司令官の相談室

Capt. Daniel L. Weed, Commander, Fleet Activities Yokosuka

BMCM(SW/EXW) Raynard Kidd, Acting Command Master Chief

Sept. 11 Remembrance Day Ceremony Parade Road Closure – The following is the route and the roads that will be temporarily closed during the Sept. 11 Remembrance Day Ceremony parade: The parade will start at 11:30 a.m. from the Chapel of Hope and proceed down Third Avenue, making a left turn onto Gridley Lane, then turning right on Nimitz Boulevard. The parade will turn left from Nimitz Boulevard onto Howard Street, passing in front of the James D. Kelly Fleet Recreation Center, before turning left onto King Street and coming to a stop in front of the Chief Petty Officer's (CPO) Club. Security vehicles will lead and trail the parade. Roads will be reopened after the parade has cleared them. The longest temporary delay will occur on King Street in front of the CPO Club for a wreath laying ceremony and moment of prayer, ending at 12:30 p.m. For more information on road closure, contact MACS Paula Necaise from CFAY Security at 243-7864. Contact RPC Lisa Wimbush from the Chapel of Hope at 243-6773 for more information on the Sept. 11 Remembrance Day Ceremony and parade.

20th Annual Ekiden Friendship Road Race – The 20th annual Ekiden Friendship Road Race will be held Oct. 4 from 9 a.m. to 4 p.m. at the Sagami General Depot Sagamihara. Call Bob McKeta at 263-7980/5995 or e-mail to robert.mcketa@us.army.mil for more information or to obtain a registration form.

Ikego Track Night – Ikego Track Night is held every Wednesday at 6 p.m. Workout with people at your level. Run, walk, get fit, enjoy and meet new people. This workout is perfect for advanced runners and those interested in learning to run distances from 5k up to a marathon. Call 241-4486 for more information.

Interested in becoming a Certified Mediator? – Opportunities are available for Sailors, civilians and Japanese Master Labor Contract (MLC) employees to become certified mediators. Mediators are neutral and objective members trained to facilitate resolution of workplace disputes. Successful mediators possess qualities to include fairness, patience, credibility, integrity, neutrality, active listening skill and a professional demeanor. Mediators assist participants with identifying issues, fostering joint problem solving and exploring settlement opportunities in a neutral environment. Mediators, however, do not make decisions or force a decision on the parties in the dispute. Mediation training includes an introduction to mediation skills, advance mediation skills, a screening and evaluation session to ensure candidates possess the skills required and three co-mediations with a certified mediator. Participation will require occasional time away from the office to attend training and to conduct mediations. Supervisory approval is required for participation in the Mediator Certification Program. If you are interested in learning more about the mediation program and willing to make the commitment of time and effort to become a certified mediator, contact the CNFJ Alternate Dispute Resolution (ADR) Program Manager at 243-9579.

BZ: Bravo Zulu to CFAY for their new Facebook and Twitter pages. They were a great source of information during the tropical storm Aug. 28. I don't live on base or have AFN radio, so it was nice to be able to get updated information when I was at home with my family. I hope CFAY will continue to use these Web sites in the future to notify folks of important base information.

BZ: CFAY Public Works Department Environment Division would like extend a Bravo Zulu to all commands, groups and individuals who have generously volunteered their time to take part in the CFAY PWD Adopt-A-Monument Eco-volunteer Program. All monuments have been adopted. Your selfless participation in this program will help preserve the historical monuments as well as allowing you to adopt a piece of history. Additionally, a special thanks goes out to the Seahawk-Umitaka for their help in promoting this program.

BZ: Having just moved into our townhome here, I had a few questions and concerns about the yard and plumbing yesterday afternoon at the Self Help Office. This morning, both the plumbing was attended to and the contractor came out to review the needs in the back yard. Once again, I'm so pleased with the outstanding customer service and professionalism here in Japan. We are truly fortunate. Thank you!

Action Line correspondence may be edited for length and readability. Your questions, suggestions and "Bravo Zulu" comments are appreciated. Address concerns with your chain of command or directly with the parties involved, at the lowest level possible. If you don't get results, send an e-mail to cfay.pao.watch@fe.navy.mil. We welcome your feedback, especially if it is of a general nature and can help others. To contact the Seahawk, call 243-5607/3003 or send an e-mail to: Seahawk-Umitaka@fe.navy.mil.

Summer safety: Labor Day weekend update

By Navy Office of Information

"As we prepare for the upcoming Labor Day weekend, it's time to take a hard look at the job we've done managing risk so far this summer. While Labor Day marks the unofficial end of summer, there are still plenty of warm days ahead, which means plenty of time for off duty recreational activities. Most of us do a great job managing risk both on and off the job and I ask you to keep up the good work as you enjoy some extra time off during the holiday weekend."

– Commander Naval Safety Center
Rear Adm. Arthur J. Johnson

Current summer safety trends.

• As of Aug. 18, 18 Sailors have died in off duty recreation and personal motor vehicle mishaps since Memorial Day. While this is still way too many preventable losses, it's a significant decrease over this time frame last year when we lost 26 Sailors.

• At the current rate, this year the Navy is on track to have the fewest personal motor vehicle and off duty recreation mishap fatalities since we began keeping these records in 1980.

Labor Day safety statistics.

• Last Labor Day weekend, there were 38 reportable mishaps in the Navy and Marine Corps. One proved fatal when a Navy officer was killed in a motorcycle crash.

• Since 2004, we have lost six Sailors over the Labor Day weekend holidays. Many more have been injured – some critically.

Labor Day weekend safety tips.

• Don't overdo it just because summer is nearing its end. Attempting to cram too many activities or too many risk factors into one weekend is a recipe for disaster.

• If you will be on or near the water this weekend, make sure you know how to swim. Keep a close eye on children because it only takes a few minutes and as little as an inch of water for a child to drown.

• Never mix alcohol and water sports. Alcohol diminishes your vision, depth perception and coordination, all of which are crucial around the water.

• If you ride a motorcycle, make sure to wear all the gear, all the time – even if it's hot outside. Proper personal protective equipment is a year-round requirement, on or off base.

• If you will be traveling out of the area by car this weekend, fill out a Travel Risk Planning System (TRiPS) report. You can find TRiPS at www.nko.navy.mil. The online assessment will help you recognize possible risk factors in your trip and determine ways to mitigate those risks.

• If using a barbeque grill over Labor Day weekend, make sure your grill is in good working order, that it's well-ventilated and away from the house and other structures.

• Never leave food unattended while cooking, whether it's on the grill or on the stove.

Key messages.

• Every summer, junior Sailors are disproportionately represented in the mishap statistics. So far this summer, five of the 18 fatalities were E-3 or below, three were E-4, and five were E-5. The other five were E-6 and above.

• Last year, 29 of 38 reportable mishaps across the Navy and Marine Corps involved off duty recreation such as swimming, boating and sports injuries.

Facts and figures.

• Enjoy the last few weeks of summer, but remember off duty risk management.

• Managing risk means considering what might go wrong and planning in advance to manage contingencies.

• Motor vehicle and recreational mishap rates have the potential to rise anytime there's a long weekend. Each year, too many Sailors are injured or killed over the Labor Day weekend.

• Keep the press on so the positive summer trends can continue into the fall.

Commander Fleet Activities Yokosuka
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