

JOINT REGION EDGE

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Andersen completes NEO exercise



By Tech Sgt. Michael Andriacco

36th Wing Public Affairs

Andersen Airmen conducted a non-combatant evacuation order (NEO) exercise on Andersen Air Force Base (AFB) April 20.

The exercise helped base agencies prepare in the event that U.S. citizens need to be evacuated from countries in the Pacific theater due to operations in the area.

Exercise: Simulated non-combatant evacuees disembark from a bus during a non-combatant evacuation order exercise on Andersen Air Force Base (AFB) April 20. They were playing the role of American civilians evacuated due to an increase of instability in the region; Andersen AFB would be their first stop in a long journey home. (U.S. Air Force photo by Airman 1st Class Jeffrey Schultze)

More than 500 simulated civilian and dependent American citizens were processed through the base on their journey back to the U.S.

The NEO exercise simulates real-world evz Beirut, Lebanon, when conflicts broke out between Israel and Hezbollah fighters for more than two weeks. During that conflict, Americans were evacuated on military and civilian aircraft and seafaring vessels. The exercise at Andersen AFB focused on aircraft evacuations.

After being processed onto Andersen AFB, the civilians would be housed, fed, and given opportunities to contact loved ones before continuing their journey back to the United States.

The NEO exercise was conducted as a lead-in to an operational readiness exercise, meant to test Andersen AFB's ability to support several aspects of operations in the Pacific theater at the same time.

Guam service members support Special Olympics

By Oyaol Ngrairikl

Joint Region Edge Staff

Sailors and Airmen volunteered their time to support athletes at the Special Olympics Guam (SOG) track and field meet held at Okkodo High School on Guam April 17.

Throughout the meet, military personnel cheered and offered tips to athletes as they coached side by side parents, students, teachers and other volunteers.

Frank Florig, SOG executive director, said the Navy and Air Force volunteers have played a large part in promoting and organizing the games since Special Olympics came to Guam more than 30 years ago.

"The military in general has always been a good partner with the local community, especially when it comes to education and quality of

life," Florig said. "They do provide the needed support to the athletes and the schools."

SOG athletes who participated in the event suffer from a wide range of physical and intellectual challenges. This year's event had a record-breaking 279 athletes and more than 1,600 volunteers.

Military volunteers started working with participants up to nine weeks prior to the tournament when SOG held training sessions for the coaches and athletes.

Information Systems Technician Seaman Daniel Zavala, of Naval Computer and Telecommunications Station Guam, said he enjoyed training with the students at Astumbo Elementary School for the past few months to ensure they were prepared for their events.

"I do believe it helps us grow as

a person and as a Sailor, but it's mostly for the kids," Zavala said. "It's not really for us. We come out here to help them out as much as we can."

Tech. Sgt. Abel Salas, of Andersen Air Force Base (AFB) Fire and

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Up High: Seaman Brett Waddle, of USS Frank Cable (AS 40), high-fives a Machananao Elementary School student-athlete following his long-jump attempt at the Special Olympics Guam track and field meet held April 17 at Okkodo High School on Guam. Sailors and Airmen from various commands and squadrons volunteered to coach, set up, cheer and provide other needed assistance for the event. (U.S. Navy photo by Oyaol Ngrairikl)



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Emergency Services, was one of the Air Force volunteers that worked with Upi Elementary School students.

"It's important for us to get involved in any way we can with the community," Salas said. "I think it's a positive thing to have the military working together with the community. It shows we're a part of the community."

In addition to training the athletes, volunteers also helped set up the track for running events and mark open areas for softball throws and other field events the day before. Sailors from various commands, including U.S. Naval Facilities Engineering Command (NAVFAC) Marianas and U.S. Naval Base Guam (NBG) were among the volunteers.

Master-at-Arms 2nd Class (EXW) Rachel Mayfield, of

Maritime Expeditionary Security Squadron 7, cheered on the athletes, whom she said work hard to prepare for Special Olympics.

"They need to know that we're out here rooting for them," Mayfield said.

Rosemarie Castro, Upi Elementary School special education teacher, said the military's volunteer efforts went a long way in the preparation and execution of the event.

"It's not only for our school, but it extends out to the community," Castro said. "We had one of the students here today ask why there are so many military personnel here. And we told them that it's because of them that this happens. The military does a lot to coordinate and organize this big event."

Special Olympics Guam established its programs on the island in 1976 to provide sports opportu-

nities for people with disabilities. The nonprofit group hosts annual events, such as bowling, swimming and track and field competitions, to boost its athletes' confidence, encourage friendship-building, and give its participants a positive outlet for learning and recreation.

For more information about Special Olympics Guam's events, visit www.specialolympics.guam.org.



Above: Staff Sgt. Ryan Boyd, left, and Staff Sgt. Daniel Flick, of Andersen Air Force Base Fire and Emergency Services, take a victory run with an Astumbo Elementary School student during the Special Olympics Guam track and field meet held April 17 at Okkodo High School on Guam. Sailors and Airmen from various commands and squadrons volunteered to coach, set up, cheer and provide other needed assistance for the event. (U.S. Navy photos by Oyoal Ngirairikl)

Left: Cryptologic Technician-Maintenance 2nd Class Anthony Blevins, of Naval Computer and Telecommunications Station Guam, hugs an Astumbo Elementary School student following the award ceremony for the 50-meter speed-walking event at the Special Olympics Guam track and field meet at Okkodo High School on Guam April 17.

What is your most memorable community service project?

Throughout the year, Airmen and Sailors reach out to the community through a number of service projects. Joint Region Edge asked service members which project has been the most memorable.



"Working with GAIN [Guam Animals In Need Animal Shelter] has been my most memorable. The reason is because GAIN is such a big part of the island. It's the only organization that helps all of the stray animals here on Guam, and there are a lot of them. It's a very important part of the community, and I've been honored to help them, especially since I have a love for animals, and I've just recently adopted my own pet from GAIN."

— Tech. Sgt. Kaia Pinnock, 36th Wing Contracting Squadron



"The Sinajana village cleanup was very fun because I got to meet some of the local people, and I'd been prepared for their festival. And then going to their festival was even more rewarding because I understood how local people live."

— Yeoman Seaman Apprentice Shaunice Atwell, Maritime Expeditionary Security Squadron 7



"My most memorable community service was painting the carabao in Yona. [There is a large statue of a carabao standing at an intersection in Yona.] We got together with the community and basically re-painted the carabao. Why was it important? Because of all the people that we've learned to live and work around in that community. It brought back a sense of community to that village."

— Hospital Corpsman 1st Class (SW/DV/PJ) Tim Kerr, Explosive Ordnance Disposal Mobile Unit 5



"My most memorable community service here on Guam has been GAIN. My wife and I foster puppies from a young age to an adoptable age. This helps make space for more cages at GAIN. We are glad to help the puppies get a good start until they can be adopted by a loving home. We think that fostering helps them get used to having people in their lives — that way they are ready to transition to their new home."

— Staff Sgt. Aaron Hill, 554th RED HORSE Squadron

NMC EAD Unit Guam hosts change of command

By James Fee

Joint Region Edge Staff

Cmdr. Jon Grant relieved Cmdr. Lawrence King as commanding officer of Navy Munitions Command East Asia Division (NMC EAD) Unit Guam during a change of command ceremony at U.S. Naval Base Guam Ordnance Annex April 16.

King took command of NMC EAD Unit Guam after it was created from a consolidation of NMC EAD Detachment Guam and Mobile Mine Assembly Unit 8 in October 2009. Before the command's inception, King had been serving as officer in charge of NMC EAD Detachment Guam, a post he took on in September 2006.

Guest speaker Capt. Gary

Maynard, commanding officer of Navy Munitions Command, East Asia Division, thanked King for his service and praised him for his leadership over Pacific Fleet's largest naval magazine during that time of transition.

"So many things have happened during Lawrence's time here," Maynard said. "He was the one that was responsible on the ground to make that happen, and he's done that flawlessly."

Of the many achievements of King and NMC EAD Unit Guam, Maynard highlighted their custodial accuracy of 99.9 percent over inventory; transport of 76,000 short tons of munitions with zero mishaps; and completion of two successful explosive safety inspections with no major discrepancies.

"Cmdr. King, you have successfully accomplished your mission," Maynard said. "You have taken care of this Navy family. You have served our Navy and our nation well. Leaving a command that you have nurtured and loved for such a long period of time is never easy. However, you should seek comfort in the knowledge that you have done well, and Unit Guam is better for having had you at the helm."

Maynard then presented King with a Meritorious Service Medal.

In his farewell remarks, King thanked his family, Joint Region Marianas, U.S. Naval Base Guam, the civilians that work for the command and his crew of Sailors.

"The accomplishments that you guys have achieved in the short

six months that we've been a unit, and before that, a detachment, it's just immeasurable," King said to the crew. "The professionalism that you guys show in everything you do — I can only say thank you and I am so proud to say that I was your CO."

After the reading of official orders, Grant said he was honored to relieve King as commanding officer and promised the unit would continue to build on his legacy.

"An inspirational leader and a great mustang, Lawrence has always led from the front with unparalleled distinction," Grant said. "I am fortunate to follow this dedicated ordnance professional in his lifetime commitment toward Sailors, who has made our Navy stronger and improved our Navy's

reach and warfighting capability."

Grant comes to NMC EAD Unit Guam after having served as officer in charge of the Ammunition Management Office Pacific (AMMOPAC) in San Diego since December 2007. Prior to that, he served as officer in charge of NMC EAD Detachment Sasebo in Japan.

As a provider of fleet ordnance support for 5th and 7th Fleet operations, NMC EAD Unit Guam is responsible for the proper accounting, safety and intermediate maintenance of Tomahawk missile and underwater mine pre-positioned war reserve stockpiles. It is also responsible for waterfront loading and transshipment operations in support of fleet units and operational forces in the U.S. Pacific Fleet area of responsibility.



Above: Cmdr. Jon Grant renders a salute as he passes through side boys during a change of command ceremony on Guam April 16. Grant assumed command of Navy Munitions Command East Asia Division Unit Guam from Cmdr. Lawrence King. (U.S. Navy photo by James Fee)

Left: Capt. Gary Maynard, right, commanding officer of Navy Munitions Command, East Asia Division (NMC EAD), right, presents Cmdr. Lawrence King with a Meritorious Service Medal for his leadership as commanding officer of NMC EAD Unit Guam during a change of command ceremony on Guam April 16. King was relieved by Cmdr. Jon Grant, background. (U.S. Navy photo by James Fee)

Andersen AFB beefs up security with integration plan

By Staff Sgt. Derrick Spencer

36th Wing Public Affairs

Additional security on Andersen Air Force Base (AFB) is fast approaching thanks to the Air Force's security integration recruitment program.

Andersen AFB is adjusting the existing security plan to include civilian security contractors to provide the best possible protection for the people, property, and information on base. The civilian guards are scheduled to be trained and in place by late summer of 2010.

"Andersen is currently training more than 30 contractors," said Maj. Sarah Babbitt, 36th Security Forces Squadron commander. "We keep the best interests of the people we serve as well as our guards in mind throughout the entire process."

The security contractors have to complete localized training specific to Andersen AFB and then attend a formal police academy at U.S. Naval Base Guam before suiting up and being placed on the beat.

"We are training them on our local policies and procedures here on Andersen," Babbitt said. "Most of our new guards won't be fully qualified in their duties until they graduate from the Naval Police Academy."

The recruits are trained on Air Force instructions and local procedures ranging from daily operations to high-risk traffic stops and domestic abuse scenarios. Once the guards are trained and have graduated from the academy, they will be distributed across base and integrated with the 36th Security Forces Squadron.

Filling the role of the guard's supervisor is Tech. Sgt. Mark Shipman, Joint Security Liaison, 36th Security Forces Squadron, who explained how the process should be routine and seamless once implemented.

"They will be performing the same law enforcement functions on Andersen that the Air Force Security Forces perform, to include community policing in military family housing, the Base Exchange, and the school areas in addition to enforcing all existing traffic laws," said Shipman.

The current plan is to have them in place and working alongside Andersen's existing Security Forces sometime this coming August," said Babbitt.

Training: Sgt. Jesse Cruz, a security contractor, calls for backup during a security forces training mission on Andersen Air Force Base April 16. (U.S. Air Force photo by Staff Sgt. Derrick Spencer)



Aeria leads ICU at Naval Hospital Guam

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

Since joining the Navy four years ago, Hospital Corpsman 2nd Class Laura Aeria, of U.S. Naval Hospital Guam, has served with honor, courage and commitment, setting a stellar example for her shipmates and providing health care excellence for her patients.



Aeria said she enjoys the wide array of challenges and opportunities that she has been presented with since signing up for military duty.

"I joined the Navy for school benefits, to travel, and for life experience. And I've gotten what I wanted," Aeria said. "I like that there are lots of opportunity for things like certifications, schools and advancement. The Navy can be challenging at times because you never where you are going to get assigned next or what assignment you are going to get, but it is also exciting for the same reasons."

She said the decision to be a

hospital corpsman, in lieu of other rates, was an easy one because she has always enjoyed patient care and helping others.

"Choosing the HM rate was an easy choice because I have always been interested in the medical field.

I want to get a degree in nursing," Aeria said. "I love it because I get to work with patients, and it gives me a sense of pride knowing that I'm helping others."

As leading petty officer of the Intensive Care Unit (ICU) of the hospital, Aeria is in charge of all personnel and equipment in that ward.

"I'm not so much taking care of patients, but rather junior Sailors, and also our equipment and supplies," Aeria said. "It's a new type of challenge, but I think I'm up to it."

Aeria's command agreed she is up to any task that is set before her. Lt. Cmdr. George Reichert, ICU division officer at the hospital, said Aeria is an exceptional performer in many different aspects.

"I have been an ICU nurse for 19 years, deployed four times, worked



Aeria of Responsibility: Hospital Corpsman 2nd Class Laura Aeria runs diagnostics on a pediatric crash cart at the Intensive Care Unit (ICU) of U.S. Naval Hospital Guam April 9. As leading petty officer of the ICU at the hospital, Aeria is in charge of all personnel and equipment in that ward. Image has been intentionally masked for security purposes. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

with combat, civilian and mass casualties," Reichert said. "She has worked with me clinically on several patients in our ICU, and I can say without hesitation she

possesses the personal and clinical skills to excel in those environments."

Reichert had the highest of praise for Aeria's work with junior and

senior Sailors as well.

"Aeria possesses leadership qualities and maturity associated with a petty officer that subordinates want to emulate," Reichert said. "I have been impressed with the way she skillfully deals with the intricacies of managing complex communications and negotiations that occur daily in a large organization."

Aeria said her motivation to do great things in the military comes from her grandmother, the most influential role model in her personal life.

"My grandmother was a great role model for me because she was very patient, kind, gentle, and understanding," Aeria said. "She always got her point across — firm when she needed to be — and always chose her battles carefully."

According to Aeria, the key to her success is having a working knowledge of her rate and the skill necessary to apply that knowledge effectively.

"I think the key to superior performance is being able to understand what needs to be accomplished and knowing the most efficient way to accomplish the task at hand," Aeria said. "If you master that, then there's nothing you can't do!"

USCG awards HSC-25 with commendation medal



Command Merit: Capt. Thomas Sparks, commander of U.S. Coast Guard Sector Guam, presents the Coast Guard Meritorious Team Commendation to members of Helicopter Sea Combat Squadron (HSC) 25 at the HSC-25 compound on Andersen Air Force Base April 8. (U.S. Coast Guard photo by Lt. j.g. Traci Fiametta)

By Lt. j.g. Traci Fiametta

U.S. Coast Guard Sector Guam Public Affairs

U.S. Coast Guard Sector Guam Commander Capt. Thomas Sparks presented the Coast Guard Meritorious Team Commendation to Helicopter Sea Combat Squadron (HSC) 25 April 8.

The award was for exceptional meritorious service while serving as a member of the Typhoon Choi-Wan Humanitarian Assistance Team.

When Super Typhoon Choi-Wan ravaged the islands of Agrihan and Alamagan in September 2009 with winds exceeding 150 miles per hour, homes and shelters were destroyed and people were left stranded. In its wake, Governor of the Commonwealth of the Northern Mariana Islands Benigno Fitial turned to the Navy and Coast Guard Sector Guam for assistance. With the cooperation of Saipan's Emergency Management Office, the Typhoon Choi-Wan Humanitarian Assistance Team developed a plan to assist the residents of the storm-torn island.

USNS Alan Shepard (T-AKE 3) was selected as the closest and most capable Navy asset to reach the islands located more than 100 nautical miles north of Saipan. An HSC-25 detachment was embarked on the ship. In less than 15 hours from notification, USNS Alan Shepard and HSC-25 provided life-saving supplies, food, 260 gallons of fresh water, and medical attention to 18 people on both islands. In addition, HSC-25 evacuated a family of six, which included a 5-day-old child from the island of Alamagan to Saipan.

"Our interagency cooperation and rapid response were essential in providing critical support that eased the suffering of isolated typhoon survivors in these remote island communities," Sparks said. "Without the continued support of the Navy and most especially HSC-25, we could not provide the prompt search and rescue response we do now."

The Coast Guard reminds the public to report maritime emergencies 24 hours a day, islandwide by calling 564-USCG (8724).

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AF officials announce uniform policy changes

By Air Force Personnel Center Public Affairs

Air Force officials announced April 12 uniform policy updates resulting from recent Air Force Uniform Board decisions.

The following policy modifications are effective immediately unless otherwise stated and will be incorporated into Air Force Instruction 36-2903, Air Force Uniform Dress and Appearance.

The tucking of trousers on utility uniforms into boots will remain optional. This reverses a mandatory tuck-in requirement previously announced by the 98th Air Force Virtual Uniform Board. When tucked in or bloused, the trouser must be even and draped loosely over the top of the combat boot to present a bloused appearance.

The green fleece watch cap is approved for wear with the all-purpose environmental clothing

system, improved rain suit, cold weather parka, sage green fleece and the physical training uniform.

Air Force officials encourage all Airmen to affix name, rank and service designator tapes instead of waiting for the Oct. 1 mandatory wear date. However, officers wanting to wear a watch cap with the sage green fleece must now have their name, rank and service designator tapes affixed to the fleece

effective immediately.

Other authorized cold weather items remain unchanged. They include the black or sage green leather, suede or knit gloves; black scarves that are tucked in; and black earmuffs.

Uniform officials remind Airmen that the sage green fleece can still be worn as a liner for the APECS without name, rank and service designator tapes. The black fleece will no longer be authorized for wear as an APECS liner

on Oct. 1.

Air Force officials also modified the 97th AFUB decision that stated the women's A-line skirt would become the primary mess dress skirt for the Air Force. The change allows the side-slit mess dress skirt to continue to be worn as an optional item.

For more information on uniform policy changes, contact your chain of command or call the Total Force Service Center at (800) 525-0102.

Naval Hospital Guam recognizes top junior nurse

By Jesse Leon Guerrero
Joint Region Edge Staff

U.S. Naval Hospital Guam recognized its top junior nurse during an awards ceremony held at the command April 14.

Lt. j.g. Carrie Myers was presented the 2010 Junior Nurse Corps Excellence Award by Capt. David Miller, the hospital's commanding officer, and Capt. Cynthia Gantt, senior nurse executive and director for nursing services.

Myers was selected out of a total of seven nominees for demonstrating superior performance in her duties, making an impact on direct patient care, showing dedication to the nursing profession, taking action for cost-savings and quality services, pursuing professional development and participating in community service activities.

"It's a great honor," Myers said.

"I felt it was a great culmination to my time here in Guam. I can't emphasize enough the leadership and how much they have influenced my ability to even take these opportunities."

Myers serves as a staff nurse at the hospital's emergency department, providing patient care and directing staff and patient flow through its facility. In the past two years, Myers has expanded her role at the hospital by instructing courses in advanced cardiac life support and pediatric advanced life support, and becoming certified as a trauma nursing instructor and in joint medical aero-evacuation transport.

Myers began her duties in the emergency department as an ensign before being promoted to her current rank in late January.

"We needed a nurse in the emergency department and although it's very unusual for a new graduate, an ensign and a nurse, to work in

our very high acuity emergency department, she was quickly selected by the nursing leaders at the time to be assigned to that department with the confidence she displayed on day one," Gantt said.

After receiving her award in front of her co-workers and chain of command, Myers thanked them for their support and said she would miss the friendships she built at the hospital and on Guam. She will leave Guam in several days to report to her next duty station at Navy Medical Center in San Diego.

U.S. Naval Hospital Guam provides medical care and assistance for military members and their families on Guam, as well as support for combat operations in Afghanistan, Iraq, and other overseas locations.

For more information about U.S. Naval Hospital Guam, visit them online at www.med.navy.mil/sites/ushguam.



Recognition: Lt. j.g. Carrie Myers, left, of U.S. Naval Hospital Guam, is congratulated by Capt. Cynthia Gantt, senior nurse executive and director for nursing services, for being named recipient of the 2010 Junior Nurse Corps Excellence Award during a ceremony at the command April 14. (U.S. Navy photo by Jesse Leon Guerrero)

News Notes

Job Announcements

Interested individuals can view the vacancy listings at <https://www.cnic.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 339-4222/6210.

Naval Base Guam

Police Officer

Naval Hospital, Guam

Nurse (clinical)

NAVFAC Marianas Guam

Transportation Assistant (Fleet Management), closes April 27

Living Pattern Survey

Service members with dependents stationed on Guam for more than three months are encouraged to take the time to access the link below to complete the Living Pattern Survey (LPS). The LPS is now available at <https://www.defensetravel.dod.mil/oscola/lps/guam/>. Maximum participation and accuracy in completing this LPS is critical to the Cost of Living Allowance (COLA) determination process for Guam and the Northern Mariana Islands. This survey which takes no more than 30 minutes to complete can be done at home with your spouse. Survey site

will close when a sufficient number of service members required to participate in the LPS to statistically validate the results is received. COLA is paid to service members stationed in high-cost overseas locations. COLA helps to maintain purchasing power so members can purchase about the same level of goods and services overseas as in the United States. This survey is designed to identify where and how you purchase goods and services. The information obtained from this survey is used in planning and completing a separate Retail Price Report that forms the basis for prescribing your COLA. For additional information or questions, contact Yvonne Whitley, LPS/COLA coordinator, at 339-5303 or yvonne.salas.whitley@fe.navy.mil.

Month of the Military Child Event

The U.S. Naval Base Guam (NBG) First Class Petty Officer Association (FCPOA) will host a Month of the Military Child celebration April 24, 11 a.m.-2 p.m. at the field across from Charles King Gym on NBG. The celebration will feature static displays from various NBG units, such as Security's Special Response Team, Fire and

Emergency Services and the Dive Locker, as well as a military working dog demonstration, Bubbles the Clown, Daren the Lion, McGruff the Crime Dog, and jump castles. For more information about the FCPOA Month of the Military Child Event, call Master-at-Arms 1st Class (SW) Jermaine Glover at 888-9609.

My Air Force Life

Enter the My Air Force Life Original Song Competition and you could win a \$2,000 gift certificate to Musician's Friend, plus the adult category winner could have their song produced into a music video by the Pentagon Channel. For more information, visit <http://www.myairforcelife.com/>.

Ballroom and Boonies Being Remodeled

The Top of the Rock Ballroom and Boonies Officers' Lounge on Andersen Air Force Base are currently closed for remodeling. For more information, call 366-6166.

CORRECTION

Lt. Cmdr. Matthew Kleva, with Joint Region Marianas, was incorrectly identified as "Michael" in an article that ran on page 1 of the April 15 Joint Region Edge.

CNIC launches its redesigned Web site

By Paul Ross

Commander, Navy Installations Command Public Affairs

Commander, Navy Installations Command (CNIC) launched a redesigned Web site April 19, devised to enhance the look and utility of the site.

The public site, www.cnic.navy.mil, includes information from CNIC headquarters, including daily news updates and links to the 11 regions and 177 installations under the command.

The new look makes the site more user friendly. Another added feature is a section devoted to hosting links to the various CNIC newspapers from around the globe.

"The redesigned public Web site features a fresh, modern-looking design, improved usability and additional functionality," said Jeff Huskey, CNIC chief information officer. "It increases consistency across the site, allows users to find information more easily and improves the quality and format of the content. There will be improved search capabilities, RSS feeds, photo and video galleries. The redesigned site provides a current, attractive visual design to encourage Navy Sailors, families, and public users to visit again and again."

For more news from Commander, Navy Installations Command, visit www.navy.mil/local/cni/.

Sailors share Navy experiences with students

By Oyaol Ngirairikl
Joint Region Edge Staff

U.S. Naval Base Guam (NBG) Sailors spoke about their careers to students at Adacao Elementary School on Guam April 15.

Sailors from NBG Security Special Response Team (SRT) discussed their mission requirements during the school's career day event. SRT performs law enforcement and anti-terrorism force protection for NBG while also responding to high risk threats on naval assets and personnel.

Master-at-Arms 3rd Class David Enriquez said participating in the career day is a great opportunity to represent the Navy.

"Doing things like this, getting involved in the community, it builds a strong bond between the military and the island," Enriquez said.

The team brought bullet-proof vests, shields and other equipment they use in their jobs. They also gave students an opportunity to ram open a training door and turn on the sirens on an unmarked police vehicle.

Enriquez said he volunteered as a presenter to support the education of Guam's students and help them understand that there are many career opportunities available to them.

"I think it's very important for kids, even at a young age like these kids at elementary school, to get an idea of what they would like to be when they grow up," Enriquez said.

Master-at-Arms 3rd Class Thomas Woodlee said while many



Trying on for Size: Master-at-Arms 3rd Class David Enriquez, of U.S. Naval Base Guam (NBG) Security Special Response Team (SRT), helps a child try on a helmet during a career day event at Adacao Elementary School on Guam April 15. (U.S. Navy photo by Oyaol Ngirairikl)

families on Guam have military ties not all students have that connection, so partnering with schools helps youth learn more about the Navy.

"I really enjoy my job and I like being able to talk to the kids about it," he said.

Carla Aguon, a fifth-grade teacher and co-coordinator of the career day, said the event is one way to apply classroom lessons to real-world experiences.

"Bringing the events to the kids today is bringing it to life," Aguon said, adding that the day means a great deal to the students. "It's a memory that will last a lifetime."

Evangeline Chang, school principal, said it's important that people take an interest in children's education and is grateful Sailors were able to participate in the school's career day.

"I just want to thank the military people for taking time to be with us, especially to share their expertise with our children," Chang said.

NBG's mission is to support the U.S. Pacific Fleet and other operating forces operating from, serviced by or supplied through Guam; to support the fighters based on NBG or attached to tenant commands; and to support the families of Sailors stationed in Guam.



Training: Master-at-Arms 2nd Class Joshua Joseph, of U.S. Naval Base Guam (NBG) Security Special Response Team (SRT), helps an Adacao Elementary School student ram open a training door on Guam April 15. Joseph and other NBG Sailors were among the presenters at the school's career day. (U.S. Navy photo by Oyaol Ngirairikl)

USO hosts FFSC sexual assault awareness campaign

By Oyaol Ngirairikl

Joint Region Edge Staff

Fleet and Family Support Center (FFSC) presented information on sexual assault awareness with service members at the United Service Organizations (USO) Guam April 16.

April is National Sexual Assault Awareness Month across Department of Defense (DoD). This year's theme is "Hurts One. Affects All... Preventing Sexual Assault is Everyone's Duty." The campaign focuses on how sexual assault impacts mission readiness — reverberating throughout commands and beyond, harming victim's lives, affecting everyone and undermining team effectiveness.

Lori Naputi, FFSC sexual assault response coordinator, and volunteer sexual assault prevention and response (SAPR) advocates from different Navy commands set up a table at the USO Guam, which is located in the Royal Orchid Hotel in Tumon. They handed out pamphlets, stickers, magnets and answered questions regarding sexual assault. Also on display were two silent witness silhouettes that represented victims of sexual assault.

"That's how important this

Upcoming Events

U.S. Naval Base Guam

- April 23, 6-9 p.m. Movie and Game Night, and Silent Witness Display at Single Sailor Sanctuary

- April 27, (time TBD) Self Defense Class at Helicopter Sea Combat Squadron (HSC) 25 and U.S. Naval Base Guam (NBG)

- April 28, (time TBD) Silent Witness Walk at NBG Chapel
For more information, call 333-2056.

How You Can Help

To learn more about sexual assault awareness, you can call: NBG Fleet and Family Support Center, 333-2056
NBG Chapel: 339-2126

Andersen AFB Family Advocacy Office: 366-5167

Alee Shelter: 649-2533

Victim Advocates Reaching Out: 477-5552

National Domestic Violence hotline: 1-800-799-SAFE (7233)

Source: *Fleet and Family Support Center, and Andersen Air Force Base Sexual Assault Response coordinators*

message is to us and to the Navy," Naputi said. "We're aiming to increase awareness and reduce incidents of sexual violence."

FFSC held several events this month at various areas around U.S. Naval Base Guam, including Navy Exchange and Single Sailor Sanctuary, and have more planned.

Naputi said the USO event was a way to reach service members from not just the Navy, but other branches of the Armed Forces, with that message about the destructive effects of sexual assault.

Gunner's Mate 3rd Class Camille Perez, Navy Munitions Command East Asia Division Unit Guam's SAPR advocate, said the silhouettes help people understand that sexual

assault is a community issue that can take a life.

"It's one thing to just talk about sexual assault and how it can affect your life and the lives of those who love you," Perez said. "But unless you've been impacted, it might be difficult for you to see the impact it has. When you see the silhouettes and read how they represent an actual person who is not here with us because of sexual assault, it makes you think."

Perez said sexual assault prevention is something the Navy takes seriously and is proud to be among those trained by FFSC to help Sailors through hard times in their lives.

"I think it's important that we let

people know that there is someone here to help you, someone who cares about you and understands how difficult it can be," Perez said. "Especially when you're in the military, you're far from home, from the family that you can reach out to for help. But that's why the Navy created a program like this, so we can help each other. I'm glad I have the opportunity to be that shoulder to lean on or to answer questions."

Hospital Corpsman 2nd Class Mark Alan Stearns, of U.S. Naval Hospital Guam, said he appreciated learning more about the services available to Sailors and their families, and took some time to chat with Naputi and browse through several pamphlets.

"It empowers the community to know there's something they can do if they know someone in that situation, or if they're in it themselves," Stearns said. "I believe in the military, and knowing they have programs to address this issue and help people is just another confirmation for me that they're not going to leave their people in the wayside. They care about their people, and they're doing all they can to help."

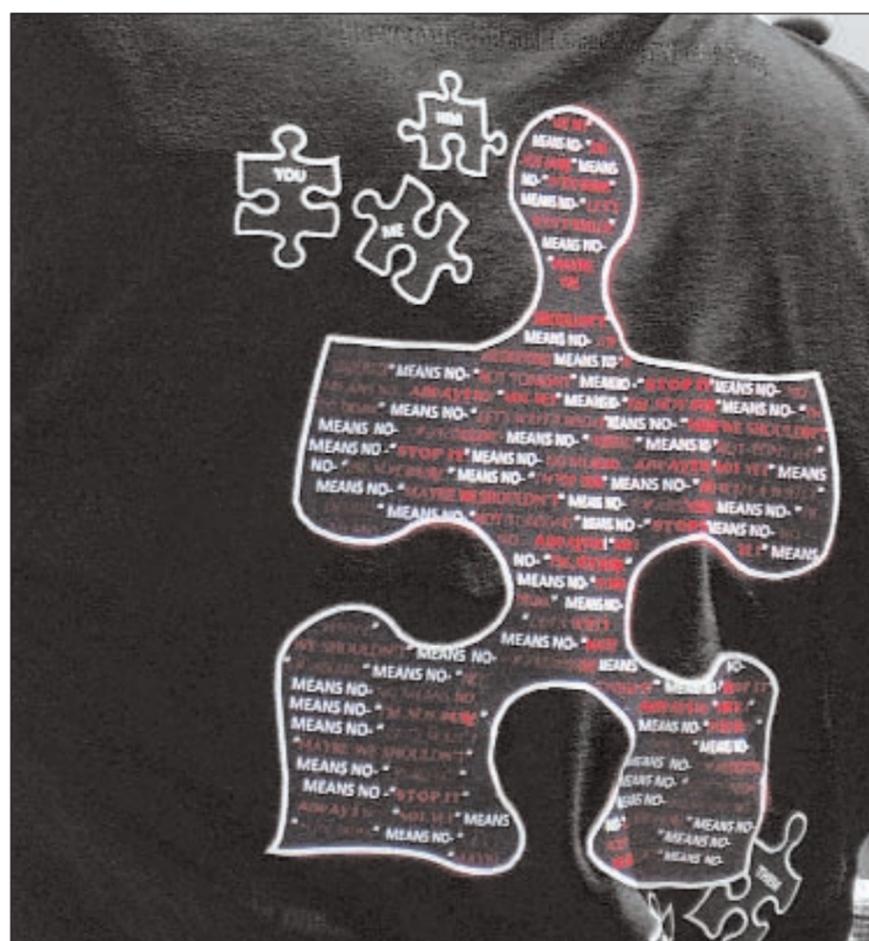
Perez said each command has a SAPR who is available if anyone has questions.

"People can also go to FFSC, either to see Lori (Naputi) or to see the counselors," Perez said. "There are also the chaplains who you can talk to, and at the command level, chiefs and command leadership often have an open-door policy, so there's really so many places people can turn to for help. That's really what I hope people get from tonight and other events throughout the month, that they're not alone and that people care."

For more information about upcoming FFSC events or to learn more about the SAPR programs on NBG, call 333-2056. To learn more about SAPR programs on Andersen Air Force Base, call 366-7714/5608.

Airmen ride to raise awareness

Riding for Awareness: More than 50 Airmen, civilians, and veterans from Andersen Air Force Base joined together April 14 for a motorcycle group ride to bring attention to Sexual Assault Awareness Month (SAAM). Participants in the ride made several stops throughout the day to include the commissary, Base Exchange and off base at Skinner Plaza. The riders were all donning the official SAAM T-shirt for 2010. The shirt was made from the design contest's winning entry by Staff Sgt. Santana Forney of the 36th Communications Squadron. While making these stops, they used their time to spread the word on sexual assault prevention and to pass out items related to it. The stop at Skinner Plaza also highlighted the partnership between Andersen's SAAM and the Guam Coalition Against Sexual Assault and Family Violence. (U.S. Air Force photos by Airman 1st Class Julian L. North)



31st MEU's long-range raid capabilities tested

By Cpl. Rebekka S. Heite

Marine Corps Bases Japan

The night's silence was broken by four dull thuds. Before the cracks from the two sniper rifles had faded away, the thump of helicopter rotors started to make themselves heard. Soon, the dull thumps slowly swelled to a roar as two MH-60 helicopters settled in over the trees to drop two teams of Marines into the landing zone. They ran for the nearby buildings through the churning dust.

The raid took place April 8. The exercise itself, Realistic Urban Training Exercise (RUTEX) 10-1, focused on Marines and Sailors from the Okinawa-based 31st Marine Expeditionary Unit (MEU) completing a long-distance raid on urban terrain, which some modern-day conflicts call for, while Special Operations Training Group (SOTG) Marines evaluated their tactics.

RUTEX is part of all Marine Expeditionary Units' training corpswide, said Col. Paul L. Damren, 31st MEU commanding officer. Guam offers some good venues for a greater challenge, allowing us to use more of our assets, he added.

On April 5, a team of Amphibious Reconnaissance Force Marines and instructor/trainers from SOTG, III Marine Expeditionary Force (MEF) Headquarters Group, III MEF, landed on Andersen Air Force Base. Then the reconnaissance and surveillance teams, along with at least one SOTG instructor per team to evaluate them, inserted themselves into the jungle surrounding the target site on LZ Median.

In the training scenario, intelligence at hand told them a high-value individual from Okinawa was on his way to the site where small munitions, including at least one rocket propelled grenade, was being stored. Their goal was to capture the munitions and the individual, interrogate him and any subordinates with him and then return to Okinawa.

The recon Marines' mission was to provide information back to the Maritime Raid Force, 31st MEU, through the unit intelligence and operations sections so the MEU



Ready for Training: Maritime Raid Force, 31st Marine Expeditionary Unit, III Marine Expeditionary Force, Marines unload from a C-130 that landed on Andersen Air Force Base April 8 to complete Situational Training Exercise 3, Realistic Urban Training Exercise 10-1. (U.S. Marine Corps photo by Cpl. Rebekka Heite)

command could plan how best to take down the site and capture the high-value individual. During their almost 72 hours of living in the jungle with limited movement so as not to give up their position to the role players in nearby abandoned base housing, Marines sent back multiple communications including photos detailing activity around the target site.

Then on the evening of April 8, MRF Marines landed in a Marine Aerial Refueler Squadron 152 KC-130 and the mission was hot.

Once off the KC-130, MRF Marines divided into two groups; one group loaded onto two Helicopter Sea Combat Squadron (HSC) 25 MH-60 helicopters and the other group loaded into eight different tactical vehicles provided

by the Guam National Guard.

Once the vehicles arrived at a pre-arranged checkpoint, they went tactical, by shutting off lights. Then the helicopters took off and headed to the site. With the helicopters inbound, snipers took their shots at two security guards, mannequins designed to absorb bullets. Taking out the security guards increased the confusion among the high-value individuals and took out the people most likely to slow down the raiding Marines.

Almost immediately after the shots' echoes faded away, the helicopters were in the air over the target site preparing to land.

As soon as the helicopters made their landing, one helicopter team immediately entered and secured one of two target houses while the

other helicopter team located a RPG-toting role player and commenced firing simulation rounds at him until they were sure he was out of play. Then, they made their way to their own target house and set about clearing it. Their combined goal was to find and secure the high-value individual and all munitions in the two target houses.

The Marines and Sailors also practiced casualty evacuation using a helicopter to airlift the notionally wounded from the site.

Training in Guam provided the Marines with a more realistic environment because Guam added the challenge of the unknown to the exercise, Damren said.

"The Marines did great," Damren said. "I'm extremely pleased

with them all, especially the support from the [reconnaissance and surveillance] Marines, the SOTG Marines and the HSC-25 Sailors. We couldn't have done all we did without them."

When RUTEX 10-1 planning began in October, Marines had a vision to ensure realistic training. Normally, urban locations on Okinawa are used, but that doesn't always fulfill the realistic aspect of the training, said Col. Michael Langley, SOTG officer in charge.

After capturing their target, several small caches of munitions and clearing all the houses in the target area, the raid force and their SOTG trainers loaded into the vehicles and left—leaving the abandoned "village" once again alone in the quiet night.

30th NCR supports Seabee construction on Guam

By Jesse Leon Guerrero
Joint Region Edge Staff

Thirtieth Naval Construction Regiment (NCR) Detachment Guam proves being small doesn't mean you can't make a big contribution. Staffed with three Sailors, the NCR team provides daily oversight of the facilities at Camp Covington and U.S. Naval Base Guam's (NBG) quarry.

"We support the deployed Naval Mobile Construction Battalion's (NMCB) mission, which in turn supports the area commander's priority construction projects," said Senior Chief Equipment Operator (SCW) Peter Quiambao, officer in charge.

Quiambao said 30th NCR has been on Guam since the 1950s, although it was then known as 3rd Naval Construction Brigade Detachment Guam and then as 1st Naval Construction Division Detachment Guam.

"But our mission has always been the same — to properly outfit all resident battalions with top-of-the-line equipment, tools, and operational facilities, and provide planning, training, and oversight to complete their primary mission in providing forward-deployed Navy and Marine forces with quality construction," Quiambao said.

The detachment, which consists of only three personnel, has oversight of 54 facilities, 397 pieces of civil engineering support



Above: A Caterpillar dozer, owned by 30th Naval Construction Regiment (NCR) Detachment Guam, is used by Naval Mobile Construction Battalion 1 to clear a field for the Joint Region Marianas Headquarters construction project on Nimitz Hill April 2. (U.S. Navy photo by Reynaldo Rabara)

Left: Senior Chief Equipment Operator (SCW) Peter Quiambao, officer in charge of 30th Naval Construction Regiment (NCR) Detachment Guam, inspects pressure valves for kettles used at the Camp Covington enlisted galley on U.S. Naval Base Guam April 21. (U.S. Navy photo by Jesse Leon Guerrero)

equipment, more than 10,000 line items of property, and more than 200 military-owned demountable containers, which are used for shipping cargo.

Currently, NMCB 1 is deployed from Gulfport, Miss., to Camp Covington and utilizes the fleet of 30th NCR Detachment Guam's heavy equipment and vehicles. Quiambao, Senior Chief Equipment

Operator (SCW) Joe George and Logistics Specialist 1st Class (SW/AW) Stacy Russell facilitate the battalion's work through camp maintenance, the government purchase card program, the development of the camp master plan, and galley operations. They also advise on mineral products production and quarry blasting.

The detachment works closely

with U.S. Naval Facilities Engineering Command Marianas to ensure the camp's readiness and represents Fleet Industrial Supply Center Guam as the contracting officer representative for the contractor that provides food services at the galley.

Quiambao said 30th NCR Detachment Guam has supported visiting Navy sea, air and land

teams, Fleet Antiterrorism Security Teams of U.S. Marines and Reserve components of Seabees, as well as Navy Sea Cadets performing training evolutions.

"We also participate in many adopt-a-school events and volunteer for many on-base and local organizations," Quiambao said.

For more information on 30th NCR, go to www.seabee.navy.mil

506th EARS support continuous bomber presence



Refueling: A KC-135 Stratotanker assigned to the 506th Expeditionary Air Refueling Squadron (EARS) refuels a B-2 Spirit over the Pacific April 13. The KC-135's of the 506th EARS are forward deployed from the 22nd Air Refueling Wing of McConnell Air Force Base, Kansas and are currently providing support for both Andersen's continuous bomber presence, by refueling the B-2 Spirits deployed here, and the Theater Support Package, by refueling the F-22 Raptors deployed here. (U.S. Air Force photo by Airman 1st Class Jeffrey Schultze)

Navy takes measures to protect endangered bird

By Jesse Leon Guerrero

Joint Region Edge Staff

The Navy continues to protect wildlife on Guam as it seeks ways to help bolster the population of the Mariana gray swiftlet.

The swiftlet, a small-bodied bird called "chachaguak" in Chamorro, number around 1,100 on Guam. Paul Wenninger, a natural resources specialist at Naval Base Guam (NBG), Public Works Department, Environmental Division, said that the population nests at the NBG Ordnance Annex.

"They don't occur anywhere else on island," Wenninger said.

Although this particular type of swiftlet has been spotted in Saipan and Aguihan to the north, Wenninger said their numbers are small enough to be considered endangered and it's unknown if the ones on Guam will increase.

At the Ordnance Annex, the swiftlets nest at three limestone caves: Mahlac, which has about a thousand birds; Maemong, which has less than a hundred; and Fachi, which also has less than a hundred.

Wenninger said the only things saving the swiftlets' population currently are the caves' high ceiling where the birds nest in niches and rough edges, and the Navy's constant efforts to not

disturb their habitat. Through a contract with the U.S. Department of Agriculture, the Navy keeps predatory brown tree snakes at bay with cage traps set near the cave entrances.

Wenninger and his coworkers monitor Navy-related construction to ensure it poses no harm to the nesting area. He said an upcoming project for producing wind-based energy, for example, will be studied carefully before it is implemented, so it doesn't disrupt swiftlets flying across Route 17, also known as Cross Island Road.

In May, natural resources specialists will conduct a census to get a current population count.

The census project will take about a week to perform and will also try to identify biases in the observers' counts, in order to eliminate margins of error. Wenninger said the Navy conducts studies of the status and behavior of the swiftlets and other animals to get a better understanding of how to keep them safe.

"We are being proactive," Wenninger said.

Wenninger said local and military communities can help protect swiftlets, other species and Guam residents by preventing outdoor fires. He explained uncontrolled fires, which are illegal, destroy trees that make up

not only nesting areas but also mitigate soil erosion. In 2009, the Navy and the Government of Guam's Department of Agriculture, Forestry Division planted 21,000 acacia trees in southern locations. Since then, fires have destroyed large sections of these planted areas, allowing rain to wash the soil into streams and eventually into the ocean.

"It's kind of a synergistic deterioration of the environment," Wenninger said. "It affects us all."

For more information about wildlife protection on Guam, call the Naval Base Guam Public Works Department Environmental Division at 339-2065.

Celebrate Mother Earth in April with conservation efforts

By Kevin D. Evans

Joint Region Marianas Energy Manager

April is the month we celebrate the Earth. The celebration is underway, and all hands have an opportunity to include energy efficiency, renewable energy and sustainable practices in our daily jobs.

Forty years after the first Earth

Day, the world is still beset with issues such as sustainability and an ever-increasing need for resources. We can build a healthy, prosperous, clean-energy economy now and for the future. 2010 can be



a turning point to advance energy efficiency, renewable energy, and green jobs. We, on the deckplate level, can incorporate these elements into our daily regimen by practicing good energy discipline, recycling at home and at work, looking for energy and water conservation opportunities and reporting waste.

This year's Earth Day theme is

"Partnering for a Greener Future," which emphasizes the partnerships between the military services, federal and state agencies, non-government organizations, industry and civilians. The Navy relies on partnerships to achieve the shared goals of protecting the environment and providing energy security for the nation and its allies. Alongside is

the Department of Energy's theme to "Take Action - Commit to a Low-Carbon, Clean Energy Future," which urges us all to make the connection between our daily actions and the health of our planet.

For more information on what you can do to help the environment or to report waste, call the energy and water waste hotline at 339-7047.

Air Force officials reduce Palace Chase obligation

By Daniel Elkins

Air Force Personnel Center Public Affairs Office

As part of the Air Force's force management measures to balance the force while meeting a congressionally mandated end strength, officials have temporarily reduced the Reserve commitment for officers and enlisted members participating in Palace Chase.

The 3-to-1 officer and 2-for-1 enlisted Reserve obligation for each remaining year of active-duty service commitment have been reduced to a 1-for-1 commitment.

The expanded fiscal 2010 Palace Chase Program provides Airmen in select Air Force specialties an additional waiver for ADSC to transfer from active military service to the Air Reserve component. Eligible Airmen may apply for the expanded waiver through June 30 and must separate from active duty by Sept. 1. The obligation reduction does not apply to members separating under regular Palace Chase guidelines.

"Palace Chase allows the total force to retain critical skills and training invested in the development of Airmen and provides them a means to continue serving," said Senior Master Sgt. Cindy Clendenen, the Palace Chase Program superintendent at the Air Force Personnel Center here. "The

decreased mobility also allows Airmen to maintain stability for their families."

Senior Master Sgt. Sean Strong, the Western Sector superintendent for Air National Guard in-service recruiting, said family and education top the list of reasons why people choose Palace Chase.

"Many active-duty members want to pursue a college degree full time, which can be tough to do given the active-duty operations tempo, shift work and permanent changes of station," Strong said. "Just as many are looking to separate so they can be near loved ones again, settle down or start a new career."

He said other advantages include having control over where one chooses to live, and the flexibility of serving just two days a month and 15 days of annual training per year. Sergeant Strong added keeping that sense of military camaraderie with a new level of freedom and independence along with retaining access to most of the military benefits they enjoy now are also key factors why Airmen choose to continue their service in the Reserve or Guard.

Air Force leaders in November initially expanded Palace Chase transfers by waiving active-duty service commitments to allow officers to voluntarily fulfill their commitment through the Air Force Reserve and Air National Guard as

a force management measure to help meet a fiscal 2010 end strength of 331,700. However, an insufficient response to the program led Air Force officials to retool the transfer obligation period as part of their expanded measures announced March 25 and appeal to a wide number of Airmen, including enlisted.

One Airman taking advantage of the opportunity to separate from active duty early is Capt. Nicole Hagerman, the aircraft maintenance unit officer in charge for the 57th Aircraft Maintenance Squadron at Nellis Air Force Base, Nev. Among her considerations, what appealed most to the five-year veteran was a chance to be closer to home while still serving in the Air Force at Grissom Air Reserve Base, Ind.

"It all really depends on what the individual is looking for. I am looking to get closer to my family and start a family of my own," said Hagerman, who separates this month to serve one year in the Reserve. "It is sad leaving active duty, but exciting about starting a new life."

Clendenen recommends the first step members should take if interested in Palace Chase is to contact an in-service recruiter for additional information on the program. She said Reserve in-service recruiters are located at every military personnel section, and the Guard has in-service recruiters at 24 bases. To

find the nearest Guard in-service recruiter, call (800) TO-GO-ANG or visit www.goang.com.

First Lt. Danielle Hummert of Malmstrom AFB, Mont., also recommends talking with someone who went through the process and remaining patient.

"Each step in the process takes time. It can be a little overwhelming trying to navigate each step and ensuring the application is received by AFPC with all of the requirements," she said. "Bottom line, talk to the in-service recruiter frequently, read all of the application instructions, and be proactive. You are the only person that is most concerned about your future."

As a military personnel section program manager for the 341st Mission Support Group, Hummert had conducted a few re-enlistment ceremonies for the Reserve in-service recruiter at Malmstrom before asking him to explain Palace Chase in greater detail.

"The thing that appealed to me the most about this program was the fact that I could still serve in the Air Force part time while being able to pursue a second career or go back to school," she said.

She admits that leaving active duty was the most difficult part of her decision, but lists family as foremost among reasons for joining the Reserve. Other considerations she cited in her decision included job

security in an intimidating civilian job market, financial concerns and the challenges of her husband also serving on active duty.

"Deciding to serve was one of the best decisions I have made. It is difficult to think about life without the Air Force being a huge part of it," said Hummert, who separates in June after three years of service and will be assigned to the 940th Reserve Wing at Beale AFB, Calif. "However, the Air Force instilled in me many marketable leadership and management skills that I'm sure will pay off."

Separations officials at the Air Force Personnel Center said they will approve applications based on Air Force specialty manning in order to preserve minimum sustainment levels. They added consideration of the expanded waiver for those previously approved for Palace Chase under force management will be made on a case-by-case basis considering the best interest of the Air Force.

Eligible Airmen may submit Palace Chase applications using the online application located on the Virtual Military Personnel Flight. To learn more about eligibility criteria for Palace Chase and any possible restrictions under force management, visit the AFPC personnel services Web site or call the Total Force Service Center at (800) 525-0102.

Military members on Guam support science fair

By Jesse Leon Guerrero

Joint Region Edge Staff

Sailors from U.S. Naval Facilities Engineering Command (NAVFAC) Marianas acted as judges to support Guam public school students competing in a science fair held at Harry S. Truman Elementary School April 16.

Logistics Specialist 2nd Class (SW) Ricky Crews, of NAVFAC Marianas' Self Help department, said participating brought back a lot of memories of when he was a student staying up at night to prepare his own science projects. Crews said the science fair is just

one of many outreach projects the command participates in throughout the year.

"It's important for the Navy to come here to show that we are supportive with helping out the community," Crews said.

Crews was one of 15 military and civilian volunteers who worked side-by-side in groups of three to review and grade about 15 projects per group.

"We're actually excited because it's fun," Crews said. "It's fun for us also, to come out here and have a good time with the students."

Lt. Col. Johnny Lizama, Commander, 254th Air Base Group,

Guam Air National Guard, said he liked the mix of judges' backgrounds and experiences, which allowed for a broader perspective for judging. Lizama added that it is important for the military to take time out of their work schedule to volunteer because it lets them interact closely with the school and has a positive impact on the community.

"We come from the community and we're always willing to try and give back as much as we can," Lizama said. "We're not always inside the gate doing stuff. We're also out in the community, trying to get involved and help the

island grow."

Elizabeth Reed, Gifted and Talented Education program instructor and science fair coordinator for Truman Elementary, said the science fair encourages students to strive for success and polish their presentation skills, while learning to use the scientific method for understanding the world. Reed thanked the military for their involvement in that process and said she looked forward to more joint efforts.

"I know the military is very supportive," Reed said. "When we ask, we get help and they've always been very supportive of Truman. I'd like

to continue those bonds with the military."

Construction Electrician 3rd Class Jill Johnston, of NAVFAC Marianas' Self Help department, said she was impressed by all the students, and that the project that stood out most to her involved producing electricity from food.

"I think the kids are very, very smart," Johnston said. "I don't think I would have come up with any of these ideas when I was in elementary school."

For more information about volunteer projects, Sailors can contact their Navy command volunteer coordinator.



Above: Service members from the Navy and Guam Air National Guard evaluate science fair projects at Harry S. Truman Elementary School April 16. The Sailors volunteered to act as judges at the event. (U.S. Navy photos by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

Left: Lt. Col. Johnny Lizama, left, Commander, 254th Air Base Group, Guam Air National Guard, and Construction Electrician 3rd Class Jill Johnston, U.S. Naval Facilities Engineering Command (NAVFAC) Marianas, listen to third-graders from Harry S. Truman Elementary School explain their science projects April 16.

Ombudsmen: The link in the Navy family chain

By Mass Communication
Specialist 2nd Class (SW)

Peter Lewis

Joint Region Edge Staff

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This year, ombudsmen will celebrate 40 years of serving as a valuable resource for Navy families.

Their major role is to act as a bridge between the command, the families of service members and the resources available to the families. An ombudsman acts as a two-way communicator, a referral agent and an interpersonal helper for all family members of their command.

"My responsibility as an ombudsman is to guide families in the right direction needed with the resources I might have," said Mandi Smith, USS Houston (SSN 713) ombudsman. "I am a resource. I have been trained to guide them in the direction of their needs."

Since the U.S. Navy implemented the ombudsman program in 1970, under the direction of Adm. Elmo Zumwalt, the program has sought to ensure that the lines of communication between the spouses and commands are kept open. This helps to improve the quality of life for everyone involved.

"Commands need ombudsmen for their families and service members," Smith said. "They are the liaison between the command and the families, and the voice from the CO to the families and vice versa."

The purpose of this program is to ensure the dependents of active-

duty personnel have a channel of resources for their needs and quality of life. A command ombudsman can guide you to the help you may need, before, during or after a deployment. The Navy Ombudsman undergoes almost constant training, and is bound by confidentiality in most cases, the exception being any hint of child abuse. An ombudsman meets with department heads aboard a naval installation to find out the latest news, and pass it on, including news on ship deployments, cutting down on potentially harmful gossip.

Jennifer Girgan, Maritime Expeditionary Security Squadron 7 ombudsman, said that an ombudsman may play many roles for a service member or spouse, including advocate, source of information and friend.

"The responsibilities are endless but some of them include giving out information and referrals, be it from the command or the base, or acting as a contact in an emergency," Girgan said. "[Family members] know there is always someone they can call when they feel like no one is there and they know we are also

a friend when they just need someone to listen."

Though the Navy command ombudsman is a voluntary position, many ombudsmen find that the position pays dividends in other ways.

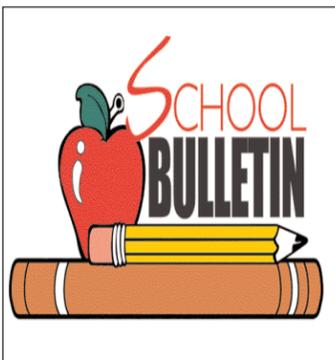
"My favorite part is going to the command for a weekly luncheon where a member of the command or spouse will cook a hearty lunch for everyone," said Nancy Szoke, Naval Airborne Weapons Maintenance Unit 1 ombudsman. "It is a great time to meet any new members of the command and to keep up with

the latest news. This command may be small in number, but is huge in heart and soul!"

All the ombudsmen agreed that the true reward of being a command ombudsman is being able to do your part for someone who needs assistance.

"My favorite part is knowing at the end of the day I helped someone out," Smith said.

For more information on the ombudsman program or on how to become an ombudsman for your command, contact the Fleet and Family Support Center at 333-2056.



School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 339-7113.

DoDEA

- A second dose of Varicella vaccine has been added to the required minimum immunizations for school year 2010-2011. Parents are encouraged to check with their child's school for a full list of required immunizations.
- Department of Defense Education Activity (DoDEA) School Board will meet April 27, 6 p.m. at Commander William C. McCool Elementary/Middle School.

Andersen Elementary School

Parents are encouraged to volunteer on the School Year 2010-2011 Parent-Teacher Organization (PTO) board. For more information about vacancies, contact Glynda Richter at andersen_aesp@yahoo.com.

McCool Elementary/Middle School

- The parent teacher organization is looking for donations for the Spring Book Fair that will be held April 27-30, 8 a.m.-3:30 p.m. at the school's cafeteria. There is a donation box located in the front entrance of the school.
- The annual Earth Night/Spaghetti Dinner will take place April 30, 3:30-7 p.m. Parents are asked to send empty toilet paper rolls for an arts-and-crafts project.
- The Parent-Teacher Organization will meet May 5, 8:30-9:30 a.m. at the school. All parents are encouraged to attend.

Phone Numbers:

Andersen Elementary School: 366-1511
 Andersen Middle School: 366-3880/5793
 Commander William C. McCool Elementary/Middle School: 339-8678
 Guam High School: 344-7410
 Department of Defense Education Activity office: 344-9160
 Navy College Office: 339-2485
 Andersen Education Office: 366-3170

GHS students to represent Guam

By Oyaol Ngirairikl

Joint Region Edge Staff

Three Guam High School (GHS) students are gearing up for the 2010 Kenneth E. Behring National History Day Contest to be held June 13-17 at the University of Maryland, College Park.

Freshmen Sarah Berg and Sydney Short and junior Ethan Berg earned the opportunity to participate in the federally-funded program when they won the islandwide 2010 Guam History Day contest March 27. Guam students, grades 6-12, entered projects analyzing history in one of five formats: exhibit, performance, documentary, research paper, and Web site.

This is the third year the local contest, which is sponsored by Guam Preservation Trust, has been held.

"It's remarkable how this program has captured the minds of our young children, which is exactly what we want it to do. We want to make history come alive for them," said Joe Quinata, state coordinator with the Guam Preservation Trust. "It's vital that the next generation is aware of their history, of where they come from, of the mistakes that we've made. Without that knowledge, how can they learn, how can they navigate our culture, our society, our nation into the future?"

This year's theme was "Innovation in History: Impact and Change" and students were asked to examine how these subjects have shaped the course of history.



Young Historian: Sydney Short holds up her medal following her win at the 2010 Guam History Day contest March 27. Short won the paper division of the competition. Short and two other Guam High School students, Sarah and Ethan Berg, will be going to Maryland this summer to represent the island in the national competition. (Photo contributed by Rachel Short)

Most of the students began preparing for the competition in September. More than 200 students participated in the competition with 100 entries in the competition.

Sarah Berg, who partnered with her brother Ethan Berg, said this was their first local history competition. Though this year's theme allowed for a variety of topics, they wanted to do a documentary on the island's history because of their love for Guam. Their project, "The Time of Clipper," looks at Pan-Am's amphibious plane and the impact the company had on the island community and economy. They won first in the documentary

division.

"At first I was completely surprised because it was something I didn't think was possible, even though my brother and I worked really hard," Sarah Berg said. "But I was really, really happy. We're really happy to represent Guam at the nationals and talk about the island while we're there."

This will be Short's second year at the national competition.

"I was fortunate to win last year for my junior paper division, and I had the most amazing time going to the National History Competition in Maryland with the History Channel present," Short said.

She started research work last summer, following her trip to the national history competition. After months of work, she developed her entry for the paper division, "Electricity, Brightening the Island of Guam: The many steps to turning on the lights and keeping them lit."

Short said she appreciates the opportunity to return to Maryland for another stab at the nationals.

"I feel very confident I am ready for the Nationals in Maryland thanks to my many sources," she said.

Quinata said all three GHS students did a fantastic job and should be proud of their accomplishments.

"Not only did they learn a lot for the local competition, but they now have this chance to go to Maryland and see what other high-achieving students are doing throughout the mainland," Quinata said. "It's definitely a wonderful life experience for them."

In addition, more than \$150,000 in scholarships will be awarded to top national winners, including a full tuition scholarship to Case Western Reserve University.

The National History Day program is funded by The History Channel, ABC-CLIO, Jostens, as well as private foundations. Judges for the competition are university professors, high school teachers, museum curators and other public historians.

For more information about Guam History Day, visit www.guampreservationtrust.com. For more information about National History Day, visit www.nhd.org.

Changes to education program help Sailors focus

By Oyaol Ngirairikl

Joint Region Edge Staff

Sailors planning on taking college courses are now required to submit individual education plans prior to enrollment in courses funded by Tuition Assistance (TA) or the Navy College Program for Afloat College Education (NCPACE).

"What this does is requires anyone who wants to use TA or NCPACE to really focus on what degree they want and how they want to get there," said Chuck Wright, Navy College Office director. "Sailors can use the individual education plan to get the most value out of the programs."

NCPACE provides Sailors with a tuition-free, Department of Defense (DoD)-accredited education. Sailors are able to continue their personal and professional growth while on sea duty assignments by taking courses to improve academic skills and complete undergraduate and graduate requirements.

Tuition Assistance (TA) is the Navy's educational financial assistance program. It provides active-

duty personnel funding for tuition costs for courses taken in an off-duty status at a college, university or vocational/technical institution, whose regional or national accreditation is recognized by the Department of Education.

Wright added the education plans will also help Sailors identify which courses are best achieved within the allotted 16-semester cap.

"Previously, students were able to complete five courses prior to completion of the education plan," Wright said. "They can no longer do that. The plans must be filed with the Navy College Office prior to enrollment in college courses funded with TA or through NCPACE."

The required individual education plan was one of the Navy's changes to the education program reflected in NAVADMIN 105/10, which was released March 23.

In their education plans, Sailors will list courses they have taken, American Council on Education (ACE) credits that apply to their program and Defense Activity for Non-Traditional Education Support (DANTES) academic testing appli-

cable to completing select degree programs.

DANTES is a credit-by-exam program. ACE helps Sailors earn academic credit for formal courses and examinations taken outside traditional degree programs, such as job training and certification.

Wright said Sailors who have questions can come by Navy College Office, adding that funding will only be authorized for courses listed in the approved plan.

"The Navy offers programs like DANTES and ACE to help Sailors complete degree requirements in a timely manner," Wright said. "When Sailors come to our office, we'll review these credits and compare them with their education plans and degree programs. If they've already fulfilled a program requirement, that's one less class they need to take. So we can really help Sailors minimize the time and money they spend, which of course helps ensure we use Navy education funds as wisely as possible."

Additionally, the NAVADMIN announces TA and NCPACE funding will only be authorized for

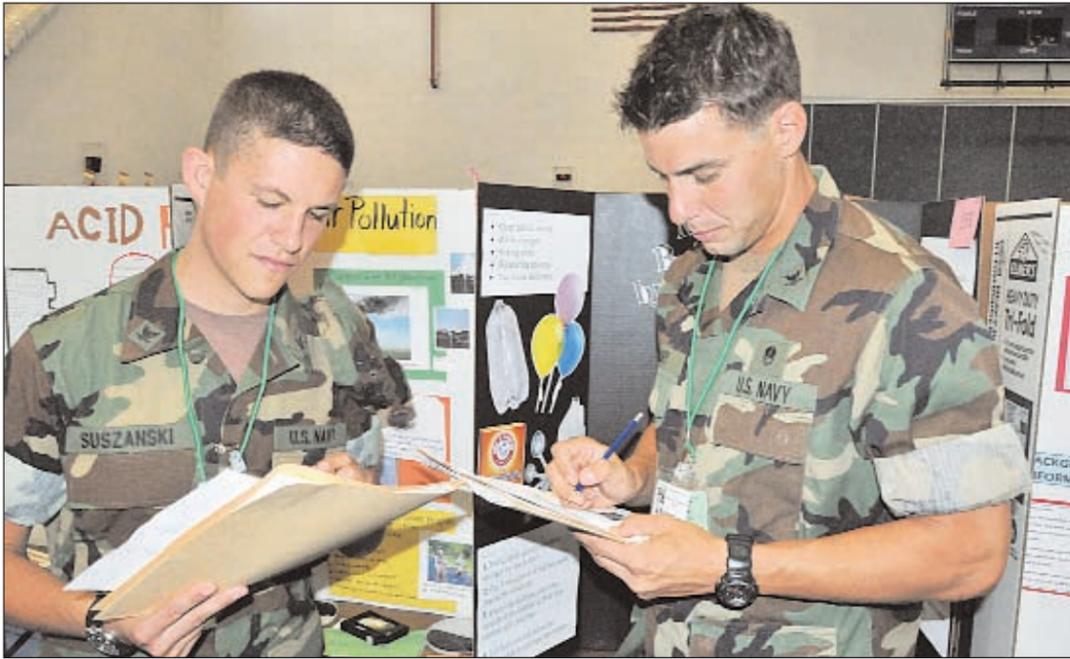
academic courses expressed in semester or quarter hours and lead to technical, associates, bachelors, masters or doctorate degree. These courses are readily available at accredited colleges and universities worldwide and priced within the current DoD cap of \$250 per semester hour or \$166.67 per quarter hour. Funding of courses expressed in clock hours is no longer authorized.

To provide Sailors with adequate time to become familiar with the command, their job requirements and progress towards warfare qualifications, officer and enlisted new accessions are now required to have one year onboard their first permanent duty station before TA or NCPACE funds will be authorized.

Sailors currently enrolled in TA or NCPACE and have served less than a year at their first permanent duty station are exempt from this requirement as long as they remain eligible for program benefits.

To read the NAVADMIN, visit <http://www.npc.navy.mil/NR/rdonlyres/E8692AF5-13E3-4C7C-9414-3677C064A49E/0/NAV10105.txt>.

McCool, Andersen Middle Schools hold science fairs



Above Left: Navy Diver 3rd Class Nathan Suszanski, left, and Navy Diver 2nd Class (DSWS) Timothy Casey, both of U.S. Naval Base Guam Dive Locker, evaluate student projects at Commander William C. McCool Elementary/Middle School's science fair April 7. Sailors and civilians from various Navy commands supported the fair by judging or helping with the organization and execution of the event. (U.S. Navy photo by Oyaol Ngrairikl)



Above Right: A seventh-grade student at Andersen Middle School presents his science fair project to a judge on April 6. The student produced a project based on building rockets from matches as part of Andersen Middle School's annual science fair. (U.S. Air Force photo by Airman 1st Class Jeffrey Schultze)



Left: A seventh-grade student at Andersen Middle School presents his science fair project to the judges April 6. The student produced a project based on the study of genetics for Andersen Middle School's annual science fair. (U.S. Air Force photo by Airman 1st Class Jeffrey Schultze)



Right: Hospitalman Apprentice Justin Waltkus, right, and Hospitalman Kyle Johnson, both of U.S. Naval Hospital Guam, ask a Commander William C. McCool Elementary/Middle School student about his science project during the school's science fair April 7. (U.S. Navy photo by Oyaol Ngrairikl)

Magician shows military children a trick or two



Above: Magician Ran'D Shines teaches children how to be a magician at Top O' the Mar April 15. The interactive show featured numerous mind games and card tricks geared toward children. It was presented by Navy Entertainment Forces and Navy Morale, Welfare and Recreation. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



Right: Magician Ran'D Shines performs at Andersen Air Force Base Youth Center Gym April 16. The show was presented by 36th Force Support Squadron and Year of the Air Force Family (U.S. Air Force photo by Airman 1st Class Jeffrey Schultze)

NEX welcomes all to Customer Appreciation Weekend

By Jesse Leon Guerrero

Joint Region Edge Staff

Navy Exchange (NEX) Guam will show its appreciation to its patrons during Customer Appreciation Weekend at its main store and other locations on U.S. Naval Base Guam April 29-May 2.

Sue Gentapanan, NEX support services manager, said there will be family-friendly events showcasing the products and services of its vendors, with live performances and activities both inside and outside the store.

"This is going to be a fun event," Gentapanan said. "We are looking forward to all the entertainment, giveaways and prizes."

NEX hosts Customer Appreciation Weekend on Guam and at its stores in Guantanamo Bay, Cuba, at Naples, Italy, and at Yokosuka, Japan, to thank its customers and honor the military and their families for their service.

"What we want to kind of get out of this is to improve the quality of life of our Sailors and their families and all men and women in uniform," Gentapanan said.

Several special acts and performances will include the illusionary skills of magician Ryan Oakes, high-flying acrobatics and precision

Schedule of Events

April 29

7:30 p.m.: Tommy Stanley, a 2008 Nashville Star Finalist, and Switchfoot will play a free rock concert in the field across from NEX 7:30 p.m.

April 30

6 a.m.: 5K Fun Run will start at Orote Commissary.

May 1

7 a.m.: Fun Run for Kids will start at Orote Commissary
9:30-10:30 a.m. and 2-3 p.m.: Vans BMX riders and skateboarders will perform at NEX. An autograph session will be held later 3-4 p.m.

10:30-11:15 a.m.: Sideswipe will perform at NEX.

11:15 a.m.- noon: Magician Ryan Oakes will perform at NEX

Noon-12:30 p.m.: Tommy Stanley, a 2008 Nashville Star Finalist, will perform at NEX. Stanley will also perform at Big Screen Theater 7 p.m.

12:30-1:30 pm.: 2008 Olympic Fencing Team will perform at NEX.

1:30-2 p.m.: Congressional Medal of Honor recipients will sign autographs at NEX.

3-4 p.m.: An autograph session with Vans BMX riders and skateboarders, Sideswipe and Ryan Oakes will be held at NEX.

3:30-4:30 p.m.: Fencing classes at NEX with 2008 Olympic Fencing Team.

5-7 p.m.: Co-ed Fitness Competition at Orote Commissary. Categories include pushups, curl-ups, jump rope, long jump, bozu balance and best outfit. Register at Charles King Gym. Call 339-1301 or 339-1302 for more information.

May 2

5 a.m.: Fishing Derby at Sumay Cove Marina will begin. Final weigh-in is at 3 p.m. Register at Sumay Cove Marina. There is a \$50 registration fee per boat. Call 564-1846 for more information.

10 a.m.-1 p.m.: Wii Bowling competition will open at NEX Audio Department. Register at NEX Customer Service. For more information, call 564-3178 or 564-3221.

10:30 a.m.-1:30 p.m.: Chef Peter Duenas with Outdoor Chef will demonstrate cooking at NEX

1-2 p.m.: Command Humvee Pull Competition starts at NEX. Register at NEX Customer Service. For more information, call 564-3178 or 564-3221.

2-3 p.m.: Wii Guitar Hero competition opens at NEX. Register at NEX Customer Service. For more information, call 564-3178 or 564-3221.

strikes by the Sideswipe martial arts team, demonstrations by the 2008 Olympic fencing team, and giant jumps and tricks by a professional group of bicyclists and skateboarders. Customers can also compete in Nintendo Wii bowling and Guitar Hero games.

Gentapanan said a highlight of the weekend is a visit by Congressional Medal of Honor recipients

Donald Ballard and Kenneth Stumpf. Ballard served as a Navy hospital corpsman second class with 3rd Battalion, 4th Marines, 3rd Marine Division while stationed in the Republic of Vietnam in 1968. Stumpf served as a specialist fourth class with the 1st Battalion, 35th Infantry, 26th Infantry Division, U.S. Army, while stationed in the Republic of

Vietnam in 1967.

Base patrons can start their Customer Appreciation fun early by catching a free rock concert by San Diego's Switchfoot band outside NEX April 29, 7:30 p.m. They can also join a 5K Fun Run at Orote Commissary April 30, 6 a.m.

Bo Hicks, NEX services manager, said NEX is partnering with Navy Morale, Welfare and Recre-

ation and Defense Commissary Agency as sponsors.

"Through our combined efforts, these three organizations take care of our common goal of taking care of our Sailors and other service members," Hicks said.

For more information about NEX's Customer Appreciation Weekend, call 564-3178 or 564-3221.

FREE

Welcome to Guam Orientation and Island Tour. Two days of fun-filled information and facts service members and their families should know about Guam. Meet representatives of quality of life offices and/or agencies on April 29, 8 a.m. at Barracks 4. Day two will be a bus tour of the island. Meet April 30, 8 a.m. at U.S. Naval Base Guam Chapel. For more information, call 333-2056/57.

On a Budget

Tuesday Texas Hold'em Nights

Texas Hold'em tournaments are held every Tuesday starting at 6 p.m. in Hightides at the Top of the Rock on Andersen Air Force Base. Play is free for club members and \$5 for non-members. Weekly prizes are awarded. For more information, call 366-6166.

UNDER \$10

Breakfast at Top of the Rock Starts below \$10. Breakfast

hours are Monday-Friday, 6:30-9:30 a.m.; Saturday-Sunday, 7:30-9:30 a.m. For more information, call 366-6166.

Fajita Dinner at Cafe Latte
Base price for adults' dinner is \$2.95, and \$1.50 for children ages 6-12. All condiments are 75 cents per ounce. Every Tuesday, 5-7:30 p.m. For more information, call 366-6166.

\$10 AND UP

Thursdays at Mongolian BBQ at Top O' the Mar Every Thursday, 6-9 p.m. Cost is

\$17.95 for adults and \$9.95 for children ages 5-11. Active-duty military receive 20 percent discount and all other military ID holders and CAC card holders get 10 percent off. For more information, call 472-4606.

Clipper Landing

Savor the flavor of our delicious entrees as you enjoy a spectacular view of Sumay Cove Marina. Hours of operation are Wednesday and Thursday, 11 a.m.-1:30 p.m.; Friday, 11 a.m.-1:30 p.m. and 4-9 p.m.; Saturday and Sunday, 11 a.m.-9 p.m. For more information, call 564-1857.



FRIDAY, APRIL 23

7 p.m.: Remember Me • PG-13

SATURDAY, APRIL 24

2 p.m.: Remember Me • PG-13

7 p.m.: Our Family Wedding • PG-13

SUNDAY, APRIL 25

7 p.m.: She's Out of My League • R

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



FRIDAY, APRIL 23

7 p.m.: Alice in Wonderland • PG

9:30 p.m.: Copout • R

SATURDAY, APRIL 24

1 p.m.: Percy Jackson & the Olympians: Lightning Thief • PG

3:30 p.m.: Our Family Wedding • PG-13

7 p.m.: The Wolfman • R

SUNDAY, APRIL 25

1 p.m.: Alice in Wonderland • PG

3:30 p.m.: Our Family Wedding • PG-13

7 p.m.: The Wolfman • R

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit mwr Guam.com.**

(Source: Navy Morale, Welfare and Recreation Office)

Chapel Schedule

Naval Base Guam

Office Hours: Monday-Friday 7 a.m.-4 p.m.

Roman Catholic Mass
Monday-Wednesday, Friday
11:40 a.m. Weekday Mass
Saturday, 5:30 p.m. Mass
Sunday, 9 a.m. Mass
CCD Sunday, 10:15 a.m.
Choir Practice
Wednesdays, 6 p.m.
Protestant Worship
Service
Sunday, 10:30 a.m.
Protestant Sunday School
Sunday, 9 a.m.

Women's Bible Studies
first & third Wednesday
8:30 a.m.

Women's Studies
Second & fourth
Wednesdays, 6:30 p.m.

Choir Practice
Tuesdays, 6 p.m.
Jewish Shabbat
Fridays, 6:30 p.m.

Naval Hospital Guam

Roman Catholic Mass
Sunday, 9 a.m.
Monday-Friday, 11:30 a.m.
CCD
Sunday, 10:30 a.m.

Andersen Air Force Base

Roman Catholic Mass
Chapel 1
Saturday, 5 p.m.
Sunday, 9:30 a.m.
Monday-Thursday, 11:30
a.m.

Sunday Protestant
Worship
Chapel 2
General Worship 9 a.m.
Inspirational Gospel 11:30
a.m.

Sunday Religious
Education
Chapel 2
Catholic R.E., 8 a.m.
Protestant R.E., 10:30 a.m.

Schedules subject to change without notice. To confirm times or for more information about the programs, call the chapels at the following numbers:
Andersen Air Force Base
366-6139
Naval Base Guam
339-2126
Naval Hospital Guam
344-9127

Still Moments



Supervisor of the Quarter: Mae Flores, manager of Joint Region Marianas Manpower Office, receives a Supervisor of the Quarter Award from Rear Adm. Paul Bushong, Commander, Joint Region Marianas, during a ceremony in Bldg. 3190 April 13. In addition to her own duties, Flores assumed the role of Joint Region Manpower deputy manager upon departure of the previous deputy, assuring all required initiatives were completed accurately and on time. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)



Special Act Award: Grace Relativo, accounting officer of Joint Region Marianas, receives a Special Act Award from Rear Adm. Paul Bushong, Commander, Joint Region Marianas, during a ceremony in Bldg. 3190 April 13. Relativo worked on nights and weekends with various CONUS-based agencies to ensure a smooth transfer of more than 300 Navy personnel. Image has been intentionally masked for security purposes. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

The necessary necessity of patience

By Lt. Cmdr. Robert Jones

USS Frank Cable (AS 40)

The Bible has lots to say about what patience really is. The dictionary has some very interesting insights on what patience is and we all have had some experiences in deciding how much patience we have needed to utilize from time to time.

In my thinking, all of the resources, both biblical and reference-based are very influential and very true. The aspect of patience that I find the most intriguing is the fact that without that valuable asset in our repertoire of personal qualities and common virtues, we can become stagnant, overly philosophical, unseasonably sarcastic and harsh.

With this wonderful commodity, we can continue to grow, absorb the best in life and become more of what God intended for us to be.

The Bible has a word group of New Testament Greek words that focus on restraint, self-control despite circumstances and forbearance in personal relationships. The dictionary describes patience as the capacity for calm endurance. I refine both of these meanings to infer an ability to endure without complaining.

My personal opinion notwithstanding, Jesus Christ takes it to the next level when he stated that, "In your patience you possess your soul." (My paraphrase) The blessing here, is that with biblical patience we are able to get godly results.

Godly results are quite different from any other kind of results we can attain or achieve in our own strength, in our own mental aptitude and within our own prowess in any number of areas and things and here's why.

God and godliness always

requires a choice. We choose who and what we will serve. We decide on God and godly living or we choose the ungodly and the things God would have us not to partake in.

We chose life and death in those spiritual moments. The problem comes to light, when we decide that God and godliness is not in our planning and execution system. More problems come in, when we choose to disbelieve all

the good and the good things that God still provides, even in a world where bad things happen to good people and where bad people still get good results, for that moment.

We have to tighten our focus. We have to lock our scope on the target and we must make a decision about patience.

Patience allows the believer and the unbeliever in God to meet and to talk. Patience allows the good person who has experience a tragedy and the bad person who has experienced phenomenal success to help and to consider each other.

For me, patience is the great

equalizer of all things and of all people. If we actually possess our soul with our patience, then the words of Jesus and the word of God has a powerful truth that transcends people and what people choose to believe.

To live in this world and to live a life worthy of the good things that God does, we have all been blessed. We have all experienced the value of patience. We have all had an opportunity to decide what we believe and what we don't believe. The truth be told, God is actually more patient with us than we have ever been and that is why patience is a necessary necessity.



Spring Fling gives families a fresh breath of air

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff

Navy Morale, Welfare and Recreation (MWR) hosted a Spring Fling 1.5K and 5K Run at Commander William C. McCool Elementary/Middle School April 16.

The run was different than most MWR-sponsored runs, offering parents a chance to run with their children to promote family health and fitness.

"The Spring Fling is a non-competitive run that we host every year," said Stacy Neill, MWR fitness coordinator. "Everyone is a winner. Children get to spend some personal time with their parents. The whole purpose is developing a healthy lifestyle for families, especially children."

Lt. Matt Shiels, of USS Frank Cable (AS 40), attended the 1.5K run with his family of four.

"We came out to run with the kids," Shiels said. "We wanted to encourage our kids to be active but make it fun for them as well."

Amanda Pavlik also brought out her children. She and her husband Chief Boatswain's Mate Nicholas Pavlik, officer in charge of U.S. Coast Guard Station Apra Harbor, run often and were happy for the

Fitness Month Events at NGB

April 30

Adult 5K/10K Run at Orote Commissary

May 1

1.5K/5K Fun Run for Kids (of all ages) at Orote Commissary

May 8

Black Drongo 5K at Sumay Marina

May 14

Mystery Run at Sumay Cove Marina

May 22

Competitive 15K at Sumay Cove Marina

opportunity to have their children come along.

"It was a great run. Now our children get a chance to see what we do when we participate in these fitness runs," Pavlik said. "I would like to see more family-orientated runs offered on base."

Neill said the run was a taste of what is to come during MWR's Fitness Month in May.

"In May we are offering many runs to promote fitness and health," Neill said.

For more information about Fitness Month events, call 339-1301/2.



Family Fun: Lt. Matt Shiels, center, of USS Frank Cable (AS 40), strolls with his daughter during the Navy Morale, Welfare and Recreation (MWR) Spring Fling 1.5K and 5K Run at Commander William C. McCool Elementary/Middle School April 16. The run was designed for parents to run with their children to promote family health and fitness. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

NMCRS holds golf tournament for Active Duty Fund Drive

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

As a part of its 2010 Active Duty Fund Drive, the Navy-Marine Corps Relief Society (NMCRS) held a golf tournament at the Admiral Nimitz Golf Course April 16.

The four-person scramble team event drew more than 60 golf enthusiasts. Service members said it was important to help raise funds for a program that they might need one day.

"I wanted to give this tournament a try because I know the proceeds will go towards helping Sailors and Marines," said

Teeing Off: Chief Master-at-Arms (EXW/SW) Gambier Sanders, of Maritime Expeditionary Security Squadron 7, uses his hips to launch a ball down the fairway during the Navy-Marine Corps Relief Society's (NMCRS) 2010 Active Duty Fund Drive Golf Tournament at the Admiral Nimitz Golf Course in Barrigada April 16. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

Chief Master-at-Arms (EXW/SW) Gambier Sanders, of Maritime Expeditionary Security Squadron (MSRON) 7. "Even if you don't use the fund yourself, you probably know someone who has or will."

Unlike other golf tournaments, there were fun additional features for an extra fee that proved popular with the players. These included mulligans, bad luck insurance, and string, which could be placed on the ground near the cup to move a ball closer for a putt.

"Almost everyone has bought mulligans and strings," said Yeoman 1st Class (SW/AW) Maria Manchion, of Military Sealift Fleet Support Command, Ship Support Unit Guam. "They seem like they're having a great time for a great cause, and they're all eager to win."

The team winners for the tournament were: Detachment Civic Action Team Guam in first place, U.S. Naval Base Guam Dive Locker in second place, and in third place, the team of Oly Magofna, Rick James, Cal Sepera and Willie Pizzaro.

The goal of the event was two-fold: to raise money that will go toward helping service members and their dependents during times of need and to raise awareness of the NMCRS mission and of the support that can be provided for service members

through the organization.

"We want to raise awareness of the Relief Society," said Summer Sweeney, director of NMCRS. "Service members need to know that we are here to support them if they need it, whether that support be financial or otherwise. We are here to help our servicemen and women."

Chief Electronics Technician (SW) Phil Laserna, NMCRS Guam area coordinator, added that one in six Sailors and Marines received assistance from NMCRS in 2009.

"The fund drive raised over \$144,000 last year, and gave out more than \$387,000 in grants and interest-free loans," Laserna said. "It's all about Sailors helping Sailors; Marines helping Marines; family helping family."

The mission of NMCRS is to provide, in partnership with the U.S. Navy and Marine Corps, financial, educational and other assistance to members of the naval services of the United States, their eligible family members and survivors, when in need; and to receive and manage funds to administer these programs.

For more information about 2010 Active Duty Fund Drive events, call NMCRS at 564-1879/80 or e-mail Laserna at phil.laserna@fe.navy.mil.



Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail jointregionedge@fe.navy.mil.

Women's Self Defense Class

Navy Morale, Welfare and Recreation (MWR) is holding a women's self defense class every Tuesday until May 25, 6:30-7:30 p.m. at Charles King Gym (CKG). Open to MWR patrons 16 years old and up. Register at CKG office. For more information, call 564-1856 or 339-1301 or visit www.mwrguam.com.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

Law Day 5K Run

The 36th Wing Legal Office will host the Law Day 5 K Run at the Andersen Air Force Base Golf Course parking lot April 28. Registration will start at 6 a.m.; the run starts at 6:30 a.m. The 5 K is open to all military, civilian, and dependent ID card holders. For more information, call Staff Sgt. Michael Sian or Tech. Sgt. Tara White at 366-2937.