

# Seabee Courier

HOME OF THE ATLANTIC FLEET SEABEES



Vol. 47 No. 7

Naval Construction Battalion Center, Gulfport, Mississippi

April 8, 2010

## NMCB 74 returns to joyous welcome from family, friends



Builder 1st Class Jason Shurtz, assigned to Naval Mobile Construction Battalion (NMCB) 74, is welcomed home by his two daughters and son at the Training Hall on board NCBC March 31. NMCB 74 is returning from an eight-month deployment in support of contingency operations in the Central Command area of responsibility. For more homecoming coverage, see page 12. (U.S. Navy photo by Equipment Operator 3rd Class Elizabeth Saranto/Released)

## Navy uniform changes include ball caps, CPO cutlass

*From the Chief of Naval Personnel Public Affairs*

The chief of naval operations approved a number of uniform changes as announced in NAVADMIN 118/10 March 31.

Included in the announcement is the approval of a Chief Petty Officer (CPO) Ceremonial Cutlass for optional wear by E-6 through E-9s. Chief petty officers are authorized to wear the cutlass in full dress uniforms when acting as a member of an official party during a ceremony. However to ensure uniformity, all members of the official party must wear either the cutlass or the sword. Because this is an optional uniform article, Sailors are responsible for the cost of the item.

Additional details on the final design and manner of wear of the cutlass will be released in a future Navy message.

Also announced in the NAVADMIN, are changes to the occasion of wear of the Navy and command ball caps. The ball caps are authorized for wear with the following uniforms: wash khaki, utilities, physical training uniform, cov-

eralls, and flight suit. Commanding officers can authorize the wear of the ball cap at sea with the Navy Working Uniform and Camouflage Utility Uniform (CUU) by bridge watch teams and command training teams.

Ashore, commanding officers may authorize the wear of ball caps with the NWU and CUU by command training teams during field exercises held in restricted areas to help provide immediate visual identification of supervisors, controllers and safety observers. Ball caps are not authorized for wear in transit to or from exercise events.

Beginning Jan. 1, 2011 the Navy blue coveralls are only authorized for wear when underway. However, commanding officer can allow the wear of the Navy blue coveralls ashore in environments that place an excessive amount of wear on the working uniforms. The NAVADMIN also reminds commands they are responsible to purchase coveralls for work in areas that are likely to perma-

See **UNIFORMS** page 20

**NMCB 18 mobilizes**

pg 3

**Pine Bayou changes course**

pg 9

**Month of Military Child celebration**

pg 13

# 2010 Census counts Sailors at home and away

*From the Chief of Naval Personnel Public Affairs*

WASHINGTON – Military personnel and civilians located on vessels Apr. 1 will retain their right to ensure proper Congressional representation and their community's federal funding through participation in the shipboard



enumeration phase of the Census, which includes all vessels assigned to a homeport in the United States and Puerto Rico.

Each ship received Census enumeration materials from the Census Bureau enabling them to conduct a complete enumeration of personnel assigned to each ship, even during at-sea periods such as deployment or work-ups.

"Congress and the Census Bureau understand the importance of, and the high operational tempo of naval forces and are committed to ensuring Sailors and Navy civilians and contractors have the opportunity to be counted, even when executing missions at sea," said Tom Yavorski, Navy's Representative at the Joint Census Working Group. "Therefore they have provided two opportunities for deployed members to complete this year's census." Sailors who maintain an on-

shore residence will receive both the standard Census questionnaire at their home address as well as a Shipboard Census Report (SCR) onboard the ship. The completion of both forms is required to ensure appropriate representation.

When completing the SCR, Sailors should include the full address of their primary onshore residence.

In addition to counting deployed Sailors and civilians, the Census remains focused on counting members serving closer to home. Naval personnel who reside in an apartment off base or family housing on base will receive Census questionnaires through the U.S. Postal Service beginning Mar. 15. Completed forms should be returned in the envelope provided.

Sailors residing in group quarters will be contacted by their Census Project Manager to complete the Military Census Report, a sub-set of the standard Census questionnaire.

The 2010 Military Census Report and Shipboard Census Report contains six questions and takes less than five minutes to complete.

**Reminder . . .** The use of cellular phones while driving is **PROHIBITED**. This includes any hands-free device that is worn around or over the ear (Blue Tooth.)

# Skipper's Log Special Times

*By Capt. Ed Brown*  
 CO, NCBC/CMDR 20TH SRG

Why do we do this? Why do we deal with difficult deployments to dangerous places, leaving behind, friends and family? Knowing why is the key to motivation; because if we are passionate about a task, we'll never quit.

Leadership and management studies have been trying to find out what makes people tick for years. The challenge is not knowing what makes others tick, but figuring out what makes you tick. Do you really know yourself? In earlier articles I put out the four introductory questions I ask during check-in discussions. The last being, "Please tell me one event, a single moment in time, where you said, I love my job." Apply that further and ask the same about life or family. Think of those moments where you were really satisfied. Then ask yourself what it was about the moment



**Capt. Ed Brown**

that was meaningful. Many times we attach joy to a person, place or event without thinking about what it is that made it special. Then we hang onto that place or activity not knowing that it wasn't the place that made it special, but the events, results of multiple activities or just the result of hard work.

Figure out what drives you, what motivates you. Then work toward creating more Special Times.

**Parade Field Footbridge Closure . . .** An environmental construction project that began April 6, continues to make it necessary to remove the footbridge behind the CBC Branch Medical Clinic for approximately three weeks. During this period all foot traffic to the parade field will have to use Bainbridge Ave or the other foot bridge 100 yards to the west.



## Sailor's Creed

I am a United States Sailor,  
 I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me,  
 I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world,  
 I proudly serve my country's Navy combat team with Honor, Courage and Commitment,  
 I am committed to excellence and the fair treatment of all.

### Command Action Line:

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-(877)-657-9851 Comm: (904) 542-4979 DSN 942-4979 FAX: (904) 542-5587, E-mail: CNRSE\_HOTLINE@navy.mil.

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Seabees assigned to Naval Mobile Construction Battalion (NMCB) 18, a Reserve battalion based out of Tacoma, Wash. are fitted for their Mcu-2p gas masks during indoctrination on board Naval Construction Battalion Center. NMCB 18 is here to receiving training from the Navy Mobilization Processing Site (NMPS) Gulfport, in preparation for their upcoming deployment. (U.S. Navy photo by Mass Communication Specialist 1st Class (SCW) Demetrius Kennon/Released)

## “Northwest Seabees’ make historical mark while in Gulfport

By MC1 (SCW) Demetrius Kennon  
NCBC Public Affairs

Naval Mobile Construction Battalion (NMCB) 18 completed a speedy seven-day indoctrination with the support of Naval Mobilization Processing Site (NMPS), Gulfport.

The process ran from March 22 to March 28 as part of a three-month training program.

“It’s a very challenging process,” said Cmdr. John DeBerard, commanding officer of NMCB 18.

“[It’s] dependent on getting everybody in the right place at the right time, through medical, dental, [family] readiness, legal briefs and so forth.”

In addition to thorough screenings and paperwork, each individual is issued country-specific gear and is required to attend in-theater briefs to familiarize themselves with their prospective deployment sites.

The battalion expects to be fully trained and ready to carry out whatever mission is assigned once they go forward into theater, DeBerard said.

NMPS is the initial stage to get the Seabees qualified to begin a

more detailed training phase, which includes a field training exercise at Camp Shelby.

NMCB 18 is being processed in and trained for a deployment to Afghanistan sometime this summer.

The Northwest Battalion, based out of Fort Lewis, Wash., draws Seabee reservists from various places in the U.S.

“We have 13 geographical detachments,” said DeBerard. “They range from Alaska, the state of Washington, Idaho, Oregon, northern California, Nevada, Montana and out into Guam.”

Normally, a battalion from that area would be processed and trained at Port Hueneme, Calif., but the command made a decision to bring NMCB 18 to Gulfport so they could go through training more quickly. Port Hueneme’s training schedule was already full and Gulfport had an opening.

NMCB 18 is now a vast blend of Seabees with a common mission, and as they transition into their Central Command area of responsibility later this year, their skill sets grow, making them valuable assets to the Seabee mission.

# CPOs celebrate 117 years

By MC1 (EXW) Jennifer A. Villalobos

The master chief petty officer of the Navy (MCPON) and the United States Navy Memorial held a commemoration ceremony for the 117th anniversary of the establishment of the rank of chief Petty Officer on April 1 including a wreath-laying at the Lone Sailor statue.

“Our wreath-laying ceremony here in Washington D.C. serves as the cornerstone for many similar ceremonies throughout our Navy, as chiefs’ around the world celebrate their contributions to our nation and fellow countrymen and women by renewing their dedication to the principles of honor, courage and commitment,” said retired Fleet Master Chief (AW/SS/SW/PJ) Mike McCalip, master of ceremonies.

More than 400 chief petty officers gathered at the Navy Memorial in their khaki uniforms and combination covers to show their pride and honor and celebrate the proud tradition of the chiefs mess.

“We’re celebrating the pride we should feel every time we overhear one of our Sailors say, ‘Ask the chief.’ Above all, we’re celebrating the chief petty officers tremendously proud heritage that we’ve spent 117 years building,” said MCPON (SS/SW) Rick D. West.

Joining MCPON to celebrate the birthday of the chief petty officers were Secretary of the Navy Ray Mabus, Chief of Naval Operations Adm. Gary Roughead, retired Rear Adm.



Chief Information Systems Technician (SW/EXW) Tammy Dunn (left) presents U.S. 2nd Fleet Command Master Michael D. Stevens with a blanket during 117 birthday celebration of Chief Petty Officers. Stevens was the guest speaker at the ceremony which took place at Naval Construction Battalion Center Gulfport (NCBC) Training Hall April 1. (U.S. Navy photo by Mass Communication Specialist 1st Class (SW) Terry Spain/Released)

Edward K. Walker Jr., president and CEO of the Navy Memorial Foundation and Deputy Chief of Chaplains Rear Adm. Mark Tidd, and former MCPON (SS/SW/AW) Jim Herdt.

“I was inducted as an honorary Chief at the Naval Academy last month and in addition to it being one of the highest honors of my life, I am thankful I am now allowed to say happy anniversary to my fellow chief petty officers as one of you,” said Mabus.

CNO spoke of the importance of the chiefs’ leadership and the difference they are making in the lives of our great Sailors.

“I will never forget my first chief and I know I am not alone in that sentiment,” said Roughead. “Like so many

Sailors, I too can say that a chief not only showed me the ropes at sea, a chief changed my life.”

After the ceremony, West stopped by Arlington National Cemetery to pay respects to the first MCPON Delbert Black. Black served in the Navy from 1941 to 1971 and became the first MCPON on Jan. 13, 1967. Black died March 5, 2000, at 77 years old.

“MCPON Black took care of Sailors at a time when our Navy had no idea what or who a MCPON was, and I couldn’t think of a better way to celebrate the anniversary of the chief petty officer with spending time with my fellow chiefs and paying tribute to the first master chief petty officer of the Navy,” said West.

### Seabee Center Earth Day Celebration April 21/22 . . .

Earth Day plans activities begin early with a MWR 5K Run April 21 at 6:30 a.m. at the Fitness Center. On April 22, plan to stop by the Colmer Galley Mall at 10 a.m. to learn about conservation, experience “Tails and Scales” – a live animal exhibit, listen to “Grumpy Old Men” perform musical selections, walk through exhibits from the Mississippi Museum of Natural History and the Mississippi Department of Marine Resources and much more! Children will also enjoy a Watershed puppet show with professional puppeteers which begins at 10 a.m. at the Training Hall. Watch for more details in the weeks ahead on the NCBC website at

<http://www.cnic.navy.mil/gulfport/index.htm>



# DFT Latvia departs NAVSTA Rota in support of BALTOPS 2010

By MCC (AW/SW) Yan Kennon  
NMCB 7 Public Affairs

Seabees from Naval Mobile Construction Battalion (NMCB) 7 departed Rota, Spain to their Deployment For Training (DFT) site in Latvia. The detachment, comprised of 24 highly skilled Seabees, will be tasked with conducting various exercise construction projects in support of the 4th Marine Logistics Group (MLG) during Baltic Operations (BALTOPS) 2010.

Originally started in 1971, BALTOPS is an operation sponsored by Commander, United States European Command, and is an exercise aimed to promote a mutual understanding of maritime interoperability between U.S. Navy, NATO, and non-NATO participants.

"Our production tempo will be very high," said Ensign Liwei Chen, DFT Latvia's officer in charge. "We have to complete all assigned projects within a two month window, prior to the Marines arriving on station."

DFT Latvia's two primary projects are to construct a five acre gravel laydown pad, to be located at base camp, and a dune cut which will enable Marine tanks to be offloaded with minimal damage to surrounding forests.

Some of the challenges the detachment may face, however, will be outside of their control.

"Weather conditions will be one of the biggest challenges that we will face," said Chen. "Due to the cold temperatures, we have to take certain preventive measures to ensure quality construction especially when working with fuel and concrete. Cold weather exposure will also require continuous monitoring to ensure the safety of our Seabees."

"Through extensive training, during our homeport period, we are well prepared for this mission and we are excited to execute."

Seabees from NMCB 7 recently deployed from Gulfport, Miss., to various locations throughout Europe

and Africa as part of the battalion's regularly scheduled 2010 deployment, with the main body of the battalion operating from Camp Mitchell at Naval Station Rota. Nearly a month prior to its scheduled deployment, the battalion deployed an air detachment of 85 Seabees to assist in Operation Unified Response, in response to the 7.0 earthquake that struck the country of Haiti on Jan. 12.

NMCB 7, often referred to as the "MAGNIFICENT SEVEN", is one of the original 10 Seabee battalions authorized by the Chief of the Navy's Bureau of Yards and Docks, in 1942.



Seabees assigned to Naval Mobile Construction Battalion (NMCB) 7 prepare materials for shipment to support a detachment of NMCB-7 Seabees deploying to Latvia. NMCB-7 and its detachments are deployed to the U.S. 6th Fleet area of responsibility to provide construction and engineering support. (U.S. Navy photo by Chief Mass Communication Specialist Yan Kennon/Released)

## Retiree Activity Office to Open . . .

The new Retiree Activity Office located in the Welcome Center, building 452 opens for business April 13.

Retirees of all branches of service are invited to stop by the RAO for assistance and information about retiree benefits, TRICARE, entitlements and programs, and on-base functions and base facilities.

The RAO will be open Tuesdays from 8 a.m. - 4 p.m.

Call 228-822-5163 or 228-376-8114/8111 for more information or to volunteer to work in the office.

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# SEABEE DAY 2010



FREE

Naval Construction Battalion Center  
Gulfport, Mississippi

FREE

Food

Exhibits

Games

**Saturday**

**May 8, 2010**

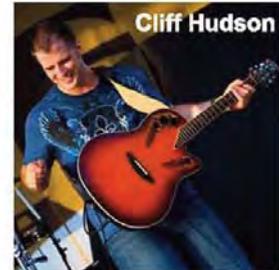
**9 a.m. to 4 p.m.**

**Free Community Event  
Open to the Public**

**Fun for the whole family!**

**Join us for Entertainment, Food, Car Show,  
Kids Play Area, Petting Zoo and More!**

**Music by Ment2B, Cliff Hudson and Jennifer Donovan!**



### Free Parking

Enter the base via the Pass Road Gate and follow the signs  
to free parking.



Car Show starts at 9:30 a.m.



Members of the U.S. Naval Mobile Construction Battalion (NMCB) 1 and the Philippine Navy 2nd Mobile Construction Battalion work together to apply stucco during construction of the Teppeng Elementary School building in support of Exercise Balikatan 2010, an annual bilateral exercise designed to improve interoperability between the U.S. and the Republic of the Philippines. (U.S. Marine Corps photo by Lance Cpl. Daniel Balmer/Released)

## Balikatan 2010

By Lt.j.g. Jefferson Milward  
25 NCR Public Affairs

In early February, members of the Twenty-Fifth Naval Construction Regiment (25NCR) embarked for the northern Philippines, Ilocos Sur Province, to act as the lead for the Joint Civil Military Operation Task Force (JCMOTF) for the joint, bi-lateral Balikatan exercise.

Working shoulder-to-shoulder with the Armed Forces of the Philippines (AFP) throughout the months of February and March, U.S. Soldiers, Sailors, Airmen, and Marines conducted six Engineering Civic Action Projects, seven Medical/Dental Civic Action Projects, and six Community Relations projects. Also, representing the Naval Construction Force in the exercise are 20 members of Naval Mobile Construction Battalion (NMCB) 1, who will be completing a two room school house in Teppeng, Ilocos Sur, as part of the ENCAPs.

"One of the most rewarding and profound experiences of my Naval Career," said Lt. Matt Mattivi, the detachment officer-in-charge for NMCB 1 when speaking of his participation in Balikatan 10. "For myself and my Seabees, the challenges and learning experiences have already left a lasting memory of our counterparts, that we will not soon forget. Both U.S. and Philippine Seabees are bonding into a strong team to deliver an outstanding Elementary School."

Balikatan, which translates as "shoul-

dering the load together," is an exercise that has been conducted between the U.S. and Republic of the Philippines for 26 years in an attempt to fulfill mutual training and readiness requirements, while also increasing coordination and meeting strategic objectives. While the NCF has played a supporting role in the exercise for a number of years, Balikatan 2010 marks just the second time that a Naval Construction Regiment has held the reins as the headquarters element for the entire JCMOTF.

In addition to the bi-lateral military goals and objectives, Balikatan also fosters relationships within the communities in which it is involved.

Whether interacting with local van drivers, street vendors, or restaurant owners, the Seabees continue to represent the United States, the Navy, and the NCF, with the utmost professionalism and courtesy.

While the economic stimulus that comes from being immersed in the community will certainly help a population in which 40 percent live below the poverty line, the relationships that are being built are representative of the intangible effects that will further cement the bond between the U.S. and the R.P. for years to come. It is these relationships, combined with the promotion of education, healthcare, and good-will, which come as a result of the JCMOTF projects that will ultimately bring stability to an entire region.

## NMCB 133 'Bees gain accountability

By CE3 Timothy Hess  
NMCB 133 Public Affairs

The Seabees of Naval Mobile Construction Battalion (NMCB) 133 recently inventoried the 22 Naval Construction Regiment's (22 NCRs) supply yard in Kandahar Airfield in Afghanistan.

Over 1,000 different types of material and equipment were inventoried by NMCB 133's Central Tool Room / Material Liaison Office (CTR/MLO) Staff.

How many times have you driven past a car lot and seen the same cars sitting there for months at a time or walked down the aisle of a store and seen the same products collecting dust month after month? Why did they have so much extra of that particular car or product and what ever happens to all the excess? That is what the CTR/MLO Staff of NMCB 133 faced in Afghanistan.

Vast amounts of supplies come through KAF in order to keep the thousands of projects and operations underway. Products are normally inventoried and sent out to the units that ordered them. However, this is not always the case.

As soon as the NMCB 133 CTR / MLO Staff arrived in KAF, they gained control and accountability for the items in the supply yard. The CTR/MLO staff recently inventoried the thousands of items



Seabees from Naval Mobile Construction Battalion (NMCB) 133's Central Tool Room / Material Liaison Office staff inventory 22nd Naval Construction Regiment's (22 NCR's) supply yard in Kandahar, Afghanistan. NMCB-133 is currently in the Central Command's area of operation while on deployment in Afghanistan. (U.S. Navy photo by Construction Electrician 3rd Class Timothy Hess/Released)

that had been overlooked or forgotten.

"Our work with the 22nd Naval Construction Regiment is fundamental to the surge going on in Afghanistan. We need to get tools and materials out to our troops on the Forward Operation Bases so they can do their jobs," said Steelworker 3rd Class Christopher Alphin.

With that said, all items have been inventoried and total over \$45 million worth of equipment and materials.

Deployed units can come to the supply yard for the materials and equipment they need instead of ordering it new, saving the government a lot of money. The Seabees of NMCB 133 are up to the challenge.

## Miles for Fallen Heroes 5K Run/Walk



Civilians and military members from the Seabee Center, including more than 200 Army Navy and Air Force service members from Naval Construction Training Center participated in the Miles for Fallen Heroes 5K Run-Walk, held at the Run-N-Tri company in Gulfport, March 27. The proceeds went to the Special Operations Warrior Foundation which is a non-profit organization that provides assistance to wounded personnel and their families along with immediate financial assistance. (U.S. Navy photo by Equipment Operator 3rd Class Elizabeth Saranto/Released)

# NMCB 1 partners with USS Reuben James on Dili school project

By NMCB 1 Public Affairs

USS Reuben James (FFG 57) sailed into Dili Port, Timor-Leste Feb. 20 on a two-day community relations mission. In addition to providing clothing, personal hygiene kits and other supplies to Timorese orphanages and other organizations, 29 Sailors from the Reuben James volunteered to provide construction support to the Naval Mobile Construction Battalion (NMCB) 1 detachment deployed to the impoverished island.

Sailors from the Reuben James augmented a group of 14 Seabees and 12 Australian engineers in varying construction activities at Lequica Primary School, which currently educates 1,200 to 1,500 students per day. The Sailors provided support with structural repair, painting and clean up while others from the ship augmented the NMCB 1 Seabees and a group of Timorese workers painting the

Timor Leste National University.

After two productive days, the Dirt Sailors and the Fleet Sailors were able to unwind at a reception held at the U.S. embassy. The Seabees told stories about their experiences on the island and heard some of the Sailors' sea stories from their current deployment. Both groups were excited about the opportunity to work together.

"Anytime we can get help from outside organizations, our guys definitely appreciate it," said Equipment Operator 2nd Class Fabian Guzman. "When the Timorese see more Americans helping them, they continue to respect the Seabees who are deployed here."

The mission is clear and simple - to help the people and government of Timor-Leste and to form everlasting bonds between people located thousands of miles away. The Sailors of the Reuben James continued to strengthen the bond that the Seabees have with the local populace.

# Seabees assist in African Partnership



Sailors assigned to Naval Mobile Construction Battalion (NMCB) 7 and Assault Craft Unit (ACU) 2, embarked aboard the amphibious dock-landing ship USS Gunston Hall (LSD 44), offload Project Handclasp materials that will be used during Africa Partnership Station West April 3. Gunston Hall is on a scheduled deployment to West Africa supporting Africa Partnership Station, an international initiative developed by Naval Forces Africa that aims to improve maritime safety and security in Africa.

(U.S. Navy photo by Mass Communications Specialist Gary Keen/Released)

# NMCB 7 Air Det improves conditions in Petionville for displaced Haitians

By MCC (SCW/EXW/SW/AW/SG) James Pinsky  
NMCB 7 Public Affairs

Seabees from Naval Mobile Construction Battalion (NMCB) 7's Air Detachment are improving roads and installing engineering controls to improve living conditions for the more than 40,000 residents of Camp Petionville, an internally displaced persons [IDP] camp in Port-au-Prince.

The engineering work is part of a larger IDP camp improvement program involving eight other camps identified by Joint Task Force Haiti J7 engineers as needing road and engineering control improvements to mitigate the effects of the pending rainy season that historically begins in mid-April.

"The natural terrain mixed with the numerous impermeable living structures created a situation that needed immediate action," said Camp Petionville project supervisor, Lt. Jason Killian, a Civil Engineer Corps officer deployed to JTF-Haiti via Naval Facilities Engineering Command (NAVFAC) Washington. "The engineering mitigations will save lives and reduce the overall number of people that need to be relocated by over 17,000."

According to relief workers running Camp Petionville, the Seabees are exactly what the earthquake survivors need to prepare for the rain.

"The Seabees are the wheels, horsepower and expertise needed to save lives here," said Sean Penn, head of J/P Haitian Relief Organization (HRO), the group running Camp Petionville.

Camp Petionville is situated on the base of steep terrain common throughout Petionville, a suburb of Port-au-Prince where the Petionville Club, a nine-hole golf and resort club, resides.

The improvement suggestions come from assessments made by JTF-Haiti engineering experts comprised of NAVFAC, Army Corps of Engineers, Air Force civil engineers,



Equipment Operator 3rd Class Abe Varela, assigned to Naval Mobile Construction Battalion (NMCB) 7, Air Detachment, supervises a Haitian worker who is improving a road that runs through Camp Petionville, an internally displaced persons camp on the grounds of the Petionville Club, a nine-hole golf course and resort in Port-au-Prince, Haiti. (U.S. Navy photo by Chief Mass Communications Specialist James G. Pinsky/Released)

and the Seabees themselves. JTF-Haiti, along with USAID, non-governmental organizations, with the cooperation of the Haitian government, are working feverishly to improve the contours of the land to better handle the impact that Haiti's rainy season will have on Camp Petionville.

"The Seabees are actualizing the foundation [of camp improvements] laid forth by the U.S. military to improve this camp," said Penn.

One of the assets the Seabees, who serve primarily as advisors and mentors to other engineering assets at Camp Petionville, is an all-Haitian labor force generated by NGO-run "cash-for-work" program enabling local Haitians to perform more detailed engineering work like digging drainage ditches and marking paths for road improvements throughout the campsite.

"We're glad to be able to contribute on multiple levels of this project," said Builder 2nd Class Thomas Camara, project crew leader for NMCB 7's Petionville group. "And, that includes mentoring the crews of Haitians to ensure they are doing the work properly and to engineer

design."

By utilizing the empowering cash-for-work program, local Haitians are not only helping their fellow countrymen prepare for the upcoming rainy season, they are also helping to stimulate their own economy.

Throughout the camp, residents have grown to embrace the Seabees when they see them make tangible improvements to their new, temporary homes every day. They work side-by-side validating the Seabee motto of "With compassion for others, we build, we fight, for peace with freedom."

Penn, for one, believes in the Seabees. "[They] are investing in prevention instead of responding to death," said Penn, "and right now, down in our camp the Seabees are the dream of what a humanitarian mission is."

The Seabees' work ethic is something noticed by more than just J/P HRO and the Haitians.

"The Seabees are having a huge impact here," said Maj. Gen. Simeon Trombitas, deputy commanding general, JTF-Haiti. "They're the face of America here, and they're saving lives every day."

# Starbase Atlantis

## 2010 Summer Program

### CBC Gulfport, Building 386

### (228) 871-3735/3469



#### 4 Day Sessions:

- Session II: 6/1-4, (T-F) 8 a.m. - 3 p.m.\* \_\_\_\_\_  
 Session III: 6/7-10, (M-Th) 8 a.m. - 3 p.m.\* \_\_\_\_\_  
 Session IV: 6/14-17, (M-Th) 8 a.m. - 3 p.m.\* \_\_\_\_\_  
 Session V: 6/28-7/1, (M-Th) 8 a.m. - 3 p.m.\* \_\_\_\_\_

\*Class released at 2:30 p.m. on Day 4  
after Rocket Launch!

Bring a sack lunch, a drink and a snack, and wear your Starbase t-shirt each day.

Dress for the weather and don't forget sunscreen. Two permission forms will be e-mailed to you at the address you provide below.

Please complete them and bring them to class on Day 1.

-----Print Out, Cut Here and return Bottom - Retain top portion for your records-----

Return to: Starbase Atlantis, 5510 CBC 8<sup>th</sup> St., Gulfport, MS 39501, OR by fax to (228) 871-3468

OR by e-mail to [dodiyah.davis@navy.mil](mailto:dodiyah.davis@navy.mil)

(Please mark your first and second choices)

- II: 6/1-4            8:30 – 3 p.m. \*    \_\_\_\_\_  
 III: 6/7-10        8:30 – 3 p.m. \*    \_\_\_\_\_  
 IV: 6/14-17       8:30 – 3 p.m. \*    \_\_\_\_\_  
 V: 6/28-7/1       8:30 – 3 p.m. \*    \_\_\_\_\_

\*Classes released at 2:30 p.m. on Day 4 after Rocket Launch!!

Student Name: \_\_\_\_\_ Age \_\_\_\_ Grade \_\_\_\_

(Please print) School your child will attend next Fall: \_\_\_\_\_

\* Call sign: \_\_\_\_\_ T shirt Size: S M L XL ((T-shirts are adult sizes, and 100% pre-shrunk cotton)

Has student attended Starbase before? Year? \_\_\_\_

Where? \_\_\_\_\_

Parent's Full Name: \_\_\_\_\_

Driver's License number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Phone number: Home \_\_\_\_\_ Work \_\_\_\_\_

\* Military style call signs are used in the program. Ask your child to select a short nickname or call sign to use for the week. If your child selects a call sign that has already been assigned, we will adapt his/her choice accordingly.

#### StarBase Atlantis Summer Program . . .

Starbase Atlantis is a Dept. of Defense sponsored hands-on opportunity for students entering 5th or 6th grade to learn space and aviation, math, science and technology. With four FREE sessions to choose from there's a date that fits into everyone's summer schedule. Seabee Center SBA summer sessions begin June 1. Space is limited!

Call 228-871-3735/3469 for details.

April 8, 2010

Seabee Courier

8

# Skipper Brown outlines the way ahead for Pine Bayou Golf Course

By Capt. Ed Brown  
CO, NCBC/CMDR 20 SRG

Last Friday [March 26], I reviewed a second version of a plan for a new "Seabee Park." The concept provides a variety of outdoor activities to all personnel and families supported via MWR. To put this plan into effect however, we will regretfully be closing the Pine Bayou Golf Course as it is current configured. Over the past years, support for a full 18 hole golf course has continued to slip. While our staff has made vast improvements, past conditions on the course and competition from local courses has caused a significant erosion of clientele. Many playing on the course use it as a tune-up for weekend matches off-base. While I would have preferred to keep the 18-hole course operational, the money invested can and should be put to better use, serving more of our personnel.

The new park will be focused around the current Grill complex. Outdoor recreation will move to the course maintenance facility and provide increased visibility and improved service. The move of Outdoor Recreation will also enable a fully utilized and operational Auto Skills Shop. Our intent is to add a batting cage, driving range, and chipping and putting areas in the area adjacent to the Grill. In addition, four golf holes will be retained and maintained to allow practice play (walking only). A speedball/paintball course will be added for open field action. The property will also add running and walking trails, a

second RV lot and other similar activities. We will build several ball fields (soccer, football) east of Colby along with tables and grills to enhance "Sports Day" activities.

These are ambitious plans and will take several years to complete but I am committed to quick reuse of the property. I have directed MWR to provide temporary fields where appropriate and allow the existing golf holes to the West of Colby remain open where possible for practice play. The decision to close Pine Bayou was a difficult one and was not taken lightly. We will get a map with the plan out soon via our website and Facebook. I believe, that the improvements added to not only sports but to Auto Skills, and Outdoor Recreation will enhance our QOL [quality of life] programs and will continue to drive the base to provide outstanding service.



A conceptual drawing provides a preview of the new Seabee Park which is planned for the location currently occupied by the Pine Bayou Golf Course. The new park will be focused around the current Grill complex and features a driving range, four hole practice area, chipping and putting areas in addition to a speedball/paintball course, running/walking trails, a dog park and much more. The modifications will be accomplished in phases as indicated on the model. MWR will provide temporary fields where appropriate and allow the existing golf holes to the west of Colby to remain open where possible for practice play.

(Drawing courtesy of Rob Mims/Released)

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## **GSA Training Conference & Expo**

Be part of the  
action in  
Orlando, Fla.,  
May 4 - 6  
Free CLP-Certified  
Training, Network  
with Federal  
Experts; Meet with  
FSA Contract  
Vendors,  
Free Meeting  
Space; Free to  
Attend!  
Register Online!  
[expo.gsa.gov](http://expo.gsa.gov)

'Bee in the Know . . . Visit <https://www.cnic.navy.mil/gulfport/index.htm> to find out what's happening on the Center!

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# Buzz on the Street



By EO3 (SCW)  
Elizabeth Saranto

**What is the best April Fool's prank anyone has pulled on you?**



*"I had some cop friends who put in a fake report about my car being stolen."*

**BU3 Renee Ward**  
20th SRG  
Hometown: Atlanta, Ga.



*"When I was back home during winter, my friend thought it would be funny to ice over the stairs to his basement."*

**SW2 Robert Elwyn**  
NMCB 133  
Hometown: Marathon, N.Y.



*"Someone put cellophane on my toilet seat."*

**SW3 Monica Berky**  
20th SRG  
Hometown: Danville, Pa.

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Equipment Operator 3rd Class Jared Salvini, assigned to Naval Mobile Construction Battalion (NMCB) 74, Det. Payne, uses an excavator to fill HESCO barriers that will line the road for a 300 foot long by 80 foot wide causeway along the Helmand River, while Seabees assigned to NMCB 74 discuss construction plans for the causeway with U.S. Marine 2nd Lt. Collin Bell (center), assigned to 4th Light Armored Reconnaissance, 2nd Combat Engineer Battalion. (U.S. Navy photo by Chief Construction Electrician Joseph L. Johnson/Released)

## NMCB 74 Det Payne builds causeway, sustains operations

By MC1 Ryan G. Wilber  
NMCB 74 Public Affairs

On March 16, Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74, Det. Payne, finished construction of a 300 foot long by 80 foot wide causeway along the Helmand River in Helmand Province, Afghanistan. A causeway such as this one has not been constructed by an NMCB since the 1950s.

The causeway was constructed mainly to assist U.S. Marines assigned to 4th Light Armored Reconnaissance (4th LAR) conducting operations in southern Afghanistan, but ultimately will allow all Coalition forces operating in the area transit across the river in order to fulfill their mission in the southern region. Seasonal rains and flood waters from a nearby dam, which elevate the water, made the project essential to the Marines' mission.

"Due to seasonal rains, South Station was cut off from 4th LAR for approximately two weeks, because the Helmand River was too deep for fording operations and too shallow to

conduct rafting operations. The causeway allows vehicles to drive to the middle of the river where the water is deep enough for the IRB (Improved Ribbon Bridge) raft to pick them up and transport them across the river," said U.S. Marine 2nd Lt. Collin Bell, an engineer for 2d Combat Engineer Battalion.

Operational necessity and increasingly adverse environmental conditions dictated the timeline for the project's completion. According to Equipment Operator 1st Class Aaron Nagel, project supervisor, the causeway was completed in just four days. Even before the causeway was completely finished Marines and Afghani National Army (ANA) Soldiers were lined up to utilize the new asset.

"[U.S. Marines and ANA Soldiers] were using the causeway before we even finished building it. That's how important this mission was," said Equipment Operator 3rd Class Jared Salvini, a project crew member.

See CAUSEWAY page 17

# After 8 long months, NMCB 74 reunites with family, friends on board Seabee Center



A Seabee is engulfed by hugs from family. (U.S. Navy photo by MC1(SCW) Demetrius Kennon/Released)



A couple reunites at the Main body return. (U.S. Navy photo by Rob Mims/Released)



Tears of joy were not an uncommon sight at the Seabee Center Main body return April 5. (U.S. Navy photo by Rob Mims/Released)



Jubilation, expectation and anticipation at the AP return April 1. (U.S. Navy photo by MC1 (SCW) Demetrius Kennon/Released)



Sometimes words aren't necessary between loved ones. (U.S. Navy photo by EO3 Mikayla Mondragon/Released)

After an eight-month deployment to Afghanistan, Seabees of Naval Mobile Construction Battalion (NMCB) 74 reunite with family and friends at the Advanced Party and main body reunions held over the past eight days. The Delayed Party will experience a similar reunion later this month on board the Seabee Center.



(U.S. Navy photo by EO3 Mikayla Mondragon/Released)



Photo courtesy of MWR



(U.S. Navy photo by EO3 Mikayla Mondragon/Released)

*Easter fun was had  
by all who attended  
the annual  
MWR-sponsored  
Month of the  
Military Child  
Celebration and  
Easter Egg Hunt  
April 3*



(U.S. Navy photo by EO3 Mikayla Mondragon/Released)



(U.S. Navy photo by EO3 Mikayla Mondragon/Released)



(U.S. Navy photo by EO3 Mikayla Mondragon/Released)



(U.S. Navy photo by EO3 Mikayla Mondragon/Released)



(U.S. Navy photo by EO3 Mikayla Mondragon/Released)



6 p.m.

Did you know that April 12 is National Licorice Day? Stop by the Liberty Center for free licorice & white supplies last. Also, April 14 is National Jelly Bean Day - come and get some jelly beans. If you can guess how many jelly beans are in the jar you may win an I-pod!!

Also, make sure you check out our pool and ping-pong tournaments, they are free to enter and prizes are awarded. There will be one tournament a week. Don't stay stuck in the barracks bored out of your mind - come to the Liberty Center!

### Vehicle Storage

Deployment Special - Free storage for first vehicle and 50 percent off each additional vehicle, including all RV's for deploying troops. Must present a letter of deployment from your command. For more information and space availability please contact your MWR Auto Hobby Shop at 228-871-2804.

### Auto Hobby

Ten percent off resurfacing of brake rotors and brake drums every Friday 9:30 a.m.-3 p.m. Contact your MWR Auto Hobby Shop at 228-871-2804 to make your appointment today.

ASE mechanic is now available at Auto Hobby. Stop by for any assistance needed on your automobile or call 228-871-2804 for any questions you may have on your vehicle.

### CBC Lake Pavilion

The CBC Park and Lake has many things to offer for your outdoor enjoyment. MWR has three large pavilions for rent they include picnic tables, barbecue grills, lighting and electrical. There are also 11 smaller pavilions for use on a first-come first-served basis. Also the park has a large covered kid-friendly playground area, basketball court and sand volleyball court. The highlight of Seabee Lake are the MWR paddle boats. These are at no cost to authorized patrons. Two deck boxes on the pier contain various sizes of life vest, which MUST be worn at all times while on the water. Contact the MWR Outdoor Rental Center for more information at 228-871-2127.

### MWR Vehicle Resale Lot

Have a vehicle, motorcycle, RV, boat or utility trailer you want to sell? Put it in the MWR Vehicle Resale Lot located on 5th Street. The cost is \$5 per week or \$15 per month. Location is in a high visibility area and is lighted for extra security. For more information, call the MWR Auto Hobby Shop today at 228-871-2804.

### Car Wash

MWR has done many upgrades to the car wash with the installation of new vacuums. Vacuums have high suction power, stain remover, shampooer and fragrance selections. There is also a new shade structure at the Car Wash for those car enthusiasts who like to wax their vehicles in a shaded area. The Car Wash is located off Marvin Shields Boulevard and Rodgers Ave. Contact your MWR Auto Hobby Shop at 228-871-2804 for more information.

### Shield's RV Park

The MWR Shield's RV Park is located on 9th Street in the northeast corner of the installation just north of building 452 the NCBC Welcome Center/Metro Housing facility. The park has 68 full service sites, as well as 53 pull through sites and 16 back in sites. All sites have full hook ups which include 50, 30, & 20 amp outlets, phone service hook up, sewage, potable water, free cable and WI-FI. The park also has coin operated laundry facilities and full ADA restroom and showers. Office hours are Monday - Sunday 7 a.m.-5 p.m. year round. For more information on space availability and fees, contact the Shield's RV Park office at 228-871-5435.

### Outdoor Recreation

Join Outdoor Recreation and hike the Tuxachanie Trail in Desoto National Forest April 11 at 10:00 a.m. or if you feel like splashing in the water, join us to go canoeing or kayaking down the Black Creek April 18 at 8:30 a.m. Outdoor Recreation is also offering transportation to the 18th Annual Crawfish Festival April 16. Visit the new Outdoor Rec. office in the front of building 397



Military and civilians celebrate the season at the "Spring Fling" held March 27 at the NCBC softball fields. There were plenty of hotdogs and sides, as well as music and entertainment for all. Proceeds from the event were donated to the "Hearts for Haiti" relief campaign. (U.S. Navy photo/Released)

today or call 871-228-2127 for more information.

### Fitness Center

New Fitness Classes have been added to the Group Fitness schedule for April. "Tiny Tots" is designed for the new mom with a child up to 9 months old. This class is held Tuesdays/Thursdays at 8 a.m. "Lunchtime Outdoor Fitness Fun" is circuit training outside on the new outdoor equipment. This class is held Wednesdays/Fridays at 11:15 a.m. Last, but not least is our latest class "Evening Outdoor Fitness Fun" which is designed to give you a total body workout on the new outdoor fitness equipment. This class is open to all family members and their children. A youth specialist will be onsite to give children some fun activities as their parents get in shape. This class is available Tuesdays/Thursdays at 6 p.m.

The "Family Fun Walk" is April 16 from 4:30 - 5:30 p.m. or until the last walker comes through. This event is open to all age groups. Parents with young kids and/or babies in strollers are strongly encouraged to attend. Refreshments will be provided and there will also be an Outdoor Fitness Equipment orientation. For more info, contact Xavier at 228-871-2668.

An Earth Day 5K will be held April 21 at 6:30 a.m. at the Fitness Center.

Sign ups have begun for Seabee Day 2010 3-on-3 Basketball Tourny in the old gym. Games will start at 10 a.m. May 8 and will finish once all games are completed. There is a max of 15 teams who can participate with each team consisting of five players. This tournament is free and trophies will be awarded to 1st and 2nd place winners. For details, contact Sam at 228-871-2668.

### Aquatics

Want to learn to swim? Stop by the pool and register yourself or your kids for swim lessons. Each session consists of eight 30-minute lessons. We offer parent-tot swim lessons starting at 6 months old through private adult lessons. Call 228-822-5103 or 228-822-5104 for information.

American Red Cross Lifeguarding class will be offered at the Fitness Center pool.

Call 228-822-5103 for more information or stop by the fitness facility to sign up. Class cost is \$100 and includes all class materials and certification.

### Information, Tickets and Tours

The circus is coming!! Barnum and Bailey present Illusionation April 29 - May 2. Get your tickets while they last!

Need to get rid of some of the things that have been taking up room for awhile. Participate in our

### Liberty

The Liberty program has set up some thrilling activities and trips designed to get you out of the barracks for entertainment and fun! Plans include, fishing on a shrimpin' boat in Biloxi. This trip is all-inclusive, the cost is \$30 and we will depart Liberty April 11 at 6 a.m. If you're in the mood for Crawfish, April is your month! The Liberty bus will be headed to the Mississippi Coliseum April 16 at 5 p.m. and April 18 at noon for the annual Gulfport Crawfish Festival. Our shuttle service is FREE, however, there is a \$10 cover at the gate; so don't forget your cash.

If you like to push yourself to the limits, Liberty has a few events for you! If you get your adrenaline rush from being able to climb the tallest rock, come rock climbing at the Slidell Rocks with us. The trip only costs \$16 and departs Liberty at 4 p.m. April 10. However, if you enjoy the TV show Fear Factor and believe that you could handle some of that stuff, come to the Liberty center April 19 at 6 p.m. and test yourself at our Fear Factor Challenge!

If you would like to enjoy some time with your friends, you should check out our Bowling Night April 21. It only costs \$5 and departs Liberty at

### Movies . . .

For the latest movies playing at the Seabee Heritage Theater go to: [https://www.cnic.navy.mil/navycni/groups/public/documents/document/cnicp\\_a150830.pdf](https://www.cnic.navy.mil/navycni/groups/public/documents/document/cnicp_a150830.pdf) or call the Movie Line at 228-871-3299.

Movies now shown 7 days a week!

# Focus on Education

## Navy College Learning Center . . .

The Navy College Learning Centers (NCLC) offer computer-based, self-paced courses from PLATO Learning, Inc., along with Education Facilitators ready to provide one-on-one assistance with the coursework. This is a terrific no-cost resource for military service members, reservists, retirees, and their adult dependents, as well as for Delayed Entry Personnel. All costs are paid by Navy.

The objective for NCLC students is to achieve their educational goals at the time, skill level, and pace that are right for them. Whether students are

preparing for the Armed Forces Vocational Aptitude Battery (ASVAB) or the Armed Forces Classification Test (AFCT), the Scholastic Achievement Test (SAT), the American College Test (ACT), or any college placement exams, an NCLC can help them succeed. Service members can use the NCLC college prep classes to get started on their degrees and further their careers. College Level Examination Program (CLEP) preparation is also available. If service members sign to review basic academic knowledge – and the program is designed to identify such

deficits – they are taught the skills they need to succeed.

The following is a list of the PLATO Learning, Inc., courseware available at each NCLC: Math, Reading, Language Arts, Algebra, Geometry, Trigonometry, Calculus, Chemistry, Biology, Science, Social Studies, Work Skills, as well as preparation courseware for ASVAB, SAT, ACT, GED, and certain CLEP exams.

Visit the NCLC website at <http://www.plato.com/navy.aspx> for a complete list of NCLC locations and contact information.

## Free Online Help for Students . . .

Tutor.com takes the stress out of homework for military families. Whenever a student needs help, he or she can connect to a real, live tutor online. Tutors are available 24/7 in more than 16 subjects, and help with everything from tough math homework to writing an essay. Or, in one student's words: "Your team of tutors is making me realize i have nothing

to fear in chemistry, tonight Gil G was an absolute life saver without her i would have failed miserably. Thank you so much for offering this to military families!"

For Navy students go to [www.tutor.com/navy](http://www.tutor.com/navy) and then sign in to Navy Knowledge Online.

Thanks to the Department of Defense, Tutor.com is now available

at no charge to Army, Marine Corps, Navy and Air Force service members on active duty and their children and spouses. Reservists and National Guard personnel on active duty in a deployed status are also eligible for the program. Read more about the expanded program at the DoD website: <http://www.defense.gov/news/newarticle.aspx?id=57732>.

## Online Resources Aid Civilian Employees during transition to GS . . .

*From Deputy Assistant Secretary of the Navy Communications Office*

The Department of the Navy (DoN) posted Web-based programs designed to assist DoN civilians in transitioning from the National Security Personnel System (NSPS) March 30.

Online programs include a General Schedule (GS) 101 session as well as classification primer for supervisors and an introduction to performance management.

In passing the National Defense Authorization Act 2010, Congress required the transition of Department of Defense employees from NSPS no later than Jan. 1, 2012. More than

70,000 employees will transition from NSPS. The DoN's transition plan aims to avoid undue interruption to mission and minimize negative impact to employees.

"Most of our employees will transition from NSPS to the General Schedule by the end of 2010," said Tony TorresRamos, director, DoN Transition Management Office. "The online tools and guides are one of several ways we are reaching out to our workforce to provide them information and resources during the transition." In addition to the online resources available on the DoN Civilian Human Resources Web site, the DoN Transition

Management Office set up a centralized email at ([donhrfaq@navy.mil](mailto:donhrfaq@navy.mil)) to handle transition-related questions.

The DoN's Transition Management Office provides support on NSPS transition to major commands and their workforce. The Transition Management Office also coordinates the transition of NSPS employees, provides oversight and guidance on the transition, and serves as a hub for information regarding the transition and other NSPS issues. Information about the transition is available at <https://www.donhr.navy.mil/NSPS>.

School Liaison Officer is located in building 352, 1706 Bainbridge Ave., NCBC and may be contacted at (228) 871-2117

## Small world after all . . .



Logistics Specialist 1st Class Richard Bellock (left), assigned to Naval Mobile Construction Battalion (NMCB) 74, and his son, Builder 3rd Class Justin Koontz, assigned to NMCB 133, have the rare opportunity to reunite at Camp Krutke in Helmand Province, Afghanistan. Koontz is just arriving in Afghanistan for his deployment with NMCB 133, while Bellock is finishing his deployment with NMCB 74. Bellock, of Lake Butler, Fla., has two sons who have joined him in naval service: Justin Koontz, who has served for three years and is currently deployed to Helmand Province, Afghanistan in support of Operation Enduring Freedom and Seaman Thomas Koontz, currently attending Electronics Technician "C" school in Great Lakes, Ill. (U.S. Navy photo by Mass Communication Specialist 2nd Class Michael Lindsey/Released)

# AD SPACE

# AD SPACE

pate in the base wide yard sale for only \$10 June 12, 2010. Call 871-2231.

Gulf Island Water Park season passes are now on sale for \$57. The water park will open May 8. ITT will also have \$18 one-day passes for adult and children when the park opens.

Universal Studios Orlando presents The Wizarding World of Harry Potter. The Wizarding World of Harry Potter will open June 18. Get your tickets now!

### **Youth Activities Center**

Teen Summer Counselor In Training Jobs! If you are 14 to 17 years old and interested in working for the Youth Activities Center Summer Camp Program, call Ms. Jennifer at 228-871-2251 or stop by the Youth Activities Center, building 335, to pick up an application package.

Free Shuttle Service-We are making it even easier for youth and teens to come to the Youth Activities Center! Tuesday through Thursday we will provide pick-up and drop off service in all base housing areas. Parents, please call in advance to provide the youth/teen's name and address. Call 228-871-2251 for more details.

### **The Grill**

Meal Deal Punch Cards are available. New menu items include Philly cheesesteak and chicken tenders or stop by for our specials: Monday-Meatloaf, Wednesday-Lasagna, and Friday-Catfish.

### **Beehive Lounge**

Wii Tournaments held every Tuesday and Thursday at 6:00 p.m. Winners receive a gift certificate to Pizza Brothers.

**THE SNACK BAR** opening April 19! Come try the hottest new food vendor on base. Located inside the Training Hall, Bldg 446, THE SNACK BAR will be open for Lunch and Dinner, seven days a week! Offering Poboys, Gyros, Salads, Wings and More. FREE food samples during opening month as well as chances to win free food, special meal deals and more! So, come on out and check it out. Located in the middle of the base, it can't get more convenient than that!

# AD SPACE

From CAUSEWAY page 12

The contingency project, conducted outside friendly lines, was not undertaken without risk. Operators had to be mindful of the river's height and current while delivering rock and sand, while Soldiers assigned to the 502nd Bridging Unit had to remain vigilant while providing waterborne security for the project against possible enemy fire.

"The challenging part was keeping the CESE [Civil Engineer Support Equipment] running. Our biggest safety concern was the dump truck flipping over in the river current and someone drowning. We were driving in water that was two to four feet deep while building the base up, and had to make sure we maintained a level ground where we were dumping the material," said Nagel.

Successful completion of projects such as this in direct support of the warfighter, prove that modern NMCBs equipped with the latest modular technologies still possess the traditional construction skills and abilities of the legendary "Fighting Seabees" of history.

To subscribe to the Seabee Courier eCourier edition, send an e-mail to [seabecourier@navy.mil](mailto:seabecourier@navy.mil).

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3986/3988**

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Call CBC Recycling at:  
(228) 871-4738



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## Community Notes

### SUPPORT

#### Family Readiness Groups

**NMCB 1 FRG** invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. A potluck dinner is served at 6 p.m., followed by a 6:30 p.m. meeting. Children are welcome and baby sitting is provided during deployment. For more information, contact FRG President Mary Belanger, 228-273-4158, e-mail MARY\_708@YAHOO.COM or Secretary Krystin Canipe, 704-726-5751, e-mail ANGELHRTBLUE85@YAHOO.COM.

**NMCB 7 FRG** welcomes friends and family members to attend FRG meetings the third Monday of each month at 6 p.m. at the Youth Center. Children are welcome and baby sitting is provided. To receive FRG information, send an e-mail to nmcb7frg@gmail.com or contact FRG President Deanna Salter at 228-206-0377.

**NMCB 74 FRG** welcomes all friends and family members to join the NMCB 74 FRG. Meetings are the third Monday of every month at 5:30 p.m. at the Fleet and Family Support Center.

Bring a covered dish to take part in a potluck dinner. For more information, contact FRG President Torell Coquet at torellcoquet@yahoo.com or Vice President Annie Gundy at aniegundy@gmail.com. To receive updates, log on to the FRG website at <http://www.orgsites.com/ms/nmcb-74-fgr/index.html>.

**NMCB 11 FRG** welcomes all friends and family members to attend FRG meetings the third Tuesday of every month at 6:30 p.m. in the Seabee Chapel Fellowship Hall. For more information contact FRG President Sarah Edwards, Vice President Robin Coker, Secretary Krysta Thomas or Treasurer Jennifer Babb via email at nmcb11frg@gmail.com. Visit the ombudsman and FRG website at <http://nmcb11.webs.com>.

**NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information contact FRG President

Kelli Clarke at 727-504-4408 or e-mail hansonk154@yahoo.com. To receive updates, log on to the FRG website at <http://www.orgsites.com/ms/nmcb133fsg>

#### Naval Officer's Spouse Club

The Naval Officer's Spouse Club meets the fourth Monday of every month at 6 p.m. in the Youth Center. Children are welcome and child care is provided. For more info, e-mail noscgulport@yahoo.com. Visit NOSC Gulport.org for more information.

#### Navy-Marine Corps Relief Society

The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers. Child care and mileage are reimbursed. Retail hours of operation are Tuesday, Wednesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to obtain information about becoming a part of the NMCRS volunteer team!

#### Gamblers Anonymous

The Fleet & Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for more information.

#### TRAINING

**COMPASS** is a team of trained seasoned military spouses mentoring other Navy spouses. Classes are intimate and informative. The three-day course is offered the last week of the month. The course and child care are FREE! Contact Kim at 228-832-5343 or Amanda at 228-328-1352 to sign up.

**Naval Sea Cadets** - Gulfport branch are recruiting youth ages 11 to 17 for Sea Cadets, a nation-wide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 60, room 105. For more information contact Lt.j.g. Bowling at 228-313-9035 or coachcb\_yahoo.com; or AGC Enrique Acosta-Gonzalez at

228-688-5288 or [enrique.acosta@navy.mil](mailto:enrique.acosta@navy.mil).

#### SOCIAL

**Miss. Gulf Coast First Class Association** is seeking new members. Meetings are every Wednesday at 3 p.m. at CBC's Beehive, building 352. Call BU1 Tony Boldrey 228-871-2577 for more information or just come and join us at a meeting.

**VFW Post 3937** Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood night, the remaining Fridays are Steak night. Breakfast is served from 7 - 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of each month at 7:30 p.m. New members are always welcome. For more information contact Post Commander Bill North at 228-863-8602.

**VFW Post 4526** Orange Grove is open daily from noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. VFW meetings are held the first Wednesday each month at 7 p.m. All are welcome and encouraged to attend. Call Post Commander Bill McNicholas at 228-832-0017 or Sr. Vice Commander Ben Barker at 228-832-3798 for more information.

#### NMCB 62 Alumni Group

Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. Anyone interested in becoming a member of the Alumni Group may go to <http://nmcb62alumni.org> for more information. The website also contains links to hundreds of Seabee military historical sites as well as reunion information.

#### HERITAGE

**The Seabee Gift Store** is in the new Training Hall, building 446 and is open Monday - Friday, 10 a.m. to 4 p.m., phone 228-871-4779. The shop has several command exhibits, as well as a variety of Seabee related memorabilia, DVD's and books. Gift store proceeds support the construction of the new museum in Port Hueneme, Calif. Contact the museum through the web address at [www.seabeesmuseumstore.org/shop/index.php](http://www.seabeesmuseumstore.org/shop/index.php)

Interested in volunteering? Check out [www.volunteermisissippi.org](http://www.volunteermisissippi.org) for information on volunteer opportunities in your community, or contact your local command representative.



# AD SPACE

## FOCUS on FITNESS

By EO3 Mikayla Mondragon  
NCBC Public Affairs

**Fit Tip:**  
Strengthen your body  
with Bosu Cardio

The Bosu Cardio Class is a core training exercise program that facilitates an increase in physical intensity by using muscles to keep one's body stable on an unstable surface.

Combined with bands and weights, the Bosu not only targets balance, but strength and endurance.

So if you're looking for a change of pace, give the Bosu Cardio Class a try. Classes are held every Monday and Wednesday at 9 a.m. at the NCBC



Shelia Yobs instructs the Bosu Cardio Class at the Fitness Center, on board NCBC, March 31. For more information about Bosu Strength/ Cardio Class or other fitness opportunities call the Fitness Center at (228) 871-2668. (U.S. Navy photo by Equipment Operator 3rd Class Mikayla Mondragon/Released)

Fitness Center.

For more information on all of the physical fitness opportunities at the Fitness Center, call 228-871-2668.

## Comics on Duty prove once and for all that Seabees "Can Laugh"



Ian Gutoskie, a comedian with Comics on Duty, performs before a crowd of service members assigned to Naval Construction Battalion Center (NCBC), at the base's training hall, March 25. Comics on Duty, sponsored by Navy Entertainment and Moral, Welfare and Recreation, brings headliner comedians to perform at various military bases around the world. (U.S. Navy photo by Mass Communication Specialist 1st Class Demetrius Kennon/Released)

nently soil or prematurely destroy the uniform.

Also beginning Jan. 1, the blue 100 percent cotton t-shirt worn with the NWU will be the only authorized T-shirt for wear with the Navy blue coveralls, replacing the white T-shirt formerly worn with the uniform.

Sailors can now wear black or navy blue backpacks on either the left shoulder or on both shoulders while wearing the service uniform or NWU. When wearing the NWU, a matching NWU pattern (blue, grey and black) backpack may be worn on either the left shoulder or both shoulders. Sailors are reminded no personal ornamentation can be attached or worn on the backpack.

For complete uniform changes see NAVADMIN 118/10. More information on Navy uniforms can be also be found on the Uniform Matters web page at [www.npc.navy.mil](http://www.npc.navy.mil).



## GULF COAST USO

3001 6th St., Building.

306, Office hours:

Monday-Friday,

8 a.m. - 5 p.m.,

Saturday, 11 a.m. - 7

p.m. Call 228-575-5224

for more info.



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## Seabee Memorial Chapel

### Services:

**Sunday Catholic Mass: 9 a.m.**

**Daily Mass: Monday - Friday, 11:35 a.m.**

**Protestant Service: Sunday, 10:30 a.m.**

**Gospel Service: Sunday, 11:45 a.m.**

### Center Chaplains:

**Lt. Cmdr. Michael Brown,  
Protestant Chaplain**

**Lt. Leticia P.J. Rouser,  
Protestant Chaplain**

**For information concerning  
other faith groups, call the chapel  
office at (228) 871-2454**



**16th Annual  
Retired  
Seabee  
Reunion  
Gulfport,  
Miss.**

**May 1  
5 p.m. -  
midnight  
Donal Snyder  
Community  
Center**

**Capt. Ed  
Brown, CEC,  
USN  
Guest  
Speaker**

**Come for a  
weekend of  
fun!**

**Contact Bob  
Smith,  
228-424-  
1185 or  
Dan Huffman,  
228- 545-  
8176  
for  
details**

**To subscribe to the Seabee Courier - eCourier edition, send an e-mail to  
[seabeescourier@navy.mil](mailto:seabeescourier@navy.mil)**

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