

SKY RANGER



NAS Fort Worth JRB, Texas

Vol. 69, Issue 8



PHOTO BY PFC. D.I. FUGATE

The Marines of 8th Marine Corps District gathered for a barbeque at veteran R.V. Burgin's house July 13 in Lancaster, Texas. Burgin spoke with the Marines about his experience from his time in World War II and shared valuable information that they will take with them throughout their careers in the Marine Corps.

WWII Veteran Inspires District Marines

BY PFC. D.I. FUGATE, 8TH MARINE CORPS DISTRICT

While some people might see him as a subdued, elderly individual, he stands for something more. He is a man decorated with a Bronze Star and a Purple Heart for his actions in World War II. The Marines who know of him know he is a hero.

This seasoned war veteran is R.V. Burgin.

The noncommissioned officers of 8th Marine Corps District headquarters held a barbeque at Burgin's house on July 13, offering a chance to gain valuable knowledge through Burgin's experiences during their visit.

His awards and pictures from his time as a Marine were proudly displayed on his living room wall for all to see. The Marines saw what he accomplished before they heard him speak, as they walked through Burgin's home. One photograph stood out among the rest. It was the picture of Burgin and his platoon standing on a beach.

"There were roughly 300 Marines who landed on the beach. When they were scheduled to head home there were only 80 Marines left standing," said Sgt. Lory M. Gonzalez, the district adjutant clerk. "It amazes me how he went through that. Even though I am trained for those situations, I don't know how I

would handle that. It would trouble me because I couldn't imagine losing that many of my friends."

While Gonzalez admired the strength it took to fight through the loss of his friends, Sgt. Jessica Petsch, district supply NCO, was amazed by his daily sacrifices during his tour of duty in the South Pacific.

"He is a hero in my eyes; most people only think about the troops who die, but he gave his everything and put his life on the line just like Dan Daley and John Basilone," said Petsch.

The courage he had to go into battle at such a young age, not knowing if he

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SKY RANGER

NAS Fort Worth JRB, Texas

The Official Base Newspaper of Naval Air Station
Fort Worth Joint Reserve Base, Texas

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www.facebook.com/NASFortWorthJRB

Get up-to-date information affecting the service members,
families, retirees and civilian employees on this installation.

The Sky Ranger is an authorized newspaper published on the second Thursday of every month for the installation's tenant commands, base military personnel, civilian employees and retirees of the Naval Air Station Fort Worth Joint Reserve Base, Texas.

The editorial content of this newspaper is prepared, edited and provided by the Public Affairs Office. News items, photos and event briefs must be submitted by noon on the last Wednesday of the month. The Public Affairs Office is in building 1510 (Chennault Ave.) News ideas and questions can be directed to the editor by calling (817) 782-7815 or faxed at 782-3293. All materials are subject to editing.

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The Sky Ranger is published by Full Armor Group, a private firm, in no way connected with the Department of Defense, or the U.S. Navy, under exclusive contract with the U.S. Navy. The circulation is 10,000.

POSTMASTER: Send address changes to NAS Fort Worth JRB Public Affairs Office, 1510 Chennault Ave., Fort Worth, Texas, 76127

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A MESSAGE FROM YOUR COMMANDING OFFICER

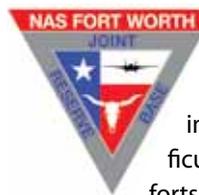


BENNETT

One year down, one to go... Serving in command since July of last year, we have accomplished a lot, realized we have much to do, and confirmed that we have a great team at NAS Fort Worth JRB who can ultimately get the job done!

We have developed a strategy to focus on sustaining our installation's training capability and capacity for the foreseeable future. We continue to build on our predecessors' achievements and efforts. Our model community collaboration program, the Regional Coordination Committee, continues to be a vital instrument in ensuring compatible development between us and our neighbors.

We enjoy a vibrant and aggressive communications posture with our local, state and



federal leaders who help us resolve our impending difficulties. These efforts provide critical alignment and momentum in every endeavor and challenge that we face.

We fully appreciate and understand that in order to succeed, it takes effort from our team: neighboring cities, counties, chambers of commerce, state officials, federal officials, installation unit leadership and our regional leadership.

We are researching and updating our understanding of our 14 programs that could possibly impact our neighbors or NAS Fort Worth JRB's training ability. We are researching to see if we can harvest the 1,800 acres worth of natural resources below the air station to vastly improve our operating cost to the taxpayer. We

are also working to improve our cost effectiveness and efficiency among our tenants, and respective service programs.

Inside the fence line, we are taking a hard look at our operations to proactively strategize to optimize our return on investment within each and every department. As noted by leadership and the news, we know funding will decline in the future, thereby presenting some challenges ahead regarding funding and resources. So our program directors are taking a renewed, proactive review of their respective programs to prepare and posture our products and services to maximize every nickel for our warriors and their families.

As stated, we have plenty on our plate and ample room for improvement, but we are pleased with our current and future posture at NAS Fort Worth JRB. We truly appreciate your support.

God Bless,
Skipper



CO's Suggestion Box

We have a couple of repeat comments/suggestions that I'll address.

We set a policy for short rest breaks every hour at the aquatics center since we were having repeated accidents which required the facility to be closed for the day. However, I agree that our warriors in training should be allowed to continue their workout/training without interruption. Therefore, "military personnel engaged in training" are exempt from the rest, hourly break policy.

Our local leadership agrees that the instituted policy from higher authority for limiting the points of sale for our Morale, Welfare and Recreation department

limit our ability to effectively and efficiently provide products and services to our patrons. Specifically, we are limited to one point of sale for our outdoor recreation and auto hobby shop. However, we know this is not the best way to serve our warriors and their families. Therefore, our staff has been working diligently on acquiring a waiver, and/or the resources, assets and sustenance funds to open an out-

door recreation point of sale at the lake. We are confident that in the near future our outdoor recreation

products and services will be available from a lake facility with accommodating hours of operation. We are also planning for improved services there such as a restroom/shower facility and snack bar to enhance our family time at the lake front.

Lastly, we appreciate your comments; keep them coming to help us identify areas where we can improve.

God Bless,
Skipper





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Security Crime Prevention Tips

BY MA2(EXW) DALIA NEVAREZ

Motor vehicles are stolen from many places, including shopping malls, streets, driveways, parking lots, garages and car dealerships. Automobile theft seems to occur with greater frequency where large groups of cars are parked together for extended periods, like airports, shopping centers, colleges, sporting events and large apartment complexes.

High-rise and subterranean parking structures seem to have a lower auto theft rate, probably due to a reduced number of escape routes and the possibility of being trapped from above or below ground level.

Auto theft occurs at different times of the day, depending on the setting. Car thefts at shopping centers occur mostly during business hours when vehicles are sometimes left unattended for hours.

For the auto thief, regional shopping centers are popular, with lots of choices of vehicle models, makes and colors, and a constantly changing inventory. Shopping center employee vehicles are especially at risk because of the length of time their car is exposed and the typical mall policy of requiring retail employees to park in a cluster at the perimeter of the lot.

Large apartment complexes often experience more vehicle

thefts during the night after residents return home from work and settle in for the evening.

An experienced car thief can steal your car in less than a minute. Many thieves simply smash the drivers' window.

Most cars are stolen for the value of their parts. Some of the most frequently stolen cars were also the most frequently sold cars a few years earlier, leading one to believe that they are being stolen for parts.

For the month of August here are a few tips to try and keep your car safe:

-Never leave your car running and unattended, even to dash into a business.

-Never leave your keys in the car or ignition, even inside a locked garage.

-Always roll up your windows and lock the car, even if it is in front of your home.

-Never leave valuables in plain view, even if your car is locked. Put them in the trunk out of sight.

-Always park in a high-traffic, well-lighted area if possible.

-Install a mechanical device that locks to the steering wheel, column, or brake pedal to prevent the wheel from being turned more than a few degrees. Commonly called clubs, collars or J-bars, these devices can act as a highly visible physical deterrent if

installed properly.

-Investigate the purchase of an auto alarm system if you live in a high-theft area or drive a theft-prone vehicle. Display an alarm decal near the door handle.

-Carry your driver license, registration and insurance card with you. Don't leave personal identification documents or credit cards in your vehicle.

-Copy your license plate and vehicle identification (VIN) numbers on a card and keep them on you with your driver license. If your vehicle is stolen, police will need this information promptly.



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Gerard Veshosky, AVT project engineer, Hillary Friedman, KC-130 training system program manager, and Capt. John Gorman, Commander, Fleet Logistics Support Wing (CFLSW), celebrate the re-opening of the C-130 Hercules simulator after several years of system and equipment upgrades. (photo by Rusty Baker)

FLSW Gets New C-130 Simulator

BY LT. J. G. WESLEY HOLZAPFEL,
COMMANDER FLEET LOGISTICS
SUPPORT WING PUBLIC AFFAIRS

Fleet Logistics Support Squadron unveiled their recently overhauled C-130 simulator at a ribbon cutting ceremony July 27.

"We upgraded the visual systems which included the image generator, the mylar mirror back projection screen and structure, the LED projectors, the reflective memory was upgraded, and upgraded the software required to integrate," said Steve Lynch, simulation project engineer.

Before the upgrades, the simulator's visual systems could only be used by experienced pilots and crew.

"The viewpoint was only set up for one person so aircrew could not train as a team," said Mark VanMinsel, the contracting officer's representative. "Now with the new visual system we can train initial students as well as aircrew teams and send them off to the next phase of training in the motion simulator."

The motion simulator is currently used for 16 hours every day at the end of which it goes into a maintenance phase until it is used

again in the morning. With the addition of a new simulator the hours for contractors, staff and students will be greatly normalized.

"It is just priceless to have a backup device," said Mike Bosson, site lead for aircrew training. "It will save the Navy money since in the past when the motion simulator broke down the aircrew, contractors and instructors would have to fly out to train on the other C-130 simulator."

Cutting the ribbon were Gerard Veshosky, AVT project engineer, Hillary Friedman, KC-130 training system program manager, and Capt. John Gorman, Commander, Fleet Logistics Support Wing.

Fleet Logistics Support Wing was established to operate Navy unique fleet essential airlift aircraft on a worldwide basis. Its mission provides responsive, flexible, and rapid deployable air logistics support and represents 100 percent of the Navy's intra theater air logistics capability.

For more news from Commander Fleet Logistics Support Wing, visit <https://www.facebook.com/CFLSW>.

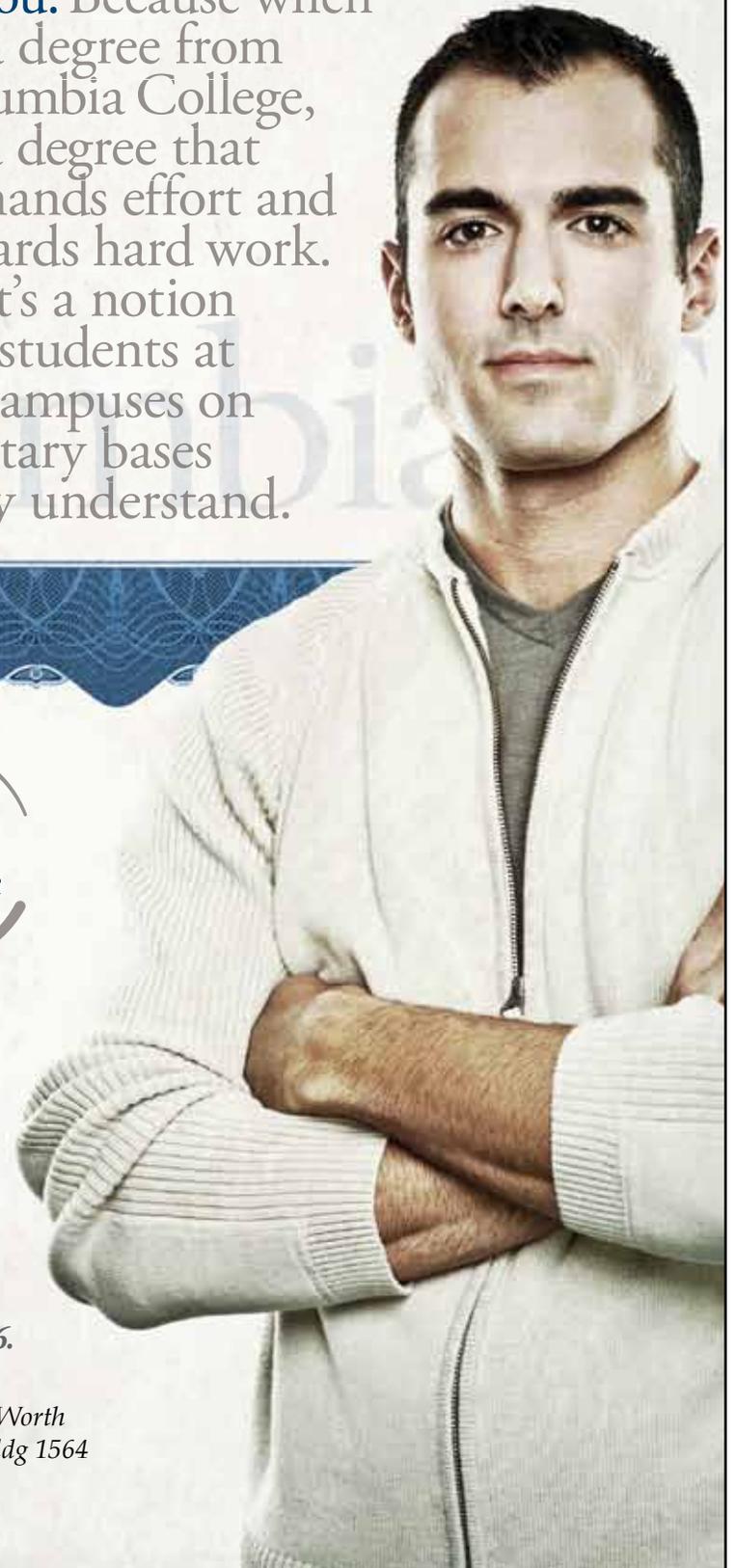
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Gorman New Support Wing Commanding Officer

FROM FLEET LOGISTICS SUPPORT WING

Capt. John S. Gorman relieved Capt. Patrick J. Barrett as Commander, Fleet Logistics Support Wing (FLSW) at Naval Air Station Fort Worth Joint Reserve Base Aug. 3.

Gorman, a native of Spring Grove, Ill., was serving as the FLSW Deputy Commander. Gorman was designated a naval aviator in November 1989 and has a significant number of flight hours flying the P-3B, P-3C 2.5, P-3C and C-130 aircraft all over the U.S. and overseas.

FLSW is the Navy's largest air wing and was commissioned in 1974 to operate Navy unique fleet essential airlift aircraft on a worldwide basis to provide responsive, flexible and rapid deployable air logistics support to the fleet and to the combatant commanders.

During peacetime, squadrons provide air logistics support for all Navy commands as well as provide continuous quality training for mobilization readiness. Today, the Wings consists of 15 VR squadrons, three C-9 squadrons, five C-130T squadrons, two C-



PHOTO COURTESY OF FLEET LOGISTICS SUPPORT WING

Capt. John Gorman

20G squadrons, one C-20D/C-37A squadron, four C-40 squadrons and two executive transport detachments.

The wing has contributed to every major U.S. military operation during its existence. Representing 100 percent of the Navy's intra-theater air logistics capability, the wing provides constant presence in three forward theaters and extends operations globally to Europe, Asia, South America, Australia and Africa as an enabler to our nation's mobile arm of defense.

Hyder Reins Army's 90th ASB

FROM 90TH AVIATION SUPPORT BATTALION

Army Lt. Col. Lee Hyder has assumed command of the 90th Aviation Support Battalion, relieving Lt. Col. Dennis Snelling on July 14.

Snelling left Texas for a new assignment in the Pentagon.

A 1993 graduate of the U.S. Military Academy at Westpoint, Hyder has served in several positions and commands throughout his 20 plus year Army career such as Executive Officer, 5-159th Aviation Regiment; S-4, 244th Aviation Brigade; Logistics Analyst for Joint Theater Distribution/Joint Test &

Evaluation; Production Control Officer, D (AVIM Maintenance Company) 82nd Aviation Brigade and S-4 for the 159th Aviation Regiment. His other assignments have included Flight Operation Officer, C/159th: AVUM Platoon Leader, A/7-101 Aviation Regiment and Company Executive Officer, HHC/2-501 Aviation Regiment Company. He has also deployed to Kuwait and Afghanistan.

Hyder is Jumpmaster, Air Assault and Aviation Maintenance Officer qualified and is rated to fly both the CH-47D and UH-60A helicopters.

Navy Announces Reporting Requirements for SAPR Training

FROM CHIEF OF NAVAL PERSONNEL PUBLIC AFFAIRS

The Chief of Naval Personnel announced July 24 reporting requirements for completion of Sexual Assault Prevention and Response (SAPR) Leadership and Fleet training.

SAPR Leadership (SAPR-L) training, currently being de-



ployed, and the SAPR Fleet (SAPR-F) training to be deployed in October, will be reported via the Fleet Training Manage-

ment Planning System (FLTMP), as announced in NAVADMIN 225/12.

"The SAPR-L/F training will provide critical tools to reduce sexual assault and promote a culture of respect and professionalism in our force, where each Sailor is motivated to in-

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Joint Intel Center Gets Upgrade

FROM INFORMATION DOMINANCE CORPS RESERVE COMMAND

The military's Joint Reserve Intelligence Center (JRIC) on NAS Fort Worth JRB celebrated the completion of a major overhaul July 13. Approximately \$4 million was spent to bring the military's only intelligence analysis center in North Texas up to date, thus increasing its capabilities and making it more useful to inter-service and inter-agency partners.



PHOTO COURTESY OF INFORMATION DOMINANCE CORPS RESERVE COMMAND

Congresswoman Kay Granger of Texas' 12th district, flanked by Capt. Bernie Upchurch (L), Program Manager of the Joint Reserve Intelligence Program and Rear Adm. Gordon Russell (R), Commander, Information Dominance Corps Reserve Command, cuts a ribbon to mark the rededication of the JRIC.

"What we're doing is maximizing efficiencies to optimize outcomes," said Rear Adm. Gordon Russell, commander of the

continued on page 9

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NOW HEAR THIS: Base Announcements

Retired Military Wives Invited to Monthly Meetings

All wives and widows of career military men with a valid ID card are invited to participate in the twice-monthly assembly of the Retired Military Wives Club. The Retired Military Wives Club has its business meeting on the second Thursday of each month at the Fort Worth Elks Club, 3233 White Settlement Road. It begins at 11 a.m. The group's social event is on the fourth Thursday of every month. For details about the club or these events, contact Jean Bonner (817-246-9523) or Judy Corso (817-266-0167).

The Society of Military Widows

Chapter 32 of the National Organization meets at the chapel on base on the fourth Wednesday of the month at 11 a.m. for fellowship, lunch and a short business meeting. Widows of all military branches and ranks are welcome. For details, contact Jo Henry at (817-283-0416).

Carswell Retired Officer's Wives Club

Carswell Retired Officer's Wives Club meets on the second Tuesday of each month at 11 a.m. at the Fort Worth Woman's Club, 1316 Pennsylvania Ave. The CROWC is open to wives of current and retired officers of all branches. For details, or to make a reservation, contact Lois DiBartolomeo (817-346-8931).

Lone Star Officers Club

Our dinner meeting is on the third Wednesday of each month. On Aug. 15, we will meet at the Ridgley Country Club (3700 Bernie Anderson Avenue, Fort Worth, TX 76116) in the Garden Room. Mix and mingle starts at 6 p.m. The guest

speaker is Ray Lamy, Military Outreach Coordinator, Army & Air Force Exchange Service is developing a new program to reach out to AAFES customers and improve the exchange service for you. Information on our monthly program, menu, reservations and location is at www.lsoc-inc.com in our Parade "Newsletter" link.

Purple Heart Chapter Meeting Announcement

Purple Heart Chapter 1849 meets at 11 a.m. on the third Saturday of every month at the Paul Mansir American Legion Post 297 located at 8201 Old Benbrook Road, Benbrook, TX 76126. All Purple Heart recipients are welcome. For further information, please contact Mr. Ron Krotty at 817-768-8613.

Sittercity Childcare Program

Sittercity has helped more than 55,000 military families find the right caregiver. The Department of Defense funds Sittercity memberships for families of all services, including active duty, reserve, and guard. Sittercity is America's leading website for connecting families with high-quality local caregivers, including babysitters, nannies, senior care, pet care, housekeeping and tutors. For more information, go to sittercity.com/dod or contact lauren@sittercity.com.

What Makes America Great?

Summer fun and learning opportunities are available to our military children for the theme, What Makes America Great? The Military Family Network and K12 give military kids a great opportunity to have fun learning about the U.S. Constitution. Through fun, free and interactive online activities, kids in grades K-12 will gain a greater understanding of our amazing Constitution. This will provide a broader

context for military kids to see the meaningful role they have in service to our nation. Just go online to K12.com/ constitution. The activities offered will enhance kids' understanding of their family's military service and commitment, instilling pride in their parents, themselves, the military community and their country.

ID Card Office

RAPIDS Self-Service (RSS) is now available to Command Access Card (CAC) holders! RSS is a website that allows CAC holders to update their information and verify family members for DoD ID Card reissuance. Using this web based application, CAC holders have the ability to update certain information associated with their record. Additionally, they may use RSS to verify a family member's relationship and eligibility by digitally signing the form for ID Card reissuance. Once verified using RSS, sponsors no longer need to accompany their family members to get the ID card. In order to use the RSS website, you must be a sponsor with a DoD CAC and have a CAC enabled personal computer. Sponsors that are CAC Holders may access RAPIDS Self Service (RSS) at www.dmdc.osd.mil/self_service/. For additional assistance, contact the ID card office at 817-782-5244.

Air Force Accepting Prior Service Applicants

Have you previously served as an enlisted member in the Air Force or other branch of the U.S. Military? If so and you were honorably discharged and have been out of the service less than six years, you may be eligible to serve in the U.S. Air Force. We are currently seeking individuals to serve in their previous job or to possibly retrain. To learn more, contact MSgt Michael Watkins at 817-332-8841.

Naval Air Station Fort Worth's

... a local tradition continues

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Phone Dialing Changes

The attached Dialing Plan Information Sheet is distributed for your assistance with the new dialing plan:

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Users dial 7–digit local on-base number

Example: (782-1234)

99 - Local Off-Base Dialing

Users dial 99 + 10-digit local number

Example: (99-817-123-1234)

99 – Toll Free Access

Users dial 99 + 1 + toll free number (800/866/877)

Example: (99-1-800-123-1234)

98 - Long Distance – FTS (Commercial)

Users dial 98 + 1 + 10-digit long distance number

Example: (98-1-214-123-1234)

94 – DSN

Users dial 94 + 7-digit DSN number/Overseas dial 10-digit DSN number

Example: (94-xxx-1234)

Consult the DSN Directory Global Directory at:

<http://www.disa.mil/Services/Network-Services/Voice/SBU-Voice/Directory>

JOINT INTEL continued from page 7

Navy's new Information Dominance Corps Reserve Command, parent organization of the JRIC. "This facility houses real-world, 24-7 intelligence support, so its technological infrastructure has

to be kept current."

More than 400 active, reserve and National Guard service members work and train in the 24,000 sq. ft. building, now nearly 70 years old.

Congresswoman Kay Granger, Fort Worth Mayor Betsy Price and other local dignitaries

turned out for the event, marking the end of the two-year refurbishment project.

Originally housing non-intelligence offices on what was then Carswell Air Force Base, scenes from the 1955 Jimmy Stewart movie "Strategic Air Command" were filmed inside.



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Bravo Zulu for the Month of August NAS Fort Worth JRB Congratulates...

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The Military Lifestyle: Are Your Children at Risk of Psychological Problems?

Military children face frequent parental separation, stress from service member's unpredictable work hours, a wounded or lost parent, and relocations requiring social adjustment. This lifestyle may negatively effect a child's school performance and psychological well-being, putting them at greater risk for mental health and adjustment problems.

Your family is invited to participate at no cost in a research project aimed at addressing the shortage of programs known to be effective in preventing adverse effects on military children and families. University of Texas at Arlington researcher,

Dr. Alexa Smith-Osborne is teaming up with the Tarrant County Safe City Commission to test a scientifically-based coping program. "The Youth Resilience Project" consists of weekly educational sessions for youth and parents in Fort Worth and Arlington beginning in February 2012 and continuing throughout summer 2012.



For information contact Dr. Smith-Osborne at:
alexaso@uta.edu or phone us at 817-272-2165.



Fleet and Family Support Center

Supporting the needs of all our military members and families
3175 Vandenberg Ave. NAS Fort Worth JRB, Tel. 817-782-5287



Some Service we provide

- Deployment Support and their Families
- Personal and Family wellness education counseling
- Emergency preparedness and response
- Crisis Intervention and response
- Military and personal career development
- Financial Education and counseling
- Spouse Support



The FFSC has a virtual Job Board where jobs are listed daily. You can visit our board online at: <http://tinyurl.com/73Yv5p4> Please check daily for updates.

Beware of Credit Score

Many people do not know about the credit scoring system—much less their credit score—until they attempt to buy a home, take out a loan or make a major purchase. It's imperative that all of our service members and their spouses be aware of their score and where they stand. To get started and know where you stand, you can request your credit report and score by calling FFSC at 817-782-5287.



Important Bulletin

Navy School Liaison Officers at Your Service

Navy School Liaison Officers (SLO) are advocates that assist families with school transfers to help level the playing field for military children and youth. Under the Child and Youth Education Services Program, SLOs collaborate with local school districts to ensure school personnel are aware of the stressors on military families brought about by frequent moves and extended deployments.

These education professionals are located on all major Navy installations and serve as a liaison among community schools, Navy commands and military parents. Programming includes Installation-based Child and Youth Programs support and school based support in schools attended by Navy families. Services include:

- School transition services (PCS cycle).
- Deployment support.
- Command, school and community communications.
- Home - school linkage and support.
- Partnerships in education.
- Post-secondary preparations.



For a complete liaison list and more information, go to the Navy School Liaison Officer website or Facebook.

Thrift Savings Plan (TSP) Roth Option



An increasing number of employers—including the federal government—now offer employees a relatively new workplace savings choice—a Roth retirement savings option. With a Roth, employees are able to make after-tax contributions to their retirement savings account that will be tax-free when withdrawn.

The TSP began making the Roth option available May 7, 2012. Agencies and service branches will be phasing in the Roth option over time, as they modify payroll systems to accommodate contributions. The Defense Finance and Accounting Service (DFAS) has reported that the Roth option will be available to Marine Corps service members starting in June—with the Army, Navy and Air Force able to accept Roth contributions by October. In the words of Greg Long, TSP's Executive Director, "the Roth TSP option offers an important new tool for Federal civilian employees and uniformed service members in managing their retirement income by providing greater flexibility in the tax treatment of contributions now and in the future."

According to the TSP, with the introduction of Roth, employees will potentially have two types of balances in their TSP account: a traditional TSP balance and a Roth TSP balance. Money already in your account when you begin making Roth contributions may not be converted to a Roth and will remain part of your traditional balance. Matching contributions, which are not currently offered by any of the services but are available to DoD civilian employees, go into and will always be a part of your traditional balance. However, you may designate your own contributions any way you like—to Roth TSP, traditional TSP or a combination of the two—and participate in any TSP investment option, regardless of how you chose to allocate your savings.

To learn more about the TSP's Roth option, visit the TSP website: www.tsp.gov



Hours of Operation

M-Th 0730-1630

Fri 0730-1600

Sat 0700-1630

Centralized Scheduling To make an appointment for Clinical, Marriage, or Family Counseling. Please call 866-293-2776

Tarrant County Veteran Service Officer

Get onsite assistance in filing your VA claim! Call 817-782-5287 to sign up. Every Thursday from 1000-1600 the Tarrant County Veterans Service Office will be at the FFSC to help, please call for appointments.

Retired Affairs

The FFSC Retired Affairs Officer provides information and explanation of available veterans' and retirees' entitlements, benefits, and resources and refers to available civilian programs and services when military or veterans' resources cannot provide assistance. If you need help or have any questions please contact 817-782-5287 to make an appointment or speak to our Retired Affairs Officer.

Workforce Commission

Every Tuesday at the FFSC a Texas Workforce Rep is available to assist you from 1000-1500 with job search and resume tips. Call your FFSC.

Haunted Hayride Contest

Create your own "Haunted" space for the MWR Haunted Hayride - Saturday, Oct. 27th. Contest is open to all military units and commands.

Help MWR with a great hayride while competing for cash prizes for your group.
1st Place \$350 - 2nd Place \$250 - 3rd Place \$150

Register at ITT by October 8.
Spots on the hayride route will be assigned as you sign up.
We need a minimum of 8 groups to sign-up to "HAUNT" the hayride route - Start planning your "HAUNTING" today!

For more information call (817) 782-6121



Fleet and Family Support

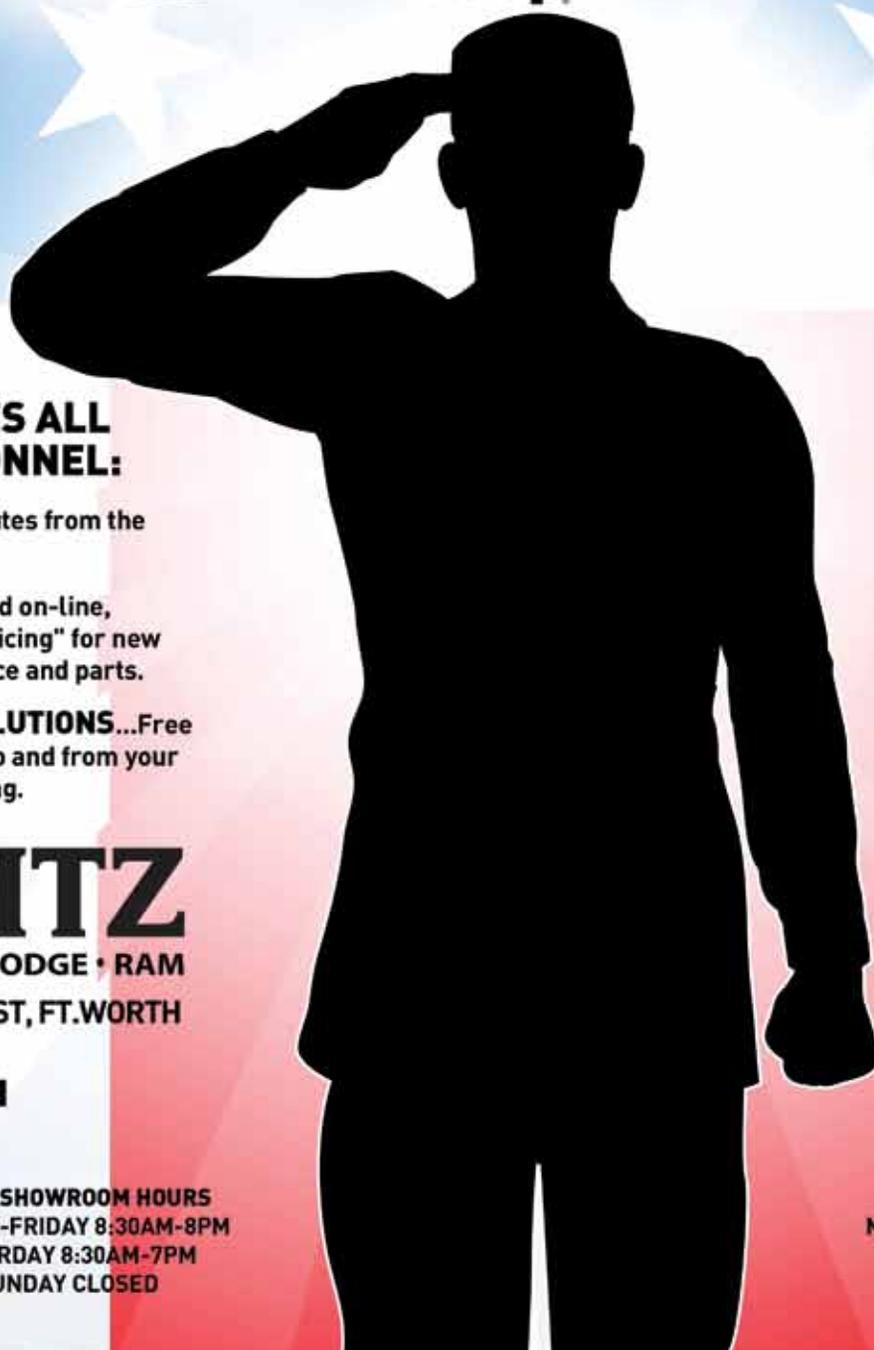
August 2012 Class and Event Schedule

Sexual Assault for the DoD Community: 877-995-5247

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31 Texas Workforce Rep 0830-1500 Tax Steps to Federal Employment 1000-1100	1	2 Tarrant County Vet Rep 1300-1500	3 Survivor Benefits 0900-1030	4
5	6	7 Texas Workforce Rep 0830-1500 Industrial Teleconference Assembly Meeting 1000-1100	8	9 Tarrant County Vet Rep 1300-1500	10	11 MWR SU/Deployment Scheding 1000-1200
12	13	14 Texas Workforce Rep 0830-1500 Military Rep 0900-1000	15	16 Survivor Benefits 0900-1100 Tarrant County Vet Rep 1300-1500 OW quarterly meeting 1300-1400	17	18
19	20	21 Texas Workforce Rep 0830-1500	22 EARNING 0900-1100	23 Tarrant County Vet Rep 1300-1500 OW 1400-0500	24	25
26	27	28 Texas Workforce Rep 0830-1500	29	30 Tarrant County Vet Rep 1300-1500	31	1



YOUR MILITARY HEADQUARTERS



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SATURDAY 8:30AM-7PM
SUNDAY CLOSED



SERVICE HOURS
MONDAY-FRIDAY 7AM-7PM
SATURDAY 7:30AM-2PM
SUNDAY CLOSED

BASE HAPPENINGS



Then We Shake It Up Really Good



PHOTO FROM PAT TELLMAN

The 'Reading is So Delicious' summer reading program took a tour of the five star award-winning Moreland Hall Dining Facility. Culinary Specialist 1st Class Justin Vanhorn explains how they prepare hundreds of meals a day for the military and civilian personnel on base.

Rocking the 4th of July



PHOTO FROM MWR

A band entertains the crowd during Independence Day festivities at NAS Fort Worth JRB July 4. The day featured bouncy tents, lots of food, music and was capped off with a fireworks display.



Camp DEFY

Campers and counselors pose in front of a static display on the first day of Camp DEFY (Drug Education For Youth) July 30. The camp focused on substance abuse prevention, gang resistance, physical fitness, citizenship, conflict resolution and self esteem development for youth ages 9-12

PHOTO BY RUSTY BAKER

Don't Know If You Know This, But I'm Kind of a Big Deal



Actors Will Ferrell and Zach Galifianakis visited NAS Fort Worth JRB July 18 to meet troops and hold a tug-of-war. They also announced the base would get a free sneak preview of their new movie, *The Campaign*.

PHOTO BY MASS COMMUNICATION SPECIALIST 1ST CLASS ERIC DEATHERAGE

Cupcakes by the Lake Is No Mistake



Rebecca Romero from Central Market was a special guest at the library July 25. Have you ever eaten a Cat in the Hat's hat? She showed the attendees how to make one out of cookies, strawberries and bananas. Next she made cauliflower clouds, broccoli trees and meatballs from the story *Cloudy With a Chance of Meatballs*.

PHOTO FROM PAT TELLMAN

Time to Suit Up



NAS Fort Worth JRB firefighters hosted story time for the library. They read stories and provided fire equipment for show and tell. They also brought a fire engine that the children and parents were able to sit in and flash the lights. Everyone cooled off with a water spray show from the truck.

PHOTO FROM PAT TELLMAN

BASE ACTIVITIES & MWR INFORMATION



All information is intended for military, DOD, BOP ID cardholders and their families. Events and facilities are not open to the general public.

How do I find out more about MWR activities on base?

- Like us on Facebook: NASFWMWR.
- Text FWMWR to 30364 on your cell phone for updates.

Back to School "Splash Bash" Jungle Pool Party – FREE FAMILY EVENT!

Thursday, Aug. 16, 5:30 to 8 p.m.! Karaoke, Food, Fun & Prizes! For more information about this event, please call 817-825-6428!

MOVIE REEL THEATER (817-782-6037)

• Comedian Bernie McGrenhan brings his stand-up comedy show "Happy Hour" to NAS Fort Worth JRB for two shows Aug. 15 (9 & 11 a.m.) at the Base Theater. Happy Hour is the number one military requested risk-reduction and prevention training program in America.

Lone Star Center (817-782-5293)

• Limited Office Hours in August – Lone Star Office will be open Tuesdays & Thursdays only from 10 a.m. to 3 p.m. in August. If you have questions, please call 817-782-5293 and leave a message and we will return your call. Regular office hours will return in September. We apologize for any inconvenience.

LIBRARY (817-782-7735)

- PreSchool Story time - Wednesdays at 10:30 a.m.
- Free Music Downloads available with "Freegal" account, contact library.
- Rosetta Stone available for library patrons also Transparent Language on NKO
- New Item - Playaway Views for youth.
- Reading is So Delicious! Activities throughout the summer for adults, young adults and children.

INFORMATION, TICKETS AND TRAVEL (ITT) (817-782-6121)

• Tour the Cowboys Stadium and Rangers Ballpark with ITT Aug. 24. Sit back and relax, we'll do the driving. Tour will

leave from Bldg 1815 @ 9:30 a.m. Adults \$35.00, children ages 4 -14 \$30.00 and seniors (62 & Older) \$33.00. For more information call ITT at 817-782-6121.

• Discounted tickets to Ringling Bros. and Barnum & Bailey "The Greatest Show on Earth" Circus Aug. 1-12 at the American Airlines Center in Dallas and Aug. 15-19 at the Fort Worth Convention Center. Exclusive savings for the military (save 50 percent). Purchase tickets through Ticketmaster.com or call 1-800-745-3000. Use code: ASY50 for discount.

• Disneyland tickets are now available.

• Get summer tickets to Six Flags, Hurricane Harbor, NRH20, Hawaiian Falls, Schilletterbahn, Fort Worth Zoo, Omni Theater and so much more. Daily tickets and season passes are available.

• Armed Forces Vacation Club is a "space available" program that offers military and other DoD-affiliated personnel the opportunity to enjoy vacations at popular destinations around the world for incredibly low prices. Check it out at www.afvclub.com or call 1-800-724-9988. When booking with AFVC, be sure to mention our base code: 310.

• Texas Rangers offer a military discount on game tickets.

THE "GRILL" (817-782-5505)

• Try our healthy choices, including our new turkey burger and grilled chicken sandwich.

The "LOUNGE" (formerly Lone Star Sports Bar) (817-782-7919)

- Two Dollar Tuesdays.
- DJ/Karaoke on Thursdays (5 to 10 p.m.).
- Free Munchies on Friday (4:30 - 6 p.m.).
- Saturday Specials.
- Bar menu: mozzarella sticks, hot wings, quesadillas, mini corndogs and nachos.

FITNESS CENTER (817-782-7770)

• Remember your Fitness Center swipe card.

• Kempo Karate Class – Every Monday & Wednesday - kids, 6 p.m. and adults, 7 p.m. \$20 per month. Purchase your class fee at the front desk (purchase uniform from instructor). For more information, please call 817-782-7770.

- New at the Fitness Center: TRX Suspension Training.
- Family-friendly fitness at 9 a.m. on Fridays.
- Other classes available are step aerobics, pilates, yoga, spin, zumba, pumpit-up, adult/ children karate and personal training.

AQUATICS CENTER (817-782-1220)

- American Red Cross-endorsed youth swim lessons.
- Saturday swim lessons now available.
- Swim Across Texas Club.



Take care of your troops.

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*Second free frame must be of equal or lesser retail value as the first frame. You only pay for the lenses and extra features. Complete pair purchase required on both pairs. Second free frame must be purchased with the first pair and at the same date and time. Offer cannot be combined with any other discount, coupon or insurance plan. All eyeglass and contact lens purchases require a current, valid prescription. Offer expires 09/01/2012. ©2012 National Vision, Inc.

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PHOTO BY PFC. D.I. FUGATE

R.V. Burgin, a veteran Marine of World War II, shares his experiences to the Marines of 8th Marine Corps District at Burgin's house July 13 in Lancaster, Texas. Along with stories of war, he spoke with the Marines about other hobbies such as fishing.

BURGIN continued from page 1

was going to make it home, made him a hero in Gonzalez's eyes.

These Marines know Burgin is a hero and he has a plethora of knowledge to share with the young Marines.

"I go into work and it is just work, but Mr. Burgin, to this day still has pride in the Marine Corps," said Gonzalez. "I need to remember why I joined just like Mr. Burgin. He also keeps in contact with the men he served with and that brotherhood is something, as NCOs, we need ourselves, and something we need to instill in the Marines under our care."

Gonzalez took a special interest to the devotion to duty he showed on the home front, along with the honor and courage he took into battle.

"Something else that I noticed in him was his commitment," said Gonzalez. "I believe that serving taught him commitment and I saw this when he still knew the number of days that he was with his wife even after she passed away."

Gonzalez was touched by his Marine attitude, while Petsch was inspired by his stories about the ways of an older Marine Corps generation.

"Mr. Burgin told me a story about when his platoon was in Australia getting rest before con-

tinuing on with their duties," said Petsch. "Someone randomly decided that they were going on a 20-mile hike. I wish the Corps was still getting up and doing things on a whim, but now everything has to be planned out and some sort of paperwork has to be done. I just feel like we can't forget where we came from and need to follow their lead."

It isn't every day these Marines get a chance to see, or let alone speak with, an American hero, and they plan on taking the opportunity while they can. Heroes from his generation will not be around forever.

"It was a great opportunity for us to visit this man," said Gunnery Sgt. Warren L. Stevens, the district supply chief and company gunnery sergeant. "He was one of only five men still alive that he deployed with, and he is the first true hero I have personally met. I greatly valued this time."

"We enjoyed our time with him and plan on visiting him again," said Petsch. "It isn't every day that we get to have a personal visit with a hero and he has plenty to teach us and we are all willing to learn."

The stories and knowledge shared at this barbeque may never be found in history books, but the memory of this World War II veteran will remain with the Marines forever.

SAPR continued from page 6

tervene and stop these crimes," said Capt. Scott Seeberger, SAPR Task Force chief of staff. "Recording the training in FLTMPs will allow the Navy to monitor the progress we are making in getting the SAPR leadership and fleet message out to our Sailors at every level."

Detailed in NAVADMIN 225/12, recording completion in FLTMPs is required for SAPR senior leadership/triad, SAPR-L and SAPR-F training. To record the training, command training officers must have a command-approved FLTMPs account and access to the FLTMPs SAPR-L/F learning event completion form (LECF) in order to document SAPR-L/F completions.

Completion of all training must be reported using FLTMPs no later than September 30 for SAPR-L and December 31 for SAPR-F.

Sexual assault prevention and response is an important element of the readiness area of the 21st Century Sailor and Marine initiative, which consolidates a set of objectives and policies, new and existing, to maximize Sailor and Marine personal readiness, build resiliency and hone the most combat-effective force in the history of the department of the Navy (DON).

To find out more about NAS Fort Worth JRB sexual assault prevention, contact the Fleet and Family Support Center at 817-782-5287.

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Back-to-School Tips for Parents

FROM MICHAEL ARNETT, SCHOOL LIAISON OFFICER

Whether you are sending your little one off to the start of his or her first year of school or waving good-bye as your teen drives off to high school, there are some things you can do to promote a positive start to the school year. Parents, review the list below to see how you rate on completion of your homework.

Read and respond appropriately and promptly to all the forms your child brings home. Each form has a purpose.

Read the school's student handbook and discuss important academic and disciplinary policies with your child. Review the rules for riding the bus.

If your last name is different from that of your child, be sure to include your child's name on completed forms, even if there is not a preprinted place for the name. This will help the teacher

to identify whose parent you are.

Instruct first-time locker users to record their locker combination and keep it in a place they will remember to look. To prevent locker break-ins, store the locker number and combination separately. The same goes for sports lockers.

Ensure that your child's counselor, teachers, and the school's main office staff have accurate contact information for you and your emergency designee. In the event of an emergency or illness, be sure the school is able to reach you or your designated emergency contact.

Know the school's policies regarding cell phones, medication, cameras, backpacks, etc.

If your child has a cell phone, check to see if he is texting or using other features of the phone during school hours.

Inform the school in advance of planned absences. When possible, schedule your child's medical and dental appointments after school hours or during scheduled school breaks. Regular attendance is essential to maximize student achievement.

Mark your calendar for dates when grade reports will be is-

sued. Usually schools send home a mid-term report and a final grade report for each grading period. Find out if you can access your child's grades online.

Initiate positive involvement in your child's school. Attend parent meetings and read school newsletters. Volunteer.

Resist the urge to criticize teachers and administrators in your child's presence. How can your child learn from someone they know you do not respect? Think about it.

The number one predictor of student success is parent expectations of their children in school. Push hard and be positive. They can do it!

Remember...you are the example for your children. They will mirror your actions and perceptions and act on those perceptions as they encounter life events.

While these directives do not guarantee success, if adhered to, they are sure to help you avoid some foreseeable challenges. Contact the SLO office at 817-825-6428 for assistance with school-related concerns. Have a great school year!

STADIUM TOURS

with ITT (Information, Tickets, & Tours)

Friday, August 24, 9:30 AM

Adults, \$35.00
Ages 4 – 14, \$30.00
Seniors (62 & older), \$33.00

- Bus departs @ 9:30 AM
- Cowboys Stadium Tour
- Rangers Ball Park Lunch & Tour
- Estimated return time: 4:00 PM
- Sign-Up by 4 PM, August 10



COWBOYS STADIUM

RANGERS BALL PARK



ITT
INFORMATION
TICKETS & TRAVEL

For more information call ITT
(817) 782-6121

 Facebook.com/NASFWMWR

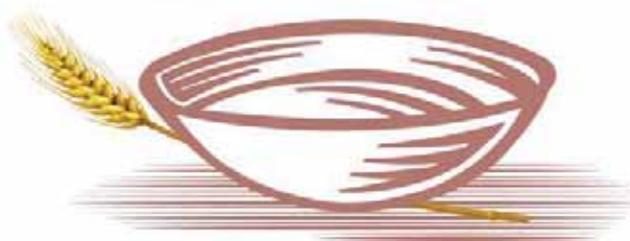
Rangers Ballpark in Arlington

2012 Feds Feed Families

Food Drive

Runs through Aug. 31

Food banks across the nation are facing severe shortages of non-perishable food items. Federal employees and members of the uniformed services are stepping up to meet this challenge by gathering two million pounds of food for families in need this summer. **NAS Fort Worth JRB** hopes you will donate any non-perishable goods you can to help us meet this national goal. For more info, contact the Base Chapel at 817-782-5665.



feds feed families

Drop off box locations
 Commissary, Child Development Center, Chapel
 Donations will be delivered to Area Food Bank & West Aid.

www.fedsfeedfamilies.gov

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Coupon expires at the end of the 2012 summer season.



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