



AQUATICS

Swim To Athens Incentive Program

PURPOSE

To complete a journey by swimming from Crete all the way to Athens while stopping at numerous famous Greek Islands.

HOW

Use the pool to swim from Crete to Athens. Use whatever swimming technique you desire to swim from Crete to Athens. Distance ratio for the incentive program is: 1 full lap (50 meters) =1 Kilometer. One full lap is swimming back and forth.

1000 meters (20 full laps) =20 Kilometers, 2000 meters (40 full laps) =40 Kilometers, 3000 meters (60 full laps) =60 Kilometers

LOG IN YOUR SWIM WORKOUT

When you have completed your swim workout, tell the Gym Attendant the distance you have covered and move your marker on the map. Gear Issue has a complete distance ration chart for the Swim to Athens Incentive Program.

T-SHIRT

Once you have reached Athens and completed the program, you get a free Swim to Athens T-Shirt.

Other Aquatic Programs

Water Aerobics
Inner Tube Water Polo
Swim Meets

For more information on our pool hours, pool reservations, water aerobics, inner tube water polo tournaments, swim meets and incentive programs, please call Gear Issue at DSN 2661-443 or COMM (30) 28210-21443.