

# Seabee Courier

HOME OF THE ATLANTIC FLEET SEABEES



Vol. 47 No.20

Naval Construction Battalion Center, Gulfport, Mississippi

November 4, 2010

## Navy Surgeon General visits Seabee Center

### New base medical facility on tap for 2013

From Bureau of Medicine and Surgery Public Affairs

The Navy and Marine Corps top medical officer visited Naval Construction Battalion Center (NCBC) Gulfport Oct. 19 during his tour of Navy medical facilities on the Gulf Coast.

Navy Surgeon General Vice Adm. Adam M. Robinson, Jr. toured the Naval Branch Health Clinic Gulfport (NBHC) and spoke with Navy medical teams about the importance of supporting force readiness while providing quality patient and family centered care.

NBHC Gulfport - a satellite facility of Naval Hospital Pensacola, Fla. - serves a highly deployable military population. NCBC Gulfport is a fleet concentration area for Seabees and one of only two homeport locations for operational battalions. NBHC Gulfport provides medical support to Naval Mo-

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## NMCB 74 'Fearless' run convoys at FTX



CAMP SHELBY, Miss. - Convoy Security Team 2 of Naval Mobile Construction Battalion (NMCB) 74 and the project detail convoy through the woods. NMCB-74 is conducting a field training exercise before deploying later this year. (U.S. Navy photo by Mass Communication Specialist 2nd Class Michael Lindsey/Released)

For more on NMCB 74, see page 15



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# Navy Legal

## Making the SGLI work: Protecting a valuable asset through estate planning

By Lt. Andrew Clayton, JAGC  
 OIC NLSO Central – BROFF  
 Fort Worth, Texas



Service member Chris Sullivan\* died in November 1996, leaving his entire SGLI policy to his wife Linda. Chris's ex-wife Cindy, along with Chris and Cindy's daughter, sued Linda for a portion of the insurance. After a long legal battle, a court ruled in March 2000 that Linda was the sole beneficiary.

The emotional damage caused by this conflict must have been devastating. Furthermore, the legal dispute lessened the financial benefit Chris's family was supposed to receive: legal costs were substantial for both sides, and Chris's wife, Linda, did not receive the disputed amount until the legal process was finalized.

This tragic situation illustrates many of the difficult issues that service members in blended families face when determining how to distribute their SGLI benefits. Too often, service members do not put enough thought into naming beneficiaries of their SGLI.

The sad result is, after a service member's death, loved ones often fight over money or are left without adequate fi-

ancial resources. A well-drafted testamentary trust, along with a comprehensive estate plan, can save time, money, and emotional stress.

A testamentary trust is a legal entity in which you designate one person, such as a parent or a current spouse, to hold and spend money on behalf of another person, such as a child or grandchild. Often, a testamentary trust is the best way to provide for your children in the event of your death.

Service members often think that they can do the same thing by just leaving the money directly to one person, with an informal understanding of how the money will be spent. I've had many clients initially tell me, "Just leave it to my mom, she'll take care of it." After explaining the benefits of a trust, however, most clients come to understand why just leaving the money to one individual for the benefit of others is not always a good idea.

See SGLI page 22

## Sailor's Creed

I am a United States Sailor,  
 I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me, I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world,  
 I proudly serve my country's Navy combat team with Honor, Courage and Commitment,  
 I am committed to excellence and the fair treatment of all.

## Skipper drops the puck



Cmdr. Lou Cariello, commanding officer, NCBC/commander, 20th SRG, drops the puck at a Southern Professional Hockey League game between the Mississippi Surge and the Columbus Cottonmouths held at the Gulf Coast Coliseum, Oct. 23. Service members assigned to the Seabee Center received free tickets to the game as part of "Seabee Night" honoring military assigned to NCBC. The Surge went on to win 3-0. (U.S. Navy photo by Mass Communication Specialist 1st Class Demetrius Kennon/Released)

## SEABEE COURIER READERS . . .

We need your opinion. Please take a few moments to fill out a Reader survey on the content of the Seabee Courier. The Courier staff counts on your suggestions, so we can continue to improve our base newspaper. To complete the survey, go to <http://www.surveymonkey.com/s/zpf3tmk>.

## Fall Back - Daylight Saving Time Change This Weekend . . .

It's time to wander around the house and set your microwave clocks, oven clocks, clock radios in the bedroom, watches and everything else that doesn't automatically reset itself back one hour this weekend due to a daylight-saving time change Sunday, Nov 7.



## Command Action Line

Due to limited IG resources throughout the Southeast Region, all Fraud, Waste and Abuse hotline work will now be handled by the Region. To report Fraud, Waste and Abuse, contact the Region at: Toll Free 1-(877)-657-9851 Comm: (904) 542-4979 DSN 942-4979 FAX: (904) 542-5587, E-mail: CNRSE\_HOTLINE@navy.mil.



# Around the Center



Staff members of the Fleet and Family Support Center (FFSC) on board Naval Construction Battalion Center (NCBC) wear purple to show their support for a domestic violence free world during Domestic Violence Prevention month. During October, everyone who works and lives on the Seabee Center was encouraged to stop by FFSC to view and sign the Pledge of Hope, a pledge against domestic violence. FFSC also collected cell phones and personal toiletries for a local women's shelter. (U.S. Navy photo by Equipment Operator 3rd Class Mikayla Mondragon/Released)



Cmdr. Stan Wiles, executive officer of NCBC on board the Seabee Center congratulates Construction Mechanic 3rd Class Tabitha Dennis assigned to the Twentieth Seabee Readiness Group (20SRG) on winning the Domestic Violence Prevention art contest Oct. 26. Dennis received first place for her "Peace by Piece" creation and was recognized at a luncheon hosted by the Fleet and Family Support Center Oct. 27. The contest challenged contestants to submit art work in any medium desired to depict the Domestic Violence Prevention month theme, "Mourn, Celebrate, Connect." (U.S. Navy photo by Equipment Operator 2nd Class Elizabeth Jacavone/Released)



Left: Yeoman 3rd Class Kristen Frutiger, assigned to NCBC Admin department, dances the "Folklorico," a traditional Hispanic courtship dance during Hispanic Heritage celebration at the Training Hall Oct. 21. The Multi-Cultural Diversity Committee sponsored the annual celebration which featured Hispanic dancers, piñatas, a celebration cake and cultural information booths. Following the celebration, the Colmer Dining Facility served a special Hispanic Heritage Meal. Hispanic Heritage Week was originally started in 1968, but was changed to a month-long celebration by President Ronald Reagan in 1988.

Below: Blind-folded service members take turns hitting a piñata at the Colmer Dining Facility plaza. (U.S. Navy photos by Mass Communication Specialist 1st Class Demetrius Kennon/Released)



An Air Force service member speaks with a representative from the Hancock County Food Pantry at the NCBC Combined Federal Campaign (CFC) Kick Off on board the Seabee Center, Oct. 19. Area agencies set up display booths at the Colmer Dining Plaza in order to provide background information on their charity. The annual event gives government employees and military personnel the opportunity to donate to qualifying agencies. (U.S. Navy photo by Equipment Operator 3rd Class Mikayla Mondragon/Released)



(U.S. Navy photo by Equipment Operator 3rd Class Mikayla Mondragon/Released)

# Seabee Center Fire Fighters cover the Coast during Fire Prevention Month



Photo courtesy of WLOX TV-13



(U.S. Navy photo by Mass Communication Specialist 1st Class Demetrius Kennon/Released)



(U.S. Navy photo by Equipment Operator 3rd Class Mikayla Mondragon/Released)

A: Sparky the Fire Dog, Fire Chief Mark Henson and Seabee Center Skipper Capt. Lou Cariello finalize the paperwork to officially kick off Fire Prevention week on board the Center. B: Students at Reeves Elementary School in Long Beach wait their turn to enter the Center's Fire House to learn about fire safety from members of the NCBC Fire Department. The Fire Fighters t travel to area schools throughout the year to teach fire safety and prevention. C: Civilian employees Marie Chasse and Johnnie Robinson, practice using a fire extinguisher during a training session in front of the Headquarters building. D: Darrin Hill, assistant chief of fire prevention for the NCBC Fire Department is interviewed by WLOX-TV 13 reporter Meggan Gray during a training demonstration at the Center's Fire Station Oct. 4.

**NMCB 7 FRG looking for board members - elections Nov. 15 . . .** Join the FRG Board of NMCB 7! All spouses in the battalion are eligible. Board members plan fun, informative activities including picnics, potlucks, sign paintings, fundraisers, homecomings, deployment parties, etc. Our FRG reaches out to support our Sailors' loved ones. We are in need of a president, vice president, secretary, and treasurer. The election takes place Nov. 15 at the general FRG meeting. Make a difference for the Magnificent 7! The current board will do turnover training. Interested parties should send an email to [nmcb7frg@gmail.com](mailto:nmcb7frg@gmail.com).

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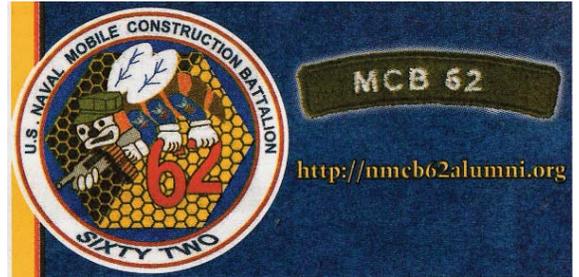
## NCTC Top Performers

Senior Chief Builder (SCW) James Brooks presents Steelworker Constructionman Chavonne L. Bowers with her certificate as the Honor Graduate of Naval Construction Training Center (NCTC) Gulfport's Steelworker "A" School class 10185. Bowers will be assigned to Naval Mobile Construction Battalion (NMCB) 17 following graduation. (U.S. Navy photo/Released)



Builder 2nd Class (SCW) Dylan Jan presents Steelworker Constructionman Emily K. Sopchak with her certificate as the Military Excellence Award winner for Naval Construction Training Center (NCTC) Gulfport's Steelworker "A" School class 10185. Sopchak will be assigned to Naval Mobile Construction Battalion (NMCB) 27 following graduation. (U.S. Navy photo/Released)

**Interested in volunteering?** Volunteers Needed – Visit [http://www.cnmc.navy.mil/Gulfport/CNICP\\_A169092](http://www.cnmc.navy.mil/Gulfport/CNICP_A169092) for all current opportunities such as Playground Move, Install a playground, Carport Build, PT Instructors, Build a Stage, General Repair Help and Disabled Veterans Day Celebration.



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Construction Mechanic Constructionman Lucas Webber of Naval Mobile Construction Battalion (NMCB) 11 Det. Christmas Island and the children of the Banana Primary School celebrate the new four-room schoolhouse built by the Seabees. U.S. Navy photo by Chief Steelworker Mike Blackney/Released)

## NMCB 11 'Bees give Banana Primary School chance to start over

By SWC (SCW) Mike Blackney  
NMCB 11 Public Affairs

Naval Mobile Construction Battalion (NMCB) 11, Det. Christmas Island was recently honored by the local children and staff of the Banana Primary School. They celebrated the completion and turnover of the Det.'s first of three school houses.

The staff and students from Banana orchestrated a ribbon cutting ceremony, commemorating and showing appreciation for the opening of their brand new four-room school house. The children and teachers demonstrated their local customs by singing and dancing for the Det. and serving up a truly colossal feast.

The 21 Seabees have grown close to the local children of Banana as they have become a part of each other's lives over the last few months. The Det. has also observed firsthand what type of learning environment the children have been accustomed to and just how desperately the new school-house was needed.

"The new school house is a much more conducive environment for the children to learn in compared to what they had," said Builder 3rd Class Nathaniel Patterson. During the festivities the school children were finally allowed to go in and explore their new school.

"Seeing all of their faces light up with excitement was priceless and made it worth every second," said Builder 3rd Class Leon Pollard. "It made me feel like what I was doing actually meant something, it made me feel like I was making a difference."

The Seabees of Det. Christmas Island are currently improving the lives of more children and staff at the Tennessee Primary School by upgrading their lavatory systems and building them a similar school house. The Tennessee School house project is due to be completed by the end of October with another school house kicking off in November.

## 'Roos of NMCB 133 provide support to Cheatham Annex

By CECN Mary Porras  
NMCB 133 Public Affairs

Naval Mobile Construction Battalion (NMCB) 133 provided 11 personnel to Naval Weapons Station Cheatham Annex, Williamsburg, Va. to provide support for a Navy Expeditionary Logistics Support Group field exercise from Aug. 24 - 31.

The team consisted of four utilitiesman, five construction electricians, one equipment operator, and one construction mechanic who provided utility camp support to include maintaining power generation, power distribution, and ancillary equipment for a 250-man tent camp.

"We worked in twelve hour shifts to ensure the camp was running smoothly and people had hot showers," said Utilitiesman 3rd Class Thomas Hanson. "It was a great opportunity to get some hands on experience within our rates".

The detail was rewarded for their outstanding work by spending the last day enjoying roller coaster rides at Busch Gardens Theme Park.



Construction Electrician 2nd Class Kodzo Amouzou of Naval Mobile Construction Battalion (NMCB) 133 buries a grounding rod in order to ground a generator during camp setup in Williamsburg, Va. NMCB 133 provided support for Navy Expeditionary Logistics Support Group's field exercise at Yorktown Naval Weapons Station, Va. (U.S. Navy photo by Construction Electrician Constructionman Mary Porras/Released)

"The weather was nice and everyone seemed to really appreciate us being there. Overall it was a good experience," said Utilitiesman 2nd Class Jon Dean.

## Signed , sealed, certified!



Cmdr. Michael Monreal, commanding officer Naval Mobile Construction Battalion (NMCB) 11, presents Hospital Corpsman 1st Class (SCW) Jenesia Ordonia with her Seabee Combat Warfare (SCW) certification after being pinned by Utilitiesman 1st Class (SCW) Emily Fowler at an awards ceremony for NMCB 11 Det. Christmas Island. (U.S. Navy photo/Released)

# Chief of Navy Reserve, Force Master Chief Visit CBC Gulfport

**By Navy Operational Support Center Gulfport Public Affairs**

Chief of Navy Reserve, Vice Adm. Dirk Debbink, and Force Master Chief Ronney Wright visited Naval Construction Battalion Center (NCBC) Gulfport, Oct. 12-13.

The site visit enabled Debbink and Wright to tour and interact with the staff members of Navy Operational Support Center (NOSC) Gulfport, Navy Mobilization Processing Site (NMPS) Gulfport, Naval Branch Health Clinic (NBHC), Navy Reserve unit leadership and Naval Mobile Construction Battalion (NMCB) 26.

Upon their arrival, the two joined senior leadership from CBC Gulfport, 20th Seabee Readiness Group (SRG), NOSC

Gulfport, NMPS Gulfport, and NBHC, for a working luncheon.

At the conclusion of the luncheon, Cmdr. Rick Rapson, NOSC Gulfport commanding officer, and Chief Yeoman Mitch Drone, NOSC Gulfport senior enlisted leader, provided a tour of the NOSC facility.

"They seemed very enthusiastic about speaking with the staff," said Drone, who also noted their sincere readiness to provide their support in resolving concerns of the NOSC and the Navy Reserve as a whole.

Debbink, along with Wright, conducted an Admiral's Call for mobilizing and demobilizing Reservists processing through NMPS Gulfport, as well as the NOSC and NMPS staff.

The exchange enabled them to

share the Navy Reserve Strategic Vision for FY11 and address concerns of the Reserve Force and its Sailors. The exchange also enabled the Sailors departing and returning from mobilizations to present areas of concern to Debbink and Wright. Reserve Force leadership also provided answers and additional information relevant to those concerns.

Wrapping up the first day, Cmdr. Theresa Ross, NMPS Gulfport officer in charge, and Master Chief Constructionman Clyde Odom, NMPS command master chief, provided a tour of the NMPS spaces, a briefing on the NMPS Gulfport mobilization process, a tour of the NBHC, and a review of its capacity to serve the requirements of mobi-



Utilitiesman 2nd Class Vincent Karkau, assigned to Navy Mobile Construction Battalion (NMCB) 26, demonstrates his field communication equipment to Vice Adm. Dirk Debbink, center, commander of Navy Reserve Force. NMCB-26 has been mobilized in preparation for a deployment to Afghanistan. (U.S. Navy photo by Mass Communication Specialist 2nd Class Charles White/Released)

lizing and demobilizing personnel.

The following morning, Cmdr. Vic Velasco, 20th SRG chief staff officer, escorted Debbink and Wright to Camp Shelby where NMCB-26 was conducting field

exercise training evolutions.

The opportunity enabled Debbink to observe and engage with NMCB-26 Seabees while the battalion was undergoing training and evaluation prior to their upcoming operational deployment.

## NMCB 18, NMCB 40 work on barrier project with Army in Afghanistan



KANDALAY, Afghanistan - Seabees assigned to Naval Mobile Construction Battalions (NMCB) 40 and 18 and Soldiers assigned to the 101st Airborne Division complete a Hesco barrier at Combat Outpost Kandalay in Southern Afghanistan. The 101st Airborne Division is occupying the combat outpost. (U.S. Navy photo by Chief Mass Communication Specialist Leif HerrGesell/Released)

## Continuing Promise Seabee team builds success in Panama

**By NMCB 7 Public Affairs**

CHIRIQUI GRAND, Panama Seabees embarked aboard USS Iwo Jima (LHD 7) improved the quality of life for Panamanian citizens by adding upgrades to a school and medical clinic in Chiriqui Grand, Panama, Oct. 3, as part of Continuing Promise 2010.

Naval Mobile Construction Battalion (NMCB) 7 and Construction Battalion Maintenance Unit 202 (CBMU 202) Seabees added window screens, 290 feet of fencing, 70 feet of sidewalk, and playground equipment to the Silico Creek School.

Seabees also added an ambulance carport, medical storage space, and a septic system to the Silico Creek Clinic.

Lt. j.g. Kelly Stevens, officer in charge of the Seabees participating in Continuing Promise, emphasized the importance of construction projects in regards to the success of the mission.

Seabees hope to build a strong relationship with Panama by constructing quality products to improve the daily lives of



See PANAMA page 17

# Buzz on the Street



By E02(SCW)  
Elizabeth Jacavone

## What were you for Halloween . . . why?



*"I went as Jack from Nightmare Before Christmas and my wife was Sally because we are getting those tattoos."*

**BU3 Mathew Richardson**  
NMCB 74  
Hometown: Lincolnton, N.C.



*"Pippy Longstocking, because I have red hair."*

**SW3 Monica Berkey**  
20TH SRG  
Hometown: Danville, Pa.



*"Frankenstein, because he's cool."*

**UT1 Gene Bumbalough**  
20TH SRG  
Hometown: St. Helen, Mich.

**NCBC Public Safety Info . . .** Did you know that the Department of Public Safety uses the NCBC website to keep you advised of the most current Navy wide and Installation based security concerns? For a better understanding of Warning Indicators involving Violence in the Work Place, go to <https://www.cnbc.navy.mil/Gulfport/index.htm> and visit the Department of Public Safety's programs which were developed by the Security Division for your informational needs. Under the link for Crime Prevention you will find Disgruntled Employee and Domestic Terrorist Warning Indicators. Additionally, the Anti-Terrorist and Force Protection link provides detailed information involving Warning Indicators for Insider Domestic Terrorism. The Public Safety page also provides a wide range of emergency telephone numbers, as well as other valuable information posted with your safety in mind.

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# Great turnout makes Mississippi Coast's 32nd Annual Salute to the Military a Night to Remember



Clockwise: Marine Corps Gen. James Cartwright, Vice Chairman, Joint Chiefs of Staff, guest speaker at Mississippi Gulf Coast's 32nd Annual Salute to the Military, congratulates Aviation Electronics Technician 1st Class Darius Hawk Sayers, on receiving the Thomas V. Fredian Community Service Award. Sayers, an advanced calibration technical instructor for the Naval Aviation Technical Training Unit at Keesler Air Force Base, was nominated along with five other service members for the prestigious award.

A Soldier looks over one of the historical displays in the foyer of the Mississippi Coast Convention Center at the Salute to the Military held Oct. 26. The annual event, sponsored by the Mississippi Gulf Coast Chamber of Commerce, recognizes the significant contributions active, Reserve and retired service members from all branches of service make to the community. A special tribute is always made in honor of all Prisoner of War and MIA service members as well.

A crowd of more than 1,000 area citizens and military service members listen during the program at the 32nd Annual Salute to the Military. The keynote speaker at the festivities was Marine Corps Gen. James Cartwright, Vice Chairman, Joint Chiefs of Staff. Music was provided by the band of the U.S. Air Force Reserve. Guests at the Salute also included 10 residents who just moved into the new Armed Forces Retirement Home in Gulfport.

(U.S. Navy photos by Mass Communication Specialist 1st Class Demetrius Kennon/Released)

**Military eat free at Applebee's Veteran's Day, Nov. 11 . . .** Military veterans and active-duty Service Members will be able to eat free at any Applebee's across the U.S. on Veteran's Day, Nov. 11. There will be six entrées available from the menu. Guests will be asked to show one or more of the following as proof of service: a U.S. Uniform Services Identification Card, U.S. Uniform Services Retired Identification Card, Current Leave and Earnings Statement, Veterans Organization Card, a photograph in uniform, or wearing a uniform in person. For more information about Veterans Day at Applebee's, visit the Applebee's website <http://www.applebees.com/vetsDay/default.aspx>



Vice Adm. Adam M. Robinson Jr., Surgeon General of the Navy and Marine Corps and Chief of the Navy Bureau of Medicine and Surgery, speaks with Naval Construction Battalion Center (NCBC), Naval Health Branch Clinic's leadership as part of a Gulf Coast regional tour of various Navy medical facilities. The Surgeon General is on a fact-finding tour gathering feedback about local Navy medicine issues and its support to force readiness; Navy medicine humanitarian missions, deployments and mobilization/demobilization by NCBC commands; and wounded warrior care. (U.S. Navy photo by Mass Communication Specialist 1st Class Demetrius Kennon/Released)

From SURGEON GEN page 1

bilization Processing Site (NMPS) Gulfport which is one of four mobilization sites in the United States that prepares Sailors for deployment. Naval Hospital Pensacola has stationed more than 80 medical staff to provide pre and post deployment healthcare to deploying Sailors at the local NMPS processing between 5,000 and 6,000 individuals annually.

"The role of Navy Medicine is to support the warfighter by providing expeditionary medical care to our forces worldwide while simultaneously assuring our deployed Sailors and Marines that their families back home will be well cared for in their absence," said Robinson.

Navy Medicine also plays a large role in providing individual augmentees to support all military services in Afghanistan, Iraq, and other areas around the world in support of ongoing or emergent operations.

Naval Hospital Pensacola – and its 10 branch clinics, including Gulfport – have de-

ployed nearly 1,700 personnel over the past seven years; and on any given day, the command has 10 percent of its staff serving in such locales as Afghanistan, Iraq, Kuwait, Sierra Leone, the Horn of Africa, and Guantanamo Bay, Cuba.

While in Gulfport, Robinson also discussed plans under development for a new 57,000 square foot medical facility that will be a replacement for the existing clinic and consolidate all existing base medical care into one new state-of-the-art facility while also adding some new capabilities such as a sports medicine center.

"This upgraded facility will be very appreciated here by the Gulfport community," said Lt Cmdr. Cristi Peck, officer in charge of the clinic. "It will nearly double the size of the current clinic and centralize all care under one roof allowing us to bolster efficiency and provide more services to our beneficiaries."

The design phase for the new \$27 million medical facility will start in November 2010, with construction expected to begin in 2013.

Flu Season is here . . . have you been vaccinated?

## Environmentally Speaking . . .

### Tips to promote an earth-friendly world

Provided by CBC Environmental

An excuse sometimes used for not recycling is that "it's too complicated" or "too messy." Here are a few practical suggestions from the Harrison County, Miss. Utility Authority on recycling to help clarify the process:

#### Curbside Recycling

All collection units covered by the Authority's contract are also provided with a Curbside Recycling Program. This program provides each collection unit with an 18-gallon container from which recycling materials are collected and sorted at the curb one day per week.

#### What to Recycle:

Newspapers, magazines, glass bottles and jars, metal (steel and aluminum) cans, and plastic drink containers.

#### How to Recycle:

Simply place any of the above mentioned materials in the recycling bin on the appointed day, and place the bin out where your garbage is normally picked up.

It is not necessary to remove labels from metal, glass, plastic jugs, cans and / or jars. Citizens are asked to try to do their best to keep newspaper and magazines dry. If it is raining or looks like rain, keep these items until the next scheduled pickup day.

Other recycle items not included in the curbside program will be addressed later.

#### Waste Reduction

Another way to reduce the volume and toxicity of the waste going to our landfills is to take measures to decrease the amount of waste we generate. Here are few suggestions:

Look for products utilizing "Least Wasteful" packaging.

Avoid using disposable versions of razors, pens, lighters, batteries, diapers, etc., when-

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## Some Sailors to receive one-time, targeted NWU allowance

By Chief of Naval Personnel Public Affairs

In an Oct. 29 message, the Navy announced a targeted, one-time Clothing Replacement Allowance (CRA) for approximately 45,000 Sailors who did not receive the required amount of Navy Working Uniforms (NWU) or annual allowances.

According to NAVADMIN 358/10, active component, Full Time Support and National Call to Service Sailors who entered recruit training between Oct. 1, 2007 and Sept. 30, 2008 will receive a one-time CRA of \$368.19. Affected Sailors who entered recruit training between Oct. 1, 2008 and April 26, 2009 will receive a one-time CRA of \$524.35. Payments will begin as early as Nov. 15, 2010 and will meet leadership's intent to ensure no out-of-pocket expenses are used to meet uniform requirements.

The Navy recognized that selected active component, Full Time Support and National Call to Service Sailors who entered recruit training between Oct. 1, 2007 and April 26, 2009 were not issued NWU components due to a delay in uniform production. Additionally, these Sailors did not receive sufficient allowances to compensate for these changes.

These one-time targeted payments are designed to correct this shortfall and ensure all Sailors have the means to purchase the required uniforms or reimburse those who may have already purchased the NWU.

"Navy leadership's goal has always been to ensure our

## Vice CNO Greenert greets FFSC staff



Vice Chief of Naval Operations (VCNO) Adm. Jonathan W. Greenert greets counselors, ombudsmen and spouses at Naval Construction Battalion Center (NCBC) Gulfport's Fleet and Family Support Center during a roundtable discussion Oct. 20. The group discussed current family readiness issues and programs available to Sailors and their families. (U.S. Navy photo by Equipment Operator 2nd Class Elizabeth Jacavone/Released)

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## FEHB Open Season Dates for 2010 announced by OPM . . .

The Office of Personnel Management (OPM) has announced the dates for the 2010 Federal Benefits (FEHB) Open Season: Nov. 8 through Dec. 13. During the annual Open Season, employees can take the actions listed below for the Federal Flexible Spending Account Program (FSAFEDS), Federal Employees Dental and Vision Insurance Program (FEDVIP), and the Federal Employees Health Benefits Program (FEHB).

1. Enroll in a flexible spending account -- a health care and/or dependent care account, under the FSAFEDS Program. Unlike with other programs, employees MUST reenroll in FSAFEDS each year to participate. Enrollments DO NOT carry over year to year.
2. Enroll in, change, or cancel an existing enrollment in a dental plan under the FEDVIP Program.
3. Enroll in, change, or cancel an existing enrollment in a vision plan under the FEDVIP Program.
4. Enroll in, change, or cancel an existing enrollment in a health plan under the FEHB Program.

## Navy Seabee Veterans of America Island X-1 Gulfport



Navy Seabee Veterans of America Island X-1 Gulfport are seeking Active Duty, Reserve, Retired or Seabees who left the military after a short period of time. Island X-1 Gulfport meets the second Thursday of each month at

Anchors & Eagles at 7 p.m.

For more information contact Joe Scott (Secretary) at 228-669-8335 or [elevenoaks58@caleone.net](mailto:elevenoaks58@caleone.net) or log onto [WWW.NSVA.ORG](http://WWW.NSVA.ORG) for an application.

# Ad Space

# Ad Space

# Upgrades to CESE allow NCTC training to stay on track

By CM2 (SCW) Kristopher Waite  
NCTC Public Affairs

Naval Construction Training Center (NCTC) Gulfport has recently started upgrading the Civil Engineer Support Equipment (CESE) used to train troops from local battalions and Reserve units. The long-running complaint has been that NCTC and other training sites train the troops on outdated CESE that the troops never see when they deploy overseas.

NCTC has taken a step forward and has started obtaining the actual equipment that Seabees will see at their deployment sites.

The Transportation division at the school command is but a small handful of people here on Naval Construction Battalion Center (NCBC) Gulfport, but they have been able to make things happen that where once thought impossible.

The staff consists of Equipment Maintenance Manager, Dan Huffman, two contract mechanics, Jesse Hardee and Dale Unger, and five military personnel. Equipment Operator 1st Class Jonathan Fulton is the leading petty officer and sole equipment operator for the shop. Construction Mechanic

2nd Class Donald Williams is the cost control clerk, and Construction Mechanic 2nd Class Kristopher Waite is the dispatcher. Construction Mechanic 3rd Class Paul Case and Construction Mechanic 3rd Class Robert Connell, both recent additions to the team, work as mechanics and equipment operators as the mission dictates.

Several years ago, around the time Hurricane Katrina hit the Coast, the average age of the equipment here at NCTC was 18-25 years old, and the average condition was, at best serviceable - needing many costly repairs.

Shortly after Katrina, the Transportation division had a huge change in manning as the Seabee Veteran course was not taught after Fiscal Year 2008. One construction mechanic and one equipment operator ran Transportation for about a year with 130+ pieces of CESE. Fiscal Year 2009 brought an extra construction mechanic and equipment operator.

Huffman and the two contract workers were hired to help maintain the CESE and bring NCTC Transportation up to

date. To date, the department has sent more than 35 pieces of equipment to the Defense Reutilization Material Office (DRMO). The office has also replaced more than 10 pieces of CESE for updated equipment.

The average age of the equipment at NCTC is now around 10 years old with some being less than 2 years old. The average condition has drastically improved to serviceable, not needing any repairs. The current CESE inventory at NCTC is now 128 units. One of the biggest improvements has been the availability of the equipment on hand. The average availability three years ago was 50 percent, now NCTC is at 90 percent or better every month.

NCTC has gone through many changes in the past five years since Hurricane Katrina and has seen many students train to fight the Global War on Terrorism. Currently NCTC has several new pieces of equipment that help the war fighter be better trained for deployment to parts unknown. Most recent and notable are the Caterpillar 120M Motor Graders that are replacing the 1980's vintage Champion 710A Motor Graders. There is also a new simulator to help students become acquainted with the absence of a steering wheel and several control levers and to learn to depend on the two multi functioning joy sticks for operation. The Cat 120 and several other pieces of NCTC equipment are being used by Center for Security Forces Learning Site Gulfport on a range project.

While the GWOT continues into the foreseeable future, the Seabee mission continues always. NCTC continues to lead from the front and train troops to go into places that their skills are needed, most by giving students the training they need to be successful on deployment and remain productive to meet the future mission of the Navy.



Seabees from Naval Mobile Construction Battalion (NMCB) 133 and the 20th Seabee Readiness Group (SRG) load an up-armored bulldozer into a C5 Galaxy in Gulfport, Miss. The bulldozer will be delivered to the Central Command's area-of-operation. (U.S. Navy photo by Chief Mass Communication Specialist Ryan Delcore/Released)

## NMCB 133 Embark goes globe-hopping

By Ensign Jeremiah Hall  
NMCB 133 Public Affairs

Naval Mobile Construction Battalion (NMCB) 133's Embark Team carefully orchestrates each flight, every convoy, the movement of every piece of gear and the transport every person in order to ensure the Battalion has the resources it needs to successfully complete its many missions.

The Embark team must ensure the coordination between the Seabee's and the supporting Air movement or ground movement commands. Embark will develop and publish all timelines and facilitate our gear and troops getting to the step-off point of the flight or convoy. The key piece in this evolution is to develop clear lines of communication with the supporting adjacent commands. The constant shifting of movement timelines in a combat environment requires clear constant communication to be successful.

The NMCB 133 embark team arranged and tracked a total of 206 intra-theater air movements, 84 convoy movements, and four sea movements during the course of the Battalion's 2010 Afghanistan deployment to Central Command's area-of-operation. They planned and executed the deployment and redeployment of 620 Expeditionary Seabees to Main body and Detail site across the CENTCOM area-of-operation. They also tracked and received the shipment of \$55 million worth of gear and equipment.

Over 600 Seabees were flown to Camp Moreell, Kuwait from Gulfport. In March, the Battalion was just catching its breath from the long flight to Kuwait when personnel began the movement via military airlift from Camp Moreell, Kuwait into the NATO Airfields at Bagram and Kandahar, Afghanistan. All personnel arrived in-country by March 13, and the Battalion was off and running!

The Embark team hit the streets of Kandahar Airfield, Afghanistan to meet the people that run the main base movements. They soon met the key points of contact and started developing the lines of communication that would make them successful in the movement

See GLOBE page 21

November 4, 2010

Seabee Courier



Upgraded Civil Engineer Support Equipment (CESE) such as this grader, allow Naval Construction Training Center (NCTC) to continue its pattern of excellent training to active and Reserve military personnel. (Official U.S. Navy photo/Released)

# FOCUS EDUCATION

## Rewarding experience



Students from the Gulfport Central Middle School "Your Attendance and Good Conduct Result in High Achievement and Terrific Attitude" (YACHT) club, sit back and enjoy a movie at the Training Hall on board NCBC, Oct 25. The middle school is adopted through the Adopt a School program by Naval Mobile Construction Battalion (NMCB) 133. (U.S. Navy photo by Equipment Operator Mikayla Mondragon/Released)

## Living the 'new' normal: Helping children thrive through challenging times

**By Kevin Byrd**  
NCBC School Liaison Officer

A two-day conference, "Living in the New Normal" (LINN), was conducted Oct. 26 - 27 at Mississippi Gulf Coast Community College by Trainers from the Military Child Education Coalition.

LINN encourages families to ensure their children have the tools to weather life's storms, fosters homefront efforts to support military children, and provides educators and other concerned adults with information to help them support children during times of

uncertainty, trauma, and grief. LINN's efforts are predicated on the belief that children are courageous and resilient and that these skills can be strengthened through deliberate encouragement by the adults in their lives.

Over one million military-connected children in the USA have been separated from mom or dad because of deployment.

Because of this fact, every one has a role in supporting military-connected children, and this conference covered key topics that could make a huge difference in the life a child.

## Military families are focus of TTI II training

**By Kevin Byrd**  
School Liaison Officer

Military Child Education Coalition Trainers conducted the Transitional Counselor Institute Phase II training at the Beachfront Marriot Hotel Oct. 5 - 6 in Gulfport. The Navy funded, two-day conference was attended by 35 professionals including school counselors, teachers, behavioral specialist, military family life consultants, FOCUS Project counselors, Fleet and Family Service Center and Child Youth Program personnel.

The intent of this institute is to have specifically trained transition counselors and other participants who are well versed in strategies and resources designed to appropriately address issues faced by mobile military students and their families. The TCI curriculum, content, process, and delivery are correlated with the National Staff Development Council's Standards and the National Standards for School Counseling Program.

TCI II training addresses mobility, deployment, separation, school support, resiliency, family support systems, military culture, impacts of transition, and sharing of



School counselors, teachers, behavioral specialists and other educational professionals discuss topics of relevance to mobile military students and their families at the Transitional Counselor Institute Phase II training held in Gulfport Oct. 5 - 6. (U.S. Navy photo/Released)

best practices.

Capt. Lou Cariello, accompanied by his wife Vickie, was the guest speaker on the first day of the training.

NCBC School Liaison Officer is located at Building 352, and may be contacted at (228) 871-2117 or kevin.r.byrd@navy.mil

**DOWNTOWN BILOXI, MISSISSIPPI**  
**Veterans Day Parade 2010**  
SATURDAY, NOVEMBER 13<sup>TH</sup>  
11:00 AM

**HONORING ALL WHO SERVED**  
A SPECIAL TRIBUTE TO ALL THE MEN AND WOMEN WHO SERVED IN THE UNITED STATES ARMED FORCES AND ALL THE SUPPORTING UNITS DURING OPERATION ENDURING FREEDOM AND OPERATION IRAQI FREEDOM

**PARADE ROUTE:**  
Beginning at Bayview/Callave Street, then Esters Boulevard to Lameuse Street and Ending at Biloxi Town Green

**Grand Marshal**  
**FRED HAISE**  
NASA Apollo 13 Lunar Module

**NASA & Sennis Space Center**  
Keesler AFB Marching Units  
NCBC Gulfport Marching Units  
Junior ROTC Marching Units  
Mississippi School Bands  
Antique Military Vehicles  
Motorcycles Riders  
Aircraft Fly-Over  
Displays and More!

**JOIN US IN THIS CELEBRATION TO VETERANS**  
FOR A MAP OR MORE INFORMATION, VISIT OUR WEBSITE [www.mvsveteransparade.com](http://www.mvsveteransparade.com)  
Compliments of Knight Abbey Printing and Direct Mail



Utilitiesman 2nd Class Darrell Caraddock (left) and Senior Chief Utilitiesman Joe Dunka, both assigned to Naval Mobile Construction Battalion (NMCB) 74 Bravo Company, troubleshoot a boiler for a shower tent during the battalion's Field Training Exercise (FTX). NMCB 74 is currently in the field at Camp Shelby, Miss. conducting their FTX before deploying later this year. (U.S. Navy photo by Mass Communication Specialist 1st Class Ryan G. Wilber/Released)

## Shower, hot meal always a hit on FTX

By MC1 Ryan G. Wilber  
NMCB 74 Public Affairs

Every Seabee has a story to tell about how many days they have gone without a shower, worn the same uniform or had a hot meal while on a Field Training Exercise (FTX), but the "Fearless" of Naval Mobile Construction Battalion (NMCB) 74 will break no records this year. On Oct. 16, after eight days in the field, the shower tent was up and running and the galley served hot meals.

A single Seabee or even company could not offer the boost in morale or refreshed spirit that a FTX shower inevitably brings about. Assistance was given from nearly every company in the battalion to make this amenity available to the troops. The project took just less than two days to complete.

"We need electricians, builders, utilitiesmen, equip-

ment operators and manual labor to dig," said Utilitiesman 2nd Class Darrell Craddock. "We actually had a pretty good time putting in the floor. Everybody was happy getting the showers ready and everything. Getting showers up is a real morale booster."

The set-up of a shower tent with a leach field is one of many graded projects constructed during a FTX. It does not, however, always stay up for use after the grading is finished.

"The chain of command was very supportive about getting troops through the shower to enjoy it as much as we can before we have to take it down in case we have to move, which is a typical FTX scenario," said Senior Chief Utilitiesman Joe Dunka.

For sanitation reasons the galley is unable to serve hot meals unless there is a shower avail-

See **SHOWER** page 21

# NMCB 74 - always ready to roll

By MC2 Michael Lindsey  
NMCB 74 Public Affairs

On Oct. 1, the Seabees of Naval Mobile Construction Battalion (NMCB) 74 successfully completed their Mount Out exercise at Naval Construction Battalion Center (NCBC) Gulfport. The exercise officially kicked off the battalion's Field Training Exercise (FTX) which takes place at Camp Shelby, Miss.

A "mount out" is the process of preparing Civil Engineer Support Equipment (CESE) for transport by sea and air. An NMCB must be able to mobilize an air detachment of at least 89 personnel and their CESE within 48 hours after the order is given.

Normally 34 or more pieces of CESE, including bulldozers, graders, rollers, forklifts and Medium Tactical Vehicle Replacement vehicles, which can range anywhere from 2,300 to 50,000 pounds accompanies an air detachment. The detachment's mission dictates which vehicles and equipment the officer-in-charge will choose to take.

"Every battalion has to maintain an air detachment ready to deploy anywhere, anytime when it's needed, especially during times of crisis, calamities and wars. Whether they are in Gulfport, Rota, or even Afghanistan, they could be tasked to go anywhere in the world," said Ensign Majellan Quezon, NMCB 74 embark officer.

As the battalion's embark officer, Quezon is in charge of all troop and CESE movement that takes place.

"This exercise is geared for



Utilitiesman Constructionman Apprentice Victor Carr cleans a High Mobility Multipurpose Wheeled Vehicle with a pressure washer at the wash rack onboard Naval Construction Battalion Center, Gulfport during a Mount-Out Exercise. The exercise was designed to assess the battalion's ability to execute a 48-hour mount-out via simulated tactical air and sea lift. (U.S. Navy photo by Mass Communication Specialist 2nd Class Michael Lindsey/Released)

moving personnel and their necessary equipment, tools, and supplies from point "A" to point "B." This is a required skill set that every battalion should have," said Quezon.

During a mount out evolution, vehicles are requested through the dispatch office where they are issued and sent to collateral and equipped with the required gear. They are then either fueled or defueled, washed, inspected, repaired if necessary, weighed, marked for balance and staged for transport by either air or sea.

The entire operation is supervised and coordinated from the Mount Out Control Center (MOCC). From the MOCC communications are maintained with each station and the status of each piece of CESE is tracked from start to

finish.

"The idea is to get everything ready within 48 hours," said Yeoman Seaman Anthony Brown, a MOCC board stander. "The vehicle status board gives the leadership a visual so they know everything is going according to plan."

In true "Fearless" fashion, according to Chief Equipment Operator Robert Shaw, NMCB 74 blew the exercise out of the water. The CESE was scheduled to be conveyed from NCBC, Gulfport to Camp Shelby for use during FTX.

"The leadership was very engaged and the efforts of the all the companies working together was phenomenal," said Quezon. "Without everyone's full support and cooperation we would have not have been as successful."

### Installation Antiterrorism Note . . .

All personnel should be alert and inquisitive about strangers, especially those seen loitering, taking photographs or notes near the installation's perimeter or gate areas. Be suspicious of items that don't belong in the area and be alert for abandoned parcels. All suspicious activity should be reported immediately to Security at (228) 871-2361.



**Anchor and Eagles**

Anchor and Eagles, located in Building 303, is open Tuesday-Thursday from 2 p.m.-9 p.m. and is a full service bar with a covered patio area for your enjoyment. The rental fee is only \$25/hour so call today to book your Christmas Party here. 228-424-6892

**Beehive Lounge**

Free Wifi! The Beehive has the atmosphere and the friendliest bartenders on the coast to serve you up a great time. With low prices and within walking distance to everywhere on base, the Beehive is the place for you and your buds.

**Liberty Center**

This November join Liberty for various events without having to leave the base!

Come in and compete in some of our tournaments such as Pool Nov. 2, Ping Pong Nov. 9, Texas Hold em' Poker Nov. 17. All Tournaments are free to play and begin at 6 p.m. Prizes for 1<sup>st</sup> and 2<sup>nd</sup> place!

Liberty will hold a FREE Financial Workshop on Lending Basics presented by Navy Federal Nov. 8 at 6 p.m. (The Navy nor any other part of the federal government officially endorses any company, sponsor, or their products or services.)

Come play paintball on base with Liberty Nov. 10 at 5:30 p.m. for only \$5 which includes all of

your gear, two hours of play and 500 paintballs!

Help out the community and volunteer Nov.11 by going to the Armed Forces Retirement Home for Veteran's Day at 5:30 p.m. If you can't make that, don't worry because you will have another opportunity. Help build houses Nov. 13 with Habitat for Humanity at 8 a.m. You will earn a Letter of Appreciation for any volunteer work you complete on a Liberty trip.

Liberty will be hosting a Quit Tobacco Carnival Nov. 18 at 10:45 a.m. Come win prizes while learning how to kick that tobacco habit!

**Outdoor Recreation**

Are you looking for something fun and different for you, your family, and friends to all do together? Stop by Outdoor Recreation, building 456, to pick up a calendar full of amazing events planned for November. On Nov. 4 check out "Tops In Blue" at the Miss. Coast Coliseum. This dance and comedy show performed by the Air Force's best is FREE. On Friday night, Nov. 5, the famous hypnotist Anthony Cools will be performing at the Beau Rivage and tickets are just \$20. Or check out the local flare Nov. 7 as we travel to the Audubon Zoo in New Orleans for Swamp Fest. Swamp Fest celebrates Louisiana Cajun culture and heritage through education and entertainment. This

family-oriented festival gives visitors insights into the Cajun way of life through cultural demonstrations, music, food and crafts.

Sunday, Nov. 7 is the Family Fun Day at Ohr O'Keefe Museum with free admission. Contact Outdoor Rec at 228-871-2127 for more information.

Outdoor Recreation offers a long list of outdoor recreation equipment for rent at modest per-day rates. This is your one-stop rental facility for all your recreation needs. Call or come on down and check out our value pricing.

New inflatable bounce houses are available for rent, including water slides, dry slides, obstacle courses, themed bouncers, as well as combination units. Call to begin reserving some bouncing fun today. Delivery, set up and pick up will be included in the price with the larger units and will be available for the smaller units for a small fee. Call 228-871-2127 for more info.

**Fitness Center**

Check out "Boot Camp" held every Tuesday and Thursday at noon. All other lunchtime Group Fitness Classes will now be held at noon.

Fitness Incentive Program is a program to reward Active Duty members for pursuing and maintaining a lifestyle dedicated to fitness, health and wellness as well as positively promoting troop readiness. If you have any questions please contact the Fitness Center at 228-871-2668.

Spin off the pounds before you eat in mounds! This two-hour Thanksgiving cycling spin off will take place Thanksgiving morning (Nov. 25), 7 - 9 a.m. There will only be 30 bikes available so sign up early. Patrons will have the option of participating in both hours, or just one. Drawings will be held every 30 minutes and refreshments will be served. For additional information please contact Joan Hudson at joan.hudson@navy.mil or Josanne Paden at 228-871-2668.

**Information, Tickets, and Tours**

New Hours of Operation: Now open Monday-Saturday from 9 a.m. - 5:30 p.m. Tickets can be purchased at the Miss. Coast Coliseum box office for this year's Christmas City Christmas Gift Show. \$7 Adults 1-day Pass, \$10 Adults 2-day Pass, Children 16 and under

**November Movie Schedule**

Training Hall Theater, Movie Hotline 228-871-3299

- Nov. 4 - Charlie St. Cloud, PG-6 p.m.
- Nov. 5 - Dinner for Schmucks, PG13-6 p.m.
- Nov. 6 - Despicable Me, PG-12 p.m.; Cats & Dogs: Revenge Kitty Galore, PG-3 p.m.; Salt, PG13-6 p.m.
- Nov. 7 - Ramona and Beezus, G-12 p.m.; The Sorcerer's Apprentice, PG-3 p.m.; The Other Guys, PG13-6 p.m.
- Nov. 8 - No movies will be shown-Reserved
- Nov. 9 - The Sorcerer's Apprentice, PG-6 p.m.
- Nov. 10 - Vampires Suck, PG13-6 p.m.
- Nov. 11 - Despicable Me, PG-12 p.m.; The Sorcerer's Apprentice, PG-3 p.m.; Eat Pray Love, PG13-6 p.m.
- Nov.12 - Despicable Me, PG-6 p.m.
- Nov. 13 - Disney's A Christmas Carol, PG-12 p.m.; Ramona and Beezus, G-3 p.m.; Charlie St. Cloud, PG-6 p.m.
- Nov. 14 - Cats and Dogs: Revenge Kitty Galore, PG-12 p.m.; Salt, PG13-3 p.m.; Cyrus, R-6 p.m.
- Nov. 15 - Despicable Me, PG-6 p.m.
- Nov. 16 - The Other Guys, PG13-6 p.m.
- Nov. 17 - Dinner for Smucks, PG13-6 p.m.
- Nov. 18 - Cats and Dogs: Revenge Kitty Galore, PG-6 p.m.

admitted for FREE. Free parking both days.

Tickets for Breakfast with Santa are available for purchase in advance at the Miss. Coast Coliseum Box Office during regular box office hours. Tickets are \$20 and include: Two Adult admission tickets to Christmas City Gift Show, one Child's breakfast box, a Christmas Craft, a candy cane, a color sheet and crayons, and one photo with Santa.

Toby Mac and Skillet Concert - Buy your tickets today for this Nov. 21 show. Doors open at 6 p.m. and the concert starts at 7 p.m. Tickets range in price from \$30-\$85.

WWE Raw Live-Dec.12 at 5 p.m. Doors open at 4 p.m. Tickets range in price from \$23-\$70.

Just arrived...Miss. Surge Hockey Tickets! ITT has Blue Level Seating available at ITT for only \$12. This is a great deal so hurry while they last.

Shop til you drop holiday extravaganza! We will be offering two separate holiday shopping trips in the month of November. The first trip will be Nov. 20 to Turtle Creek Mall in Hattiesburg. The second trip will be Nov. 27 to Lakeside Mall in Metairie, La. This is a great way to get all of your Christmas shopping done without the hassle of being stuck in holi-

day traffic. The cost for this trip is \$10 per person, so sign up today because space is limited.

Walt Disney World Resort Special - Now through Oct. 2011; Active Duty and Retired Military can receive up to 40 percent off on selected Walt Disney World Resort Standard Rooms. The number of rooms available at these rates are limited. Additional per adult charges apply if there are more than two adults per room. No group rates or other discounts apply. Active and retired military personnel must present valid identification at time of check-in. Advance reservations required.

**Auto Hobby Shop**

The Holidays are upon us so stop by during the hours of noon - 4 p.m. Tuesday through Saturday and let us check your brakes before you travel.

**MWR Resale Lot**

Have a vehicle, motorcycle, RV, boat, or Utility Trailer that you want to sell? Well then, put it in the Resale Lot located on 5<sup>th</sup> Street. The cost is \$5/week or \$15/month.

**Seabee Recreation Park**

The Seabee Rec Park area has many things to offer for your outdoor enjoyment such as dog park, walking trail, paintball field, basketball court, volleyball court, and more. Contact ODR at 228-871-21217 for more information today.

**Captain's Cup Standings**

**Basketball**

Team	W	L	PCT	PF	PA
Galley	13	2	.867	676	558
Medical	13	4	.765	915	798
CBC	13	5	.722	982	744
20th	12	5	.706	687	624
NMCB 1 "A"	9	6	.600	760	737
Air Force	6	9	.400	450	483
Army	5	10	.333	551	812
NMCB 74	5	11	.312	503	549
NOSC	4	12	.200	605	696
NMCB 1 "B"	0	15	.000	284	412



## NCBC FRAMES...

**BUILDER 2ND CLASS  
JOEL BISHOP  
20TH SRG**

**FF: WHAT SINGLE EXPERIENCE DURING YOUR CAREER STANDS OUT THE MOST, AND WHY?**  
**BU2: BEING A PART OF NMCB 133'S TACTICAL MOVEMENT TEAM IN IRAQ. I WORKED WITH A GREAT GROUP OF GUYS. IT WAS AN AWESOME DEPLOYMENT AND GREAT EXPERIENCE.**

**FF: WHAT HAS BEEN YOUR BIGGEST MOTIVATION THROUGHOUT YOUR CAREER.**  
**BU2: DOING WHAT'S RIGHT SO I CAN BE A POSITIVE ROLE MODEL FOR MY SON.**

**FF: WHAT ADVICE WOULD YOU GIVE TO FUTURE SEABEES/SAILORS?**  
**BU2: TAKE ADVANTAGE OF THE EDUCATION OP-**



**OFFERS EARLY IN YOUR CAREER.**

**FF: WHAT IS YOUR FAVORITE PART ABOUT BEING/WORKING WITH THE SEABEES, AND WHY?**

**BU2: THE SENSE OF CAMARADERIE YOU GET FROM BEING A BEE.**

**FF: WHO WAS YOUR MOST INFLUENTIAL MENTOR DURING YOUR CAREER, AND WHY?**

**BU2: BUCS WILLIAMS. HE HELPED ME A LOT MY FIRST FEW YEARS IN THE NAVY. I WOULDN'T BE WHERE I AM TODAY IF IT WASN'T FOR HIS ADVICE AND GUIDANCE.**

those who are less fortunate, and we judge mission success by the lives we impact long after we depart," said Kelly. "Through our 'Can Do' spirit we will undoubtedly win the hearts and minds of the lives we touch here in Panama."

Chief Steelworker Leslie Morgan, assigned to NMCB 7, enjoyed the opportunity to help people, even if it only meant giving them basic amenities such as plumbing.

"Most of the deployments I've been on have been on a base, but this mission I've been able to get out and meet people, and you find how nice people are," said Morgan. "It's a good experience for the Seabees."

The improvements made by Seabees at the Silico Creek Clinic greatly increased the capability of the facility which provides care to 3,000 individuals. The construction at Silico Creek School increased the safety and sanitation of the facility for the children attending the school.

Equipment Operator Constructionman John Hinds, also assigned to NMCB 7, said he appreciated the opportunity to help the Panamanian people.

"Being able to provide people with things like this makes me feel like we're helping these people progress their education and I like knowing I was part of that," said Hinds. "When people think of the military, they think of big guns and trucks, but we're here building stuff like schools."

Continuing Promise 2010 is a humanitarian civic assistance (HCA) mission. The assigned medical and engineering staff embarked aboard Iwo Jima work with partner nation teams to provide medical, dental, veterinary, and engineering assistance to eight different nations to improve mutual understanding of current medical issues.

## From PROMOTE page 10

ever possible.

Buy concentrates, family sizes, bulk items and returnable containers to reduce packaging waste.

Buy products made from recycled materials and products made from glass, metal and aluminum, as these products can be readily recycled.

Repair durable products rather than replace them.

Donate usable products to charities instead of discarding them.

### Yard Waste

Yard waste (leaves, small limbs and cuttings) can be placed out for pick up as regular trash/rubbish.

As an alternative, the Authority encourages residents to use backyard composite. If such a program seems too large and undertaking, consider placing leaves in flower beds and below shrubs to act as a natural ground cover and soil enhancer.

### Motor Oil

Used motor oil disposed of improperly can be very hazardous to the environment, but proper recycling can protect the environment as well as save energy.

Never pour used oil on the ground or in a storm drain, river, lake or stream. Save your motor oil in a leak-proof container. Do not mix

motor oil with anything else. Look for local outlets which will take your used oil and recycle it. Some Wal-Mart stores will take used oil.

### Waste Tire Program

The Authority operates a waste tire collection program in conjunction with the Mississippi Department of Environmental Quality. Residents and non-tire related businesses can drop off up to ten tires for proper processing and disposal at no charge.

The drop off center is located at the Harrison County Work Center on Loraine Road and is open Monday through Friday, 7 a.m. to 3 p.m.

More information on the Har-

ison County recycling program as well as environmental topics can be found at the Harrison County Utility Authorization web page, <http://www.hcua-ms.us/recycle.html>



# Skipper Cariello visits Combat Camera Atlantic



Commander, Naval Construction Battalion Center (NCBC)/20th Seabee Readiness Group (SRG) Capt. Louis V. Cariello shakes hands with Mass Communication Specialist 1st Class (EXW/DV/SW/AW) Jayme Pastoric during a visit to Expeditionary Combat Camera Atlantic to meet the Sailors and learn about the command's capabilities. Cariello took command of NCBC/20th SRG on Sept. 10 and was in the tidewater area visiting his subordinate commands. (U.S. Navy photo by Mass Communication Specialist 1st Class (SW) Peter D. Lawlor/Released)

From ALLOWANCE page 11

Sailors receive their full entitlement and no one is financially burdened when meeting seabag requirements," explained Vice Adm. Mark Ferguson, chief of naval personnel. He went on to say, "These targeted payments will correct this oversight and bring our junior Sailors up to the appropriate level of uniform entitlement."

Dec. 31, 2010 remains the Navy Working Uniform's mandatory wear date for the entire Fleet, as the Navy Utility Uniform (dungarees) will no longer be authorized. Following receipt of the targeted CRA, these affected Sailors will not be expected to have a full complement of the NWU in their seabags until Sept. 30, 2011. For the rest of the Fleet not affected by this uniform issue, they are required to have their full complement of NWUs by the original

deadline of Dec. 31, 2010.

Sailors can learn more about these targeted payments through the following means:

- Bupers Online (BOL). Sailors can log on to BOL at <https://www.bol.navy.mil> and run an individual review to determine if they will receive a targeted CRA payment. The query hyperlink is named "Navy Working Uniform One-time Targeted Clothing Replacement Allowance Information."

- NPC Customer Service Center (CSC). The NPC CSC is available by e-mail 24/7 via [cscmailbox@navy.mil](mailto:cscmailbox@navy.mil). Place "Navy Working Uniform One-time Targeted Clothing Replacement Allowance Information" in the subject line, and the e-mail must include name, last 4 digits of your SSN, Unit Identification Code (UIC) and recruit training attendance dates (from DD Form 4/1).

Additionally, the NPC Customer Service Center is available between the hours of 0800 to 2000 EST at 1-866-U-ASK-NPC (866-827-5672). With the same e-mail information, CSC personnel can run an individual review and answer questions specific to the targeted CRA payment.

- LES. Sailors will be notified of payment in the remarks section of their LES. This note and payment will be in addition to any eligible anniversary CRA payments.

Sailors who entered recruit training between the specified dates, but do not have a pending payment reflected in their BOL account, should contact the NPC customer service center. The CSC will verify the Sailors' recruit training commencement date and provide the Sailor with a response at that time.

NPC will then work with the required offices, including the Defense Finance

and Accounting Service (DFAS), to help ensure payment, normally within 30 days.

Exchanges have sales associates available to help with proper sizing and fit, as well as ample supplies of the NWU to meet demand. If a local exchange does not have a particular item, or if a Sailor is not stationed near an exchange, uniform items can be ordered by calling the Uniform Support Center's toll-free number, 1-800-368-4088, or by going to [https://www.navy-nex.com/command/about\\_us/p-uniformsupport.html](https://www.navy-nex.com/command/about_us/p-uniformsupport.html).<BR> a>>

To read NAVADMIN 358/10 visit <http://www.npc.navy.mil/NR/rdonlyres/EBF1785B-6065-42AA-A32D-E5E452737C7D/0/NAV10358.txt><BR> a>> and for more information on Navy uniforms visit <http://www.npc.navy.mil/CommandSupport/USNavyUniforms/><BR> a>>

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# Community Notes

## SUPPORT

### Family Readiness Groups

**NMCB 1 FRG** invites friends and family members to attend FRG meetings the second Monday of every month at the Youth Activity Center, building 335. A potluck dinner is served at 6 p.m., followed by a meeting at 6:30 p.m. Children are welcome and baby sitting is provided during deployment. Contact FRG President Mary Belanger, 228-273-4158, e-mail nmcbonefrg@gmail.com or Secretary Krystin Canipe, 704-726-5751, e-mail nmcbonefrg@gmail.com.

**NMCB 7 FRG** welcomes friends and family members to attend FRG meetings the third Monday of each month at 6 p.m. at the NCBC chapel. Children are welcome and baby sitting is provided for children four and under. For e-mail updates, send an e-mail to nmcb7frg@gmail.com or contact FRG President Deanna Salter at 228-206-0377.

**NMCB 74 FRG** welcomes all friends and family members to join the NMCB 74 FRG. Meetings are the third Monday of every month at 5:30 p.m. at the Naval Reserve Training building #114. Bring a covered dish to take part in a potluck dinner. Contact FRG President Angela Boyd at 832-579-8422 or Vice President Tanieka Roshell at 414-530-4189. To receive updates, log on to the FRG website at <http://www.orgsites.com/ms/nmcb-74-fgr/index.html>.

**NMCB 11 FRG** welcomes all friends and family members to attend FRG meetings the second Tuesday of every month at 6 p.m. in the Seabee Chapel Fellowship Hall. For more information contact FRG President Sarah Edwards, Vice President Robin Coker, Secretary Krysta Thomas or Treasurer Jennifer Babb via email at nmcb11frg@gmail.com. Visit the ombudsman and FRG website at <http://nmcb11.webs.com>.

**NMCB 133 FRG** invites all friends and family members to attend FRG meetings the first Monday of the month at 6 p.m. at the Youth Center. Children are welcome and baby sitting is provided. Please bring a dish to share. For more information contact FRG President Kelli Clarke at 727-504-4408 or e-mail hansonkl54@yahoo.com. To receive updates log on to the FRG website at

<http://www.orgsites.com/ms/nmcb133fsg>

### Naval Officer's Spouse Club

The Gulfport Naval Officers' Spouses' Club is a social organization that has FUN while helping our community. We meet monthly and have special interest groups for almost everyone! Please email noscgulfport@yahoo.com for more information. We hope to see YOU soon!

### NMCRS

The Navy-Marine Corps Relief Society Thrift Shop is located in building 29 on Snead Street. The Thrift Shop is staffed entirely by volunteers, and child care and mileage are reimbursed. Retail hours of operation are Tuesday, Wednesday and Friday, 9 a.m. - 1 p.m. Volunteers are always welcome. Visit the NMCRS offices at the Fleet and Family Support Center, building 30, suite 103 or call 228-871-2610 to find out how to become a part of the NMCRS volunteer team!

**Gamblers Anonymous** The Fleet & Family Support Center offers GA meetings every Thursday at 11 a.m. GA is a fellowship of people who share their experience, strength and hope with each other. All meetings are confidential and facilitated by GA. Come to a meeting or call Jim Soriano at 228-871-3000 for more information.

### TRAINING

**COMPASS** is a team of trained seasoned military spouses mentoring other Navy spouses. Classes are intimate and informative. The three-day course is offered the last week of the month. The course and child care are FREE! Contact Kim at 228-832-5343 to sign up.

**Naval Sea Cadets** - Gulfport branch are recruiting youth ages 11 to 17 for Sea Cadets, a nationwide organization that help youth achieve personal success through nautical training. Meetings are the third Saturday of the month from 8 a.m. until 3 p.m., building 60, room 105. For more information contact Lt.j.g. Bowling at 228-313-9035 or coachcb\_yahoo.com; or AGC Enrique Acosta-Gonzalez at 228-688-5288 or [enrique.acosta@navy.mil](mailto:enrique.acosta@navy.mil).

### SOCIAL

Miss. Gulf Coast First Class Association is seeking new members. Meetings are every Wednesday at 3 p.m. at CBC's Beehive, building

352. Call BU1 Tony Boldrey 228-871-2577 for more information or just come and join us at a meeting.

**VFW Post 3937** Long Beach is open Monday - Thursday from noon until 8 p.m., Friday and Saturday from noon until 10 p.m., Sunday from noon until 7 p.m. The first Friday of the month is Seafood night, the remaining Fridays are Steak night. Breakfast is served from 7 - 10 a.m. on Saturdays. VFW meetings are held the second Wednesday of each month at 7:30 p.m. New members are always welcome. Contact Post Commander Bill North at 228-863-8602.

**VFW Post 4526** Orange Grove is open daily from noon to 10 p.m. and located at 15206 Dedeaux Road, Orange Grove. Meetings are held the first Wednesday each month at 7 p.m. All are welcome and encouraged to attend. Call Post Commander Bill McNicholas at 228-832-0017 for more information.

**NMCB 62 Alumni Group** Naval Mobile Construction Battalion (NMCB) 62 was recommissioned in Gulfport in 1966, and decommissioned in 1989. Anyone interested in becoming a member of the Alumni Group may go to <http://nmcb62alumni.org> for information or for links to Seabee historical sites.

**Seabee Veterans of America Island X-1 Gulfport** are seeking Active Duty, Reserve, Retired or Seabees who left the military after a short period of time. Island X-1 Gulfport meets the second Thursday of each month at Anchors & Eagles at 7 p.m. For more information contact Joe Scott (Secretary) at 228-669-8335 or [elevenoaks58@cableone.net](mailto:elevenoaks58@cableone.net) or log onto WWW.NSVA.ORG for an application.

### HERITAGE

The Seabee Gift Store is located in the Training Hall, building 446. Hours are Monday - Friday, 10 a.m. to 4 p.m., and Saturdays from 11 a.m. to 3 p.m. The shop has a variety of Seabee related memorabilia, DVD's and books. Gift store proceeds support the construction of the new museum in Port Hueneme, Calif. Contact the museum at [www.seabeesmuseumstore.org/shop/index.php](http://www.seabeesmuseumstore.org/shop/index.php) or call the gift shop locally at 228-871-4779 for more information.

**Attention NCBC Fire Wardens . . .** In addition to the monthly Fire Warden Training which is normally completed on the last Thursday of the month from 2 - 2:30 p.m. at the Fire Department, Fire Wardens will now be responsible for completing annual on-line refresher training from the Navy Fire Emergency Services prior to attending the monthly training session. The training is available at [https://esams.cnbc.navy.mil/ESAMS\\_GEN\\_2/LoginEsams.aspx](https://esams.cnbc.navy.mil/ESAMS_GEN_2/LoginEsams.aspx). After signing in, select "Web Training" and select "Annual Fire Warden Refresher Training - the first training class listed. The training will take approximately 30 minutes. After completing the training, print out the certificate and bring it to the monthly in-house training at the NCBC Fire Department. Please contact Inspector Billy Ducote at 228-871-3083 if you have questions.

# Homefront in Focus: Return and Reunion: Growing . . . apart?

**By Beth Wilson**  
Military Spouse Contributor

Marriage was life changing for me. I was over 40 when I first married my Sailor. While very independent, ok, and bull-headed, I took to marriage like a fish to water. I loved sharing my life with Scott. I loved partnering with him on everything, meal planning, budget, home dec, travel, recreation, you name it. I discovered new aspects of 'me' and found life committed to another brought out a part of me that was missing. I was fulfilled. Obviously I met, dated and married my husband on shore duty.

Three months into our marriage we moved from Norfolk to San Diego and Scott reported to a ship; Sea Duty. Less than two weeks later Scott was gone; on his first 30-day underway. Oh, and I should mention as I drove home from dropping him off at the ship there was black smoke and ash billowing over the mountains of San Diego - yup, the county was on fire. That was the beginning of learning to be the mythical 'Strong Navy Wife.'

During the first 18 months of our marriage Scott was gone a total of 14 months. I experienced the San Diego Fires of 2003, was robbed three times in nine months (finally necessitating relocation). I moved three times; after the robbery

into temporary housing, then to a slightly more permanent situation, finally 1,300 miles away in anticipation of the ship's return from deployment and homeport change. I made new friends, developed my 'own' relationship with his family.

Through those 18 months and the challenges they presented I changed. I found my 'sea legs,' I discovered resources, I gained confidence and strength. All good things, right? I was growing as a person. One problem, this growth took place in the absence of my husband. He wasn't there to see it, experience it, contribute to it or share in it.

The woman Scott kissed goodbye that first underway is NOT the woman he kissed at homecoming. I didn't realize it. Nor did I realize how much Scott had changed.

Scott is just like your service member. He has a job to do. He is proud of his service to our country and throws himself into his job. My husband grew and changed during those 18 months as well. He was challenged by a new ship, new crew, new mission, new position. His skills were challenged and honed; his leadership skills were developed, challenged then developed more. He learned to live on four to six hours of sleep. I will never be able to fully appreciate or relate to you the experience of our Sailors during



Beth Wilson

work-ups, underways and deployments. The reality is their lives are as different from ours as we can possibly imagine. That changes them as well. And that doesn't begin to touch the stress and impact of battle on our service members.

The man I kissed on the pier before that first underway is NOT the man I kissed at homecoming.

It's important to lay this basic foundation of understanding before we can talk about Return & Reunion and learn tools to successfully navigate the often choppy seas of reintegration. Next week we'll look more at the process and hurdles of reintegration and the new marriage that can emerge.

Connect with Beth on twitter (@Beth\_Wilson), Facebook ([www.facebook.com/Enlisted-SpouseCommunity](http://www.facebook.com/Enlisted-SpouseCommunity)), email ([beth@enlistedspousecommunity.com](mailto:beth@enlistedspousecommunity.com)). Check out her new site - [www.enlisted-spousecommunity.com](http://www.enlisted-spousecommunity.com).

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**Public Affairs Office has moved . . .** The PAO has moved into building 1 on the second floor, room 205. The phone numbers remain the same. Seabee Courier/Deputy Public Affairs Officer - 228-871-3662, Lead Petty Officer - 228-871-3663, Journalists -228-871-3664 and Public Affairs Officer - 228-871-2699.

From **GLOBE** page 15 of their Seabees, tools, materials, and equipment to do their part in supporting the Presidential Troop Surge in Afghanistan.

The team coordinated the movement of all Battalion personnel back to Kuwait after they were relieved by NMCB 18. All

personnel completed "Warrior Transition" training and then flawlessly proceeded home to Gulfport in two waves.

Foresight and careful planning are required when moving Seabees and their equipment. The Embark team has to think several steps ahead of current

Operations to ensure the success of the Battalion's movements. The planning involved in moving a 600-person Seabee Battalion is a dynamic process that starts in the beginning of homeport, continues throughout the deployment, and ends upon redeployment back home.

The key to the successful, safe, embarkation of a Battalion is to follow a meticulous planning process and develop good lines of communication with the supporting Regiment Embark team. If you have these primary elements, the Embark team will be successful on all accounts.

From **SHOWER** page 15 able for galley personnel to wash with soap before cooking and serving. Once the tent was operational they wasted no time getting through and to the cooking.

For dinner, tacos made from Unitized Group Rations (UGRs), with meat and corn boiled in Tray Ration Heaters were served hot from the pan, along with all the accompaniments.

"Hot meals are definitely something different for the troops. I know they like it not having to do their own meal. It's fun just having people come through the line and seeing something different. Sometimes variety is good," said Culinary Specialist 2nd Class Aaron Everett.

Although the shower tent was only up and running for two days before being taken down due to FTX requirements, it served a big purpose for the Seabees training and being evaluated in the heat, sun and dust of Camp Shelby. It could be said that it was an unofficial mid-FTX party.

One Seabee said it all when asked how he felt about getting a shower, and the men and women who made it possible.

"It felt so good. To have a shower was the best day here on FTX. I feel brand new. I feel great about Bravo Company. They did a job well done. If I were the Commander I would give them a NAM [Navy Achievement Medal]," said Engineering Aid Constructionman Jonathan Samson.



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From SGLI page 2

Here are the top four reasons why service members with blended families should consider using a testamentary trust for their SGLI.

**\$400,000 is a lot of money:** It's enough to send several kids to college. It's enough to buy a nice house. It's enough to pay an average Chief or Gunny's basic pay for about ten years. But most importantly, \$400,000 is enough to fight over.

**Children cannot receive money directly from the insurer:** If anyone under 18 is the beneficiary of an SGLI policy, the insurer will not release the money except to the child's legal guardian. In some cases, this can mean that an ex-spouse will receive money you did not want him or her to have. In other cases, it could mean a long, ugly battle where two relatives fight over who gets to control the money.

**A trust protects the money from your trustee's creditors and pesky relatives:** An informal, my-mom-will-take-care-of-everything "trust," does not provide any safeguards for your child's money, or your mom (or whoever else you may want to take care of the money for your child.)

First, anyone that your mom owes money to can go after money that you intended to benefit the child. So, for example, if your mom accidentally rear-ends someone in a car accident, she can be sued and be forced to use your SGLI money to pay the judgment.

Second, anyone, including your no-good brother-in-law or good-for-nothing cousin, can ask your mom for a little help, "just this once." A testamentary trust creates a legal obligation for your trustee to spend the money only for your children and makes it much easier for your mom to turn away people asking for money.

**Your death will be a difficult and emotional situation for everyone:** Emotions can cause

people to act irrationally, irresponsible, or in other ways that cannot be anticipated.

Having a trust to protect your SGLI will provide structure and guidance in a difficult time and ensure that there is no question about how you would want the money spent.

Estate planning for blended families presents several complex issues: providing financial support for children in multiple families, arranging guardianship, and complying

with divorce court orders. A full estate plan, created with the assistance of your local legal assistance attorney, can make sure that your loved ones are taken care of in a difficult situation.

Get help from your local legal assistance office in Gulfport at 228- 871-2620.

This article is not intended to substitute for the personal advice of a licensed attorney.

\*All names have been changed to protect privacy

**Postal Service announces holiday mail deadlines for service member mail overseas . . .** The Military Postal Service of the DoD has set deadlines for mailing holiday packages to members of the U.S. armed services located overseas. Deadlines are: Parcel Post, Nov. 13; Space Available, Nov. 28; Parcel-Airline Mail, Dec. 4; Priority and First-Class Letters of Cards, Dec. 11. Because of security restrictions, mass-mailing operations such as "Operation Dear Abby" or "Any Service Member" cannot be used. Electronic web sites or e-mailed greeting cards are suggested as an alternative.

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# NMCB 7 Det Guantanamo Bay Seabees continue to press on

By NMCB 7 Public Affairs

Since their arrival at Naval Station Guantanamo Bay, the NMCB 7 Det. continues to prepare for the end of their scheduled ten month deployment. Since arriving, three months ago from their mainbody deployment site of Rota, Spain, the Seabees have managed to accomplish numerous operational tasking, while continuing essential training to maintain acquired and tactical skills.

The assigned project crews are nearing the completion of their construction of two K-spans, which are projected for completion Dec. 15, a date that seemed easily feasible for this group of highly motivated Seabees. With the arrival of hurricane season, diminished weather conditions and constant rain continues to threaten the Seabee's projected timelines of completion.

"Rain is just one of those uncontrolled variables," said Steelworker 1st Class William Bruchey, project supervisor. I see this minor setback as an opportunity to teach the younger troops and mentor them as Seabees. They are all eager to learn and are extremely motivated to finish all assigned projects on time."

Aside from the projects crew, the Alfa Company Seabees continue to work through their own set of challenges. In the month of September alone, they successfully raised their Civil Engineering Support Equipment (CESE) availability from 61 percent to a remarkable 84 percent. Alfa company has also successfully completed more than 400 Planned Maintenance System (PMS) checks on equipment assigned to their detachment.

"I think we are doing pretty well with the resources that are available to us," said Con-



Petty Officer 3rd Class Corey Blake, assigned to Naval Mobile Construction Battalion (NMCB) 7, pours concrete into the footing foundation for a new youth facility. Units from NMCB-7 are deployed to Guantanamo Bay supporting general engineering, construction and project management for Naval Station Guantanamo Bay. (U.S. Navy photo by Mass Communication Specialist 2nd Class Elisha Dawkins/Released)

struction Mechanic 2nd Class Robin Nicely, Alfa Company Det. Work Center Supervisor. "Motivation is high among the troops, and we all are looking forward to completing our tasking and redeploying back home soon."

Of course, as always with any group of Seabees, hard work deserves some fun time. The Seabees of NMCB 7 Det. Guantanamo are no exception to this rule.

"There are a plethora of Morale, Welfare and Recreation (MWR) opportunities that my Seabees have had the

opportunity to take advantage of," said Lt.j.g. Andrew Winckler, detachment officer in charge. "The Seabees seem to never run out of things to do in their off time. They can be found indulging in a number of activities, to include sports, fishing, scuba diving, and boating to name a few." Det. Guantanamo redeployed from NMCB 7 Battalion mainbody deployment site of Naval Station Rota, Spain in August 2010 in support of general base support and construction to Commander, Navy Installations Command (CNIC).

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## **Seabee Memorial Chapel**

### **Services:**

**Sunday Catholic Mass: 9 a.m.**  
**Daily Mass: Monday-Friday, 11:35 a.m.**

**Protestant Service: Sunday, 10:30 a.m.**

**Gospel Service: Sunday, 11:45 a.m.**

### **Center Chaplains:**

**Lt. Cmdr. Michael Brown,**  
**Protestant Chaplain**

**For information concerning other faith groups,  
call the chapel office at (228) 871-2454**

# Navy Seabee Veterans of America, Island X-1 Gulfport



Members of Navy Seabee Veterans of America, Island X-1 Gulfport, gathered at the Biloxi National Cemetery Oct. 13, to dedicate the Seabee Memorial Monument in honor of departed shipmates. The dedication was also attended by many other Seabee Veterans and their spouses who were on the Coast for the All Seabee Reunion. (U.S. Navy photo/Released)

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