

MWR's Outdoor Adventure Center helps Sailors ...



Photo courtesy of Skydive Hawaii

Fall into fun



Story and photos by
JO1 Daniel J. Calderón
Editor

For most people, there is no good reason to take a step outside of an airplane while it is in the sky. For others, being up at two and a half miles is the perfect time to get out of the lifting body and surrender to gravity. Welcome to skydiving.

The Outdoor Adventure Center on Naval Station Pearl Harbor hosts regular excursions for Sailors, DoD civilians, their friends and family. The excursions begin at the OAC at Bloch Arena and head up to Dillingham Airfield, near Oahu's North Shore.



Once they arrive at Dillingham, adventure seekers meet with staff members from Skydive Hawaii. "We average about 100 military members a month," said Shu Hua Hingshaw, who prefers to go by Mary and is in charge of reservations at Skydive Hawaii. "We've been working with the Outdoor



CT13 Jacquelyn Silvani (left) talks to her friend while they wait for their turn to jump from a plane at Skydive Hawaii. The day's jump would be a first for both of them.

"How can I go skydiving?"

Contact the Outdoor Adventure Center for dates and times of tandem skydiving excursions. The OAC is at Bloch Arena on Naval Station Pearl Harbor and can be reached at 473-1198 or online on MWR's Web site at: www.greatlifehawaii.com.

Adventure Center since the mid-90s. The Sailors are always nice, very patient. After the jump they're always very happy."

Before going up, however, prospective skydivers must fill out paperwork at the office. The jumps are tandem skydives. None of the Sailors who are new to the sport are allowed to jump on their own. Not many people would want to jump on their own the first time.

"I'm scared to death," admitted Cryptologic Technician-Interpretive 3rd Class Jacquelyn Silvani, of Naval Security Group Activity Hawaii. "Why? Because I'm jumping out of a plane. I've never done anything like this, but this is one of my life's 'things to do.'"

Others come out to step out of the plane for the sheer thrill.

"I'm here for the adrenaline rush," said Cryptologic Technician-Collection Seaman Stephanie Wilson of NSGA Hawaii. "I'm nervous and excited. I just turned 30 so maybe I gotta prove I can keep up with the young bucks."

Marine Cpl. Mathew Yoder flew out to Oahu from Camp Lejeune, N.C. earlier in the week. Two days before the jump, he surprised Wilson by proposing marriage. After she accepted, she surprised him back by telling him the two would be jumping out of an airplane. The jump is a first for both of them.

"I really didn't have much a choice after she told me," Yoder said with a laugh. "It was kind of an 'oh [no]' kind of thing."

The tandem skydivers went up to about two and a half miles over the North Shore before the door

opened and they hurled themselves out into the grip of gravity. Each of them reached speeds in excess of 100 miles an hour before their tandem jump instructor pulled the chute and they drifted safely back to the landing area at Dillingham Airfield.

"That was awesome," enthused Wilson after touchdown. "I don't think I can stop smiling. I mean, I don't think you could have picked a better place in the whole world to have done this."

Wilson was excited about the aerial views of the North Shore and said she was looking for whales as she was floating down. Yoder was equally enthusiastic even though he said he was more nervous in the airplane.

"The ground just kept getting further and further away," he recalled. "Right before you get out of the plane is the worst. Then, we were in the air and it was great from then on."

Hingshaw said military members are welcome to visit Skydive Hawaii anytime they would like.

She said the Skydive Hawaii would take \$100 off the regular \$225 price of tandem jumps if military members want to come on their own or with their immediate family members.

Hingshaw can be reached at Skydive Hawaii at 637-9700.

"Ask for Mary," Hingshaw advised.

For more information, visit www.hawaiiskydiving.com.

The OAC hosts regular excursions. The dates and times can be found in the Liberty Call magazine or online at www.greatlife-hawaii.com.

Both Wilson and Yoder echoed the responses of the assembled

CTRSN Stephanie Wilson comes in for a landing March 20 at Dillingham Air Field. It was her first ever skydiving experience.



CTRSN Stephanie Wilson thanks her tandem skydive instructor, who in turn congratulates the Sailor, on a fun and successful jump.

Commentary

Focus on Fun



JO1 Daniel J. Calderón, Editor

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MWR has 'Surfing for Dummies'

I have a confession to make. I've been on the island for more than three and a half years and, out of all the things I've done, I never tried surfing. You would think someone who has jumped out of planes, swam with sharks and carried a 116-pound wild pig through the Oahu mountains would have taken time to get on a board and try something that's practically the state's official sport. But I haven't... until now.

I finally saw the forest for the trees and went to the Outdoor Adventure Center and signed up for the Learn to Surf workshop. We went out to White Plains Beach at Barbers Point. For one price (very inexpensive I must say), I received the services of Blunt, a qualified surf instructor who helped me feel completely at ease. I also got my choice of surfboards for the duration of my class.

About the boards - I was under the mistaken impression that the best kind of board would be a short board. You know, it would be easier to maneuver and less of a burden than those 900-foot monster boards that I saw looming in the MWR Surf Shack at White Plains Beach. I was wrong. The longer boards, according to Blunt, are perfect for beginners. They provide stability and give more room to help you balance. Shorter boards are for more experienced surfers because they are quicker on the waves. Being a complete novice, I chose the biggest board I could find. I think it was a little longer than 10 feet. Then, I went out to the beach for Blunt's class.

Here's the thing. There's no real class duration. It's not like going out and you have 20 minutes of on-the-beach instruction, then half an hour on the water then everyone back in for de-brief then more water time. Nope. It's much more informal than that. Blunt took time to show us the basics of how to get out to the waves, how to turn and then how to get up and ride.

On the sand, it seemed easy enough. Then, we got out to the water. For some reason, the water's properties don't match those of the beach. There was much more give around the board and less ground to help get up and moving. But, it was a lot easier to paddle in the ocean than on the beach so I guess it's a give and take kind of thing.

I used a butterfly-type stroke to get out. I'm not sure how far we went. It could have been a hundred miles or so. Well, that's what it felt like, anyway. We got out as far as Blunt wanted us to go and then he had me turn around. Fortunately, I have pretty good balance from years of horseback riding. I was able to sit up and turn instead of lying on my belly and working the giant board that way. Then, I waited for my wave.

I got to thinking about where I came from and how I ended up where I was. In Texas, we have a pretty good-sized coastline. I've even seen surfers on occasion on the beaches of Corpus Christi. It was just never my thing. I never got on a skateboard when I was a kid. And yet, living here, it felt just unnatural that I had never gotten out on the waves with a board to see what all the fuss was about.

My reverie was interrupted when Blunt began yelling at me to paddle. I plunged my hands into the water over

and over as the water behind me began to build. I could feel the surge and rush as the wave began to crest beneath me. I had succeeded. I had made the speed and caught the wave. I felt powerful, like a force of nature. I was invincible. Using the steps Blunt had showed me, I rose to my feet and towered over the water. I was a god - invincible and magnificent.

Less than two seconds later, I flew off the board and slammed face first into the water that had been my primary means of locomotion. So much for invincible, eh?

I came up sputtering and coughing out the water I had inhaled. All the time, I was laughing. I remember laughing. I think that feeling of power and the sheer joy of knowing I had managed to come into communion with a force of nature like the wave touched off a sense of overwhelming euphoria. It was glorious.

I continued to paddle out and catch waves. I caught more than a few and I even managed to stand and ride one for a good long way until I fell off. After what felt like eight hours, I began riding waves just to get to the shore. My butterfly strokes had lost almost all of their potency and my arms felt like I had sandbags hanging from them. I made it back to the beach and collapsed on my board as my kids, who had been playing and waiting for me to come back in, squealed and mobbed me.

In reality, I think I was on the water for about an hour, maybe a bit longer if I want to be charitable to myself. I was exhilarated. I was exhausted. I wanted to go back out and feel that feeling again. There is a grand sort of serenity when you find that one spot on the wave. It's not so much catching it and mastering it. I mean, if you're a boor or a brute, then yes, that's what you try to do.

If you're even halfway intelligent, you try to find a spot where you, your board and the wave are moving in synch. It's a cooperative effort between you and the wave. It's almost like the water wants to impart some of its natural grace to you, but you have to make the effort to find out the point of grace for the wave. It was like riding the tides of the world.

I found myself envying those people who are able to go out and surf every day. Then, I felt disappointed with myself for not getting out and surfing long before this. There's one person out there, a friend of mine, who would probably smack me on the back of the head and say, "I told you so." She's a great surfer. I'm not. Still, I truly enjoyed the Learn to Surf class and I encourage everyone to go and give it a try. I plan to go out and hit the waves as often as I can now that I have the bug. No one should spend any appreciable length of time in Hawai'i and not try it.

The next Learn to Surf class through OAC will be held April 24. Give them a call at 473-1198 or drop by their office next to Bloch Arena and sign up. Or, if you just want to surf, head out to White Plains Beach on Barbers Point and rent a board from the Surf Shack. Next time, I'll tell you about the time I lashed five sharks together to make a pontoon and sailed to Molokai, but that's another story.

Shades of Spring Fashion Show 2005 showcased at NEX

Laarni Gedo
Navy Exchange
Hawai'i Marketing

As showcased at this year's Shades of Spring fashion show held at the Navy Exchange rotunda this past weekend, spring fashion 2005 embraces everything feminine. Finding inspiration from nature's blossoms, spring fashion highlights floral, flowing styles in a palette of pastels to brights in pink, lilac and aqua with a touch of green in all its shades.

Ruffles tiered in skirts and tops, mini skirts in soft chiffon or georgette done in floral prints, or solids with embroidery or beading are some of the trends this spring," said Denise Shinozuka, Navy Exchange Hawai'i ladies' department manager. Not only is women's fashion pleasing to the eye, it is to the touch as well - with satin playing a casual role this season.

"Satin camisoles with lace trimming worn under denim are

just some of the trends this season," Shinozuka said.

Gypsy fashion also wanders among women this spring with Bohemian looks in tunics with embroidery trims and knee-length, full circle peasant skirts. And as far as pants, capri and cropped in all fabrications continues this spring. White pants make a comeback with a fresh and crisp look paired with brights.

As volunteer models (NEX employees and patrons) strutted their stuff on the runway, it became evident that denim is the fabric and style for all seasons and is especially prevalent in men's fashion - worn under preppie layered looks with polo shirts, long sleeve shirts or cardigans.

The blast from the past also finds its way into today's fashion with "retro" looks, according to Pam Buckley, men's department manager.

"Cargo shorts below the knee are also in," said Buckley, "and the more pockets the better."

In footwear, spring proves to be a nice break from the back-breaking stilettos this season.

Flats and open toe sandals with wedge heels are this season's hot picks. Besides matching the right shoes, accessorizing is also important this season.

"Big flower pins for jacket or hair and pins done in rhinestone are in," explained Shinozuka.

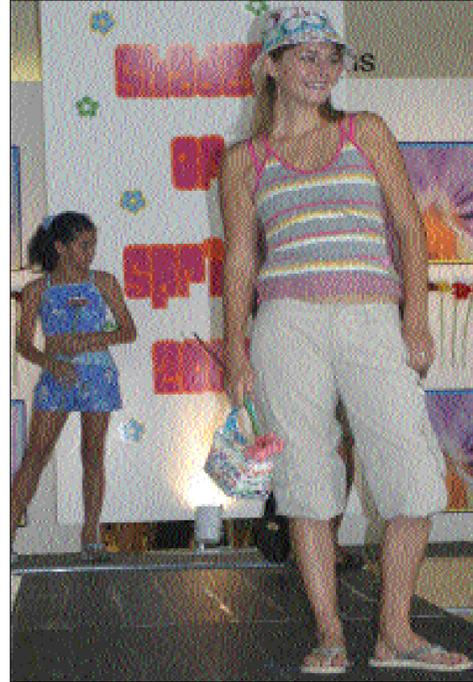


Photo by Laarni Gedo

A volunteer model at the Shades of Spring 2005 Fashion Show wears one of the new spring fashions showcased during the event. This year's spring styles embrace everything feminine, finding inspiration from nature's blossoms as they feature floral, flowing styles in a palette of pastels to brights.

STORY IDEAS?

Contact the HNN editor for guidelines and story/photo submission requirements

Phone: (808) 473-2888

Email: hnn@honoluluadvertiser.com

Hawai'i Navy News

Easter's history serves as a backdrop for celebrations

Lacy Lynn
Staff Writer

Easter has a long history of traditions, some of which survive from older religions and festivals. The Christian holiday celebrates the resurrection of Jesus Christ after his crucifixion about 30-33 A.D.

The holiday is derived from "Pesach," the Hebrew name for Passover, a Jewish holiday celebrated in the spring which commemorates the Jewish exodus from slavery in Egypt. The Last Supper shared by Jesus and his disciples may have been a traditional Passover meal, or "seder."

The service uses a hard-boiled egg flavored with salt water, symbolizing new life and the temple service in Jerusalem. The Jewish tradition may have come from earlier Roman spring feasts. Eggs and rabbits are age-old fertility symbols.

Many American families participate in a secularized version of Easter by decorating eggs on Saturday for Sunday morning. Traditionally, the Easter Bunny hides the eggs overnight and delivers treats in children's Easter baskets for them to find when they wake up.

Chapel Services	
Today	
Noon	Catholic Stations of the Cross, Pearl Harbor Memorial Chapel
1 p.m.	Protestant Good Friday Service, Submarine Memorial Chapel
6 p.m.	Catholic Good Friday Service, Pearl Harbor Memorial Chapel
March 26	
7:30 - 11 p.m.	Catholic Easter Vigil Mass, Pearl Harbor Memorial Chapel
March 27	
6 a.m.	Easter Sunrise Service, USS MISSOURI
6 a.m.	Easter Sunrise Service, NCTAMS Pac Chapel
9 a.m.	Catholic Easter Mass, Pearl Harbor Memorial Chapel
8:30 a.m.	Protestant Easter Communion Service, Submarine Memorial Chapel
8:30 a.m.	Catholic Easter Mass, NCTAMS Pac
10:30 a.m.	Protestant Easter Service, NCTAMS Pac
10:30 a.m.	"The Wave" Protestant Easter Service, Submarine Memorial Chapel
11 a.m.	Protestant Easter Service, Pearl Harbor Memorial Chapel
6 p.m.	"Q & A" Protestant Service, NCTAMS Pac Chapel

Easter, and the German "Ostern," derive either from "Eostremonat," an old Germanic month name, or "Eostre," a Germanic goddess associated with springtime. Many modern Easter symbols, such as colored eggs and the Easter Bunny, may be remnants of Eostre's springtime festival that merged with Christian Pesach

celebrations when Germanic heathens were Christianized. However, giving eggs at spring festivals was also a tradition among the ancient Persians, Romans and Jews.

The goddess is said to have been depicted with a hare's head, which may be the origin of the Easter Bunny. In one legend, the goddess

turned her pet bird into a rabbit to entertain some children and when the rabbit laid brightly colored eggs, Eostre gave them to the children.

The Easter Bunny, as he is known today, is thought to have been developed by German Protestants, who wanted to retain the Catholic custom of eating colored eggs for Easter, but did not want to participate in the Catholic rite of fasting. Fasting was the reason for the abundance of eggs at Easter time. Catholics were forbidden to eat eggs during the fast, so they were stored until the feast.

The egg-toting rabbit came to the United States in the 1700s with the Pennsylvania Dutch, as the "Osterhase" (also: "Oschter Haws") or Easter Bunny. Good children received gifts of colored eggs in nests they made in their Easter caps and bonnets.

As with other holidays, Easter has also become a large commercial affair with wide sales of greeting cards and goodies.

According to the National Confectioners Association, each year 90 million chocolate Easter bunnies and 16 billion jelly beans are prepared for Easter, and more than five million marshmallow chicks and

bunnies are made each year.

Whatever the traditions, Easter is a time for dining and celebrating with friends, family and community. Below are a few ways to celebrate around Pearl Harbor this weekend.

Keiki can have their photo taken with the Easter Bunny at the NEX rotunda from noon to 8 p.m. today and March 26.

On Saturday from 3-5 p.m., residents of McGrew Point can participate in the community's Easter Eggstravaganza. The celebration will include crafts, an Easter egg hunt, cookie decorating and photos with the Easter Bunny. Light refreshments will be served. For more information, contact Forest City Management at 423-7713.

Liberty in Paradise will host an Easter Egg Hunt for Single Sailors from noon-2 p.m. Sunday. For more information, call 473-4279.

The Armed Forces Young Men's Christian Association (ASYMCA) is serving Easter dinner at their Pearl Harbor location at 2 p.m. Sunday. For more information, call 473-3398.

The galley will also be serving a special Easter meal on Sunday.

(Some information was provided by Wikipedia <http://en.wikipedia.org>.)

Salt Lake Boulevard road project almost complete

Karen S. Spangler
Assistant Editor

The Salt Lake Boulevard road widening and beautification project is almost complete. The final paving of the boulevard will be accomplished the week of April 11.

The final striping of the road will be completed approximately a week later. Salt Lake Boulevard is scheduled to be fully open by the end of April.

Navy housing residents who live in the vicinity of Salt Lake Boulevard and others who regularly use the road have been subjected to road construction

delays and closures since the project began in June 2002.

As part of the city and county of Honolulu project, the road was widened from the existing two lanes to four lanes. As part of the plan, all utilities were placed underground and a beautification project enhanced areas adjacent to the boulevard.

Road crews also installed a center median, eight-foot wide sidewalks and bike lanes on both sides of the road.

Residents who have questions or who desire more information about the project may call 479-7952.

Giving gifts to those in need



Photo courtesy of Laarni Gedo, NEX Marketing

The National Sojourners Inc. donated about \$1,000 worth of new bedding and towels to Fisher House at Tripler Army Medical Center. The linens were purchased at Navy Exchange Hawai'i. Pictured are (left to right): Ave Porter, Fisher House assistant manager; Arne Winters, National Sojourners Inc. president; Carol Ota; Roy Ota, National Sojourners Inc. Pacific Area representative; Janeane Robinson, NEX customer relations manager; and Yaree Alipour, NEX distribution center transporter.

MWR

Movie Call

Sharkey Theater
Naval Station Pearl Harbor
(473-0726)

FRIDAY
7:00 p.m. Boogeyman (PG 13)
SATURDAY
2:30 p.m. Pooh's Heffalump Movie (G)
4:30 p.m. Assault on Precinct 13 (R)
7:00 p.m. Sideways (R)
SUNDAY
2:30 p.m. Pooh's Heffalump Movie (G)
4:30 p.m. The Wedding Date (PG 13)
6:45 p.m. Hide & Seek (R)
MONDAY
1:00 p.m. Pooh's Heffalump Movie (G)
THURSDAY
7:00 p.m. The Wedding Date (PG 13)
\$3 adults; \$1.50 children (6-11)

Memorial Theater
Hickam Air Force Base
(449-2239)

FRIDAY AND SATURDAY
7:00 p.m. The Passion of Christ (R)
SUNDAY
7:00 p.m. The Aviator (PG 13)
WEDNESDAY
7:00 p.m. The Aviator (PG 13)
THURSDAY
7:00 p.m. Son of the Mask (PG)
\$3 adults; \$1.50 children (6-11)

Sgt. Smith Theater
Schofield Barracks
(624-2585)

FRIDAY
7:00 p.m. Boogeyman (PG-13)
SATURDAY
2:00 p.m. Pooh's Heffalump Movie (G)
7:00 p.m. Are We There Yet? (PG)
SUNDAY
7:00 p.m. Are We There Yet? (PG)
THURSDAY
7:00 p.m. Boogeyman (PG-13)
\$3 adults; \$1.50 children (6-11)

Editor's note: Every effort has been made to provide the most up-to-date information at the time of publication. However, scheduling of these events is subject to change. It is recommended that you call the contact numbers for the individual events to determine whether or not the activity will be held.

OUTDOOR ADVENTURE EVENTS

- **April 2:** Kids 'n Whales Makapuu Hike, 9 a.m., \$5. Register by **March 30**.
- **April 3:** Parasailing, time to be announced, \$35. Register by **March 30**.
- **April 9:** Poopia Family kayaking, 8:30 a.m. Register by **April 6**.

T.G.I.F. - OCEAN'S CPO CLUB

Get together to enjoy pupus and entertainment at T.G.I.F. today at Ocean's CPO Club. There will be free pupus starting at 4 p.m. and a DJ will spin from 5-8 p.m. The club is open to enlisted personnel E-7 -E-9. For more information, call 473-1743.

CAMP ADVENTURE SPRING BREAK CAMP

Registration for Camp Adventure spring break camp is now ongoing. The camp will run through **April 1**. Camp hours are from 6 a.m.-6 p.m. Monday through Friday and will be held at Catlin and Iroquois Point Clubhouses. Day camp is open to patrons ages 5-12. Fees are based on total household income. For more information, call 421-1556.

TEEN FEAR FACTOR WEEK

Highlights of Teen Fear Factor Week through **March 26** at Pearl City Community Center from

noon to 6 p.m. will be crazy food challenges, wild outdoor activities and mind boggling trivia, complete with a scavenger hunt. Prizes will be awarded. Check the March teen calendar or call 454-0758 for more information.

PEE WEE BASKETBALL

Registration for pee wee basketball will be from 9 a.m.-5:30 p.m. today at the youth sports office, building 3456 on Main Street, just off Valkenburgh. Children between the ages of three and five years are eligible to register. At the time of registration, parents should bring player's birth certificate, current sports physical (dated no more than one year ago) and a \$35 fee, which includes T-shirt, medal and certificate. The league is open to family members of active duty, retirees, reservists and DoD civilians. For more information, call 474-3501.

8TH ANNUAL FORD ISLAND 10K BRIDGE RUN

Sign up now for the 8th Annual Ford Island 10K Bridge Run which will be held **April 9**. Early registration (with T-shirt) is through **March 26**. Entry forms are available online at www.greatlifehawaii.com or can be picked up at any military fitness center. For more information, call 473-2494.

LUNCHTIME YOGA

Take a lunchtime yoga session at Bloch Arena Tuesdays and Thursdays from 11:30 a.m. to 12:30 p.m. Improve your flexibility, strength and stamina while increasing your feelings of calm and well-being. The cost is one

aerobic ticket. For more information, call 473-0793 or visit www.greatlifehawaii.com.

TEXAS HOLD 'EM TOURNAMENT

A Texas Hold 'em Tournament, a "Texas-sized" poker event, begins at 6:30 p.m. on Wednesday nights at Beeman Center. Prizes, including trips, computers, poker sets, etc., will be given away. There is no entry fee. For more information, call 473-4279.

SALSA DANCE CLASSES

Salsa dance classes are offered on Thursdays and Fridays at Bloch Arena Fitness Center. Samir Hana, instructor, teaches the latest dance styles, including merengue, cha-cha and cumbia. There is no partner and no experience necessary. Level I and II classes are available:

Salsa (level I): Thursday, 7:30 - 8:45 p.m.; Saturday, 5 - 6:15 p.m.

Salsa (level II): Friday, 7:30 - 8:45 p.m.; Saturday, 6:30 - 7:45 p.m.

Merengue/cha-cha/cumbia: Friday, 6 - 7:15 p.m.

For more information, call 473-0793.

MASSAGES BY "THE LOTUS TOUCH"

Want to improve circulation, increase flexibility, release muscle tension and receive a greater sense of well-being? Try "The Lotus Touch." Patrons can enjoy a hot and cold stone massage which includes face, neck and shoulders. A 75-minute treatment costs \$90. Other treatments are available for as low as \$15. Appointments are available at Bloch Arena and Power Point

Fitness Centers. For more information, call Ruby at 386-4812.

WACKY WEDNESDAYS AT BEEMAN CENTER

Come to Beeman Center on Wednesdays and view local singles on the big screen. Meet local singles and enjoy a free barbecue. The fun begins at 6:30 p.m. For more information, call 473-2582.

BOWL FOR A BUCK

Bowl for a buck at Thunder Alley at Naval Station Bowling Center. The \$1 special is offered from 11 a.m.-2 p.m. every Wednesday and Thursday and until 11 p.m. every Friday night. For more information, call 473-2574.



- **March 25:** Whale watching (meal included), \$46, 8:30 a.m.
- **March 26:** Lynn Arboretum (tour a rainforest and botanical garden), \$10, 9:30 a.m.
- **March 27:** Hawaiian Adventures Water Park, \$21, 10 a.m.
- **March 30:** Comedy night, free, 6:30 p.m., Beeman Center.

Weekly events:

- Sunday:** Chess tournament, 6:30 p.m.
- Monday:** WWE wrestling, 6:30 p.m.
- Tuesday:** 8-Ball tournament - 7 p.m.
- Wednesday:** Game show - 6:30 p.m.
- Thursday:** 9-Ball Pool tournament - 7 p.m.

Community Calendar

To have your activity or event featured in the Community Calendar, e-mail your requests to hnn@honoluluadvertiser.com or fax 473-2876. Deadline is Thursday for the following week's issue. Items will run on a space available basis.

The annual **Navy Marine Corps Relief Society (NMCRS) fund drive** held its annual kickoff March 14 and will continue through **April 22**. The mission of the NMCRS is to provide, in partnership with the Navy and Marine Corps, financial, educational and other assistance to members of the naval service and their eligible family members and survivors. NMCRS provides assistance with basic living expenses, emergency transportation, funerals, medical bills, essential car repairs, pay problems and other emergency needs. For more information on the fund drive, contact the Pearl Harbor NMCRS office, located in building 1514, at 423-1314 or the Marine Corps Base Hawai'i - Kaneohe Bay NMCRS office, located in building 4016, at 254-1327.

Meet Shirley Parola, the co-author of "Remembering Diamond Head, Remembering Hawai'i," at a book signing from noon-1 p.m. **March 26** at the NEX. The book is a cookbook memoir filled with "East-West fusion cuisine" recipes and interesting stories. Parola is a retired English, speech and drama teacher.

The **USS Lake Erie Ohana** will host an **Easter lunch and egg hunt** from 1-3 p.m. Easter Sunday, **March 27** at the Tea House (located pierside across from the Boutiki/Uniform Shop). For more information or to RSVP, call 454-2440 or email plumeria04@verizon.net.

The **Pearl Harbor Commissary** will close at 3 p.m. **April 6** for an **annual storewide inventory** and storewide reset. The commissary will reopen on April 7 between the hours of 9 a.m. and 8 p.m. The Pearl Harbor Commissary will add additional shelf spaces to provide patrons with a better flow of product throughout the day. To accomplish this, the commissary will close at 3 p.m. June 20 and will be closed all day June 21-22, reopening for normal business on June 23 from 9 a.m.-8 p.m.

A **VP-4 All Hands Reunion** is planned for **Aug. 4-7** in Portsmouth, Va. For more information, call Steve Andruszkewicz at (818) 652-9942 or email VP4Reunion2005@aol.com

The **American Red Cross**, Hickam Service Center is seeking volunteers to fill the following positions: chairman of volunteers, records chairman and publicity chairman. For more information, call the Red Cross office at 449-0166. The office is located at 655 Vickers Ave., building 1105 and is open from 8 a.m.-3 p.m. Monday-Friday.

Sea World San Diego is offering free admission throughout 2005 for all active duty military and up to three dependents. For more information, visit <http://www.herosalute.com/cavatz/index.html>.

The **USS Chafee Ohana** meets at 7 p.m. the first Tuesday of each month at the community center in Pearl City housing. Child care is provided at a cost of \$2 for the first child and \$1 for each additional child. For more information, call 780-4132 or contact chafeehana90@yahoo.com

The **Navy Exchange Appliance Store** has a new home, located in building 70 at the corner of Radford Drive and Bougainville Drive. It is open from 9 a.m. - 9 p.m. daily. For more information, call 421-1495.

How to contact **TriWest/TRICARE services** - Beneficiaries can contact TriWest with enrollment; Primary Care Manager and address changes; program benefits questions; claims status; fee payments and locating network providers in the area by calling 1-888-TRIWEST (1-888-874-9378), visiting their web site at www.triwest.com, or visiting TRICARE Service Centers located at Makalapa Medical Clinic and Kaneohe Bay Medical Clinic.

The TRICARE Service Center located at the Pearl Harbor Makalapa Clinic is open from 7:30-11:30 a.m. and 12:30 to 4:30 p.m. Monday-Friday. The TRICARE Service Center located at the Kaneohe Clinic is open from 7-11:30 a.m. and 12:30-4 p.m.

T.O.P.S. (Take Off Pounds Sensibly), a nonprofit, noncommercial weight-loss support group, meets every Wednesday at the Armed Services YMCA, Aliamanu location. Weigh-in begins at 5:30 p.m. and the meeting starts at 6:15 p.m. Membership fees are low and includes the T.O.P.S. magazine. There are also incentive programs offered. The first meeting is free. T.O.P.S. in Hawai'i is a support group for helping members Take Off Pounds Sensibly.

The group recently held its state convention and crowned the state queen. She had lost all her weight by the end of December 2003 and lost 163 pounds. The first meeting of T.O.P.S. is free. If you need support in your weight loss efforts, the group offers low monthly fees and a low joining fee. Call Delcie at 623-1403 for information on the several chapters and meeting places on the island. For more information, call Delcie at 623-1403.

Youth can win savings bonds for **good grades**. Parents should take their child's most recent report card to the Navy Exchange to register for the Project A-OK program. The prizes are \$5,000, \$3,000, \$2,000 or \$1,000 in U.S. Savings Bonds. For more information, visit the NEX customer service department at The Mall rotunda.

Navy Exchange **price matching policy** lets customers match the price of any identical item sold in any local store. Simply provide proof of the lower price and the NEX will match it. If the price difference is under \$5, the NEX will match it on the spot. Some restrictions apply to the policy. Please see a sales associate for more information.

Shop and win with 2005 Shop NEX bumper stickers, available at any Navy Exchange location. Patrons can place a bumper sticker on their car for a chance to win a \$25 gift certificate from the Navy Exchange; winners are selected weekly. Winners are then entered in a grand prize drawing for a \$2,000 shopping spree at the NEX.

The **Children's Waiting Room** is a place where parents can drop off their children if they have a doctor's appointment. The Armed Services YMCA is in need of volunteers to keep this program running at Tripler Army Medical Center. The hours of the waiting room are from 8 a.m.-noon Monday, Tuesday and Thursday. Those who are interested in volunteering or who wish to place an appointment should call 833-1185.



Are We There Yet?: When Suzanne's work keeps her in Vancouver for the holiday, Nick offers to bring her kids to the city. The kids are determined to turn the trip into a nightmare.

Assault on Precinct 13: A cop-killer is unexpectedly brought into a Detroit precinct on New Year's Eve. By nightfall, the remaining cops and prisoners find themselves fighting for their lives against a group of rogue cops.

The Aviator: A snapshot in the life of the legendary Howard Hughes. "The Aviator" ends in 1946, when Hughes was still a young man and romancing actresses.

Boogeyman: Tim is a man who is still haunted by traumatic memories. He returns to his hometown so he can pay a visit to the house where he grew up and convince himself the memories are just a figment of his imagination.

Hide and Seek: As a widower tries to piece together his life in the wake of his wife's suicide, he discovers that his daughter is coping with the death in a strange manner.

The Passion of the Christ: Over the last 12 hours of Christ's life, he is betrayed by Judas Iscariot and is condemned to death for blasphemy. Jesus is severely beaten and made to carry his cross where he is nailed to it.

Pooh's Heffalump Movie: The residents of the Hundred Acre Wood try to catch the terrifying Heffalumps. Roo comes across a young Heffalump, who proves that Heffalumps aren't at all what people say.

Sideways: See Review

Son of the Mask: Tim Avery is feeling reluctant to become a father when he finds that he has to take care of a baby with amazing abilities. Somehow, the baby has the powers of the Mask of Loki.

The Wedding Date: Kat's younger, half-sister is getting married before her, but the groom's best man is Kat's ex-fiancée. Unable to bear the thought of attending alone, she hires an escort to play her boyfriend.

JO3 Ryan C. McGinley Sideways

"Sideways" is the most thought-provoking, real life movie of 2004. Its metaphorical and lovable characters are a true testament to the dialogue-driven film, which has all but disappeared in the wake of big budgets and loud explosions.

Directed by Alexander Payne ("Election," "About Schmidt") and starring two relative unknowns in Paul Giamatti and Thomas Hayden Church, "Sideways" reaches new levels in comedy and drama, all but dead since the invention of computer generation.

It is the story of two middle-aged men, one of whom is getting married. Miles takes Jack on a bachelor-party type excursion into the wine country of California to have a final week together before Jack gets married.

The two characters are completely different and unique, adding depth and connection with the audience. Miles is a failed novelist with a mid-life crisis in full swing. He knows an absurd amount of knowledge about wine, including how to drink it in mass quantities. He is the representation of every middle-aged man whose dreams and life just didn't work out how it was supposed too.

Paul Giamatti is absolutely brilliant in this film, and was robbed when he didn't receive an Oscar nomination. His performance makes the audience subtly love him to death, despite his many flaws.

"Sideways" is a loveable movie, making audiences laugh, cry and think without ever knowing one single thing about wine. Honestly, ask yourself if you want to watch a movie about two middle-age guys talking about wine? No? Trust me, you want to see this film.

Without knowing a single thing about wine or the actors, the movie will make audiences realize the depth and power of a conversation. The examination of two people's souls can lend more gratification than any alien, car chase or explosion ever could.

OVERALL RATING: ★★★★★