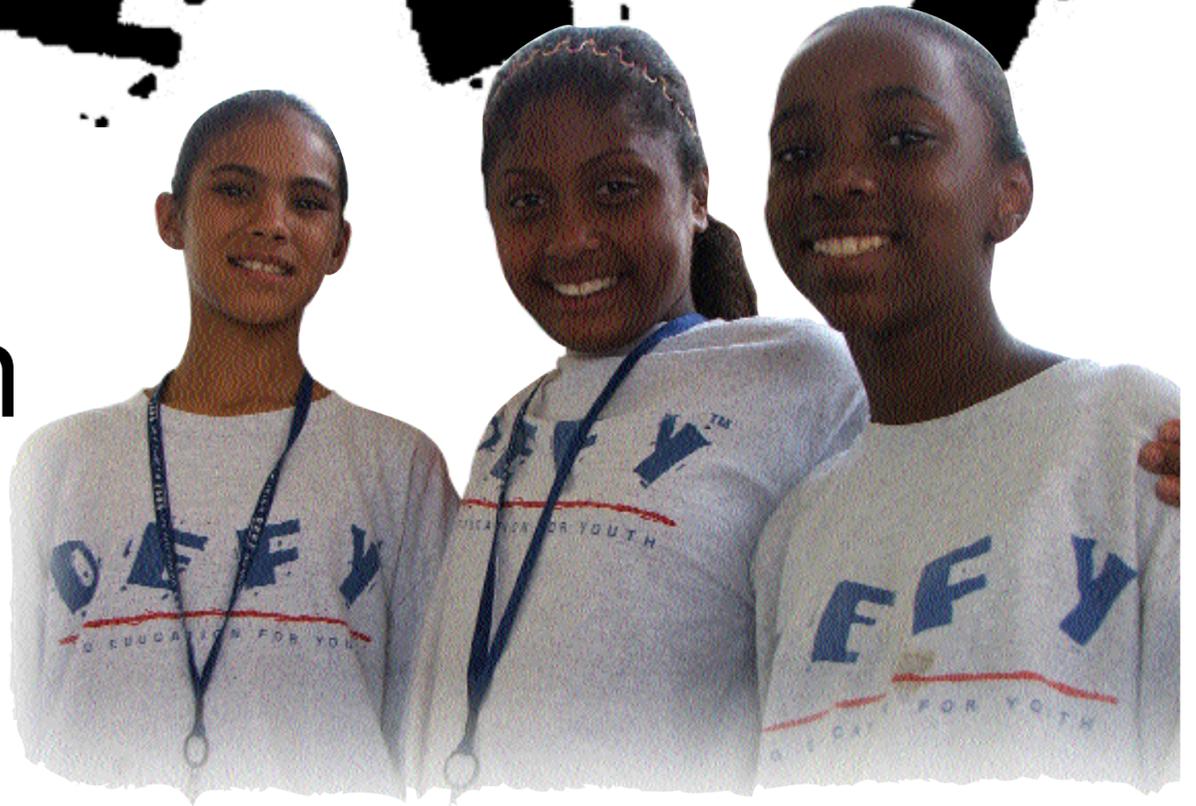




Drug Education For Youth



Story and photos by
CTM2 Selena Current

Contributing Writer

Sixty-five children graduated from the Drug Education for Youth (DEFY) 2005 summer camp July 15 at the National Security Agency/Central Security Service (NSA/CSS) Hawai'i pavilion.

DEFY is a year-round, two-phase drug education and mentorship program for DoD youth ages 9-12. The program focuses on building self-esteem and providing kids with the tools and courage they need to resist drugs, gangs and alcohol.

DEFY stresses interpersonal relationships and resisting peer pressure while emphasizing leadership and teamwork. The program is about creating positive experiences so kids will have the knowledge to choose wisely when approached with decisions involving drugs and alcohol. The graduation signified the completion of phase one of the program.

The ceremony began as the youth performed for family and friends an energetic rendition of the "Cha-Cha Slide," a dance the participants had learned during camp. Guests were then entertained by skits the children and their mentors had written about the negative effects of drug and alcohol abuse, and various ways to say no when confronted by peers who pressure them to make the wrong choices. Certificates were distributed to all participants, thanking them for the effort put into the program.

The participants of DEFY 2005 worked

hard and played hard during the two-week camp. They started each day with physical training, followed by lessons on topics such as "Saying No," "We Have Better Things to Do" and "Natural Highs." After dining at the NSA/CSS galley for lunch, the children returned to their lessons and activities until the end of the day. Participants also had the experience of going on exciting field trips.

"I liked the Dole Plantation best because of the ice cream," said the 9-year-old daughter of CTMC Judith Johnson of NSA/CSS Hawai'i. Other field trip sites included Sea Life Park and the Schofield swimming pool.

CT11 Katie Gaskins, the DEFY program director, said she was extremely pleased with the results of this year's program.

"This is the best group of kids and mentors we've ever had. All of the parents loved the program. I had one parent tell me that their kids woke up the Monday after graduation ready to come back to camp. The best part of the program for me is the interaction with the kids, just being able to be a role model. You know what you're teaching them will make a difference somewhere along the line," said Gaskins.

Some of the participants are already sharing what they learned.

"I already told my teacher and a few people I know at school about the program," said a 10-year-old. "I think it's important that kids get into the program when they are young. That way when they have to deal with drugs and alcohol, they know what to do."

If you would like more information about the DEFY program, visit the DEFY Web site at www.hq.navy.mil/defy.

"The best part of the program for me is the interaction with the kids, just being able to be a role model."

- CT11 Katie Gaskins



Youth who attended the DEFY 2005 summer camp performed a dance for their parents during the graduation ceremony. They learned the dance during their two weeks at camp.



During a skit at the DEFY 2005 graduation ceremony, children portrayed partners against crime as they arrested drug dealers.



The importance of positive friendships and teamwork were two topics participants learned about during DEFY 2005.



In another skit presented at the DEFY 2005 graduation, children showed several examples of how to say no when alcohol is offered to them at a party.

Commentary

Window on Pearl Harbor

Karen S. Spangler, Assistant Editor

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Have you thanked your firefighter today?

Brush fires that have erupted over the past months have destroyed hundreds of acres of nature's vegetation on the island of Oahu, crept close to island homes putting families in jeopardy, destroyed historical landmarks, used up thousands of gallons of our precious water resources, and kept firefighters busy and weary.

Although some of these fires have started accidentally, many of these fires have been intentionally set.

It's hard for me to believe that someone would want to purposely start something which would take such a terrible toll on the land, risk burning down homes and leave families homeless, and place the lives of firefighting crews in danger. And for what?

What possible satisfaction could anyone derive from seeing acres of land – and with it, rare plants and animals – burned and lost forever? How could anyone so thoughtlessly cause families to lose their homes and everything that they own? What kind of person (s) would want to see fire crews put their lives on the line, fighting raging fires that were deliberately ignited?

The answer to that is simple. Those who would commit such a heinous action are self-centered, thoughtless, insensitive, uncaring and sick brutes who don't care about anyone or anything – except for their own personal and demented satisfaction that they derive from such a horrible act.

Rumors abound that the rash of fires has been a series of "one upmanship," each firestarter trying to outdo the other. Some people contend that it's gang-related. Another possibility - that the fires have been started by kids who think it's a cool thing to do - is certainly appalling.

Perhaps the arsonists smile fiendishly as they watch hot flames devour trees, indigenous plants and the beauty of the land. Maybe it's a form of entertainment for them – though despicable – to watch the frenzy and chaos caused as fire trucks and firefighters race to the scene to fight the fire and as the highways become clogged with heavy traffic

when roads are closed because of thick smoke.

It doesn't matter to them if people lose their homes and property. Obviously, they could care less if people are injured or their lives put in jeopardy.

According to Honolulu Fire Department statistics, there have been more than 570 brush fires so far this year. Not only is there a high price to pay in loss of our natural resources and personal property, use of our water resources, and the inherent dangers to our firefighters in fighting the fires, but the monetary costs are astronomical. Remember, it's your tax dollars at work.

It's a given that the people who are setting these fires just don't care.

So it's up to each one of us – who do care – to do our part. It's important that people who live in areas where fires have been intentionally started to speak up and report any suspicious people or activity. The rash of fires has impacted many – whether your home has been threatened, or you have been forced to inhale the smoke from the blazes, or have been inconvenienced and forced to sit in long lines of traffic. At the very least, we have all been impacted – since resources, such as water and finances have been expended to fight fires that should have never started.

We can show that we care by sending the message – loud and clear – to anyone who is guilty of committing such vile acts that we won't tolerate their irresponsible actions – and by reporting them to law enforcement and/or fire officials.

We can also show that we care by thanking our hard-working and courageous firefighters. We can show that we care by expressing our appreciation through our words, buying them a cup of coffee or through a kind deed, and ensuring that they know that we support their efforts.

Kind words and gestures of appreciation can go a long way in replenishing human stamina and spirit. Have you thanked your firefighter today?

Have a fine Navy day!

Kristi Yamaguchi to visit Hawai'i commissaries

Nancy Onell
DeCA

World-renowned ice skater Kristi Yamaguchi will visit commissaries in Hawai'i on Aug. 8-9 to sign autographs and meet with shoppers.

Yamaguchi will visit the Hickam Air Force Base commissary from 9:30 a.m.-12:30 p.m. Aug. 8 and the Pearl Harbor commissary from 3-6 p.m. Aug. 8. On Aug. 9, she will also visit the Marine Corps Base Hawai'i – Kaneohe commissary from 9:30 a.m.-12:30 p.m. and the Schofield Barracks commissary from 3-6 p.m.

A major star in the world of figure skating, Yamaguchi's career is marked by numerous major championship titles and critically acclaimed performances. She won the World

Championships singles title in 1991 and 1992 and an Olympic gold medal in 1992. After retiring her amateur status, she toured for 10 years with "Stars on Ice."

In 1996, Yamaguchi established the Always Dream Foundation whose mission is to encourage, support and embrace the hopes and dreams of children. The foundation supports organizations in California, Nevada and Hawai'i that are dedicated to making a positive difference in the lives of children.

The Aloha Shoyu Company is a corporate sponsor of the Always Dream Foundation and is sponsoring Yamaguchi's visit to military commissaries. Customers who purchase any Aloha Shoyu product during the skater's visit will receive a free autographed picture or customers may bring one item of their own for Yamaguchi to sign.

Navy Sailor gung-ho about USO

Karen Spangler
Assistant Editor

Information Systems Technician 1st Class (SW) David Pabon is gung-ho – about his career, about the Navy and about the United Service Organizations. For Pabon, the concept is simple – both the Navy and the USO emphasize helping other service members and that's a philosophy he supports fully.

Pabon, who began volunteering with the USO in September 2002, admitted that he was very ignorant about the USO organization at that time. "I knew nothing about the USO other than Bob Hope tours," he explained. He assisted on the volunteer desk, checking in people, helping them find lodging, providing information about Hawai'i and also putting them in contact with others who could help them.

After several months of doing his volunteer stint at the USO, he said that he began to realize the important role that the USO played in assisting inbound and outbound military service members. "I wondered what people would have done if the USO wasn't here. Some people were hard up," he remarked.

The significance of the role he played as a volunteer became evident to him. "Over time, I'd see someone at the NEX or some place who would remember me as the guy at the USO who helped them. Situations like that kept coming up," he said.

Pabon confessed that doing volunteer work, contrary to his original reason for joining, wasn't only about helping his evaluations. "In the process of helping myself, I realized that I was helping other people. It's all about giving back. It makes me feel good, a greater sense of purpose outside of my job," continued Pabon.

He talked about the emphasis in the military as well as at the USO – helping others. "In the military, you have to rely on each other. If the USO was closed, who would take the time to help them [people]?"

"I get personal gratification knowing that I made somebody else's life better. It's really about being there for other people," he added.

Pabon, originally from the Bronx, N.Y., joined the Navy in 1998. Assigned to Naval Computer and Telecommunications Area Master Station Pacific, he is a leading petty officer at Camp Smith Tech Control Facility. "Because I'm in the military, I've developed the mindset, what kind of person can I be if I'm not giving back to the mil-



Photo by Lida Atkinson, USO Hawai'i

IT1 David Pabon helps a service member at the Honolulu Airport USO Center.

itary," he said.

"Most civilians don't go through the same thing as the military. They [military] need a global support system. The lifestyle requires it. You need a support unit," he explained.

In addition to volunteering at both the Honolulu Airport USO Center and the Hickam USO Center, Pabon is frequently involved with other USO projects, such as troop deployments and homecomings, Military Appreciation Month and the recent Military Appreciation Day at Honolulu Zoo.

"Being part of the USO, now it's part of my DNA," he joked. "My co-workers tell me that my body mass is 20 percent flesh and bone and 80 percent USO."

Being enthusiastic and dedicated regarding his own involvement with the USO is just part of the equation. The Navy petty officer is also an active recruiter for volunteers for the USO. Emphasizing the need for volunteers, he noted that USO volunteers outnumber paid USO employees by a 20-1 ratio. "USO centers thrive on volunteers," he said. "People need to know that the USO is only going to be open if people like me help man it. It's volunteers who keep the doors open," he continued.

But it's a commitment and Pabon stressed that people who volunteer should be dependable and take their volunteer duty seriously. "I don't want people volunteering who aren't going to take it seriously. Volunteer duty is duty – honor it."

"The same honor and commitment you would place on your real work needs to be on your volunteer work," he admonished. "When you say you're going to be there, be there. Canceling at the last minute will have an impact on others."

In addition to keeping busy with his duties in the Navy and volunteering with the USO, Pabon has many family

responsibilities. He is the father of a three-year-old boy and his wife is expecting twins in September.

He expressed his appreciation to his wife for supporting him in his volunteer role. "My wife Jessica is such a great support for me, which plays a huge role. I couldn't go out and do what I do if I thought I was going to come home to a disgruntled spouse who was going to fight me every step of the way," he explained. "She is truly remarkable and should be credited with 100 percent of my success with the USO and the Navy. I am one lucky man," admitted Pabon.

Connie Kraus, USO Hawai'i director, discussed the importance of volunteers like Pabon to the USO. "Volunteers are the backbone of the USO. Our three staff members depend greatly on these dedicated people to provide the day-to-day management of both centers as well as the troop deployments/redevelopments," remarked Kraus.

"We would be unable to provide any services to military members without the colossal commitment of volunteers like David. Not only does David serve his country as a member of the U.S. Navy, he serves his community by volunteering many hours helping his fellow military members at USO Hawai'i and actively recruiting others like himself to volunteer," she said.

Pabon is gung ho about the USO because he understands the vital service that the USO provides for service members. "It's all about being there when a military service member needs help. The military is close to me – it's been good to me. It's so gratifying to see the faces of the people I've helped. You wonder what they would have done without the USO," he offered.

Anyone interested in volunteering with the USO can contact Pabon at david.pabon@navy.mil or call the USO office at 836-3351.

Celebrities salute the troops

JO2 Devin Wright
Editor

Bodog.net held a 'Salute to the Troops' charity event July 21 - 24 to benefit the Fisher House Foundation.

In addition to raising money for the Fisher House Foundation, the event was also to entertain the more than 8,000 service men and women serving in Hawai'i.

The four-day event, entitled 'Bodog Salutes the Troops: a Tribute to America's Heroes' included troops interacting with celebrities, musicians, comedians and professional athletes in various activities including a poker tournament, family picnic and soft-

ball tournament. The festivities also included a comedy show and concert for 8,000 military members and their families.

"Bodog Salutes the Troops' is an opportunity to give something back to the men and women who have risked their lives in the interest of protecting our freedom," said Calvin Ayre, Bodog founder and CEO. "Giving these troops a little entertainment and leisure time is the least we can do for their sacrifices and we are thrilled to be involved with Fisher House Foundation, a charity that truly supports our troops in their time of need," he said.

For some celebrities, the



U.S. Navy photo by JO2 Devin Wright
 Professional comedian Colin Quinn is interviewed by a local reporter.

opportunity to interact and perform for the troops is a must.

"It's a little cliché, but it's the least I can do," said Colin Quinn, professional comedian. "The men and women serving in America's military stepped up to the plate and answered their call of duty. So when I was asked to perform for the troops, I felt it was my duty to give whatever I can back to those who are protecting us," he said.

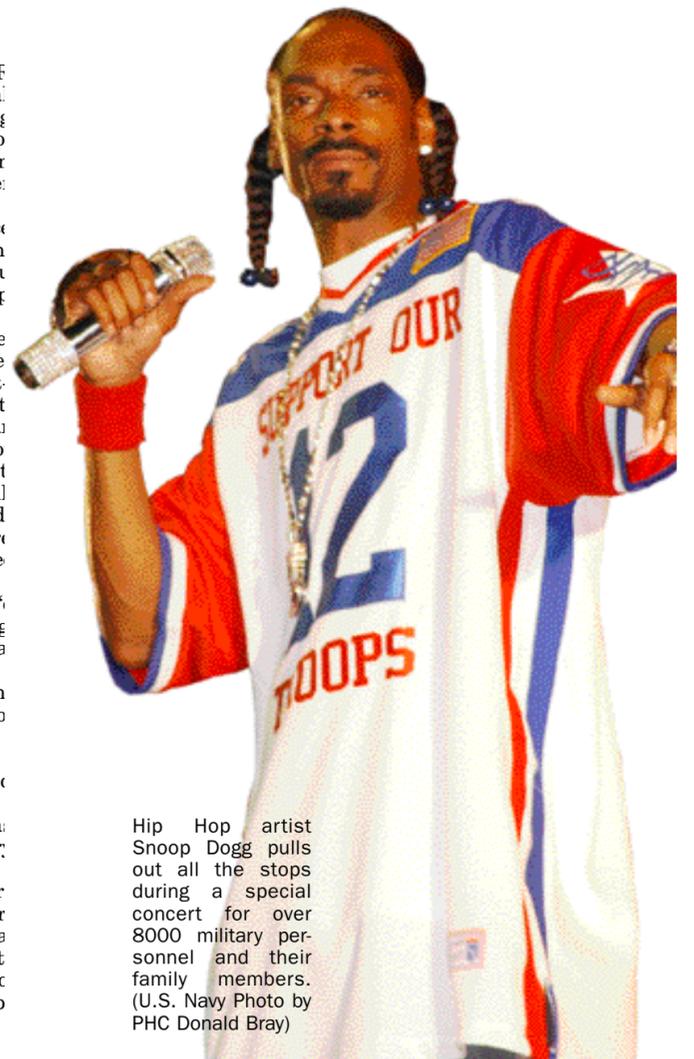
While service members were excited to interact with the entertainers, the celebrities felt just as excited to mingle with service members.

"I don't often get an opportunity to visit with service members," said Carson Daly

of MTV's 'Total Live' and 'Last Call with Carson Daly.' "Living in Los Angeles and New York, you don't see very many military members. So when the opportunity arose, I was excited for the chance to see the men and women of the Armed Forces how much we admire and respect them," Daly said.

The Fisher House program is a unique private-public partnership that supports America's military families in their time of need. Because members of the military and their families are often stationed worldwide, they must often travel great distances for specialized medical care. Fisher House Foundation donates "homes" built on the grounds of major military medical centers. These homes allow family members to be close to a loved one during stressful times, such as hospitalization, unexpected illness, or injury.

There is at least one Fisher House at every major military medical center. Annually, the Fisher House program serves more than 8,500 families, and has been available more than 15 years. It is a lion's share of lodging for military members since the program originated in 1990.



Hip Hop artist Snoop Dogg pulls out all the stops during a special concert for over 8000 military personnel and their family members. (U.S. Navy Photo by PHC Donald Bray)



U.S. Navy photo by PH3 Victoria A. Tullock

Actress/model Shannon Elizabeth takes time out on the red carpet to pose with two Marine participants of the poker tournament, prior to the start of the 'Bodog Salutes the Troops' event.

Skylark Central

What ship am I?



I was a 9,800-ton Portland class heavy cruiser, built at Camden, New Jersey. Commissioned in November 1932, I operated in the Atlantic and Pacific during the peacetime years. During the 1930s, I hosted President Franklin D. Roosevelt on several occasions, among them a voyage to South America in November and December 1936. Following the U.S. entry into World War II, I operated with carrier task forces in the Southwestern Pacific until spring 1942, when I took up station near Alaska. I served

there for over a year, sinking a Japanese transport in February 1943. Later in 1943, I became Fifth Fleet flagship. In that role, into mid-1944, I took part in operations to capture the Gilberts, Marshalls and Marianas, plus strikes on Japanese positions elsewhere in the central Pacific. I also participated in the Peleliu invasion in September 1944. In February and March 1945, again flagship of the Fifth Fleet, I joined in attacks on Iwo Jima, the Japanese home islands and the Ryukyus. During the latter operation, on 31 March 1945, I

was damaged by a kamikaze plane. In late July, following repairs, I made a high-speed transit from California to Tinian to deliver atomic bomb components. I then sailed for the Philippines. Shortly after midnight on 30 July 1945 I was torpedoed by the Japanese submarine I-58 and sank quickly. Due to communications and other errors, my loss went unnoticed until survivors were seen from a passing aircraft on 2 August. Rescue efforts over several days saved only about a quarter of my nearly 1,200-man crew.

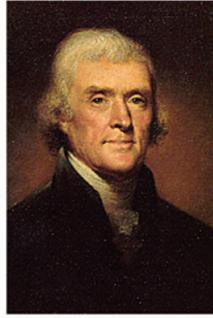
Answer to last week's puzzle

" I W I S H T O H A V E N O C O N N E	
C T I O N W I T H A N Y S H I P T H A T	
D O E S N O T S A I L F A S T F O R	
I I N T E N D T O G O I N H A R M ' S	
W A Y . "	- John Paul Jones

Unscramble the words to reveal a quote by this famous man

- NEO
- NAM
- TIWH
- CARGUOE
- MEKSA
- A
- MYRJOITA

F F S



Are you a puzzle master?

HNN is accepting answers to this week's puzzle and "Know your Navy" question. Email answers to hnn@honoluluadvertiser.com. The first correct answer will have his/her name printed in next week's edition.

"Through the sight pipe"



Know your Navy

What minimum amount of blood loss usually causes a person to go into shock?

Last week's question...

What document, located in each compartment of a ship, lists every damage control fitting in that compartment?

Answer - CCOL (Compartment Checkoff List)



MWR

Movie Call

Sharkey Theater
Naval Station Pearl Harbor
(473-0726)

FRIDAY
7:00 p.m. The Honeymooners (PG 13)
SATURDAY
2:30 p.m. Sharkboy & Lava Girl (PG)
6:00 p.m. Advanced Screening The Dukes of Hazzard (PG 13)
SUNDAY
2:30 p.m. Sharkboy & Lava Girl (PG)
4:30 p.m. Lords of Dogtown (PG 13)
6:45 p.m. Mr and Mrs Smith (PG 13)
THURSDAY
7:00 p.m. The Honeymooners (PG 13)

Memorial Theater
Hickam Air Force Base
(449-2239)

FRIDAY AND SATURDAY
7:00 p.m. Batman Begins (PG 13)
SUNDAY AND THURSDAY
7:00 p.m. Perfect Man (PG)
WEDNESDAY
7:00 p.m. Land of the Dead (R)

Sgt. Smith Theater
Schofield Barracks
(624-2585)

FRIDAY AND SUNDAY
7:00 p.m. Mr and Mrs Smith (PG 13)
SATURDAY
2:00 p.m. Sharkboy & Lava Girl (PG)
7:00 p.m. The Honeymooners (PG 13)
WEDNESDAY
7:00 p.m. The Honeymooners (PG 13)
THURSDAY
7:00 p.m. Sharkboy & Lava Girl (PG)

Editor's note: Every effort has been made to provide the most up-to-date information at the time of publication. However, scheduling of these events is subject to change. It is recommended that you call the contact numbers for the individual events to determine whether or not the activity will be held.

OUTDOOR ADVENTURE EVENTS

- **Aug. 6:** Waimea Beach day, \$10. Register by **Aug. 3.**
- **Aug. 7:** Horseback riding, \$60. Register by **Aug. 3.**
- **Aug. 13:** Makapuu tide-pools, \$6. Register by **Aug. 10.**
- **Aug. 14:** North Shore shark watch, \$90. Register by **Aug. 10.**
- **Aug. 20:** Surfing lessons, \$15. Register by **Aug. 17.**
- **Aug. 21:** Dolphin excursion, \$60. Register by **Aug. 17.**
- **Aug. 27:** Wa'ahila Ridge hike, \$5. Register by **Aug. 24.**

T.G.I.F. - OCEAN'S CPO CLUB

Get together to enjoy pupus and entertainment at T.G.I.F. today at Ocean's CPO Club. There will be free pupus starting at 4 p.m. and a DJ will spin from 5-8 p.m. The club is open to enlisted personnel E-7 -E-9. For more information, call 473-1743.

MWR YOUTH CAMPS

MWR will host youth camps for children ages 5-12 from 10 a.m.-3 p.m. Monday-Friday at the Oasis on Ford Island. The cost is \$50 per child per session. The specialty camps will offer the following themes:
• **Dance Camp, Aug. 1-5**
For more information, call 421-1556, 499-2572 or 454-0758.

VOLLEYBALL LEAGUE

The MWR Volleyball League begins today. The Women's Volleyball League begins **July 30**. Games will be played at Bloch Arena. Registration and participation are free. For more information, call 473-2494 or 473-2437 or visit the web at www.greatlifehawaii.com

MWR SUPER GARAGE SALE/CRAFT FAIR

The next MWR Super Garage Sale and Craft Fair is planned for 8 a.m.-noon **Aug. 13** at Richardson Field. Richardson Field is located on Kamehameha Highway across from Aloha Stadium. For free parking, turn at the Arizona Memorial or pay a minimal fee and park across the street in the Aloha Stadium parking lot. Common items available at the sale include fitness and outdoor recreation equipment, furniture, toys, books and clothing (especially for children). The cost for each 10-foot-by-10-foot spot ranges from \$8-\$10 for garage sellers and \$17-\$22 for crafters/businesses. Registration began July 11. The event is free and open to the public. The next garage sale is scheduled for **Nov. 5**. For more information, call 473-0606.

FREE GOLF CLINICS

A free golf clinic will be offered from 1-2 p.m. **Aug. 20** at Navy Marine Golf Course. Learn the basics or refine your game. The free clinics are open to the first 16 active duty Navy or their eligible family members. For more information or to register, call 471-0142 or visit the pro shop.

BOWLING TWO FOR TUESDAYS

Bowl two games for the price of

one from 5-9 p.m. on Tuesdays at Naval Station Bowling Center. For more information, call 473-2574.

VEGAS BOWLING LEAGUE

The Vegas Bowling League takes to the alleys beginning at 6 p.m. on Thursdays at Barber's Point Bowling Center. Play will be a four-person mixed team with limited pots up for grabs. Beginner bowlers are welcome. There are sign-ups for singles and teams. For more information, call 682-5146.

YOUTH SUMMER SAILING PROGRAM

The Youth Summer Sailing Program is now ongoing at Rainbow Bay Marina. The cost is \$10 per month per participant. Beginners meet from 11 a.m. - 1 p.m. and 3-5 p.m. Monday and Wednesday. Intermediates meet from 3-5 p.m. Tuesday and Thursday (must have a Rainbow Bay Marina (RBM) blue card). The advanced class meets from 11 a.m.-1 p.m. Friday (must have a RBM blue card). For more information, call 473-0279.

SALSA DANCE CLASSES

Salsa dance classes are offered on Thursdays and Fridays at Bloch Arena Fitness Center. Samir Hana, instructor, teaches the latest dance styles, including merengue, cha-cha and cumbia. There is no partner and no experience necessary. Level I and II classes are available:
Salsa (Level I): Thursday, 7:30 - 8:45 p.m.; Saturday, 5 - 6:15 p.m.
Salsa (Level II): Friday, 7:30 - 8:45 p.m.; Saturday, 6:30 - 7:45 p.m.
Merengue/cha-cha/cumbia: Friday, 6 - 7:15 p.m.
For more information, call 473-0793.

MASSAGES BY "THE LOTUS TOUCH"

Want to improve circulation, increase flexibility, release muscle tension and receive a greater sense of well-being? Try "The Lotus Touch." Patrons can enjoy a hot and cold stone massage which includes face, neck and shoulders. A 75-minute treatment costs \$90. Other treatments are available for as low as \$15. Appointments are available at Bloch Arena and Power Point Fitness Centers. For more information, call Ruby at 386-4812.



- **Aug. 1:** Foosball Tournament, 6 p.m., free.
- **Aug. 3:** Game Show Night (Beeman Center), 6:30 p.m., free.
- **Aug. 4:** Dave and Buster's night, 7 p.m., bring money.
- **Aug. 5:** Dinner and a movie, 6 p.m., bring money.
- **Aug. 6:** Wa'ahila Ridge hike, 8:30 a.m., \$5.
- **Aug. 7:** Surfing lessons with Jodie, 10 a.m., \$7.
- **Aug. 10:** Comedy Night (Beeman Center), 7 p.m., free.
- **Aug. 11:** Ping Pong Tournament, 7 p.m., free.

Weekly events:

- Sunday:** Chess tournament, 6:30 p.m.
- Monday:** WWE wrestling, 6:30 p.m.
- Tuesday:** 8-Ball tournament - 7 p.m.
- Wednesday:** Game show - 6:30 p.m.
- Thursday:** 9-Ball Pool tournament - 7 p.m.

Community Calendar

To have your activity or event featured in the Community Calendar, e-mail your requests to hnn@honoluluadvertiser.com or fax 473-2876. Deadline is Thursday for the following week's issue. Items will run on a space available basis.

Military service members will be offered a \$5 discount on tickets to the **12th Annual Hawai'i International Jazz Festival** which will be held at 7 p.m. **July 29-30** at Hawai'i Theatre in Honolulu. Piano Titans and Hawaiian Strings will be featured today. Tributes to late greats Ray Charles, Artie Shaw and Martin Denny with a full big band will highlight the **July 30** performance. A Latin soul segment will also be featured on Saturday evening. For tickets and information, call the Hawai'i Theatre box office at 528-0506 or visit www.hawaiiitheatre.com. For more information about the festival activities, visit www.hawaiiijazz.com.

USS Hopper Ohana will meet at 6:30 p.m. **Aug. 2** in the fellowship hall of the Pearl Harbor Main Chapel. Two guest speakers will offer a presentation on health and nutrition. There will also be a social time with refreshments and a door prize giveaway. Babysitting will be provided at a cost of \$2 per child in the chapel nursery. Those who need to arrange child care should RSVP, including number of children and their ages to hopperohana70@yahoo.com For more information, call 683-1134.

Kristi Yamaguchi, world-renowned ice skater and Olympic gold medalist, will visit Hawai'i commissaries on **Aug. 8-9** to sign autographs and visit with shoppers. Visits have been scheduled as follows: 9:30 a.m.-12:30 p.m. Aug. 8, Hickam Air Force Base Commissary; 3-6 p.m. Aug. 8, Pearl Harbor Commissary; 9:30 a.m.-12:30 p.m. Aug. 9, Marine Corps Base Hawai'i - Kaneohe commissary; 3-6 p.m. Aug. 9, Schofield Barracks commissary.

The **Navy Enlisted Ball Softball Tournament** is scheduled for **Aug. 12-14** at Millican Field at Naval Station Pearl Harbor. The deadline for entry is **Aug. 10**. All entry fees must be paid by COB on **Aug. 10**. The entrance fee is \$200 per team. Individual trophies will be awarded to the top two teams. Checks should be made payable to: Navy Enlisted Ball. For more information, call Lloyd Shoemaker at 471-8541 or email at Lloyd.shoemaker@navy.mil or Shoemake1001@hawaii.rr.com.

The Armed Services YMCA at Pearl Harbor will distribute **free food** to junior and mid-level enlisted families from 8 a.m.-6 p.m. **Aug. 24-29** at building 89 on North Road. For more information, call 473-3398.

The **Navy Region Hawai'i First Class Petty Officer Association** invites all first class petty officers island-wide to attend its association meetings. For more information, call YN1 LaHaunn Moore at 471-8769 or email at lahaunn.moore@navy.mil, or CTA1 Kiffanie Walker at kiffanie.walker@navy.mil or NC1 Johnathon Young at johnathon.young@navy.mil.

Customers can bring their child's most recent report card to the Navy Exchange to register for the **Project A-OK program**. Kids could win \$5,000, \$3,000, \$2,000 or \$1,000 in U.S. Savings Bonds. For more information, visit the NEX customer service department in The Mall rotunda.

For the protection of NEX shoppers, **security measures** mandate that bags, purses or personal bags larger than 12 inches by 12 inches will not be allowed in the Navy Exchange. The NEX thanks patrons in advance for their cooperation.

The 2005 Shop NEX "**shop and win**" bumper stickers are available at any Navy Exchange location. NEX patrons can place a bumper sticker on their car for a chance to win a \$25 gift certificate from the Navy Exchange; winners are selected weekly. Winners are then entered in a grand prize drawing for a \$2,000 shopping spree at the NEX.

The NEX Autoport offers **free brake inspections** from 8 a.m.-4:30 p.m. Monday through Saturday.

The **American Red Cross**, Hickam Service Center is seeking volunteers. For more information, call the Red Cross office at 449-0166. The office is located at 655 Vickers Ave., building 1105 and is open from 8 a.m.-3 p.m. Monday-Friday.

The **USS Chafee Ohana** meets at 7 p.m. the first Tuesday of the month at Moanalua Community Center. Child care is provided at a cost of \$2 for the first child and \$1 for each additional child. For more information, call 422-5619 or email usschafeefsg@yahoo.com.

For information about upcoming meetings for the **USS Lake Erie Family Support Group**, call Liz at 454-2440 or plumeria04@verizon.net.

USS Paul Hamilton Ohana meets at 6:30 p.m. the second Thursday of the month at the Pearl Harbor Main Chapel. Child care is provided at a cost of \$1 per child. For more information, call 683-1086 or email at Paulhamiltonfsg@yahoo.com.

The **Navy Exchange at Pearl Harbor seeks donations of Navy uniforms or artifacts** which date between the 1920s and 1970s. Donations will be displayed in the NEX Uniform Center at its newly renovated location in building 1337 (formerly the NAVSTA Bowling Center next to Club Pearl) opening in mid-September. Displays will include a biographical history of the item and the donor's name. For more information, contact Kevin Chambers, NEX visual merchandising manager, at 728-2521.

How to contact **TriWest/TRICARE services** - Beneficiaries can contact TriWest with enrollment; Primary Care Manager and address changes; program benefits questions; claims status; fee payments and locating network providers in the area by calling 1-888-TRIWEST (1-888-874-9378), visiting their web site at www.triwest.com, or visiting TRICARE Service Centers located at Makalapa Medical Clinic and Kaneohe Bay Medical Clinic. The TRICARE Service Center located at the Pearl Harbor Makalapa Clinic is open from 7:30-11:30 a.m. and 12:30 to 4:30 p.m. Monday-Friday. The TRICARE Service Center located at the Kaneohe Clinic is open from 7-11:30 a.m. and 12:30-4 p.m.

Welcome Baby support group: All expectant and new moms are invited to attend. The group meets twice a month. Children are welcome to attend. For more information or to reserve a spot, call Terri or Susan at 363-1897.



The Adventures of Shark Boy and Lava Girl: Ten-year-old Max is an outcast who has become lost in his own fantasy world. But when Max realizes the characters and adventures in his imagination might be more real than anyone else believes, his whole world changes.

Batman Begins: In the wake of his parents' murder, disillusioned Bruce travels the world seeking the means to fight injustice. He returns to Gotham and unveils his alter-ego: Batman, a masked crusader who fights the sinister forces that threaten the city.

The Dukes of Hazzard: Cousins Bo and Luke Duke, with a little help from their cousin Daisy and Uncle Jesse, egg on the authorities of Hazzard County, Boss Hogg and Sheriff Coltrane.

The Honeymooners: Ralph and his wife Alice, struggle to make ends meet. They've managed to save some money for a down payment on a duplex. However, when Ralph decides to try making up what he's lost with another of his crazy schemes, he winds up losing all their money.

Land of the Dead: In a modern-day world where the walking dead roam, the living try to lead "normal" lives. With the very survival of the city at stake, a group of hardened mercenaries is called into action to protect the living from an army of the dead.

Lords of Dogtown: A fictionalized take on the group of young skateboarders raised in the mean streets of Dogtown in Santa Monica, Calif. The Z-Boys, as they come to be known, perfect their craft in empty swimming pools, pioneering a new sport.

Mr. & Mrs. Smith: See Review

The Perfect Man: Holly conceives the perfect plan - an imaginary secret admirer who will romance her mother Jean and boost her shaky self-esteem. When the virtual relationship takes off, Holly finds herself having to produce the suitor, borrowing her friend's charming and handsome Uncle Ben as the face behind the e-mails, notes and gifts.

JO3 Ryan C. McGinley Mr. & Mrs. Smith

When you combine what some refer to as the "sexiest woman alive" and what others refer to as "the sexiest man alive," you're bound to end up with something, well, sexy - eye candy if you will. "Mr. and Mrs. Smith" is just that.

Directed by Doug Liman, and more importantly starring Brad Pitt and Angelina Jolie, the film tells the story of a married couple who have many secrets between them, one of those being that both are assassins, without the other knowing it. This is, without a doubt, the corniest script to come out of Hollywood in years. Without Pitt and Jolie, this is a straight-to-late night television movie starring Erik Estrada and that girl from "Saved by the Bell."

To say Pitt and Jolie make this film worthy of a viewing is a valid statement. There is some clever dialogue in the beginning of the film where their two characters bicker about drapes or other domestic decisions, but overall it's the actors that make the movie.

The story unfolds when each of them finds out the other was sent to kill him or her, and overzealous action ensues. Nothing really happens in the script though. They start out as husband, wife and assassins. Then they find out each is an assassin, and try to kill each other. Then they team up because ironically their attempts at trying to kill each other spark their relationship as husband and wife.

It's simple. If you want to watch two beautiful actors face off against one another, then go see this movie. You'll get a few laughs and some explosions along the way. But there is simply no other reason. There's no script, no intrigue, and you know what's going to happen before you even buy the ticket. But watching Pitt and Jolie face off is downright entertaining.

OVERALL RATING:

Ice cream delight for military families

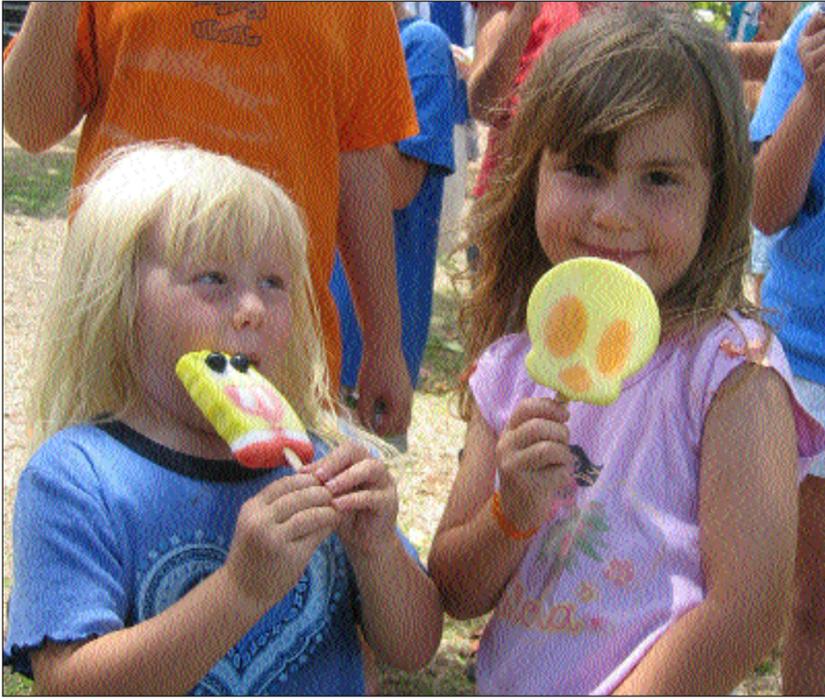


Photo courtesy of Forest City Residential Management

These giggly girls enjoy their favorite frozen treats provided by Forest City Residential Management (FCRM). Residents of Halsey Terrace received a very sweet treat as Forest City Residential Management provided an ice cream truck, which circled through their housing community July 16, giving free ice cream and other frozen favorites to all residents.



Photo courtesy of Forest City Residential Management

These boys in Halsey Terrace are "keeping it cool" as they receive their favorite ice cream treats from Joe the ice cream man. Forest City Residential Management provided an ice cream truck which circled through their housing community July 16. From the littlest neighbor to the biggest, these military families were all smiles and enjoyed a break from the summer heat by "keeping it cool with Forest City."