

..AND THEY'RE OFF!



FN Ezra Johnson of USS Chafee (DDG 90) prepares to race his truck 'T Maxx' at Tangelos outdoor track located next to the Pearl Harbor skate park. Tangelos also has two indoor tracks.

Remote controlled cars offer monster size fun



Above: FN Ezra Johnson of USS Chafee (DDG 90) works on his truck while his friend offers suggestions on how to get the most performance out of his T Maxx remote-controlled car. Below: Tangelos outdoor track.



Story and Photos by
JO2 Devin Wright
Staff Writer

Morale Welfare and Recreation offers Sailors the opportunity to own their own corvette, dune buggy or monster truck—well, kind of. Tangelos' 'Lil Toys' is a venue for the remote-controlled car enthusiasts with three different types of tracks; cement, carpet and off road. The remote control car racetrack is a place for Sailors with common interests to gather. "The single Sailor director, Marc Milles came up with the idea to better serve the single Sailors here in Pearl Harbor," said Grace Aoki, owner of Tangelos 'Lil Toys'. "The idea is to add fun and excitement in the lives of the Single Sailors here," she said. "You see all types in here having a great time with their cars," said Aoki. "I don't know exactly what it is about this hobby, but it's a melting pot. Different types of people come in and end up sharing ideas with each

other on how to make their car go faster, brake better or just look cooler and it's great to be involved in something that brings people together," Aoki said. People from all over the world have enjoyed the thrill of Tangelos. "A friend of mine told me about this place so I pop along and had a look, met a few people and had a go," said Peter Durrant a remote-controlled car enthusiast from Western Australia. "It's a great set up they have here. You can race indoors to keep the sun off your back or have a go on the outdoor track." Aside from the excitement of racing remote-controlled cars, the fact that the hobby is inexpensive is another draw. "It's a cheap hobby," said Durrant. "Compare this to golf and you've saved a fortune. I can't afford the real thing so I get a remote-controlled car that I might want to have if I were wealthy. Might sound childish, but I love it." For some Sailors, Tangelos 'Lil Toys' offers a place to get away from the shipboard life.

"It gives me an opportunity to get off the ship for a while and enjoy something that interests me," said Fireman Ezra Johnson, USS Chafee (DDG 90). "I get to try things with my remote car that I couldn't do with a real car, so it keeps me out of trouble." Another aspect of remote-controlled cars is the ability to add different accessories. "I enjoy building them more than driving them," said Electronics Technician Dane Swanson of USS Santa Fe (SSN 763). "I bought a baby monitor, dismantled and rewired it and mounted it in the car. Now I can drive by watching through a mini DVD monitor. I also mounted a MP3 in the car which is wired to the DVD player as well so I can also listen to music while driving," explained Swanson. Tangelos sells a variety of cars as well as fuel, if needed. Six-month memberships are available as well as day passes. Tangelos is located at building 711, Shane Street on Pearl Harbor. For more information, call 421-0005.

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A remote controlled car jumps an obstacle at Tangelos 'Lil Toys' outdoor track while racing. Along with the outdoor track, Tangelos offers two indoor remote-controlled car tracks.

Commentary

Focus on Fun

JO1 Daniel J. Calderón, Editor



daniel.j.calderon@navy.mil

Get out and ride the Hawaiian range...

For anyone who's been wanting to go out on an honest-to-John-Wayne trail ride, I think I may have found something that will work.

Out near the Polynesian Cultural Center, there's a little Hawaiian town called Kahuku Kai. Just off the golf course, there is a small stable that houses horses. You and your friends can take those horses for a trail ride for \$45 an hour. Of course, it's cheaper if you bring along kids. They're only \$35 an hour.

Is the ride worth it? Yes it is. I've called around to other trail ride folks to see what their rides are like. I won't name any names here, but the other places I found had nose-to-tail riding.

This means you can walk your horse behind another horse, but you don't do any running, no real exploring, no nothing. It's kind of like walking in the woods, but you're on a horse while you do it.

Coming from Texas, I find that boring. My dad had horses and we would go riding. We'd run up and down trails in the Texas brush country or along the highways and we would run. I remember running the barrel-running quarterhorse we had. I had no idea what a barrel runner was until I turned her to the left. She turned sharply and I continued along my path for a few meters before crashing into a tree.

So, hearing from these horseback riding places that I couldn't run really turned me off. I understand the liability issues, but nose-to-tail riding went out when I was three years old.

So, after finding out about Kahuku Kai from the Outdoor Adventure Center, I had to give them a call. I spoke with Linda and she gave me directions to the stables. The rides are by appointment only. Also, she can accommodate pretty small groups — usually five or six at most.

So, I set up for a group of three and she gave me directions to the stables. In a nutshell, you head toward the Polynesian Cultural Center. If you go the way I do and head up through Wahiawa, you'll be on Kamehameha Highway with the beach on your left.

Go until you get to Kahuku Kai. When you get to the one light in the little town, the high school will be on your right. You turn left at the light and drive up the narrow road. There will be a neighborhood on your left.

Go until you get to the golf course. Once there, go left into the parking area. If you go straight, you'll be in a cul de sac and you can't go any farther. Once you go into the little parking area, you'll see a yellow barrier. That's the entrance to the stable's road.

Like I said, you'll have to contact Linda for your trail ride. She has a lock on the barrier and it changes weekly. Once you set up your ride time, she'll give you the combination to the lock so you can get in. Just open the barrier, go through it and then close it behind you. Go on a bit down an unpaved road and stay to the left. You'll see the stables after a short drive.

I'd recommend arriving around 10-15 minutes before your scheduled ride time to make sure you have time to adjust your saddles and stirrups before you head out. From Naval Station Pearl Harbor, I would allow about an hour and a half for the drive. Traffic can get pretty hairy as you go through Haleiwa town and around the beaches on the north shore.

Once you get there, you can pick from the horses Linda has ready. Before you even get there, though, she'll ask about your comfort and experience level and whether or not you'll be bringing kids along. This is so she'll know which horses to have ready. She has horses set up for folks who have no riding experience to folks who have been riding for years.

Once you arrive and get all saddled up, Linda will take you through her ranch. The first part is pretty slow as you familiarize yourself with your horse. You have to learn a little bit of how he or she moves so you'll be more prepared for the running part.

Linda will lead you through the dunes and along a coastal route. You can easily see the water as you ride. I closed my eyes for part of the walk and just enjoyed the smell of the salty air and the feel of the horse as we walked along.

Soon, though, we got to the portion of the trail where we could run. Linda asked if we were all ready. Once we gave our assent, off we went. There's really no rush like the rush of horse in full gallop. You can't just have the horse trotting along or you'll shake the fillings loose from your teeth. You have to give your horse full rein and make sure you move with it. We loped along for several minutes before we got to another walking portion. On the way back, we had more time to run and I took full advantage of it.

If you've been looking for a chance to go on a good horseback ride, give Linda a call at 293-8081 or 222-9544 to set up a time. If you like horses, I know you'll have fun.

Next time, I'll tell you about the time I rode a griffin out near Diamond Head, but that's another story...



Photo courtesy of SeaWorld San Diego

Journey to Atlantis is a new ride at Sea World of San Diego. As part of Military Appreciation Days, service members can receive discounts on their visit Sea World and other Busch Entertainment Corporation theme parks.

Navy MWR announces theme park salutes to the military

Special to Hawai'i Navy News

Sailors and their families can take advantage of free or discounted tickets to several world-renowned theme parks this summer.

Busch Entertainment Corporation, the family entertainment subsidiary of Anheuser-Busch, is offering substantially discounted tickets to six of the company's theme parks through a program called "Military Appreciation Days."

Additionally, as part of their "Operation Homecoming" program, Busch Entertainment Corporation is offering a free admission to one of the company's SeaWorld, Busch Gardens or Sesame Place parks for military personnel who are returning from overseas service and were unable to participate in last year's Operation Salute program.

"Sailors and their families are encouraged to check with their local ITT office for details on the promotions, and for additional travel products, such as hotels and airline discounts, as well as discounts on additional leisure activities or special events while they're at the theme parks," said Karen Fritz, program manager for

Navy Morale, Welfare and Recreation's (MWR) Information, Tickets and Travel (ITT) Section.

Busch Entertainment Corporation's Military Appreciation Days and Operation Homecoming programs began May 31 and run through Veterans Day, Nov. 11.

Military Appreciation Days tickets may be purchased only at local ITT offices. Tickets will not be available at park ticket windows, and the discount applies to single day tickets only.

Proof of deployment or overseas service is required for the Operation Homecoming program, along with a valid Department of Defense ID and completed application form.

Application forms are available online at www.seaworld.com, www.sesame-place.com and www.buschgardens.com. For more information, call 1-800-DIALBUD.

"Navy MWR has a long-standing history of working with the amusement parks to provide Sailors and their families with discounted leisure opportunities," added Fritz. "These offers are intended to recognize and thank military men and women and their families for their service and sacrifice."

Great Life Hawai'i photo of the week

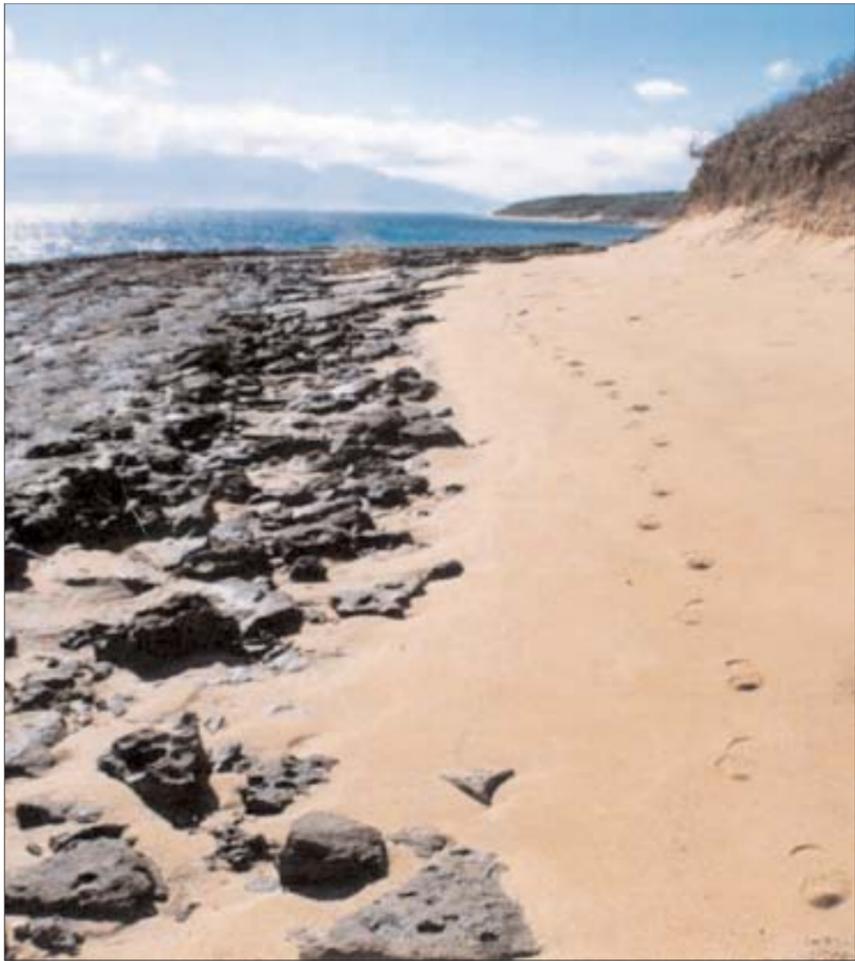


Photo by Lt. David Benham of footprints in the sand at Shipwreck Beach on Lana'i

Morale, Welfare and Recreation is offering the "Great Life Hawai'i Photo Contest," so dust off the photo albums and pick the photo that best represents what makes being stationed in Hawai'i so memorable. Submit unpublished photographs (no smaller than five by seven inches at 200 DPI) to "hnn@honoluluadvertiser.com." All photographs submitted will become the property of HNN and MWR, which reserves the right to edit, copyright and publish submissions. There is no entry fee, but there is a limit of one entry per family. Weekly photo winners will be showcased both in Hawai'i Navy News and on the MWR web site "www.greatlife-hawaii.com." Every quarter, a winner will be selected from the weekly winners to receive a special gift package from MWR. This contest is open to amateur photographers only, who must be at least 18 years of age.

Celebrate America's independence at Battleship Missouri Memorial

Special to Hawai'i Navy News

The crew at the Mighty Mo invites kama'aina and visitors alike to celebrate America's independence by walking the hallowed decks of America's last battleship, best known for serving as the site of the Japanese surrender to Allied forces on Sept. 2, 1945 in Tokyo Bay.

The Battleship Missouri Memorial will maintain its regular operating hours from 9 a.m. to 5 p.m. on July 4.

"Independence Day commemorates the most important day in America's history," said Don Hess, president and chief operating officer of the USS Missouri Memorial Association. "What better place to celebrate it than on the ship where the world's independence was secured almost 59 years ago."

Admission to the Battleship Missouri Memorial is \$16 per adult and \$8 per child for ages four-12. Military and kama'aina rates are \$10 per adult and \$5 per child. Guided tours of the Missouri are additional.

Affectionately referred to as the "Mighty Mo," the USS Missouri first captured worldwide attention on Sept. 2, 1945. On

that day, more than 2,000 Sailors and Marines stationed aboard the juggernaut jammed into every possible observation area to watch as representatives of 10 nations, including U.S. General Douglas MacArthur, assembled on her deck in Tokyo Bay, Japan to receive the surrender documents from Japanese officials. A plaque now marks the exact location of the surrender and copies of the original documents are displayed on the "Surrender Deck" for visitors from around the world to see when they visit the Battleship Missouri, located at Pearl Harbor.

The USS Missouri Memorial Association is a private, Hawaii-based 501 ©(3) non-profit organization designated by the Navy as a caretaker of the Battleship Missouri Memorial. Former President George Bush is the memorial's honorary chairman of the board.

The Battleship Missouri is supported by admissions, retail and concession sales, donations, grants and the work of volunteers.

The association was formed in 1994 and includes a cross-section of leaders from Hawaii's business, civic, political, and retired military communities.

Navy announces new degree program in Marine Technology



U.S Navy photo by PH3 Johansen E. Laurel

BM2 William Feser, a Mobile Diving and Salvage Unit One (MDSU-1) diver, surfaces with an underwater camera while documenting an area of USS Boxer's (LHD-4) hull at Naval Base, San Diego, Ca. MDSU-1 provides swift and mobile ship salvage, towing, battle damage repair, deep ocean recovery, harbor clearance and underwater ship repair in support of the Third and Seventh Fleets

Naval Education and Training Public Affairs

The Director of Naval Education and Training, Vice Adm. Alfred G. Harms Jr., announced a new degree program in June for Sailors in diving, salvage and related medical career fields.

The College of Oceanering (COO) in Los Angeles, a professional diving school with campuses in Los Angeles and San Diego, has entered into a partnership with the Navy to offer an Associate of Science degree in Marine Technology (MedTech).

According to Lt. Cmdr. Steven Stopler, director, Navy Voluntary Education, this partnership has been a year in the making, and has taken the efforts of the Naval Education and Training Command, Service members Opportunity Colleges and the COO staffs to bring this initiative to a successful end.

"This undertaking has been part of the Navy's initiative to work with colleges and universities to provide

degrees specifically targeted to enlisted ratings and Navy Enlisted Classifications," said Stopler. "This particular program was recommended by the Navy Diving and Salvage community as uniquely suited to meet the needs of their community and would provide a more professionally relevant degree than currently available."

The Associate of Science Degree in Marine Technology combines diving skill, topside welding and emergency medical technician training with courses in advanced dive medicine. It meets the criteria for a Service members Opportunity Colleges, Navy Student Agreement, a contract-for-degree between the Sailor and COO, that documents the degree requirements, where Navy rating and training credit may be applied, and where guaranteed transferability with other institutions exists.

Stopler said the agreement provides for the College of Oceanering to award up to 36 hours of credit for Navy dive and other military train-

ing and experiences, upon evaluation by the school. Sailors with the approved prerequisites would be required to take general education courses and complete academic residency with the College of Oceanering to earn their associate's degree.

General education credits can be earned from other institutions or through nationally recognized testing programs, like the College Level Examination Program.

MedTech graduates are certified as Emergency Medical Technicians (EMT-1) by the State of California and as Advanced Diving Medical Technicians through the National Board of Diving and Hyperbaric Medical Technology.

For more information on the program, call or visit the Navy College Office, or log on to the Navy College Program Web site at <https://www.navycollege.navy.mil>.

To contact the College of Oceanering, call 1-800-432-DIVE, or visit their Web site at www.coo.edu/.

Trees saved during housing renovation

Kamie Allmon
Staff Writer

While several Navy Housing areas undergo major construction and development, Hawai'i Military Communities Limited Liability Corporation (HMC) and The Outdoor Circle are working together in a special effort to preserve trees that have been in these neighborhoods for years and are in danger of being uprooted.

The Outdoor Circle, founded in 1912, is Hawai'i's oldest non-profit environmental organization. Their mission is to keep Hawai'i "clean, green, and beautiful," and protecting the trees is their goal in this project with HMC.

"These communities should reflect what is beautiful about Hawai'i," said Mary Steiner, CEO of the Outdoor Circle. "We realize that some trees will have to go, in the name of progress, but we want to preserve as many of the old, beautiful trees as we possibly can."

There are five neighborhoods undergoing development, including Hokulani, Moanalua Terrace, Radford Terrace, Halsey Terrace and McGrew Point.

New homes are being built in phases to ensure there will be housing for military personnel during this renovation period.

"We're putting in a completely new and modern neighborhood so we're doing a new land plan for each community," said Thad Bond, senior vice president of HMC. "The trees are randomly placed on the land based on the existing land plan. We've tried to massage the new plan to fit and maintain as many trees as we can.

These trees are the most beautiful assets in the neighborhoods," Bond continued. "We have inventoried and categorized every significant tree on the site over the past five or six months. The plan is to fence each tree to save, because one of the most common ways that construction can kill trees is by equipment driving over root structure," stated Bond. "We're working to either maintain or relocate as many of the banyan, coconut and plumeria trees as we can."

The combined work of HMC and the Outdoor Circle is an effort to ensure that Hawai'i's military personnel feel at home, while also providing modern housing.

"There is a sense of history with these trees," said Bond. "They were planned and planted with the original development of these neighborhoods in the 1950s. They create shade and a mature look to the neighborhood even though houses will be brand new. No matter how much money you pay, you cannot establish that. It's about maintaining an asset that creates a neighborhood, a place that will make the Sailors feel like a part of a community," said Bond.

Both of these groups hope the effort to help save trees on government property is a lasting one.

"We believe that these trees help make Hawai'i the vision that servicemen and women have when they receive orders to be stationed here," said Steiner. "Military personnel won't be disappointed when they find lots of shade and mature, beautiful trees in their new neighborhoods."

Agency websites update DoD employees on NSPS

Lacy Lynn
Staff Writer



Department of the Navy
National Security Personnel System

Supporting a High Performing Workforce
NSPS.

Although the National Security Personnel System (NSPS) is still only in the planning stage, the Department of Defense, the Navy and the Navy Region Hawai'i human resources office have already posted Websites to keep civilian employees updated on the new personnel system.

All three sites serve to help employees sort out the details of the up-and-coming personnel system, and how it will affect their working lives.

Of the three, the DoD site covers the most information. It gives an overview of current events, answers frequently asked questions, and offers a projected timeline, which shows that the new system could begin affecting civilian employees as early as July 2005.

The DoD site also offers an electronic form for visitors to submit comments directly to the NSPS Program Executive Office.

The Navy website informs Navy civilians their agency will be one of the first to adopt NSPS and provides a calendar of NSPS events through July 2004 and briefs on NSPS activities for May and June 2004. Most of June will be spent consulting union representatives on labor relations issues for

employees who are good performers, said Bayne.

"It's kind of like the private industry where they pay you based on how you're doing, not on seniority," explained Bayne. There are a number of elements an employee will be rated on, and their performance will be based on that rating.

However, the NSPS Website states that federal regulations will prevent pay banding from causing pay cuts. Bayne also reassured civilians that employees would be notified of the final outcome of NSPS before anything is actually implemented.

"The advice to employees and supervisors who are interested in keeping abreast of NSPS is to check the Websites for updates," said Bayne.

She added, "I am committed to keeping our Website current and keeping our COs and civilian employees informed of the latest developments of NSPS."

DoD NSPS information site:
<http://www.cpms.osd.mil/nsps>

Navy NSPS information site:
<http://www.donhr.navy.mil/NSPS/default.asp>

CNRH Human Resources Office NSPS site:
<http://www.hawaii.navy.mil/HRO/NSPS/NSPS.htm>

Congress approved NSPS as part of the National Defense Authorization Act of 2004, which empowered the DoD to develop a faster, more flexible and competitive personnel management system. According to the DoD site, NSPS will introduce broad changes to many areas of the personnel management process, including classification, pay, labor relations and staffing.

One of the main NSPS developments to affect employees is pay banding, which will allow managers to determine pay based on performance within a range of wages.

The benefit of pay banding is more flexibility for managers to reward

MWR

Movie Call

Sharkey Theater, Pearl Harbor
(473-0726)

FRIDAY
7:00 p.m. Kill Bill Vol 2 (R)
SATURDAY
2:30 p.m. Ella Enchanted (PG)
4:30 p.m. Laws of Attraction (PG-13)
6:30 p.m. Man On Fire (R)

SUNDAY
2:30 p.m. Ella Enchanted (PG)
4:30 p.m. 13 Going On 30 (PG-13)
6:30 p.m. Godsend (PG-13)

MONDAY
7:00 p.m. Man On Fire (R)

TUESDAY
7:00 p.m. Mean Girls (PG-13)

WEDNESDAY
7:00 p.m. The Punisher (R)

THURSDAY
7:00 p.m. Kill Bill Vol 2 (R)
\$3 adults; \$1.50 children (6-11)
*Special: \$2 adults; \$1 children (6-11)

Memorial Theater, Hickam AFB
(449-2239)

FRIDAY
7:00 p.m. Van Helsing (PG-13)

SATURDAY AND SUNDAY
2:00 p.m. New York Minute (PG)
7:00 p.m. Van Helsing (PG-13)

WEDNESDAY AND THURSDAY
7:00 p.m. Mean Girls (PG-13)
\$3 adults; \$1.50 children (6-11)
*Special: \$2 adults; \$1 children (6-11)

Sgt. Smith Theater, Schofield Barracks
(624-2585)

FRIDAY
7:00 p.m. Man On Fire (R)

SATURDAY
2:00 p.m. 13 Going On 30 (PG-13)

SUNDAY
7:00 p.m. Man On Fire (R)

WEDNESDAY
2:00 p.m. 13 Going On 30 (PG-13)

THURSDAY
7:00 p.m. Laws of Attraction (PG-13)

\$3 adults; \$1.50 children (6-11)
*Special: \$2 adults; \$1 children (6-11)

Editor's note: Every effort has been made to provide the most up-to-date information at the time of publication. However, scheduling of these events is subject to change. It is recommended that you call the contact numbers for the individual events to determine whether or not the activity will be held.

OUTDOOR ADVENTURE EVENTS

• **July 1:** Glow in the dark pool tournament, 6 p.m., \$3. Register by today.

• **July 4:** Fourth of July festivities, details to be announced. Register by July 3.

• **July 6:** Make your own luggage tag, 3 p.m., \$2. Register by July 5.

• **July 8:** Hawaiian craft night, 5 p.m., \$5. Register by July 1.

• **July 10:** Cosmic bowling, 9 p.m., \$3. Register by July 5.

• **July 11:** X-Box HALO tournament, 5 p.m., \$3. Register by July 11.

• **July 12:** U.S. Army Museum at Fort DeRussy, 1 p.m., \$3. Register by July 5.

• **July 14:** Hike Diamond Head, 9 a.m., \$10. Register by July 7.

• **July 16:** Aloha Tower Marketplace, 5 p.m., \$3. Register by July 10.

For more information, call 473-1198.

PEE WEE T-BALL
Registration for Pee Wee T-ball is scheduled through July 2 at the youth sports office. The season will be from July 24-Oct. 9. The cost is \$35 (includes T-shirt, medal and certificate). At time of registration, parents should bring a current physical (dated no more than a year old) and birth certificate. For more information, call 474-3501.

T.G.I.F. AT OCEAN'S CPO CLUB
Enjoy free pupus at 4 p.m. and DJ spinning the tunes from 5-8 p.m. today at T.G.I.F. at Ocean's CPO Club. For more information, call 473-1743.

CHILDREN'S SWIM LESSONS
Children's swim lessons will be offered July 1-31. Lessons will be held on Saturdays at Towers Pool for ages three to five. Lessons will be held on Saturdays at Scott Pool for ages six and up. Call Scott Pool at 473-0394 to register.

BASKETBALL TOURNAMENT AND SOFTBALL TOURNAMENT
A basketball tournament and softball tournament will be played July 2-3 at Bloch Arena at Naval Station Pearl Harbor. The event is open to active duty, family members who are 18 years and older, and DoD employees assigned to Pearl Harbor, Barbers Point, NCTAMS, West Loch and NSGA Kunia. To sign up or for more information, call the athletics office at 473-2437.

FAMILY NIGHT AT NCTAMS BOWLING CENTER
Family night will be held from 5-9 p.m. July 2 at NCTAMS Bowling Center. Kids bowl free with each paying adult (one free child per adult, please). For more information, call 653-5576.

WOMEN'S VOLLEYBALL LEAGUE AND SUMMER SOCCER LEAGUE
Women's volleyball league will start July 9. Registration and participation are free. Summer soccer league begins July 10. The entry fee is \$250 per team. Games will be played at Quick Field. Both of the above leagues are open to active duty, family members who are 18 years and older, and DoD employees assigned to Pearl Harbor, NCTAMS, Barbers Point, West Loch and

NSGA Kunia. To register or for more information, call 473-2437.

CAMP ALOHA REGISTRATION
Registrations for Camp Aloha, a resident summer camp for children of active duty military personnel, will be accepted through July 16. The last week of camp begins July 19. To register your child for Camp Aloha, complete an application form at Catlin or Iroquois Point Clubhouse. For more information, call the Boys & Girls Club of Navy Hawaii at 421-1556.

FFSC
For more on activities at the Fleet and Family Support Center, call 473-4222.

SUPER SITTERS (I-III)
A Super Sitters class will be offered from 8 a.m.-noon today. The three-day class is for youth ages 12-18. Navy Region Hawaii base housing regulations require children to be at least 12 years old to care for younger children in their own home or at other homes when babysitting. This class covers basic care of children, safety, emergency procedures, effective discipline, encouragement, infant care and child development.

CAR BUYING STRATEGIES
Car Buying Strategies, offered from 1-3 p.m. June 28, will teach the crucial elements of what customers should know before purchasing a car, including determining what you can afford, planning for the various expenses of car ownership and getting the best deal on a purchase.

SPOUSE EMPLOYMENT ASSISTANCE PROGRAM (SEAP)
As part of the Spouse Employment Assistance Program (SEAP) from 1-3 p.m. June 29, SEAP counselors will provide employment assistance to eligible clients in a group session.

Information on the Hawaii job market, job search tips and resources, and access to the JEMS Job Bank will be included.

PARENTING YOUR ADD/ADHD CHILD
A class on Parenting your ADD/ADHD Child will be offered from 9-11 a.m. June 30. Are you struggling with your ADD/ADHD child's behavior? Learn whether your child's behavior is due to "incompetence or non-compliance." This video-based workshop will help answer questions regarding ADD/ADHD and give helpful parenting tips.

WELCOME TO HAWAII
A Welcome to Hawaii workshop, offered from 9:30-11:30 a.m. June 30, will help attendees to understand and appreciate all that is unique about Hawaii and the people of Hawaii.



- **July 10:** Chinaman's Hat kayaking, 7:30 a.m., \$15.
- **July 11:** Mountain horseback riding, 2:30 p.m., \$55.
- **July 14:** Basic rock climbing, 5:30 p.m., \$10.
- **July 17:** Goat Island exploration, 8 a.m., \$8.

Weekly events:
Sunday: Chess tournament, 6:30 p.m.
Monday: WWE wrestling, 6:30 p.m.
Tuesday: 8-Ball tournament - 7 p.m.
Wednesday: Game show - 6:30 p.m.
Thursday: 9-Ball Pool tournament - 7 p.m.

Community Calendar

To have your activity or event featured in the Community Calendar, e-mail your requests to hnn@honoluluadvertiser.com or fax 473-2876. Deadline is Thursday for the following week's issue. Items will run on a space available basis.

Blood drives will be held at the following times and locations:

- **June 25:** 10 a.m.-1 p.m., U.S. Army Reserves, Kaala Recreation Center, Schofield Barracks.
 - **July 1:** 8 a.m.-noon, U.S. Marine Corps, MARFORPAC, Polluck Theater, Marine Corps Base Hawaii - Kaneohe.
 - **July 10:** 9 a.m.-noon, U.S. Navy, Naval Reserve Center.
 - **July 8:** 9 a.m.-1 p.m., U.S. Navy, CPRFP, Marine Corps Base Hawaii - Kaneohe.
 - **July 10:** 9 a.m.-noon, U.S. Navy, Naval Reserve Center.
 - **July 22:** 9 a.m.-noon, U.S. Air Force, Hickam Community Center.
- For more information, call 433-6148.

Ford Island 5k Anchor Run - Entry forms are now being accepted for the 2nd Annual Ford Island 5k Anchor Run which will begin at 8:05 a.m. today. The entry fee is \$17. All active duty and dependents are invited to participate. For more information, call ITC(SW) Robertson at 472-8881, ext. 344.

Meet the photographers at NEX - Meet two of Hawaii's finest photographers at the NEX and see their renowned works: Jon Mozo, today, 6 to 7 p.m. and Kim Taylor Reece, June 26, noon to 1 p.m. The events will take place in the book department.

Classic cars and family fun at second annual NEX/MWR Auto Show - The event will be held from 9 a.m.-5 p.m. June 26 at the NEX parking lot. The event will feature live entertainment and activities for children, food and classic cars. Prizes will be awarded in seven categories: vintage, classic, street machine, muscle car, custom truck, retro and import. Show car registration is from 8 to 9 a.m. To enter a car in the show, contact Dennis Parsons at 423-3226 or email: dennis_parsons@nexnet.navy.mil.

NEX hours during RIMPAC - This year Pearl Harbor will host the 2004 RIMPAC multi-national maritime exercises. To accommodate visiting sailors while in port, the Mall at Pearl Harbor will extend business hours from 8 a.m. to 10 p.m., June 26 through July 4. Normal hours (9 a.m. to 9 p.m.) will resume July 5.

Live entertainment at NEX - The Navy Exchange will offer live musical performances for customers of all ages on June 26. Hi-Risk Faktor "Chillaxin" will perform from 11 a.m.-noon and Sunshine Generation children's entertainers will perform from noon-1 p.m. Both performances will be held in the Mall Rotunda.

Naval Station Pearl Harbor Gospel Choir presents Gospel Fest 2004 at Naval Station Pearl Harbor Base Chapel June 26 at 7 p.m. The cost is free and food will be served. There is no dress code; come as you are. For more information, contact Chaplain Tiffany Y. Combs at 473-3971, LN1(SW) Crews at 473-3300 or OS2 (SW/AW) Wilson at 473-1137.

USS Hopper Ohana will host its annual 4th of July potluck beginning at 1 p.m. July 4 at cabana 8 at Hickam Beach. There will be food, fun and door prizes for the kids. The ohana will hold its monthly meeting at 6:30 p.m. July 6 at the fellowship hall of the Pearl Harbor Base Chapel. The ohana will work on the ship's lei and discuss deployment events and committees. Childcare will be provided free of charge. The ohana will host its monthly breakfast club at 9 a.m. July 17 at Dixie Grill in Aiea. The breakfast is dutch treat. For more information, call Sabrina at 625-5438 or email hopperohana70@yahoo.com

USS Lake Erie Ohana Group will meet at 5:30 p.m. July 8 at room 8 at the Pearl Harbor Chapel. The group will discuss upcoming activities. Refreshments and light snacks will be served. Free childcare will be provided. For more information, call 454-2440 or email at cgeers@prodigy.net.

How to contact TriWest/TRICARE services - Beneficiaries can contact TriWest with enrollment; Primary Care Manager and address changes; program benefits questions; claims status; fee payments and locating network providers in the area by calling 1-888-TRIWEST (1-888-874-9378), visiting their website at www.triwest.com, or visiting TRICARE Service Centers located at Makalapa Medical Clinic and Kaneohe Bay Medical Clinic. The TRICARE Service Center located at the Pearl Harbor Makalapa Clinic is open from 7:30-11:30 a.m. and 12:30 to 4:30 p.m. Monday-Friday. The TRICARE Service Center located at the Kaneohe Clinic is open from 7-11:30 a.m. and 12:30-4 p.m.

The Navy Exchange is accepting applications for a variety of positions. Employment applications are available at the application drop boxes located in the main rotunda and on the second floor near the registers. Completed applications may be dropped off at these boxes.

T.O.P.S. (Take Off Pounds Sensibly), a nonprofit, noncommercial weight-loss support group, meets every Wednesday at the Armed Services YMCA, Aliamanu location. Weigh-in begins at 5:30 p.m. and the meeting starts at 6:15 p.m. Membership fees are low and includes the T.O.P.S. magazine. There are also incentive programs offered. The first meeting is free. For more information, call Delcie at 623-1403.



13 Going On 30: Jenna makes a wish. If only she could be all grown up, she'd have the life she's always wanted. The next day, she's 30 years old and not a 13-year-old anymore. Jenna soon learns that having it all is not enough.

Ella Enchanted: Ella of Frel was born with the "gift" of absolute obedience. But when her inability to disobey orders threatens to keep her away from her love, she sets out on a journey to rid herself of the curse.

Godsend: A couple agree to have their deceased son cloned, under the supervision of an enigmatic doctor, but bizarre things start to happen years after his rebirth.

Kill Bill Vol. 2: There were five on her list. Now it's three. The Bride is out to finish the job by killing Elle Driver, Budd, and last of all, Bill.

Laws of Attraction: Two New York divorce attorneys often oppose each other in court, but end up irresistibly drawn to each other.

Man on Fire: See review

Mean Girls: Cady thinks she knows about "survival of the fittest." But the law of the jungle takes on a whole new meaning when she enters public high school and falls prey to the unwritten social rules that teenage girls face.

New York Minute: 17-year-old sisters are on a wild romp through the streets of Manhattan, chased from Chinatown to Times Square by everyone from assassins to politicians.

The Punisher: FBI undercover agent, Castle, is finally moving into a safe desk job, to the delight of his wife and son. But when his family is executed, Castle dons a black battle suit and seeks swift revenge.

Van Helsing: Van Helsing, the legendary vampire hunter, is in an ongoing battle to rid the world of vampires and other ghouls. He travels to Transylvania to bring down the powerful Count Dracula.

JOSN Ryan C. McGinley

Man on Fire

"Man on Fire" is a stylistic and gripping film that elevates to such high levels by the climax that it must inevitably go down (pun intended).

It tells the story of Creasy (Denzel Washington), a highly trained assassin with a past as haunting as his future. He turns to alcohol and the comfort of his friend Rayburn (Christopher Walken) in Mexico City, a unique and engaging city that creates a character in itself. Rayburn gets him a job as a bodyguard, protecting Pita (Dakota Fanning) in the wake of numerous kidnappings in the city. Washington's character is enthralling and complex, dealing with the issues of his past, alcoholism and his new companion Pita. Walken is fantastic (as usual) giving one-liners from acclaimed screenwriter Brian Koppelman. And Dakota Fanning is frankly mesmerizing, further infusing her staple as one of the best young actresses around. She has the same talent as Haley Joel Osment, with more charm and poise.

With such a great cast, engaging story lines and a director whose panache and sevensque cinematography rival last year's foreign masterpiece, "City of God," one wonders why on earth the director and screenwriter drop everything to turn the film into a lackluster action movie.

Christopher Walken and Dakota Fanning disappear, as Denzel goes on a killing spree fighting back against half the bad guys in Mexico City, single-handedly. Scott creates such an engaging relationship between Fanning and Washington in the beginning of the film, and then simply drops most dialogue and actors in favor of guns and bloodshed.

Scott stretches plausibility to the max as Washington walks around for half the movie with two bullet wounds and a fresh one in his chest. By the end of the film, the audience has lost its sentimentality for the characters and any care for the disappointing ending.

OVERALL RATING:

STORY IDEAS?
Contact the HNN editor for guidelines and story/photo submission requirements
Phone: (808) 473-2888
Email: hnn@honoluluadvertiser.com

Hawaii Navy News

The future comes to Pearl Harbor!



U.S. Navy photo by JO2 Devin Wright

Greg Johnson, a subject matter expert with the Department of Defense biometrics management office, demonstrates the uses of a hand geometry reader on DC2 Jerry Pfefferkorn of Temporary Processing Unit Naval Station Pearl Harbor at a technology exhibit held at The Banyans Wednesday. Biometrics are technologies that allow someone to be recognized by something unique to them, i.e a fingerprint, iris, face or signature.

NEXCOM lowers phone card prices

Kristine M. Sturkie

Navy Exchange Service Command Public Affairs

The Navy Exchange Service Command (NEXCOM) has lowered the price of phone calls made from the countries Sailors visit most when using AT&T's global prepaid card.

The cards are available for purchase in any ship's store. "We've been working with AT&T to lower the per minute price for phone calls made from countries Navy ships visit most during port calls," said Jennie Viriden, NEXCOM afloat personnel telecommunications project manager. "The AT&T global prepaid card can be used to make AT&T direct ocean service calls from a ship, calls ashore and from AT&T's port call service. Its competitive flat pricing makes calling home more often a little easier on the budget."

The new rates, which are currently in effect, are as follows: Calls from Australia to the U.S. were lowered nearly 86 percent to just 18 cents per minute, while calls from

the Philippines were reduced 60 percent to just 60 cents per minute. Calls from Bahrain, Mexico and the United Arab Emirates are now just 30 cents per minute. Calls are just 20 cents per minute from Hong Kong, Japan, Singapore, United Kingdom, Greece, Okinawa, Iceland, Italy, Spain and Canada.

Calls made within the United States also decreased from 15 cents per minute to 10 cents per minute.

"NEXCOM is always looking for ways to save its customers money," said Viriden. "We understand that, now more than ever, with more ships supporting Operation Enduring Freedom, going on more deployments and staying out at sea for longer periods of time, phoning home is an important quality of life [issue]. We want to do all we can to make that easier."

For related news, visit the Navy Exchange Service Command Navy NewsStand page at www.news.navy.mil/local/nexcom.

Defense officials urge participation in TSP

Information provided by **Military.com**

As a reminder, the Thrift Savings Plan (TSP) open season started April 15 and runs through June 30. Defense officials are seeing a big problem concerning the Thrift Savings Plan: Not enough servicemembers are taking advantage of the program. "We're trying to convince people that TSP is a good vehicle for savings," said Lt. Col. Janet Fenton, executive director of the Armed Forces Tax Council. "The great thing about TSP is that it's tax-deferred in pretax dollar savings. So it comes out of your income, and you're not taxed on it until you use that money

later, hopefully in your retirement," said Fenton.

TSP is also a good idea for people who don't plan to make a career of the military, because they can take their TSP with them when they leave active duty. Those who leave active duty before retirement could roll their TSP into a 401K plan of a new civilian employer. It could be put into an IRA, or even left in TSP, but no more funds could be added to the account.

More than 220,000 service members signed up for TSP in 2002, the first year the savings plan was opened to military personnel. That figure jumped to more than 390,000 at the end of the open season, which ended in December.

Use caution at Center Drive, Kamehameha intersection

Karen S. Spangler

Assistant Editor

For drivers who travel through the Kamehameha Highway and Center Drive intersection, located at the entrance to Hale Moku housing, an extra bit of caution is advised.

A recent study conducted by the transportation department of the state of Hawaii concluded that there is an elevated risk of a collision at that intersection in comparison to other intersections.

Traffic officials have indicated that the elevated risk of collision is due to an increase in drivers who are running the red light at the intersection.

According to mishap reports, drivers who are traveling eastbound on Center Drive and turning



U.S. Navy photo by JO2 Devin Wright

Center Drive motorists have a stop sign before Kam Highway.

northbound onto Kamehameha Highway are colliding with speeders running the red light to get to the onramp of the H-1 freeway.

The Honolulu Police Department has been asked to increase their traffic patrols at the intersection and to ticket cars running the red light.

Meanwhile, drivers are cautioned to exercise caution at the intersection and to be alert to drivers who may run the red light.

