

# This Week IN MWR

Naval Air Station  
Meridian

January 12-18

## Caregivers Needed!

Child and Youth Programs are looking for individuals who are interested in providing evening care in their homes. For more info call (601) 679-2652.

## Captain's Cup Standings

	N A S	N T C	M A T S S 1	V T 7	V T 9	C T W 1	N B H C
Volleyball	94	104	75	98	0	0	100
5K Run	2	25.5	37.5	15.5	25.5	0	4
Golf	115	89	93	64	67	36	94
Softball	104	94	73	82	95	5	5
10K Run	7	33.5	22.5	28.5	15	21	0
Football	0	0	0	0	0	0	0
Bowling	100	67	89	98	0	0	100
X Ctry Run	4	32	25.5	18.5	16.5	0	0
Basketball	109	100	98	0	0	0	0
Racquetball	27.5	0	0	0	29.5	0	17.5
Bench Press	29.5	0	20	0	25.5	0	23
Soccer	0	115	103	93	0	0	0
<b>Total Points</b>	<b>637</b>	<b>660</b>	<b>645.5</b>	<b>497.5</b>	<b>274</b>	<b>62</b>	<b>343.5</b>

Standings as of January 12, 2011.

## Sonny Montgomery | Group Exercise fitness Center | Schedule

**Monday:** Self Defense with Dawg @ 1800

**Tuesday:** Step with Shannon @ 1115

**Wednesday:** Self Defense with Dawg @ 1800

**Thursday:** Step Aerobics @ 1115

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to 30364 to receive text  
updates about MWR  
events and programs.  
Standard text messaging  
rates apply.

## ITT has NEW Location!

The ITT Office is now located in Admin 255 next to Navy Federal Credit Union. Stop by the office to find out info about the surrounding area, order Disney tickets or plan a cruise vacation. For more info call (601) 679-3773.



## New Year's Resolution Run

The New Year's Resolution Run will now take place on January 29, 2011. The event will start at 1100 at the parking lot adjacent to the Marines Barracks at the intersection of Fuller Road and Rosenbaum Avenue. Prizes will be awarded for the number of miles completed (1,3,5 & 7 miles) in an hours time frame. There will be no trophies awarded for fastest completion time. Join the Sonny Montgomery Fitness Center at this event for the whole family. For more info call (601) 679-2367.

## Library has new phone number!

Call the Andrew Triplet library at **(601) 679-2326**.

## CZee Cyberzone at Rec Center

Now located at McCain Center. Surf the internet, check email, play online games, and chat with friends on this affordable pay per use computer service.

## Now Showing at McCain Rec Center

\*All movies are shown free of charge.



**12 Wednesday** 6pm, **Thin Red Line**, Rated R  
**13 Thursday** 6pm, **The Lottery Ticket**, Rated PG13  
**15 Saturday** 1pm, **Nanny McPhee 2**, Rated PG  
**18 Tuesday** 6pm, **The Expendables**, Rated R

## McCain Lanes Bowling Specials

**Sunday**  
NTTC/MATSS-1 Student Special Special, 1600-Close, \$2.50 a game including shoes.

**Wednesday**  
RCTA Student Special.  
1600-Close, \$2 a game, \$1 for shoes.

**Friday**  
Teen Night, For kids age 13-17.  
\$1.50 a game if parent bowls.

**Saturday**  
Family Cosmic Bowling.  
1300-1600, \$2 a game, \$1 for shoes.



Stop by the  
ITT Office  
to learn  
more  
about the  
Disney  
Military  
Salute!

**Hours of Operation**  
Mon.-Fri.: 10am-5pm  
Holidays: Closed

## Mom's Diner

**12 Wednesday**  
Chicken Parmesan,  
Broccoli with Cheese,  
Fried Okra, Cornbread

**13 Thursday**  
**TACO SALAD**

**14 Friday**  
Pot Roast, Mashed  
Potatoes with Gravy,  
California Blend,  
Turnip Greens,  
Cornbread

**17 Monday**  
**CLOSED**

**18 Tuesday**  
Fried Chicken, Mashed  
Potatoes with Gravy,  
English Peas, Cabbage,  
Roll

\*Menu is  
subject to change.

## For More Information

Gym	679-2379	Liberty Center	679-3760	Library	679-2326
Sandtrap Grill	679-2780	Outdoor Rec/Stables	679-2609	CDC/CDH	679-2652
Rudder's	679-2636	Information, Tickets and Travel	679-3773	SAC	679-5252
Mean Gene's	679-3388	Mom's	679-2531	School Liaison Officer	679-2473
McCain Rec Ctr	679-2651	Ponta Creek Golf Course	679-2526	MWR JOBS LINE	679-2335