



# MWR BLUE JACKET CAFÉ

## NSA Annapolis



### Weekly Menu – October 22 - 28, 2012

#### MONDAY – October 22

<u>Breakfast</u>	<u>Lunch</u>	<u>Lunchtime Speedline</u>	<u>Dinner</u>
Grits Bacon Sausage Patties Home Fried Potatoes Eggs to Order BJC Omelet Bar Pancake Asst. Yogurt Asst. Cereal BJC Pastry Bar	Chef's Soup of the Day Soup of the Week (Cream of Potato) Fried Chicken Blackened Cod Redskin Mashed Potatoes Steamed Rice Chicken Gravy Steamed Green Beans Cream Corn BJC Salad Bar BJC Ice Cream Bar	BJC Burgers French Fries Baked Beans	BBQ Beef Cubes Buttered Parsley Noodles Savory Summer Squash Baked Potato Baked Beans BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar

#### TUESDAY – October 23

<u>Breakfast</u>	<u>Lunch – Italian Heritage</u>	<u>Lunchtime Speedline</u>	<u>Dinner</u>
Oatmeal Bacon Corned Beef Hash Hash Browns Eggs to Order BJC Omelet Bar French Toast Sticks Asst. Yogurt Asst. Cereal BJC Pastry Bar	Italian Wedding Soup Soup of the Week (Cream of Potato) Baked Lasagna Chicken & Shrimp Alfredo Brushetta Cheesy Bread Sticks Italian Zucchini Italian Style Green Beans Tuscan Tiramisu Cake BJC Salad Bar	Italian Sausage w/Marinara Sauce French Fries Italian Style Green Beans Grilled Hot Dogs Chili & Cheese Sauce	Orange Chicken Roasted Redskin Potatoes Herbed Broccoli Baked Potato Baked Beans BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar

#### WEDNESDAY - October 24

<u>Breakfast</u>	<u>Lunch</u>	<u>Lunchtime Speedline</u>	<u>Dinner</u>
Cream of wheat Bacon Grilled Ham Slices Home Fried Potatoes Eggs to Order BJC Omelet Bar Pancakes Asst. Yogurt Asst. Cereal BJC Pastry Bar	Chef's Soup of the Day Soup of the Week (Cream of Potato) Cheese Ravioli BBQ Ribs Glazed Sweet Potatoes Rice Pilaf Collard Greens Lyonnais Carrots BJC Salad Bar BJC Ice Cream Bar	Grilled Rubeen Sandwich Onion Ring Lyonnais Carrots Grilled Hot Dogs Chili & Cheese Sauce	Spaghetti w /Meat Sauce Bruschetta Steamed Mixed Vegetables Baked Potato Baked Beans BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar

#### THURSDAY – October 25

<u>Breakfast</u>	<u>Lunch</u>	<u>Lunchtime Speedline</u>	<u>Dinner</u>
Grits Bacon Turkey Sausage Links Hash Browns Eggs to Order BJC Omelet Bar Waffles Asst. Yogurt Asst. Cereal BJC Pastry Bar	Chef's Soup of the Day Soup of the Week (Cream of Potato) Roast Turkey Beef Stroganoff Egg Noodles Mashed Potatoes Turkey Gravy Peas / Mushrooms Steamed Cauliflower Parmesan BJC Salad Bar BJC Ice Cream Bar	Beef & Cheddar Sandwich Curly Fries Peas /Mushrooms	Di Flornica Chicken Breast Brown Rice Steamed Corn Baked Potato Baked Beans BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar

**FRIDAY – October 26**

<u>Breakfast</u>	<u>Lunch</u>	<u>Lunchtime Speedline</u>	<u>Dinner</u>
Oatmeal Bacon Sausage Patties Home Fried Potatoes Eggs to Order BJC Omelet Bar French Toast Asst. Yogurt Asst. Cereal BJC Pastry Bar	Chef's Soup of the Day Soup of the Week (Cream of Potato) Roast Beef Fried Fish Flounder Rosemary Potato Wedges Steamed Rice Steamed Corn Club Spinach Brown Gravy BJC Salad Bar BJC Ice Cream Bar	Panini Sandwich Tater Tots Steamed Corn Grilled Hot Dogs Chili & Cheese Sauce	Grilled Pork Chops Franconia Potatoes Vegetable Stir Fry Baked Potato Baked Beans BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar

**SATURDAY – October 27**

<u>Brunch 10 a.m. to 12:30 p.m.</u>	<u>Lunchtime Speedline</u>	<u>Dinner</u>
Sloppy Joe Sandwich Chicken Nuggets Curley Fries Steamed Mixed Vegetables  <b>\$5.50/person</b>	Eggs to Order Bacon Pancakes Home Fried Potatoes Cream of Wheat BJC Salad Bar	<b>No Speedline on Saturday</b>  Chicken Parmesan French Fries Steamed Broccoli Baked Potato Baked Beans BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar

**SUNDAY – October 28**

<u>Brunch 10 a.m. to 12:30 p.m.</u>	<u>Lunchtime Speedline</u>	<u>Dinner</u>
Monte Cristo Sandwich Fish Stick Pollock Asst Baked Potato Chips Steamed Peas  <b>\$5.50/person</b>	Eggs to Order Bacon French Toast Hash Browns Grits BJC Salad Bar BJC Ice Cream Bar	<b>No Speedline on Sunday</b>  Grilled Steak Fried Shrimp w/Cocktail Sauce Steamed Rice Steamed Lima Beans Baked Potato Baked Beans BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar

**Meal Rates:**

Breakfast - \$3.50  
**Brunch - \$5.50**  
 Lunch and Dinner - \$5.50

**Menu Recording: 410-293-9120\***  
*\*Menu subject to change!*

**Monday – Friday**

**Breakfast** 6:30 to 8 a.m.  
**Lunch** 11 a.m. to 1 p.m.  
**Dinner** 4:30 to 6 p.m.

**Saturday, Sunday and Holidays**

**Brunch** 10 a.m. to 12:30 p.m.  
**Dinner** 4:30 to 6 p.m.

**Coffee Shop and Deli (Grab & Go)**

*.... for Gourmet Coffee, Pastry, Bagels, Sandwiches, Subs, Salads & Sodas*  
**Monday – Friday** 8 a.m. to 4 p.m.