

SKY RANGER



NAS Fort Worth JRB, Texas

Vol. 69, Issue 1

THE NAVY TARGETS

SPICE



The MCPON, your C.O. and fellow Sailors weigh in.



BY RUSTY BAKER

Designer drugs containing synthetic THC, the hallucinogenic chemical in marijuana, have seen an increase by service members in the last two years. Known as "Spice," "K2," and "Blaze," as well as the synthetic stimulants commonly called "bath salts" or "plant food," these products have been prohibited by the Navy

Drugs aren't worth it. Families and careers have been destroyed due to these kinds of substances, and it's just not worth it.

— AC2(AW) CYNTHIA GREENIDGE – AIR TRAFFIC CONTROL/ OPERATIONS

since 2005. Now the legal grip on users and dealers is tightening due to changes in the federal law.

The U.S. Drug Enforcement Administration (DEA) recently banned

five synthetic cannabinoids by placing them in the same category as heroin and marijuana. Citing the order necessary to avoid an imminent hazard to public safety, the DEA has now rendered the manufacture, dis-

Our Navy is built primarily on trust and our core values of honor, courage and commitment. These fundamental principles are the building blocks which make our Navy the best in the world due to our personnel. Drug usage, synthetic or otherwise, is not tolerated, period. I have a difficult time understanding how the incredibly poor decision to use drugs is made. You risk all that you are, and all that you have worked for. Our Navy is a team, the best on the planet. If you are hurting, or are in need, please seek help or support from a teammate. Don't risk your Navy service, your honor, our trust and so much more. Believe me, you will eventually get caught; the risk is definitely not worth the short lived 'reward.'

— CAPT. ROBERT A. BENNETT – NAS FORT WORTH JRB COMMANDING OFFICER

tribution, possession, importation and exportation of these synthetic cannabinoids punishable by criminal, civil and administrative penalties.

In FY 2011, nearly 400 Sailors were processed for separation because they made a choice to use synthetic cannabinoids. Navy officials from the U.S. 3rd Fleet recently an-

nounced that 64 Sailors from three separate commands have been caught illegally using or distributing the designer drug known as Spice. Several have received non-judicial punishment and/or are being processed for separation in accordance with the Navy's zero tolerance policy. Other identified Sailors remain subject to appropriate disciplinary action and administrative processing.

Spice and similar synthetic drugs has found their way in areas near NAS Fort Worth JRB. Two service members stationed here have already been processed for separation and others are pending legal action. Local officials in conjunction with DoD and Naval Criminal Investigative Service (NCIS), continue to aggressively investigate the use of synthetic drugs on board and around the installation, and hold those in violation accountable.

The DEA states that they have received an increasing number of reports from poison control centers, hospitals and law enforcement organizations citing examples of individuals using synthetic THC and experiencing serious side effects such

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Ground to Perfection



A new coffee house brings quality roasts on base

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SKY RANGER

NAS Fort Worth JRB, Texas

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Fort Worth Joint Reserve Base, Texas

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www.facebook.com/NASFortWorthJRB

Get up-to-date information affecting the service members,
families, retirees and civilian employees on this installation.

The Sky Ranger is an authorized newspaper published on the second Thursday of every month for the installation's tenant commands, base military personnel, civilian employees and retirees of the Naval Air Station Fort Worth Joint Reserve Base, Texas.

The editorial content of this newspaper is prepared, edited and provided by the Public Affairs Office. News items, photos and event briefs must be submitted by noon on the last Wednesday of the month. The Public Affairs Office is in building 1510 (Chennault Ave.) News ideas and questions can be directed to the editor by calling (817) 782-7815 or faxed at 782-3293. All materials are subject to editing.

The Sky Ranger is an authorized publication for members of the military service. Its content does not necessarily reflect the official views of the U.S. Government, the Department of Defense, or the U.S. Navy, and does not imply endorsement thereof.

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A MESSAGE FROM THE INSTALLATION COMMANDER



BENNETT

The New Year is here, what are your rituals, what are your plans for the year, and self-reflections of need-change?

The New Year is typically a time to establish new resolutions; exercise more, eat better, laugh more, save more money, etc.

What I will ask of you is simple...strive to be a better person. Think about who you are, what you stand for, what qualities you hold dear. You can work



on personal, professional and spiritual goals. Work towards your degree, improve your proficiency and production at work, volunteer more time to your favorite charity...there are endless opportunities for self-improvement.

In order to sow the seeds of change and improvement, you must make a plan, discuss it with loved ones and friends who will help support your goal, establish your new habit pattern and then each and every day work towards achieving that goal. Goals are

not achieved by accident; they take time, effort, commitment, dedication and consistent and continuous work. This is good for us, because we have all of those qualities in spades.

Just like your parents always told you, "anything worth having takes work, and is hard to achieve." Do not try to 'eat the elephant' of change all at once. Take a methodical, practical and consistent approach and with the love and support of family and friends, you will succeed.

God Bless,
Skipper



CO's Suggestion Box

The last couple months of inputs yielded some interesting notes that were distributed to respective Dept Heads for consideration and action as required. But, there was one in particular that I wanted to personally address.

The individual noticed that we were failing to properly pay respect to our morning reveille and Colors announcements aboard the base. I whole-heartedly agree! When you hear the National Anthem, you should stop what you are doing and stand at attention until complete. Literally millions have sacrificed for generations for us and our families to enjoy the sweet liberty and freedom that America provides.

When I hear morning and evening Colors, I think of the 1.3 million men and women volunteers who paid the ultimate sacrifice for my family and I. I would think their sacrifice earns my attention and respect. I think of the men and women volunteers who suffered irrevocable, life-altering injuries on my family's behalf. The 1.5 million men and women who

sacrificed for us have earned our unwavering attention and respect. I also think of our selfless and courageous men and women who voluntarily serve our Nation and our global interests every day. They are our Nation's best and brightest who endure hardships to secure our American way of life and liberty.

Next time you hear our Nation Anthem, or Taps, picture one of these remarkable heroes that has, or is still serving our great Nation. They have undoubtedly earned your attention and respect, show it!



Update to East Gate Construction Plan

The East Gate will be closed for construction until January 30. During this period, the South/Highway 183 Gate will be open to INBOUND traffic from 5:30 a.m. to 3:00 p.m. each day.



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VR-59 Reenlistments on the Fast Track

PAUL DOWD, VR-59 ADMINISTRATION SUPERVISOR (NCC RET)

A one-of-a-kind reenlistment opportunity took place for seven Sailors from VR-59 on November 6 at Texas Motor Speedway in Fort Worth, Texas.

During pre-race ceremonies for the "AAA" Texas 500 NASCAR race at the Speedway, Cmdr. Scott Eargle, VR-59 Commanding Officer, gave a mass oath of reenlistment to Senior Chief Aviation Maintenance Administrationman Kelly Cobb, Senior Chief Aviation Electronics Technician Shawn Cox, Chief Aviation Electrician's Mate Paul Madewell, Personnel Specialist 1st Class Michelle Kirkwood, Air Crewman Mechanical 2nd Class

Robert Bernard, Air Crewman Mechanical 2nd Class William Jeblick, and Aviation Structural Mechanic 2nd Class Joshua DeGroat.

Prior to reading the oath, Eargle addressed the crowd of several thousand appreciative NASCAR fans in attendance.

"Today you are witnessing the reenlistment ceremony of these dedicated men and women of the United States Navy, whose combined service to their country total 136 years" said Eargle to thunderous applause, "today they are reenlisting for an additional 30 years of service to their country."

Each Sailor was then individually introduced by name and home town by the track an-

nouncer. When introduced, each stepped forward and waved in acknowledgment to the crowd.

Eargle administered the oath of reenlistment which was broadcast live around the Speedway via track audio and on jumbo video screens for all to witness.

After the ceremony, several of the Sailors had the opportunity to take photos of, and get up close and personal with country music star Trace Atkins, who provided a "Salute-to-the-Military" pre-race concert. Some Sailors were also able to personally meet and take photos with their favorite NASCAR driver during the driver introduc-

continued on page 14



PAUL DOWD, VR-59 ADMINISTRATION SUPERVISOR (NCC RET)

VR-59 Commanding Officer, Cmdr. Scott Eargle addresses spectators at Texas Motor Speedway prior to administering the Oath of Reenlistment to (from left to right) Aviation Structural Mechanic 2nd Class Joshua DeGroat, Air Crewman Mechanical 2nd Class William Jeblick, Air Crewman Mechanical 2nd Class Robert Bernard, Personnel Specialist 1st Class Michelle Kirkwood, Chief Aviation Electrician's Mate Paul Madewell, Senior Chief Aviation Electronics Technician Shawn Cox and Senior Chief Aviation Maintenance Administrationman Kelly Cobb on November 6.

DECEMBER BZ's

NAS FORT WORTH JRB AND FLEET READINESS COMMAND AVIATION SUPPORT DETACHMENT CONGRATULATES...

SAILORS OF THE YEAR

SAILOR OF THE YEAR: MA1 BRIAN SCHAAF
JUNIOR SAILOR: AC2 DANIEL LAUTENSCHLAGER
BLUE JACKET: MA3 JUSTIN ZEISE

SAILORS OF THE QUARTER

SAILOR OF THE QUARTER: AC1 KERRY MANNON
JUNIOR SAILOR: AC2 CORNELIOUS JONES
BLUE JACKET: MASN LUIS ROSAIRO

SENIOR CIVILIAN OF THE QUARTER:

ORA MILLIARD
JUNIOR CIVILIAN OF THE QUARTER: MICHAEL ANDERSON

HARD CHARGER AWARD

MA3 JUSTIN MARTIN

NAVY/MARINE CORPS COMMENDATION MEDAL:

ATC CHARLES BARNHART

NAVY/MARINE CORPS ACHIEVEMENT MEDAL:

PS2 KELLEY MCARTHUR
AZ2(AW) MONICA COOPER
AE3(AW) STEPHEN MAUGER
AT1(AW) GUADALUPE GARCIA
AT1 THOMAS RIDGEWAY
AD1(AW) DONALD CRAVER

AD1(AW) DANIEL NIKOLIC
AT2 ELIAS FELICIANO
AE3 DAVID SHEARER
AT3 KAI PHAN
AS3 SEONG HWANG

MILITARY OUTSTANDING VOLUNTEER SERVICE MEDAL:

LS2(AW) DOMINIQUE ROBERTS
FLEET READINESS COMMAND'S LETTERS OF COMMENDATION:
AM1(SW/AW) NICKOLAS DIXON
AE2(AW) JAMES VANDYKE
AE3(AW) STEPHEN MAUGER
LS1 ALYSHA JACKSON
LS2(SW) JUSTIN GREENE
LSSN LOU OPERANA
LSSN SACHET NAILS

FROCKINGS

ABH1 LEO C. PAISTE
ET1 ANTHONY A. REDOBLADO
AC2 ANGELA R. JONES
AC2 JOSHUA T. MATLOCK
AC2 KYLE R. POLLNOW
CS2 CODY L. CRITES
ET2 PHILLIP T. PARKER
RP2 SAVANNAH M. BROWN
MA2 ADRIAN R. ANDERSON
AC3 JACOB F. ATKINSON
AC3 CHAD B. BRADLEY
AC3 JOSHUA T. MATHENEY
AC3 JEREMY S. WALLACE
MA3 OMAR J. ALI
MA3 ZAYD O. MAHASNEH
MA3 JUSTIN S. MARTIN
MA3 JOSHUA D. MASON
MA3 LUIS F. ROSARIO
MA3 MARQUIE R. WILSON
RP3 DAVID S. NEIER

NOW HEAR THIS: Base Announcements

Work in Texas: Texas Workforce representatives will be at Fleet and Family Support Center from 10 a.m. to 3 p.m. on the following Tuesdays in January: 17, 24 and 31.

Texas VA representative will be at FFSC from 10 a.m. to 3 p.m. on the following Thursdays: January 19 and 26; February 2.

Transition Assistance Program, or TAP, is available at Fleet and Family Support Center from 8 a.m. to 4 p.m. from January 24 – 27 (four-day course).

The Following Life Skills Classes are presented by and available through the Fleet and Family Support Center. Call 817-782-5287 for details.

- Anger Management class on January 18 from 9:00 to 11:00 a.m.

- Exceptional Family Member Program training on January 25 from 10:00 a.m. to noon.

- Ten Steps to a Federal Job on January 31 from 10:00 to 11:00 a.m.

Solid Curtain 2012

Exercise "Solid Curtain – Citadel Shield 2012" is an anti-terrorism/force protection exercise that will be conducted on all Continental United States (CONUS) naval installations March 19 – 24.

Military personnel, civilian employees, retirees and family members should factor in additional time for getting through gates to conduct their business on Navy Region Southeast installations. Vehicle drivers and passengers should carry proper identification with them at all times. Please be patient and follow the

directions of security personnel.

Some customer service facilities may close for a short period during this exercise. We hope to have a list of those services in our February and March Sky Ranger.

Local commuters may also experience traffic delays on roadways leading to or in proximity to the installation. Area residents may also notice increased military activity associated with the exercise. Elevation of force protection conditions and increased security measures can be anticipated for the duration of the exercise.

Solid Curtain is an operational-level training event. Citadel Shield, conducted by Commander Navy Installations Command, provides advanced guidance for participants in individual filed-training exercises. Exercise scenarios range from low-key events, such as recognizing and countering base surveillance operations, to higher tempo and active simulated emergencies, such as small-boat attacks on waterfront bases and cyber attacks on installations. Solid Curtain – Citadel Shield is a regularly scheduled exercise and is not being conducted in response to any specific threat.

Galley Price Increases, Times Change

The Food Management Team has initiated a price increase effective January 1 at Moreland Dining Facility and to all facilities world-wide. The price increases for our patrons are as follows:

- Breakfast - \$2.45
- Lunch - \$4.55
- Dinner - \$4.55

Lunch hours for drill weekends have been extended to 11:00 a.m. to 1:00 p.m. on Saturdays and Sundays.

The Moreland Hall Dining Staff will continue to provide the highest quality and healthy meals with outstanding service at very reasonable price

daily to those whom dine within the facility.

AAFFS Facilities to be Closed for Annual Inventory

BXtra (Bldg. 1765B) will be closed Thursday, January 19.

Military Clothing Sales (Bldg. 1275) will be closed Friday, January 20.

Main Exchange (Bldg. 1880) will be closed Monday, January 23.

Voluntary Income Tax Assistants Wanted

Tax season will be here soon and we are eagerly looking for volunteers from any and all branches of service. No prior training or experience is required. Volunteers must have an approved request chit from their chain of command in order to participate. Training is scheduled from January 17 through 20 at the Navy Education Center from 8:00 a.m. to 4:00 p.m. Must volunteer at least 8 hours a week (two 4-hour shifts). For details call (817) 782-6010.

2012 ASYMCA Essay Contest: "My Military Hero"

The Armed Services YMCA (ASYMCA) is hosting an essay contest for children grades 1-12. Prizes are savings bonds. Please see the link below for more information and disseminate as appropriate. http://www.asymca.org/wp-content/uploads/2011/10/2012_Essay_Flyer_4.pdf

Have something to sell or trade? The Sky Ranger is now accepting personal ads from active duty, retired service members and NAS Fort Worth JRB employees who want to sell or trade something. Call the Public Affairs Office at 817-782-7815. All ads are subject to editing and are placed on a space-available basis.

Author of Fort Worth Military History Book to Appear at Base Library



"Every city has a story... Fort Worth has a legend," Congresswoman Kay Granger.*

Although the city of Fort Worth is popularly known as "Cowtown" for its iconic cattle drives and stockyards, it is the soldiers, pilots and military installations that have been just as important—and more enduring—in Fort Worth's legacy.

J'Nell L. Pate, award-winning historian covers the military history of Fort Worth from the 1840s with tiny Bird's Fort to the tremendous impact of the two World Wars and the massive defensive plants of the first decade of the twenty-first century in her recent book, *Arsenal of Defense: Fort Worth's Military Legacy*.

The book chronicles the city's deep roots of military traditions to include its unlikely emergence as a bastion of national defense from the beginnings of flight through its support in staving off international conflicts during the Cold War. The native Texan author provides the reader an uncomplicated journey in the closure of Carswell Air Force Base and two state senators' last-ditch efforts to keep the military in Fort



J'Nell L. Pate, author of "Arsenal of Defense: Fort Worth's Military Legacy" will be at the base library on February 9 from 11:30 a.m.-1:30 p.m.

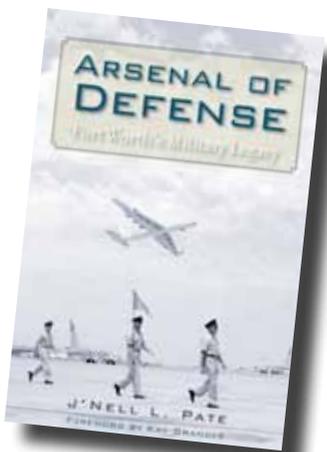
Worth with the proposal of the nation's first joint reserve base.

Pate's rather in-depth and update-to-date accounts of NAS Fort Worth JRB and its neighboring defense contractors, Lockheed Martin and nearby Bell Helicopter, provide testimony of the military's impact on Fort Worth's overall culture and economy.

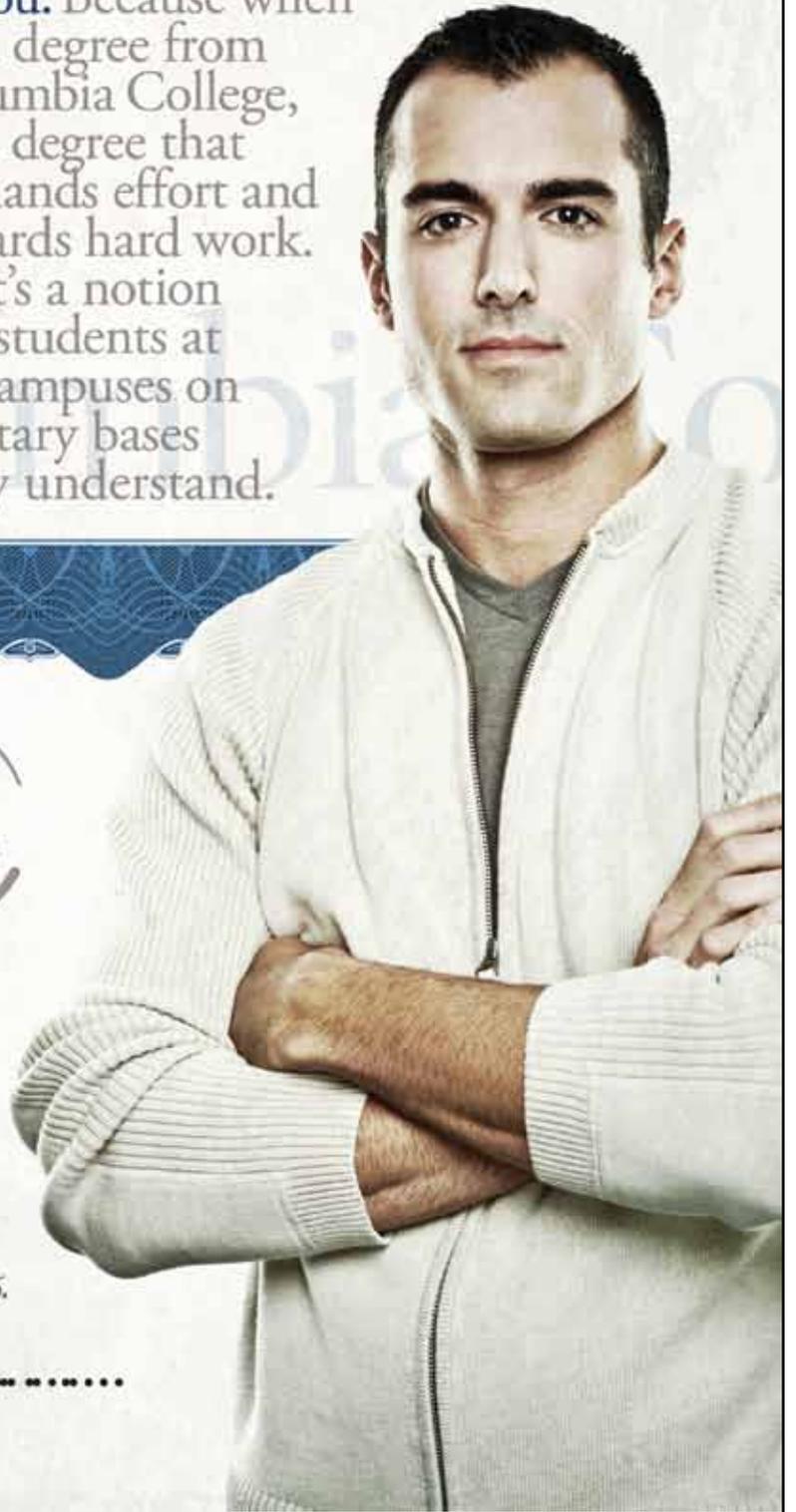
Pate will be on hand at the base library (1802 Doolittle Ave.) on February 9 from 11:30 a.m. to 1:30 p.m. for a book signing and discussion. Copies of the book at a reduced rate will be made available for purchase and autograph.

Pate has authored numerous historical accounts regarding North Texas, including *Livestock Legacy: The Fort Worth Stockyards, 1887-1987* and *North of the River: A Brief History of North Fort Worth*. She has written a column on western history for her hometown newspaper, *The Azle News*, each week since 1968. Pate is retired from Tarrant County College in Fort Worth, where she taught history and government.

* From Congresswoman Granger's foreword in *Arsenal of Defense: Fort Worth's Military Legacy*.



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Chapel and Sailors Rally to Build a Home

BY RUSTY BAKER

Congregation members of the NAS Fort Worth JRB Chapel, Sailors stationed on base, and local Key Club high school students joined together to help build a home through Trinity Habitat for Humanity on December 10.

Chapel members agreed to have the chapel serve as a build-a-

home sponsor after Trinity Habitat for Humanity Sponsor Relations Manager, Kaperta Johnson, met with the congregation during the November 27 Sunday service.

"It was a blessing to have Trinity Habitat for Humanity come share with us that Sunday morning, and a bigger blessing when they asked us to volunteer for an

immediate need," said Navy Chaplain Lt. Chris Grady.

Johnson spoke with the congregation about the future home of the Rojas-Solis family in Fort Worth that was due to break ground for construction in a week's time but still needed help to be built.

Chapel members came together to make a charitable contribution to the organization through their religious offering fund. Several members of the Catholic and Protestant congregations also volunteered to roll up their sleeves and help out with the construction.

"The number of volunteers needed to do the job was estimated at 26," said Grady. "We signed up but still needed more backs for the job."

Grady put in a call for help to commands on board the installation to lend a hand. The Navy answered the call with an additional dozen Sailors. Of those volunteers, Air Traffic Controller (AW) 2nd Class Petty Officer Charlene "Charlie" Stuetzgen, and five of her fellow Sailors from the Air Traffic Control work section, rallied with the congregation to raise the home.

The group arrived at the build site on day ten of construction. Their focus that day was the home's decking and roofing, as well as attaching hurricane joints to the framing structure. Trinity Habitat for Humanity's on-site construction personnel gave the Sailors and Chapel members a quick tutorial and safety brief for each task they would be working on that day.

"They gave us a few pointers



From the ground up. Sailors, Chapel goers and Key Club volunteers work together to help build the future home of the Rojas-Solis family.

on construction and showed us how to do it on our first run," said Stuetzgen. "We almost got the entire roof up, and we kept working on the Hurricane joints until we ran out of them."

The build site buzzed with activity the entire day. Volunteers shrugged off the chilly day with constant and sometimes strenuous work. Stuetzgen found herself on the roof for most of the day, driving nails in with a heavy roofing hammer.

"My arm was really sore afterwards," said Stuetzgen, "It's the first time I've ever done anything like that."

Stuetzgen has volunteered for other causes during her five years in the Navy, but working alongside her fellow Sailors, chapel goers, and even the future owner of the home, put the entire event into perspective for her.

"There are a lot of people in this world that don't have the luxuries that we take for granted," said Stuetzgen, "I helped the dream of

owning a home come true."

Other great stories of volunteerism flourished that day, to include Wally Mayou and his daughter Rachel Powell. Mayou, a 76-year-old retired Air Force member and Bell Helicopter Employee, wielded a hammer and drove nails all along the house and roof for the entire day as well.

"[Our volunteers] really reflected the generosity in all ages to help those in need, which I believe the base community demonstrates throughout the year," said Grady. "The Chapel just wants to be a part of the big-hearted contribution to our community and make opportunities for others to demonstrate their kindness as well."

The Chapel staff's long-term goal is to make volunteer efforts, like that with Trinity Habitat for Humanity, a formal part of the base's Navy Community Service Program.

"We hope to make more opportunities available this year for our men and women to display their heart of charity," said Grady.

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Bravo Zulu to the following volunteers:

AC1 Kathy Eubanks

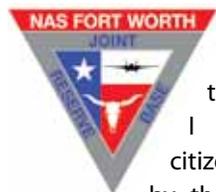
AC2 Charlene Stuetzgen
AC3 Daniel Hutcherson
ACAA Bryant Ingram
ACAN Jacob Reminder
ACAN Javon Byars
AO2 Robert Alvizo
Florencio Hernandez
Douglas Chavarria

Larry Brooks
Joe Gaddis
Belinda Allen
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Bob Hunt
Mariana Navarro
Amber Jamerson
Sherri Jamerson
Chaplain Lt. Chris Grady



BY MASTER OF ARMS CHIEF PETTY OFFICER (SW) JAIMI MITCHELL



As the Voting Assistance Officer I ensure that citizens covered by the Uniformed and Overseas Citizens

Absentee Voting Act understand their voting rights and how to register and vote absentee and provide accurate non-partisan voting information and

Voting Assistance Corner

assistance. The 2012 election cycle is approaching. During the 2012 election cycle, a number of important offices will be decided by voters, including:

- The offices of U.S. President and Vice President
- 33 seats in the U.S. Senate
- 435 seats in the U.S. House of Representatives
- Governorships in 11 States and 2 U.S. territories
- State and local offices
- Ballot questions and referenda

The Uniformed and Overseas Citizens Absentee Voting Act of 1986, or UOCAVA, requires

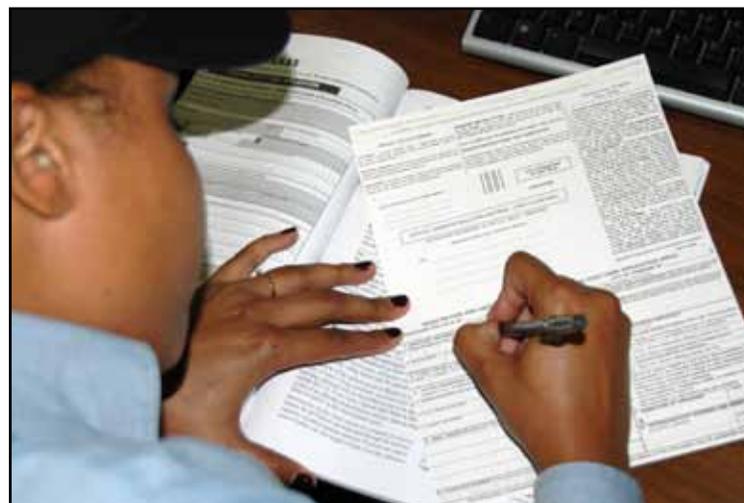
U.S. States and territories to allow certain U.S. citizens to apply to register and vote absentee in elections for Federal office. Citizens covered under UOCAVA include:

- Members of the Uniformed Services or Merchant Marine who are absent from their voting jurisdiction due to their service.
- Dependents of members of the Uniformed Services or Merchant Marine who are absent from their voting jurisdiction with the member.

U.S. citizens residing outside the United States and its territories.

In accordance with OP-NAVINST 1742.1B, it is a requirement that Federal Post Card Applications (SF-76) be delivered to all eligible voters by 15 January of every calendar year and I am providing the following guidance. This is the time to confirm that your Local Election Officials has your correct mailing address so that you can exercise your right to vote absentee ballot or register to vote if you have not already. The Federal Post Card Application (SF 76) is used for that purpose. The SF 76, a complete listing of addresses and how to fill out your forms can be found at www.fvap.gov. Alternatively, I have a hard copy of the list you may review and all hard copies of the forms. You can also get information about your states election website, your state voting guidelines, request ballots, register to vote and other voting information from the same website. Be smart, do your part and VOTE.

For more information contact your Command Voting Assistance Officer, or the Installation Voting Assistance Officer at (817) 782-7692 / 6068.



A Sailor takes a few moments to fill out her Federal Post Card Application (FPCA).

FAQ's on Voting.

Can I vote absentee?

You can vote absentee in local, State, and Federal elections if you are a U.S. citizen 18 years or older and are an active duty member of the Armed Forces, Merchant Marine, Public Health Service, NOAA, a family member of the above, or a U.S. citizen residing outside the United States.

Do I have to be registered to vote absentee?

Registration requirements vary from State to State. Most States and territories require registration to vote absentee. Voter registration and absentee ballot request can be done at the same time by submitting the Federal Post Card Application (FPCA) and can be easily and automatically completed by using the FPCA wizard at FVAP.gov. If you are already registered to vote and only wish to request a ballot, you should submit your FPCA as soon as possible.

How do I register to vote and/or request an absentee ballot?

You may register and request an absentee ballot with a single form: The Federal Post Card Application (FPCA). This application form is accepted by all States and territories and is postage-paid in the U.S. mail, including the Military Postal System and State Department Pouch mail. Hard copies of the form can be obtained from your installation's Voting Assistance Officer or requested directly from FVAP. An online version of the FPCA is available at: <http://www.fvap.gov> along with a prepaid return envelope template. Your Federal Post Card Application must be completed, printed, signed, dated, and submitted directly to your local election official. Some states allow you to fax, scan or email FPCA to the office.

My family members are not in the military. Can they also vote absentee?

Yes. Eligible spouses and children (U.S. citizens, 18 yrs or older) of Uniformed Service personnel may vote absentee.

Where is my "legal voting residence"?

For voting purposes, legal voting residence can be the State or territory where you last resided prior to entering military service or the State or territory that you have since claimed as your legal residence.

Can I vote in-person where I am stationed?

Military members may vote in the U.S. State or territory where stationed if they change their legal residence to that State or territory, even if they live on a military installation. Be advised that there may be legal obligations, such as taxation, if you change your State of residence. Therefore, consult a Judge Advocate General officer or legal counsel before making such a decision.

Currently there are no provisions for personnel stationed outside the U.S. to vote in-person

MORE FAQS AND VOTING INFORMATION
continued on page 11

2012 Election Dates

OVER HERE, OVER THERE, DON'T DESPAIR - VOTE!

This chart lists the 2012 State primary election dates in all the States, the District of Columbia and U.S. Territories; primary runoff dates (if applicable); States with U.S. Senate races; number of U.S. Representative seats up for re-election; and Gubernatorial races. The General Election is Tuesday, November 6, 2012.

State	Presidential Primary	State Primary	State Runoff Primary (if necessary)	General Election		
				U.S. Senate	U.S. Representative	State Governor
Alabama	MARCH 13	MARCH 13	APRIL 24	NO	7	NO
Alaska	***	AUGUST 28	-----	NO	1	NO
American Samoa	***	-----	-----	---	1 DELEGATE	YES
Arizona	FEBRUARY 28	AUGUST 28	-----	YES	9	NO
Arkansas	MAY 22	MAY 22	JUNE 12	NO	4	NO
California	JUNE 5	JUNE 5	-----	YES	53	NO
Colorado	***	JUNE 26	-----	NO	7	NO
Connecticut	APRIL 24	AUGUST 14	-----	YES	5	NO
Delaware	APRIL 24	SEPTEMBER 11	-----	YES	1	NO
District of Columbia	APRIL 3	APRIL 3	-----	---	1 DELEGATE	NO
Florida	JANUARY 31	AUGUST 14	-----	YES	27	NO
Georgia	MARCH 6	JULY 31	AUGUST 21	NO	13	NO
Guam	N/A	SEPTEMBER 1	-----	---	1 DELEGATE	NO
Hawaii	***	AUGUST 11	-----	YES	2	NO
Idaho	MAY 15	MAY 15	-----	NO	2	NO
Illinois	MARCH 20	MARCH 20	-----	YES	18	NO
Indiana	MAY 8	MAY 8	-----	YES	9	YES
Iowa	***	JUNE 5	-----	NO	4	NO
Kansas	***	AUGUST 7	-----	NO	4	NO
Kentucky	MAY 22	MAY 22	-----	NO	6	NO
Louisiana	MARCH 24	-----	DECEMBER 1	NO	6	NO
Maine	***	JUNE 12	-----	YES	2	NO
Maryland	APRIL 3	APRIL 3	-----	YES	8	NO
Massachusetts	MARCH 6	SEPTEMBER 18	-----	YES	9	NO
Michigan	FEBRUARY 28	AUGUST 17	-----	YES	14	NO
Minnesota	***	AUGUST 14	-----	YES	8	NO
Mississippi	MARCH 13	MARCH 13	APRIL 3	YES	4	NO
Missouri	FEBRUARY 7	AUGUST 7	-----	YES	8	YES
Montana	JUNE 5	JUNE 5	-----	YES	1	YES
Nebraska	MAY 15	MAY 15	-----	YES	3	NO
Nevada	***	JUNE 12	-----	YES	4	NO
New Hampshire	TBD	SEPTEMBER 11	-----	NO	2	YES
New Jersey	JUNE 5	JUNE 5	-----	YES	12	NO
New Mexico	***	JUNE 5	-----	YES	3	NO
New York	APRIL 24	SEPTEMBER 11	-----	YES	27	NO
North Carolina	MAY 8	MAY 8	JULY 17	NO	13	YES
North Dakota	***	JUNE 12	-----	YES	1	YES
Ohio	MARCH 6	MARCH 6	-----	YES	16	NO
Oklahoma	MARCH 6	JUNE 26	AUGUST 28	NO	5	NO
Oregon	MAY 15	MAY 15	-----	NO	5	NO
Pennsylvania	APRIL 24	APRIL 24	-----	YES	18	NO
Puerto Rico	TBD	MARCH 18	-----	---	1 RESIDENT COMM.	YES
Rhode Island	APRIL 24	SEPTEMBER 11	-----	YES	2	NO
South Carolina	REP: JANUARY 21; DEM: TBD	JUNE 12	JUNE 26	NO	7	NO
South Dakota	***	JUNE 5	JUNE 19	NO	1	NO
Tennessee	MARCH 6	AUGUST 2	-----	YES	9	NO
Texas	MARCH 6	MARCH 6	MAY 22	YES	4	YES
Utah	***	JUNE 26	-----	YES	4	YES
Vermont	MARCH 6	AUGUST 28	-----	YES	1	YES
Virgin Islands	***	SEPTEMBER 11	-----	---	1 DELEGATE	NO
Virginia	MARCH 6	JUNE 12	-----	YES	11	NO
Washington	N/A	AUGUST 7	-----	YES	10	NO
West Virginia	MAY 18	MAY 18	-----	YES	3	YES
Wisconsin	FEBRUARY 21	SEPTEMBER 11	-----	YES	8	NO
Wyoming	TBD	AUGUST 21	-----	YES	1	NO

YOUR VOTING ASSISTANCE OFFICER IS:

NAME _____
LOCATION _____
PHONE _____
EMAIL _____



1-800-438-VOTE (8683)
ABSENTEE VOTING INFORMATION AND INTERNATIONAL
TOLL-FREE NUMBERS AVAILABLE AT
WWW.FVAP.GOV

HAZMAT Storehouse Ground Breaking

BY RUSTY BAKER

NAS Fort Worth JRB Installation Commander, Capt. Robert A. Bennett, contractors from Affiliated Western Inc., and members of Base Public Works

took to their gold shovels to commemorate yet another advancement on base in the ground breaking of the future

Hazardous Material

Storehouse on November 29.

To comply with Occupational Safety and Health Administration (OSHA) laws and regulations, the current base facilities to store hazardous materials (HAZMAT) do not provide the proper storage requirements.

"This new facility will provide proper working spaces for the staff as well as provide the proper setting for storing such materials," said Ensign Jonathan Zisko, Naval Facilities Engineering Command Southeast, Construction Manager for the Public Works Department on base.

The name HAZMAT implies that of a waste facility, but that is not the case here.

"This facility is used to store materials that the base occu-



Dig In!

(From left to right) Public Works Officer Lt. Cmdr. Keith Miertschin, Logistics Specialist Chief Petty Officer (AW) Leon Smith, Public Works Civilian Employee Katie Fields, Affiliated Western Inc. Contractor Don Adams, Commanding Officer Capt. Robert Bennett, Affiliated Western Inc. Contractor Superintendent Jeremy Rice, Public Works Construction Manager Ensign Jonathan Zisko, Logistics Specialist 1st Class Petty Officer Sheila Spann and Logistics Specialist 2nd Class Petty Officer Josh Tips collectively break the ground at the site of the base's most recent construction project; the Hazardous Material Storehouse.

pants use such as cleaning supplies, paints, and the like," said Zisko. "This is not a waste facility." Naval Facilities Engineering

Command Southeast designed the \$1.7 M project and granted the contract to build to Fort Worth based Affiliated Western

According to the build site's

continued on page 13

MORALE WELFARE & RECREATION, COMMUNITY RESOURCES & ATTRACTIONS

LIBRARY

1802 Doolittle Ave.
817-782-7735

Hours: Monday through Thursday 9:30 a.m. to 7 p.m.; Friday and Saturday 9:30 a.m. to 5:30 p.m.; Closed Sunday and holidays.

Ongoing: Preschool Story Time – Wednesdays from 10:30-11:00 a.m. Recommended ages 3-5; the programs will include stories and activities.

TEXPLEX CENTER

1815 Military Pkwy.
817-782-6122/5505

Information, Ticket and Tours (ITT)

Attractions: Medieval Times Tournament & Dinner Theater, Grapevine Vintage Railroad, Dinosaur World (Glen Rose), Fort Worth Zoo, Legoland Discovery Center & Aquarium, SeaWorld, Disney World, Disneyland, Ripley's Believe It or Not/Wax Museum, OMNI Theater, Rave Motion Pictures, AMC and Hawk's Creek Golf Course vouchers. New Military Salute tickets for Disney World. Stop by or call for information and purchasing guidelines.

TORNADO LANES

1815 Military Pkwy.
817-782-6122/5505

The bowling lanes are temporarily closed

Family Fitness Fun Begins

Come join us every Friday from 2:00 – 2:30 p.m. for a family-fun workout. Parents and kids ages 6 – 17. Parents must be present for children to participate.

for renovation. Grand reopening to be announced.

CHUCKWAGON GRILL

1815 Military Pkwy.
817-782-6122/5505

Hours: Monday through Thursday 6:30 a.m. to 9 p.m.; Friday, 6:30 a.m. to 10:30 p.m.; Saturday 7 a.m. to 10:30 p.m.; and Sunday 11 a.m. to 6 p.m.

Open daily for breakfast, lunch and dinner. Pizza is available for delivery. 817-782-5505.

SPORTS BAR

1815 Military Pkwy.
817-782-6122/5505

Hours: Tuesday through Thursday, 4 to 9 p.m.; Friday and Saturday, 4 to 11 p.m.

Cupid Swim Party

Saturday, February 11, from 6:30 – 10:00 p.m. Enjoy swimming, DJ/Karaoke and food. All child under 12 must be accompanied by an adult at all times.

Ongoing: Free Munchies on Fridays, 4:30 to 6 p.m.

Thursdays: Karaoke featuring DJ Glenn begins at 5 p.m. with music for everyone.

MOVIE REEL THEATER

817-782-6037; \$3, adults; \$2, children. Best price movie and snacks available in the Metroplex for our military families. Friday through Sunday, call for times.

LONE STAR CENTER (formally DESERT STORM CONFERENCE CENTER)

2570 Desert Storm Road
817-782-5293/7237

Hours: Monday-Friday, 9 a.m. to 5 p.m. Office is closed on weekends, but building is open most weekends for scheduled events, conferences or meetings.

Ongoing: Call for information concerning your next conference, meeting or event.

VET CLINIC

1739 Eisenhower Ave.

Of note: The clinic is now being operated by the Army.

817-782-5608

Call ahead to set up appointments.

FITNESS CENTER

1810 Tuskegee Airmen Drive
817-782-7770

Hours: Monday-Thursday, 5 a.m. to 9 p.m.; Friday and Saturday, 5 a.m. to 8 p.m.; Sunday, 7 a.m. to 5 p.m.

Ongoing: Certified personal trainers are now available and free to active duty personnel. Non-active duty \$20/month for 2 days per week. To schedule an appointment with a personal trainer, call the Fitness Center. Step aerobics, pilates, yoga, spin, zumba, pump-it-up, adult/children karate and personal training. Check center for days and times.

More Classes: Spin class offered Tuesday and Thursday, 6:30 to 7:30 a.m.; Weekend yoga is from 10:45 to 11:30 a.m. on Saturdays.

AQUATICS CENTER

3319 Hensley Ave., 817-782-1220

Hours: Monday-Saturday, 6 a.m. to 7 p.m.; Sunday, 7 a.m. to 4 p.m. and holidays 10 a.m. to 2 p.m. Active Duty and Reserves only: Monday-Saturday from 6 to 8 a.m.

Ongoing: Water Aerobics on Tuesdays and Thursdays, \$1 per person. Classes are at 1 p.m. and 2:30 p.m.

Baby & Me Water Awareness Class: For children 6 months to 4 years, one child per adult.

Swim Lessons: Call for times and prices.

OUTDOOR REC & BOAT RENTALS

Bldg. 3326 (by the ball fields) 817-822-8952
Of note: Boat rentals not available for the winter season.

Bike Rentals: Check out the new bicycles and helmets, available for rental at Auto Hobby/Outdoor, 1145 Hercules Drive. Rentals are available Thursday through Tuesday (no Wednesday rentals).

Canoe/Kayak Rentals: Call 817-782-6375, Auto Hobby Shop/Outdoor Rec Rental. Make reservations in advance.

CHILD YOUTH PROGRAM (CDC)

3320 Sesame St. Drive
817-782-7520

Ground to Perfection

Speed and Consistency Bring Fresh Coffee to JRB

BY RUSTY BAKER

I have been on a near two-decade quest to find a good cup of coffee on this base. I've broken out the canteen cup and slurped from the hot piping coffee urn at the chow hall. I've choked down swirling chunks of lifer's juice from a since retired Sergeant Major's coffee pot that hadn't been washed out since the Navy invaded Carswell. I've gone so far as to wrestle retirees for the last drop of complimentary cup-o-joe at the commissary. The fact is, there's no good place on this base that offers a made-to-order variety of fresh-ground bean coffee...until now.

The WB Beanery opened here with

rave reviews in December. It's located next to the military clothing store, catty-corner from the Shoppette gas station on Davidson Street/Marshall D. Barnett Jr. Street.

Walking in, guests are immediately greeted by the aroma of freshly-roasted brew and attentive servers who know their bean. The storefront has been spruced up with the addition of several sets of tables and chairs, so patrons with a little time on their hands can sit down and enjoy their coffee with a pastry or a Panini sandwich for lunch.

Micheal Cotton, owner of WC Beanery, has 12 years experience of delivering service members their collective caffeine fix.

He started this business venture while still on active duty in the Army at Cooper's Cove near Killeen, Texas. He and co-owner Bryan Woods then made the jump to expand in Columbus, Texas, with what's now the flagship of WC Beanery. A few years ago they expanded to two locations in Abilene's Dyess Air Force Base and now bring their distinct tastes here.

"Speed and consistency are what are important," said Cotton.

This quickness is measured in freshness. Cotton is in constant communication with his local roaster in Dallas. Based on the popularity of blends and recommendations from his patrons here, there is only a five-day turnaround from time of roast to being served.

"We offer an abundance of the African beans, the Keynan and Ethiopian beans; as well as New Guinea, Sumatra, Columbia, Panama, and Jamaican Blue Mountain," said Cotton.

Special orders of beans from other regions can also be ordered upon request.



WC Beanery Barista Anthony Cotton prepares a cappuccino for a customer. Over the years of helping the family's coffee business he has developed his own peppermint-flavored coffee signature drink. His father also boasts that if you call ahead, Anthony can have any Panini ready for pick up in three-to-five minutes.

Customers can expect two regular and one flavored coffee on any given day. Other perks from the menu include lattes, cappuccinos, espressos, teas and other specialty drinks.

Cotton has made a concerted effort to recognize the needs of his customer on a joint re-

serve base. Not confined to the regular hours of the Exchange, the doors are opened at 6:00 a.m. and stay open until 3:30 p.m. on week days. To accommodate the Guardsmen and Reservists, Saturday hours are set from 8:00 a.m. to 4:00 p.m.

VR-46 Holds Change of Command

Cmdr. John Krouse relieved Cmdr. Steven "Joe" Marinello as the Commanding Officer of Fleet Logistics Support Squadron 46 here on November 19.

Prior to assuming command of VR-46, Krouse served as the squadron's executive officer. He is the third commanding officer of the squadron since it moved here from NAS Atlanta upon its base closure and realignment in 2009. The unit's mission is to provide aircraft and crews to safely move cargo and passengers in support of United States military worldwide logistics require-

ments.

Krouse is a native of Champaign, Ill., and a 1992 graduate of the University of Illinois, where he earned his commission through the Naval Reserve Officer Training Corps. After completing Naval Flight Training at NAS Whiting Field, Fla., he earned his "Wings of Gold" and was designated a naval aviator in 1995. His first fleet assignment was with Light Helicopter Antisubmarine Squadron 44, flying the SH-60B Seahawk helicopter. In 2000 he reported back to Whiting Field for primary flight instructor duty. In

2003 Commander Krouse joined VR-54, flying the C-130T Hercules logistics aircraft.

In 2007 Krouse graduated from Naval War College, and was assigned to the Office of the Chief of Naval Operations Assessment Department and in 2009 he joined the Naval Warfare Integration Group, part of the CNO's personal staff.

The guest speaker for the squadron's change of command ceremony was Robert W. "Andy" Andersen, a retired Navy captain, and author of *Living Well...Making a Difference*.

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BASE HAPPENINGS



T'is the Season for Generosity



Upper left: Known yearly for brightening the faces of military children on base, the Society of Military Widows pose with several of their hand-crafted Christmas stockings from the dozens that they created this holiday season. Photo provided by Base Chapel Staff.

Above middle: Flanked by Installation Commander, Capt. Robert A. Bennett and Command Master Chief CMDCM (AW) Ellen Zubke, base Thrift Shop Chairman Maureen Nelson and Bobbie Courtney present a check for nearly \$10K to Navy Marine Corps Relief Society office manager Sharon L. Zacharias. Photo by MC2(AW) Bradley Dawson.

Above right: Service members and families choose their children's toys from bins provided by Operation Homefront of Texas at the Air Force Family Readiness Center on Dec. 9. Toys were donated by patrons of local Dollar Tree stores. Photo by Rusty Baker

At left: Cedar Creek Veterans Foundation presents Capt. Robert A. Bennett with a check for \$4,000 to support the Navy Marine Corps Relief Society; who in turn will help service men and women in need of assistance. The representatives of CCVF in attendance were Bob O'Neil, Gayle Robinson, Randy Ball and Patricia Mosely. Photo by MC2(AW) Bradley Dawson.

A Sign of Jointness

Penna Group employees complete the final install of another new sign, one of several popping up around the naval air station. The \$395K contracts calls for new building signs, replacing directional signs, replacing old faded "Government Property No Trespassing" signs along the base's fenceline, adding a new key locator base map at the Visitor Control Center and constructing a new East Gate sign. Sign colors were chosen to be more generic to all Services to promote the jointness of the installation. Photo by MC2(AW) Bradley Dawson



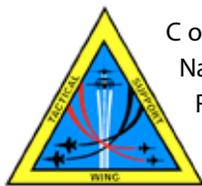
Hauling Tail



NAS Fort Worth JRB Security, Operations and Safety personnel work with members of the Tarrant Regional Water District to relocate the tail section of Aircraft 606 (DC-9) off base to be used as picnic shade structure at nearby Trinity Trails' Farmers Branch Creek located in Westworth Village. Commuters to the base may have already noticed the aircraft's wings staged off base, where they are to be used as a salute to the military in the upcoming project. The aircraft was due to be mothballed and replaced with a newer C-9B by Air Logistics Training Center, a branch of Fleet Logistics Support Wing, when TRWD requested the large sections for the project. Photo by Rusty Baker

Tactical Support Wing Holds Change of Command

FROM TACTICAL SUPPORT WING
PUBLIC AFFAIRS



Commander
Naval Air Force
Reserve's Tactical
Support
Wing held

a time-honored naval tradition with a change of command ceremony at Naval Air Station Key West on December 9.

Rear Adm. John Sadler was the guest speaker and participated in the airborne ceremony where Capt. James M. Kuhn was relieved as Commander by Capt. James P. Nichols. Capt. Zachary S. Henry reported as the incoming Deputy Commander.

Kuhn, a native of Damascus, Md., assumed command of the



HENRY

Tactical Support Wing during the summer of 2010. He will next report for duty with the CNAFR staff in Norfolk, Va.

Kuhn's guidance and leadership has ensured TSW's many successes during a challenging



NICHOLS

period of high tempo operations. Under his direction, TSW providing over 130 fleet adversary support detachments to fleet air wings and fleet replacement squadrons. In addition, TSW provided over 360 days of

counter-narcotics missions in Central and South America, and an expeditionary electronic attack deployment to Afghanistan in support of Operation Enduring Freedom.

Nichols, a West Chester, Pa., native, has served as TSW Deputy Commander since July 2010 and was commissioned in the Navy after graduating from the University of Pennsylvania in 1988.

Nichols was designated a naval aviator in November 1990 at NAS Kingsville, Texas, and subsequently served in numerous squadrons within the F-14 Tomcat and F/A-18 Hornet communities. As a 1996 graduate of the Navy Fighter Weapons School, Topgun, Nichols is a certified Strike Fighter Tactics Instructor

and earned a Master's degree in National Security and Strategic Studies from the College of Command and Staff, Newport, R.I. Selected for squadron command in 2004, Nichols ultimately served as Commanding Officer of the VFA-143 "World Famous Pukin' Dogs", NAS Oceana, Va. His varied career includes deployments in support of Operations Desert Shield/Desert Storm.

TSW serves as the United States Navy's sole reserve tactical air wing. It is comprised of six squadrons and four Squadron Augmentation Units located in eight states. The wing consists of over 1,800 active and reserve personnel with an organizational structure similar to that of active fleet air wings.

2012 Dr. Martin Luther King, Jr. Holiday Observance

This year's national observance of Dr. Martin Luther King, Jr.'s birthday will be celebrated on January 16. Established by Public Law 98-144, the 98th U.S. Congress designated the third Monday in January a national holiday in honor of Dr. King. Since the first

King Holiday on January 20, 1986, the observance has been a day of inclusion and remembrance of Dr. King's life, sacrifices and accomplishments.

The permanent theme for this holiday is "Remember, Celebrate, Act. A Day On, Not a Day

Off." This theme serves as a reminder that the Dr. King Holiday is a day for community and humanitarian service activities and programs. A man of action, Dr. King put his life on the line for freedom and justice and ultimately paid the highest price to make democ-

racy a reality for all Americans. As Marines and Marine Corps civilian employees, we honor Dr. King's dream as we continue to serve selflessly and proudly throughout the world, always guided by our Core Values of Honor, Courage and Commitment.

Everyone is encouraged to reflect on the journey of a man who dedicated his life to achieving equality for all people. As Marines and civilian Marines, we take

pride in treating everyone with dignity and respect. By doing so, we continue to succeed in our mission of making Marines, winning battles and returning quality citizens to society. As a nation, we continue striving to realize Dr. King's dream of a society whose citizens are provided the full advantage of reaching their highest potential.

— Staff Report
MarAdmin 748/11

Are Your Halls Too Bright?

One path to energy savings runs just outside your door—the hallway. Halls usually need only 5 to 10 foot candles of light.

The average ambient light level in offices is usually around 30 foot candles. If your hallways look bright compared to your office areas, tell your building energy monitor or facility manager. They may be able to take out some lamps or fixtures to save energy.

DEPARTMENT OF THE NAVY

ENERGY EFFICIENCY YOU MAKE IT HAPPEN

Visit <https://energy.navy.mil>

VOTING FAQ

continued from page 7

where stationed.

What happens if I do not receive a ballot from my local election office?

If you requested an absentee ballot but have not received one close to Election Day, you can still vote by using the back-up Federal Write-In Absentee Ballot (FWAB).

In order to be eligible to use this back-up ballot, you must:

Be absent from your voting residence;

Have applied for a regular ballot early enough so the request is received by the appropriate local election official not later than the State deadline; or the date that is 30 days before the general election; and have not received the requested regular absentee ballot from the State.

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HAZMAT

continued from page 8

Superintendent, Jeremy Rice of Affiliated Western, the HAZMAT Storehouse will include approximately 2,600 square feet of covered and enclosed material storage area subdivided into various compartments and a cold-storage area. In addition, approximately 400 square feet of covered, non-enclosed space will be provided for additional storage, while another 800 square of air-conditioned space will be provided for personnel and support.

"The structure is a freestanding, pre-engineered, steel building with metal siding and roof," said Rice. "Much of the exterior is further upgraded by the addition of split-faced concrete blocks to match other base projects near-

by."

Affiliated Western Inc. has recently completed several projects on base, including the Phase Two site improvements at the Child Development Center, which consisted of a new parking lot, playground and equipment, stamped concrete side walk, and head walls out on site for adequate drainage. Affiliated Western also recently completed repairs and upgrades to the hangar doors at Building 1050 which feature all new motors, wheels and an electrical distribution system that allows the doors to be operated by push-button control.

The HAZMAT Storehouse, soon to be building 1238, is scheduled to be completed this summer.

Recently at the Courthouse

The following cases were recently heard at courts-martial in Navy Region Southeast:

At a Special Court-Martial convened on board NAVSTA Mayport, a Petty Officer Third Class (PO3) pled guilty to stealing property from the NEX, stealing gift cards from the NEX, and impeding an investigation. The Military Judge sentenced the PO3 to four months confinement, forfeiture of two-thirds pay per month for four months, reduction in rate to paygrade E-1, and a Bad Con-

duct Discharge.

At a Special Court Martial convened on board NAVSTA Mayport, a Petty Officer Third Class (PO3) pled guilty to attempting to steal \$1218, stealing \$400 in cash and \$42 in gasoline, and wrongfully opening someone else's mail. The Military Judge sentenced the PO3 to 75 days confinement, reduction in rank to E-1, and a Bad Conduct Discharge. A pre-trial agreement limits confinement to 60 days.

At a Special Court Martial convened on board NAS Pen-

sacola, an Airman Apprentice (AA) pled guilty to three specifications of failing to go to his appointed place of duty, five specifications of violating lawful orders, wrongfully using of marijuana, assault consummated by a battery and being drunk and disorderly. The Court-Martial sentenced the AA to 97 days confinement, reduction in rank to E-1, forfeiture of two-thirds pay per month for three months, and a reprimand.

— Staff Report

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Exchange Takes the Hassle Out of Taking It Home with Sears Home Delivery

BY CHRIS WARD, ARMY & AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

The Army & Air Force Exchange Service has taken the hassle and expense out of getting new furniture, appliances and mattresses home and installed by partnering with Sears Home Delivery.

Through this service, shoppers making purchases prior to 3 p.m. often can schedule delivery for the very next day. A two-hour window is set the evening before the uniformed Sears crews deliver. Services range from \$79.95 to \$94.95.

"The Exchange's motto of 'we

go where you go' now includes going to military shoppers' homes," said the Exchange's Senior Enlisted Advisor Chief Master Sgt. Jeffrey Helm. "From sofas to washers and driers to mattresses, this partnership ensures items arrive safely and are installed properly."

In addition to delivery and installation, old appliances, mattresses and furniture are hauled away for \$10 per delivery, one for one (i.e. buy a new mattress, the old one can be hauled away). More technical installations or required assemblies can be arranged directly at the Exchange.

Captain America Delivers Patriotic Power to Exchange Stores Worldwide

BY STAFF SGT MARK MATTHEWS, ARMY & AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

In 1941, Joe Simon and Jack Kirby created a symbol of the American spirit which instilled both patriotism and pride in the Military and American citizens. He fought alongside troops in the trenches, and they called him Captain America.

Marvel Comics - through their Marvel Customs Solutions division - and the Army & Air Force Exchange Service are teaming up once again

to publish an all-new, 22-page story starring Captain America: The First Avenger

The 12th installment of the free comic book, written by William Harms, drawn by Michael Avon Oeming and colored by Nick Filardi, is currently available at Exchange stores worldwide.

"Everyone at Marvel Entertainment is so appreciative of all that the military does to ensure our freedom. It was an honor to work with the top talents that brought this thrilling Captain America ad-

venture to life in the mighty Marvel manner," said Marvel Editor Bill Rosemann.

The book, which features a cover by Butch Guice and Bettie Breitweiser, tells the tale of a young recruit struggling through boot camp and how he beats the odds with a little help from Captain America.

"In this issue, we see Cap dig deep to persevere against great odds," said Rosemann. "That story in turn inspires a Soldier to push past boundaries he thought he couldn't overcome and achieve success."

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tions. Senior Chief Cox and Chief Madewell were elated after meeting and taking a photo with Dale

Earnhardt JR.

"I will never forget this day," said PS1 Kirkwood.

Sentiments echoed from each Sailor as the incredible experience continued through the day.

"What a fantastic opportunity," Eargle said. "It's always an honor to take part in a reenlistment ceremony, and these quality Sailors are a reminder of what makes our Navy great".

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SPICE

continued from page 1

as convulsions, anxiety attacks, dangerously elevated heart rates, increased blood pressure, vomiting and disorientation. The reported side effects of bath salts include agitation, paranoia, high blood pressure, hallucinations, chest pain, suicidal ten-

I believe that we are held to a higher standard of conduct. All actions taken by a Sailor should comply with our Core Values and the regulations set by our leadership. Our ability to maintain compliance with higher standards provides us with benefits like taking personal pride in the mission, a steady pay check, mentorship, medical and dental. Especially in this economy, anyone not willing or able to uphold their end of the deal should not be entitled to these benefits.

— YN1(SW/AW)

LAWRENCE HILBUN,
ADMINISTRATION
LEADING PETTY
OFFICER

— JWH-018, the compound generally found in Spice, indicate that it is more potent and efficacious than THC. This means that lower concentrations of JWH-018 can have a greater and higher maximal psychological effect on the brain than that of THC. In short, the greater potency of the synthetic substances means there is a much greater risk of overdose, according to Region Southeast Legal Service Officer Lt. Jesse Adams.

Stop: Spice is Illegal

Special from Master Chief Petty Officer of the Navy (SS/SW) Rick D. West

Master Chief Petty Officer of the Navy (SS/SW) Rick D. West wants every Sailor to know that "Spice" is illegal, and he stated the following in a Personal For message to all command master chiefs, chiefs of the boat and command senior chiefs.

Senior enlisted leaders,

Our Sailors continue to experience phenomenal personal and professional successes, exemplifying all it means to be a global force for good. I say with complete sincerity that the future of our force has never been brighter due to the inspiration, intelligence, and innovation of those honing their talents on the deckplates today. While there are abundant challenges facing us (force-shaping, budget constraints, and high operational tempo to name a few), we are deliberately working through those to ensure our warriors have every opportunity to excel.

A challenge that concerns me greatly though, and one we are compelled to confront head-on now, is the problem of synthetic cannabinoid use by far too many Sailors. This issue is not driven by money or manpower realities but by extremely poor personal choices, an alarming lack of awareness, and perhaps a false sense of security. While the name may change from "Spice" to K2 or countless other catchy street monikers, this drug is consistently bad news to both the Sailors using it and the Shipmates they are letting down.

Virtually every week in all-too-familiar SITREPS, we see detailed accounts of "Spice's" tangible impact on command manning and individual careers. Unfortunately message traffic can't capture the true toll on critical unit cohesion and mission readiness, or adequately



PHOTO BY PHOTOGRAPHER'S MATE 2ND CLASS JIM WATSON.

A service member sits in handcuffs, after being caught dealing and buying illegal drugs from an undercover NCIS agent for almost three months in Twentynine Palms, Calif.

articulate the drug's aftermath in terms of indelible personal consequences. Those most agonizing and private aspects often go untold to Shipmates, left to either inference or simple (but detrimental) disregard.

We need to erase that blind spot through continuous education, visible engagement, and transparent accountability. The Navy's stated policy on "Spice" is zero tolerance: Sailors who get caught using these substances go home under other than honorable conditions and suffer substantial losses to their veterans' benefits, and the fact of the matter is, those who use drugs eventually get caught. The terms are non-negotiable and irreversible: promising starts summarily decimated by bad decisions. The aggregate long-term effects

Using Spice goes against our Navy Core Values. There are good Sailors who have been released from service due to Perform-To-Serve and Enlisted-Retention Boards, who would love to take their place. This is like a kick in the face to them

— ET1(SW) ANTHONY WOODS – BASE OPERATIONS

of this trend on our service demands focused efforts by everyone wearing an anchor on their collars. Chief petty officers will make a difference.

If you're not already familiar with the pervasive and treacherously fashionable appeal of "Spice" derivatives or the very real health risks they pose, comprehensive information on the physiological effects and legal ramifications of "Spice" are readily available from a number of resources, including:

- * Naval personnel command web site at [HYPERLINK "http://www.public.navy.mil/bupers-npc/pages/default.aspx"](http://www.public.navy.mil/bupers-npc/pages/default.aspx)
- * BUMED web site at <http://www.med.navy.mil/pages/spice.aspx>;
- * Drug enforcement agency (DEA) web site at <http://www.justice.gov/dea/>; and
- * National Institute on Drug Abuse (NIDA) web site at <http://www.nida.nih.gov/infofacts/spice.html>.

Our Naval Criminal Investigative Service (NCIS), another great resource for presentations and data, is intimately involved in the campaign to eradicate "Spice" by surveilling head shops and other locations known for

selling the drugs. Your Sailors need to know NCIS is active in these places, vigilantly watching who comes and goes and what they purchase. NCIS stands ready to talk to your command about their "Spice" operations and measures you can implement to deter use. For assistance from NCIS, contact your ISIC, regional, or TYCOM command master chief.

In FY 2011, nearly 400 Sailors were processed for separation because they made a choice to use synthetic cannabinoids. In many cases, several Sailors made this calamitous decision together, sometimes under the influence of alcohol and other times because of peer pressure. They did it in hotel rooms, bars, barracks, and cars. They didn't know the regulations, deliberately opted to ignore them, or thought their use of "Spice" would not be detected. Regardless of the circumstances or thought process, these Sailors are no longer in the Navy; gone, along with incredible potential and promise, from our ships, squadrons, submarines, battalions, and shore commands.

We are charged with leading Sailors - it is what we do and do well with training, mentorship, personal example, and a commitment to good order and discipline. We attack challenges by developing situational awareness, coaching up our shipmates, capitalizing on resources and intervening when it's the right thing to do. With synthetic cannabinoids and the array of other precarious temptations (i.e. inhalants, steroids, and misuse of over-the-counter drugs), we have an obligation to help Sailors steer a safe course and prevent them from running aground.

Chiefs, anchor up! MCPON West sends.



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