available when it is needed most.

Give blood to our troops Oct. 23 at NHCCC. Enter the clinic through the door adjacent to the ambulance bay located behind the Family Practice parking area on the east side of the building.

Even if you are deferred from donating, ASBP still needs you!

When you organize a blood drive, ask others to donate, volunteer at blood drives, or simply watch a friend's children so they can donate, you play a part by helping those in need.

Staff from ASBP must collect blood and return to San Antonio that same day to completely test and prepare those units for shipment to Overseas Contingency Operations (most notably Operation Iraqi Freedom and Operation Enduring Freedom).

Each donor will receive a blood donor t-shirt and an Armed Services Blood Program coin for helping continue to save the lives of those in harm's way.

For more information visit the ASBP website: <http://www.militaryblood.dod.mil/default.aspx> or contact C. Tracy Parmer at DSN 554-8145 or by email: cheryl.parmer@lackland.af.mil.



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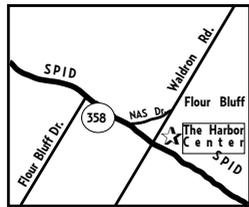
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October is Domestic Violence Awareness Month



Raising Awareness on Domestic Violence

by Shae McFarlin & Susanna Del Llano, FFSC

Domestic violence and abuse can happen to anyone. Yet the problem is often overlooked, excused or denied.

This is especially true when the abuse is psychological, rather than physical. Emotional abuse is often minimized, yet it can leave deep and lasting scars.

It is important to recognize domestic violence is not limited to the physical abuse. It also includes emotional abuse and sexual abuse such as threats, isolation, unwanted physical contact, and humiliation.

“When an adult is placed in physical danger or controlled by threat from their spouse or intimate partner, the behavior constitutes abuse. The risk for abuse is greatest when victims are separated from their supportive networks.” -Navy Installation Command Public Affairs

October is Domestic Violence Awareness Month.

And one of the themes for this year is, “Have you crossed the line? End domestic violence before it starts.”

No single factor causes domestic violence; it extends over all age groups and social classes.

It happens to service members as well as spouses, to men as well as women.

When people think of domestic abuse, they often picture battered women who have been physically assaulted.

But not all domestic abuse involves violence. Just because you’re not battered and bruised doesn’t necessarily mean you aren’t being abused.

Domestic abuse takes many forms, including psychological, emotional, and sexual abuse.

Although these types of abuse are less obvious than physical abuse, this does not mean they are any less damaging.

In fact, these types of domestic abuse can be even more harmful because they are so often overlooked — even by the person being abused.

Sexual abuse is common in abusive relationships.

According to the National Coalition Against Domestic Violence, between one-third and one-half of all battered women are raped by their partners at least once during their relationship.

Any situation in which you are forced to participate in unwanted, unsafe, or degrading sexual activity is classified as sexual abuse.

The aim of emotional or psychological abuse is to chip away at your feelings of self-worth and independence.

If you’re the victim of emotional abuse, you may feel that there is no way out of the relationship, or that you have nothing without your abusive partner.

Noticing and acknowledging the warning signs and symptoms of domestic violence/abuse is the first step to ending it.

If you think you may be a victim of domestic violence, contact the National Domestic Violence Hotline at 1-800-799-SAFE or visit your Fleet and Family Support Center for information on available resources.

If you suspect that someone you know is being abused, speak up!

If you’re hesitating — telling yourself that it’s none of your business or the individual might not want to talk about it, you might be wrong.

Keep in mind that expressing your concern will let the person know that you care and may even save a life.

FFSC offers domestic violence counseling

It is normal for couples to argue, but good coping skills, communication techniques and alternate means to resolve issues, such as counseling, can prevent arguments from turning into something worse.

Couples need to learn to treat partners with compassion and respect and avoid manipulation and criticism in good times and in bad.

The Fleet and Family Support Center's (FFSC) goal is to prevent domestic violence by promoting education/awareness and to identify/report instances of abuse by providing information on reporting options.

The FFSC provides intervention services through counseling, safety planning, and follow-up support services.

There are various misconceptions about what may happen when a service member or spouse seeks help for their relationship.

Making an appointment for counseling does not automatically result in the creation of a Family Advocacy Program (FAP) case, nor does it mean families or couples counseling will harm ones' career or security clearance.

Professional services by licensed counselors are available free of charge at Fleet and Family Support Centers.

A variety of courses that teach healthy relationship skills are also available at the FFSC, including anger management and conflict resolution.

These are free and available to both active duty military and spouses.

There is help available for victims of domestic abuse. There are two types of reporting options; restricted and unrestricted.

Restricted reports do not involve military chain of command or law enforcement.

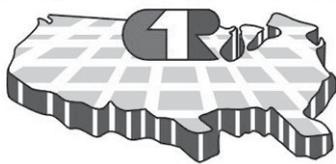
Unrestricted reports will include some type of investigation by command and/or law enforcement.

Advocacy, medical and counseling services are available under both reporting options.

You may speak with a counselor or victim advocate at a local FFSC or a healthcare provider at a military treatment facility about restricted and unrestricted reporting options for domestic violence.

For more information on the SAVI (Sexual Assault Victim Intervention) program, sexual assault reporting options, or counseling on preventing domestic violence, contact the NASCC Fleet and Family Support Center at (361) 961-2372 / 3722, (DSN) 861-2372 / 3722 or visit them on the Naval Air Station Corpus Christi web site at: <https://www.cnic.navy.mil/CorpusChristi/BaseSupport/SexualAssault/index.htm>

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Aviation Summit centers on readiness and experience

Story and photos by Ed Mickley, CCAD Public Affairs officer

A concept that allegedly started on the back of a napkin at a local eatery has grown into an important annual meeting spotlighting rotary wing airframe, engine, and component repair artisanship.

The Annual Luther G. Jones Aviation Summit is named for a past Corpus Christi Army Depot Commander and local city mayor.

Held annually since 2002, it gathers together industry and military leaders to discuss and evaluate best practices, lessons learned, tactics and techniques for a consistent yet innovative way ahead for the rotary wing repair and recapitalization industry.

The summit was started by retired Col. Jim Budney, former CCAD Commander, who wanted to host an annual event to “showcase the depot’s capabilities and success stories to both the aviation maintenance community, senior leadership of the Army and industry.”

It began as a small get-together for maintainers and artisans to discuss techniques to improve engine performance, maintenance, overhaul and repair.

But it has expanded to reach across the entire spectrum of helicopter manufacture and repair.

Each year the conference and breakout sessions have added not only knowledge, but developed camaraderie and relationships among program managers, depot leaders and military leadership that open doors to resource sharing, partnering and innovation.

“The summit provides an outstanding forum for those of us in the maintenance/repair/overhaul of helicopters and related components to share ideas,” said Dennis Williamson, CCAD’s Asst. Deputy Commander for Maintenance Operations.

In its seventh year, Budney’s idea has grown into a dynamic occasion. Depot leaders and key personnel relate production issues, improvements, achievements, and future outlook with customers, program managers, original equipment manufacturers and contractors.

Discussions center on the platforms involved, including the UH-60 Blackhawk, HH-60 Pave Hawk, CH-47 Chinook, AH-64D Apache and OH-58D Kiowa Warrior.

Rotary wing industry experts and Army aviation program managers add to the conversation, voicing their perspective on critical maintenance and readiness issues for the Warfighters through intense breakout sessions and in-depth discussions.

In past years answers to tough questions have been addressed, meeting the needs of different programs, allowing the depot to move forward with the transition to new techniques, tactics, or procedures. Exhibitors display their wares to increase awareness of new technologies and processes found in the aviation research and development industry.

The engineers, experts, maintainers and other forces engage and empower the aviation-wide workforce to grasp cutting-edge methods and processes that meet CCAD’s mission of being “the cornerstone of aviation readiness, working with industry partners to support the Warfighter.”

Structural improvements to the various airframes, decreased repair turnaround times on internal components, and improved tooling for power plant maintenance are a few of the ideas that have surfaced out of the past conferences.

There is always a chance to learn something new at each conference.



Director of Aircraft Production, Larry Simone discusses CH-47 airframe repair techniques with Maj. Gen. James R. Myles, Commanding General, Army Aviation and Missile Command at Corpus Christi Army Depot’s Aviation Summit

The 2009 Luther G. Jones Aviation Summit will be held Nov. 3-6. Keynote speakers are Maj. Gen. James R. Myles, Commanding General Army Aviation and Missile Command, and Brig. Gen. Walter L. Davis, Director, Army Aviation Office of the Deputy Chief of Staff.

Other guest speakers include: Brig. Gen. William T. Crosby, Program Executive Officer, Aviation; Brig. Gen. Alberto J. Jimenez, Commander, Maryland National Guard; Brig. Gen. William T. Wolf, Commanding General, Army Combat Readiness/Safety Center; Mr. Joe Cisneros, Executive Vice Pres. Corpus Christi Regional Economic Development Corp.; and Paul Savage, Training Specialist, Dept. of Defense Voluntary Protection Program Center of Excellence.

"We've gained tremendous insight into new technologies and repair techniques at each of these events and always find ways to better sustain the Warfighters on the frontlines," Williamson said.

It is this insight and resource management that led the depot to strive toward and receive numerous accolades, including the Shingo Bronze Medallion award for the H-60 Pavehawk Joint Depot Level Maintenance program and ISO 9001-2000, AS 9100, AS 9110 certifications.

Designated a Center of Industrial and Technical Excellence for rotary wing aircraft, Corpus Christi Army Depot is the largest facility of its type in the world.

The artisans employed here consistently tap into events of this nature to increase overall capability, quality and end-user satisfaction.

To cover the gamut of information, a rigorous schedule is implemented that includes roundtable discussions peering inside the depot's business base and workshops to provide direction for local enterprises to engage opportunities available within the depot.

Hosting the event for the first time, Army Aviation Assn. of America's "One Team, One Fight, One Future" theme captures the essence of this full-schedule, three-day event.

Quad-A representatives have attended in years past but this is the first year the aviation-focused organization is involved this deeply.

"This year, under the AAAA theme, we'll bring in leadership and expertise from the Army Aviation Directorate," said Col. Joe Dunaway, CCAD Commander. "And with the assistance of AAAA National, revise the event to maximize dialogue and press deeper to utilize the invaluable relationship with our PEO and OEM partners to provide the very best support to the Warfighter."

The first summit featured seven agency exhibits and registration of less than 50 off-site attendees. The 2002 event concentrated on engines alone.

"We experienced record attendance, exhibits, and participation in last year's gathering as we expanded beyond the partners of the industrial base and included senior leadership from the Aviation Branch Proponent," Dunaway said.

Last year more than 700 attendees and 60 exhibitors were at the summit.

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Having a Ball for the Navy's Birthday



Tradition was the theme of the Navy Ball held at the NASCC Bay Club on Oct. 17 to celebrate the Navy's 234th Birthday.

(left) BM2 Wilmary Guzmanmartinez performed the "Two Bells" ceremony, marking the end of the duty day.

(right) AO2 Christopher Polson, HM2 Bernabe Montejano, PSSN Victor Delgado and PSSN Teuila Ainoa formed the Honor Guard.

(lower left) Chief of Naval Air Training Rear Adm. William G. Sizemore II talks to student pilots while making the rounds of the tables.

(lower right) Capt. Nick Colosi, 66, and ACAN Ricki Zellner, 19, perform the traditional cutting of the Navy Birthday Cake by the oldest and youngest Sailors present.

(bottom) The Bay Club staff is applauded for their excellent food and service.



Photos by Rod Hafemeister



Awards and Achievements

Winging — October 9



Photo by Hugh Lieck Event Photography

Winging officials, from left: Foster Edwards, Corpus Christi Chamber of Commerce; Lt. j.g. Robert Fasnacht, Chaplain; Lt. Col. G. J. Fabbri, CO MATSG-22; Cmdr. Dennis R. Crews, CO VT-31; Lt. Col. Bob Blagg, USAF, CO VT-35; Capt. Robert J. Paulison, CO Sector Corpus Christi Coast Guard; Col. Patrick X. Mordente, USAF, Commander, 314th Operations Group, Little Rock AFB; Capt. David R. Price, Commodore, TW-4.

Wingees, in alphabetical order: Lt. j.g. Kristin Patricia Acton; 2nd Lt. Anders Bredal Berge, Royal Norwegian Air Force; Lt. j.g. Andrew Baughman Burks; Lt. j.g. Michael David Brammer; Lt. j.g. Brett Scott Cameron; 1st Lt. Adam G. Christianson, USMC; 2nd Lt. Jeffrey Charles Copeland, USAF; 2nd Lt. Chad M. Dronney, USAF; Ensign Michele Druella, Italian Navy; 1st Lt. Douglas T. Ferro, USAF; Ensign Luigi Griffoni, Italian Navy; 1st Lt. Andreas Grindvoll, Royal Norwegian Air Force; 2nd Lt. David B. Hornsby, USAF; Ensign Katherine Caroline Jensen; 2nd Lt. Christopher Lanterman, USAF; Ensign Daniel Keith Mackie; Lt. j.g. Peter Edward Maloney, USCG; Ensign Luca Maurelli, Italian Navy; 1st Lt. James Curtis McCann, USMC; Lt. j.g. Jonathan Patrick McCormick, USCG; 2nd Lt. Scott C. Schavrien, USAF; 1st Lt. Regan Lee Tillman, USAF; 1st Lt. Cullen J. Vetter, USAF; Lt. j.g. Andrew Joseph Wendth; 2nd Lt. George W. Williams III, USAF; 1st Lt. Richard S. Winfield, USAF.

NASCC awards Achievement Medals



Pictured are 11 of the 13 Naval Air Station Corpus Christi Sailors who received Navy and Marine Corps Achievement Medals during a Command Quarters ceremony Oct. 6.

Photo by Rod Hafemeister

First Class Petty Officers' Fun Run raises money for CFC



The NASCC First Class Petty Officers' Association held a 5k Fun Run on Oct. 14 to help raise funds for the 2009 Combined Federal Campaign.

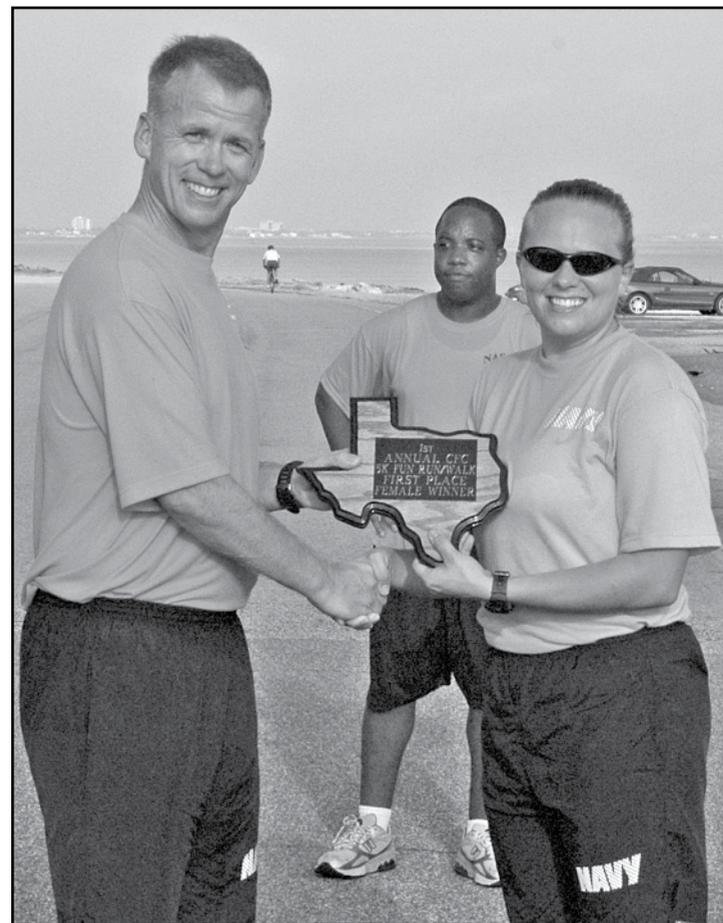
The run started and ended just outside the Ocean Drive gate, with a turn-around near Texas A&M Corpus Christi.

Besides \$10 entry fees, the event raised \$2,250 for CFC from sponsors.

CFC Director Shannon Chaves said that, as of Oct. 16, the Coastal Bend Area Combined Federal Campaign had raised about \$538,000 towards it's goal of \$800,000. The campaign continues through Nov. 2.

(left) NASCC Commanding Officer Capt. Randy Pierson presents the first place men's award to NASCC fire fighter Gustavo Ramirez. (right) Pierson presents the first place women's award to MA2 Christina Buono.

Photos by Rod Hafemeister



Mutt Strut

Date: November 7th
10:00 am-3:00 pm

Entry fees:
Free to just walk around with your pet!
\$10 for each walker
\$25 for each vendor
\$25 for each advertiser (minimum amount to be listed on t-shirt)

There will be a pet food drive to benefit animals in our area. Please drop off whatever you can!

Mutt Strut will begin at McCaughan Park (next to Coliseum) on Shoreline. Walkers will have option of 1 mile or 2 mile walk.

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South Texas Chapter
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October is Energy Awareness Month

by Sue Brink, NAVFAC Southeast PAO

October is Energy Awareness Month and this year's theme "A Sustainable Energy Future; Putting All the Pieces Together" encourages everyone to see how they fit into the big picture.

Since 1991, the U.S. Department of Energy has been conducting energy awareness campaigns that promote the wise and efficient use of our nation's energy.

"Public Works Department (PWD) Corpus Christi kicked off the annual event by placing large energy awareness signs at both gates," said Dan Grimsbo, utilities energy management supervisor. "Our intent is to put up posters in base facilities and buildings to promote the need for energy conservation by all base personnel and visitors."

In addition to the poster campaign, the PWD held its first Building Energy Monitor training Oct. 6 in the Naval Health Clinic Auditorium.

There, 25 new Building Energy Monitors (BEMs) learned about the new Navy Region Southeast (CNRSE) Energy Instruction that was recently signed by Admiral T.G. Alexander.

The instruction was prompted by new laws and policies. The Energy Independence and Security Act of 2007 (EISA 2007), which requires a 30 percent reduction in energy intensity by 2015, a 20 percent reduction in

water intensity by 2015, and an audit each year of one-quarter of the facilities identified as the top 75 percent of energy consuming facilities.

The National Defense Authorization Act of 2007 (NDAA 2007) states that 25 percent of electric consumption must come from renewable sources. Executive Order (E.O. 13423) for Strengthening Federal Environmental, Energy, and Transportation Management mandates that 15 percent of the existing Federal buildings incorporate sustainable practices by 2015.

The training by Grimsbo, Reagan Hauser, base Utilities Energy Management (UEM), and Rex White, the Resource Efficiency Manager (REM), emphasized reducing energy consumption by 3 percent and water consumption by 2 percent per year. It also familiarized the BEMs with specific opportunities and concepts to reduce energy and water waste in their areas of responsibility.

"No matter how challenging these goals may appear, the fact remains that each of us is a part of the solution," Grimsbo said.

"Everyday, each of us can make simple decisions around our office or work area, such as turning off lights and office equipment, that can add up to sizeable savings to the base's energy bill."



Reagan Hauser (left) and Martin Silva, of Public Works Department Corpus Christi, placed large energy awareness signs at both gates of Naval Air Station Corpus Christi for Energy Awareness Month. Posters also were placed in facilities and buildings throughout the base promoting the need for energy conservation by all base personnel and visitors.

Photo provided by PWD Corpus Christi.

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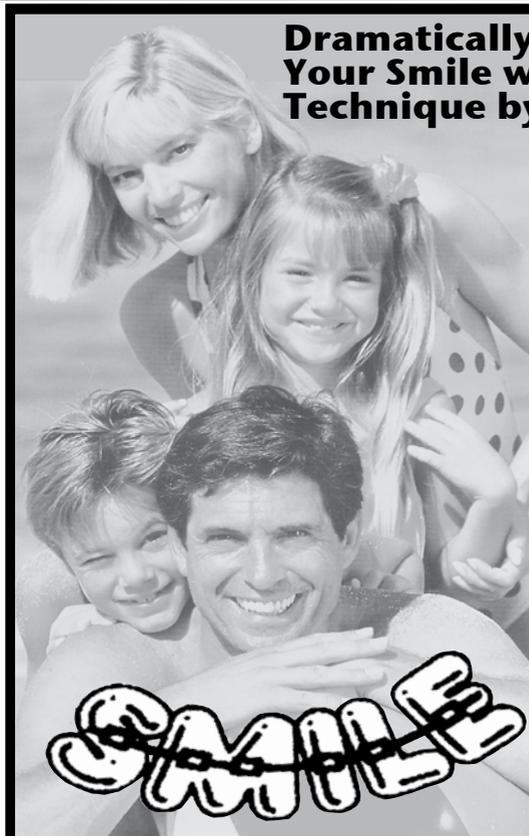
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NASCC Commanding Officer Capt. Randy Pierson (l.) administers the oath of enlistment to MA2 Erwin Caldwell on Oct. 2.
Photo by Rod Hafemeister



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NASCAR Dreams



Daniel Garza III sits in the driver's seat of the Dodge 'Car of Tomorrow' NASCAR Simulator during the MWR Car and Motorcycle Show and BBQ Challenge on Oct. 14. Photo by Rod Hafemeister

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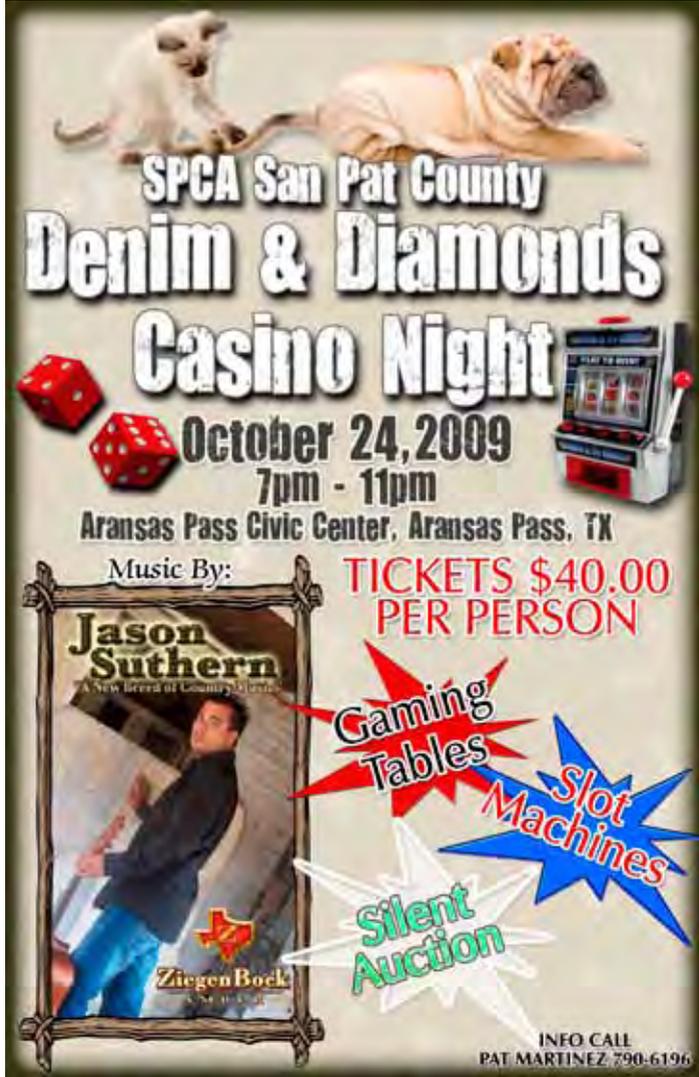


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BEST BITES DINING GUIDE

What's Happening

by Tina Konwerski

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There will be a band (modern), hotdogs, soda, and candy. Proceeds benefit Al Amin Shrine operating fund. Admission is \$7.

RIALTO THEATER is looking for PERFORMERS: Christmas Comes But Once A Year . . . as do Kwanzaa, Chanukah and the winter solstice. The Rialto Theater, Aransas Pass is having a variety extravaganza, and we need performers. Is there something you've wanted to sing, read dance or recite about the joys of the season? We have a place for you on stage. Call Jim Elder at 361-729-6388. The production will be open to the public on December 18/19, 2009.

October 24, 2009, 7 pm to 11 pm SPCA San Pat County "Denim & Diamonds Casino Night." Aransas Pass Civic Center, Aransas Pass. Silent Auction, music by Jason Suthern. Gaming Tables, Slot Machines. Tickets \$40 per person. fmi call: Pat Martinez 790-6196.

October 30, 2009 - 5 pm to 10 pm 4th Annual "Dog Gone Days of Summer." Live Music, BBQ & Refreshments, Door Prizes & Silent Auction, Pet Care Product Experts on Hand, Ask the Doctor Q&A Sessions, Games, Owner & Pet Halloween Costume Contest. Animal Hospital of Padre Island, 14802 Compass Road. fmi call (361) 949-8200.

Friday, November 6, 2009 "Rock, Shuffle & Roll" - The Del Mar Clollege Choirs proudly present this event at Mansion Royal, 8001 S. P. I.D (exit Ennis Joslin) 6:30 to 7:30 Dinner . . . 7:30 pm to 10:30 pm "Let the Gaming Begin". Tickets \$25 and \$50 (includes dinner) for tickets call Del Mar College 698-1214.

What's Happening con't on page 25

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NASCC Commanding Officer Capt. Randy Pierson (r.) presents the Titanic Cup Trophy to Capt. Randy Kelley, Commanding Officer Naval Health Clinic Corpus Christi, during a commander's meeting Oct. 14. Kelley skippered the winning 'Bedpan Bandit' in the Titanic Cup homemade sailboat race during the 2009 Navy Regatta. A photo of the winning vessel is mounted in the 'frame.'

Photo by Rod Hafemeister



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Coast Guard, Navy recover float



Navy Petty Officer Second Class Stan Upshaw (left), from Navy Squadron HM-15, and Petty Officer Third Class David Sykes, from Naval Air Station Corpus Christi, recover an Airborne Mine Counter Measures (AMCM) float Oct. 7. A Coast Guard HH-65C helicopter crew completed a beach line search and recovered the lost AMCM float 15 miles north of Port Aransas. The Navy uses the AMCM float during mine sweeping exercises to clear shipping lanes of possible enemy naval mines and ensure safe passage. The helicopter crew transported the recovered AMCM float, which is valued at approximately \$40,000, back to Naval Air Station Corpus Christi.

Photo by Lt. Nick Leiter, USCG

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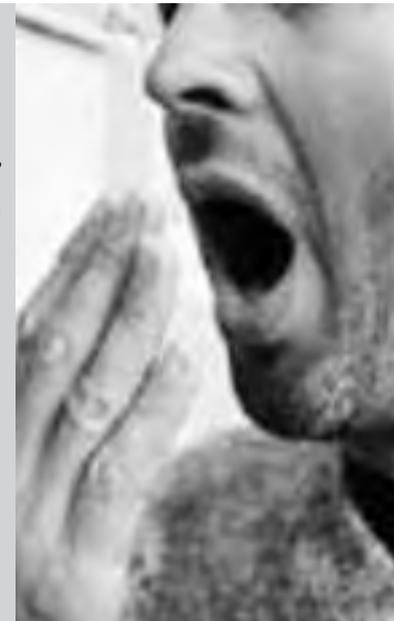
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Garcia

Q: My husband is currently overseas. I email him all the time; however, he rarely replies. He doesn't think it's a big deal. Is it?

A: At Australia's University of New South Wales, researchers explored what happens when our need to belong is thwarted by *ostracism* (acts of excluding or ignoring). This is something you may be experiencing.

Researchers of this study were surprised to discover that even "cyber-ostracism" by faceless people whom one will never meet takes a toll.

I can only imagine what you must be going through since you know the person you're emailing.

The researchers had 1,486 participants from 62 countries play a web-based game of throwing a flying disc with two others (actually computer-generated fellow players).

Those ostracized by other players experienced poorer moods and became more likely to conform to others' wrong judgments on a subsequent perceptual task.

These same researchers even found ostracism stressful when each was ignored for an agreed-upon day by the unresponsive four others.

Contrary to their expectations that this would be a laughter-filled role-playing game, the simulated ostracism disrupted work, interfered with pleasant social functioning, and "caused temporary concern, anxiety, paranoia, general fragility of spirit."

To thwart our deep need to belong is to unsettle our life.

Q: How can my husband and I teach our children to respect our marriage relationship?

A: One way is to **create your own space**.

It's critical that you have your own private space in your home. It's a space where children must have special permission to enter.

Your private space can be a sanctuary where you can be alone and focus on loving each other. It serves as your refuge from the overwhelming needs and chaos of family life.

Another way is to **cultivate your own private times**.

I suggest two types of private times: *adult time*, when your kids may still be around but you aren't focusing on them, and *alone time*, when your children are safely in bed or otherwise occupied in their own rooms, and you can concentrate on loving each other.

Still another way is to **be openly affectionate**.

Children need to realize that the relationship between their mother and father is distinct and not dependent on them.

The level of affection you're comfortable displaying will vary from couple to couple, but remember, it's healthy for your children to overhear loving remarks and to see you hold hands, cuddle on the couch, or kiss.

Lastly, **build relationships with other adults**.

Through your interaction with other grown-ups, you'll be providing your children with models of marriage relationships and adult friendships that broaden their frame of reference.

Your kids will also see that you and your husband aren't the only adults in the world who like to hold hands or cuddle, thereby making you more like everyone else and less creepy.

Ruben G. Garcia, Ph.D., LMFT is a Licensed Marriage and Family Therapist and co-founder of The Healing Institute. Submit your questions to Dr. Garcia via email at troubadour55@hotmail.com. You can also contact Dr. Garcia at (361) 814-4556.

**Army Aviation Association of America
8th Annual AAAA Scholarship Golf Tournament**

Newport Dunes Golf Club - Nov. 3

Registration 7:30-8:30 a.m.; Tee-off 9 a.m.

For more information, contact Oscar Recio 361-961-5740 / oscar.recio@us.army.mil

The AAAA - Corpus Christi Chapter golf tournament raises money for their Lt. Col. Don Luce Scholarships, named after one of the prime movers in the creation of Corpus Christi Army Depot and its first Director of Maintenance.

Military? Out-of-state driver's license may or may not be okay

by Dan Miller, NASCC AAA/ Driver Improvement Program and Motorcycle Safety Instructor



Are you here from out of state and your Driver License is about to expire?

Or has it expired?

Are you living in a different state than the state where you obtained your license?

Are you familiar with the laws and requirements of the state you are from or the state you are in?

If you are active duty military, your license may be valid even after it expires.

However, this is not an automatic option and varies from state to state.

The web page below will allow you to access your state's Department of Motor Vehicles (DMV), where questions like this and others can be answered.

If your questions are not answered, call your local DMV or the DMV in your home state.

Keep in mind that this only applies to the active duty military member and not spouses or other licensed family members.

Go to: www.dmv-department-of-motor-vehicles.com/index.html.

Also, check with your insurance company.

If you have a license from one state, a vehicle registered in a second state and are living in a third state, you may have to change either your license or your vehicle registration.

On another note, Motorcycle Safety and AAA/ Driver Improvement Program Courses are scheduled and on-going.

Check with your supervisor to determine if you need the AAA/DIP course.

And if you haven't had any formal motorcycle safety training in the past three years and you are Active Duty Military or a DoD Civilian Employee, this training is required by the Navy's Traffic Safety Program.

Take advantage of the up coming cooler weather and this FREE training.

You may also qualify for a discount on your insurance.

Visit www.motorcyclerider.com to view and sign up for a class.

If you have any questions or need assistance, please contact the Instructor, Dan Miller at 961-1690.

Thanks and be safe out there.

What's Happening con't from page 21

TICKETS ON SALE NOW - Sparkling City Light Opera presents: Amahl and The Night Visitors by Gian-Carlo Menotti on November 14, 2009 at 7:30pm At the Performing Arts Center, Texas A&M University-Corpus Christi. Sparkling City Light Opera is a non-profit corporation that provides high quality, professional performances to preserve and promote the history and rich tradition of light opera and musical theater. www.SparklingCityLightOpera.com fmi 361-356-6945.

Second Annual Volunteers Recruitment Day on Thursday, November 12, 2009, from 10:00am – 2:00pm. KIII-TV Channel 3, 5002 S.P.I.D. The RSVP program engages persons 55 and older use their time, energy, and skills in volunteer service in Nueces County. This event is open to the public and is a means for recruiting senior and retired volunteers to assist in meeting the community needs. Interested persons will choose from over 50 non-profit organizations and healthcare agencies that are enrolled as RSVP Volunteer Stations. RSVP Volunteer Coordinators and Supervisors will be available to assist in determining where you would like to volunteer. RSVP Volunteers choose where they want to serve and how often serve. "It's Your Choice, and Your Time! Wherever you choose to serve, vital needs will be met that would otherwise be a costly burden to local agencies and to the community. Visit www.ccparkandrec.com.

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October 2009 ISSUE



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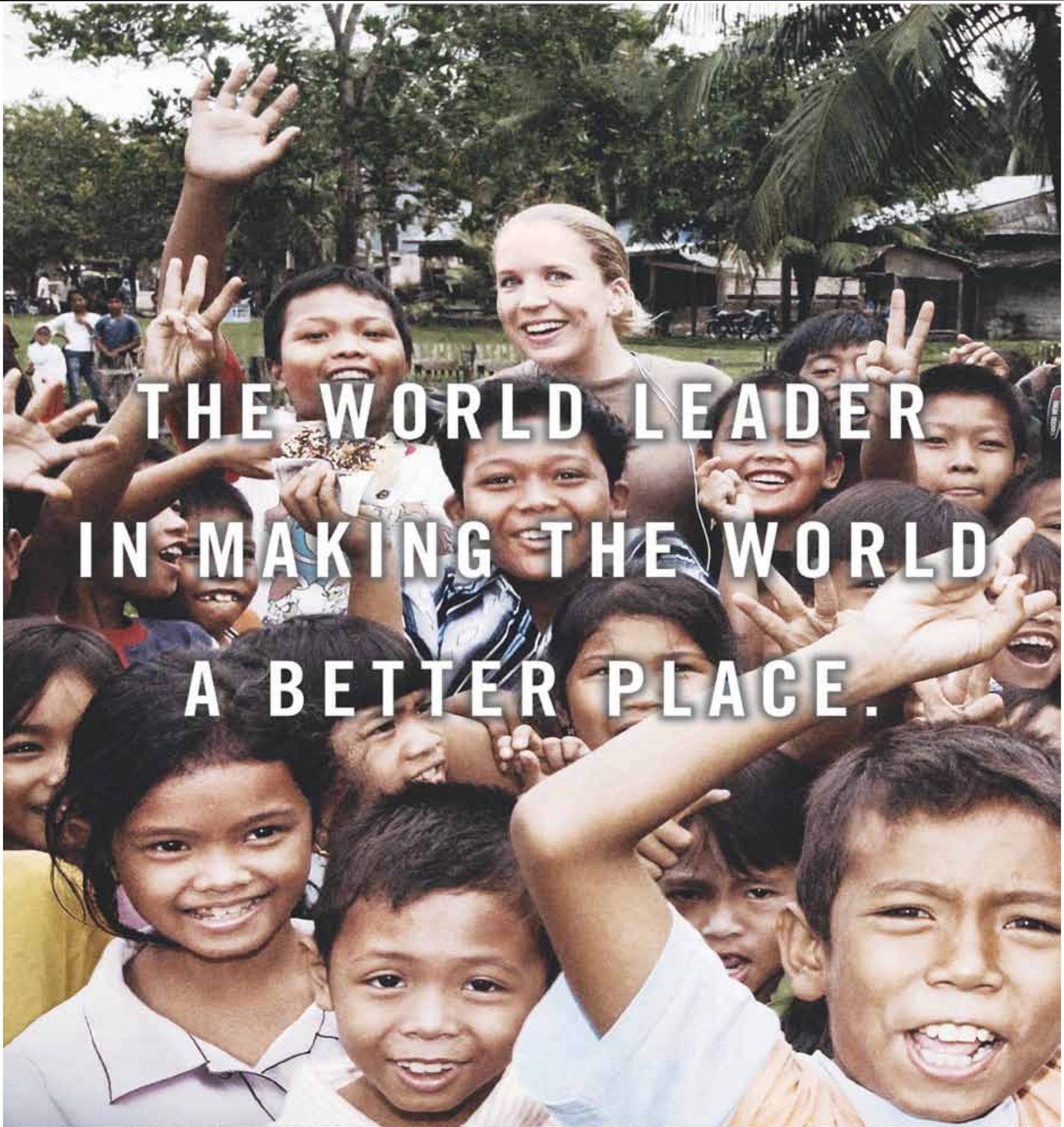
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