



USS CROMMELIN ATTENDS

Merrie Monarch

FESTIVAL



MC2 (AW)
Eric J. Cutright

*Navy Public Affairs Support
Element West Det. Hawaii*

Sailors from the Oliver Hazard Perry-class, guided-missile frigate USS Crommelin (FFG 37) took part in the annual Merrie Monarch Festival on the "Big Island" of Hawaii from April 8-10.

The Merrie Monarch Festival is a week-long event that celebrates the perpetuation, preservation and promotion of Hawaiian culture through education and the art of the hula.

Crommelin arrived at Hilo Pier on April 8 for a three-day port visit where the crew had an opportunity to enjoy nightly hula competitions and to take part in the culturally-driven Hawaiian event.

"This is now the 47th year that the Navy has been represented here in Hilo for the Merrie Monarch Festival and it's a tremendous honor for the Sailors of USS Crommelin to have been invited to participate in the ceremony," said Cmdr. Joseph M. Keenan Jr., commanding officer of USS Crommelin.

Crommelin Sailors were able to enjoy liberty call soon after arriving at Hilo and some took the opportunity to participate in a community relations project at a Girl Scout Service Center.

"I'm just trying to help the community in any way I can while we're here for the Merrie Monarch," said Logistics Specialist 2nd class (SW/AW) Derrick Denmark.

The volunteers painted the entire outside of the service

center, which provides the island's girl scouts with their supplies as well as a place for the scout troops to hold meetings.

At night, the Crommelin Sailors were invited to attend the Merrie Monarch hula competitions at the Edith Kanaka'ole Tennis Stadium.

"The fact that these Sailors were able to witness hula first hand, I think that's really what's touched them the most. They really got to see what the aloha spirit is all about," said Command Senior Chief (SW) Matthew Danforth.

Rear Adm. Dixon Smith, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, joined Crommelin on its second day in Hilo, where he participated in the official pierside welcome ceremony. Smith, along with Keenan, presented plaques signifying the Navy's appreciation to the associate director of Merrie Monarch Festival, Hilo Council of the Navy League and the king and queen of the Merrie Monarch Festival.

After the ceremony, Crommelin hosted a luncheon on the flight deck for its honored guests. "It's a wonderful experience for me," said Lisa Akana-Baltero, the mo'i wahine, or queen of the Merrie Monarch Festival Royal Court. "I enjoyed seeing the ship and having conversations with the crew onboard. It was just a wonderful event."

On radio station KMXX FM 94.7 Hilo, radio personality Kaohu James had an opportunity to chat with Smith and Navy League Hilo Council President David

DeLuz Jr. about the Navy's participation in the popular festival and shared the importance of the Navy's presence in Hawaii.

On the third and final day of the Crommelin's involvement, Keenan, along with his executive officer and command senior chief, led his crew as they marched in the Merrie Monarch Royal Parade through downtown Hilo. Smith, joined by his wife Kiki, walked beside the Crommelin Sailors while waving and shaking hands with people along the way.

"We are thrilled to be here," said Keenan. "The Navy and Hilo have roots that go back many, many years and we are proud to represent the Navy at the 2010 Merrie Monarch Festival."

Before leaving Hilo, Crommelin welcomed 14 cadets from Waiakea High School Navy JROTC in Hilo to embark the ship on its return trip to Pearl Harbor.

Chief Boatswain's Mate Scott Fraser, Waiakea High School NJROTC naval science instructor, thanked the commanding officer and crew of Crommelin for all they have done for the young cadets. "They made us feel like real shipmates while onboard. All the accommodations and tours that they gave us were fantastic," he said. "The cadets thoroughly enjoyed the steel-beach picnic and flight deck movie. "I couldn't have asked for a better event," he added.

While at Pearl Harbor, the cadets toured Pacific Aviation Museum, USS Arizona Memorial and World War II Valor in the Pacific National Monument.



Navy crowned kingpin at All-Military tourney

Story and photos by Randy Dela Cruz

Contributing Writer

After coming up short over the last few years, the men and women of the All-Navy bowling squad are bringing the team trophy back to Pearl Harbor after capturing the 2010 Hawaii All-Military Bowling Tournament at Naval Station Bowling Center (NSBC), Joint Base Pearl Harbor-Hickam, on April 9.

The annual tournament started on April 6 and was held over four consecutive days at bowling centers on Hickam, Marine Corps Base Hawaii, Kaneohe and Schofield Barracks before the overall team competition at NSBC took place on the final day.

Although Navy trailed the All-Air Force team by a slim margin of 47 pins going into the last three games of the tournament, the Sailors picked up the pace with a solid second series to earn a sweet come-from-behind victory.

The Navy captured this year's championship by knocking down 47, 498 total pins over 24 games, while Air Force, last year's defending champs, finished as the runner-up, only 183 pins behind at 47, 315.

"It's been awhile, about five years, since we last took this," said Senior Chief Culinary Specialist Derrick Pelekai Jr. of Commander, U.S. Pacific Fleet, who is the team captain of the All-Navy squad. "We started off



Members of the Hawaii All-Navy bowling team gather together after winning the 2010 Hawaii All-Military Bowling Tournament at Naval Station Bowling Center, Joint Base Pearl Harbor-Hickam, from April 9. Standing in front are, from left: Bernadette Smith, Chief Cryptologic Technician (Maintenance) (SW) Dayle Simonson, Melissa Armes, Amanda Berg and Jessica Reyes. Lined up in back are Logistics Specialist 2nd Class Michael Peters, Cryptologic Technician (Collection) 2nd Class Daniel Theisen, Senior Chief Culinary Specialist Derrick Pelekai Jr., Air-Traffic Controller 1st Class Matthew Hoffman, Yeoman 3rd Class Erik Day and Command Master Chief Fire Controlman Donald Leppert. (Right) Command Master Chief Fire Controlman Donald Leppert of Afloat Training Group Mid-Pacific (ATG MID-PAC) is about to release the ball down the lane during the 2010 Hawaii All-Military Bowling Tournament at Naval Station Bowling Center, Joint Base Pearl Harbor-Hickam on April 9. Leppert averaged 201 per game in helping the all-Navy team win this year's all-military event.

day one with the mindset that we wanted to accomplish this. I've never seen this type of passion."

Air Force Senior Airman Alfred Chock Jr., who with his wife Era won the tournament's mixed doubles title, said that while the team came a long way from its tryouts, having only three returning bowlers from last year's squad may have been too much to overcome – especially when the chips

were on the line.

"We were leading the whole time coming into today, but it was a really slim lead and the Navy pulled it out," said Chock after the tournament. "It's just whoever could keep their games clean, make their spares and strikes when they could, and that's it."

"They (Navy) had a real strong men's team and a decent women's team, so that beat our average men's and

women's teams together," he added.

In addition to winning the overall title, the Navy conquered the field in the men's team championship, as well.

Led by tournament high-roller Logistics Specialist 2nd

Class Michael Peters, the Navy men dominated the four-day event with a pin count of 6,875. The retirees came in second with 6,402, while the Air Force placed third with 6,379.

Peters, who led all bowlers with a tournament average of 204, managed to maintain a hot hand throughout the event as he picked up the men's single title and threw for the tournament's highest series with a mark of 793.

While this was only Peters' second year on the All-Navy team, he said that a year of experience in local televised tournaments really helped him concentrate under the pressure of the all-military event.

Military team where he was joined by teammates Pelekai (196.8 average), Yeoman 3rd Class Erik Day (196.1) and Command Master Chief Fire Controlman Donald Leppert (201). Air Force Master Sgt. Lonnie Rehs (198.3) also made the team.

The Navy did not place anyone on the five-member women's all-military team, but Era Chock's 179.2 average was good enough for fourth place on the squad.

In bringing the trophy to Pearl Harbor, Pelekai praised the contributions of each member of the all-Navy squad and noted that the victory was done by virtue of a true team effort.

"Everyone came together and helped

each other out," said

Pelekai.

"When one went down, somebody came by and picked them up and that was a good thing teamwise. It's something that I haven't seen in a long time. Our team spirit and personal pride pulled us through."

And while the Navy and Air Force are now housed together on a unified base, the situation, said Pelekai, has done little to diminish the rivalry between the two military branches.

"We're joint, but the competition is still there," admitted Pelekai. "We can be joint, but any way you look at it, Air Force is still Air Force and Navy is still Navy."



"Getting that experience in the Hawaii TV events really helped me out a lot," noted Peters, who is being transferred and won't be on the team next year. "Being in front of a camera, every shot is difficult, so the pressure isn't much of an issue any more. I just stayed focused on my form and keeping the shot."

For his outstanding efforts, Peters was also named to the six-member men's All-

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JIOC hoopsters knock off Nasty Pac

Story and photo by
Randy Dela Cruz

Contributing Writer

Joint Intelligence Operation Center (JIOC) used a strong first quarter to beat Nasty Pac, a team from Naval Submarine Training Center Pacific, 48-34, in an Ashore Intramural Basketball League at Naval Station Gym, Joint Base Pearl Harbor-Hickam, on April 12.

JIOC, the league's second-place team, improved its overall record to 11-2, while Nasty Pac dropped to 3-9.

Information Systems Technician 3rd Class Lorenzo Nichols of JIOC led a balanced scoring attack with 12 points. A total of seven players tallied points for JIOC, which saw all five of its starters score in an 18-point first quarter.

"We played in two leagues, but now we're playing in only one so we had a lot of energy," explained Nichols about the team's fast start that opened up a 14-point advantage in the first half. "We got speed and quickness, they had strength and size. I guess our advantage happened to overwhelm theirs."

Boatswain's Mate 3rd Class Howard Dawson of Nasty Pac led all scorers with 20 points, which included two three-point bombs.

Dawson said that falling behind by double digits early in the game resulted in an uphill climb that was too tough to overcome – especially against a solid JIOC team.

"That set us back a lot because you got to hustle to overcome those points," stated Dawson. "We tried to

do our best, but they kept shooting on us and making threes. They outplayed us this game."

On offense, JIOC used a quick transition game that opened the lanes for an easy basket or a kick-out pass to an open shooter on the perimeter.

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Once isolated, JIOC shooters zeroed in and buried a total of seven long-distance bombs from beyond the three-point arch.

In addition, JIOC's outside game was assisted by its strong play under the boards that produced many second-shot opportunities for the team.

Despite facing a height disadvantage in the post, JIOC players used positioning and their quickness to snatch away rebounds from the likes of Nasty Pac center Lt. Scott Bresnahan, who stands six feet six inches tall.

"We just continue to box out. That's what I stress to the guys," Air Force Staff Sgt. Ron Johnson, head coach of JIOC. "I tell our guys that if they're up against bigger guys, they need to box them out so that we can get other people to get the ball."

Although a six-point run brought Nasty Pac to within 10 points at the break, a cold start in the third put the game in JIOC's favor for good.

Following intermission, Nasty Pac was held scoreless until a basket by Dawson with only 3:34 left in the period broke the drought. Nasty Pac scored only five points for the



quarter and fell behind by a score of 39-23 going into the final eight minutes of play.

Johnson said that while there is always room for improvement, he believes that JIOC has come a long way since the beginning of the season.

He pointed to familiarity as the main reason why the team has been so successful this year.

"We've been together since the middle of December, so our guys really know each other well," said Johnson. "They're a better team. We had to iron out some things, as far as getting guys to play well together, but we got that now."

With JIOC playing against the bottom two squads in the league in its next matchups, the team is looking forward to bringing a 13-2 record into its showdown with undefeated league-leaders Naval Station Pearl Harbor on April 28 at Naval Station Gym, starting at 6:30 p.m.

Nichols said that if JIOC plays up to its potential, the team should be in every game for the remainder of the season.

"We're only going to beat ourselves," said Nichols. "We shouldn't be beat by anybody, but if we do, it's because we self-destructed."

Information Systems Technician 3rd Class Lorenzo Nichols of Joint Intelligence Operation Center (JIOC) fights to shoot over six-foot-six-inch center Lt. Scott Bresnahan of Naval Submarine Training Center Pacific (Nasty Pac) in an Ashore Intramural Basketball League at Naval Station Gym, Joint Base Pearl Harbor-Hickam, on April 12. Nichols scored 12 points to lead JIOC its 11th victory.

Forest City follows up on speed bump requests from residents

Ryan Wilson

Communications Coordinator, Forest City Navy Housing Residential Management, Inc.

Navy family housing residents have been asking for speed bumps in their communities to help reduce traffic speed. Now, Forest City is following up on those requests and has begun installing speed bumps in almost all of the Navy family housing neighborhoods on Oahu.

"This project shows that we listen and respond to our residents," said Kari Diaz, general manager. "It shows our commitment to improving our neighborhoods whenever possible."

Work began April 8. Construction will start in communities located farthest to the east and will progress to communities located in the west and north until the job is complete, but the schedule may vary.

Following is a list of the communities that will receive speed bumps in approximately the order that they



Forest City is installing speed bumps in most of its Oahu Navy family housing neighborhoods.

will be installed: Radford Terrace, Halsey Terrace, Doris Miller Park, Catlin Park, Maloelap, Hokulani, Hale Moku, Hospital Point, Luke Field, Kamehameha Loop, Nob Hill, Battleship Cove, Ford Island Landing, McGrew Point, Halawa, Pearl City Peninsula, Camp Stover

and Hele Mai.

Residents should be aware that they may experience brief traffic stops and rerouting, depending on the location. Since the speed bumps will be in varying locations in the community, there will be some barriers placed in temporary no-parking zones.

Signs are in place and the speed bumps will be painted shortly after installation.

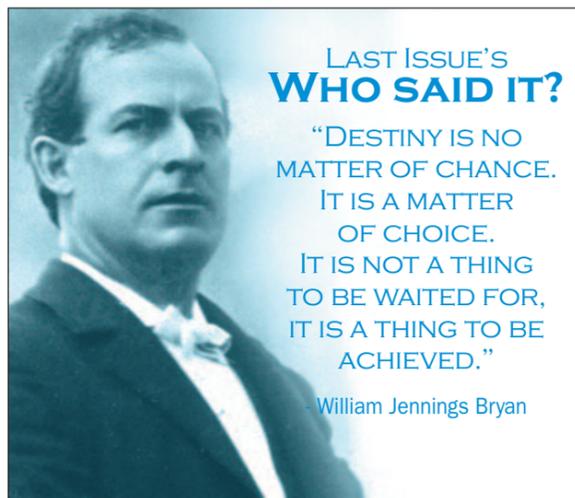
Residents were notified via email. If a resident didn't receive an email, they are encouraged to fill out a "resident feedback form" on the Forest City Web site or call their resident services office to make sure Forest City has their current email address. According to Forest City, taking this step will help improve communication between the company and residents.

"After all," said Diaz, "speed bumps were the product of communication between residents and Forest City. Residents told us they wanted speed bumps in CEL surveys, in person, over the phone and by email. It just shows how important and powerful communication can be for our residents if they want to see an improvement in their neighborhood."

Residents are encouraged to call their resident services office with any questions or concerns about the speed bumps and also to provide their current email address.

WHO SAID IT?

"One man with courage makes a majority!"



LAST ISSUE'S WHO SAID IT?

"DESTINY IS NO MATTER OF CHANCE. IT IS A MATTER OF CHOICE. IT IS NOT A THING TO BE WAITED FOR, IT IS A THING TO BE ACHIEVED."

William Jennings Bryan

NEX to give five-cent credit when using 'green bags'

Navy Exchange Service Command Public Affairs

Navy exchanges (NEX) worldwide are initiating a new program to help customers save money and to help the environment. Beginning April 21, customers will receive a five-cent credit toward their purchase for each eco-friendly reusable bag that is carried into the NEX by the customer and used to bag that day's purchase.

"The Navy Exchange System is continually working to find ways to help save its customers money and to help the environment at all its locations worldwide," said Rear Adm. Steven J. Romano, commander, Navy Exchange Service Command (NEXCOM). "We are hoping that this program will encourage patrons to reuse, recycle and save by promoting the use of reusable shopping bags. This program will also help reduce the amount of plastic disposable bags used at the NEX which will



Photo courtesy of Pearl Harbor Navy Exchange

save money and help lower the amount of plastic bags being sent to landfills," he explained.

The five-cent credit program applies to all NEX retail and services facilities where bags are normally used. It does not apply to direct run concessions, such as food operators and mall kiosks that are operated in NEXs. The program does not apply to a disposable plastic bag that is being brought into the NEX to reuse.

This Week's Trivia

Who were the first two Navy flight nurses to land on Iwo Jima, an active battlefield, on April 7, 1945?

Last Issue's Question:

Who was the first U.S. Navy Sailor to be killed in action during World War I?

Answer:

Boatswain's Mate 1st Class John Eopolucci, a naval armed guard aboard the steamship Aztec, died when his ship was sunk by a German vessel on April 1, 1917 during World War I.



Navy Region Hawai'i Manawa Nanea

Morale Welfare & Recreation

NAVY-MARINE GOLF COURSE GOLF CLINIC
The Navy-Marine Golf Course will hold a free golf clinic at 2 p.m. Saturday. Active duty Navy, Marine, Coast Guard and their family members have priority. FMI: 471-0142.

YOUTH FITNESS ORIENTATION
A youth fitness orientation will be held at 9 a.m. Saturday at Bloch Arena. The program is free and designed for youth ages 10 to 14 years. The orientation includes an equipment introduction, safety guidelines, an exercise demo, and a review of the rules and regulations. FMI: 473-0793.

MINI-YOUTH ORIENTATION
A youth fitness orientation will be held at 10 a.m. Saturday at Bloch Arena. The program is free and designed to show parents how to help their children, ages six to nine years, in the Fit Kids center. The session reviews standard safety practices, how to operate the equipment, plus proper warm-up and stretching exercises. FMI: 473-0793.

27TH ANNUAL ARMED FORCES HAWAII BODYBUILDING CHAMPIONSHIP
The 27th Annual Armed Forces Hawaii Bodybuilding Championship will be held at 6 p.m. Saturday at Sharkey Theater. The best bodybuilders from the Navy, Army, Air Force, Marines and Coast Guard will compete. The contest is open to all active duty, family members, Department of Defense personnel, reservists and National Guard. The competitor fee is \$20; the spectator fee is \$10. FMI: 473-2494 or visit www.greatlifehawaii.com.

REGISTER FOR YOUTH SPORTS TODAY
Registration deadline is today for youth sports for the USA Track and Field program for the track season that runs May through July. The cost is \$70 per participant and includes a uniform and award. The program is open to all military youth ages nine to 17 years old. All practices will be held at Quick Field, but participants will compete at the University of Hawaii, Manoa campus. To register, visit the youth sports office located at 620 Main St., bldg. 3456 (off-base). A birth certificate and current physical record are required at time of registration. FMI: 474-3501.

SPRINGFEST CELEBRATION
In celebration of the Month of the Military Child, Springfest will be held from 2 to 5 p.m. April 24 at Ward Field at Joint Base Pearl Harbor-Hickam. In case of rain, the event will be held at Club Pearl, Paradise Lounge. The event is free and will include crafts, games and entertainment. Well-known ventriloquist headline act Willie Tyler and Lester will perform at 4 p.m. FMI: 473-0606 or 421-1556

For more information on Navy Region Hawaii MWR events, visit www.greatlifehawaii.com

Community Calendar

April

17 ~ The Navy will partner with the City and County of Honolulu for the annual Pearl Harbor bike path cleanup from 8:30 to 11 a.m. Check in is at 8 a.m. at Blaisdell Park. FMI: 473-2926 or grace.hewlen@navy.mil.

17, 24 ~ There will be lei-making demonstrations at the Pearl Harbor Navy Exchange (NEX) from 10 a.m. to noon. Professional lei-makers will display their skills of an old Hawaii tradition. Lei-making fabrics will be available for purchase. The demonstration will also be held May 1 from 10 a.m. to noon. FMI: 423-3287.

23 ~ "Willie Tyler and Lester," world famous ventriloquist act, will perform at a dinner show at JR Rockers, the enlisted club on Hickam. Dinner and cocktails start at 6 p.m. The show starts at 8 p.m. The cost is \$20 for club members, \$25 for non-members. The cost for children, ages six-10, is \$10. Admission for children age five years and younger is free. FMI: 448-2271, ext. 226.

23, 24, 25 ~ Bluegrass Hawaii, a non-profit community organization, is holding a weekend camping jam session at Ho'omaluhia Botanical Garden which is open to anyone who is interested in joining the organization either to play music or simply to enjoy the music. The event will run 24 hours a day and there is no cost. Many of the bluegrass musicians are both active duty and retired military personnel. For more details, visit <http://www.bluegrasshawaii.com/pickinWeekend.html>. FMI: Mike Spengel at 255-7245.

24 ~ Pearl Harbor Morale, Welfare and Recreation will host Springfest from 2 to 5 p.m. at Ward Field. The event will feature Earth Day displays and eco-friendly exhibits and activities that help raise environmental and energy awareness. Celebrate the Month of the Military Child and Earth Day in a fun and educational event for the entire family. FMI: 473-2926.

Sharkey Showtimes



Shutter Island (R)

A U.S. marshal, along with his new partner, travels to a Massachusetts island to investigate the disappearance of a patient from a hospital for the criminally insane. During their inquiry, the two encounter a web of deceit, experience a hurricane and become involved in a deadly inmate riot that leaves them trapped on the island.

SHARKEY MOVIE THEATER

TODAY
7:00 PM Shutter Island (R)

SATURDAY
No Movies Due to Armed Forces Hawaii Bodybuilding Championship

SUNDAY
2:30 PM Percy Jackson & the Olympians: The Lightning Thief (PG)
5:00 PM Cop Out (R)
7:30 PM The Crazies (R)

HICKAM MEMORIAL THEATER

TODAY
6:00 PM Brooklyn's Finest (R)

SATURDAY
4:00 PM Tooth Fairy (PG)
7:00 PM Cop Out (R)

SUNDAY
2:00 PM Shutter Island (R)

