

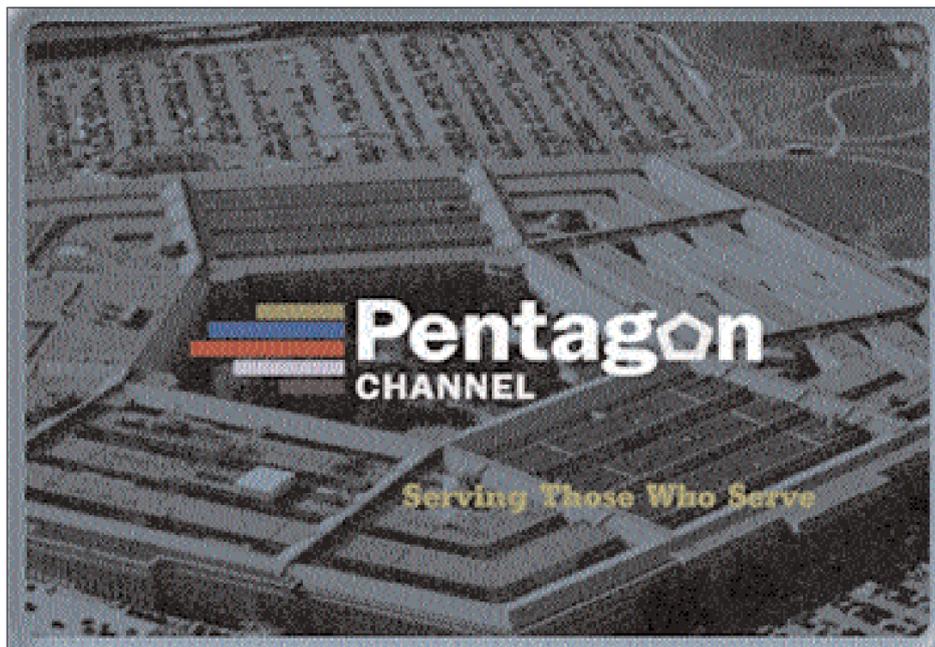
Pentagon Channel on the air

JO2 Devin Wright
Staff Writer

Commander, Navy Region Hawai'i installed the Pentagon Channel on Navy Channel 2 June 7, bringing the "pulse of military headquarters" to the "heart of the Pacific forces" at Pearl Harbor.

The Pentagon Channel broadcasts military news and information for the 2.6 million members of the U.S. Armed Forces through programming including: Department of Defense news briefings, military news, interviews with top defense officials, and short stories about the work of the military.

In addition to enhancing DoD communications with the 1.4 million active duty service members, the Pentagon Channel also provides more than 1.2 million members of the National Guard and Reserve and the 650,000 civilian employees of the DoD more timely access to military information and news.



The Pentagon Channel offers service members the opportunity to keep up with the business they are in, the business of war.

"If this new channel is not important to service members, then they're in the wrong business," said Pedro Valdez, director of Navy Channel TV 2. "This channel

brings you information about your friends and what they are doing throughout the fleet and even more important what your enemies are doing. It brings the

front lines to your barracks room, living room or even your office space."

"Moreover, it's about propelling your career in the military, and the more you know, the clearer the path," said Valdez. "That's what this channel was designed for, the service member."

Although the Pentagon Channel will air during the bulk of Channel 2 airtime, about 18 - 20 hours a day - local news is also available.

"When we find a program coming up in the schedule that may have already aired, we'll use that opportunity to air some of our local information, such as ceremonies, the Hawai'i Navy News Minute and things that bring the channel closer to home," said Valdez.

The Pentagon Channel television service is available to all stateside cable and satellite providers; via American Forces Radio and Television Service, overseas; and via Web cast worldwide at pentagonchannel.mil.

Keep up the ship

Sailors aboard O'Kane take care of business during ship's SRA. See story on page A-5.



Fun for teens

Catlin, Pearl City teen centers offer fun, safe place to hang out. See story on page B-1.

Happy Birthday: Sailors, Marines come together to celebrate 106 years of corpsmen

JO2N Ryan C. McGinley
Staff Writer

Sailors and Marines celebrated the traditions and ongoing efforts of Navy hospital corpsmen at the 106th United States Navy Hospital Corps Birthday Ball Saturday at the Hyatt Regency Resort in Waikiki.

"Its good to establish a good mainline with your history in the Navy and it's good to get together with everybody and have a little camaraderie," said Hospital Corpsman 3rd Class James Preo, 1st Battalion 3rd Marines, Kaneohe Bay.

Preo has attended five birthday balls in support of his rate, which he said gives him the opportunity to help Sailors and Marines both in times of conflict and in everyday situations.

"My favorite part about being a hospital corpsman is the interaction with other people, getting to know guys and taking care of them," he said.

The ball commenced with an invocation from HM2 (FMF) Fredinand Ajel, 2003 Junior Sailor of the Year for Naval Medical Clinic, Pearl Harbor.

The 3rd Marine Regiment then paraded the colors before the U.S. Pacific Fleet Band played the National Anthem.

Guest speaker Lt. Gen.

Wallace C. Gregson Jr., commander, U.S. Marine Forces Pacific, commander, U.S. Marine Corps Forces, Central Command, commanding general, Fleet Marine Force, Pacific and commander, U.S. Marine Corps Bases, Pacific then gave remarks on the history of hospital corpsmen and his honor to be included in the celebration.

"Celebrating traditions and celebrating heritage is a big part of what we are," he said. "All the folks in this room, regardless of their age, are tremendous young Americans who have chosen for one reason or another to serve their country."

Gregson also stressed the importance and distinctiveness of hospital corpsmen and their dedication to their work.

"Corpsmen have a little bit different outlook on life and they're much more oriented at taking care of people than the rest of us are," he said. "They're important to the military because of the great contribution they make - not just in the really tough times to everybody's health and welfare - but in normal times."

Gregson summed up the value and significance of hospital corpsmen with an anecdote that illustrated the importance of unity.

"If a Marine gets wounded

in combat, the unit continues to go forward," he said. "If a corpsman gets wounded, all the Marines stop because you're not going to go forward without a corpsman. We learn a lot from the corpsmen and it enriches the whole organization. It makes it one cohesive whole."

The ball also featured a ceremonial cutting of the cake with a cutlass, allowing the guest speaker the first piece, followed by the oldest and youngest corpsman in the room.

The lights then dimmed for a prisoner of war/missing in action remembrance, which included lighting a candle at an empty table and a two-bell ceremony. Almost 2,000 corpsmen have been killed in action since the Civil War.

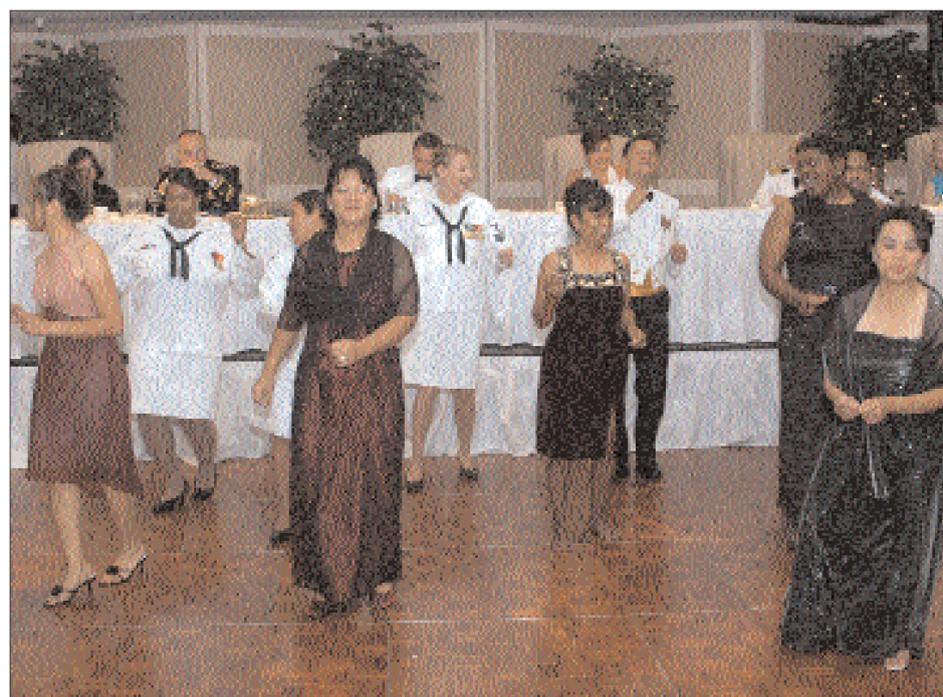
"In the 106-year history, the Navy Hospital Corps has seen more than its share of heroes," said Gregson.

Some Sailors and Marines were attending their first birthday ball.

"I came to the ball to uphold the Navy tradition of the hospital corps, help celebrate the birthday and have some fun while we're at it," said HM3 (FMF) Franklin Weaver, 3rd Battalion, 3rd Marines, Kaneohe Bay.

For others, camaraderie and meeting new people in their rate draws them to the celebration.

"It's a good time and it gets



U.S. Navy photo by Ryan C. McGinley

Patrons do the electric slide at the 106th United States Navy Hospital Corps Birthday Ball Saturday at the Hyatt Regency Resort in Waikiki. Sailors and Marines come together once a year to celebrate the traditions and ongoing efforts of Navy hospital corpsmen. The ball is an opportunity for corpsmen and their families to continue building camaraderie and meet new people within their rate.

everybody together," said HM3 (FMF) Brian Whitted, 3rd Battalion 3rd Marines, Kaneohe Bay. "It builds camaraderie and celebrates the tradition."

Gregson summed up the closeness that exists between

corpsmen and their Marines and Sailors, exemplifying the importance of their contributions to the Navy and Marines.

"Today nearly 2,000 corpsmen are again deployed to central command region in

support of ongoing operations there, including some friends of many of you in this room tonight," said Gregson. "Thank you all for everything you do for us ... we could not do the job we do without you, nor would we want to try."

Pearl Harbor Security warns of theft



Naval Station security personnel warn vehicle owners of the increased levels of vandalism during summer months.

Kamie Allmon
Staff Writer

Naval Station Security personnel said car owners should take particular caution to prevent car theft and break-ins as the summer months approach.

"In the summertime and right before the holidays, car break-in and theft rates rise," said Lt. Daniel Bright, Navy Region Hawai'i Security. "Because bags aren't allowed into places like the Arizona Memorial, people move them into the trunk while in the parking lot. Thieves know that and are watching for it," he said.

Civilians are not the only targets. Car break-ins on naval installations are com-

mon.

"In the military community, the areas most often targeted are the Moanalua Shopping Center and several off-base housing districts," said Bright. "Gabrunas Hall ranks highest for car break-ins on Pearl Harbor."

Just this month, 11 vehicles on military property have been broken into and one has been stolen.

"Stolen cars are recovered on base periodically, but unfortunately the entire car is not always found. Many times it will be recovered sitting up on blocks," Bright explained.

Victims say having a vehicle stolen can be a devastating experience.

"It was so violating to have our car stolen right out of our

driveway," said Melissa Douglas, wife of Andrew Traylor, a Sailor at Pearl Harbor whose 1993 Civic was stolen June 5. "I don't understand how people can do things like that."

"We live in Aiea, up on a hill in a secluded neighborhood, and our car was stolen within 40 minutes of us arriving at home," said Douglas. "The important thing is that no one was hurt, but it is very frustrating to have someone take things you have worked hard for."

Douglas's vehicle has yet to be recovered. Pearl Harbor police are making an effort to prevent more car theft incidents.

"We are sending out extra patrols and investigators to

do stings in the high-crime areas," said Bright.

To prevent a vehicle from becoming a target for theft, security offers these tips:

- Always roll up the windows and lock the doors.
- Leave your vehicle empty. Thieves will break in for anything - spare change, CDs, even sunglasses. Do not put your things in the trunk while in the parking lot.
- Park in a well-lit area and avoid parking behind fences or hedges.
- Invest in a good anti-theft device, like audible alarms, steering wheel locks or an immobilizing device (fuel and ignition disablers).

For more tips on how to prevent theft, visit the Honolulu Police Department Website at www.honoluluupd.org.

Electronic warfare group meets in Pearl Harbor

JOSN Ryan C. McGinley
Staff Writer

The electronic warfare systems group of The Technical Cooperation Program (TTCP) held its annual conference at Naval Station Pearl Harbor the past two weeks, sharing research and development information and generating ideas on future projects and direction of the group.

The group is made up of representatives from the United States, United Kingdom, Canada, Australia and New Zealand. Each year they meet in a different host country and discuss information on classified levels concerning electronic warfare.

"The notion behind TTCP is collaboration and cooperation with our allies on a technology basis," said Dave Hime, U.S. national representative to electronic warfare systems.

Electronic warfare is radiating signals to confuse enemy radars, sites, scopes or communications.

"In the broad context, electronic warfare means we're helping fight the war on an electronic basis to help plat-

forms and people survive," said Hime. "We try to disrupt [their ability to find us or communicate] because any delays that you can induce in their ability to engage our forces equates to survivability."

The program started in the late 1940s and has continued to help shape the development of electronic warfare throughout the years. Each year, participants share information and what they have learned in the laboratory.

"We deal in science and technology and that runs the gamut from very basic research to things that are so mature that they get out into the field rather quickly," said Peter Craig, electronic warfare program officer. "What I really get out of these yearly meetings, on an international level, is to find out what the other countries are doing, what their priorities are, where they're putting their science and technology dollars, and sharing with them where we are [putting our money] so we can ... see where everyone is and see where there are opportuni-

ties to work together," he said.

With Operation Iraqi Freedom and Operation Enduring Freedom, Hime sees the useful feedback from Sailors, Airmen, Marines and Soldiers, who have used the equipment in real scenarios, as a positive aspect that helps generate more sophisticated technology.

"The feedback is absolutely vital because the guys that are out there in the field, they're dealing with their lives and they make decisions that are going to make or break the success of the mission," said Hime.

Hime said that Naval Station Pearl Harbor was a great place to have the meeting and the facilities are excellent. The group will meet again next year in New Zealand to review this year's goals.

With the war on terror continuing, both Hime and Craig hope the success and positive feedback from the classified meetings and service members working in the field continues so allies may work together to solve problems and save lives.

NKO seeking input from DMs, JOs, LIs, PHs

Special to Hawai'i Navy News

The Center of Service Support has completed the first phase of the Five Vector Model for all media ratings.

The next phase is a comprehensive survey of all job tasks created for each of these four ratings - DM, JO, LI and PH.

To move forward, NKO needs 100 percent completion of on-line surveys by affected enlisted members.

The survey will help validate and update the job task analysis.

It takes about 30 minutes and is available at Navy Knowledge Online.

The website can be found at www.nko.navy.mil.

Kyoto Kimono group visits Hawai'i



U.S. Navy photo by JOSN Ryan C. McGinley

Members of the Hakubi Kyoto Kimono Cultural Preservation School in Tokyo look on as the group lays a wreath at the Arizona Memorial. The group of 100 celebrated the 35th anniversary of Hawai'i tours and ceremonies at the National Cemetery of the Pacific.



U.S. Navy photo by PHAN Justin McGarry
JO3 Daniel W. Vaughn monitors the ship's closed circuit television system aboard USS Enterprise (CVN 65).

Hawaii Navy News Editorial

Life in the Middle East

Commentary

Your Money Matters

Transition Assistance Programs outline your best employment options

Fleet and Family Support Center

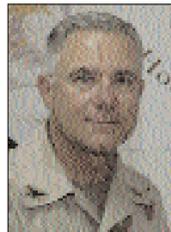
Some people say that military life isn't easy. Deciding to leave the military isn't easy either. Did you know that younger veterans (age 20-24) experience a higher unemployment rate than their non-veteran counterparts? If this is shocking news, consider the fact that older veterans (age 40+) make up 56.2 percent of all the unemployed veterans across America. The Navy Transition Assistance Program will help you chart a course for your future and discover all your employment options. Think of transition as a journey. You will need a roadmap to assist you in your travels. Think of your destination as simply a career goal. Landmarks serve as obstacles, challenges and rewards. In preparing for change during your career, you choose the best route and select the landmarks that will be important to you. So why do Sailors devote more time to planning a family vacations than on career planning strategies? Changing careers is a stressful undertaking, perhaps even more so for those leaving military service after many years. For example, a doctor goes to school for eight years and carries the title for the rest of his or her life. A service member, however, may have worked for 30 years to achieve a rank or grade, but upon leaving the armed forces, he or she leaves this rank behind - and with it, a large portion of his or her identity. Some people easily find new identities; others may never find them. And still others may feel that they will never find them. Transition is traumatic and stressful, but it also opens up a whole range of possibilities. If you approach your transition as an opportunity to grow, you will have already taken a giant step toward re-establishing your identity. The Navy's Transition Assistance Program offers a "full service" approach of developing strategies to effectively manage career

change and discovering all employment opportunities. During the past several years, over 27,000 Sailors attended our transition workshops and seminars more than 90 days prior to separation. Twenty-six percent discovered their best employment option was with their current employer - the United States Navy. That's a total of 7,050 Sailors opting for retention. Our workshops continue making a significant impact on retention. After all, 7,050 Sailors can't all be wrong. Does your career resemble a puzzle? Trying to find how all the pieces fit? Feel like you've got a lot of decisions to make? Maybe questions like these have been on your mind:

- How can I make the most of my Navy assignments?
- Should I further my education?
- How should I invest my money?
- What are my Navy benefits worth compared to civilian job benefits?
- How can I get rid of my debt?
- How would another assignment help me professionally?
- What will I do after I leave the Navy?
- Am I competitive with my civilian counterparts?
- How can I plan now for my retirement?
- Where do I want to be five years from now?

With the average American working well beyond the age of 70, your career options must include planning for the 40+ years of employment after your military service. The Career Options and Navy Skills Evaluation Program (CONSEP) Mid-Career Workshop will help you find the answers to all these questions. It's an exciting new program being delivered at your Fleet and Family Support Centers. It's a program that helps you make life and career decisions. Formulate your roadmap today. CONSEP will help you "navigate the winds of career change." For more information, contact FFSC at 473-4222 or visit www.greatlife-hawaii.com to look up FFSC programs.

Commentary by Chaplain (Capt.) Gene Theriot



Shipmates, This is my long overdue SITREP on my service in the Combined Joint Task Force (CJTF) Horn of Africa. The CJTF is based in of Djibouti, about 30 miles from the village of Somali border on the Gulf of Tadjoura. Our mission is to detect, disrupt and defeat trans-national terrorism. We are geographically well positioned to execute that mission in our [area of responsibility] AOR, which includes Kenya, Ethiopia, Eritrera, Sudan, Yemen, Seychelles and others. There are about 1,300 people assigned, most of whom work out of Camp Lemonier, a former French Foreign Legion base, located adjacent to the international airport. The entire CJTF is staffed by augmentees, mostly individuals, some units or detachments. People are assigned here for periods that range from three months to one year with most, like myself and Lt. Cmdr. Walt Smith, here for six months (so glad to have him on board). The base has some permanent buildings, some of which were here when the CJTF moved ashore from USS Mount Whitney about two years ago. There are a few other buildings U.S. forces built since arriving. Many of the headquarters of tenant commands and almost all the berthing is in tents. All the hotel services are provided by Kellogg, Brown and Root, which has about 250 employees here. Life on Camp Lemonier is marked by at least two things. One is confinement. This is a relatively small base. Its somewhat rectangular shape is about 1,000 by 500 yards in

size. There is liberty some days, but not very many people go in town even when liberty isn't secured. Djibouti is very poor and there isn't much to do in town. Force protection is a concern. So most of the social life takes place on camp, where we have plenty of good food, a well-equipped gym (also a tent), an exchange and cable TV. There is a very active chapel program, with over 15 different services and programs each week. The other thing that marks life on Camp Lemonier is the environment. This is an arid land. Just prior to my arrival in mid-April, there was a big rain that resulted in floods and the deaths of many Somali and other refugees. It hasn't rained since. No rain is projected for months. The direct sun temperature is well over 130 degrees every day. The airport is one border of the camp. The city dump is on the other border. In the evenings, when the wind shifts, the smoke from the dump fires significantly lowers the air quality, such as it is. In spite of the challenges of life on the camp, people have high morale and approach their work with professionalism and enthusiasm. Though there aren't a lot of people who volunteer to extend here, everyone makes the best of their time. The Enduring Freedom Chapel is located on Main Street and everybody walks past it several times every day. This is one of the places in the world where U.S. forces serve where there are no other religious expression opportunities to be found. There are no English speaking churches in town. In fact, there aren't many churches of any language in town, this being a predominately Muslim country. NGOs (individual non-government organizations) and people from the embassy come to the camp to worship

with us. The chapel is well used for scheduled services and programs as well as for individual prayer and meditation. There is more lay leadership and involvement in this chapel than I have seen in many other military chapels. In fact, there are enough lay ministers in the camp that we have a weekly ministerial training meeting. We have a choir and a number of talented musicians. But, with the continual turnover of personnel, there is always a need for new people to step forth and volunteer. There is a Catholic chaplain assigned. His presence here allows us both to travel in the AOR, which was not the case for my predecessor, who was the only chaplain assigned most of the time he was here. It wasn't prudent for him to be away from the larger number of people. Having another chaplain allows me to function not only as a camp chaplain, but also in the larger role of the CJTF-HOA chaplain in which I interact with our civil affairs teams and with NGOs. As such, I've been able to travel to our sites in Kenya and Ethiopia which I hope to continue through my tour here. I expect to be here until October, when I am relieved by another Navy chaplain. I miss Hawai'i and serving with you there. I would not have volunteered for this assignment if I would not have been able to return to NRH (Navy Region Hawai'i). Thank you for your support of me out here and Martha there in Hawai'i. I look forward to seeing you in October. Very respectfully, Chaplain Theriot

Editor's Note: Chaplain Theriot is based at the Naval Station Pearl Harbor Memorial Chapel but is now forward-deployed to the Combined Joint Task Force.

STORY IDEAS?

Contact the HNN editor for guidelines and story/photo submission requirements

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Hawaii Navy News

Hawai'i Sailors 'talk story'

Religious Program Specialist 2nd Class (SW) Lama Suaalii

Religious Program Specialist 2nd Class (SW) Lama Suaalii has gained a new awareness of herself and her heritage since joining the Navy eight years ago. Suaalii is from American Samoa, where most of her family still remains. In her spare time, Suaalii goes golfing, a sport she took up with friends at her previous duty station, Naval Station Guam. She has only been playing the game for three years and shoots in the low nineties, which she said is "pretty good for a beginner." Suaalii admitted that, at first, she didn't understand the point of hitting around a little white ball, but added, "Once you get the hang of it, you get it." In the future, Suaalii plans on making the Navy her career. She is also

considering becoming an officer, and has only a few more classes left to take before completing her accounting degree. According to Suaalii, the best things about her job at the Naval Station, Pearl Harbor Memorial Chapel are "helping people," knowing she's "done a good deed for someone," and feeling gratified when someone she has helped returns to thank her. Suaalii said she has spent the greater part of her time in the Navy "island-hopping," including being stationed in Guam and now, Hawai'i. Although she has only been on Oahu for two months, Suaalii said there are good and bad things about island life here compared to where she comes from. She said she enjoys the "modernization and technology" of

Vital statistics

Name:
Lama Suaalii

Hometown:
Territory of American Samoa

Duty station:
Naval Station Pearl Harbor Memorial Chapel

Job:
Assistant Leading Pay Officer

Favorite part of the job:
Helping people



Photo by Lacy Lynn RP2 (SW) Lama Suaalii enjoys golfing in her spare time.

this island, but added there are also many negative influences on culture. She is saddened some Samoans are losing their culture. "Our culture is so huge...There is respect for people," said Suaalii, who said she keeps her culture alive by speaking

the language. Suaalii originally joined the Navy for travel and educational opportunities, but she has also acquired a new understanding of herself and the culture she grew up in. "Moving away from home makes you appreciate who and what you are," said Suaalii.

Commentary

Ohana Line

I am an enlisted Sailor and I want to get my bachelor's degree while I am on active duty. The tuition assistance program affords me \$250 per credit hour, but my expenses exceed that dollar amount. Is there other means by which Sailors can obtain funds to help supplement the tuition assistance program?

The Montgomery GI Bill is available for active duty and veterans to help with education costs. The bill provides up to 36 months of education benefits for: college, business technical or vocational courses, distance learning, certification tests, apprenticeships or flight training. There is also over \$300 million in scholarship funds. All personnel in the military community, including

dependents, are eligible. To find scholarships that might fit your needs, you can go to www.military.com and click on the 'education tab.' The federal government also offers several financial student aid programs. These programs offer you extremely low interest loans and grants (free money). Unlike the GI Bill, these programs are paid through the school; however, like the MGIB, federal student aid is designed to assist you in meeting the cost of tuition, books, fees and living expenses while you go to school. That means that once the school has taken its share, the remaining loan or grant balance goes to you. If you have any questions, please e-mail us at hnn@honoluluadvertiser.com and put "Ohana Line" in the subject line

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Child Development Program administrator wins award

Lacy Lynn
Staff Writer

During her years of leadership as Regional Child Development Program Administrator for Navy Region Hawai'i, Bobbie Asato has been the key to a safe, healthy Child Development Program for more than 1,350 children of military personnel on Oahu and Kauai.

Asato's contributions were recognized June 8 with a Federal Executive Board (FEB) Excellence in Federal Government Award for Manager/Supervisor of a Large Agency.

More than 1,000 people attended the FEB awards luncheon in support of Asato and other winners.

According to Regional MWR Director Cheryl Camp, Asato "deserved to be recognized for the breadth and the scope and the amount of effort she puts into childcare."

As Program Administrator, Asato oversees the operation of seven Child Development Centers on Oahu and Kauai, one 24/7 Care Home and one drop-in facility. She is also responsible for three School Age Care Facilities, seven Day Camp sites and more than 100 Home Care Providers.

In 1997, Asato regionalized these once-independent programs by standardizing practices and modifying policies and directives to achieve consistency and maintain customer satisfaction.

"It's really about on-going communication...and focusing on all the positive things that go on at the centers," said Asato.

Under Asato's direction, all seven of the Navy Region Hawai'i Child Development Centers have been accredited by the National Association for the Education of Young Children (NAEYC), which states on its website that fewer than 10 percent of early childcare programs meet its national accreditation standards.

"She brings a certain leadership and management style that is a perfect match for working with families, children and staff," said Camp.

When Asato and her staff opened the 24/7 Care Home in May 2002, it was the first of its kind in the Navy. The remodeled duplex on Center



Photo by Lacy Lynn
Bobbie Asato works on files at the Regional Child Development Program Office

Drive provides a home setting, and now operates at full capacity. The program provides daily care overnight and on weekends for children of shift workers, single parents and dual military couples.

As part of a Navy-wide affiliation with the Boys and Girls Clubs of America, Asato and her staff integrated new training and mission focuses into the Region's Youth Program. The new level of quality has dramatically increased the levels of participation in the entire Youth Program.

"It's more than doubled. It's totally exploded," said Camp.

By using MWR facilities, Asato has made a variety of activities available to youth and children, including swim instruction, sailing, surfing, kayaking, and bowling. Asato also designed, developed and executed a fitness program for children in CDCs, and drop-in care at the Adult Fitness Center.

Camp added, "She brings a certain leadership and management style that is a perfect match for working with families, children and staff."

Promoting cultural diversity is important to Asato, who facilitates understanding and respect of cultural diversity with staff and children by weaving these ideas into the children's curriculum, and by conducting diversity training for staff.

"She tries to promote, to recognize, everyone's uniqueness. It builds mutual respect," said Camp.

Taking GEMS around Naval Station Pearl Harbor



Photo by Denise Emsley
Capt. Stephen Barker, commanding Officer, PWC Pearl and Wayne Yasuda, transportation department head, PWC Pearl take a spin around the transportation compound with a new GEMS electric vehicle. PWC received 19 of the electric vehicles June 2. Naval shipyard has requested 10 of the 19 vehicles and the remaining nine are available for customer rental. Customers can call PWC Transportation at 474-3134, ext. 232.

Helmets-to-Hardhats program links troops with civilian career options

Donna Miles

American Forces Press Service

A federally-funded program, Helmets to Hardhats, is making good on the military recruiters "selling" point that service members gain valuable skills they can apply in the private sector following their service.

The program helps service members and military veterans put their training to use as they transition to jobs in the building and construction trades.

Launched in January 2003 with funding from the 2003 Defense Appropriations Act, Helmets to Hardhats provides an important link between veterans and soon-to-be veterans and 15 building and construction trades organizations clamoring for their skills.

Collectively, these organizations represent about 82,000 contractors nationwide.

Monica Worth, from Helmets to Hardhats, said veterans bring employers an array of enticing attributes.

"They're a known quantity, they're drug-free, they have a good level of edu-



cation and training, they're oriented toward working with diverse groups in diverse environments, and they're accustomed to the concept of 'training to train,'" she said.

In addition, Worth said the construction trades offer diverse positions that appeal to former service members who enjoy working with their hands and applying their minds, as well as their strength on the job.

The program offers a lucrative alternative for transitioning service members, too. Worth said apprentices in labor unions get paid while they train and former service members can supplement those earnings with their G.I. Bill benefits.

After completing their apprenticeship

and advancing in their particular field, she said workers in the building and construction trades can earn salaries approaching six figures.

"I highly recommend that transitioning military consider joining unions and embarking on a career in construction," said John Coble, a former Ranger who now serves as an organizer for the International Union of Operating Engineers Local 302. "In a union, you can always be assured that you will get a high hourly wage, great insurance and a good pension plan."

Roger Ervine, a former U.S. Navy aviation electronics technician, called the Helmets to Hardhats program "an enormous benefit to those individuals who would like to find civilian employment and have a meaningful career when they get out of the armed forces."

Ervine is currently an electrician's apprentice for International Brotherhood of Electrical Workers Local Union 639 in San Luis Obispo, Calif.

For more information on the Helmets to Hardhats Program, visit www.helmetstohardhats.com.

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Hawaii
Navy News

Reuben James flexes muscles in multi-national ASW-EX

Lt. j.g. Nathan Christensen
USS Reuben James Public Affairs

While operating in the Hawaiian top-areas off the coast of Oahu and Kauai over the past week, the crew of Reuben James (FFG 57) received training in a variety of warfare areas.

Reuben James Sailors flexed and tested their abilities during anti-submarine, anti-surface, anti-air, visit, board, search and seizure, ship handling and damage control training scenarios.

The overarching purpose of this past week's underway was to participate in a multi-national Anti-Submarine (ASW) Exercise at Pacific Missile Range Facility (PMRF) off the coast of Kauai with other ships from Pearl Harbor including USS Paul Hamilton, USS O'Kane, USNS Loyal and USS Key West.

Reuben James also embarked the only HSL-37 Helicopter detachment for the duration of the exercise. Silent Fury, as the exercise was named, was coordinated by CTF-12 and involved COMDESRON THREE ONE (CDS-31) Staff embarked onboard USS O'Kane, four U.S. Naval Surface vessels, one U.S. submarine, several P-3 aircraft from VP-4, one SH-60B helicopter and the Australian Submarine HMAS RANKIN. In effect, the purpose behind Silent Fury was to involve both theater and Surface Action Group (SAG) ASW prosecution against a diesel



U.S. Navy photo by Lt. j.g. Nathan Christensen
Cmdr. John M. Figuerras (left), commanding officer of USS Reuben James (FFG 57), watches as Lt. j.g. Conner Glover takes a bearing off a ship during close-quarters formation maneuvers.

submarine, enhance ASW proficiency, facilitate unit training and conduct experimentation in ASW tactics. Moreover, Silent Fury served as an opportunity to exercise transition of command and control responsibility for ASW prosecution between CTF-12 and CDS-31.

No sooner had Reuben James exited Pearl Harbor channel when ship-handling training began for all bridge and CIC watchstanders. While simultaneously conducting flight operations, Reuben James maneuvered into formation alongside O'Kane and Paul Hamilton and then proceeded to conduct close-quarters formation maneuvering

also known as DIVTACS after recovering the SH-60B. LT Karen Sankes, who served as the Officer of the Deck for that evolution, noted that "We received excellent training and got a feel for how the FFG responds in DIVTACS - something we normally do not have the opportunity of doing. I love driving the ship and these DIVTACS gave us a change to do just that - drive!" While night-steaming to Kauai with the other two ships in order to rendezvous with USS Key West and Rankin, Reuben James once again conducted flight operations and performed both aided and unaided Deck Landing Qualifications

(DLQs) for HSL-37. When conducting aided DLQs, the use of night vision goggles (NVGs) is required and also involves the ship dimming all navigational lights to effectively land the helicopter. The ship, therefore, runs dark and is not readily visible to other mariners and requires bridge watch-standers and lookouts to be extremely vigilant in their duties. The following day, the three surface ships continued their ship handling training and performed more DIVTACS until the ASW portion of Silent Fury began.

After all units successfully joined up together off of Kauai, the ASW portion of Silent Fury commenced. Silent Fury was comprised of three different events - an advanced ASW exercise, a choke-point transit and a twelve-hour free play exercise involving all surface, sub-surface and air units. "Throughout my time onboard Reuben James, this was the first real time exercise that has been totally devoted to ASW," stated STG2 (SW) Robert Cooper. "It was a great exercise and gave us an opportunity to put our training to good use." Not only did Reuben James' STGs and OSs get to use their training in a live environment, but did so in an exemplary manner. During the exercise, Reuben James and HSL-37 held more under-water contact time, more visual time and had a higher success rate in tracking Rankin than many expected. Furthermore, the lookouts and bridge watch standers spotted

Rankin several times throughout the exercise. Although Frigates are not typically equipped with the latest and greatest technology, Reuben James held their own.

Besides the valuable ASW training, Reuben James also conducted a VBSS exercise with Paul Hamilton, followed by an SUW exercise pitting Reuben James against both O'Kane and Paul Hamilton. Upon the completion of Silent Fury, an AAW Detect-to-Engage (DTE) sequence with two Air Force F-15s from the Hawaii Air National Guard was performed. The two pilots, call sign Steek 21 and Mye Tie 11 overflew Reuben James and helped to make the training evolution possible. Reuben James' Combat Systems Officer John Pienkowski and Fire Control Officer Lt. j.g. William Wilson arranged for the F-15s to overfly and simulate an attack on Reuben James off the northern coast of Oahu. Wilson stated that "While several simulations have been performed involving DTEs during the ship's Inter-Deployment Training Cycle (IDTC), it has been a long time since an authentic DTE has been performed." FC2 (SW) Jay Metzger's watch station for the DTE was Weapon's Control Officer (WCO). "For me to experience this simulated attack with real aircraft was unreal. Hearing the roar of the jet engines overhead and simultaneously over-flown made this some of the best training we have ever done here on Reuben James!"

Minesweepers enter Pearl Harbor



U.S. Navy photo by JOSN Ryan C. McGinley
Canadian minesweeper HMCS Brandon (MM 710) arrives in Pearl Harbor Saturday along with two Texas-based mine countermeasure ships, USS Avenger (MCM 1) and USS Defender (MCM 2), following their deployment in support of operations and exercises in the Pacific. The ships transferred supplies from USNS Rappahannock (T-AO 204) by connected replenishment while in transit to Pearl Harbor, which is a rare evolution attempted by ships of their class.

Sleep studies focus on finding best Sailors for Navy missions

Ellen Maurer

Bureau of Medicine and Surgery Public Affairs

Medical experts from the Naval Health Research Center (NHRC) in San Diego attended an annual meeting of the Associated Professional Sleep Societies in Philadelphia on June 6-10, presenting research that may give insight into which types of "sleepers" make the best military candidates.

NHRC researchers have been working with the University of California in San Diego and the Veterans Affairs Healthcare System in San Diego to analyze certain sleep characteristics, including average length of sleep and dream recall, which may indicate how quickly a person feels "wide awake."

This consideration of dream recall is a part of a larger study in which the teams reviewed the correlation between how long a person typically sleeps each night and what that person's response is when deprived of sleep.

"Understanding why some individuals require little sleep and function well under sleep-deprived conditions

may result in selection, conditioning and intervention approaches for certain military occupations," said Lt. Walter Carr, a Navy researcher involved with the sleep studies sponsored by the Office of Naval Research.

In this research, they found that people who slept six hours or less a night ("short sleepers") were more likely to remember their dreams and feel more refreshed when they woke up. However, the feeling of being "wide awake" fades in short sleepers who are deprived of sleep.

They also found that those who slept six or less hours a night showed a significant decrease in learning ability when deprived of sleep for 36 hours.

"Long sleepers," people who naturally sleep nine or more hours a night, proved to be more resilient to the detrimental effects of sleep deprivation. When deprived of sleep for 36 hours, "long sleepers" showed no change in their ability to complete a verbal learning task.

The findings in these research efforts may help supply medical experts with more information on how sleep affects both a person's physical and mental health.

Ship, shipmates improved during O'Kane's two-month SRA period

Ensign Patrick Chapman

USS O'Kane Public Affairs

After nearly two months, USS O'Kane (DDG 77) completed its selected restricted availability (SRA) May 26.

According to Lt. j. g. Matthew Cox, O'Kane navigator, the SRA period is a necessary step toward mission readiness.

"After being gutted inside and out over the course of nine weeks for repair and improvement, O'Kane has finally emerged a much more battle-ready ship with a re-energized crew, eager to take on the challenges of the intermediate phase of the training cycle and, ultimately, deployment," said Cox.

Major overhauls occurred during O'Kane's SRA period, such as resurfacing the vertical launch system, repainting the mast and performing cosmetic renovations to improve the quality of life of every Sailor on board.

Additionally, a battle force team trainer, a system that allows for more effective training and more intense battle preparation, was installed.

"It improves the combat readiness of the ship by enabling us to generate our own scenarios, fit geographical regions and integrate all of O'Kane's combat systems," said Lt. j. g. Andrew Bucher, fire control officer.

According to Lt. j. g. Shannon McMillan, system test officer, SRA also allowed O'Kane to improve its already outstanding relationship with shipyard workers and technical experts around Pearl Harbor.

"Technical representatives gave tricks of the trade and enlightened eager Sailors. These have been, across the board, some of the best installation teams I've witnessed," said McMillan.

The SRA was not without its difficulties. O'Kane's crew experienced several inconveniences while shipyard workers made the neces-



U.S. Navy photo by ENS Angela Asemota
GSE3 Aldenpedz Rodulfo checks voltage readings on O'Kane propulsion auxiliary control.

sary enhancements during the two-month period. The crew had to move out of its shipboard berthing and transfer its belongings to a berthing barge, where meals were served and restroom facilities were operated.

According to Chief Engineer Lt. Dan Valascho, the crew operated under a tremendous strain while the conveniences of normal shipboard life, such as running water and waste drainage, were shut down to accommodate the improvements.

"Obviously, this drastically changed the daily routine for every Sailor on board, who now had to leave the ship every day for lunch

and every time he or she needed something as simple as a drink of water," said Valascho. "Coupled with the fact that air conditioning was often disrupted while machinery was being improved, the crew of O'Kane had to develop patience and the foresight necessary to plan its days around these inconveniences.

"Needless to say, O'Kane adapted with its usual flexibility and positive attitude," he added.

O'Kane used SRA as a chance to further train its crew. Training programs were established, such as Officer War College, daily enlisted surface warfare specialist seminars, junior

officer surface warfare seminars, Program for Afloat College Education courses, and general military training (GMT).

According to Lt. j.g. Ty Weise, training officer, because there was no possibility of going out to sea, the operations department was able to establish a routine that made the most of the time in port.

"SRA was a perfect opportunity to attack GMT and knock out 10 of our required 12 topics for the year," said Weise. "Because of that aggressive schedule, O'Kane can now concentrate on future events like RIMPAC, INSURV and COMTUEX."

Physical fitness was another priority during SRA, especially as the semi-annual physical fitness assessment (PFA) approached. Gas Turbine System Technician (Electrical) 1st Class Matthew Danforth, O'Kane's PFA coordinator, said, "SRA provided all hands with enough time to prepare for the spring '04 PFA, resulting in approximately a 95 percent passing rate. SRA not only boosted the material readiness of the ship, but has enhanced the overall combat readiness of her crew. O'Kane's crew is physically fit to fight."

Additionally, O'Kane's leadership made a special effort to develop its Sailors professionally and reach out to their families by organizing a career information day and a family night meeting, which were both important events that answered common questions about everything ranging from the housing privatization project to deployment.

"All in all, O'Kane used SRA to improve itself in every aspect. The ship is in better condition than ever before with more technological advancements than ever before. The Sailors are better trained, more physically fit and more dedicated to the future of O'Kane than they were a few months ago, and they will no doubt be prepared when they get sent to the front lines," said O'Kane Command Master Chief CMDMCM (SW) Donald Krampert.

With hurricane imminent – be prepared

Part 2 of 4

Karen S. Spangler

Assistant Editor

Having to deal with the brunt of hurricane force winds, heavy rainfall and high tides – all factors that are capable of wreaking devastating and widespread damage, injuries and deaths – are things that no one really wants to think about. But if a hurricane is approaching, don't get caught short.

CNOCM(SW/AW) Luis Cruz, Navy Region Hawai'i command master chief, has lived through a hurricane and is a witness to the storm's devastation.

"We live on an island," Cruz said. "That leaves us more vulnerable to such storms. Knowing the stages of a hurricane and being aware of what actions to take and when to take them may serve as more than just helpful information – it could save your life."

As a hurricane approaches the Hawaiian Islands, local radio and television media will begin to broadcast the latest weather advisories from the National Weather Service (NWS) in Honolulu. These weather forecasts are usually issued every six hours, beginning at 5 a.m., and will alert media to the location and characteristics of the storm.

When storms are within 1,000 miles of Honolulu, marine forecast broadcasts on the NOAA weather radio station (162.55 mhz or 162.40 mhz) will also provide information. Now is the time to pay close attention to the radio and television to learn what you can about the storm.

There is always a chance that the storm may veer onto a different course and no longer be a threat to the islands. But you can't rely on that – Mother Nature is extremely unpredictable. However, there is still ample time to take preparations.

The first advisory to be issued is a hurricane watch. This will be announced when there is a strong possibility that the storm could threaten coastal or inland communities within 36 hours or less.

It is now time to take action to

purchase supplies (if you have not already done so) and secure your home. The following checklist will help you to organize a plan:

- Stay tuned to local radio and television stations for official weather and civil defense instructions. Information will also be announced on Navy Channel 2 for housing residents. You may also obtain up-to-date information by calling: Oahu Civil Defense recorded information at 527-5372 and National Weather Service recorded advisories at 973-4381.

- Specify an emergency meeting place where all family members should meet if they should become separated because of the storm. Make sure that everyone is familiar with the plan of action.

- Fill your car with gas. Check the battery, water and oil and ensure that your vehicle is in dependable working condition.

- Put your survival kit together. Be sure to have flashlights and a portable radio and be certain they are in working condition. Also purchase extra batteries.

- Refill prescription drugs and purchase other necessary medication. Obtain at least 10 days to two weeks supply of prescription and necessary medicines. Restock your emergency supplies of candles, matches, fuel for camping stoves and lanterns, first aid supplies, pet foods and supplies. Make sure that you have at least a five-day supply of non-perishable foods on hand.

- Not only should you have a first aid kit, but be sure to check and replenish first aid supplies at least once a year. Hopefully, you and members of your family have already learned first aid and emergency medical care. Adults and teenagers are encouraged to take first aid and cardiopulmonary resuscitation courses. You can also purchase first aid reference guides from the Red Cross.

- Also, if there is someone in your family who has special medical needs, be sure to have a plan and know what to do. If there are medications that require refrigeration, contact your physician and obtain advice on what to do in the event of emergencies or power outages.

- Although few medications require refrigeration, those that do



Photo courtesy of Hawai'i State Civil Defense Office

The island of Kauai bore the brunt of Hurricane Iniki which hit Hawai'i in September 1992. Iniki, the most destructive hurricane to hit Hawai'i in recorded history, bore down on the islands with winds of 145 mph. Damages across the state exceeded \$2.2 billion. Island residents were not prepared for the vicious storm and stores on the islands quickly ran out of supplies.

(such as pediatric antibiotics and some types of insulin) can be kept in the refrigerator for up to six hours if the door is kept shut. After that period, they should be stored in an ice chest with ice packs or ice.

- Also be sure that you have commercially bottled water on hand or stored tap water on hand. This should be replaced each year. Tap water can be stored in clean, non-corrosive, non-breakable, tightly-covered containers such as gallon-size beverage syrup bottles or soft drink bottles.

- Sterilize containers, such as your bathtub and washing machine, to store drinking water. The bathtub and large containers can also be used to store water for flushing toilets, washing, etc.

- Be sure to have an extra supply of cash on hand. When the power is out, ATM machines won't operate.

- If you are a boat owner, moor it securely before the storm arrives. If

the boat is small enough, remove it from the water and tie it down securely on high ground away from the shoreline.

- Once your boat has been moored, leave it. Do not return once the wind and waves have escalated.

You have accomplished the items on your checklist and are now closely monitoring weather advisories for more information about the approaching storm.

If it is still headed on course for Hawai'i, a hurricane warning will be issued when there is a high possibility that hurricane force winds will arrive within 24 hours or less.

Plan now before the storm arrives; avoid waiting until the last minute – that could leave you marooned and/or unprepared.

More information about preparing for a hurricane can be found on the Navy Region Hawai'i website at www.hawaii.navy.mil and on Navy Channel 2, in the white pages of your

telephone book, and in Hawaiian Electric Company's information-filled "Handbook for Emergency Preparedness" which is available at the Navy Aloha Center and Fleet and Family Service Center.

The latest weather forecast, storm warnings and up-to-the-minute weather conditions are available online at the Naval Pacific Meteorology and Oceanography Center/Joint Typhoon Warning Center site at www.npmoc.navy.mil.

Other forecasts are available online at www.nws.noaa.gov, the web site of the National Weather Service, or on the Weather Channel's website at www.weather.com.

Residents should be aware, be alert and be ready – and don't assume that Hawai'i will be spared the ravages of a hurricane.

Don't shortchange your family or yourself by failing to be prepared.

YOUR SURVIVAL KIT

Flashlights
 Portable radios
 Extra batteries
 Prescription drugs
 First aid kit
 Candles
 Matches
 Fuel for camping stoves/lanterns
 Pet foods/supplies
 Non-perishable foods – five-day supply
 Bottled water for drinking
 Other water for flushing toilet, washing, etc
 Extra cash

What does it all mean?

Weather/marine advisories:
 Issued when storms are within 1,000 miles of Honolulu, Hawai'i.

Hurricane watch:
 Issued when there is a strong possibility that the storm could threaten coastal or inland communities within 36 hours or less.

Hurricane warning:
 Issued when there is a high possibility that hurricane force winds will arrive within 24 hours or less.

Aussie submariners say, 'G'day'



U.S. Navy photo by JO3 Corwin Colbert

The Australian submarine HMAS Rankin (SSG-78) prepares to moor at one of the Pearl Harbor Naval Station submarine piers. USS Rankin will participate in the 2004 RIMPAC exercise starting this month.

Skinny Dragons tune up for RIMPAC with a 'Silent Fury'

Lt. j.g. Shawn Spooner

VP-4 Public Affairs

The Skinny Dragons of VP-4 participated in a multi-national training exercise with a Royal Australian Navy (RAN) diesel submarine as it made the long transit from Australia to Hawai'i June 4-8.

Titled "Silent Fury," the exercise consisted of ships, aircraft and submarines from the U.S. and Australian navies working with the RAN diesel, the HMAS Rankin.

The Rankin, the centerpiece of the exercise, is a Collins-class diesel submarine known for exceptionally silent underwater operations. Commander Task Force 12 coordinated a combined anti-submarine warfare (ASW) effort utilizing the sea and air assets. Participating units included five combat air crews from VP-4, one combat air crew from the Fighting Marlins of VP-40 based at Whidbey Island in Washington, the Easy Riders of HSL 37 based at Marine Corps Base Hawai'i - Kaneohe Bay, the USS O'Kane (DDG 77), USS Paul Hamilton (DDG 60), USS Reuben James (FFG 57), USS Key West (SSN 722), Destroyer Squadron 31 and the HMAS Farncomb.

Silent Fury began the night of June 4 and

lasted until the early evening of June 8. P-3C Orion aircraft from VP-4 and VP-40 kicked off the exercise by conducting extended echo ranging (EER) as the Rankin approached the Hawaiian Islands chain.

Next, Rankin proceeded into a littoral ASW free play exercise assuming the role of a hostile diesel submarine. The Skinny Dragons were the first operational flight to use a beyond line of sight communications system, which allows P-3 crews to increase communications connectivity through computerized chat with ships and shore commands.

The Skinny Dragons Fighting Marlin team linked a string of successful missions during the five-day event, not missing a minute of tasked on station time.

Months of dedicated aircraft grooming paid off as all planes were mission capable on station.

"Silent Fury was an excellent opportunity for us to challenge our aircrews in our primary mission area of undersea warfare," said Cmdr. David Smith, commanding officer of VP-4. "The Rankin was a formidable opponent and provided unique training opportunities for the entire task force and us. Silent Fury was an outstanding precursor for us as we get ready for RIMPAC."

COMDESRON 31 changes hands

Lt. Ken Klima

Destroyer Squadron 31

Public Affairs

Captain Phillip Greene was relieved by Capt. Peter A. Gumataotao as Commander, Destroyer Squadron 31 onboard USS Paul Hamilton (DDG 60) at Naval Station Pearl Harbor, Hawai'i May 21.

Greene, a Southern California native, assumed command of Destroyer Squadron 31 Nov. 15, 2002 onboard USS Abraham Lincoln (CVN 72) in the Arabian Gulf.

As Sea Combat Commander for the Abraham Lincoln Strike Group, he was responsible for all anti-surface/anti-submarine warfare as well as maritime interdiction operations; and commanded U.S. and Coalition forces enforcing U.N. sanctions against Iraq—playing an integral role in Operations Enduring Freedom and Iraqi Freedom.

During his farewell remarks, Greene recognized the importance of the role Destroyer Squadron 31 ships and staff played, stating, "During Iraqi Freedom, your performance in combat operations was remarkable. I will not forget our time together—or your contribution to liberating an oppressed Iraqi people from a tyrant and dictator."

As immediate superior in command to eight frontline warships comprising the largest squadron in the Pacific Fleet, Greene implemented the Chief of Naval Operations' Fleet Response Plan.

He added his 18 months as commodore had been a humbling experience, "... because of the men and women who breathe life into our ships, who each day flawlessly perform complex and demanding tasks under pressure in an inherently dangerous and risky environment. Our sailors represent the back-



U.S. Navy Photo

(Left to right) Mrs. Anne Marie Gumataotao, Capt. Peter A. Gumataotao, Capt Phillip Greene and Mrs. Deborah Greene pose after the change of command ceremony at which Gumataotao assumed command of COMDESRON 31.

bone of this great Navy."

Rear Adm. Barry McCullough, former commander, Navy Region Hawai'i and former commander, Naval Surface Group, Middle Pacific said Greene's leadership encouraged his subordinates to perform at their absolute best.

"With his inspirational leadership, he empowered his COs to effectively command their ships by patiently and methodically building upon their efforts through mentoring and personal example," McCullough said. "He welcomed the free exchange of ideas, always seeking innovative ways to employ his forces and he focused on building future leaders by being personally involved with training and qualifications and providing encouragement and constructive feedback that rewarded excellence."

Greene's relief, Gumataotao, continues the long line of Destroyer Squadron Thirty-One leader-

ship, which dates to the second World War. He is the former Commanding Officer of USS Curtis Wilbur (DDG 54) and USS Decatur (DDG 73) and most recently served as Commander, Pacific Fleet, Current Operations Officer.

Gumataotao, a native of Guam, opened with the island's traditional greeting of, "Hafa Adai!" He added to his staff, "Get ready for the ride of your lives!"

Gumataotao closed with a quote from Aristotle that issued a challenge to Destroyer Squadron Thirty-One: "We are what we repeatedly do. Excellence then is not an act, but a habit."

Greene is presently Commander, Naval Surface Group Middle Pacific. His next assignment is Chief of Staff to Commander, Naval Surface Force Pacific Fleet. Gumataotao is spearheading Destroyer Squadron 31 work-ups for an early 2005 deployment with the USS Carl Vinson Strike Group.

Surf kayakers take on White Plains Beach

Story and photos by
JO1 Daniel J. Calderón

Editor

Surf kayakers from around the country descended on White Plains Beach at the former Naval Station Barbers Point last weekend for the annual surf kayak competition.

The Navy helped host the event. The Hui Wa'a Kaukahi organization and local business Go Bananas were official sponsors.

"This is more fun than riding a surfboard," said Craig "The Kayak Man" Stenstrom. "When you get older, you can't stand up so you sit on a kayak."

The competition brought kayakers from a variety of different skill levels and age groups. Experts, masters and novices took to the waters off Barbers Point with equal relish and shredded the legendary Hawai'i waves.

"People just like to be closer to the water," said Gary Budlawn, owner of Go Bananas and a member of Hui Wa'a Kaukahi. "The people that really like surf kayaking are body surfers, boogie boarders and surfers that have bad knees," he laughed.

This year's competition marked the fifth year the competition has been held at White Plains Beach. It is the third year since the Hui Wa'a Kaukahi took over the contest. Originally, the Stacy Brookfield Foundation was responsible for the competition. When the foundation decided to get out of the competition, the Hui Wa'a Kaukahi took over.

Among the kayaks contestants used, wave skis, which are like surfboards with seats on top, standard sit-on-top kayaks and deck boats.

"Deck boats dominate on the mainland," Budlawn said. "With the deck boat, you sit inside with a 'skirt' over you. They were created to run rivers on the mainland."

At the competition here, deck boats are just another of the many divisions. Lois Miyashiro was one of the organizers on hand to help tabulate the results of the competition.

"We had around one-fifth of our participants come from the mili-



Chuck Hill washes his kayak after participating in the surf kayak competition Sunday at White Plains Beach.

tary," she said. "I wish we could have had more. With the Navy as our co-host, we'd like for more of them to come out."

Kayakers who did "come out" were judged during a series of 20-minute heats. Judges in the tower would blow their air horn to signal the beginning of a heat and kayakers could take as many waves as possible. The scores were based on the top three rides each kayaker took during the heat. To ensure riders knew how much time was left in the heat, judges put up a large green board to signal kayakers. When there were only five minutes left in the heat, judges would blow the air horn and put up a yellow sign. Another blast on the air horn and a red signal meant the heat was over and kayakers would have to come in.

"This was great," said competitor Tim Sawyer. "Being on a kayak, you can catch a lot of waves that surfers can't."

For more information on Hui Wa'a Kaukahi, visit their website at www.huiwaa.org.



Kayakers at White Plains Beach take on the waves during the masters heat of the surf kayak competition Sunday. The contest Saturday and Sunday featured a variety of ages and skill levels.

Surf kayak competition results

Deck Boats

1. Shaun Yates
2. Doug Hudson
3. Ryan Hines

Juniors

1. Leif Early
2. Maile All
3. Devon Svejcar

Masters

1. Heinrich Albert
2. Alan Calhoun
3. Marc Armodia

Open da kine, novice

1. Evan Leong
2. Brian Boltz
3. Shaun Yates

Open da kine, expert

1. Craig Stenstrom
2. Marc Armodia
3. David Marchant

Scrambler, novice

1. Marc Armodia
2. Alan Calhoun
3. Kaleo Ing

Sit on top with rudder, novice

1. Aaron Acosta
2. Lawson Cannon



Surfers and kayakers shared the sand and surf at White Plains Beach Saturday and Sunday during the Surf Kayak competition.

3. Reed Early

Sit on top with rudder, expert

1. Leonard Reeves
2. Andy Collins
3. Gregg Gildersleeve

Sit on top without rudder, novice

1. Hoptong Smith
2. Paul Tibbetts
3. Elliott Wong

Sit on top without rudder, expert

1. Craig Stenstrom
2. Brandt Vanderbeck
3. Jeff Aurrecochea

Strike out, novice

1. Frank Vanderbeck

2. Chuck Hill
3. Alan Calhoun

Strike out, expert

1. Brian Boltz
2. Elliott Wong
3. Jeff Aurrecochea

Surf sprint

1. Leonard Reeves 5:40
2. Paul Tibbetts 5:55
3. Kevin Ching 6:07

Tandem

1. Chalsa Loo and Steve Harris
2. Kaleo Ing and Hoptong Smith
3. Jodi Dingle and Brandt Vanderbeck

Wahines

1. Jodi Dingle
2. Terri All
3. Sunny Moritz

Wave ski, novice

1. Paul Malaspina
2. Matthew Gushiken
3. Steve Harris

Wave ski, expert

1. Craig Stenstrom
2. Marc Armodia
3. Heinrich Albert

Members of the surf kayak competition extend their special thanks to Maile All, a 12-year-old Navy family member, who donated her earnings from omelette sales to Surf Aloha and made yarn lei to give to all of the 1st place winners.