

## Surveys provide benefits to Navy families

Karen S. Spangler

Editor

A Naval Inspector General (NAVINGEN) team will be in Hawai'i from Sept. 12-26, visiting various naval commands here to evaluate command climate and quality of work life for the Navy community in the aloha state.

A key part of that process is information derived from two NAVINGEN surveys, available online now through Aug. 3. According to the Naval Inspector General, the information gathered from the surveys is critical in order to accurately capture the concerns of Department of the Navy (DoN) personnel and to facilitate the successful completion of the team's visit to Hawai'i.

One survey will target all military and civilian personnel assigned to naval commands in Hawai'i. A second survey invites active duty spouses to participate. The spouses' survey has been created specifically to obtain the family's perspective.

Navy leadership has emphasized the importance of participation in the surveys, explaining that it is a major factor in helping to improve the quality of life for those in the Navy community and benefiting the mission.

Rear Adm. T. G. Alexander, Commander, Navy Region Hawai'i and Commander, Naval Surface Group Middle Pacific, encouraged service members, spouses and DoN civilians to complete the surveys. "The sur-

veys really do help us. The data will be used to formulate focus group topics and we'll only realize the benefits if we give this our full support," he said.

While in Hawai'i, the NAVINGEN team will review a wide range of issues, including mission readiness, fleet support, work environment, training, quality of life programs, medical care, facilities management, housing, bachelor quarters and environmental programs

"From my perspective, we think we're doing a pretty good job of supporting our mission, but this is a great opportunity for an outside organization - traveling a long way at a significant expense - to see how we do business and to realize a maximum return on investment based on good participation from us," explained Alexander.

Each survey takes approximately 10 minutes to complete and must be completed in one session. The "save" and "return later" function is not available for these surveys. Participation in the surveys is voluntary and responses will be kept anonymous.

Active duty Navy personnel and DoN civilians can access the survey at [www.ig.navy.mil/nrh.htm](http://www.ig.navy.mil/nrh.htm). The spouses' survey is at [www.ig.navy.mil/nrhspouse.htm](http://www.ig.navy.mil/nrhspouse.htm).

"I encourage all commands to get folks online and I really encourage active duty spouses to participate as they provide a family's perspective. It's easy to do and doesn't take long," noted Alexander.



U.S. Navy photo by MC2 Ben A. Gonzales

Families of Sailors stationed aboard guided missile destroyer USS Russell (DDG 59) wait patiently as the ship returns to Naval Station Pearl Harbor from a three-month deployment. Navy personnel and spouses are encouraged to participate in a Naval Inspector General Survey (NAVINGEN) available online through Aug. 3. The survey will help Navy leadership to formulate focus group topics. The NAVINGEN will visit Hawai'i on Sept. 12-26.



U.S. Navy photo

The crew of USS Port Royal (CG 73) hosted CBS sportscaster Jim Nantz for a tour on June 13.

## Sportscaster Jim Nantz visits USS Port Royal

Ensign Reagan Balsamo

USS Port Royal (CG 73)  
Public Affairs

The crew of USS Port Royal (CG 73) had the pleasure of hosting CBS sports caster Jim Nantz for a tour on June 13, providing him with an opportunity not only to see the technology of an Aegis cruiser, but also to meet some of the best Sailors in the world.

Nantz was greeted by Capt. David Adler, Port Royal commanding officer, and several sports fans. He was accompanied by his wife Lorrie and daughter Caroline, taking time to visit Port Royal while on vacation on Oahu. He was on the island briefly, but wanted to experience the rich military tradition of Pearl Harbor. Earlier, he visited USS Arizona Memorial, Missouri

Memorial, and USS Bowfin.

During his tour of Port Royal, Nantz and his family met with Sailors and toured the Combat Information Center, bridge, flight deck, medical, enlisted berthing and the crew's mess. While onboard, he spoke with Sailors and passed along his appreciation for all that they do. The crew was preparing for the upcoming Board of Inspection and Survey (INSURV) inspection when he and his family arrived. His visit lightened the mood and gave sports addicts a reason to banter about their favorite teams.

Knowing that a ship of 350 Sailors would have a variety of sports interests, Nantz asked each Sailor he met where they were from and what teams they rooted for. Lt. Aaron Ayers, the supply officer, overwhelmed Nantz

with his knowledge of the Boston Red Sox while Cryptologic Technical (technical) (SW) 3rd Class Benjamin Northcutt spoke of the University of Oklahoma and its glory on the gridiron.

When Sailors asked about his yearly appearance on CBS as a host of the Master's golf tournament, Nantz entertained sports fans with one of his most memorable quotes, "A tradition unlike any other, The Masters."

A man who has made his mark in the media and whose voice sports fans around the world recognize was more concerned with the crew's daily activities and the average Sailor's lifestyle. In an awkward moment, a Sailor remarked that he was not very interested in sports, to which Nantz responded, "That's all right, I am still impressed by what you do."

## Wreath laying honors USS Wahoo Sailors

MC3 Matthew R. White

USS Frank Cable (AS 40) Public Affairs

Sailors aboard the submarine tender USS Frank Cable (AS 40) held a wreath laying ceremony July 9 to honor the brave Sailors of USS Wahoo (SS 238) who remain on eternal patrol.

Nearly 64 years after they were lost in the La Perouse Strait, north of Hokkaido, Japan, the crew of Wahoo received their final farewell.

"It was an extreme honor and privilege to preside over this solemn and long-awaited ceremony," said Rear Adm. Douglas J. McAneny, the commander of Submarine Group 7 based at Yokosuka, Japan. "The accomplishment of U.S. Navy submarines during World War II underscores the relevance and importance of submarines in today's world. This ceremony brings closure to the families of the men of Wahoo, one of the greatest fighting submarines in the history of the U.S. Navy."

Wahoo's final resting place remained a mystery for 63 years. In July 2006, the Russian Federated Navy discovered a sunken submarine in the vicinity of La Perouse Strait in approximately 213 feet of water. The Russian Navy contacted the U.S. 7th Fleet and the U.S. Navy confirmed that the images were those of the Wahoo.

The legend of the Wahoo was an inspiration to serve in the U.S. Navy, according to Capt. Tom Logue, chairman of the computer science department at the U.S. Naval Academy and nephew of Wahoo Fire Controlman 1st Class Robert Logue.

"It affected me as a young boy, hearing the stories about Uncle Bob in the Navy and service to our nation was a big part of that," said Logue "For me, growing up hearing those stories I immediately glommed on to the idea of submarines."

Commissioned in 1942, Wahoo had a brief, but strong impact on the Pacific front during World War II. Following her first two wartime patrols, Wahoo received a new commanding officer, Cmdr. Dudley "Mush" Morton. A new tone was set during his speech upon taking command when he proclaimed, "Wahoo is expendable."

Morton led Wahoo on five successful patrols, sinking 27 enemy ships totaling 119,000 tons. During Wahoo's seventh and final patrol, it entered the dangerous, yet vital, Sea of Japan.



U.S. Navy photo by MC2 Stefanie Broughton

Rear Adm. Douglas McAneny, commander of Submarine Squadron 7, helps lay a wreath in the ocean on July 8 in the La Perouse Strait, off the coast of northern Japan. The event was held in remembrance of the Sailors aboard USS Wahoo (SS 238) from aboard submarine tender USS Frank Cable (AS 40). The submarine Wahoo sunk in October 1943 and was found in June 2006 by a Russian diving team.

While transiting out of the Sea of Japan through the La Perouse Strait, Wahoo was spotted by the Japanese and attacked for hours by sea and air. Wahoo sank on Oct. 11, 1943. Morton was posthumously awarded his fourth Navy Cross for his actions.

Wahoo was one of the most distinguished submarines during World War II, earning the Presidential Unit Citation for its wartime actions.

The U.S. Navy has long held that the sea is a fitting resting place for its Sailors. Wahoo will not be salvaged nor any remains of the crew be recovered.



Joint military trains to defend against network hackers See page A-2



Paul Hamilton Sailors enjoy port visit to Vanuatu See page A-6



Surface Navy Association honors Russell volunteers See page A-2



NJROTC trains students for the future See page B-1

# Joint military trains to defend against network hackers

Story and photo by  
MC3 Michael A. Lantron

Navy Region Hawai'i Public  
Affairs Office

Five Sailors from Commander, Third Fleet, based at San Diego, Calif., and the Naval Computer and Telecommunications Area Master Station, Pacific (NCTAMSPAC), Wahiawa along with an airman from 15th Air Unit, Pearl Harbor participated in a cyber war training course at the Space and Naval Warfare Systems in Pearl City, Hawai'i from July 8-12. The course was held to improve military personnel response in a real-life cyber war environment.

The students were assigned to quickly defend networks with system scans and respond to intrusions and anomalies, such as viruses and probes, against hackers played in the scenario by a group of military

personnel at the Joint Warfighting Center in Norfolk, Va.

"We have network intrusions that are riddles to us, but there is no process in place for military personnel to fight those intrusions," said Master Chief Cryptologic Technician (networks) (SW/AW) Noah Smith. "Here, we give personnel a chance to combat these intrusions in a safe, secure environment with some of their peers."

The two teams interacted with each other using the information operation (IO) range. The range was created by the under secretary of defense for intelligence as a way to allow commanders to give the confidence they have in kinetic weapons, such as guns or bombs, to non-kinetic weapons.

"The IO range connects sites that have useful capabilities or it can create a real-world network environment through any of the 20 sites

across the globe," said Robert Sabo, IO range supervisor for U.S. Joint Forces Command, Joint Warfighting Center.

This is the second time the course has been conducted. The first took place during the recent Operation Talisman Sabre with the U.S. and the Australian military.

"Compared to Talisman Sabre, this is a more in-depth course and as we get more students, we can continue learning how to improve the class and pass the information to Congress," said Thomas Latta, a Navy civilian for Space and Naval Warfare Systems Center in San Diego.

According to instructors, the hope is for every member of the communications team to take the course, helping to ensure national security. The students agree.

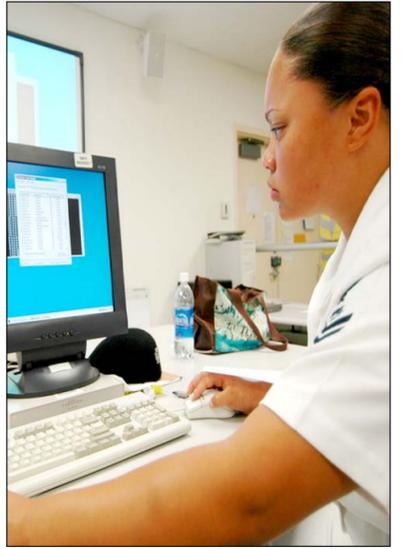
"If everyone goes through the class, they can see how to fight a

cyber war, thus helping us become a stronger military," said Information Systems Technician 2nd Class (SW/AW) Athena Stovall of Commander, Third Fleet.

"I believe that some day, the next great war will be fought not with weapons, but in cyberspace," said Smith. "Whether it is with a single hacker or a robust country, we must be prepared for that battle."

Plans are currently in motion to have the course move from a part-time to a year-round course to help increase the proficiency of military personnel.

Information Systems Technician 2nd Class (SW/AW) Athena Stovall of Commander, Third Fleet, based in San Diego, Calif., scans for network intrusions during a cyber war training course at the Space and Naval Warfare (SPAWAR) Systems Center.



# Surface Navy Association honors Russell volunteers

Story and photo by  
Ensign Theresa Donnelly

USS Russell (DDG 59)  
Public Affairs

Surface Navy Association (SNA) representatives and the crew of USS Russell (DDG 59) enjoyed an aloha Friday on June 29 to recognize the volunteer contributions of several crew members.

The event took place at the Teahouse Lanai, located at Naval Station Pearl Harbor and was informative in nature, giving Sailors background on the Surface Navy Association to encourage membership in the local Pearl Harbor chapter.

SNA host Capt. Don Hodge, chief of staff for Commander, Naval Surface Group Middle Pacific and speaking on behalf of Pearl Harbor chapter president Capt. Dell Epperson, presented Russell volunteers with letters of appreciation for participating in the semi-annual clean up of the Navy burial site at Oahu Ceremony. The cleanup took place in April in preparation for Memorial Day. The cemetery plots are the final resting place for many Navy veterans and date from the late 18th century to after the attacks on Pearl Harbor in 1941.

The luncheon featured catered Chinese and Japanese cuisine, beach music and the award presentation.

Founded in 1985, the SNA brings together personnel who share a common interest in

naval surface warfare. Local chapters, such as the Pearl Harbor chapter, volunteer at a wide variety of different functions. Additionally, SNA recognizes local surface warriors' outstanding achievements and gives members the opportunity to network with each other to expand greater communication within the surface Navy community.

Hodge commended Russell's performance this past year. "I want to congratulate USS Russell for a highly successful spring," said Hodge. "You went on a surge deployment on such short notice in the middle of a training cycle and exceeded all expectations on all counts."

Taking the time to recognize the achievements of the

volunteers is something that the ship takes seriously and strives to do often. Cmdr. Brad Cooper, Russell commanding officer, emphasized the contributions and job performance of the volunteers. "When you take a snapshot of who is volunteering and who is doing exceptionally well in the command, there tends to be a correlation between superstar performers who are very capable and then go above and beyond that to contribute back to the community," said Cooper.

Hodge also pointed out that the SNA is an organization that brings together surface warriors from different ranks within the surface Navy. "There may be a perception that SNA is just for officers,

but that is not so. We want people from all ranks for our volunteer and community events." In fact, according to SNA president Capt. Epperson, "About 30 percent of our local chapter is composed of E6 and below, another 35 percent are E-7-E-9, and we hope to expand that."

This year, in addition to the semi-annual clean up of the

Navy plot, SNA members volunteered at the Honolulu Marathon. Currently, the association is planning a paintball tournament, an awards luncheon for Sailors who were individual augmentations (IAs), and a golf tournament.

Russell crew member Cryptologic Technician (technical) 2nd Class Ian McCallum, one of the volunteers for the

cemetery cleanup, said, "I thought it was great that we were recognized for giving back to the community."

Russell is presently in port at Pearl Harbor and planning to deploy with the USS Abraham Lincoln Strike Group. For more information on the Surface Navy Association, visit [www.navysna.org](http://www.navysna.org).



Cryptologic Technician (technical) 2nd Class (CTT2) Ian McCallum and CTT3 Carlos Soto straighten and clean burial plots of Sailors at Oahu Cemetery, dating from the mid-18th century, as part of the semi-annual Surface Navy Association (SNA) cleanup last April in preparation for Memorial Day. The SNA honored Russell Sailors for volunteer contributions which they have accomplished at a ceremony on June 29.

# Hawaii Navy News Editorial

## U.S. Navy, Malaysian divers suit up for underwater cutting exercise

MC1 Jessica M. Bailey

Task Force 73 Public Affairs

U.S. Navy and Royal Malaysian Navy (RMN) divers suited up and hit the warm waters at Kemaman Port to conduct an exothermic cutting exercise on July 11 and 12 in the capstone of their joint training during the Malaysian phase of the 13th annual Cooperation Afloat Readiness and Training (CARAT) exercise.

The Navy divers, attached to Mobile Diving Salvage Unit (MDSU) 1 Det. 11 based at Pearl Harbor, Hawaii, are embarked aboard USS Harpers Ferry (LSD 49) as part of the task group for the annual exercise.

What stood out during the exercise was the RMN divers' willingness and eagerness to learn, according to Senior Chief Navy Diver (DSW/SW) John D. Hopkins, the leading chief petty officer for Det. 11.

"What impressed me the most was their ability to understand the classroom session, despite the language barrier. I think that we all took something valuable from this experience," Hopkins said.

Exothermic cutting is easily considered one of the primary techniques used in underwater salvage operations.

"Exothermic cutting is important because it allows us to cut through steel, rock and through any ferrous or non-ferrous metals," said Chief Warrant Officer 3 Dave Davidson, officer in charge

of MDSU-1 operations. "There are obviously some risks involved with anything like this, but it's a relatively simple and safe process when proper safety precautions are observed."

Training for the divers first begins in the classroom with user-friendly, yet detailed instructions on the underwater cutting process. The exercise then moves from the slide presentation to a hands-on dry run before conducting the practical in water project reviewed in class.

"The classroom sessions allow us to view the slides together and go over everything step-by-step and answer any questions the divers might have," said Hopkins. "The slides break down the theory and process of the underwater cutting technique, then we take it outside for the dry dive."

The two processes used for cutting are oxygen-arc cutting and shielded metal-arc cutting. Although both methods can be beneficial, oxygen-cutting is the preferred method, according to Davidson, because it easily cuts plain and low-carbon-steel.

Areas reviewed in training include the types of torches to use as well as the type of electrodes.

"We train in the use of both the BROCO ultrathermic electrode which will melt almost any material at 10,000 degrees Fahrenheit plus," Davidson said. "There's also the Arcair Sea-Jet cutting electrode, which like the Ultrathermic, can burn through anything from rocks to barnacles and sea growth."

From head to toe divers are fitted with a wet or dry suit that is in good repair, a Kirby Morgan-37 diving rig with a lens bracket, welding/cutting lenses to protect the eyes, and rubber gloves are worn over surgical gloves, with leather protectors worn over the rubber gloves. The divers also carry a wire brush and clipping hammer to prepare the area for proper ground attachment.

"What we wear while underwater is just as important as the equipment we use while underwater," said Hopkins. "It might seem like an awful lot of hardware for some, but every piece of equipment that we put on can mean the difference between life and death for a diver."

Davidson said most of the diving training for this CARAT phase and for the prior phases has benefits not only the host-nation divers, but the U.S. divers have a chance to interact with other divers - many considered the best in their own homeland.

"Everyone that participates in the classroom sessions and in the practical exercises have something to teach and something to learn," said Davidson. "That exchange of experience and the camaraderie that is built between the divers in both nations can't be measured. It is truly priceless."

CARAT is a sequential series of bilateral military exercises the U.S. Navy performs annually with the armed forces of several Southeast Asia nations. The exercise continues in Singapore and Brunei.

(See photo on page A-5.)



### Letter to the Editor

All of our Sailor and Marine Reservists who have been on any long-term assignment should be applauded. They gave the oath to be ready at a moment's notice. This often meant pulling up their roots and changing family and civilian job priorities to offer their valued talents in the defense of freedom, especially those who have come home from war-torn countries such as Iraq, Afghanistan, Philippines, etc.

When you see them, offer your extra firm handshake and wrap your sincere and heartfelt arm around their shoulders. They dared to accept the most challenging and dangerous assignments that truly put them in harm's way. They are also at the tip of the sword and are the cutting edge of our last line of defense, full of fighting spirit and determination, who are willing to put their lives on the line in the defense of their country and the world.

For many of them who do return, they will, unfortunately, re-live lifelong memories of the spirit of their close comrades whose lives were lost and of others who were injured, but still continue on with strong conviction and purpose in light of their severe and life-changing injuries.

Many of our young and older Reservists serving in the Navy, Marine Corps, Army and Air Force have been called upon or volunteered to charge forward into dangerous lands, and deserve the very best of our personal support to uplift them while on assignment and upon their return.

They all work amazingly well with their peers in often daunting situations. They are, without any doubt, a part of the world's best military...the United States military!

John Burns  
U.S. Navy retired



Commentary

## Chapel Pennant

### Making Decisions

Lt. Cmdr. David Stroud, CHC, USN

Pearl Harbor Memorial Chapel

Recently, I had a conversation with a good friend of mine about making decisions. She is at a point in her life where she needs to make some decisions that will greatly affect her life for the next few years. How does one make those types of decisions that seem so difficult? How do we perceive God's will in the midst of these times of great importance?

The first question you should ask is, "Is there a right or a wrong answer?" Does this decision have any moral concerns associated with it? If it does, one needs to evaluate the decision morally. It is helpful at this point to have a standard outside of yourself by which to judge what is right and what is wrong. One can just go by "gut feeling," but this is dangerous ground as one's gut can be persuaded one way or the other or simply lose courage to do what is right.

In my tradition, the Bible provides an excellent "go by" to evaluate morally what consequences decisions we make will have. It tells us it is better to give than to receive or to love your neighbors as yourself. We can use this type of moral advice to help us make the decision that is before us. It is important to show honor and courage by making the right decision even when it may be a difficult path to walk.

If the decision has no right or wrong to worry about ("Should I take orders in Norfolk or Jacksonville?"), then one can move on to other considerations. When there is no moral imperative, the decision is - in some ways - both easier and harder. It is easier because one does not have to worry about getting the answer wrong. In the end, it probably does not matter if you go to Norfolk or Jacksonville; either place will have its pluses and its minuses. It is harder because there is no clear cut answer, no line that shows where you should not cross. At these times, it is important to weigh the pros and the cons and look for the opportunity that will best serve your own situation or provide challenges that will help you to grow as a person.

With these types of decisions, perhaps the most important part is not the decision itself, but how you live out that decision once it is made. Again, the Bible says a great deal about this. In Micah 6:8 we read, "He has showed you, O man, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God." Additionally, in Colossians 3:17 we read, "And whatever you do, whether in word or in deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him." If in our decisions we seek to act justly, love mercy and to serve God humbly, no matter what path we end on, we know that God will be honored and we will receive his blessing.

## Troops, nurses arrive at Pearl Harbor, August 1942



Official U.S. Naval photograph, from the collections of the Navy Historical Center  
U.S. Army troops, nurses and Navy officers arriving at Pearl Harbor, Hawaii Territory, on the USS Republic (AP 33) on Aug. 5, 1942.

## Hawaii Navy News

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## USS Lake Erie scores high in fire support exercise

FC1 (SW) Jeffrey Marley

USS Lake Erie (CG 70)

The Naval Surface Fire Support (NSFS) team aboard USS Lake Erie (CG 70) scored a 98 percent during Lake Erie's certification gun shoot on June 8.

The team, led by Lt. j.g. Thomas Shapiro as the gunnery liaison officer (GLO), targeted the small island of Farallon de Medinilla in the western Pacific Ocean near Guam.

The Aegis cruiser, homeported at Pearl Harbor, had the support of embarked Seahawk helicopter, Easy Rider 54 from HSL-37, Detachment 5 from Marine Corps Base Hawai'i - Kaneohe Bay, one naval gunfire liaison officer (NGLO), and two Marine Corps spotters from the 12th Marine Regiment, Okinawa, Japan.

NSFS is a unique event in which a ship uses its main battery 5-inch-54 caliber guns to provide suppression fire to aid friendly troops in their movement, or to neutralize threats advancing on friendly troops, or prepare a beach head for the landing of troops in an amphibious assault force.

The NSFS certification is an exercise that tests the unity of a team and their effectiveness in putting rounds on target at the designated time. A team must score a minimum score of 70 percent to pass and Lake Erie's team surpassed that measure by a substantial margin.

In the words of the experts from the 12th Marine Regiment, the Lake Erie team of plotters, gunners, magazine crews and helicopter based spotters delivered "timely, safely and accurate rounds on target."

The mission demonstrated the ability of the Navy/Marine Corps team to rapidly integrate multiple assets and effectively complete a mission



U.S. Navy photo by PS2 (SW) Jose Baqueroalvarez

USS Lake Erie (CG 70) scored high in a fire support exercise conducted June 8 in the western Pacific Ocean near Guam. The Naval Surface Fire Support exercise is an exercise that tests the unity of a team and their effectiveness in putting rounds on target at the designated time.

in support of Marines ashore. Support from Lake Erie's embarked helicopter, Easy Rider 54, provided a platform from which the Navy and Marine spotters could effectively observe the island and adjust the aim to put the projectiles on to the intended target.

Lake Erie shot more than 70 rounds, requiring the coordinated effort of the air crew to transport the naval gunfire liaison officer who relayed spotting information to the ship. All the information was recorded and quickly interpreted to make adjustments to the gunfire during each mission. Lake Erie's GLO and team disseminated the data to the operations specialists plotting the target, the fire control console operators, and the gun crews loading the guns.

Down in the depths of the ship, the ammunition loaders worked to ensure expedient firing, while the team in the Combat Information Center of console operators and plotters worked to plot, verify and train the guns onto each target.

All of the team positions require extreme detail and

precision and the Lake Erie's NSFS team proved to be among the best of them. This score reflects an achievement based on the efforts of not only the Lake Erie crew, but also personnel from Afloat Training Group at Pearl Harbor, Hawai'i and Yokosuka, Japan who assisted in the preparatory training for Lake Erie's NSFS team.

When the exercise was completed, Lt. j.g. Jeffrey Goldstein, assigned to the Marine Corps as a spotter, told Capt. Randall Hendrickson, Lake Erie's commanding officer, "When it was all said and done, I felt safe with the Lake Erie shooting in a timely and accurate manner. I would be a spotter any day with the Lake Erie."

Hendrickson replied, "I am proud of the team and what they have accomplished. We went into this with a junior team, knowing that by using junior Lake Erie crew members we have set ourselves up for the long-term sustainment of the ship's NSFS capabilities. I am excited about their abilities to put ordnance on target when called upon to do so."



During an alcohol awareness campaign aboard USS Port Royal (CG 73) on June 1, Electronics Technician 3rd Class Ashley Kempton was one of the Sailors who had an opportunity to don "beer goggles." The goggles provide an opportunity to experience how it skews vision, simulating someone under the influence of alcohol.

## Port Royal recognizes critical days of summer

Story and photo by Ensign Rachael Pitchford

USS Port Royal (CG 73)

With a few weekends off this summer, USS Port Royal (CG 73) Sailors will likely flock to the beaches, dive the Hawaiian reefs, and enjoy the views from Oahu's hiking trails. However, with the water sports, outdoor adventures and opportunities to enjoy the company of good friends, come more risks for accidents.

Since 1960, the military has deemed the period between Memorial Day and Labor Day as the "critical days of summer" due to this period's high rate of preventable mishaps. The most notable cause of these incidents are from motor vehicle accidents. The com-

paratively high toll of off-duty mishaps during the summer months sparked an awareness campaign aboard Port Royal on June 1, which included guest speakers from Honolulu Police Department (HPD) and Mother's Against Drunk Driving (MADD).

HPD officer Emalia Kaio briefed Port Sailors on safe driving techniques and advised against speeding, talking on cellular phones, and driving under the influence. She included staggering statistics of the number of car accidents and their causes.

Her husband, Officer John Kaio, spoke on the effects of driving under the influence of alcohol. To emphasize his point, he selected three Sailors to demonstrate field sobriety tests. Each Sailor donned "beer goggles" which

skewed their vision and made it impossible to pass the test. Following the presentation from HPD, a Mother's Against Drunk Driving (MADD) representative spoke to the Sailors about the organization and its cause.

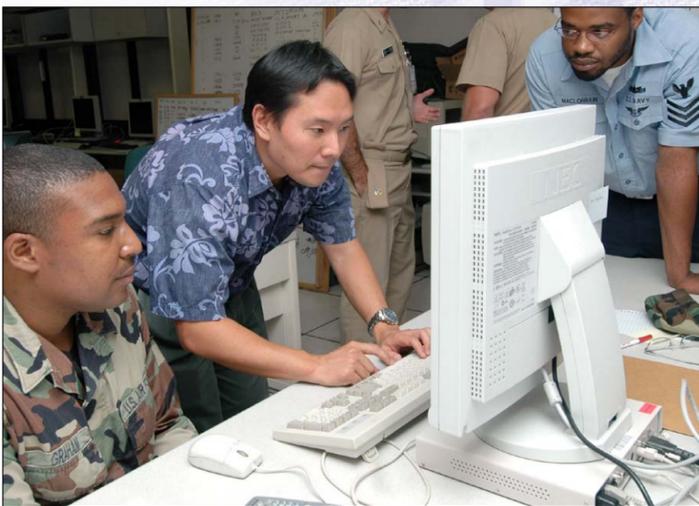
Although these are the "critical days of summer," Port Royal maintains safety awareness year-round through briefs and training and also offers a designated driver program. The Navy's Right Spirit campaign is a reminder of the effects of the abuse of alcohol, and Port Royal offers an incentive to Sailors who practice the right spirit. For every 90 days without an alcohol-related incident, divisions get a day off to flock to the beach, scuba dive the reefs, go on a hike, or just relax with family and friends.

# Pearl Harbor Highlights



Navy Diver 2nd Class Nathan Kraleman, Mobile Diving and Salvage Unit One Det. 11, assigned to Pearl Harbor, Hawai'i, helps a Royal Malaysian Navy mine warfare diver properly secure his diver's helmet during a joint salvage exercise during the Malaysian phase of exercise Cooperation Afloat Readiness and Training (CARAT). CARAT is an annual series of bilateral maritime training exercises between the United States and six Southeast Asia nations designed to build relationships and enhance the operational readiness of the participating forces. The Navy divers are embarked aboard USS Harpers Ferry (LSD 49) as part of the task group for the annual exercise.

U.S. Navy photo by MC1 Thomas J. Brennan



U.S. Navy photo by MC3 Michael A. Lantron

Computer Network Defender coach/trainer Matt Inaki, of SPAWAR Systems Center San Diego, shows how to monitor the activity of a network to Air Force Staff Sgt. Daryl Graham of the 15th Airlift Wing, Pearl Harbor and Information Systems Technician 1st Class (SW/AW) Martin MacLorain of the Naval Computer and Telecommunications Area Master Station, Pacific, (NCTAMS PAC), Wahiawa, during a cyber war training course at the Space and Naval Warfare (SPAWAR) Systems Center on July 8-12. The course is designed to improve military personnel response in a real-life cyber war environment by defending the networks with system scans and responding to intrusions, such as viruses and probes.



U.S. Navy photo by MC2 Kory Kepner

Sailors aboard submarine tender USS Frank Cable (AS 40) write the final chapter of the legendary USS Wahoo (SS 238) during a wreath laying ceremony in the La Perouse Strait, off the coast of northern Japan on July 8. The wreckage of the Wahoo, the ill-fated submarine that sunk in October 1943 due to enemy action, was discovered in June 2006 by a Russian diving team.



U.S. Navy photo by MC3 Michael A. Lantron

Culinary Specialist Seaman Joshua Mendoza and Seaman Kent Kanniard prepare the dinner meal for the crew of USS Crommelin (FFG 37).



U.S. Navy photo by MC3 John W. Ciccarelli Jr.

Rear Adm. T. G. Alexander, Commander, Navy Region Hawai'i and Commander, Naval Surface Group Middle Pacific, presents Cmdr. Kurt Chivers, executive officer, Fleet Industrial Supply Center, Pearl Harbor and acting chairman of the 2007 Navy Marine Corp Relief Society (NMCRS) Fund Drive; and Paul Belanger, director, Pearl Harbor NMCRS; with a check for \$700,274.25 during an award ceremony held July 1. The funds were raised between March 19 and May 4. The mission of the NMCRS is to provide financial, educational and other assistance to members of the naval services of the United States, eligible family members and survivors when in need.

## Russell Sailors volunteer at Flavors of Honolulu

Story and photo by  
Ensign Theresa Donnelly

USS Russell (DDG 59)  
Public Affairs Officer

The crew of the Pearl Harbor-based, guided missile destroyer USS Russell (DDG 59) gave up a day of off-duty time July 1 to participate in the Flavors of Honolulu Festival, on the Frank Fasi civic grounds next to the Honolulu Hale.

Flavors of Honolulu was organized by Abilities Unlimited, a non-profit group that provides jobs for people with disabilities. One hundred percent of the proceeds raised by the event will benefit the organization.

Electronics Technician Fireman Kenneth Roberts said, "It was an experience that I'm proud to say I was a part of."

Russell crew members worked in the security department, checking identification cards at the various alcoholic beverage tents located throughout the grounds. The volunteers worked side by side with the individuals receiving assistance from the program, a testament to the success of the organization.

Founded in 1983, Abilities Unlimited seeks to eliminate barriers to employment that people may have previously had due to mental and physical conditions.

"Really, the mission is written out for us, which is assisting people with disabilities to realize their full potential," said Sam Powell, director of community relations.

The organization does this by putting program participants in employment in the private and public sector. Individuals are then empowered to lead responsible, productive lives and maintain a significantly higher quality of life rather than having complete

reliance on government services and aid.

According to the company Web site, the organization helps more than 400 people each year obtain employment and provides additional related services for another 4,000. Abilities Unlimited was also the recipient of numerous awards, including the Healthy for Life Program award, given in 2006 by the Chamber of Commerce of Hawai'i.

The three-day event was a success, with more than 21 different restaurants, several beverage tents, and a wide array of musical entertainment featured.

Besides the local cuisine and beverages, the festival featured an arts and craft fair and a farmers' market. The day the volunteers attended, islander and musician Tia Carrere was on hand performing songs from her latest album "Hawaiiana."

"The food was excellent and the entertainment was great," said Lt. Mark Atkinson, who worked the security booth near the sound stage and had a front

row seat for the Tia Carrere concert.

Powell spoke of the importance of the more than 1,200 volunteers who turned out to assist with the festivities. Previously, the Flavors of Honolulu was known as the Taste of Honolulu. It was operated by the Easter Seals Foundation and Powell explained that due to large staffing requirements of the event, the Easter Seals Foundation found that their day-to-day operations were not adequately staffed to handle all the preparations for the three-day festival.

"Easter Seals staff became more focused on the event than providing services," he said. "We haven't had that problem because we have an almost exclusively volunteer driven event. The volunteers from Russell were able to free up our staff to continue to carry out their mission."

Gas Turbine System Technician (mechanical) 3rd Class John Triesh said, "The festival was a wonderful experience and I am glad that it was for such a good cause."



Gas Turbine System Technician (mechanical) 3rd Class Derek Webster checks ID cards at the inaugural Flavors of Honolulu event on July 1.



U.S. Navy photo by STG2 Michael McClarty

Sailors from USS Paul Hamilton (DDG 60) enjoyed a variety of activities such as deep sea fishing during a port visit to Port Vila, Vanuatu on July 5-8. The crew of Paul Hamilton also hosted a visit for the president of Vanuatu, the mayor of Port Vila and other officials.

## Paul Hamilton Sailors enjoy port visit to Vanuatu

Ensign Jessica Tuia

USS Paul Hamilton (DDG 60) Public Affairs

Port Vila is a small town in a protected harbor of the island nation Vanuatu. This island nation played an important role in the Pacific theatre during World War II, serving as a major allied base. The inhabitants have shown a great appreciation for the American military as well as the American culture as a whole.

To date, there have been three United States Navy ships that have visited the country: the USS Chung Hoon (DDG 93), the USS O'Kane (DDG 77) and, most recently, the USS Paul Hamilton (DDG 60) on July 5-8.

Vanuatu offered many activities for Paul Hamilton Sailors to enjoy during liberty, starting with the glass-bottomed liberty boats that allowed passengers to enjoy the variety of sea life on their way to shore. Sailors also had the opportunity to snorkle off Hideaway Island, go surfing and swimming at one of the local pristine beaches, and kayak around the island.

Crew members could also charter a local fishing boat and go fishing. Intelligence Specialist 1st Class (SW) Benjamin Mullaley caught a 600-pound black marlin that he angled for an hour and a half.

Other local attractions included shopping at one of the open air markets or enjoying one of the unique restaurants that included

American, French and the local favorite laplap, which is yams in a doughy paste baked inside of an earthen oven.

The ship's company offered tours to the local community, including the Vanuatu chapter of the Peace Corps and business owners. Two tour groups, led by Ensign Brent Holloway, Ensign Jessica Tuia, and Damage Controlman 1st Class (SW) Jacob Holzwarth, traversed the ship visiting key locations, including the ship's pilot house, combat information center, central control station, and all topside areas. During the tour, the captain met with the participants in the pilot house and explained the mission of the ship and answered a variety of questions. The tour concluded with a group photo on the aft missile deck.

Paul Hamilton also hosted a special luncheon for important local authorities, the president of Vanuatu, Kalkot Mataskelekele, and his wife Hanson; Paul Avock, the mayor of Port Vila; Jeffery Stubbs, the national director of the Millennium Challenge Corporation; and Shelley Westebe, the local Peace Corps director. There was a discussion on the cultural background of Vanuatu and the long-standing relationship between the United States and the people of Vanuatu, including the shared experiences of World War II.

Lunch was followed with a tour of the ship led by Cmdr. Chris Bushnell, commanding officer of Paul Hamilton, after which they were all presented with ball caps.