

Panorama

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NSA's MISSION STATEMENT: "TO PROVIDE QUALITY SUPPORT TO U.S. AND NATO PERSONNEL, ACTIVITIES, AND AFLOAT UNITS IN OUR GEOGRAPHIC AREA OF RESPONSIBILITY. TO ENSURE RELIABLE COMMAND AND CONTROL OF ALL SUPPORT PROVIDED TO THOSE UNITS."

55TH YEAR, NO. 234

Serving the NATO, Naples and Gaeta military communities in Italy
SPEDIZIONE IN A.P. - 45% - ART. 2 COMMA 20/B LEGGE 662/96 - FILIALE DI NAPOLI

FRIDAY, JUNE 18, 2010

LPS/COLA SURVEY RESULTS

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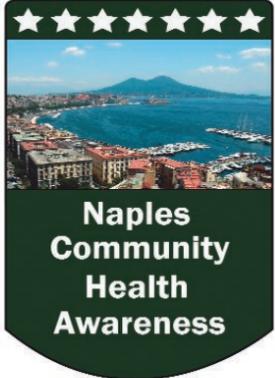
SALUTE TO OUR FATHERS

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HEALTH UPDATE

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USNH Naples
Environmental Health
Info Center:
081-811-6321



Naples Community Health Awareness

Visit
<https://www.cnic.navy.mil/Naples/CommandInformation/HealthAwareness/index.htm>



NOFFS is a new exercise program designed to give sailors a quality workout by focusing on four physical principals used daily: lift, push, pull and carry.

Navy Operational Fitness and Fueling Series Training

By MC3 Kristopher Regan
NPASE-E Det. Europe

Commander, Navy Installations Command (CNIC) fitness coordinators, with the assistance of Athletes' Performance Arizona, hosted a week-long training for Morale, Welfare and Recreation (MWR) athletic professionals to teach them Navy Operational Fitness and Fueling Series (NOFFS) at Naval Support Activity (NSA) Naples the week of June 7.

The MWR athletic professionals were trained and certified within the week, which allowed them to make this new workout available at their commands.

"This is our last stop on our five-stop tour to train all our

see **FITNESS** Page 12



Athletic trainers from Athletes' Performance Arizona train MWR athletic professionals on how to properly do Navy Operational Fitness and Fueling Series (NOFFS) at NSA Naples June 11.

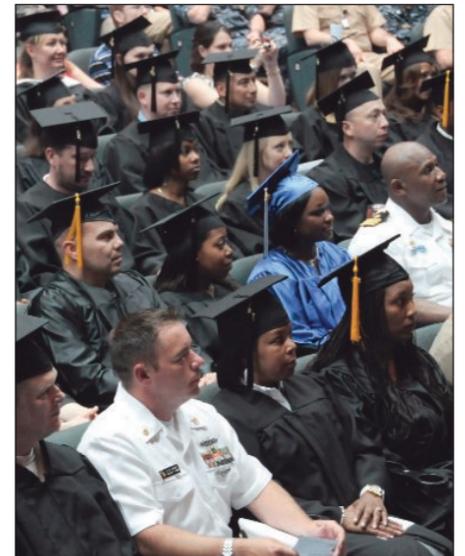
Navy College recognizes 159 graduates

Submitted by Navy College Office

On June 10, approximately 60 students were recognized for earning a college degree or certificate at the Capodichino base theater during the annual commencement ceremony. The ceremony recognized military students from a long list of tenant commands as well as the host command, and civilians, including spouses, who have worked hard to fulfill their personal goals.

The theater was packed with an audience of co-workers, family members and friends in addition to the graduates. As the processional "Pomp and Circumstance" played, all eyes were on the graduates as they marched into the theater.

Capt. Robert Rabuse, Naval Support



Service members and civilians who earned a college degree or certificate were recognized for their achievements during the annual graduation ceremony held June 5. (Photo by MC1 (NAO) John Parker, NSA Deputy PAO)

Activity Naples commanding officer, congratulated each of the graduates or certificate recipients as they walked across the stage. The guest speaker for

see **GRADUATES** Page 4

2009 Thompson-Ravitz Awards for excellence in Navy public affairs

The Department of the Navy awarded Naples-area sailors with 2009 Thompson-Ravitz Awards for excellence in public affairs.

Cmdr. Jeff McAtee of Navy Region Europe, Africa, Southwest Asia led the PA effort of the Naples Public Health team to the Thompson-Ravitz Award for Internal Communications, Shore, Small for their environmentally and culturally sensitive work on the "Naples Public Health Evaluation 2009."

Lt. Patrick Foughty, U.S. Naval Forces Europe-Africa/U.S. 6th Fleet Public Affairs, was named Junior Public Affairs Officer of the Year.

Chief Jason Morris, U.S. Naval Forces Europe-Africa/U.S. 6th Fleet Public

Affairs (now at Navy Public Affairs Support Element East, Det. Naples), was named Enlisted Public Affairs Officer of the Year.

The Thompson-Ravitz Awards bear the names of Rear Adm. William Thompson, the first designated public affairs officer selected for flag rank, and Rear Adm. Robert Ravitz, a former director of the Naval Reserve public affairs program and special assistant to the CHINFO. The awards promote the best work by the Navy public affairs community. The program recognizes the professional accomplishments and achievements of command public affairs programs and personnel across the entire Navy.

Naples' weekend forecast

	FRIDAY High 81 Low 64 PARTLY CLOUDY		SATURDAY High 82 Low 68 SUNNY		SUNDAY High 79 Low 64 PARTLY CLOUDY
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Events around town this weekend

- 18 - Pergolesi Festival begins with a performance of "Stabat Mater" by the Turchini Orchestra in the Pozzuoli cathedral of Saint Proculus, which has been closed for 30 years.
- 18 and 20 - World Cup 2010 continues. Friday: Slovenia vs. U.S.A. Sunday: Italy vs. New Zealand.
- 18-20 - Festival of porcini mushrooms and other

forest flavors in Montoro Inferiore (south of Avellino).

- 19-20 - Festival of typical products in the historical center of Bagnoli Laceno (southwest of Avellino). Free tastings of local cheeses, cheese-making demonstrations, folk music and ethnic dance.

Check out <http://wikipanoli.com/events> for more information.

Captain's Corner

By Capt. Robert Rabuse
NSA Naples Commanding Officer



Schools out! Congratulations to all the students for completing another great year. Thank you to all the parents and teachers who work so hard during the year to help the youth in our community excel. If you're going to be here for the next school year, please remember to register your children for the fall semester and make sure their immunization records are up-to-date.

On to the trash that has been building up. I'll start by reminding everyone that NSA does not contract the trash collection, it is provided and controlled by the local commune. They have been having legal issues with their vehicle contracts, but I am told an agreement has been reached and we should start seeing more frequent collections again. It will take some time to lower the piles, and much of the current recycling may be taken out as regular trash to expedite the process. Please be patient. If you live off base, DO NOT bring your trash to any NSA installation, I'm going to start revoking base access to violators.

I also need EVERYONE to work harder in sorting your recyclables—one clear bag with glass, plastic, paper, cardboard and cans is unacceptable, this is not the U.S. with a big blue mixed recycle bin at each door step. You need to separate it and deposit it in the appropriate areas. I'm still seeing too many large bags filled with uncrushed plastic bottles; all this does is take up the limited space at each location. Please take the extra two seconds to compact them.

A week ago we talked about the emergency drill and practicing our emergency procedures, and I think there may have been some confusion about where people ought to look for their information. We'll be putting emergency information out on AFN TV on the Prime Atlantic channel, which is decoder Ch. 18, or Ch. 2 in base housing. We'll also use AFN radio (106.0 FM), the Big Voice and online posts to the NSA Naples CNIC website and our Facebook page. Remember, your first response should be to shelter-in-place at a safe location.

With the end of school, I'm sure this is a busy weekend for everyone! To help start the summer, USO and MWR are sponsoring a Backyard BBQ Movie Night in the central park amphitheater field from 6 to 10:30 p.m. tomorrow, Saturday June 19th. So come on out and join the community in games and activities for children, musical performances and dance routines. Local base organizations will be fundraising by selling a variety of delicious food, along with a family movie in the park and free cake for everyone. Kate and I will also be taking a moment to again recognize some of our outstanding community volunteers and organizations. See you there! **Don't forget Father's Day on Sunday.**

Have a safe and happy weekend!

Base Notes

From Panorama staff reports

USO updates

The USO is hosting a Backyard BBQ Movie Night with MWR Saturday, June 19 at the amphitheater field on the Gricignano base from 6 to 10:30 p.m. There will be games and activities for children, musical performances and dance routines. A variety of delicious foods will be on sale from local base organizations. There will also be a family movie and free cake for everyone.

Commanding Officer, Naval Support Activity Naples, Capt. Robert Rabuse and Mrs. Rabuse will also celebrate the accomplishments of area volunteers.

SPACE STILL AVAILABLE for the Imperial Rome City tour Sunday, June 20

Discover the Imperial city of Rome with a professional guide. Explore the majestic Colosseum, the Roman Forums, the Baths of Caracalla, the Trevi Fountain, Spanish Steps and more! All of the best sights of Rome will be served on a golden platter and stress free!

Limited seats remain for this weekend. Sign up by calling the USO at 081-568-5713 or 081-811-4903. Register online at www.uso.it.

Vacation Bible School

Vacation Bible School will be held August 9-13 from 5-8 p.m. at the Support Site Chapel. To register or for more information, contact the VBS director Jennifer Martin at naplesvbs10@yahoo.com or call 081-811-4617 or 081-811-4600.

Immigration & Citizenship Workshop - June 23

The Naval Legal Service Office will hold a Immigration & Citizenship Workshop Wednesday, June 23, from 11:30 a.m.-1 p.m. Immigration and citizenship will be explained, including the process of how to obtain a Permanent Resident (Green) Card, how to renew the cards and also how to become a Naturalized Citizen. The immigration and citizenship processes are expedited overseas, so an individual may be eligible to get a Green Card and citizenship much faster than in the U.S.

The workshop will be held in the U.S. Region Legal Service Office's training room, Admin II, 1st Floor, Room 1116. Active duty, civilians and dependents are welcome to attend. For more information, please contact the NLSO at 081-568-4576.

International Charity Bazaar

The Allied Spouses Club American store needs volunteers for this year's International Charity Bazaar held Oct. 15 and 16 at JFC. The Allied Spouses Club will sponsor this 2-day charitable event that will include an international food court, hall of nations/vendor sales, a children's play area and a host of entertainment both days. If you would like to help, please call Cindy Frano at 081-854-1906 or 340-548-9107.

American Soccer Club of Napoli summer camp

The American Soccer Club of Napoli (ASC) will start their 4-week summer training session Wednesday June 30 through July 21. Training sessions are held each Wednesday from 5-7 p.m. at the north soccer fields on the Support Site. The cost per player is \$50.00 and includes a t-shirt.

ASC will offer a Summer Skills Camp July 26-30 from 5-7 p.m. at the north soccer fields on the Support Site. The cost per player is \$75.00 which includes a t-shirt. Participants are divided in two groups: juniors ages 7-12 and seniors ages 13-18.

This camp is hosted by American Soccer Club of Napoli FIFA Level 1 certified trainers and ensures players' skill development to help prepare them for the next level.

ASC Napoli provides exposure to the game of soccer in the form of advanced training and competition with area Italian soccer clubs. The Club is open to all players ages 7 to 18 (U.S. and NATO dependents). For more information, practice locations or questions, please contact Maqui Parkerson (maqui.parkerson@gmail.com), visit our website: www.ascnapoli.com or become a fan on Facebook!

C O N T A C T	NSA Naples CO: townhallnsanaples@eu.navy.mil	N A P L E S
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	Personal Property: nsappso@eu.navy.mil	
	Post Office: postoffice@eu.navy.mil	
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	Naples High: naplesHS.principal@eu.dodea.edu	
	Naples Elementary: naplesES.principal@eu.dodea.edu	
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	NEX General Manager: nexnaples-gen1@nexweb.org	
	MWR/ITT: mwrmarketrequest@eu.navy.mil	
	AFN: http://www.afneurope.net/naples	
	NCTS: nctscustsvc@eu.navy.mil	

CNE-C6F/CNREURAFSWA HOTLINE

It is everyone's responsibility to report fraud, waste, abuse and mismanagement in Navy activities to:

Office of the Inspector General
 Phone 081-568-2983 - Fax: 081-568-6354
 E-mail ighotline@eu.navy.mil
 Web site <http://www.cnic.navy.mil/europe/index.htm>

You can choose to remain anonymous

FYI POSSIBLE STRIKES

July 8/9 - Trenitalia personnel will strike for 24 hours, from 9 p.m. July 8 to 9 p.m. July 9.

July 9 - All local public transportation personnel will strike for 24 hours.

July 9 - Airport personnel at the Padova airport will strike from noon to 4 p.m.

<h2 style="text-align: center;">Panorama</h2> <p style="text-align: center;">Associato all'USPI Unione Stampa Periodica Italiana</p> <p>Naval Support Activity Capt. Robert Rabuse Cmdr. Stephen Schutt Lt. Matt Gill MC1 (NAO) John Parker Teresa Merola</p> <p>Naples Italy Commanding Officer Executive Officer Public Affairs Officer Assistant Public Affairs Officer Public Affairs/COMREL Specialist Editorial Staff</p> <p>Contributors MC1 (EXW/AW) Terry Vick MC1 Edward Vasquez MC2 (SW/AW) Felicito Rustique MC3 Kristopher Regan</p> <p>Volunteer Contributors Stuart Gelb Gary Rice J. Freed, Lou Freed Editorial Office: Free Mercato Ads: Paid Advertising:</p> <p>Tel. 081/568-5335 - Fax 081/568-5112 Tel. 081/568-5856 - Fax 081/568-5112 Tel. 081/568-7884 - Fax 081/568-7887</p>	<p>This civilian enterprise (CE) newspaper is an authorized publication for members of the military services overseas. Contents of <i>Panorama</i> are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the U. S. Navy. The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement by the Department of Defense, or Stampa Generale S.r.l. of the products or services advertised.</p> <p>Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. A confirmed violation or rejection of this equal opportunity policy by an advertiser will result in the refusal to print advertising from that source until the violation is corrected.</p> <p>The Panorama editorial office is located at Naval Support Activity, Naples, Italy, PSC 817, Box 40, FPO AE 09622 - Telephone: commercial 081-568-5335/5912; DSN 626-5335/5912. E-mail: naplespanorama@eu.navy.mil.</p>	<p><i>Panorama</i> is published weekly on Friday by Stampa Generale S.r.l. Sig. Bruno Brandi, Publisher, Naval Support Activity, Capodichino (Naples), Italy - Tel. 081-568-7884, Fax 081-568-7887. E-mail: stampagenerale@tin.it - Autorizzazione Tribunale di Napoli No. 3404 del 3.4.1985. Direttore Responsabile: Bruno Brandi. Stampa: Europrint Sud S.r.l., Ferentino (Fr); Fotocomposizione: Stampa Generale S.r.l. - Tel. 081-568-7884. Stampa Generale is a private firm in no way connected with the U. S. Navy under exclusive written contract with the U. S. Navy. The editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Support Activity, Naples, Italy. All news and feature articles and announcements submitted to <i>Panorama</i> are subject to editing to conform with contemporary standards of journalistic objectivity, clarity and relevance. We welcome any contributions, suggestions or comments dealing with community issues. Submissions for publication in <i>Panorama</i> will be accepted on the basis of newsworthiness, timeliness and space available. All copy must be submitted in Microsoft Word format in an e-mail to the editor at: naplespanorama@eu.navy.mil. Each submission must include the name and telephone number of the author. DEADLINE FOR ALL COPY AND PHOTOS IS AT CLOSE OF BUSINESS FRIDAY PRIOR TO PUBLICATION DATE.</p>
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Project Armor

At Naples American High School, Project Armor students met weekly to learn about adolescent and military related issues, such as transitions, deployment, health and safety. The group also focused on learning and teaching life skills like social interaction, decision making, stress management and drug and alcohol abuse prevention. In the beginning of the year, Project Armor members identified a goal to be completed by the end of the school year. They designed and implemented a drug and alcohol prevention curriculum for 6th grade students at the Naples Elementary School's health fair.



Front row (from left to right) Ashley Armstrong and Jessica Martinez. Back row (from left to right) Alexis Cordova, Elizabeth Fain, Katie Paris and Jennifer Radabough

Italian News Briefs

Compiled by Teresa Merola

Neapolitan businessman advertises toilet

A Neapolitan businessman installed a sign with the flags of 25 different nations and each country's way of saying "toilet" outside his shop in downtown Naples. He said that there were no public toilets in the area, and bars and restaurants rarely opened their bathrooms to tourists. "Welcome is important," he said, "and toilets are free and they will improve the welcoming of tourists."

Fake priest blesses police arresting him

A 52-year-old Venezuelan man disguised himself as a priest and mingled among students and teachers at a Rome Catholic college. He headed to the college's library where he tried to steal some antique books worth 25,000 Euros. He was caught by the vice director who became suspicious when the fake priest could not explain what he was doing there. He tried to escape, but he was stopped. When he was arrested, he continued to imitate a priest and even blessed a police officer by making the sign of the cross before he was taken into custody. Police officers said they already knew the man who had attempted to steal antique books and works of art elsewhere.

Drunks must pay for ambulance in northern Italy

The Autonomous Province of Bolzano in northern Italy decided that drunks who need ambulance transport to a hospital need to pay 200 Euros. This new regulation states that people with a blood alcohol level higher than 1.5 per thousand will have to pay the cost of the ambulance when they are taken to the emergency room. A survey made by the Provincial Institute of Statistics highlighted the alcohol consumption is a serious problem among youths in South Tyrol. According to doctors, youths are the largest number of drunks, who call for an ambulance after drinking at weekend parties. The call for an ambulance fell on taxpayers and it is not right, said the president of the province Luis Durnwalder.

Underwater wedding sets new Guinness world record

An Italian couple decided to get married underwater off Elba Island. They were surrounded by 270 guests. They exceeded the previous Guinness world

record for underwater nuptials set in 2005 in California when a couple invited 208 guests to celebrate their underwater wedding. The mayor of the town of Capoliveri, who is a passionate diver, also celebrated the wedding. The newly married couple runs a diving business in the town of Porto Azzuro on Elba Island.

Compulsory paternity leave in Italy?

The lower house of the Italian Parliament is discussing a bill regarding "compulsory paternity leave," as it is in place in most of Europe. This means that when a child is born, the father will have to take four days of leave which will no longer be optional but compulsory, like the five months that new mothers must take off before and after childbirth. New dads will no longer have to take holidays or run from office to maternity ward and back again at lunchtime. There will be no loss of pay because the four-day break will be at the expense of the employer or the healthcare system if the dad is self-employed. Learning how to be with their children will become a duty for dads.

Caravaggio's remains found in Tuscany

Medical anthropologists identified Caravaggio's grave and his bones after 400 years of speculation about his death. They started the investigation six months ago after analyzing centuries-old bones in Porto Ercole's crypts. They identified a set of bones they believed to be Caravaggio's, who died at 39 and was buried in Porto Ercole, a beach town on the Tuscan coast, in 1610. The anthropologists brought the bones to Ravenna to conduct lab tests. Scientists used carbon dating, DNA tests and other analyses on the bones. Art historian and Caravaggio expert Professor Maurizio Marini, said that Caravaggio landed in Porto Ercole after fleeing Naples by boat with a serious wound. Already ill when he settle down in the Tuscan port, his health deteriorated further when he contracted typhoid after eating contaminated food. Professor Marini believed Caravaggio was taken in by the Santa Maria Ausiliatrice hospital and was buried in the small San Sebastiano cemetery when he died. This was closed in 1956 and all the remains were transferred to the Church of St. Erasmus cemetery. The bones will be on display for a few weeks in Porto Ercole.

THE INSIDE PAGE...

JUNE

- 22, 25 AND 29 - CLEP TESTS.** CLEP/DSST tests are given on Tuesdays and Fridays in the National Test Center at Capo, Admin II. Make an appointment at the University of Maryland University College office by calling 081-568-6673/6675. You will receive an Instant Score Report after you have completed the test.
- 23 AND 30 - EXCELSIOR COLLEGE TESTS.** The National Test Center administers Excelsior College tests on Wednesdays at 9 a.m. Make an appointment to take an Excelsior College test by visiting the UMUC office in Admin II or calling 081-568-6673/6675. The Navy College Office can e-mail students a list of available Excelsior College Tests.
- 3 AND 30 - PEARSON-VUE CERTIFICATION TESTS -** Take a Pearson-Vue Certification test in the National Test Center at Capo. Call the University of Maryland University College to make an appointment at 081-568-6673/6675. The NTC administers Pearson-Vue tests on Wednesdays at 9 a.m.
- 24 WEB TUITION ASSISTANCE BRIEFING -** Capo, Admin II, G-041, 9 a.m. Required for all sailors prior to using WEB Tuition Assistance. Questions about WEB TA? Call or visit the Navy College Office at 081-568-6684/6678/6681.
- 24 UNIVERSITY OF PHOENIX INFORMATION SESSIONS.** Attend an information session to learn about the University of Phoenix Master of Arts in Education degree program at Capo, 11:30 a.m. to 12:30 p.m. in the BEQ classroom area, Room # G41 or at the Support Site, 5 to 6 p.m., Room 2B of the hospital.
- 26 CPR/AED ADULT, CHILD, INFANT, 10:15 a.m. to 5 p.m.** at the Support Site Fitness Forum conference room, cost \$40.00. Registration and payment due by June 23 at ARC office located at Capo. FMI, contact 081-568-4788.

JUNE FFSC EVENTS

Call FFSC at 081-811-6372 to reserve your spot for events and classes.

- 21 VISIT THE MERGELLINA AREA.** Leaves from JFC, 8 a.m.-2:30 p.m.
- 23 CASERTA BY TRAIN** from the Support Site, 8 a.m.-2:30 p.m.
- 23 TEN STEPS TO A FEDERAL JOB** 1-3 p.m.
- 24 ANGER MANAGEMENT CLASS** 8-10 a.m.
- 24 SPOUSE "101"** 1-3 p.m.
- 25 PARENTING CLASS** 11:30 a.m.-12:30 p.m.

JULY

- 1 AND 8 - WEB TUITION ASSISTANCE BRIEFING -** Capo, Admin II, G-041, 9 a.m. Required for all sailors prior to using WEB Tuition Assistance. Questions about WEB TA? Call or visit the Navy College Office at 081-568-6684/6678/6681.
- 23 - ACT TEST -** The Navy College Office will administer the ACT test. Sign up now. Score reports will arrive Naples about six to eight weeks after the test date. Visit the Navy College Learning Center in Admin II, 081-568-4006, and learn how to prepare for the ACT test.

AUGUST

- 9-13 - VACATION BIBLE SCHOOL AT THE SUPPORT SITE CHAPEL.** To register or for more information, contact VBS Director Jennifer Martin at naplesvbs10@yahoo.com or 081-811-4617/4600.

VOLUNTEERS NEEDED

- NAVY BALL COMMITTEE NEEDS VOLUNTEERS TO HELP WITH FUNDRAISING.** No experience necessary, all services and nationalities welcome. Help us raise enough money to make the celebration of the U.S. Navy's 235th birthday the best yet! Contact PSC Cassie-Leach at joy.cassieleach@eu.navy.mil or Lt. Ebony Ferguson at ebony.ferguson@med.navy.mil.
- THE ALLIED SPOUSES CLUB (ASC) IS LOOKING FOR VOLUNTEERS.** For more information on ASC, e-mail el_karniati@hotmail.com or visit <http://www.alliedspousesclub.50webs.com/>.
- NAVY LEAGUE OF THE U.S./NAPLES COUNCIL** is seeking board members. Those interested, contact Betty Reese at 081-526-8051 or breeese@cybernet.it.
- NAPLES AMERICAN RED CROSS (ARC) NEEDS VOLUNTEER INSTRUCTORS.** The Fundamentals of Instructor Training (F.I.T.) is a pre-requisite course to the Instructor Training course. FMI or to sign up, contact the office at 081-568-4788.
- NAPLES COMMUNITY GIRL SCOUTS NEEDS LEADERS AND CO-LEADERS.** FMI or to volunteer, contact Shannon Matthews at 081-811-5599 or naplesgs@yahoo.com.
- TEEN BABYSITTERS CAN EARN MONEY.** All American Red Cross certified babysitters interested in babysitting can post a business card at the Fleet and Family Support Center. FMI, contact FFSC at 081-811-6551/6552/6555.
- NAPLES OFFICIALS ASSOCIATION NEEDS REFEREES.** Anyone interested should contact Nigel Alexander at 081-721-5413 or 346-680-3282 or by e-mail to nalexander@afsouth.nato.int.
- NAPLES FRIENDS OF ANIMALS** is currently seeking volunteers for board member positions, fundraiser events, and to foster animals and transport them to and from the off-base vet. FMI, visit <http://www.naplesfriendsofanimals.org> or e-mail nfoa.publicaffairs@gmail.com. They also need a volunteer to update, maintain and occasionally redesign the NFOA website.

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The Anglo-Italian School Montessori kindergarten students graduate

By Deven Lefebvre, 8th Grade student, Anglo-Italian School

The Anglo-Italian School (Montessori division), Allied Joint Forces Command (JFC) Bagnoli held their annual kindergarten graduation ceremony June 14 at the JFC community center. The 45 students, hailed from all corners of the globe, received their first diploma. The guest speakers, Lt. Cmdr. Jennifer Jones and Chaplain Ivan Arreguin, sent them down the path of learning with encouraging words.

The international greetings consisted of English, Italian, French, Spanish, German, Hungarian, Polish and Dutch. Students also recited poems in English and Italian. The students sang the Italian national anthem and the NATO flag salute at the beginning of the ceremony. The performance continued with songs "My dad,"



Lt. Cmdr. Jones presents Jack Johnson with his kindergarten diploma during the Montessori graduation June 14. (Photo by Mrs. Breana O'Neil)

"Son tutte Belle le Mamme del Mondo" (All the Moms in the World are Beautiful) and finished with "It's a Small World."

At the end of the ceremony, special thanks was extended to the teachers: Mrs. Christina Taylor, Ms. Kirsty Brown, Mrs. Melisa Berman, Mrs. Gabriella Romano and the school's director Mrs. Alba Fedele.

The Anglo-Italian School was founded in 1958 by a small group of NATO dependents. Students from ages 2 to 15 attend regular classes in English and Italian languages. In addition to normal classes, the school also boasts foreign languages, a multi-media center, a laboratory and additional courses in music and physical education.

New Air Force commander takes reigns in Naples

By Staff Sgt. Hillary Stonemetz
JFC Naples Public Affairs Office



Air Force Capt. Jessa Kling (center), 86th Mission Support Staff Detachment 2 commander, relinquished command to Air Force Capt. Jamie Fanning (right) June 10 at JFC Naples. (Photo by Staff Sgt. Karla Bustamante, JFC Naples Public Affairs Office)

Air Force Capt. Jessa Kling, 86th Mission Support Staff Detachment 2 commander, relinquished command to Air Force Capt. Jamie Fanning June 10 at the base in Bagnoli, Naples.

"I appreciate all the great men and women that I was honored to lead," Kling said. She will move to Randolph Air Force Base in Texas, where she will be working in the Air Education and Training Command Headquarters. She will be responsible for senior officer assignments.

Fanning accepted command of Air Force Detachment 2. "I will do my best to continue the excellence that Capt. Kling has established," she said. "This will be my most challenging yet rewarding assignment. I will strive to take care of my people."

"I value the diversity and experience of others. I believe in keeping a positive attitude," she said. "I'm honored to serve the Air Force here, [and] I look forward to getting to know you all."

Fanning is the former sexual assault response coordinator for the 52nd Fighter Wing,

Spangdahlem Air Base Germany. As the coordinator, she developed and managed prevention and response programs including 24 hours a day, seven days a week support for victims of sexual assault for military, civilian and family members across Spangdahlem and its associated geographically separated units.

GRADUATES

Continued from Page 1

the ceremony was Capt. Jonathan Picker, commanding officer of the Center for Personal and Professional Development in Dam Neck, Virginia.

After the graduation ceremony, a reception was held a BEQ

classroom where a delicious graduation cake and punch. One of the graduates who earned her bachelor's degree in psychology, Brittney Stanley, made the graduation cake that served 250 people.

Although numbers do not tell the real story of each graduate, in total the graduation program listed the names of 159 graduates who all earned their degrees or certificates

during the past 12 months in the greater Naples area. Though many of the graduates have left the area, their accomplishments will follow them to their new homes and duty stations.

If you would like to know more about how to earn a college degree, visit the Navy College Office in at Capo Admin II, main floor or call 081-568-6681/6683/6678.

MORE INSIDE PAGE...

VOLUNTEERS NEEDED continued

NAVY-MARINE CORPS RELIEF SOCIETY OPERATION CLIP & SAVE (coupons): 081-568-3913.

NAPLES OVERSEAS SPOUSES CLUB (NOSC). Volunteer opportunities with mileage and child care reimbursement. NOSC needs volunteers to work at their Forgotten Treasures Thrift Store during the summer, weekends, nights, and on a daily basis. FMI, e-mail nosctshop@gmail.com or call 081-811-4200.

ONGOING/ON THE HORIZON

HARRY S. TRUMAN LODGE No. 649 meets every Friday at 7:30 p.m. FMI, contact Carlos Mina at 340-657-8820 or Carlos.mina@med.navy.mil. Visit://www.hst649.org.

THE FFSC CAPO OFFICE LOCATED of the first floor of Admin II is open Thursdays and Fridays from 7:30 a.m.-4 p.m. A licensed clinician and an Information & Referral/Intercultural & Relations Specialist is available to service the needs of the Capo community. Please call for further details, questions or to schedule an appointment at 081-568-3761.

NAPLES OVERSEAS SPOUSES CLUB OFFERS SCHOLARSHIPS to high school seniors, undergraduate and graduate students. For more information and to apply, visit http://www.noscitaly.com.

CHRISTIAN DRAMA CLUB meets 2:45-4 p.m. every Thursday at the Support Site Chapel. Students in K-8th grade are invited to join. Ages 4-5 are also welcomed to attend along with a parent. FMI, please call 081-811-4617.

NAPLES COMMUNITY GIRL SCOUTS: To join Girl Scouts or to get more information, e-mail naplesgs@yahoo.com.

SURE START IS A PROGRAM FOR COMMAND-SPONSORED CHILDREN of enlisted personnel (priority to E1's-E4's) who are 4 years old by September 1st. Sure Start applications for the 2010/2011 school year can be picked up at the Naples Elementary School front office. FMI, call Karen Rodrigues at 081-811-4682 or the Naples Elementary School at 081-811-4037.

CONNECT THE TOTS CLUB, a support and social group created for NSA Naples and NATO parents with small children (infancy through preschoolhood), hosts weekly walks and play dates, as well as a monthly open house and other activities located on the Support Site, at Carney Park and in town throughout the month. For more information and to become a member, visit www.meetup.com/Connect-the-Tots-Club/.

THE KNIGHTS OF COLUMBUS, San Gennaro council 14853, meets at 7 p.m. the second and fourth Thursday of each month at the Support Site Fleet and Family Support Center. E-mail Jaime Gonzalez at kofcnaples@gmail.com or visit http://sites.google.com/site/kofcnaples/home.

SECURITY NOTE. All DoD military or civilian personnel hosting an event must complete a Special Event Force Protection Plan (SEFP) 45 days in advance, regardless of organization, if held off base and involving 50 or more personnel, or a gathering where distinguished visitors are involved. FMI, contact the AT/FP Division at 081-568-6300, or visit their office in Bldg. 447, behind BEQ II at Capodichino.

THE WELFARE & RECREATION ASSOCIATION is available to meet associates every Thursday from 11 a.m. to 1 p.m. at their location on the first floor of Building 450 upstairs from Capo Landing. FMI, visit http://www.wraitalia.it/.

NAPLES AMERICAN RED CROSS holds orientation from 8:30-10 a.m. the first Wednesday of every month. Contact the American Red Cross office for more info at 081-568-4788.

AMERICAN SOCCER CLUB (ASC) NAPOLI PRACTICES WEEKLY. Soccer training for players ages 8-13 is taking place from 5-7 p.m. each Wed. FMI, visit http://www.ascnapoli.com.

PROTESTANT WOMEN OF THE CHAPEL (PWOC) holds Bible Study every Tuesday at 9 a.m. (child care provided) or 6 p.m. (no child care) at the Support Site Fellowship Hall. FMI, contact Tammy Owens at 081-811-5056.

PRAYER JOURNAL AND CHAPEL AVAILABLE 24 hours per day for meditation and prayer requests. Tuesdays 12-1 p.m. "New Beginnings" Bible Study; Wednesdays 11:30 a.m.-12 p.m. Catholic Divine Mass; Thursdays 6 a.m. Men's Spiritual Prayer Group (come before work briefly).

•All services in USNH Hospital Chapel on second floor of the hospital.
HARRY S. TRUMAN LODGE NO. 649 meets every Friday at 7:30 p.m. FMI, contact Francis Villareal at 334-645-9978 or Francis.villareal@eu.navy.mil. Visit http://www.hst649.org.

NAPLES HIGH SCHOOL ADVISORY COMMITTEE (SAC) meets at 4:30 p.m. the first Tuesday of every month in the high school's media center. The meetings are open to the public. E-mail issues, questions or comments to be addressed by the committee to napleshssac@yahoo.com.

NAVY COLLEGE LEARNING CENTER offers self-paced computer courseware for the ASVAB, SAT, ACT, CLEP or GED exams. FMI, contact NCLC at Capo, Admin II, or call 081-568-4006.

MEN'S BIBLE STUDY "THE EDGE" from 12-1 p.m. every Wednesday at JFC Naples in the NCCC, room 223. FMI, contact Ben Shevchuk, 347-971-8416.

RECEIVE DAILY REFLECTION an inspirational thought-for-the-day e-mailed throughout the work week. To receive Daily Reflection, e-mail Chaplain Charles Luff at charles.luff@eu.navy.mil.

MAINSTAGE ENTERTAINMENT for the performing arts. For more info., visit http://www.naplesmainstage.org or call 331-570-2879.

NAPLES-AREA GIRL SCOUTS: naplesgs@yahoo.com.

RED CROSS DISASTER ACTION TEAM: 081-568-4788.

NSA CHAPEL/USNH NAPLES MEDITATION GROUP, 7 p.m., Mondays (first-timers, arrive at 6:30 p.m.) Support Site side chapel (use side door under the clock tower). FMI, send an e-mail to bzzaragoza@yahoo.com.

WOMEN, INFANTS, CHILDREN (WIC) OVERSEAS PROGRAM offered at NSA Naples. Women who are pregnant, postpartum or have an infant or child under the age of five may qualify for the WIC Overseas a nutritional education program that provides supplemental foods. For more info., contact the WIC Overseas office at 081-811-4962/60.

FILIPINO-AMERICAN ASSOCIATION OF NAPLES, ITALY meets every 1st Sunday of the month at the SS Fellowship Hall at 12 p.m. FMI, contact John Tanedo at john.tanedo@eu.navy.mil or Phil Laroya at philip.laroya@med.navy.mil.

MONTHLY CHILD FIND SCREENINGS AT NES. Ongoing identification of children with special needs as part of Naples Child Find, which identifies children between the ages of three and five who may have developmental delays and may need special education and related services. If you are concerned about your child's motor, cognitive, speech, language and/or social-emotional development, call 081-811-4044 for an appointment.

ATTN MILITARY RETIREES AND SURVIVORS: Connect to the retired community through membership in the U.S. Military Retiree Association of Southern Italy (USMRA-SI). For info and an application, visit http://usmra-si.tripod.com or call 329-208-7315.

SPOT A STRAY OR LOST PET? Contact Emergency Dispatch Center, 081-568-5638/39.

Reel Times cinema

SCHOOL'S OUT MATINEES!

Friday, 18 June
Noon The Karate Kid, PG
Premiere Showing
3 p.m. Prince of Persia: The Sands of Time, PG-13
4:15 p.m. The A-Team, PG-13
Premiere Showing
5:45 p.m. The Karate Kid, PG
6:45 p.m. The A-Team, PG-13
8:45 p.m. A Nightmare on Elm Street, R
9 p.m. Death at a Funeral, R
21 Plus Movie

Saturday, 19 June
Noon Shrek Forever After, PG
1:30 p.m. Furry Vengeance, PG
2:45 p.m. Prince of Persia: The Sands of Time, PG-13
5:30 p.m. The A-Team, PG-13
6 p.m. The Karate Kid, PG
8:30 p.m. The Back Up Plan, PG-13
9 p.m. The A-Team, PG-13

Sunday, 20 June
Noon The Karate Kid, PG
3 p.m. Shrek Forever After, PG
3:30 p.m. The Karate Kid, PG
5:30 p.m. The A-Team, PG-13
6:30 p.m. Shrek Forever After, PG
8:30 p.m. Sex and the City 2, R
9 p.m. Death at a Funeral, R

Monday, 21 June
4 p.m. Shrek Forever After, PG
5:45 p.m. The Losers, PG-13
8 p.m. Date Night, PG-13
9 p.m. Sex and the City 2, R

Tuesday, 22 June
4 p.m. Furry Vengeance, PG
5:45 p.m. Prince of Persia: The Sands of Time, PG-13
8 p.m. The Losers, PG-13
9 p.m. Kick-Ass, R

Wednesday, 23 June
Noon The A-Team, PG-13
Family Matinee
3 p.m. The Karate Kid, PG
5:30 p.m. Furry Vengeance, PG
6:30 p.m. Prince of Persia: The Sands of Time, PG-13
8:30 p.m. Why Did I Get Married Too? PG-13, Last Showing
9 p.m. Death at a Funeral, R

Thursday, 24 June
Noon Shrek Forever After, PG
Last Showing
2:30 p.m. The A-Team, PG-13
4:15 p.m. Clash of the Titans, PG-13
Last Showing
5:30 p.m. The Karate Kid, PG
6:45 p.m. The Back Up Plan, PG-13
8:45 p.m. The Losers, PG-13
9 p.m. Kick-Ass, R

Friday, 25 June
Noon Toy Story 3, G
3 p.m. The A-Team, PG-13
3:30 p.m. Toy Story 3, G
5:45 p.m. Iron Man 2, PG-13
6:30 p.m. Just Wright, PG
Premiere Showing
8:45 p.m. The Karate Kid, PG
9 p.m. Kick-Ass, R
21 Plus Movie

Reel Time
CAPODICHINO

Friday, June 18
7 p.m.: The Losers, PG-13
The Losers PG-13

Sunday, June 20
2:30 p.m.: Furry Vengeance, PG
Premiere Showing

USO
Until Every One Comes Home.

http://www.uso.it
Capodichino 081-568-5713
Support Site (M-W-F) 081-811-4903

USO DAILY TOURS

18 June Enchanting Postiano €39
19 June Mini cruise of the Amalfi Coast €60
19 June Wine tasting under the stars €55
20 June Imperial Rome city tour €52

WEEKEND TOURS

June 19-20 Wine roads of Siena €187
July 2-4 4th of July weekend in Milan and Lake Como ... €259
July 2-4 4th of July in Malta €531
July 24-25 Summer weekend in Florence and Pisa €165
Sept. 29-Oct. 3 Oktoberfest €338
Oct. 8-12 Columbus Day in Slovenia €338
Oct. 16-17 Eurochocolate 2010 €145

Movie descriptions

No Children Under 10
Admitted to R-Rated Movies

TOY STORY 3, G. Action/Adventure, Comedy, Animation and Sequel, 108 min. Cast: Tom Hanks, Tim Allen, Wallace Shawn, John Ratzenberger, Michael Keaton. First Run Over Seas in Theaters (FROST). Woody and Buzz had accepted that their owner Andy would grow up someday, but what happens when that day arrives? In the third installment, Andy is preparing to depart for college, leaving his loyal toys troubled about their uncertain future.

JUST WRIGHT, PG for some suggestive material and brief language, Genre: Comedy, Romance and Sports, 101 min. Cast: Queen Latifah, Common, Paula Patton, Michael Landes and Pam Grier. Leslie Wright, a straight-shooting physical therapist, gets the gig of a lifetime working with NBA All-Star Scott McKnight. All is going well until Leslie finds herself falling for Scott, forcing her to choose between the gig of a lifetime and the tug-of-war inside her heart. Oblivious to her romantic overtures, McKnight is instead drawn to the affections of Leslie's gorgeous childhood friend Morgan, who has her sights set on being an NBA trophy wife. Is Leslie destined to play the role of best friend forever or will Scott finally see that what he always wanted is right in front of him?

THE A-TEAM, PG-13 for intense sequences of action and violence throughout, language and smoking. Cast: Liam Neeson, Bradley Cooper, Quinton "Rampage" Jackson,

Jessica Biel, Patrick Wilson. Action/Adventure and Comedy, 117 min. First Run Over Seas in Theaters (FROST). A colorful team of former Special Forces soldiers were set up for a crime they did not commit. Going rogue, they utilize their unique talents to try and clear their names and find the true culprit.

THE KARATE KID, PG for bullying, martial arts action violence and some mild language. Action/Adventure, Remake and Sports, 140 min. Cast: Jaden Smith, Jackie Chan Tarji P. Henson, Han Wen Wen, Yu Rong-Guang. First Run Over Seas in Theaters (FROST). A young boy who recently moved to Beijing with his mother learns to stand up for himself with the help of a martial arts mentor.

FURRY VENGEANCE, PG for some rude humor, mild language and brief smoking. Comedy, 91 min. Cast: Brendan Fraser, Brooke Shields, Ken Jeong, Matt Prokop, Samantha Bee. A real estate developer moves his family from Chicago to Oregon when his job calls for him to oversee the building of a major housing development. But when his latest project threatens the homes of the local forest creatures, the animals seek revenge by turning a peaceful cul-de-sac under construction into a battlefield of epic proportions. It's man versus nature and the fur is gonna fly!

LPS/RPS survey results in Italy leave COLA mostly unchanged

Story by MC2 (SW/AW) Marc Rockwell-Pate

A message released June 15 by the Defense Travel Management Office stated the outcome of the 2010 Cost of Living Allowance (COLA) Living Pattern Survey (LPS) and Retail Price Survey (RPS) has resulted in no COLA change in Naples and Sigonella, Italy.

"Because of good overall participation in the LPS, the results of the RPS were very accurate and appropriate, resulting in a positive result for many of our service members in the region," said Francesca Rodriguez, the 2010 COLA country coordinator.

Though there are no changes in Naples and Sigonella, military personnel in Gaeta will experience a 2-point drop in their COLA amount. With each point equating to nearly \$26, this will result in roughly a \$52 decrease in COLA. Along with Gaeta, personnel stationed in Ghedi and Livorno, Italy, will also see a drop in COLA rates.

"The decrease in Gaeta, Ghedi and Livorno are due to prices in U.S. rising faster than Italian prices," said Rodriguez, the Commander Navy Region Europe, Africa, Southwest Asia (CNREURAFSWA) regional program director. "For all three locations, the analysis showed that nine of the fourteen categories experienced decreases compared to prices in the U.S. The most significant decreases were found in the furniture, household and transportation categories."

All recommendations for change resulted from analysis that was forwarded to a military advisory panel (MAP) for a vote. On June 8, the MAP voted in favor of the changes and forwarded the results to the principals for approval.

"Principals have 30 days to respond to and approve the recommended decreases," said Rodriguez. "Once approved, the decreases will take effect beginning Sept. 1, 2010."

The Living Pattern Survey (LPS) is conducted every three years to determine the names of the local economy outlets where military families shop and the data reported in this survey is used to adjust the COLA along with the annual RPS. The Retail Price Survey (RPS) collects the price of 120 goods and services from the local economy outlets.

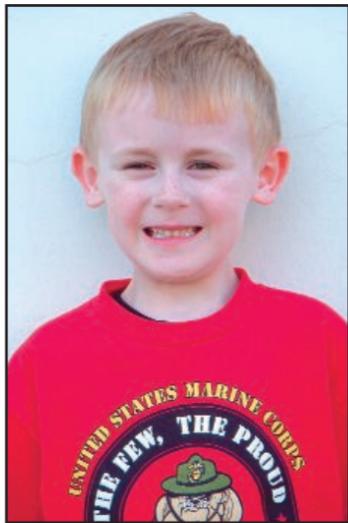
COLA rates throughout Italy can still increase or decrease due to changing exchange rates as well as other economic factors. These fluctuations are independent of the results from the latest LPS/PRS in Italy.

Commander, Navy Region Europe, Africa, Southwest Asia is responsible for providing efficient and effective shore service support to U.S. and allied forces operating at our installations. For more information about Navy Region Europe, visit http://www.cnrc.navy.mil/europe.

ANSWER TO LAST WEEK'S CROSSWORD PUZZLE

Across: 1. C O L D 2. V C W E L L 3. U A L C O H O L S J 4. I T Y L R P A N E 5. E L E C T R O N I C T 6. A I E N G 7. I G E O T H E R M A L F 8. R U S H R A A L 9. S T A B R E S C O 10. T I N F L A T E D S W 11. R A I N L N E V L 12. A G R O A N G I 13. P A E B R I D G E 14. B A T T E R Y E H 15. R E E F S E B T U 16. D T E N L O S S S

Salute to our fathers



My dad is nice to me.
-Gibson Ebaugh

From Page 1: Photo of Everett Wright - By MC1 John Parker



Daddy keeps us safe. He always makes time for us and is a fun dad to have. We love him very much!
Devon and Ryan Hard



My daddy deserves to be saluted because he makes the best cheese sandwiches for T-ball and he makes the best chocolate milk. Most of all he is the best protector and he protects us and other people from bad people.
-Allen, Braden and Mackinzi Dudley



I love my father because he plays soccer with me and even sometimes he plays football with me. That is why I love my father.
-Jacob Berg



My dad deserves to be saluted because he bought me new Elmo shampoo and gives me candy for dessert when I eat all my dinner.
-Chase Braden



Happy Father's Day to the best Daddy a girl could ever have! You bring me on adventures to far off fairytale lands, dance with me at the royal ball and make me feel grand. You teach me everyday to love and be loved in return, read to me and teach me all the things I want to learn. You really are the greatest dad a girl could ever have and I thank God for the blessing of being the one you had! I love you Daddy!!
-Aryn Gill



My dad is great because if I need help, he will help me, like when I was making my bed. He is nice to everyone he meets. We always do fun thing together. He takes me traveling to many places. And of course, he makes great eggs!
Jack Lomonaco-Monk



Dad deserves to be saluted because when he changes my poopy diapers he makes me smile.
Evan Burkholder

Italian military celebrates 150th anniversary in Gaeta

Story and photo by Lisa Julian
MWR Marketing

The Italian military celebrated their 150th anniversary at the Deposito Pol NATO base at Fleet Landing in Gaeta June 11. The Italian base in Gaeta is also the home of USS Mt. Whitney and Naval Support Activity (NSA) Naples Detachment Gaeta.

Cmdr. Rocco Mesiano, commander Deposito Pol NATO Fuel Storage Gaeta, invited Capt. Gennaro Esposito, director of Italian Navy Commissariat Rome, to preside over the ceremony. Esposito delivered a message from the Italian Secretary of Defense and the Italian Navy Chief Officer. He also spoke highly of the military standards in Gaeta and the relationship among the Italian and U.S. Navies. The celebration conclud-



Capt. Robert B. Rabuse (left) and Capt. Gennaro Esposito (right) were among the service members and civilians who celebrated the 150th anniversary of the Italian military in Gaeta. (Photo by Lisa Julian, MWR Marketing)

ed with the presentation of various medals and awards to Italian military and civilians stationed there.

Among many distinguished guests were Capt. Robert B. Rabuse, NSA Naples commanding officer, and Lt. Cmdr. Joseph Mooney, NSA Naples De-

tachment Gaeta command support officer, in addition to U.S. and Italian military and civilian personnel stationed in Gaeta, and their families and friends.

The celebration was followed by a Mass and concluded with a reception held at the MWR Fleet Recreation Center.

Mount Whitney promotes petty officers



Rear Adm. Michelle Howard, commander, Expeditionary Strike Group Two (right) and Capt. Karl Thomas, commanding officer of USS Mount Whitney (left) promotes 2nd Class (SW) Charles Ortiz to the next higher pay grade of petty officer first class during a frocking ceremony June 11. Ortiz was one of 23 sailors promoted during the ceremony.

By MC 2 (SW) Sylvia Nealy, USS Mount Whitney Public Affairs

Twenty-three sailors assigned to the command and control ship, USS Mount Whitney (LCC/JCC 20) along with one sailor from Expeditionary Strike Group Two were promoted to the next rank of petty officer first, second and third class during a frocking ceremony June 11.

"Being a petty officer third class means taking on more responsibility while applying the Navy's core values to the best of my ability," said 3rd Class Theresa Nash. "I want to become today's leader while setting the example for junior sailors."

Rear Adm. Michelle Howard, commander, Expeditionary Strike Group Two, attended the ceremony and presented frocking letters, while posing for photos with all selectees. "Congratulations to all the new petty officers and ESWS [Enlisted Surface Warfare Specialist] folks. These accomplishments represent a lot of hard work and dedication," said Howard.

Towards the end of the ceremony, Capt. Karl Thomas, commanding officer of Mount Whitney appointed 2nd Class (SW) Charles Ortiz to the next rank of petty officer first class through Mount Whitney's Command Advancement program (CAP). Thomas recognized Ortiz for his hard work and dedication. "I am still surprised from hearing my name being called during the ceremony," said Ortiz. "It was a pretty cool experience to have Thomas and Howard pin chevrons on my uniform. I am glad I earned this CAP so I can focus on other professional and personnel goals."

Mount Whitney is currently in the Baltic Sea in support of Baltic Operations (BALTOPS) 2010. BALTOPS is the largest annual maritime international exercise. Its intention is to improve interoperability with participating nations conducting realistic scenarios. She is homeported in Gaeta, Italy and operates with a hybrid crew of U.S. sailors and Military Sealift Fleet Support Command civil service mariners.

NATO field gun crew competed with honor in Field Gun trophy

By Maj. Andy Johnson
NATO Field Gun Officer

A squad of 23 brave volunteers from the joint and national commands based in Naples participated in the traditional Royal Navy Field Gun Competition in Portsmouth, UK June 5. They competed against 22 other teams drawn from the British Armed Forces. The NATO team was the only multi-national and multi-service field gun crew taking part, and probably the one with the highest average age.

The aim of competition is to assemble, disassemble and fire the gun twice over a 76-meter track in timed heats whilst adhering to precise drill. The result is that the teams literally throw an 1,800 pound field gun and ammunition limber down the track at breathtaking speed with absolute precision; any drill errors incur time penalties.

Even if not placed high in the ratings, the Naples team did impress the other partici-



The seven-nation, 13-services team from JFC Naples marched in the parade that preceded the traditional Royal Navy Field Gun Competition in Portsmouth, UK. The NATO team won the trophy for the most flags. (Photo courtesy of the Naples field gun team)

pants: everyone they met wanted to know how they could take personnel from seven nations and 13 services and then build a team capable of competing against the best that the Royal Navy has to offer—after all, the winning team (Portsmouth) only came in 15 seconds ahead of the NATO team and they have been doing the races for over 100 years! The answer was simply outstanding team work, mutual respect, raw courage and absolute determination to show the power of the alliance.

The NATO team, which was sponsored by Morale Welfare Activities, Agora Hotel and Danbus, definitely won the trophy for the most flags. This year personnel from Italy, France, Austria and the former Yugoslavian Republic of Macedonia joined the team for the first time and “ran” the gun alongside British, German and American field gunners. Many friends and family members traveled to Portsmouth to cheer for and support the team throughout the day.

Air Force NCO competes in toughest Ironman competition in the world

Story by Staff Sgt. Hillary Stonemetz
JFC Public Affairs Office Naples, Italy
Photos courtesy of Staff Sgt. Jessica Pigott

A U.S. Air Force non-commissioned officer (NCO) and Canton, Ohio native competed in the Ironman competition in Lanzarote, Canary Islands, Spain May 22.

The Ironman competition is the toughest triathlon in the world comprised of a 2.36-mile swim, 111.8-mile bike race and a 26.2-mile marathon. Located 75 miles off the west coast of Africa, the Lanzarote Ironman Competition is advertised by Ironman to be the “toughest Ironman in the world.”

Staff Sgt. Jessica Pigott, NATO Joint Force Command Naples travel management office technician, trained up to 21 hours per week for 11 months to prepare for the intense competition—her second in less than a year. Her training routine consisted of two component workouts a day. She started working out seven hours a week and gradually increased her routine. She swam in the morning and either ran or biked during the hottest part of the day.

“What inspires me to compete is that I like to see how much I can push my body and see how far it can go,” said the 110-pound athlete who stands at 5 feet and 2 inches. “Once you set the bar then you just keep on improving on that, it’s a great motivational tool.”

A fellow Air Force senior NCO, Kevin LaBrie, joined Pigott in the competition. “We were excited after we completed the Ironman competition in Austria last year,” said Pigott. “Kevin and I really wanted to do another competition, so we decided to do the toughest Ironman com-

petition “in the world.”

Even though Pigott trained in the heat of Naples, Italy and arrived in Lanzarote several days before the competition, the weather was challenging. “This year was brutal,” she said. “Last year wasn’t as challenging. The weather plays a big factor in the level of difficulty. The course was also more intense. There were more hills, more wind and more heat this year. It was just brutal.”

The first stage of the competition was the 2.36-mile ocean swim, which started at 7 a.m. and consisted of two laps off the coast of Playa Grande. The athletes ran 20 meters on the beach between laps. “I felt it was smarter to start in the back of the crowd so you don’t get beat up, kicked, punched, goggles and swim-cap kicked off,” said Pigott.

The second stage of the competition was the 111.8-mile bike race around the perimeter of the island under the searing heat of the sun. The route boasts a 2,551-meter climb with strong crosswinds. “I was already tired when I hit the killer climb,” said Pigott. “It’s a good thing there was a fantastic view because that was the only thing that kept me going. We did a 20-kilometer climb with the wind in our face the whole time.”

Even though Pigott wore UV protection sleeves in addition to sunscreen, the intensity of the sun soon took effect. “After awhile I noticed the little patch on my arms was starting to burn,” she said. “I guess being on the bike for over eight hours, the sun protection you put on tends to sweat off.”

The final stage of the race was the full marathon. “The course is three laps down and back total,” explained Pigott. “The



Staff Sgt. Jessica Pigott claims her medal for the Ironman competition in Lanzarote, Canary Islands, Spain.

first lap down and back was the longest, and it went all the way down past the flight line and back. It seems like it took forever but there were nice things to look at on the beach, and it was nice to see other people running the other way because you then knew you weren’t the last to finish!”

The total time limit for the competition is 17 hours. Pigott crossed the finish line well within the time limit to claim her medal.

For anyone interested in competing in an Ironman competition, Pigott offers some sage advice: “If you are interested in doing one you should already have a century bike ride or marathon under your belt,” she said. “You need to have a certain type of discipline to be able to do this kind of endurance sport.”

Pigott plans to compete in the Ironman European World Championship in Frankfurt, Germany in July 2011.



Staff Sgt. Jessica Pigott (left), NATO Joint Force Command travel management office technician, and Master Sgt. Kevin Labrie (right), NATO JFC joint mobil training team coordinator, trained up to 21 hours a week for 11 months to prepare for the Ironman competition in Lanzarote, Canary Islands, Spain May 22. This was their second Ironman competition in less than a year.

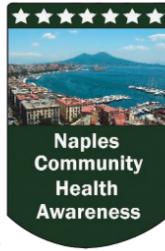
Naples Public Health Evaluation

Phase II lab analysis, validation, report writing and review continues. The goal is to have the final Phase II report ready for public release by summer of 2010. Other PHE activities that are being considered include establishing new enduring processes that will continue after the PHE is complete.

Personnel who have questions about their health or the Naples Public Health Evaluation should contact the Environmental Health Information Center

at the U.S. Naval Hospital at Gricignano. The phone number is 081-811-6321.

To learn more about the Naples PHE, watch for All Hands e-mail messages, look for this weekly column in "Panorama," and visit the Naples Community Health Awareness website at <https://www.cnic.navy.mil/Naples/CommandInformation/HealthAwareness/index.htm>.



Energy conservation

Department of the Navy Energy Program



Did you know?

If 10,000 families with four members each installed inexpensive low-flow aerators on their kitchen and bathroom sink faucets, they'd reduce water consumption by more than 33 million gallons a year. One family would save 3,300 gallons a year. With the current rate of \$11.25, you would save \$37.13 a year.

Men's Health Month: Get it checked!

U.S. Naval Hospital Naples

In the month of June, we celebrate Men's Health Month. While most men think they are healthy, it is very important to complete an annual physical checkup along with routine screenings and exams to evaluate for any abnormalities.

Regular screenings for high blood pressure and high cholesterol along with Body Mass Index or BMI are important screening tools to evaluate a man's risk for cardiac disease, including heart attack and stroke. Blood glucose screenings are important to evaluate the risk of Type 2 diabetes. Regular screenings to check for sexually transmitted infections are also important.

There are specific medical problems that only effect men. One of those is prostate cancer. Prostate cancer is the most common form of cancer and is one of the leading causes of death in men. It may cause pain, difficulty urinating, erectile dysfunction or other symptoms. After the age of 50, yearly checks are recommended. Exams consist of a digital rectal exam and a blood test called a prostate surface antigen or PSA.

Testicular cancer is another male-specific disease. It has a 90 percent cure rate and is most commonly found in males ages 15-35 years old. Medical exams

are recommended every year after the age of 15 and self-exams feeling for lumps should be completed monthly.

Many of these screenings are covered yearly by the Military Readiness Exams that are required of the active duty population. But, take time out this month to review your current health status, and if necessary schedule an appointment with your primary care provider for a physical. Call the appointment line at 081-811-6000.

Leading causes of death among males (according to data collected by the CDC 2004)

1). Heart Disease	27.2%
2). Cancer	24.3%
3). Unintentional Injuries	6.1%
4). Stroke	5.0%
5). Respiratory Diseases	5.0%
6). Diabetes	3.0%
7). Flu & Pneumonia	2.3%
8). Suicide	2.2%
9). Kidney Disease	1.7%
10). Alzheimer's Disease	1.6%

Remember, being healthy does not just involve being "disease free"—it is a way of life.

Questions? Contact Health Promotions at napleshealthpromotions@med.navy.mil.

FITNESS

Continued from Page 1

MWR fitness professionals," said Chad Quinn, Navy fitness program manger for CNIC. "At each sight we have trained 25 fitness professionals to go out and train all the sailors."

This program is now taught at many installations around the world to give sailors more tools to maintain a healthy lifestyle. "We started the training in March in Tokyo and we've done about two per month since," said John Stemmerman, performance manager and general manager of Athletes' Performance Arizona. "The people being trained today are volunteers from all over ranging from Spain to here [Italy]."

NOFFS is a new exercise program that is designed to give sailors a quality workout by focusing on four principals that are used on a daily basis. "The NOFFS program focuses on four things we use everyday: lift, push, pull and carry," said Quinn. "From this we have developed a quality workout that can be done by the entire fleet, from sailors deployed on ships to the sailors who work behind desks all day."

This new workout routine is another way sailors can maintain a healthy lifestyle.

All Puerto Rican Birth certificates invalid as of 1 July 2010

Recent changes to Puerto Rican law invalidate all Puerto Rican birth certificates issued prior to July 1, 2010 because of their vulnerability to counterfeiting and use in identity theft and fraud.

Many institutions in Puerto Rico unnecessarily retained and stored birth certificates without adequate protection, making them easy targets for theft. As much as 40 percent of the U.S. Department of State passport fraud cases involve fraudulent birth certificates from Puerto Rico. As a result, in addition to invalidating Puerto Rican birth certificates, this law makes it illegal for any institution to retain a copy of a birth certificate.

Starting July 1, 2010, Puerto-Rican born individuals may apply for a new birth certificate from the Puerto Rican Vital Statistics Record Office, which will incorporate technology to limit document forgery. The Puerto Rican government can issue a temporary, 15-day certificate for individuals requiring a birth certificate in an emergency. The fee for a new birth certificate is \$5, which is waived for people over 60 years of age and for veterans. There is no deadline for getting a new birth certificate.

This invalidation of Puerto Rican birth certificates could have the unintended consequences of interfering with Puerto Rican-born service members' security clearance investigations and enlistments. Service members are encouraged to visit the website of the Puerto Rican Federal Affairs Administration to get more information on the new law, and for links to the birth certificate application <http://www.prfaa.com/birthcertificates>.

Citizens born in Puerto Rico but residing elsewhere may obtain a copy of the new birth certificate by filling out a Birth Certificate Application form from the Puerto Rico Vital Statistics Record Office on or after July 1, 2010. Application forms can be obtained at <http://www.salud.gov.pr/Programas/RegistroDemografico/Pages/RequisitosparasolicituddeNacimiento.aspx>.

If you have any questions regarding the above, please contact the U.S. Naval Legal Service Office, located in Admin II, first floor, 081-568-4576.

Safety Tip

Safety tips for the summer holidays

As you head to the beach, the pool or to the mountains for a camping vacation, we encourage you and your family to keep safety in mind!

On the road

- Buckle up!
- Pay attention, more vehicles will be on the road, including an influx of motorcyclists.
- Drive at safe speeds. Allow enough travel time to avoid the urge to speed.
- Plan on a safe and sober ride; use a designated driver if you plan on drinking.
- On the way back, drive well-rested, be patient and remember roads will be congested.

Sun safety

- Avoid sun exposure during the hottest hours of the sun's rays.
- Apply sunscreen with a SPF (Sun Protection Factor) of at least 15, paying special attention to the face, nose, ears and shoulders.
- Wear a hat.
- Wear sunglasses with UV (ultraviolet) protection.
- Drink plenty of water and non-carbonated drinks, even if you do not feel thirsty.

Grilling safety

- Always read the use and care manual before operating your grill.
- Never leave grill unattended when in use.
- Preheat grill to no higher than medium-high. Temperature of grill should be 400 to 450°F because high heat and excess fat can cause flare-ups.
- If flare-ups do occur, move food to a cooler spot on the grill or temporarily cut off the air supply by closing lid or shutting the air vents.
- To avoid flare-ups you should drain off excess marinade or oil before putting food on grill, trim excess fat to 1/4-inch on steaks and chops, and remove skin and excess fat from chicken pieces.

Water safety

- Swim in supervised areas only.
- Obey all rules and posted signs.
- Don't mix alcohol and swimming. Alcohol impairs your judgment, balance and coordination, affects your swimming and diving skills, and reduces your body's ability to stay warm.
- Stop swimming at the first indication of bad weather.

Remember to make safety awareness part of your summer holiday planning. A moment's inattention is all it takes for an accident to happen. Be prepared by being aware of potential summer holiday dangers.

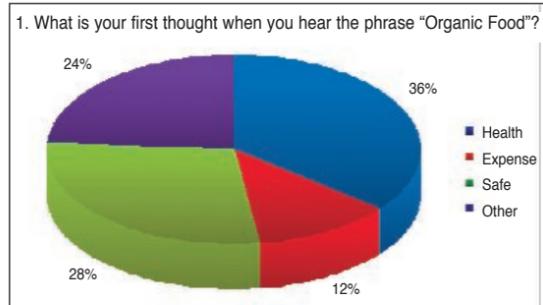
TIPSY TAXI AVAILABLE

Service members in the Naples area who have had too much to drink or whose driving ability is otherwise impaired, don't get behind the wheel. Instead, call: NSA CDO at 335-640-6597, NSA QUARTERDECK at 081-568-5547, or RADIO TAXI NAPOLI at 081-570-7070.



Organic foods and the community's perception

By John McCarthy, Jared Rigby and Cole Tankersley
UMUC students



Local University of Maryland University College (UMUC) students completed a study on how the Naval Support Activity Naples community perceives organic foods. The group conducted research on studies done around the world concerning this topic and also surveyed the community with a short questionnaire. The following information includes the results gathered from their extensive project.

After reviewing the data collected in a 10-question survey of 71 people, some trends in consumers' perceptions of organic food and their buying habits were apparent. The first question, "What is your first thought when you hear the phrase Organic Food?" was asked to get a general feel for how people view organic foods. The majority of the responses were categorized into health, expense, safety (i.e. chemicals and pesticides) and miscellaneous.

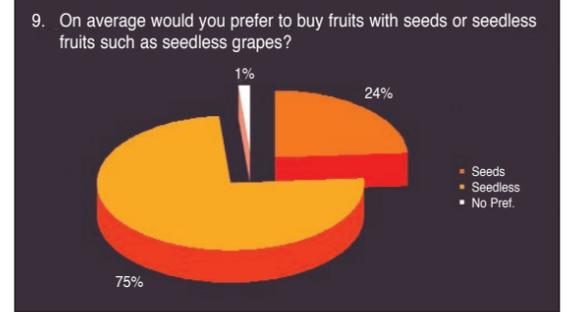
The second question, "Do you compare organic foods to conventional foods while shopping?" reviewed consumers' buying habits. A slight majority (59 percent) of customers look at and compare organic foods to conventional foods. This was also reflected in the responses to the third question "How often do you buy organic products?" Over 60 percent of the participants acknowledged that they purchase organic food sometimes or a majority of the time.

The next series of questions uncovered the community's perception of organic versus conventional foods. Compared to conventional foods, the majority of participants (61 percent) view organic foods as more nutritious than conventional products, and 36 percent thought they have the same nutritional value. Only two participants stated that organic foods were less nutritious than conventional.

Even though most respondents think organics are more nutritious, there seems to be a mixed opinion on whether or not the organic products are worth the extra cost. Question five addressed this issue of cost. Forty-five percent of participants said organic foods are worth the additional cost, 34 percent are undecided and 21 percent disagree with paying more for organic foods.

When participants were asked to rank the taste of organic food compared to conventional food in question six, the results remained consistent with the previous questions: most answered toward the middle of the scale—48 percent said the taste was the same while 38 percent thought that organics taste just a little better.

The survey then shifted back to buying habits: question

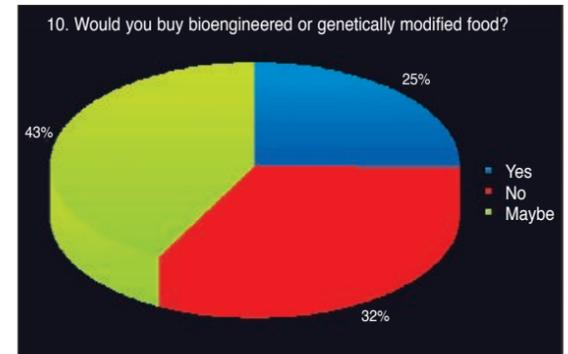


seven asked, "Of the following, what compels you to buy the foods you do? Flavor, Nutrition, Additives or Other." Most people chose more than one answer. The majority of answers fell into the flavor and nutrition categories, but other notable responses included no use of pesticides, trusted brands, value for the money, calorie count and avoiding ingredients like high fructose corn syrup and sodium.

In the following question, a staggering 76 percent of the participants stated they would buy organic foods if they cost the same as conventional foods, 16 percent said maybe and only 8 percent said they would not buy the organic foods even if the price was the same.

The responses to the last two questions were the most surprising. Participants were asked if they preferred seedless or seedless fruits, and then asked if they would buy bioengineered or genetically modified foods. Seeing as how seedless fruits are bioengineered or genetically modified, this question gave insight into how well the community is educated about their food supply. Amazingly 75 percent of the participants preferred seedless fruits, but only 25 percent responded that they would indeed purchase bioengineered or genetically modified fruit. Thirty-three percent said that they would not buy bioengineered or genetically modified fruit. While tabulating the surveys, one clear observation was that several of the people who said they prefer seedless fruits were some of the same people that said they would not purchase bioengineered or genetically modified food.

Overall, the students found that the majority of the local population has an incorrect perception of organic food. If you are interested in learning more about what it means to be organic, the USDA has an informative website with definitions and regulations: <http://usda.gov>.



Tennis club championship

Major Antimo Russo (left) of the Italian Air Force, defeated Warrant Officer Giuseppe Laezza (right), also of the Italian Air Force and the winner of the 2009 tennis tournament, May 28 at JFC Naples. The tennis club championship is held annually at JFC. (Photo by Staff Sgt. Karla Bustamante, JFC Public Affairs Office)



Jobs

HUMAN RESOURCES OFFICE (HRO)

NEW LINK: <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Jobs/index.htm>.

The Human Resources Office is located at Capo Admin I, first floor. The customer service hours are **Monday through Friday from 8 a.m. to 3:30 p.m.**

Applications are accepted at the Security Pass and ID Office at Capodichino and Gricignano, OR at the HRO, located in Admin I, Capodichino, OR by mailing to: HRO, PSC 817 Box 29, FPO AE 09622, OR at Fleet and Family Support Center (FFSC) located on the TLA first floor at Support Site. HRO must receive mailed applications by closing date of the vacancy announcement.

U.S. POSITIONS

For a current list of U.S. vacancies and application process info. visit our NEW website at <https://www.cnic.navy.mil/Naples/Departments/HumanResourcesOffice/Jobs/index.htm>.

CLOSING 18 JUN 10

Security Guard, GS-0085-05, ANN# EUR10-T60488-SC-R2, Full-time permanent

CLOSING 24 JUN 10

Security Tech (O/A), GS-0086-07, ANN#EUR10-610995-AG-R1, Full-time permanent

Management Assistant, GS-0344-07, ANN#EUR10-696720-SC, Full-time permanent

DTS Administrator, GS-0303-06 KPP GS-07 OR GS-0303-07, ANN#EUR10-693872-EG, Full-time permanent

Mail Tech, GS-0305-04, ANN# EUR10-689845-EG, Full-time permanent

CLOSING 01 JUL 10

Mail and File Clerk, GS-0305-05, ANN#EUR10-717640-AV, Full-time permanent

Supervisory Contract Specialist, GS-1102-13, ANN#EUR10-717646-AV, Full-time permanent

IT Specialist (NETWORK/SYS-ANALYSIS), GS-2210-11, ANN# EUR10-713446-AG, Full-Time Permanent

Medical Support Assistant (OA), GS-0679-04, ANN#EUR10-717647-EG, Full-Time Permanent

OPEN CONTINUOUS ANNOUNCEMENT

Education and Training Tech (CDC), GS-1702-03 KPP GS-04, ANN# EUR10-679464-AG, (Multiple Positions), Full-time permanent

COURTESY US VACANCY ANNOUNCEMENT

Community Bank, Banking Center Service Supervisor, Capodichino U.S. Navy Base, Naples, Italy. To apply online, please use the "Careers" link at www.dodcommunitybank.com, or submit your resume at HR Europe: pia.krucker@dodcommunitybank.com.
Member Service Representative, Navy Federal Credit Union, Naples, Italy. Apply online at www.navyfederal.org.

Educational Facilitator, Navy College Learning Center. Call Melissa or Tiffany at 081-568-4006 or stop by Capo Admin II Room G006 for information on how to apply for this position.

Field Representative, Central Texas College Office-Naples. Call Sue Andrews at DSN: 634-7162 or CIV: 39-0444-717162 on how to apply for this position.

LOCAL NATIONALS (LN) POSITIONS

For a current list of LN vacancies and application process information visit our NEW website at: <https://www.cnic.navy.mil/Naples/Programs/Departments/HumanResourcesOffice/Jobs/index.htm>.

NO VACANCIES

If you have any questions/comments with regard to HRO Naples services, please contact the director's office at

081-568-5770. You can also submit your questions/comments to the HRO website at www.CNIC.navy.mil/Naples/index.htm; click on "CNREURAFSWA Human Resources Office"; and under the HRO (N13) page, click "Contact Us," a form will appear. Please complete the short form and submit. You will be contacted within 24 hours, so please be sure to provide your contact information. Thank you and we appreciate your input—negative or positive—so that we can find ways to improve the HRO services, or continue to provide excellent service. As a reminder, an HRO representative is available for the bi-weekly "Meet & Greet" at the NSA Support Site, Navy Exchange food court area from 8 to 9 a.m. Please feel free to come by, pick up a copy of a vacancy announcement that you may be interested in applying for, or ask questions. If the HRO representative is unable to provide you a response, he/she will bring the question back to HRO and you will be provided an answer or a call back the same day. The next "Meet & Greet" is June 21, 2010.

NON-APPROPRIATED FUND (NAF) POSITIONS

Fleet & Family Readiness NAF Local Naples job announcements within CNREURAFSWA may be viewed at https://www.cnic.navy.mil/Naples/Recreation/CNICD_A059280.

The necessary application forms are also available online. For any questions you have, you may reach us at 081-568-5612/4164.

NSA NAPLES POSITIONS, MWR OPEN CONTINUOUS POSITIONS

Child Program Assistant, CY-1702-III, ANN#10-007, (Multiple Positions) flexible, Child Development Centers, School Age Care, Capodichino and Support Site. Job Summary: Performs routine, day-to-day care of infants and children ranging from 6 weeks to 5 years old.

Youth Program Assistant, CY-1702-I/II, ANN#10-069, (Multiple Positions) flexible/regular Youth Programs, Support Site and Carney Park. Job Summary: Assembles or gathers materials and equipment necessary to execute School Age Care for children ranging from 7th to 12th grade and Youth Center programs for children ranging from 6 years old to 12 years old. Receives and releases children to/from authorized parents/guardian.

Recreation Aid, NF-0189-01, ANN# 10-021, flexible, Fitness Forum, Support Site. Job Summary: Assists in the operations of the fitness program.

Recreation Aid, NF-0189-01, ANN# 08-164, flexible, Community Services, Capodichino. Job Summary: Provides information concerning facility, operation and regulations.

Recreation Aid (Intramural Sports), NF-0189-01, ANN#09-091, flexible full-time, Fitness Forum, Support Site. Job Summary: Assists the Sport Coordinator to plan the fitness activities.

Recreation Aid, NF-0189-01, ANN# 09-129R, flexible, Reel Time Theater

II, Support Site. Job Summary: This position transacts the sale of refreshments at the theater snack bar.

Recreation Aid, NF-0189-01, ANN# 10-022, flexible, NOR Center, Carney Park. Job Summary: Provides and maintains recreation and athletic equipment issue.

Recreation Aid, NF-0189-01, ANN# 10-051, (Multiple Positions) flexible full-time (Seasonal Employment), Aquatics Division, Carney Park and Support Site. Job Summary: Provides oversight of activities and necessary services to authorized patrons.

Recreation Aid, NF-0189-01 ANN# 10-064, flexible part-time, Bowling Center, Support Site. Job Summary: Provides oversight of activities and necessary services to authorized patrons.

Recreation Aid, NF-0189-01 ANN# 10-065, flexible part-time, Liberty Division, Capodichino. Job Summary: Helps customers in the recreation center with recreational events.

Recreation Assistant, NF-0189-02, ANN#10-020, flexible, Fitness Forum, Support Site. Job Summary: Provides instructions to patrons in a variety of physical fitness classes.

Recreation Assistant, (Woodworker) NF-0189-02 ANN#10-062 Auto/Wood Skills Center, Support Site. Job Summary: Assists and advises patrons in the art and safety of woodcraft.

NEX EMPLOYMENT OPPORTUNITIES

Gricignano, Building 2091-B
Call 081-813-5252/5253/5254
Monday through Friday
8 a.m. to 3:30 p.m.

NEX job opportunities are now posted on the Web at <http://www.navy-nex.com>.

Submit completed applications to NEX Human Resources Office located above the main Exchange. If you have questions please call the above numbers.

U.S. NAF POSITIONS AVAILABLE

CURRENT U.S. FLEXIBLE POSITIONS MAY BE NON-COMPETITIVELY CHANGED TO REGULAR POSITIONS

GRICIGNANO MAIN STORE
Ann#037-10 Supervisory Sales Clerk/
NF-2091-02/RFT-Closes: 06/25/10.

GRICIGNANO MINI MART
No Vacancies
DISTRIBUTION CENTER, GRICIGNANO

No Vacancies
CAPODICHINO NEX MART
No Vacancies

EUROPE DISTRICT OFFICE (Gricignano Main Store)
No Vacancies

GRICIGNANO NAVY LODGE
No Vacancies
JFC-NATO MINI MART

No Vacancies

LOCAL POSITION

No Vacancies