

Panorama

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NSA's MISSION STATEMENT: "TO PROVIDE QUALITY SUPPORT TO U.S. AND NATO PERSONNEL, ACTIVITIES, AND AFLOAT UNITS IN OUR GEOGRAPHIC AREA OF RESPONSIBILITY. TO ENSURE RELIABLE COMMAND AND CONTROL OF ALL SUPPORT PROVIDED TO THOSE UNITS."

55TH YEAR, No. 5

Serving the NATO, Naples and Gaeta military communities in Italy

FRIDAY, FEBRUARY 5, 2010

SPEDIZIONE IN A.P. - 45% - ART. 2 COMMA 20/B LEGGE 662/96 - FILIALE DI NAPOLI



NSA Naples sailors volunteer at the Missionary Sisters of Charity

By Mass Communication Specialist 3rd Class Petty Officer Kristopher Regan
Navy Public Affairs Support Element- East Det. Europe

NAPLES, Italy—Local Naval Support Activity (NSA), Naples service members volunteered their time at the Missionary Sisters of Charity Naples Mission Jan. 29 in downtown Naples.



Service members make repairs to pews at Missionary Sisters of Charity Naples Mission during a volunteer session Jan. 29. Naval Support Activity, Naples service members volunteered their time at the mission to help clean up and make some repairs. (U.S. Navy photo by Mass Communication Specialist 3rd Class Petty Officer Kristopher Regan)

This community relations project was set up by the NSA Naples Chapel which has been involved with this establishment for quite some time. "The chapel has been volunteering at this missionary over the years by coming and performing religious services on weekends and also some repair work," said Religious Program Specialist 1st Class Petty Officer Ryan Boggs, community relations coordinator.

The volunteers did many tasks to help out around the establishment and improve the quality of life there. They cleared an old storage room to make more space for the residents and cleaned other areas in the missionary. They also made repairs to the pews in the church that had been worn down over the years.

One of the sisters from the missionary spoke about how it was great to have volunteers come out and do tasks that they cannot do on their own. She also looks forward to working with the volunteers again in the future.

The participants all had their reasons for volunteering with the commonality of doing something to improve their community. "I fell in love with this city as soon as I got here and am more than happy to do what I can to help out in the community," said Aviation Support Equipment Technician 3rd Class Petty Officer David Zannini, a volunteer.

The Chapel intends on returning to do similar maintenance on a more frequent basis. "We would like to get out here once a month which will give more people the chance to volunteer and also allow us to do much more work with the missionary," said Boggs.

For more information on volunteering at the Missionary Sisters of Charity in Naples contact the NSA Naples Chapel (Support Site) at DSN 629-4600 (Capodichino) 626-3539.



Master-at-Arms Seaman Kevin Manzi scrubs a dirty rug at the Missionary Sisters of Charity Naples Mission during a volunteer session Jan. 29. Naval Support Activity, Naples service members volunteered their time at the mission to help clean up and make some repairs. (U.S. Navy photo by Mass Communication Specialist 3rd Class Petty Officer Kristopher Regan)

Lent and Easter Services

LENT SERVICES

Catholic

Ash Wednesday (Feb. 17)
1200 at the Capo Chapel
1130 at the Support Site Chapel
1700 at the Support Site Chapel

Stations of the Cross
Every Friday at 1700 at the Support Site Chapel

Protestant

1900 Ash Wednesday Service Support Site Chapel

EASTER TRIDUUM

Holy Thursday † Good Friday † Easter Vigil

Catholic Masses

Thursday 01 April @ 1700 Holy Thursday S.S. Chapel
Friday 02 April @ 1700 Good Friday - S.S. Chapel
Saturday 03 April @ 2000 Easter Vigil Mass - S.S. Chapel
(There will not be Confessions or 1700 Vigil Mass on the 3rd)

Protestant

Friday 02 April @ 1900 Good Friday - S.S. Chapel

EASTER SUNDAY

0630 Protestant Sunrise Service - S.S. Amphitheatre
0800 Liturgical Protestant Service - S.S. Chapel
0830 Catholic Mass - Capo Chapel
0915 Contemporary Christian Service - S.S. Chapel
1100 Catholic Mass - S.S. Chapel
1100 Protestant Service - Capo Chapel
1430 Hallelujah Full Gospel Service - S.S. Chapel
1800 Children's Easter Musical - S.S. Chapel

Service members and dependents urged to participate in Living Pattern Survey

Story by Commander Navy Region Europe,
Africa, Southwest Asia

NAPLES, Italy—All active duty U.S. military members with dependents are being asked to take part in the Living Pattern Survey (LPS) being conducted from Feb. 1 to March 31 at all U.S. Navy installations throughout Italy.

The Per Diem, Travel and Transportation Allowance Committee (PDTATAC) is conducting the survey in order to adjust the Cost of Living Allowance (COLA) index. All U.S. military members with dependents that have been permanently stationed in Italy for more than three months are eligible to participate in the survey. The online survey can be found at <https://www.defensetravel.dod.mil/oscola/lps/italy/>.

An LPS is conducted every three years with the goal of obtaining information about which local economy merchants military personnel use for food, clothing items, other goods and services such as hair care and auto repairs. The survey will also help PDTATAC understand how much personnel shop on the local economy, at the Commissary and Exchange, or on the Internet.

PDTATAC will use the data collected from the LPS to determine which locations to perform their annual Retail Price Schedule (RPS) survey. During the RPS, roughly 120 goods and services will be purchased from more than 200 of the most frequently shopped local-economy merchants.

The prices from these merchants will then be averaged with the prices from stores with in the U.S. in order to properly adjust the COLA index for an area.

The results from the information gathered will affect Naval Support Activity (NSA) Naples, Naval Air Station (NAS) Sigonella, and other U.S. Navy Support Elements throughout Italy. If any changes do occur, they will be announced by PDTATAC and implemented incrementally.

As a result of the 2007 LPS and 2009 RPS surveys, the COLA index at NSA Naples and NAS Sigonella both decreased a total of six points - each point is worth approximately \$25, but the actual value varies according to rank, years of service, and number of dependents present.

According to the PDTATAC Web site, the COLA index is highly dependent on the proportion of shopping done in on-base facilities. So in turn, it is very important to report all off-base shopping during the current LPS survey. Changes in exchange rates are also factored into the COLA index, but they are not a significant factor in determining rates.

For more information about the Living Pattern Survey or other information pertaining to the Cost of Living Allowance index, visit the PDTATAC Web site at <http://www.defensetravel.dod.mil/perdiem>.

For local questions pertaining to NSA Naples, please contact YNCS Alex Magee at alex.magee@eu.navy.mil or 081-568-3986.

XO's Corner

By **Cmdr. Stephen Schutt**
NSA Naples Executive Officer



I would like to take this opportunity to stress the importance of the Cost of Living Allowance (COLA) Living Pattern Survey (LPS). First, let me explain what it is. LPS is conducted every three years with the goal of obtaining information about which local economy merchants military personnel use for food, clothing items, other goods and services such as hair care and auto repairs in order to adjust the Cost of Living Allowance (COLA) index. The survey will also determine how much personnel shop on the local economy, at the Commissary and Exchange, or on the Internet.

It is very important that service members sit down **WITH YOUR SPOUSES** and talk about where you're spending your money and what you're paying for the things you're buying. I mention the spouse because usually they're the one doing most of the shopping, and while the survey is tied to the military sponsor, the spouse's input is as important if not more so.

The data reported in this survey will be used to adjust the COLA. After determining where military members are shopping, the annual Retail Price Survey (Market Basket Survey) collects the prices of 120 goods and services from these outlets. After the Per Diem Committee compares the prices in the locations above to those in the U.S., a Cost of Living Index is computed that reflects the differences.

The survey will be conducted between 1st February 2010 and 31st March 2010. **YES, IT IS ONGOING!!** Please take the time to sit down with your spouse and complete this survey—this is another way that we as service members can take part in the process of determining COLA figures. Links to the survey can be found on our website, in the PAO notes and on NSA Naples Facebook. **THANKS IN ADVANCE FOR TAKING THE TIME.**

Another quick note about the new bus schedule: we're through week one with minimal issues, so let's keep that up. Keep in mind, last week the Mount Whitney was out, please be sure to allow a little extra time next week to account for those extra hundred or so folks driving in to work who weren't around this past week.

Lastly, the Super Bowl is this weekend and I am sure many of you will stay up late to watch it. Some of you may even host some parties at your home. Please remember to be safe. If you're going to drink, do not drive. If you're driving, don't drink. Also, supervisors need to keep in mind that their personnel may stay up late to watch the game so let's talk to our people and see what their plans are. **No Dhat.. Go Colts!**

Base Notes

From *Panorama* staff reports

USO 69th Birthday Bingo Celebration

USO 69th Birthday Bingo Celebration, Feb 7th, Naples HS Cafeteria from 1530-1800. Come and wish happy birthday to the USO! Spend a Sunday afternoon playing your favorite bingo games, listening to incredible musical performances, watching commemorative slide shows and taking home amazing USO prizes! Doors open at 1500, don't be late!!

USO "Sweets and Treats"

USO "Sweets and Treats" Spouse Coffee, Feb 11th, Community Center, S.Site Join the USO Naples on Feb 11th at the Community Center (S.Site) from 0900 a.m. to noon. All spouses are invited to stop by to learn more about the area, find out about employment opportunities, learn Italian, meet new people and enjoy delicious breakfast treats. Participate in free raffles and take home special USO discount vouchers for tours. Children are welcome! For more info, call the USO at 626-5713.

Naples Got Talent

Naples Got Talent, Feb 26th, Naples HS Cafeteria Our contestants are ready to deliver an amazing show! Join the USO Naples volunteer committee on Feb 26th at the High School Cafeteria at 1830 for an incredible night of amazing dance routines and musical performances! Come and see which one of our 12 contestants will take home the ultimate prize: 2 roundtrip airline tickets to the US (courtesy of USO sponsor United Airlines) Vote for your favorite contestants, taste delicious foods and enjoy an incredible emotional evening....Our show is about to begin: are you ready?

The Cost of Living Allowance (COLA) Living Pattern Survey (LPS)

All active duty U.S. military members with dependents at U.S. Navy installations throughout Italy are being asked to take part in the Living Pattern Survey (LPS) from Feb. 1 to March 31. LPS is one of the building blocks of COLA, and it is imperative that servicemembers, together with their spouses, provide meaningful, relevant responses to give the best possible reflection of the actual cost of living here in Naples. An LPS is conducted every three years with the goal of obtaining information about which local

economy merchants military personnel use for food, clothing items, other goods and services such as hair care and auto repairs in order to adjust the Cost of Living Allowance (COLA) index. The survey will also determine how much personnel shop on the local economy, at the Commissary and Exchange, or on the Internet. U.S. military members with dependents that have been permanently stationed in Italy for more than three months are eligible to participate in the survey, which can be found at <https://www.defense-travel.dod.mil/oscola/lps/italy/>.

Seabee Ball fundraising golf tournament

Friday Feb. 5 there will be a Golf Tournament sponsored by the Seabees. It will be a four person scramble with flights based on player handicaps. Field size is limited to 60 players, so sign up now! Start time is noon with a shotgun start. To register your four-person team, please contact Josh Burns at joshua.burns@eu.navy.mil or call 626-5400.



Service members make repairs to pews at Missionary Sisters of Charity Naples Mission during a volunteer session Jan. 29. Naval Support Activity, Naples service members volunteered their time at the mission to help clean up and make some repairs. (U.S. Navy photo by Mass Communication Specialist 3rd Class Petty Officer Kristopher Regan)

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CNE-C6F/CNREURAFSWA HOTLINE

It is everyone's responsibility to report fraud, waste, abuse and mismanagement in Navy activities to:

Office of the Inspector General

Phone 081-568-2983 - Fax: 081-568-6354
E-mail ighotline@eu.navy.mil
Web site <http://www.cnic.navy.mil/europe/index.htm>

You can choose to remain anonymous

FYI POSSIBLE STRIKE

Feb. 5 - Alitalia personnel (8 hours) from 10 a.m. to 6 p.m., Meridiana personnel (4 hours) from noon to 4 p.m. and Air One personnel (4 hours) from noon to 4 p.m.
Feb. 16 - Meridiana personnel will be on strike for 24 hours. - Eurofly personnel will be on strike for 4 hours, from noon to 4 pm.
Feb. 19 - Trenitalia and Local Public Transportation (busses and metro) personnel will be on strike for 4 hours, from 10 a.m. to 2 p.m.

Panorama

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MEDITERRANEAN SEA (Feb. 1, 2010) - An MH-60S Knight Hawk helicopter assigned to Helicopter Sea Combat Squadron (HSC) 28 transports members of the U.S. 6th Fleet staff to amphibious command ship USS Mount Whitney (LCC/JCC 20). Mount Whitney and its embarked staff are in the Mediterranean Sea conducting scheduled training. Mount Whitney, home ported in Gaeta, Italy, is the flagship for the U.S. 6th Fleet where it conducts a variety of U.S. Navy and NATO operations and exercises throughout the year. (U.S. Navy photo by Mass Communication Specialist 1st Class Gary Keen/Released)

Italian News Briefs

Compiled by Teresa Merola

New Auditorium in Ravello

Ravello, a city of music on the Amalfi coast, inaugurated its Auditorium 'Oscar Niemeyer' after ten years of controversy and debates last Friday. The Auditorium was completed by Brazilian architect Niemeyer. The Auditorium has 406 seats, recording rooms, orchestral rehearsals, and two-floor garage with 110 spots. The building has a dome shape, and during the breaks, the audience can walk in an adjoining room to contemplate the Amalfi coast panorama. The auditorium is a multipurpose center which will offer shows for 12 months a year. The entire project cost 18.5 million received by the Government and private institutions.

Pompeii opens House of chaste lovers to visitors

Pompeii opens its excavation and restoration work at the House of the Chaste Lovers to visitors. People will be allowed to visit some sections of the building and watch archaeologists at work while they bring ancient remains to light. Visitors will have a different kind of experience while observing the fascinating work of archaeologist in action. The site will be protected by glass screens, interior panels will provide visitors with information and technology through virtual reconstruction of the premises as they looked prior to their destruction. The House of the Chaste Lovers contains interior wall paintings showing lovers during a feast.

"Clown Therapy" unveiled in hospitals

The Equal Opportunity Minister Mara Carfagna unveiled funding for the "clown therapy" in hospitals to treat young patients with a little bit of fun. She said that 450,000 Euros will be spent on certified programs to teach trainees to make their patients laugh and understand the child psychology. However, in Italy clown doctors have been working in many hospitals as volunteers since

1990s. At the Bambino Gesù' hospital in Rome, clown doctors are a well known presence. In Naples as well, there is an association which provides clown therapy for children involved in mafia related crimes. The association was started by a self-taught doctor who had his younger sister killed by a stray bulldog in 2004.

Shroud of Turin on display

Turin's 15th century cathedral will display the world-famous 'Shroud of Turin' from 10 April to 23 May. More than 600,000 pilgrims have booked the visit so far. Organizers said they expect the shroud to draw up to three million people. Many Christians believe the body of Jesus Christ was wrapped in the shroud and his face was imprinted on it. Skeptics said the shroud comes from the middle ages, and after various tests performed on the shroud, both believers and skeptics continue to argue for and against the validity of the tests. Bookings to visit the shroud can be made by Internet at www.sindone.org.

Ferrari F10 unveiled

The latest Ferrari Formula One model was unveiled by the president Luca di Montezemolo last Thursday at Maranello. The new F10 would compete with 'passion' said the president adding that the Ferrari wants to return to win. He welcomed Alonso to the team and the return of Massa who was out of race after he injured himself last August. The Formula One season begins in Bahrain on 14 March.

Chocolate Festival at Vulcano Buono

There will be a Chocolate Festival at the Vulcano Buono mall in Nola, near Naples from February 13th to the 21st. At this event there will be chocolate shops, artisans, and chocolate artists. There will also be chocolate lessons, tasting tours, and events related to chocolate. Admission is free hours are from noon to 8 p.m.

THE INSIDE PAGE...

THIS WEEKEND

- 5 **CLEP/DSST TESTS AND CLEP LANGUAGE TESTS** at the National Test Center. Spanish, German or French CLEP tests offered for college credit. For an appointment, call 081-568-6673/6675 or visit the University of Maryland University College Office.
- 6 **RENEW MARRIAGE VOWS WITH THE CWOC** at 5 p.m. Dinner following at 7 p.m. at Arbustum Agrituristica, located in Casal di Principe in honor of World Marriage Day. Price per person is €28. Carlene Clark at 081-811-4616 or Carlene.Clark.ctr@eu.navy.mil
- 6 **NAPLES OVERSEAS SPOUSES' CLUB'S (NOSC) "Have A Heart Fashion Show"** will be at 7 p.m. at the Forgotten Treasures Thrift Shop with all proceeds from the evening benefiting local Italian charities. For reservations, e-mail noschospitality@gmail.com. FMI, to volunteer or to donate items for auction, contact Maria at RosPE@aol.com or 338-899-8862.
- 8 **CWOC HOSTS FELLOWSHIP LUNCHEON**, after 11:30 a.m. Mass, in the Fellowship Hall at the Support Site. This month's topic is "Lent and The Stations of the Cross." Carlene Clark at 081-811-4616 or Carlene.Clark.ctr@eu.navy.mil
- 10 **PEARSON-VUE TESTING AND EXCELSIOR COLLEGE TESTS**. FMI or for an appointment, call 081-568-6673/6675.
- 10 **HOW TO MAKE HOMEMADE WINE**, 9-11 a.m., at the FFSC. FMI, contact the FFSC at 081-811-6372.
- 11 **QUILTERS AROUND THE WORLD** holds their monthly meeting from 5-7 p.m. FMI and location, contact qatw.napoli@yahoo.com
- 11 **CARNEVALE (Mardi Gras)**, 10 a.m. to noon, at the FFSC. FMI, contact the FFSC at 081-811-6372.

FEBRUARY

- 10 **ALLIED SPOUSES CLUB HELLENIC LUNCHEON**, hosted by the Greek ladies, from 11 a.m. to 2 p.m. at JFC Naples NCCC. Cost is €20 for ASC members and €25 for non-members. FMI, send an e-mail to alliedspousesus@gmail.com.
- 14, 20 **NAPLES FRIENDS OF ANIMALS (NFOA) Pet Adoption Day**, 11 a.m. to 4 p.m. in front of the Support Site NEX. FMI, contact NFOA at nfoa.president@gmail.com
- 15 **THE EGG CASTLE**, 8 a.m. to 2:30 p.m., departing from JFC. FMI, contact the FFSC at 081-811-6372.
- 15 **THE HILL OF POSILLIPO & ITS PARK**, 8 a.m. to 2:30 p.m. FMI, contact the FFSC at 081-811-6372.
- 16 **COOKING CLASS**, (lasagna), 9:45 a.m. to 2 p.m., departing from the Support Site. FMI, contact the FFSC at 081-811-6372.
- 17 **USED UNIFORM SWAP, SALE**, hosted by Naples Area Supply Corps Association (NASCA), off the Capodichino "Spine." Uniforms of all types, sizes and services will be sold, to authorized shoppers only, at 80 percent to 90 percent less than uniform shop prices.
- 17 **PLAY SCOPA**, 9-11 a.m., at the FFSC. FMI, contact the FFSC at 081-811-6372.
- 17-18 **APPLIED SUICIDE INTERVENTION SKILLS TRAINING**. FMI or to register, call 081-568-5255
- 18 **GRICIGNANO MARKET**, 8:30-11 a.m., departing from the Support Site. FMI, contact the FFSC at 081-811-6372.
- 18 **MONTHLY BABY BASICS CLASS**, offered by NCMRS visiting nurse, 9 a.m. to noon, at the Navy-Marine Corps Relief Society Office, ADMIN II, G 016. Topics include: daily newborn care (i.e. bundling, diapering & bathing), feeding, crying & comforting, health & safety, etc. FMI or to register, contact NCMRS for registration at 081-568-3913.
- 19 **SHOPPING FOR LOCAL FOOD & GOOD WINE**, 8 a.m. to 2:30 p.m., departing from JFC. FMI, contact the FFSC at 081-811-6372.
- 20 **BABYSITTER'S TRAINING**, 10 a.m. to 5:30 p.m., Support Site Gym conference room, cost \$35. Babysitter Portfolio First Aid kits available for \$10. Registration and payment due no later than Feb. 17 at the ARC office located at Capo. FMI, contact 081-568-4788.
- 20 **QUILTERS AROUND THE WORLD**, 9 a.m. to noon, learn to paper piece quilt blocks. For supplies and location, contact qatw.napoli@yahoo.com
- 24 **WATCH, EAT & BUY FRESH PASTA**, 9:45 a.m. to 1:30 p.m., departing from the Support Site. FMI, contact the FFSC at 081-811-6372.
- 25 **AVERSA/NAPLES BY THE NEW METRO**, 7:45 a.m. to 3 p.m., departing from the Support Site. FMI, contact the FFSC at 081-811-6372.
- 26 **SAN CARLO VISIT** (Opera House), 8 a.m. to 3 p.m., departing from JFC. FMI, contact the FFSC at 081-811-6372.
- 26-28 **CREDO MARRIAGE ENRICHMENT WEEKEND**. FMI or to register, call 081-568-5255.
- 27 **CPR/AED ADULT, CHILD, AND INFANT**, 10 a.m. to 5 p.m., Support Site Gym conference room, cost \$40. Registration and payment due no later than Feb. 24 at the ARC office located at Capo. FMI, contact 081-568-4788.

MARCH

- 17 **NAPLES AREA TOP 3 HOLDS GOLF TOURNEY**, 11:30 a.m. (tee-off at noon), at Carney Park. The entry fee is \$30 (carts cost extra). FMI or to sign up, contact Master Sgt. Kevin LaBrie at 081-721-5048 or by e-mail to klabrie@afsouth.nato.int.
- 31 **SAT TEST**. FMI or to make an appointment, contact the Navy College Office at Capo, ADMIN II or call 081-568-6681/6684/6678. Testing starts at 7:45 a.m. and lasts about six hours.

VOLUNTEERS NEEDED

- NAVY LEAGUE OF THE U.S./NAPLES COUNCIL** is seeking board members. Elections will be held the end of January. Those interested, contact Betty Reese at 081-526-8051 and/or breese@cybernet.it.
- TAX ASSISTANCE VOLUNTEERS NEEDED** The U.S. Region Legal Service Office (RLSO) is seeking active duty and civilian volunteers for the Volunteer Income Tax Assistance (VITA) program for tax year 2009. Hands-on training is given by an IRS expert which will be conducted Jan. 11-15. Interested persons can either sign up at the RLSO in the Admin II building at Capodichino on the 1st floor or call the RLSO at 081-568-4576. If desired, the RLSO will assist active duty members in seeking permission from their chain of command to participate in the VITA program.
- NAPLES AMERICAN RED CROSS (ARC) NEEDS VOLUNTEER INSTRUCTORS**. The Fundamentals of Instructor Training (F.I.T.) is a pre-requisite course to the Instructor Training course, which will be held in January 2010. FMI or to sign up, contact the office at 081-568-4788.
- NAPLES OFFICIALS ASSOCIATION NEEDS REFEREES**. Anyone interested should contact Nigel Alexander at 081-721-5413 or 346 680 3282 or by e-mail to nalexander@afsouth.nato.int.

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Navy-Marine Corps Relief Society-Naples holds Crochet Class

Submitted by
the Navy-Marine Corps Relief Society

The Navy-Marine Corps Relief Society (NMCRS) conducted a crochet class on January 22 to teach interested volunteers the skills needed to produce the handmade items included in the layette, or "Baby's First Seabag," given to participants in the society's Budget for Baby classes.

Expert crocheter and NMCRS layette-program volunteer Me-

lanie Vanaman taught basic stitches to the 10 participants, who learned how to create foundation chains and single, half-double, double and treble crochet stitches. Attendees included NMCRS-Naples society volunteer caseworkers and new volunteers.

The two-hour event was filled with laughter and exclamations of both frustration and delight as some participants revived long-dormant skills acquired

from their mothers and grandmothers while others wrestled with splitting yarn and inexplicably decreasing rows of crochet.

The NMCRS layette program, run entirely by volunteers, is designed to help new or prospective parents learn about the impact that a new baby can have on the financial situation of the family unit. Through a program of preventive education, clients learn about variations in pay and increased expenses, common consumer pressures targeted to new parents, and entitlements available through both government and private sources.

The layette is issued to any eligible recipient who has recently had a baby or whose child will be born within six months. It consists of a coordinated set of bedding and clothing, a baby book, and a handmade blanket, packed in a society tote bag.

For more information on volunteering or to register for upcoming classes, call NMCRS-Naples at 081-568-3913 or stop by the society office at Capodichino, Admin II, Room G016.

Aga Quiles takes her time while learning to crochet during a recent crochet class held by the Navy and Marine Corps Relief Society.



Kristen Trussler and Melanie Vanaman work together during a crochet class held by the Navy and Marine Corps Relief Society.

Callie Hood wins the NHS PTSA spelling bee for second year

Submitted by the NHS PTSA

The Naples High School Parent Teacher Student Association held the Middle School Spelling Bee last week. Sophomore Callie Hood returned as the Champion in the 2010 Naples Middle School spelling bee champion hosted by the NHS PTSA. Paula Waller, the Spelling Bee Coordinator for the NHS PTSA, reported that it "took Callie 18 rounds to claim her title with fierce competition from all other contestants". Waller noted that Tatiana Schwartz and Hood duelled for the top spot for 4 rounds but Hood eventually took the competition. Callie will travel to Ramstein, Germany to compete for the European championship on March 13, 2010.

Waller was pleased with the support from the community and, in particular, the Middle School students. Waller also wanted to thank the teachers

and staff of the Middle School who provide "the role models and mentors that help our students grow and achieve".

26 students from grades 3-6 competed for 'Best Speller' on Wednesday, January 27th. Participating students include: Aaron Cleveland, Erik Halenkamp, Daeshon Fields, Maddie Farrell, Kris Iager, Zack Bowe,

Katherine Hernandez, Alex Lamb, Necho Webster, Ania Pasternak, Skyler Fitzgearld, Sydney Lear, Haley Borowy, Adriana Thompson, Lachlan Sims, Logan Cisneros, Nadia Zaragoza, Carly Siegel, Mattison Boveri, Emily Lavender, Liandra Lent, Claire Stone, Chase LaBenz, Jeremy Redford, Carly Sharp & Aidan Keenan.



Tatiana Schwartz (left) and Callie Hood (right) took top honors in the recent Spelling Bee competition at the Naples Middle School. (Photo by: Darlene Harris)

Lend a hand to Haiti

By MC3 Kristopher Regan, NPASE-East Det. Europe

The tragic earthquake that hit the island of Haiti Jan. 12 has affected hundreds of thousands of people. Thousands of service members are now deployed to Haiti to help the reconstruction of the country.

Those service members currently in Haiti are doing invaluable work for the country, but many people located around the world may ask themselves what they can do to lend a helping hand.

"Right now the best thing we can do to help is to donate money to organizations helping in Haiti," said Jaqueline Mack, director of Naples Red Cross. "The contributions will help buy things like clean water, blankets and help provide shelter for those who were left homeless."

Another thing that is being provided for the Haitians affected by the disaster is family kits. "We have what's called family kits which contain individual items for hygiene use, cooking and things of that nature," said Mack.

"The most important thing to realize is that every little bit helps," said Mack. "You do not have to make an enormous contribution to make a difference."

There are many sources that anyone can contribute to and the U.S. Agency for International Development (USAID) has provided a list of relief organizations and information on how to donate on its website at http://www.usaid.gov/locations/latin_america_caribbean/country/haiti/eq.

For more information on how to contribute, contact the Naples Red Cross at DSN 626-4841.



U.S. Navy Sailors assigned to Beach Master Unit (BMU) 2, and Mexican navy sailors transport baby supplies to the Killick Haitian Coast Guard Base. (U.S. Navy photo by Mass Communication Specialist 3rd Class Ash Severe/Release)

U.S. Special Operation Forces, NGOs, and Navy Personnel Facilitate Reunification of a Haitian Mother and Son

By 2nd Lt. Victoria Brayton, Forces Special Operations Component Command Public Affairs

PORT-AU-PRINCE, Haiti (NNS) — U.S. service members assigned to the Joint Forces Special Operations Component Command (JFSOCC) element in support of Joint Task Force-Haiti facilitated the reunification of a Haitian mother with her two-month old son Jan. 29.

The child was medically evacuated to the USNS Comfort after the Jan. 12 earthquake because he was in need of urgent care. At the request of Crisis Response International, a non-governmental organization supporting relief efforts in Haiti, along with U.S. Special Operations service mem-

bers and medical personnel aboard USNS Comfort, the child's mother was located and he was reunited with family members in Port-au-Prince after undergoing lifesaving medical treatment.

Members of the U.S. military also received assistance from an Israeli search and rescue team and University of Miami medical relief workers.

"One of the important contributions that the U.S. military brings to the humanitarian assistance and disaster relief mission is the ability to coordinate and connect the many different units, agencies and other organizations that are providing help to the Haitian people," said Colonel Barrett Lowe, JFSOCC deputy commander. "And that's what we did today."

AFN airing viewer commercials during Super Bowl

American Forces Network Europe Operations Manager

This year's AFN Europe Super Bowl coverage includes something never before seen on the military network: TV commercials created by viewers.

AFN Europe announced the "You Do It!" campaign in early December asking people to create and send in their own TV commercials to air during the Super Bowl. After the New Year, the production staff was a bit worried there were only nine submissions. But, then, over the next couple of weeks, viewers zapped the network with more than 140 commercials that show everything from troops down range to talking dogs.

The American Forces Network (AFN) Europe introduced the innovative "You Do It!" campaign as a way to get people more involved with their TV network.

AFN has long gotten complaints about military commercials airing too often, messages taking a negative approach, or spots "talking down" to viewers. And every year people ask to see Stateside Super Bowl commercials during AFN coverage, something the network cannot do because it is against regulations.

"The response from the audience was great and I think viewers are going to love the variety, and get some laughs along the way. Many are very clever and everyone will have their favorite," says Colonel Bill Bigelow, AFN Europe Commander.

Because AFN Europe received so many products, the "You Do It!" commercials will air during pre-game, though the Super Bowl and finish off during the post game. To make sure producers get recognition, each "You Do It!" commercial will have a special logo giving credit to the person, unit or organization that submitted it. All "You Do It!" commercials will be available for viewing at www.afneurope.net by Monday, February 8th at 12 noon.

Super Bowl pre-game coverage starts February 7 at 6 PM Central European Time on AFN Prime Atlantic, with game coverage starting at midnight. AFN Power Network radio airs the pre-game starting at 11 PM, with game coverage beginning at midnight.

Super Bowl XLIV features the New Orleans Saints and Indianapolis Colts.

Naples Public Health Evaluation

By CNREURAFSWA Public Affairs

Drinking Water Alternatives

One of the first actions taken by Navy leadership following the launch of the Naples Public Health Evaluation was the Bottled Water advisory. This advisory recommends that U.S. personnel living off-base in the Campania region use bottled water for drinking, cooking, making ice and brushing teeth. The long-term solution for supplying bottled water to U.S. personnel in the greater Naples area is landlord-provided containerized water from Navy approved vendors. For various reasons, however, some people prefer obtaining their own drinking water.

NSA Naples is in the process of installing a water vending machine on the Support Site. It is similar to those typically found outside grocery stores and mini-marts in the United States. The machines dispense safe drinking water in varying amounts at a competitive price. Because the containers are reusable, the system is considered more ecologically friendly than throw-away plastic bottles.

The vending machines use a combination of filtration methods to provide safe drinking water, including reverse osmosis and ultra violet light treatment. The machine will be located near the Commissary and managed by NEX. NSA Naples will release an informational announcement as soon as the machine is in place and operational.

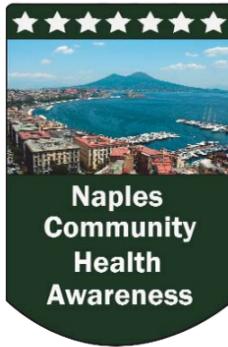
In an earlier *Panorama* article, we discussed the

Water Distribution Point on the base at Capodichino. This distribution point, which provides free drinking water, is located at the southeast corner of the base, on the south wall of the Water Treatment Plant (Bldg. 459), adjacent to the East Parking Garage and directly across from the gasoline pump.

The water dispenser at Capo is available 24 hours a day, seven days a week. The system is simple to operate: once the container is securely in place, press the operating button until the container is filled. Be sure to use only containers that have been properly washed and sanitized. Report any problems by calling 626-4981 or by informing the Quarterdeck.

NSA Naples has provided these water dispensers primarily as an alternative means for U.S. personnel living off-base to obtain safe drinking water, since the free bottled water distribution ended last year. These dispensers are available for all U.S. personnel.

For health-related questions, contact the USNH Naples Environmental Health Information Center at DSN: 629-6321; COMM: 081-811-6321. For updates about the ongoing Naples Public Health Evaluation, look for regular All Hands e-mails, tune into AFN radio and television, and read this weekly column in *Panorama*.



Hazard free housekeeping for work areas

Provided by NSA Naples Safety Office

Jobsite housekeeping is part of each job no matter what type of work someone does. Keeping work areas clean and tidy helps avoid jobsite accidents including falls, fires, cuts, and chemical exposures.

Follow these tips for safe jobsite housekeeping:

- Keep all materials and equipment in their proper storage places when they are not in use.
- Do not keep tools and equipment around if they are not needed. Return unnecessary tools to the tool crib and materials to central storage areas.
- Store tools safely to prevent injury. Blades should be covered. Do not leave tools where they could fall off a bench.
- Keep traffic areas such as aisles clear and free of stored materials and scrap.
- Make sure entryways and traffic lanes are dry and free of ice, water, and grease.
- Do not allow obstacles such as cables and hoses to cross traffic areas. These create unnecessary tripping hazards.
- Keep emergency equipment in good condition and free of obstacles. Do not allow anything to block access to emergency exits, fire extinguishers, fire hoses, fire sprinklers, safety showers, eyewashes, or first aid equipment.
- Maintain electrical equipment. Keep cords untangled and away from heat and moisture. Whenever possible, have permanent wiring installed instead of using extension cords.
- Close drawers and cabinet doors promptly. Many serious accidents have occurred when someone tripped over an open drawer or slammed into an open storage cupboard door.
- Clean up spills immediately. Know what to do in case of a chemical spill.
- Keep chemicals in properly labeled containers and keep them closed when not in use. Know where to find the Material Safety Data Sheet (MSDS) for any chemical used. Keep only the amount of chemical required in the work area.
- Keep trash and scrap cleaned up and thrown away. Oily rags must be disposed of in approved covered containers.
- Empty trash and scrap containers frequently.
- Repair or report any hazards such as loose tile or carpeting, loose stairs and holes in the floor.
- Keep windows and light fixtures clean to improve lighting. Replace burned out light fixtures promptly.
- Watch for surfaces with splinters and have them sanded down.
- Never store heavy objects out of sight in an overhead location.
- Confine eating and drinking to the lunch area. Smoke only in designated areas.
- Keep walls and work surfaces free of excess paper. Have a system for posting and dealing with phone messages. Keep addresses and other notes in a simple filing system to keep them off work surfaces.
- Keep emergency numbers posted at each telephone. The street



address and telephone number of work locations should also be posted at each phone to assist anyone who might be calling for emergency help.
The old saying about "a place for everything and everything in its place" sums up jobsite housekeeping.

Naval Hospital Corner

So, who is that guy?

Submitted by: Chris Zimmerman,
Health Promotion Manager, USNH

The "That Guy" campaign is funded by the DoD and is being established here in Naples by the Health Promotion Department in the Naval Hospital. But who is "That Guy"? Each night he's on display somewhere, but makes his most frequent appearances on the weekends. He's a regular guy, but when he's had a few too many drinks, it shows. That Guy loses control, and he may not remember it in the morning. That Guy applies to anyone who, because of excessive drinking, behaves in a manner that others do not want to emulate or be around. In fact, women can be That Guy too.

Society sends mixed messages to That Guy. He's just letting off some steam after a hard day or week, right? Sometimes his friends and strangers encourage his behavior. Maybe, in the moment, he feels like he's funny or popular. Sometimes he's the life of the party.

But is the crowd at the party, in the bar, or on the town laughing with him or at him? Are they finding excuses to move elsewhere in the room? Is he embarrassing himself and others?

When we see him in action, or see the consequences he faces, he's a reminder to all of us "Don't let me be That Guy." The day after, when everyone's talking about his antics, we're so glad we weren't That Guy. If we become That Guy on occasion, we regret it. If we're That Guy all the time, we need help. But the truth is no one wants to be That Guy.

That Guy is a multi-media campaign that uses online and offline communication with the goal of reducing excessive drinking among young servicemen. The campaign encourages young enlisted personnel, and all others, to reject binge drinking because it detracts from the things they care about: family, friends, dating, sex, money, and reputation. The campaign uses humor to deliver a serious message and provides tools so you can be part of the effort to eradicate That Guy. The campaign is a reminder to everyone: **Don't Be That Guy!** For more information contact the Health Promotion Department at DSN 629-6313, commercial 081-811-6313 or go to www.thatguy.com.

NSA Naples energy conservation

Submitted by UT2 (SCW) Michael Labeau

Energy tip of the week, Most people don't think that maintenance for there refrigerator would save them energy, but it dose. The following are things that can be done do to your refrigerator.

Don't set the temperature colder than necessary. Set the refrigerator temperature between 36° F and 42° F. Set the freezer control so the temperature is between -5° F and +6° F. A small thermometer placed in the refrigerator or freezer will help you set it correctly.

Clean the unit. Clean dust off the condenser coils, fins, evaporator pan and motor once or twice a year. A clean unit runs more efficiently. Unplug the unit and clean with a vacuum cleaner or long-handled brush.

Defrost a manual-defrost unit regularly. Frost makes your unit work harder and wastes energy. Don't allow more than one-quarter inch of frost to build up.



Cupid flies in at peak of Campanian carnival season

By Lou Freed

Exciting activities around *carnevale* that began in mid-January in some Campanian towns reaches fever pitch Feb. 16. Because Fat Tuesday this year is just two days after Valentine's, red roses mingling with green, orange, pink, purple and yellow carnival masks and costumes will surely enliven February's somber skies.

Derived from "carne" (meat) and "levare" (remove), *carnevale* literally means "to remove meat" or simply, meat abstinence during Lent. Signalling merrymaking, it's time to visit Italy's renowned Venice and Viareggio in the north plus Putignano and Acireale in the south. While lavish masks and costumes annually saturate Venice's St. Mark's Square, grandiose allegorical floats swell in Viareggio, Putignano and Acireale.

Closer to home, Campanians and their regional neighbors also have their own way of boisterously celebrating the last hurrah before Ash Wednesday and the Lent season, so explore the towns with such bustle. For Valentine ideas and rip-roaring Campanian carnival scenes, mark the dates below.



Depicting a Valentine theme, this "Intrattenimento di signore" or "Entertaining the Ladies" Baroque painting (exhibited in the Duke of Martina Museum in Vomero) shows an 18th century gentleman charming the young woman who has captured his heart while another lady observes. The painting is among hundreds of art works (paintings, graphics, sculptures and decorative arts) comprising Naples' extraordinary and must-see "Back to Baroque" exhibit. In addition to the Duke of Martina Museum, national and international works have been categorically displayed at St. Elmo Castle, St. Martin Monastery, Villa Pignatelli and the Royal Palace.

Valentine treats

Art

Say it with flowers at Villa Pignatelli

As part of Campania's extensive "Back to Baroque" art exhibit, Villa Pignatelli exhibits riveting still life paintings that will enrich the senses with floral bouquets, fruits and kitchen scenes with game, fish, seafood and other marine life. Artists showcased are Abraham Brueghel, Jusepe Ribera, Giacomo, Giovan Battista and Nicola Recco, Giovan Battista Ruoppolo, Luca Forte, Paolo

Porpora, Micco Spadaro, besides others. A true feast for the eyes are Forte's "Ghirlanda di Frutti," Porpora's "Vaso con farfalle..." "Tralci di uva..." "Pesci" and Recco's "I Cinque Sensi" along with his "Interno di cucina..." series that would memorably outlast any fresh bouquet. A visit to the present Villa Pignatelli exhibit plus viewing the mansion's luxurious interiors (including the dining room where the Clintons and other country representatives once dined during the 1994 G-7 conference in Naples) would become a perfect Valentine gift of affection. For hours and other specifics, see <http://pignatelli.napolibeniculturali.it/>, it is in easy Italian. For other "Back to Baroque" exhibit details, see <http://www.comune.napoli.it/flex/cm/pages/ServeBLOB.php/L/IT/IDPagina/11035>.

Ballet

'Giselle' kindles romance at San Carlo Theater

Against the backdrop of the recently restyled San Carlo Theater, Robert Bolle, the Piedmont region-born Italian prince of dance in the role of Duke Albrecht sets the mood for amour and passion with Alessandra Veronetti as Giselle. Also on the billing for the aforementioned roles are Alessandro Macario and Roberta De Intinis. The cast includes director Barry Perez, choreographer Mats Ek, San Carlo Theater Ballet Corps director Giuseppe Carbone, set and costume designer Marie Luise Ekman, as well as lighting manager Jorgen Janson.

Act I of Adolphe Adam's ballet classic presents the nobleman, Albrecht, in a Rhineland village courting the commoner, Giselle, who's unaware of her suitor's royal background. The woodsman, Hilarion, also loves Giselle and keeps Albrecht's lineage to himself until the hunting party attended by Albrecht's noblewoman fiancée, Bathilde. Jealousy overcomes Hilarion at the festivities, which prompts him to reveal Albrecht's lineage to Giselle.

Overcome by shock and sorrow, Giselle dies.

Act II begins with Hilarion grieving at a cemetery, but he is chased to his death by spirits. Albrecht appears next and is asked by the queen of spirits to dance to his death until dawn. At this point, Giselle's spirit enters the scene, and her love for Albrecht saves the man from destruction.

Giselle" is programmed on selected days from Feb. 16-27. Log on to <http://www.teatrosancarlo.it/> or call 081-797-2331/2412 for other info.

The restyling of the San Carlo

Theater scheduled from Aug. 2008 to Dec. 2009 has transformed the venue to "one of the world's most modern," according to Campania Region President Antonio Bassolino. Among the changes is a ground level foyer preceded by a gallery with photos from past San Carlo performances. Further, stuccos and gildings have been refurbished. Most importantly, Giuseppe Cammarano's canvas painting of Apollo presenting poets to Minerva has been cleaned and reinforced. As well, the bright red color tone once chosen by the Bourbons for the venue has been revived on orchestra seats, stall chairs and benches. What's more, an air conditioning system that is "quieter than a regular fan" has been installed. Not to be forgotten is the stage that has been brought closer to current technology and the rehearsal rooms that have been enlarged. More behind the scene improvements were done, and the consensus is that the Campania Region's more than €60 million project has made the theater a more graceful and elegant emblem for the city.

Concert

"Messe Solennelle" one of Giacchino Rossini's finest

Tonight and tomorrow, the San Carlo Theater orchestra renders what the composer himself referred to as the 'last mortal sin of my old age', a quote interpreted by critics as a superb achievement in Rossini's retirement years. The work dates back to 1863 for the consecration of a Parisian countess' chapel. For bookings, ring 081-797-2331/2412 or visit <http://www.teatrosancarlo.it/>.

Candlelit dinners and more

For an Eros-inspired ambiance and cuisine Feb. 14, check out the details of an aphrodisiac menu in a Pompeii town restaurant at <http://www.ristorantepresident.it> and in Vairano Patenora of Caserta province at <http://www.fortezzanormanna.it/>. Soon to be published will be a Valentine Sunday lunch menu at the Masseria del Borro winery in the San Paolo area of Fuorigrotta. Visit <http://www.masseriadelborro.it/> just before Cupid's day. Finally, how about a spa day? Agnano's Terme Hotel offers two types of relaxing and healthy Valentine spa-dinner packages that are well outlined at <http://www.hoteltermeagnano.eu/>.

Carnevale fests

For Campanian-style carnival celebrations, visit the towns below, but check the programs before taking off to a destination. See adults and children alike strutting about in squares, streets and parks as courtiers, mascots, clowns or film characters broadcasting 'tis the season to let your hair hang down. Following the traditional a *carnevale ogni scherzo vale* or "anything goes" custom of the period, watch the innocent-looking young ones surprise passers-by with confetti and silly strings.

Avellino city

At Avellino's provincial capital,

Feb. 13, international artists will spark the "people's carnival party" with alchemy and magic. See <http://www.fuocobarocco.it> for details.

Gesualdo (Avellino)

A lot of hoopla takes place Feb. 14 and 16, when the parade of floats overtakes the town. The event is also described at <http://www.fuocobarocco.it>.

Taurasi (Avellino)

The entire village, famous for its DOCG red wine, will party Feb. 12. There, taste area produce and three major DOCG wines from Irpinia: Taurasi, Fiano di Avellino and Greco di Tufo. Those who wish to dine, can head towards the imposing baronial castle of the town (the Regional Wine of Irpinia headquarters) where costumed hosts amid incredible scenery will serve local specialties. Specifics can be found at <http://www.fuocobarocco.it>.

Limatola (Benevento)

Allegorical floats will also dominate Feb. 14 and 16. Watch for the float scheduled to distribute free gourmet wine, bread with mortadella and sardines. See event description at <http://www.procolimatola.it>.

Capua (Caserta)

The "carnival king's funeral" by the town's Pro-Loce takes place Feb. 11-16. Details will soon be published at <http://www.capuaonline.com/>.

Palma di Campania (Naples)

Several large choral groups locally called "quadriglie" from diverse districts of the town compete for the best costumes, singing talents and repertory Feb. 14-16.

Check out the program at <http://www.carnevalepalmese.eu/>.



Antonio Ruggiero, a well-known chef, sommelier and cooking instructor in Vairano Patenora in Caserta province demonstrates that extra virgin olive oil can enhance and enrich desserts and not only pasta. He also recommends extra virgin olive oil as a non-alcoholic beverage before a meal. The natural properties of extra virgin olive oil "stimulate salivation and the secretion of gastric juices and thus, prepare the digestive system for food." The instructor is also the "Ristorantino Fortezza Normanna-Villa Cirelli" proprietor. More information is provided through <http://www.fortezzanormanna.it/specialita.htm>. (Photos by J. Freed)

Enogastronomy

Calorific foods a staple for carnevale

Pork-based foods (read: prosciutto and salami) plus deep fried foods and pastries will abound, so leave diets at home for a day and savor. As for

pasta, lasagna (with all its mouth-watering meats and cheeses) is a favorite at carnival time in Naples. And to cap off the concert of calorific fare comes the finger-licking *chiacchiere*, a thin, fried and sugar-sprinkled dough dessert that is dipped in *sanguinaccio* or a cocoa-based pudding. *Buon appetito.*

Extra virgin olive oil as aperitif and dessert dressing

Antonio Ruggiero, a well-known chef, sommelier and cooking instructor in Caserta province recommends extra virgin olive oil as a non-alcoholic beverage before a meal. The natural properties of extra virgin olive oil, according to the chef, "stimulate salivation and the secretion of gastric juices and thus, prepare the digestive system for food." In addition, Ruggiero, also the "Ristorantino Fortezza Normanna-Villa Cirelli" proprietor in Vairano Patenora (a quaint Caserta province town), points out extra virgin olive oil not only enhances pasta dishes but also desserts (see photo). More information is provided through <http://www.fortezzanormanna.it/specialita.htm>.

Slow Food Italy's new wine guide set for publication this year

The guide, according to Slow Food Italy president, Roberto Burdese, will "highlight 30 good reds of a region to allow the consumer to know and visit a territory through the bottles." The publication will precede any talk on the best 50 Italian reds. Overall, the guide "aims to offer consumers a broader view of wines described not only from sensory analyses but also through people's descriptions, cultures, land, agriculture or the climate that determines the character of a vintage," adds Burdese. More information will be provided when the guide (currently still in draft form) is finally delivered to bookstores.

Sport

Ice skating in sunny Naples possible

For those who missed seeing it during the Christmas holidays, the City of Naples has installed a 20x30 meter "Ice Park" beside the Angevin Castle. It allows experts and amateurs to skate and twirl on ice typically considered a "northern" European and Italian sport. Adding to the magical environment are beloved cartoon characters like Mickey and Minnie Mouse, Winnie the

Pooh and Hello Kitty meant to entertain children outside the track. Open daily from 10 a.m. to midnight. Entry is free and skate rental is €6 per hour. It will close Feb. 28. More details are posted at <http://www.iceparkweb.it>.

Buon divertimento!

MORE INSIDE PAGE...

VOLUNTEERS NEEDED continued

TEEN BABYSITTERS CAN EARN MONEY for the holidays. All American Red Cross Certified babysitters interested in occasional babysitting can post a personal business card at the Fleet and Family Support Center, first floor of the Navy Lodge. FMI, contact the FFSC at 081-811-6551/6552/6555.

NAPLES COMMUNITY GIRL SCOUTS NEED LEADERS AND CO-LEADERS. FMI or to volunteer, contact Shannon Matthews at 081-811-5599 or by e-mail to naplesgs@yahoo.com.

USO NAPLES NEEDS VOLUNTEERS at the Support Site Office one or two days a week on Wednesdays and Fridays for tours, programs and projects. To get involved and make a difference in the NSA Naples community, call 081-568-5713 or send an e-mail to sabrina.pullido@uso.it

NAPLES FRIENDS OF ANIMALS is currently seeking volunteers for board member positions, fundraiser events, and to foster animals and transport them to and from the off-base vet. FMI, visit <http://www.naplesfriendsofanimals.org> or e-mail Kimmie at nfoa.publicaffairs@gmail.com. They also need a volunteer to update, maintain, and occasionally redesign the NFOA Web site. FMI, please contact nfoa.publicaffairs@gmail.com.

NAVY-MARINE CORPS RELIEF SOC. OPERATION CLIP & SAVE (COUPONS): 081-568-3913.

NAPLES OVERSEAS SPOUSES CLUB (NOSC). Volunteer opportunities with mileage and child care reimbursement. NOSC needs volunteers to work at their Forgotten Treasures Thrift Store during the summer, weekends, nights, and on a daily basis. FMI, e-mail nosctshop@gmail.com or call 081-811-4200.

ONGOING/ON THE HORIZON

SECURITY NOTE: All DoD military or civilian personnel hosting an event must complete a Special Event Force Protection Plan (SEFPF) 45 days in advance, regardless of organization, if held off base and involving 50 or more personnel or a gathering where distinguished visitors are involved. FMI, contact the AT/FP Division at 081-568-6300, or visit their office in Bldg. 447, behind BEQ II, at Capodichino.

THE WELFARE & RECREATION ASSOCIATION is available to meet associates every Thursday from 11 a.m. to 1 p.m. at their location on the first floor of Building 450 upstairs from Capo Landing. FMI, visit their Web site at <http://www.wraitalia.it>.

NAPLES OVERSEAS SPOUSES CLUB OFFERS SCHOLARSHIPS to high school seniors, undergraduate and graduate students. For more information and to apply, visit their Web site at <http://www.noscity.com>.

THE KNIGHTS OF COLUMBUS, San Gennaro council 14853, meets at 6 p.m. the fourth Wednesday of every month at the Capodichino Chapel Fellowship Hall. E-mail Jaime Gonzalez at kofcnaples@gmail.com or visit <http://sites.google.com/site/kofcnaples/home> for schedule of events and more information.

NAPLES AMERICAN RED CROSS holds orientation from 8:30-10 a.m. the first Wednesday of every month. Contact the American Red Cross Office for more info at 081-568-4788.

AMERICAN SOCCER CLUB (ASC) NAPOLI ONGOING PRACTICES WEEKLY. Winter Soccer Training for players age 13+ is taking place from 5:30-7:30 p.m. Tuesdays and Thursdays at the South (lighted) Support Site fields. FMI, visit <http://www.ascnapoli.com> or email ASCPrez4@yahoo.com.

ULTIMATE FRISBEE CLUB HOLDS PICK-UP GAMES, 2 p.m., every Sunday at the Support Site Central Park (field by the pool) and 6 p.m. Thursdays at the Support Site South Park (softball field behind the school). FMI, contact Edward.Butzirus@dla.mil.

PROTESTANT WOMEN OF THE CHAPEL (PWOC) holds Spring Bible Study every Tuesday at 9 a.m. (childcare provided) or 6 p.m. (no childcare) at the Support Site Fellowship Hall. FMI, contact Sheryl Sandros at 333-648-9503.

MORALE, WELFARE & RECREATION IN SEARCH OF A DJ. MWR invites proposals for their DJ entertainment schedule of events. FMI, contact Mariella D'Amico CNREURAFSWA NAF Business Office at 081-5684836 or by e-mail to Mariella.D'Amico.it@eu.navy.mil. Deadline for submissions is noon Dec. 1.

TOUCH OF HEALING PRAYER WORSHIP, noon to 12:30 p.m., every Thursday in the U.S. Naval Hospital Naples Chapel. This is a "Healing/Anointing Prayer" worship service for patients, staff and family members; provided by Chaplain Phillip Clark.

'NEW BEGINNINGS BIBLE STUDY,' noon to 12:30 p.m., every Tuesday at the USNH Naples Chapel. Those hungering for spiritual food are invited to bring a bag lunch, sodas will be provided.

HARRY S. TRUMAN LODGE NO. 649 MEETS, every Friday at 7:30 p.m. FMI, contact Francis Villareal at 334-645-9978 or Francis.villareal@eu.navy.mil. Visit <http://www.hst649.org>.

NAPLES HIGH SCHOOL ADVISORY COMMITTEE (SAC) meets at 4:30 p.m. the first Tuesday of every month in the high school's Media Center. The meetings are open to the public. E-mail issues, questions or comments, to be addressed by the committee, to napleshssac@yahoo.com.

NEW PARENT SUPPORT OFFERS WEEKLY STROLLER WALK. Meet every Tuesday at 8 a.m. in front of Naples Elementary or Wednesday at 10 a.m. at the Village Forum circular drive (next to Navy Lodge/across from library). For more info., call FFSC at 081-811-6372.

NAVY COLLEGE LEARNING CENTER offers self-paced computer courseware for the ASVAB, SAT, ACT, CLEP or GED exams. FMI, contact NCLC at CAPO, Admin II, Monday-Thursday from 8 a.m. to 5 p.m. and Friday from 8 a.m. to noon, or call 081-568-4006.

MEN'S BIBLE STUDY "THE EDGE" from 12:30-1:30 p.m., every Wednesday at JFC Naples, in the NCCC, room 223. FMI, contact Ben Shevchuk, 347-971-8416.

RECEIVE DAILY REFLECTION - an inspirational thought-for-the-day sent out by e-mail throughout the work week. To receive Daily Reflection, e-mail a request to Chaplain Charles Luff at charles.luff@eu.navy.mil.

PRAYER LUNCH HELD, noon to 12:30 p.m., Monday and Tuesday at the U.S. Naval Hospital Chapel. FMI, contact Chaplain Phillip Clark at 081-811-6451 or by e-mail to phillip.clark@med.navy.mil.

TEENS INTERESTED IN BABYSITTING bring Red Cross Certified Babysitting Course card along with a personal business card to the Fleet and Family Support Center (FFSC). FMI, call FFSC at 629081-811-6372.

MAINSTAGE ENTERTAINMENT FOR THE PERFORMING ARTS. For more information, visit <http://www.naplesmainstage.org> or call 331-570-2879.

QUILTERS AROUND THE WORLD MEETS the second Thursday of every month to share ideas and inspire one another. Quilters of all levels are welcome. FMI, e-mail qatw.napoli@yahoo.com or call 348-430-934.

NAPLES-AREA GIRL SCOUTS: naplesgs@yahoo.com.

RED CROSS DISASTER ACTION TEAM: 081-568-4788.

NSA CHAPEL/USNH NAPLES MEDITATION GROUP, 7 p.m., Mondays (first-timers, arrive at 6:30 p.m.) Support Site side chapel (use side door under the clock tower). FMI, send an e-mail to bzzaragoza@yahoo.com.

COMPASS NAPLES NAVY SPOUSE TEAM MENTORING PROGRAM: for information call 081-811-4606 (leave a message) or e-mail COMPASSNaples@nsfamilyline.org.

WOMEN, INFANTS, CHILDREN (WIC) OVERSEAS PROGRAM OFFERED at NSA Naples. Women who are pregnant, postpartum or have an infant or child under the age of five may qualify for the WIC Overseas program - a nutritional education program which provides supplemental foods. For more info., contact the WIC Overseas office at 081-811-4962/60.

FILIPINO-AMERICAN ASSN MEETS EVERY SECOND WEDNESDAY, 6 p.m., the Support Site BEQ recreation room. FMI, contact William Ratcliffe at 335-182-9669 or by e-mail to william.ratcliffe@med.navy.mil; Manny Manlogon at 346-079-6293 or by e-mail to lemuel.manlogon@med.navy.mil; or Michael Dela Cruz at 346-582-3298 or by e-mail to michael.delacruz@med.navy.mil.

NAPLES BOY SCOUTS SIGN-UPS, Mondays 7-8:30 p.m. at the Community Center or contact Larry Ollice at 081-892-8612, or visit <http://www.scoutingnaples.org>. Learn survival skills, and experience adventures, challenges, responsibility, friendship and the great outdoors.

MONTHLY CHILD FIND SCREENINGS AT NES. Ongoing identification of children with special needs as part of Naples Child Find, which identifies children between the ages of three and five who may have developmental delays and may need special education and related services. If you are concerned about your child's motor, cognitive, speech, language and/or social-emotional development, call 081-811-4044 for an appointment.

ATTN MILITARY RETIREES AND SURVIVORS: Connect to the retired community through membership in the U.S. Military Retiree Association of Southern Italy (USMRA-SI). For info and an application, visit <http://usmra-si.tripod.com> or call 329-208-7315.

SPOT A STRAY OR LOST PET? Contact Emergency Dispatch Center, 081-568-5638/39.

NAPLES CHRISTIAN HOMESCHOOL ASSOCIATION provides support and activities throughout the school year. FMI, contact Mindy Doyle at mindydoyle@yahoo.com.

Reel 2 Times cinema

Friday, February 5
4 p.m. Old Dogs, PG
5:45 p.m. The Blind Side, PG-13
6:15 p.m. Did You Hear About the Morgans?, PG-13, Premiere Showing
8:30 p.m. Armored, PG-13
9 p.m. The Book of Eli, R, 2100 PlusMovie

Saturday, February 6
Noon The Princess and the Frog, G
1:30 p.m. Did You Hear About the Morgans?, PG-13
3 p.m. Armored, PG-13
5 p.m. Did You Hear About the Morgans?, PG-13
6 p.m. Avatar, PG-13
8 p.m. The Book of Eli, R
8:45 p.m. Ninja Assassin, R

Sunday, February 7
Noon The Princess and the Frog, G
1:30 p.m. Avatar, PG13
3 p.m. Armored, PG-13
4:45 p.m. Avatar, PG13
6 p.m. Old Dogs, PG
7:45 p.m. Did You Hear About the Morgans?, PG-13
8:45 p.m. The Book of Eli, R

Monday, February 8
4 p.m. Did You Hear About the Morgans?, PG-13
5:30 p.m. Armored, PG-13
7:30 p.m. Brothers, R
8:45 p.m. Ninja Assassin, R

Tuesday, February 9
4 p.m. Old Dogs, PG
5 p.m. Everybody's Fine, PG-13
7:30 p.m. The Blind Side, PG-13
8:45 p.m. The Book of Eli, R

Wednesday, February 10, Mid Week Family Matinee
Noon Did You Hear About the Morgans?, PG-13
2:30 p.m. Old Dogs, PG, Last Showing
4:30 p.m. The Blind Side, PG-13
5:30 p.m. Avatar, PG13
7:30 p.m. Armored, PG-13
8:45 p.m. Ninja Assassin, R, Last Showing

Thursday, February 11
Noon Everybody's Fine, PG-13, Last Showing
3 p.m. Did You Hear About the Morgans?, PG-13
4:30 p.m. Armored, PG-13
5:30 p.m. Avatar, PG13
8 p.m. The Book of Eli, R
8:45 p.m. Brothers, R

Friday, February 12
4 p.m. Armored, PG-13
5:45 p.m. Did You Hear About the Morgans?, PG-13
6:30 p.m. Valentine's Day, PG-13, Premiere Showing
8:30 p.m. Brothers, R
9 p.m. It's Complicated, R, 2100 PlusMovie

Reel Time
CAPODICHINO

Friday, February 5
7 p.m. Brothers, R
Friday, February 5
2:30 p.m. Did You Hear About the Morgans?, PG-13

USO

Until Every One Comes Home.

<http://www.uso.it>
Capodichino 081-568-5713
Support Site Office (M-W-F) 629-4903

USO DAILY TOURS

Feb. 5 Wine Farm Dinner in Anagni €43
Feb. 6 Legends of Paestum €34
Feb. 7 Wine Tasting €45
Feb. 12 Herculaneum & Cameo Factory €33
Feb. 13 Naples Underground & Veiled Christ €34
Feb. 14 Valentine's Day Dinner €43
Feb. 15 Angel Caves of Pertosa €34
Feb. 19 Friday Sushi Night €36
Feb. 20 Special Wine Tasting at Cantine Caggiano €62

WEEKENDED TOURS

Feb. 12-15 President's Day in London €539
Feb. 12-15 Carnival in Venice €199
Feb. 27-28 Florence & Pisa Weekend €165
March 6 USO Black & White Masquerade Ball €49
March 11-14 French Riviera €329

*No Children Under 10
Admitted to R-Rated Movies*

Movie descriptions

Valentine's Day, PG-13, for some sexual material and brief partial nudity, Comedy Romance, 117 min. Cast: Julia Roberts, Anne Hathaway, Jessica Alba, Kathy Bates, Bradley Cooper, Jessica Biel, Eric Dane, Shirley MacLaine, Ashton Kutcher, and Topher Grace. First Run Over Seas in Theaters (FROST). Veteran director Garry Marshall (Pretty Woman) helms this ensemble comedy featuring multiple overlapping storylines set during a Valentine's Day in L.A. where a diverse group of Los Angelenos navigate their way through romance and heartbreak over the course of one Valentine's Day. Couples and singles experience the pinnacles and pitfalls of finding, keeping or ending relationships in a day in the life of love.

Invictus, PG-13, for brief strong language, Drama, Adaptation, Biopic and Sports, 133 min. Cast: Matt Damon, Morgan Freeman and Bonnie Henna. The true story of how Nelson Mandela joined forces with the captain of South Africa's rugby team, Francois Pienaar, to help unite their country. Newly elected President Mandela knows his nation remains racially and economically divided in the wake of apartheid. Believing he can bring his people together through the universal language of sport, Mandela rallies South Africa's underdog rugby team as they make an unlikely run to the 1995 World Cup Championship match.

It's Complicated, R, for some drug content and sexuality Comedy and Romance, 120 min. Cast: Meryl Streep, Steve Martin, Alec Baldwin, John Krasinski and Lake Bell. Jane is the mother of three grown kids, owns a thriving Santa Barbara bakery/restaurant and has - after a decade of divorce - an Amicable relationship with her ex-husband, attorney Jake. But when Jane and Jake find themselves out of town for their son's college graduation, things start to get complicated. An innocent meal together turns into the unimaginable - an affair. With Jake remarried to the much younger Agness, Jane is now, of all things, the other woman. Caught in the middle of their renewed romance is Adam, an architect hired to remodel Jane's kitchen. Healing from a divorce of his own, Adam starts to fall for Jane, but soon realizes he's become part of a love triangle. Should Jane and Jake move on with their lives, or is love truly lovelier the second time around?It's-complicated.

The Book of Eli, R, for some brutal violence and language Action/Adventure, Science Fiction/Fantasy and Western, 118 min. Cast: Denzel Washington, Gary Oldman, Mila Kunis, Ray Stevenson and Jennifer Beals. First Run Over Seas in Theaters (FROST). A lone hero must fight his way across the wasteland of post-apocalyptic America to protect a sacred book that holds the key to saving the future of humanity. In a post-apocalyptic America where the once-picturesque countryside has become a desolate and violent wasteland, one man (Denzel Washington) fights to protect that sacred tome that could hold the key to the survival of the human race in this futuristic thriller from filmmaking duo Albert and Allen Hughes (From Hell and Dead Presidents).

Did You Hear About the Morgans?, PG-13, for some sexual references and momentary violence, Comedy and Romance, 103 min. Cast: Hugh Grant, Sarah Jessica Parker, Sam Elliot, Mary Steenburgen and Elisabeth Moss. Romantic-comedy regulars Hugh Grant and Sarah Jessica Parker finally unite in this fish-out-of-water laughier. The actors play Paul and Meryl Morgan, a Manhattan couple whose marriage is in danger. But it turns out all they may need is a change of scenery: when the Morgans witness a murder and are sent by the government to small-town Wyoming to hide from the killers, their marriage shows signs of recovery.

Avatar, PG-13, for intense epic battle sequences and warfare, language and smoking, Action Adventure and Science Fiction/Fantasy, 156 min. Cast: Sam Worthington, Zoe Saldana, Sigourney Weaver, Lola Herrera and Joel David Moore. A paraplegic ex-marine war veteran is unwillingly sent to establish a human settlement on the distant planet of Pandora, only to find himself battling humankind alongside the planet's indigenous Na'vi race in this ambitious digital 3-D sci-fi epic from Academy Award-winning Titanic director James Cameron. The film, which marks Cameron's first dramatic feature since 1997's Titanic, will be shot on the proprietary FUSION digital 3-D cameras developed by Cameron in collaboration with Vince Pace, and will offer a groundbreaking mix of live-action dramatic performances and computer-generated effects. Australian actor Sam Worthington stars as the reluctant human settler, Jake Sully, with actress Zoe Saldana signing on to portray the local woman who enters into a romantic affair with the hero. The revolutionary motion-capture system created for the film allows the facial expressions of actors to be captured as a virtual camera system enables them to see what their computer-generated counterparts will be seeing in the film, and Peter Jackson's Oscar-winning Weta Digital visual-effects house has been hired to supervise Avatar's complex visual effects.

Brothers, R, for language and some disturbing violent content, Action/Adventure, Drama and Thriller, 110 min. Cast: Tobey Maguire, Jake Gyllenhaal, Natalie Portman, Sam Shepard and Mare Winningham. Thirty-something Captain Sam Cahill and his younger brother Tommy Cahill, are polar opposites. A Marine about to embark on his fourth tour of duty, Sam is a steadfast family man married to his high school sweetheart, the aptly named Grace, with whom he has two young daughters.

Tommy, his charismatic younger brother, is a drifter just out of jail who's always gotten by on wit and charm. He slides easily into his role as family provocateur on his first night out of prison, at Sam's farewell dinner with their parents, Elsie and Hank Cahill, a retired Marine. Shipped out to Afghanistan, Sam is presumed dead when his Black Hawk helicopter is shot down in the mountains. At home in suburbia, the Cahill family suddenly faces a shocking void, and Tommy tries to fill in for his brother by assuming newfound responsibility for himself, Grace, and the children.

The Princess and the Frog, G, Kids/Family, Musical/Performing Arts, Romance, Science Fiction/Fantasy and Animation, 95 min. Cast: Anika Noni Rose, Keith David, Jenifer Lewis, Ritchie Montgomery and Bruno Campos. Walt Disney Animation Studios presents the musical "The Princess and the Frog," an animated comedy set in the great city of New Orleans. From the creators of "The Little Mermaid" and "Aladdin" comes a modern twist on a classic tale, featuring a beautiful girl named Tiana, a frog prince who desperately wants to be human again, and a fateful kiss that leads them both on a hilarious adventure through the mystical bayous of Louisiana.

Armored, PG-13, for sequences of intense violence, some disturbing images and brief strong language, Action/Adventure, Drama and Thriller, 85 min. Cast: Matt Dillon, Jean Reno, Laurence Fishburne, Amaury Nolasco and Fred Ward. A crew of armored truck guards executes a meticulously planned robbery of their own security firm, but when their seemingly foolproof plan unravels, the men turn against each other as they desperately try to save themselves.

The Blind Side, PG-13, for one scene involving brief violence, drug and sexual references, Comedy, Drama, Adaptation, Biopic and Sports, 126 min. Cast: Sandra Bullock, Quinton Aaron, Kathy Bates, Lily Collins and Tim McGraw. First Run Over Seas in Theaters (FROST). Michael Oher, a homeless African-American youngster from a broken home, is taken in by the Touhys, a well-to-do white family who help him fulfill his potential. At the same time, Oher's presence in the Touhys' lives leads them to some insightful self-discoveries of their own. Living in his new environment, the teen faces a completely different set of challenges to overcome. As a football player and student, Oher works hard and, with the help of his coaches and adopted family, becomes an All-American offensive left tackle.

Ninja Assassin, R, for strong bloody stylized violence throughout and language, Action/Adventure, 99 min. Cast: Rain, Naomie Harris, Ben Miles, Rick Yune and Sho Kosugi. Raizo is one of the deadliest assassins in the world. Taken from the streets as a child, he was transformed into a trained killer by the Ozunu Clan, a secret society whose very existence is considered a myth. But haunted by the merciless execution of his friend by the Clan, Raizo breaks free from them...and vanishes. Now he waits, preparing to exact his revenge. In Berlin, Europol agent Mika Coretti has stumbled upon a money trail linking several political murders to an underground network of untraceable assassins from the Far East. Defying the orders of her superior, Ryan Maslow, Mika digs into top secret agency files to learn the truth behind the murders. Her investigation makes her a target, and the Ozunu Clan sends a team of killers, led by the lethal Takeshi, to silence her forever. Raizo saves Mika from her attackers, but he knows that the Clan will not rest until they are both eliminated. Now, entangled in a deadly game of cat and mouse through the streets of Europe, Raizo and Mika must trust one another if they hope to survive and finally bring down the elusive Ozunu Clan.

Everybody's Fine, PG-13, for thematic elements and brief strong language, Comedy, Drama and Remake, 95 min. Cast: Robert De Niro, Drew Barrymore, Kate Beckinsale, Sam Rockwell and Lucian Maisel. A widower (Robert De Niro) embarks on an impromptu road trip to reconnect with each of his grown children only to discover that their lives are far from picture perfect.

Twilight Saga: New Moon, PG-13, for some violence and action, Action/Adventure, Thriller, Romance, Sequel and Adaptation, 121 min. Cast: Kristin Stewart, Robert Pattinson, Taylor Lautner, Ashley Greene and Michael Sheen. First Run Over Seas in Theaters (FROST). The supernatural tale of star-crossed lovers continues as the Cullen family flees Forks in order to protect Bella (Kristen Stewart), and the heartbroken high-school senior discovers that vampires aren't the only creatures in town. Realizing that Bella will never be safe as long as he's around, Edward (Robert Pattinson) makes the difficult decision to leave his beloved behind shortly after her 18th birthday. Reeling from her loss, Bella embraces self-destruction after being comforted by Edward's image during a moment of mortal peril. But as heavy-hearted as Bella may be, her old friend Jacob (Taylor Lautner) distracts her from her sorrows by helping her renovate a weather-beaten motorbike. When Bella encounters a former adversary with a sizable grudge, she's rescued from harm at the last second by pack of enormous, ferocious wolves. Subsequently delving into the history of the Quileutes, Bella discovers the secrets of Jacob's tribe while looking forward to a reunion with Edward that may have deadly consequences.

Naples Tiger Sharks win divisional title

The Naples Tiger Sharks swam to victory and retained their title for a fifth consecutive season as the European Forces Swim League (EFSL) Southern Division Champions. Swimmers from all five teams in the EFSL Southern Division competed at the Olympic-sized pool in Catania, Sicily on January 24th. The 67 Naples Tiger Sharks swimmers earned a total of 1050 points, successfully defending their title as Divisional Champions. The Sigonella Swordfish, hosts of the meet, placed second with 904 points.

Naples and Sigonella competed strongly against one another throughout the season, which brought both teams into the meet with high expectations. The Naples Tiger Sharks Head Coach, Jane Higgins, attributed the team's success to a combination of elements. "Team work, participation, dedication, fast swimming, coaching staff, and family support were all contributing factors to winning the Championship for the 5th



Jono Higgins (16) won the 100M Backstroke, 50M Freestyle, and 100M Freestyle at the EFSL Southern Division Championship Meet, contributing to the Naples Tiger Sharks fifth consecutive Divisional Title.

straight season," she said. This rivalry, the spirit of competition, and the confidence earned from working hard throughout the season inspired many swimmers to achieve personal best times at the meet. Several swimmers also qualified for the first time to compete in the upcoming

EFSL Championship Meet.

Behind Naples and Sigonella, the Vicenza Mako Sharks placed third with 394 points, the Aviano Sea Dragons placed fourth with 365 points, and the Rota Tiburones finished fifth with 116 points.

Among the 67 Naples Tiger Sharks who made the trip to Sicily, 55 earned points for the team, reflecting strongly on the team work and dedication of the swimmers and their families.

Seven swimmers took first place in all three individual events, earning 30 points each for the team. These swimmers were Mattison Boveri, Hannah Donohue, Edward Finman, Jonathan Higgins, Isabel Krause, Amanda Lewellyn, and Tori Ward.

Thirteen swimmers finished among the top three in all of their individual events. These included Nicholas Angelopoulos, Lane Baldwin, Lee Baldwin, Jake Coutino, Dorian Durig, Natalie Finman, Lizzie Hodges, Emily Patterson, Scott Rustenhaven, Kim Srun, Sofia Van Mierlo, Zach Zimmermann, and Zane Zimmermann.

Thirteen swimmers finished among the top three in two individual events. These included: Karrisa Bae, Bret Baldwin, Madison Boles, Johanna Bouchard, Jamilyn Chapman, Jake Hodges, Victoria Krause, Kelsey Lynch, Dain Moore, Maura Patterson, Troy Reeves, Noah Van Mierlo, and Hunter Williams.

Seven swimmers finished among the top three in one individual event. These included: Tanner Boles, Donovan Durig, Dylan Lewellyn, Carson Owens, Hannah Reeves, Andrew Smith, and Billy Yeager.

The 27 remaining swimmers contributed additional points, strategic depth, and a strong

sense of team spirit in this close scoring competition. These swimmers included: Hailey Bodycoat, Helena Bouchard, Katrine Bouchard, Klara Bouchard, Zachary Boveri, Marisa Butzirus, Andrew Clark, Jessica Clark, Liam Gyles, Sydnye Harris, Ben Hodges, Breyelle Jordan, Michael Kelly, Alexander Lamb, Cole Moore, Chris Morris, Ben Murphy, Zoe Rice, Eliot Robb, Ashley Ryan, Caitlyn Schultze, Anya Vick, Matthew Vick, Alexandria Ward, Rebecca Ward, Harley Williams, and Tyler Williams.

Strong and disciplined performances in the 200M Medley Relay and 200M Free Relays also earned points for the team.

Among the other three EFSL Divisions, the Geilenkirchen Orcas, Kaiserslautern Kingfish, and Wiesbaden Wahoos swam to

Divisional Titles during the same weekend.

All 20 teams in the EFSL will meet in Eindhoven, Netherlands on February 13th and 14th for the EFSL Championship Meet. 36 Naples Tiger Sharks have qualified to compete at the "Champs" swim meet. In addition, several swimmers with times close to the qualifying cut-off may be pulled up to fill out the heats. These swimmers are looking forward to the excitement and strong competition that accompany the League Championship Meet.

Following a post-season break, the Tiger Sharks will begin training for next year with a summer swimming program. Swimmers aged 6 to 19 who are interested in joining the Tiger Sharks can find more information at www.naplestigersharks.com.



Edward Finman and Ben Hodges (bottom) take their mark in the Boys 12&Under 50M Backstroke at the EFSL Southern Division Championship Meet in Catania, Sicily.

Page 1: Zach Zimmermann (17) swims to a first place finish in the 100M Butterfly. Taking two firsts and one second, Zach contributed 28 points to the Naples Tiger Sharks victory at the EFSL Southern Division Championship Meet.

Wildcat Cheerleaders to compete in European Championships

By Cheerleading Coaching Staff

The Naples Wildcat Cheerleaders dedicate much of their time to increasing school spirit, performing before, during and after various school sporting events. Though you may have seen these athletes cheering, many of you may not have had the wonderful opportunity to witness our cheerleaders in their element – performing in competition. Well now you have that chance!

On Saturday, Feb. 27, the team will be competing at the DoDDS European cheerleading championships in Mannheim, Germany. The Wildcats will be competing against more than ten other teams in division two. The Wildcats will perform an action-packed, grueling, two and a half minute routine showcasing dances, cheers, jumps, tumbling, and stunting.

A panel of judges will evaluate the routine and award the top three teams. The Wildcats has dedicated the entire winter season to developing creative stunt sequences and choreography that will

wow the judges and make the Naples community proud.

The team consists of ten female and three male student-athletes. The cheerleading teammates are: Megan Bayles, Katie Byrnes, Shannon Ellis, Kiara Hall, Britton Haynes, John Koffel, Jackie Lund, Dustin McCormick, Joelle Murdoch, Alexis Neeley, Tara O'Brien, Jacqueline Silva, and Kamesha Walker.

Another opportunity to witness the cheerleaders supporting the community will take place on Friday, Feb. 12. The cheerleaders will host a camp for all kindergarten through eighth grade students from 1500-1700 in the Naples Elementary School gymnasium. The campers will perform what they have learned during halftime of the women's basketball game that evening.

Please come support your Naples Wildcat Cheerleaders and young campers as they cheer on the basketball teams to victory. For more information, contact Coach Osborne at kathryn.osborne@eu.dodea.edu.

Husband, wife obtain college education while in Naples

By Gillia Lambert

Most military personnel spend their service time in Italy travelling, skiing and enjoying the sunny Mediterranean. Nkenge Ransom-Friday, and her husband, IT1 (SW) Otis Friday, have spent their short time in Naples attending a university.

Friday and Ransom-Friday have found the perfect way to pursue academic degrees while also fulfilling fulltime career obligations by utilizing the extensive on-base education system. Ransom-Friday, now completing the last term of her Master's in International Relations, chose the University of Oklahoma's flexible on-site face-to-face classes to fulfill her dreams of a Master's degree. Her husband, who recently received an Associate of Arts, was chosen to take part in the Seaman to Admiral (STA-21) program, has also opted to attend the University of Oklahoma (OU) - at its home campus in Norman, OK - to complete his bachelor's in Management Information Systems.



IT1 (SW) Otis Friday and his wife, Nkenge Ransom-Friday, show off their University of Oklahoma (OU) spirit Jan. 26 at the OU Capodichino office. (Photo by Rosalinda Archuleta Pintor, site director for the OU Office)

"Education is very important and one of the best incentives offered by the STA-21 program" said IT1(SW) Friday, "it required many hours of hard work but to receive a quality on-site, full-time education that will lead to a commissioning as a United States sailor makes it worthwhile" he finished.

OU is an institution based in Norman, OK, that offers classes at various US military installations throughout the world, including Capodichino. They work with military and DOD personnel and their dependents to pursue their academic goals from bachelor's degrees to PhDs. Degree programs are offered online and face-to-face in a variety of areas.

The OU satellite campuses around Europe were "the perfect place to start and finish a degree in International Relations," says Ms. Ransom-Friday, who started her Master's just five months ago and will graduate this coming May. "One of the best things about OU is they offer face-to-face classes," she added, pointing out that although she decided to travel around Europe to attend in-person classes exclusively, there were also a wide array of online classes offered through OU. Her pace has been hectic, to say the least, as most Master's programs take from 16-24 months through the OU program, but she has utilized the number of classes offered around Europe to her advantage.

IT1(SW) Friday, also, will soon be an OU alumnus. Through the STA-21 program, he and his wife will be moved to Norman, OK, where he will finish out his bachelor's degree at the University's main campus, and then return to military service as a fully commissioned officer.

Ms. Ransom-Friday, who has applied to the PhD program at OU in the Political Science field, was enthusiastic about the education possibilities for military and DOD personnel and their spouses through the academic programs offered around base. Talking about her own experience she says, without a doubt in her voice, "It was worth it. It can be difficult, but in the end, it is worth it."

For more information on the University of Oklahoma, you can contact the OU office at DSN: 626-6672.

Swift, Nicholas visit South Africa



By Commander, U.S. Naval Forces Europe-Commander, U.S. Naval Forces Africa/Commander, U.S. 6th Fleet Public Affairs

DURBAN, South Africa - The high speed vessel Swift (HSV 2) and USS Nicholas (FFG 47) arrived here for a scheduled port visit while operating in the Indian Ocean. During this period, both ships will visit Durban and Cape Town.

The port visits will allow Sailors a chance to venture out and learn about the history and culture of South Africa while also getting to see some of the local tourist attractions.

"I'm really excited to visit South Africa because I've seen pictures of it before and it looks really nice," said Logistics Specialist 1st Class Eric Jones. "I think the first thing I will do is visit one or two restaurants to really get a feel of the local

culture and a taste of the food they eat in this part of the world."

While in Cape Town, members of the U.S. Naval Forces Europe Band will hold a performance at the Christel House and an open concert at the V & A Waterfront. The performances will feature traditional American Jazz and New Orleans style brass band music that is sure to keep those in attendance entertained.

"We really enjoy performing for the children because they like to get up, dance and move all around," said Musician 1st Class Bruce Mansfield. "Not only are we keeping them engaged in the music but they are also doing the same thing for us."

Swift and Nicholas, both home ported in Norfolk, Va., are on scheduled deployments within the U.S. 6th Fleet area of responsibility.

Jobs

HRO

NEW LINK: <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Job/index.htm>
The Human Resources Office, located at Capo Admin I first floor, customer service hours: Monday through Friday, from 8 a.m. to 3:30 p.m.

Applications are accepted at the Security Pass and ID Office at Capodichino and Gricignano, or at the HRO, located in Admin 1, Capodichino, or by mailing to: HRO, PSC 817 Box 29, FPO AE 09622, or at Fleet and Family Service Center (FFSC) located on the TLA first floor, at Support Site. HRO must receive mailed applications by closing date of the vacancy announcement. Local national applicants can request status of their application through the HRO website "Online Contact Form" at http://www.nsa.naples.navy.mil/hro/tell_us.htm.

U.S. POSITIONS

For a current list of U.S. vacancies and application process information visit our **NEW** Web site at: <https://www.cnic.navy.mil/Naples/Departments/HumanResourceOffice/Job/index.htm>

CLOSING 04 FEB 10

Program Analyst, YA-0343-02, ANN# EUR10-579114-AG, Full Time Permanent

Program Technician, YB-0344-02, ANN# EUR10-521036-AG, Full Time Temporary

Education and Training Tech (CDC), YB-1702-01, (Multiple Positions), ANN# EUR10-332460-SC, Full Time Permanent

Administrative Technician (O/A), YB-0303-02, ANN# EUR10-580985-AG, Full Time Permanent

CLOSING 05 FEB 10

Defense Travel Systems Tech, YB-0303-01 KPP YB-02, ANN# EUR10-579120-EG, Full Time Permanent

Defense Travel Systems Tech, YB-0303-01 OR YB-0303-02, (Multiple Positions) ANN# EUR10-583842-EG, Full Time Permanent

Maritime Project Manager & Planner, YC-0301-02, ANN# EUR10-550971-EG, Full Time Permanent

Financial Management Analyst, YA-0501-01 KPP YA-02, ANN# EUR10-579123-EG, Full Time Permanent

CLOSING 11 FEB 10

Motor Vehicle Registration Tech, YB-0303-01, ANN# EUR10-T49572-SC, Full Time Permanent

Bowling Center Manager, YC-1101-01, ANN# EUR10-559544-SC, Full Time Permanent

Office Automation Technician, YB-0303-01, ANN# EUR10-559545-SC, Full Time Permanent

Supervisory Business Analyst, YC-0301-02, ANN# EUR10-588588-AV, Full Time Permanent

Interdisciplinary, YH-0610-02, ANN# EUR10-586899-SC, Full Time Permanent

OPEN CONTINUOUS

Education and Training Tech (CDC), (Multiple Positions), YB-1702-01, ANN# EUR10-535409-SC-A, Full-Time Permanent

COURTESY U.S. VACANCY ANNOUNCEMENT:

Tessada Associates, Inc. is seeking a Facility Mana-

gement Database Specialist (Database Sustainment Specialist) to work in Naples, Italy. To apply online visit: <http://www.tessada.com>
Community Bank, Banking Center Service Supervisor, Capodichino U.S. Navy Base, Naples, Italy. To apply online, please use the "Careers" link at: <http://www.dodcommunitybank.com>, or submit your resume at HR Europe: pia.krucker@dodcommunitybank.com

Member Service Representative, Naples Italy. Apply on-line at <http://www.navyfederal.org>

CANCELLATION

Supervisory Housing Specialist, YC-1173-02, ANN# EUR10-539310-SC, Full Time Permanent

LOCAL NATIONAL (LN) POSITIONS

For a current list of LN vacancies and application process information visit our **NEW** Web site at: <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Job/index.htm>

CLOSING 29 JAN 10

Supply Technician, UA-2005-05, ANN# 40411-586839-EG, Full Time Permanent

CLOSING 04 FEB 10

General Assistant (O/A), Ua-0303-06 KPP 05, ANN# 31940-580791-AG, Full Time Permanent

Recreation Aid (Lifeguard), Ua-0189-06, ANN# 62588-559532-SC, Part Time Temporary

Recreation Aid, Ua-0189-07, ANN# 62588-559531-SC, Part Time Temporary

Office Automation Clerk (Multiple Positions), Ua-0326-06, ANN# 44308-542833-AV, Full Time Permanent, AOC: NAVFAC EURAFSWA permanent and temporary employees only.

NON-APPROPRIATED FUND (NAF) POSITIONS

Fleet & Family Readiness NAF Local Naples job announcements within CNREURAFSWA may be viewed at https://www.cnic.navy.mil/Naples/Recreation/CNICD_A059280

The necessary application forms are also available on line. For any questions you have you may reach us at 081-568-5612/4164.

NSA NAPLES POSITIONS, MWR OPEN CONTINUOUS POSITIONS

Recreation Aid, NF-0189-01, ANN# 08-099, MULTIPLE POSITIONS, flexible, Fitness Forum, Support Site. Job Summary: Assist in the operations of the fitness program.

Recreation Aid, NF-0189-01, ANN# 09-102, flexible, NOR Center, Carney Park.

Job Summary: Provides and maintain recreation and athletic equipment issue.

Recreation Aid, NF-0189-01, ANN# 08-164, flexible, Community Services, Capodichino
Job Summary: Provides information concerning facility, operation and regulations.

Recreation Aid (Intramural Sports), NF-0189-01, ANN# 09-091, flexible full time, Fitness Forum, Support Site. Job Summary: Assists the Sport Coordinator to plan the fitness activities

Recreation Aid, NF-0189-01, ANN# 09-104, flexible, Auto/Skills Center, Support Site
Job Summary: Provides information concerning facility, operation and regulations. Ensures adherence to regulations and safety procedures.

Recreation Aid, NF-0189-01, ANN# 09-129R, flexible, Reel Time Theater II, Support Site.

Job Summary: This position transacts the sale of refreshments at the theater snack bar.

Recreation Assistant, NF-0189-02, ANN# 08-006, flexible, Fitness Forum, Support site.

Job Summary: Provides instructions to patrons in a variety of physical fitness classes.

Child & Youth Program Assistant, CY-1702-I/II, ANN# 09-101, regular part time, Child Development Centers, School Age Care, Youth Programs, Support Site/Capodichino/Carney Park. Job Summary: Care and instruction for children and youth from 6 wks to 18 yrs.

Cook, NA-7404-05, ANN # 09-138, regular full time, Child Development Center, Capodichino

Job Summary: Prepares two meals and two snacks daily for children up to 6 years of age.

NAF LOCAL NATIONAL POSITIONS

Housing Management Assistant, Ua-1173-05, ANN# 10-001, regular full time, Navy Gateway Inns & Suites, Capodichino, Area of Consideration: Current Permanent Employees of NSA & CNREURAFSWA only. **Closing date: 01/29/2010**

NEX EMPLOYMENT OPPORTUNITIES

Gricignano, Building 2091-B
Call 081-813-5252/5253/5254
DSN: 629-4774

Hours:

Mon. - Fri. 8 a.m. - 3:30 p.m.

NEX Job opportunities are now posted on the Web at <http://www.navy-nex.com>

Submit completed applications to NEX Human Resources Office located above the Main Exchange.

If you have questions please call the above numbers.

U.S. NAF POSITIONS AVAILABLE

CURRENT U.S. FLEXIBLE POSITIONS MAY BE NON-COMPETITIVELY CHANGED TO REGULAR POSITIONS

GRICIGNANO MAIN STORE
Ann# 001-10 Cashier Checker/Frontlines/NF-2091-01/FLEX - Closes: 02/05/10

Ann# 002-10 Sales Clerk/NF-2091-01/FLEX - Closes: 02/05/10

Ann# 004-10 Security/Guard/Loss Prevention/NF-2091-01/RFT-Closes: 02/05/10

Ann# 005-10 Store Worker/NA-6914-02/FLEX - Closes: 02/05/10

GRICIGNANO MINI MART
Ann# 010-10 Sales Clerk/NF-

2091-01/FLEX - Closes:02/05/10

DISTRIBUTION CENTER, GRICIGNANO

No Vacancies

CAPODICHINO NEX MART

Ann# 014-10 Sales Clerk/NF-2091-01/FLEX - Closes: 02/05/10

Ann# 036-09 Customer Service Clerk/NF-2091-01/RFT-Closes: 01/22/10

EUROPE DISTRICT OFFICE (Gricignano Main Store)

No Vacancies

GRICIGNANO NAVY LODGE

No Vacancies

JFC-NATO MINI MART

No Vacancies

LOCAL NATIONAL POSITIONS

No Vacancies

Wildcats crush competition in Sigonella

By Naples Wrestling Staff

The Naples Wildcats Wrestling Team traveled to Sigonella, January 30, to compete against Rome and Sigonella in a tri tournament. After it was all done, the Wildcats emerged victorious, edging out Sigonella by seven points.

The Wildcats scored 189.5 points, Sigonella took second place and scored 182.5, and Rome came in third with 57 points.

"The Wildcats pulled out their claws and tore into the competition again," said Head Coach Vito Vitulli. "They destroyed the competition and took first place at the tournament with many of our wrestling standouts taking first place."

The Wildcats had seven champions crowned at the tournament. Champions were Charles McGarrigle at 103 lbs, Charles Cuthbert at 119 lbs, Neil Navarra at 125 lbs, Bradley Smith at 145 lbs, Jacquan Welch at 160 lbs, Chris Scott at 215 lbs, and Justin Cave at 285 lbs.

"Sigonella had a really loud crowd at the start of the meet," said co-captain Jacquan Welch. "We went on a streak for an hour and didn't lose. It was silent in the stands as our team just dismantled them. Our team is really getting better and better. It is fun to see."

Second Place finishers were Josh Hood at 130 lbs, Ricky Sizemore at 145, David Arreguin at 152, Grayson

Haynes at 171, and AJ Conrad Neil at 189. Third Place finishers were Tyler Williams at 119, Luis Rivas at 130, Kyle Baldrée at 135, and James "Frosty" Cheek at 152. Our fourth Place finisher was Christian Tanaquin "Skywalker".

Wrestlers of The Week are Tyler Williams, Ricky "Rico" Sizemore, and Justin "Caveman" Cave. Williams punished his opponent from Sigonella this weekend and blocked him from scoring. He was a crucial part of our victory and continues to improve. Sizemore destroyed the opponents that he faced this weekend, avenging a previous loss and crushing his opponent from Sigonella for the last match of the day sealing the Wildcat victory. Cave moved up a weight class to help out the team and remained unbeaten. He continues to crush his opponents and has scored an unbelievable amount of points for the Wildcats.

The Wildcats will travel to Rome to compete in Duals. This test will include head-to-head matchups against Rome, Aviano, Sigonella, and Vicenza." Coach Vitulli said, "Tournament style is very different than duals. I don't think that anyone can match up to us head to head."



Tyler Williams takes control of his opponent from Rome during a 119 lbs match at NAS Sigonella Jan. 30. Photo by Steve Williams.

The team would like to thank our Wildcat wrestling managers, Juan Thomison and Jeremy Plante. They both assist the team greatly and are always there to support the team. The team also appreciates our volunteers, Doug Cuthbert, Sale Lilly, Dennis Smith, and Rusty Nyland. Coach Vitulli and Coach Brandon appreciate all volunteer and parent support they are fortunate to have received this season.

The Wildcats suffer tough losses against Aviano Saints

By NHS Booster Club

The Naples High School men's and women's Wildcats basketball teams played tough games against the undefeated Aviano Saints but were unable to earn a victory against the physical and aggressive Saints' strong defense and almost flawless offense.

The men's team played tough on Friday, entering the second quarter only down 9 points. The Saints then increased their lead throughout the remainder of the game resulting in a 89-64 loss. Senior Sam Person led the scoring (16 points) followed by fellow senior Alex Koenig with 9. Seniors Terrence Bartley and Kevin Navarro also contributed with 8 points a piece.

The women's team ran strong against the tough lady Saints team on Friday. The Lady Wildcats launched a full-out aggressive defense against the Saints and kept the game with in reach. The Saints consistently produced on the offensive end, increasing their lead as the Lady Wildcats sought to find their footing. In the end, the Saints came out victorious with a 54-39 win.

The Wildcat teams came back on Saturday and were ready to rumble. The men's team started off strong and held the lead briefly in the first half. But the Saints came back with easy break-away plays and were able to gain the lead by the end of the first quarter 20 - 9. Though the Wildcats utilized a tough press in the second quarter, the Saints well placed shots, stealthy ball handling and aggressive defense helped give them a 40-24 lead at the half. The Wildcats came back strong after the half and cut into the Saint's lead. Even with a hard charging fourth quarter, the Saints pulled out a second victory, winning 59-50.

In Saturday's game, senior Sam Person was again the high scorer with 15 points. Sophomores Nigel Alexander and Jun Jun Gallardo lead with rebounds followed closely by 6' 4" Person. Senior Alex Koenig led with steals. Senior captain Kevin Navarro put in 13 points with more than a few three-pointers and Gallardo threw 12 points for the Wildcats. Naples is currently 4-6 in the region.

The Lady Wildcats came back on Saturday and took an early

lead with a strong defense. As fatigue set in during the second quarter, the Saints came back to even the score at half time. The Saints ratcheted up their aggressive defense and allowed only 3 points in the third quarter while taking a prevailing lead. Both the teams pulled out all of the stops for the last quarter but the Saints again pulled out a victory 52 - 39.

Sophomore Demi Holbrook led the scoring in both games with 13 points on Friday and 20 points on Saturday. Junior Jessica Edmondson, Sophomore Sella Pauling were able to add

to the score. Junior Shannon Cuthbert and senior Gabby Balcarcel along with the Lady Wildcat guards Senior Clara Davis, Sophomore Shakari Porter and Junior Melody Fears also put in a strong effort during the tough losses. The Lady Wildcats now stand at 4-4.

Next week the Naples teams are scheduled to play against Marymount International. There is the possibility that the game will be played at Naples High School. Please contact the Naples High School if you would like more information about where the games will take place.



Back row: Tara O'Brien, Dustin McCormick, Britton Haynes, Kiara Hall. (Photo by Jeff Lund)

Cheer Squad demonstrated new stunts and routines at the home games last weekend.
Front row: Alexis Neeley, Megan B a y l e s , Shannon Ellis, Jackie Lund, Jacqueline Silva.



Naples High School Sophomore Sella Pauling dribbles past a Saints defender for a layup. Photo by Jeff Lund.