

# JOINT REGION EDGE

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## Military pitches in for Coastal Cleanup

By Airman 1st Class Anthony Jennings

36th Wing Public Affairs  
Frank Whitman

Joint Region Edge Staff

Navy and Air Force personnel and their families participated in the 16th International Coastal Cleanup on Guam Sept. 25.

The International Coastal Cleanup is a worldwide effort in its 25th year organized by the nonprofit Ocean Conservancy headquartered in Washington, D.C. Annually, more than half a million people in 100 countries remove millions of pounds of trash from beaches and waterways all over the world and collect data on what they find.

Tom Quinata, the local International Coastal Cleanup coordinator, said that military representatives were at all 17 sites on Guam.

Sailors from Naval Mobile Construction Battalion (NMCB) 11 Detachment Guam cleaned two sites along the Oka Point cliffline in Tamuning, Guam, according to Equipment Operator 2nd Class (SCW) Asia Rogina, who organ-

ized the unit's participation.

"We pulled a lot of trash out, including a few mattresses that had been thrown over the cliff," Rogina said. "The guys were pretty excited about gathering as much trash as we did, and they were proud that NMCB 11 helped out with such a good cause."

The effort was in keeping with the nature of NMCB 11, said Master Chief Constructionman (SCW) Alan Charpentier, the senior enlisted advisor for NMCB 11 Det. Guam.

"Whenever we have a chance to

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Community Service: Master Chief Machinist's Mate (SS) Ted Whitmer, of Submarine Squadron 15, gathers trash along the cliff at Oka Point in Tamuning, Guam as part of the 16th International Coastal Cleanup Sept. 25. Whitmer was one of an estimated 3,000 total volunteers who participated in the cleanup on Guam including hundreds of members of the island's military community. (U.S. Navy photo by Frank Whitman)



## Logistical Readiness Squadron supports Valiant Shield



By Airman Whitney Amstutz  
36th Wing Public Affairs

In support of the Valiant Shield 2010 exercise, Airmen from the 36th Logistical Readiness Squadron stepped up their game acting as master planners for all support, vehicle coordination and aircraft fueling needs.

Valiant Shield: An F-22 Raptor is refueled while participating in Valiant Shield at Andersen Air Force Base Sept. 14. Valiant Shield is an integrated joint training exercise that allows different units and teams from across the military the opportunity to work together. (U.S. Air Force photo by Airman Julian North)

Valiant Shield, which is the largest of all Pacific Command (PACOM) exercises, provides the opportunity for tactical and weapons system experimentation. It is the most realistic operations plan exercise conducted by the 36th Wing and encompasses more than one million nautical miles of training space with more than 100 aircraft.

After the commencement of Valiant Shield, Andersen Air Force Base (AFB) took on a staggering 1,300 additional personnel. The LRS was charged with ensuring each Airman had a place to stay and adequate means of transportation and communication.

"The LRS has been involved in Valiant Shield planning from the beginning," said Lt. Col. Jason

Campbell, LRS Commander. "Since September of 2009 representatives from the LRS have attended three PACOM conferences in preparation for the exercise. We worked throughout the year with joint units to capture requirements via the reception checklist in order to be prepared for the influx of personnel."

Once a rough estimate of the number of incoming personnel was available, LRS Airmen were able to take the information to the various squadrons on base that would be impacted.

"We compiled those numbers and coordinated with other units to figure out what we could and could

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F-22 Specialists Know-how and hard work keep F-22s dominant.

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Top Performer

Staff Sgt. Rico Raphael

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# Specialists keep F-22 on cutting edge

By Airman 1st Class Anthony Jennings  
36th Wing Public Affairs

Specialists deployed at Andersen Air Force Base (AFB) in support of the U.S. Pacific Command's Theater Security Package, ensure the F-22 Raptor maintains air dominance over the Pacific.

The F-22 Raptor, which became operational in 2005, is the Air Force's newest fighter aircraft and will eventually replace the Air Force's aging fleet of F-15s. Its combination of stealth, supercruise, maneuverability and integrated avionics represents an exponential leap in war-fighting capabilities.

Staff Sgt. Jennifer Mayo, an F-22 avionics specialist assigned to the 27th Expeditionary Aircraft Maintenance Unit from Langley Air Force Base, Va., said understanding the jet's mechanics and technology takes some adjustment. She worked on F-16 Fighting Falcons for three years and said the strides in aviation technology are impressive.

"This jet is very integrated and has a lot of parts, especially when compared to the F-16 which was much easier to understand," Mayo said. "I felt very knowledgeable on the Falcon but when I began working

on the F-22, I felt like I was starting all over again. But I really enjoy the challenges because they make the job fun and enjoyable."

With so much cutting-edge technology in the F-22, specialists, who are responsible for maintaining the aircraft's sophisticated avionics, have a distinctive relationship with the aircraft.

"It's a very diverse and unique relationship specialists have with the F-22 because, unlike the legacy aircraft where it's the crew chiefs running the show, more than 90 percent of the maintenance that occurs on the Raptor is on its avionics," said Staff Sgt. Ryan Fenn, F-22 avionics craftsman with the 27th EAMU.

Because the F-22 Raptor is still a relatively new fighter, as with any advancement in technology, minor issues with software must be addressed and specialists are a key component to ensuring the F-22 remains unbeatable.

"One of the hot items in the Raptor nation is the data health management deficiency report (DHMDR)," Fenn said. "Basically, anytime there is a fault or malfunction with the Raptor that we don't have the technical order or direction to fix, we submit a DHMDR to Lockheed Martin so they have situational awareness on what problems we're

running into."

One of the major challenges specialists must overcome are glitches in the software.

"The biggest part of the DHMDR process is identifying any glitches in the software," Fenn said. "Software glitches are really hard to fix from a maintenance standpoint because it isn't just a mechanical part we can replace, we have to work continuously with engineering support from Lockheed Martin."

Despite the complexity of its software, the F-22 remains the most lethal of any fighter aircraft in history as demonstrated by the 27th's 28:1 kill ratio during the recent Exercise Valiant Shield.

Whether it's day-to-day avionics maintenance on the world's most advanced and lethal fighter aircraft or providing engineers with the information they need to continuously refine its technology, specialists are vital to ensuring the F-22 Raptor remains unmatched in the skies.

"I think it's really awesome that we're standing on the cutting edge of advanced fighter aircraft technology," Fenn said. "We're really the tip of the spear; it's something new and exciting in the avionics world. I truly feel that our presence is needed, and we're contributing in some way to the global effort."



Raptor: An F-22 Raptor executes a supersonic flyby over the deck of USS John C. Stennis (CVN 74) during Exercise Northern Edge in Alaska June 22, 2009. Thanks to its integrated avionics technology, maintained by avionics specialists, the Raptor is the most lethal aircraft in the skies. The F-22, which became operational in 2005, is the Air Force's newest fighter aircraft and will eventually replace the Air Force's aging fleet of F-15s. Its combination of stealth, supercruise, maneuverability and integrated avionics represents an exponential leap in war-fighting capabilities. (U.S. Navy photo by Petty Officer 1st Class Ronald Dejamett)

# USS Hawaii visits Guam for port visit

By Joint Region Marianas Public Affairs

The Virginia-class fast attack submarine USS Hawaii (SSN 776) arrived Sept. 24 in Apra Harbor, Guam for a port visit during the ship's first deployment to the Western Pacific.

The ship departed Joint Base Pearl Harbor-Hickam for a scheduled deployment to the Western Pacific region Aug. 25.

With a crew of 136, this is the ship's first deployment from Pearl Harbor.

Hawaii will be conducting a multitude of missions while assigned to

7th Fleet during the next several months.

"Guam, as a port, plays a vital role in the U.S. Military's efforts to fulfill our commitments to our allies and partners and to protect our nation's security," said Captain John Russ, Commodore for Submarine Squadron 15. "USS Hawaii's de-

ployment to the Western Pacific with their unique capabilities helps strengthen our commitment to the prosperity, security and stability of the Asia-Pacific region."

Measuring 377 feet long and weighing 7,800 tons when submerged, Hawaii is one of the Navy's newest and most technologically

sophisticated submarines.

The state-of-the-art submarine is capable of supporting a multitude of missions, including anti-submarine warfare, anti-surface ship warfare, strike, naval special warfare involving special operations forces, intelligence, surveillance and reconnaissance, irregular warfare and mine warfare.



Visit: The Virginia-class fast attack submarine USS Hawaii (SSN 776) enters Apra Harbor, Guam on a port visit Sept. 24. This deployment is marking the first time in the history of the U.S. 7th Fleet that a Virginia-class submarine has visited the region. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

# Yigo soldier trains Guam's future Army leaders

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff

Staff Sgt. Rico Raphael, the weapons squad leader for Charlie Company, 1-294th Infantry Regiment, Guam Army National Guard, said it takes a lot to be a great leader.

"There is more to being a leader than just what you do," Raphael said.

"You need to have skill and character and develop all aspects of yourself. Only by this self-development will you become a confident and competent leader."

Raphael, who grew up in Yigo, Guam, said it is his duty to direct, coordinate and maintain the regiment's firearms when his company assembles. His Monday through Friday job is training facilitator for

the Pre-training Mobilization Element at the Army National Guard in Barrigada, Guam. He trains soldiers for combat with drills such as warrior tasks and battle drills.

"My utmost priority is training," he said. "I have to make it as realistic as possible to get the point across to our soldiers so if that scenario should ever unfold, they can react with no hesitation and successfully accomplish the mission."

Raphael is a nine-year veteran and recalled why he joined the Army and became an infantryman.

"The Army National Guard teaches self-discipline. That's why I wanted to join as well as serving my country and protecting my island," Raphael said. "As far as being a light infantryman, the movies were definitely an influence. In most movies that deal with Army regarding war or combat 98 percent of the time, they show infantry doing what they do."

He said he also likes the job be-

cause of the benefits and resources he has access to. He is thankful to the service for giving him the ability to travel around the world and experience new cultures.

He credits his family, in particular the women in his life, as motivators and role models. He said when his confidence was low they were the ones to keep him going.

"My personal role models are my mother, sister and grandmother," Raphael said. "If you knew what they had to go through to get where they are today, you would be amazed. I love them with all my heart."

With a loving family and support from his Army superiors, Raphael said he can remain positive and do what he loves to do — train.

"I love training and sharing knowledge with my fellow soldiers," he said. "I was a basic rifleman then I moved up the ranks. Now I get to watch and train junior personnel as they move up the ranks."



Training: Army Staff Sgt. Rico J. Raphael instructs a junior soldier on the M249 squad automatic weapon, during a day of training on board U.S. Naval Computer and Telecommunications Station Guam in Dededo, Guam, Sept. 11. Raphael said that training soldiers to improve their performance and accelerate their career progression is one of his favorite things about being in the military. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)



# Military offers contracting advice at trade fair

By Jesse Leon Guerrero

Joint Region Edge Staff

Naval Facilities Engineering Command (NAVFAC) Marianas sponsored presentations on how to do business with the military at the 2nd Annual Guam Industry Trade Fair held at Hyatt Regency Guam in Tumon Sept. 24.

Guam Contractors' Association hosted the all-day event to show what services and products are available to accommodate the military's planned buildup on the island. More than 100 local and off-island businesses in fields such as communications, construction, engineering, insurance, supply, transportation, and more set up booths in order to meet with attendees and answer their questions.

Speaking in front of more than a dozen attendees, Al Sampson, small business advisor at NAVFAC Marianas, said the command had already awarded \$161.6 million in contracts to small businesses as of the end of August. He said that figure and the amount for larger projects awarded under multiple award construction contracts will grow through the upcoming fiscal year. Sampson identified wharf improvements at U.S. Naval Base Guam and an airfield upgrade at Andersen Air Force Base as two examples.

"You could say we are key players



Contracting: Al Sampson, right, small business advisor at Naval Facilities Engineering Command (NAVFAC) Marianas, and Brandy Untalan, center, Guam and Commonwealth of the Northern Mariana Islands customer service director for U.S. General Services Administration (GSA), pass out information and speak with attendees of the 2nd Annual Guam Industry Trade Fair at Hyatt Regency Guam in Tumon Sept. 24. (U.S. Navy photo by Jesse Leon Guerrero)

because we are the execution arm for the construction and facilities maintenance on Guam," Sampson said. "If it involves building new structures or if it involves maintaining or renovations, ... NAVFAC Marianas will do that."

As part of his presentation, Sampson said a business interested in becoming a Navy contractor must have

excellent management capabilities, be responsive and provide quality work, be computer savvy, stay current with web-based programs and maintain safety as a priority. Sampson said he can help guide businesses pursuing contracts and he encouraged them to network with organizations such as Guam Procurement Technical Assistance Center (PTAC),

36th Contracting Squadron, and U.S. General Services Administration, and Defense Logistics Agency (DLA).

Chris Dunsmore, DLA liaison, advised businesses to look at how they can fit into the supply chains that DLA supports. Worldwide, DLA provides Department of Defense with equipment, food, fuel and energy, medical supplies, and other items.

"Just like everybody else we're going to grow proportionately with the amount of people and the buildup that comes here," Dunsmore said. "We anticipate our sales and services increasing, and if you end up being one of those providers of that commodity or service your business can grow, too."

Carlo Leon Guerrero, a general manager for a local business that has worked as a subcontractor for the Navy for several years on Guam, said competition has grown on Guam but he is optimistic about the opportunities expected from the buildup.

"It's a matter of being able to take what's out there and filtering through all the wealth of information to find out what suits your business," Leon Guerrero said. "If it doesn't suit your business, where can you expand your business to team up to meet other needs that the military has?"

Ray McCarver Jr., a retired U.S. Army colonel who now works as a

deputy director for a cargo service that operates nationally and internationally, visited from Malaysia to see what was available at the fair. McCarver said he applauds NAVFAC Marianas' efforts to provide information and assistance to businesses interested in working with the military.

"What we want to do is introduce ourselves and build contacts with some of the large construction companies that have been awarded contracts, so we can market our services to them," McCarver said. "From what I've seen thus far, this has been an excellent opportunity for us."

McCarver said he would consider offering employment to local residents if his business opens an office on Guam. For more information about small business advice and contracting information, call Sampson at 339-7090 or visit <https://small-business.navfac.navy.mil>.

## MORE CONTACTS

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# Air Force remembers POW/MIA



Formation: Airmen from the 36th Mobility Response Squadron stand in formation during the Prisoner of War/Missing In Action wing retreat ceremony at Andersen Air Force Base Sept. 23. (U.S. Air Force photo by Senior Airman Nichelle Anderson)



Wreath Laying: Brig. Gen. John Doucette, 36th Wing commander, and Francisco Carbullido, former prisoner of war (POW), carry a wreath to the memorial at Andersen Air Force Base during the Prisoner of War/Missing In Action wing retreat ceremony Sept. 23. Carbullido was captured in Wake Island and was a POW in China and Japan for more than three and a half years. He is the last surviving WWII Wake Island defender. (U.S. Air Force photo by Senior Airman Nichelle Anderson)



Lowering the Flag: Honor guardsmen lower the flag during the Prisoner of War/Missing In Action wing retreat ceremony at Andersen Air Force Base Sept. 23. This year's retreat kicked off with a 24-hour run at Arc Light Memorial Park followed by a wreath laying. (U.S. Air Force photo by Senior Airman Nichelle Anderson)



Honor Guardsmen: Honor guardsmen fold the flag during the Prisoner of War/ Missing In Action wing retreat ceremony at Andersen Air Force Base Sept. 23. This year's retreat kicked off with a 24-hour run at Arc Light Memorial Park followed by a wreath laying. (U.S. Air Force photo by Senior Airman Nichelle Anderson)

# USS Frank Cable pins 10 new chiefs

By Mass Communication Specialist 3rd Class (SW) Anna L. Arndt  
USS Frank Cable (AS 40)

An important milestone in any enlisted Sailor's career is the day when a first class petty officer advances in rank and becomes part of the chief petty officer (CPO) community.

The CPO rank was first introduced in 1893. Throughout their careers, chiefs strive to motivate and influence junior Sailors. This tradition is passed down each year as worthy first class petty officers are promoted to chief petty officers.

Ten USS Frank Cable (AS 40) Sailors were advanced to the rank of chief petty officer and welcomed into the CPO community at U.S. Naval Hospital Guam Sept. 16.

Frank Cable's newest chiefs are Chief Machinist's Mate (SW/AW) Arturo Alvarez, Chief Hull Maintenance Technician (SW/AW) Adrian Armstrong, Chief Electronics Technician (SS) Jonathan Bute, Chief Hospital Corpsman (SW/FMF) Akely Byfield, Chief Logistics Specialist (SW) Shalanna Fridia, Chief Logistics Specialist (SW) Erik Spaulding, Chief Navy Diver (DSW/EXW) Phillip Strautman, Chief Hull Maintenance Technician (SW/AW) Ernest Sumner, Chief Sonar Technician Submarines (SS) Raymond Szymczak and Chief Machinist's Mate (SW/AW) Wilson Valencia.

"This time of year is one that brings the entire chiefs' mess together," said Senior Chief Hull Maintenance Technician (SW) Byron Gibbs. "It serves as a reminder of what we stand for, our heritage and



Chief's Cover: The submarine tender USS Frank Cable (AS 40) Chief Machinist's Mate (SW/AW) Wilson Valencia receives his new chief's cover from Senior Chief (SW/AW) Sancho Poblete during the chief petty officer pinning ceremony Sept. 16 at U.S. Naval Hospital Guam. (U.S. Navy photo by Chief Mass Communication Specialist Jennifer L. Walker)

our future. It was an honor and privilege to be a part of bringing the newest generation of chiefs into our mess."

Chief petty officers serve a dual role in the Navy as both technical experts and as leaders. A chief is required to be a fountain of wisdom, an ambassador of good will and an authority on personnel relations, as well as a technical matter expert. These qualities continue to be perfected with experience and maturity until retirement.

"I feel very honored to have been selected to be a chief petty officer," Byfield said. "This is the culmination of all the hard work and sacrifices that I and the people around me have set forth. Being a chief means that I get to continue the honored tradition of excellence and deckplate leadership exemplified by all

the other chiefs who have served and are still serving honorably."

Chief pinning ceremonies require many hours of planning and preparation, as well as the time and participation of current and newly promoted chiefs.

"It was Frank Cable chiefs that made this one of the most efficient and effective inductions that I have been a part of," Gibbs said. "Their dedication of numerous off-duty hours and personal resources allowed all events to be successfully executed in a manner to enhance the process. This year's induction proves our Chief's mess is moving forward. I'm very proud to say I'm a Frank Cable chief."

Cable is currently undergoing upgrades at Guam Shipyard for the Military Sealift Command (MSC) integration.



Chiefs in Waiting: The submarine tender USS Frank Cable (AS 40) chief petty officer selects wait patiently to receive their anchors at their pinning ceremony at U.S. Naval Hospital Guam Sept. 16. Cable is currently undergoing upgrades at Guam Shipyard for the Military Sealift Command (MSC) integration. (U.S. Navy photo by Mass Communications Specialist 3rd Class Anna L. Arndt)

## Defense Department launches Absentee Voting Week

By Karen Parrish  
American Forces Press Service

The Department of Defense announced Sept. 27 Absentee Voting Week, which lasts from Sept. 27 to Oct. 4, to help service members and civilians serving outside their home states make their votes count.

With all U.S. House of Representatives and some U.S. Senate seats at stake during the mid-term elections Nov. 2, the department's Federal Voting Assistance Program (FVAP) has launched a new set of tools to connect voters with their state election processes.

Bob Carey, FVAP director, said the program's online electronic voting support program and federal write-in absentee ballot are designed to ensure voters get the appropriate ballot and can submit it before deadline.

FVAP's voting support program, launched this year, offers precinct-specific online ballots and submission instructions for the 19 states so

far participating: Virginia, Utah, Montana, New Jersey, Nevada, Kansas, Mississippi, Washington, New Mexico, Indiana, Nebraska, Missouri, New York, Delaware, West Virginia, Idaho, Arkansas, Colorado and Tennessee.

Through the online program, located at [www.FVAP.gov](http://www.FVAP.gov), "We can actually give you a direct link to your state's ballot delivery system," Carey said. "Or if your state doesn't happen to have that, then we have an online ballot that has all your federal candidates. You can select online and print out the ballot online. It will give you a pre-addressed envelope and complete instructions about how to get the ballot back home."

Some states allow ballots to be returned by fax or online, but the military postal service will express-mail any ballots military members or their spouses submit from overseas, said Carey.

"So Bear County, Texas, has al-

ready gotten back two ballots from Korea that were sent back by the express mail," Carey said. "E-mailed out on Friday, and the voter got it, put it right in the mail, it got express-mailed back, was back in San Antonio's hands on that Tuesday. Four-day turnaround."

FVAP also relies on unit commanders and voting assistance officers worldwide to help troops and civilians get their ballots back on time.

"We have over 9,500 voting assistance officers in the military," Carey said. "They're doing a good job; they got the military registered at a higher rate than the general population. What we're finding, though, is that while 91 percent of the absentee ballots in the general population are returned, only 63 percent of the military ballots were returned [during the last election cycle]."

In the past, ballots were sent by mail, which slowed the voting process and meant some absentee

ballots weren't received before voting deadlines, Carey said.

"Now they're being sent by e-mail or being posted online. We've taken a 30-day transmission process and reduced it to 30 milliseconds," Carey said. "Hopefully that's going to be one of the biggest things we can get out there - let people know they don't have to wait."

For troops deployed to remote locations where computers and printers aren't generally available, units may need to make special arrangements, Carey said.

"What we're urging all the units to do during Absentee Voting Week [is] to maybe set up one day where they have a computer available that has a printer available so anyone can come on in and at least get their ballot printed out if it's being delivered by e-mail or online delivery," Carey said.

Carey said FVAP also is using social networking tools to reach potential voters.

"FVAP is on Facebook, and we have a tool, an invitation for people to send to all their friends to say, 'Hey, here's how you can get your ballot now.' And if they go to the Federal Voting Assistance Program Facebook page, they can find out all that as well," Carey said.

The program's goal is to make the FVAP website the only tool that Defense Department absentee voters need, he said.

"We're trying to make the FVAP Web site the single portal to be able to go to any state, any system, and it will be seamless and intuitive for the voter," Carey said. "The experience of a California voter may be very different than the experience a New York voter has, because of the technology used. But hopefully, the experience in terms of the ease of voting is the same."

For Navy specific information or voting questions visit the Navy Voting Assistance Program website <http://go.usa.gov/xGS>.

# Marines train at Andy South

Training: More than 130 Marines attached to the 3rd Reconnaissance Battalion (RB) stormed into Andy South during an exercise in support of Valant Shield 2010 Sept. 22. Twenty-five 736th Security Forces Squadron Airmen participated as opposing forces, defending the mission objective. The 3rd RB conducts amphibious

and ground reconnaissance for the 3rd Marine Division and Marine Forces Pacific, operating in the commander's areas of influence. The battalion is based out of Camp Schwab, a satellite base of Marine Corps Base Camp Smedley D. Butler, on the Okinawa Prefecture, Japan. The missions they performed during the training included, long-

range reconnaissance and surveillance, tactical recovery of aircraft personnel, hydro-graphic surveys and beach reconnaissance, small unit raids and selected prisoner snatches, underwater searches, and evacuation of American civilians from hostile environments. (U.S. Air Force photos by Airman Julian North and Airman 1st Class Anthony Jennings)



# Spouse's club lends a hand to four-legged neighbors



**Pet Food:** Debra Papalia, president of the Enlisted Spouse's Club, unloads bags of dog and cat food at the Guam Animals In Need shelter in Yigo Sept. 21. The club hosted a bake sale to help replenish the shelter's depleted supply after a robbery in early September. (U.S. Air Force photo by Airman Whitney Amstutz)

By Airman Whitney Amstutz  
36th Wing Public Affairs

Ten members of the Andersen Enlisted Spouse's Club loaded three shopping carts worth of food and supplies into a pickup truck and headed over to Guam Animals In Need (GAIN) Sept. 21.

GAIN is a nonprofit organization dedicated to the prevention of cruelty to animals and to the public education of matters pertaining to animals and their welfare. More than 5,000 dogs, cats and rabbits pass through the gates of GAIN each year. The staff provides unconditional care and shelter to these strays in the hope that they will one day be adopted.

In early September, GAIN was robbed and more than 600 pounds of food and supplies were stolen. This loss left the shelter with a crippling shortage.

"This is the fourth break-in we have experienced," said Winnie Escobar, GAIN employee. "With the amount of animals we receive, a loss like this is severe. An average of 400 animals comes in each month and we were not sure if we would be able to support their needs."

When Enlisted Spouse Club members caught wind of this predicament, they took it upon themselves to raise funds to help replenish the supply.

"The club sponsored a kennel at GAIN last year," said Rachael Hoefling, Enlisted Spouse Club publicist. "We had planned to raise money to sponsor the kennel again this year by hosting a bake sale. It just so happened that we heard about the robbery around the same time and the group voted to not only sponsor a kennel, but donate a portion of the proceeds to help GAIN get back on their feet."

Team Andersen did not disappoint and came out in force to support the Enlisted Spouse's Club mission.

"Normally at a bake sale we make somewhere around \$500," Hoefling said. "This time we raised an incredible \$1,336. With that money we were able to sponsor the kennel and fill three shopping carts full of dog and cat food for GAIN."

In addition to the donations GAIN received from the Enlisted Spouse's Club, other groups and units throughout the base stepped up and made donations of their own. The shelter, which is now fully stocked, can resume its mission protecting and caring for those who cannot care for themselves.

"There are a lot of people who are more than happy to donate to a good cause," Hoefling said. "We plan to make several more donations to GAIN throughout the year. After all, who doesn't love animals?"

# Fire Prevention Week promotes alarm use

By John Taijeron

U.S. Naval Base Guam Fire Prevention Chief

“Smoke alarms: A sound you can live with” – that’s the message for Fire Prevention Week 2010 to be celebrated Oct. 3-9.

Each year, hundreds of Americans across the country lose their lives or are seriously injured simply because they did not take the time to ensure that they had a working smoke alarm in their homes.

Fortunately, there have been no recorded casualties resulting from fire on U.S. Naval Base Guam (NBG). Nevertheless, as a community we need to take the threat of fire seriously and become more fire-safe in our homes and workplaces. The misconception that “it will never happen to me” and the lack of fire safety awareness need to be addressed. It may indeed happen to you. Fire can start anywhere and anytime -- and death, serious injury and significant

property damage may result.

It is important that the necessary precautions are taken to prevent accidental fires from ever starting. When fires do start, it is important that homes and workplaces have reliable smoke alarms in good working order so that occupants will be alerted in time to escape with their most important possession – their lives. A smoke alarm alert also makes it more likely that firefighters will be able to respond in time

to minimize damage.

The majority of fires NBG engine companies have responded to are house fires. Most of these fires were reported to have started in the kitchen area of the homes. A smoke alarm in the kitchen may well serve to alert residents to the unattended pot of grease that catches fire or the flames resulting from children playing with the stove.

Not only is it important to have smoke alarms in houses but to check

that they are working. Without regular testing of a smoke alarm, it is quite easy for the batteries to wear down, for example, with no one being aware.

It is true that smoke alarms are sometimes triggered in non-dangerous situations. While this may be annoying, it is important that the alarm be left intact. After all, a house fire is much more annoying than the sound from the smoke alarm will ever be, and it may save your life.

## Fire Facts

From 2003-2006, roughly two-thirds of home fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms.

- No smoke alarms were present in 40 percent of the home fire deaths.
- In 23 percent of the home fire deaths, smoke alarms were present but did not sound.
- Nuisance alarms were the leading reason for disconnected alarms.
- In 2008, U.S. fire departments responded to 386,500 home fires.
- Home fires killed 2,755 people and injured 13,160. Roughly eight people died in home fires every 40 minutes. 83 percent of all deaths and 79 percent of fire injuries resulted from home fires.

Source: U.S. Naval Base Guam Fire and Emergency Services

## Schedule of Events:

Oct. 1: Posting of Fire Prevention Week banners at all Naval Installation gates, Department of Defense Education Activity schools, Child Development Centers, main NEX, and Commissary for the month of October.

Oct. 1, 1 p.m.: Ribbon-cutting ceremony by U.S. Naval Base Guam commanding officer for two new fire apparatus at fire station No. 1.

Oct. 2, 10 a.m.: Navy Fire Prevention Week kickoff parade of fire department vehicles

throughout all Navy family housing areas on Guam.

Oct. 3, 9 a.m. Fire Prevention Week kickoff parade and display with Guam Fire Department. Parade starts at Yigo Fire Station and ends at Agana Shopping Center where the static display will be held in the parking lot.

All Navy fire stations will be open to the public during October for station visits and tours. Contact the respective fire stations for scheduling.

## Parade Routes

U.S. Naval Base Guam Lockwood and Harbor View – From SB1 parking lot to Aldridge, right on New Street, right on Fleming, left on Dyess Avenue, right on Orote Point Road, onto Marine Corps Drive to Haputo Road. Right on Haputo Road, left onto Breakwater Avenue onto Shoreline Drive and return to station.

New Apra – From Plumeria Street towards Apra View, right on Mt. Alutom onto Asiga Lane, left on Mt. Lamlam and right on Rota Street onto Cabras Lane and return to fire station.

Nimitz Hill – From Turner Road around the loop and to Flag Circle and return to fire station.

Naval Computer and Telecommunications Station – From Royal Palm Drive to Banyan Circle, to Courtney Street onto Dennis Street and return to fire station.

# Smoke alarms: A sound you can live with

## By Andersen Fire Prevention Flight

If you were sound asleep when a fire broke out in your home, do you think the smoke would awaken you? If you think so, you're dead wrong. When there's a fire, the smoke may actually put you into a deeper sleep. That's why smoke detectors are so important; detectors provide an early audible warning of a fire, and can provide extra time to escape safely.

As a minimum, in accordance with the National Fire Protection Association, smoke detectors should be placed in an area in the immediate vicinity of every sleeping area, in every bedroom and at each level in the home. This includes basements and tops of stairways. Detectors should also be located in family rooms and other places where a fire may go undetected for a long period of time.

Detectors should not be placed in locations that will result in false

alarms such as in the kitchen, near air conditioning or heating grates, or near the bathroom where steam may cause it to activate. Constant alarm activations may lead to one ignoring the detector in the event of an actual fire.

Testing and maintenance of smoke detectors is very important. Check the testing procedures described by the manufacturer of your detector. There are several types of detectors and testing methods differ. Smoke detectors powered by household electrical current should be tested once a month, and battery powered detectors should be tested weekly.

Newly renovated base housing units have a battery backup type detector. When the power goes off the smoke detector will still function. Most battery-operated detectors will indicate when it is time to change the battery by means of a flashing light or a chirping sound that will repeat every sixty seconds or so. Smoke detectors will

### Fire Prevention Week 2010 Oct. 3-9

Andersen Air Force Base  
Kickoff parade with the emergency vehicles from the Andersen Fire Department begins Oct. 3, 4 p.m.

#### Parade Route

Start intersection of Ulithi Boulevard and Santa Rosa Boulevard.

Right on Papaya Drive  
Left on Polynesian Drive

Right on Hibiscus Lane  
Left on Carabao Avenue  
Left on Tarague Avenue  
Right on Polynesian Drive  
Right on Plumeria Drive  
Left on Leyte Lane  
Right on Polynesian Drive  
Right on Marianas Boulevard  
Right on Midway Drive  
Left on Plumeria Drive  
Right on Ponape Boulevard  
Right on Ulithi Boulevard  
Right on Rota Drive

give years of service and protection with just a little bit of maintenance.

If your home does not have a battery-operated smoke detector as backup, you can get one from the Self Help Store. As a minimum, a smoke detector should be installed in each sleeping area and in the hallway by the bedrooms.

Having an operational smoke

detector means nothing if you aren't prepared for what to do when it goes off. Families should plan an escape route and then practice it. Everyone should evacuate the house immediately when the detector sounds and meet at a predetermined location. This must be practiced often so it can be done quickly, even in the middle of the night.

The emergency number for Andersen Air Force Base (AFB) is 911. Emergency calls from base housing are connected downtown to the Government of Guam emergency dispatcher. The caller should tell the operator they are from Andersen AFB and have the call transferred to the Andersen Fire Department.

When calling the fire department, give your name, address, street or building number. If possible, state the type of fire and location within the home. Remember never hang up the telephone until you are told to do so by the operator. All fires are reportable, whether they have been put out or not. Meet the fire vehicles and tell the fire fighters whether everyone is out of the house, and inform them of the location of the fire.

If you have any questions about smoke detectors or other fire prevention matters, please call the Fire Prevention Section at 366-5264/5261.

# A few steps to save energy, money

By David M. Motroni

U.S. Marine Corps Energy Program  
Energy Manager

Do you live in base housing? If you do, look around your home and see what uses energy.

I just moved into base housing and immediately made some minor changes that will save energy. Keep

in mind these changes are not permanent. Whether you pay out of pocket for your house or you get some type of allowance, saving energy will be good for you and your team.

Below are a few



energy conservation steps that can be implemented at home:

Replace all incandescent lamps with compact fluorescent (CFLs) lamps

Try to wash dishes and cookware by hand. Wash a full load of dishes when utilizing a dishwasher.

Water your lawn in the early

morning hours or sunset.

Use natural light vice flipping on the light switch.

Look at doors and windows to see if they are sealed correctly. Poorly sealed doors and windows will allow hot or cold air to enter the home causing a higher heating or cooling load.

Turn off all electrical items when

not in use.

Unplug "vampires," which are electrical items that remain plugged in all the time. Examples are cellular phone chargers and toasters.

The above items are just a few simple measures to save energy at home and in the workspace. Remember, it is a team effort and it is you that can make a difference.

## LRS: A year of planning and hard work makes for success

Continued from Page 1

not support," Campbell said. "In order to provide sufficient transportation, a wing government vehicle recall was executed. We were then able to provide 83 vehicles to visiting Airmen and a total of \$47,000 was saved on rental fees."

In addition to these obligations, the LRS successfully supported the fueling and defueling requirements of more than 100 visiting aircraft. "The fuels flight has exceeded the average fuel issued per month in only six days," Campbell said. "On the first day of the exercise, more than 400,000 gallons of fuel were pumped. That amount is enormous and what we usually pump over the course of a month."

Though fueling may seem like a simple feat, it can quickly become complicated when dealing with such a large quantity of aircraft. The LRS coordinated with the Operations Support Squadron to determine airfield management and parking arrangements.

"We had to determine how we were going to fuel them," Campbell

said. "The set-up determines whether we're going to fuel them in the hydrant pits or use trucks and the sheer numbers involved made things really tight and left no room for flexibility. Planning is so important in an exercise of this magnitude."

Not only does the LRS play a key role in integrating and sustaining additional forces at Andersen, they are it is also responsible for the redeployment of Valiant Shield Airmen.

"Redeployment is also a large part of the exercise," said Capt. Chris Jacobson, LRS installation deployment officer. "We began planning the redeployment three days after the exercise started. You have to make sure that everyone leaves the base efficiently."

The LRS worked closely with various groups to ensure the operation was completed smoothly and successfully.

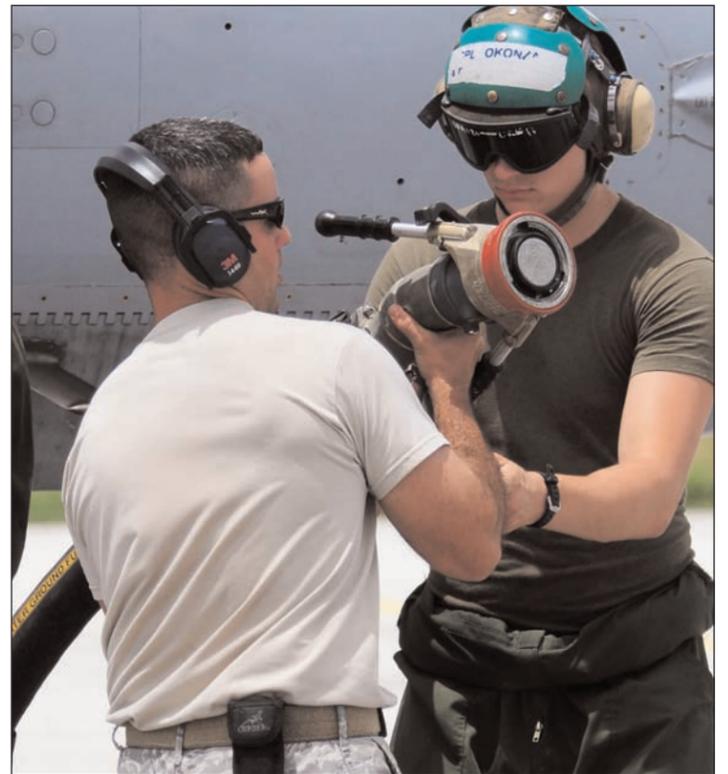
"We coordinated with the redeployment assistance team and distributed 36th Wing turn-in procedures to all Valiant Shield Airmen," Jacobson said. "By the end there

were 49 deployment missions scheduled."

After the conclusion of the exercise, Airmen from the LRS breathed a sigh of relief and compiled an after-action report on behalf of the 36th Wing.

"This has been an eye-opening experience," Jacobson said. "We're used to working with Air Force units on a day-to-day basis. For this exercise, we worked closely with the Navy, Marines and civilians. We had never coordinated with many of these groups before, but it was a rewarding experience."

Refuel: Members of the 36th Logistics Readiness Squadron and Marine Wing Support Squadron 171 perform a hotpit refuel on a F/A 18 Delta Hornet on the flightline on Andersen Air Force Base (AFB) Sept. 14. Units across the U.S. military are at Andersen AFB, participating in Valiant Shield, an integrated joint training and interoperability exercise among U.S. military forces. (U.S. Air Force photo by Airman Julian North)



### News Notes

#### Job Announcements

Interested individuals can view the vacancy listings at

<https://www.cnmc.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 339-4222/6210.

#### U.S. Naval Base Guam

Supvy Firefighter, Closes Oct. 6

#### Employment Opportunities

Looking for a part time job? 36th Force Support Squadron offers multiple employment opportunities. Current job vacancies and job descriptions within 36th Services are available online at

[www.36thservices.com](http://www.36thservices.com) by clicking on HRO jobs. For more information, visit the Human Resources Office (HRO) or call 366-6141.

#### Hispanic Heritage Fiesta

The Hispanic Heritage fiesta is scheduled for Oct. 2, 11 a.m.-3 p.m. in front of NEX on U.S. Naval Base Guam. There will be music, food, games, prizes, Zumba, and dancing performances. For more information, call 339-6323 or 888-8428.

#### U.S. Naval Base Guam Bus Shuttle

Starting Oct. 1, four busses will have shuttle routes around U.S. Naval Base Guam and to Polaris Point and Naval Munitions Command. There will be no charge. The service is available to military ID and CAC holders. The bus schedule is as follows:

- Daytime shuttle
- Seven days a week, 8 a.m.-4 p.m.
- Rush hour shuttle
- Monday-Friday, 6-8 a.m., 4-6 p.m.

#### GWA Online Payments

Beginning Oct. 1, Guam Waterworks Authority (GWA) will accept online payments at [www.guamwaterworks.org](http://www.guamwaterworks.org). GWA already accepts credit card payments at its Tumon office which is open from 7:30 a.m.-6 p.m. Monday-Friday. Additionally, GWA customer service representatives are now located at the Guam Power Authority Julale Shopping Center office in Hagatna and can accept credit card payments there as well. For more information about online payment log onto the GWA website at [www.guamwaterworks.org](http://www.guamwaterworks.org).

#### Navy Citizenship Codes

Service members who become naturalized citizens should immediately report citizenship changes to their local service record holder. Some Personnel Support Detachments may not have access to the appropriate codes required to enter citizenship changes in the Navy Standard Integrated Personnel System. For a list of codes, refer to the Bureau of Naval Personnel (BUPERS) Instruction 1080.53, Enlisted Distribution and Verification Report Users' Manual, Section 11.3 Citizenship. This document can be accessed online at: <http://www.npc.navy.mil/NR/rdonlyres/0899052A-1212-437B-9FB1-0DF3CF366858/0/108053.pdf>.

# Coastal Cleanup: Proud to help out

Continued from Page 1

help out the local community, we don't think twice," he said. "I'm especially proud of Petty Officer Rogina for putting it together. She is a real leader among her peers."

Submarine Squadron 15 Sailors also helped to clean up the Oka Point site.

"All the stuff that's here eventually ends up in the ocean and that's something we've got to protect," said Master Chief Machinist's Mate (SS) Ted Whitmer, of Submarine Squadron 15. "If we

get it now before it ends up in the water, we're better off."

Explosive Ordnance Disposal Mobile Unit 5 Sailors gathered about 300 pounds of debris off the ocean bottom as they dove off the command's boat near the entrance to Apra Harbor.

"We combined training with the cleanup," said Operations Specialist 1st Class (EXW/SW) David Wilson. "They did a training dive and while they were down there, they picked up trash."

About 100 students from Guam High School (GHS), including Sea Cadets and members of the

Junior Reserve Officer Training Corps (JROTC), cleaned at the War in the Pacific National Historical Park Asan Beach Unit.

"We covered the whole area; it was actually pretty clean, but we picked up what there was," said retired Cmdr. Doug Bowling, the senior naval science instructor at GHS.

Air Force personnel combed the coastline at Tarague Beach on Andersen Air Force Base (AFB). This year's event marks the first time the beaches on Andersen AFB were included in the cleanup. Team Andersen members were enthusiastic

about the effort.

"I like volunteering because you meet a lot of new people and learn a lot about the island," said Abriham Amaison Jr., a civilian employee and volunteer at Tarague Beach. "The island is beautiful and there is a lot you need to know so you won't destroy its beauty."

One motto used among Team Andersen members regularly is, "to leave the place better than you found it." The motto reflects the action displayed through the cleanup effort.

"It's really about getting the

community here more involved and familiar with the cultural resources and wildlife," said Leanne Obra, 36th Civil Engineer Environmental wildlife biologist. "If they see the impact trash can have on the ecosystem, they'll be more willing to help preserve it."

After the event, comprehensive data on the quantity and types of trash are tabulated and compiled as part of the Ocean Conservancy's annual report.

For more information on the International Coastal Cleanup, visit <http://www.oceanconservancy.org>.



Tarague: Team Andersen volunteers scour the shoreline at Tarague Beach Sept. 25, as part of the 16th International Coastal Cleanup. The event marks the first time the beaches on Andersen were included in the cleanup effort. A total of 17 different sites across Guam were cleaned up by volunteers from local schools, churches, and other military and private entities. (U.S. Air Force photo by Airman 1st Class Mariko Frazee)



Trash: Master Chief Constructionman (SCW) Alan Charpentier, of Naval Mobile Construction Battalion 11 Detachment Guam, loads trash from the cliff at Oka Point in Tamuning, Guam as part of the 16th International Coastal Cleanup Sept. 25. Charpentier was one of an estimated 3,000 plus total volunteers who participated in the cleanup on Guam including hundreds of members of the island's military community. (U.S. Navy photo by Frank Whitman)

## Why did you volunteer at the International Coastal Cleanup?

Joint Region Edge asked its readers why they volunteered in the 16th Annual International Coastal Cleanup.



"[My wife and I] really enjoy the beaches here and when we got here the first thing we noticed was all the trash on the beaches. So when we heard about this, we thought, 'this is the greatest thing we could do.' There's certainly a need for it and we thought we'd come down and help."

— Ensign Richard Russell, U.S. Coast Guard Sector Guam



"I get to come down and be with friends and help the environment. I appreciate the history of the area [at War in the Pacific National Historical Park Asan Beach Unit]."

— Zach MacKeller, Guam High School sophomore



"It's something fun to do on the weekend and it helps to make Guam beautiful."

— Construction Mechanic Construction Apprentice (SCW) Timothy Johnson, Naval Mobile Construction Battalion 11 Detachment Guam



"I don't have as much time to volunteer as I would like to, so when I get the chance, I make sure I do everything I can to get others involved as well. It's a commitment to the community and wildlife so others can enjoy them in the future generation."

— Lt. Col. Michael Staples, 36th Civil Engineer Squadron



"I like volunteering. It's really fun and helps the environment. I get to work with my dad, which I really like to do and want to do every day."

— Benjamin Staples, son of Lt. Col. Michael Staples

# Guard adjutant general recognized by Philippine secretary of defense



Presentation: Republic of the Philippines Secretary of Defense Voltaire T. Gazmin, right, congratulates Maj. Gen. Donald J. Goldhorn, the adjutant general of the Guam National Guard, after presenting him with the Republic of the Philippines' Outstanding Achievement Medal during a ceremony at the Armed Forces of the Philippines (AFP) headquarters in Camp Aguinaldo, Manila, Philippines Sept. 4. Jan Goldhorn, left, wife of Donald Goldhorn, and Lt. Gen. Ricardo A. David Jr., AFP chief of staff look on. (Photo courtesy of the Armed Forces of the Philippines Public Affairs Office)

By Capt. Ken Ola

Guam Army National Guard Public Affairs

Maj. Gen. Donald J. Goldhorn, the adjutant general of the Guam National Guard, was awarded the Republic of the Philippines' (RP) Outstanding Achievement Medal by the country's secretary of defense at a ceremony Sept. 4.

The award was given to Goldhorn during the Armed Forces of the Philippines (AFP) Reserve Command 31st anniversary celebration at Camp Aguinaldo, Manila, Philippines. The medal was personally presented to Goldhorn by RP Secretary of Defense Voltaire T. Gazmin.

The award citation stated that the medal was granted "for extraordinary and valuable achievement in support of socio-economic development and other non-combat activities conducted by the members of the Guam National Guard ... and organic personnel of the AFP under the State Partnership Program (SPP)."

The SPP is a program under the National Guard Bureau which partners states with foreign nations to promote and enhance bilateral relations.

The program supports homeland defense by nurturing dependable collaborative partners for coalition operations during this era of persistent conflict. The program links 59 countries to 48 states, two territories (Puerto Rico and Guam), and Washington D.C.

The award citation also noted how Goldhorn had made the partnership between Philippines and Guam an effective joint venture, supporting the AFP and the priority programs of the Philippine national government.

"This award is a reflection of the great initiative and hard work of the soldiers and Airmen of the Guam National Guard, who have been an integral part of all these community outreach programs and various training exercises in the Philippines with the Armed Forces of the Philippines Reserve Command (AFPRC)," Goldhorn said.

"It has been a tremendous honor working with the leadership of the AFP Reserve Command over the last several years," Goldhorn said. "There is no doubt this work has helped forge an even stronger partnership between our two countries, and specifically our organizations - the Guam National Guard and the AFP Reserve Command."

From 2007 to 2010, several community projects were conducted under the SPP. There were seven Medical and Dental Civic Action Projects (MEDCAPS) conducted, which benefitted more than 13,500 patients in different parts of the country, while four Engineer Civic Action Projects (ENCAPS) including school renovations were completed involving Guam National Guard members. As part of the SPP's military professional training program, 14 senior leadership seminars were held, and the first-ever

AFP reserve component noncommissioned officer professional development course was completed.

"We in the Guam Guard remain committed and continue to lean forward with the AFP Reserve Command as we strive together toward the goal of lasting peace and security in our region," Goldhorn said.

During the same weekend that Goldhorn received the award, 21 Guam National Guard soldiers and Airmen, along with six from the Hawaii National Guard, were partnered with AFPRC medical personnel, conducting a MEDCAP at two towns in Laoag City, Ilocos Norte. The province is about a 10-hour drive north of the capital of Manila.

The combined teams treated close to 3,000 residents during the two-day event.

The SPP is a program that reflects an evolving international affairs mission for the National Guard. It promotes regional stability and civil-military relationships in support of U.S. policy objectives.

State partners actively participate in a myriad of activities including bilateral familiarization and training events, exercises, fellowship-style internships, and civic leader visits. All activities are coordinated through the theater combatant commanders, ambassadors' country teams and other agencies as appropriate, to ensure that National Guard support meets national objectives.

# USS Frank Cable's safety stand down

By Mass Communication  
Specialist 2nd Class (AW)  
David R. Krigbaum

USS Frank Cable (AS 40)

The crew of the submarine tender USS Frank Cable (AS 40) is committed to getting the job of submarine maintenance done. Amidst major upgrades and changes at Guam Shipyard, Cable continued doing its duty and executing maintenance for all homeported Guam submarines. The ship's repair department had an all-hands safety stand down Sept. 17 to review what's been done well and lessons learned so the department can perform even better in the future.

"This stand down afforded Frank Cable the opportunity to present the lessons learned from this heavy maintenance period and review the process improvements that have been implemented," said Cmdr. Michael Dufek, the repair officer who put the stand down together.

Cable's Commanding Officer Capt. Tom Stanley also used the time as an opportunity to recognize Sailors with awards during a brief awards presentation at the start of the stand down. He then addressed the crew and praised them for their accomplishments. Cable completed 2,400 jobs, performed depot level maintenance and worked on seven surface ships including an aircraft carrier during the past year. Stanley finished his address with a reiteration of the command's top priori-

ties of safety, production quality and production capacity as well as the command's guiding principles. The principles are procedural compliance, integrity, questioning attitude, forceful backup, teamwork, formality and level of knowledge.

"Every craftsman should follow them like general orders," said Hull Maintenance Technician Fireman (SW) Peter Fruean, "without them there would be more mistakes."

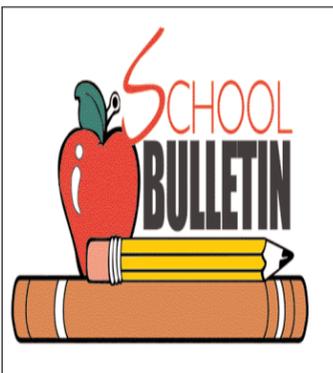
Lt. Cmdr. Scott Greenstein, who had accepted this year's Chief of Naval Operations (CNO) Safety Award for the ship, spoke after the captain to talk about safety, hazardous material handling and changes in procedures Sailors need to be aware of. Lt. Philip Carey, Ensign Brent Deering, Senior Chief Diver (SW/MDV) Jeremy Duplissey, Ensign Elizabeth Cavazza, Ensign John Araiza, Lt. Steven Carlson and Cmdr. Michael Dufek all also took turns at the podium. They presented lessons learned from across the whole repair department to the crew.

"It was good we had the whole repair department there, not just our division, so we could learn from other divisions too," Fruean said. "We might have to do jobs they did before and can learn from how they did it."

USS Frank Cable is completing upgrades at Guam Shipyard for the Military Sealift Command (MSC) integration and preparing for sea trials.



Address: Ensign Brent Deering addresses USS Frank Cable (AS 40) during a safety stand down Sept. 17. The stand down presented Cable Sailors with an opportunity to review lessons learned from across the whole Repair Department. USS Frank Cable is currently undergoing upgrades for her Military Sealift Command conversion. (U.S. Navy photo by Mass Communication Specialist 2nd Class (AW) David R. Krigbaum)



School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 339-7113.

### Department of Defense Education Activity (DoDEA)

School board meetings are scheduled for the second Tuesday of every month at 6 p.m. at a location to be announced. Next meeting is Oct. 12 at Andersen Elementary School (AES).

PDI STARS (Professional Development Institute: Students, Technology, Assessment, Research, and Standards) is a districtwide event in which all DoDEA teachers will be participating. It is scheduled for Oct. 22, 7:30 a.m.-4 p.m. at Guam High School (GHS). No school for students. For more information, contact Maria Rubio at 344-9167.

### Andersen Elementary School

The yearbook staff invites students and parents to submit photos for the yearbook. To submit, log on to [www.images.jostens.com](http://www.images.jostens.com) with the school's log on ID and password. The last day to submit is Feb. 15.

### Andersen Middle School (AMS)

Important dates

Oct. 11: No school, Columbus Day

Oct. 13, 2:30 p.m.: First AMS Parent Teacher Staff Organization (PTSO) meeting in school atrium

### Guam High School (GHS)

Oct. 22: No School, Teacher Professional Development Institute at GHS

### Phone Numbers

Andersen Elementary School: 366-1511

Andersen Middle School: 366-3880/5793

Commander William C. McCool Elementary/Middle School: 339-8678

Guam High School: 344-7410

# Girl Scouts celebrate Public Lands

By Frank Whitman

Joint Region Edge Staff

Military children with fellow Guam Girl Scouts painted, picked up trash and planted oleanders at the War in the Pacific National Historical Park Ga'an Point Unit in Agat, Guam Sept. 25.

The activity was part of the celebration of National Public Lands Day, and marked the 10th year that the Guam Girl Scouts have celebrated the event in partnership with the National Park Service. National Public Lands Day has been celebrated nationally for the past 17 years and is an effort to clean up public spaces including parks and coastal areas.

Of the roughly 650 Girl Scouts on Guam, about 40 percent belong to the 13 troops on bases, according to Mary Castro, director of programs for the Guam Girl Scouts. There are 25 Girl Scout troops on Guam.

Marines Castro, a Navy spouse and co-leader of Junior Troop 146 on Andersen Air Force Base, said that seven girls from her troop were taking part in the activities.

"They are pretty excited and pretty happy to do it," she said. "It helps the girls in so many ways, to help the community and also to earn patches and badges."

Castro's husband, Ensign Javier Castro, aviation maintenance officer with Helicopter Sea Combat Squadron 25, agreed that the event was valuable for the girls.

"It's always a good thing to teach them how to help others by cleaning and planting trees," he said. "They might not see the purpose, but this being a public area, it's good for them to learn how to cooperate with the community and improve the area and the place where we live."

The group, which totaled about



Pitching In: Navy spouse Michelle Paxton and her daughters gather trash on the beach at War in the Pacific National Historical Park Ga'an Point Unit in Agat. They were among 100 participants in the Guam Girl Scouts' celebration of Public Lands Day in partnership with the National Park Service. Paxton's daughter is a member of Daisy Troop 503 on Naval Base Guam. (U.S. Navy photo by Frank Whitman)

100 with family members, planted 18 oleander bushes and painted about 100 of the park's bollards, according to Barbara Alberti, superintendent for War in the Pacific National Historical Park on Guam and American Memorial Park on Saipan.

In addition to the community service, the area's history was of added benefit, Alberti said.

"Not only are they cleaning up their national park, but it's a great opportunity to learn about both the historical and the natural resources on island," she said. We have both here; they were planting trees and

they're also cleaning up these Japanese World War II bunkers, which are all historic sites."

Navy spouse Michelle Paxton, whose 6-year-old daughter is a member of Daisy Troop 503 from U.S. Naval Base Guam, said that about 20 girls from the troop participated in the cleanup.

"It's fun for the kids to get out here and see something new; they haven't been down here before," she said. "It's great for them to clean up and learn how to plant trees and see the purpose of the beach cleanup."

Senior Chief Hull Maintenance

Technician (SW) Mark Williams, of USS Frank Cable (AS 40), said the event was not only good for the participants but also part of a worthwhile tradition.

"[We're] having fun and helping out with the community and bridging that gap between the community and the girl scouts to make future leaders, Williams said.

For more information about the Guam Girl Scouts, call 646-5652. For more information about the War in the Pacific National Historical Park, visit <http://www.nps.gov/archive/wapa/in-depth/sections/aboutPark.htm>.

# Donne festival gives attendees a taste of pika

By Jesse Leon Guerrero

Joint Region Edge Staff

The central village of Mangilao held its first Donne Festival at the Mangilao International Market Place Sept. 27.

Donne, (DOH-nee) as it is called in Chamorro, is the red, hot pepper that grows on bushes throughout the island. Local residents commonly use donne as a spicy ingredient in chicken and beef dishes, and it is almost always added to the Chamorro soy sauce-based condiment called finadene (fin-uh-DEN-nee).

Donne are valued for their intense, hot flavor, which is called pika (PEE-kah) in Chamorro. The Chamorro language differentiates pika from hot temperature, which is called maipe (MY-pee).

Paul Mendiola, co-coordinator of the fair, said Mangilao chose donne for its theme because the village is known for growing peppers and other villages have begun holding their own festivals with fruits.

In between booths showcasing the arts and crafts of Guam and the Pacific region, attendees had a chance to sample donne added to ice cream, jam spread and chili from Guam Community College's (GCC) culinary program and other vendors.

Jennifer Mapa, a second-year GCC student, said donne is a popular ingredient because it blends well and many local residents like spicy foods. Mapa passed out cups of her chili, which contained a mix of pork, beef, a

variety of herbs and red peppers.

"I think a lot of people like putting it on rice, and they like how it's hot," Mapa said. "When you put donne in, it gets really hot."

## Standard chili with donne recipe:

1 pound of ground pork  
1 pound of beef tenderloin or round cut beef

2 cans of pinto beans, kidney beans and any other beans preferred (exact amount by preference)

Tomato sauce (exact amount by preference)

1 Tablespoon of Italian herb mix  
1 Tablespoon of chili powder mix

Oregano, parsley  
8 donne — local red peppers  
Tomato paste and tomato sauce are optional for a stronger flavor.

Directions  
Dice the pork and beef, then mix together in a cooking pot.

Place enough beans and tomato sauce into the pot to equal the amount of pork and beef being used.

Add the herbs and spices.  
Grind the peppers and add to the pot.

Cover and boil the mix.  
Simmer the chili for about an hour and then let it cool down.

Place in the refrigerator for a day or two before reheating and serving.



Spicy: Jennifer Mapa, a second-year student in Guam Community College's culinary program, prepares a batch of chili made with hot peppers, called donne in Chamorro, for attendees of the first Donne Festival held at the Mangilao International Market Place Sept. 26. The festival showcased donne as it is used in local recipes. (U.S. Navy photo by Jesse Leon Guerrero)

# Kids Day 2010: Big success, big crowd, fun for all

By Raeann Spicer

Joint Region Marianas Warfighter and Family Readiness Programs

Morale, Welfare and Recreation (MWR) hosted the 5th Annual Boys and Girls Club of America's Kids Day 2010 at the Big Screen Theater on U.S. Naval Base Guam (NBG) Sept. 25.

To mark the beginning of the event, the crowd gathered in front of the main stage to recite the pledge of the Boys and Girls Club of America.

With cheers and applause, Mae Lizama, CYP Youth and Teen director, announced the beginning of what was set to be a day filled with games, prizes, static displays, food, live performances, entertainment and more.

Hundreds of people stood in line to register their children for the event, which got them a wristband for unlimited games, prizes and free food.

For 5-year-old Grey Gering, the day could not have come any faster. "I put my Kids Day T-Shirt on under my Spiderman pajamas so when I wake up in the morning, I can just take it off and be ready to go," Gering said. "I got a lot of tickets and now I get to pick a big prize."

Crowds of people braved the heat to participate in musical chairs, balloon toss, family relay competitions and other games. There were also performances and demonstrations by the Guam High School cheerleaders, youth hip hop class, youth aikido class, and a local capoeira dance group. The event also featured displays from the NBG Fire and Emergency Services and the Seabees.

To close out the day, people were escorted into the Big Screen Theater for a Magic Show featuring Magician, Lord Jim and his assistant. Lord Jim dazzled the crowd with his ability to levitate tables, pull a real dollar bill from burnt pieces of newspaper, and make birds, bunnies and ducks appear out of thin air.

From face painting to bounce houses, there were a lot of activities for families and friends to enjoy. Only one thing was missing - the rain.

"This is the first time in four years that it did not rain. It was beautiful," Lizama said. "We had a great turnout this year. More than 350 children and teens registered at the event this year and next year's event is guaranteed to be bigger and better."

For more information on MWR events, visit [www.mwrguam.com](http://www.mwrguam.com).



Fun: More than 350 children and teens attended Morale, Welfare and Recreation's (MWR) 5th Annual Boys and Girls Club of America's Kids Day at the Big Screen Theater on U.S. Naval Base Guam Sept. 25. Attendees enjoyed activities ranging from face painting to family relay competitions and a magic show. (U.S. Navy photo by Raeann Spicer)

## FREE

Library Games  
Children ages 5-17  
can visit Andersen  
Library Tuesdays-  
Thursdays, 5-8  
p.m. to  
enjoy  
playing  
video

games from a collection of  
Xbox, Wii or Playstation 3  
games. Children under 10 must  
be accompanied by an adult.  
Sponsors must provide written  
permission to allow minor  
dependents in-house use of

# On a Budget

games and gaming equipment  
and accessories. For more infor-  
mation, call 366-4291.

## Ping-Pong

### Tournament

Oct. 5, 7 p.m.,  
at the

## Hotspot.

Prizes

awarded

for first and sec-

ond place winners. For more  
information, call 366-2339.

## Dart Tournament

Oct. 7, 7 p.m., at the Hotspot.

Prizes awarded to first and

second place winners. For more  
information, call 366-2339.

## UNDER \$10

### Bowling Mondays

Bowl all you want at Gecko  
Lanes every Monday, starting at  
6 p.m. for just \$5 plus shoe  
rental. For more information, call  
366-5117.

### Thirsty Thursdays

Thirsty Thursdays at Gecko Lanes  
every Thursday, starting at 5 p.m.  
Enjoy \$1 games, shoe rentals,  
fountain sodas and more! For  
more information, call 366-5117.

### Karaoke Fun Night

Karaoke Fun Night (weather per-  
mitting) at Bamboo Willies every  
Saturday, 7-10 p.m. For more  
information, call 366-6166.

## \$10 AND UP

Oktoberfest Golf Tournament  
Oct. 16, noon show, 1 p.m. shotgun,  
Admiral Nimitz Golf Course, \$30  
per player (E1-E5, Ret.); \$35 per  
player (E6 & above, Ret.); \$45  
per player (Civilian, DOD)

Sign up at the MWR Main Office  
by Oct.13. For more information,  
call 344-5838.



### FRIDAY, OCT. 1

7 p.m.: Vampires Suck •  
PG-13

### SATURDAY, OCT. 2

2 p.m.: Vampires Suck •  
PG-13

7 p.m.: Nanny McPhee  
Returns • PG

### SUNDAY, OCT. 3

7 p.m.: Lottery Ticket • PG-13

The movie schedule is  
subject to change due to  
circumstances beyond  
Meehan Theaters on  
Andersen Air Force Base.  
**The Meehan Theater  
hotline is 366-1523.**



### FRIDAY, OCT. 1

7 p.m.: Nanny McPhee  
Returns • PG

9:30 p.m.: Charlie St. Cloud  
• PG-13

### SATURDAY, OCT. 2

1 p.m.: Cats & Dogs: The Re-  
venge of Kitty Galore • PG

3:30 p.m.: The Other Guys •  
PG-13

7 p.m.: Scott Pilgrim vs. the  
World • PG-13

### SUNDAY, OCT. 3

1 p.m.: Nanny McPhee  
Returns • PG

3:30 p.m.: Vampires Suck •  
PG-13

7 p.m.: Lottery Ticket • PG-13

The schedule is subject to  
change due to circumstances  
beyond the theater's control.  
**The Big Screen Theater  
hotline is 564-1831 or visit  
mwrquam.com.**

*Source: Navy Morale, Welfare  
and Recreation Office)*

## Chapel Schedule

### Naval Base Guam

Office Hours: Monday-Friday, 8 a.m.-4 p.m.

### Roman Catholic Mass

Saturday Vigil Mass: 5:30 p.m.  
Sunday Mass: 9:30 a.m.  
Sacrament of Reconciliation: Saturday, 5 p.m. and Sunday, 8:30 a.m.

### Protestant Worship Service

Sunday Service: Traditional Service: 8 a.m.  
Contemporary Service: 11 a.m.  
Women's Bible Study: Monday, 9:30 a.m.  
Men's Bible Study: Wednesday, 6 p.m.  
Prayer Time: Thursday, 11:30 a.m.  
Choir Practice: Traditional: Wednesday, 6 p.m.  
Choir Practice: Contemporary: Thursday, 6 p.m.

### Jewish Shabbat

Friday, 6:30 p.m.

### Naval Hospital Guam

Roman Catholic Mass: Monday-Friday, 11:30 a.m.  
Chapel of Hope: Sunday, 9 a.m.

### Andersen Air Force Base

#### Roman Catholic Mass (Chapel 1)

Weekday Mass: Tuesday-Friday, 11:30 a.m.

Saturday Vigil Mass: 5 p.m.

Sunday Mass: 9:30 a.m.

Sacrament of Reconciliation: Saturday, 4:30-4:50 p.m.

Catholic Women of the Chapel: First and third Wednesday of the month, Chapel 1 Annex, 6:30 p.m.

Catholic Youth of the Chapel: Second and fourth Wednesday of the month, Chapel 1 Annex, 6 p.m.

Choir Rehearsal: Saturday 4-5 p.m. and Sunday, 8-9 a.m.

#### Protestant Worship Service

Praise Service: Sunday, Chapel 2, 9 a.m.

Gospel Service: Sunday, Chapel 2, 11:30 a.m.

Emerging Worship Service: Sunday, Lighthouse, 7 p.m.

Protestant Women of the Chapel: Second Monday of each month, Chapel 2 Annex, 6:30 p.m.

Protestant Men of the Chapel: Wednesday, Lighthouse, 7 p.m.

Protestant Youth of the Chapel: Thursday, Chapel 2 Annex, 7 p.m.

Protestant Young Adults: Thursday and Saturday, Lighthouse, 6 p.m.

Protestant Sunday School: (September-May) Sunday, Chapel Activity Center, 10:15 a.m.

*Schedules subject to change. To confirm times or for information about other programs, call the chapels at:*

Andersen Air Force Base: 366-6139  
U.S. Naval Base Guam: 339-2126  
U.S. Naval Hospital Guam: 344-9127

# The dash in between the dates

By Lt. Sherri L. Garrett

U.S. Naval Hospital Guam

Years ago a friend and I took a road trip through Wisconsin searching for the gravesite of a famous preacher. My buddy was on a mission to prove something for a church project. Unfortunately, we never found what he was looking for. However, after walking through several cemeteries I noticed the majority of the tombstones had a date of birth, a dash and a date of death engraved on them. I wondered how some of the deceased had lived, and what went on during the dash? All three markings on a tombstone have significant meaning — representing the beginning of life



and the other the end of life on earth. The smallest etching embodies the history of how one's life was lived. In Chris Rice's song, "Tick Tock," he wrote, "Not the dates on your tombstone but the dash in between." These lyrics draw attention to how we live out the time God has given us on earth. We walk around every day and may not give any thought to the dash.

If you haven't taken the time to reflect on how you are living, pause for a moment and think about the following questions. Have you been mean and hateful or are you a loving and pleasant person to be around? Have you taken care of your family or have you abandoned your responsibilities? Have you

obeyed your spiritual theology or have you lived a reckless and shameful life? Have you given God your best on the job or do you complain all the time and blame others for your problems? So, how is your dash looking?

The dash on the tombstone is a symbol that tells your story. If you want to leave a beautiful and unforgettable legacy, then living life according to God's standards will enhance your ability to do so. Numerous religions have guidelines on righteous living. For example, one of the training practices of Buddhism is Sila which concentrates on virtue, good conduct and morality. Some moral ideas of Hinduism include nonviolence, truthfulness, friendship, compassion, fortitude, self-control, purity and generosity. The Islamic Moral Code is enjoining good and forbidding evil. Love and kindness have been part of Judaism from the very beginning. In

the Bible, Christians are given instructions to live controlled and disciplined lives under the guidance of the Holy Spirit.

Galatians 5: 19-23 (King James Version) tells the Christian to stay away from adultery, fornication, uncleanness, lasciviousness, idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, evening, murder and drunkenness. The characteristics of an authentic Christian are love, joy, peace, long suffering, gentleness, goodness, faith, meekness and temperance.

The dash on the tombstone may seem like a minor detail, but the way we live is a major opportunity to please God and reap the benefits of doing the right thing. I encourage you to be God's best; make the most out of the life that God has given you, for we only have one life to live.

What will your dash represent?

## Still Moments



Top EMS: Delegate Madeleine Z. Bordallo presents Navy Emergency Medical Service (EMS) Provider Jeffrey Cruz, the Extension of Remarks that Bordallo recently read into the Congressional Record in the House of Representatives in Washington D.C. Cruz is the 2009 Navywide Fire and EMS Provider of the Year. He competed against thousands of EMS providers from the hundreds of Navy Fire and Emergency Services stations around the world. Looking on are Naval Base Guam (NBG) Assistant Fire Chief Leecardo Taimanglo, left, and NBG Fire Chief Robert Green, right. The presentation took place at Bordallo's office in Hagatna Sept. 27. (U.S. Navy photo by Annette Donner)



Top Employee: Wayne L. Cornell, left, project director for DZSP 21, presents a letter of appreciation recognizing Rodelio Hernandez as DZSP 21 Employee of the Month for June. Hernandez is a maintenance carpenter at DZSP 21's Sustainment, Restoration and Modernization annex and received the recognition Sept. 24 on U.S. Naval Base Guam. He was specifically recognized for his carpentry and masonry expertise, and for his positive attitude, safe working practices, effective communication and his respectfulness. The letter also lauded Hernandez's availability, efficiency, adaptability, innovativeness and dependability. (DZSP 21 photo by Rey Rebara)

# Got Excuses? CKG has the answers for you

By Mass Communication  
Specialist 2nd Class (SW)  
Corwin Colbert

Joint Region Edge Staff

Charles King Gym is beginning a fitness program that will take its patrons through three dimensions of wellness code named "Got Excuses?" starting Oct. 6.

"This is not a 'come to workout' type of class," Alex Culpepper, the Charles King Gym fitness coordinator said. "The class will offer infor-

mation on an array of topics."

The six-week program will focus on fitness, nutrition and psychological/emotional areas of wellness. The class is open to all authorized Morale, Welfare and Recreation patrons.

Patrons will meet once a week for 90 minutes and be assigned a personal trainer. The format of the classes is a mixture of classroom instruction as well as hands-on fitness sessions. Patrons will be instructed in areas such as clean

eating, using the gym equipment and utilizing their heart rate to determine the optimum range of training intensity.

The new program was drawn up by Charles King Gym Fitness Director Sheila Litty. She said the program was derived from, but has not replaced the gym's "Biggest Loser" competition. The "Biggest Loser" focuses on weight loss, while "Got Excuses" program involves much more, she said.

"We are going to focus on over-

all well-being," Litty said. "This is something I created some time ago. I didn't want to focus on just weight loss. Anybody can lose five pounds, but it doesn't mean they are healthy."

Many health programs deal with fitness and nutrition, however, Litty said she feels the third component, emotional wellness, is extremely important and appropriate for her patrons.

"I am also a military spouse," Litty said. "Within the military, coping with stress can be difficult.

Hopefully the class will teach coping mechanisms and eliminating stress."

Litty invited anyone wanting to improve their lives to sign up for the "Got Excuses?" class.

"The class is free and you get to meet our fitness specialists face-to-face," Litty said. "Free is always nice, and the class will be a great resource to learn some valuable information."

For more information, call 339-1301 or go to [www.mwrguam.com](http://www.mwrguam.com).

## Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail [jointregionedge@fe.navy.mil](mailto:jointregionedge@fe.navy.mil).

### Gab Gab Half Marathon

Gab Gab Half Marathon is scheduled for Oct. 2 at Gab Gab Beach. 5 a.m. show, 5:30 a.m. go. It's free to run. T-shirts are \$8 (pre-reg)/\$10 (day-of-marathon). There will be door prizes and medals for the top three finishers in each division! For more information, call 564-1862.

### Couch Potato to 5K Running Group

If you can walk 20 minutes, you can train to run a 5K! Join this free nine-week running program, starting Oct. 4. Open to all authorized Morale, Welfare and Recreation patrons ages 14 and up. Registration is at Charles King Gym. For more information, call 339-1301 or 564-1862.

### Swimming Lessons

Registration has begun for the next session of swimming classes to begin Oct. 18. Programs available for ages 6 months to 12 years. Fee is \$45 per session. For more information, call 564-1844/5.

### Ultimate Frisbee

Ultimate Frisbee games are played at Sampson Softball Field (near pool) on

U.S. Naval Base Guam. League games are played Tuesdays and Thursdays, 5:30 p.m. Pick-up games are played Tuesdays and Thursdays, 6:30 p.m. For more information, call 339-2365.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

### Aikido Classes

The HotSpot is now offering two types of aikido classes. One is a traditional (hombu) aikido class for all levels. Classes will be held Monday and Wednesday, 5:30-6:30 p.m. for authorized patrons, ages 8-12, and 6:30-8 p.m. for adults. The other class is for law enforcement/combat aikido and is for adults only. This class will be held Tuesday and Thursday 6-7:30 p.m. All classes are \$60 per month per student. Sign up at the HotSpot. For more information, call 366-2339.

### Paintball

Try out your paintball skills at Outdoor Recreation's paintball field located next to the 21000 softball field. Paintball participants must be at least 10 years old to use the facility. Ages 10-17 must be accompanied by a parent. Hours of operation are Friday and Saturday, 11 a.m.-5:30 p.m. and Sunday and holidays, 11 a.m.-5 p.m. Open play is available unless a tournament or special function has been scheduled. For more information, call 366-5197.

### Sign-up for Bowling Leagues

Gecko Lanes Bowling Center is currently taking sign-ups for various mixed leagues (teams comprised of both men and women) for an intramural league and a youth league. Depending on the league, play will begin Sept. 24-30. If you like to bowl and have a great time, join one of our fun leagues. Sign up at the front counter or for more information, call 366-5117.