

# IA News You Can Use



## What is an IA?

Individual Augmentees (IAs) are Sailors who support or “augment” another Navy, Marine Corps or Army command. Sailors usually go to their IA assignment on temporary or TAD orders and return to their current or “parent” command once they complete their assignment. Assignments vary in length from a few months to a year or more.

## What Programs are Offered Locally?

Programs available locally include:

Local centers list:

- Predeployment briefs, fairs, one-on-one meetings, etc.
- IA Family Readiness Group
- Homecoming Programs, welcome home celebrations, one-on-one meetings, etc.

## What Support is Available to IA Sailors and their Families?

- Expeditionary Combat Readiness Center was established specifically to assist IA Sailors and their families. <http://www.ecrc.navy.mil> (877) 364-4302
- Handbooks for IA Sailors, IA Families and IA Commands provide basic information. <https://www.nffsp.org/skins/nffsp/home.aspx>
  - Both the parent command and receiving command are available to answer questions through the Command Ombudsman, and Command IA Coordinator.
- In addition, all the services that are available during any deployment are available including Fleet and Family Support Centers <http://www.nffsp.org> , Chaplains, American Red Cross <http://www.redcross.org> , Navy-Marine Corps Relief Society <http://www.nmcrs.org/services.html> , TRICARE <http://www.tricare.osd.mil> and more!  
Military One Source type <http://www.militaryonesource.com> with no spaces.



## How do you become an IA?

**Step #1:** TAD orders are received to an IA assignment, a mandatory pre-deployment checklist is completed available at Navy Knowledge Online <http://www.nko.navy.mil> before detaching from your parent command. The checklist includes medical, dental, financial, administrative and online training requirements.

**Step #2:** Travel to a Navy Mobilization Processing Site to ensure readiness for combat training. Currently there are four processing sites:

1. **Norfolk**
  - Telephone: 757-438-3375
  - Web site: <http://www.cnрма.navy.mil/cnrma05/NMPS%20Norfolk.htm>
2. **San Diego**
  - Telephone: 619-887-8080
  - Web site:
3. **Port Hueneme**
  - Telephone:
  - Web site:
4. **Gulfport**
  - Telephone: 228-871-3199
  - Web site:

**Step #3:** Attend Combat Skills Training. About half of Navy IAs attends at Fort Jackson, SC. <http://www.jackson.army.mil/> .The Army has developed a two to three week training program for Sailors. Topics include:

- Weapons qualifications
- Convoy operations
- Urban operations
- Code of conduct
- First aid
- Cultural awareness

**Step #4:** Sailors may or may not attend follow-on training depending on their assignment.

**Step #5:** Once training is complete, flights are arranged to the theater of operations where there is further familiarization with the area before being sent to the command to be augmented.



### What do I need to know about combat stress?

Some Sailors may experience combat stress that can develop into post traumatic stress. The following web sites provide information. Contact a medical professional, a chaplain, Fleet and Family Support Center, Military OneSource or the Veterans Administration for assistance.

- Dealing with Combat and Operational Stress Within the Navy Environmental Health Center <http://www-nehc.med.navy.mil/>
- Combat Stress Reactions videos and trainings on Lifelines Services Network <http://www.lifelines.navy.mil/>
- Deployment Health Clinical Center web site <http://www.pdhealth.mil/>
- National Center for Post Traumatic Stress Disorder <http://www.ncptsd.va.gov/>

### What other helpful resources are available?

Use this area to list local and national resources.