

Front & Center

Open enrollment for Head Start 2011/2012

For more information contact:
Geneva Burton in the Region
Office at 601-483-2225.

New Hours at Library

Mon. - Fri. 1000 - 1800
Saturday 1000 - 1600

The Andrew Triplett Library is
a Wi-Fi Facility. For more info
call (601) 679-2326.

The Outpost will be open
on Saturday June 11 from
0800-1600. For more info
call (601) 679-2609.

The Outpost
601-679-2609

Did You Know?

McCain Recreation Center
has Video Bingo that is
available for play.

Get
Connected
With 

 Online

Look for MWR
on the web at
[www.cnic.navy.mil/
Meridian](http://www.cnic.navy.mil/Meridian).

 Like
Us!

Join MWR Meridian
on Facebook today.
[facebook.com/
MWRMeridian](http://facebook.com/MWRMeridian).



Phone Directory

Fitness Center	679-2379
All Hands Pool	679-3470
Liberty Center	679-3760
ITT	679-3773
McCain Rec Ctr	679-2651
The Outpost	679-2609
Library	679-2326
Rudder's	679-2636
Sandtrap Grill	679-2780
Mom's Diner	679-2531
CDC/CDH	679-2652
SAC	679-5252
SLO	679-2473
P.C. Golf Course	679-2526
MWR Admin.	679-2551
MWR Jobs Line	679-2335



MWR
Naval Air Station
Meridian

FREEDOM

EST

A Night Of Celebration!

Live music, Food and
even Bigger Surprises!

July 1, 2011
1700-2100
**Sonny Montgomery
Fitness Center Complex**

**Community
YARD SALE**



June 4, 2011
0800-1200
Inside Rudders Community Center

Email Jennifer.Drury@navy.mil to reserve your free space.
Deadline to reserve space is Friday June 3, 2011 at Noon.

Battle Of Midway Celebration



June 3, 2011
**All Hands Pool (Next
to Rudders)**

This great event starts at 1700 and conclude at 2130
after "Midway" is finished showing on a massive
outdoor movie screen. There will also be Free hot
dogs, chips, soda and water, plus a bounce house for
the kids! Bring your lawn chairs and blankets,
please no coolers.

Swim Lessons

All swim lessons will take
place Monday-Friday from
0800-0845 for adults age
16 and up and from
0900-0945 and 1000-1045
for all others.

Session 1: June 6-16
Session 2: June 20-30

For more info call
(601) 679-2379.

 **Now Open Inside Rec Center!**



Hours of Operation

Mon. – Thurs.:	1600-2130
Friday:	1600-2330
Saturday:	1000-2330
Sunday:	1000-2130

The Liberty Program is for Single and Unaccompanied Active Duty Military Personnel exclusively.

Instant Updates from Liberty!

Text 30364 to MeridianLiberty to receive instant info about Liberty special events, sign up deadlines and more.

**Saturday, June 4
Six Flags Trip**

Get on board with the Atlanta, GA Six Flags trip! We leave from the Library parking lot at 0315. The cost is \$20 per person. You must register & pay for the trip by Wednesday, June 1. A minimum of 20 people is needed for the trip to run – NO REFUNDS (unless the trip is cancelled).

**Wednesday, June 8
3 on 3 Basketball**

Head over to the basketball court next to the Marine barracks and across from Rudders for an end of the day basketball game. Game time is 1830 so please be at the court by 1815. No registration necessary-come ready to play!

**Thursday, June 16
Liberty Bowl**

FREE bowling to all Liberty patronage at the McCain Recreation Center from 1800 – 2030.

**Monday, June 20
Frozen Ice Pops Day**

FREE ice pops will be handed out at the Liberty Center to help you “chill out” after a long day at work (while supplies last).

**Saturday, June 25
Geyser Falls Water Park Trip**

Beat the heat by plunging into cool water and having fun in the sun! We leave from the Library parking lot at Noon. The cost is \$20 per person. You must register & pay for the trip by Wednesday, June 22. A minimum of 20 people is needed for the trip to run – NO REFUNDS (unless the trip is cancelled).

**Wednesday, June 29
Birthday Bash**

A celebration of June birthdays! FREE cookies and soda will be provided at 1900 in the Liberty Center.

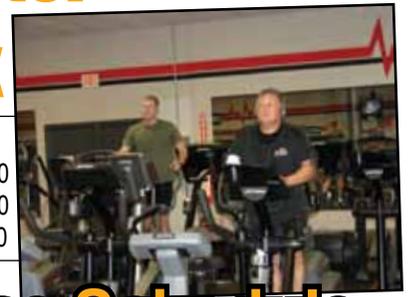
Liberty Patrons:

Liberty events, activities and trips will be tapered in June due to the Liberty Coordinator being out for knee surgery. We hope to resume a regular schedule in July. Our apologies for the inconvenience this may cause but “Thank You” for your understanding.

**Sonny Montgomery
Fitness Center
Complex**

Hours of Operation

Monday-Friday (April-September)	0530-2000
Monday-Friday (October-March)	0530-2100
Saturday, Sunday, and Holidays	1100-1800



Group Exercise Schedule

Day	Class/Time
Monday	Belly Dancing Class @ 1130 Self Defense with Dawg @ 1800
Tuesday	Cardio Mix with Shannon @ 1115
Wednesday	Belly Dancing Class @ 1130 Self Defense with Dawg @ 1800
Thursday	Cardio Mix with Shannon @ 1115
Friday	Belly Dancing Class @ 1130

All group exercise classes are free.

Making Healthy Choices
with Beth

**Summer marks the
time for swimming**

“A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawnmower is broken” – James Dent

I don’t know about you, but I can think of many times when I have completely agreed with the previous quote. After all, life is truly beautiful on a lazy summer day. But as we all well know, summer is the busy season for many of us. The kids are out of school, the weather is warm and a good cooling off is in order, and vacation season is in full swing.

We all know that nothing can beat the incredible and refreshing exercise that swimming provides. Swimming strengthens your heart and lungs while building muscles and endurance. Swimming is an activity that can be done throughout life and improves self-esteem. Swimming is a great stress reliever.

Captain’s Cup Schedule of Events

Captain’s Cup Standings

	N A S	N T C	M A T S S 1	V T 7	V T 9	C T W 1	N B H C
Volleyball	0	0	0	0	0	0	0
5K Run	0	0	0	0	0	0	0
Golf	0	0	0	0	0	0	0
Softball	0	0	0	0	0	0	0
10K Run	2	0	160	0	1	0	0
Football	0	0	0	0	0	0	0
Bowling	0	0	0	0	0	0	0
X Ctry Run	0	0	0	0	0	0	0
Basketball	0	0	0	0	0	0	0
Racquetball	0	0	0	0	0	0	0
Bench Press	30	1	40	0	1	0	0
Soccer	40	0	85	60	44	0	31
Duathlon	47	0	0	60	28	0	0
Total	119	41	285	120	74	0	31

*Standings as of June 1, 2011.

Captain’s Cup Events

Captain’s Cup Golf takes place every Thursday at Ponta Creek Golf Course.

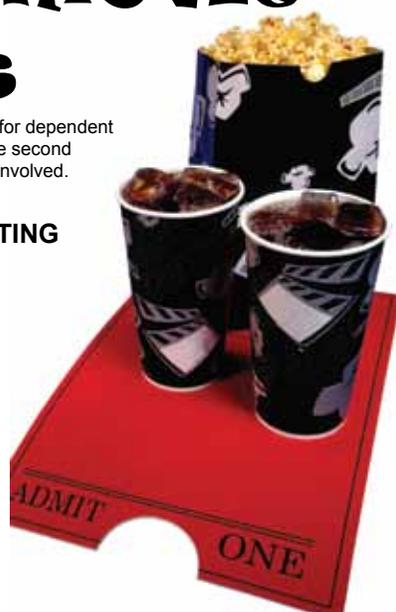
Captain’s Cup Softball takes place Mon. & Thurs. at Bernath Field.

For more information call (601) 679-3384.

Monday Movie Madness

There are TWO scheduled movies every Monday for dependent children. The movies will be shown starting 1300. The second movie will start after the first with some re-wind time involved. Popcorn may be available if in stock by request.

DATE	TITLE	RATING
06/06	SHREK THE 3RD SHREK FOREVER	PG
	AFTER	PG
06/13	TOY STORY TOY STORY 3	G
06/20	ICE AGE, DAWN OF DINOSAURS HOW TO TRAIN YOUR DRAGON	PG
06/27	MARMADUKE BOLT	PG



Questions or Comments?

“On the Deck” is a monthly publication aimed at providing a closer look at MWR events at NAS Meridian. Contact the MWR Director at (601) 679-2551 for any comments or suggestions.

Ponta Creek Golf Course



Golf Season is here!

Call the Pro Shop at Ponta Creek to schedule a weekend or holiday tee time. The Pro Shop number is (601) 679-2526.

Weekday Special

Monday – Thursday, Ride 18 Holes for \$20.00
Monday-Thursday, Ride 9 Holes for \$12.00

Public Welcome!
Call (601) 679-2526
for more info!

Call the Pro Shop at Ponta Creek for Hours Of Operation.



Monday-Saturday 1000-1430
Sunday 1100-1500

Pic of the Month



10K RUN PARTICIPANTS

Participants of the 10K Run held on May 12, 2011. Winners for the run were Patrick Krantz, Male 16-23 winner, with a time of 35:23; Haavard Haavardoshlom, Male 30-39 winner, with a time of 39:34; Nicholas Morin, Male 24-29 winner, with a time of 42:12; Lino Tobar, Male 40 and over winner, with a time of 50:03; PFC Williams, Female 24-29 winner, with a time of 45:21 and Asia Wolf, Female 16-23 winner, with a time of 48:58. There were over 80 total participants in the 10K Run.

PHOTO BY MATT DAVIS/ MWR MARKETING MANAGER



Now Serving Breakfast!

Monday-Friday: 0730-0930
For more info call (601) 679-2780.

Join us at Rudders for upick music nights.

Play Ping Pong Now at Rudders for **FREE!**

Hours of Operation

Mon.-Thurs. 1630-2200
Fri.-Sat. 1630-2300

Rudders



Stop by for country music hour until 1900 every Wednesday at Rudders.

Call 679-2636 for more info.



June Bowling Specials At McCain Lanes

Monday

Colored Head Pin Special, 1700-2100, Notify the counter before you bowl with a colored head pin and receive a **FREE** game when bowling a strike. Regular rates apply.

Tuesday

NAS Staff Bowling Night, 1630-2100, Bowl for \$2.00 a game including shoes.

Wednesday

NTTC/MATSS-1 Student Bowling Special, 1700-2100, Bowl for \$2.00

a game including shoes.

Friday

9-Pin No Tap Tournament, Sign up by 1800. \$10 entry fee.

Saturday

Cosmic Family Bowling Special, 1300-1700, Parents bowl for **Free** if children bowl at regular rates..

Schedule your next birthday party at McCain Lanes! Call (601) 679-2651 for more info.



Lake Okatoma Canoe Trip

June, 11 2011

\$30 per person.

Sign-up at the Outpost. Deadline for sign-up is June 6, 2011. For more info call (601) 679-2609.

The Outpost
601-679-2609



Located In Admin 255 next to NFCU.



■ Cruises

■ Disney and Universal Parks

■ Vacation Packages, Hotels, Cabin Rentals



■ Local Attraction Discounts

■ Local and Base Information



Call (601) 679-3773 for more info.



NOW SHOWING

at McCain Recreation Center

Movie availability subject to change. All movies are shown free of charge.

Date	Movie	Rating	Starring
06/01	THE ROOMMATE	PG13	MINKA KELLY & LEIGHTON MEESTER
06/02	THE PUNISHER	R	THOMAS JANE & JOHN TRAVOLTA
06/04	RUDY	PG	SEAN AUSTIN & JON FAVREAU
06/07	40 YEAR OLD VIRGIN	R	STEVE CARELL & CATHERINE KEENER
06/08	FANTASTIC FOUR	PG13	IOAN GRUFFUDD & JESSICA ALBA
06/09	NO STRINGS ATTACHED	R	NATALIE PORTMAN & ASHTON KUTCHER
06/11	THE INCREDIBLES	PG	CRAIG T. NELSON & HOLLY HUNTER
06/14	I ROBOT	PG13	WILL SMITH & BRIDGET MOYNIHAN
06/15	SANCTUM	R	RHYS WAKEFIELD & ALLISON CRATCHLE
06/16	THE GREEN HORNET	PG13	SETH ROGEN & JAY CHOU
06/18	CHARIOTS OF FIRE	PG	BEN CROSS & IAN CHARLSON
06/21	THE DILEMMA	PG13	VINCE VAUGHN & JENNIFER CONNELLY

Monthly Must See

The Dilemma

Starring:

Vince Vaughn
Kevin James
Jennifer Connelly

Since college, confirmed bachelor Ronny and happily married Nick have been through thick and thin. Now partners in an auto design firm, the two pals are vying to land a dream project that would launch their company. With Ronny's girlfriend, Beth, and Nick's wife, Geneva, by their sides, they're unbeatable. But Ronny's world is turned upside down when he inadvertently sees Geneva out with another man and makes it his mission to get answers.

Rated PG13, Runtime is 111 minutes

Movies that premiere during the week start at 1800 and at 1300 on weekends.



* All movie posters and synopsis used and reprinted with permission

June 2011

Mom's is located in Building 158 on the Flight Line.

Mom's Diner

*Menu is subject to change

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6 Monday Country Fried Steak, Mashed Potatoes with Gravy, Fried Okra, Field Peas	7 Tuesday Pork Roast, New Potatoes, Turnip Greens, California Blend, Cornbread	8 Wednesday SALAD BAR	9 Thursday Meatloaf, Mashed Potatoes with Gravy, Green Beans, Corn, Cornbread	10 Friday Catfish, Cole Slaw, French Fries, Hushpuppies
13 Monday Jambalaya, Pinto Beans, Corn, Cornbread	14 Tuesday BBQ Chicken, Baked Beans, Potato Salad, Corn on the Cob, Cornbread	15 Wednesday Lasagna, Garden Salad, Garlic Bread	16 Thursday TACO SALAD	17 Friday Pork Chops, Macaroni and Cheese, Turnip Greens, Peas & Carrots, Cornbread
20 Monday Smothered Hamburger with Gravy, Mashed Potatoes with Gravy, Turnip Greens, Mixed Vegetables, Cornbread	21 Tuesday Spaghetti, Garlic Bread, Garden Salad	22 Wednesday SALAD BAR	23 Thursday Shepard's Pie, Vegetable Sticks, Corn Nuggets, Roll	24 Friday Catfish, Cole Slaw, French Fries, Hushpuppies
27 Monday MOM'S CHOICE	28 Tuesday Beef Tips Over Rice, Collard Greens, Field Peas, Cornbread	29 Wednesday Chicken and Dumplings, Squash, Turnip Greens, Rice, Cornbread	30 Thursday TACO SALAD	Hours of Operation Mon-Fri ~0600-1400 Closed ~ Weekends & Holidays Breakfast Hours ~ 0600-0930