

Coastal Courier



Vol. 15, No. 21

Naval Support Activity - Panama City, Fla.

October 20, 2006

NDIA conference returns to PCB

Dan Broadstreet
NSWC PC
Public Affairs

PANAMA CITY BEACH, Fla. - The Naval Surface Warfare Center Panama City is assisting in coordinating the 11th annual Expeditionary Warfare Conference at the Bay Point Marriott Resort Village Golf and Yacht Club Oct. 23-26.

The conference joins industry, academia, and defense leadership to network and discuss how U.S. and allied expeditionary forces deal with security threats posed by today's global war on terrorism.

The National Defense Industrial Association (NDIA) Expeditionary Warfare Conference is planned in coordination with the Office of the Chief of Naval Operations (N85), the Office of the Commandant of the U.S. Marine Corps (Plans, Policies & Operations), and the Office of the Commandant of the U.S. Coast Guard (G-O).

NDIA's mission is to provide a legal and ethical forum for the interchange of ideas between government and industry to resolve industrial problems of joint concern.

See **NDIA**, pg. 13

New NEX manager urges customers to fill out survey

MC3 Joseph Moon
Editor
NSA PC

PANAMA CITY BEACH, Fla. - The Naval Exchange in Panama City Beach has a new branch exchange manager as of Oct. 6. The NEX hired Atangila Willis, of Pensacola, Fla. to head the branch here on the Naval Support Activity Panama City after the departure of

the last manager, Eva Lake.

Willis took on the role of acting branch exchange manager in mid September, coming from a managerial position at the Navy Exchange in Pensacola.

"I've been received very well by the staff," said Willis.

"They were very inviting and warm," she continued, saying that they've

See **NEX**, pg 11

231 years, still sailing

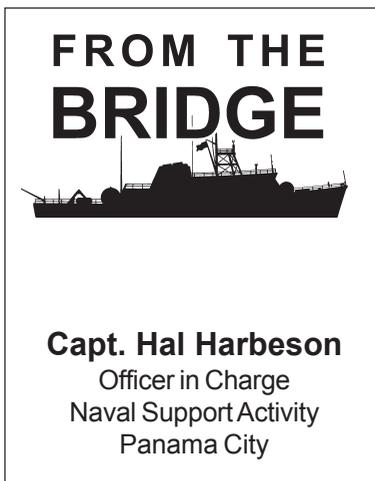


Photo by MC3 Joseph Moon
MASN Juan Rodriguez and NSA PC Officer-in-Charge Capt. Hal Harbeson cut a birthday cake in celebration of the Navy's 231st birthday Oct. 13 at the Sea Shore General Mess. A special meal, of t-bone steak and crab legs, was prepared along with ice cream to go with the cake. See photos taken at the Navy Ball celebrating the birthday on pages 8 and 9.

Augmentees cited for special role in War on Terror

If you didn't go to this year's Navy Ball, held on Oct. 14th at the Bay Point Marriott you missed a great time. We celebrated in fine tradition, with great food, music and camaraderie with our shipmates, retirees and friends from the community. Kudos to NDSTC's Senior Chief Shelby Cornelius, the other command representatives on the committee, and the leadership of the Navy League.

Just before the official celebration of the event, Chief of Naval Operations Adm. Mike Mullen's Navy Birthday message focused on the Navy's efforts to stem the tide of terrorism and prevent the conditions from which it proliferates. He noted that as Individual Augmentees or as units,



Capt. Hal Harbeson
Officer in Charge
Naval Support Activity
Panama City



these brave men and women are bearing well the legacy of courage under fire left us by our predecessors in Navy blue.

According to the Navy Office of Information, more than 46,000 Sailors have deployed to date as Individual Augmentees who have transferred from their normal jobs to support joint services

requirements. More than 10,000 Sailors serve globally in IA billets directly supporting joint service requirements, and Navy Reserve forces provide more than half of the Navy's IA personnel.

The Honorable Donald C. Winter, Secretary of the Navy echoed the CNO's recognition of Sailors'

heroism and courage as we once again confront an enemy that openly targets our freedom and our way of life. From those in Iraq and Afghanistan, to those deployed at sea and ashore around the world, to those at home who are responsible for recruiting, training, supplying, and providing intelligence to the warfighter, SECNAV acknowledged that all are engaged in a noble and worthy endeavor to preserve our way of life and keep America safe.

In his Navy Birthday message to all hands, Master Chief Petty Officer of the Navy (FMF/SW) Joe R. Campa said that our Navy relies on the dedicated service of each Sailor. He challenged each of us to renew our commitment to

develop into the best Sailor possible to serve in the greatest Navy in the world. This means we must learn our jobs, develop our leadership skills and continually improve ourselves physically and mentally.

The number of IA's from

See **BRIDGE**, page 7

Naval Support Activity

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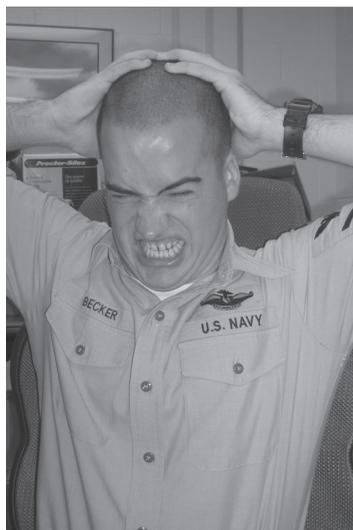
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VIEWPOINT: "What do you do to control your anger?"



"When I get angry I absorb it and I do not express it to others. I find that physical training and relaxing helps soothe anger and stress."

RP2 Matthew Becker
Religious Program Specialist
NSA PC Chaplain's Office



"I just take deep breaths and breathe to try and control my anger. And it depends on what I'm angry at."

Angie Carter
Housing Referral Specialist
CNRSE Housing



"I like to knit and crochet to calm down."

MN2 Daniel Greenlee
Armorer
NSA PC Armory



"When I feel the prickles of anger at the back of my neck I put myself in the position of whomever is making me angry. I try to see the other side of the coin. It helps to settle down my anger."

SN Troy Henry
Student Class 07-10-2C
NDSTC

ATLANTIC HOUSING
335329
6 x 11.5

Healthy marital relationships take hard work

October is Domestic Violence Prevention month in the military. I am constantly preaching about the social ills associated with any form of domestic abuse, but this article presents some thoughts about what a healthy marriage relationship should look like.

Marriage is a wonderful institution for those who feel physically safe, emotionally healthy, mutually valued, trusting and trusted, and share a life together based on respect.

A healthy marriage cannot be ordered like you order a fast-food hamburger. These marriages take time and effort by two people who share a common vision along with basic values.

Both members of a marriage must have the other partner's interest at heart.

A marriage that is based

on mutual respect allows the couple to share their love, resolve conflict, and deliver basic support to each other.

Honest interpersonal communication is the foundation for a healthy relationship. Also important is the ability to forgive. Forgiveness means never holding a grudge. If you have truly forgiven your partner for a transgression, you can never mention the subject again.

To live in a healthy and pleasant relationship means each partner is respected for their unique strengths and abilities. Both parties must focus on the other individual, expressing respect for each other's boundaries.

This means allowing each member to create their own hobbies and interests, their own friends, and time alone when needed. Keeping in mind all of these

**The
Cavitt
Report**



Dr. Bill Cavitt
NSA PC
Clinical Counselor

mutually established moral values that strengthen the relationship.

Here are some important pointers to a healthy relationship:

- Be assertive not aggressive.

- Make time to talk with each other and resolve conflict with a win-win outcome.

- Actively listen. Use your two ears twice as much as your one mouth.

- Don't place blame, project extreme anger, or talk when you are experiencing hot anger.

- Work on one issue at a time. Don't dig up old bones during each conflict resolution.

Love is not a guarantee. It is a wonderful experience, but love alone does not

ensure a healthy relationship.

You must enjoy each other's company, be able to work out disagreements, show respect for one another, and work toward common values and goals.

A healthy relationship should be the primary value and goal of a marriage and the accomplishment of this is always hard work for both parties.

Active duty personnel and their spouses can obtain marriage counseling by calling Dr. Bill Cavitt at 636-6105.

Chapel Hours

†Seashore Chapel invites all to a casual, relaxed atmosphere of blended worship which appeals to all ages and traditions.

†Worship with us Sundays at 10 a.m.

†For more info call 234-4084.

TRISHA'S WALKIN'S
338348
4 x 5

MAD HATTER
337857
2 x 5

PICK-N-PULL
337678
6 X 11

Americans with disabilities: Ready for the global workforce

Cindy Farr
EEO Counselor
NSWC PC

Disability Employment Awareness Month is observed annually in October. The 2006 theme is "Americans with Disabilities: Ready for the Global Workforce". A global workforce is a workforce dependent upon global talent. Global talent consists of people with diverse backgrounds, including people with disabilities.

Hiring an individual with a disability is about more than creating a diverse workforce. It is about providing equal employment opportunity as required by law. The Rehabilitation Act of 1973 as amended states one of its purposes is "to ensure that the Federal Government plays a leadership role in promoting the employment of individuals with disabilities, especially individuals with significant disabilities". The Department of Navy requires at least two percent of its workforce to be comprised of persons with a targeted disability. While commands at Naval Support Activ-



ity Panama City strive to meet this requirement, their goal is to raise the numbers even higher. These statistics illustrate why further work is needed: 1 in 5 Americans have some type of disability; 1 in 10 have a severe disability; and only 50% of disabled Americans are employed. The challenge of employing a person with a disability is two-fold. The first challenge is to hire a person with a disability. The second challenge is to retain that person once they are hired.

A person with a disability can be hired either competitively or noncompetitively for federal positions. A person that is hired competitively must compete

against other qualified persons for the job. A person that is hired noncompetitively can be hired through the Schedule A hiring authority. A new federal regulation, 5 CFR 213.3102 (u), streamlines the Schedule A appointing authorities for mental retardation (also known as cognitive or intellectual disability), severe physical disabilities and psychiatric disabilities into one authority. The new regulation became effective August 25, 2006.

In order to be hired through the Schedule A hiring authority a person must meet the definition for being disabled. The term "disabled" has a different definition depending upon the context in which it is used.

The Social Security Administration, the Department of Labor (Worker's Compensation) and the Veterans Administration each have their own definitions. A person may qualify as disabled by the Social Security Administration under a Social Security Claim but not qualify as disabled by the Department of Labor under a Worker's Compensation claim. Disabled veterans with disability ratings from the Department of Veterans Affairs of 30% or more may be considered disabled under special hiring programs for veterans. The Schedule A hiring authority distinctly defines a disabled individual as one who 1) has a physical or mental im-

pairment that substantially limits one or more of that person's major life activities and 2) has a record of such impairment or is regarded as having such an impairment. In addition to meeting the qualification requirements for the job, an individual with a disability must be able to perform the essential duties of the jobs with or without reasonable accommodation.

There has been a decline in the employment of people with disabilities within the federal workforce. Efforts are being made to assess why individuals with disabilities are not being hired, and are not being retained. This year's Proclamation issued by President George W.

Bush states in part, "During National Disability Employment Awareness Month, we pay tribute to the accomplishments of the men and women with disabilities whose work helps keep America's economy strong, and we underscore our commitment to ensuring equal employment opportunity for all of our citizens." The Navy is committed to equal employment of individuals with disabilities and to retaining those individuals once they are hired. Further information on the employment of an individual with a disability can be obtained at www.opm.gov or by contacting Irma Burden at 234-4710 or Cindy Farr at 234-4538.

Leave Donor Update

The following employees are approved Leave Donor Program recipients:

Kim Pitts, CNENODIVE
Sharon K. Bearden, NEDU

John Buser, A15
Rony Oglesby, HA13

Steve Horton, R14

BILL BYRD KIA
337131
3 X 5

The Coastal Courier Presents
NSA PC Police Officer Ben Ortberg's
How I See it

We hope to include future installments of his DoD humor.

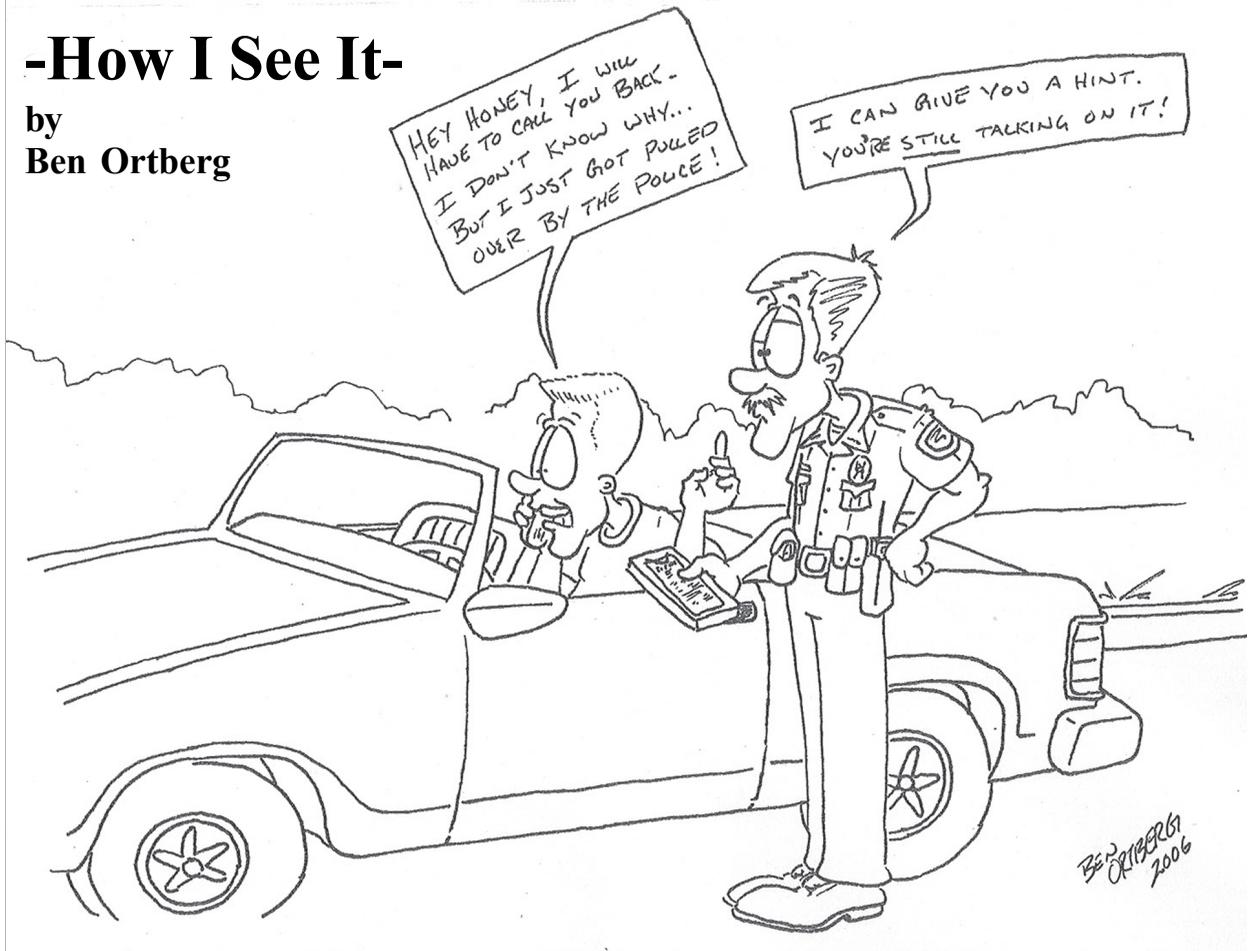
BRIDGE ————— **from page 2**

this base has been relatively small; some have already returned, some are still deployed, some have come here for an assignment directly after their deployment, and others are waiting to go. A number of those returning have been formally recognized with special awards for

their accomplishments while deployed, but the contributions of all of the IAs are significant in fighting the Global War on Terror. I join the ranks of our leadership in saying thank you for being prepared to serve in this very important capacity.

-How I See It-

by
Ben Ortberg



ARMED FORCES COMM
337408
6 X 6

Sailors, civilians celebrate 231st Navy birthday

Photos and Cutlines by MC3 Joseph Moon



Cmdr. Christopher Moore, commanding officer of the Naval Diving and Salvage Training Center, speaker for the evening, raises a glass in a toast to the U.S. Navy.



The color guard stands at attention, ready to parade the colors at the United States Navy 231st Birthday Ball Oct. 14 at the Bay Point Marriott Resort.



A moment of silence is observed during the celebration for those service members who are not present. Traditionally the empty table is set to honor prisoners of war and those missing in action, but has grown to include those who have fallen.



Deanna Lambert, Channel 13 Morning News anchor, sings the American National Anthem as the Naval Support Activity Panama City color guard parades the colors.

with cake, dancing, formal attire, plenty of spirit



Hundreds of guests dressed in evening formal attire stand and toast the Navy's birthday, hosted by the Navy League and the Bay County Council.



Capt. Hal Harbeson, officer-in-charge of NSA PC, cuts the Navy birthday cake with a junior Sailor. It is a tradition for the oldest and youngest servicemember present to slice into the cake.



Lamphu Becker and her husband RP2 Matthew Becker dance to a live band on the dance floor of the Bay Point Marriott Resort during the 231st Navy Ball.

Individual Augmentees now earn advancement points

Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) — Sailors serving in designated combat areas around the world are now eligible for points toward advancement as part of the initiatives recently announced aimed at rewarding Individual Augmentees (IA).

The incentive, outlined in NAVADMIN 280/06, awards two points towards advancement to eligible Sailors serving in designated combat zones in Iraq, Afghanistan and the Horn of Africa.

“We want to show these Sailors that we value their contribution to this long war,” said Chief of Naval Personnel Vice Adm. John C. Harvey Jr.

To be eligible for the award points, Sailors must serve for 179 consecutive days in Iraq, Afghanistan, and the Horn of Africa during a



U.S. Navy Photo
CS2 Matthew Julian is promoted to Second Class Petty Officer in a ceremony held in Afghanistan. Other individual Augmentees, like Julian, will receive two points towards their advancement total for time spent in designated combat zones.

period after Oct. 24, 2001, to be effective immediately.

Sailors from E-3 to E-5 are capable of obtaining a maximum of 10 award points, while an E-6 is allowed to earn a maximum of 12 award points under the current advancement system. The two points for these incentives will go toward that total.

“Taking care of our

Sailors is one of the CNO’s (Chief of Naval Operations) priorities,” said Harvey. “These initiatives are a very big step in that direction.”

While the award points are not retroactive to past exams, if a Sailor has completed an IA tour in the designated time window, that Sailor will receive the points toward the next exam cycle.

“We have to show our Sailors that we are serious about our commitment to the IA fight, and we are serious about our commitment to take care of them,” said Harvey. “If giving two award points to a Sailor who volunteers to go to Al Anbar Province and fight the IED [improvised explosive device] battle helps him to advance, then I think that is the

right thing to do.”

This initiative is part of a series that are being rolled out over the next several weeks and are the most recent efforts by Task Force IA (TFIA) to improve the quality of life of those Sailors and

their families chosen to serve as IAs.

Regardless of how long the tour is or how many separate tours a Sailor does in combat, the two award points will only be credited once.

**MESSIAH
LUTHERAN
337091
2 x 2**

**BAYOU ON THE
BEACH
337874
2 x 2.5**

**S2 ADVERTISING
338834
2 x 4**

GCCC Commodores: Recognizing our military veterans

November 10th

5:00p Tallahassee CC vs Daytona Beach CC

7:00p Gulf Coast CC vs Alabama Southern CC

November 11th

1:00p Tallahassee CC vs Alabama Southern CC

3:00p Gulf Coast CC vs Daytona Beach CC

FREE ADMITTANCE

To all active duty, retired and their dependants
with Military ID (must show ID at the door)



PC RESCUE
336403
2 X 3

GULF COAST DERM
335319
2 X 3

MILITARY MEDIA
335554
2 X 5

NEX

provided her with the information she needs to take charge of the branch.

Which includes completing a Customer Survey Index for the branch, she said. The CSI will assist in expanding the products available at the NEX, said Willis.

Patrons of the store fill out the form, located at a table just inside the entrance, and the information provided is utilized to determine which products are needed to increase the shopping experience of the customers, said Willis.

“As the customers come in, they can fill out the survey at the table,” said Willis, hoping that



Atangila Willis, new branch exchange manager of the Panama City Beach NEX.

personnel and students opportunity to voice take advantage of this their needs.

from page 1

The survey ends today, afterwards it will be sent to NEX headquarters for evaluation, said Willis.

Changes in the variety of the products available, due to the CSI, will be noticeable by February, she said.

Willis has noticed that many of the NEX associates are on a first name basis with their customers which coincides with Willis’s belief in relationship selling, which means getting to know your customers, she said.

For the time being Willis commutes from Pensacola, she said, but she is looking forward to her PCS orders to move to Panama City.

Coast Guard takes flag football league championship



The Coast Guard team won the flag football championship here October 3 in a close, 20-14, game against the GDC (civilian team). This is the second year in a row that the Coast Guard team has taken the league title.

photo by Heather Harris

TRICARE to hold town hall briefing

Jim Blanchard
TRICARE Operations
325th Medical Group

Tyndall's 325th
Medical Group
TRICARE Operations
office and TRICARE
Service Center staff will
join with the Naval Sup-

port Activity (NSA)
Clinic, Panama City
Beach to present a
TRICARE health ben-
efits briefing 6:00 pm –
8:00 pm, Thursday, No-
vember 9, at the NSA
Long Glass Club located
next to the station fitness
center.

This briefing is de-
signed to help military
retirees, their eligible
family members, active
duty families and survi-
vors better understand
their health benefit.
The presentation
addresses all aspects of
the TRICARE health

benefit to include
TRICARE for Life and
a segment will cover
'Skilled Nursing versus
Long Term Care'.
Colonel George
Nicolas, the 325th
Medical Group Com-
mander, will be there to
provide opening com-

ments.
Parking is available
in front of the building.
For more informa-
tion contact the 325th
Medical Group
TRICARE Operations
office at 283-7331/
7332.

**COCO-
NUT
CREEK**

TRICARE expands health care benefit to all National Guard members, reservists

By **TRICARE**

The new
TRICARE Reserve
Select program will be-
gan this month. Tier 2
and Tier 3 coverage
began Oct. 1, for
members whose re-
quest form and pre-
mium is postmarked or
submitted to a
TRICARE Service
Center Aug. 1 through
Sept. 25. Coverage
begins Jan. 1, 2007, for
members whose re-
quest form and pre-
mium is postmarked or
submitted Sept. 26
through Nov. 25,

2006. TRICARE Re-
serve Select Tier 1
members must contact
their Reserve Compon-
ent to obtain qualifica-
tion guidance.

The TRICARE
Reserve Select Pro-
gram was expanded by
Congress earlier this
year and offers health
care coverage to quali-
fied members of the
National Guard and
Reserve and their fam-
ily members.

The expansion of
TRICARE Reserve
Select will allow all
qualified members of
the Selected Reserve to



purchase health care
coverage, with three
tiers of premium shar-
ing. TRICARE Man-
agement Activity and
Reserve Affairs
worked together to de-
velop this new benefit
and finalize system
changes to launch the
program.

Army Maj. Gen.

Elder Granger, deputy
director of TRICARE
Management Activity,
said that TRICARE
will deliver the en-
hanced benefit on time.
"These warriors are a
valuable asset in the
defense of our nation,"
said Granger. "With
TRICARE Reserve
Select they will have

peace of mind knowing
they may purchase
TRICARE coverage
for themselves and their
families for use when
they are not on active
duty."

Beneficiaries may
find the most current in-
formation about
TRICARE Reserve
Select on the
TRICARE Web site at
[www.tricare.osd.mil/
reserve/reserveselect/
index.cfm](http://www.tricare.osd.mil/reserve/reserveselect/index.cfm).

**NEWS
HERALD
PROMO
332203
1 x 10**

ROBERT MECKER
335333
2 x 3

LACLE AUTO PAINTING
337259
3 x 3

METRO/MIDAS
325279
3 x 5

CLASSIFIED PROMO
311090
3 x 6

NDIA ————— **from page 1**

The theme of this year's conference is "Joint Expeditionary Operations in an Uncertain World." The primary areas of focus for NDIA's 2006 conference are: Technology Challenges in an Uncertain World; Warfighting Challenges in the Littorals; Force Structure Uncertainty;

and Interoperability of Unmanned Systems in Expeditionary Warfare.

More details including conference agenda and information on various distinguished visitors participating in this year's event can be found on the NSWC PC web at:

<https://nswcpcweb.ncsc.navy.mil> located under Station/Community Events.

Employees of NSWC PC are to register through the Training Office and not via NDIA's online web site. For more information, contact Donna Worthington at 235-5291.



MWR TRUNK-O-TREAT
 at the
 Youth Activity Center
 Oct 28TH 4:00 p.m.-7:00 p.m.
 Join us for games, contest,
 crafts, food & FUN!

Enter if you DARE!!! **CONTESTS**

My Mummy My Mommy Will be held at approximately 4:30 pm. This will be an age group event 5-7, 8-10, 11-13

Halloween Costume Contest Will be held at approximately 5:00 p.m. This will be an age group event 0-12 months, 2 - 4, 5-7, 8-10, 11-13

Pumpkin Carving Contest Pumpkins must be ready to be judged by 5:30 p.m.

Scarecrow building Contest Scarecrows must be ready to be judged by 6:00 p.m.. This is a family event. Each family will build their best scarecrow. MWR will provide hay . Families must provide all other items to build scarecrow.



TRUNK-O-TREATING will start at approximately 6:30 p.m. Please bring a bag of candy to pass out to the **TRICK-O-TREATERS**.



Reminder that the Youth Activity Center is located on Solomon's Drive past the Marina and housing area (the old front gate entrance). X5576 or X5622 if you have any questions?

CLASSIFIED PROMO
311084
6 x 11.5

CLASSIFIED PROMO
311085
6 x 11.5

Classified Ads

Bunk bed set with mattresses, \$150 OBO, call 233-0257 leave message. (21)

Jeep Black Steel Tube Bumpers (front and rear) excellent condition \$150 call 236-7595 or e-mail: jeepexpress@knology.net. (21)

New Arc Welding Machine used less than one hour; uses 110 Volt current for welding on steel up to 3/16" thick. Comes with 6' cable and clamp + 10# box of weld rods & shield. \$99. Call 774-5771 or 235-6992.

Engagement Ring, 1 CT., 3 stone, certified w/paperwork, 2 year service plan is transferable, white gold setting, appraised at over \$3k, will sell for \$2500. Call 305-3598.

2005 Nissan Maxima SE, 18" factory rims, 265 hp, excellent condition, really nice & clean, 35k miles, \$24,000. Call 305-3598. (21)

Baby items: crib and toddler bed, both cherry wood sleigh beds, includes a mattress \$75, 1 crib mattress \$15, call 265-2135.

3bed/2.5bath Brand new home, garage, washer/dryer hookup, 1 year lease, small pet ok \$1075 Monthly + deposit www.JWWproperties.com Call 276-2430.

OMER 90 Excalibur 2000 spear gun. Brand new, never used. \$100. Call Clint at x5296 or 234-1013. (21)

25" White GE Profile Stove 2004, Excellent Condition, Self cleaning oven, Asking \$250, Call 960-1029. (21)

Private, furnished room for \$400/month & 1/3 utilities or \$500 w/ utilities incld in a centrally located house in PC. Close to mall, GCCC & FSU, downtown. No smoking or pets. Female preferred. Contact Shawn at 814-7869. (21)

2000 Jeep Wrangler Sport, CD player, automatic transmission, cruise control, new tires, 6" lift, clean, good condition, winch jack List with NADA for \$15,400. Will sell for \$15,000 FIRM, call 596-7974. (20)

Home for sale or rent! \$375,000 or \$2,000 per month 3 BD, 2 1/2 BA, pets negotiable. For more information, call Wynne at 814-8739. (20)

1998 Harley Davidson Softtail Custom. Lots of Chrome, sissy bar luggage rack, Corbin saddle bags and extra Corbin bags, Garage kept. 16K. Call Jo at 234-4147 WK 258-9136 or 784-4764 after 6 pm. (20)

Chipper/Shredder MTD 10 hp, like new, \$450. **Truck bed tool box, diamond plate**, \$100. 890-2533. (20)

Nordic-Track Recumbent exercise bike, less than year old. excellent condition. Wide mesh seat, programmable workouts, measures heart rate and calories/carbs burned and much more. Transferable 3 year extended warranty. \$250. **Fender 12-string acoustic guitar** in mint condition w/hard case. \$675. **Baldwin professional keyboard**, recording and aux hook ups to plug in to full amp/sound system, large variety of in-

strumental sounds, beats, etc. \$175 OBO. **1966 Vintage Contello Accordion** 120 bass w/2 switch options and 7 switches for keyboard. Comes w/original hard case. Pearl white, sounds great, everything functional and in overall excellent condition. \$350 Call: 234-4849 or cell: 832-3110.

Entertainment Stand - for Television, Stereo, DVD, etc. 24x48x48, rounded design. Light maple veneer with gray trim. Very good condition (<2 years old). Large open area in center for TV with shelves above, below, and on sides. Side shelves have removable wire racks for holding movies/DVDs/games/whatever. Maple veneer with gray trim, on wheels. \$50. Call 236-0988.

Woodlawn 321 Greenwood Cir. 2100sf, 3 BD, 2.5 BA, Jacuzzi tub, FP, heated pool w/ large screen enclosure, sprinkler sys, 2 car garage, brick exterior, 7 yrs old. \$418,000, By Owner. 236-7752.

NordicTrack E3800 \$999 (goes for \$1700). Was used only for a few months of light use. Excellent condition. Please call 774-4595. (20)

Used General Electric Drop-In Range: Electric-power, 4 coil heating elements on range, 30" width. Electronic oven controls w/ start time, cook time, and timer features. Lift up black porcelain cook top, black porcelain trim rings. Black oven face w/ glass window and black trim/handle. Asking \$85. Call 872-0360 or 819-2125. (19)

2004 Stingray 180RX Boat, Trailer, and Equipment \$11,400/OBO - 135HP Volvo Engine. Used primarily for wakeboarding and is in very good condition. NADA lists boat for \$9800, trailer for \$1,380. Boat, galvanized trailer, wakeboard/tow tube, all Coast Guard required equipment, CD w/ 4 speakers, and much more for \$11,400. Call 532-5468 or 960-1836. (19)

2005 Honda VLX Deluxe, 600cc, white, windshield, sissy bar, luggage rack, Kuryakyn pegs, less than 3,000 miles, garage kept, like new, warranty until July 13, 2009, \$4,300. Call 624-0144.

207 Woodlawn Dr home for sale— 3bd/2ba 1400+ sq ft, floors are parquet (wood), vaulted ceiling in family/dining and kitchen are fireplace, fenced back yard and carport. \$235,000 Call 319-0822 (19)

GMC Suburban '98 SLE auto 2WD, cold air, rear air, removable 3rd row seat pwr steering & windows, pwr door locks, keyless entry, tilt, cruise, am/fm cassette, CD, 4-wheel abs, towing package, roof rack, privacy glass. Runs perfect, very well maintained 109,000 miles, \$7600. 258-4754. (19)

Chevy Blazer 4x4 4Dr V6 power steering & windows, power door locks, keyless entry, tilt, cruise, am/fm cassette, towing pack-

20 years in one box



photo by Steve Applegate

Master-at-Arms 1st Class Tyrone Cleveland holds his shadow box, presented to him by his son Joshua (left) at the Long Glass building Sept. 22. Cleveland's retired here after 20 years of service. He joined the Navy in 1986 as a Mess Specialist, and made the change to Master-at-Arms in 2001.

age, 70,000 actual miles. Excellent Condition \$6900 OBO 874-9495 (19)

Plymouth Voyager minivan, 2000, extended cargo area (8' x 4'), 2 removable rear bench seats, 3.0 liter 6 cyl., 82k miles, trailer hitch, dual sliding doors, rear air conditioning, 12-disc CD changer, white ext with blue cloth int. Runs great, great cond. except for dent in rear corner panel. \$7,000 OBO. Call 234-4646. (18)

1999 Cadillac Escalade, Looks great. Runs smooth! It comes with all the great Cadillac features plus the towing package, single and multi-disk CD, Sirius satellite radio, hands-free phone kit, custom wheels and 4 new Goodyear Wrangler HP tires. Gold paint with tan, leather interior. 100,000 miles. For more info & photos, www.theoasis.com/escalade/. \$12,000. Call 819-5530. (18)

Air Hockey table 7' professional grade \$100 good cond., **Craftsman 3" Chipper/Shredder** \$300 used twice, **Hoover Steam Vac Dual V** \$100 used 5 times, **"AirSource"**

Air Purifier 3000 \$100 good cond. Call 596-0562. (18)

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