



Photo illustration: Archive photos courtesy of Wet Hens Sailing



'Wet Hens' reunite

with history, love of sailing

Staff Sgt. Carolyn Herrick

Joint Base Pearl Harbor-Hickam Public Affairs

Fifty women set sail from Hickam Harbor on June 30, combining their love of sailing with a rich history few others have shared.

These "Wet Hens" originally banded together in 1961 when Lou Foster, for whom Foster's Point is named, began construction of the harbor and ended up teaching these military spouses to not only operate a sailboat but actually pioneer a path for women in this previously male-dominated sport. He was the one who first called these ladies the "Wet Hens," as they took part in the beautification of the harbor, refurbished a sailboat to launch, and began

to make a name for themselves in the racing community. This weekend marked their 50th reunion.

"The primary function of this group remains as it has always been - to teach military spouses to sail," said Tracey Lisch, a British genealogist who married an American Airman five years ago and is now the skipper of the group.

"Students come from all branches and many different backgrounds. It is a place to make friends, have fun, overcome personal limits, and build the confidence that comes from learning a challenging sport. It is also a place to find support when loved ones are deployed for far-away places," Lisch explained.

The "Wet Hens" are all wives of active-duty men

from all branches of the military services, according to Lisch, whose husband, Air Force Lt. Col. Robert Lisch, works at Camp Smith. In addition to their volunteer sailing instructing and raising families, many work outside the home or go to school. In order to join the group, they must first pass the course as a student and undergo intensive training to become instructors.

"I've never loved anything as much as I've loved sailing," said Lisch, who initially was too afraid of being on the water to even attend the first class she had signed up to take. But with coercion from a girl friend, help from her instructors, and a healthy dose of determination, she not only completed the class - she went on to become a sailing instructor and join the Wet Hens. "Through the years there have been count-

less races, interisland cruises, hours of volunteerism in community projects, and enough adventures and misadventures to fill a book," Lisch said.

These "Wet Hens" see themselves as not just sailing instructors but a sisterhood with friendships that span the generations and last a lifetime, she said. The group's motto is, "It's a lifetime thing."

The group follows the philosophy of their longtime supporter, who they call "Papa Lou." He believed that to have strong Soldiers, Sailors and Airmen who kept their minds on their jobs, it was up to Morale, Welfare and Recreation to keep their families happy even when their spouses were miles away from home.

"The sailing classes do just that - improve the morale of

our military families," said Lisch. "As each 'hen' leaves the island, she is replaced by a graduate from the class, and this has been occurring non-stop since 1961," she continued.

"The thing I think is truly incredible about this group is that it's an all-volunteer organization of women teaching military spouses how to sail," said Barbara Southworth whose husband, Lt. Col. Nathaniel Southworth, works for 13th Air Force. She will take Lisch's place as skipper at the end of the reunion.

"This organization is 50 years old, and it's amazing that some of the traditions that were started have not changed," Southworth said.



(Above) Tracy Woodrow and Jane LeVault set sail during the Wet Hens' 50th anniversary sailing event.



(Above) Mary LeBlanc from Boston, Mass.; Diane Williams of Panama City, Fla.; and Kathy Kanikula of Green Bay, Wisc. set sail.



(Above) Mary Thorsen from Wright Patterson AFB prepares a sail boat for sailing.



(Left) Mitchell Woodrow, son of Lt. Col. Gregory Woodrow, and Lisa Hanks tie down a sail on a boat at the Hickam Marina.



U.S. Navy photos by David D. Underwood Jr.

(Right) Coleen Hood and Debbie Boenisch sail during the Wet Hens 50th anniversary sailing event at Hickam Harbor.

Hello double downs Marines to win tournament

Story and photos by Randy Dela Cruz

Sports Editor

The Hello softball team, a joint-forces squad made up of Navy, Air Force and Army personnel, bounced back from the loser's bracket to trounce Ainoskedu from Marine Corps Base Hawaii in back-to-back games, 19-9 and 31-9, to win the Fourth of July Softball Tournament at Hickam Softball Fourplex, Joint Base Pearl Harbor-Hickam on July 2.

Hello, which lost to the Marines in the tourney's earlier round of its double-elimination format, poured it on in the semifinals, before hammering out a 22-run victory in the winner-take-all championship showdown.

"We had a tough game

against that team and kind of let our guards down," said

Master Sgt. Doug Burhans about Hello's lone loss of the tournament. "But you're allowed to make one mistake in the tournament. You fight your way back through and you

we took the next two." As it turned out, the source of Lafon's optimism was the power of the team's bats, which provided spectators with a pre-Independence Day fireworks explosion that torched the Marines for five home runs in the semifinal and three more in the title game.

In the semifinal, Hello quickly broke out on top with three runs in the top of the first and four in the second, before plating 11 more runners in the third.

Hello first baseman Army Sgt. 1st Class Michael Dochwat started the team's power surge with a three-run swat deep over the center field fence in the second.

The blast was followed

by an inside-the-park homer by Army Sgt. 1st Class William Annussele.

Army Master Sgt. Ryan Ado, Tech. Sgt. Chris Sage and Senior Airman Robert Smith provided additional jacks in the third inning.

Although the Marines took a 5-2 advantage after their first two turns at-bat in the championship final, Hello opened the flood gates with a 17-run deluge in the bottom of the second to take a commanding 19-5 lead.

The big hitter in Hello's breakout second inning had to be shortstop Electrician's Mate 2nd Class Jake Alicuben, who connected on two three-run homers to drive in six runs.

Alicuben stated that his big day at the plate was a result of Hello's strong batter order, which had been pummeling the opposition throughout the tournament.

"This is only our second tournament we played as a group,"

Alicuben said. "We're still figuring it out, but I think we did really well. My guys were on today. My motto is to swing hard and get lucky."

Then top of the third, Hello put the game away for good, when the team recorded nine hits and scored 11 runs to raise its advantage to 30-7.

(Left) Hello shortstop Electrician's Mate 2nd Class Jake Alicuben is about to launch the second of his two second-inning home runs against Marine team Ainoskedu. With his two long flies, Alicuben drove in six runs in the team's big 17-run second.

(Below) Tech. Sgt. Chris Sage of the Hello softball team legs out a close play at first base during its championship showdown versus Marine team Ainoskedu in the Fourth of July Softball Tournament at Hickam Softball Fourplex, Joint Base Pearl Harbor-Hickam on July 2. Hello stormed back from the loser's bracket to take two from the Marines and win the double-elimination tournament.



STORY IDEAS?

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Hawaii Navy News

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<https://www.cnic.navy.mil/Hawaii/index.htm>



Pacific Fleet spoils Security's playoff party

Story and photos
Randy Dela Cruz

Sports Editor

Far removed from making the postseason, the U.S. Pacific Fleet (PACFLT) Anchors softball team played spoilers and shut the door on Security's playoff dreams by scoring a 14-10 victory over the cops in the final Ashore League regular season game at Millican Field, Joint Base Pearl Harbor-Hickam on July 5.

The Anchors pushed across four runs in the first three innings to build a 12-2 lead, then held off a late rally to win in an upset over Security, which entered the game in third place.

Security needed to beat PACFLT in order to lock up the fourth and final playoff spot from the Ashore League after SEAL Delivery Vehicle Team One (SDVT-1) came back to defeat the Kunia Cavemen, 12-10, in the night's second game.

Although Security, Kunia and SDVT-1 all finished the season with identical 8-3 records, Security was left out of the July 8-10 playoffs after coming up short in head-to-head matchups.

This season marks the first joint base intramural softball championship. Only the top four teams from the Ashore, Afloat and Hickam's Tuesday and

Wednesday Divisions will earn a chance to win the overall crown.

"I think the loss puts us out," acknowledged Security shortstop Aviation Structural Mechanic 3rd Class Roshawn Thomas. "It's a tough one to swallow. I didn't play well."

While Security had a difficult time seeing its season come to a close, things were a bit more upbeat in the PACFLT dugout.

Led by leadoff hitter Senior Chief Operations Specialist Jorge Bank, the Anchors were on fire at the plate, as the team spaced out four hits in the bottom of the first, six in the second and five more knocks in the third to take a commanding 10-run advantage.

Banks, who was especially tough at the plate going a perfect 4-for-4 with two doubles, a triple and a single, said that once the hits started falling in place, everyone jumped on the bandwagon.

"That happens in softball," Bank said. "Folks kind of feed off of each other. It's a short game, so we try to keep things going as much as possible."

Bank led off the game with a double to open the bottom of the first, smashed another two-bagger that started a rally in the second with two outs, and came up with a clutch bases-loaded triple with two outs to drive in three runs in the third.

"I've played for a long time, so I just try to be relaxed," said Bank about his success at the dish. "A lot of guys get nervous, but I kind of take it like batting practice and just swing."

The fast start by PACFLT hitters seemed to help Anchors pitcher Hospital Corpsman Master Chief Joe Coddington, who after giving up two runs in the top of the first, allowed only two singles in shutting out Security over the next two innings.

Although Coddington gave up eight runs over the final four innings, he seemed to come up with the big pitch to stop each rally by Security.

"He definitely had us off-balance," Thomas admitted. "It seemed like he had been scouting

us for years. He knew exactly where to pitch everybody, so he actually pitched a very good game against us."

Coddington said that he approached Security hitters with a simple game plan: let them hit it and put his defense to work.

"I just put the ball up where they can hit it because my defense behind me is pretty hot," Coddington explained. "The key is feeling them (Security) out, seeing where they want to hit the ball, let them do their thing and let my defense do its thing."

The pitcher stated that although the Anchors may not have won enough times to be a contender this season, he was proud to take the field with his teammates each and every game.

"The drive behind this team makes me want to come out here and play every night," he said. "To get out here and play with these guys, with the momentum and pride that they bring to the batter's box and the field, is the one thing that makes this team what it is."

Banks agreed with Coddington and added, "We're all a bunch of chiefs, so we're pretty old. We just try to enjoy it. We're not trying to compete. Maybe 10-20 years ago, yeah, but for right now, we're just trying to

stay active and have a good time, while we're playing."

Senior Chief Operations Specialist Jorge Bank of the U.S. Pacific Fleet (PACFLT) Anchors softball team is about to put the hammer on a pitch during its Ashore Softball League game versus Security at Millican Field, Joint Base Pearl Harbor-Hickam on July 5. Bank went 4-for-4 at the plate to lead PACFLT to an upset win over Security.

U.S. Pacific Fleet (PACFLT) Anchors pitcher Master Chief Hospital Joe Coddington pitched three shutout innings to help PACFLT beat Security.



BayFest set to rock July 15-17 at MCBH

The 22nd annual BayFest will be held July 15-17 at Marine Corps Base (MCB) Hawaii, Kaneohe Bay.

The public is invited to the music and family fun festival, featuring national concert acts, EK Fernandez carnival rides and midway, fireworks, competitions, food and military displays. There will be music for every taste - from local legends to alternative rock to country. Plus, the first ever GreenFest at BayFest Expo will transform hangar 101 into an eco-village of environmentally conscious businesses and organizations.

Hawaii duo Cecilio & Kapono will take the stage Friday for a two-hour show. Fireworks by Grucci will follow the performance. Puddle of Mudd with special guest Hoobastank will be a two-for-one treat on



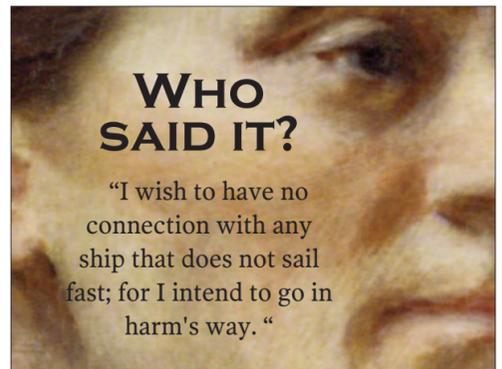
Saturday night for post-grunge alternative rock fans. Country music returns to the BayFest stage on Sunday with country artist Joe Nichols. The Marine Forces Pacific Band will perform all three nights.

Daytime activities on Saturday will include children's contests and an inaugural stand-up paddleboard competition. Sunday will feature the bathtub regatta and the body search fitness Challenge. Contest details and regis-

tration information are online at BayFestHawaii.com.

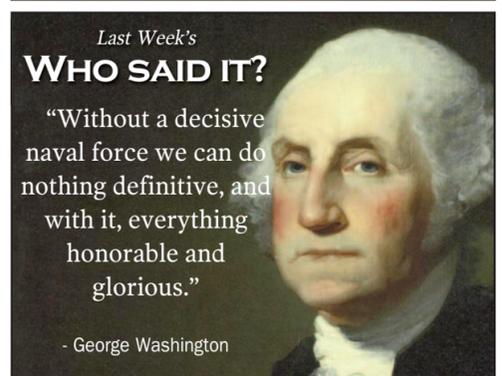
BayFest hours are 3 p.m. to 1 a.m. on Friday, noon to 1 a.m. on Saturday, and noon to 11 p.m. on Sunday. Concert gates will open at 5 p.m. each day. Tickets will be available in advance at all military ticket outlets and online through BayFestHawaii.com.

BayFest is an annual event hosted by Marine Corps Community Services and MCB Hawaii. MCCS provides morale, welfare and recreation programs and services which attribute to readiness and retention of Marines, Sailors and family members stationed at MCB Hawaii. Proceeds from this and other MCCS events are reinvested into quality of life programs at MCB Hawaii. For more information, visit MCCSHawaii.com.



WHO SAID IT?

"I wish to have no connection with any ship that does not sail fast; for I intend to go in harm's way."



Last Week's WHO SAID IT?

"Without a decisive naval force we can do nothing definitive, and with it, everything honorable and glorious."

- George Washington

This Week's Trivia

Who was the father of the U.S. Navy?

Last Issue's Question: When did test pilot Chuck Yeager fly the Bell X-1 past the speed of sound, launching the new Air Force into the supersonic era?

Answer: Chuck Yeager broke the speed of sound on Oct. 14, 1947.

Can you spot your drowning wingman in your drunken haze?

Plain White T's highlight 4th of July events at JBPHH

Jazzmin Williams

Contributing Writer

"Hey there Delilah/what's it like in New York City/I'm a thousand miles away/ but girl tonight you look so pretty, yes you do/ Times Square can't shine as bright as you, I swear it's true..." sang the Plain White T's at a packed 4th of July celebration at Joint Base Pearl Harbor-Hickam (JBPHH). At some points in the song, the enthusiastic crowd drowned out the Plain White T's as they sang along word for word. Needless to say, it was a success.

Playing their platinum hit song was not the only highlight of the Independence Day event, held at two locations on JBPHH - Hickam Harbor and Ward Field. In addition to the entertainment, there were afternoon festivities at Hickam Harbor, including a cardboard boat contest, stand up paddle boarding, multiple food vendors, and a parking lot-sized play area for the kids.

Families on the Hickam Harbor side lined the beach in droves, with tents and blankets splayed out in the sunny cloudless day. There were grills of all sizes, tendrils of smoke wafting smells of smoked meats and hot dogs, mixing with the fresh smell of the ocean.

In short, it was a 4th of July to remember.

The celebration was capped off with the concert by the two-time Grammy nominated

Chicago band, the Plain White T's. "You can't repay people for being in the service and what they do for us," said lead guitarist and vocalist Tim Lopez, "but the least we can do is entertain them for a few hours."

Although it was not the band's first time to Hawaii, it was their first time playing two complete shows in one day. But they were excited to do it for the joint base, and what it signified playing on a military base during our nation's Independence Day.

"It doesn't get more patriotic than that," said lead vocalist and acoustic guitarist Tom Higgenson.

During a massive fireworks show on the Hickam side that culminated with the letters U-S-A spelled out in the sky, it was time for the T's to head to Ward Field for their second performance.

Even after a long day in the sun, there was nothing diminished about it.

"They are a great band and have really been great," said Lara Katine, Morale, Welfare and Recreation coordinator and 4th of July event director. "They want to do this for the military."

The Ward Field venue on the Pearl Harbor side of JBPHH was also packed with festivities. Tents were set up to offer a wide range of summer activities: "Portagee horseshoes," air soft paintball, batting cages and roller derby, just to name a few.

Once eight p.m. hit though, it was all about the band.

The Plain White T's

started off their opening set at Ward Field with a bang, the crowd cheering wildly and waving their arms.

"In a way, everybody wins," said Higgenson. "We get to be in Hawaii and play this show for them, and they get to have a great 4th of July."

The Plain White T's had saved their best for last. Right before the singing of the national anthem and the final fireworks show, the band played "Hey There Delilah," not only because it is their most well-known song, but because it has a special connection in their hearts with the military community.

"When I first wrote Delilah, I didn't think many people would connect to it with Delilah being such an uncommon name," said Higgenson. "But when it became popular, a lot of troops would come up to me and tell me that this was their song with their girl, and it was special when they had to be apart."

The evening ended as a military service member sang America's 235th birthday song just before the final fireworks show at Joint Base Pearl Harbor-Hickam, and made it a special 4th of July event for all.

Hickam greets Fourth of July with event-filled celebration

Randy Dela Cruz

Sports Editor

A host of friends and family members packed the beach and campgrounds of Hickam Harbor to celebrate our nation's day of independence with a full day of festivities that was topped off with a spectacular fireworks show at Joint Base Pearl Harbor-Hickam on July 4.

The annual observance was jam-packed with activities that included boat tours of the harbor, standup paddle boarding, banana boat rides, a motorcycle show and a card-

board boat race.

Youngsters were also included in the fun with rides, such as a mini-ferris wheel, carousel, several bouncy houses and a rock-climbing wall.

The event was loaded with food booths for those seeking tasty treats to munch on for snacking or full meals.

Then after a full day of food and fun, the event shifted into high gear starting at 4:30 p.m. with a concert that was highlighted with the appearance of

Grammy Award nominee Plain White T's.



Photo illustration | U.S. Navy photos by Randy dela Cruz and Jazzmin Williams

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PEARL HARBOR-HICKAM **Maniawa Nanea** LEISURE

Morale Welfare & Recreation

————— CHECK THIS OUT —————

MWR NEWCOMERS LUNCHEON

New to Joint Base Pearl Harbor-Hickam? Enjoy a free lunch, Morale, Welfare and Recreation (MWR) information booths, sponsor tables, activities, prize wheels and giveaways at the Newcomers Luncheon beginning at 11 a.m. July 12 at Tradewinds Enlisted Club. Bring the whole family because there will also be activities for the kids. After the luncheon, a tour begins at 12:30 p.m. and will go to MWR locations around the base. Separate registrations are required for luncheon and tour. The event is open to all military-affiliated personnel who are on PCS orders during the first five months of arrival. FMI and to register: www.greatlifehawaii.com.

PEE WEE FLAG FOOTBALL REGISTRATION

Pee Wee flag Football registration for ages three to five will be held from July 11 to Aug. 12. The cost is \$35. The season runs from September to December. FMI and to register: www.greatlifehawaii.com or 473-0789.

STARS & STRIPES 5K RUN

Register now for the Stars & Stripes 5K Run, which begins at 7 a.m. July 13 at the Naval Computer and Telecommunications Area Master Station Pacific (NCTAMS) (Wahiawa Annex) Fitness Center. The event is free and open to all eligible patrons. FMI or to register: NCTAMS Fitness Center front desk or 653-5542.

PRESCHOOL STORY TIME

Hickam Library will host preschool story time from 9 to 10 a.m. July 13. The free story time will explore distant reaches of the universe with the theme "outer space." FMI: 449-8299.

FAMILY FUN: HIKE DIAMOND HEAD TRAIL

Enjoy a family hike on the Diamond Head trail from 3 to 6 p.m. July 13. Sign up by July 11 at the outdoor adventure center at the Fleet Store. The cost is \$10 per person. Participants should bring sunscreen, a hat, water and snacks. Transportation will be provided. FMI: 473-1198.

FAMILY SUMMER 5K FUN RUN

A free family summer 5K fun run begins at 11 a.m. July 14 at Hickam Fitness Center. FMI: 448-2214.

SNORKELING AT SHARKS COVE

Come explore the tide pools, swim with turtles and see reefs thriving with sea life from 9 a.m. to 3 p.m. July 16 at Sharks Cove on the North Shore. Sign up by July 14 at the outdoor adventure center at the Fleet Store. The cost is \$20 per person. Bring sunscreen, water and snacks. Transportation and equipment will be provided. FMI: 473-1198.

For more information on events, visit www.greatlifehawaii.com

Community Calendar

July

12-22 ~ Drug Education for Youth (DEFY) is a self-esteem-building program that provides children with the tools they need to resist drugs, gangs and alcohol. It is a two-phase program consisting of a youth summer camp from 7 a.m. to 4 p.m. July 12-22 with follow-on once-a-month mentoring sessions. FMI: damion.montgomery@pacom.mil, 477-7709 or latasha.jones2@navy.mil, 474-8345.

13 ~ The Friends of Hickam Golf Tournament will begin with an 18-hole shotgun start at 12:30 p.m. July 13. The event will include lunch, snacks and dinner awards at the Hickam Officers Club. Sign-up is due by today. FMI: Capt. Kevin Vandagriff or Staff Sgt. Jason Scaffidi at 449-1211.

15-17 ~ Celebrate BayFest at Marine Corps Base Hawaii, Kaneohe. Headliners will feature local duo Cecilio & Kapono and Puddle of Mudd, Hoobastank and country artist Joe Nichols. The Marine Forces Pacific Band will also perform. BayFest hours are from 3 p.m. to 1 a.m. Friday, noon to 1 a.m. Saturday and noon to 11 p.m. Sunday. Concert gates open at 5 p.m. each day. FMI: MCCSHawaii.com, BayFestHawaii.com, and military ticket outlets.

24 ~ Pacific Aviation Museum opens its new Amelia Earhart in Hawaii photo exhibit. A welcome reception with birthday cake and entertainment from 2 to 4 p.m. at hangar 37 will celebrate Earhart's 114th birthday. FMI: 441-1004.

At a glance ~ The Department of the Navy Sexual Assault Prevention and Response Office (DON SAPRO) has been tasked to conduct a department wide sexual assault survey assessing the functionality and effectiveness of the Sexual Assault Prevention and Response (SAPR) program. In addition, DON SAPRO is directed to determine the scope of sexual assaults within the Department of the Navy. The survey is confidential and anonymous. The survey can be accessed at www.donsapro.navy.mil/survey.html and will be available for participation through Sept. 30.

Movie Showtimes



Pirates of the Caribbean: On Stranger Tides (PG-13)

When Captain Jack Sparrow crosses paths with the enigmatic Angelica, he's not sure if it's love – or if she's a ruthless con artist who's using him to find the fabled Fountain of Youth. When she forces him aboard the "Queen Anne's Revenge," the ship of the legendary pirate Blackbeard, Jack finds himself on an unexpected adventure in which he doesn't know whom to fear more: Blackbeard or Angelica, with whom he shares a mysterious past.

SHARKEY MOVIE THEATER

TODAY
7:00 PM Jumping the Broom (PG-13)

SATURDAY
2:30 PM Prom (PG)
4:45 PM Thor (PG-13)
7:00 PM Bridesmaids (R)

SUNDAY
2:30 PM Prom (PG)
4:45 PM Jumping the Broom (PG-13)
7:00 PM Something Borrowed (PG-13)

HICKAM MEMORIAL THEATER

TODAY
6:00 PM Pirates of the Caribbean:
On Stranger Tides (PG-13)

SATURDAY
4:00 PM Pirates of the Caribbean:
On Stranger Tides (PG-13)
7:00 PM Hangover Part Two (R)

SUNDAY
2:00 PM Pirates of the Caribbean:
On Stranger Tides (PG-13)

