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## Air Station Employee Keeps Old Cruisers on the Beat

By Lt. j.g. Tim Mosso, NAS Whiting Field Public Affairs

Naval Air Station Whiting Field's Tom Webster relishes the sight of an Escambia County Sheriff's car in his driveway. Moreover, he has been booked three times – for the Chicagoland Emergency Vehicle show. Webster, a civilian emergency communication specialist at the air station, is an avid collector of classic police cruisers.

"It's really something. Some of these collectors have full frame-off restorations, cars that are over-the-top, and this is the fourteenth year for the national show," Webster enthused.

A lifelong EMT and firefighter, Webster believes this professional background has energized his passion for his unique hobby. He joined a local volunteer fire department while still in high school, and he qualified as an EMT before graduation. Webster's experience with friends in law enforcement- and the vehicles they drove - piqued an interest in the growing emergency vehicle preservation movement.

When owners of these vehicles began to coalesce



**CRIME MACHINES:** Emergency vehicles of past and present at a Pensacola area car show. NAS Whiting Field's Tom Webster's 1991 Escambia County Sheriff's Office Ford Crown Victoria, center, is an award-winner. Photo courtesy of Tom Webster.

into an informal online community, Webster was encouraged to take up the pursuit.

"We're all friends on the website copcars.com, and we started doing this convention in Chicago, and now I've been to four CEVS. I really go up there for the fun, not the

- (Cont. on Page 4)

## Aviation gets physical at NAS Whiting Field

By Lt. j.g. Tim Mosso, NAS Whiting Field Public Affairs

The Aeromedical Safety Office at Naval Air Station Whiting Field knows that a military pilot faces hostile environments during each flight. Whether they fly over Bagdad, Fla. or Baghdad, Iraq, pilots battle heat, acceleration, lighting, and human frailties from the moment they enter their cockpits. The AMSO program gives pilots the tools to win.

"Our job is to teach pilots how the body interacts with the flight environment," Training Air Wing FIVE AMSO Lt. John Cooke explained.

A Naval aviator and aviation



The Barany Chair is used to combat airsickness for student pilots. U.S. Navy photo by Lt. j.g. Tim Mosso.

physiologist, Cooke belongs to a community of naval specialists who call themselves aeromedical safety officers. He oversees the TRAWING-5 AMSO program's vast area of responsibility, wherein he disseminates the information and explains the equipment used to overcome "human factors" in flight.

The human body faces a staggering array of challenges when aloft, and Cooke's resources provide the first line of defense against these threats for pilots at the air station.

"We teach anti-G straining technique (G-lock), dealing with  
- (Cont. on Page 2)

# Aviation gets physical

- (Cont. from Page 1)

spatial disorientation, bailout/egress techniques, conduct informative safety stand-downs, and we provide aggressive treatment of air sickness.”

Airsickness, in particular, ranks among the leading challenges to pilots at all levels of aviation. Students attending Primary Phase training at the base must overcome airsick reactions in their introductory flights and failing to do so can terminate aviators’ careers at inception.

Cooke’s solution: send them to the chair.

The Barany Chair is the AMSO’s ultimate weapon in the battle to help new pilots defeat the effects of motion sickness in flight. The multi-axis device spins, tilts, stops, starts, and accelerates students who have been afflicted with persistent symptoms of airsickness.

Although its gyrations may appear amusing or even exciting to the casual observer, the machine Cooke calls his “Barney Chair” is serious business. The device is reserved as the final line of defense for a student experiencing airsickness after milder therapies and techniques have failed. The unfortunate passenger may experience total motion-induced incapacitation in severe



**SCALING THE MOUNTAIN:** The NVG terrain lab allows students to experience the physical reality of varied landscapes while utilizing low-light visual aids. U.S. Navy photo by Lt. j.g. Tim Mosso.

cases.

Fortunately, “Barney” is a powerful palliative.

“We are able to achieve about a 94 percent success rate, and we see about 45 students per year,” Cooke notes with pride.

The AMSO office stresses pilot education. Although certain adverse environmental effects on the body can be eliminated, aviation physiologists prefer to supply proactive rather than reactive solutions to human factors.

The Barany Chair, for example, also functions as an instructional tool during demonstrations that build trainee awareness of special disorientation effects. This experience may impress upon a student why “trust your instruments” is a cardinal rule during nighttime aviation.

Aviation physiologists teach pilots to anticipate and counter the symptoms of effects that can lead to a mishap. Cooke noted that a pilot might have only one chance to recognize the symptoms of a dangerous physical limitation so, “we teach them how to fight it off.”

- (Cont. on Page 5)

## Eco-nomics

### ***Bannish the Book***

- Try recycling your phone books. Better yet: Call to stop the phone book delivery and then use an online telephone directory instead. Telephone books make up almost 10 percent of waste at dump sites.

### ***Green Carwash***

- Washing your car in a commercial car wash is better for the environment than doing it yourself. Commercial car washes not only use significantly less water per wash – up to 100 gallons less – but they often recycle and reuse rinse water.

### ***Couture de Carter***

- Make like Jimmy Carter and dress warmer for winter, even inside. Gone are the days (for most of us at least) when we can afford to lounge around in our underwear while it’s frosty outside. A light long-sleeved sweater is worth about 2 degrees in added warmth, while a heavy sweater adds about 4 degrees. So cozy up and start saving.

See [www.thedailygreen.com](http://www.thedailygreen.com) for more tips.

## **This Week in Naval History**

### **August 22**

- 1912 - Birthday of Dental Corps.
- 1945 - First surrender of Japanese garrison at end of World War II; USS Levy receives surrender of Mille Atoll in Marshall Islands.

### **August 23**

- 1864 - RADM David Farragut’s squadron captures Fort Morgan at Mobile Bay winning control of Mobile Bay.
- 1958 - In Taiwan Straits Crisis, Units of 7th Fleet move into Taiwan area to support Taiwan against Chinese Communists.

### **August 24**

- 1814 - British invasion of Maryland and Washington, D.C.
- 1942 - U.S. carrier aircraft begin 2-day Battle of Eastern Solomons; Japanese task force defeated; Japanese halt effort to recapture Guadalcanal.

### **August 25**

- 1843 - USS Missouri completes first Trans-Atlantic crossing by U.S. steam ship.
- 1951 - 23 fighters from USS Essex (CV-9) escort Air Force heavy bombers attacking Najin, Korea since target was beyond range of land-based fighters.

### **August 26**

- 1775 - Rhode Island delegates to Continental Congress press for creation of Continental Navy to protect the colonies.
- 1839 - USS Washington seizes Spanish slaver, Amistad near Montauk Point, NY.

# News and Notes

**236th Navy Ball** - Naval Air Station Whiting Field will be holding their annual Navy Ball Saturday, Oct. 8 beginning at 5 p.m.. The event will feature music, dinner, dancing and door prizes, as well as a guest speaker for the function. Tickets are \$25 for E3 and below, \$30 for E4, \$35 for E5 and E6, and \$40 for everyone else. Please call Chief Air Traffic Controller Cecilia Knight-Holton at 623-7755 for more information.

**Navarre Arts Association** - The Greater Navarre Beach Arts Association has issued a call for artists and crafters for the Navarre Fall Arts Festival 2011. The event is scheduled for Oct. 8 and 9, in the Navarre Park adjacent to the Navarre Visitors' Information Center. Deadline for applications is Sept. 1, however with only 50 booth spaces available, acceptance will be on a "first come" basis. There are also 10 food vendor spaces and 10 local business spaces. The Fall Arts Festival will feature fine arts, hobbyists, crafters, music and performance arts. For more information, go to the GN-BAA Home Page, [www.gnbaa.org](http://www.gnbaa.org) <<http://www.gnbaa.org/>> , for an application, or contact [gnbaaexec@yahoo.com](mailto:gnbaaexec@yahoo.com).

**Santa Rosa Medical Center Auxiliary** - The Santa Rosa Medical Center auxiliary (SRMC) will host a patriotic celebration at the Chumuckla's Farmers Opry Thursday, Sept. 1 beginning at 5:30 p.m. There will be a silent and live auction as well as entertainment provide by "The Sawmill Band." Tickets are \$25 and proceeds benefit the SRMC Health Care Scholarships. Call 626-5113 for more information.

**Scholarship Offer** - Troy University is providing a scholarship to all active duty military personnel. All that is required to receive this scholarship is to ask for it. So if you are taking classes with Troy University in the upcoming August term call 850-458-4720 and ask for the Military Scholarship for term 1. The scholarship maintains military student costs at the 2011 level for the 2012 school year and removes the technology fees. This could be worth as much as \$540 per year for an undergraduate student taking two classes per term, \$1,140 per year for a graduate student in the classroom, and \$1,440 per year for a graduate student online.



## Allied Forces

**Officers from the Royal Saudi Naval Forces and Marine Corps receive a brief from Lt. j.g. Linh B. Vinh, USCG. The Saudi senior officers were reviewing the training process their students undergo as part of their flight training during the Aug. 4 tour. U.S. Navy photo by Lt. j.g. Tim Mosso.**

**POW/MIA Day** - Naval Air Station Whiting Field will host a POW / MIA Recognition Day Event, 10-11 a.m., Thursday, Sept. 15, in the base auditorium. Guest speaker will be retired Navy Capt. Collins H. Haines. Capt. Haines was shot down by enemy anti-aircraft fire on June 5, 1967, captured by the North Vietnamese, and remained a Prisoner of War until Mar. 6, 1973. All base personnel are invited!

**Golf Tournament** - The Milton Knights of Columbus will hold the John "Rob" Baker Memorial Golf Tournament, Sept. 24 at 1 p.m. The event will be a four person scramble with a shot gun start. Entrance is \$40 per person; which will include the cart, range balls, and food. Call 981-8078 for more information.

**Golf Tournament Too** - The Eagle Fund will host a charity golf tournament Thursday, Sept. 1 at Tiger Point Country Club. The event has a noon shotgun start and is a four-man scramble without handicap. Single player registration is \$140 with a team price of \$500. The Eagle Fund was created by the Andrews Institute to support wounded and injured military service men and women in their pursuit to return to active duty. Call 850-916-8650 for more information.

**POW/MIA Ceremony** - VFW Post 4833 in Milton will host a POW/MIA remembrance ceremony Saturday, September 17 at 2 p.m. The Post is located near Avalon Boulevard about one-half mile south of Highway 90. Anyone interested should contact Lutz Gruse at 982-4178 for details.

**Summer Country Jam** - Thursday, Aug. 25, the Fish House Deck Bar will be rocking to the sounds of James Wesley as part of the Summer Country Jam Series. Lucas Crutchfield will open the show sponsored by CatCountry 98.7, GoPensacola.com and the Fish House. The event is free. Visit [www.summercountryjam.com](http://www.summercountryjam.com) for more information.

**Don't forget to check out the Naval Air Station Whiting Field's Facebook fan page at <http://www.facebook.com/#!/naswhitingfield> and MWR's Facebook fan page at <http://www.facebook.com/#!/WFMWR>.**



## Retaining Our Best and Brightest

**Lt. Russell Lawrence presents Aviation Boatswain's Mate 2nd Class Mario Renderos with his Honorable Discharge Certificate during his Aug. 12 reenlistment. Renderos renewed his Navy service for two more years in the mid-field hangar. U.S. Navy photo by Jay Cope.**

## Upcoming Events

Aug. 26, 1300 - Winging Ceremony - Base Auditorium  
Sept. 9, 1000 - VT-3 Change of Command -Atrium Building  
Sept. 9, 1300 - Winging Ceremony - Base Auditorium

Sept. 11, 1500 - 9/11 Remembrance Ceremony - Milton  
Sept. 15, 1000 - POW/MIA Program - Base Auditorium  
Sept. 22, 1000 - TRAWING-5 Change of Cmd. - Auditorium

# Fleet and Family Support Center Classes

## **Paying for College - Wednesday, Aug. 24 - 10 a.m. to Noon.**

Whether your child is a toddler or a teenager, find out what you can be doing to prepare for his or her future. Come learn the critical factors that you need to consider: college costs, military benefits, financial aid and scholarships, college savings plans, tax incentives, etc... The earlier you take action, the better your chance of fully funding your child's college education. For more information, call 623-7177.

## **Time Management - Wednesday, Aug. 24 - 1 to 3 p.m.**

At the end of the day, do you ask yourself, "Where did the day go?", and feel like you have accomplished very little on your list of things to do? If you answered yes, this class is for you. The information provided in this class will provide you with the tools that will help you make the most of your busy and demanding days. Class will be held in the FFSC conference room. Call 623-7177 for details.

## **VA Representative - Friday, Aug. 26 - 8 a.m. to Noon (Call 623-7177 for appointment)**

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## Old Cruisers

- (Cont. from Page 1)

awards," Webster related.

Webster's dedication to the cars has driven two full restorations and earned him several dates with judges; his 1991 Crown Victoria, formerly of the Escambia County Sheriff's Office, won the "best-in-show" award, all-Ford classification, at the 2010 Interstate Fair. The comely cruiser does justice to its regal namesake: Webster's Crown Victoria has been a major contributor to his 27 exhibition awards.

His participation in the 2011 Chicagoland show- the largest of its kind in the nation- was his third consecutive attendance in the Second City's emergency vehicle extravaganza and his fourth time as a contender for an award.

The immaculate Crown Victoria is the jewel of Webster's collection, but his vintage motor pool remains a work-in-progress. Webster's other project car, a 1984 Ford LTD, is undergoing restoration. He discovered the car in ragged condition, but the price was right; \$995.00. Ultimately, Webster plans to finish and display the car in the colors and insignia of a Texas Constable.

The LTD is the pursuit special of Webster's fleet;

"The car has the 5.0. H.O. Mustang engine in it...

The State Troopers used to call the cars "the four-door Mustang," Webster recalled.

Restoring and exhibiting a retired patrol vehicle presents unique challenges. Simply obtaining a tired workhorse can be surprisingly difficult due to competition from cab companies, which buy the cars in volume for commercial use.

When a collector is fortunate enough to obtain a car, he faces the daunting prospect of a role-specific



**ONLY THEY KNOW FOR SURE:** Escambia County Police Officers strike a convincing pose with Webster's winner. Naval Air Station Whiting Field employee Tom Webster has earned 27 exhibition awards with his refurbished Crown Victoria police cruiser. Photo courtesy of Tom Webster.

restoration. Unlike most classic car restorations, an authentic emergency vehicle requires original-specification paint, specialized gear, and correct graphics.

Reproduction logos, insignia, and badges must be researched in municipal archives and sourced from specialist suppliers. Mission-specific equipment such as cage screens, communication gear, and colored lights must be salvaged when it can be found or fabricated from scratch.

"eBay! eBay is a big help for our restorations: you would be amazed by what you can find on that site. But before eBay, you scrounge, and sometimes you get lucky," Webster noted

Despite these obstacles, many collectors restore  
- (Cont. on Page 7)

# Aviation gets physical

- (Cont. from Page 2)

Proactive pilots don the latest aviation life support systems, and the AMSO is NAS Whiting Field's outfitting authority.

"We assist when evaluating new gear, give pilots the latest and greatest, teach them about the threats out there, and then we show them how to use their gear," Cooke summarized.

Night vision technology is a major component of that gear. Although Cooke's TRAWING-5 night vision specialists number between eight and nine at any given time, they are prolific teachers. Each of NAS Whiting Field's roughly 1,200 annual rotorcraft aviator graduates must qualify in the AMSO's night vision goggle laboratories.

The labs teach use of the equipment in tandem with human physiology. Students learn how to use the technology, but the aviation physiologist ensures that trainees also understand the limitations of the "Mk. 1 Eyeball" under low visibility conditions. The interaction of the two factors is demonstrated in the NVG terrain lab.

All rotorcraft aviators must prepare to fly at low altitudes during night operations; the AMSO provides a safe and ground-bound primer for the uninitiated.

Within the black-walled confines of Cooke's terrain lab, students use actual NVG technology and intricate scale models to simulate the effect of flying a helicopter over developed or rugged landscapes.

The AMSO terrain models ensure that students have the experience of watching a mountain loom in their windscreen and learn to recognize a sheltered convoy of enemy vehicles while remaining in controlled conditions.

Cooke's laboratory bridges the gap between a student's preconceptions of night vision flight and actual perceptions. The result is a physically aware pilot who can react correctly during real NVG flight training and fleet operations.

The AMSO office at NAS Whiting Field supports students from their initial flight training to the day of their winging. While a trainee's initial contact with the office may stem from the wrong kind of "bagged lunch," every triumphant rotorcraft aviator will pass through the NVG lab.

Physical education and technology go hand-in-hand at the air station's AMSO office, and Cooke makes a point of "teaching proper use of life-saving equipment," whether God-given or otherwise.

feds **feed** families

Children and families are in great need of donated food this summer.

Federal employees are joining together to collect 2 million pounds of food nationwide.

Starting **July 5, 2011**, please bring non-perishable items and place into a designated donation box.

Boxes will be picked up by the NASWF Chaplain's office:

**July 19, 2011**  
**August 2, 2011**  
**August 16, 2011**  
**August 30, 2011**



Contact your **local Chaplain** for drop-off locations and more information.

**POC: RP2 Jordan at 850-623-7212 or 850-623-7211**

[www.fedsfeedfamilies.gov](http://www.fedsfeedfamilies.gov)



@FedFoodDrive



Feds Feed Families

# Chalkboard Minute



**Chris Hendrix**  
NAS Whiting Field  
School Liaison Officer

With the new start and end times of the local schools, I wanted to let you know about the before and after school programs offered by the Santa Rosa County Community Schools. You can visit <http://www.santarosa.k12.fl.us/comschls/Default.htm> for more information. To begin care on the first day of school, you must have been registered and paid by Aug. 17.

Two schools offer before school care: TR Jackson and Bennett Russell. The cost for before school care is \$15 per day and it begins at 6:30 a.m.

After School Care begins upon school dismissal and ends each day at 6:00 P.M. The cost is \$55 per week for one child, \$105 for two children, and \$25 for each additional child from the same family. The following Elementary schools offer after school Care: Bagdad, Bennett Russell, Berryhill, East Milton, Pea Ridge, SS Dixon Primary, Rhodes, TR Jackson, Gulf Breeze, Holley Navarre Intermediate and Primary, Oriole Beach, and West Navarre Intermediate and Primary.

Community School also offers full service days for days that are school holidays but not state or Federal holidays. They cost \$18.00 per child per day and include all activities, two snacks, and lunch. Drop off time is 6:30 a.m. and pick up time is 6:00 p.m.

The full service days scheduled for this school year are: Oct. 24 Planning Day (pay by Oct. 14 before noon); Nov. 21, 22, 23 Fall/Thanksgiving Break (pay by Nov. 10 before noon); Dec. 19 - 23 & Dec. 27- 30 Christmas Break (pay by Dec. 9 before noon); Jan. 20 Planning Day (pay by Jan. 13 before noon); March 12 - 16 Spring Break (pay by March 2 before noon) and April 2 Planning Day (pay by March 23 before noon).

# Navy Approves Minimalist Footwear

Navy announced approval for Sailors to wear minimalist footwear with the Navy Physical Training Uniform during command or unit physical training, individual physical training and the semi-annual physical readiness test Aug. 5.

"This was the result of requests from the Fleet for guidance on the wear of these types of footwear," said Capt. William Park, head, Officer Personnel Plans and Policy. "After thoroughly reviewing potential benefits and impacts in the Fleet, leadership gave the approval."

NAVADMIN 238/11 defines minimalist footwear as shoes that allow the foot to function naturally without providing additional support or cushioning.

Examples of minimalist footwear are included in the NAVADMIN.

## NAS Whiting Field's Annual Navy Ball Golf Tournament

September 9th shotgun start @ 0800

We will be looking for you there!

\$40.00 per person - Pre register by Sept 2nd to get a free mulligan

\$5.00 Mulligan pkg includes 3 mulligans & 1 tee buster

Prizes for closet to pin, longest drive & longest putt.

To register contact AC3 Richardson @ [kyle.w.richardson@navy.mil](mailto:kyle.w.richardson@navy.mil)

AC2 Balcom @ [kelsy.balcom@navy.mil](mailto:kelsy.balcom@navy.mil)

RAIN DATE: SEPTEMBER 23rd



# Alexander passes command of CNRSE to Scorby



Rear Adm. Townsend G. “Tim” Alexander walks through side boys upon arriving at the Commander, Navy Region Southeast (CNRSE) change of command ceremony aboard Naval Air Station Jacksonville, Aug. 18. During the ceremony, Capt. John C. “Jack” Scorby Jr. relieved Alexander as CNRSE commander. (U.S. Navy photo by Mass Communication Specialist 2nd Class Greg Johnson/Released)

**By MC2(SW) Greg Johnson, Navy Region Southeast Public Affairs**

Commander, Navy Region Southeast held a change of command ceremony aboard Naval Air Station Jacksonville (NAS JAX), Aug. 18.

During the ceremony, Capt. John C. “Jack” Scorby Jr. relieved Rear Adm. Townsend G. “Tim” Alexander as the region’s commander.

“It’s absolutely wonderful to be back in Jacksonville,” said Scorby, who previously served as commanding officer at NAS JAX. “It’s an absolute honor and a privilege to be able to serve as the commander of Navy Region South-

east. We have an extraordinarily outstanding staff here that I am proud to work with.”

Scorby, a 1981 graduate of the State University of New York at Cortland, was commissioned an ensign after completing Aviation Officer Candidate School in March 1983.

He holds a Master of Science in financial management from the Naval Postgraduate School, a Master of Arts in national security and strategic studies from the College of Command and Staff, U.S. Naval War College, and a Master of Arts in national resource strategy from the Industrial College of the Armed Forces.

Scorby has been selected for rear admiral and comes to CNRSE from his current position as executive assistant to the Assistant Secretary of the Navy for Energy, Installations and Environment, a position he has held since May 2010.

Alexander has commanded CNRSE since January 2009. Under his leadership, installations throughout the region made significant reductions in energy costs through the development of the CNRSE Energy Strategy and the establishment of the Regional Energy Council. As a result, the region will save an estimated \$4.2 million with 38 new energy projects during fiscal year 2012 and will generate an estimated \$58 million in new energy projects during fiscal year 2013.

“It has been an honor and a privilege to serve with the men and women, military and civilians, who are the Southeast Region,” said Alexander. “I will miss their dedication, professionalism and friendship.”

Alexander, who was awarded the Legion of Merit during the ceremony, will assume command of Commander, Navy Region Mid Atlantic, Norfolk, Va., in September.

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## Pentagon Channel to cover 2011 Wilderness Challenge

**YORKTOWN**—The Pentagon Channel has agreed to cover the 2011 Mid-Atlantic Region, Morale, Welfare and Recreation (MWR) Department’s annual all-military Wilderness Challenge as a special program for the television channel. To ensure maximum participation for this great opportunity, the cost for registration has been lowered from \$700 to \$500 per team.

The Wilderness Challenge will take place, Oct. 6–8, in the heart of the Appalachian Mountains and on the New and the Gauley Rivers in West Virginia. The event is hosted by ACE Adventure Resort, West Virginia’s largest outdoor outfitter.

More than 300 military personnel representing teams from around the World are expected to compete. Only the first 60 teams will secure a spot in the Wilderness Challenge, so teams are encouraged to register early.

The challenge contains a series of five outdoor adventure races in a team format designed to bring camaraderie, competition and team spirit between all five branches of the Armed Services. Teams participating in this year’s challenge

will compete in an 8K mountain run, a 14-mile mountain bike race, a 14-mile forced hike through the mountains, a 13-mile whitewater raft race on the Gauley River and a 7-mile kayak race on the New River. Last year’s winner was Team “Amphibia” from the Office of the Chief of Navy Reserve, Washington, D.C.

Registration is open to all branches of the military. Teams must be comprised of four active duty military, one of which must be female. Registration can be made online at [www.wildernesschallenge.net](http://www.wildernesschallenge.net) or by calling (757) 887-7256.

The Pentagon Channel broadcasts military news and information for the members of the U.S. Armed Forces, enhancing Department of Defense communications with the 1.4 million active duty service members, 1.2 million members of the National Guard and Reserve and the 650,000 civilian employees of the Department of Defense. For more information, visit [www.pentagonchannel.mil](http://www.pentagonchannel.mil).