

# JOINT REGION EDGE

Volume II No. 3

Thursday, Jan. 21, 2010



## HSC-25 bids farewell to CO



By Oyaol Ngirairikl  
Joint Region Edge Staff  
oyaol.ngirairikl@fe.navy.mil

Cmdr. Benjamin Reynolds relieved Cmdr. Paul Everly as commanding officer of Helicopter Sea Combat Squadron (HSC) 25 during a ceremony held at Andersen Air Force Base (AFB) on Guam Jan. 15.

Guest speaker, Capt. Frank Harrison, Commander, Helicopter Sea Combat Wing Pacific (CHSCWP), praised both officers, noting their achievements, leadership abilities

Change: Cmdr. Paul Everly walks onstage for the Helicopter Sea Combat Squadron 25 change of command ceremony held at Andersen Air Force Base on Guam Jan. 15. During the ceremony, Cmdr. Benjamin Reynolds relieved Everly as commanding officer. (U.S. Navy photo by Oyaol Ngirairikl)

and contributions to the notable performances of HSC-25 Sailors.

“Operationally and administratively, the Island Knights have excelled in the performance of everything that they’ve done, surpassing all expectations,” Harrison said. “You’ve done so professionally and you’ve done it safely. This is where Skipper Everly was at his best. Leading his squadron, he created an environment that allowed his officers and Sailors to perform to the very best of their abilities and to come together as a team.”

Everly took command of HSC-25 in September 2008. Under Everly, HSC-25 held an 80 percent re-enlistment rate, 37 percent advancement rate, and earned the Retention Honor Roll in every quarter that Everly was in command.

In his farewell speech, Everly praised the Sailors of HSC-25.

“It’s everyone in the squadron that has helped us meet that

See HSC-25, Page 11

## 13th AF commander visits Andersen AFB

By Senior Airman  
Shane Dunaway

36th Wing Public Affairs  
timothy.dunaway@andersen.af.mil

Lt. Gen. Hawk Carlisle, 13th Air Force commander, visited the 36th Wing Jan. 14-15 to take a gander at the multi-faceted capabilities Andersen Air Force Base has to offer the Pacific Air Forces region.

The visit was the general’s first since taking command of 13th Air Force in September.

On the first day of the visit, Carlisle focused mainly on the flying mission, visiting numerous 36th Operations Squadron and 36th Maintenance Squadron facilities and gaining insight on the Continuous Bomber Presence and Theater Security Package missions. Carlisle also visited the 36th Security Forces Squadron.

“Andersen provides a major deterrent for [potential] adversaries – a continued presence for Pacific adversaries to see,” Carlisle said.

Day two’s visit focused on the quality of life issues and Andersen’s humanitarian capabilities. Carlisle visited the housing area, Tinian Hall and the 36th Medical Group clinic to catch a glimpse of how Airmen live and the amenities provided for them.

The tour closed with visits to the 36th Munitions Squadron and the 36th Contingency Response Group’s many assets, including the Commando Warrior course at the Pacific Air Forces Regional Training Center and the 554th RED HORSE Squadron.

During his stops, Carlisle took the time to recognize nearly a dozen Team Andersen members for their hard work and dedication to the 36th Wing.

On Target: Lt. Gen. Hawk Carlisle, commander of 13th Air Force, right, and members of the 36th Wing fire replica M-4 Carbine automatic rifles at simulated targets at the Warrior Skills Trainer here Jan. 14. (U.S. Air Force photo by Airman 1st Class Jeffrey Schultze)



### INSIDE

- Air Force officials release holiday safety results, page 4
- MSRON 7 holds Monster Mash, page 7



**Raptors Arrive**  
F-22s touch down on Guam.

SEE PAGE 5



**Change of Charge**  
Navy turns CAT Palau over to Army team.

SEE PAGE 2



**Top Performer**  
Staff Sgt. Smith

PAGE 3

# HSC-25: Record of success under Cmdr. Everly

Continued from Page 1

mission," he said. "The pride shows in their condition of the aircrafts, the condition of the hangar spaces and more importantly in everyone's attitude."

During his tenure, HSC-25 deployed nine detachments aboard the USS Essex Expeditionary Strike Group, multiple 7th Fleet Military Sealift Command ships, and combat units in Iraq and Kuwait. The detachments provided humanitarian assistance following typhoons and medical evacuations for coal-

tion soldiers.

Additionally under his guidance, HSC-25 launched 66 search and rescue missions in the Marianas region.

"The hard work, the deployments both in the desert and with 7th Fleet on USS Essex (LHD 2) and USNS Alan Shepard (T-AKE 3), this command has just done fantastic things," he said. "That along with the medevacs, search and rescue missions around the island - they've impressed me everyday. It's truly been a fantastic 15 months."

Everly is reporting to Chief of Naval Op-

erations at Arlington, Va., where he will serve as the MH-60 Seahawks requirements officer.

Harrison said he is confident in Reynolds as a "tremendously talented" successor to Everly and is looking forward to witness HSC-25 Sailors continue their professional and excellent performance. Reynolds joined HSC-25 in 2008 as their executive officer.

"I have no doubt that this is the best squadron in the Navy," said Reynolds. "I have deployed with many of you. I have marveled as you excelled in combat and on the

open oceans far away from your families. And the crazy thing about this squadron is as you come home you still work tirelessly for the unique missions that we do here in Guam."

HSC-25 is the Navy's only forward deployed vertical replenishment squadron providing deployed ships a rapid, safe and versatile means of re-supplying diminishing stores. In addition, HSC 25 provides 24-hour search and rescue and medical evacuation services for Guam and the Northern Mariana islands.



New Commander: Capt. Frank Harrison, left, Commander, Helicopter Sea Combat Wing Pacific, salutes Cmdr. Benjamin Reynolds. Reynolds relieved Everly as commanding officer of Helicopter Sea Combat Squadron (HSC) 25 during a change of command ceremony. The ceremony was held at Andersen Air Force Base Jan. 15. (U.S. Navy photo by Oyaol Ngrairikl)



Captain and Commanders: Capt. Frank Harrison, center, Commander, Helicopter Sea Combat Wing Pacific, poses with Cmdr. Paul Everly, left, and Cmdr. Benjamin Reynolds following a change of command ceremony. Reynolds relieved Everly as commanding officer of Helicopter Sea Combat Squadron (HSC) 25. The ceremony was held at Andersen Air Force Base Jan. 15. (U.S. Navy photo by Oyaol Ngrairikl)

## Many methods available to simplify filing taxes

By Airman Jeri Moore

Helicopter Sea Combat Squadron 25

The annual tax season that lasts from January until April 15, is nothing new for most people; however, for some, this is the first time that they will be doing their own taxes.

With all of the options available to today's service member, how could anything be less confusing?

Military One Source is a great resource for those just starting out with doing taxes or those already famil-

iar with this yearly occurrence.

On January 18, Military One Source will offer online tax filing and tax consultations by phone all free to the service member. Other tax filing resource information can be found as well as recommendations on the best way to spend your hard earned tax refund.

H&R Block is the most popular online method of tax filing used by the service members asked during a recent 36th Wing Public Affairs poll. Most find it simple, to the point, and

most importantly free! If you decide that this is the method you want to use, then click on the link in the Military One Source site. To use H&R Block from their web site will cause you to create a public account, rather than the custom-made for the military version located on military-onesource.com.

Taxslayer.com came in as a close second. Like H&R Block, it's free for the military, and fairly simple to use. A wizard assists users in filing out the needed information, and you

can read the feedback from some of the previous customers.

There will always be people who prefer to do face-to-face filing, so good news! On February 1, the Andersen Tax Center will open for all military personnel, and eligible Guam residents. The Tax Center will be open Monday through Friday from 9 a.m. to 3 p.m. Feel free to call 966-4TAX (4829) for an appointment. If you decide to walk-in, then you can find the center in Building 21000 on the left of the Bank of

Guam. Walk-ins are on a space available basis.

Please bring your tax forms, social security cards or taxpayer's identification cards for you and your dependants, a voided check for electronic refunds, and a special power of attorney if needed, with a photo id.

All of these programs simplify a once dreaded time of year and help to ensure that you get every dollar you deserve. So don't wait until the midnight hour to do it.

## Unique tax rules and issues when living in Guam

By 36th Wing Legal Office

As the tax filing season swings into action, the Andersen Air Force Base Tax Office would like to share some important information you need to know before filing your return. First, active duty members who are not bona fide Guam residents but CONUS residents, should file with the IRS in CONUS. Individuals who are bona fide Guam residents should file their returns with the Government of Guam. You are considered a bona fide resident

if, during the tax year, you meet the presence test, do not have a tax home outside Guam, and do not have a closer connection to the U.S. or to a foreign country than to Guam. To determine if you meet the presence test or any of these requirements, you are encouraged to read the IRS rules and consult the Tax Center, if necessary.

Second, in order to file correctly, a return address is required. Most military members living on a military installation on Guam have US Postal Service home delivery. As

such, the military family housing address is a Guam mailing address, not a traditional overseas military APO AP address. Some military members who do not live on the installation and may not be receiving U.S. postal delivery may have a PSC box that they use. It is recommended that all filers whose legal residence is in CONUS, use an APO address if they are eligible, their respective unit APO address, or their CONUS home of record address, if there is someone at that address who can receive/forward their mail. If

you are unsure of your legal residency or correct mailing address, you are encouraged to consult with the Tax Center or Base Legal Office.

Third, on-line filing is similarly affected by the return address requirement. For those filers utilizing on-line filing, an APO address or CONUS address is required. If you have a local Guam address, you will not be able to complete your filing on-line. Additionally, according to IRS Publication 570, bona fide residents of US Possessions cannot claim Earned Income Credit (EIC).

Military members who are not bona fide residents of Guam are eligible for EIC, but eligible military members using a Guam address may be disqualified if they are using that address in preparing their returns.

Finally, recent Federal legislation such as the Military Spouses Residency Relief Act of 2009 may impact filing requirements. Again, you are highly encouraged to research the IRS regulations and/or consult with either the Tax Center or Base Legal Office.

# Army takes on CAT Palau for first time in a decade

By Oyaol Ngirairikl  
 Joint Region Edge Staff  
 oyaol.ngirairikl@fe.navy.mil

Sailors of Naval Mobile Construction Battalion 1 with Civic Action Team (CAT) Palau turned over Camp Katuu to the U.S. Army team from 130th Engineering Battalion during a ceremony in the Republic of Palau Jan. 15.

The incoming team of 13 Soldiers is the first Army Civic Action Team sent to Palau in a decade. The 130th Engineering Battalion operates out of Schofield Barracks in Hawaii.

"Being the first Army engineering team in Palau, we're looking forward to building our relation-

ship with the community and creating a strong and favorable presence," said officer-in-charge 1st Lt. Christopher Gensler. "We have mechanics, engineers and a medic, and we're all ready to get to work and help our neighbors out here in the Pacific."

CAT Palau fulfills U.S. Pacific Command's engagement strategy by directing and supporting the Civic Action program in community construction, apprentice training, medical assistance, and community relations programs.

"The positive presence, infrastructure development, and apprentice training are in alignment with PACOM's objectives to develop cooperative security and strength-

en relationships with allies and partners," said Lt. Cmdr. Jeffrey Jasinski, officer-in-charge at Det. CAT Guam, who oversees CAT Palau.

While in Palau the outgoing team of 13 Sailors constructed a restroom facility for Angaur Elementary School, began building a 900-foot fence for the Palau High School, and executed a renovation project for a police and fire substation in Ngardmau State during its seven-month deployment.

The team also conducted maintenance on two World War II memorials on the islands of Peleliu and Angaur, replaced the roof on the Airai State medical clinic, and provided medical examinations to

more than 1,500 patients from all 16 states. The states of Palau are located on a chain of islands. The distance between the main island of Babeldaob, on which Camp Katuu is located, and other islands required CAT Palau's medic to travel by boat for anywhere from two hours to an entire day to reach residents.

Lt. j.g. Russell Dotson, officer-in-charge of the outgoing team, said his team has enjoyed the opportunity to represent the U.S. military and work with the people and government of Palau.

"The team was consistently asked to participate in the local functions and many customs and

traditions," he said. "The people of Palau treated us as one of their own."

Palau President Johnson Toribiong called the Sailors "great ambassadors."

"Seabees at Camp Katuu have been here for many years, and their presence here has been symbolic of U.S. commitment to Palau," Toribiong said. "But more than symbolic, Seabees as well as the Air Force personnel that have deployed to Palau have done a lot for the people of Palau, including construction projects, the apprentice-ship program that provides hands-on education for young Palauans, and medical services at their clinic."



Above: Army Specialist Joshua Permenter, of the 130th Engineering Battalion and member of the incoming Civic Action Team Palau, plants the Army guide-on during a turnover ceremony Jan. 15 at Camp Katuu in the Republic of Palau. In the background holding the outgoing Navy team's guide-on is Chief Utilitiesman (SCW) John Kaffenberger. (Photo courtesy of Chief Equipment Operator (SCW) Richard Zylla, Det. CAT Guam)



Above Right: Palau President Johnson Toribiong presents Lt. j.g. Russell Dotson, officer-in-charge of the outgoing Civic Action Team (CAT) Palau, with a plaque during a turnover ceremony Jan. 15 at Camp Katuu in the Republic of Palau. The outgoing team served a seven-month deployment and consisted of 13 Seabees from U.S. Naval Mobile Construction Battalion 1. (Photo courtesy of Chief Equipment Operator (SCW) Richard Zylla, Det. CAT Guam)



Right: Capt. David Miller, commanding officer of U.S. Naval Hospital Guam, representing Rear Adm. Douglass Biesel, U.S. Defense Representative to the Republic of Palau, thanks Sailors with the outgoing Civic Action Team Palau following a turnover ceremony Jan. 15 at Camp Katuu in the Republic of Palau. The outgoing team served a seven-month deployment and consisted of 13 Seabees from U.S. Naval Mobile Construction Battalion 1. (Photo courtesy of Chief Equipment Operator (SCW) Richard Zylla, Det. CAT Guam)

# Smith brings total force to RED HORSE

By Senior Airman  
Shane Dunaway

36th Wing Public Affairs  
timothy.dunaway@andersen.af.mil

A noncommissioned officer from the 554th RED HORSE Squadron was selected by her first sergeant, Master Sgt. Wesley Willand, as Team Andersen's 'Top Performer.'

Staff Sgt. Elsie Smith, a Guard Airman originally from the 254th Air Base Group and now under the 254th RHS, works as the commander's executive assistant. Some of her day-to-day duties include routing enlisted performance reports to the appropriate raters and flight chief, building slideshow presentations and assisting Airmen in the 554th RHS with government travel card and Defense Travel System issues.

"Staff Sgt. Elsie Smith is a Total Force NCO," Willand said. "As the commander's executive assistant, she coordinates all administrative correspondence for Lt. Col Tony Davit's review. Additionally, she is the primary liaison between the Command Staff and Operations, Logistics and Engineering Flights. All HORSEmen whether Air National Guard or Active Duty see her first when deconflicting schedules and meetings, requesting the commander's endorsement or seeking her expertise on written matters."

With Elsie's support our commander can focus on the RED HORSE readiness and construction mission enabling us to deploy - anytime."

Working down the hall from the squadron commander is a unique experience for Smith, who has been in the Air Force for six years.

"Working here under 554 with Lt. Col. [Anthony] Davit, there's never a dull moment," Smith said. "The work's always interesting - you're always on your toes. It's an exciting job and I've learned a lot working here."

When she's not taking care of the needs of the 554th RHS, Smith is hard at work on her Community College of the Air Force degree. She is currently only four classes away from completion. Smith also volunteers at her church, assisting with various projects and donating time and resources.

In her time as part of the 554th RHS, Smith has taken a keen interest in fitness. "I've actually improved my run time by two minutes," Sergeant Smith said. "Last year on my PT test, I scored an excellent and I'm really proud of that."

Smith, a Guam native, was born in Tamuning and raised in Barrigada. She's had opportunities to go off-



Taking Care of Business: Staff Sgt. Elsie Smith, 554th RED HORSE Squadron, reviews documents with Master Sgt. Norbert Mendiola, 554th RED HORSE guard liaison on Andersen Air Force Base Jan. 15. Smith, originally from the 254th Air Base Group here, was named 'Top Performer' for the 554th RHS by Master Sgt. Wesley Willand, 544th RHS first sergeant. (U.S. Air Force photo by Senior Airman Shane Dunaway)

island since joining the Air Force, but she hopes for a chance to experience more courtesy of the Air Force.

"I've never seen snow before," Smith said. "I'm really hoping for

a TDY or deployment to a cold place, where I can actually see snow and [have a chance] to make a snowman or snow angel."

Until that day comes, Smith plans to continue to enjoy the

sights of Guam with her husband and three children.

"My husband is very proud of me and supports what I do for the Air Force," she said.

# City of Corpus Christi awarded Battle 'E'

By Lt. Cmdr. Shadrick Williams

Commander, Submarine Squadron 15 Public Affairs

Commander, Submarine Squadron (COMSUBRON) 15 Capt. Doug Wright awarded the COMSUBRON 15 Battle "E" for 2009 to USS City of Corpus Christi (SSN-705) Jan. 13. The Battle Efficiency Award signifies the overall readiness of a command to accomplish its mission over the span of a year.

"I am extremely proud of each and every crewmember," stated Cmdr. Rob Gaucher, commanding officer of USS City of Corpus Christi. "This award recognizes the hard work and steadfast effort of our Sailors as they carried out our mission of maintaining peace and security in the Western Pacific."

The purpose of the Battle Efficiency competition is to recognize outstanding command performance in a variety of areas including engineering, logistic management, battle readiness, and day-to-day operations.

In addition to the Battle "E" award, the City of Corpus Christi was also awarded the

Red and Green "N" for Navigation, the Green "C" for Communications, the Red "DC" for Damage Control, and Blue "E" for Supply.

"This award culminates the hard work of our crew this past year," stated Master Chief Machinist Mate Terry Fuller, Chief of the Boat, USS City of Corpus Christi. "I am proud of our crew and what we have accomplished."

"City of Corpus Christi is the top boat in the squadron," Wright said. "The ship served superbly throughout the entire theater and is very deserving of the Battle E."

Award: Capt. Doug Wright, Commander, Submarine Squadron 15, presented the Submarine Squadron 15, Battle "E" plaque to Cmdr. Rob Gaucher, commanding officer of USS City of Corpus Christi (SSN-705). The Battle Efficiency Award signifies the overall readiness of a command to accomplish its mission over the span of a year. (U.S. Navy Photo by Yeoman 3rd Class Sean McKillip)



Joint Region Edge is an authorized publication for overseas members of the U.S. military and their families. Contents of this publication are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, or Guam Publications, Inc. The appearance of advertising in the publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, Commander, Joint Region Marianas of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. Joint Region Edge is published by Guam Publications, Inc., a private firm in no way connected with the Department of Defense, the U.S. Navy, or the U.S. Air Force, under exclusive contract with the Commander, Navy Region Marianas, located in Bldg.

3190. Editorial material is due at noon on the Thursday before publication date. All classified advertisements are due no later than 3 p.m. on the Tuesday the week prior to publication. Joint Region Edge reserves the right to edit, rewrite or reject material submitted for publication.

Rear Adm. Douglass T. Biesel, USN, Commander, Joint Region Marianas

Brig. Gen. Phil Ruhlman, USAF Deputy Commander, Joint Region Marianas

Joint Region Marianas Public Affairs

Lt. Jodie Cornell, USN, Public Affairs Officer 339-4055 jodie.cornell@fe.navy.mil

Coleen R. San Nicolas-Perez Deputy Public Affairs Officer 339-3209 coleen.perez@fe.navy.mil

Theresa Merto Cepeda Public Affairs Director, DZSP 21 LLC 339-6114 theresa.cepeda@fe.navy.mil

James Fee Editor james.fee.cr@fe.navy.mil 339-7113

Reporters Jesse Leon Guerrero 339-5207 jesse.leonguerra.cr@fe.navy.mil

Oyaol Ngrainid 339-2115 oyaol.ngrainid@fe.navy.mil

Photographers Reynaldo Rabara 339-8423 reynaldo.rabara@fe.navy.mil

Raymond Torres 339-8423 raymond.torres@fe.navy.mil

Write to us at: Joint Region Marianas Public Affairs Office PSC 455 Box 152, FPO AP 96540

36th Wing Public Affairs

Capt. Timothy Lundberg Chief of Public Affairs 366-4202

Capt. Andrew Hoskinson Deputy Public Affairs Officer 366-2228

Reporters

Staff Sgt. Jamie Lessard 366-4202

Senior Airman Shane Dunaway 366-2228

Senior Airman Isaac Garden

366-2228

Senior Airman Nichelle Anderson

366-2228

Senior Airman Vanessa Fuentes

366-2228

Airman 1st Class Courtney Witt

366-2228

Airman 1st Class Jeffrey Schultz

366-2228

Airman 1st Class Julian North

366-2228

# Air Force officials announce holiday safety results

By American Forces News Service

The Air Force had the lowest recorded number of private motor vehicle fatalities during the Thanksgiving-to-New Year's time frame — one — to include the lowest number of automobile fatalities — zero.

It was also the first time in 13 years the Air Force did not have a single active-duty death due to any

type of safety mishap during this time frame.

In comparison, the Air Force has averaged more than six fatalities to personal motor vehicle mishaps during this time over the past 23 years.

“Our Airmen are taking the secretary’s and chief of staff’s memo on reckless behavior to heart,” said Col. Roberto Guerrero, the Air Force Safety Center chief of ground safety. “The lone Airman, in the one (private motor vehicle) fatality that

occurred right after the Thanksgiving holiday, was not at fault. He was struck by a non-Air Force drunk driver.”

The memo emphasized private motor vehicle safety and noted that all Airmen must understand that failure to take personal responsibility will result in their being held accountable for their actions.

“I want to thank you for your support in emphasizing traffic safety since that’s where our Airmen are

continuously most at risk,” said Maj. Gen. Fred F. Roggero, the Air Force Chief of Safety. “Please congratulate all of your commanders/directors and your safety professionals for a job well done during this typically hazardous time of year. Of course, please remind them to not let up on what they’re doing.”

Team Andersen members contributed to the Air Force’s safety success during the holiday season by imparting a safety culture em-

phasized by senior leaders wing-wide.

“Leadership here at Andersen has made it a point to address safety concerns with Airmen and their families during the holiday season,” said Lt. Col. Bill Heaster, 36th Wing Chief of Safety. “The idea was to emphasize [awareness] of the stresses during the holiday season and ensure we were taking care of one another and being good wingmen.”

## VCSAF stresses importance of DE, PME for officers

By Senior Airman

Shane Dunaway

36th Wing Public Affairs  
timothy.dunaway@andersen.af.mil

In a recent memorandum sent to senior leaders Air Force-wide, Vice Chief of Staff of the Air Force Gen. Howie Chandler stressed the importance of pursuing developmental education and professional military education for the officer

corps.

Developmental education programs assist officers as they climb the rank ladder and prepare them for the challenges faced within each higher rank.

“The Air Force uses a number of educational programs, including professional military education, to meet the developmental needs of the officer corps and the Air Force,” Chandler said, citing pro-

fessional military education as a “critical subset of developmental education.”

Chandler urged all officers, including ‘selects,’ to enroll in PME through distance learning programs when eligible. According to Chandler, the courses serve to enhance officers’ leadership and knowledge of air, space and cyberspace power.

Col. Thelma Hales, Pacific Air

Forces A1, further elaborated on the importance for officer PME through distance learning.

“For some time now, there has been a lot of discussion regarding the proper timing for completion of distance learning PME,” Hales said. “Previous AF guidance told intermediate developmental education and senior developmental education selects they did not need to enroll in distance learning pro-

grams. The intent of that policy was to eliminate redundancy and give back some ‘Airmen’s time.’

“Unfortunately, commanders and officers found that policy ambiguous and inconsistent with perceived practices,” she added. “The latest guidance stresses the importance of PME to our officers and asks officers to weigh all relevant factors in deciding whether to complete PME by distance learning.

### Kitchen fire safety tips

The Navy Safety Center reported 135 fires in Government Quarters for the first eight months of Fiscal Year 2009, 79 of which resulted from unattended cooking or unsafe cooking practices. The following tips are provided to assist you from becoming one of these statistics:

#### Cook with Caution

Stay in the kitchen when cooking. If you leave the kitchen, turn the stove off.

If you are simmering, baking, roasting, or boiling food, check it regularly, remain in the immediate area while food is cooking, and use a timer.

Keep items that can catch fire—oven mitts, wooden utensils, food packing, towels or curtains—away from stovetop.

Keep the stovetop, burners, and oven clean.

Avoid wearing loose clothing which could dangle over stove burners and catch fire.

Have a “kid-free zone” of at least 3 feet around the stove.

Always use cooking equipment labeled from a recognized testing laboratory.

Follow manufacturer’s instructions when installing, cleaning, and operating cooking equipment.

Plug cooking appliances directly into an

outlet. Never use an extension cord, as it can overload the circuit and cause a fire.

Inspect electrical cords for service-ability. Discard if damaged.

#### If you have a cooking fire:

Just get out! When you leave, close the door behind you to contain the fire. Call 333-HELP (4357) for Navy and 911 for Andersen Government Quarter after you leave.

Keep a lid nearby when cooking. If a small grease fire starts in a pan, smother the flames by carefully sliding the lid over the pan. Turn off the burner. Do

not move the pan, until the pan is completely cool.

After a fire. The oven should be checked and/or serviced before being used again.

For Additional Information please contact your local Fire Prevention or Safety Offices at:

Anderson Air Force Base:

- Fire: 366-5284

- Safety: 366-7233

U. S. Naval Base Guam:

- Fire: 339-3484

- Safety: 339-7233

### If you're going out, have a plan

Andersen AFB  
Wingman/Designated Driver  
Taxi/Shuttle Ride  
Taxi ride costs \$50-DUI up to \$15,000  
Airman Against Drunk Driving  
366-RIDE(7433)

Naval Base Guam  
Designated Driver Programs:  
NBG CDO Tel #777-1809  
USS FRANK Cable Quarter Deck  
#343-2545  
CSS 15 Quarter Deck  
#777-9088

MSRON 7 Quarter Deck  
#333-4000  
EODMU 5 Quarter Deck  
#339-8163  
NAVHOSP Chief of the Day  
#344-9340  
NMC EAD Unit Guam Quarter Deck  
#349-9087 CDO Cell#777-0942

NCTMS CDO  
#688-3497  
NMCB 1 Det. Guam Quarter Deck  
#339-3232  
NSWU - 1 Quarter Deck #339-6293  
Sailors Against Drunk Driving

### News Briefs

#### New Notes

##### Job Announcements

Interested Individuals can view the vacancy listings at <https://www.cnic.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 339-4222/6210.

Joint Region Marianas, Guam  
IT Specialist (Infosec), Open Continuously

NAVFAC Marianas, Guam  
Supvy Interdisciplinary Engineer, Closes 1/25  
Supvy Interdisciplinary Engineer, Closes 1/22

#### Employment Opportunities

Looking for a part time job? 36th Force Support Squadron offers multiple employment opportunities! Visit our Human Resources office or call us at 366-6141 for more info. Current job vacancies and job descriptions within Services is available online at [www.36thservices.com](http://www.36thservices.com) by clicking on HRO jobs.

#### Lane Closure

Motorists can expect traffic delays along Marine Corps Drive between Bright Road and Seabee Betty Drive on U.S. Naval Base Guam Feb. 1-5 due to construction. There will only be a single lane open for northbound traffic.

#### Year of the Air Force Family Website

The Air Force is celebrating Year of the Air Force Family, and there are lots of special activities and contests open to both youth and adults. Upcoming contests include: short story, photo, video and original song. Visit [www.myairforcelife.com](http://www.myairforcelife.com) for more information. When you go to the Web site, click on “My Base” for upcoming activities at Andersen Air Force Base. Airmen are encouraged to log on soon and often. For more information, call 366-6157.

#### Year of the Air Force Family: Short Story competition

The subject is “The Air Force is a great place to live, work and play.” Tell a story of what that means to you and your family in 300 words or less in

Microsoft Word. Two categories in which to enter - Adult (18 years and up) or Youth (12 to 17 years of age). You can submit entries now through Feb. 14. Enter for a chance to win the grand prize computer package valued at \$2,000. Adult Category winner will have their story featured in Military Spouse Magazine. Go to [www.MyAirForceLife.com](http://www.MyAirForceLife.com) for all necessary information regarding this competition.

#### Important Lodging Info

Due to mission requirements, Andersen Lodge availability is currently CRITICAL to NON-EXISTANT. Please plan accordingly! If you have any questions, please call Andersen Lodge at 362-5512.

# F-22s arrive at Andersen AFB



Over Guam: Four F-22 Raptors perform their initial flight over Andersen Air Force Base, Guam, Jan. 13, 2010. The Raptors are assigned to the 90th Fighter Squadron at Elmendorf AFB, Alaska, and are forward deployed to support the Theater Security Packages in the Pacific region. (U.S. Air Force photo by Airman 1st Class Julian North)



Landing: An F-22 Raptor assigned to the 90th Fighter Squadron at Elmendorf AFB, Alaska, prepares to land at Andersen AFB, Guam, Jan. 13. (U.S. Air Force photo by Airman 1st Class Julian North)



Touching Down: An F-22 Raptor assigned to the 90th Fighter Squadron at Elmendorf AFB, Alaska, lands at Andersen AFB, Guam, Jan. 13. (U.S. Air Force photo by Airman 1st Class Julian North)



Welcome Wagon: Members of the 36th Wing welcome the crew and pilots of F-22 Raptors to Andersen Air Force Base, Guam, Jan. 13, 2010. The Raptors are assigned to the 90th Fighter Squadron at Elmendorf AFB, Alaska, and are forward deployed to support the Theater Security Packages in the Pacific region. (U.S. Air Force photo by Airman 1st Class Julian North)

# Junior Sailors learn Navy pride in yard maintenance training

By James Fee

Joint Region Edge Staff  
james.fee.ctr@fe.navy.mil

U.S. Naval Hospital Guam's senior enlisted personnel taught junior Sailors the importance of yard maintenance at the hospital housing area Jan. 16.

The underlying objective was to strengthen pride in all facets of the Sailors' lives.

"We demonstrate pride and that's what we do, whether it's wearing the uniform or cleaning your apartment. My number one objective for coming here was to make Naval Hospital Guam the pride of Navy Medicine West. And we can do that by starting right here," said Command Master Chief Hospital Corpsman (SW/AW) Donald Singleton, addressing the junior Sailors at the start of the activity.

Junior Sailors then listened to a seminar from safety officers from U.S. Naval Base Guam Self-Help on proper ways to operate lawn mowers, water blasters, and weed-eaters, before setting off to apply that knowledge in their own yards.

Hospital Corpsman 1st Class (SW/AW) Samuel Ramos, who helped coordinate the event, said the activity was designed to build camaraderie across the ranks and bolster maintenance skills the Sailors could use in their own yards and out in the community for service projects.

He said activities like this also help build future leaders.

"We have junior Sailors teaching junior Sailors on how to cut grass," Ramos said. "This is a good example of practicing leadership skills. It does not have to be a chief or first class to lead and teach. They can also be a leader and a teacher even as a junior Sailor."

Working Together: Sailors from U.S. Naval Hospital Guam help tidy the front yard of a unit at the Naval Hospital's housing area Jan. 16. The Sailors were participating in training coordinated by chief petty officers and first and second class petty officers. (U.S. Navy photo by James Fee)



## Recycle bottles and cans and lessen your impact on energy resources

By Kevin D. Evans

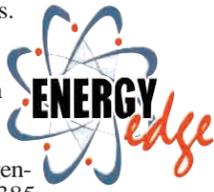
U.S. Naval Facilities Engineering  
Command Energy Manager

How does recycling impact energy? Let me count the ways.

For example, disposable (throw-away) bottles consume three times as much energy as reusable, re-

turnable bottles.

How about recycled glass? Each ton of glass produced from raw materials generates about 385



pounds of mining waste; using 50 percent recycled glass reduces this waste by almost 80 percent.

Don't forget the humble tin cans where reusing the material they are made of reduces related energy use by 74 percent; air pollution by 85 percent; solid waste by 95

percent; and water pollution by 76 percent.

Finally, the one we've all been waiting for, the aluminum can. Producing aluminum from recycled aluminum consumes 90 percent less energy than producing it from raw materials and generates 95 percent less air pollution.

Recycling is an important way to mitigate the use of our energy resources. For more recycling information, please contact the Joint Region Recycling Program Manager, Mike Twilligear, at (671) 333-3174 or email him at michael.twilligear@fe.navy.mil.

### Workplace Safety

Within our workplaces, inspections can cover a lot of territory, both literally and figuratively. Either on your own, or with a seasoned safety specialist, you can use daily/weekly walk-throughs to uncover some common and easy-to-fix hazards. Here are some things to look for:

- Overloaded electrical circuits.
- Blocked or awkward hallways and passageways.
- Extension cords or power

cords lying where people have to walk on them.

- Hazardous materials stored in the open or in the wrong place.
- Fire extinguishers that are missing, that don't have an inspection tag, or that haven't been inspected in a long time.
- Floors or decks that are slippery or irregular.
- Ladders with loose or slick treads.
- Missing safety lines and warning signs.



# MSRON7 Sailors succeed together at Monster Mash

By Jesse Leon Guerrero  
Joint Region Edge Staff  
jesse.leonguerre.ctr@fe.navy.mil

Maritime Expeditionary Security Squadron (MSRON) 7 put their Sailors to the test with their quarterly Monster Mash on U.S. Naval Base Guam Jan. 15.

The competition puts Sailors through a battery of exercises designed to challenge them physically and mentally. Events that day included a swim relay, an ammo

supply relay, sit-ups, a truck push, and a low crawl.

More than 100 Sailors separated into 13 teams to tackle the exercises set up at 10 training stations. Wearing their field uniforms, the teams competed against the clock and against the other teams to finish as fast as possible.

Lt. Cmdr. James Morfitt, who coordinated the event, said building teamwork and camaraderie is their big goal, aside from keeping the Sailors physically fit to deploy.

"It's hard [and] they get extremely tired," Morfitt said. "It usually takes about four hours for this event and it's four hours of solid running and jumping and whatever else we do, but it's a lot of fun."

Engineman 1st Class (SW) Willie Robinson said he avoided wearing himself out in the beginning by keeping an even pace.

"It's good for training for when we have guys that go out on missions and fields and stuff like that," Robinson said after treading water

for several minutes at Gab Gab Beach. "This kind of stuff teaches you a little bit of survival tactics, while having fun at the same time."

Master-at-Arms 3rd Class Asher Richardson said MSRON 7's regular physical training made it a little easier for him to keep up with his team. The Monster Mash that day was his fifth.

"It was tough for the first time, but now we do this all so much," he said.

Richardson added the different

skill sets they were tested on are important to the command's mission.

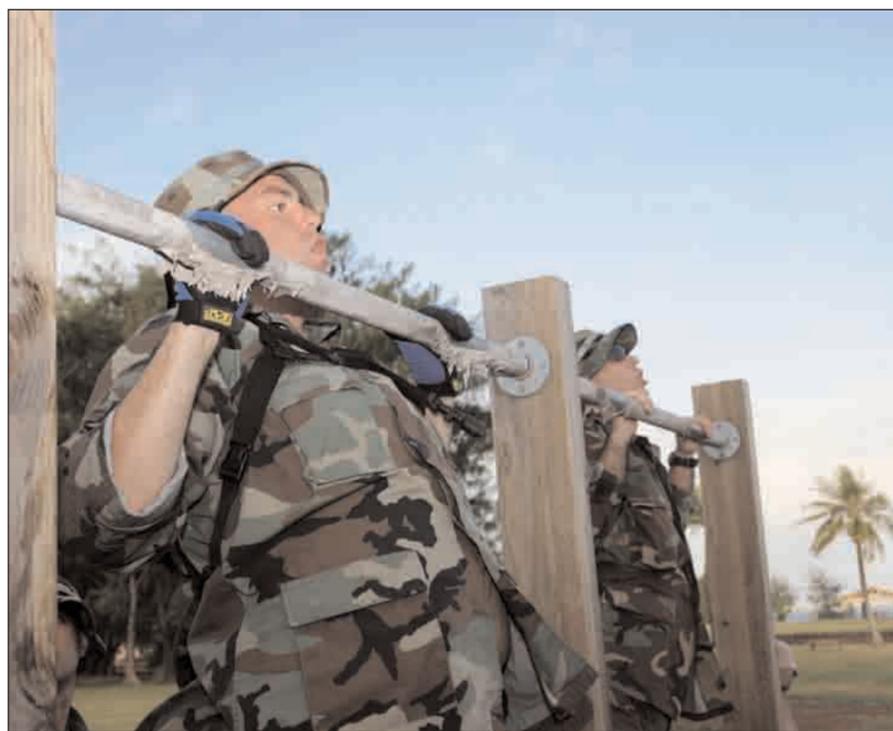
MSRON 7, which was commissioned in May 2004, provides rapidly deployable forces to conduct or support anti-terrorism and force protection missions. It promotes the maritime strategy by providing security for American citizens, through the application of sea power, and by strengthening partnerships with allied nations.



Extrication: Master-at-Arms 3rd Class (EXW) Asher Richardson, center, of Maritime Expeditionary Security Squadron 7, braces against the edge of a ditch to support a "victim" his team was carrying across a field by stretcher at the command's Monster Mash field exercises on U.S. Naval Base Guam Jan. 15. (U.S. Navy photo by Jesse Leon Guerrero)



Swim Relay: Master-at-Arms 3rd Class Brandon Marshall, of Maritime Expeditionary Security Squadron 7, exits the Gab Gab Beach pool after completing a swimming exercise during the Monster Mash exercises on U.S. Naval Base Guam Jan. 15. (U.S. Navy photo by Jesse Leon Guerrero)



Above: Master-at-Arms 3rd Class Chris Taylor, left, and Chief Master-at-Arms (SW) Tony Guist, both of Maritime Expeditionary Security Squadron (MSRON) 7, complete a set of pull-ups at the second of 10 training stations set up for the Monster Mash exercises. More than 100 MSRON 7 Sailors participated in that morning's exercises on U.S. Naval Base Guam Jan. 15.. (U.S. Navy photo by Jesse Leon Guerrero)

Left: Master-at-Arms 3rd Class Daniel Dwire, of Maritime Expeditionary Security Squadron 7, carries a five-gallon water jug to the finish line at the first training station of the command's Monster Mash field exercises on U.S. Naval Base Guam Jan. 15. (U.S. Navy photo by Jesse Leon Guerrero)

# FASTPAC Marines train with MSRON 7

By Jesse Leon Guerrero

Joint Region Edge Staff  
 jesse.leonguerre.ctr@fe.navy.mil

Sailors with Maritime Expeditionary Security Squadron (MSRON) 7 hosted a training exercise for a platoon of U.S. Marines visiting from Yokosuka, Japan, Jan. 12.

About 50 members of Fleet Antiterrorism Security Team Pacific Company (FASTPAC), Bravo 1 Platoon utilized MSRON 7's boat training simulator, called Laser Shot, to get a feel of how the squadron protects high-value assets at sea. Laser-sighted weapons mounted aboard a boat moved by hydraulics allowed the participants to interact with electronic targets appearing on the theater-sized

screens around them.

Staff Sgt. Luis Medina, of FASTPAC, Bravo 1 Platoon, said the Navy and Marines have always had a history of teamwork.

"In order for us to conduct operations, we need to be able to work well with the Navy," Macias said. "Being a part of Seventh Fleet, it's one of our taskers to be able to go where the Navy needs us to operate."

FASTPAC maintains a forward-deployed presence around the world in order to quickly respond to crises. Its duties are to detect, deter and defend against terrorist activities.

Master-at-Arms 1st Class (EXW/SW) Jesse Izdepski, a MSRON 7 Sailor who assisted with the training, said the visual aid was a good opportunity for the Marines to see how

they might be able to support Navy missions.

"We operate in similar capacity often enough, and I think this is another example of how our training and mission sets are crossing paths," Izdepski said.

MSRON 7, which was commissioned in May 2004, provides rapidly deployable forces to conduct or support anti-terrorism and force protection missions. It promotes the maritime strategy by providing security for American citizens, through the application of sea power, and by strengthening partnerships with allied nations.

"It's all of a maritime sense," Izdepski said of the day's training. "We're looking at the pre-planned responses that they would take if any number of specific events were to occur [and]

how they would respond, using the lowest amount of force possible."

Lance Cpl. John Biondo, of FASTPAC, Bravo 1 Platoon, said he had never trained with a Laser Shot simulator before, but he could see the importance of what they were learning. Biondo and the other Marines took turns manning the "machine guns," waiting to see if the animated vessels were hostile as they approached.

"It's pretty specific to our job," Biondo said. "We might find ourselves in that position in the future."

During their two-week visit to Guam, FASTPAC also trained with Explosive Ordnance Disposal Mobile Unit 5, Naval Special Warfare Unit 1 and Naval Mobile Construction Battalion 1.

# Junior ROTC cadets learn leadership skills at camp

By Oyaol Ngrairikl

Joint Region Edge Staff  
oyaol.ngrairikl@fe.navy.mil

More than 150 Junior ROTC cadets from five high schools on Guam descended on Gab Gab Beach on U.S. Naval Base Guam for their annual Junior Cadet Leadership Challenge (JCLC) Jan. 13-17.

Chief Warrant Officer Enrique M. Cruz, camp commander and senior Army instructor at Southern High School, said JCLC is run completely by cadets. The five-day event extends classroom learning, giving cadets in the high school ROTC program a chance to train and put the-

ories into practice.

"We're here to put kids in a leadership situation, in an unfamiliar environment, and see how they react to those conditions," Cruz said. "We're looking for them to hone their leadership skills; we want to see cooperation, their initiative and all of those traits you find in today's leaders."

Students from Simon Sanchez High, George Washington High (GW), Father Duenas Memorial, Guam High and Southern High schools participated in the various exercises and challenges to test their physical and mental endurance.

Days were filled with leadership reaction challenges, squad briefings,

morning physical training and various military training exercises. Students set up tents throughout Gab Gab to simulate some of the training conditions.

Camp Cadets United for Intense Training (CUFIT) was a busy sight as students moved from the various challenges or hunkered down in their tents to wait for their next order.

Cadets participated in rappelling, leadership reaction courses, knot tying, map reading, rope climbing and other exercises.

Cadet Lt. Col. Joyce Torres, cadet battalion commander for GW ROTC program, has attended the JCLC, and looked forward to lead-

ing junior cadets at the leadership challenge. As the cadet battalion commander, her battalion's daily schedule and other training responsibilities fall upon her shoulders.

"We want them to learn skills, teamwork, leadership skills, the ability to adapt to new environments, new people," she said. "We want to expose them as much as possible so that they can build as leaders and potentially be great staff and great examples in the community. That's our job in JROTC to motivate people to be better citizens."

Cadet Seaman Michael Tomlinson, a Guam High School freshman, was one of the junior cadets at the training camp.

"I'm learning how to become more of a leader – how to project and be more professional," he said.

Tomlinson said he appreciates the opportunity to learn from cadets at other schools that represent different programs. Guam High and Father Duenas are the only two schools on island with a Navy JROTC program. John F. Kennedy has a Marine Corps Junior ROTC program. The remaining schools host Army Junior ROTC programs.

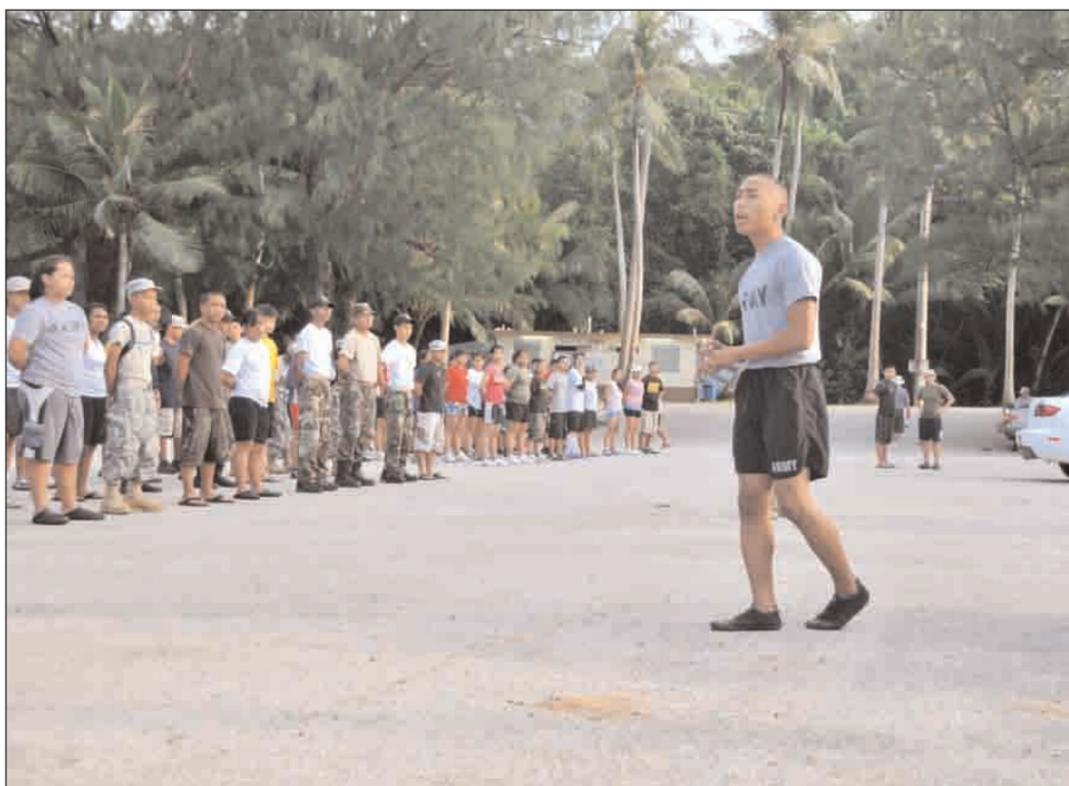
"I believe it forms a better relationship between the different schools, it connects us all as one unit instead of as a bunch of different programs," he said.



Above: Cadets with the George Washington High School and Simon Sanchez High School Junior ROTC programs talk through a rappelling exercise at Gab Gab Beach on U.S. Naval Base Guam Jan. 14. More than 150 Junior ROTC cadets from five high schools on Guam that participated in this year's Junior Cadet Leadership Challenge (JCLC) Jan. 13-17. (U.S. Navy photo by Oyaol Ngrairikl)

Above Right: A cadet with Southern High School Junior ROTC program instructs fellow cadets at Gab Gab Beach on U.S. Naval Base Guam Jan. 14. (U.S. Navy photo by Oyaol Ngrairikl)

Right: Cadets with Simon Sanchez High School Junior ROTC program take the lead in a kayaking race at Gab Gab Beach on U.S. Naval Base Guam Jan. 14. (U.S. Navy photo by Oyaol Ngrairikl)



# Airmen transition into new fitness program

By American Forces News Service

As Airmen begin transitioning into the new testing cycle in January, officials worked to publish the new Air Force instruction to the Air Force Publications Web site Jan. 12, with an effective date of July 1.

Air Force officials unveiled the new fitness program in August while still completing a rigorous schedule to collect feedback, coordinate the instruction and publish it by its original Jan. 1 target date.

Incorporating some of the most significant changes to the fitness program in the last five years, Air

Force leaders in November delayed the effective date for the new scoring system while implementing a hybrid approach that incorporated the biannual testing cycle.

"The hybrid approach gives active-duty Airmen time to train to the new standard and understand requirements outlined in the new instruction," said Chief Master Sgt. Mark Long, the Air Force's chief of enlisted promotions, evaluations and fitness policy here. "It also demonstrates the Air Force leadership's commitment to improve our standards while holding Airmen accountable for their scores throughout the transition period."

Long said the hybrid approach

also allows time for commanders to establish base fitness assessment cells and hire more than 250 civilian fitness testing technicians across the Air Force.

In addition to an increase in testing frequency and establishment of fitness assessment cells to proctor tests, Airmen learned last summer of the significant change and increased emphasis being placed on the aerobic component in scoring. The new Air Force instruction sets minimum requirements for each component in addition to requiring Airmen achieve a passing score of 75 or greater.

In an Air Force fitness interim

guidance memorandum published Jan. 6, Airmen testing through June 2010 under the present scoring standards will receive two score cards. The first score card will be calculated using present score charts and will be loaded into the Air Force Fitness Management System. This score will be used to document evaluation reports as "Meets" or "Does Not Meet" standards or "Exempt."

The second score card will be calculated using the new score charts that become effective in July and serves as a means for Airmen and commanders to gauge performance under the new scoring system.

During the hybrid period, Air

Force Reserve Airmen will fitness test 12 months after their 2009 test date, then again six months later to progress to a biannual cycle. Air National Guard Airmen on active duty and drill status will fitness test 12 months after their last 2009 test date.

The new fitness program has been reclassified from a 10-series instruction to Air Force Instruction 36-2905, Fitness Program, and the new fitness standards become effective for all Airmen July 1.

To learn more about the new fitness program and view scoring components that become effective in July, visit [www.afpc.randolph.af.mil/affitnessprogram](http://www.afpc.randolph.af.mil/affitnessprogram).

## Select bases to implement new civilian application procedure

By April Rowden

Air Force Personnel Center Public Affairs Office

As early as mid-February, the rollout of a civilian hiring test initiative will require current Air Force civilian employees to follow new procedures when applying for jobs at select bases.

Air Force civilians who want to apply for jobs at Goodfellow AFB, Texas; Osan Air Base, Korea; or any of the United States Air Forces in Europe bases will apply for those vacancies through USAJOBS instead of the Air Force Civilian Employment Self-Nomination Application found on the Air Force Personnel Center's secure Web site.

This change applies to jobs staffed through AFPC, not those staffed through other Air Force Agencies such as Air Force Materiel Command, Air Force District of

Washington or Air Force Reserve Command.

Air Force employees applying for positions at the pilot locations will need to submit an online resume for consideration. AFPC will determine qualifications based on the resume, thereby replacing consideration by career briefs and job experience skills codes.

"One of the biggest advantages of this program is that it will allow you to better manage your civilian career," said Michelle LoweSolis, director of the Civilian Force Integration Directorate at AFPC. "Air Force civilian employees will submit a tailored resume when applying online. This process, which mirrors the external application process, will provide our current civilians the opportunity to better describe their skills and achievements to the selecting supervisor."

After creating an account through USAJOBS, employees will have the ability to build and save up to five different resumes. Applicants then select which resume they want to submit based on the qualifications needed for the job vacancy. From there, an applicant can track when the application is received, when it's assessed for qualifications, and if it's referred to a selecting official.

The pilot program aligns Air Force with existing recruitment practices of other Department of Defense components successfully using resumes, including the Department of Army, Department of Navy, Defense Logistics Agency, Defense Finance and Accounting Service, and the DoD Education Agency.

"AFPC has been using USA Staffing, the software behind USAJOBS, to successfully employ external candidates since September 2007," said AFPC's Nancy Tackett.

"Now that we're implementing the same process for current Air Force civilians applying for positions at the pilot bases, we're confident we'll get positive feedback from applicants and hiring officials about the resume capabilities."

Applicants can verify the announcement is available to current Air Force civilian candidates by looking for the "Current Permanent Air Force Employee" eligibility statement on jobs advertised in USAJOBS. Applicants should identify themselves as current Air Force employees in the assessment questionnaire included in the vacancy announcement.

At the conclusion of the pilot phase, Air Force officials will decide the timetable for transitioning all internal announcements to USAJOBS. A determination could come as early as this summer.

This and other changes, such as

the recent modification in DoD hiring practices that allows employees from other DoD agencies to apply as internal candidates for most Air Force jobs, are part of the Office of Personnel Management Hiring Reform plan. The plan is intended to produce an understandable and easy-to-use hiring process, to ensure the right people are placed in the right jobs, and to help agencies accomplish their mission while respecting the merit system principles and veterans preference.

USAJOBS can be accessed by computer or smart phone using a username and password 24 hours a day, seven days a week.

For more information, current Air Force employees may call the 24-hour Air Force Total Force Service Center at (800) 525-0102.

JOINT REGION MARIANAS INSPECTOR GENERAL (IG)  
FRAUD WASTE AND ABUSE HOTLINE  
671-339-4236 or 3650

Whether Military or Civilian, whenever possible exercise your chain of command, or present the matter to the responsible manager where you have a complaint or concern. To report instances of known Fraud, Waste, Abuse or Mis-Management call the Hotline Number and provide the following information:

Who did what

When he/she - they did it

What rule or regulation (if known) was violated

What date the allegation took place

# Advocacy group to raise awareness of distracted driving

By Amy Williams

National Safety Council

U.S. Transportation Secretary Ray LaHood and National Safety Council President Janet Froetscher today announced the creation of FocusDriven, the first national non-profit organization devoted specifically to raising awareness about the dangers of distracted driving.

The group will be led by Jennifer Smith, who has been an outspoken advocate against distracted driving since her mother was killed by someone talking on his cell phone while driving in 2008.

FocusDriven is a direct outgrowth of the September 2009 national Distracted

Driving Summit in Washington, DC called by LaHood. Since the two-day meeting that brought together affected families, law enforcement, researchers, public officials and others, family members of distracted driving victims have worked to establish an advocacy organization with support from the Department of Transportation and the National Safety Council (NSC), a nonprofit organization that uses leadership, research, education and advocacy to prevent injuries and save lives.

FocusDriven's new website, [www.focusdriven.org](http://www.focusdriven.org) <<http://www.focusdriven.org>>, hosts information on distracted driving, help for victims and family members, and ways to get involved.

"I first met several of the founding members of FocusDriven at our Distracted Driving Summit, and I'm deeply impressed by their commitment to turn these tragic events into positive actions that will help save lives," said LaHood. "Their stories are not just heartbreaking; they're also a clear and compelling call to action."

"It is my hope that FocusDriven

will serve as a valuable resource for those who have lost loved ones as a result of the senseless and preventable destructive practice of distracted driving," said Jennifer Smith, President of FocusDriven. "Secretary LaHood and the Department of Transportation's attention to this topic have helped make it top safety issue. Their efforts have provided hope that we can quickly eliminate this threat and prevent other families from going through what we have experienced."

Exactly one year ago today, the National Safety Council became the first organization to call for a nationwide ban on cell phone use while driving.

NSC President and CEO Janet Froetscher spoke at the Department of Transportation's national Distracted Driving Summit last fall and has committed NSC's resources to helping establish FocusDriven.

"FocusDriven is an important organization that puts faces and names to the tragedies caused by cell phone use while driving," said National Safety Council President Janet Froetscher. "The members of FocusDriven have powerful stories to tell about their loved ones. We hope their stories will help people realize the dangers of using cell phones while driving."

FocusDriven is modeled after Mothers Against Drunk Driving (MADD), which has successfully changed society's attitudes towards drinking and driving with the use of advocates who have experienced the terrible consequences firsthand. FocusDriven also hopes to provide support for victims of distracted driving, which has become a growing epidemic in our society, but also to expand its mission to include education and the evaluation of new technologies.

Shelley Forney, Fort Collins, Colorado. Her daughter Erica was killed when a woman driving an

SUV failed to see her riding her bike home from school.

Rob Reynolds, Omaha, Nebraska. Rob lost his 16-year-old daughter Cady when a distracted teen driver ran a red light and sideswiped her car.

Judy Teater, Spring Lake, Michigan. Judy was taking her son Joe home from an after-school activity when a young woman on a cell phone ran a red light and hit the passenger side of her car, killing Joe. Since then, she and her husband David Teater have become outspoken advocates against distracted driving.

Elissa Schee, Citra, Florida. Elissa lost her daughter, Margay, when a semitruck slammed into the back of her stopped school bus.

Putting an end to the dangerous practice of distracted driving is a top priority for LaHood and the Department of Transportation. The department recently launched a federal website, [www.distraction.gov](http://www.distraction.gov) <<http://www.distraction.gov>>, with comprehensive information on distracted driving, as well as a national PSA featuring Secretary LaHood to raise awareness about this dangerous driving behavior.

LaHood said, "Just as groups like MADD changed attitudes about drunk driving, I believe FocusDriven can help raise awareness and change the way people think about distracted driving. Together, I hope we can put an end to this dangerous practice."

For more information about preventing distracted driving, please visit [www.distraction.gov](http://www.distraction.gov) <<http://www.distraction.gov>>, [www.nsc.org](http://www.nsc.org) <<http://www.nsc.org>>, and [www.focusdriven.org](http://www.focusdriven.org) <<http://www.focusdriven.org>>.

National Safety Council Estimates that At Least 1.6 Million Crashes are Caused Each Year by Drivers Using Cell Phones and Tex-

ting Washington, DC - The National Safety Council announced today that it estimates at least 28% of all traffic crashes - or at least 1.6 million crashes each year - are caused by drivers using cell phones and texting. NSC estimates that 1.4 million crashes each year are caused by drivers using cell phones and a minimum of 200,000 additional crashes each year are caused by drivers who are texting. The announcement came on the one-year anniversary of NSC's call for a ban on all cell phone use and texting while driving.

"We now know that at least 1.6 million crashes are caused by drivers using cell phones and texting," said Janet Froetscher, president & CEO of the National Safety Council. "We know that cell phone use is a very risky distraction and texting is even higher risk. We now know that cell phone use causes many more crashes than texting. The main reason is that millions more drivers use cell phones than text," she said. "That is why we need to address both texting and cell phone use on our roads."

"This new estimate provides critical data for legislators, business leaders and individuals to evaluate the threat and need for legislation, business policies and personal actions to prevent cell phone use and texting while driving," Froetscher said. "There was great progress made in 2009, particularly regarding a broad recognition that texting is dangerous. We now need the same broad consensus that recognizes cell phone use while driving causes even more crashes."

Froetscher said public support for laws banning cell phone use while driving is gaining momentum.

"Public opinion research conducted in 2009 by the AAA Foundation for Traffic Safety and Nationwide Insurance show public support for total bans on cell phones

at 43 and 57 percent respectively," Froetscher said. "With public support now around 50 percent, we will continue to educate people about the risks of cell phone use while driving and the value of effectively-enforced laws in changing behavior and reducing crashes."

In constructing its estimates, NSC used widely-accepted statistical methods and analysis based on data of driver cell phone use from the National Highway Traffic Safety Administration (NHTSA) and from peer-reviewed research that quantifies the risk of using a cell phone and texting while driving. NSC's statistical model and estimates were peer-reviewed by academic researchers in traffic safety and biostatistics.

The estimate of 25% of all crashes — or 1.4 million crashes — caused by cell phone use was derived from NHTSA data showing 11% of drivers at any one time are using cell phones and from peer-reviewed research reporting cell phone use increases crash risk by four times. The estimate of an additional minimum 3% of crashes — or 200,000 crashes — caused by texting was derived by NHTSA data showing 1% of drivers at any one time are manipulating their device in ways that include texting and from research reporting texting increases crash risk by 8 times. Using the highest risk for texting reported by research of 23 times results in a maximum of 1 million crashes due to texting; still less than the 1.4 million crashes caused by other cell phone use.

The National Safety Council ([www.nsc.org](http://www.nsc.org)) saves lives by preventing injuries and deaths at work, in homes and communities, and on the roads, through leadership, research, education and advocacy.

# Navy contributes to relief efforts in Haiti

## From Commander, U.S. Fleet Forces Command

Adm. J. C. Harvey, Jr., commander, U.S. Fleet Forces Command (USFF), provided an overview of the Navy's contributions to the Haiti relief effort during a press conference at Naval Station Norfolk Jan. 19.

Harvey outlined the broad range of Navy assets and personnel assisting in humanitarian assistance mission, and highlighted how the fleet is supporting the international relief effort.

"We've had a tremendous first response from our ships and our aircraft across the fleet," Harvey said. "We're going to sustain that response as long as it takes to get the mission done."

More than 10,000 Sailors and Marines are currently involved in the Haiti humanitarian relief effort. A total of approximately 17 ships, 48 helicopters and 12 fixed-wing aircraft are engaged in delivering relief supplies for distribution to affected areas.

The hospital ship Comfort is expected to arrive in Haiti Jan 22, and will essentially provide all the assets and services of Portsmouth Naval Hospital at sea. "We're expanding Comfort's operating capacity to the limit, and anticipate they'll be filled and working," he said.

"A lot of these Sailors left on extremely short notice," said Harvey, "not just in the Bataan amphibious ready group but across the board. We had pilots who had thirty minutes to pack a bag, get down to their squadron, brief the flight, and get that helo onboard the Vinson. That is pretty typical of the kind of response we've seen."

"USS Bataan was on a 96-hour notice for preparation to get underway. They got underway in 48 hours from a dead cold start," he said. "That's our Sailors doing what they know best."

Harvey highlighted another group that has been equally impacted by the short-notice deployments. "Our Navy families are in this just as much as our Sailors are," Harvey said. "There are a lot of uncertainties right now and part of my job is to try to get to those uncertainties — let them know what the long-term plan is going to be. This is an all Navy effort, and we are all responding to this crisis."

Families and others wanting to follow the progress of Navy units participating in the relief effort can do so at <http://www.cffc.navy.mil>. Additionally, many of the deployed units have updated information available on their social media web pages such as Facebook and Twitter.

This short-notice deployment is the beginning of what is expected to be an extended and in-depth mission for Sailors and Marines to assist the people of earthquake ravaged Haiti.

"It is the hard core reality of our Navy that we truly are that 'global force for good,'" Harvey said. "You're seeing it play out in real time right now."



Reaching Out: Naval Air Crewman 2nd Class Jason Harold, from Goldsboro, N.C., transfers a young Haitian earthquake victim from an SH-60B Sea Hawk helicopter during a medical evacuation in Port-au-Prince, Haiti. The aircraft carrier USS Carl Vinson (CVN 70) and Carrier Air Wing (CVW) 17 are conducting humanitarian and disaster relief operations as part of Operation Unified Response after a 7.0 magnitude earthquake caused severe damage in Haiti on Jan. 12. (U.S. Navy photo by Mass Communication Specialist 2nd Class Candice Villarreal)



Humanitarian Relief: Hospital Corpsman 1st Class Robert Lemon, assigned to Maritime Civil Affairs Team (MCAT) 203, helps load food and medical supplies aboard a rigid hull inflatable boat aboard the amphibious dock landing ship USS Gunston Hall (LSD 44). The supplies are bound for the Killick Haitian Coast Guard Base. Gunston Hall arrived in Haiti Jan. 18 to begin humanitarian relief operations as part of Operation Unified Response. (U.S. Navy photo by Lt. j.g. Rick Chernitzer)

# 14 AFSOC Airmen land more than 600 aircraft on Haiti

By Senior Airman David Salanitri  
Air Force Special Operations Command Public Affairs

Special-operations Airmen from Hurlburt Field, Fla., hit the ground sprinting earlier last week, kicking off the U.S. Southern Command's overall Haiti humanitarian mission.

The Airmen have performed a wide range of missions to include medical support, airfield management and weather observation in the devastated country, which suffered a 7.0 magnitude earthquake and numerous aftershocks.

"We arrived the first evening with three U.S. aircraft. Within 28 minutes we established command and control, airfield management, and were able to land aircraft that night," said Col. "Buck" Elton, Joint Special Operations Task Force commander. "On a

typical day, the Port-au-Prince airport lands about three aircraft. Since we landed Wednesday, over 600 aircraft have landed and taken off."

As of Friday, Haitian air controllers returned to duty, providing long range control while the combat controllers prioritized incoming aircraft, directed landings and take offs while balancing confined parking ramp space.

According to a factsheet released by Air Force South officials, the Haiti Flight Operations Coordination Center has been created to oversee the efficient arrival, off-load and departure of military and civilian relief efforts to provide much-needed aid to the Haitian people.

All aircraft delivering aid will be allowed to land on a prioritized basis. Priorities and landing times are determined by the Govern-

ment of Haiti in consultation with the United States government and the UN Mission in Haiti based on current needs.

"By using the slot system, we have been able to maximize the number of relief supplies the airport has been able to take in," Colonel Elton said. "We have it so that when one aircraft departs, another takes its place."

So far, more than 600,000 humanitarian daily food rations have been distributed throughout Haiti, along with water and hygiene kits.

"We're diligently working with the Haitian government to prioritize distribution sites," said Mr. Tim Callahan, the senior regional adviser for Latin America and the Caribbean in the Office of Foreign Disaster Assistance. "Hygiene kits are becoming more and more important, preventing further medical symptoms from occurring."

On Jan. 16, Air Force Special Operations Command parascopers along with Search and Rescue members from Arlington, Va., pulled a 25-year-old Haitian female from the rubble at the university. It took them 28 hours to rescue her. She was treated by 1st Special Operations Medical Group surgeons.

Joint international work has been the underlining theme in the Haiti humanitarian mission.

"International search and rescue teams have rescued 61 people as of Sunday afternoon," Mr. Callahan said. "Out of the 61 people rescued 29 were rescued by U.S. joint teams."

"Seeing the teams on the ground digging people out and making rescues is very powerful," Mr. Callahan said.

"I'm proud of all the quiet professionals who are deployed here," Colonel Elton said.

## AMC Airmen provide food, shelter to Haiti earthquake victims

Air Mobility Command Public Affairs

As Air Mobility Command continues to support the U.S. military's Haitian relief effort, Operation Unified Response, senior officials are laying out a map to establish long-term sustainment and international collaboration.

Since Jan. 13, AMC Airmen have completed nearly 100 aircraft sorties; transported nearly 1,200 passengers and flown more than 600 short tons of emergency cargo to the devastated country.

As the United States works with its global partners to define ways to expand the reach of humanitarian aid in Haiti, AMC Airmen and aircraft continue to speed around the clock to provide food, shelter and security to the victims.

On Saturday, Airmen flying C-17 Globemaster IIIs transported an 80-member urban

search and rescue team en route to Port-au-Prince to save people who are still trapped under debris.

The highly-trained team includes volunteer rescuers from Ohio and Northern Kentucky.

Like hundreds thus far, the team depended on the C-17's unique capabilities to get them there quickly and safely, along with the nearly 60 tons of cargo they took with them.

The Ohio Task Force One team's cargo included six rescue canines; four pickup trucks with trailers; a van; and 19 pallets of cargo holding supplies such as concrete-busting hammers and enough water and food to last for approximately 10 days.

"It's definitely an honor to be called upon to represent your country and to help those in desperate need," said Scott Anding, sponsoring agency chief for Ohio Task Force One.

"We really appreciate the Air Force's support."

### Communications

Additionally, military and non-governmental organizations in Haiti are to receive improved communications after a Joint Communications Support Element arrived at Port-au-Prince aboard a C-17 Saturday.

The communications team is comprised of personnel from active duty, Guard and Reserve squadrons — exhibiting today's typical Air Force "total force" model.

Members of the C-17 aircrew that transported the communications crew knew in advance that they could participate in the mission.

"I have been watching to see if and when we would be called, and I knew that this might be our mission when I saw it in the system," said Capt. Jim F. McCann, the C-17 aircraft

commander.

"We train to do this and jump at the chance to help the people of Haiti any way we can," he added.

AMC aircraft and personnel were first called into action Jan. 13.

The first AMC mission aboard a C-17 Globemaster III assigned to Travis Air Force Base, Calif., transported an urban search and rescue task force and 82,000 pounds of equipment to Haiti. The mission also included a three-person security forces team to provide aircrew and aircraft security.

On Jan. 14, a C-130 Hercules assigned to Pope AFB, N.C., transported 61 Soldiers to Port-au-Prince, Haiti. The Soldiers were assigned to Fort Bragg's 82nd Airborne Division and were sent to primarily perform airfield security.



Departure: Members of the 621st Contingency Response Wing depart on board a C-17 Globemaster III Jan. 14, from Joint Base McGuire-Dix-Lakehurst, N.J., and headed for the Toussaint Louverture International Airport, Haiti. The 21 passengers and 44 tons of cargo were sent to Haiti on a 305th Air Mobility Wing C-17 from Joint Base McGuire to support relief operations in response to a devastating earthquake in the area. (U.S. Air Force photo/Tech. Sgt. Denise Johnson)



Supplies: Tech. Sgt. Darryl LeMaster stretches cargo netting over a pallet of medical supplies on Jan. 15 at the 167th Airlift Wing at Martinsburg, W. Va. The air base was transformed Jan. 14 into a staging area for more than 332,000 pounds of supplies bound for the airport at Port-au-Prince, Haiti. (U.S. Air Force photo/MSgt Emily Beightol-Deyerle)

# Movies can help promote reading at home

By Oyaol Ngirairikl  
Joint Region Edge Staff  
oyaol.ngirairikl@fe.navy.mil

With a plethora of books that are being made into movies, parents can use family outings to the video store or movie theater to encourage reading.

"It's really exciting how we have all these movies that are based on books that have come out," said Frances McDonald, reading coordinator at Commander William C. McCool Elementary/Middle School. "Parents can read the book with their children and then watch the movie together or vice versa, and really delve into the story that way."

One book-turned-movie worth reading is "Road to Terabithia," a story about the power of children's imaginations.

"The movie doesn't always bring everything in the book to the screen," McDonald said. "Movies like 'Road to Terabithia' offer the characters and the general plot of

the story but they don't always articulate the characters' thoughts and their development that way – and those differences in the movie and the book are great points of discussion for parents."

McDonald added there are a host of books from which to choose, from series including "Chronicles of Narnia" and "Spiderwick Chronicles" for younger children to "Harry Potter," "Twilight" and "Lord of the Rings" for older children.

"There's so many movies already out that parents can choose from to help engage their children in reading," she said. "But there also are movies that are coming out based on some books that children are sure to enjoy and that I think parents will find entertaining as well."

Movies based on popular children's books to be released in 2010 include "Percy Jackson & the Olympians: The Lightning Thief," "Alice in Wonderland," "Twilight: Eclipse" and "Harry Potter and the

## Read All About It

Through reading aloud, providing print materials, and promoting positive attitudes about reading and writing, you can have a powerful impact on children's literacy and learning.

Invite a child to read with you every day.

When reading a book where the print is large, point word by word as you read. This will help the child learn that reading goes from left to right and understand that the word he or she says is reading is the word he or she sees.

Read a child's favorite book over and over again.

Read many stories with rhyming words and lines that repeat. Invite the child to join in on these parts.

Point to each word as he or she reads along with you.

Discuss new words. For example, "This big house is called a palace. Who do you think lives in a palace?" Stop and ask about the pictures and about what is happening in the story.

Read from a variety of children's books including fairy tales, songbooks, poems and information books.

Source: U.S. Department of Education, Office of Intergovernmental and Interagency Affairs, Educational Partnerships and Family Involvement Unit, Reading Tips for Parents, Washington, D.C. 2003, [www.ed.gov](http://www.ed.gov)

## Check it Out

Andersen Library Hours of Operation  
Monday-Thursday, 9 a.m.-8 p.m.  
Friday-Saturday, 9 a.m.-5 p.m.  
Sundays, Closed  
Wednesday Reading Program is held at 10 a.m. and 3:30 p.m.

Naval Base Guam Library Hours of Operation:  
Tuesday-Friday, 10 a.m.-7 p.m.  
Saturday and Sunday, 9 a.m.-7 p.m.  
Mondays, Closed  
Wednesday Story Hour starts at 3:30 p.m.

Deathly Hallows."

McDonald said reading is an important skill necessary to education and a successful life.

"Being able to read allows you to be more informed and to reach for higher goals, whether it's for yourself or for your community," she

said. "You need to know how to read in order to get a good job, or to vote on an issue that impacts your community."



School Bulletin aims to promote educational activities in the Navy community. If you know of an education-related event that you would like to include, send it to [jointregionedge@fe.navy.mil](mailto:jointregionedge@fe.navy.mil) or call 339-7113.

PTO office (Rm. A121) any morning between 8:15 and 10:15 a.m. or simply stop by the library. Any amount of time you can lend to helping out will be greatly appreciated.

## Navy College Office

Visit the Navy College Office and find out how to turn your Navy experience and education to college credits. Contact the Navy College Office at 339-8291.

## Education Center, Andersen Air Force Base

Take the CLEP and DANTE to earn college credits. For additional information, visit the Education Center at Bldg. 2100, or call 366-3170.

## Commander William C. McCool Elementary/Middle School

- Family Fitness Night. Come have fun and get fit with mini-sessions of Kids Zumba, kickboxing and yoga for 6-8 p.m. Jan. 22 at the school gym. Dress comfortably and wear tennis shoes! Healthy snacks provided. This is a family event. All students must be accompanied by an adult.
- Volunteers needed to assist with library inventory scheduled to begin in January. The inventory process itself is simple, but we have a large library with over 21,000 titles, so it will take some time. You need not be a PTO member to volunteer at McCool. You can contact us via e-mail at [McCoolPTO@yahoo.com](mailto:McCoolPTO@yahoo.com), stop by the

## Guam High School

- Guam High School will be presenting a Musical show "Mamma Mia" Friday, Jan. 15 at 5-7 p.m. and Saturday, Jan. 16 at 12-4 p.m.. It will be held in the Panthers Den at Guam High School. Tickets will be sold at the door. The cost is \$5 for adults and \$4 for children under 10.
- School Improvement Team seeks parents, sponsors to attend weekly School Improvement Team meetings held 2:15-3 p.m. every Monday. E-mail [mike.schoebinger@pac.dodea.edu](mailto:mike.schoebinger@pac.dodea.edu) for more information.
- National Honor Society offers free tutoring 2:15-4:15 p.m. after school. Students must have a signed parents' permission form and should sign up in advance to requested dates with Mrs. Chaco.

## Phone Numbers

- Andersen Elementary School: 366-1511
- Andersen Middle School: 366-3880/5793
- Commander William C. McCool Elementary/Middle School: 339-8678
- Guam High School: 344-7410
- Department of Defense Education Activity office: 344-9160
- Navy College Office: 339-2485
- Andersen Education Office: 366-3170

# Students encouraged to use SAT Online program

By Oyaol Ngirairikl  
Joint Region Edge Staff  
oyaol.ngirairikl@fe.navy.mil

Educators are encouraging Guam High School (GHS) students and parents to log onto the SAT Web site.

The SAT Online program at GHS was one of the topics discussed at the Department of Defense Education Activity (DoDEA) Guam School Board meeting Jan. 12 at the high school.

SAT Online is a preparatory course for the SAT, a standardized test for college admissions. The SAT is a standardized test that assesses the critical reading, mathematics, and writing skills that students need to be successful in college. Nearly every college in the nation uses the SAT as a part of the admissions process. DoDEA Guam purchased the SAT Online to allow Guam High School students the opportunity to take the lessons and excel in the SAT, which is administered annually.

Yvonne Tyrell, a GHS teacher, presented SAT Online to school board members and DoDEA officials.

"We would like to let the parents know that this is something my child has, this is something my child is do-

## DoDEA School Board

The next Department of Defense Education Activity (DoDEA) Guam School Board meeting will be held 6 p.m., Feb. 9 at Andersen Elementary School.

ing at school, and this is something my child can also use at home," Tyrell said.

The online preparatory course includes interactive lessons, practice tests, detailed personalized feedback on all practice tests and quizzes, and explanations of answers to all questions on the online course and to all 10 practice tests in "The Official SAT Study Guide."

"The most beautiful thing about this for parents is that if a parent knows that the child needs a little help with math, they can put them on the computer to study," Tyrell said. "The student will learn from the experience. What happens is he gets the wrong answer, and then the computer comes back immediately and let's [you] go back and find out why you got the answer wrong."

To access the Web site, go to <https://satonlinecourse.collegeboard.com/SR/login/splashSchoolLogin.jsp>.

# Listen to Guam's talented young musicians compete

By Jesse Leon Guerrero

Joint Region Edge Staff  
jesse.leonguerre.ctr@fe.navy.mil

Guam Symphony welcomes all local and military residents to enjoy a free music show at the University of Guam Fine Arts building Jan. 27-28.

Starting at 6 p.m. each day, the Young Artists Competition will feature elementary-aged musicians

from around the island the first night, while junior high through college level musicians will play the next night.

"It's amazing to watch them and they're very dedicated to their instruments," said Helen Middlebrook, event coordinator.

Middlebrook said attendees can expect to hear two to three hours worth of live performances, with the majority coming from pianists

and violinists. She explained Guam Symphony is focused on bringing together and promoting the best classical music on Guam, so a majority of pieces will be in that style.

"We're going to have some really good competition in the strings [division]," Middlebrook said. "We are looking at competitors coming in from Saipan and we have some very good violinists here."

The event debuted in 2000 as a

concerto competition for ensembles, but now features individual performers. It still requires a high degree of technical skill. All competitors perform solo pieces not exceeding 10 minutes. Guam Symphony judges will evaluate them on tone and technique, interpretation, and musicianship and presentation.

"We have some who will just take your breath away because they're that good," Middlebrook said.

Competitors will fall under at least one of six divisions, separated by age and instrument. Middlebrook said the six winners named afterward will play at the Tumon Bay Music Festival on March 12. That annual show will include musicians of all ages, playing in bands, orchestras and other groups.

For more information, visit online at [www.guamsymphony.com](http://www.guamsymphony.com) or call 477-1959.

## FREE

❖Movie under the Stars at Arc Light Park. Bring the family to watch G-Force (Rated PG) 7 p.m. Jan. 23 for free. Food and beverages will be available for purchase. For more information, call 366-2339.

❖USO presents Sesame Street Tour at Big Screen Theater. Big Screen will host two shows at 4:30 and 7 p.m. Tickets are free and are available to active duty and all other ID card holders until Feb. 16 at MWR main office on U.S. Naval Base Guam. Limit of six tickets per person. For more information, call 564-1830.

❖Sesame Street/USO Experience for Military Families at Andersen Youth Center Gym. Catch one of two shows, 10 a.m. and 6 p.m. Sesame Street and the USO are bringing the furry, fuzz and friendly Muppets to entertain Andersen families with a performance you'll not soon forget. Bring the entire family to watch this FREE fun mini-show with giveaways. For more information, contact call 366-2339.

❖Island Tour. Show at Rec N' Crew at 8:45 a.m. Deadline to

sign up is Jan. 22 at 1 p.m. For more information, call 564-1826.

❖Golf Clinic. Stop by Admiral Nimitz Golf Course 9-10 a.m. Saturdays and Sundays to learn the basic fundamentals of the game of golf. No registration required. For more information, please call (671) 344-5838.

❖Paintball Games  
Sundays - newcomers and experience players welcomed. For more information, call 646-9122 or 637-5875.

## UNDER \$10

❖Hike to Mt Lamlam Jan. 23 with Rec N' Crew. This hike is rated difficult. Cost is \$5 per person. Show at Rec N' Crew at 8:15 a.m. For more information, call 564-1826.

❖Underwater World Tour Show at Rec N' Crew at 9 a.m. for a morning under the sea. Sign up deadline Jan. 22 at 1 p.m. For more information, call 564-1826.

❖UOG Planetarium Trip. Meet at Rec N' Crew at 5:15 p.m. Jan. 15 for a trip to the University of Guam Planetarium. Admission is by donation. For more information, call 564-1826.

## \$10 AND OVER

❖Kid's Karaoke at Bamboo Willies Jan. 8. Enjoy family singing 5:30-7:30 p.m. For more information, call 366-6166.

❖Andersen Auto Hobby Tire Repair Class from 11 a.m.-1 p.m. Jan. 16. Class fee is \$10 per person. For more information, call 366-2745.

❖Digital Photography Class II. From 10:30 a.m.-12:30 p.m. Jan. 16 at Andersen Arts & Crafts Center. Class is \$45 per person. For more information, call 366-2220.

**On a Budget**

**\$10 AND OVER**

❖ Andersen's Auto Hobby Class is \$15 per person. Students must supply their oil and oil filters. For more information, call 366-2745.

❖ Willie's Beachside Jazz Club. Enjoy a wonderful evening at the beach while you listen to Jazz music CDs, 5-8 p.m. Sundays. For more information, call 366-6166.

❖ Sunday Brunch at Top O' the Mar. Enjoy a delicious brunch, every Sunday 10:30 a.m.-1:30 p.m.; \$20.95 for adults and \$11.95 for children ages 5-11.

Twenty percent discount for active duty military and 10 percent off for all other military ID holders. For more information, call 472-4606/7.



**THEATER**

**FRIDAY, JAN. 22**

7 p.m.: The Princess and the Frog • G

**SATURDAY, JAN. 23**

2 p.m.: The Princess and teh Frog • G  
7 p.m.: Brothers • R

**SUNDAY, JAN. 24**

7 p.m.: Brothers • R

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



**FRIDAY, JAN. 22**

7 p.m.: The Princess and the Frog • G  
9:30 p.m.: Ninja Assassin • R

**SATURDAY, JAN. 23**

1 p.m.: Planet 51 • PG  
3:30 p.m.: Old Dogs • PG  
7 p.m.: The Twilight Saga • New Moon

**SUNDAY, JAN. 24**

1 p.m.: The Princess and the Frog • PG  
3:30 p.m.: Armored • PG-13  
7 p.m.: Brothers • R

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit mwrquam.com.**

*(Source: Navy Morale, Welfare and Recreation Office)*

**HOURS OF OPERATION:**  
Bar Hours  
Fri/Sat: 2 p.m. to 11 p.m.  
Sun: 2 p.m. to 8 p.m.  
Food service starts at 5 p.m.

**Phone: (671) 653-9814**  
Located at Tarague Beach

**www.36thservices.com**

# We are the family of mankind

By Cmdr. Michael Klepacki  
Joint Region Marianas

Most of us know what it is like to be going through our day, busy with demands of work, family and life, in general. And then the phone rings or someone approaches us and we can see the look in their eyes.

The news is delivered, the rug is pulled out from under us and the world seems to fall away. Tunnel vision takes over and what seemed so important just a moment before falls away like dust in the wind.

This first happened to me when I was stationed in Sasebo and my fa-

ther died. Four months after arriving in Guam, my mother passed away.

While watching the coverage of the tragedy in Haiti these past days some of that same tunnel vision has returned.

I believe that the human heart zeroes in on what is truly important in life and the life of the individual during times of hurt and tragedy. These times act as a natural filter to clear the clutter

and unnecessary things we collect in our personal and professional lives over the years.

It brings clarity to the eye and lets us see the true value of the things that occupy our mind and time. I may remember to say grace over the simple meal in front of me, be grateful for a regular paycheck or the

fact that I have a few more pounds around the waist than I would like.

This is not an exercise in guilt



over what I have and others don't but from a renewed awareness of what we have and the "Source". For a few days bickering among elected officials, entertainment awards, the weather etc. fall from the front page of the paper and opening story in the evening news. Our attention becomes focused on the suffering of innocents and the heroic actions of everyday people who offer their time, talents and treasures, people like you and me who also have found focus anew.

Lord help me to know not just the price of things but their true value, Amen.

## Chapel Schedule

### Naval Base Guam

Office Hours: Monday-Friday 7 a.m.-4 p.m.

Roman Catholic Mass  
Monday-Wednesday, Friday  
11:40 a.m. Weekday Mass  
Saturday, 5:30 p.m. Mass  
Sunday, 9 a.m. Mass  
CCD Sunday, 10:15 a.m.  
Choir Practice  
Wednesdays, 6 p.m.

Protestant Worship  
Service  
Sunday, 10:30 a.m.  
Protestant Sunday School  
Sunday, 9 a.m.

Women's Bible Studies  
first & third Wednesday  
8:30 a.m.

Women's Studies  
Second & fourth  
Wednesdays, 6:30 p.m.

Choir Practice  
Tuesdays, 6 p.m.

Jewish Shabbat  
Fridays, 6:30 p.m.

### Naval Hospital Guam

Roman Catholic Mass  
Sunday, 9 a.m.  
Monday-Friday, 11:30 a.m.  
CCD  
Sunday, 10:30 a.m.

### Andersen Air Force Base

Roman Catholic Mass  
Chapel 1  
Saturday, 5 p.m.  
Sunday, 9:30 a.m.  
Monday-Thursday, 11:30  
a.m.

Sunday Protestant  
Worship  
Chapel 2  
General Worship 9 a.m.  
Inspirational Gospel 11:30  
a.m.

Sunday Religious  
Education  
Chapel 2  
Catholic R.E., 8 a.m.  
Protestant R.E., 10:30 a.m.

*Schedules subject to change without notice. To confirm times or for more information about the programs, call the chapels at the following numbers:*

Andersen Air Force Base  
366-6139  
Naval Base Guam  
339-2126  
Naval Hospital Guam  
344-9127

## Sports shorts

*The following is a list of activities offered through Charles King Gym (CKG).*

### CFL Certification Course

March 8-12 at Camp Covington. All command fitness leaders and assistants are encouraged to attend. For more information, contact Stacey Neill at 339-1302.

### Aikido

For youth ages 6 years and up. Open registration for continues for classes:

Monday: 6:15-7:15 p.m.

Wednesday: 3:30-4:30 p.m.

Saturday: 9:30-10:30 a.m.

Cost is \$60 per month, eight classes per month, two classes per week. Uniforms are \$30.

Register at Charles King Gym. For more information call 564-1856.

### Mommy and Me for Walking

For toddlers up to 3 years. Four classes per month. Class is one hour for ages 5 and up. Class is 45 minutes for ages 4 and younger. For more information, call 564-1856.

### Ballet Classes

Continue to April 23 for patrons ages 2 and up. Cost is \$40 per month/\$160 per session. Four classes per month, each class is an hour. Registration deadline is Jan. 18. Register at Charles King Gym. Class times vary according

to age and level, visit [www.mwr-guam.com](http://www.mwr-guam.com) for times. For more information, call 564-1856.

*The following is a list of activities for Andersen.*

### Hotspot

The Hotspot is Looking for Instructors  
The Hotspot would like to offer a variety of classes for Team Andersen Community and is looking for qualified instructors for the following: Martial Arts, Dance, Zumba, Gymnastics, Drivers Training and others. Contact SSgt Harville at 366-2339 for more information.

### Tumbling for Tots

Interactive play program for kids and parents, is now available in old Teen Center Gym, next to the Hot Spot and just down the walkway from the bowling center. Hours of operation are 9 a.m.-noon, Monday-Friday; closed on holidays and down days. This is a self-directed activity. A Family Advocacy staff member will be available Tuesdays and Thursdays to talk with parents. Some simple rules for this program: Children will not be left unattended. No food or drink permitted in the play area. Parents must clean-up after their child. No shoes allowed in the play area. Children must abide by rules that will be posted on the bouncy castle in the play area. For more information, please call the Hot Spot at 366-2339.