

Cars line up for...

Pearl Harbor Auto Show



Story and photos by J03
Ryan C. McGinley
Staff Writer

Morale, Welfare and Recreation and the Navy Exchange teamed up to bring Sailors and their families the third annual Pearl Harbor Auto Show on June 12 at the Navy Exchange parking lot.

The event featured approximately 200 automobiles, food, a rock-climbing wall, bounce houses, prizes and live entertainment throughout the day.

"The whole idea behind the show is to show our appreciation for the folks that go out there and go above and beyond the call to protect our freedom," said Dennis Parsons, service manager for the NEX Autoport and coordinator for the event.

Automobiles were judged in seven different categories, ranging from imports to vintage. First, second and third place trophies were awarded in each category, along with a "best in show" winner for the entire event.

"The importance of this event is that it's really targeted toward the Sailor," said Jeff Harris, MWR marketing director and coordinator for the event. "The majority of our Sailors are young guys. Young guys love cars. Some of the best cars from around the island are in this event."

More than 10,000 people were attended the event, which included members of the community.

"The Pearl Harbor Auto Show has a good atmosphere," said

Mark Gonzales, who has participated in the show for the past three years. "It's nice and clean. Some places are just so dusty, you don't want to get your car in there. This is just a really nice family atmosphere here."

"This is a great event to bring the public and the Navy together," said Harris. "It was a joint effort between the NEX and MWR. We came together for this event so that we could have the best of both worlds. It makes it an event for everybody."

The event also featured live performances from a variety of acts, including the Pacific Fleet Rock Band.

"This is an MWR event and we work together as a team," said Lt. Ken Collins, Pacific Fleet Band director. "There are a lot of people here, there is great exposure and this is a great event to be a part of."

While cars were the main focus of the event, MWR and the NEX brought in entertainment and activities to accommodate every member of the family.

"It's a family event," said Parsons. "We have entertainment for every facet of the family, from

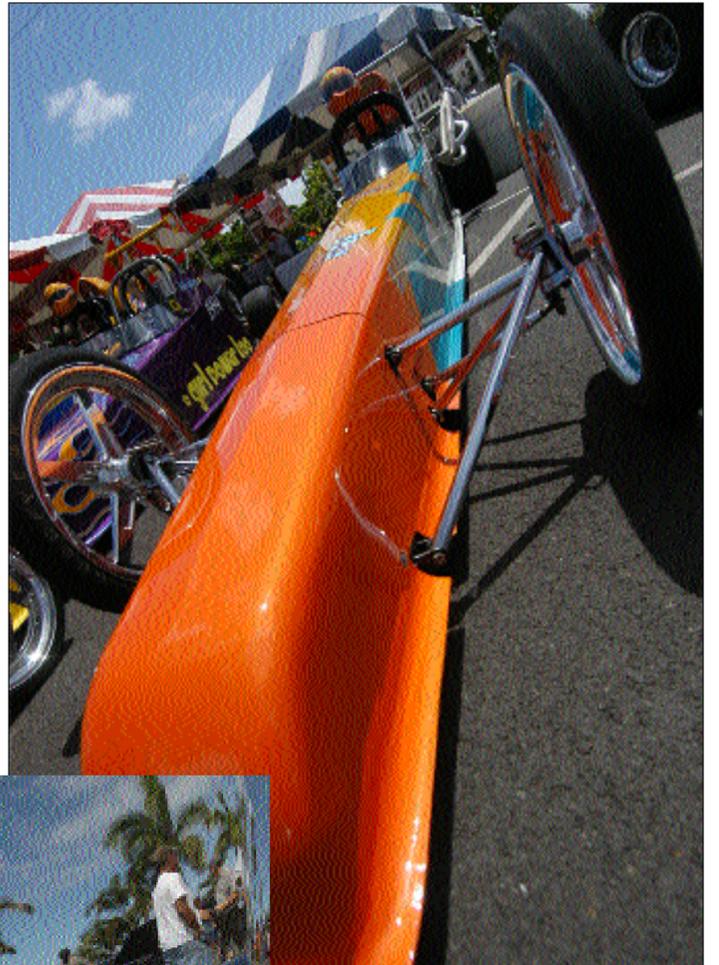
the kids all the way up to the adults."

Both MWR and the NEX agreed the show was growing in popularity, and they hope to make it even better next year.

"There are men and women out there who protect our freedom every day and they don't get a chance to enjoy things like this," said Beverly Borges, NEX marketing. "People really seem to be enjoying themselves out here. It's fun to see the kids and the families out here enjoying themselves. That's what it's all about. That's what we're here for."



A child looks at one of the many car displays at the Pearl Harbor Auto Show. This year's show featured approximately 200 cars from around the island.



(Above) A dragster is displayed at the auto show held at the Navy Exchange.

(Left) Cars and spectators are reflected off a Corvette's hood at the event.



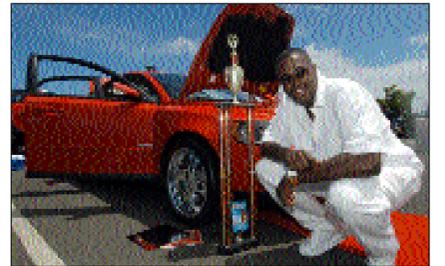
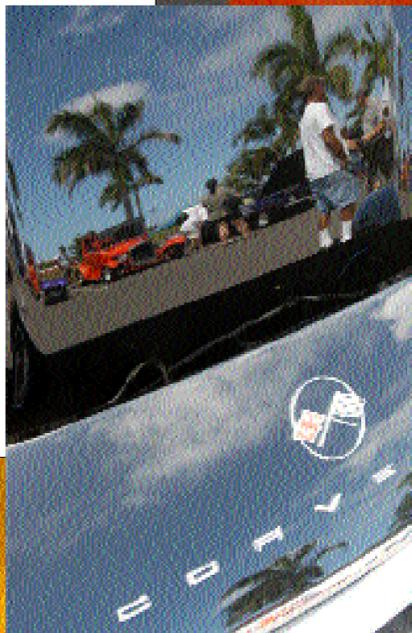
Musician 2nd Class Brian Nefferdorf strums the guitar as the Pacific Fleet Rock Band entertains the crowd at the Pearl Harbor Auto Show. The event featured numerous live performances throughout the day.



A Sailor dressed as Batman poses with the Budweiser models at the Pearl Harbor Auto Show June 12.



A child defies gravity in one of two bounce houses set up by MWR for the event. The show also included a rock climbing wall for children and adults to attempt.



Yeoman 1st Class (SW/AW) Lahaunn Moore poses next to his award-winning car.



A mother feeds her daughter shave ice, one of the popular foods on the hot day.



A row of Corvettes are shown with their hoods up for display.

Commentary

Window on Pearl Harbor

Karen S. Spangler, Assistant Editor

karen.spangler@navy.mil



Honoring fathers everywhere... on their special day

As we prepare to pay tribute to fathers everywhere on June 19, perhaps a bit of history about the beginnings of the holiday may be helpful. Strangely enough, the origins of Father's Day began in 1909 – as Sonora Dodd listened to a Mother's Day sermon. Sonora wanted to honor her father, William Smart, who was a Civil War veteran and was left to raise six children when his wife died while giving birth to their last child.

Sonora wanted to express her appreciation to her father for all of the parental sacrifices that he had made. In the eyes of his daughter, he was a courageous, selfless and loving man who well-deserved many accolades. Because her father's birthday was in June, she held the first Father's Day celebration in Spokane, Wash. on June 19, 1910. In 1924, President Calvin Coolidge supported the idea of a national Father's Day. But it wasn't until 1966 that President Lyndon Johnson signed a presidential proclamation declaring the third Sunday of June as Father's Day.

What would we do without fathers – who are wonderfully wise and at the same time, whimsical and witty; who can be stern and impart discipline while at the same time doling out plentiful amounts of hugs and smiles? How could we manage without dads – our heroes, our role mod-

els, our protectors, our best buddies?

It doesn't matter if he is a dad who biologically inherited the role or if he wholeheartedly took on the responsibilities as a stepdad, or if he made the decision to share his love and wisdom with adopted children. To fathers everywhere – who always seem to take on much more than their fair share – and who are always there for us...Father's Day is an opportunity to show thanks and appreciation.

Our hearts go out to all of those dads who are serving far away – and won't be able to spend their special day with their keiki as well as with the sons who are serving with the military a distance away from their beloved fathers.

As we admire fathers for their courage and their strength and their selfless devotion to their duties, as we cherish their tender smiles and the strong hand that wipes away the tears from their child's eyes, as we honor them for their heroic deeds...we are grateful for dads.

As we treasure all of the special moments, the memories, the events that we've shared with our fathers, we send our wishes to fathers everywhere – to enjoy this very special day that has been set aside especially for them.

Have a wonderful Father's Day and have a fine Navy day!

Pearl Harbor chapel holds Vacation Bible School 2005

JO2 Donald W. Randall
Contributing Writer

Pearl Harbor Memorial Chapel wrapped up its annual Vacation Bible School today. The five-day program caters to children ages three through 12 and teaches them to build a relationship with God. This year's theme is called Serengeti Trek. Serengeti Trek is a program in which children learn with and from one another, as well as improve social skills. Self-esteem rises, and cooperation increases through games, songs, skits and Bible studies. A different animal represents each day's lesson.

One of the day's lessons, represented by a lion, was "Talk to God." "Talk to God" teaches about the Bible story in which Daniel prays and is sent to a den of lions.

"During the adventure theater, I play Serengeti Eddie, wild life photographer, who is lost in the jungle," said Chaplain Fred Holcombe, a chaplain at Naval Station Pearl Harbor. "The children in the skit teach Eddie all about God's love," said Holcombe.

At the end of the day, all the kids come together for the "Mane Event." It is here that all of the day's fun and lessons are reinforced with more song, dance, and group recitation of the day's teachings.

Many individuals come together to give their time and support to the kids.

"I usually help out with maintenance," said Operations Specialist 2nd Class (SW/AW) Jeffery Kenney. "Some days like today we are understaffed. I help get the kids to where they have to be, set up, and do food preparation." He goes on to say this program is really worthwhile, "I took a week's leave just so I could help out," he added.

Another project incorporated in the Serengeti Trek is "Operation Kid to Kid," headed up by Sandy Logston, a crew leader



U.S. Navy photo by PH3 Sarah Coates
Children participate in an egg race at the Vacation Bible School at Pearl Harbor.

at the Bible school. Logston said, "Operation Kid to Kid" provides an opportunity for the children to donate to other children in need in Hawai'i. Items such as toothbrushes, toothpaste, shampoo and brushes are collected and donated to the "Children's Alliance of Hawai'i" and is another way for children to learn the importance of sharing and compassion."

Naval Health Clinic Hawai'i offers advice for men: Don't neglect your health

Angelita Graf
Naval Health Clinic Hawai'i
Health Promotion Nurse

Guys, you don't let 30,000 miles go by without checking your vehicle's oil, do you? Then make sure you don't neglect your own health.

Get routine exams and screening. Sometimes

they're once a year. Other times - more or less often - you and your health care provider can work together, taking in account your age, lifestyle and family medical history to determine how often you need to be examined and screened for certain diseases and conditions.

These conditions include

high blood pressure, high cholesterol, diabetes, sexually transmitted diseases, and cancers of the skin, prostate and colon. When problems are found early, your chances for treatment and cure are better. Routine exams and screenings can help save your life.

Naval Health Clinic

Hawai'i (NHCLH) Health Promotion also recommends: Eat healthy and maintain a healthy weight. What you eat and drink can definitely make a difference to your health. Men who become overweight or obese are at an increased risk for diabetes, high blood pressure, heart disease and stroke.

Get moving. Thirty minutes of moderate physical activity on most days of the week is recommended. It doesn't take a lot of time or money, but it does take commitment. Be tobacco free. If you smoke or chew tobacco, quit today.

Being healthy means doing some homework, knowing yourself and

knowing what's best for you... because you are one of a kind.

NHCLH health promotion regularly offers tobacco cessation, healthy heart and weight management classes to our beneficiaries.

For more information, call 471- (WELL) 9355 for information.

Child Development Homes...dare to care

Amiee Huepenbecker

MWR Community Support Services – Marketing

Do you love to watch children learn and grow? Would it make you feel good to reach out and help support other military families? Could you enjoy the convenience of working from home? You should consider a career as a childcare provider. Childcare providers play a significant role in the early development of children. When duty calls, our military families rely on these professionals.

Morale, Welfare and Recreation (MWR) is currently seeking providers to run child development homes (CDH) from their military residence. MWR offers all necessary training for

free. Training includes information on activities, health and safety techniques, CPR and first aid, business practices and tax tips. After completing the five-day training course, you will become a certified childcare provider.

Professional development is offered monthly through training sessions and self-paced modules on child development topics. Childcare certifications are transferable. Wherever the Navy moves you, you will go with a skill that is in high demand.

Alma Eisenzimmer has been a childcare provider for more than four years. She said, "I take pride in what I do here. It's up to the provider to make the program better all the time."

The support from MWR doesn't end with training. MWR boasts a huge

lending library just for CDH providers. Providers can borrow children's books, educational toys, learning games and more to enhance the development of children in their homes.

Eisenzimmer said, "The best part of being a provider is having them smile and learning, getting it and understanding."

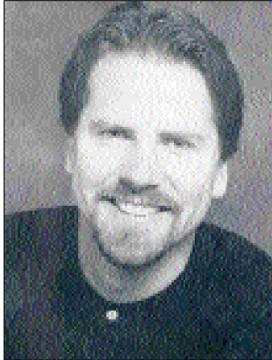
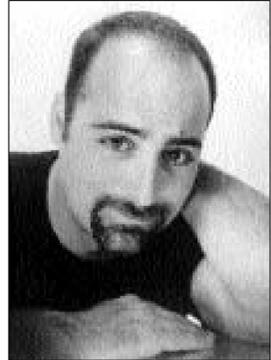
Many childcare providers find great satisfaction in this field because it allows them to stay home with their own children, remain attentive to their own family's needs, set their own hours and is a great source of income.

The next training class is Aug. 8-12. If you are interested in attending, submit your application by June 27. For more information, call 471-8444 or download an application from www.greatlifehawaii.com.



Photo by Amiee Huepenbecker

A Navy Child Development Homes provider reads to the children she cares for at her home.



Photos courtesy of MWR

Cash Levy (left) and Kelly Moran will perform a comedy routine at the Beeman Center on June 28.

McDonald's to give away free sample fruit salads

Special to Hawai'i Navy News from Communications Pacific

McDonald's Restaurants of Hawai'i will give away thousands of free samples of its new fruit and walnut salad during a special promotion today and Saturday.

Sample salads will be given away from 11 a.m.-1 p.m. at all participating restaurants statewide while supplies last.

"We are thrilled with the response from our customers on the new Fruit & Walnut salad," said Veronica Kaneko, president of McDonald's Restaurants of Hawai'i. "They have tried it, they like it and they continue to come back for it. Through this promotion, we hope to reach customers who may not usually buy our fruit offerings, but want to know what this fruit buzz is all about."

Comedy show offers free laughs

Karen S. Spangler

Assistant Editor

The Navy community will be treated to a "barrel of laughs" when two nationally-known comedians, Cash Levy and Kelly Moran, present a free comedy show at 8 p.m. June 28 at the Beeman Center at Naval Station Pearl Harbor. The event is presented by Navy Region Hawai'i MWR and Armed Forces Entertainment (AFE).

Levy, with 10 years of stand-up comedy experience and national exposure, has entertained to sold-out comedy clubs throughout the country. He has appeared on NBC and Fox Sports and is a regular at the Hollywood Improv and San Francisco's Punchline. Cash can be seen on Comedy Central's Premium Blend and heard daily on XM Radio.

A Seattle native, Moran has appeared on the "Comedy Central's Short Attention Span Theatre" and has worked with comedian Dana Carvey of Saturday Night Live fame.

"If you see the AFE logo on a program, you can be sure that it will be providing a top quality performance. With AFE screening to find the best in their field, performers are sent on tour throughout the Pacific, starting with Navy Region Hawai'i," noted Lara Katine, special events and sponsorship director for Navy Region Hawai'i MWR.

"Performers are usually moved by the history of Pearl Harbor and always express how they are honored to be serving and giving back to our Sailors and their families," she added.

Katine encouraged the local military community to attend the free show. "As comedy is so limited on this island, with the showing being free, you can't beat it," she remarked.

According to Katine, "The past two times AFE sent comedians over, I had constant feedback about how hilarious they were, the show was unbelievable, and when will the next group of comedians be here. Well, they're here and we're trying to spread the word."

Explaining that Beeman Center offers a good venue for the comedy show, Katine continued, "Beeman's is also a great venue for it - very cozy. People can relax into our lush couches and recliners with a cool beverage in hand and just kick back. The show is adult-themed, with that extra kick that may not be appropriate for children."

The show will include adult content and is not appropriate for people under the age of 18. The event is open to all military-affiliated personnel. For more information, call 473-2582 or visit www.greatlife-hawaii.com.

April showers bring April flowers?



Photo courtesy of Forest City Residential Management

Chief Electronics Technician (SS) Paul Swiderski and family were the Yard of the Month winners for April for the Radford Terrace neighborhood.

The month of June is for fathers

Fleet and Family Support Center

According to a survey conducted by Family Circle Magazine, fathering is hard work and dads work hard at it. The majority of the dads surveyed indicated they find fatherhood more demanding - and more rewarding - than they had ever expected. An overwhelming majority of the dads surveyed feel that building a family is the hardest and most important thing a man can do. The latest research shows that "involved and committed" dads have a positive influence on their children. More children with involved dads tend to do better in school, stay off drugs and avoid gang activities.

Research confirms the significant role that fathers have in the lives of their children. A father's ability to perform his role well depends upon a variety of factors, including the type and

amount of support he receives from his family, friends and community. His contributions, however, are sometimes taken for granted or simply overlooked in the business of everyday life.

The dimension fathers bring to parenting is irreplaceable. Fathers teach their sons to be men and fathers. Fathers teach their daughters what a husband's loving relationship can be with his wife and what being a father really means.

Being a father in the Navy is even more difficult because of the increased number of challenges that a father must navigate in order to be there for his family. For tips on how to stay involved with your children while deployed, or you would like more information on how to be a more "involved, committed and nurturing" dad, call the Fleet and Family Support Center, 473-4222, extension 272 or the Hawai'i Coalition for Dads at 841-2245.

Celebrating Fathers Fun Day

The annual "Celebrating Fathers Fun Day" event will be held from 10 a.m.-4 p.m. June 18 at Pearlridge Center, Uptown. The event will feature a day of entertainment including Jesse Riviera, Country Dancers of Hawai'i, Hawai'i Square Dancers, Hula Halau Olana, Al the Magician, and Terry Brown and his Ukulele Kids. There will also be clowns, door prizes and several fun and interactive booths for dads, uncles or other father-figures (granddads too), and children of all ages. Another highlight of the day will be a father-child look-a-like contest. Entry forms are available at the Fleet and Family Support Center, building 193, from 7 a.m.-4 p.m. today or at the customer service desk at the Navy Exchange. For more information on "Father's Month" and "Celebrating Fathers," call Chet Adessa, family life educator for FFSC at 473-4222, extension 272.



U.S. Navy photo by JO3 Ryan C. McGinley

Ensign Shannon Revell, supply officer for USS Salvor (ARS 52), gives a tour to children from Camp Aloha.

Camp Aloha program brings military children together

JO3 Ryan C. McGinley
Staff Writer

The National Military Family Association's Operation Purple - Camp Aloha program began on Oahu Monday, bringing military children together for a weeklong camp designed to help the children deal with the stresses that result from a parent's deployment.

"Part of the emphasis behind the program is for kids to get together with other kids who have parents who are deployed, and help them to deal with it," said Kerri Ellis, director for the Camp Aloha program on the island. "They also have something in common with other kids. Their parents are away and it helps them to deal with it if they have other kids around who are going through the same thing."

According to their Web site, the free summer camps located across the nation are for the children of deployed servicemembers, in any service branch, including the National Guard and reserve components. The plan of activities for the camp on Oahu includes focus on each service and the culture and environment of Hawai'i.

Each day, campers visit a different branch of service and eat lunch at the galley. On Tuesday, the children took a

tour of USS Salvor (ARS 52).

"Many of these kids really don't know about being on a ship at all," said Ensign Shannon Revell, supply officer for Salvor. "This helps them see where their parents are working or the general life."

Revell said it was important children learn and understand what their parents are doing on deployment, so as to better cope with the situation.

"Some of [the children] don't understand the Navy life," said Revell. "When they're younger, [a tour] helps them gain a little more respect for what their parents do. When their parents are gone, they understand a little bit more about what they are doing. If you can have a mental picture of what your parents are doing, then you can understand a little bit more about why they're gone and their purpose."

Operation Purple - Camp Aloha offers six one-week sessions, which began June 13. Ages 6-12 will be based at the Ford Island Gym and ages 13-18 will camp out at Barber's Point near the beach. Both sites run camp Monday through Friday. The Barbers Point site offers teens a one-acre area for tent camping with an adjacent bathhouse. The Ford Island site, for ages 6-12, offers an indoor playground experience, filled with crafts and activities.

MWR

Movie Call

Sharkey Theater
Naval Station Pearl Harbor
(473-0726)

FRIDAY

7:00 p.m. XXX: State of the Union (PG 13)

SATURDAY

2:30 p.m. The Hitchhiker's Guide to the Galaxy (PG 13)

4:30 p.m. Monster in Law (PG 13)

6:45 p.m. Unleashed (R)

SUNDAY

2:30 p.m. Robots (G)
4:30 p.m. The Hitchhiker's Guide to the Galaxy (PG 13)

6:45 p.m. House of Wax (R)

TUESDAY

1:30 p.m. Robots (G)

THURSDAY

7:00 p.m. XXX: State of the Union (PG 13)

\$3 adults; \$1.50 children (6-11)

Memorial Theater
Hickam Air Force Base
(449-2239)

FRIDAY, SATURDAY AND THURSDAY

7:00 p.m. XXX: State of the Union (PG 13)

SUNDAY AND WEDNESDAY

7:00 p.m. House of Wax (R)

\$3 adults; \$1.50 children (6-11)

Sgt. Smith Theater
Schofield Barracks
(624-2585)

FRIDAY AND SATURDAY

7:00 p.m. The Interpreter (PG 13)

SUNDAY, WEDNESDAY AND THURSDAY

7:00 p.m. The Hitchhiker's Guide to the Galaxy (PG 13)

\$3 adults; \$1.50 children (6-11)

Editor's note: Every effort has been made to provide the most up-to-date information at the time of publication. However, scheduling of these events is subject to change. It is recommended that you call the contact numbers for the individual events to determine whether or not the activity will be held.

OUTDOOR ADVENTURE EVENTS

• **June 25:** Waahila Ridge hike, 8:30 a.m., \$5. Register by **June 22.**

• **June 25:** Shark's Cove snorkeling, 8:30 a.m., \$10. Register by **June 22.**

• **June 26:** Yokohama Bay kayaking, 7:30 a.m., \$15. Register by **June 22.**

• **June 29:** Ocean safety workshop, 6:30 p.m., free. Register by **June 27.**

TGIF AT OCEANS CPO CLUB

Enjoy free pupus beginning at 3 p.m. **today** for TGIF at Oceans CPO Club. A DJ will spin the latest tunes from 5-8 p.m. For more information, call 473-1743.

ADVENTURE PLUS SCHEDULE

MWR will host Adventure Plus through **July 29**. All activities except for the camping weeks will be held at Rainbow Bay Marina. The program is open to youth ages 10-12 and is held from 6 a.m.-6 p.m. Monday through Friday. Fees are based on total family income. Transportation is provided from Iroquois Point and NCTAMS. Camping week activities are held **June 27-July 1** and **July 18-22** at White Plains Beach at Barbers Point, but campers will meet at Rainbow Bay Marina. For more information or to register, call 421-1556.

TEEN SUMMER HOOPS FEST

Teens will have a chance to show off their basketball skills at a 3-on-3 summer hoops fest at Ford Island Gym. The cost is \$10 per person or \$35 for a team of four. Games will be held **each Saturday in June**. Prizes will be awarded at a barbecue that will follow the final game on June 25. The hoops fest is open to military or DoD family members from ages 12-18. For more information, call 421-1556, 499-2572 or 454-0758.

MWR YOUTH CAMPS

MWR will host youth camps for children ages five-12 from 10 a.m.-3 p.m. Monday-Friday at the Oasis on Ford Island. The cost is \$50 per child per session.

The specialty camps will offer the following themes:

- ArtFest Camp, **June 20-24**
 - Fitness Camp, **July 5-8**
 - Drama Camp, **July 11-15**
 - Music Camp, **July 25-29**
 - Dance Camp, **Aug. 1-5**
- For more information, call 421-1556, 499-2572 or 454-0758.

PEE WEE TEE BALL

Registration for Pee Wee Tee Ball will be held through **June 24**. The cost to participate is \$35 per player (ages three-five) and includes a T-shirt, medal and certificate. For more information, call the youth sports office at 474-3501.

POKER TOURNAMENT

The JN Chevrolet Navy All-Nighter Poker Tournament is in full swing and is open to all active duty Sailors. Participants can sit in on any round they choose; there is no fee to participate. There are four preliminary rounds remain-

ing (**June 24, July 8, July 22**), lasting 6 p.m.-6 a.m. Every night, a prize package featuring a complete personal computer system will be given away. Other prizes, including gift certificates, T-shirts and promotional items, will be given away at random. For more information, call 473-0606 or visit www.greatlifeohawaii.com.

NATIONAL ROSE MONTH

In observance of National Rose Month, The Country Bar at Naval Station Pearl Harbor will give a free rose to the first 50 customers through the door on **June 25**.

FREE COMEDY SHOW

Cash Levy and Kelly Moran, comedians who have appeared on national television shows, will highlight a free comedy show beginning at 8 p.m. **June 28** at Beeman Center. The event is open to all military-affiliated personnel. The show will offer adult content which is not appropriate for those under age 18. For more information, call 473-2582 or visit www.greatlifeohawaii.com.

EARN CERTIFICATIONS WITH OCEAN CONCEPTS

Starting **June 20**, Ocean Concepts will hold a PADI Rescue Diver Course and the Emergency First Responder (EFR)/DAN Oxygen Provider Course. To register or for more information, call 422-5990. Ocean Concepts also offers daily boat dives, transportation from Pearl Harbor, air fills and equipment rentals and repairs. There is flexible scheduling for courses.

JULY 4 BALL TOURNAMENTS

Sign-ups are now being held for

MWR's annual **July 4** softball and basketball tournaments. Softball games will be played on Millican Field and basketball games will be played at Bloch Arena. Tournaments are open to intramural teams (active duty, adult family members, DoD employees). The cost is \$175 per team per tournament. For more information, call 473-2494 or 473-2437.

SATURDAY NIGHT SPECIAL

Enjoy the Saturday Night Special from 9-11 p.m. at Naval Station Bowling Center. For a party of four, two hours of cosmic bowling, shoe rental, a pitcher of soda and one large pizza costs \$40. The bowling center is open from 9 a.m.-11 p.m. on Saturdays. For more information, call 473-2574.



- **June 18:** Paintball at Bellow's, 10 a.m., \$25.
- **June 19:** Scuba diving at Shark's Cove (snorkeling for those uncertified to dive), 10 a.m., bring money for equipment.
- **June 21:** Movie at Ward Center, 6:30 p.m., bring money.
- **June 22:** Comedy Night at Beeman Center, 7 p.m., free.

Weekly events:

- Sunday:** Chess tournament, 6:30 p.m.
- Monday:** WWE wrestling, 6:30 p.m.
- Tuesday:** 8-Ball tournament - 7 p.m.
- Wednesday:** Game show - 6:30 p.m.
- Thursday:** 9-Ball Pool tournament - 7 p.m.

Community Calendar

To have your activity or event featured in the Community Calendar, e-mail your requests to hnn@honoluluadvertiser.com or fax 473-2876. Deadline is Thursday for the following week's issue. Items will run on a space available basis.

Blood drives will be held at the following times/locations:

- **June 23:** 9 a.m.-1 p.m., Hickam Air Force Base Community Center
 - **June 28:** 8 a.m.-2 p.m., Tripler Blood Donor Center, second floor, ocean side.
 - **June 30:** 10 a.m.-1 p.m., Schofield Barracks, 25th Replacement.
 - **July 7:** 10 a.m.-1 p.m., Schofield Barracks, 25th Replacement.
 - **July 12:** 10 a.m.-1 p.m., Pearl Harbor, Personnel Support Detachment.
 - **July 13:** 9 a.m.-2 p.m., Marine Corps Base Hawai'i - Kaneohe Bay, IPAC (Installation Personnel Admin Center).
 - **July 14:** 10 a.m.-1 p.m., Schofield Barracks, 25th Replacement.
- For more information, call Hawai'i's Military Blood Program at 433-6148 or 433-6195.

The annual "Celebrating Fathers Fun Day" event will be held from 10 a.m.-4 p.m. **June 18** at Pearlridge Center, Uptown. The event will feature a day of entertainment including Jesse Riviera, Country Dancers of Hawai'i, Hawai'i Square Dancers, Hula Halau Olana, Al The Magician, and Terry Brown and his Ukulele Kids. There will also be clowns, door prizes and several fun and interactive booths for dads, uncles or other father-figures (granddads too), and children of all ages. Another highlight of the day will be a father-child look-a-like contest. Entry forms are available at the Fleet and Family Support Center, building 193, from 7 a.m.-4 p.m. **today** or at the customer service desk at the Navy Exchange. For more information on "Father's Month" and "Celebrating Fathers," call Chet Adessa, family life educator for FFSC at 473-4222, extension 272.

The **Air Force Sergeants Association (AFSA)**, chapter 1550 holds general membership meetings at 3:30 p.m. on the third Tuesday of every month at J.R. Rockers. The next meeting will be **June 21**. Retired Air Force personnel who work on Pearl Harbor are also invited to attend. For more information, call Master Sgt. Ronald Pompa, chapter president, at 448-1681 or email ronald.pompa@hickam.af.mil.

Military service members and their families will receive free admission to Easter Seals Hawai'i's **14th Annual Taste of Honolulu** event which will be held **June 24-26** on the grounds of the Honolulu Civic Center. Service members and their families with valid military ID will be admitted before 3 p.m. on both **June 25-26**. Many of Hawai'i's top restaurants will serve gourmet samplings. Proceeds from the Taste of Honolulu helps Easter Seals with its many projects. For more information, call 536-1015.

The **Navy Enlisted Birthday Ball Golf Tournament** will be held **July 1** at Barbers Point Golf Course with a shotgun start at 12:30 p.m. Check-in begins at 11 a.m. All active duty, enlisted, officer, retired military and civilians are invited to participate. The top three teams will be awarded prizes. There will also be prizes for the longest drive and closest-to-the-pin giveaways. The entry fee is \$40 and includes green fees, cart and pupus. For more information, contact CNOCM(SW) David LaJoie at 473-2209/864-2449 or email at david.lajoie@navy.mil. Entries must be received by **June 24**.

The **fall youth soccer registration** for the American Youth Soccer Organization (AYSO) Hickam/Pearl Harbor Region 188 will be held from 10 a.m.-2 p.m. **June 25** at the Hickam Chapel Center on Kuntz Avenue. Registration is open to boys and girls ages four-18. The season runs from August through early November. The registration fee is \$55. Proof of age is required for first time registrants. Those who plan to participate can pre-register on-line at www.aysoregion188.org. For more information, email reg@aysoregion188.org or call 834-5438.

American Youth Soccer Organization (AYSO) Hickam/Pearl Harbor Region 188 will sponsor a **summer soccer camp** from **July 18-22** at Hickam AFB. Boys and girls ages four-18 are invited to participate. No experience is necessary. For more information and on-line registration, visit the AYSO web site @ www.aysoregion188.org, call 834-6629 or email Camps@aysoregion188.org.

The NEX offers congratulations to first grader Drew Carpenter, the latest winner of a \$2,000 savings bond from the **A-OK program**. Customers can bring their child's most recent report card to the Navy Exchange to register for the Project A-OK program. Kids could win \$5,000, \$3,000, \$2,000 or \$1,000 in U.S. Savings Bonds. For more information, visit the NEX customer service department in The Mall rotunda.

For the protection of NEX shoppers, **security measures** mandate that bags, purses or personal bags larger than 12 inches by 12 inches will not be allowed in the Navy Exchange. The NEX thanks patrons in advance for their cooperation.

The 2005 Shop NEX "shop and win" bumper stickers are available at any Navy Exchange location. NEX patrons can place a bumper sticker on their car for a chance to win a \$25 gift certificate from the Navy Exchange; winners are selected weekly. Winners are then entered in a grand prize drawing for a \$2,000 shopping spree at the NEX.

The NEX Autoport offers **free brake inspections** from 8 a.m.-4:30 p.m. Monday through Saturday.

The **American Red Cross**, Hickam Service Center is seeking volunteers. For more information, call the Red Cross office at 449-0166. The office is located at 655 Vickers Ave., building 1105 and is open from 8 a.m.-3 p.m. Monday-Friday.

The **USS Chafee Ohana** meets at 7 p.m. the first Tuesday of the month at Moanalua Community Center. Child care is provided at a cost of \$2 for the first child and \$1 for each additional child. For more information, call 422-5619 or email usschafeefsg@yahoo.com.

For information about upcoming meetings for the **USS Lake Erie Family Support Group**, call Liz at 454-2440 or plumeria04@verizon.net.

As part of the **price matching policy** at the Navy Exchange, the NEX will match the price of any identical item sold in any local store. Customers should provide proof of the lower price and the NEX will match it. If the price difference is under \$5, the NEX will match it on the spot. Some restrictions apply to the policy. Patrons should see a sales associate for more information.

The Navy Exchange Autoport provides a **free safety inspection** to families of deployed Sailors. This service is available one week prior, one week after and during deployment periods. The Autoport is located on Naval Station Pearl Harbor, sub base side. For more information, call 423-3226.



The Hitchhikers Guide to the Galaxy: Earthman Arthur Dent is having a very bad day. His house is about to be bulldozed, he discovers that his best friend is an alien and to top things off, Planet Earth is about to be demolished to make way for a hyperspace bypass.

House of Wax: A group of friends on their way to a college football game fall prey to a pair of murderous brothers in an abandoned small town. They discover that the brothers have expanded upon the area's main attraction.. the House of Wax.

The Interpreter: Silvia alleges that she has overheard a death threat against an African head of state, and in an instant, Silvia's life is turned upside down as she becomes a hunted target of the killers. Placed under the protection of federal agent Tobin, they must depend on one another, as the danger of a major assassination on U.S. soil grows.

Monster-in-Law: Charlie has finally met the man of her dreams, Dr. Kevin Fields. There's just one problem - his mother Viola. Fearing she will lose her son's affections as she has her career, Viola decides to break up the happy couple by becoming the world's worst mother-in-law.

Robots: Rodney Copperbottom is an idealistic robot who wants to convince his electronic brethren to come together and work toward making the world a better place. He falls for a female executive robot and faces opposition from an evil corporation.

Unleashed: See Review

XXX: State of the Union: NSA agent Augustus Gibbons finds himself in need of an outsider. Gibbons and his new agent must track a dangerous military splinter group that is conspiring to overthrow the U.S. Government.

JO3 Ryan C. McGinley Unleashed

From the mind of Luc Besson, the underrated and rather brilliant director who brought us "The Professional" and "La Femme Nikita," comes another in a series of quasi action films, which more importantly center around the characters.

"Unleashed" is the story of a man and his struggle to break free from his upbringing, into a world of peace and music. Jet Li plays Danny, a dog of sorts who was brought up to fight and kill from a very early age. His master, Bart (played spectacularly by Bob Hoskins) trained Danny to fight and kill. He uses a collar around Danny's neck as an instrument by which to unleash the fury. When the collar is removed, Danny goes a little crazy. The collar tactic is a bit tacky and elementary in a metaphorical sense, but can be overlooked.

Danny escapes his captors after an accident, and finds himself taken in by two unlikely strangers, Sam and Victoria. Danny knows nothing of the real world and quickly learns from his new friends.

The story resembles "The Professional" and "La Femme Nikita" in that its central character is surrounded by violence, but finds peace and normality through simple yet profound reality. Danny finds solace, peace and the story of his mother simply through a piano and the music it creates.

"Unleashed" is a brilliant and striking film. Its depths are noticeable and sincere, while its action is bold and often times horrific. To put it bluntly, it's an action movie with a heart and soul. It's not chalk full of one-liners, but rather true dialogue that makes the audience feel and sympathize with the main character.

Louis Leterrier directed the film, but it can be most aptly credited to Besson, the screenwriter. "Unleashed" is an action movie that kicks some serious butt, but in the end you will remember Danny and his struggle for peace and family, rather than how many people he killed.

OVERALL RATING: 4.5

The decision to ride: Accepting the risk – Part one

Naval Safety Center

(This is part one of a three-part series on motorcycle safety.)

When people decide to ride a motorcycle, they select a unique and challenging form of transportation. However, riding is not for everyone, and a motorcycle will not always be your best choice of transportation.

For many, motorcycling is more than a means of transportation - it is an enthusiast's sport. The attraction of motorcycling often comes from the unique mental and physical skills necessary to operate the machine. There are many varieties of motorcycles and motorcyclists. But all motorcyclists share something in common - an increased element of physical risk.

The first step in making a responsible decision to ride is understanding the high level of risk in motorcycling. We can lower the risk through our attitudes, with the protective gear we wear, and developing mental and physical strategies through training. But even so, the motorcyclist is physically vulnerable in a mishap. You are 20 times more likely to be injured on a motorcycle than in a car.

People who ride motorcycles: the motorcycles they ride

Many different types of people ride motorcycles, and for many reasons - recreation, commuting, touring, image, sport riding and competition.

There are also a wide variety of motorcycles - cruisers, touring, sport bikes, dual

purpose and standard. Since it is not feasible for one type of motorcycle to meet all a rider's needs, each of these represents a compromise between performance, rider comfort and other capabilities within intended use.

Often there is a connection between the rider, riding style and type of motorcycle. The young service member may be attracted to a motorcycle's price versus the high level of performance. Others may be attracted to the cruiser with its black-leather-jacket mystique, as a break from life's routine. Motorcycle touring, either solo or with a group, may be both a recreational and social activity.

Car versus motorcycle: advantages and disadvantages

Exposing the myths

- **Size** - Motorcycles are smaller than cars. They are easier to park. But... they are harder to see (especially when you wear dark, non-reflective clothing), have limited loads and can carry only one passenger.

- **Maneuverability** - Motorcycles can be quite maneuverable (with a trained rider) at lower speeds. But... maneuverability decreases as you ride faster.

- **Performance** - Motorcycles provide a high level of performance per purchasing dollar. But... they require a higher level of physical skill to operate. The rider can get in trouble very fast.

- **Cost** - Motorcycles may have a lower purchase cost. But... use may be limited by season extremes (hot and cold), passenger and load limits. Also, cost and fre-



U.S. Navy photo by J02 Devin Wright

A Sailor rides a motorcycle on Naval Station Pearl Harbor. Servicemembers are 20 times more likely to be injured on a motorcycle than in a car.

quency of routine maintenance (especially tires on high performance machines) may be much higher than a car.

- **Protection** - When you ride, you become one with the environment and have the wind in your face. But... the motorcycle rider is more physically vulnerable, is more likely to be injured in an accident (must dress for the fall) and when not dressed properly, can be mentally distracted from the riding task.

Safety and risk

You ride home on that new bike. Your family, friends and even neighbors offer their opinion, "Motorcycles. Seem like fun... ..but they're so dangerous!" And you know they are right.

Can you ride a motorcycle with no risk and free from danger, damage or injury? The obvious answer is no. There are many things we do that have risk. We fly planes. We scuba dive. We ride bicycles. We jog. We drive cars. Some activities have more risk than others.

The element of risk and our perception of it is constantly changing. We can't eliminate risk, but we can lower it. We should first understand the risk inherent to motorcycling. Next, we should be mentally and physically willing and capable to take the steps necessary to reduce the risk. Training and experience are the most effective ways of completing these two steps.

However, when we ride, we

must accept the possible consequences of the risk. Even when we have reduced the risk to the lowest possible level, we are still 20 times more likely to be injured in a crash than the operator of a car.

Managing risk: mental preparation

It has been said that motorcycling is perhaps 90 percent mental. Mental preparation for the ride is critical for the motorcyclist. This begins with being alert and free from stress and other emotional distractions.

Equally important is the rider's attention. Lack of attention to the riding task is a predominant cause of many vehicle crashes. The physical vulnerability of motorcycling adds unique

challenges to our attention - motorcycles offer little protection against the environment. It's hard to concentrate when we are freezing cold or hot or with rain pelting against unprotected hands or face.

Protective gear helps. Dressing for the ride can minimize physical distractions of riding so the motorcyclist can pay attention to the riding task.

There are also times when the motorcyclist might decide not to ride. The most obvious would include times of fatigue, stress or any type of mental or physical impairment. Perhaps less obvious, yet equally important, would be any time the rider is not comfortable with a given situation - like inclement weather or heavy traffic. The motorcyclist should always have the option to decide that the risk, real or perceived, is too high. It may be best to use an alternate means of transportation.

(Editor's note: Active duty and DOD civil service motorcyclists, etc., are required by OPNAVINST 5100.12G to complete the Navy Safety Center-approved Motorcycle Safety Foundation Basic Rider Course or the Experienced Rider Course. A course completion card is required from the Pearl Harbor Pass and Identification office to obtain a permanent base decal for a motorcycle, motor scooter or a moped. The motorcycle safety courses are offered through the Navy Region Hawaii Safety Office. For more information, call 474-3953, ext.364 or visit http://www.hawaii.navy.mil/BaseSupport/BaseSupport_Index.htm.)

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