



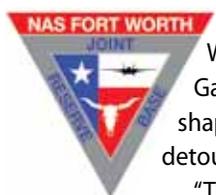
SKY RANGER

NAS Fort Worth JRB, Texas

Vol. 68, Issue 9

East Gate to Receive Facelift

BY KATHLEEN BYNUM



Starting in late October, NAS Fort Worth JRB commuters who use the East Gate should see some changes taking shape, but there shouldn't be a need for a detour just yet.

"There's currently a project going through Public Works that will update the security measures, as well as add automated capabilities to the East Gate," said Ensign Jonathan Zisko, construction manager at Public Works.

"You should be able to swipe your CAC card for entry," Zisko noted. "The system and processes are still under de-

sign but will be finalized by the end of September, and construction should start by the end of October."

On average, about 1,800 cars a day enter the East Gate from 6 a.m. to 6 p.m., according to NAS Fort Worth JRB Police Chief Shawn Wallace. That's compared to about 6,000 that come through the Main Gate in a 24-hour period, he added.

The design and construction of the project is part of a multi-base contract to add gates that was awarded to the security firm Northrup Grumman Corporation, Zisko said.

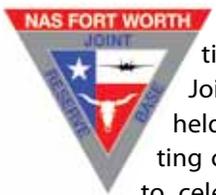
"They are currently doing work at New Orleans and Saratoga," he said. "We're just one task order of that contract."

To help mitigate traffic problems, one lane of the East

continued on page 18

NAS Fort Worth JRB Eyes \$14.4 Million in Energy Savings

BY SUE BRINK, NAVFAC SOUTHEAST PUBLIC AFFAIRS OFFICER



Naval Air Station Fort Worth Joint Reserve Base held a ribbon cutting ceremony Aug. 5 to celebrate a project that will provide \$14.4 million in energy savings over 15 years through a \$7.1 million Energy Savings Performance Contract (ESPC) that was awarded in December of 2009 to NORESKO, LLC for energy improvements to facilities on the base.

The project guarantees a first year annual energy savings of more than 28,000 mmBTU, which represents a 34 percent energy reduction

continued on page 18

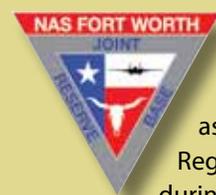


PHOTO BY MC2(AW) BRADLEY DAWSON

An Aug. 5 ribbon cutting ceremony next to the library helped usher in a new wave of technology for the base: the first solar-paneled parking structure. The solar panels will provide electricity from a renewable resource and offset current electric consumption and peak demand. From left, Kevin Smith, NAVFAC SE; Cmdr. Richard Augenstein, executive officer of NAS Fort Worth JRB; Ensign Jonathan Zisko, NAVFAC SE; Dennis Schneider, NORESKO project manager; Capt. Robert A. Bennett, commanding officer of NAS Fort Worth JRB; and Lt. Cmdr. Keith Miertschin, public works officer.

Inside...

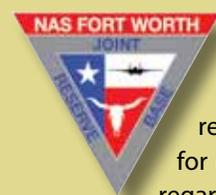
CNRSE Change of Command



Capt. John C. "Jack" Scorby Jr. assumed command as Commander, Navy Region Southeast (CNRSE), during a ceremony aboard Naval Air Station Jacksonville, Fla., Aug. 18.

SEE PAGE 4

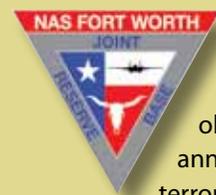
CNIC Launches iPhone App



"Navy Life" iPhone app can be downloaded by Sailors, retirees and their families for emergency information regarding natural disasters.

SEE PAGE 7

September 11 Tribute



Chief Selectees for 2010 plan a flag retirement in observation of the 10th anniversary of the Sept. 11 terrorist attacks.

SEE PAGE 17

SKY RANGER

NAS Fort Worth JRB, Texas

The Official Base Newspaper of Naval Air Station
Fort Worth Joint Reserve Base, Texas

Naval Air Station Fort Worth Joint Reserve Base
Commanding Officer
Capt. Robert Bennett

Public Affairs Officer
Mr. Don Ray

Deputy Public Affairs Officer
Rusty Baker

Editor
Kathleen Bynum
(817) 782-7815
kathleen.bynum.ctr@navy.mil

Staff
MC2(AW) Bradley Dawson

The Sky Ranger is an authorized newspaper published on the second Thursday of every month for the installation's tenant commands, base military personnel, civilian employees and retirees of the Naval Air Station Fort Worth Joint Reserve Base, Texas.

The editorial content of this newspaper is prepared, edited and provided by the Public Affairs Office. News items, photos and event briefs must be submitted by noon on the last Wednesday of the month. The Public Affairs Office is in building 1510 (Chennault Ave.) News ideas and questions can be directed to the editor by calling (817) 782-7815 or faxed at 782-3293. All materials are subject to editing.

The Sky Ranger is an authorized publication for members of the military service. Its content does not necessarily reflect the official views of the U.S. Government, the Department of Defense, or the U.S. Navy, and does not imply endorsement thereof.

The appearance of advertising in the publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, Naval Air Station Fort Worth Joint Reserve Base, or Full Armor Group of the products advertised. Advertisers are responsible for accuracy of ads contained herein.

Everything advertised in the publication shall be made available for purchase, use, or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of purchaser, user, or patrons.

The Sky Ranger is published by Full Armor Group, a private firm, in no way connected with the Department of Defense, or the U.S. Navy, under exclusive contract with the U.S. Navy. The circulation is 10,000.

POSTMASTER: Send address changes to NAS Fort Worth JRB Public Affairs Office, 1510 Chennault Ave., Fort Worth, Texas, 76127

The Sky Ranger is a registered trademark of the United States of America.

Advertisements are solicited by the publisher and inquiries regarding advertisements should be directed to the Public Affairs Office at 817.782.7815 or call Full Armor Group directly at 210.379.5110.



CAPTAIN'S LOG:

Lead with Relativity, Perspective

BY CAPT. ROBERT BENNETT

Relativity and perspective: as leaders (we are all leaders at one time or another) these are two words that we should always be cognizant of...

Every challenge and issue that we face in life, we must remember it is relative to others and its severity is according to our own perspective. Life provides us many challenges, and all of us have our own problems, trials and tribulations and perspectives.

We must work together as a TEAM to achieve the best results for our Country. Basically, what I'm trying to relay is that, for the most part, we who are serving at NAS Fort Worth JRB are extremely blessed and any challenge that life throws our way can be overcome if the right team work, perspective and relative prioritization is applied.



BENNETT

zation is applied.

We are free and we live in the greatest country on the planet. Our families, friends, loved ones, community, state and nation fully appreciate the sacrifices that we endure to sustain America and our allies' freedom by taking the fight to the enemy. However, I know and am fully aware that we are facing some significant

challenges "today."

We have been at war for more than a decade, our economy is suffering and the media paints a bleak picture of the future.

Here is my perspective and relativity of today's challenges. I see all of today's issues as something for us to address, which is why we serve. I am honored to be chosen and provided the opportunity to lead and continue serving with all of you. We serve; to persevere in an era of persistent conflict, to make our organization(s) the most effective and efficient, and to literally make the world a better place for our children.

We are a TEAM of the finest men and women our country has to offer.

We will endure, and we will succeed. God Bless.



CO's Suggestion Box

We collected our first inputs for the CO's suggestion box. To be honest, I am very positive about the inputs.

They were all quite benign comments, even some positive ones. This indicates that overall our leaders and professional managers are executing the mission and taking care of their personnel.

However, I will address a couple items.

Water availability in the work place is a must, especially during our summer months and busy times.

We as service providers in coordination with leadership must ensure that all of our personnels' needs are addressed and met. We need to ensure that water (and I don't mean bottled water ... Navy does not authorize us to pay for bottled water), rest periods and a safe and professional environment are the standard — every day.

Second is common courtesy with our shared resources.

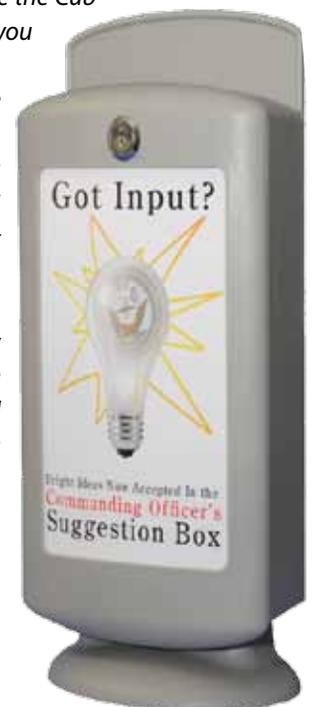
There have been some comments regarding

cleanliness, neatness or general organization of facilities and equipment that we share. The solution to this is very SIMPLE ... Use the Cub

Scout motto: any place you go, any asset you use, leave it better than the way you found it!

As a team, let's continue to make NAS Fort Worth JRB the best installation possible.

Greet everyone with a smile, pick up any trash you see, leave everything you use and every place you visit a little better than the way you found it. We all benefit from common courtesy.





www.TexasMotorsFord.com

Just One Mile North of I-30 on
West Loop 820 Exit White Settlement Rd.



Ask for
"The Colonel"
Pat Snell

Follow Us On Your
Favorite Web Sites!



**NEW 2011 FORD F-150
SUPER CAB XLT**



The
Best Place
to be Sales Event

**IT'S THE TRUE FINAL DAYS. DON'T MISS IT!
HURRY FOR THE BEST SELECTION!**

5 TO CHOOSE FROM

\$22,045

WITH AIR AND AUTOMATIC!

**DISCOUNTS
UP TO \$10,000 OFF MSRP**

EXAMPLE: NEW 2011 FORD F-150 XLT SUPER CAB WITH CONVENIENCE AND CHROME PKG. STK#110544/FA66309. FACTORY REBATE \$6000. ALL FACTORY REBATES ASSIGNED TO DEALER. MUST FINANCE THRU FMCC. SIMILAR SAVINGS ON ALL OTHERS.



8 TO CHOOSE FROM

**NEW 2011 FORD
RANGER**

**WITH AIR AND AUTOMATIC!
\$15,986**

STK#111043/AB3880. FACTORY REBATE \$3000. MUST FINANCE THRU FMCC.



**NEW 2011 FORD
F-150 REG CAB**

**WITH AIR AND AUTOMATIC!
\$17,596**

STK#111071/B97453. FACTORY REBATE \$4500. MUST FINANCE THRU FMCC.



**NEW 2012 FORD
FUSION**

**WITH AIR AND AUTOMATIC!
\$18,515**

STK#124065/224052. FACTORY REBATE \$1500. MUST FINANCE THRU FMCC.



**NEW 2012 FORD
MUSTANG**

**WITH AIR AND AUTOMATIC!
\$19,976**

STK#124065/224052. FACTORY REBATE \$1500.

**USED CAR
SUPER STORE!**

- 2002 HONDA CR-V AWD**
CLEAN, RELIABLE, AUTOMATIC. STK#110284, VIN# 2C707638 **\$8,995**
- 2007 CADILLAC CTS**
STK#5204A, VIN# 701330755, LEATHER, GREY, CALL **\$21,995**
- 2004 CHEVY 1500 EXT CAB LS**
WHITE, SUPERANCE, STK#5194S, VIN#1126535310 LOW MILES **\$12,995**

Ford CERTIFIED PRE-OWNED

- FACTORY-BACKED WARRANTY COVERAGE THAT DELIVERS PEACE OF MIND
- 169-POINT INSPECTION BY FACTORY-TRAINED TECHNICIANS

- 2008 FORD MUSTANG LX**
SILVER, AUTO, LEATHER, STK#5202R, VIN#95132957, CPO **\$14,991**
- 2011 FORD FUSION SE**
WHITE, AUTO, LOW-MILES STK#6073A, VIN#9R116966, CPO **\$18,881**
- 2010 FORD FOCUS SE**
RED, AUTO, LOW-MILES STK#124089A, VIN#4M1154291, CPO **\$18,995**



**NEW 2011 FORD
ESCAPE**

**WITH AIR AND AUTOMATIC!
\$22,993**

STK#110160/427148. FACTORY REBATE \$2500. MUST FINANCE THRU FMCC.



**NEW 2011 FORD
EDGE**

**WITH AIR AND AUTOMATIC!
\$27,569**

STK#110003/827016. FACTORY REBATE \$2500. MUST FINANCE THRU FMCC.



**NEW 2011 FORD
EXPEDITION**

**WITH AIR AND AUTOMATIC!
\$37,087**

STK#5111245/F50007. FACTORY REBATE \$3000. MUST FINANCE THRU FMCC.

*PLUS TAX, TAG, TITLE AND LICENSE. ALL OFFERS EXPIRE 9/30/11



300 West Loop 820 South in Fort Worth

Just One Mile North of I-30 on
West Loop 820 Exit White Settlement Rd.

Call Toll Free **800-338-8452**

www.TexasMotorsFord.com



Navy Region Southeast Welcomes New Leadership

BY MC2(SW) GREG JOHNSON,
NAVY REGION SOUTHEAST
PUBLIC AFFAIRS

Capt. John C. "Jack" Scorby Jr. assumed command from Rear Adm. Townsend G. "Tim" Alexander as Commander, Navy Region Southeast (CNRSE), during a ceremony aboard Naval Air Station Jacksonville, Aug. 18.

The ceremony marked an end to Alexander's leadership of the command that supports and guides 17 installations throughout the Southeastern United States and the Caribbean.

"It has been an honor and a privilege to serve with the men and women, military and civilians, who are the Southeast Region," Alexander said. "I will miss their dedication, professionalism and friendship."

Alexander has commanded CNRSE since January 2009. Under his leadership, installations throughout the region made significant reductions in energy costs through the development of the CNRSE Energy Strategy and the establishment of the Regional Energy Council. As a result, the region will save an estimated \$4.2 million with 38 new energy projects during the 2012 fiscal year and will generate an estimated \$58 million in new energy projects during the 2013 fiscal year.

He also guided the region during two major natural di-

saster response efforts. During Operation Unified Response, he established a joint logistics hub at Naval Station Guantanamo Bay within 72 hours of the Haiti earthquake. Additionally, he organized and implemented the Navy's response to the U.S. Coast Guard's call for assistance in support of the Deepwater Horizon oil spill cleanup in the Gulf of Mexico.

Alexander's next assignment will be as Commander, Navy Region Mid Atlantic.

Scorby has been selected for rear admiral and comes to CNRSE from his current position as executive assistant to the Assistant Secretary of the Navy for Energy, Installations and Environment, a position he has held since May 2010.

He graduated from the State University of New York at Cortland in 1981 and was commissioned an ensign after completing Aviation Officer Candidate School in March 1983. His operational assignments include Fleet Air Reconnaissance Squadron (VQ) 2 and Patrol Squadron Special Projects Unit (VPU) 1. He subsequently served as the officer in charge of VPU-1 and commanding officer of VQ-2.

Scorby's other shore assignments include the Bureau of Naval Personnel, the North American Aerospace Defense Command, the Chief of Naval



SCORBY



ALEXANDER

Operations and Naval Air Station Jacksonville.

He holds a Master of Science in financial management from the Naval Postgraduate School, a Master of Arts in national security and strategic studies from the College of Command and Staff, U.S. Naval War College, and a Master of Arts in national resource strategy from the Industrial College of the Armed Forces.



NOW HEAR THIS: Base Announcements

Uniform Alterations: The on-base shop, "Stripes, The Alternation Place" is open from Monday through Saturday from 9 a.m. to 5 p.m. The shop does alterations, hems, patch work, nametags and rank. For details, see www.shopmyexchange.com or call 817-732-0023.

The Navy-Marine Corps Relief Society's Budget for Baby class is the second Thursday of each month. B4B is for any service family who is expecting a new family member and is open to all ranks, branches of services and reservists. Sign up for the class by calling the NMCRS office at 817-782-6000.

The Navy-Marine Corps Relief Society's Coupon Secrets & Healthy Meal Planning class is the third Wednesday of the month. Learn couponing techniques and how to shop strategically. Participants will also learn simple, quick and inexpensive meal planning and basic, healthy cooking skills. Class is available to all ranks and services at no charge. Sign up by calling the NMCRS office at 817-782-6000.

Work in Texas representatives will be at Fleet and Family Support Center from 10 a.m. to 3 p.m. on Tuesday, Sept. 13; Tuesday, Sept. 20; Tuesday, Sept. 27; Tuesday, Oct. 4; and Tuesday, Oct. 11. Call Ext. 5287 for details.

Texas VA representative will be at FFSC from 10 a.m. to 3 p.m. on Thursday, Sept. 8; Thursday, Sept. 15; and Thursday, Sept. 22; and Thursday, Sept. 29; and Thursday, Oct. 6.

FFSC presents Life Skills: Anger Management class from 9 to 11 a.m. on Wednesday, Sept. 14, and Wednesday, Oct. 19. Call 817-782-5287 for details.

FFSC presents SAPR Training: Classes from 8 a.m. to 4 p.m. on Monday, Sept. 19 through Thursday, Sept. 22. Call 817-782-5287 for details.

Transition Assistance Program, or TAP, is available at Fleet and Family Support Center from 8 a.m. to 4 p.m. on Tuesday, Sept. 20 through Friday, Sept. 23; and from Oct. 25 through Oct. 28.

FFSC presents Military Marriage Workshop: Reconnect with your partner. Saturday, Sept. 24, from 8 a.m. to 4 p.m. Lunch provided. Workshop led by Bob and Barbara Zielinski. Call 817-782-5287 for details.

FFSC presents Life Skills: Raising Financially Fit Kids class, Wednesday, Sept. 28, from 9 to 10:30 a.m. Call 817-782-

5287 for details.

Attention Fitness Center Enthusiasts: The parking lot normally used by most gym users, located directly across the street, will be cordoned off for several months to accommodate the construction of an addition to building 1730. Construction is to be completed at the end of November. Interim parking for the Fitness Center will be available in the lot behind the Fitness Center.

One-on-one computer coaching is now being offered by Martin Arredondo at the Fleet & Family Service Center (FFSC), Bldg. 3175. These sessions are for active duty, Guard and Reserve members, retired military and spouses. To schedule a class, call the FFSC at 817-782-5287. Classes being offered include: Word for Resumes; Microsoft Power Point; Basic Computer Skills; Do's and Don'ts of the Internet; Basic Computer Maintenance; Use the Internet for job searches; Email/Communication Services; Photo Editing with Photo Editor; College Seeking via the Internet; and Social Networking/Facebook.

The Child Development Center is looking for members interested in becoming CDH certified. This program allows more options to military parents looking for quality care for their children. Please contact the CDC at 817-782-7520 if interested.

Thinking about a PPM, or Personally Procured Move, or recently completed move? Formerly known as DITY moves, all military personnel are reminded that they must obtain certified weight tickets signed by a weighing official in order to be reimbursed for their PPM.

Have something to sell or trade? The Sky Ranger is now accepting personal ads from active duty, retired service members and NAS Fort Worth JRB employees who want to sell or trade something. Call the Public Affairs Office at 817-782-7815. All ads are subject to editing and are placed on a space-available basis.

FOR SALE: 2000 Harley Davidson Road King with 6-speed, fuel-injected, oil cooler, custom paint and several upgrades (mostly S&S parts). Parts and labor documentation available. Trailer and helmets included. \$11,995 or will consider trade. Call Larry, 817-247-9558.

FOR RENT OR SALE: 2-Bedroom farm-style home in Arlington for rent or sale. Three blocks from UTA. Asking \$795/month or \$59,900. Call Cynthia, 817-422-7881.

**NEW SAPR 24/7 Victim Advocate Hotline:
817-204-3081**

CLASSIFIED AD

Thinking About Real Estate?

Thinking about buying or selling a home?
Falling behind on your mortgage or relocating?
We cover Dallas-Fort Worth and surrounding areas.

Give me a call or go to my website:
Valerie Hernandez (469)432-0644
YourRealtorValerie@gmail.com
www.yourtexas homes.com

Holmes Takes Command of MAG-41

SGT. CHRIS T. MANN,
MARINE AIRCRAFT GROUP 41

Marine Corps guideon flags whipped in the wind, as solemn-faced Marines stood at attention. Family members and friends of Marine Aircraft Group 41, 4th Marine Aircraft Wing, gathered on the flight line aboard Naval Air Station Fort Worth Joint Reserve Base to watch the commanding officer of MAG-41 change hands to a new commander Saturday, Aug. 20.

Col. Kevin M. Iiams, commanding officer of MAG-41, relinquished his command to Col. Adam P. Holmes, during an official Marine Corps ceremony.

"Wolfy (Iiams), you are a force multiplier; you took a reserve MAG and made them fully capable of going down-range and deploying to combat," said Maj. Gen. Rex C. McMillian, commanding general of the 4th Marine Aircraft Wing. "This is a sad day because we are losing a commander, but also a welcoming day because we are gaining a great leader."

Iiams is leaving Fort Worth to take on an active duty command at Marine Corps Air Station Cherry Point, N.C.

Holmes' was previously as-

signed as the II Marine Expeditionary Force future operations officer at Camp Lejeune, N.C., and now has command of the reserve Aircraft Group.

Holmes has had previous combat experience in Iraq, where he served as the battle captain in the Tactical Air Command Center for 2nd Marine Aircraft Wing. Holmes has also supported operations in Turkey, Kenya, Somalia and Rwanda.

"I have full confidence in your abilities to take control of this command and the fully capable expeditionary ACE (aviation combat element)," Iiams said.

Holmes' personnel decorations include the Defense Meritorious Service Medal, the Meritorious Service Medal with two gold stars, the Navy and Marine Corps Commendation Medal with two gold stars, the Navy and Marine Corps Achievement Medal with one gold star, and the Air Medal.

Holmes has a past history with Marine Corps aviation and is a C-130 aircraft pilot. He has flown several models of C-130s and has also flown 40 combat missions while deployed.

"Thank you Col. Iiams for ev-



PHOTO BY SGT. CHRIS T. MANN

Maj. Gen. Rex C. McMillian, commanding general of the 4th Marine Aircraft Wing, talks with MAG-41's newest commanding officer, Col. Adam P. Holmes after the change of command ceremony.

everything you have done and the sacrifices you have made with MAG-41," Holmes said.

Iiams is an F/A-18 Hornet pilot with more than 500 hours of combat flight and 270 combat missions, and will now take his experience to Cherry Point.

Iiams has deployed to Bahrain, Kuwait, and Iraq to support Marine Corps combat operations. His personnel decorations

include the Defense Superior Service Medal, two Bronze Stars, the Meritorious Service Medal, the Air Medal with a Gold Star and Combat "V", 17 Strike Flight Awards, the Navy Commendation Medal with 2 Gold Stars and Combat "V" and the Navy Achievement Medal.

Iiams said that his intention was to make the MAG a fully deployable unit before he left,

and would make sure he did everything he could to bring unit-readiness to the Group.

"There is no separation between reserve and active duty; the seven commanders do an outstanding job of leading the MAG and the 1800 Marines," Iiams said.

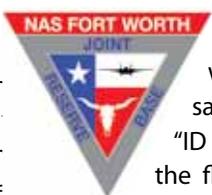
Iiams spoke to the attendees during the ceremony and

continued on page 19

Changes Coming to ID Card Services

BY KATHLEEN BYNUM

In March, the *Sky Ranger* announced mandatory reductions in manpower from the Department of Defense, including shrinkage of staff at the ID card office which will result in new operational days and hours.



"The installation has taken a 30 percent cut in manning and can no longer properly staff the ID Card office with military personnel," said Chief Chris O'Brien. "ID Card facilities around the fleet that are located or co-located with Personnel Support Activity Detachments

(PSAD's) have already been contracted out."

Customers should see changes take effect by Oct. 1, O'Brien said.

Monday operations will cease after Sept. 26.

"Beginning Oct. 1, we'll be open five days a week, Tuesday through Saturday, 7:30 a.m. to 4

p.m.," O'Brien added.

Because of these upcoming changes, base officials want to stress the importance scheduling visits in advance with the online system already in place.

"Appointments are extremely important, and substantially decrease wait times," O'Brien said. Online appointments can be made by at: <http://appointments.cac.navy.mil/appointment/building>.

aspx?BuildingId=255, or by calling 817-782-3375.

"Customers who do not have an appointment often experience wait times of more than two hours," O'Brien said.

"If customers choose to not make an appointment, I recommend they contact the ID Card Office at 817-782-5244 for approximate wait times before driving long distances to the installation."

Simulated Drill Tests Emergency Responders

BY LT. COL. DAVID KURLE,
301ST FIGHTER WING
PUBLIC AFFAIRS

Citizen Airmen from the 301st Fighter Wing tested their emergency-response capabilities alongside their civilian and U.S. Navy counterparts Aug. 10 in the aftermath of a simulated explosion aboard NAS Fort Worth JRB.

On-base emergency responders were the first to the scene after the exercise started and quickly set up a decontamination tent to treat "victims" of the simulated explosion.

The aim of the drill was to decontaminate and triage 15 patients then transport them to JPS Health Network in downtown Fort Worth, according to Master Sgt. Jose Guajardo, emergency management air reserve technician in the 301st Civil Engineer Squadron.

In addition to military

units, civilian agencies from off-base participated in the exercise, including the Fort Worth Fire Department, explosive ordnance disposal and emergency managers, as well as the staff at JPS.

"It's important to know the resources and expertise each agency can provide so that when we respond to an actual situation it minimizes the fog of war," said James Pettus, the wing's anti-terrorism officer. "This better prepares us for a [chemical, biological, radiological or nuclear] event."

After evacuation from the site of the explosion, the 15 "victims" were decontaminated using a fire hose from a hook-and-ladder truck from the base fire department, then processed through a tent where emergency responders applied water and a soap-like

continued on page 17



PHOTO BY LT. COL. DAVID KURLE

Air Force Reserve Tech Sgt. Nitura Bender, left, and Navy Master at Arms 1st Class Zachariah Janssen play the role of "victims" of a chemical attack as they process through the first stage of decontamination under a fire hose during an emergency-response exercise on base. Bender is a member of the 301st Civil Engineer Squadron, while Janssen works in the Navy's security forces unit that guards the base. Bender was simulating a broken leg and needed to be helped through the decontamination process for the exercise.

Bell Helicopter Armed Forces Bowl Returns in December

BY HOPE LOCKETT

Tickets for the 2011 Bell Helicopter Armed Forces Bowl went on sale Thursday, Sept. 1.

The ninth annual postseason collegiate football game will be played Friday, Dec. 30 with an 11 a.m. kickoff at Gerald J. Ford Stadium on the campus of SMU. The game is being played in Dallas for the sec-

ond consecutive year because of continued renovations at TCU's Amon G. Carter Stadium.

Ticket costs vary, depends on when one purchases them. From September through Nov. 14, the cost of public stadium seating will be \$50 per seat for the 2011 Bell Helicopter Armed Forces Bowl. From Nov. 15 through the Dec. 30 kickoff, the cost per seat will be \$60. The bowl is also selling a limited number of

premium club seats for \$150 per ticket located in Ford Stadium's indoor club section on the west side of the stadium. Group ticket packages will be available online at www.ArmedForcesBowl.com.

Owned and operated by ESPN Regional Television (ERT), detailed ticket information for the 2011 Bell Helicopter Armed Forces Bowl can be obtained through the bowl's website, www.armed-forcesbowl.com or by calling the

continued on page 12

Separating from service?
Starting a new business?
Expanding an existing business?
Let Edmonds Market Capital Corporation
help you close your loan now!

Call for a no obligation appointment: 817.271.7736
or e-mail: info@edmondsmarketcapital.com

EDMONDS MARKET
CAPITAL CORPORATION

Habitat for Humanity®
ReStore

A Non-Profit Organization
Benefiting Trinity Habitat for Humanity

We need donations!
We accept most useable, good
condition residential building materials.
Donations can be dropped off at either
of our locations, or call 817-626-5000
to schedule a pick-up.

The ReSTORE sells donated doors,
Windows, flooring, latex paint,
plumbing, lighting, kitchen
and Bathroom cabinets, appliances,
hardware, electrical, and many Other
home improvement materials.
New Items arrive every day!

10% off
Save an
Additional 10%
Off of any purchase
Of \$40.00 or more
With this coupon

One coupon per household,
Per visit. Expires 2/27/10

European Laminate
Wood Flooring
\$1.22/sq.ft.

Vinyl Tile
Peel-N-Stick
\$15.00 / box

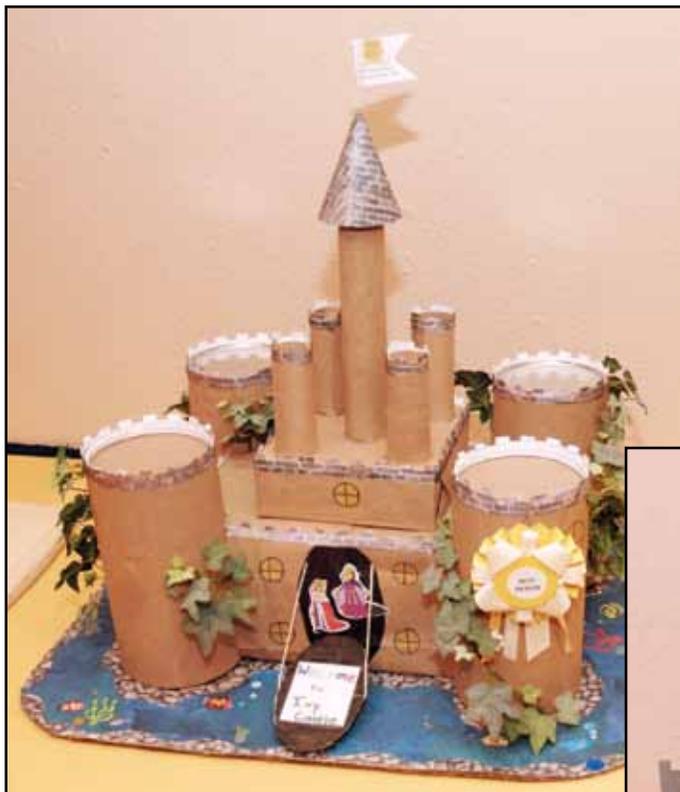
South ReSTORE
3420 S. Grove
West on Ripy from I-35
817-920-9203

North ReSTORE
4433 River Oaks Blvd.
1 block west of Jacksboro Hwy.
817-626-5000

CLASSIFIED AD

Take your Combatives Training
to another level at Genesis Jiu-Jitsu!
Conveniently located 5 minutes from Base!
Open 7 Days a Week! Ages 4&UP!
www.genesisjiujitsu.com
817.602.2585

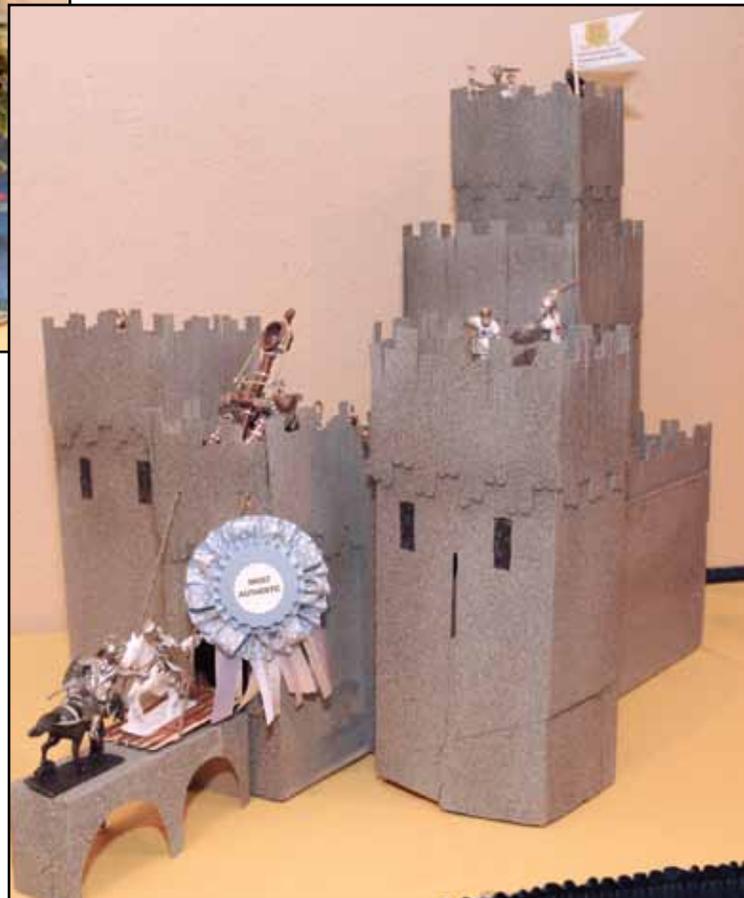




THE MCKENZIE FAMILY



THE MACEDO FAMILY



THE ALLEN FAMILY

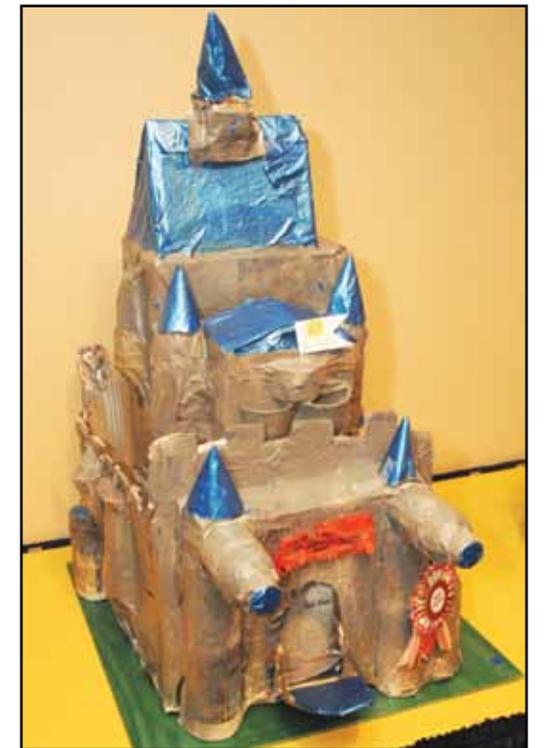


THE SAPP FAMILY

Castle Building

The base library's Summer Reading Program, "A Mid-Summer Knight's Read," wrapped up with a castle construction contest, as well as the "knighting" of successful readers by a Knight from Medieval Times. The winners of the castle contest include: the McKenzie family in the Best Design category; the Macedo family in the Best Structure category; the Swink family in the Best Creative category; the Sapp family in the Judge's Choice category; and the Allen family in the Most Authentic category. Not all castle submissions are shown.

PHOTOS BY MC2(AW) BRADLEY DAWSON



THE SWINK FAMILY

CNIC's 'Navy Life' App Provides Emergency Response Information

BY CNIC PUBLIC AFFAIRS

Commander , Navy Installations Command (CNIC) "Navy Life" iPhone application (app) can be downloaded by Sailors, retirees and their families for emergency information regarding natural disasters.

The app developed as part of CNIC's iShore initiative, features interactive program information that can be accessed directly from the initial download from the Ap-

ple store to a customer's iPhone or iPod Touch.

"A key feature of the app is that in emergency situations we can push important information directly to Sailors and their families," said Ruel Odom, head, CNIC Fleet and Family Readiness (FFR) Marketing and Multimedia Development Branch. "We hope they find the Navy Life app to be a useful resource for information on the many Fleet and Family Readiness programs and services that are

available."

Additional information is provided on the mobile devices when an Internet connection is used. Active links will direct users to emergency response information and news feeds for help during emergencies.

"When an emergency strikes, knowing what to do can save time, property and lives. You can learn more about how to prepare and cope with disasters by using the Navy Life mobile application,"

said Mike Bruner, CNIC Navy Family Emergency Response Program Manager. "The Navy Life mobile application has important information on preparing for a disaster, what to do after a disaster occurs, basic emergency kits and important recourses available (i.e. Red Cross, FEMA, NFAAS and more) for recovery."

The Navy Life mobile application, through the strength of social networking, connects members to Facebook pages for the Mas-

ter Chief Petty Officer of the Navy (MCPON), Navy FFR and more.

In addition to information about CNIC's FFR programs, the mobile application contains information about other important quality of life programs, such as the Navy Exchange, Defense Commissary Agency and other resources for family members.

The app can be downloaded at <http://itunes.apple.com/us/app/navy-life/id368752284?mt=8>.

TEXADILLO CORNER: BASE ACTIVITIES FOR ALL

Kickboxing Class Taught by New MWR Trainer

BY KATHLEEN BYNUM

Listen up, fitness buffs! There's now a kickboxing class at the Fitness Center, taught by the MWR's newest personal trainer, Vicky Sullivan.

Sullivan, 47, is a military fitness specialist, a group exercise instructor and also holds Back to Basics certification and spinning certification from Aerobics and Fitness Association of America (AFAA). She's been working at the gym for about three weeks now and brings nearly eight years of fitness experience with her.

"I started out at Dyess Air Force Base at the help desk in the fitness center," Sullivan said. "At the time, I weighed about 250 pounds. After awhile, I thought how can I been in fitness and weigh so much? So I started spinning and running, and I initially dropped about 50 pounds, then 100."

Sullivan has been working out ever since, and is well on her way to her own fitness goals.

"I also do step aerobics," she said.

Additionally, while she worked at

FITNESS TIP OF THE MONTH

Beat the heat with water! Drink more water and less soda, says Fitness Center Director Donna Johnston.

"Even diet sodas have caffeine, which can dehydrate you," Johnston said.

Drink six to eight, 8-ounce bottles daily. For more fitness tips, contact the Fitness Center at ext. 7770.

Dyess AFB in Abilene, Sullivan conducted FAC (Fitness Assessment Cell), which is equivalent to the Navy's PRT (Physical Readiness Test).

Sullivan enjoys sharing her passion for healthy lifestyles within her classes and through her personal training sessions.

"So far, it's been good," Sullivan said of the kickboxing classes. "The participants have totally welcomed the challenge; and it's a hard class."

Sullivan combines kickboxing techniques with a cardio workout and weight-bearing exercises.

The classes are on Tuesdays and Thursdays, from 8 to 9 a.m. in the aerobics room at the Fitness Center.

One class participant, USAF Lt. Col. Laurie Dickson, the officer in charge at the 10th Air Force Command Post, was a first-time attendee on Aug. 24.

"It was a good workout," Dickson said. "It was a good mix (of training), especially with the use of medicine balls and weighted bars."

Although Dickson said she can't make the Thursday classes because of a standing meeting, she'll definitely be back for the Tuesday workout.

In addition to leading the kickboxing class, Sullivan said she's keeping busy with personal training too. Mondays, Wednesdays and Fridays are especially busy for her, Sullivan said.

"I enjoy doing a lot of running and weight training so you get a good cardio workout," Sullivan said. "I like to not only



Get MWR Updates!

Facebook:
www.facebook.com/MWRFW

Twitter:
www.twitter.com
Search 'LibertyFW'

Offline?
Connect at the
Base Library's
Computer Lab
or use the
Bowling Center's
FREE WiFi Network

teach them, but I get down and do the exercises with them," she said.

"I like doing a lot of boot camp moves; I'm in your face," she added.

COMMUNITY RESOURCES and ATTRACTIONS

LIBRARY

1802 Doolittle Ave.
817-782-7735

Hours: Monday through Thursday 9:30 a.m. to 7 p.m.; Friday and Saturday 9:30 a.m. to 5:30 p.m.; Closed Sunday and holidays.

Ongoing: Rosetta Stone available online. Learn a new language or improve your skills. Call the library for details.

Of note: The Library's new additions include children's and young adult's titles, provided by the Navy General Library Program. Also available are new adult titles, books on CD and the latest movies (rental is free).

Of Note: The Library's ESL (English as a Second Language) classes have been canceled.

Sept. 14: Preschool Storytime for children 3 to 5 years old will be from 10:30 to 11 a.m. The program will continue on Wednesday mornings and include stories and activities.

Sept. 23: Cellular Phone program will include phone comparisons, phone plans, operation instruction, wireless technologies and more. Class begins at 5 p.m.

Sept. 24-Oct. 1: Celebrate Banned Book Week! This year's theme is "Free Your Mind-Read a Banned Book." There will be activities throughout the weeks, plus displays on banned and challenged books throughout the years.

TEXPLEX CENTER

1815 Military Pkwy.
817-782-6122/5505

Information, Ticket and Tours (ITT)

Hours: Tuesday-Saturday from 10 a.m. to 5 p.m.

Of Note: ITT has moved to the back side of the counter and installed new point of sale equipment so there will no longer be long lines behind bowling customers.

Of Note: Most of the waterparks have changed to weekend-only operations.

Of Note: Cruises available through ITT. Let Michelle book your next cruise.

Ticket Extension: The military Special Savings Offer for Disney World has been extended and new information is available. Arriving Soon: Tickets for Six Flags Fright Fest and Holiday in the Park.

Attractions: Medieval Times Tournament & Dinner Theater, Grapevine Vintage Railroad, Dinosaur World (Glen Rose), Fort Worth Zoo, SeaWorld, Disney World, Disneyland, Ripley's Believe It or Not/Wax Museum, OMNI Theater, Rave Motion Pictures, AMC and Hawk's Creek Golf Course vouchers. New Military Salute tickets for Disney World. Stop by or call for information and purchasing guidelines.

Passes: Season passes, Play passes and Combo passes, which include Six Flags and Hurricane Harbor, are available. NRH20, Schlitterbahn Water parks in New Braunfels, South Padre Island and Galveston, Hawaiian Falls (all parks) and Legoland Discovery Center & Aquarium in Grapevine are also available.

TORNADO LANES

1815 Military Pkwy.
817-782-6122/5505

Hours: Monday through Thursday 10 a.m. to 9 p.m.; Friday and Saturday 10 a.m. to 11 p.m.; Sunday 11 a.m. to 6 p.m. Lanes close 15 minutes prior to center.

Ongoing: Special military group pricing available for command events and birthdays. Call 782-6122 for details.

Thursdays: Red Pin Bowling special from 10 a.m. to 9 p.m. Strike with the red pin in No. 1 position and win a free game of bowling, plus the opportunity to draw for free food, beverages and more.

Lunch Special: Active duty and reserve bowling games from 10 a.m. to 2 p.m. Bowl for only \$1 each game and \$1 shoe rental any weekday.

Youth Bowling Workshop: will be Saturday, Aug. 13, from 10 a.m. to 1 p.m. for children 5

to 18. Snacks and beverages will be furnished; cost is \$6 per person. Register in person at the center or by calling 817-782-6122.

CHUCKWAGON GRILL

1815 Military Pkwy.
817-782-6122/5505

Hours: Monday through Thursday 6:30 a.m. to 9 p.m.; Friday, 6:30 a.m. to 10:30 p.m.; Saturday 7 a.m. to 10:30 p.m.; and Sunday 11 a.m. to 6 p.m.

Open daily for breakfast, lunch and dinner. Pizza is available for delivery. 817-782-5505.

LONE STAR BAR

1815 Military Pkwy.
817-782-6122/5505

Hours: Tuesday through Thursday, 4 to 9 p.m.; Friday and Saturday, 4 to 11 p.m.

Ongoing: Free Munchies on Fridays, 4:30 to 6 p.m.

Monday Night Football: Beginning Sept. 12 at 6 p.m., and every Monday following during NFL season.

MOVIE REEL THEATER

817-782-6037; \$3, adults; \$2, children. Best price movie and snacks available in the Metroplex and for our military families. Friday

through Sunday, call for times.

Sept. 11: Free Sneak Preview of PG-rated "A Dolphin Tale." Doors open at 1 p.m. and entry is strictly first-come, first-serve. Tickets are available at ITT desk or theater.

LONE STAR CENTER (formally DESERT STORM CONFERENCE CENTER)

2570 Desert Storm Road
817-782-5293/7237

Hours: Monday-Friday, 9 a.m. to 5 p.m. Office is closed on weekends, but building is open most weekends for scheduled events, conferences or meetings.

Ongoing: Call for information concerning your next conference, meeting or event.

VET CLINIC

1739 Eisenhower Ave.
817-782-5608

Wednesdays, Sept. 7, 21: Call ahead to set up appointments.

Thursdays, Sept. 8, 15, 22, 29: The clinic will be open for veterinarian appointments and the purchase of medications. Call ahead for appointments.

continued on page 17

MAG-41 Marines Take Part in Corps' Largest Training Exercise

BY SGT. CHRIS T. MANN, MAG-41



Marines with Marine Aircraft Group 41, 4th Marine Aircraft Wing returned to NAS Fort Worth JRB after recently completing a two-week training evolution at Marine Corps Air Station Yuma, Ariz.

Javelin Thrust 2011 is the Marine Corps' largest training exercise to date. The training evolution was also the Corps' largest reservist exercise held in recent history.

Approximately 5,000 Marines and service members took part in Javelin Thrust along with the MAG.

"This exercise shows that a reserve ACE (air combat element

really is possible and what we are capable of doing," said Lance Cpl. Sean A. Ferguson, a 21-year-old loadmaster with Marine Aerial Refueler Transport Squadron 234, MAG-41, from Silver Spring, Md.

A large number of Reservists with MAG-41 took part in the exercise during the period of time designated as the unit's annual training for the reserve element.



PHOTO BY SGT. CHRIS MANN

Lance Cpl. Bryce K. Enderli, a radio operator with Marine Air Control Squadron 24, communicates with aircraft crewmembers at a landing zone in Yuma and provided support to MAG-41 during Javelin Thrust 2011.

The Business School Restoring the American Dream.



Contact the Fort Worth Program Center today for a no obligation curriculum evaluation!



- Earn your AA & BBA in Management
- Participant in the Post-9/11 GI Bill
- Fully accredited, business-focused university
- Accelerated class schedule for working adults
- Possible military and work/life experience credits
- Reduced tuition
- A professional Veterans Certifying Official is available to help you get started

Discover the leader in you.
817.737.6442 / northwood.edu

MAG Marines provided close air support to units on the ground, firing various weapons systems from aircraft and taking part in combined arms exercises. Support Marines also provided key functions to the exercise keeping aircraft and personnel fully operational.

The exercise spanned across

three states, with members of the MAG and 4th Marine Aircraft Wing basing a majority of training operations out of Yuma. Other Marine Corps units taking part in Javelin Thrust were located in Hawthorne, Nev., and Bridgeport, Calif.

continued on page 13

CASTLEBERRY BAPTIST
FAMILY INVITES ALL
MILITARY FAMILIES TO
JOIN US FOR:

Biblical, practical teaching
Blended music
Kid's programs

Sundays: 10 a.m. Bible Study
11 a.m. Worship Service
6 p.m. Evening Service
Wed.: 7 p.m. Bible Study,
"Kids for Christ"
and Teen Surge



Dr. and Mrs.
Cornell

817-246-0191
1250 Jim Wright Frwy,
Ft. Worth, TX 76108
(820N Silver Creek Road exit)

BASE HAPPENINGS



PHOTO BY SGT. CHRIS T. MANN



PHOTO BY SGT. CHRIS T. MANN

Left, Staff Sgt. Mathew J. Ortiz, Adjutant, Marine Aircraft Group 41, 4th Marine Aircraft Wing, gets a base hit during a softball game aboard NAS Fort Worth JRB Thursday, Aug. 11. Marines, Sailors and a civilian, part of team "Deuces" crushed their opponents the "Outlaws" in the final softball championship game with a closing score of 13 to 4. "We definitely played well together; we made continual base runs and our defense was on top of things," said Lance Cpl. Brian O. Sires, a 19-year-old training and operations clerk with Marine Fighter Attack Squadron 112, MAG-41. Above, Navy Chief Michael W. Morang, a Hospital Corpsman with Marine Aircraft Group 41, 4th Marine Aircraft Wing, slides into second base during a softball game. "We kept our composure after we made a few errors, and morale was high three home runs later," Morang said.



PHOTO BY CARL RICHARDS

Nineteen Air Force F-16s arrived at Naval Air Station Fort Worth Joint Reserve Base on August 22 to escape Hurricane Irene. The 93rd Fighter Squadron (the "Makos") operates out of Homestead Air Reserve Station, located near the southern end of the Florida peninsula, about 25 miles south of Miami. The F-16s can be identified by the letters "FM" ("Florida Makos") and the mako shark displayed proudly on the tail. The 93rd Fighter Squadron is the 457th's sister Squadron at NAS Fort Worth JRB. The Squadron returned to Florida on Friday, after Hurricane Irene hit the Eastern coastline.



PHOTO BY CARL RICHARDS

BASE HAPPENINGS



PHOTO BY SGT. CHRIS T. MANN



PHOTO BY SGT. CHRIS T. MANN

Sgt. Maj. Michael P. Barrett, Sergeant Major of the Marine Corps, center, visits Naval Air Station Fort Worth Joint Reserve Base to visit with the Marines of Marine Aircraft Group 41, 4th Marine Aircraft Wing, Aug. 16. Barrett took time out of his schedule to speak with Marines at the MAG-41 Headquarters building and ask about duties at a reserve station. The Sergeant Major spoke with several of the junior Marines about trends in the Corps and about being a part of an aircraft wing. "I appreciate the opportunity to get to know what the Aircraft Marines are doing here," Barrett said. Above, Sgt. Maj. Michael P. Barrett, Sergeant Major of the Marine Corps, right, speaks with Col. Adam P. Holmes, the incoming commanding officer of MAG-41, about the future plans of the MAG. The Sergeant Major spent the afternoon with the Marines before heading to the flight line. At right, Sgt. Maj. Michael P. Barrett, Sergeant Major of the Marine Corps, speaks with Gunnery Sgt. Sean M. Houston, safety staff non-commissioned officer, MAG-41, about daily duties in the Marine Corps.

The Sergeant Major spoke with several of the junior Marines about trends in the Corps and about being a part of an aircraft wing. "I appreciate the opportunity to get to know what the Aircraft Marines are doing here," Barrett said. Above, Sgt. Maj. Michael P. Barrett, Sergeant Major of the Marine Corps, right, speaks with Col. Adam P. Holmes, the incoming commanding officer of MAG-41, about the future plans of the MAG. The Sergeant Major spent the afternoon with the Marines before heading to the flight line. At right, Sgt. Maj. Michael P. Barrett, Sergeant Major of the Marine Corps, speaks with Gunnery Sgt. Sean M. Houston, safety staff non-commissioned officer, MAG-41, about daily duties in the Marine Corps.



PHOTO COURTESY OF VITAS INNOVATIVE HOPSICE



PHOTO COURTESY OF VITAS INNOVATIVE HOPSICE

At right, Capt. Robert Bennett, commanding officer of NAS Fort Worth JRB, greets Dr. Robert T. McDaniel, a former Tuskegee Airman, at the Spirit of '45 luncheon at the Vintage Flight Museum in Fort Worth on Thursday, Aug. 11. Bennett, along with USAF Col. Bruce Cox, 10th Air Force Post at NAS Fort Worth JRB, were both guest speakers at the event commemorating the end to World War II and honoring veterans and "Rosie the Riveters." Above, Bennett and Cox posed for photos with WWII veterans after the luncheon at the Vintage Flight Museum in Fort Worth. The event was sponsored by VITAS Innovative Hospice Care of Fort Worth to honor those of the "Greatest Generation."

ARMED FORCES BOWL continued from page 6

bowl office at 817-810-0012. As part of the bowls tribute to the nation's armed forces, military veterans receive discounted tickets at \$30 per ticket and active-duty military personnel receive free admittance via the Bell Helicopter Armed Forces Bowl corporate military ticket underwriting program.

Featuring a military theme since 2006, patriotic overtones recognizing all five branches of the military are prevalent throughout the Bell Helicopter Armed Forces Bowl. Past bowls have included fan-fest areas showcasing military hardware; flyovers; demonstrations by sev-

eral of the military's top skydiving teams; on-field induction ceremonies; military bands and honor guards; and the awarding of the annual "Great American Patriot Award" (GAPA) presented by Armed Forces Insurance.

The 2011 Bell Helicopter Armed Forces Bowl will feature BYU, if bowl eligible, and a school from Conference USA.

One of college football's top programs with more than 500 wins (511-380-26, 57.1 percent), 29 bowl appearances (11-17-1 record) and 23 conference championships (MWC titles in 1999, 2001, 2006 and 2007), BYU posted a 7-6 record in 2010. Their season culminated with a 52-24 victory over UTEP of C-USA in the 2010 New Mexico Bowl this past December

in Albuquerque, N.M.

A C-USA school has played in all but one of the eight previous Bell Helicopter Armed Forces Bowl games, as the 2007 game included Cal from the Pacific-10 Conference in place of a C-USA team. In 2010, before a record crowd of 36,742, Army used three first half turnovers to provide the spark for a 16-14 triumph over SMU.

Bell Helicopter, a Textron Inc.

company, joined the bowl on Aug. 23, 2006, as the title sponsor of the postseason college football game formerly known as the PlainsCapital Fort Worth Bowl (2003, 2004) and the Fort Worth Bowl (2005). The 2006 season marked the first year for the adoption of the "Armed Forces Bowl" name, making the official title the Bell Helicopter Armed Forces Bowl. Bell Helicopter has twice exercised its

option for title sponsorship of the game. The current agreement was signed in September 2009 to continue the sponsorship for the 2010 and 2011 games with a two-year option for 2012 and 2013.

For details about the Bell Helicopter Armed Forces Bowl, visit www.ArmedForcesBowl.com, www.Facebook.com/ArmedForcesBowl or www.Twitter.com/ArmedForcesBowl.

BRAVO ZULU

ETC TERRY ALLEN, GEMD	NAVY ACHIEVEMENT MEDAL
AWF2 TIMOTHY COSSEY, VR-59	NAVY ACHIEVEMENT MEDAL
LS2 SONIA MARR, VR-59	NAVY ACHIEVEMENT MEDAL
AWF2 JESSE PERRY, VR-59	NAVY ACHIEVEMENT MEDAL
AWF2 DAVID ADAMS, VR-59	NAVY ACHIEVEMENT MEDAL
PS3 CARL CLANCY, VR-59	NAVY ACHIEVEMENT MEDAL
AWF2 JESSE PERRY, VR-59	HUMANITARIAN SERVICE MEDAL
AWF1 RONALD BEATON, VR-59	SAILOR OF THE QUARTER (JULY)
AE3 JAMES STEPP, VR-59	LONESTAR SAILOR OF THE QUARTER (JULY)
ADAN ERIC WILBURN, VR-59	LONESTAR SAILOR OF THE QUARTER (JULY)
ADAN ERIC WILBURN, VR-59	GOOD CONDUCT MEDAL
AM3 MICHAEL RIVAS, VR-59	GOOD CONDUCT MEDAL
ADAN CHRISTOPHER BROWNING, VR-59	GOOD CONDUCT MEDAL
AM3 JAMIE KNIGHT, VR-59	GOOD CONDUCT MEDAL
AWF2 KERRI BELAND, VR-59	CERTIFICATE OF ACHIEVEMENT
AZ2 JAMES DANFORTH, VR-59	CERTIFICATE OF ACHIEVEMENT
AWFAN JOSEPH PADILLA, VR-59	CERTIFICATE OF ACHIEVEMENT
AWFAN SEBASTIAN MOSS, VR-59	CERTIFICATE OF ACHIEVEMENT
AT2 JOHN GONZALES, VR-59	COMMUNITY SERVICE AWARD
AWFAN SEBASTIAN MOSS, VR-59	COMMUNITY SERVICE AWARD
AWF1 BRANDON CLOUTRE, VR-59	M O S V M
AWF2 GUSTAVO ARIZA, VR-59	M O S V M
AZ1 TERRI LEE, VR-59	SAILOR OF THE QUARTER (AUGUST)
AM2 CARL BROADWAY, VR-59	LONESTAR SAILOR OF THE QUARTER (AUGUST)
AWF2 GUSTAVO ARIZA, VR-59	LONESTAR SAILOR OF THE QUARTER (AUGUST)
AT2 RYAN KRIESCH, VR-59	FLAG LETTER OF COMMENDATION
CDR JOHN GORDON, VR-59	LETTER OF ACHIEVEMENT
LT CLINT CAMPBELL, VR-59	LETTER OF ACHIEVEMENT
NC1 KAREN COLLINS, VR-59	LETTER OF ACHIEVEMENT
AWF1 CHARLES WHITSON, VR-59	LETTER OF ACHIEVEMENT
AZ2 KEVIN KING, VR-59	LETTER OF ACHIEVEMENT
AT2 PAUL LAUGHLIN, VR-59	LETTER OF ACHIEVEMENT
IT2 ANGELINE MISOLA, VR-59	LETTER OF ACHIEVEMENT
AZ2 KRISTLE PERRON, VR-59	LETTER OF ACHIEVEMENT
AT3 TABATHA MURPHY, VR-59	LETTER OF ACHIEVEMENT
AT2 RYAN KRIESCH, VR-59	LETTER OF ACHIEVEMENT
AWF1 MARCUS RUSSELL, VR-59	ENLISTED AIR WARFARE SPECIALIST
AM3 JAMIE KNIGHT, VR-59	ENLISTED AIR WARFARE SPECIALIST
AWF2 EDWIN COLON, VR-46	ENLISTED AVIATION WARFARE SPECIALIST
AE3 JEREMY SHELTON, VR-46	ENLISTED AVIATION WARFARE SPECIALIST
AM2(AW) WILLIAM EDMONDS, VR-46	NAVY AND MARINE CORPS ACHIEVEMENT MEDAL
AWF2(NAC/AW) WESLEY FALLOW, VR-46	NAVY AND MARINE CORPS ACHIEVEMENT MEDAL
NC1 HEATHER GALVAN, VR-46	FLAG LETTER OF COMMENDATION

Are Your Halls Too Bright?

One path to energy savings runs just outside your door—the hallway. Halls usually need only 5 to 10 foot candles of light.

The average ambient light level in offices is usually around 30 foot candles. If your hallways look bright compared to your office areas, tell your building energy monitor or facility manager. They may be able to take out some lamps or fixtures to save energy.

DEPARTMENT OF THE NAVY ENERGY EFFICIENCY

Visit <https://energy.navy.mil>

NOW OPEN!

Twin Lakes Dental Care

\$10 exam
X-ray
new patients only

Limited time offer. Additional charges may apply if gum disease is present. Offer cannot be combined with Dental HMO, PPO or other discounts. The single largest discount will be applied.

\$200 off
crowns, dentures
and partials

Limited time offer. Offer cannot be combined with Dental HMO, PPO or other discounts. The single largest discount will be applied.

Call today to schedule your appointment!
817-238-6222

cosmetic | general | oral cancer screenings | dentures | partials | crowns | restorative | preventive

TWIN LAKES
DENTAL CARE
& ORTHODONTICS

YOUR
DentalWorks
DENTIST

Paul Yew, DDS
6076 Azle Avenue, Suite 100
Lake Worth, TX 76135
817-238-6222
dentalworks.com

Retired Military Wives Invited to Monthly Meetings

All wives and widows of career military men with a valid ID card are invited to participate in the twice-monthly assembly of the Retired Military Wives Club.

The Retired Military Wives Club has its business meeting on the second Thursday of each month at the Fort Worth Elks Club, 3233 White Settlement Road. It begins at 11 a.m. The group's social event is on the fourth Thursday of every month.

For details about the club or these events, contact Jean Bonner (817-246-9523) or Judy Corso (817-266-0167).

The Society of Military Widows

Chapter 32 of the National Organization meets at the chapel on base on the fourth Wednesday of the month at 11 a.m.

for fellowship, lunch and a short business meeting. All widows of military branches and ranks are welcome.

For details, contact Jo Henry at (817-283-0416).

Carswell Retired Officer's Wives Club

Carswell Retired Officer's Wives Club meets on the second Tuesday of each month at 11 a.m. at the Fort Worth Woman's Club, 1316 Pennsylvania Ave. The CROWC is open to wives of current and retired officers of all branches. For details, or to make a reservation, contact Lois DiBartolomeo (817-346-8931).

—Staff Report

MAG-41 TRAINING continued from page 9

"This is one of the largest reservist exercises to support the grunts (Infantry Marines)," said Lance Cpl. Daniel R. Hardesty, a 27-year-old power line mechanic with Marine Fighter Attack Squadron 112, MAG-41, from Wichita Falls.

MAG-41 Marines provided aviation support to members of the 4th Marine Division and the 4th Marine Logistics Group. Col. Kevin Iiams, the commanding officer of MAG-41, commanded the air combat element during the exercise.

Javelin Thrust combined elements of the infantry, air wing and logistics group to support a Marine Air-Ground Task Force. A MAGTF is a combined task organization with a single command, designed to accomplish a specific mission.

Marines with MAG-41 learned to function as an ACE, supporting a larger

function and mission.

"We are responsible for transporting passengers to where they are going, and during the exercise, we supported a mission just like we would if we were deployed," said Sgt. Esteban Juarez, a 25-year-old loadmaster with VMGR-234 from Ennis, Texas.

MAG-41 Marines left Fort Worth July 17 on several KC-130T aircraft flown by VMGR-234. VMGR-234 also took part in training during Javelin Thrust and helped support the expeditionary capabilities of MAG-41.

A number of MAG-41 Marines haven't worked with all of their subordinate squadrons together in an exercise such as this one, because of geographical locations separating the units.

Marine Corps officials say that this exercise could set the tone for future missions of the 4th Marine Aircraft Wing and ultimately MAG-41 in upcoming training and operations.



Fort Worth, Texas



Get comfortable®

86 Suites

Studio Suite • 1 & 2 Bedroom Suites

Breakfast

Complimentary Daily Breakfast Buffet

Sundowner Reception

Complimentary Food, Beer & Wine, TWTH

Stay Connected

Complimentary Hard Wired & Wireless Internet • Large Business Center

229 Clifford Center Drive • Fort Worth, TX 76108
817.935.6500 • staybridge.com/fortworthtx

Hotel Operated By: THE OLDHAM GOODWIN GROUP LLC

Military Clothing Can be Made to Order

BY LTC THOMAS SHRADER, AAFES

Got long legs? Or a barrel chest? Or big guns for arms? Having trouble finding an off-the-shelf uniform to fit your body type? Military Clothing Sales Stores, which have now been rebranded as simply Military Clothing (MC), says "No problem!"

Through an agreement with the Defense Logistics Agency (DLA), MC can special order any uniform to troop's exact measurements.

"The way the 'Special Measurements' program works is a lot like visiting a tailor shop," explained Tech. Sgt. Larry McCoy, the Air

Force program manager for Military Clothing at the Army and Air Force Exchange Service(AAFES) HQ.

"An associate at the MC will take a series of measurements, depending on the item you are ordering, be it a jacket or pants or boots," McCoy said.

The measurements are then sent off to DLA for production. Typical lead times are six to eight weeks. When the item is complete, it will be available for pick up at the store where you ordered it. Prices are the same for both Special Measurement and off-the-shelf uniforms.

McCoy uses the Special Measurements program himself and encourages other Airmen, Sailors, Soldiers and Corpmen to do the same.

Need A Rental?

Fort Worth 2933 Alta Mere

817 377-8847

Reference customer # FGBASE.



We'll pick you up.

Pick-up is subject to geographic and other restrictions. ©2010 Enterprise Rent-A-Car Company B00680 08/10 JM

Sailors, Get Ready!

Shift to

NAVY WINTER UNIFORM

begins at 0001 on Nov. 7.

Ref: COMNAVREG SE Jacksonville message dated 291448Z AUG 11.

"Because I am muscular, I have broad shoulders, big arms and chest. The standard size uniforms feels constricting when I try them on, so I usually have to custom-order a uniform that fits me just right. Along with being a coordinator of the program, I am also a very satis-

fied customer."

Another key point to remember is that all items sold at the MC meet the service standards for things such as IR [infrared] or other specifications. You might not get that guarantee if you buy something off post," McCoy said.

Buy One, Get One

1/2 OFF

on All Eyeglasses

for You, a Friend or Family Member*



Limited Time Offer!

*50% off 2nd pair must be of equal or lesser value as the first pair purchased. Purchase of two complete pairs of eyeglasses required. Second pair must be purchased with the first pair and at the same date and time. Cannot be combined with any other discount, coupon or insurance plan. All eyeglasses require a current, valid prescription. Offer expires 10/29/11. ©2011 National Vision, Inc.

Fort Worth Exchange
817-738-3101



Eye Exams Available by:

Dr. Bert Buie

Independent Doctor of Optometry

(817) 570-0545

TRICARE accepted.
Appointments are available.
Walk-ins are welcome.

BUY CONTACT LENSES ONLINE AT **www.MILITARYCONTACTS.net**

Planning for the Future

How Ancillary Documents Can Help

BY MAREN A. SHEPPARD, LTJG, JAGC, USN

One of the biggest services provided by military legal offices is estate planning.

Getting a last will and testament done in preparation for deployment can be just as standard a necessity as getting immunizations.

In the course of completing a legal readiness checklist, many members also get a power of attorney. This document is generally good for only one year or the length of the deployment, whichever is longer.

However, you should also be aware that a legal assistance office also provides powers of attorney that, like a last will and testament, last indefinitely.

This means as long as you do

not revoke the document it can be effective for the rest of your life and long past one's period of service.

Additionally, individuals can obtain a living will, also known as an advance medical or healthcare directive, which never expires.

Whether staying in for the long haul or moving on to the civilian world in the near future, make sure to take advantage of the estate planning services offered by the local Naval Legal Service Office.

Any servicemember, retired servicemember or their spouse, can meet with a lawyer and discuss what type of last will and testament, durable healthcare power of attorney, durable general power of attorney, and living will, is appropriate.

The service is, of course, free and people with simple estates could potentially leave an appointment with all four documents in hand.

Compared with the alternative of going to a civilian estate planning attorney who may charge thousands of dollars for several hours of work, this is a great opportunity.

DURABLE POWERS OF ATTORNEY

A power of attorney is essentially a document appointing a person to act on your behalf as an "agent" if for some reason you cannot make your own decisions. Powers of attorney which expire after a certain time, such as those prepared before a deployment, are useful when someone is needed to take care of your affairs.

"Durable" powers of attorney are a bit different in that they take effect when one is mentally incapacitated or are prepared in such a way as to remain in full force and effect should one become disabled at some point in the future.

"Incapacitation" under these circumstances means that something has happened, such as an accident or illness, which has made an individual unable to make decisions. Examples include things like lapsing into a coma, being declared by a court to be mentally incompetent or going under anesthesia during surgery.

In some states the power of attorney can be made to, in effect, become dormant after one recovers; the agent's power to act is basically turned off because one can make their own decisions again.

The two standard durable powers of attorney offered are the durable power of attorney for healthcare and the springing durable general power of attorney.

DURABLE POWER OF ATTORNEY FOR HEALTHCARE

As its name suggests, a durable power of attorney for healthcare authorizes an agent to make medical decisions. The person named as a healthcare agent de-

cides who provides treatment – doctors, nurses, therapists and the like – where one is treated – hospitals, nursing facilities, etc. – and the type of treatment to be received – diagnostic testing, treatments or surgery. This document gives the agent full access to your medical records and history.

The agent will have complete authority to fully participate with the treating physicians and sign any waivers or consent forms that may be needed.

Another benefit of the durable power of attorney for healthcare is to provide guidance to a court that is considering who should act as the conservator or guardian of the person. By obtaining a durable power of attorney for healthcare while one is alive and well, any judge that could be called upon to name someone to care for an individual would have clear guidance of their wishes.

SPRINGING DURABLE GENERAL POWER OF ATTORNEY

Whereas the durable power of attorney for healthcare is used for making medical decisions, a springing durable general power of attorney is used to make financial decisions. This document allows a trusted friend or loved one to make sure one's affairs are taken care of in the event of disability.

Like the durable power of attorney for healthcare, springing durable general powers of attorney only come into effect when one is incapacitated and are only good during the period of disability. Like any other general power of attorney, a durable general power of attorney is a very powerful document so it is important to give it to a spouse, family member or someone else that can be trusted completely.

General powers of attorney provide a long list of powers granted to an agent that allows them in essence to do anything on your behalf. This document would allow an agent, among other things, full access to bank accounts so bills can be paid, the authority to deal with

credit card companies, the power to deal with tax authorities to make the taxes get done, the power to hire other agents (like CPAs or lawyers) and so on. Having a general power of attorney ready in case something does happen can be very helpful. Any period of incapacitation is of course very stressful on family and a power of attorney can lessen the difficulty of dealing with certain agencies thereby preventing unnecessary strain during a difficult time.

LIVING WILLS

A living will is not actually part of a last will and testament. Rather, it is a separate writing that documents one's wishes concerning a natural death.

Specifically, a living will states that if an individual is in a permanent vegetative state (permanently brain dead) or has an incurable terminal condition resulting in death within a relatively short period of time, and one's wishes cannot be communicated, then artificial life support is to be terminated. This means that procedures and treatments such as surgery, respiratory support, and artificial nutrition will not be given and the patient will be allowed to die a natural death.

Without this document, it may be necessary for the patient's family to go to court and have a judge decide if it is appropriate to remove the patient from life support. In rare circumstances, this might even be true if the patient has a durable power of attorney appointing a family member as a healthcare agent. Therefore, if one is sure about their decision now, a living will can speak for the patient down the road when one can no longer speak for themselves.

Getting ancillary documents along with a last will and testament is very easy to do and can save a client and their family a lot of frustration.

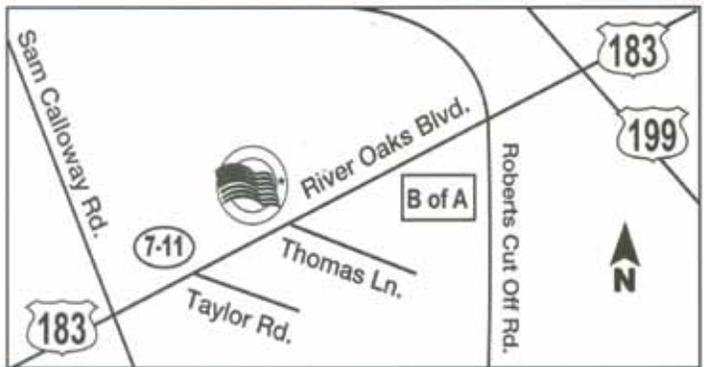
Naval Legal Assistance Attorneys are here for your family's estate planning needs, whether one is deploying or just getting squared away.

1st American Storage



Richard & Cindi Kinman
Managers

5700 River Oaks Blvd. • River Oaks, TX 76114
Ph. 817-738-3123 • Fax 626-316-1514
www.1stAmericanStorage.com



REFER A FRIEND! Receive 20% OFF your next month's rent for anyone you refer that rents with us!

NHRA comes to NAS Fort Worth JRB

Two race car drivers in town for the 2011 National Hot Rod Association's Full Throttle Drag Racing Series will be aboard NAS Fort Worth JRB on Sept. 22 to display their cars as well as meet with base personnel.

NHRA Top Fuel driver Terry McMillen and Full Throttle Drag Racing Funny Car driver Cruz Pedregon will be positioning their cars in front of the Base Exchange

from 8 a.m. to noon.

Drivers and crew will be available beginning at 10:30 a.m. to answer questions, sign autographs and promote the NHRA event.

Visit the 301st Fighter Wing Facebook page at www.facebook.com/pages/301st-Fighter-Wing/275300504707 for details.

— Staff Report

CLASSIFIED AD

WINE TASTING

Are you looking for a job to earn extra spending money? Join our team and conduct wine tastings at NAS Ft Worth. For information, contact us at info@c2mil.com

4th Annual Northwest Bass Fishing Tournament



WHEN: SATURDAY, OCTOBER 8TH, 2011

WHERE: WEST BAY MARINA AT EAGLE MOUNTAIN LAKE

TIME: SAFE LIGHT (6AM)



ENTRY FEE: \$160.00 PER 2-MAN TEAM

**INCLUDES BIG BASS POOL AND DOCK FEES
PRIZE PACK GIVE AWAY • PITCHIN' CONTEST
★ FREE BEER AND FOOD AT WEIGH-IN ★**

\$1000 GUARANTEED 1ST PLACE

BIG BASS SPONSOR



REGISTER AND PAY ONLINE:

WWW.NWTCC.ORG CLICK EVENTS

Hosted by the Northwest Tarrant Chamber of Commerce

MARCEL



DENTAL & ANESTHESIA SERVICES

DR. MARCEL PROVIDES GENERAL DENTISTRY, IMPLANTS, DENTURES AND SEDATION DENTISTRY OPTIONS

IMPLANT PACKAGES 40% CHEAPER THAN OTHER OFFICES

- MULTIPLE DENTURE PACKAGES OFFERED: includes implant, attachment, sedation, extraction and denture
- Single Tooth Implant Package

20% MILITARY DISCOUNTS FOR ALL DENTAL CARE

MILITARY DENTAL EXAMS FOR ALL GUARD AND RESERVE MEMBERS

www.marceldas.com

6100 Camp Bowie Ste 22 Fort Worth, TX 76116

NEXT TO YOUR UNIFORM, YOUR SMILE IS THE MOST IMPORTANT THING YOU WEAR EVERYDAY!

WE APPRECIATE YOUR FUTURE BUSINESS, LTCOL MARCEL, 136 TXANG

Tired of HIGH Gas Prices\$?

FIND CARPOOLING FRIENDS AT TRYPARKINGIT.COM

LOWER YOUR COMMUTE COSTS & REDUCE STRESS!



tryparkingit.com

Creating an account is easy, just go to www.tryparkingit.com and enter "NAS Fort Worth Joint Reserve Base" as your employer to find fellow commuters.

FOR QUESTIONS, CALL 817-782-7609.



Outstanding Civilian Employers Honored at Fort Worth ESGR Event

FROM NAVY OPERATIONAL SUPPORT CENTER FORT WORTH PUBLIC AFFAIRS

The Dallas/Fort Worth Employer Support for the Guard and Reserve (ESGR) hosted civilian employers for an appreciation event aboard Naval Air Station (NAS) Fort Worth Joint Reserve Base (JRB) July 14.

Local employers of Reserve personnel assigned to units at Navy Operational Support Center (NOSC) Fort Worth and other tenant commands at NAS Fort Worth JRB were nominated by their employees to be recognized for outstanding support of Reserve personnel.

The event gave the honored

guests insight into what their Reserve employees experience while on military duty through tours and exhibits focused on each participating command's mission and supporting capabilities.

"We want our Reservist employers to know they are an integral part of this nation's defense," said Gary Owen, Texas ESGR program support manager. "Reservists cannot fulfill their military duties without their employers' support. This event is one way to show them our appreciation and strengthen our relationship."

The employers visited the base air traffic control tower in the morning. There they met the air

traffic controllers and witnessed two F-16 Fighting Falcon landings.

"It was amazing to watch the flight line from the tower and see the F-16s land," said April Starr, administration coordinator for Medical Center McKinney.

After lunch at the base galley, the employers visited the C-130 Hercules logistics aircraft simulator where they were able to test simulator training programs first hand. They then toured the C-9 Skytrain and C-130 Hercules cargo aircraft at the Aircrewman Logistics Training Center where they viewed a demonstration of the cargo loading process.

continued on page 18

SIMULATED DRILLS

continued from page 6

solution.

"Our goal was to assist the fire department in setting up and processing folks for decontamination," Guajardo said. "We have to demonstrate we have the capability to respond to any situation and continue our mission."

Once patients were decontaminated on base, they boarded a bus to the hospital where the JPS staff took over to further decontaminate victims and assess injuries.

"It's very possible that an event like this could actually happen," Pettus said. "This exercise can lessen the psychological impact of a real event."

Both Guajardo and Pettus agreed that exercising with their Navy and civilian counterparts is important.

"If we have any type of incident, whether on base or off, this shows we can get together and decontaminate people," Guajardo said.



PHOTO BY LT. COL. DAVID KURLE

Senior Airman Lindy Gordineer, left, and Senior Airman Christopher Arndt upack and prepare to set up a decontamination tent during an emergency-response exercise Aug. 10 aboard NAS Fort Worth JRB. Both are Air Force Reservists assigned to the 301st Civil Engineer Squadron's emergency management section.

Never Forget

The Chief Petty Officer Selectees for 2012 will host a flag retirement ceremony aboard NAS Fort Worth JRB to observe the 10th anniversary of the Sept. 11, 2001 terrorist attacks.

"Please join us in a Flag Retirement Ceremony to honor those who lost their lives on that fateful day and those who have paid the ultimate sacrifice to protect our Freedom," reads a flyer created by the group.

Because Sept. 11 falls on a Sunday this year, the Chief Selectees opted to commemorate the anniversary on Friday, Sept. 9.

The flag retirement service will commence at Morning Colors (8 a.m.) in the NAS Fort Worth JRB courtyard, across from Navy Headquarters, Bldg. 1510.

— Staff Report

Church Services

Regularly scheduled church services at the Robert P. Taylor Chapel, Bldg. 1838, are as follows:

CATHOLIC SCHEDULE

Sunday
.....8:15 a.m.: Confession
.....9 a.m.: Roman Catholic Mass
Mondays

.....11:45 a.m.: Mass
Tuesdays
.....10 a.m.: Rosary of Our Lady of Fatima
.....11:45 a.m.: Mass
First Friday of each month
.....11:45 a.m.: Mass

PROTESTANT SCHEDULE

Sunday
.....9:15 a.m.: Sunday school
.....10:30 a.m.: Church service
Tuesday
.....10:30 a.m.: Women's Bible study
Wednesday
.....Noon: Bible study

MWR/TEXADILLA

continued from page 8

FITNESS CENTER

1810 Tuskegee Airmen Drive
817-782-7770

Hours: Monday-Thursday, 5 a.m. to 10 p.m.; Friday and Saturday, 5 a.m. to 8 p.m.; Sunday, 7 a.m. to 5 p.m.

New: The Fitness Center has added a new certified personal trainer free to active duty personnel. Non-active duty \$20/month for 2 days per week. To schedule an appointment with personal trainer, Vicky, call the Fitness Center. Derek is also available for personal training.

New: The Fitness Center is now offering KICK WITH IT (Cardio Kickboxing) classes available on Tuesdays and Thursday, from 8 to 9 a.m.

Ongoing: step aerobics, pilates, yoga, spin, zumba, pump-it-up, adult/children karate and personal training. Check center for days and times.

More Classes: Spin class offered Tuesday and Thursday, 6:30 to 7:30 a.m.; Weekend yoga is from 10:45 to 11:30 a.m. on Saturdays.

Sept. 9: Tug of War competition scheduled by the Marina at 11 a.m. Ten-member team cost, \$10. First- and Second-place trophies awards. T-shirts for all entrants. Register by Sept. 7 at the Fitness Center.

AQUATICS CENTER

3319 Hensley Ave., 817-782-1220

Hours: Monday-Saturday, 6 a.m. to 7 p.m.; Sunday, 7 a.m. to 4 p.m. and holidays 10 a.m. to 2 p.m. Active Duty and Reserves only: Monday-Saturday from 6 to 8 a.m.

Ongoing: Water Aerobics on Tuesdays and Thursdays, \$1 per person. Classes are at 1 p.m. and 2:30 p.m.

Baby & Me Water Awareness Class: For children 6 months to 4 years, one child per adult. For details, call the Aquatics Center.

Sept. 16: Hawaiian Luau from 6:30 to 8 p.m. for \$6; free for ages 4 and under. Enjoy food, swimming and dancing.

**Full schedule of classes posted at the center.

OUTDOOR REC & BOAT RENTALS

Bldg. 3326 (by the ball fields) 817-822-8952

Of note: Ski Boats are not available for rental because of lake conditions.

Bike Rentals: Check out the new bicycles and helmets, available for rental at Auto Hobby/Outdoor, 1145 Hercules Drive. Rentals are available Thursday through Tuesday (no Wednesday rentals).

CHILD YOUTH PROGRAM (CDC)

3320 Sesame St. Drive
817-782-7520

Oct. 28: Children's Halloween party and hayride. For details, call Anita at 817-782-7520.

Oct. 28: 5K Pumpkin Fun Run at 11 a.m.
Dec. 9-10: Family Holiday Festival. Details to come.

ESGR

continued from page 17

Later at NOSC Fort Worth, NOSC personnel conducted demonstrations at exhibits covering an array of topics including damage control, military law enforcement, honor guard and body armor. In addition, Navy Recruiters explained the recruiting process and fleet and family support shared information.

Guests fired Beam Hit target training 9mm pistols, M16 rifles and 12 gauge shotguns in a weapons simulation exercise, which many considered to be the highlight of the day. Afterward they sampled a variety of "MREs," or Meals Ready to Eat, field rations.

"Seeing the uniforms and equipment that our Reservists use daily gave me a whole different perspective for the demands on our military," said Mike Fields from Lumenate Consulting. "Knowing that our colleague can be called up at any time with only a two-week notice is a sacrifice for the company, but we see how it's a much greater sacrifice for him."

As the tour concluded, each

employer received an employee appreciation veteran certificate.

"I have a new appreciation, not only for my Reserve employees, but for all service members. This event was very enlightening," said Cindy Brown, Denton County treasurer.

Chief Navy Counselor (AW) John B. Stokes, ESGR ombudsman for NOSC Fort Worth, said he looks forward to hosting this event again next year.

"Our goal is to increase employer participation next year," Stokes said. "It's important for Reservists to nominate their employers who display outstanding support of the Reserve forces so they can participate in future events."

ESGR is a Department of Defense liaison agency whose mission is to provide information and consulting for both employers and service members to ensure a strong partnership. For more information about ESGR, go to <http://www.esgr.mil>.

For more news from Navy Operational Support Center Fort Worth, visit www.navy.mil/local/noscfw/.

ENERGY

continued from page 1

for the affected buildings and a 9 percent base-wide energy reduction.

"This type of alternatively financed energy project has proven to be a great deal for NAS Fort Worth JRB," said Public Works Officer Lt. Cmdr. Keith Miertschin. "Not only do we receive the guaranteed energy savings, but the installation also has benefited from replacing numerous inefficient HVAC units and lighting systems that have operated well beyond their economic life."

Projects under this ESPC include HVAC upgrades and controls, energy efficient lighting upgrades, power factor correction as well as renewable energy.

"An ESPC is a very powerful alternative financing tool that we [Navy] have in our funding arsenal," said Naval Facilities Engineering Command (NAVFAC) Southeast ESPC Facilitator Kevin Smith. "When planned and executed properly, we are able to shift the burden of performance and risk to the Energy Service Company (ESCO). They are contracted for opera-

tions and maintenance, and to guarantee and verify the energy savings they have implemented."

Twenty-two buildings were identified to receive HVAC energy saving control strategies which include night setbacks, supply air temperature resets, hot water supply temperature reset, chilled water supply temperature reset, and occupancy based temperature control in barracks. Five existing air cooled chillers were replaced while others were recommissioned and new controls added for equipment in good condition.

Twenty-seven buildings were identified for economically attractive lighting upgrades and retrofits. These modifications will improve light quality and reduce maintenance costs. This included replacing taxiway lighting with light emitting diode (LED) technology.

A 10-kW DC photovoltaic (PV) array was installed at the base library parking area. The PV array will provide electricity from a renewable resource and offset current electric consumption and peak demand. The array has a direct connection to the grid such that no

batteries are required for energy storage.

The main substation was fitted with an automatically controlled capacitor bank which will compensate for the existing inductive loads that have caused the power factor to fall below the minimum allowable as set by the electrical utility company. Raising the power factor above the minimum allowable will result in penalty cost avoidance in the monthly electric bill. DoD has mandated electric and natural gas consumption be reduced at least 30 percent by 2015. In addition, Executive Order 13514, signed in 2009, intensifies the energy savings requirements even more.

"ESPCs help to meet the federal government's goals on energy efficiency and water conservation," Smith said. "The federal government is the largest single user of energy in the United States and these awards demonstrate a commitment to sound government stewardship by recognizing efforts to save energy and reduce federal energy costs."

EAST GATE

continued from page 1

Gate will remain open during a majority of the construction work.

"We are working with the contractor for the project to maximize the availability of the gate while it's under construction, and are hoping to be able to have at least one lane open in the mornings for entry and one lane open in the afternoons for exit for the

duration of the project," Wallace said. "There will be times when the contractor will have to have the entire gate shut down to facilitate construction, but we will work to minimize that and ensure that the base receives as much advanced notice as possible."

By Late December, commuters should see construction finished, and electronic testing and debugging is estimated to be complete in Late January, Zisko noted.

CLASSIFIED AD**FAMILY HUNTING**

\$300.00, 3 DAY HUNT

FATHER MOTHER CHILDREN UNDER 16

MUST BRING A CHILD

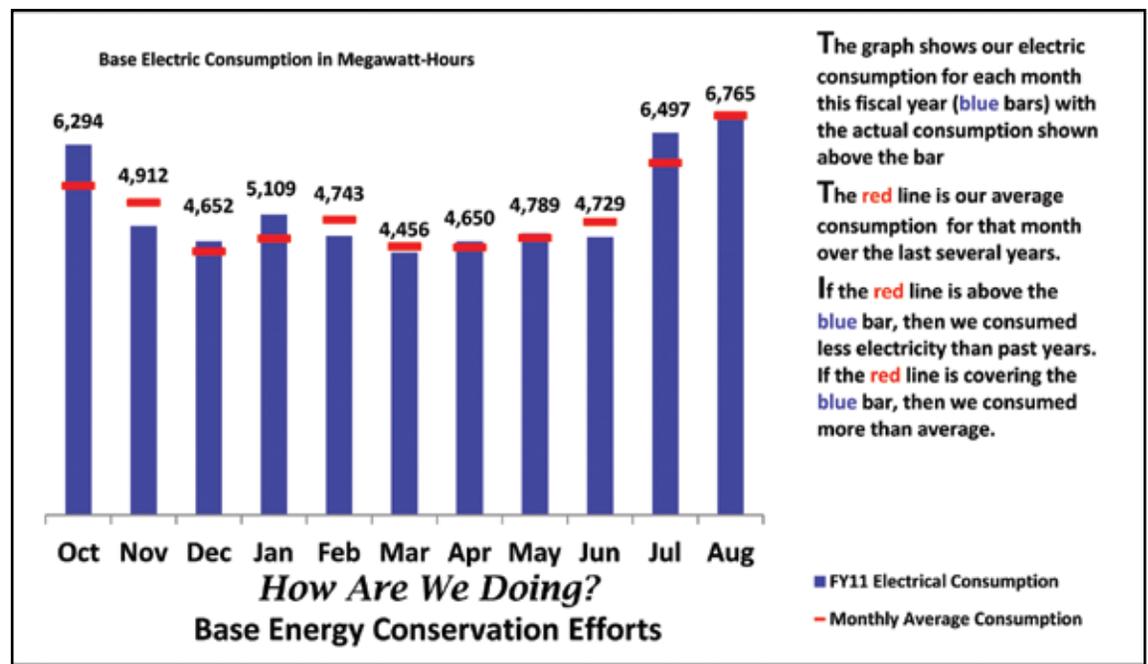
HOGS ONLY FIVE PER FAMILY; MUST TAKE THE MEAT

WE FURNISH FULL KITCHEN, 2 BEDROOMS AND 2 BATH TRAILER WITH

AC & HEATING. CLEAN COWBOY BUNK HOUSE

Location Graham, Texas 7 miles from Possum Kingdom Lake

CALL SID 817-269-7808



Volunteers Needed for Hospice Patients



VITAS Innovative Hospice Care of Fort Worth is seeking active duty, Guard and Reserve military service members to volunteer a little time to honor former military members who are hospice patients, nursing home and assisted living residents.

The program combines VITAS staff and a uniformed service member or two to make personal visits to military veterans who are now Hospice patients or nursing home or assisted living residents.

During the visit, veterans are honored with a certificate

and flag lapel pin in appreciation for their prior service.

"VITAS is a derivative of the Latin word vita, and means to focus on the goals and life left in a person, and not focus exclusively on the death," according to VITAS Volunteer Coordinator Kathy Campbell.

Volunteers from Naval Air Station Fort Worth Joint Reserve Base visit with veterans all over Tarrant and surrounding counties.

Often, veterans who are visited feel they have been forgotten, Campbell said. Previous events have been very successful, she added, so VITAS has been providing quarterly visits with the help of military members

volunteering a few hours.

Consider this as an opportunity to say "thanks" to those former military who sacrificed and served the country, Campbell said.

"All military members are encouraged to consider volunteering," she said. "The visits are personal, so many military volunteers in uniform are needed."

The next scheduled event is Friday, Nov. 11, Veterans Day.

Volunteers meet at the VITAS office near downtown Fort Worth to team up with a visit team. Volunteers are needed from 1 to 5 p.m.

For details, call 817-870-7117.

—Staff Report



PHOTO BY SGT. CHRIS T. MANN

Col. Kevin M. Iiams, right, passes the MAG-41 guidon to Col. Adam P. Holmes during a change of command ceremony aboard NAS Fort Worth JRB on Aug. 20.

MAG 41 COMMAND continued from page 5

left Marines and family members with a motivational quote from the motion picture "Patton" before taking his seat.

Next, Holmes took the microphone and spoke to guests and family members, and finally addressed his new Marines for the first time as the command-

ing officer.

"I continually think about our three unique flags flying here at the MAG," said Holmes, referring to the Texas flag, the United States flag and the Marine Corps flag. "We will be ready to move rapidly across the globe, and we will continue to support the values of the Marine Corps."

MARRIAGE MANAGEMENT CONSULTANTS, INC. SINCE 1982
MILITARY MARRIAGE ENRICHMENT
Serving the Families of those who Serve our Country



MARRIAGE & RELATIONSHIP ENRICHMENT WORKSHOP

- Presented by a veteran married couple
- No cost for Military
- Safe, relaxed, fun atmosphere
- A chance to reconnect with your spouse or loved one
- Develop better relationship and resiliency skills
- Tips on communication styles, conflicts, staying in love

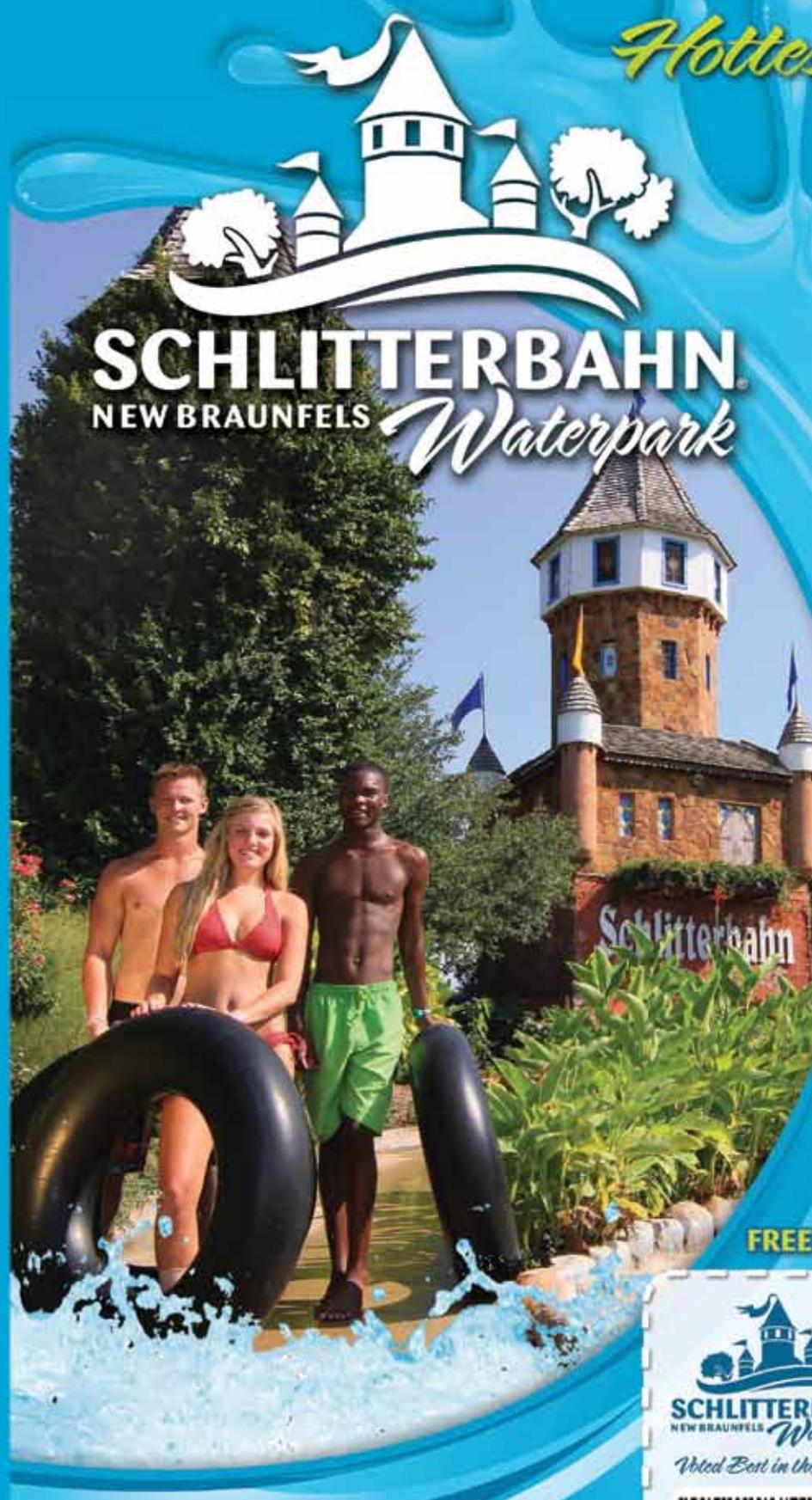
Free Program, Childcare, Lunch and Refreshments

Saturday Sept. 24, 2011 0900-1700
NAS-JRB

Robert Taylor Chapel Fellowship Room
1838 Desert Storm Rd. Fort Worth, TX 76127

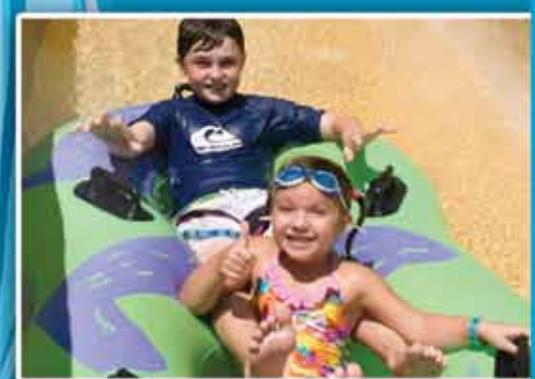
REGISTRATION REQUIRED
Register online at: www.marriagemanagement.org
Or call Marriage Management: 903-874-0077
Childcare Registration: Contact CDC directly

Military Marriage Enrichment provided by Marriage Management Inc. - a 501(c)(3) non-profit organization
www.marriagemanagement.org
Serving Those Who Serve Our Country



SCHLITTERBAHN
 NEW BRAUNFELS *Waterpark*

Hottest, Coolest Time
in TEXAS



FREE PARKING | PICNICS WELCOME

830.625.2351
schlitterbahn.com



SCHLITTERBAHN
 NEW BRAUNFELS *Waterpark*

Voted Best in the World!



200000074

SAVE up to \$12!

Save \$2 per person! Present this coupon prior to purchase at any New Braunfels ticket window Sunday through Friday in June, July or August or any operating day in May or September and SAVE \$2 each on up to 6 full-price, all-day tickets.

Not valid Saturdays in June, July or August or with any other offer, discount, special price, prepaid, afternoon, group, two-day or season tickets. Tickets must be purchased at Schlitterbahn and used the same day. Coupon has no cash value and is not for resale. Prices, operating schedule and attractions subject to change without notice.

Coupon expires at the end of the 2011 summer season.