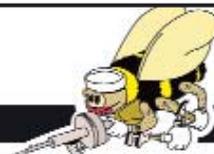


# Seabee Courier

HOME OF THE ATLANTIC FLEET SEABEES



Vol. 46 No.16

Naval Construction Battalion Center, Gulfport, Mississippi

August 27, 2009

## Inside this edition



A little rain didn't keep 18-month-old Leyla Garcia indoors during the Northpointe Preserve ribbon cutting Aug. 20.

See page 3



A father and daughter get acquainted at one of the many NMCB 11 homecomings taking place here in August.

See page 12



The "First and The Finest" of NMCB 1 departed earlier this month for a 6-month Pacific Command deployment.

See page 13

## NMCB 74 heads to Afghanistan



ALI AL SALEEM AIR BASE, Kuwait Seabees attached to Naval Mobile Construction Battalion (NMCB) 74 step onto a C-17 cargo plane headed to southern Afghanistan. NMCB-74 is deployed to Afghanistan supporting the NATO International Security Assistance Force and is one of the Naval Expeditionary Combat Command warfighting support elements providing host nation construction support and security. NMCB 74 relieved NMCB 5 at Camp Natasha in Camp Leatherneck, Afghanistan. (U.S. Navy Photo by Mass Communications Specialist 2nd Class Michael Lindsey/Released)

## Obama pledges support for troops/veterans

By Donna Miles  
American Forces Press Service

America's men and women in uniform have done their duty and fulfilled every responsibility that's been asked of them, President Barack Obama said Aug. 17.

"And now," he said, "a grateful nation must fulfill ours."

Obama offered high praise for the troops, calling them the heart and soul of the world's best military during a speech at the Veterans of Foreign Wars' annual convention in Phoenix.

"It's not the powerful weapons that make our military the strongest in the world. It's not the sophisticated systems that make us the most advanced," he told the veterans. "No, the true strength of our military lies in the spirit and skill of our men and women in uniform."

Obama said he recognizes his responsibility to "America's most precious resource" and vowed to be deliberate in how he commits them.

"I will only send you into harm's way when it is absolutely necessary," he said. "When I do, it will be based on good intelligence and guided by a sound strategy. And I will give you a clear mission, defined goals and the equipment and support you need to get the job done."

Obama promised to ensure troops have the resources, equipment and strategies they need to succeed in the current conflicts as well as future ones.

See PLEDGE page 17

# Navy Legal

## If a loved one is mentally or physically disabled, consider a Special Needs Trust

By Lt.j.g. Brent Johnson, JAGC  
 RLSO Southeast



If one of your loved ones is physically or mentally disabled, and no Special Needs Trust is created, did you know that leaving them an inheritance of \$2,000 or more could possibly cause them to lose certain government benefits? Worse yet, did you know that the government could require a disabled adult receiving an inheritance to spend that money before it would pay for residential care or other services?

Assuming you desire to avoid interfering with public benefits potentially available to a disabled family member, you should consider consulting your local legal assistance attorney about Special Needs Trusts. A "Special Needs Trust" (sometimes called a Supplemental Needs Trust) is a type of trust designed to hold assets in trust for a disabled beneficiary and simultaneously protect that person's eligibility for public assistance programs such as Supplemental Security Income and Medicaid.

SSI is a government program providing monthly cash disability payments to individuals who are medically disabled, have no current Social Security Disability Income and have few assets and little income. Disabled individuals who receive SSI are automatically provided with

Medicaid health insurance benefits. The problem - generally speaking - is that one loses Medicaid health insurance coverage if they lose SSI. The good news, however, is that a properly drafted Special Needs Trust can help you avoid endangering SSI and Medicaid benefits for a disabled family member. Additionally, Special Needs Trusts can help protect an inheritance from being exhausted on food, clothing and shelter - expenses covered by government programs. Equally as important, trust funds placed in Special Needs Trusts give your beneficiaries protection should they ever be sued in a personal injury or other lawsuit.

Special Needs Trusts are a highly complex type of trust. A trust is essentially a legal arrangement regulated by state law in which one party holds property for the benefit of another. Special Needs Trusts are used so that the property left to a disabled family member supplements, not supplants, impairs, or diminishes any benefits or assistance of any government-

See TRUST page 16

# Skipper's Log

## Any Road

By Capt. Ed Brown  
 CO, CBC/CMDR 20TH SRG



**Capt. Ed Brown**

It's been about a year since I've started writing these articles. Some concepts have evolved and others just need to be revisited. Time to take stock. I asked you a while ago to set your goals and track them. If you set goals, did you tell someone? Having that person who is tracking for you helps you stay on track.

If the goal was more time with the family, did you do it? Don't answer!! Go home and ask the kids, the spouse, "How's Mom or Dad doing?" Ask the parent that you wanted to spend more time with, whether they've noticed a difference. If you don't ask, it's probably because you don't want the answer. Maybe you know that you cheated on the diet or didn't register for college like you said.

The best part about setting goals is that you get to try again. Revisit what you set out to do and DO IT! Set the

plan and take action. There is no valid excuse not to. Don't give me "I'm too busy" or "this was a bad year." If things are tough or busy, wouldn't it make hitting a milestone toward your future that much sweeter. It makes you stronger, it makes you better. Per the Cheshire cat, "if you don't know where you are going, any road will get you there."

## NCBC Commissary Case Lot Sale



Sept. 4 8:30 a.m. - 6 p.m.  
 Sept. 5 8:30 a.m. - 6 p.m.  
 Sept. 6 10:30 a.m. - 6 p.m.

**Save Big!**

## Sailor's Creed

I am a United States Sailor,  
 I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me,  
 I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world,  
 I proudly serve my country's Navy combat team with Honor, Courage and Commitment,  
 I am committed to excellence and the fair treatment of all.

### Command Action Line:

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-(877)-657-9851 Comm: (904) 542-4979 DSN 942-4979 FAX: (904) 542-5587, E-mail: CNRSE\_HOTLINE@navy.mil.

**NCBC/20SRG**  
 Commanding Officer  
 Capt. Ed Brown  
 Public Affairs Officer  
 Rob Mims  
 Editor  
 Bonnie L. McGerr  
**Mass Comm. Specialists**  
 MC1(SW) Terry Spain  
 MC2 (SCW) Gregory N. Juday

**22 NCR Commander**  
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 Public Affairs Officer  
 MCC(SCW) Jeffrey J. Pierce  
**Mass Comm. Specialist**  
 MC3 Michael Wright

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 Public Affairs Officer  
 Lt.j.g. Ina Miranda-Vargas  
**Mass. Comm. Specialists**  
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**NMCB ELEVEN**  
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 Public Affairs Officer  
 Lt. Jason Lockhart  
**Mass Comm. Specialist**  
 MC1 (SCW) Nicholas Ling

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 Public Affairs Officer  
 Lt.j.g. Margaret Hansen  
**Mass Comm. Specialist**  
 MC1 (SW/AW) Ryan Wilber  
 MC2 Michael Lindsey

**25 NCR Commander**  
 Capt. Jeffrey T. Borowy  
**Mass Comm. Specialists**  
 MC2 (SCW) Jeffrey Militzer

**NMCB SEVEN**  
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 Cmdr. Jayson Mitchell  
 Public Affairs Officer  
 Ensign Eric Hower  
**Mass Comm. Specialist**  
 MC2(SCW) Michael B. Lavender

**NMCB ONE THIRTY THREE**  
 Commanding Officer  
 Cmdr. Christopher Kurgan  
 Public Affairs Officer  
 MCC (SW/AW/PJ) Ryan C. Delcor

**NCTC Gulfport**  
 Commanding Officer  
 Cmdr. Stephanie Jones  
 Public Affairs Officer  
 Chaplain (Lt.) Daniel Spies

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# No Place like Home



Left: Charles Taylor, housing installation program manager for Naval Construction Battalion Center, Courtney Collier, general manager Balfour Beatty Communities Gulfport, Ted Lipham, project director Balfour Beatty Communities, Navy family member Kim Hayes and her family, and Capt. Ed Brown, commanding officer of NCBC mark the official opening of the Northpointe Preserve family housing for NCBC Sailors and their families Aug. 20. The new 60-unit subdivision, located north of I-10, is made up of three or four bedroom townhouses which feature open floor plans, granite in the kitchen, screened back porches and plenty of storage. Within a two year time frame 212 new residences will have been built both on and off the Center to accommodate military personnel attached to NCBC.

(U.S. Navy photo by Rob Mims/Released)

## Mississippi high school students have chance to apply for U.S. Senate Youth Program

From Kevin Byrd  
School Liaison Officer

Two students involved in student government at public or private schools will be selected to take part in the annual program established in 1962 to expose select student leaders to the federal government and the U.S. Senate. The program is open to junior or senior students.

"The U.S. Senate Youth Program is a wonderful program that gives young leaders an excellent opportunity to expand their educations through interaction with national policy makers. I

hope there is wide interest among high school students in Mississippi for this opportunity," U.S. Sen. Thad Cochran said in a news release today announcing the opening of the nominating process.

The Mississippi delegates will receive a trip to Washington on March 6-13, where they will join delegates from each state, the District of Columbia and the Department of Defense Education Activity.

The program includes meetings with government officials, including President Barack Obama, a Supreme Court

justice, U.S. senators, cabinet secretaries and other policy makers. Each recipient will also receive a \$5,000 undergraduate scholarship from the Hearst Foundation, which sponsors the program.

Interested students may visit <http://www.usenateyouth.org/> to access a brochure outlining the rules and selection process information.

For more information, call Mississippi's state-level USSYP selection administrator Tony Webster at (601) 359-4305 or e-mail him at [twebster@mde.k12.ms.us](mailto:twebster@mde.k12.ms.us).

## Buzz on the Street



Who do you think will win the Super Bowl this year?



"Without a doubt, the Atlanta Falcons. My entire office feels the same way. Go Falcons!"

BU3 Eric Larson  
CBC  
Hometown: Suwanee, Ga.



"I know the Giants will win this year."

MA1 Danielle Metz  
CBC  
Hometown: Pittsfield, Me.



"I think the Eagles will win - with the addition of Michael Vick."

YN1 Ka'shon Lewis  
NOSC  
Hometown: Mobile, Ala.

# Seabee Center Crime Patrol

A summary of Security Department activity Aug. 3 - 16

## 1,701 vehicles were inspected during 163 Random Antiterrorism Measure (RAMS)

Responded to 11 Minor vehicle accidents, 31 Security Alarms, 11 Fire Alarms, 7 Medical Emergencies, 2 Domestic Assault Complaints and 6 Animal Complaints

4 personnel were detained

## Issued 39 Non-Moving (Parking) citations

4 - No Proof of Insurance

6 - Cell phone

2 - Parked in Emergency Lane

1 - Parked on grass

19 - Expired Tag

6 - Expired Inspection Sticker

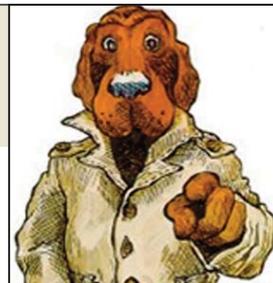
1 - No seatbelts

30 - Parking in an area not specifically designated as a parking space

## Issued 6 Moving Citations:

3 - Disobeyed stop sign

3 - Exceeding Posted speed limit: (35mph in 25mph), (37mph in 25mph), (33mph in 25mph)



## McGruff the Crime Dog reminders:

The use of cellular phones while driving is **PROHIBITED**. This includes any hands-free device that is worn around or over the ear (Blue Tooth.)

**SEATBELTS** are required at all times while operating or riding in a vehicle on board NCBC in accordance with OPNAVINST 5100.12H.

Personal firearms are **PROHIBITED** on the installation.

# Crime Prevention & Education: Preventing Pilferage

By Sharlene S. Daniels  
Assistant Security Officer, NCBC

Pilferage by definition is considered the partial theft of contents from a package. The thief may also steal the contents, but leave behind the resealed package filled with bogus contents. Broader aspects of theft may include taking the entire package, pallet load, truck load, shoplifting, etc. There are two types of Pilferers; the Casual Pilferer and the Systematic Pilferer.

The Casual Pilferer steals primarily because of an inability to resist the temptation of an unexpected opportunity and has little fear of being caught. The thefts are usually not premeditated and the pilferer usually acts alone. Items are taken for which the pilferer has no immediate need or use or he may take small quantities of supplies for family or friends.

Systematic Pilferers steal with a premeditated plan and with a specific desire to sell pilfered items for cash or barter for other valuable commodities or services. The pilferer may work with another person or with a larger group of people, of which one or more may be in the position to locate or gain direct access to

the stolen items. The act may be a one time occurrence or may extend over a period of time.

Pilfering may be encouraged to steal through "targets of opportunity." This element of pilferage is the most controllable. The opportunity for theft of an item is decreased by limiting access to the item, maintaining strict inventories for early detection and increased personnel involvement in spotting and preventing loss.

Personal need or desire for an item may be the basis for stealing and it can only be offset by serious deterrents. Stiff security measures and harsh penalties may persuade an individual that the cost of obtaining the item illegally is not worth the cost of getting caught.

The pilferer may find it easier to take an item if he can rationalize the theft. Altering this pattern of destructive behavior may be accomplished

through education.

Decreasing the availability of access to the items may be achieved through periodic self assessments to detect weaknesses in the facility's security system. Also a strict Key and Lock Control Program will greatly reduce an individual's ability to gain access to areas containing highly pilfered items.

Strict inventory control allows commands to keep a tight control on the locations of

items and allows early detection of loss. All commands are responsible for setting up an asset inventory program for items which do not fall under an already established inventory program. They must also continue to increase employee involvement and heighten awareness that theft of government property hurts everyone.

If you feel pilferage is occurring within your department please call Security at (228) 871-2361.

Crime Prevention



# Naval Construction Battalion Center Volkslauf Mud Run 2009

**Saturday Sept. 12  
8 a.m.**



To register or for details visit:  
[www.cnbc.navy.mil/Gulfport/index](http://www.cnbc.navy.mil/Gulfport/index)

This 4+ mile course is filled with challenging obstacles and  
tons of old fashioned Mississippi Mud!



Construction Mechanic Constructionman Andrew Clayton, a Naval Mobile Construction Battalion (NMCB) 7 aggressor, attacks Seabees from NMCB 22 with his M-4 service carbine during an Aggressor Field Exercise scenario. A Seabee Aggressor FEX is an operation where a Seabee unit provides personnel to attack a battalion that is conducting its annual field exercise. (U.S. Navy photo by Mass Communication Specialist 2nd Class Michael B. Lavender / Released)

## NMCB 7 Seabees play bad guys for NMCB 133, NMCB 22

By MC2 (SCW) Michael B. Lavender  
NMCB 7 Public Affairs

During a Seabee Battalion's homeport training, it undergoes a field exercise (FEX) to train and to determine its deployment readiness. This two to three-week exercise includes communications, convoys, patrols and repelling attacks. But who attacks a Seabee battalion on FEX?

Enter the aggressor. These motivated personnel are selected from a fellow Seabee battalion; usually a battalion that is a few months earlier in their homeport training schedule than the battalion currently on its field exercise.

"We utilize aggressors as the enemy used to train a battalion in the field by exploiting its weaknesses," said Utilitiesman 2nd Class (SCW/FMF) Dennis Colodro, a 20th Seabee Readiness Group aggressor leader. "It's a great part of FEX. You can never gain the full effect of battle, no matter what training

you do. By providing a visual enemy, we can get the battalion closer to the reality that there are people out there shooting at you."

Training to be a FEX aggressor starts with basic skills earned in the battalion with some on-site training conducted prior to starting the scenarios against the battalion out on its FEX.

"In a position like this, you get to practice skills you don't often get to in the Seabees, like applying tactics in warfare," said Colodro. "Seabees are a defensive unit. We're out of the box when we have to do offensive operations in these mock battles. We borrow tactics from the Army and Marine Corps, and apply the 'Can Do' touch to them."

During an Aggressor FEX, aggressors perform a variety of scenarios including sweeps, different levels of attacks, ambushes, intruders and protests.

"I'm having a blast out here," said Construction Electrician

Constructionman Danny Hartless, a Seabee assigned to NMCB 7 and an aggressor. "I've been in the battalion six months and have never been out in the field. I get to explore the offensive side, so I get to think like an enemy combatant would. My favorite attack so far has been a heavy machine gun attack. Two of us loaded up two M-240B machine guns into the back of a pick-up truck and drove straight up to their entry control point. Right as we stopped, we popped up over the cab and lit up their fifty-cal pit. It took them several seconds to respond because of the confusion we caused. It was very funny to see and hear their responses."

While a defending Seabee battalion is out on its FEX, the aggressors play an important role to determining their readiness to deploy.

"We're here to test the defenses and capabilities of the

See BAD page 15

## Ophthalmologist joins staff of Keesler Medical

By Steve Pivnick

81st Medical Group Public Affairs

The newest member of the 81st Surgical Operations Squadron ophthalmology clinic is Capt. (Dr.) Jonathan Ellis.

Captain Ellis completed a four-year residency at Wilford Hall Medical Center, Lackland Air Force Base, Texas.

A specialist in ophthalmology and refractive surgery, he joins two other ophthalmologists at the clinic.

Captain Ellis is fully trained in refractive surgery, including LASIK and PRK, as well as macular degeneration, glaucoma treatment, plastics and pediatric eye care.

He completed more than 500 surgical procedures during his residency, including more than 200 refractive surgical procedures.

For more information about refractive surgery, currently available to active-duty military only, call (228) 376-5735. For other ophthalmology clinic services, call (228) 376-0452.

## Training and Working as One Team



Navy and Army students from Naval Construction Training Center (NCTC) Gulfport Builder "A" School, work together breaking down floors at the Builder Lab on board Naval Construction Battalion Center (NCBC), Aug. 18. NCTC conducts 171 "A" school courses and 318 advanced courses with 8,800 students from the Navy, Air Force and Army training and working together towards a common skill. (U.S. Navy Photo by Mass Communication Specialist 2nd Class Gregory N. Juday / Released)

# Pacific Partnership 2009 departs Solomon Islands

By Lt. Cmdr. Nancy Harrity  
Pacific Partnership Public Affairs

Pacific Partnership 2009 departed Solomon Islands Aug. 19 after 14 days of working alongside Solomon Islanders delivering a variety of humanitarian civic assistance programs on the islands of Guadalcanal and Malaita.

Pacific Partnership 2009 was the mission's second visit to Solomon Islands, with the first taking place during Pacific Partnership 2007.

This year's visit coincided with the 67th anniversary of the Battle of Guadalcanal and the 26th anniversary of the island of Malaita's Second Appointed Day, the annual celebration of the province's independence. Representatives from Pacific Partnership participated in ceremonies observing both events.

Engineering teams completed a number of projects at three schools on Guadalcanal including Honiara Red Cross Special Development Center, Marrara Primary School and Visale Primary School.

The largest project was at Honiara Red Cross Special Development Center, which provides training to 150 handicapped children ages 3 to 20 years old, to teach them independent living skills.

The team of engineers from Australia and the U.S. completed a partially finished classroom building and built a new classroom building on an existing concrete slab, to provide the center with additional classrooms for home economics and industrial



Capt. Andrew Cully, Pacific Partnership 2009 mission commander, and Paul Berg, Charge d'Affairs for the United States, receive a traditional warrior's welcome from Malaita Island villagers during a Pacific Partnership event in the Solomon Islands. Pacific Partnership is a humanitarian assistance mission in the U.S. Pacific Fleet area of responsibility. (U.S. Navy photo by Mass Communication Specialist 2nd Class Joshua Valcarcel/Released)

arts training. This work included all framing for the new building, installation of electrical lighting, outlets, ceiling fans, jalousie windows, sliding glass doors, vinyl tile flooring, corrugated roofing and exterior ship-lap siding, finishing interior walls, priming and painting interior and exterior surfaces and pouring 67 linear feet of concrete sidewalks.

The team also improved site grading and

drainage and repaired the roof on an existing classroom building.

Marrara Primary School in Tanagai Parish on Guadalcanal serves 1,090 primary and secondary students. The school was damaged during recent flooding and required renovations to the classroom structures, water catchment system and grounds.

The engineering team installed new gut-

ters, downspouts, fascia and water catchment tanks for two separate classroom buildings improving the school's ability to gather fresh water. They also repaired ceilings and interior walls, completed shiplap siding on exterior walls and primed and painted the interior and exterior walls of five classroom buildings.

At Visale School, which serves approximately 500 students, the Australian and American team was joined by local volunteers to replace the roof on a 27' x 46' building used as classrooms and offices. The team replaced the steel security mesh on the building's windows and primed and painted the interior and exterior walls of the building.

At Tamboko Primary School, the engineering team installed water catchment system including two new water catchment tanks and guttering, improving the school's ability to capture rain water.

On the eastern part of the island, the engineering team replaced the Konga foot bridge, safely connecting the local community to its health clinic.

Pacific Partnership works by, with and through partner nations, non-governmental organizations and other U.S. government and international agencies to execute a variety of humanitarian civic assistance missions in the Pacific Fleet Area of Responsibility from a ship dedicated to this HCA mission. This year's mission is focused ashore with a variety of engineering, medical and dental civic action programs providing humanitarian civic assistance.

## Seabees from different eras meet on Guadalcanal

By Lt.j.g. Chris Auger  
Pacific Partnership Public Affairs

Seabees participating in Pacific Partnership 2009 (PP09) had the opportunity Aug. 9 to meet one of the original Seabees who served in Solomon Islands during World War II.

Gregg L. Layman of Tulsa, Okla., was on Guadalcanal to commemorate the 67th anniversary of the battle of Guadalcanal. Layman served in the Solomon Islands port in Tulagi, which is where many of the major invasion efforts in Pacific theater were staged. Layman was assigned as a metal smith to Construction Battalion Maintenance Unit (CBMU) 521 for 20 months. CBMU 521 was tasked with

the maintenance of the port and camp on Tulagi.

Before getting down to sea stories, Layman presented Construction Electrician 2nd Class Noe Lujan with his Seabee Combat Warfare Specialist (SCWS) pin, honoring the Navy Ethos and the proud tradition of Seabees across time.

Then Lujan presented Layman with an honorary SCWS pin. Layman's silver pin was a natural addition to the original olive green Seabee uniform and Seabee veteran ball cap he wore.

"It was surreal to have an original Seabee from WWII present me with my pin," said Lujan. "Very few people will ever have a chance to meet a

Seabee from WWII, it was especially neat to meet him here where he served. That was very awesome."

After the pinning ceremony, it was time for sea stories. Layman told the PP09 Seabees about the work in Solomons and about how he was on his way to Japan as part of the invasion force when the war ended. After serving for three years, Layman was honorably discharged in March 1946.

Seabees have been building partnerships and friendships throughout the region, most recently as part of the Pacific Partnership humanitarian and civic assistance mission.

For more news of Pacific Fleet, visit [www.navy.mil/local/cpf/](http://www.navy.mil/local/cpf/).



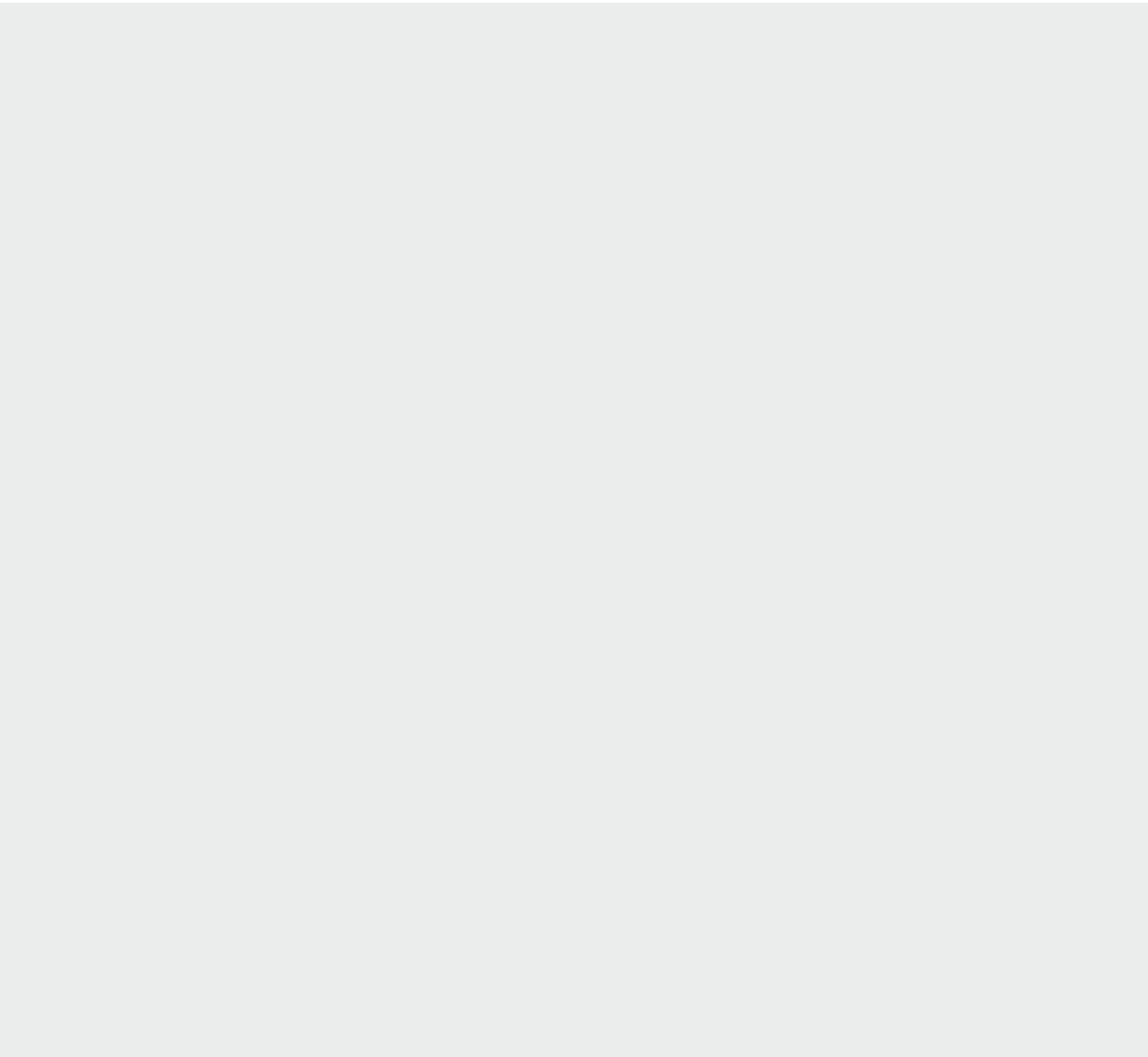
World War II Seabee veteran Gregg L. Layman of Tulsa, Okla., presents Construction Electrician 2nd Class Noe Lujan with his original Seabee Combat Warfare Specialist (SCWS) pin during a ceremony on Guadalcanal. Layman was on Guadalcanal to commemorate the 67th Anniversary of the Battle of Guadalcanal, while Lujan was present as a member of Pacific Partnership 2009. (U.S. Navy photo by BUC William Carter/Released)

**Single and Geo Bachelor Sailors Quarters . . .**

Balfour Beatty is now offering Single and Geo Bachelor Sailors living quarters in Ladd Circle. There will be an open house Sept. 9 from 5 - 6 p.m. at 1011C Ladd Circle. All E-4 and above single and geographical bachelor Sailors who are authorized BAH are encouraged to stop by for a look.

**New Balfour Beatty Pool Hours . . .**

Balfour Beatty Pool hours are now Monday - Friday from 3 - 7 p.m., Saturdays from 10 a.m. - 5 p.m. and Sunday, noon - 5 p.m. The pool will close for the season Sept. 7.



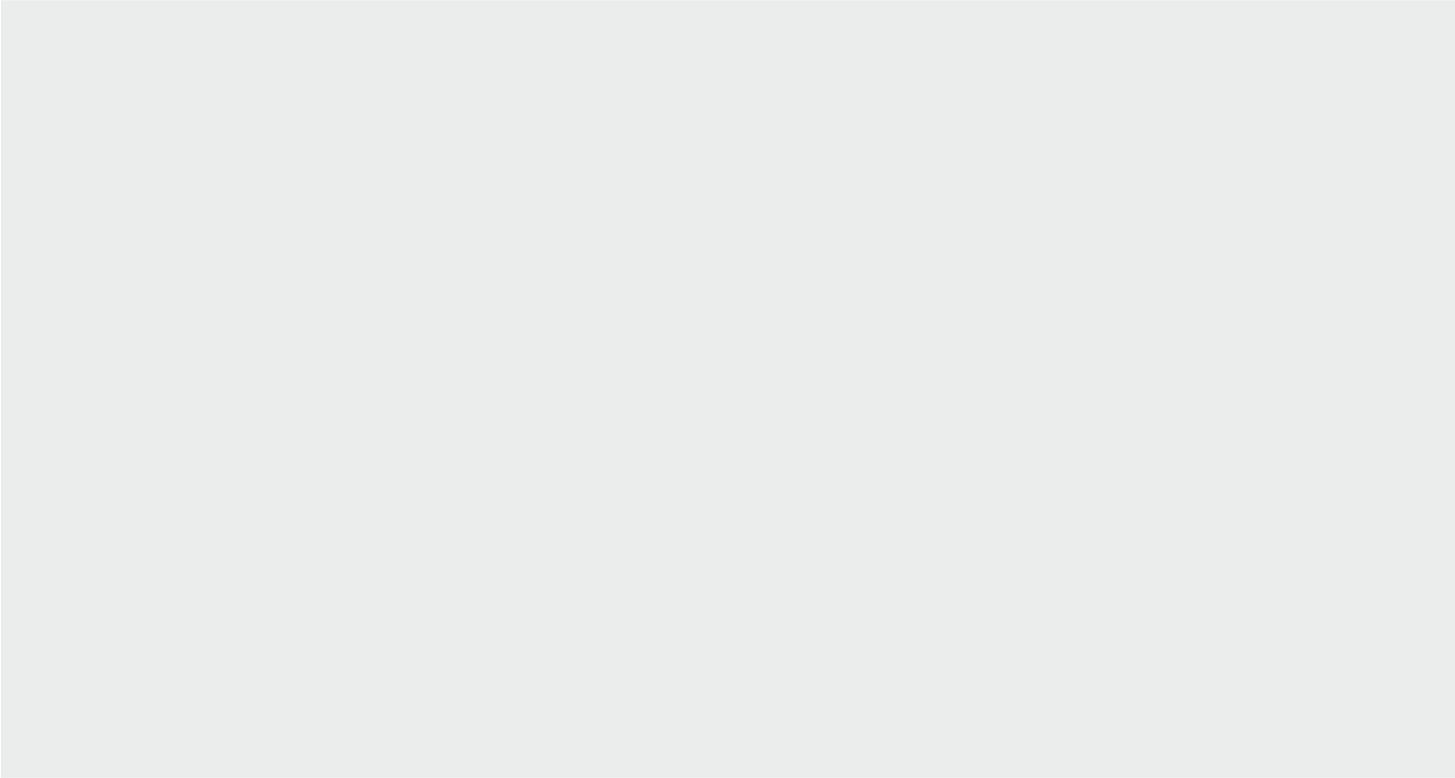
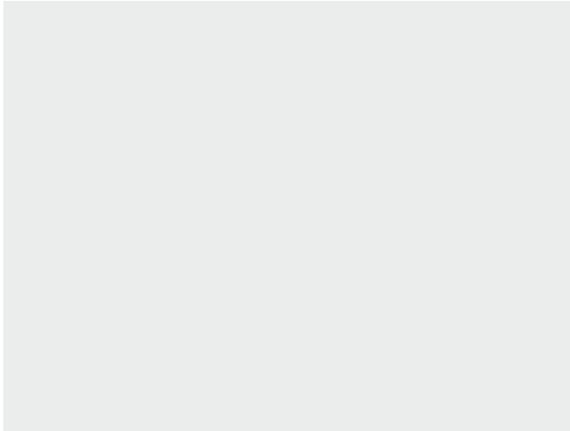
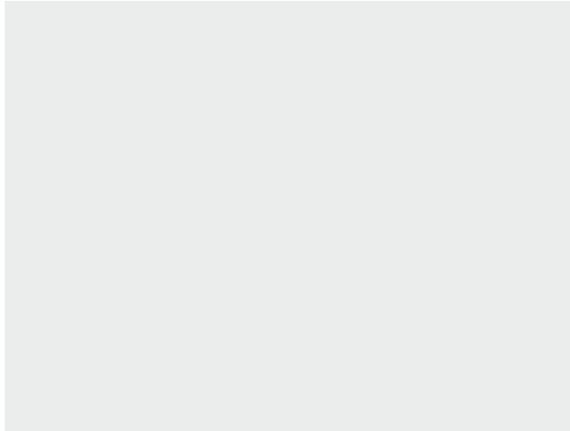


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Seabee  
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Underwater  
Construction  
Team ONE**

**Contact:  
S1/CCC@  
(757) 462-  
3986/3988**

## NOSC Welcome Coffee . . .

The Navy Officer Spouse Club is having its annual Welcome Coffee Aug. 30 from 2 to 4 p.m. on the Seabee Center.  
Contact [NOSCGulfport@yahoo.com](mailto:NOSCGulfport@yahoo.com) for more details and to RSVP.  
All Officer Spouses attached to NCBC are welcome and encouraged to attend.



## NMCB 74 takes over for NMCB 5

Naval Mobile Construction Battalion (NMCB) 74, Command Master Chief Brian Farricy passes the NMCB-74 Command Flag to Master-at-Arms 1st Class Joshua Lynch to be hoisted during a turnover ceremony. On August 18, NMCB-74 relieved NMCB-5 at Camp Natasha in Camp Leatherneck, Afghanistan and has assumed the responsibility of supporting the NATO International Security Assistance Force providing host nation construction support and security. (U.S. Navy Photo by Lt. Gregory Hazlett/Released)



### Photocopying military ID cards violates policy . . .

According to Title 18, US Code Part I, chapter 33, Section 701 photocopying of U.S. Government Identification is punishable by both fine and imprisonment. If asked to provide id for photocopy, military/DOD personnel can provide a state drivers license or other form of photo identification.

**Recycling  
Reminder**



If there is a wheeled recycling bin in your building please be aware that we all share responsibility for taking the bin to the curb when it has reached its capacity. Please take the time to wheel it to the curb Thursday mornings by 8 a.m. and return it after it has been emptied. You will be doing yourself, your building and your environment a favor.



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Seabee  
Veterans  
of  
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**63rd  
National  
Convention and  
All Seabee  
Reunion  
Oct. 12-16  
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[allseabeereunion@  
cableone.net](mailto:allseabeereunion@cableone.net)**



Family members greet their loved ones as they return home from deployment Aug. 9. Naval Mobile Construction Battalion (NMCB) 11's Advance Party return from Rota, Spain after re-establishing the camp as a main body site. NMCB 11 is returning to homeport from operations in Europe, Southwest Asia, SOUTHCOM and Africa in support of Operations Enduring and Iraqi Freedom. The Seabees will be reuniting with family and friends throughout August.



# NMCB 11 completes historic first deployment

Story & photos by  
MC1 (SCW) Nicholas Lingo  
NMCB 11 Public Affairs

The first wave of Seabees from Naval Mobile Construction Battalion Eleven (11) to homeport Aug. 9, from their first regularly scheduled six-month deployment since being re-commissioned in September 2007.

The 'Bees of Eleven have had a significant impact all over the world during their first deployment, serving in several capacities including

providing combat support in Afghanistan. This extraordinary group of young and seasoned Sailors also provided humanitarian support throughout Africa as part of African Partnership Station, Operation Enduring Freedom – Trans Sahara and in support of Joint Task Force Horn of Africa. In addition they executed humanitarian civic assistance projects in Romania, Bulgaria and Jamaica.

Cmdr. Michael Monreal, NMCB 11's commanding

officer is extremely impressed with the work his 'Bees have done during 11's maiden deployment.

"The Seabees of 11 never fail to astonish me, whether we're supporting U.S. global strategy in the prevention of terrorism and anti-piracy efforts throughout parts of Africa or building new bases and re-establishing expeditionary logistical hubs in Rota, Spain and Romania or building bridges and billeting in the Caribbean, day in

and day out I am proud to call this Battalion home. Living up to her motto, 'Constructing the Future, Remembering the Past', the Lucky 11th has shown true determination, hard work-ethic and discipline throughout this deployment," said Monreal.

Monreal is also grateful for all the support from friends and family back home and it shows through in the work the Seabees of 11 have produced, "I am proud of each and every

Seabee and the work they accomplished during our first deployment. Across the globe, they have shown true grit and determination in austere conditions and have lived up to the Seabee ethos."

The 'Bees are now heading home to enjoy a few months of rest and relaxation before they enter the training phase of their homeport and prepare for their next deployment in the Pacific Command area of operations.

# Around the globe with NMCB 1



## NMCB 1 relieves 'Fighting Forty' in South Korea

By SW3 Rachel Bryant  
NMCB 1 Public Affairs

Naval Mobile Construction Battalion (NMCB) 1 "First and The Finest" Seabees turned over authority of Det. Chinhae with NMCB 40 Aug. 10.

NMCB 1 will be living and working aboard Commander Fleet Activities Chinhae, South Korea. The detail will be supporting CFAC for the next six months for the battalions Pacific Command deployment.

Chinhae is a town located in the southeastern corner of the South Korean peninsula, 30 minutes west of the city of Pusan.

While deployed, the Det. is tasked with renovating the existing Seabee office

spaces, Material liaison Office, and Central Tool Room under the guidance of project supervisor Steelworker 2nd Class (SCW) James Branstietter.

The completion of this project will give future Seabees aboard the Chinhae Naval Base improved warehouse storage space along with newly renovated office spaces. Det. Chinhae is also tasked with the completion of an outdoor sports complex. The Seabees will be constructing a tennis court, volleyball court and horse shoe pits. The project supervisor for the Sports Complex is Builder 2nd Class (SCW) Nickolas Fint.

The Seabees from "The First and The Finest" are eager to begin construction on both of the projects.

## Det. Timor-Leste



Lt. J. Doug Herrin (back row, left) assumed the duties as Officer in Charge of Det. Timor-Leste Aug. 14 in a ceremony held before heads of state, local military leaders and leaders of the International Stabilization Force. While deployed, the Seabees of Naval Mobile Construction Battalion (NMCB) 1 are expected to complete two bathroom projects, as well as the construction of a new school house. (U.S. Navy photo/Released)



Steelworker 2nd Class Jean-Luc Pelchat, assigned to Naval Mobile Construction Battalion (NMCB) 1, breaks down rocks and removes debris during a storage facility construction project at Fleet Activities Sasebo. NMCB 1 arrived in Sasebo to provide construction support to the naval forces in the Japan region. (U.S. Navy photo by Mass Communication Specialist 2nd Class Joshua J. Wahl/Released)

## Seabees arrive in Sasebo for support mission

By MC2 Joshua J. Wahl  
Navy Public Affairs Support Element  
West, Det., Japan

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 1, arrived at Fleet Activities Sasebo (CFAS) Aug. 17 to kick off a six-month deployment in Japan.

One of five East Coast active-duty Navy battalions, the NMCB 1 Seabee Sasebo mission is part of a normal six-month rotation cycle to relieve NMCB 40 in the role of providing construction support to the region.

"NMCB 40 did an excellent job to make it easy for us to pick up where they left off," said NMCB 1 Detachment Officer in Charge, Lt. Christopher Vincentti. "We have ten more guys arriving tomorrow to bring us up to a 100 percent, fully manned and operational level; so far our transition here has been seamless."

In preparation for his team's arrival, Vincentti conducted a pre-deployment site and survey earlier in the year to tour base facilities to help make a smooth transition for his 27-member crew.

"Between May and the time I arrived here, we have received the utmost help," said Vincentti. "Support from

everybody all the way around, which is great because then everybody wanted to be here."

NMCB 1 Seabees will complete a military dog storage facility project started by the previous detachment, renovate a pollution control building near Akasaki fuel depot and build new lavatory facilities at both the Nimitz Park and Hario Village housing facility ball fields.

According to crew leader, Builder 2nd Class (SCW) Kristopher Lucas, having the right people and tools for the job are equally important.

"We all work together - be it wood, steel, masonry or concrete. Everybody has been hand-picked to be out here for their knowledge and skill on the job," said Lucas. "Together we can build or repair just about anything."

The confidence, pride and work satisfaction found at each job site provides a rewarding experience for the crew.

"I have been a Seabee four years now, and I'm loving every minute of it," said Builder 2nd Class (SCW) Christopher Jones, from Reading, Pa. "It's been great experiences and great people; Sasebo is no exception. I look forward to our time here and expect amazing results from our work."



Prizes given away daily, just sign up for the **MWR Texting Program . . .**

Want to be in the know about upcoming events aboard the Seabee Base? Sign up today to receive text messages "on the go" right to your phone about upcoming MWR events. By signing up you'll get a text message sent to your phone for the division of events and programs you are interested in! Every patron that signs up for our texting program will receive a small gift. Additionally those that have signed up for the program will be registered to win a daily prize (i.e. Gift Card to Wal-Mart, Cracker Barrel, Chuck E. Cheese, and Island Strikz-Bowling Alley). Just text CBCFitness, CBCMWR, or CBC-Fun (Liberty) to 30364.

### **Child Development Center**

Gulfport Child Development Center is NOW enrolling children ages 6 weeks to 5 years of age.

- Open Door Policy
- Breakfast, Lunch, Snack
- Qualified & Experienced Teachers
- CPR and First Aid Qualified
- Creative Curriculum, NAEYC Accredited
- Computers in preschool classes
- Open 6 a.m.-5:30 p.m. Visit us at Bldg. 31 for a tour of a classroom. Feel free to call 228-871-2323 or place a request for care online at [www.mwr.navy.mil](http://www.mwr.navy.mil)

### **Youth Activity Center**

#### **Me & Mommy Program is back**

Come to the YAC each Tuesday from 8:30 to 10:30

a.m. to meet other parents and create lasting relationships; all while helping your child master new skills and have fun! At each session, the children will enjoy crafts, songs, story time and movement activities. Call Ms. Jennifer at (228) 871-2251 for more information. this class is FREE for children 5 and under.

#### **Bee Hive**

With football season fast approaching plan on watching Monday Night Football at the Bee Hive every week on one of the big screen TVs. Every Tuesday and Thursday will be Wii Tournament nights from 7-9 p.m. If singing is what you are into then join us for Karaoke Saturday's starting in September. New menu coming soon!

#### **Vehicle Storage Deployment Special**

Free storage for first vehicle and 50 percent off each additional vehicle this includes all RV's for all deploying troops. Must present a letter of deployment from your command in order to receive this special offer. For more information please contact your MWR Auto Hobby Shop at (228) 871-2804.

#### **Auto Hobby Shop**

Stop by August and September to receive a free tire rotation using a lift at \$3.50 per hour Monday-Friday from 10 a.m. - 4 p.m. Reservations required. Please contact your MWR Auto Hobby Shop at (228) 871-2804 to make your reservations today.

#### **CBC Lake**

**Pavilion Special** 10 percent off all large pavilion rentals for the month of September. All small pavilions are on a first come first served basis. Contact the MWR Outdoor Rental Center for more information at (228) 871-2804.

**MWR Vehicle Resale Lot** Have a Vehicle, Motorcy-

cle, RV, Boat or Utility Trailer you want to sell? Put it in the MWR Vehicle Resale Lot located on 5th Street. Location is in a high visibility area and is lighted for extra security. MWR will include a vehicle description and contact number in each monthly Bee Tracks upon patron's request. For more information please contact your MWR Auto Hobby Shop today at (228) 871-2804.

#### **Car Wash**

MWR has done many upgrades to the car wash including the installation of new vacuums. Vacuums have high suction power, stain remover, shampooer and fragrance selections. The MWR car wash is located off Marvin Shields Blvd. and Rodgers Ave. MWR also has new shade structures on order for those car enthusiasts who like to wax their vehicles out of the HOT summer sun. For more information please contact your MWR Auto Hobby Shop at (228) 871-2804.

#### **Liberty Center**

**Aug. 27:** Snow Cone Night Begins at 6 p.m. FREE - while supplies last!  
**Aug. 29:** PBR Invitational in Baton Rouge ONLY \$25! Depart Liberty at 1 p.m.  
**Sept. 4:** Mobile Bay Bears vs. Montgomery Biscuits FREE Depart Liberty at 5 p.m.  
**Sept. 9:** Game Night in Liberty! Come play Monopoly, Jenga, Twister & other childhood favorites! FREE 6 p.m.

**Sept. 10:** Celebrate International Chocolate Day! Stop into Liberty to try a variety of different things chocolate! Starts at 11 a.m. While supplies last!  
**Sept. 12:** 28th Annual Biloxi Seafood Festival. Depart Liberty at 10 a.m. Admission charged at the gate

**Sept. 13:** Saints vs. Detroit Lions at the Super-

dom! ONLY \$35! Depart Liberty at 10:15 a.m.

**Sept. 16:** Come compete in Musical Chairs for a GRAND PRIZE BASKET! FREE ENTRY! Action starts at 7 p.m.

**Sept. 21:** Monday Night Football on the Big Screen. Watch Buffalo at New England and enjoy FREE Chips & Salsa when the game starts.

#### **Information Ticket and Tours (ITT)**

Base-wide Yard Sale, Sept. 19, 8 a.m. - 1 p.m. on the Grinder. For a \$10 booth purchase you get your choice of either two tables and two chairs or a 10 x 10 canopy. For \$15, you can get both. To sign up or for more info, stop by the ITT Office, Bldg 352, or call (228) 871-2231/2126. (Rain date is Sept. 26).

#### **ITT now has Ship Island Excursion tickets**

available for purchase! Adults: \$21 and Child: \$13. To purchase yours, stop by the ITT Office, Bldg 352! \*\*Call ahead to Ship Island for times.

#### **Attention race fans . . .**

That time of year will once again be upon us! Yes, the 52nd running of the Daytona 500 is quickly approaching! Join ITT on our third annual "running," Feb.13-15. Trip will include round-trip deluxe motor coach transportation, two night's hotel accommodations at the Radisson World Gate Resort. Race tickets may be purchased separately.

#### **Let's get ready to go to the Orlando Theme Parks one more time!**

ITT is taking a trip Oct. 9-12! This is a great opportunity to take advantage of your free military tickets and discounted family and friends for all of the parks! Trip includes round-trip deluxe motor coach transportation, three night's accommodations at the Radisson

World Gate Resort. Tickets can be purchased separately. It's not too early to sign up! Payment plans available. Sign-up deadline is Oct.1 with final payment due by Oct. 5!

ITT has partnered with Vision Tours in offering a trip to the Talladega race on Nov.1. Cost is \$160 per person and this includes round trip transportation, race ticket and post-race BBQ. Pick-up is 3 a.m. at Crossroads Mall (by Barnes & Noble), returning approximately at midnight!

#### **Universal Studios/Islands of Adventure in Orlando**

is offering a free two-Park Unlimited ticket good for up to seven consecutive days to military members. In addition, you can purchase an unlimited quantity of the same ticket for \$89 for family/friends. Hurry, though, as these tickets expire Dec.18! Need help with lodging? ITT can help with that too.

#### **NEW! NEW! NEW! - ITT is going tropical!!**

Come with us and enjoy a three night cruise to the Bahamas! We will be sailing on Royal Caribbean Cruise Lines on May 28 from Port Canaveral, Florida for three days/three nights of tropical breezes, tropical music, sandy beaches and, of course, FUN! Must have a minimum of eight cabins (minimum 16 people) to sail. Cost is still TBA; we should have it by the end of August. Pricing will be all-inclusive. We can book as many cabins as we need, so there is no chance of overselling! Bring your spouse, your sweetheart, your kids, your mom and dad . . . just come along! Transportation will be provided to and from the cruise terminal. Payment plan available!



# Homefront in Focus: Managing the Military Maze

By Beth Wilson  
Military Spouse Contributor

My husband and I met in Norfolk, Va. when he was on shore duty at the Naval Training Center. Scott was an instructor and as such he left the house at 6:30 a.m. and returned home by 4 p.m. Intellectually I knew shore duty wasn't the 'real Navy'. Sea duty was approaching, accompanied by the dreaded "D" word (deployment), but thought I was becoming a successful Navy Spouse.

Four months after our wedding we moved from Norfolk to San Diego. Fifteen days later my husband's ship was underway (short deployment) for thirty days. Standing on that pier, watching his ship pull out, the reality of military life hit me hard in the face. I was in a new town, new to Navy life, and knew no one. Driving home from the pier, looking through my tears I saw black smoke on the horizon and what appeared to be ashes falling from the sky. San Diego was on fire . . . welcome to military life.

This inaugural Homefront in Focus article is the first of a regular column focusing on issues, events, information and opportunities for us - Navy spouses. My goal is to fill this column with tips, tools, resources and opportunities for Navy spouses and our families. I will bring inspiring and encouraging topics and stories to enhance your life. But this column is not a one-way conversation. I want to hear

from you, your triumphs, ideas and challenges. Talk to me at [beth@homefrontinfocus.com](mailto:beth@homefrontinfocus.com) or one of my blogs ([www.homefrontinfocus.com](http://www.homefrontinfocus.com)).

And that brings us to this week's topic: Navigating Military Life. Arming yourself with knowledge is important. I want to introduce a program for military spouses called COMPASS. COMPASS is a spouse-to-spouse mentoring program that introduces participants to all aspects of the Navy life. COMPASS offers spouses the opportunity to meet peers and make friends while acquiring the knowledge and skills to successfully navigate Navy spousedom. By learning from Navy spouses just like you COMPASS can help you get off on the right foot.

The COMPASS program is a series of sessions where you will gain information on topics such as deployment readiness, reading your LES (Leave and Earning Statement), accessing your benefits, understanding the culture, deciphering the military alphabet soup and much more. But don't think that this program is a dry, "death-by-slide-show" seminar. COMPASS is full of interaction, lots of laughter, a fashion show, and did I mention great refreshments? Babysitting is provided free of charge. Graduates of COMPASS say they gained a confidence to embrace our lifestyle and a network of friends that, for some, endures for years. Please contact your local FFSC for more information and to register for the



Beth Wilson

next session.

Even if you are a seasoned Navy spouse COMPASS has something for you. COMPASS provides information on local resources, activities and opportunities which is so helpful when arriving at a new base, installation or command.

For more information on COMPASS log on to: <http://www.lifelines.navy.mil/familyLine/COMPASS/index.htm>.

Questions or comments for Beth? Email Beth at: [beth@homefrontinfocus.com](mailto:beth@homefrontinfocus.com). Check out Navy Homefront Talk!, Beth's internet talk show for Navy spouses at [www.blogtalkradio.com/nht](http://www.blogtalkradio.com/nht).

**Editors Note:** NCBC Gulfport's COMPASS classes are held the last week of the month. The next open class is Sept. 22 - 24. If you are interested in attending, contact Team Leaders Kim (228) 832-5343 or Amanda (228) 328-1352 to sign up.

## NMCRS Apprentice Casework Training . . .

Learn all about military income through the Society's caseworker training program at Apprentice Casework Training, Sept. 15 - 16, from 9 a.m. to 2 p.m. at the Fleet and Family Support Center, Building 30. Lunch will be provided/Daycare is reimbursable. Reserve your seat today (228) 871-2610.

## Automotive Service Excellence Exams . . .

DANTES-sponsored Automotive Service Excellence exams are scheduled for Nov. 5, 10 and 12 at the Gulfport Navy College Office. DANTES will pay for up to three exams. Registration must be completed by Sept. 23. The exams are free to active duty, reserve and guard personnel. Registration fees are required. Please call the Navy College office at (228) 871-2785 or visit Building 60, room 239 if further information is required.

## What's Happening at Fleet and Family Support Center . . .

The following classes are a sampling of course offerings at the NCBC FFSC. Call (228) 871-3000 to sign up or go to <https://www.cnic.navy.mil/Gulfport/BaseSupport/index.htm> for more class information.

**Effective Fatherhood:** Mondays and Wednesdays at 11 a.m. This is an on-going series for men and all fathers are invited. Attendees are welcome to bring a lunch and eat during the class.

**NMCRS Budget for Baby:** Call Navy-marine Corps Relief Society at (228) 871-2610 to sign up and obtain class time.

**Women's Group:** Wednesdays from 10 to 11 a.m. Discussion/Education forum for awareness, knowledge of resources and skills development.

**September Transition Assistance Program:** Aug. 31 to Sept. 4, beginning at 8 a.m. daily. This course assists military personnel separating or retiring in knowing their benefits and how to job-hunt.

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defending battalions that are out on their field exercise to ensure they're capable of deploying," said Steelworker 1st Class (SCW) Riley Edwards, Naval Mobile Construction Battalion (NMCB) 7's aggressor leading petty officer. "We receive scenarios from the regiment with the number of personnel they want present for the specific attack or protest. We do four to ten missions a day. It gives the defending battalion the opportunity to see if it can handle a scenario we throw at them because if they encounter it down range, they'll have a better idea of how to handle it and react appropriately. It's also fun to play the 'other side' and wreak havoc on your friendly battalions while learning from their mistakes."

NMCB 7 provided 87 personnel for this Aggressor FEX, providing the needed help to conduct the operations which run 24-hours a day.

"We've got a good batch of troops from NMCB 7," said Colorado. "They're young, motivated and eager to be involved. This is the only place they get to learn offensive tactics, such as how to attack a defensive posture and exploit terrain. Many of their junior guys have stepped up to the challenging missions we put to them without much instruction. For example, they'll have a team of four or five individuals, who will just go out, even if they run several back-to-back missions."

While playing the enemy against a battalion in the field is fun, the Seabees from NMCB 7 also use it as a training tool to apply at their own FEX.

"There are several lessons that NMCB 7 or any aggressor can take away when they play the enemy," said Colorado. "It's sort of a director's chair point of view." "This has been a great experience because I get to see first-hand what mistakes the defending battalion makes so I don't make them later," added Hartless. "It has better prepared me for our own FEX because now I know what to do if I am aggressed."

tal entity for which the beneficiary may otherwise be eligible or already receiving.

Examples of the kind of supplemental, non-support disbursements that your trustee may make for your disabled beneficiary if you have setup a Special Needs Trust include: medical expenses like supplemental nursing care, medical, dental, rehabilitative and diagnostic work or treatment for which there are not private or public funds available, special education, trained medical assistance staff (24 hours or as needed), and differentials in the cost between housing and shelter for shared and private rooms in institutional settings.

Furthermore, monies placed in Special Needs Trusts can help your loved one enjoy non-medical expenses. This means Special Needs Trusts can help your loved ones attain the therapeutic benefits of education, vocational training, hobbies, vacations, transportation (including vehi-

cle purchase), equipment, travel to visit friends and family, summer or day camps, and other needs and/or luxuries the beneficiary may have to enjoy life to the fullest.

Special Needs Trust can assist

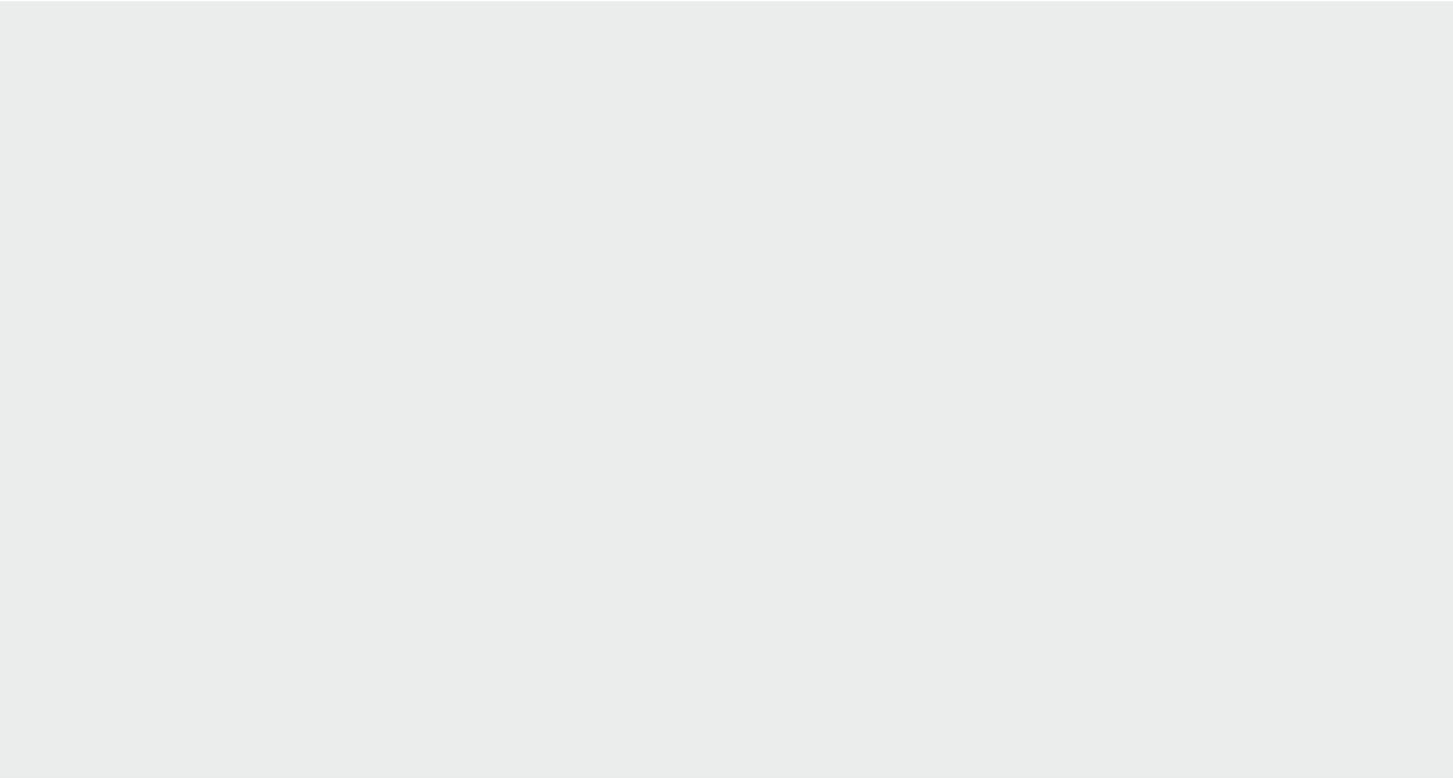
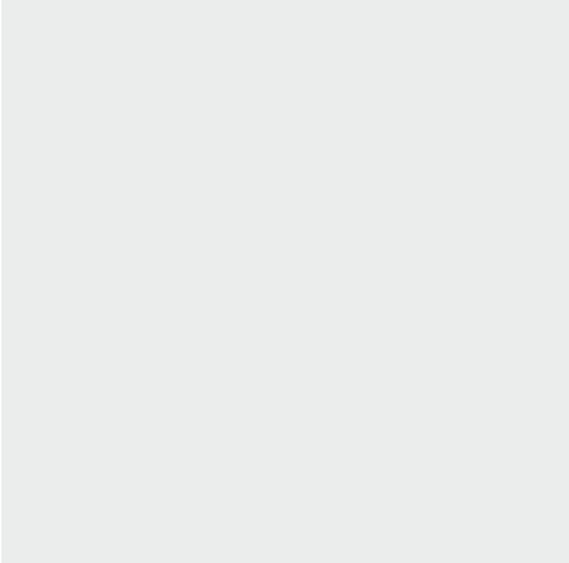
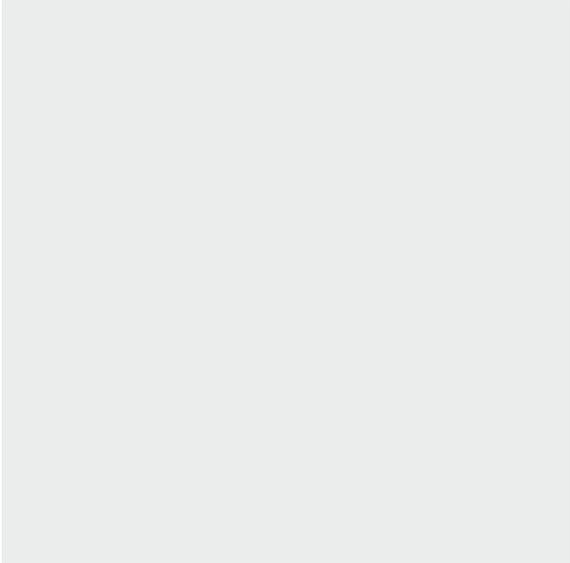
you in protecting access to Medicaid health insurance coverage and other governmental benefits for a disabled person, improve that person's quality of life, help manage their inheritance money, and provide for their fu-

ture security.

Please keep in mind that not all legal assistance offices will be able to draft Special Needs Trusts. Due to their complex nature, it may be necessary that you consult a civilian estate

planning attorney.

Contact the Gulfport legal assistance office at (228) 871-2620 for further assistance. This article is not intended to substitute for the personal advice of a licensed attorney.



From PLEDGE page 1

"We need to keep our military the best-trained, best-led, best-equipped fighting force in the world," he said.

The president outlined some of the initiatives under way to support this goal:

- Growing the Army and Marine Corps and halting reductions in the Navy and Air Force to increase time between deployments, reduce stress on the force and bring an end to the Army's stop-loss, an involuntary extension program;

- Providing more assets to support current operations: helicopters and crews; intelligence, surveillance and reconnaissance capabilities; special operations forces; and armored vehicles and protective gear;

- Conducting a top-to-bottom review of military priorities and posture to develop a new blueprint for the 21st century military the United States will need;

- Balancing military capabilities to face unconventional as well as conventional threats;

- Modernizing the force by investing in new skills and specialties as well as new tech-

nologies; and

- Reforming the way the Pentagon does business to reduce waste and get the most capability out of every defense dollar.

Obama also recognized the country's responsibility to take care of its men and women in uniform, as well as veterans.

He noted that his fiscal 2010 budget funds "increasing military pay, building better family housing and funding more childcare and counseling to help families cope with the stresses of war."

In addition, big increases will be devoted to providing wounded warriors treatment centers, case managers and better medical care, he said. These resources, he told the veterans, will ensure wounded warriors get the care they need so they "can recover and return to where they want to be: with their units."

Obama also noted the billions of dollars in the new budget that will go toward treating post-traumatic stress disorder and traumatic brain injuries that have become the defining wounds of today's wars.

Increased funding will provide more treatment and mental-health screening to reach troops on the front lines and more mobile and rural clinics to reach veterans who have returned home, he said.

"We are not going to abandon these American heroes," Obama said. "We will do right by them."

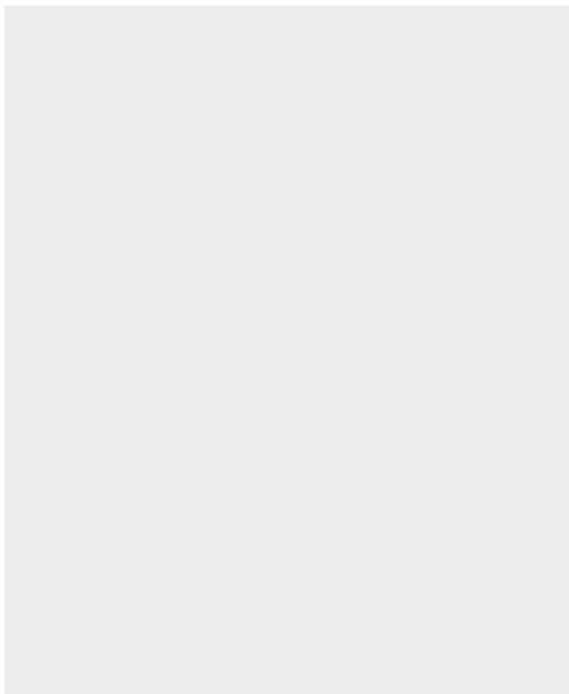
America's commitment to its troops will continue when they become veterans, he said, noting significant funding increases for Department of Veterans Affairs programs.

"Whether you left the service in 2009 or 1949, we will fulfill our responsibility to deliver the benefits and care that you earned," the president promised the veterans.

Even during tough economic times, Obama said the country can't shirk from its responsibilities to service members and veterans.

"Let me be clear," he said. "America's commitments to its veterans are not just lines in a budget."

"They are bonds that are sacred - a sacred trust that we are honor-bound to uphold."



**The Keesler AFB White Avenue entrance (Highway 90) has now re-opened for daily operations.**

# Community Notes

## SUPPORT

### Family Readiness Groups

**NMCB 1 FRG** invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. A potluck dinner is served at 6 p.m., followed by a 6:30 p.m. meeting. Children are welcome and baby sitting is provided during deployment. For more information, contact FRG President Angela Sourwine, (228) 323-0036 or FRG Vice President Rashelle Geddis, (228) 224-1475 or e-mail nmcbonefrg@gmail.com.

**NMCB 7 FRG** welcomes friends and family members to attend FRG meetings the third Monday of each month at 6 p.m. at the Youth Center. Children are welcome and baby sitting is provided. To receive FRG information, send an e-mail to nmcb7frg@gmail.com or contact FRG President Deanna Salter at (228) 206-0377.

**NMCB 74 FRG** welcomes all friends and family members to join the NMCB 74 FRG. Meetings are the third Monday of every month at 5:30 p.m. at the Fleet and Family Support Center. Bring a covered dish to take part in a potluck dinner. For more information, contact FRG President Torell Coquet at torellcoquet@yahoo.com or Vice President Annie Gundy at anniegundy@gmail.com. To receive updates, log on to the FRG website at <http://www.orgsites.com/ms/nmcb-74-fgr/index.html>.

**NMCB 11 FRG** welcomes all friends and family members to attend FRG meetings the second Tuesday of every month at 6:30 p.m. in the Navy Operational Support Center (NOSC), building 113. For more information contact FRG President Liz Stocking at (717) 491-2900 or Vice President Sarah Edwards at (336) 215-2211 or email nmcb11frg@gmail.com. Visit the ombudsman and FRG website at <http://nmcb11.webs.com>.

**NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and baby

sitting is provided. Please bring a dish to share. For more information contact FRG President Kelli Clarke at (727) 504-4408 or e-mail hansonki54@yahoo.com. To receive updates, log on to the FRG website at <http://www.orgsites.com/ms/nmcb133fsg/>.

### Naval Officer's Spouse Club

The Naval Officer's Spouse Club meets the fourth Monday of every month at 6 p.m. in the Youth Center. Children are welcome and child care is provided. For more info, e-mail noscgulfport@yahoo.com or contact NOSC President Dawn Spies at (228) 343-3623. Visit [NOSCGulfport.org](http://NOSCGulfport.org) for more information.

### Navy-Marine Corps Relief Society

The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers. Child care and mileage are reimbursed. Retail hours of operation are Tuesday, Wednesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call (228) 871-2610 to obtain information about becoming a part of the NMCRS volunteer team!

### Gamblers Anonymous

The Fleet & Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at (228) 871-3000 for more information.

## TRAINING

**COMPASS** is a team of trained seasoned military spouses mentoring other Navy spouses. Classes are intimate and informative. The three-day course is offered the last week of the month. The next open class is Sept. 22 - 24. The course and child care are FREE! Contact Kim at (228) 832-5343 or Amanda at (228) 328-1352 to sign up.

**Naval Sea Cadets** - Gulfport branch are recruiting youth

ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 60, room 105. For more information contact Lt.j.g. Bowling at (228) 313-9035 or coachcb\_yahoo.com; or AGC Enrique Acosta-Gonzalez at (228) 871-3787 or enrique.acosta@navy.mil.

## SOCIAL

**Miss. Gulf Coast First Class Association** is seeking new members. Meetings are every Wednesday at 3 p.m. at CBC's Beehive, building 352. Call MC1 Terry Spain at 871-3663 for more information.

**VFW Post 3937** Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood night, the remaining Fridays are Steak night. Breakfast is served from 7 - 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of each month at 7:30 p.m. New members are always welcome. For more information contact Post Commander Bill North at (228) 863-8602.

**VFW Post 4526** Orange Grove is open daily from noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. VFW meetings are held the first Wednesday each month at 7 p.m. All are welcome and encouraged to attend. Call Post Commander Bill McNicholas at (228) 832-0017 or Sr. Vice Commander Ben Barker at (228) 832-3798 for more information.

## HERITAGE

**The Seabee Gift Store** is in the new Training Hall, building 446 and is open Monday - Friday, 10 a.m. to 4 p.m., phone (228) 871-4779. The shop has several command exhibits, as well as a variety of Seabee related memorabilia, DVD's and books. Gift store proceeds support the construction of the new museum in Port Hueneme, Calif. The Web address is [www.seabee-museum-store.org/shop/index.php](http://www.seabee-museum-store.org/shop/index.php)



# Seabee Memorial Chapel

## **Services:**

**Protestant: Sunday School, 9:30 a.m.  
Sunday, 11 a.m. Divine Worship**

**Catholic: Sunday, 9:30 a.m.,  
Family Choir Mass  
Sunday, 10:40 a.m., Religion Education**

**Monday- Thursday, 11:30 a.m.,  
Daily Mass**

**Gospel Service: Sunday, 8 a.m.**

## **Center Chaplains:**

**Cmdr. Macgregor McClellan,  
Protestant Chaplain  
Lt. Leticia P.J. Rouser,  
Protestant Chaplain**

**For more information concerning  
other faith groups, call the chapel  
office at (228) 871-2454**