

'Take a hike'

Don Robbins

Assistant Editor

Hiking along trails on the island of Oahu serves as a way to keep fit, experience the island's beauty and get out of the house.

Throughout the past month and a half, Ho'okele layout and design graphic artist Patrick Murray has hiked the following trails: Lanikai Pillboxes in Kailua, the Manoa Falls Trail, Makapuu Point and Aiea Loop Trail.

There are various trails on Oahu for beginner, intermediate or advanced hikers.

In addition, Joint Base Pearl Harbor-Hickam's Morale, Welfare and Recreation Outdoor Activities

Center and Outdoor Recreation program offer dozens of nature-oriented activities including hiking.

Upcoming MWR June adventures include a June 9 family hike of Diamond Head, a June 13 hike of the Nuuanu Judd/Hidden Palace area and a June 24 Mariners Ridge hike.

For a full description of these and other nature activities, pick up an adventure booklet at one of the outdoor facilities locations at Joint Base Pearl Harbor-Hickam or visit the website www.greatlifehawaii.com.

For more information, call the outdoor adventure center at the Pearl Harbor Fleet Store at 473-1198 or outdoor recreation at Hickam Harbor at 449-5215.



Pound Town wins Memorial Day Softball Tournament

Story and photos by Randy Dela Cruz

Sports Editor

The 647th Security Forces Squadron Pound Town softball team broke out the bats early and crushed Dem Dudes, 19-4, to capture the Memorial Day Softball Tournament on May 26 at Hickam Softball Complex, Joint Base Pearl Harbor-Hickam.

The mercy-run victory capped off a perfect four-for-four tourney for Pound Town en route to their second consecutive Memorial Day series crown.

Dem Dudes, a makeshift joint forces team that was mostly stocked with Army personnel, was sent to the loser's bracket by Pound Town earlier in the day but bounced back in the double-elimination tournament to beat RAM, 14-8, and earn the right to square off for the title.

While the Dudes, which were

playing in their third straight game, matched the defending champs run for run in the first couple of frames, the team wilted under the barrage of Pound Town hits in the bottom of the third inning that produced 12 runs for a 16-4 lead.

In the decisive frame, Pound Town smashed 12 hits and almost batted around the order twice to gain the commanding lead.

Among the big hitters in the inning were Tech. Sgt. Devin Stuckey, who led off with a single and later drove in a run with another single, and Department of Defense civilian Eddie Silva, who clubbed a double and an inside-the-park home run.

However, Airman 1st Class Tweeter Riddle had the most impressive two at-bats of the inning, when he stepped up to the plate and jacked two shots out of the park for a total of five RBIs.

Riddle, who spent a year and a half playing minor league baseball with the Texarkana Gunslingers, a non-affiliated Double-A professional team in the Continental Baseball League, said that a few adjustments helped him come up with powerful results.

"At the beginning of the tournament, I wasn't hitting that

great at all," Riddle recalled. "I was getting base hits, but I didn't have any power in my bat. In between games, I went over and hit a little BP. I found out what the problem was and tried to show what I found out."

Although Riddle questioned whether the first one was going out, he said that there was no doubt about his second long shot.

"The first one that I hit today, I hit it on the end of the bat," Riddle admitted. "The second one was, whatever you could imagine what a good pitch could be, that's what it was."

Riddle said that once the bats started coming around for the Pound Town, everyone seemed to get in on the feeding frenzy.

"If we get a big play, it's just straight momentum," he said. "It gets nuts in the dugout, start playing music as loud as we can, and then all of a sudden, it just goes boom."

Later in the third, Senior Airman Ender Castro drove a pitch deep enough for a two run shot, but was robbed by 1st Sgt. Hector Medina, who leaped up at the fence and gloved the ball just before it went over the left-field fence for the third out.

Medina, who is with the 84th Engineer Battalion at Schofield Barracks, said that playing three games in a row might have caught up



The 647th Security Forces Squadron Pound Town softball team clutches championship T-shirts to celebrate winning this year's Memorial Day Softball Tournament. This was Pound Town's second consecutive Memorial Day title.

with his team. But even in defeat, he said that he was extremely proud of the way his team dug in until the end.

"I think it (three straight games) had a small factor," Medina said. "Sitting out in the sun all day takes a lot out of you, but for this team to be just put together, I think we did a great job. These guys showed a lot of character. In the end, I couldn't ask for anything more."

While Pound Town hitters were taking care of business at the plate, pitch-

er Master Sgt. Robert "Woody" Wooderson did an excellent job on the mound in allowing only four runs in four innings, with two shutout frames.

Following the game, Silva said that while winning the Memorial Day tourney was great, the team has bigger fish to fry as it focuses on repeating as the joint base champions.

"This was good for confidence, and you know, everything is confidence," Silva said. "Once you get it down, it just continues on. I'm fortunate to get on with

these guys. The guys are motivated, they're young and they're hungry - that's the key right there."

Pound Town coach Staff Sgt. Brad Sears added that winning the Memorial Day tournament puts the team right on track for a repeat.

"This helps us get motivation to defend our championship," Sears said.

"After doing what we did today, we're ready to take the championship again this year. I don't think anybody out here can touch us because we're a family and that's what it's all about."



Photo Illustration

Kavemen club 735th AMS in miraculous comeback

Story and photo by
Randy Dela Cruz

Sports Editor

A matchup of epic proportions unfolded as the Kunia Kavemen overcame deficits of 6-0, 11-3, 16-9 and 21-16 to beat the 735th Air Mobility Squadron (735 AMS), leaders of the Gold Division, 22-21, in a donnybrook May 29 between two of the division's top teams at Hickam Softball Complex, Joint Base Pearl Harbor-Hickam.

The Kavemen entered their final at-bat needing five runs to tie but instead rallied for six runs to walk off the field with their eighth win of the season against only two losses.

The 735 AMS, which entered the game harboring a 9-1 record and the top spot in the Gold Division, dropped their second contest of the season – tightening the race for the pennant.

"You just got to keep your heads up and keep swinging the bat," said Kavemen pitcher Senior Chief Master-at-Arms Chris Ray, who helped his own cause by going 5-for-5 at the plate with four singles, a double and three RBIs.

Right from the start, the Kavemen were thrust into a hole as the 735 AMS opened up the top of the first inning by smashing seven hits to score six runs.

Big hits in the opening frame came off the bats of Tech. Sgt. Bill Vanek, who blasted a three-run shot over the right-field fence, and Senior Airman Rich McGraw, who followed the jack with a ground-rule double.

The Kavemen cut the lead in half in the bottom of the inning on a sacrifice fly by Master Chief Cryptologic Technician (Collection) (SW) Steve Pitzen and RBI singles from Ray and Senior Chief Cryptologic Technician (Collection) Todd Strebin.

However, the 735 AMS continued their torrid pace with McGraw driving in two runs in the top of the second, with a leadoff solo jack by Tech. Sgt. Jeff Taylor and a two-run single by Vanek for three more runs in the third and an 11-3 advantage.

Down by eight runs, the Kavemen began to peck away at the lead and batted



Senior Chief Master-at-Arms Chris Ray, pitcher for the Kunia Kavemen, blasts a game-tying double in the bottom of the sixth against the 735th Air Mobility Squadron (735 AMS) in an intramural Gold Division softball game.

around the order in the bottom of the third – scoring six times on seven hits.

In the third, Kunia got back-to-back, two-run singles from Chief Cryptologic Technician (Collection) Jake Turner and Lt. Cmdr. Troy Smith to help the Kavemen get back into the game at 11-9.

Once again, the 735 AMS stepped up and answered with run-producing singles from Taylor and Senior Airman Brian Pomeroy in the fourth and a two-run triple from Tech. Sgt. Steve Davenport and an RBI single from Senior Master Sgt. Bryan Braga in the fifth to gain a 16-9 lead.

Up in the bottom half, the

Kavemen came all the way back and posted their biggest inning of the day by scoring seven times to wipe out the debt and tie the score at 16-16.

Turner sparked the rally by stroking a leadoff triple and was driven home on a single by Smith before a double by Chief Cryptologic Technician (Networks) Joey Legnon sent Smith all the way home for the second run of the inning.

With the score tied, the 735 AMS went up by a run in the top of the six on four singles.

Then with the bases loaded, Vanek delivered a bomb for a grand slam and a seemingly insurmountable 21-16

lead with the Kavemen coming up to bat for their final time in the bottom of the sixth.

Instead of rolling over, the Kavemen got a leadoff single from Legnon and then proceeded to score four runs on four more singles and an error before Ray drove in the tying run with a double to right field.

With no outs and runners in scoring position on second and third, Strebin delivered the final dagger into the heart of the 735 with a bloop single into shallow center field for the winning run.

"Anytime your leadoff hitter gets on base, it's a good sign," said Ray about the team's miraculous sixth-

inning comeback. "You build confidence from that and you go from there."

In defeat, Vanek, whose box score totals read: 4-for-5, two home runs, two singles and eight RBIs, said a five-run lead just wasn't enough against a team like the Kavemen, but promised that the 735 will bounce back.

"Those guys were hitting a lot of base hits," Vanek pointed out. "So four or five runs is not enough against that team."

"We play softball as a fun game, so we'll brush it off and go to the next game. This just fuels the fire. We'll just come out next time, play a little harder, and hopefully we'll win."

Ray said that the comeback for the Kavemen was significant not only for beating the top team in the division, but also it's a great way to send off starting first baseman Senior Chief Cryptologic Technician (Technical) Michael Smith, who is being transferred and played in his final game for Kunia.

Even though the game was huge for Kunia, Ray said that the team must move on and keep its eyes focused on the next game.

"We got to forget about this game," Ray noted. "Each game in itself, we have to worry about. What we did, that's what we need to do."

Hickam Communities historic rehab project receives top honors

Story and photos by
Hickam Communities, LLC

The highest recognition in Hawaii for historic preservation was presented to Navy Region Hawaii, NAVFAC Hawaii, J.M. Waller Associates, Inc., Mason Architects, Inc., Lend Lease and Charles Pankow Builders Ltd. at a reception held May 11 in Honolulu.

The Historic Hawaii Foundation recognized the group with a Historic Preservation Honor Award for rehabilitation of 89 historic homes within Hickam Communities located in the historic district at Joint Base Pearl Harbor-Hickam.

The homes are part of an initiative to rehabilitate more than 600 historic



Tree-lined streets complement homes in the historic district. More than 600 homes built in the 1930s and 1940s are being rehabilitated. The project is one of the largest historic residential rehabilitation efforts in the nation.

homes, which is one of the largest historic residential rehabilitation efforts in the nation. The team has successfully preserved the homes' historical elements while adapting it for modern-day families.

"As you can see by the number of organizations receiving this award, it has taken a tremendous amount of effort to rehabilitate these homes," said Jerry Schmitz, project director of Hickam Communities.

"Our team of profession-

als in architecture, architectural history, planning and rehabilitation have taken great care and pride in this culturally and historically significant project."

The rehabilitation of the original late-1930s-to-early 1940s homes included removal of various modifications, such as lanai additions, that occurred over the years. Rehabilitation involved the removal of non-historic materials while saving historic material such as built-in dining-room cabi-

nets, wood floors and original doors. Some of the rehabilitation work was extensive, requiring changes to the floor plan to make the units more useable for today's families. New, contemporary-styled kitchens were installed to meet family needs.

"Things were brought up to code as much as possible. Modern amenities were included to meet the family needs while being balanced with the historic character of the home," said Julianne

Polanco, director of cultural resources for Lend Lease. "Families living in the homes become stewards of the house. General information is provided to each family when they move in that explains some of the basic maintenance of the historic materials, such as the acid stained concrete floors."

"I'm often asked why anyone would want to live in a historic home when there are new homes available," Polanco said. "People spend

their entire lives dreaming of living on a particular street or in a particular neighborhood. This is living in a piece of history. It's part of a lifestyle. It is extremely desirable, especially to people who defend our country, to be given an opportunity to live in a piece of history, to contribute to a place that holds the collective memory of an honorable legacy."

More than 170 homes have been rehabilitated, and the project is scheduled to wrap up in 2013.



The original entry doors reminiscent of the era were refinished, as were the acid-stained concrete floors that were discovered under carpeting.

Pearl Harbor survivor visits Fleet Week

Story and photo by
MC1 Patrick Gordon

Fleet Week New York 2012
Public Affairs

STATEN ISLAND, N.Y. — The last known Staten Island resident survivor of the Pearl Harbor attack visited Fleet Week New York 2012 at the The Sullivans Pier on May 27.

This year, Fleet Week New York is one of the signature events around the country commemorating OpSail 2012, the bicentennial of the War of 1812, and the Star-Spangled Banner.

Former Chief Boatswain's Mate Alf Kongsli and three generations of his family visited Fleet Week and were treated to a tour of the pier and USS San Jacinto (CG-56) as a small token of their gratitude for his service. Seventy-one years ago, Kongsli was a crew member aboard USS Saint Louis (CL-49) in Pearl Harbor, Hawaii.

On the morning of Dec. 7, 1941, Kongsli thought his Sunday routine began like any other.

"I saw guys going across the harbor in a liberty boat," Kongsli, 91, said. "I figured they were going to church. Then I saw them jumping off into the water. I didn't know what was going on."

What happened was the Japanese attack on the U.S. Pacific Fleet that would pull the United States into World War II. During the confusion of the attack, he

did his best to remain calm and perform his duties during the emergency.

"I kept trying to climb my way up ladders to get to my battle station, but guys kept knocking me off coming down the other way," he said. "I finally got to my station and got to work."

After the attack, Kongsli continued serving in the Navy until 1947. "We were honored to have Mr. Kongsli and his family here today," said Navy Lt. Jared Jalbert, Fleet Week Staten Island officer in charge. "It was a great experience to show our appreciation to such a distinguished veteran."

Cmdr. Rick Potter, executive officer of San Jacinto, met Kongsli and his family to personally present the World War II veteran with a San Jacinto command ball cap and challenge coin before bringing him aboard the ship.

"I never thought I'd ever see a boatswain chief bonged aboard a ship," Kongsli said with tears in his eyes.

During the ship's tour, crew members and civilians alike constantly approached Kongsli to shake his hand and thank him.

"It's a real honor to meet you, sir," said Fire Controlman 2nd Class (AW) Jennifer Thomas. "I just wanted to say thank you for your service."

"I'm thankful for yours," Kongsli humbly replied before adding with a grin, "Where were gals like you in the fleet 70 years ago?"

Kongsli, who has spoken to students about his experiences as a Pearl Harbor survivor for years, maintains that his efforts are not extraordinary.

"I consider myself an ambassador to all Pearl Harbor survivors to make sure no one ever forgets," Kongsli said. "When we talk to the schools, we tell them we're not heroes. We're there for the heroes."

Kongsli said that he was so happy he was able to come out to Fleet Week and meet those who continue to serve after him.

"I'm very proud of today's service members," he said. "And they should be proud, too. They have never had more to be proud about than being a service member today."

As Kongsli was escorted down the gangplank by San Jacinto Sailors, a crowd of about 25 people gathered at the foot of the stairs. As one last honor before he left the pier, the visitors to Fleet Week Staten Island saluted Kongsli's visit and service with a round of applause.

Held nearly every year since 1984, Fleet Week New York is the city's celebration of sea services.

Fleet Week New York provides an opportunity for the citizens of New York City and the surrounding tri-state area to meet Sailors, Marines and Coast Guardsmen, as well as see, first-hand, the latest capabilities of today's maritime services. More than 6,000 service men and women from the U.S. and coalition



Cmdr. Rick Potter, executive officer of the guided-missile cruiser USS San Jacinto (CG 56), presents Alf Kongsli, Pearl Harbor survivor and former chief boatswain's mate, with a command ball cap.

nations are participating.

The commemoration of the 200th anniversary of the War of 1812 is a salute to all Sailors and Marines

who fought gallantly in that

conflict, who served in all our nation's conflicts since then, and who are defending freedom around the

world.

For more information, visit www.navy.mil, www.facebook.com/usnavy, or www.twitter.com/usnavy.

WHO SAID IT?

"I wish to have no connection with any ship that does not sail fast, for I intend to go in harm's way."

Last Week's

WHO SAID IT?

"Offense is the essence of air power."

Gen. H. H. "Hap" Arnold



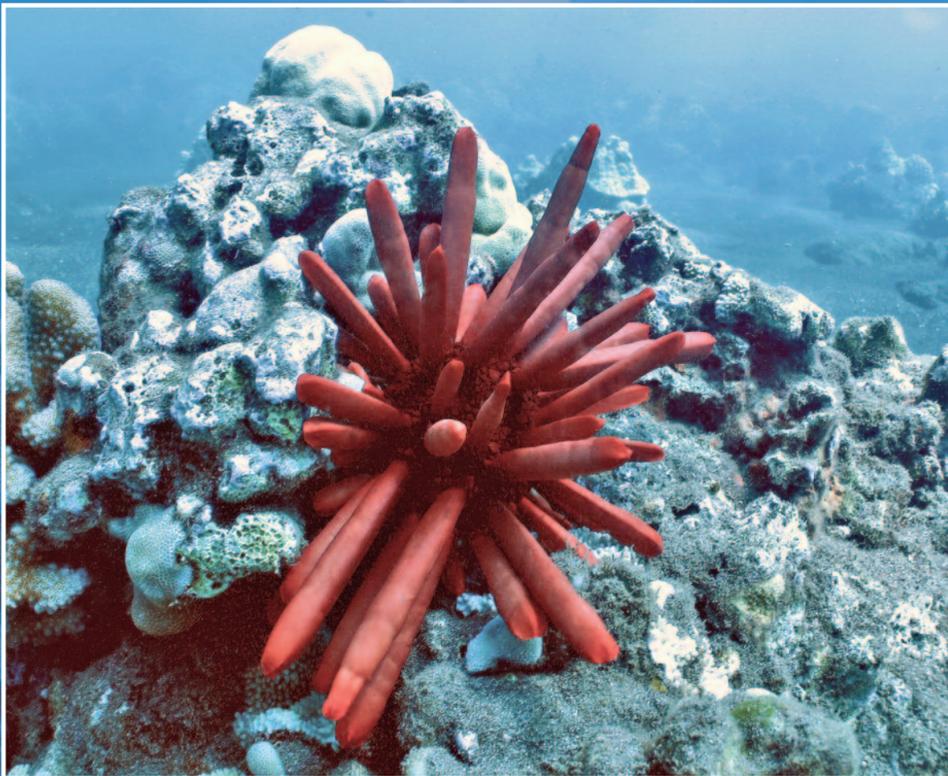
This Week's Trivia

Who was Henry Eckford, and what was his role in the War of 1812?

Last Issue's Question: When were the first flight surgeons assigned at U.S. airfields?

Answer: On May 8, 1918, Capts. John F. Gallagher, Robert J. Hunter and Claude T. Uren became the first medical officers to be assigned as flight surgeons at U.S. airfields.

My favorite photo...



While on the island of Maui recently, Navy Lt. Cmdr. Allen Unger took this underwater photo at Molokini. Sitting on top of the coral is a slate pencil urchin. They are abundant in clear shallow water but rare outside the Hawaiian Islands. Unger works at Naval Supply Systems Command Fleet Logistics Center Pearl Harbor.

PEARL HARBOR-HICKAM Manawa Nanea LEISURE

Morale Welfare & Recreation

⚔ BATTLE OF MIDWAY MOVIE

There will be a free movie screening at Ward Field on Saturday to mark the 70th anniversary of the Battle of Midway. Gates open at 7:30 p.m. and the movie begins at 8:11 p.m. Popcorn, hot dogs and drinks will be available for purchase. This event is free to active-duty members, their families and all other authorized patrons and sponsored guests. FMI: greatlifehawaii.com.

⚔ SUMMER JUNIOR GOLF SPECIAL

Juniors 7 to 17 years are eligible for half-price green fees all day from June 4 to 8 at the Kealoha Golf Course. FMI: 448-2318.

⚔ TEEN SUMMER CAMPS

Teen Camp is a half-day program of supervised activities for youth ages 13 to 18 at the Hickam Teen Center and around Joint Base Pearl Harbor-Hickam. It runs from 8 a.m. to noon Monday to Friday, June 4 to 27 at the center. Teen Camp costs \$90 per week per youth. FMI: www.greatlifehawaii.com.

⚔ ADULT SWIM LESSONS

Adult swim lessons take place at Hickam Pool 2 from June 4 to 14. Classes are Monday through Thursday from 7 to 7:45 p.m. The class is for swimmers ages 16 years and older and is \$40 per person per session. Sign up at pool 2 during normal business hours.

⚔ DISCUSSION AND TRIVIA CONTEST

There will be a free "Hunger Games" discussion and trivia contest from 2 to 4 p.m. June 6 at Hickam Library. Parents with teens enrolled in the summer reading program will be entered into a prize drawing if their teen attends and refreshments will be served. FMI: 449-8299.

⚔ ALL-MILITARY SURF MEET

The HIC/Quiksilver All-Military Surf Meet will take place at 7:30 a.m. June 9 at White Plains Beach. Sign up by June 7. The cost is \$35 for the open division, \$25 for active duty military with valid ID and \$10 for children ages 12 and under. Contestants receive a T-shirt. FMI: www.greatlifehawaii.com or 682-4925.

⚔ PEE WEE FLAG FOOTBALL

Pee Wee flag football registration for ages 3 to 5 ends June 8. The season runs from June to September and costs \$35 per youth. Register online. FMI: www.greatlifehawaii.com.

⚔ DIGITAL PHOTOGRAPHY

A digital photography course will be held at the Hickam Arts and Crafts Center on Thursdays from June 7 to 21. The class runs from 6 to 8 p.m. and is for participants ages 16 and older. The cost of the course is \$45 per person. Students must bring their own digital SLR camera and manual. FMI: 448-9907.

For more information on events, visit www.greatlifehawaii.com.

Community Calendar

⚔ June

⚔ Today ~ A Battle of Midway Heritage event will be held in recognition of the impact the Battle of Midway on the Navy and nation as part of the 70th anniversary of the battle. From 2 to 3 p.m. a Battle of Midway Heritage event will be held at Kilo piers 7/8 at Joint Base Pearl Harbor-Hickam. All hands are invited and encouraged to attend a presentation on the Battle of Midway, Station Hypo and the successes of the Pacific Fleet intelligence team during World War II. Retired Rear Adm. Donald Showers will speak. FMI: shawn.modisette@navy.mil or joe.romero@navy.mil or call 474-4452.

⚔ Today ~ The City & County of Honolulu will conduct the monthly statewide outdoor warning siren test at 11:45 a.m. The Joint Base Pearl Harbor-Hickam "Giant Voice" works in conjunction with Honolulu's outdoor warning sirens and will sound a steady tone for 45 seconds.

⚔ 12 ~ The Armed Forces Communications and Electronics Association buffet luncheon will be held at 11 a.m. at the Fort Shafter Hale Ikena Club. The guest speaker will be Col. Kent Simon, commander, DISA-PAC, discussing the latest developments affecting the Pacific area of responsibility. FMI: www.afceahawaii.org or Ken at 441-8524 or Barry at 284-2464.

⚔ 13 ~ Joint Base Pearl Harbor-Hickam will host a "Space Available" brief from 2 to 3 p.m. at the Hickam Theater to anyone interested in exploring the benefit. FMI: 448-9949 or the terminal Facebook page at http://www.facebook.com/#!/HickamAMC.

⚔ At a glance

⚔ Classes at the Makalapa Clinic, Naval Health Clinic Hawaii at Joint Base Pearl Harbor Hickam include a two-part "sleep better now" class by Dr. Melissa Belanger from 11:30 a.m. to 12:30 p.m. June 4 and 18 in classroom B. A "take 20 seconds to relax" class will be held from 11:30 a.m. to noon June 5 in classroom B. Service members, their families and retirees are welcome to attend. FMI: 473-1880, ext. 2276 or email melissa.belanger.ctr@med.navy.mil.

⚔ The Department of the Interior has started to offer free annual passes for national parks to active duty military and their dependents with ID cards. This promotion is in conjunction with the "Joining Forces" initiative. FMI http://store.usgs.gov/pass/military.html.

Movie Showtimes



The Pirates! Band of the Misfits (PG)

With a rag-tag crew at his side, and seemingly blind to the impossible odds stacked against him, the captain has one dream: to beat his bitter rivals Black Bellamy and Cutlass Liz to the much coveted Pirate Of The Year heroes from the shores of exotic Blood Island to the foggy streets of Victorian London. Along the way they battle a diabolical queen and team up with a haplessly smitten young scientist but never lose sight of what a pirate loves best.

SHARKEY MOVIE THEATER

TODAY
7:00 PM American Reunion (R)

SATURDAY
2:30 PM The Pirates! Band of the Misfits (PG)
4:45 PM The Three Stooges (PG)
7:00 PM The Five-Year Engagement (R)

SUNDAY
2:30 PM The Three Stooges (PG)
4:45 PM The Pirates! Band of the Misfits (PG)
7:00 PM The Lucky One (PG-13)

HICKAM MEMORIAL THEATER

TODAY
6:00 PM The Pirates! Band of the Misfits (PG)
8:30 PM The Cabin in the Woods (R)

SATURDAY
4:00 PM The Pirates! Band of the Misfits (PG)
7:00 PM The Five Year Engagement (R)

SUNDAY
2:00 PM The Pirates! Band of the Misfits (PG)





Compliments to the chef

Chef Alicia Boada demonstrates contemporary chocolate techniques to military culinary specialists and military spouses recently at the Silver Dolphin Bistro at Joint Base Pearl Harbor-Hickam. As a technical consultant for the Chocolate Academy USA, Boada trained and certified eight military chefs in advanced food preparation techniques.



U.S. Navy photos by MC2 Daniel Barker



CEC spouses decorate graves of children for Memorial Day

Don Robbins

Assistant Editor

Spouses of the Civil Engineer Corps (CEC) officers continued their annual Memorial Day weekend tradition of decorating the graves of CEC officers' children May 25 on Oahu.

Annually for more than six years, the spouses' group has decorated the graves of the children who died while their families were stationed in Hawaii. There are six such graves in Hawaii located at Schofield Barracks and Hawaii State Veterans Cemetery in Kaneohe.

The spouses take photos of the decorated graves and send the pictures to the children's families, assuring them that their child's grave was visited and attended.

CEC officer's spouse Lauran Thomas, accompanied by her daughter Savannah, participated in the gravesite effort this year



Photo courtesy of Lauran Thomas

Lauran Thomas, a spouse of a CEC officer, with daughter Savannah Thomas, places a lei on the grave of a child of a Civil Engineer Corps officer.

along with four other spouses and their children.

The Memorial Day lei remembrance has become a

priority for the club, Thomas said.

"Each family's story is different, but we recognize

them all the same by going to the grave site and placing a lei on each individual grave," Thomas said.

"This year, I took my 21-month-old daughter with me and found it very meaningful to explain death and heaven to her. God is the center of our family, and we prayed for each lost child and family. I think that being in the military is a huge sacrifice for our country, and the family plays a major role in this sacrifice," Thomas said.

"It was an honor to show other families that their loved ones are still remembered on Memorial Day and always," she added.

The club has received numerous thank-you cards and emails from families of the children expressing their gratitude. The club keeps these and passes them on each year to incoming board members.

The CEC spouses' club plays a vital role in the transition for families arriving in Hawaii, Thomas explained. As a club, they greet all new families at the airport with lei and infor-

mation on the club so they can have an *ohana* (family) even when they are far away from their family and home, she said.

"We do many social activities and work hard to engage everyone in the family. For me, this club has been a true blessing and support throughout our time in Hawaii," Thomas said.

She is the wife of CEC officer Cmdr. Jeff Thomas. He serves as assistant regional commander for Navy Region Hawaii under Capt. John Coronado, the regional engineer and commanding officer of Naval Facilities Engineering Command, Hawaii.

Cmdr. Jeff Thomas said the CEC spouses have a very strong organization. "They championed this effort and continue to do it to keep it alive. I'm sure it's very meaningful for the families back home. It's a pretty neat gesture on their part," he said.

This Week in USAF, PACAF History

Charles Nicholls

PACAF historian

- On May 31, 1915, the German Zeppelin LZ-38 dropped bombs on London for the first time. About 150 small bombs set approximately 41 fires that killed seven people and injured 35. More bombing raids followed on London and Paris.

- On May, 31, 1935, Hawaii's newest airfield was officially dedicated as Hickam Field in honor of Lt. Col. Horace Meek Hickam, a distinguished aviation pioneer who was killed in an aircraft accident on Nov. 5, 1934 at Fort Crockett in Galveston, Texas.

- On June 2, 1958, the first PACAF fighter symposium took place. Through June 6, PACAF held a U.S./Asian Fighter Weapons Symposium at the mountain resort of Baguio in the Philippines. PACAF staff officers met with their counterparts from the Chinese Nationalist Air Force, Korean Air Force,



On May 31, 1996, the USAF awarded multi-year contracts to McDonnell-Douglas and Pratt & Whitney for 80 C-17 Globemaster III aircraft and engines.

Philippine Air Force, Royal Thai Air Force and the Vietnamese Air Force. It was the first such conference on operational requirements and problems.

- On June 3, 1959, the Air Force Academy graduated its first class. Of the 207 graduates, 205 were commissioned as regular USAF officers.

- On May 31, 1967, a KC-135 Stratotanker from the 902nd Air Refueling

Squadron carried out a series of emergency refuelings that saved six fuel-starved Navy aircraft. A crew consisting of aircraft commander Maj. John H. Casteel, copilot Capt. Richard L. Trail, navigator Capt. Dean L. Hoar and boom operator MSgt. Nathan C. Campbell was assigned a refueling track over the Gulf of Tonkin. Casteel's crew all received Distinguished Flying Crosses for the action, and they

were subsequently awarded the Mackay Trophy.

- On June 1, 2005, the "Gen. George C. Kenney Headquarters (Provisional)" was activated at the former Hickam Air Force Base, Hawaii and attached to HQ PACAF. On the same day, the 13th Air Force moved to the Kenney Headquarters as the core of an operational-level component headquarters organization.

Five ways you can prevent deadly skin cancer

Shari Lopatin

TriWest Healthcare Alliance

Yes, it's true—skin cancer is the most common cancer in the United States.

That means more people get skin cancer than breast cancer, lung cancer and colon cancer. And while not all forms of skin cancer are deadly, they can disfigure your skin and cause much discomfort.

Melanoma: Watch out for it

Melanoma is the most deadly form of skin cancer. That's because it affects skin cells called melanocytes, which add color to your skin and hair. Melanoma can spread very quickly to other tissues in your body, which is why it's deadly.

A government study published recently showed that while most common cancers are declining, cases of melanoma are increas-

ing. Experts attribute this rise to the use of tanning beds, which is very dangerous to the skin.

For best results, you need to detect and treat melanoma as early as possible—and avoid tanning beds altogether.

Prevent cancer with these five tips

Everyone knows to wear sunscreen. But beyond that, leave it to the Centers for Disease Control and Prevention to offer the best tips for preventing skin cancer. They are:

- Seek shade, especially during midday hours.
- Wear clothing to protect exposed skin.
- Sport a hat to shade the face, head, ears and neck.
- Wear sunglasses that block both ultraviolet A (UVA) and ultraviolet B (UVB) rays.
- Avoid indoor tanning.

For more healthy living tips, follow TriWest on Facebook or Twitter: [Facebook.com/TriWest](#) and [Twitter.com/TriWest](#).

Navy in Hawaii marks 70th anniversary of Battle of Midway

Navy Region Hawaii Public Affairs

The Navy is honoring the memory of those who fought in one of the most storied battles of naval history with several commemorative activities in early June. This year marks the 70th anniversary of the Battle of Midway, a battle that demonstrated the flexibility and forward presence of naval aviation as a unique strength of the Navy and essential to ensuring the security, prosperity and vital interests of the United States and its allies.

On June 1, a ceremony at U.S. Pacific Fleet Headquarters will feature retired Rear Adm. Mac Showers, 95, the sole surviving member of Fleet Adm. Chester Nimitz's Pacific Fleet Intelligence Staff.

Midway clearly demon-

strated the value of communications intelligence when Nimitz's staff was able to intercept Japanese communications and tell him debarkation points of Japanese forces, their rendezvous points at sea and their intended targets. Nimitz also had a good idea of the composition of the Japanese forces and other details of their plans. Most importantly, Midway showed the value of employing combat assets to take advantage of possessing such information.

Also on June 1, a naval heritage event will be held at the Kilo 7/8 pier on Joint Base Pearl Harbor-Hickam. This event will allow Showers to share his first-hand recollections of World War II and the critical intelligence support to Nimitz. The event is being led by the chief petty

officers, who will provide information on the Battle of Midway, the role of Station Hypo, and Showers.

On June 4, the Pacific Fleet commander, Adm. Cecil Haney, will fly to Midway Atoll to commemorate the battle there along with veterans of the battle, others who were stationed at Midway throughout the years following the war, and members of the U.S.

Fish and Wildlife Service, which administers what is now Midway Atoll National Wildlife Refuge.

Also on June 4, Navy Region Hawaii and the Submarine Force, U.S. Pacific Fleet, will hold a wreath-laying ceremony aboard the USS Arizona Memorial at 8 a.m. WWII vintage aircraft are scheduled to conduct a flyover of the memorial. Immediately

following the ceremony, invited guests will participate in a boat tour of Pearl Harbor highlighting the efforts of the Pearl Harbor Naval Shipyard and the 14th Naval District Combat Intelligence Unit during WWII.

And for those with military identification and base access, Joint Base Pearl Harbor-Hickam will host a free outdoor viewing of the

1976 movie "Midway" with Charlton Heston and Henry Fonda at 7:30 p.m. June 2 at Ward Field. The movie is free to active duty members, their families and all other authorized patrons and sponsored guests. Bring your beach chairs and blankets. Pop-corn, drinks and hot dogs will be available for purchase. For more information, visit: [www.greatlife.hawaii.com](#).

NEX holds holiday activities



(Right), Zumba instructor Yolanda McSwain led military families in exercise routines May 25 to 27 at the Pearl Harbor Navy Exchange (NEX). (Below), "Hello Kitty" appeared May 26 at NEX for a meet-and-greet with military children and their parents. NEX hosted a series of special events over the Memorial Day weekend, including entertainment, a movie night, giveaways and health education.

Photos by Justin Elona and Stephanie Lau



Thrift shop welcomes donations of items

Rebecca Hommon

*Navy Region Hawaii
Environmental Counsel*

Earth tip: One man's trash is another man's treasure.

While it may be an old saying, it contains contemporary environmental wisdom.

With the arrival of spring, it's time to empty the house and carport of what's not needed.

One option is the Navy-Marine Corps Relief Society Thrift Shop which has a 24-hour drop off shed and is open for shopping or donations Monday, Thursday and Friday from 8 a.m. to 1 p.m.

The shop is on Battleship Drive near the Utah and Arizona Halls.

The thrift shop welcomes clean clothing, books, CDs, uniforms, household goods, furniture, knickknacks, and working electronics, but not car seats. For more information, call the thrift shop at 422-4691.

Pearl Harbor shipyard divers innovate new waterborne repair process

Erik Hauptman, Pearl Harbor Naval Shipyard

Pearl Harbor Naval Shipyard divers recently pioneered a new process for waterborne replacement of an electrical hull fitting (EHF) on Los Angeles-class submarines. The first job was completed on USS Olympia (SSN 717). It used a small fraction of the resources a dry-docking would have taken and the submarine was returned to full mission readiness.

An EHF repair typically requires main ballast tank (MBT) flood hole covers to be installed by divers. After the patches are installed, the MBT can be vented to atmospheric pressure. The topside access covers are then removed and repair personnel can enter the MBT to conduct work.

Because Olympia has no topside access covers, her

MBT is only accessible by personnel (other than divers) in dry dock. An unscheduled dry-docking for Olympia would have caused scheduling conflicts and was not a viable option.

Deferring the repair until the next docking would have limited the ability of the submarine to complete her mission. Shipyard divers proposed a method to change the EHF waterborne by venting the tank and replacing the EHF without the use of patches or cofferdams.

Ship Safety Officer Chief Warrant Officer 3 Jeffrey Stephens coordinated the effort and supervised the evolution. Lead project engineer Chris Young wrote technical guidance for performing the repair. The electronics shop was the lead trade and coordinated the work among all assist trades.

Navy Diver 1st Class

Landon Vanvalkenburg supervised the divers as they accessed the flooded tank and made their way to the damaged EHF. The divers measured the water level in relation to EHF penetration, and determined it was safe to remove the EHF for repair.

The removal took less than one hour. After repairs were completed, the divers reinstalled the EHF in one-and-a-half hours. The entire job took less than a month from planning until the job was complete.

"This effort reflects a willingness to work together to find solutions," said Thomas Glazier, rigger/diver general foreman. "This is an excellent example of deck plate innovation that maximizes resources while maintaining readiness. I congratulate them all for a job well done."

June Armed Services Blood Program drives scheduled

Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives, as part of the Armed Services Blood Program (ASBP). Dates and locations are updated regularly online as new drives are scheduled. Donors are encouraged to schedule an appointment online, call to make an appointment and check the website for the latest information.

Currently scheduled drives include:

- June 5, 9 a.m. to 1 p.m., Seal Division Team-1 classrooms.
- June 6, 11 a.m. to 3 p.m., Hickam building 1235, Joint Base Pearl Harbor-Hickam (JBPHH).
- June 8, 6:30 to 10:30 a.m., 715th MI Battalion, B Co. Naval Computer Telecommunications Area Master Station Pacific gym.
- June 11, 9 a.m. to 1 p.m., Marine Corps Base Hawaii Kaneohe chapel.
- June 12, 10 a.m. to 2 p.m., Tropics, Schofield Barracks.
- June 13, 9 a.m. to 1 p.m., Pollack Theater, Camp Smith.
- June 14, 9 a.m. to noon, Tripler Army Medical Center Veterans Administration.
- June 18, 11 a.m. to 3 p.m., Schofield Exchange, Schofield Barracks.
- June 19, 9 a.m. to 1 p.m., Fort Shafter U.S. Army Corps of Engineers.
- June 22, 7:30 a.m. to 1 p.m., Pearl Harbor Shipyard building 2, JBPHH.
- June 25, 9 a.m. to 2 p.m., U.S. Coast Guard Sand Island Club 14.
- June 26, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.
- June 27, 7:30 a.m. to 12:30 p.m., Makalapa Naval Clinic, JBPHH.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil