



# Seabee Courier

HOME OF THE ATLANTIC FLEET SEABEES

Vol. 46 No. 20

Naval Construction Battalion Center, Gulfport, Mississippi

November 5, 2009

## Inside this edition



NMCB 133's Convoy Security Element Team is using homeport to train in basic and advanced operational techniques.

See page 3



NMCB 1 DET Timor-Leste has completed several multi-service projects during the Battalion's Pacific deployment.

See page 5



A crowd of more than 2,500 turned out for a frightfully good time at SPOOKFEST 09. The annual event has something for kids of all ages. See page 12

## 74 CMs keep it running



Construction Mechanic 3rd Class Trevor Schultz (front), Construction Mechanic 2nd Class Jonathan Doyle (middle) and Construction Mechanic Constructionman Apprentice Benjamin Summers, assigned to Naval Mobile Construction Battalion (NMCB) 74, Alfa Company, work as a team to replace the engine of a GMC Sierra 2500. Alfa Company is responsible for all maintenance and repairs of the battalion's fleet of vehicles and equipment. (U.S. Navy photo by Mass Communication Specialist 2nd Class Michael Lindsey / Released)

For more on NMCB 74 see page 11

## Navy Senior Enlisted Continuation Board results revealed

By Chief Mass Communications Specialist (SW) Maria Yager  
CNP Public Affairs

More than 97 percent of candidates reviewed by the Navy's Senior Enlisted Continuation Board were selected to continue naval service according to a Navy message released Oct. 30.

"The overwhelming continuance of our senior enlisted demonstrates the extraordinary quality of the chief petty officer mess. The records of eligible master chiefs, senior chiefs and chiefs were reviewed and given full consideration," said Vice Adm. Mark Ferguson, chief of naval personnel.

After complete review of 5,686 eligible active duty and full-time-support candidates, the board selected 5,528 members for continuation.

According to the precept, which outlines what information board members may or may not consider from a record, documented misconduct and sub-standard performance were the primary reasons a Sailor would not be selected for continued service.

Some examples include "signif-

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**NCBC/20SRG**  
Commanding Officer  
Capt. Ed Brown  
Public Affairs Officer  
Rob Mims  
Editor  
Bonnie L. McGerr  
**Mass Comm. Specialist**  
MC1(SW) Terry Spain  
MC2 (SCW) Gregory N. Juday

**22 NCR Commander**  
Capt. Louis V. Cariello  
Public Affairs Officer  
MCC(SCW) Jeffrey J. Pierce  
**Mass Comm. Specialist**  
MC3 Michael Wright

**25 NCR Commander**  
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Public Affairs Officer  
MCCM (SW/AW) Lynn Levins  
**Mass Comm. Specialist**  
MC2 (SCW) Jeffrey Militzer

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Public Affairs Officer  
Lt.j.g. Ina Miranda-Vargas  
**Mass. Comm. Specialist**  
MC1 (SCW) Demetrius Kennon

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Public Affairs Officer  
Ensign Eric Hower  
**Mass Comm. Specialist**  
MC2(SCW) Michael B. Lavender

**NMCB ELEVEN**  
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Public Affairs Officer  
Lt. Jason Lockhart  
**Mass Comm. Specialist**  
MC1 (SCW) Nicholas Lingo

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Public Affairs Officer  
Lt.j.g. Margaret Hansen  
**Mass Comm. Specialist**  
MC1 (SW/AW) Ryan Wilber  
MC2 Michael Lindsey

**NMCB ONE THIRTY THREE**  
Commanding Officer  
Cmdr. Christopher Kurgan  
Public Affairs Officer  
MCC (SW/AW/PJ) Ryan C. Delcore

**NCTC Gulfport**  
Commanding Officer  
Cmdr. Stephanie Jones  
Public Affairs Officer  
Chaplain (Lt.j.g.) Rob Guilliams

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# Navy Legal

## Trusts - Do I really need one?

By Jeffrey Gott, Esq.  
NLSO Central



I routinely encounter people who believe probate to be an awful, horrible thing, to be avoided at all cost. They think a trust, all by itself, can avoid probate. This is simply not true.

Probate is a process whereby property owned by a deceased individual is transferred to others. In order for a probate to occur one needs to own property in their individual name. If I own an asset, e.g. a bank or investment account, car, boat, or home, and only my name appears on the title to that asset, then upon my death a probate is the only way to transfer it to my parents, spouse, children, etc. Exactly who will get the assets will be determined by my last will and testament or, if I do not have one, by state law. Usually, the latter makes every effort to keep a deceased's property in the family.

A trust is a legal arrangement where an individual puts something of value under the control of another for the sole purpose of benefiting a third party. A common example is a charitable trust where someone who is fabulously wealthy puts money with an investment advisor that is to be used to promote cancer research, support underprivileged children, or other good works. All trusts have three things in common - (1) they contain

something of value, (2) are managed by a third party, and (3) exist to benefit individuals or charity.

Avoiding probate is totally dependent upon how one owns their property and assets. Remember, in order for a probate to be required you have to leave this world owning property in your individual name. For example, where a husband and a wife own everything together and one spouse dies, the surviving spouse will receive the assets without invoking the probate process. The same is true with life insurance. After the insured person dies, the life insurance company pays the designated beneficiary based on a contractual obligation; probate is not involved.

Accordingly, the easiest and most hassle-free way to transfer property at death without probate is often for an individual to own all assets jointly with a spouse or other intended beneficiary, or to have a beneficiary designated for each asset, such as "Pay on Death" designees for bank accounts.

A living trust, on the other hand, avoids probate by plac-

See TRUSTS page 17

# Skipper's Log

## Our opportunity, Our time

By Capt. Ed Brown  
CO, NCBC/CMDR 20TH SRG



Capt. Ed Brown

Last week I was fortunate to be able to participate in the First Naval Construction Division change of command Ceremony. Rear Adm. Mark Handley relieved Rear Adm. Richard Cellon. While it was an opportunity to reflect on the great things our construction forces have done in the past few years, it was also an opportunity to look ahead. Admiral Handley expressed his continuation and support of our strategic objectives. He also met with all available commanding officers and command master chiefs.

It is remarkable how consistent our actions here in Gulfport have been with his stated expectations. As we continue to drive toward personal and professional growth, know that this is exactly what our senior leadership is focused on. Rear Adm. Handley's Commanders Expectations covered: Involved Leadership, Safety, Communications, Readiness, Professionalism, Ownership and Accountability, Personal Behavior and Conduct, and Command Climate. He spoke about the need for our actions to match our message.

The clarity of his message and purpose came out in a few quotes he used. "Build upon the Foundation of Success" - We must evolve the ways we conduct our mission but must also remain constantly focused on

living up to our heritage. We must wear our uniforms proudly, whatever service we are part of and take great pains to never dishonor it.

To me one of the bullets to the end of Admiral Handley's discussion summed up everything we focus on here in Gulfport. "Our Opportunity/Our Time" - We take everything that makes us special- our diversity of great military services here on the installation, our support to our community, our unbelievable Can Do ethic; and we amplify them to write the next page in our heritage.

If we each develop ourselves, remain committed to the reasons we volunteered to do this, and have the courage to always do the right thing, how could we not be better than we think we can? It really is Our Opportunity, Our Time!

### Command Action Line:

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-(877)-657-9851 Comm: (904) 542-4979 DSN 942-4979 FAX: (904) 542-5587, E-mail: CNRSE\_HOTLINE@navy.mil.

## Sailor's Creed

I am a United States Sailor,  
I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me,  
I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world,  
I proudly serve my country's Navy combat team with Honor, Courage and Commitment,  
I am committed to excellence and the fair treatment of all.

# NMCB 133 Roos' Running' Security

By BU3 Brandon Rowe and  
BUCN Jonathan French  
NMCB 133 Public Affairs

The Naval Mobile Construction Battalion (NMCB) 133 Convoy Security Element Team journeyed to Camp Shelby, Miss. in early June to start their Military Operations on Urbanized Terrain two-week training course. The team learned the basics during the first week of training in preparation for the intense lessons in store during week two. They were taught combat glides, which are ways to move from point to point or get into position while holding your weapon steady and pointed at the target. The team learned how to quickly go from firing their M16 or M4 rifles to firing their M9 pistols in the heat of combat. They learned how to move their bodies and weapons left to right simultaneously while keeping their eyes steadily focused on the target. The team also practiced various shooting styles with live rounds while maneuvering around obstacles. The team maneuvered through the obstacles while staying under cover and keeping their weapon's sights on the target.

MOUT training began during week two and incorporated the basic skills learned in week one. The team had to learn how to safely travel through crowded streets in proper formation while approaching a target building. The team moved in a line with every individual assigned a specific sector of fire during this formation. They practiced good teamwork and communication to successfully use dummy grenades without injuring each other. The team member who intended to use the grenade would present the grenade to the rest of the team in order to give them ample time to take cover.

Safety during the extreme heat and humidity was of the utmost

importance while these tactics were being executed.

With all of the skills acquired, the team was finally ready to use what they had learned to enter a building and clear any threat when necessary. The team was introduced to the proper techniques for popping corners, entering doors and windows, and hoisting each other up to second story entries. The importance of securely performing these tasks in a timely manner was embedded in their minds. Each unit had to learn the proper procedure for entering and clearing a room. The main steps were to communicate readiness, execute the correct separation to the left and right sides of the room and verbally announce that the room was clear. They were trained using live rounds after practicing many different scenarios for countless hours using blanks and simulation rounds.

After a long two weeks the CSE team had completed all of the MOUT course training. They worked hard through all the sweat and pain to gain all the knowledge that the instructors had to offer. Although deployment is months away, they will be doing continuation training in order to keep up to speed. All of their hard work and dedication will be a great benefit to themselves and others throughout NMCB 133's next deployment.

In August, the CSE arrived at Camp Shelby once more in preparation for NMCB 133's field training exercise.

The CSE was divided into three teams under the call signs Arch Angel, Hammertime and the Buccaneers. Training included numerous weapons classes, radio communications, first aide, an urban terrain course and a convoy simulator. "Training has improved 110 percent from last year," said Engineering Aid 2nd Class Marc Domaduran. "The



Naval Mobile Construction Battalion (NMCB) 133's Convoy Security Element escorts fuel, water, equipment and supplies at Camp Shelby, Miss. during NMCB 133's Field Training Exercise where the battalion was trained and evaluated on all aspects of defensive operations and completing construction projects in a tactical environment. (U.S. Navy photo by Chief Mass Communication Specialist Ryan C. Delcore/Released)

readiness and ability to step off and complete the mission on time is due to the amount of training we have received."

The urban terrain course consisted of a multi-million dollar facility equipped with streetlights, underground tunnels, and numerous buildings of different heights to form a town big enough to get lost in. They took the time to hone their skills at clearing buildings and rooms and properly entering buildings through doors and windows.

After the intense training, CSE showed they are combat ready during the evaluation phase of the FTX. They were tasked with moving numerous detachments around Camp Shelby to complete missions for the battalion. The CSE provided security for numer-

ous convoys and completed over 25 other missions developed by the 20th SRG to test their skills. Overall, the CSE accomplished nearly fifty missions. These missions included completing a certain task while looking for IED's and responding to enemy small arms fire. The CSE was also tested on their performance under extreme pressure with only enough free time to eat or catch a quick nap. Scenarios include detonated IED's, downed personnel and vehicles, small arms fire, and calling in a medical helicopter for emergency evacuations.

The CSE's excellent corpsmen and well trained combat life savers provided first aid to a small number of heat casualties and the training on how to properly call in a medical helicopter and give

exact coordinates ensured every Seabee was safe during the FTX.

"The time spent in the field training, and having such great leadership is why we work so well together," said Builder 3rd Class Ben Austin.

Although positions are dictated within every vehicle, each member can perform the other's job if need be. The way this group meshes and how they have

molded into one team is key to their success. Every mission was successfully accomplished because of the leadership, planning, training, teamwork, and flat out hard work put forth to be the best.

"I'm so proud of every Seabee on the CSE. I'm honored to be a part of this team," said Chief Steelworker Jeff Epstein, Hammertime's convoy commander.

## Gulf Coast Area Ombudsman Assembly . . .

It is that time of year when we not only thank our Ombudsmen for all they do, but we also appoint the new Ombudsman As-

sembly Chair. Those duties include facilitating the monthly meeting, assisting in setting up guest speakers, and maintaining the roster. Any current or former Ombudsman whose spouse is an active duty or a reserve member

of a command attached to Gulfport may qualify. All interested parties should submit their resume to Charlotte Williams, in Building One at 228-871-3320 no later than Nov. 20. If you have any questions, please feel free to

contact the Ombudsman Program Coordinator Paula Ingram at the Fleet and Family Support Center, 228-871-3457.



# World War II in High Def ... Seabee Center to get sneak peak Nov. 9

From NCBC Public Affairs

HISTORY™ announced Sept. 27 that the upcoming 10-hour series, WWII in HD, one of the network's most ambitious projects to date, is set to premiere the week of November 15-19, with two hours airing each night.

Producers of the program have agreed to allow the Seabee Center to preview a portion of the series in the Seabee Center Training Hall Nov. 9. Beginning at 8 a.m., Training Hall staff will run two 50 minute episodes from 8 to 10:30 a.m., 10:30 a.m. to 1 p.m. and 1 - 3:30 p.m.

WWII in HD promises to be the most visually astonishing World War II drama/documentary ever shown on television - original, color footage, most of which has never been seen before, viewed through the eyes of 12 Americans who fought in or contributed to the war effort. Emmy Award winner Gary Sinise (CSI: NY) will narrate.

HISTORY has preserved and restored thousands of hours of color archival footage unearthed from archives and private collections across the globe and never seen by most Americans. The archival footage has been restored to pristine condition through advanced HD technology. Some of this "lost" footage has not been seen since the 1940s.

The story of WWII in HD is told through the experiences of 12 main characters who served during the conflict.

Among those profiled, viewers will learn about the war reporter Robert Sherrod, as well as narratives detailing the lives of an Army nurse named June Wandrey who served from the beginnings of the war in North Africa to the liberation of the camps in Germany; Shelby Westbrook, a young African American from Toledo, who became a member

## LifeWorks November schedule of Events

**Nov. 1:** National Flu Awareness Month - Stop by the office any time this month to pick up your hand sanitizer. Keeping your hands clean and sanitized is the # 1 prevention of the flu!

**Nov. 1 - 20:** NCBC Gulfport's Holiday Recipe Book - Turn in your favorite holiday recipes this month. Not only will your recipe be shared with all residents, it's an entry into a drawing for a free turkey Nov 23.

**Nov. 1-20:** Food Drive Donations for Gulf Coast Rescue Mission - Bring your donations of canned food to the office. The donations will be delivered to the Gulf Coast Rescue Mission to help

with the Thanksgiving Dinner they provide needy families in the community.

**Nov. 1-20:** Turkey Coloring Contest - Turn in your colored turkey to the Community Management Office any time between 1-20 November. Winner will receive a prize!!

**Nov. 1 - 30:** Christmas Wreath Give Away - Stop in the office this month to enter your name into a drawing for a Christmas Wreath. Drawing will be held 30 November. Wreaths will be on display at office.

**Nov. 6:** National Men Make Dinner Day - Husbands, boyfriends, sons be sure to stop by the office

and pick up your copy of an EASY recipe to show those wives, girlfriend, mothers how much you appreciate them.

**Nov. 6-7:** Community Yard Sale - Make room in your home for the gifts you'll be receiving during this season. You can set your belongings in your garage, yard, or carport. Don't worry about signs, we will put them out for you!!

**Nov. 11:** Veterans Day - Office Closed.

**Nov. 18:** Turkey Craft Day - Kid's stop by the office today to pick up supplies for Thanksgiving Craft.

**Nov. 26:** Happy Thanksgiving! Office Closed.



## Holiday Mail Schedule

Destination	Express	1st Class	Priority	PAL	SAM	Parcel Post
APO/FPO AE 090-092	18 Dec	11 Dec	11 Dec	04 Dec	27 Nov	13 Nov
APO/FPO AE 093	N/A	04 Dec	04 Dec	01 Dec	20 Nov	13 Nov
APO/FPO AE 094-098	18 Dec	11 Dec	11 Dec	04 Dec	27 Nov	13 Nov
APO/FPO AA 340	18 Dec	11 Dec	11 Dec	04 Dec	27 Nov	13 Nov
APO/FPO AP 962-966	18 Dec	11 Dec	11 Dec	04 Dec	27 Nov	13 Nov



To ensure delivery of holiday cards and packages by Dec. 25 to military APO/FPO addresses overseas use the schedule above to mail your cards and packages. Remember, all mail address to military post offices FPO/APO is subject to certain conditions or restrictions regarding content, preparation and handling. APO/FPO addresses generally require Customs forms. To see a table of active APO and FPO addresses and mailing restrictions by zip code, go to: <http://pe.usps.com> or contact the NCBC official mail center at 228-871-2259 or email LS1 D. Byrd at [deborah.byrd@navy.mil](mailto:deborah.byrd@navy.mil).

# Catching up with the 'First and Finest'



Top: A "before" picture of the Osso Huna medical clinic before the Timorese Army began a joint renovation project. (U.S. Navy photo/Released)



Below: The finished Osso Huna medical clinic represented a joint effort between Timorese, Australian and U.S. forces. Seabees with Naval Mobile Construction Battalion (NMCB) 1, members of the Timorese Army and members of the International Stability Force completed the project. (U.S. Navy photo/Released)

## NMCB 1 Seabees renovate community medical clinic

From NMCB 1 DET Timor-Leste Public Affairs

Early in October, eight engineers with the Timorese Army (F-FDTL), four International Stabilization Force (ISF), and three Navy Seabees from Naval Mobile Construction Battalion (NMCB) 1 travelled seven hours outside of Dili, Timor-Leste to the remote village of Osso Huna to renovate the community medical clinic.

The team who were lead by F-FDTL Engineer Company Commander, Lt. Helder, stayed on site in tents during the three weeks it took to complete the project.

Under the coordination efforts of the Australian Defense Cooperation Program, the group replaced the existing corrugated roof sheeting, installed a gutter and water

tank, repaired the walls, ceiling, doors and windows, performed plumbing work and replacement of bathroom fixtures, and electrical work with solar panel installation.

The clinic will serve approximately 2,000 people in the local area. A ribbon cutting ceremony was held Oct. 22 to celebrate the opening of the clinic. The community showed their support by preparing a feast and providing local handcrafted Tais (fabric scarves) to the guests in attendance that included the Ministry of Health Vice Minister, F-FDTL Chief of Staff, ISF Commander, and District and local administrators. The local people called the newly renovated clinic a "miracle" that was made possible through the F-FDTL engineers.

## DET Guam uses threatening weather as chance to train

By CM3 Donald R. Wharton Jr.  
NMCB 1 Public Affairs

Since the end of September, Naval Mobile Construction Battalion (NMCB) 1's Alfa Company has invested many hours preparing for natural disasters, such as tropical storms and typhoons, which have the potential to cause considerable damage and claim many lives.

Despite the fact that a tropical cyclone condition of readiness shut down a Mount Out Exercise scheduled for Oct. 1 - 3, Alfa Company was able to incorporate disaster preparedness training to improve and maintain readiness for such events in the future.

Within hours of receiving the initial storm warnings for Guam and the surrounding islands, Alfa Company started securing materials at their project sites, pulling equipment back in to the yard, delivering sand for sandbags, and moving potential flying objects from the yard into the maintenance shop bays. The shop relocated equipment throughout the yard to reduce the likelihood of damage to equipment and vehicles were parked in front of the large bays to displace the effects of strong winds against the steel roll-up doors of buildings. By the time Naval Base Guam was in TCCOR 2, vehicles were staged in front of all large shop bay doors and sandbags were lined and stacked in front of



Equipment Operator 3rd Class Gregory Burton of Naval Mobile Construction Battalion (NMCB) 1 DET Guam's Alfa Company delivers sand bags to prepare for an expected tropical storm. (U.S. Navy photo/Released)

all other doors to keep driving rain out of buildings.

The preparation stressed the importance of Alfa Company working as a team. Construction mechanics and equipment operators alike teamed-up and showed that they can do just about anything and do it well. "I have never seen so much work going on at once without a single incident," said Equipment Operator Constructionman Brandon Stuart.

Although Alfa Company was unable to complete the scheduled Mount Out exercise, the extensive research, coordination and preparations completed before Naval Base Guam was put in TCCOR demonstrated that DET Guam is ready to go when assistance is needed.

So far during this short time of deployment to Guam, natural disasters have already affected many areas throughout the Pacific. While the Seabees of Alfa Company have not been directly affected, they are tested and have prepared to respond. The real test begins when the storms make landfall or AIRDET is deployed to support relief missions.

Whether AIRDET leaves or remains in Guam, just getting ready has been invaluable training for Alfa Company and AIRDET.

No matter what the future brings, these Seabees will succeed!



Construction Mechanic 1st Class Dennis Tadlock, Construction Mechanic 3rd Class William Bridges and Construction Mechanic 3rd Class Chessie Matti work on storm preparations for Alfa Company shops. (U.S. Navy photo/Released)

### Flu Vaccine now available at NBHC

It's that time of year again. As this year's Flu season approaches, the Naval Branch Health Clinic (NBHC) Gulfport health care team is working to ensure that all of our Active Duty,

Active Duty family members, and enrollees are properly immunized.

Two FLU shots given this year. FLUMIST will be the vaccination given to all eligible DOD personnel unless contraindicated to the

administration of the vaccine. In that case the Fluzone will be administered.

NBHC does not anticipate the distribution of the H1N1 vaccine until mid to late October and arrival in Gulfport mid to late November.

Immunizations are done on a walk-in basis Monday - Friday, 7 a.m. - 3:30 p.m. in the Immunizations Department. The pharmacy has extended hours of Monday - Thursday, 7 a.m. - 5:30 p.m. and Friday, 7 a.m. - 3:30 p.m.

# Navy Seabee Veterans of America National Convention, All Seabee Reunion held in Gulfport



Jack Allen  
 Frank Peterlin  
 OIC  
 Doug Mattick  
 Larry Eyman  
 James Keenan  
 "Doc"  
 Johnny McCully  
 AOIC



"Snuffy"  
 John Kroll CE1  
 "Ice Pick"  
 Jack Lazere MM2

Nearly 300 men and women came together Oct. 12 - 16 for the 63rd Seabee Veterans of America National Convention and Gulf Coast All Seabee Reunion. Special guests at the reunion were members of SEABEE TEAM 1104 (STAT 1104) CE1 Jack Allen, UT1 Larry Eyman, HM2 James Keenan, EOH2 John Klepfer, BUH2 Doug Mattick, EOC Johnny McCully, and officer in charge Lt.j.g. Frank Peterlin. The Team has the distinction of having served with CMA3 Marvin G. Shields, who was posthumously awarded the Medal of Honor for conspicuous gallantry in carrying a critically wounded man to safety and in destroying a Viet Cong machine gun emplacement at the cost of his life.

CE1 John "Snuffy" Kroll and MM2 Jack "Ice Pick" Lazere, of the 133rd Naval Construction Battalion (NCB) are survivors of the D-day Invasion of Iwo Jima. During their time in Gulfport reunion attendees toured the Armed Forces Museum at Camp Shelby, as well as the Seabee Center and the World War II Museum in New Orleans. Although the convention is held in the different state every year, the reunion is held annually in Gulfport. (Photos courtesy of Seabee Veterans of America/Gulf Coast All Seabee Reunion)

## 2009 Multi-Cultural and Diversity Challenge

Nov 13, 2009

10 a.m. - Noon

Old Fitness Center

Multi-Cultural and Diversity Fair

"How well does your Command, Department, or Association represent a Country?"

"You've Been Challenged!"

"The Challenge Starts NOW!!!"

"Who will come out on Top?"

All Hands are invited! Don't miss out on the Fair!

More than 20 countries will be represented at the Fair!

POC: RP2 Hawkins-Chavis at 228-872-2454 or see your command Rep

## DeCA 'tweets' on Twitter, posts to Facebook



By Millie Slamin  
 DeCA Public Affairs

The Defense Commissary Agency has great news for its commissary customers, employees and industry partners - it is now "tweeting" on Twitter and posting to Facebook about everything from money-saving events to eating healthier.

"I'm tremendously excited about getting the word out about our military's most valued non-pay benefit on Twitter and Facebook," said DeCA Director and CEO Philip E. Sakowitz Jr. "I enjoy using these mediums because, even with my busy schedule, there's always time to 'tweet' or post a short message."

The agency will use its Twitter page at [www.twitter.com/TheCommissary](http://www.twitter.com/TheCommissary) to talk with those who visit the site about the latest cost-saving programs, promotions and events at DeCA's more than 250 commissaries worldwide; share information unique to those stores; and discuss issues that affect customers and industry partners.

Its Facebook fan page at <http://www.facebook.com/pages/Defense-Commissary-Agency/131694158961?ref=ts> will expand DeCA's online presence. Postings to this page include the

See DeCA page 16

# Buzz on the Street



By EACN (SCW)  
Miles Giger

Which do you prefer,  
social or print media?



"I'm old school and not really into the Internet and other technological means so I would have to go with printed media."

MR1 Louis McGowan  
NMCB 133

Hometown:  
Wellsburg, W. Va.



"I prefer printed media like the Seabee Courier because of the convenience and availability."

BU3 Zachary Crouse  
NMCB 11

Hometown: Phillipsburg, N.J.



"I like printed media because it is easier to read something on paper than on a screen."

SH3 Tracus Cherry  
20TH SRG

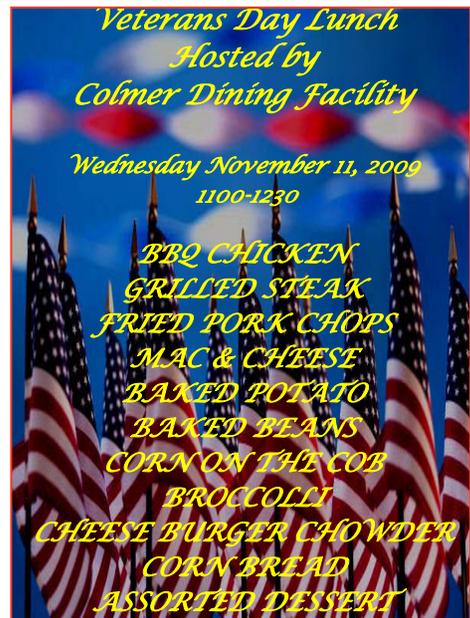
Hometown: Idabel, Okla.



9th Annual Gulf Coast  
Veterans Parade  
Nov. 7, 11 a.m.

Downtown Gulfport

Featuring marching units from the Seabee Center, Keesler Air Force Base and JROTC Units, as well as marching bands, military aircraft fly-over, motorcycles and much more. For more information visit:  
[www.msveteransparade.com](http://www.msveteransparade.com)



From RESULTS page 1

icant problems" or "progressing" promotion recommendations, declining performance from the same reporting senior, failure to maintain physical fitness assessment standards, military or civilian convictions, and non-judicial punishment.

Members not selected for continuation will retire no later than June 30.

"There were chiefs with adverse information in their records, and many of them are staying. That, in itself, should tell any

doubters that there was no quota, and that we are not a zero defect Navy. People make mistakes. Often times, it's how we respond after those mistakes that defines us as chiefs, as Sailors and as leaders in our Navy," said Master Chief Petty Officer of the Navy (SS/SW) Rick West.

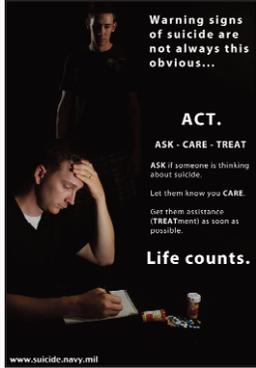
The board concluded deliberations at Navy Personnel Command Oct. 1 and the results were forwarded to CNP for approval. Sailors not selected for continuation were personally notified prior to the results posting in BUPERS Online. Candidates can

check their status at  
<https://www.bol.navy.mil>.

"The purpose of this board was to continue to improve the effectiveness of the force by identifying and continuing our most fully qualified enlisted leaders. I appreciate the leadership of the CPO mess in this process," Ferguson commented.

The Senior Enlisted Continuation Board is a performance-driven review of master chiefs, senior chiefs and chiefs with more than 20 years of service and three years time-in-grade.

# Suicide Prevention is an All Hands Evolution

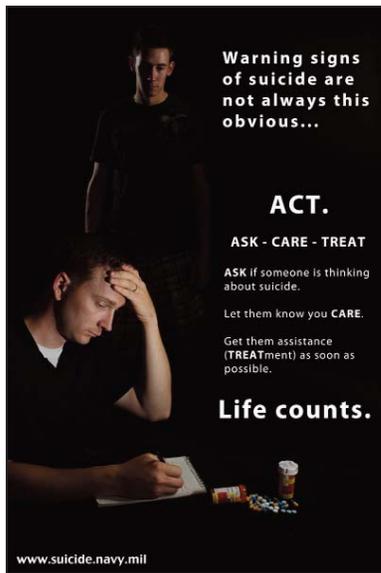


In support of the Navy's "All Hands" position on suicide prevention the Fleet and Family Support Center (FFSC) Gulfport is offering a 45-minute Suicide Prevention brief to all commands. E-mail the FFSC Educator at [paula.ingram@navy.mil](mailto:paula.ingram@navy.mil) or call Paula at 228-871-3457 to schedule a presentation.

Fire Warden Training Nov. 19 at the Fire Department, Building 321, from 2 - 3 p.m. See Inspector Ducote for classroom location.



Wounded Warrior Walk -- There will be a 2009 Wounded Warrior Walk Nov. 14 at the Biloxi/Ocean Springs Bridge. Registration begins at 8 a.m. and the Walk begins at 9 a.m. There will be music and prizes. Donations are accepted and greatly appreciated. Proceeds will benefit wounded, injured and ill service members.



**Warning signs of suicide are not always this obvious...**

**ACT.**

**ASK - CARE - TREAT**

ASK if someone is thinking about suicide.

Let them know you CARE.

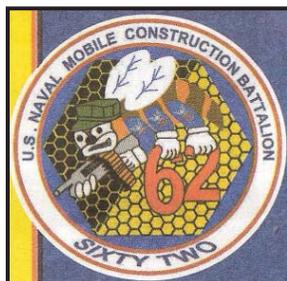
Get them assistance (TREATment) as soon as possible.

**Life counts.**

In support of the Navy's "All Hands" position on suicide prevention the Fleet and Family Support Center (FFSC) Gulfport is offering a 45-minute Suicide Prevention brief to all commands.

E-mail the FFSC Educator at [paula.ingram@navy.mil](mailto:paula.ingram@navy.mil) or call Paula at 228-871-3457 to schedule a presentation.

[www.suicide.navy.mil](http://www.suicide.navy.mil)



**U.S. NAVAL MOBILE CONSTRUCTION BATTALION**

**MCB 62**

<http://nmcb62alumni.org>

November 5, 2009

Seabee Courier

**SPAM ALERT . . .**

**NMCI users report receipt of large amounts of SPAM . . . NMCI has received numerous reports from commands across the enterprise stating that users are receiving SPAM emails in larger than normal numbers. NNWC GNOC is taking actions to block, mitigate and/or contain such SPAM.**

**These actions include validating our existing security measures against such threats, and developing additional measures to reduce the presence and/or impact of SPAM on NMCI. Users should continue to report SPAM as outlined in the NMCI Homeport article:**

**<https://www.homeport.navy.mil/support/articles/report-spam-phishing/>**

# NMCB 1 celebrates at Navy Ball on Diego Garcia

By BUCN Katherine Rubio  
NMCB 1 Public Affairs

During the first half of deployment, Naval Mobile Construction Battalion (NMCB) 1 DET Diego Garcia was lucky enough to celebrate the Navy's birthday. Held Oct. 10, the Seabees joined over 200 Sailors and guests for this yearly event. The Island Room, normally a large, but simple room with a bar, stage, pool tables, and tables was transformed, virtually overnight, into the venue for the Navy Ball. During the cocktail hour, several videos were playing in the background that celebrated the history of the U.S. Navy as well as the history we currently make every day around the world.

The uniform for the event was Dinner Dress Whites, and those in possession wore that uniform, but everyone on the island was invited and encouraged to attend even if they didn't have the correct uniform. It made the night interesting to see what uniforms were worn, as some newcomers to the island still had not received their household goods and had a limited uniform selection. It would not be Diego Garcia without people waiting for their possessions to make the 6 to 8 week trip to the island. The import thing was that everyone had the opportunity to attend and have a good time.

At the beginning of the festivities, all of the Sailors recited the Sailors Creed and sang the "company song," Anchors Aweigh, lead by NSF Diego Garcia Command Master Chief, CMDCM(SW/AW) Brian Wenrich. After Anchors Aweigh, Chief Yeoman Martin read a dedication to all of our POW/MIAs followed by a moment of silence and a raising of our glasses in respect to our heroes.

Guests were then greeted by Naval Support Facility (NSF) Diego Garcia Commanding Officer, Capt. Hugh M. Flanagan and given the welcome news that it was time to eat.



Sailors enjoy the music at the Navy Birthday Ball on Diego Garcia. Seabees with Naval Mobile Construction Battalion (NMCB) 1 DET Diego Garcia were lucky enough to join over 200 other Sailors celebrating the Navy's birthday Oct. 10. (U.S. Navy photo/Released)

Table by table, everyone got up and went down the gorgeous passage way that had been decorated in red, white and blue and accented with palms from the coconut trees of the island. There was also a miniature version of the island of Diego Garcia made up of blue colored water for the ocean and sand as the island. The dinner was superb with a good selection of food including prime rib and chicken cordon bleu. Just the food alone made the Navy Ball an outstanding event to attend; the MWR cooks did an excellent job with the meal.

After dinner, Flanagan, who was also serving as the guest speaker, talked to the gathered crowd about the history of the Navy and our transformation to the global force we are today. Following the speech was the customary cake cutting by the oldest and youngest active duty Sailors in the room.

After the cake was cut, everyone had the opportunity to take group photos before the stage was cleared to allow for the Inter-Act band to perform and let everyone show their moves on the dance floor.

When asked about her experience at the Navy Ball, Steelworker Construction Apprentice Rebecca Dean said, "This was my first Navy ball and I plan on attending more in the future. I had a great time."



Equipment Operator Constructionman Melanie Tallman, assigned to Naval Mobile Construction Battalion (NMCB) 74, Alfa Company, cuts the ceremonial cake on the U.S. Navy's 234th birthday. In accordance with tradition, Tallman was chosen for the honor, because she is Alfa Company's youngest Seabee. (U.S. Navy photo by MC2 Michael Lindsey/Released)

## Camp Leatherneck marks Navy's birthday with multiple cakes, events

By MC1 (SW/AW) Ryan G. Wilber  
NMCB 74 Public Affairs

Sailors and Marines assigned to Camp Leatherneck, Afghanistan celebrated the U.S. Navy's 234th birthday in a spirit of camaraderie. The events began in honor of the occasion began with a 6 a.m. 5K run, followed by several cake cutting ceremonies during lunch, and concluded in an afternoon remembrance ceremony held in honor of two Sailors, assigned to the camp that were killed in action during the past year.

The service members gathered for the run demonstrated a spirit of energy and excitement while listening to Hospital Corpsman 1st Class Jennifer Avila, assigned to 5th Battalion/10th Marines, Brigade Headquarters Group, describe the route around the camp.

"I wanted to do something fun, so I said, 'Let's get the Sailors and the Marines together and have a fun run.' It was not difficult to organize," said Avila, who was also the run organizer. "Camp Leatherneck was very welcoming in letting us do this, and it turned

out better than I expected. I liked seeing the camaraderie, people high-fiving each other [and] showing their support." "I want to do my best and push myself as hard as I can," said Builder 2nd Class Clayton Condon, assigned to Naval Mobile Construction Battalion (NMCB) 74, Charlie Company. Chief Construction Mechanic Brian Boyd, assigned to NMCB 74, Alfa Company, and Construction Electrician Constructionman Joshua Guerreiro, assigned to NMCB 74, Charlie Company, carried their respective company's guidon during the run. Each expressed a feeling of pride in doing so. "It's an honor. It may be tough to run with [the guidon], but I don't mind," said Guerreiro. "We are the biggest Navy unit on the base, so we have an obligation to come out and support the Navy pride," added Boyd.

Cpl. Marques Nelson, assigned to Combat Logistics Company 151, won the race. Builder 2nd Class Clayton Condon, assigned to NMCB 74, Charlie Company, and Lt. Paul



A model of Diego Garcia was one of the many decorations used at the Navy Support Facility (NSF) Navy Birthday Ball held Oct. 10 on board the island. (U.S. Navy photo/Released)

# SPOOKFEST 09



Photos by  
Rob Mims



Crowds line up for the chance to be scared inside the Haunted House at SPOOKFEST 09.

A tentative peak inside the door reveals little of the 'creatures of the night' waiting for unsuspecting visitors.



A dad prepares to shield his family from the zombie in the night.



Who knows what made this poor soul snap.



Family Readiness Groups used the evening to raise money for future events.

## Thousands enjoy night of fright at Seabee Center

By Constructionman Miles Giger  
NCBC Public Affairs

Halloween can mean a lot of things - dressing-up in costumes, hay rides, haunted houses, and of course trick or treating. Thankfully for the Seabee community, they were able to experience all of this fun and more at the annual SPOOKFEST Oct. 30 onboard the Seabee Center.

Designed and set up with the help of a dedicated MWR staff and volunteers who gave many hours of their time, the festival offers military members and their

families a chance to partake in the festivities and enjoy a safe, yet frightfully fun evening of entertainment.

The haunted house was a major attraction at SPOOKFEST. The line of people eager to test their metal against the night terrors that awaited, stretched from the old fitness center to the MWR Hobby Shop.

"One of my favorite parts was when the guy with the chain saw jumped out at my son and made him scream," said Machinery Repairman 1<sup>st</sup> Class Tom Ness of Naval Mobile Construction Battalion (NMCB) 11.

Ness was there with his wife and five children, who ranged in age from three to 13. "It was really scary," added six-year-old Justin Ness.

SPOOKFEST also featured games and events for the kids, including a climbing tower, face painting and carnival games. There were also plenty of concession booths featuring food and drinks for kids of all ages that were prepared by battalion Family Readiness Groups as well as other service organizations.

According to MWR Director Michele Shaffer, an estimated 2,500 people attended SPOOKFEST this year.



### Anchors and Eagles

For all Chiefs and Officers looking for a great place to unwind, Anchors and Eagles is the place. Open Tuesday thru Thursday 2 until 9 p.m. with a social every Thursday starting at 3 p.m. Also, the first Tuesday of every month is Right Hand Man; so, bring your Right Hand person and share the spirit.

### Auto Hobby Shop

November. Free Brake Inspection every Wednesday - Friday from 10 a.m.- 4 p.m. and Saturday 9:30 a.m.- 2 p.m. Contact MWR Auto Hobby Shop at 228-871-2804 to make reservations.

### Beehive Lounge

Be sure to stop by for Monday Night Football drink specials. Wii Tournaments are held every Tuesday and Thursday from 7 - 9 p.m. The daily prize is a gift certificate to Pizza Brothers for \$20. Wednesday is Ladies Night where ladies get 10 percent off of their entire bill. Looking for a good deal? Stop by every Monday - Friday from 3 - 5 p.m. to take advantage of the Early Bird Special and receive a 10 percent discount.

### Car Wash

MWR has done many upgrades to the car wash to include the in-

stallation of new vacuums which have high suction power, stain remover, shampooer and fragrance selections. The MWR car wash is located off Marvin Shields Blvd. and Rodgers Ave. MWR also has new shade structures on order for those car enthusiasts who like to wax their vehicles out of the sun. Contact MWR Auto Hobby Shop at 228-871-2804 for more information.

### CBC Lake

Pavilion Special-10 percent off all large pavilion rentals for the month of November. All small pavilions are on a first come first served basis. Contact MWR Outdoor Recreation. Center for more information at 228-871-2804.

### CBC Skatepark

The skatepark is now open and is located south of the baseball fields and features a half pipe, grind rail, and quarter pipe. Helmets must be worn at all times. For more information, contact the Outdoor Recreation. Supervisor at 228-822-5103.

### Fitness Center

All Aerobics classes are free to all eligible patrons. Children ages 10 - 15 must stay with their parents throughout the class. Classes are: Monday and Wednesday - Bosu at 9 a.m., Cycling at 9 a.m., Aqua Aerobics at 10:15 a.m., Total Body Challenge at 11 a.m., and Cycling at 5 p.m. Tuesday and Thursday - Silver Slipper for Seniors at 8:30 a.m., Abs & Push-Ups at 11:15 a.m., Cardio Kickboxing at 5 p.m., and Abs & Push-Ups at 6 p.m.

Be sure to make a splash by signing up for Swim Lessons. The next session will be held Nov. 9-19; registration begins Nov. 2. Parents don't fret! If you are unsure as to what skill level your child would best fit into a life-guard can assist you in making that determination. For more information contact Dana Dawson, Pool Coordinator, at 228-822-5103.

### Information, Tickets and Tours (ITT)

Just Arrived . . . Mississippi Surge Hockey Tickets! ITT has half-price vouchers available in the Platinum Level for \$11 and in the Gold Level for \$8.50! This is a great deal! Hurry while they last! For more info or to purchase tickets, stop by the ITT Office or call 228-871-2231/2126!

Attention NASCAR Fans . . . It's that time of year again to start planning for the biggest race of the year . . . the Daytona 500! The bus will depart CBC at 9 p.m. Feb. 12 and return at approximately 8 p.m. Feb. 15. Cost includes round-trip transportation via deluxe motor coach and 2-nights at the Radisson Worldgate Resort in Kissimmee. Not into racing, but still want to go? No problem . . . you can come along and still have 2 full days to enjoy the theme parks or just get some well-deserved R & R! Race tickets and theme park tickets (if needed) are additional. Everyone is welcome! Layaway plan is available. Sign-up deadline is Feb. 5 with final payment due by Feb. 12.

The next base-wide Yard Sale is scheduled for Dec. 5 from 8 a.m. - 1 p.m. on the grinder! Need room for the new holiday decorations? Need more holiday decorations? Well, here's your chance! Cost is \$10 which includes 2 tables/chairs or a 10 X 10 canopy. Sign up by Dec. 3!

Mark your calendars for May 28 . . . Dust off your steel drums . . . ITT is taking you on a three-day group cruise on Royal Caribbean Cruise Lines to the Bahamas! Ship departs from Port Canaveral May 28 at 4 p.m. and returns May 31 at 8 a.m. Price includes round trip transportation to Port Canaveral, Fla. We will depart CBC at 11 p.m. May 27 and return approximately 9 p.m. May 31. Layaway plan available!

### Liberty Center

As the holidays get closer Liberty is offering all sorts of festive events both inside and out! How

## Flag Football as of Oct. 21

Team	Won	Loss
NMCB 133 (Goodfellas)	4	0
Goon Squad	3	0
NMCB 133 (Black&Red Rockets)	2	0
NMCB 11 (B6)	1	0
NMCB 133 (Men's Restroom)	1	1
NMCB 11 (Team 2)	1	2
20th SRG (Army)	1	2
NMCB 133 (Miisfits)	1	2
Stennis	1	2
NMCB 11 (Team 1)	0	4

about enjoying that cool fall breeze while trying to win a prize in the Flag Football Tournament Nov. 5 at 7 p.m.! Teams of seven will compete to win some great prizes! If football isn't what you're looking for then get out some anger in Paintball Wars in Covington, La. For only \$18 Nov. 8, venture over to one of the best paintball courses in the area and play all day. Lunch is included and departure time is 8 a.m.! Or simply relax Nov. 7 at the Veteran's Day Parade in Gulfport as we honor our veterans. Departure is 10 a.m.

Interested in volunteering? We've got a way for you to serve and earn a Letter of Appreciation. Join us Nov. 21 as we volunteer with Habitat for Humanity. Lunch is included and we depart at 7:15 a.m. to help out the local community!

### Outdoor Recreation

"First 4 Fun" is a trip and event schedule coordinated between ITT, Outdoor Recreation and Liberty programs for all eligible NCBC Gulfport patrons. Call 228-871-2804 if you would like additional information on the following events:

Tanya Tucker at the IP Casino Resort & Spa, Nov. 13 departing at 6:45 p.m. Tickets are \$50 per person.

Christmas City Gift Show at the Miss. Coast Coliseum Nov. 14, with departure times at 8:45 a.m. and 12:30 p.m. Only \$8 per person.

24th Annual Scottish Games and Celtic Festival at Harrison County Fairgrounds Nov. 15, departing at 9 a.m. Only \$10 per person (12 and up).

Eddie Griffin Live at the IP Casino Resort & Spa Nov. 20, departing at 7 p.m. Tickets are \$50 per person.

### Pine Bayou Golf Course

The Veteran's Classic Golf Tour-

ament, hosted by MWR, will be held at the beautiful Pine Bayou Golf Course Nov. 20. The tournament is a captain's choice scramble that is requesting all Active Duty and Retirees to come out and enjoy this great event! Includes a lunch from 11 a.m. - noon and shotgun start immediately following. Register today by calling the Pro Shop at 228-871-2494.

### Pizza Brothers

Have you tried the best pizza around? Well if you haven't, then you need to stop by Pizza Brothers, located adjacent to the Grinder in the shiny trailer. They have a great selection of pizza (made right before your eyes), salads and that wonderful specialty of theirs: the Wedger. Call 228-224-1146 to place your order for delivery or carry out.

### The Grill

Ready for good food at a fair price? Then swing on by the Grill, located in the club house at the Pine Bayou Golf Course on Colby Ave. They have a wonderful selection of food that will surely satisfy any taste. Open 7 days a week, you can even call 228-871-2494 for carryout.

### Vehicle Resale Lot

Have a Vehicle, Motorcycle, RV, Boat or Utility Trailer you want to sell, put it in the MWR Vehicle Resale Lot located on 5th Street. Location is in a high visibility area and is lighted for extra security. Contact your MWR Auto Hobby Shop today at 228-871-2804.

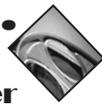
### Youth Activities Center (YAC)

Movie Nights (Nov. 6, 13, and 27): Come out for these exciting nights filled with food, friends and a movie on the Big Screen! Only \$2 per person.

Nov. 7 Gold Gate Skateland Trip - Bring your own skates if you

## At the Movies . . .

FREE movies, now playing at the Training Hall Movie Theater



Nov. 5: A Perfect Getaway (R), 5:30 p.m., G-Force (PG13), 7:30 p.m.

Nov. 6: Orphan (R) 5:30 p.m., G.I. Joe: Rise of Cobra (PG), 8 p.m.

Nov. 7: Harry Potter: Half Blood Prince (PG), 1 p.m., G-Force (PG), 4:15 p.m., Bandslam (PG), 6:30 p.m.

Nov. 8 Aliens in the Attic (PG), 1 p.m., G.I. Joe: Rise of Cobra (PG13), 3:15 p.m., Public Enemies (R), 6 p.m.

Nov. 10 Funny People (R), 5:30 p.m., The Ugly Truth (R), 7:45 p.m.

Nov. 12 The Time Traveler's Wife (PG13), 5:30 p.m., The Goods (R), 7:45 p.m.

Nov. 13 Harry Potter: Half Blood Prince (PG), 5:30 p.m., A Perfect Getaway (R), 8:15 p.m.

Nov. 15 Aliens in the Attic (PG), 1 p.m., Funny People (R), 3 p.m. and Bandslam (PG), 5:30 p.m.

Nov. 17 Ophan (R) 5:30 p.m., The Goods (R), 7:45 p.m.

# Homefront in Focus:

## My Commissary clerk hates me . . .

By Beth Wilson  
Military Spouse Contributor

My local commissary clerks hate me. I see it in their faces. Every shopping day I prepare myself for the disdain of not only my unfortunate clerk but the wrath of those patrons in line behind me. Why? Because I'm 'that lady'... the one that holds up the line, the one with a stack of coupons. I confess . . . I am the 'coupon queen.'

I was not always this way. In fact, I used to think coupon clippers were uptight penny-pinchers. I scoffed at their little 'coupon wallets' and mini calculators. I reached right across them and grabbed my items without regard for cost or coupon. I was free; free of paper-cuts, worry and penny pinching. What was a quarter here and fifty cents there? Huh! I laugh at the face of such pettiness.

I was converted slowly, sort of like an alcoholic. It started with those coupons hanging beneath the items on the grocery shelf. You know the ones I am referring to. I was purchasing McCormick's Herb and Garlic marinade anyway... what the heck; I'll take that \$0.25 off coupon. Then I saw the 'military only' coupon. Wow, I'm part of an exclusive group of savers . . . "Military Only savers."

My addiction was deepened when my commissary in-

stalled those coupon dispensers with the flashing red lights. I had to stop and take note of the savings. I had to grab that coupon; after all, I was buying that item anyway!

But the clincher was the commissary receipt. At the bottom of the receipt something caught my eye . . . Total number of coupons, Total saved from coupons, total percent of savings. I saved \$24! Thirteen percent of my food bill! TWENTY-FOUR DOLLARS and all I did was grab a few coupons laying there.

Do you know what I can do with that \$24? Can you say Pedicure? Hmmmm . . . I wonder . . . could I increase the savings next time to get, say, a manicure AND pedicure? A Massage? Or more? I was hooked. I was on a mission to fund my 'splurges' with guilt free savings. I made mistakes along the way. I clipped every coupon and purchased items I didn't use, or didn't like . . . or worse yet - I let that coupon influence my purchase on a product that actually cost MORE than an item without a coupon.

My skills developed, I became a shrewd coupon clipper. I scouted the resources like the best deer hunter; in the Sunday paper, the commissary, and WOW, online! I honed my skills to clip only those for products I actually use and provide real savings. Yes to this coupon. No to that one. Forget that lame 'coupon wallet' I require a 'coupon box' . . . an index card box, complete with index guides, to organize my coupons. My standards are high: coupons must be for quality products that provide real savings.

I adapted my shopping skills as well. I menu plan to maximize my accumulated coupons. I developed a shopping list that follows the layout of my local commissary



Beth Wilson

and added a tiny column where I indicate that I have a coupon for that item. I am a skilled and relentless coupon saver.

This has created an adversarial position with many clerks. They look at my stack and I can see it on their face, "I will find those expired coupons, I will disqualify anything that does not perfectly fit the requirements of that coupon." And the battle begins. Have I scrubbed my stack, are there expired coupons? Did I buy the required number for the full savings? Who will 'win'?

I am not happy unless I save at least 15 percent of my total bill. My record is 29 percent! My highest savings for one shopping trip is \$94.89. Last year I saved \$1,418.25 through coupon clipping. I am not resting on my laurels . . . I will beat that record this year. I will endure the stares, the heavy sighs, the glances of disdain. I WILL fund my trip to Hawaii with coupon savings for - - - I AM the Commissary Coupon Queen!

### NCBC Commissary Hours

Sunday: 11 a.m. - 6 p.m.  
Monday: Closed  
Tuesday: 9 a.m. - 7 p.m.  
Wednesday: 9 a.m. - 6 p.m.  
Thursday: 9 a.m. - 7 p.m.  
Friday: 9 a.m. - 6 p.m.  
Saturday: 9 a.m. - 6 p.m.

## NMCB 133 holds battalion 'Black Hell Squad' competition

By Ensign James Collins,  
UT3 Franciscos Cardona and  
BU2 Marcos Lopez  
NMCB 133 Public Affairs

Naval Mobile Construction Battalion (NMCB) 133 recently had a competition called "Black Hell Squad" between squads within the battalion to commemorate the proud heritage of NMCB 133 and the Seabees from years past. Black Hell Squad is an annual competition to honor Seabees of 133 who participated in the battle of Iwo Jima during World War II. The competition itself showcases Seabee skills and their "Can Do" attitude.

On February 19, 1945, the 133rd NCB joined the Fifth Marine Amphibious Corps and the Fourth Marine Division for the amphibious assault on Iwo Jima. The entire force landed on Iwo Jima on D-Day with the first assault waves of the Fourth Marine Division. The 133rd suffered severe casualties during the bitter fighting for Iwo Jima where it distinguished itself in both front line combat and construction. The 133rd had 370 casualties, over 40 percent of the 875 men that landed, the highest in Seabee History.

While honoring and remembering the fallen Seabees on Iwo Jima, the Black Hell Squad competition provides excellent training opportunities for squad leaders and junior troops.

"Black Hell Squad gave squad leaders a chance to show their leadership, management and organizational abilities as small unit leaders in a competitive environment," noted Builder Petty Officer 1st Class Phillip Baranowski.

The competitions were events and scenarios designed to test knowledge, team work, and leadership of the squad. The competition was conducted in three phases. Phase one military block training was a classroom refresher course. Medical and first aid, operational risk management, safety, chemical, biological and radiological

environments, convoy security operations, communications, defensive operations, fighting positions and patrol maneuvers where a few of the topics that were covered. At the end of phase one each squad member took a written test. Phase one scores were based on each squad's test results.

Phase two let the Seabees get some hands-on training. Squads focused on physical training, defensive positions construction and patrol planning. Physical training consisted of a mock PRT. Squads constructed two man M-16 fighting positions and one crew served weapon fighting position during the defensive portion. Squads were also graded on planning a patrol and briefing the patrol order.

"It was a learning experience, being that I am a prior fleet sailor, it is my first time doing any of this," said Builder Constructionman Anthony Amicone.

The top five ranked squads from the first two phases moved on to phase three. The third and final phase tested the ability to perform the skills correctly and in a timely manner. The scenarios tested skills in communications, weapons familiarizations, medical actions, land navigations and CBR operations.

The squad with the highest score and named as NMCB 133's 2009's Black Hell Squad was Bravo Company, 1st Platoon, 3rd Squad lead by Utilitiesman Petty Officer 1st Class John Meyer. Second place was Alfa Company, 2nd Platoon, 2nd Squad, lead by Construction Mechanic Petty Officer 1st Class Brandon Jeffery, and finishing third was Bravo Company, 1st Platoon, 1st Squad lead by Construction Electrician Petty Officer 1st Class Manuel Perez.

Builder Constructionman Bonnie Longoria said, "I thought Black Hell Squad was a fun learning experience. I was given the opportunity to learn about things that will better prepare me for my first field training exercise and deployment."

MC COUPON	50052130030	0.30-
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SURCHARGE		
**** BALANCE		165.04
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PATRON CREDIT CD Purchase		
*****3609		
TOTAL:	165.04	
REF #:	057781	
*****		
PATRON CREDIT CD	165.04	
CHANGE		0.00
*****		
TOTAL NUMBER OF ITEMS SOLD =	94	
***** COUPON SAVINGS *****		
COUPON SAVINGS	\$	24.80
NUMBER OF COUPONS		27
THAT IS A SAVINGS OF 13%		
*****		

Gundy, NMCB 74 Dental Officer, finished 2nd and 3rd place respectively.

During lunch the Seabees held two cake-cutting ceremonies. Utilitiesman 1st Class Antoine Briggs, NMCB 74's Sailor of the Quarter, and Logistics Specialist Seaman Juan Saldivar, NMCB 74's Bluejacket of the Quarter, shared the honor of cutting one Navy birthday cake. Equipment Operator Constructionman Malanie Tallman, Alfa Company's youngest Sailor also cut another cake.

"The Navy is an outstanding organization to be part of. I'm very privileged to be here and serve my country," said Briggs.

Brig. Gen. Larry Nicholson, Commanding General Marine Expeditionary Brigade, was the guest speaker for the base cake cutting ceremony and for the remembrance ceremony in the afternoon. He spoke in praise of the work the Navy has been doing to support operations at Camp Leatherneck. "Everything you see here was built by Seabees," said Nicholson. "Quality of life at Camp Leatherneck is due to the Seabees."

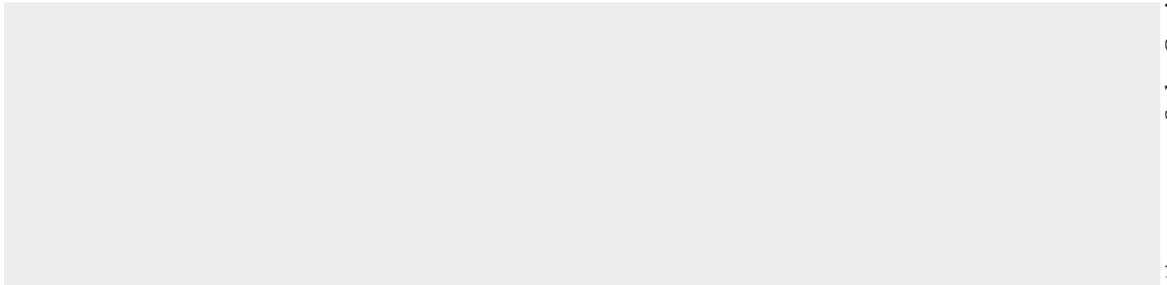
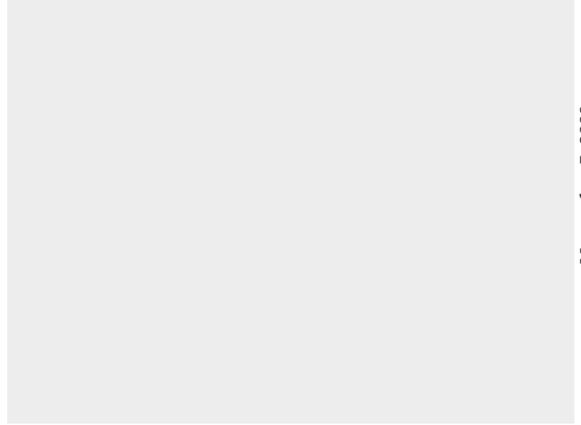
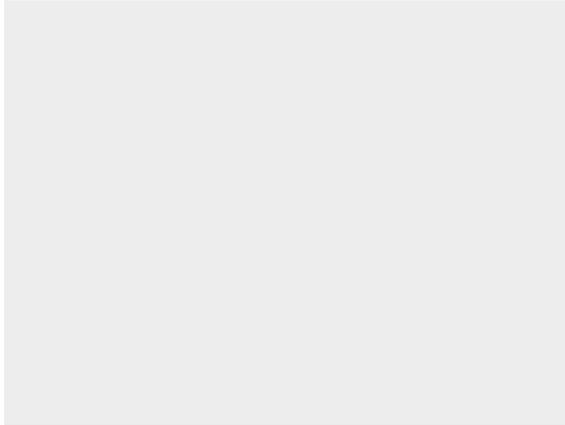
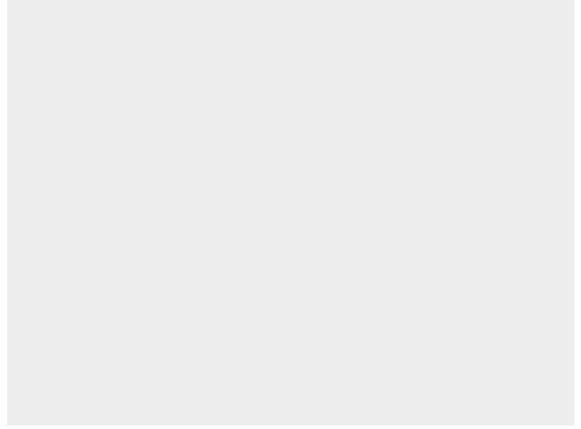
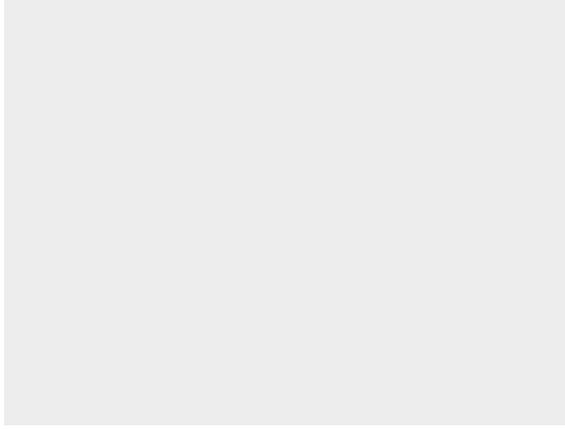
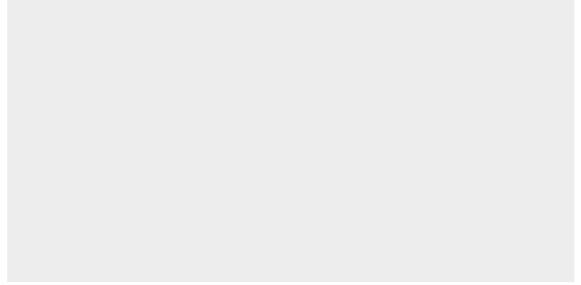
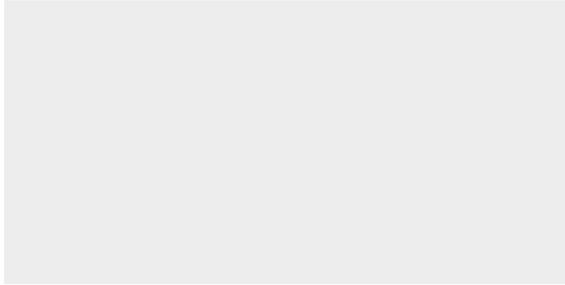
Cmdr. Bill Haggerson, assigned to Camp Leatherneck's Shock Trauma Platoon and Culinary Specialist Seaman Apprentice Eric Luangrath, assigned to NMCB 74, Supply Department, shared the honor of cutting the cake. According to tradition, the oldest and youngest Sailors cut the cake and take the first bites.

During the remembrance ceremony, a bell was struck twice in honor of Hospital Corpsman 3rd Class Anthony Garcia and Hospital Corpsman 3rd Class Benjamin Castiglione who were assigned to Camp Leatherneck and killed in action during the past year. A moment of silence was observed for all Sailors lost during the year.

At day's end, service members representing all branches of the armed services assigned to Camp Leatherneck had joined in celebration of the Navy's birthday, showing their appreciation for all the Navy personnel that provide support to the camp.



**Holiday Safety Stand-down, Nov. 19, 6:45 a.m. in the Training Hall, Bldg 446**



latest happenings at commissaries, information on special events and promotions as well as answers to frequently asked questions.

"This technology really expands our ability to reach out to everyone from authorized patrons and employees to stakeholders and industry partners," said Sakowitz. "These are excellent mediums in which to reinforce the importance of the 30 percent and more savings our service members, retirees and their families enjoy when they shop the commissary."

Photographs and video clips that highlight the latest activities and special events at commissaries will be periodically posted to these Internet sites. Currently, DeCA's official Facebook page includes links to the agency Web site and the pages for "Ask the Dietitian and Kay's Kitchen."

"What I like about Twitter and Facebook is that they offer two-way communication," Sakowitz continued, "and all anyone needs is a computer with Internet access in order to start twittering or posting notes to DeCA's Facebook page!"

# Consider using Navy Lodge for business travel

By Kristine M. Sturkie  
NEXCOM Public Affairs

Work left to do for tomorrow's meeting? Last minute assignment? Tired of getting bumped? Navy Lodges want and welcome business travelers. Since room rates are 40 percent below per diem, Navy Lodges are less expensive than comparable civilian hotels.

"Navy Lodges offer comfortable, clean and affordable accommodations at 43 locations around the world," said Janice Baker, manager NCBC Navy Lodge Gulfport, MS. "Navy Lodges are a great place for DoD civilians and military members to stay while traveling for business, vacation or relocations."

Navy Lodges offer Business Class rooms which feature a queen-sized bed, sofa, a desk with a computer hookup and task lighting. Internet, fax and business services are also available. Guests can also take advantage of the free "Breakfast To Go," local phone calls, coffee and newspapers. All Navy Lodge rooms have cable TV with Showtime, a DVD/CD player, direct-dial telephone service and a kitchenette complete with microwave and utensils. Navy Lodges also feature housekeeping service, vending machines, convenient on-base parking, video rental service and guest laundry facilities as well as handicapped accessible and non-smoking rooms. Navy Lodges are conveniently located near other on base amenities, such as the NEX and its food outlets and Morale, Welfare and Recreation (MWR) facilities.

"Navy Lodges have some of the best guest service in the hospi-



Navy Lodge Gulfport is one of 43 Navy Lodges world-wide that welcome business travelers as well as guests who are traveling in a leisure status. Affordable room rates, convenient locations and business services make Navy Lodges a good value. "Try us on your next trip and let me know how we did."

To receive a Navy Lodge directory or to make a reservation, call 1-800-NAVY-INN, 24 hours a day, 7 days a week. Or make a reservation online at [www.navy-lodg.com](http://www.navy-lodg.com), which gives a listing of each Navy Lodge location complete with directions and phone numbers.

For other military lodging options go to [www.dodlodging.com](http://www.dodlodging.com).

From TRUSTS page 2

ing all of the individual's property in the trust so that upon death the deceased owns nothing in their individual name; it is all in their trust. Thus, creation of a living trust is only the first step in such a process. The second step is to transfer everything one owns into the living trust. When this is completed, all of the individual's real estate, bank accounts, investment accounts, automobiles, personal effects, and the like must be titled in the name of the living trust. Retirement assets, life insurance, and anything else subject to a beneficiary designation must name the living trust as beneficiary. As new assets are acquired they too must be placed into the living trust. If any asset does not go in the living trust, and an individual dies owning one or more assets in their own name, then a probate will be required.

Estate planning can be a bit daunting. If this all seems overwhelming contact a local legal assistance provider for more information. The Gulfport RLSE can be reached at 228-871-2620. This article is not intended to substitute for the personal advice of a licensed attorney.

*Editor's Note: This is the first of a two-part series of articles covering trusts in estate planning.*

From WW II page 4

of the famed Tuskegee Airmen; Jimmie Kanaya, the son of Japanese immigrants, who served in the U.S. Army and was imprisoned in Europe; and Jack Werner, a Jewish émigré who escaped from Austria before the war and wound up fighting in the Pacific Theater rather than against the man and people he despised, Hitler and the Nazis.

Diaries, journals, interviews and Dolby "soundscape" also are incorporated to enhance these striking visuals. WWII in HD thus transforms a war that many Americans know only through black-and-white newsreel footage into something viscerally real, relatable and newly relevant. Viewers will experience, for the first time on television, what this war truly looked and felt like.

**Interested in volunteering? Check out [www.volunteermississippi.org](http://www.volunteermississippi.org) for information on volunteer opportunities in your community.**



**Combined Federal Campaign 2009** has kicked off and we need your help to exceed our base wide goal of \$100,000. We are currently at 40 percent of our target. CFC benefits thousands of local and national charities. The CFC will run until Nov 20. Contact MACS Thibodeaux 228-871-2163, BUC Brand 228-871-3771, Lt.j.g. Jarvis 228-871-2197 or a CFC Key Worker today.



**Buckle Up for Safety - Every Time!**

# Community Notes

## SUPPORT

### Family Readiness Groups

**NMCB 1 FRG** invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. A potluck dinner is served at 6 p.m., followed by a 6:30 p.m. meeting. Children are welcome and baby sitting is provided during deployment. For more information, contact FRG President Angela Sourwine, 228-323-0036 or FRG Vice President Rashelle Geddis, 228-224-1475 or e-mail nmcbonefrg@gmail.com.

**NMCB 7 FRG** welcomes friends and family members to attend FRG meetings the third Monday of each month at 6 p.m. at the Youth Center. Children are welcome and baby sitting is provided. To receive FRG information, send an e-mail to nmc7frg@gmail.com or contact FRG President Deanna Salter at 228-206-0377.

**NMCB 74 FRG** welcomes all friends and family members to join the NMCB 74 FRG. Meetings are the third Monday of every month at 5:30 p.m. at the Fleet and Family Support Center. Bring a covered dish to take part in a potluck dinner. For more information, contact FRG President Torell Coquet at torellcoquet@yahoo.com or Vice President Annie Gundy at aniegundy@gmail.com. To receive updates, log on to the FRG website at <http://www.orgsites.com/ms/nmcb-74-fgr/index.html>.

**NMCB 11 FRG** welcomes all friends and family members to attend FRG meetings the second Tuesday of every month at 6:30 p.m. in the Navy Operational Support Center (NOSC), building 113. For more information contact FRG President Liz Stocking at 717-491-2900 or Vice President Sarah Edwards at 336-215-2211 or email nmcb11frg@gmail.com. Visit the ombudsman and FRG website at <http://nmcb11.webs.com>.

**NMCB 133 FRG** invites all friends and family members to attend FRG meetings the

first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information contact FRG President Kelli Clarke at 727-504-4408 or e-mail han-sonkl54@yahoo.com. To receive updates, log on to the FRG website at <http://www.orgsites.com/ms/nmcb133fsg/>.

### Naval Officer's Spouse Club

The Naval Officer's Spouse Club meets the fourth Monday of every month at 6 p.m. in the Youth Center. Children are welcome and child care is provided. For more info, e-mail noscgulfport@yahoo.com or contact NOSC President Dawn Spies at 228-343-3623. Visit [NOSCGulfport.org](http://NOSCGulfport.org) for more information.

### Navy-Marine Corps Relief Society

The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers. Child care and mileage are reimbursed. Retail hours of operation are Tuesday, Wednesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to obtain information about becoming a part of the NMCRS volunteer team!

### Gamblers Anonymous

The Fleet & Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for more information.

### TRAINING

**COMPASS** is a team of trained seasoned military spouses mentoring other Navy spouses. Classes are intimate and informative. The three-day course is offered the last week of the month. The course and child care are FREE! Contact Kim at 228-

832-5343 or Amanda at 228-328-1352 to sign up.

**Naval Sea Cadets** - Gulfport branch are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 60, room 105. For more information contact Lt.j.g. Bowling at 228-313-9035 or coachcb\_yahoo.com; or AGC Enrique Acosta-Gonzalez at 228-871-3787 or [enrique.acosta@navy.mil](mailto:enrique.acosta@navy.mil).

### SOCIAL

**Miss. Gulf Coast First Class Association** is seeking new members. Meetings are every Wednesday at 3 p.m. at CBC's Beehive, building 352. Call BU1 Tony Boldrey 228-871-2577 for more information or just come and join us at a meeting.

**VFW Post 3937** Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood night, the remaining Fridays are Steak night. Breakfast is served from 7 - 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of each month at 7:30 p.m. New members are always welcome. For more information contact Post Commander Bill North at 228-863-8602.

**VFW Post 4526** Orange Grove is open daily from noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. VFW meetings are held the first Wednesday each month at 7 p.m. All are welcome and encouraged to attend. Call Post Commander Bill McNicholas at 228-832-0017 or Sr. Vice Commander Ben Barker at 228-832-3798 for more information.

**NMCB 62 Alumni Group** Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport

See COMMUNITY page 19



**WANTED:  
Seabee  
Divers!  
Underwater  
Construction  
Team ONE**

**Contact:  
S1/CCC@  
(757) 462-  
3986/3988**

**Installation  
Antiterrorism  
Note . . .** All personnel should be alert and inquisitive about strangers, especially those seen loitering, taking photographs or notes near the installation's perimeter or gate areas. Be suspicious of items that don't belong in the area and be alert for abandoned parcels. All suspicious activity should be reported immediately to Security at (228) 871-2361.

From MWR page 13

want or we will rent you a pair. Please remember to bring socks and money for the snack bar or arcade. Only \$5 per person.

Fall for Fun Holiday Camp - Come sign your energized youngster up for this four day theme camp!! Camp will run from 6 a.m. - 5:30 p.m. Nov. 23 - 25 and Nov. 27. Many Thanksgiving crafts, games, activities and a field trip are planned. Snacks will be provided, but children will need to

bring a lunch. Call the YAC at 228-871-2251 to find out about fee scale information.

**Gulfport, Long Beach  
Elementary Schools  
At a Glance**

**Nov. 13:** Second Term Progress Reports  
**Nov. 23-27:** Thanksgiving Holiday  
**Dec. 21-Jan. 4:** Christmas Break

**JCPenney Afterschool Fund  
gives Youth Center Grants**

From NCBC MWR

The JCPenney Afterschool Fund is awarding grants to the Gulfport Navy Youth Center in an effort to increase access for youth currently without access - or on the verge of losing access - to after school programs due to a lack of financial resources. Recent studies show that 14.3 million children in the U.S. are unsupervised between the hours of 3 p.m. and 6 p.m. each day. These grants will allow children, who could otherwise be at risk for destructive behavior, access to safe, enriching and educational after school programs.

Funds from the grants will cover the expense of attending a Club, including staff supervision by full-time, trained youth development

professionals; exposure to tried and proven programs; access to community service initiatives ; transportation; snacks; and time spent in a safe, youth-centric building.

Boys & Girls Clubs of America has received funding and support from the JCPenney Afterschool Fund for ten years. High-quality after school programs keep children safe and produce life-changing, lasting benefits, including healthier lifestyles, improved social skills and enhanced academic performance. In its continuing effort to ensure that every child in America has access to quality after-school programs, the JCPenney Afterschool Fund has given \$2.7M to Boys & Girls Clubs of America for the 2009 - 2010 school year.

*About the JCPenney Afterschool Fund: The JCPenney Afterschool Fund is a charitable organization committed to providing children with access to high-quality afterschool programs.*

From COMMUNITY page 18

in 1966, and decommissioned in 1989. Anyone interested in becoming a member of the Alumni Group may go to <http://nmcb62alumni.org> for more information. The website also contains links to hundreds of Seabee military historical sites as well as reunion information.

**HERITAGE**

**The Seabee Gift Store** is in the new Training Hall, building 446 and is open Monday - Friday, 10 a.m. to 4 p.m., phone 228-871-4779. The shop has several command exhibits, as well as a variety of Seabee related memorabilia, DVD's and books. Gift store proceeds support the construction of the new museum in Port Hueneme, Calif. Contact the museum through the web address at [www.seabeesmuseumstore.org/shop/index.php](http://www.seabeesmuseumstore.org/shop/index.php)



## **GULF COAST USO**

**3001 6th St., Bldg. 306, (228) 575-5224**  
**Office hours: Monday-Friday, 8 a.m. - 5 p.m.,**  
**Saturday, 11 a.m. - 7 p.m., (Closed Sundays)**



# **Seabee Memorial Chapel**

### **Services:**

**Protestant: Sunday School, 9:30 a.m.**  
**Sunday, 11 a.m. Divine Worship**

**Catholic: Sunday, 9:30 a.m.,**  
**Family Choir Mass**  
**Sunday, 10:40 a.m., Religion Education**

**Monday - Friday, 11:35 a.m.,**  
**Daily Mass**

**Gospel Service: Sunday, 8 a.m.**

**Center Chaplains:**  
**Cmdr. Macgregor McClellan,**  
**Protestant Chaplain**  
**Lt. Leticia P.J. Rouser,**  
**Protestant Chaplain**

**For more information concerning other**  
**faith groups, call the chapel**  
**office at (228) 871-2454**