



# NEX announces 2008 Park, Shop and Win bumper sticker program

**Craig Landis**

*Navy Exchange Marketing*

Officials from the Navy Exchange (NEX) at Pearl Harbor announced the launch of the 2008 NEX Bumper Sticker program on Feb. 28 at the NEX rotunda.

The 2007 Bumper Sticker program winner, Sherrie Dee Sudario of Ewa Beach, was on hand to receive her grand prize, a \$2,000 NEX shopping spree. Michael Cottrell, NEX district manager, presented the award to Sudario, simply for displaying the bumper sticker on her vehicle during the 2007 year. Sudario explained that she

visited the NEX many times during 2007, but she remembered one particular day that she took her son to the NEX for



an appointment at the barber shop. When she arrived, the parking area in front of the store was full and she looked for parking on the package store side. This was the first time she parked on that side and when she came out, she saw

the winner card.

Sudario said she was "really shocked" when she answered the phone a few months later and was informed she had won the grand prize. She said she was thinking about whether she had filled out any prize drawing entries at the NEX, but soon realized it was the bumper sticker contest. "My husband was deployed at the time," she said. He has since returned and when he learned that she had won the grand prize, he was excited.

When asked what she will buy with her winnings, Sudario said she would start by making an appointment at

the NEX beauty salon and day spa. After that, she added that she would have "plenty left over for some more haircuts for my son."

The 2008 Hawai'i style red, white and blue sticker design features a patriotic aloha theme and looks like a gentle island breeze is flowing over it. Authorized patrons who place the bumper sticker on their vehicles have a chance to win one of two \$25 gift cards each week. Those weekly winners will be entered in the grand prize drawing for a \$2,000 NEX shopping spree at the end of the year.

The 2008 Bumper sticker is now available at the NEX and can be picked up at locations throughout the NEX Mall and affiliated shopping areas.



Photo courtesy of Navy Exchange Marketing

Sherrie Dee Sudario, 2007 NEX Bumper Sticker contest grand prize winner, accepts her \$2,000 shopping spree from Mike Cottrell, district manager, on Feb. 28 at the NEX Mall.

# TriWest Healthcare Alliance makes record-setting contribution



Photo courtesy of TriWest Healthcare Alliance

TriWest Healthcare Alliance made a \$150,000 contribution on March 6 to the 2008 Navy-Marine Corps Ball Committee to use in helping Sailors, Marines and their families. (From left): Rear Adm. Jan Gaudio, USN (ret.), executive vice president and chief operating officer, Navy-Marine Corps Relief Society; Rochelle Soto, Kim Bradley, Susan Boyd and Tina Tootle, society combat casualty assistance visiting nurses; Adm. Steve Abbot, USN (ret.), president and chief executive officer, Navy-Marine Corps Relief Society; Vivian Gardner, 2008 Navy-Marine Corps ball chair; and David J. McIntyre Jr., president and chief executive officer, TriWest Healthcare Alliance.

## TriWest Healthcare Alliance

TriWest Healthcare Alliance made a record-setting contribution on March 6 to the 2008 Navy-Marine Corps Ball Committee which jump starts the committee's goal to raise \$1 million for the Navy-Marine Corps Relief Society (NMCRS) to use in helping Sailors, Marines and their families.

TriWest, a regular contributor to the Navy-Marine Corps Relief Society, contributed \$150,000, three times more than the largest corporate contribution received by this annual ball. Proceeds from the ball will help fund the society's programs, including their new combat casualty assistance visiting nurses program.

"TriWest has really

raised the bar with this precedent-setting charitable gift," said ball chairwoman, Vivian Gardner. "My friends told me that setting a \$1 million goal was unrealistic, but with this significant donation, my confidence is growing."

The ball committee nearly doubled its fund-raising goal this year to meet the growing needs of wounded Sailors, Marines and their families.

"We at TriWest are privileged to serve those who are serving us and sacrificing for us in defense of our nation," said David J. McIntyre Jr., TriWest Healthcare Alliance president and CEO "We admire the ball committee's ambitious goal and the fine work accomplished by the Navy-Marine Corps Relief Society. We are honored to do our part."

TriWest, which administers the military's health care plan, TRICARE in 21 western states, has seen first-hand the valuable work performed by the society's combat casualty assistance visiting nurses, said Steve Abbot, society president

"We are deeply grateful for the confidence reflected in this most generous contribution which continues TriWest's longstanding support of the society," Abbot said. "During 2007, Navy-Marine Corps Relief Society helped 1,035 Marines and Sailors injured in Iraq, Afghanistan and at sea in the Arabian Gulf and their families, and our combat casualty registered nurses will continue to follow them through their long-term rehabilitation. This contribution will help immensely."

# Easter sunrise service planned for March 23

**Chaplain Steven Unger**

*Pearl Harbor Memorial Chapel*

For the eighth year in a row, the Army and Navy will join together on March 23 to conduct an Easter sunrise service onboard the Battleship Missouri Memorial on Ford Island. The service will begin at 6:30 a.m. and participants will be able to celebrate Easter and enjoy a beautiful sunrise overlooking historic Pearl Harbor.

While many have attended Easter sunrise services, most may not know the rich history of this moving service. From the earliest days

of the church, the Easter vigil was the primary means of preparing converts for baptism and entrance into the church.

The vigil could begin anytime after sundown on Saturday, but usually near sunrise on Sunday. It included readings from the Old Testament about creation and how God made Himself known to people through the ages. There would be other readings from the gospels that identified Jesus as the promised Messiah. The service continued with readings of the gospel accounts of the resurrection, the singing of joyous hymns, and the baptism of new Christians. As

the service continued on into the new day, the rising of the sun dramatically symbolized the resurrection and new life in Christ. Finally, the Easter vigil concluded with a breaking of the fast with sweet breads and fruits.

This will happen again this Easter on the fantail of Battleship Missouri Memorial. For more information, call the Pearl Harbor Memorial Chapel at 473-3974.

Easter sunrise services are held aboard the Battleship Missouri Memorial

*Photo courtesy of Pearl Harbor Memorial Chapel*



# Skylark CENTRAL

**WORD SEARCH**  
Find 41 words of types of **CLOTHING**

APPAREL	TATTERS	ENSEMBLE
FROCK	CLOTHING	OUTFIT
SPORTSWEAR	GLAD	UNIFORM
ARRAY	RAGS	FATIGUES
FULL DRESS	THREADS	RAGS
SUIT	COSTUME	WARDROBE
ATTIRE	HABILIMENT	FINERY
GARB	TOGS	RAIMENT
SUNDAY BEST	DRESS	WEAR
CIVVIES	LINGERIE	FLANNELS
GARMENTS	TURNOUT	REGALIA
TAILS	DUDS	WOOLENS
CLOTHES	MUFTI	FOOTWEAR
GETUP	UNDERWEAR	SKIVVIES



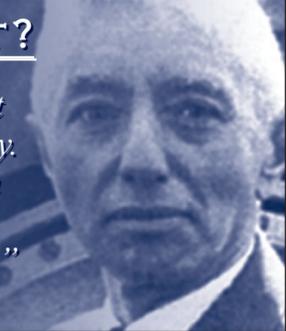
## WHO SAID IT?

AMERICA IS NOT LIKE A BLANKET: ONE PIECE OF UNBROKEN CLOTH, THE SAME COLOR, THE SAME TEXTURE, THE SAME SIZE. AMERICA IS MORE LIKE A QUILT: MANY PATCHES, MANY PIECES, MANY COLORS, MANY SIZES, ALL WOVEN AND HELD TOGETHER BY A COMMON THREAD.

## WHO SAID IT?

*"Good ideas are not adopted automatically. They must be driven into practice with courageous patience."*

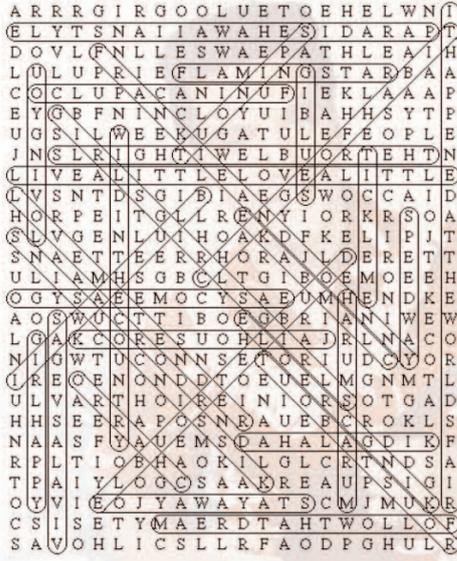
- Hyman Rickover -



**Find the titles of these 31 Elvis Movies**

**WORD SEARCH SOLUTION**

BLUE HAWAII	KING CREOLE
PARADISE, HAWAIIAN STYLE	THE TROUBLE WITH GIRLS
CHANGE OF HABIT	FOLLOW THAT DREAM
HARUM SCARUM	KISSIN' COUSINS
CHARRO!	FRANKIE AND JOHNNY
IT HAPPENED AT THE WORLD'S FAIR	LIVE A LITTLE, LOVE A LITTLE
CLAMBAKE	TICKLE ME
ROUSTABOUT	FUN IN ACAPULCO
SPEEDWAY	VIVA LAS VEGAS
DOUBLE TROUBLE	G. I. BLUES
JAILHOUSE ROCK	LOVE ME TENDER
SPINOUT	WILD IN THE COUNTRY
EASY COME, EASY GO	GIRL HAPPY
KID GALAHAD	LOVING YOU
STAY AWAY, JOE	GIRLS! GIRLS! GIRLS!
FLAMING STAR	



## This Week's Trivia

He enlisted in the Navy in 1956 and trained as a hospital corpsman and served aboard ships and at the Marine base at Quantico, Va., before being sent to Bethesda Naval Hospital. He was assigned to work with Korean War casualties. He won awards running on the Navy track team, but also experienced racial discrimination, when he was forced to eat in the kitchen of restaurants where the team stopped to eat while on the road. He was honorably discharged after four years of service in 1960. Who was he?

**Last Week's Question:**  
In February 1946, she became the assistant director (plans) of the Women's Reserve and was promoted to WAVES' director, with the rank of captain, in July of that year. Who was she?  
**Answer: Capt. Joy Bright Hancock**



# Navy Region Hawai'i Manawa Nanea

Morale Welfare & Recreation

Community Calendar

**FAMILY FUN AND MOVIE NIGHT AT NCTAMS**  
 Navy Region Hawai'i Morale, Welfare and Recreation (MWR) will host a free family fun and movie night movie beginning at 6 p.m. Saturday at the field adjacent to the NCTAMS Naval Computer and Telecommunications Area Master Station Bowling Center. The event will feature family activities, games and free cotton candy. The movie, "Mr. Magorium's Wonder Emporium," will begin at 7 p.m. Bring blankets or lawn chairs. FMI: [www.greatlifehawaii.com](http://www.greatlifehawaii.com).



**SPRING BREAK CAMP**  
 Navy Region Hawai'i Morale, Welfare and Recreation (MWR) will host a spring break camp from March 17-28 at the Catlin Clubhouse. Camp activities will include trips to the pool, bowling, beach excursions and a visit to the Koko Crater Botanical Gardens. FMI: [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

**SPRING FAMILY FUN DAY**  
 Navy Region Hawai'i MWR will host Spring Family Fun Day from 9 a.m. to 11 a.m. Sunday at Scott Pool at Naval Station Pearl Harbor. FMI: 473-0394 or [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

**YOUTH FITNESS ORIENTATION**  
 Navy Region Hawai'i Morale, MWR will host youth and mini-youth fitness orientations at 10 a.m. March 15, April 5 and April 19 at the Bloch Arena Fitness Center at Pearl Harbor. The events are for children ages six to 14 years old who must be accompanied by an adult. The orientation includes facility tour, safety guidelines and equipment use demonstrations. FMI: 473-0793 or visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

For more information on Navy Region Hawai'i MWR events, visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com)

## March

**Today, Saturday 21** - Bone marrow donor drives will be held on various dates throughout Oahu. Drives will be held from 9 a.m. to 4 p.m. today at the Navy Exchange at Pearl Harbor and the Schofield Army Exchange, from 9 a.m. to 3 p.m. Saturday at the exchange at the Marine Corps Base Hawai'i in Kaneohe Bay, and from 9 a.m. to 4 p.m. March 21 at the Hickam Air Force Base Exchange. No appointments are necessary. The drive could help save the three daughters, a seven-year-old and one-year-old twins, of Navy Lt. Steven Flynn, currently stationed in Brunswick, Maine. (See story in March 7 HNN, page B-7.) FMI: Department of Defense Bone Marrow Donor Center a 1-800-MARROW-3.



**Ongoing** - Tax preparation assistance will be available this month at the Navy Exchange (NEX) Pearl Harbor in the trailer outside The Mall parking lot. FMI: 422-2082.

**Ongoing** - The Navy Marine Corps Relief Society (NMCRS) is currently selling Navy Exchange (NEX) benefit tickets as this year's annual fundraiser. Benefit tickets can be redeemed April 21-22 for a percentage off merchandise. The NMCRS commands will receive \$5 for every ticket sold. FMI: 423-3330

Sharkey Showtimes



## Rambo (R)

John Rambo has retreated to a simple life in a rural Thai village near the Burmese border, capturing snakes for local entertainers, and transporting roamers in his old PT boat. Following repeated pleas, Rambo helps ferry a group of Christian aid workers into war-torn Burma, where the local Karen villagers are regularly tortured and massacred by Major Tint's sadistic soldiers. The humanitarian mission is going well, until the village is attacked and the missionaries are kidnapped, and Rambo is once again asked to transport - but this time a group of mercenaries, assembled by the missionaries' minister on a deadly rescue mission. This time he doesn't stay behind.

### TODAY

7:00 PM Mad Money (PG 13)

### SATURDAY

2:30 PM The Pirates Who Don't Do Anything (G)

4:45 PM 27 Dresses (PG 13)

7:00 PM Rambo (R)

### SUNDAY

2:30 PM 27 Dresses (PG 13)

4:45 PM Mad Money (PG 13)

7:00 PM Cloverfield (PG 13)

### SUNDAY

7:00 PM Mad Money (PG 13)





## Kaneohe ASYMCA will host father/daughter dance

The Armed Services YMCA (ASYMCA), Kaneohe Center, will host the 9th Annual Father/Daughter Dance on April 12 at the Marine Corps Base Hawai'i (MCBH) - Kaneohe

Officers' Club lanai ballroom. The event will include a buffet dinner, door prizes and entertainment. Attire is formal or military dress. Tickets per father/daughter couple are \$40 and \$15 for

each additional daughter. Tickets can be purchased at the ASYMCA at MCBH Kaneohe and Pearl Harbor locations. For more information, call Terri Nelson at 254-4719 or 473-3398.



## MWR fitness offers new family fun and fitness program

**Navy Region Hawai'i  
Morale, Welfare and  
Recreation**

Navy Region Hawai'i Morale, Welfare and Recreation (MWR) fitness department is now offering its newest program - fun and fitness for the entire family.

It will be held beginning at 6 p.m. on Tuesdays in March at the Bloch Arena aerobics

building. The one-hour sessions will include discussions about healthy lifestyle changes and activities while providing an opportunity for families to spend quality time together.

Family fitness and health is a priority, so let's make it fun. Bring the entire family, kids of all ages, to the class which is aimed to blend the family together while creat-

ing healthier lifestyles.

Weekly topics, including; family exercises, nutritious meal planning, outdoor activities, and simple lifestyle changes, are integrated with family activities. There will be something fun to do for the entire family. Those attending should wear comfortable workout clothing and shoes.

For more information or to register, call 473-0793.

# Silver Dolphin Bistro

## Lunch Menu for March 17-23

- Monday • Tomato noodle soup, grilled veal steak, Bombay chicken, Franconia potatoes, rice pilaf, brown gravy, steamed mixed vegetables, steamed peas and onions, hot dinner rolls, pumpkin pie, pineapple upside down cake.
- Tuesday • : Chicken noodle soup, beef broccoli, baked fish portions, parsleyed potatoes, steamed rice, steamed cauliflower, steamed green beans, hot dinner rolls, gingerbread, peach pie, filled cake.
- Wednesday (Mexican fiesta) • Mexican onion soup, chicken fajita, pork chalupa, beef enchiladas, Mexican rice, refried beans, taco salad, mexican corn, hot pandesal, assorted ice creams, chocolate chip cookies, apple pie, maple nut cake.
- Thursday • Beef onion soup, turkey pot pie, pork and peas, steamed rice, noodles Jefferson, simmered Brussels sprouts, cauliflower polonaise, hot biscuits, white cake, sugar cookies, pumpkin pie.
- Friday • Chicken vegetable soup, beef lasagna, tempura fish, oven glo potatoes, rice pilaf, steamed carrots and celery, steamed spinach, toasted garlic bread, peach shortcake, pineapple pie, cheese cake.
- Saturday • Cream of mushroom soup, charbroiled hamburgers/cheeseburgers/frankfurters, shrimp jambalaya, vegetable combo, hot dinner rolls, apple crisp, peach pie.
- Sunday • Chicken gumbo soup, charbroiled hamburgers/cheeseburgers/frankfurters, grilled Reuben sandwiches, oven glo potatoes, baked beans, vegetable combo, vanilla cream pie, spice cake, pecan pie.

## Dinner Menu for March 17-23

- Monday • Corn chowder soup, sweet and sour pork spareribs, southern fried catfish, au gratin potatoes, steamed rice, herbed broccoli, steamed carrots, hot pandesal, meringue, oatmeal cookies, Boston cream pie, lemon meringue pie.
- Tuesday • Beef barley soup, Caribbean chicken, beef brogul, mix gravy, paprika potatoes, steamed rice, simmered spinach, eggplant parmesan, hot dinner rolls, peach shortcake, cream puffs, blueberry pie.
- Wednesday • Logging soup, herbed chicken, beef sauerbraten, chicken gravy, orange rice, mashed potatoes, steamed zucchini, steamed asparagus, hot pandesal, assorted ice creams, applesauce cake, chewy nut bars, strawberry chiffon pie.
- Thursday • Chicken rice soup, country fried steak, Creole fish, natural gravy, baked potatoes, steamed rice, steamed broccoli, sautéed mushrooms and onions, hot French bread, brownies, cherry crunch, pineapple pie.
- Friday • Manhattan clam chowder, hot and spicy chicken, beef yakisoba, Filipino fried rice, O'Brien potatoes, French fried okra, fried cabbage, hot pandesal, easy chocolate cake, chocolate chip cookies, cherry pie.
- Saturday • Mulligatawny soup, Cajun meat loaf, baked turkey and noodles, brown gravy, mashed potatoes, steamed rice, steamed wax beans, steamed mixed vegetables, hot dinner rolls, lemon cookies, chocolate cream pudding, éclairs, cheesecake.
- Sunday • : Beef bouillon soup, grilled pork chops, chicken cacciatore, tossed green rice, rissole potatoes, steamed whole kernel corn, simmered peas and carrots, hot cornbread, chocolate chip cookies, coconut cake, rainbow pie.

\*A salad bar, dessert bar and beverage bar are also available for each lunch and dinner meal. Note: The galley may make changes to this menu when necessary to provide substitutions.