



Hawaii Air National Guard keeps dynasty alive



Story and photos by Randy Dela Cruz
Contributing Writer

The 613th Support Group (613 SPTG) was only one point away from winning the big one, but in the end, Hawaii Air National Guard (HIANG) prevailed to capture its ninth consecutive intramural volleyball championship in three sets, 19-25, 25-12 and 15-13 at Hickam Fitness Center, Joint Base Pearl Harbor-Hickam, on May 26.

The title matchup was a showdown between the top two intramural squads in the Hickam league and was the culmination of a three-day, single-elimination post-season tournament that began on May 24.

Both teams entered the playoffs with identical

regular-season records of 5-0 and received first-round byes, before punching their tickets to the big dance by dispatching semi-final opponents.

The HIANG got past 15th Airlift Wing Civil Engineering Squadron (15CES) in its semi, while 613 SPTG defeated Joint Interagency Task Force West (JIATF West).

According to 2nd Lt. Ty McKeever of 613 SPTG, the clash against HIANG was something he and his teammates had been anticipating for quite sometime.

"This is our first time in the championship game," noted McKeever. "We always wanted to play the HIANG so this was a real special

opportunity for us." Hoping to make the most of the meeting, 613 SPTG matched the perennial champs point for point through the early stages of the first set before taking control with a run of six straight points to gain a 21-17 lead.

After HIANG pulled to within three points at 22-19, 613 SPTG closed out the first set with three consecutive points. McKeever slammed down the final two

kills. McKeever picked up three more kills early in the second set to keep his team within striking distance, but with 613 SPTG behind at 4-3, HIANG took control by recording seven straight points.

The big gun for HIANG was Capt. Brad Pactol, who seemingly had his hand on every one of his team's points during the stretch run.

Pactol spiked a total of four kills and recorded a block for another point in leading HIANG to its huge advantage.

"We made some lineup changes, but mostly we just started to warm up and play more consistently," said Pactol about his team's run.

"I was pretty lucky. If you're in the right place, good things will happen."



Pactol went on to record another kill and block and even delivered a service ace to put the second set on ice at 25-12 and even up the match at 1-1.

Tech Sgt. Stephen Lorenzo also aided HIANG's comeback with a few big kills of his own in the second set.

He said that after losing the first set, the team just needed to settle down and play its game.

"In the first set, we were just excited to be here so we were overly anxious and overplayed," he stated. "We calmed down in the second set and made a few adjustments in our passing. We started controlling the ball and hitting more consistently."

While HIANG appeared to use momentum to snatch a quick 3-0 lead in the final set, the team could not shake a tenacious 613 SPTG squad that fought back from behind on several occasions to finally grab a 13-12 lead.

However, with its back against the wall, HIANG withstood each of its opponent's rallies and came back to knock down the set's final three points to wrap up another championship.

"This was a challenge," admitted Lorenzo. "They had us down by one. If they got one more point, they would have won. We ended up digging down deep into ourselves and feeding off of one another to help us win this game."

Pactol agreed with Lorenzo, but added that the team's steady play proved to be the difference in the game.

"We don't really have big ups and downs," said Pactol. "We just play our game and whatever happens, happens."





Chuck Milligan, hypnotist, leads audience volunteers through comical situations during performances at Makai Recreation Center and Club Pearl at Joint Base Pearl Harbor-Hickam on May 28-29.

Hypnotist dazzles Sailors, Airmen and families at MWR performances

Story and photo by
Beth Hundley and
Carolyn Aselton Wilkie

Fleet & Family Readiness –
Marketing

Peals of laughter filled the Makai Recreation Center and Club Pearl on May 28-29 as hypnotist Chuck Milligan brought his act to Hawaii's military as a Memorial Day thank you.

His appearance was sponsored by the Joint Base Morale, Welfare and Recreation (MWR) program, and plans already are underway to bring him back next year.

For two shows – one geared to families and a second for adults only – Milligan elicited everything from polite chuckles to out-and-out guffaws as he turned everyday Sailors, Airmen and their family members into comedians.

His unassuming manner immediately put his audience at ease, and he had no trouble getting volunteers to come onstage and submit to hypnosis. In fact, several in the audience fell under his spell, too.

Aviation Warfare Officer Kris Jones of Patrol Squadron 47 had never been hypnotized before and was one of the volunteers. Even though his unit just returned from a six-month deployment, he was eager to bring his family to the show.

"I saw him on TV before and I wanted to see if it was real, and it was," Jones said. His wife had tears in her eyes from laughing so hard after seeing her typically mild-mannered husband wearing a yellow duck flotation device while taking on the persona of a lifeguard chastising the audience for peeing in his pool. He later thought he was Michael Jackson while demonstrating his moonwalking skills.

"It was weird, definitely," he said, explaining that when hypnotized he was aware of what he was doing, but was unable to resist doing what Milligan had instructed him to do. Like the others on stage with him, he knew he was in a safe environment and let himself be open to suggestion.

The result was pure comedy for his audience, and

an experience he'd be willing to repeat.

"It was a good time," he said. "Too funny!"

While there were several couples and families who attended the performances, there also were some groups of friends looking for a way to pass the time while their spouses were out to sea.

Jennifer Leslie, the wife of a machinist's mate currently deployed on the USS Texas, said she was a skeptic after being hypnotized.

"I never believed that kind of stuff," she said after the show as her friends laughed and told her about her antics killing cockroaches on stage, offering their cell phone photos and videos as proof.

Her friend, Heather Allen, whose husband is a sonar technician on the USS La Jolla, wasn't entirely convinced, but enjoyed the show nonetheless.

"It was entertaining," she said. As for the best part of the show, Allen said, "The duck. It's got to be the duck."

Combined team hands WFS first defeat

Story and photo by
Randy Dela Cruz

Contributing Writer

An undermanned We Fix Ships (WFS) squad tasted its first loss of the season when it fell 3-0 to Pearl Harbor Naval Shipyard/Naval Submarine Support Command (PHNSY/NSSC) in an intramural soccer league matchup at Ward Field, Joint Base Pearl Harbor-Hickam, on May 29.

WFS, a team that mainly comprises Navy divers from Pearl Harbor Naval Shipyard & Intermediate Maintenance Facility, entered the game with a record of 9-0 and was the only remaining unbeaten team in the league.

Machinist's Mate 1st Class Mike Mathura, who scored the second goal for PHNSY/NSSC, said the team's decision to push the action from the start was the key reason for its victory. WFS started the game with only seven players on the field, instead of a full eight-man squad.

"It definitely gave us more confidence," said Mathura. "We were allowed to play a more aggressive, attacking offense."

The tactic proved effective as PHNSY/NSSC got on the scoreboard early in the first half when Air Force Tech. Sgt. Martin Vincente maneuvered the ball past a defender near the WFS goal, before booting it past the keeper and into the net.

With the team clinging to the slim 1-0 advantage, Vincente helped PHNSY/NSSC double its lead with a heads-up play midway through the second half.

Trapped by double coverage near the WFS goal, Vincente delivered a perfect pass to Mathura, who was all alone and streaking down the middle.

Facing a one-on-one stand-off with the goalkeeper, Mathura got the best of the situation by blasting a kick past the goalie for the score.



Air Force Tech. Sgt. Martin Vincente maneuvers the ball, before kicking in the first goal for Pearl Harbor Naval Shipyard/Naval Submarine Support Command (PHNSY/NSSC) during an Intramural Soccer League game versus We Fix Ships at Ward Field, Joint Base Pearl Harbor-Hickam, on May 29. PHNSY/NSSC scored a 3-0 win to hand WFS its first loss of the season.

"I got a great pass from Martin," acknowledged Mathura. "I was wide open and was able to kick it between the keeper's legs."

A few minutes after the team's second goal, PHNSY/NSSC added one final tally on a long booming kick from Aviation Support Equipment Technician 2nd Class Miguel Sandoval, whose shot squeezed between the goal's upright and the fingertips of the WFS keeper's outstretched hand.

"I had the shot and the goalie was out of the box so I took it," said Sandoval. "Thank God it went in."

Without the services of a full squad, Navy Diver 2nd Class Frank Troy said that once WFS fell behind, it was very difficult to mount a comeback.

As the team was scrambling to pick up its seventh player to avoid a forfeit, Troy admitted that WFS would have to adopt a conservative strategy to be competitive against a tough PHNSY/NSSC team.

"We came into the game thinking defense from the get-go because right from the beginning we were going to be down men," said Troy. "We

weren't really planning on scoring goals. We were just hoping to make it to a shootout so that we would have an opportunity to win the game."

Still, even though the team failed to maintain its undefeated record, Troy stated that he was very pleased with the way WFS fought on despite its handicap.

"Any loss is disappointing, but we're rubbing this one off," noted Troy. "We know that if we had our goalie and two other key people, the outcome would have been different. We're OK. We're moving forward."

While Troy is certain that WFS will bounce back from the loss, Mathura said the victory would be used as a springboard to bigger and better things for PHNSY/NSSC, whose record now stands at 7-3.

Beating a previously undefeated squad, said Mathura, is a sign that PHNSY/NSSC is a team on the rise.

"More practice and we're going to get better as a team," claimed Mathura. "Seems like the more practice we get, the luckier we get."

Long ball propels Snafu to tournament title

Story and photo by
Randy Dela Cruz

Contributing Writer

Snafu banged three home runs in the championship finale to beat Small Game 808, 10-3, and win the Morale, Welfare and Recreation Memorial Day Softball Championship Tournament, which was held at Millican Field, Joint Base Pearl Harbor-Hickam, from May 29-30.

In capturing the tournament's crown, Snafu went undefeated with a record of 4-0 while Small Game 808, which had to fight its way to the championship game from the loser's bracket, went 3-2, with both losses coming at the hands of Snafu.

After both teams failed to post any runs in the first inning, a well-rested Snafu, which got a three-hour break after qualifying for the title game, scored the first two runs of the game on a two-run, inside-the-park homer by Electronics Technician 1st Class Nick Russell in the top of the second inning.

Russell, who bats from the left side of the plate, blasted the ball to the right-field fence and easily circled the bases to



Electrician's Mate 2nd Class Jake Alicuben of Snafu attempts to put a tag on a player from Small Game 808 during the teams' championship game of the Memorial Day Softball Tournament at Millican Field, Joint Base Pearl Harbor-Hickam, on May 30. Snafu defeated Small Game, 10-3, to capture the two-day tournament's crown.

complete the dinger.

"I came up to the plate knowing that I was going to pull everything because the sun was right in his (right fielder) eyes," said Russell. "I just stayed up there and got something good to hit."

The lead, however, was short lived, as Small Game 808 tied the score in the bottom of the third inning by scoring two runs on two singles and two er-

rors by Snafu after two outs were recorded.

Snafu, which outscored Small Game, 12-11, in the teams' first meeting in the tournament, struggled at the plate after Russell's long shot gave it the lead in the second inning.

For the next three frames, only two Snafu batters reached base, and the team went down in order in the top of the fifth. The drought opened the

door for Small Game to take the lead in the bottom of the fifth when, with one out and runners on first and second, Logistics Specialist 2nd Class Jason Goff delivered a long drive to left field to drive in a run and give Small Game its first lead of the game at 3-2.

"We thought that we would sneak in," said Goff about his go-ahead hit. "That's what we always did. That's how we made it that far."

However, there would be no sneaking past Snafu, as in the top of the sixth, the team answered back by scoring three runs on five hits, with the big blow coming off of the bat of Army Sgt. 1st Class Dean Neighbors, who launched a two-run jack over the left-field fence.

After Small Game failed to score in its half of the sixth, Snafu exploded for five runs on seven hits in the top of the seventh to put the game away for good.

Once again, Neighbors was in the middle of the damage by slugging another long fly over the left-field fence. Only this time, the bases were full of Snafu runners when Neighbors crunched his second homer

of the game.

"I like the pitches high in the zone," said Neighbors. "So I was just looking for something up. The wind was tough, so anything you drove to center field held up. So I had to try and push it out to left. That was the only place you could hit it hard and deep."

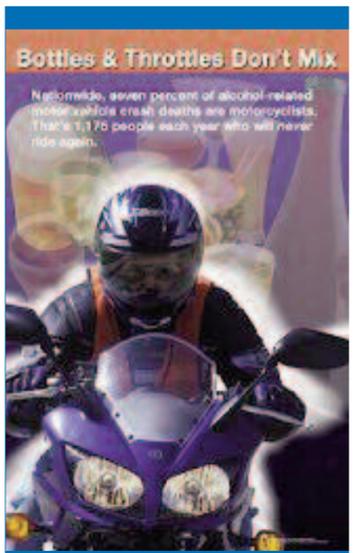
Although Snafu was struggling at the plate, before it started to rally, Neighbors said that everyone just tried to stay focused and keep swinging away.

He noted that having a couple of hours off between games might have affected their timing, but the keys to the team's big innings were to stay calm and not panic.

"We just tried to stay positive and keep everybody up," said Neighbors.

Although Small Game 808 entered the title showdown right after its semi-final matchup against USS O'Kane (DDG 77), Goff said the back-to-back games had no bearing on the outcome against Snafu.

"In a tournament, you got to have the energy to play out here all day," pointed out Goff. "It's never too much. We're in the Navy so we're in shape."



101 Days of Summer

The temperatures are up and summer is finally here. If you intend to celebrate the summer holidays with a beverage of your choice, please drink responsibly and ALWAYS, ALWAYS ensure you have a designated driver. Look after your friends and family by being a good wingman, shipmate or battle buddy! Volunteer to be a designated driver - and be a safe one and ensure your passengers buckle up. Play to live. Live to play! If you need a ride, call 449-RIDE.

(Information provided by Joint Base Pearl Harbor-Hickam Safety Office)

Forest City 'strives for 5'

Natasha N. Jackson

*Community Services Coordinator,
Forest City Residential Management,
Inc. Navy Family Housing*

Forest City Residential Management (FCRM) is committed to giving exceptional service throughout the year, but this is no guessing game. Residents rate their satisfaction with FCRM services such as management, leasing and maintenance as well as property appearance and condition with the 2010 CEL & Associates survey. "Residents score us on a scale of 1-5, with five being the best. It's our report card, and of course, we strive for 5," said, Kari Diaz, general manager of Forest City Residential Management.

Because Forest City believes in the human approach to residential management, they hand-delivered the CEL & Associates Survey to all Forest City residents - 4,500 plus homes. The Forest City team will be in the communities to deliver surveys in June. An e-mail will be sent to all residents to announce the survey delivery dates and deadline. "The survey is the tool used to better serve residents and it is important to the overall mission of Forest City. The Forest City team doesn't wait for hope or chance; they make it hap-



pen," explained Diaz.

She noted, "Feedback is extremely important. We base our entire business on resident satisfaction. We address the needs of our valued residents from their perspective. Sharing is mutually beneficial."

Although Forest City is divided into different departments, resident satisfaction is the company's collaborative focus. The entire Forest City team looks forward to the survey process every year. During delivery week, the Forest City team in themed outfits with brightly colored shirts, surveys in hand, will be ready to meet and greet residents.

In order to generate the best results, it is important to FCRM that they have 100 percent participation. The survey return postage is pre-paid, so residents can sim-

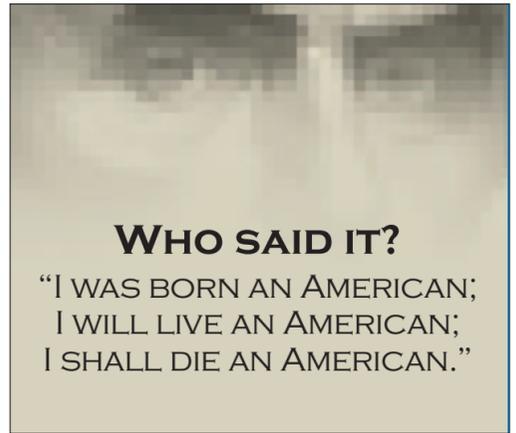
ply mail the completed surveys or return them to their resident services office. Although a deadline for submission will be established, it is encouraged that residents are encouraged to fill out and return the survey as soon as it is delivered.

Forest City shows that resident satisfaction is an integral part of their everyday mission. In 2009, residents rated eight of their communities as A-List award winners, which represent the highest in resident satisfaction for the real estate industry. Their track record communicates that residents are happy and they, too, take the survey season seriously.

Forest City Residential Management continues to lead the industry. According to Diaz, "Residents use the CEL survey to set the bar on resident satisfaction and then every year we raise it. We look forward to delivering the survey to our residents and then delivering the results that will keep them satisfied. We strive for 5."

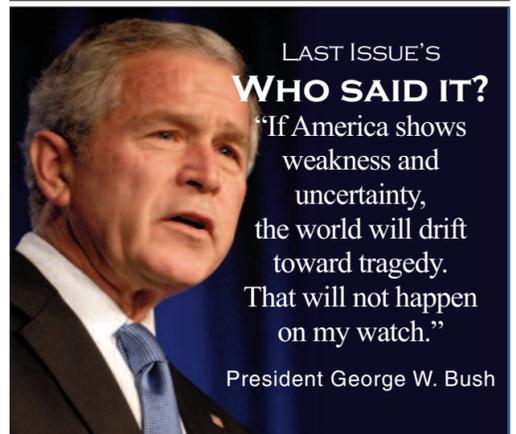
Residents may call or visit their resident services office (RSO) team if they have any questions or if they need to update their current e-mail address:

West Airport RSO: 839-8640
East Airport RSO: 839-8620
Pearl Harbor RSO: 839-8630
Central Oahu RSO: 839-8670



WHO SAID IT?

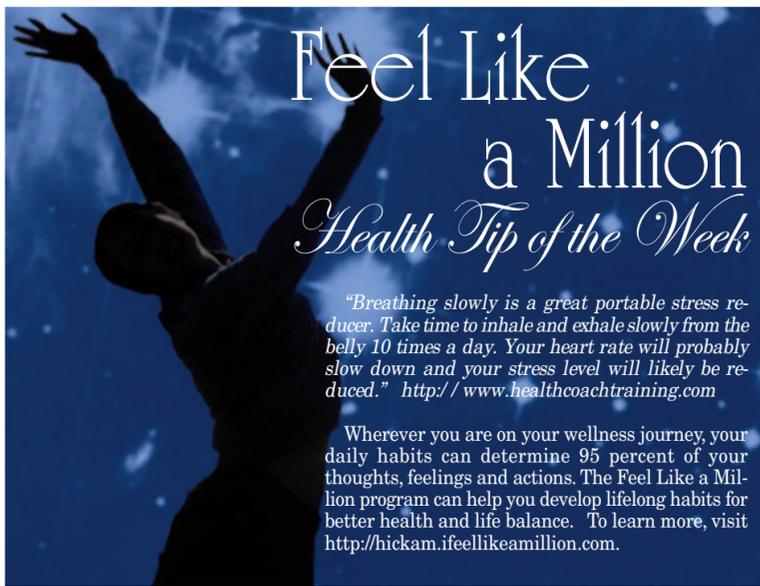
"I WAS BORN AN AMERICAN;
I WILL LIVE AN AMERICAN;
I SHALL DIE AN AMERICAN."



LAST ISSUE'S WHO SAID IT?

"If America shows weakness and uncertainty, the world will drift toward tragedy. That will not happen on my watch."

President George W. Bush

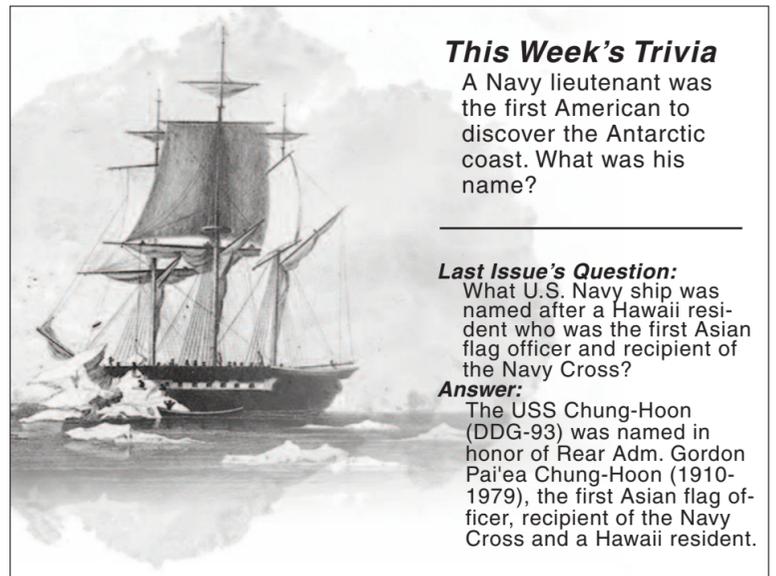


Feel Like a Million

Health Tip of the Week

"Breathing slowly is a great portable stress reducer. Take time to inhale and exhale slowly from the belly 10 times a day. Your heart rate will probably slow down and your stress level will likely be reduced." <http://www.healthcoachtraining.com>

Wherever you are on your wellness journey, your daily habits can determine 95 percent of your thoughts, feelings and actions. The Feel Like a Million program can help you develop lifelong habits for better health and life balance. To learn more, visit <http://hickam.ifeellikeamillion.com>.



This Week's Trivia

A Navy lieutenant was the first American to discover the Antarctic coast. What was his name?

Last Issue's Question:
What U.S. Navy ship was named after a Hawaii resident who was the first Asian flag officer and recipient of the Navy Cross?

Answer:
The USS Chung-Hoon (DDG-93) was named in honor of Rear Adm. Gordon Pai'ea Chung-Hoon (1910-1979), the first Asian flag officer, recipient of the Navy Cross and a Hawaii resident.

PEARL HARBOR-HICKAM **Manawa Nanea** LEISURE

Morale Welfare & Recreation

WOMEN'S VOLLEYBALL LEAGUE

The Women's Volleyball League is open to women 18 years and older. The season runs July 10 through September. Registration is free. FMI: 473-2494.

WALK AND WAG 5K WALK/RUN & CONTEST

Joint Base Pearl Harbor-Hickam outdoor recreation is hosting a free 5K walk/run for dogs and their owners from 7:30 a.m. to noon Saturday at the Fort Kam waterfront (across from JPAC on Joint Base Pearl Harbor-Hickam). There will also be competitions for dog and owner look-alike, best trick and best costume. FMI: 449 5215.

YOUTH SPORTS PEE WEE T-BALL REGISTRATION

Youth Sports Pee Wee T-Ball registration runs from June 7 to 25. Youth ages three to five will learn the fundamentals of T-ball. The season runs July through September. The registration fee is \$40 and includes T-shirt, hat, T-ball and medal. FMI: 474-3501.

DA SUMMER SLAM

Show your moves at the annual Summer Skate Street Contest from noon to 6 p.m. Saturday at Hickam skate hangar. The cost is \$5 per person. There are six divisions and great prizes for the top competitors. FMI: 448-4422.

LEARN TO SURF

Outdoor recreation is hosting a learn to surf basic training course from 9 a.m. to noon June 9. Deadline for signup is June 7. The cost is \$35 per person. Participants must be able to swim without a life jacket. FMI: 449-5215.

MELT AWAY STRESS

The Hickam Fitness Center offers a variety of massage therapies, including lomi lomi and deep tissue. Spa treatments are also available, including paraffin baths, scrubs and facials. FMI: 448-2214.

KETTLEBELL ORIENTATION

Hickam Fitness Center offers a free kettlebell orientation beginning at 1 p.m. every Saturday. FMI: 448-2214.

ZUMBA CLASSES

Hickam Fitness Center offers free Zumba classes from 8:30 to 9:30 a.m. every Monday and Friday and from 6:30 to 7:30 p.m. every Monday, Wednesday and Friday. FMI: 448-2214.

FIRST TEE PROGRAM

Youth sports and fitness offers a first tee program from 2 to 3:30 p.m. every Wednesday and Sunday. The cost is \$25. Youth ages 8-15 have fun learning golf by focusing on the First Tee Nine Core Values. Space is limited. Register at building 1399 for on-going weekly sessions. FMI: 448-4492.

For more information on events, visit www.greatlifehawaii.com or www.hickamservices.com/

Community Calendar

June

4 ~ A Single Sailors Ladies Night will be held at Liberty in Paradise. The event is free and open to all female single Sailors. FMI: call 473-4279.

4 ~ Warrior Friday will be held from 4:30 to 10 p.m. at Hickam Officers Club. The event is free for O-club members and \$10 for non-members. This event is hosted by 15 MOS. This month's theme is "Pirates of the Pacific." FMI: 448-4608.

7-11 ~ A Command Fitness Leader Certification Course will be held at Bloch Arena. This is the official five-day CFL course that provides policy and procedures for the Navy physical readiness program. Participants must register online at www.npc.navy.mil/command_support/physicalreadiness/. FMI: 473-1703 or www.greatlifehawaii.com.

9 ~ Joint Base Pearl Harbor-Hickam (JBPHH) will host an installation wide base cleanup from 9 a.m. to noon June 9 in preparation for the Rim of the Pacific 2010. In support of this effort, tenant and homeported commands are encouraged to participate by removing debris, conducting general cleanup, and painting or identifying areas that require outside assistance in the vicinity of their respective facilities. Concentrating on high visibility areas such as installation entrances, parking areas, roadway borders and sidewalks, and areas around tenant commands offer high return in improving the appearance of our installation. Contact JBPHH First Lt for landscaping equipment, personal protective equipment, debris removal, and painting or cleaning supplies at 471-3521.

9 ~ Information, Tickets & Travel (ITT) will host a Hickam historical tour from 9:30 a.m. to 2:30 p.m. This is an exclusive tour to re-live history at Hickam AFB the day Pearl Harbor was attacked. The tour includes lunch at the Hickam Officers Club and a souvenir. Military ID is required. FMI: 448-2295.

At a glance

A Teen Summer Adventure Camp will be offered from 9 a.m. to 3 p.m. from now to July 23 at the teen Center. The cost is \$75 per week for youth program members and \$100 per week for non-members (ages 10-18). The camp is an eight-week adventure program. FMI: 448-2296.

Movie Showtimes



Furry Vengeance (PG)

A real estate developer moves his family from Chicago to Oregon when his job calls for him to oversee the building of a major housing development. But, when his latest project threatens the homes of the local forest creatures, the animals seek revenge by turning a peaceful cul-de-sac under construction into a battlefield of epic proportions. It's man versus nature, and the fur is gonna fly.

SHARKEY MOVIE THEATER

TODAY
7:00 PM Clash of the Titans (PG 13)

SATURDAY
2:30 PM Furry Vengeance (PG)
4:45 PM The Back-up Plan (PG 13)
7:00 PM Nightmare on Elm Street (R)

SUNDAY
2:30 PM Furry Vengeance (PG)
4:45 PM Date Night (PG 13)
7:00 PM Kick-Ass (R)

HICKAM MEMORIAL THEATER

TODAY
6:00 PM Stage Play (G)

SATURDAY
4:00 PM Alice in Wonderland (PG)
7:00 PM Death at a Funeral (R)

SUNDAY
2:00 PM Oceans (G)

