

SAILOR USES DANCE AS INSPIRATION



Story and photos by
Blair Martin

Contributing Writer

For many new recruits, the U.S. Navy represents a fresh start with promising career opportunities and a sense of community and purpose. However, adapting to the daily rigors of military life can prove just as challenging.

Yeoman Seaman Apprentice Johntay Christopher said after nearly a year of struggling with homesickness, he has finally made the successful transition from civilian to Sailor, thanks to his true passion - dancing.

"Dancing has definitely been a great stress-reliever for me," said the 20-year-old Jacksonville, Fla. native. "When I joined the Navy, I was very depressed and homesick. By finding this positive [outlet], I have learned how to overcome [my] depression and relieve stress."

Christopher, who joined the Navy in August 2007, attributes some of his adjustment difficulties to a painful childhood. Growing up, he had suffered the loss of both his father and brother and was forced to relocate twice to live with family members. Finally, after settling with his grandmother in Philadelphia, Christopher said he discovered a special way he could overcome his troubled past.

"Growing up, I found I was able to see something on television and [mimic] the moves," he said about teaching himself to dance. "I've always enjoyed dance, but it



was high school where I got very involved with choreography and [directing] dance routines for pep rallies."

After high school, Christopher joined the Navy in order to be a "better role model" for his younger family members. However, he struggled adjusting to Navy life from the beginning.

"My first year I was struggling pretty bad and went from command to command," he said. "I had a hard time [adapting] because I couldn't say what I wanted to say. [As a civilian] at home when I had a problem with someone, I would just walk out and say 'I'm not dealing with this today.' But in the Navy, you don't have that [option]. You have to stay and deal with it. You just can't quit," he continued.

After initially studying to be a hospital corpsman, Christopher was expelled after a disagreement with a petty officer.

*"To watch us
dance is to hear
our hearts speak"*

-Hopi Indian saying

"He had offended me so I spoke up without going through proper chain of command," he said. "I had always wanted to be a male nurse and thought the hospital rate was the best thing, but it didn't work out."

After being placed in Transient Personnel Unit (TPU) to find another rate, Christopher said his anxiety from being away from his family hit an all-time high.

"During that time, I was having a nervous breakdown and nightmares," he said. "My grandfather had just died and my grandmother was not well. I just would sit in my room feeling bad that I wasn't there to help," he added.

At a supervisor's request, Christopher sought counseling at the Fleet and Family Service Center (FFSC). During multiple sessions, he learned different methods to cope with his stress, eventually rekindling his love for dancing.

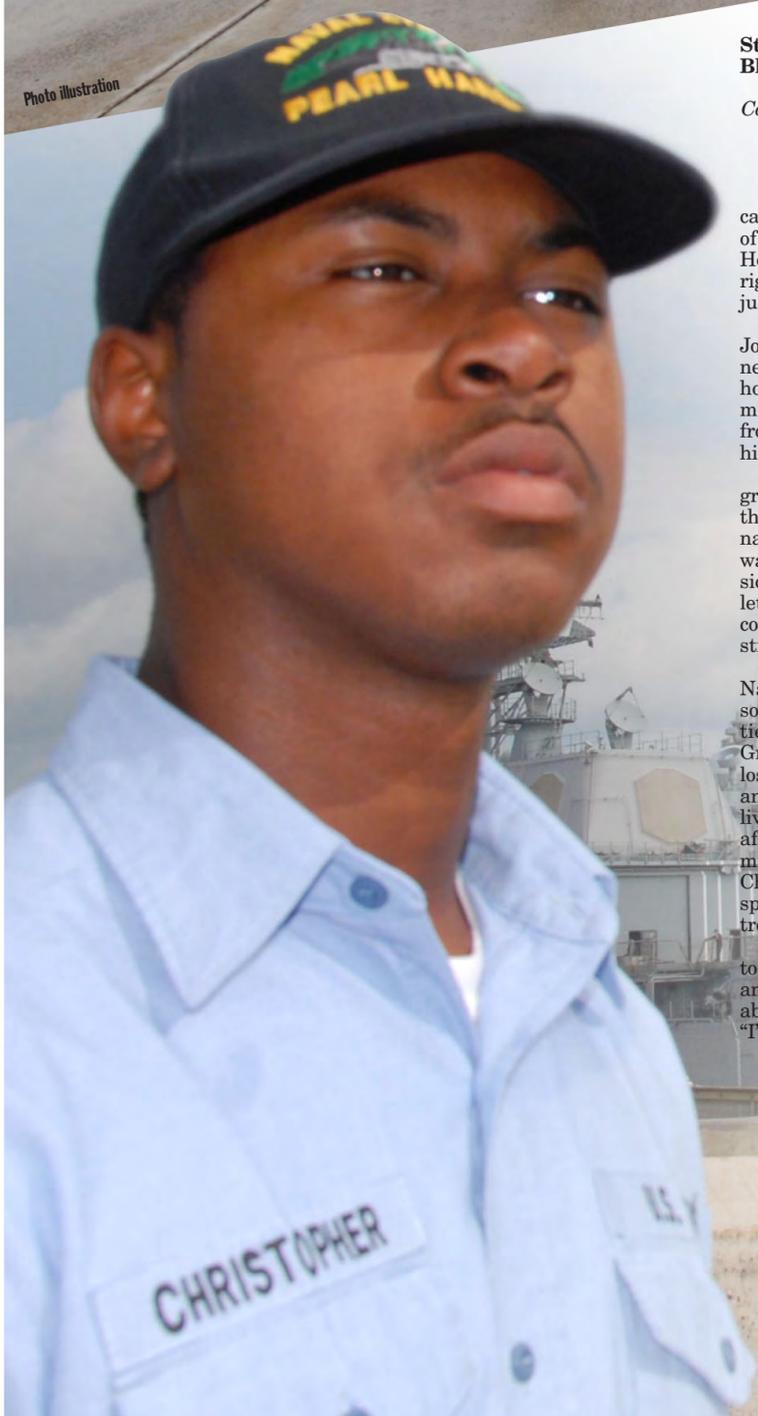
"For me, I am happiest when I am dancing," he said. "Now, I am teaching dance because I have learned when I do that, the focus is not on me, it is about helping them," he continued.

Christopher teaches salsa dance classes weekly at Bloch Arena. Janice Crawley, dance student and Navy contractor for FFSC, said she believes Christopher has a true gift.

"I've taken classes from him several times and have really learned a lot," she said. "What I love about him is that he is a great teacher. He breaks down the dances into steps I can understand. He is such a talent," she added.

Salsa dance classes are available every Monday at 5:30 p.m. at Bloch Arena. For more information about other activities at Bloch Arena, call 473-0793 or visit www.greatlifeohawaii.com.

Photo illustration



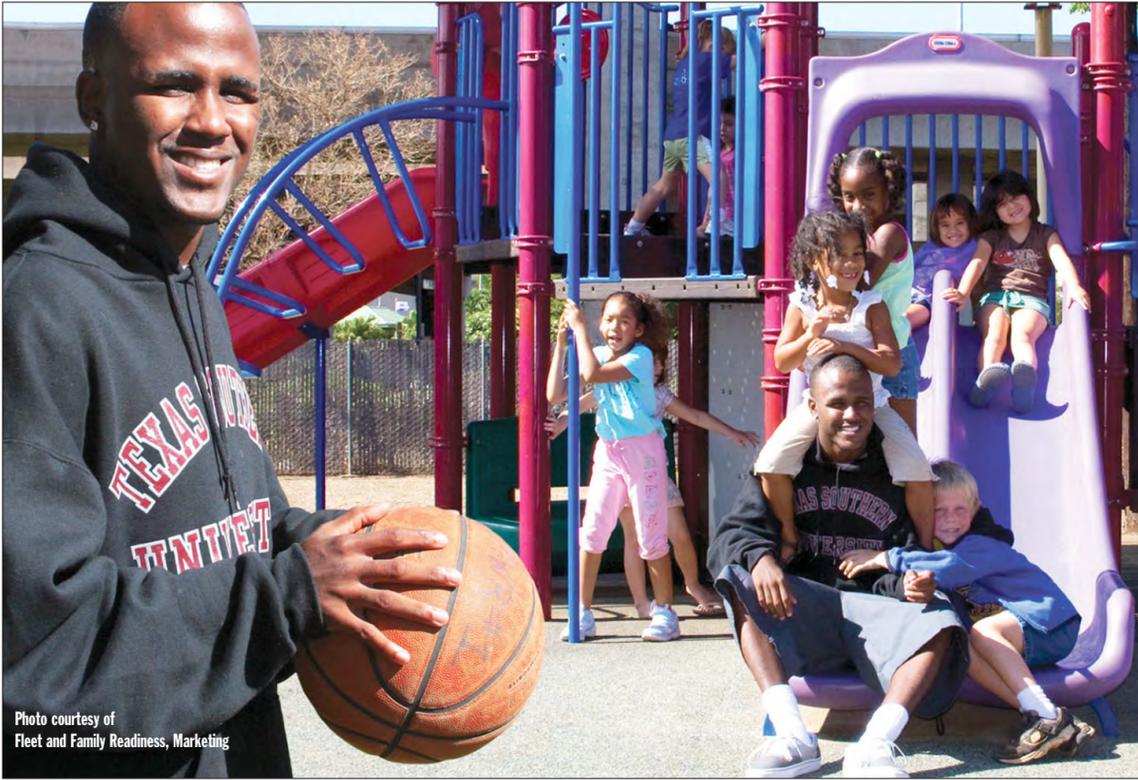


Photo courtesy of Fleet and Family Readiness, Marketing

Growing up and giving back to MWR

Anna General

Fleet and Family Readiness, Marketing

There once was an adorable infant who cried and cooed in the room next door. As caregivers nurtured and fed the infants, toddlers were napping on mats on the floor. Tiny fingers and tiny toes, gurgling sounds and a cute button nose, there he was, little Roshawn Terry, watching the crib mobile as it twirled above. At just six and a half weeks old, Roshawn explored a world around him in the safe environment at the Morale, Welfare and Recreation (MWR) Child Development Center at Pearl Harbor.

Growing up and transforming from a young boy to a gan-

gling teenager, at five foot 11 inches tall, simply shooting hoops was his all-time favorite thing to do. In a time of Mighty Morphin Power Rangers, Ninja Turtles and Gargoyles, sitting in front of the television, Roshawn watched his favorite shows. But it was his love for basketball that kept him happy. Growing into a six foot one athlete, he participated in MWR youth sports basketball and worked out at the Naval Station Pearl Harbor gym.

After many years of growing up with MWR, now at the age of 19, Roshawn is stepping up in the world and finding his place. After graduating from Moanalua High School in 2007 and a Navy family member, Roshawn is giving back and helping school age

kids at Catlin Clubhouse as a full-time summer employee.

He has been working as a summer-hire with MWR since he was in the ninth grade and joined the Junior Leader program in 2007. "Roshawn is active and energetic and does what is assigned and gets the job done in a timely manner," said Jason Cerkan, school age care director for child and youth programs.

During the school year, Roshawn attends Texas Southern University and is majoring in healthcare administration.

"Working at Catlin Clubhouse, we play with the kids and prepare food for them, clean up, organize and deliver stuff to Kaneohe and Barbers Point. The people I work with are fun to be

around and it makes me enjoy working from Monday to Friday," said Roshawn. "I enjoy playing with the kids and watching them and they get to call me Mr. Roshawn."

"When I'm not at work, during my spare time I go out and play basketball with my friends and spend time with my younger sister," said Roshawn. "Roshawn is good to have around, always in a good mood, and we enjoy having him as a part of our staff," added Cerkan. With Roshawn's pleasant personality, we are glad to have him as a part of the MWR family who gives back to the community.

If you would like to enroll your child for the after school care program at Catlin Clubhouse, call 421-1556.

Pacific Aviation Museum to host "Hangar Talk"

Pacific Aviation Museum

Pacific Aviation Museum Pearl Harbor announces a new monthly aviation presentation, "Hangar Talk," which will be held from 1 to 2 p.m. the third Saturday of each month, beginning Nov. 15. The presentation is free with a paid admission to the museum.

Guest lecturers who are aviation authors, pilots and World War II veterans will discuss aviation and the history it made and changed. The series will be held in the Pacific Aviation Museum Theatre with a question and answer session afterward.

The first "Hangar Talk" presentation on Nov. 15 will feature "Pan Am's Role in World War II." WWII veteran pilot and former Pan Am employee Jack Pedesky will speak, along with former Pan Am

employees Ed Swofford and Gerry Joering.

Future "Hangar Talks" are scheduled for Dec. 20, Jan. 17, 2009, Feb. 21, 2009, March 21, 2009 and April 21, 2009. The museum's restaurant, Lani_kea Café, will be open for lunch until 4:30 pm.

The museum general admission is \$14 for adults and \$7 for children. Kama'aina and military admission is \$10 for adults and \$5 for children. Admission is free to museum members and military in uniform.

For more information, call 441-1000 or visit www.PacificAviationMuseum.org. Tickets may be purchased online at www.PacificAviationMuseum.org or at the USS Bowfin Submarine Park, Pearl Harbor. Pacific Aviation Museum is located at 319 Lexington Blvd. in hangar 37 on Ford Island at Pearl Harbor.



STORY IDEAS?

Contact the HNN editor for guidelines and story/photo submission requirements:

Phone: (808) 473-2888

Email: hnn@honoluluadvertiser.com

Hawaii Navy News

Pearl Harbor CEAP provides counseling for personal issues

Susan Bierman

Civilian Employee Assistance Program, Pearl Harbor Fleet and Family Support Center

Sometimes the parts of our lives that we try to keep secret are the same pieces that get in the way of finding happiness. These secrets even have the power to derail a promising career.

For instance, if you are a sexual assault survivor who flinches every time anyone gets too close, sooner or later the anxiety will continue to build, until you avoid/resent coming to work.

An individual who can't stand the memory of having been molested or abused may get into the habit of drinking too much to try to forget the abuse. The employee, whose spouse is jealous and violent, may put the entire workplace at risk, if the partner carries through with their aggression against the spouse or co-workers.

A person who is coping by taking a few drinks or using drugs during the work day is an accident waiting to happen. How well can you concentrate on your job if your family member has begun



Photo illustration

threatening suicide or your financial picture is out of control?

Maybe it is time to consider the confidential counseling services available at the Civilian Employee Assistance Program (CEAP), to find ways to deal with memories and personal situations that really do have a significant impact on your life and personal happiness.

CEAP provides confidential, professional assessment, short-term counseling and referral services at no cost to civilian employees. Call 474-1999, ext. 6204 or 6206 between 7 a.m. and 4:30 p.m. for CEAP information and to

inquire about our no cost at-your-site training.

Fleet and Family Support Center (FFSC) classes are free to Department of Defense civilian employees, military personnel and their family members. FFSC course offerings may be found on the Quality of Life Navy Hawaii Web site at <http://www.greatlifehawaii.com>.

Some FFSC classes scheduled during November include:

- Managing Money and Credit, Nov. 24, 8-10 a.m.
- Anger Management, Nov. 25, 8-11 a.m.

Call the customer service desk at 474-1999 to register for any class.

TRICARE and Medicare work together for eligible "under 65" beneficiaries

TRICARE Communications

TRICARE beneficiaries who receive a disability check – listen up. TRICARE officials want to ensure that beneficiaries receive the TRICARE coverage to which they are entitled.

In general, most beneficiaries become eligible for Medicare at age 65. However, many beneficiaries under age 65 also qualify for Medicare and there is one critical fact they need to know.

"Most TRICARE beneficiaries who are eligible for premium-free Medicare Part A are required under federal law to enroll in Medicare Part B to keep TRICARE benefits," said Anne Breslin, TRICARE For Life program manager.

Medicare Part A covers inpatient care in hospitals and skilled nursing facilities. It also covers hospice and some home health care.

Medicare Part B is medical insurance. It helps cover outpatient and physician services as well as some physical and occupational therapies and home health care. The Medicare Part B monthly premium is currently \$96.40

and will remain the same for 2009. Individual premiums could be higher, based on income.

When Medicare coverage is effective, it becomes the primary insurance, while TRICARE becomes the secondary. Beneficiaries who take appropriate steps to maintain their TRICARE eligibility will often have no out-of-pocket expenses for health care services covered by Medicare and TRICARE.

Generally, beneficiaries who receive social security disability benefits begin receiving Medicare benefits after two years and they may choose between options such as TRICARE Prime or TRICARE for Life. Most will need to have Medicare Part B, although there are some exceptions.

"Whatever they choose, we can't emphasize enough that beneficiaries need to look carefully at their options before making decisions that could result in a loss of TRICARE coverage," said Breslin.

Factors beneficiaries must take into consideration before making a decision when it comes to Medicare and TRICARE include: whether their spouse is on

active duty, if they are disabled due to injuries while serving on active duty, if they have other health insurance, or if they are enrolled in the Uniformed Services Family Health Plan or TRICARE Reserve Select. Other factors may also apply, but help is available to understand the complexities of this benefit.

Detailed information on how Medicare and TRICARE work together for eligible beneficiaries under 65 is available through the TRICARE Web site at <http://www.tricare.mil/medicare>, where users can also download a new "Using TRICARE and Medicare" flyer.

Additional resources for Medicare, TRICARE and Social Security information: FAQs at <http://www.tricare.mil/faqs/> (select the TRICARE For Life category); visit <http://www.medicare.gov> or call 1-800-633-4227; visit <http://www.ssa.gov> or call 1-800-772-1213; or contact Wisconsin Physicians Service (TRICARE for Life) at 1-866-773-0404.

Visit the nearest ID card issuing facility or call 1-800-538-9552 for eligibility information.



Great American Smoke Out set for Nov. 20

Naval Health Clinic Hawaii

The Navy Surgeon General has announced its support for the Great American Smoke Out on Nov. 20.

The goal of Navy Surgeon General Vice Adm. Adam M. Robinson is to assist everyone in the military community, including our civilian employees, to quit smoking or stop using other forms of tobacco. Quitting tobacco use is hard, so the American Cancer Society advises four elements as key to successfully quitting:

- Making the decision to quit.
- Setting a quit date.
- Mapping-out a quit plan.
- Planning how to deal with withdrawal.

For many, tobacco use has become a daily pattern of life and the addictive properties of nicotine make it even harder

to quit. So it's important to find a reason to quit and use it to motivate yourself to stop using the tobacco for good. Some quit for good health, others for financial gain, work accomplishment, or improved physical appearance. Whatever reason motivates you, having an effective quit plan is key to your success.

Helpful tips for developing the quit plan include:

- Picking a date.
- Partnering with a quit buddy.
- Learning about specific strategies to deal with tobacco cravings.
- Making a diary of your tobacco use and planning effective alternatives.
- Removing tobacco related items from your home, office and car.
- Telling your friends and families of your

intention to quit.

You can make a difference for yourself and for someone else's life too. If you're ready to quit, even for a day, join the Naval Health Clinic Hawaii health promotion at Makalapa and Kaneohe Clinics from 9 a.m. to noon on Nov. 20 for the Great American Smoke Out activity.

Participants who pledge to quit for the day and/or sponsor someone will have an opportunity to receive giveaways. For enrollment in tobacco cessation programs, call 473-1880, ext. 2282.

Online resources can also help: Centers for Disease Control <http://www.cdc.gov/tobacco>; American Cancer Society <http://www.cancer.org>; American Lung Association <http://www.lungusa.org/site>.

To report...

Fraud, Waste or Abuse

Contact Commander, Navy Region Hawaii Inspector General

✓ We are here to help

✓ You can remain anonymous

✓ Remember to use your chain of command first

HOTLINE:
808-473-1782

EMAIL:
prlh-cnrhig@navy.mil

Skylark CENTRAL

The Odyssey

Find these 40 forty names of characters from

WORD SEARCH

- AEOLUS
- EUMAEUS
- MENELAUS
- AGAMEMNON
- EUPHES
- NAUSICAA
- ALCINOUS
- EURYCLEIA
- NESTOR
- AMPHINOMUS
- EURYLOCHUS
- ODYSSEUS
- ANTICLEIA
- EURYMACHUS
- PENELOPE
- ANTINOUS
- HELEN PHILOETIUS
- ANTIPHATES
- HELIOS
- POLYPHEMUS
- ARETE
- HERACLES
- POSEIDON
- ARGOS
- LAERTES
- SCYLLA
- ATHENA
- LAESTRYGONIANS
- SIRENS
- CALYPSO
- LOTUS-EATERS
- TELEMACHUS
- CHARYBDIS
- MELANTHIUS
- TIRESIAS
- CIRCE
- MELANTHO
- ZEUS
- ELPHENOR

ESNA INOGYRTSEALUS
 TPUHIPMLSRAAUOCEU
 YCEMEPOLENEPTHOL
 ETYMELANTHIUSTUSO
 SOILEHEIRESCINNUE
 EAUTUUPNEESPDAGOA
 LOIPMHSYAAUOBLENI
 CDASATNTLEOEYECIE
 AYNTENESTORCRMSTL
 RSEGURRLIAPRAUCNC
 ESHASUITEOLIHPLYAY
 HETGLRSTSMOCCELAR
 RUAARETEUAAAIYLCU
 ASUMONIHMPACPN AIE
 HNSETDAA Y TNSHTOSH
 NAOMOEURYLOCHUSUO
 EAGNOOUMENELAUSAS
 UORONEHPLENPEOSNI
 ASANTICLEIAZBPEIE



WHO SAID IT?

"It's not that I'm afraid to die, I just don't want to be there when it happens."

LAST WEEK'S WHO SAID IT?

"HALF OF THE AMERICAN PEOPLE HAVE NEVER READ A NEWSPAPER. HALF NEVER VOTED FOR PRESIDENT. ONE HOPES IT IS THE SAME HALF."

- Gore Vidal

Find these 48 PLURALS THAT DON'T END IN AN S

WORD SEARCH SOLUTION

- ADDENDA
- DICE
- MOOSE
- AIRCRAFT
- FEET
- NUCLEI
- ALGAE
- FIREMEN
- OFFSPRING
- ALUMNI
- FISH
- OXEN
- ANTENNAE
- FORMULAE
- PAPARAZZI
- BACILLI
- FUNGI
- PEOPLE
- BACTERIA
- GEESE
- PHENOMENA
- BEAUX
- GENERA
- POLICE
- CACTI
- GRAFFITI
- SHEEP
- CATTLE
- LARVAE
- STIMULI
- CHERUBIM
- LICE
- STRATA
- CHILDREN
- MACKEREL
- TEETH
- CORPORA
- MAXIMA
- TROUT
- CRITERIA
- MEDIA
- VERTEBRAE
- CURRICULA
- MICE
- VIRTUOSI
- DATA
- MINUTIAE
- WOMEN

CCTE BEAUXMVNELTUA
 EAPAGASIIITEEFFMF
 ACETNTCORPORAUAIE
 LTIMINUTIAERNZTLA
 UIMRZUCEKCGVEARD
 MAUEPOZSCRITERIAN
 NLODSEMAICITVNLTE
 ICRIFLMARIHAAUEAD
 CLTAFPALGABECGGRD
 WUIMOOSENTPIRNLT
 ROZEVERTEBRAEUSF
 IGMTTPEMSRFRPCBIA
 GTEENFCUFDCLLRIE
 CFAENBACILLIDECOM
 EIHA STL TILAA MIXAM
 PSEXTETIHAMOECECET
 DHSLIFFCADNPNXREU
 PHENOMENAOTROAUAM

This Week's Trivia

How many aircraft carriers did the U.S. Navy have in the Pacific at the time of the Pearl Harbor attack?

Last Week's Question:

In which Pacific naval battle were the commanders of the opposing fleets able to transfer their flags from a badly damaged carrier to a cruiser?

Answer:

At the Battle of Midway, both the Japanese commander, Admiral Nagumo, and the American commander, Admiral Fletcher, transferred their flags from heavily damaged carriers to cruisers.

Navy Region Hawai'i Manawa Nanea

LEISURE

Morale Welfare & Recreation

WINTER CAMPS FOR YOUTH

Navy Region Hawai'i MWR winter youth camp adventures will be offered this winter at Catlin Clubhouse, Rainbow Bay Marina, Bloch Arena and others. The camps are open to family members of all active duty and department of Defense (DoD) civilians. Online registration begins Nov. 17 for single parent active duty and dual active duty parents and Nov. 24 for all other active duty and DoD civilians. FMI: visit www.greatlifehawaii.com to register or call 421-1556.



ULTIMATE ATHLETE COMMAND CHALLENGE

Active duty Sailors can battle in the Ultimate Athlete Command Challenge starting at 6:30 a.m. at Ward Field on Nov. 20. This is a fun and competitive alternative to your every day PT workout. Teams of six members will compete in a series of sports-based challenges and have their skills tested in strength and endurance. All team members must be from the same command. Prizes and command recognition will be awarded to the top three teams. The challenge is limited to eight teams so sign up now. Registration ends Nov. 18. The competition is free, but each team member must bring at least one non-perishable food item to donate to the Hawaii Food Bank. FMI: 473-0793.

FREE TURKEY DRAWINGS

Stop by any MWR swimming pool or the Rainbow Bay Marina office through Nov. 20 to fill out an entry slip to win a turkey. The drawing will be Nov. 21.

For more information on Navy Region Hawai'i MWR events, visit www.greatlifehawaii.com

Community Calendar

November

15 ~ Meet world-renowned artist Kim Taylor Reece from noon to 2 p.m. at the Navy Exchange (NEX) Mall at Pearl Harbor. Have your favorite Kim Taylor Reece photograph or print signed by the artist himself.

15 ~ "Hangar Talk," a new monthly Pacific Aviation Museum presentation, will be held on the third Saturday of each month. This month's talk, "Pan Am's Role in World War II," will be held from 1-2 p.m. Nov. 15 at the Pacific Aviation Museum Pearl Harbor at Ford Island. WWII veteran pilot and former Pan Am employee Jack Pedesky will speak, along with former Pan Am employees, Ed Swofford and Gerry Joering. The presentation is free with a paid admission to the museum. The Pacific Aviation Museum is located at 319 Lexington Blvd. in hangar 37 on Ford Island at Pearl Harbor. FMI: 441-1000 or visit www.PacificAviationMuseum

24 ~ USS Chung-Hoon Family Readiness Group will hold its monthly meeting at 6 p.m. at the Pearl Harbor Memorial Chapel. The group will discuss the upcoming ship's Christmas parties (adults and children). Baskets for the Halfway Dinner Fundraiser will also be available for purchase at the meeting. FMI: 440-4648 or e-mail chunghoonfsg@yahoo.com.

28 ~ Applications are due for the Pacific Century Fellows 2009 Program, designed to recognize Hawai'i's young leaders who will continue to make a difference in Hawai'i's future and community service. The nine-month program is open to 30-35 promising individuals in the community who are in their mid-20s to early 40s. Applications must be postmarked by Nov. 28 and sent to: Pacific Century Fellows Program, P.O. Box 161000, Honolulu, HI 96816. FMI: visit www.pacificcenturyfellows.com or 375-0905.

Sharkey Showtimes



Flash of Genius (PG 13)

The Kearns were a typical 1960s Detroit family, trying to live their version of the American Dream. Local university professor Bob married teacher Phyllis and, by their mid-30s, had six kids who brought them a hectic but satisfying Midwestern existence. When Bob invents a device that would eventually be used by every car in the world, the Kearns think they have struck gold. But their aspirations are dashed after the auto giants who embraced Bob's creation unceremoniously shunned the man who invented it. Ignored, threatened and then buried in years of litigation, Bob is haunted by what was done to his family and their future. He becomes a man obsessed with justice and the conviction that his life's work-or for that matter, anyone's work-be acknowledged by those who stood to benefit.

TODAY

7:00 PM Nights in Rodanthe (PG 13)

SATURDAY

2:30 PM Beverly Hills Chihuahua (PG)
4:30 PM Nick & Noah's Infinite Playlist (PG 13)
7:00 PM Flash of Genius (PG 13)

SUNDAY

2:30 PM Igor (PG)
4:45 PM Beverly Hills Chihuahua (PG)
7:00 PM Nick & Noah's Infinite Playlist (PG 13)

THURSDAY

7:00 PM Quarantine (R)



PAM plans 2nd Anniversary "Hangar Dance" Celebration

Pacific Aviation Museum

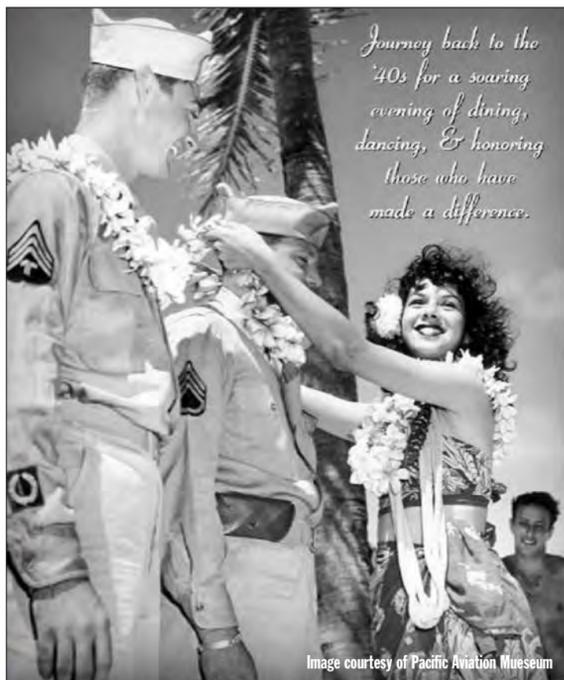
On Dec. 6, 1941, the night before the Imperial Japanese surprise attack on Pearl Harbor, there was a "big band" dance in the hangars on Ford Island.

This year, another "big band" dance will be held from 5:30 to 9:30 p.m. on Dec. 6, the 2nd Anniversary Celebration of the opening of Pacific Aviation Museum Pearl Harbor on historic Ford Island.

The public is invited to spend an evening with military, civic and community dignitaries during the museum event. The highlight of the evening will be the awarding of honors to Hawai'i's living legends, the Hawai'i pilots who flew in World War II.

Guests will also see the unveiling of the new Lt. Ted Shealy Restoration Shop, hear plans for the restoration of the museum's second phase (hangar 79), and participate in an evening of dining, dancing and auction to benefit the museum's fundraising efforts.

The 18-piece Monday Night Orchestra will provide the 1940s music for dancing. Comedian Bill Sage



Journey back to the '40s for a soaring evening of dining, dancing, & honoring those who have made a difference.

Image courtesy of Pacific Aviation Museum

will emcee and exclusive items will be available during an auction. The Pacific Aviation Museum Pearl Harbor is located at 319 Lexington Blvd. in hangar 37 on Ford Island at Pearl Harbor.

Tickets and sponsorships are available online at www.PacificAviationMuseum.org or by contacting Jennifer Young, director of development, at 441-1006 or JYoung@PacificAviationMuseum.org.

Free Military Family Appreciation Celebration

Navy Region Hawai'i Morale, Welfare and Recreation

Navy Region Hawai'i and JN Automotive Group will sponsor Military Family Appreciation Celebration from 4-9 p.m. today on Ford Island, across from the Navy Lodge.

Entertainment will feature various performances from

local youth dance and twirling groups.

Other activities will include arts, crafts and a family construction site consisting of interactive games, recycling projects and climbing walls and bouncing houses.

At 6:30 p.m., there will be a showing of the movie "WALL-E" on a 25-foot inflatable big screen.

The event is free and open

to all active duty, military affiliated and Department of Defense (DoD) personnel and their sponsored guests. Free ice cream will be available to families and dinner plates will be available for purchase at the event.

In case of rain, the event will be moved into the Ford Island Navy Lodge.

For more information, visit www.greatlifehawaii.com.

Pets for Patriots

The Pets for Patriot Program is looking for a foster parent or family interested in fostering pets of active service members on deployment. Pet owners will be responsible for vet supplies, food and litter. For more information on how to be a foster parent or for other pets in the Pets for Patriot Program, contact Dmitri Welch at 356-2217 or e-mail at dwelch@hawaiianhumane.org.

Photo courtesy of Pets for Patriot Program



That Guy.com

REASON #270 NOT TO BE THAT GUY:



Free Classified Advertising for military in Hawaii Navy News

Active duty and retired military, civil service and family members can advertise the sale of their personal property (including real estate) and services in HNN at no charge. The details are as follows:

Classified items and services must represent an incidental exchange between the aforementioned personnel and not business operations. Requests for three-line free classified advertisements can be submitted via email, if from a ".mil" address (submit to lkanshi@honolulu.gannett.com), by phone at 521-9111 or by visiting www.honoluluadvertiser.com and clicking on "classified ads." More lines of advertising can be purchased at an additional fee. Requesters should include their military ID number and a call-back phone number.