

JOINT REGION EDGE

Volume II No. 40

Friday, October 22, 2010



EARS supports bomber presence



By Airman Whitney Amstutz
36th Wing Public Affairs

The KC-135 Stratotanker is an aerial refueling aircraft originally designed to refuel strategic bombers. However, during major conflicts such as the Vietnam War and Desert Storm, the KC-135 proved its true worth as a tool to extend the range and endurance of military tactical fighters, airlifters and bombers.

The 506th Expeditionary Air Refueling Squadron is a permanent

Refueling: An Air National Guard unit deployed to Andersen Air Force Base from the 168th Air Refueling Wing, Alaska prepares to refuel an F-15 in support of the continuous bomber presence and theater security package in the Pacific region. The 506th Expeditionary Air Refueling Squadron assumed responsibility as the primary refueling unit on base Oct. 1 and will remain here until Oct. 31. (U.S. Air Force photo by Airman Whitney Amstutz)

resident of the 36th Operations Group at Andersen Air Force Base (AFB). However, its members are on a one-month rotation from Air National Guard (ANG) tanker units across the nation. They provide a pivotal link in providing consecutive in-flight refueling operations for Andersen AFB's current complement of deployed fighters, airlifters, and bombers in support of the continuous bomber presence and theater security packages in the Pacific region. During the month of October, the 168th Air Refueling Wing from the Alaska ANG is taking on the role as the 506 EARS.

"The Air National Guard is responsible for this mission," said Lt. Col. Matthew Mrzena, 506th EARS commander. "It goes from one ANG unit to the next. Every month we swap out and are responsible for supporting the mission from the first to the last day of that month."

In order for the transition to be smooth and effective, a regimented system is in place to guarantee all

See 506th EARS, Page 11

NBG Sailor, Military Working Dog deploy to Africa

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff

Master-at-Arms 3rd Class Daniel Padilla, of U.S. Naval Security Forces, Guam, Military Working Dog Unit, departed Oct. 21 for his volunteer assignment to Djibouti in the Horn of Africa. Master-at-Arms 2nd Class Brit E295 from the same unit departed for the same mission. In fact, both security personnel have been training together, and will work side-by-side.

Brit is a German Shepherd explosive-detecting canine, and Padilla is his handler. They have been together for more than six months and will be joining forces in Africa to detect and deter terrorism in the area.

"I am excited. It is a little different because I am not going alone; I am going with my buddy so I will have someone to play and work with," Padilla said.

It is Padilla's first time to be deployed since he joined the Navy four years ago. Brit, however, has had such assignments in the past.

"He is a very experienced dog. He has been deployed a few times with a few handlers," Padilla said. "So when we get out there, I am sure he will show me a few things."

A native of San Antonio, Padilla said he and his dog have been training for this moment.

"We spend every day together," Padilla said. "We train constantly, playing detection games. We also do obedience training where we practice different commands and

throw a ball around. It is a lot of fun for him but it is as equally or more important for the job we do. In Djibouti, we will be doing the same counterterrorism routine we are doing here and everything we both

See Buddies, Page 11

Working Dog: U.S. Naval Security Forces, Guam, Military Working Dog Unit's Master-at-Arms 3rd Class Daniel Padilla and Master-at-Arms 2nd Class Brit E295, a German Shepherd explosive-detecting canine, practice their obedience commands on U.S. Naval Base Guam Oct. 6. Padilla and Brit are preparing for their volunteer assignment to Djibouti. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



INSIDE

- Enlisted Appreciation Day at Andersen AFB, page 5
- Sailors work to beautify USNH housing, page 10



Be Halloween Safe
Trick or Treat safety tips and schedules.

SEE PAGE 15



Navy, Air Force
Train Together
36th MRS and HSC-25 train to work together.

SEE PAGE 4



Top Performer
Marine Science
Technician 1st
Class Jennifer
Thomas
SEE PAGE 3

Electronic leave deadline approaching for all shore commands

From Navy Personnel Command Public Affairs

According to NAVADMIN 252/10, all shore commands will need to begin using the Electronic Leave (E-Leave) option available through the Electronic Service Record (ESR) to process leave requests Nov. 1.

In preparation, Sailors should take

the time now to ensure they have access to their ESR self-service accounts, so they'll be prepared to submit E-Leave requests ahead of the deadline.

"Most Sailors currently have ESR self-service access, but 10 percent still lack a self-service account," said Senior Chief Personnel Specialist Lance A. Partain, assigned to the Personnel Service

Delivery Transformation Office at the Bureau of Naval Personnel. "Routing a paper leave chit is becoming obsolete. Eventually, all Sailors will be required to use E-Leave, but make sure your shore Sailors have ESR self-service access now rather than waiting to the last minute. The bottom line is no ESR access, no E-Leave, no leave." ESR self-service accounts are

accessed online through the Navy Standard Integrated Personnel System (NSIPS) with a Common Access Card at <https://nsips.nmci.navy.mil>.

"It should take about five minutes to establish an ESR self-service account," said Art Tate, NSIPS/ESR implementation manager and fleet liaison. Tate advises Sailors with ESR or E-Leave issues to call the NSIPS help desk toll-

free at (877) 589-5991 or e-mail nsipshelpdesk@navy.mil.

To learn more about ESR and other Navy Career Tools, visit the Sailor Career Toolbox page on the Navy Personnel Command website at <http://www.npc.navy.mil/Career-Info/CareerToolbox/>.

For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.

MSRON 7 supports CARAT 2011



Cooperation: Master-at-Arms 3rd Class Tanya Wedler, left, and Master-at-Arms 2nd Class Ryan Wehrsig discuss room-clearing procedures with Armed Forces of the Philippines special forces candidates during vessel boarding search and seizure training. Wehrsig is assigned to Maritime Expeditionary Security Squadron Seven (MSRON) 7, based at Naval Base Guam. MSRON 7 is training with Philippine navy and marine personnel on various maritime security tactics during Cooperation Afloat Readiness and Training (CARAT) Philippines. CARAT is a series of bilateral exercises held annually in Southeast Asia to strengthen relationships and enhance force readiness. (U.S. Navy photo by Mass Communication Specialist 2nd Class Jason Tross)



Training: U.S. Navy Master-at-Arms 2nd Class Ryan Wehrsig demonstrates the second-man position in room-clearing procedures to Armed Forces of the Philippines special forces candidates during vessel boarding search and seizure training. Wehrsig is assigned to Maritime Expeditionary Security Squadron Seven (MSRON) 7, based at Naval Base Guam. MSRON-7 is training with Philippine navy and marine personnel on various maritime security tactics during Cooperation Afloat Readiness and Training (CARAT) Philippines. CARAT is a series of bilateral exercises held annually in Southeast Asia to strengthen relationships and enhance force readiness. (U.S. Navy photo by Mass Communication Specialist 2nd Class Jason Tross)



Ready: Master-at-Arms 2nd Class Ryan Wehrsig observes Armed Forces of the Philippines special forces candidates clear a simulated shipboard space during vessel boarding search and seizure training. Wehrsig is assigned to Maritime Expeditionary Security Squadron Seven (MSRON) 7, based at Naval Base Guam. MSRON-7 is training with Philippine navy and marine personnel on various maritime security tactics during Cooperation Afloat Readiness and Training (CARAT) Philippines. CARAT is a series of bilateral exercises held annually in Southeast Asia to strengthen relationships and enhance force readiness. (U.S. Navy photo by Mass Communication Specialist 2nd Class Jason Tross)

Coast Guard's top protects environment

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert
Joint Region Edge Staff

Environmental preservation is a passion for one of U.S. Coast Guard, Sector Guam's senior petty officers. Marine Science Technician 1st Class Jennifer Thomas enlisted into the Coast Guard to do more than work on a pet peeve; she wanted to make a difference and that is why marine science technician (MST) was her No. 1 career-field choice.



"MST offers a practical approach to mitigate environmental issues," she said. "What I accomplish has tremendous impact on preventing major oil/hazardous pollution and preserves the environment for the next generation."

The job of an MST ranges from assisting foreign vessels with their Vessel Response Plan; inspecting facilities in Guam and Commonwealth of the Northern Mariana Islands; assisting mariners with licensing issues; and conducting marine casualty and oil spill investigations. MSTs work with federal and civilian personnel, an aspect of the job that Thomas enjoys.

"I like the interaction with the community, the continuing outreach with local government, federal agencies and private business," she said. "Seeing the positive results of their efforts make my rate fulfilling."

The District 14 Sailor of the Year for 2009

and the command's 2009 Sailor of the Quarter has an interesting mix of role models that include, Mother Teresa, Ronald Reagan and Colin Powell. Caring, concern and leadership are the role-model traits that Thomas said have influenced her 12 years of dedicated U.S. Coast Guard service.

These attributes are noticed by her superiors as well as peers and junior personnel.

"(MST1) Thomas fosters positive working relationships with co-workers, subordinates, the public and industry through professionalism and open communication," said Lt. j.g. Wade Thomson, prevention officer, branch supervisor for port-state control, USCG Sector Guam. "She is a highly adaptable petty officer, easily transitioning between tasks by using a depth and range of marine safety qualifications to take lead roles in numerous prevention missions."

Thomson has a seemingly never-ending list of accomplishments he attributes to Thomas. To summarize, he said Thomas readily contributes sound solutions to challenges that arise and never hesitates to volunteer working extra hours to provide valuable judgment and advisement to the chain of command during complex operations.

His description of her coincides with her description of the ingredients to being a superior performer – exceptional team member and maintaining a positive attitude.

As one of many stellar Coast Guardsmen that USCG Sector Guam is fortunate to have, Thomas' leadership believes she is a key member in their daily operations.

"MST1 is an invaluable asset to CG Sec-



Environmentalist: Marine Science Technician 1st Class Jennifer Thomas examines a petroleum sample recovered from a coastline Oct. 14. She is recognized as U.S. Coast Guard, Sector Guam's top performer and is a 12-year veteran who enlisted to make help preserve the environment. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

tor Guam for a number of reasons," Thomson said. "In the wake of heavy personnel losses to Operation Deepwater Horizon (the USCG-led effort to clean up the Gulf of Mexico oil spill that began in April), MST1 has worn many hats. Her high degree of proficiency in

numerous qualifications makes her the go-to petty officer to lead or assist in almost every area of marine prevention and compliance missions, contributing to overall readiness for the completion of operations without delay, even with reduced staffing."

Andersen's Best performs above and beyond



Andersen's Best: Staff Sgt. Danita Welch, left, 36th Medical Support Squadron, was awarded Andersen's Best Oct. 1 at Andersen Air Force Base. Welch was nominated by her supervisor, Master Sgt. Dienna Moseley, 36th Medical Support Squadron, for stepping up to positions usually held by a captain and master sergeant. (U.S. Air Force photo by Staff Sgt. Jamie Powell)



Joint Region Edge is an authorized publication for overseas members of the U.S. military and their families. Contents of this publication are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or Guam Publications, Inc. The appearance of advertising in the publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, Commander, Joint Region Marianas of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. Joint Region Edge is published by Guam Publications, Inc., a private firm in no way connected with the Department of Defense, the U.S. Navy or the U.S. Air Force, under exclusive contract with the Commander, Navy Region Marianas, located in Bldg. 3190. Editorial materials due at noon on the Thursday before publication date. All classified advertise-

ments are due no later than 3 p.m. on the Tuesday the week prior to publication. Joint Region Edge reserves the right to edit, rewrite or reject material submitted for publication.

Rear Adm. Paul J. Bushong, USN,
Commander, Joint Region Marianas

Brig. Gen. John W. Doucette, USAF
Deputy Commander, Joint Region Marianas

Joint Region Marianas Public Affairs

Lt. Jodie Cornell, USN,
Public Affairs Officer
339-4055
jodie.cornell@fe.navy.mil

Coleen R. San Nicolas-Perez
Deputy Public Affairs Officer
339-3209
coleen.perez@fe.navy.mil

Theresa Merto Cepeda
Public Affairs Director, DZSP 21 LLC
339-6114
theresa.cepeda@fe.navy.mil

Frank Whitman
Editor
frank.whitman.ctr@fe.navy.mil
339-7113

Reporters
Mass Communication Specialist
2nd Class (SW) Peter Lewis
339-4476
peterlewis1@fe.navy.mil

Mass Communication Specialist
2nd Class (SW) Corwin Colbert
339-4376
corwin.colbert@fe.navy.mil

Jesse Leon Guerrero
339-5207
jesse.leonguere.ctr@fe.navy.mil

Photographers
Reynaldo Rabara
339-8423
reynaldo.rabara@fe.navy.mil

Raymond Torres
339-8423
raymond.torres@fe.navy.mil

Write to us at:
Joint Region Marianas
Public Affairs Office
PSC 455 Box 152, FPO AP
96540

36th Wing Public Affairs

Reporters
Tech Sgt. Mike Andriacco
366-2228

Staff Sgt. Jamie Powell
366-4202

Staff Sgt. Beth Del Vecchio
366-2228

Senior Airman Nichelle Anderson
366-2228

Airman 1st Class Courtney Witt
366-2228

Airman 1st Class Jeffrey Schultze

366-2228

Airman 1st Class Julian North

366-2228

Airman 1st Class Anthony Jennings

366-2228

Airman Whitney Amstutz

366-2228

36th MRS, HSC-25 partner up for training

By Airman 1st Class Anthony Jennings
36th Wing Public Affairs

The 36th Mobility Response Squadron and the Helicopter Sea Combat Squadron 25 partnered together to conduct a joint field training exercise to foster a better working relationship Oct. 13, at Northwest Field.

"The 36th Mobility Response Squadron and other units under the command of the 36th Contingency Response Group are participating in a joint field training exercise with Helicopter Sea Combat Squadron (HSC) 25 in order to interchange and familiarize ourselves with their tactics, techniques and procedures to be able to interoperate and conduct joint Humanitarian Assistance/Disaster Relief missions in the Pacific Region," said Lt. Col. Ebe Toro, 36th MRS commander.

"Today we hope to gain the type of understanding that will bring our two units closer together and advance our already strong relationship here on Andersen Air Force Base, Guam, and Joint Region Marianas (JRM)," he continued.

The joint training consisted of a series of 9-Line medical evacuations where HSC-25 provided the air support with two Sikorsky MH-60 Seahawk helicopters, while Airmen with the 36th MRS simulated a casualty on the ground. The term 9-Line comes from a form containing nine lines of pertinent information to coordinate with the pilots and provide the information they need to locate the injured victim.

"It's a standard form used throughout the military to relay important information so the helicopter can get to your position, knows where you're at, knows what he's coming for and knows what equipment he has to bring," said Staff Sgt. Sean Cripe, 36th MRS Air Traffic Controller NCO-in-charge. "That way they come prepared to pick up the right amount of people with the right equipment they need to get you out of



Teamwork: Service members assigned to the 36th Mobility Response Squadron and Helicopter Sea Combat Squadron 25 conduct 9-Line Medical Evacuation training at Northwest Field Oct. 13. The joint field training exercise was performed in an effort to interchange and familiarize themselves with each other's tactics, techniques and procedures to be able to interoperate and conduct joint Humanitarian Assistance/Disaster Relief missions in the Pacific region. (U.S. Air Force photo by Airman 1st Class Anthony Jennings)

a hostile environment."

HSC-25, which is the Navy's only forward-deployed MH-60S expeditionary squadron, is part of the Helicopter Sea Combat Wing Pacific. It is also the Navy's only squadron that maintains a 24-hour search and rescue, and medical evacuation (MEDEVAC) alert posture directly supporting U.S. Coast Guard Sector Guam and JRM.

Though MEDEVACS are the "bread and butter" for HSC-25, the training provided them the opportunity to hone and exchange procedures to make finding and evacuating the potential victim more efficient.

"There is a big difference between the guys on the ground and the ones in the sky," said Lt. Jonathan Feins, HSC-25 operations mission coordinator. "The guys on the ground have a big, bright orange flag to help us locate their position, but in the air it looks like a tiny orange dot. The training helped them assess their surroundings then accurately describe it so we could find them."

Cripe, who instructed the Airmen on the ground the proper procedures to relay the necessary information to the pilots, stressed the importance of the training and what capabilities it brings to the Andersen AFB mis-

sion in the Pacific.

"This training is very important," Cripe said. "Part of our mission is to go into hostile situations, depending on what's going on, so we need to be able to get our guys out if they happen to get shot or injured in any other way and pick them up fast."

The exercise proved to be a successful stepping stone to the joint environment envisioned by Air Force leadership.

"It's fantastic they're willing and able to work with the 36th CRG," Toro said. "Joint is the way of today and the way of the future."

Chief of Naval Operations releases 2011 guidance

By Mass Communication Specialist 2nd Class (SW) Kyle P. Malloy

Chief of Naval Operations Public Affairs

The Chief of Naval Operations (CNO) released his Guidance for 2011 to the fleet Oct. 18.

Adm. Gary Roughead's CNO Guidance (CNOG) emphasizes the

important issues regarding the future of naval operations.

CNOG reaffirms Roughead's three focus areas: to build the future force, maintain the Navy's warfighting readiness, and develop and support Sailors, Navy civilians, and their families.

In the Guidance, Roughead addresses a multitude of issues including maritime strategy, operational

tempo, building and sustaining strong international relationships, maintaining a competency-based and mission-focused force and the importance of science and technology initiatives.

The current CNOG continues to emphasize CNO's 18 intentions with a focus on five specific areas: continue to be the dominant, ready naval force across all maritime missions;

build a Navy with appropriate force structure and strategic laydown; maintain decision superiority; align the requirements, resources and acquisition processes; and evolve and establish international relationships.

Roughead also addresses the current challenges the Navy faces due to the resource constrained environment. "We must look at this time as one

of opportunity where boldness and innovation are the path to the future," writes Roughead. "It is up to each of us to do so."

To view CNO's 2011 Guidance, visit <http://www.navy.mil/features/CNOG%202011.pdf>.

For more news from Chief of Naval Operations, visit www.navy.mil/local/cno/.

News Notes

Job Announcements

Interested individuals can view the vacancy listings at <https://www.cnic.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 339-4222/6210.

U.S. Naval Base Guam

Engineering Technician, Closes Oct. 29
Management Assistant, Closes Oct. 28

Naval Facilities Engineering Command Marianas

Supvy Environmental Engineer, Closes Oct. 28
Water Treatment Plant Operator, Closes Oct. 28

Naval Support Activity Andersen, Guam

Supvy Rec Assistant, Closes Oct. 23
Supvy Youth Program Spec, Closes Oct. 25
Trng and Curriculum Spec, Closes Oct. 25

Navy Munitions Command

Contract Surveillance Rep, Closes Oct. 28

Employment Opportunities

Looking for a part time job? 36th Force Support Squadron offers multiple employment opportunities. Current job vacancies and job descriptions within 36th Services are available online at www.36thservices.com by clicking on HRO jobs. For more information, visit the Human Resources Office (HRO) or call 366-6141.

Holiday Greetings

Broadcast teams from the Joint Hometown News Service will be recording holiday greetings from service members overseas to be sent to mainland TV stations. The teams will be set up at Andersen Air Force Base Oct. 22 at Palm Tree Golf Course from 6:30 a.m.-6 p.m. and Naval Base Guam Oct. 23 at Navy Exchange from 9 a.m.-5 p.m. Any member of the U.S. Armed Forces qualifies to record a greeting. This includes service members, civilian employees and their families. If a military member is deployed, spouses or children can record a greeting. Service members with families in more than one location can record more than one greeting. Service members should be in uniform (it is preferred) to record a greeting. Department

of Defense contractors can record greetings, but should not mention the company they work for. All greetings will be reviewed and inappropriate greetings will not be sent to air.

Top o' the Mar Renovation

The Top o' the Mar main dining room will be closed for renovations from Oct. 29-Dec. 2. The last Sunday Brunch will be on Oct. 24 and the last Mongolian BBQ Night on Oct. 28. The Conference Room and Catering Office will stay open for normal business hours during the renovation. For more information, call 472-4606/7.

New Charles King Fitness Center

The new workout rooms of the new Charles King Fitness will open Oct. 29 for all eligible patrons.

Hours are:

- Monday-Friday, 5 a.m.- 9 p.m.
- Saturdays, 8 a.m.-9 p.m.
- Sundays, 9 a.m.-7 p.m.

For more information, call 564-1851.

Brownies visit Naval Base Guam Security



A Little Help: A visiting Girl Scout Brownie is assisted by Master-at-Arms 2nd Class (EXW) Jessica Justiniano of Naval Base Guam (NBG) Security in ramming a steel door with a ramrod. NBG Brownie Troops 15524 and 15507 visited the NBG Security compound on Oct. 14 for an experience to apply toward their Career-Try-It badge. (U.S. Navy photo by Annette Donner)

By Annette Donner

U.S. Naval Base Guam Public Affairs

Girl Scout Brownies of Naval Base Guam (NBG) Troops 15524 and 15507 were given an inside look at the workings of the NBG Security Forces Oct. 14.

The twelve 7- and 8-year-old girls will apply their experience toward earning the Brownie Career-Try-It patch.

Security officers teamed up to speak to the Brownies about the military law enforcement career. Master-at-Arms 2nd Class David Beard and Master-at-Arms 2nd Class Mariashiella Mclean stressed in their introductions to the Brownies that security personnel with a badge should be considered friends.

Sandra Quinn, Troop 15524 leader and Girl Scout Navy Service Unit manager and leader, said it is a good experience for the girls to see there are women in the law enforcement field.

"It is our hope that this visit encourages the Brownies to see that being a girl doesn't mean they can't do anything they set their minds to," Quinn said.

It was the hands-on demonstrations of a broad range of equipment used in the security profession that was the highlight for the Brownies. Master-at-Arms 3rd Class Gilbert Zamora assisted each girl into a 10-pound Kevlar vest and a helmet.

"I'm glad I don't have to wear this to school," said Brownie

Jasmin Williams.

Halle Konopka was assisted by Master-at-Arms 2nd Class (EXW) Jessica Justiniano to ram a steel training door with a ramrod.

The girls were informed about weapon safety, and when Brownies Cassidy King and Katelyn Moore were handed a demonstration weapon, the girls were coached on safety and proper weapon handling.

The visit also included the Brownies climbing into the gun mount of a Humvee, setting off sirens and lights in a patrol car, and getting help suiting up with leg guards and helmet used when riding an All Terrain Vehicle.

The tour ended with a working dog demonstration.



in Training: Master-at-Arms 3rd Gilbert Zamora of Naval Base Guam (NBG) Security assists a visiting Girl Scout Brownie into a 10-pound Kevlar vest and helmet. NBG Brownie Troops 15524 and 15507 visited the NBG Security compound on Oct. 14 for an experience to apply toward their Career-Try-It badge. (U.S. Navy photo by Annette Donner)

Celebrate Andersen Airmen at Enlisted Appreciation Day

By Airman Whitney Amstutz

36th Wing Public Affairs

A free, 36th Wing event is scheduled to take place on Andersen Air Force Base (AFB) Oct. 29 at the softball field near the track, courtesy of the Top Three organization.

Andersen AFB's 36th Wing Enlisted Appreciation Day will take place from noon to 4 p.m. and feature an array of free food and beverages, a variety of family oriented activities, music and opening re-

marks from Brig. Gen. John Doucette, 36th Wing commander, and Chief Master Sgt. Allen Mullinex, 36th Wing command chief.

Master Sgt. Michael Schoenly, 36th Communications Squadron first sergeant and Top Three member, headed up the Enlisted Appreciation Day planning committee.

"Enlisted Appreciation Day is all about showing Airmen that they are a valuable part of our Air Force," Schoenly said. "We just want to let

everyone know how much we appreciate the work they do. This is our way of giving back and saying, 'thank you.'"

Hamburgers and bratwurst, provided by the Top Three in conjunction with the Force Support Squadron, will be prepared by chief master sergeants and served by company grade officers and first sergeants this year. Additionally, both the Enlisted Spouses' Club and Officers' Spouses' Club pooled their resources to supply individually

wrapped desserts for patrons.

Master Sgt. Michael Taylor, 36th Combat Communications Squadron transmission systems flight chief, stepped up to the plate as activities coordinator this year.

"We are kicking the day off with a K-9 demonstration," Taylor said. "And in the spirit of Airmen appreciation, I asked the First Four organization for ideas about games they'd like to have at the event. We came up with quite a few, including tug-of-war, kickball, spades and a

three-legged race."

Enlisted Appreciation Day provides an opportunity for Team Andersen Airmen to recharge their batteries and kick up their feet for an afternoon of games, good food and relaxation.

"This event is centered on our junior enlisted members," Taylor said. "It's all about showing gratitude for the work they do, day in and day out. Not to mention, who doesn't enjoy the occasional half-day?"

Service members support Special Olympics of Guam

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff

Service members from various Guam-based commands teamed up with the local community to volunteer at a Special Olympics bowling event at Century Lanes in Tamuning, Guam Oct. 16.

It was an all-day event starting with the bowling tournament and closing with an awards ceremony.

Yeoman 1st Class (SW/AW) Maria Manchion, of Military Sealift Fleet Support Command, Ship Support Unit, (MSFSC SSU) Guam, is the Navy liaison for Special Olympics Guam. She said that the various commands' participation was key to making the event a success. Airmen from Andersen Air Force Base were also on hand to cheer on athletes.

"The most important part of the event besides the athletes was the volunteers," she said. "Without

them, we couldn't really do this. We need them for coaching, setup and cleanup, and practices. We need them for so many different things."

Liberty Bartolome, a Yigo resident, said her son participated in the 1995 World Olympics in Connecticut. She said she was glad to see military personnel volunteering their time.

"I enjoy the military and Army helping out in the Special Olympics," she said "Thank you very much."

Gunner's Mate 3rd Class Camille Perez, of Navy Munitions Command East Asia Division Unit Guam, said that her command was happy to volunteer.

"We want to help them grow and they teach us a lot of things, and they are a lot of fun," Perez said. "I like working with special needs kids. I have a cousin who is autistic. They teach us about life and how to be free."

Manchion said the volunteer turnout contributed to a great day

for the athletes.

"They came out in droves," she said. "It's an amazing and phenomenal success."

The next Special Olympics sporting event will be a golf tournament Dec. 18 at the Admiral Nimitz Golf Course in Barrigada. Every Saturday, from Oct. 30 until the tournament, volunteers will offer golf clinics for Special Olympics athletes from 10:30 a.m.-noon at the Admiral Nimitz Golf Course. For more information about Special Olympics Guam, call 648-7648.

Evaluations, fitness reports rejected for improper PFA codes

From Navy Personnel Command Public Affairs

Navy Personnel Command (NPC) is reporting a jump in rejected evaluations and fitness reports since the Aug. 1 implementation of documentation changes outlined in NAVADMIN 193/10.

According to the NPC Performance Evaluation Division, more than 6,200 reports submitted during August and September were rejected. A large majority of the rejected reports were caused by commands using old Physical Fitness Assessment (PFA) codes.

The document changes and new PRT codes were made to reinforce the requirement for commands to maintain data in the Physical Readiness Information Maintenance Systems (PRIMS) and to provide selection boards with accurate information regarding a member's PFA performance.

For performance reports with an end date of Aug. 1 or later, commands will enter a one-letter PFA code in Block 20 for each cycle completed. The following are the PFA codes:

P – Passed both the physical readiness test (PRT) and body composition assessment (BCA).

F – Overall PFA failure.

M – Medically waived from entire PFA.

W – Passed BCA but medically waived from one or more PRT events.

B – Passed BCA but was authorized non-participation in the PRT for other than medical reasons.

N – No PFA conducted during reporting period.

There are qualifiers for some codes which can be referenced in the NAVADMIN for a detailed explanation.

To fix the reports, the original reporting senior can:

- Retype the original report.

- Make pen and ink changes on a copy of the report and initial the changes.

- White-out or tape over the error and initial the changes.

Once corrected, the report must be forwarded to the Performance Evaluation Division.

"If the correction changes the competitive grouping, corrections must be made to all the reports in the summary group," said Jim Price, director, Performance Evaluation Division.

Reporting seniors must ensure a copy of the corrected report is provided to the Sailor or forwarded to their new command. If a report was rejected due to a missing member signature, and the report is not adverse, the reporting senior can write "Certified copy provided" in the member signature block.

In addition to the PFA reporting changes, regular reporting seniors are reminded that a new billet code subcategory (Block 21) code "INDIV AUG" was added to break out Sailors serving an IA assignment (NAVADMIN 215/10).

For more information visit the NPC website at www.npc.navy.mil.

For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.



Proper Form: Chief Gas Turbine Systems (Electrical) Warren Zosa, assigned to the submarine tender USS Frank Cable (AS 40), demonstrates the proper form for push-ups to chief petty officer selects during a mock physical readiness test Aug. 16. (U.S. Navy photo by Chief Mass Communication Specialist Jennifer L. Walker)

OSA replacing GSA for enlisted Sailors

From Navy Personnel Command Public Affairs

NAVADMINs 332/10, 333/10 and 334/10 establish the new business rules for Individual Augmentation Manpower Management (IAMM), Global War on Terrorism Support Assignments (GSA), and Overseas Contingency Operation Support Assignments (OSA) respectively.

U.S. Fleet Forces (USFF) and Navy Personnel Command (NPC) conducted a review of the GSA program to find a solution that addresses fleet concerns and feedback from Individual Augmentee (IA) Sailors and their families.

Based on this review, the Navy is implementing a new program, OSA, which was announced in NAVADMIN 171/10. This program preserves the best elements of GSA, addresses fleet and command con-

cerns and provides a clearly defined support structure for IA Sailors and their families.

The OSA process replaces GSA detailing for enlisted Sailors and becomes effective Nov. 1. GSA detailing continues for officers. The new OSA process preserves career choices, volunteerism, and predictability that GSA now provides. It also eliminates entitlement inequities, improves fleet readiness, and solidifies IA Sailor and family support.

OSA business rules highlights include:

- Enlisted Sailors can apply for an IA assignment through the Career Management System/Interactive Detailing by selecting "OSA PREFERENCE" 12-to-nine months prior to their projected rotation date (PRD) and prior to negotiating permanent change of station (PCS) orders.

- Sailors will be able to commu-

nicate directly with a dedicated OSA detailing team to discuss OSA opportunities and details regarding specific assignments.

- OSA orders are executed at the end of the Sailor's normal PCS tour. However, Sailors on OSA assignments will be on temporary additional duty (TEMADD) from the existing parent command, which will maintain the traditional command relationship for Sailor and family support.

- If a Sailor elects and is accepted for OSA, they will be administratively extended at their present duty station for the period of the IA assignment plus an additional 60 days for rest, relaxation and to prepare for their next PCS move.

- Standard relief requisition procedures remain in effect to generate a requisition for the OSA Sailor at their original PRD.

- Although the Sailor remains assigned to the parent command, pro-

cedures are in place to adjust personnel accounting to count the Sailor as deployed on OSA orders, vice as on board and filling a billet.

- Sailors who volunteer for an OSA assignment will have choice of coast detailing for their follow-on PCS orders negotiation.

- Sailors may request intermediate temporary duty (ITDY) orders to facilitate relocation of their family while serving on the OSA tour.

The new business rules for IAMM, per NAVADMIN 332/10, include:

- Sailors will be exempt from a second IA tour for a three year period upon successful completion of any IA tour.

- Sailors must have an end of active obligated service (EAOS) at least 90 days beyond the estimated return from the IA.

- Sailors determined to be high year tenure may volunteer for IA orders provided that a minimum of

four months transition exists between return and mandatory separation date.

- Sailors who have submitted and been approved for retirement may volunteer for IA orders provided that a minimum of five months transition exists between return and retirement date.

- Sailors must be E-3 or above at the time of administrative screening.

The changes to the updated GSA business rules are minor with the highlight that officers who complete a GSA tour will be exempt from a second IA tour for a three year period.

To read the messages or for more information, visit Navy Personnel Command's website at www.npc.navy.mil or U.S. Fleet Forces Command's Navy Individual Augmentee website at www.ia.navy.mil.

For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.

Japanese veteran visits WWII battle area on NBG

By Annette Donner

U.S. Naval Base Guam Public Affairs

One Japanese veteran and three relatives of other Japanese veterans of the Guam World War II campaign honored the fallen in a ceremony on Orote Peninsula on U.S. Naval Base Guam Oct. 15.

WWII veteran 91-year-old Shigeru Nagata has made this annual visit for many years. Nagata said other Japanese veterans are too ill to travel or have since died.

According to Nagata, he survived after American troops arrived in July 1944 by hiding in the jungle near Two Lovers Point in Tumon. In October 1945, he surrendered and was transferred to a prisoner of war camp in Tamuning. He was assigned to work projects around the island, including on what is now Naval Base Guam. Nagata said he had good luck.

"A Navy man in the post office liked me and made me a steward," he said through a translator.

This allowed Nagata to accom-



Veteran: Ninety-one-year-old veteran of the Guam World War II campaign, Shigeru Nagata, left, honors his fallen comrades of the Battle of Orote in July 1944 on the old Orote Airfield on U.S. Naval Base Guam Oct. 15. Accompanied by the daughters and son of deceased veterans of the Guam campaign, Nagata was led in prayer by two Buddhist priests of the Kawasaki-Daishi Heiken-je Temple in Kanagawa, Japan. (U.S. Navy photo by Annette Donner)

pany the man on postal deliveries around the island, thus enjoying more freedom than the other prisoners.

He said the Japanese prisoners were treated well in the camps, and the food they received was very good, but they had to get used to bread.

"Most of us had not ever eaten bread, we were used to rice," Nagata said.

Nagata displayed the flag of the All Japan War Comrades Association of Guam, of which he is vice chairman, on the memorial wreaths during the ceremony. As he climbed aboard the bus, he said he is certain he will return next year.

"It has become a tradition to pray for all servicemen, American and Japanese, who have lost their lives on Guam, but especially at the Battle of Orote," he said.

The group departed Naval Base Guam to join others in Yigo at the annual prayer service at the Pacific Peace Memorial Park monument.

Andersen, Navy travel fairs fun, informative, successful

By Airman 1st Class Anthony Jennings

36th Wing Public Affairs

Team Andersen caught a glimpse of paradise during the 7th Annual Travel Fair at the Sunrise Conference Center on Andersen Air Force Base Oct. 14.

Approximately 400 people who were in attendance, not counting children, had the opportunity to receive prizes, enjoy the entertainment of a Fijian dance group, and check out great offers on travel destinations and hotels.

Personnel and families were able to attend Morale, Welfare and Recreation's "Around the World at a Glance" Travel Fair at Top O' the Mar Oct. 13.

Tech. Sgt. Dereck Hutcherson, 554th RED HORSE Squadron, won the grand prize package valued at nearly \$10,000. This included open airfare for two to destinations in the Asia and Pacific region, a cruise and other perks.

The event provided not only an opportunity for Team Andersen to get an idea of the great offers available, but gave the vendors a chance to boost sales.



Travel: Vendors and attendees discuss regional travel destinations at the "Around the World at a Glance" travel fair hosted by Morale, Welfare and Recreation at Top O' the Mar in Asan Oct. 13. A similar travel fair was hosted by 36th Force Support Squadron on Andersen Air Force Base the following day. (U.S. Navy photo by Sarah Marshall)

"The feedback was extremely positive from both the vendor's viewpoint and the Andersen community," said Paul Floyd, 36th Force Support Squadron Community Services Flight chief. "The vendors made many contacts that will result in a surge of sales."

Though the vendors ensured they entertained their potential customers with giveaways, a dance performance, cookies and brochures, the true value of the event came from the travel offers.

"The giveaways are the icing on the cake for the community," Floyd said. "They draw folks out and get them interested in possible vacation destinations. Most people are actually surprised how reasonable some of these packages can be."

According to Floyd, the Travel Fair was a huge success and shows an increasing interest in the Andersen Community.

"Our vendors and staff agree that the turnout for these events is steadily increasing," Floyd said. "Our success is confirmation that this type of event is of benefit to the travel providers and is a great value and information source for the Andersen community."

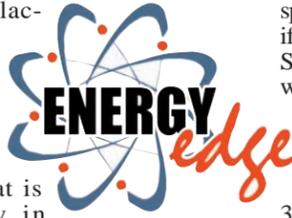
Wise maintenance steps save energy and money

By Patrick Russell

Andersen Air Force Base Energy Manager

Energy saving maintenance is a key element for equipment. As the Andersen Air Force Base (AFB) energy manager, I often see innovative energy saving project opportunities that can save valuable tax (and wallet or purse) dollars. Some opportunities are as easy as replacing light bulbs and fixtures, or insulating buildings.

However, the largest aspect of savings isn't just replacing the old with the new, but also servicing what is already in place. Hence, the need for energy saving maintenance to save energy in the end.



A typical residential air conditioner, for instance, may have a life span of approximately 12 to 15 years if properly installed and maintained. Simply by changing out the filter it will expand the life of the unit, and keep the unit from overworking to maintain a proper air intake. In addition, it is recommended the tenants change their filter every 30 to 60 days. Ensure your unit is free of any debris that may be blocking vital components from working properly.

Another way to practice good maintenance is changing out your old incandescent light bulbs with up-to-date energy saving compact fluorescents lamps (CFL).

Not only do CFLs use a quarter of the energy of their old outdated predecessors, but they also produce less heat. A 60-watt incandescent light bulb has an average temperature of 260 degrees versus a 14-watt CFL, which only produces less than half that temperature and still creates the same light

output. What is the tie-in to maintenance? CFLs last, on average, five times longer than incandescents do.

Saving energy through maintenance is easy. Think of it this way. Just imagine if we didn't rotate our tires or change the oil in our vehicles we might end up buying a car every few years which is, of course, fiscally unwise. All it takes is a few minutes of time, some common-sense maintenance, and you too will save energy.

Hospital Sailors beautify their homes at Coral Ridge

By Jesse Leon Guerrero

Joint Region Edge Staff

Dozens of Navy housing residents spent their Saturday cleaning their homes during a beautification project at Coral Ridge on U.S. Naval Hospital Guam Oct. 16.

Senior enlisted personnel from the command sponsored the morning event to ensure the outside and inside spaces of each Single Sailor housing unit were kept to standard. Forty homes on the Naval Hospital compound have been temporarily converted to bachelor enlisted quarters.

Hospitalman Mark Renfro, who has lived for two years at Coral Ridge, said maintaining his home is not that difficult because he sweeps it clean daily and does not procrastinate with maintenance chores.

"Today we're doing it as a group thing, so it's kind of fun," Renfro said. "Everybody's out here."

Renfro and his fellow residents spent several hours mowing their lawns and trimming the weeds along the sidewalks and garages, while others arranged their living rooms and kitchens. The hospital conducts a stan-

dard inspection every Thursday morning to evaluate whether or not residents have not only kept their yards clean but also their stairways, bathrooms and other furnishings inside.

Hospital Corpsman 2nd Class Jherommi Jarin lives in Mangilao outside Navy housing, but said it was still important for him to participate. As the leading petty officer for the hospital's Multi-Service Unit, Jarin said he wanted to make sure his junior Sailors' homes were maintained even if they were away on leave.

"Families who live here know that we care about our yards, we care about our house and we care about how we live in our house," Jarin said.

Hospital Corpsman 1st Class (SW/AW) Samuel Ramos, who helped plan and coordinate the project, said the activities that day especially helped the junior Sailors who recently arrived on Guam as their first duty station. Ramos explained most of them have had to learn how to rely on themselves instead of family members.

"Now all of a sudden it's a big, different world," Ramos said. "They

have to maintain a whole house and be able to communicate with a roommate. It's a team effort."

Hospitalman Seaman Jessica Rahuba and Hospitalman Seaman Louann Smith kept their shared home and yard clean enough to achieve three consecutive outstanding inspection evaluations. The beautification project's coordination team rewarded their accomplishment with a Navy Exchange gift certificate.

Rahuba said they like to have their home presentable whether it's for an official inspection or for any other visitors.

"If we can keep our house clean, we can do what we actually need to do in our work area, too," Rahuba said. "We can set the standards for anything."

Beautifying: Hospital Corpsman 2nd Class Jherommi Jarin, of U.S. Naval Hospital Guam (USNH), mows the lawn of a fellow Sailor at Coral Ridge on USNH Oct. 16. Jherommi performed the favor so the housing would not fall behind on the Navy's upkeep standards. (U.S. Navy photo by Jesse Leon Guerrero)



CFC runs through October at Andersen

By Staff Sgt. Beth Del Vecchio
36th Wing Public Affairs

Team Andersen Airmen have until the end of the month to donate to the 2010 Combined Federal Campaign (CFC).

CFC is the world's largest annual workplace charity campaign, in which pledges support eligible non-profit organizations that provide health and human service benefits throughout the world.

This year's motto is "iCare - iContribute, iAssist, iRenew, iEnrich."

"It's important to give back to your community and support the causes you believe in," said 1st Lt. Jessica Greathouse, CFC project officer. "There are more than 2,000

charities to choose from."

Airmen can donate through a payroll deduction or give a one-time donation with cash or a check.

According to Greathouse, Team Andersen's goal is to raise \$160,000. Last year, Team Andersen raised \$153,221.

"The CFC is nice because we can be sure the organizations we contribute to are legitimate," Greathouse said. "Whether it's the fight against breast cancer, child hunger or animal abuse, together we can make a difference."

For more information on the CFC, visit <http://www.opm.gov/cfc/>.
UNIT REPRESENTATIVES

36 Wing Staff

Master Sgt. Reginald James

36 Maintenance Group

Senior Airman Bethany Sonnicks

36 Maintenance Squadron

Master Sgt. Trevius Wells

36 Munitions Squadron

Staff Sgt. Mark Stephens and

Staff Sgt. Thomas Hamby

36 Contingency Response Group

Capt. Jon Menashi

36 Mobility Response Squadron

Senior Airman Cassandra Kelley

736 Security Forces Squadron

Staff Sgt. Cody Peterson

644 Combat Communications Squadron

2nd Lt. Benjamin Wiley

554 RED HORSE Squadron

Capt. Jon Menashi

36 Comptroller Squadron

Staff Sgt. Akil Napier

36 Medical Group

Capt. John Hein

36 Medical Operations Squadron

Patrice Bryant

36 Medical Support Squadron

Andrea Stein

36 Operations Group

Tech. Sgt. Brian Graham

36 Operation Support Squadron

Tech. Sgt. Brian Graham

36 Mission Support Group

Capt. Sara Pavelski

36 Security Forces Squadron

Master Sgt. Michael Quitugua

36 Force Support Squadron

1st Lt. Janay Wilson

36 Civil Engineer Squadron

Master Sgt. Robert Barnett

36 Logistics Readiness Squadron

Master Sgt. Bruce Dollard

36 Contracting Squadron

Tech. Sgt. Nitra Latta

36 Communications Squadron

1st Lt. Joe Brock

Det. 1

Tech. Sgt. Zach Christman

Det. 5/ 22 Special Operations Squadron

Tech. Sgt. Jessica Power

734 Air Mobility Squadron

Tech. Sgt. Eric Binkey

Andersen Elementary School

Amy Skuta

Andersen Middle School

Brent Reichardt

Army Air Force Exchange Service

Stacy Brownhill

Commissary

Lorna Camacho

506th EARS: A seamless transition is vital

Continued from Page 1

positions are manned and functional at all times.

"On the first jet we send in all commanders, first sergeants and shop chiefs so that they can be properly indoctrinated on how everything works and what is needed to maintain the mission," Mrzena said. "Then, because our footprint has to

remain the same, we swap out one for one; as one comes in to fill a certain position, the Airman who previously filled it leaves. We do this until the transition is complete."

Each ANG unit remains on base for one month in their three-month activation window in order to fulfill the needs of the Air Force in a multitude of regions.

"Tankers are a high-value asset and

are always in high demand," Mrzena said. "Many active duty tanker units are continuously present in the Central Command Theater. The ANG has stepped up to provide relief in other areas of responsibility. The 506 EARS is an example. We are a full-time force fulfilling the needs in the Pacific theater seamlessly with part-time assets."

Members of the Guam ANG are also supporting the Andersen AFB

mission in conjunction with the 168th.

"We have several Guam ANG Airmen on our manning documents," said Chief Master Sgt. Mark Renson, 168th Maintenance Squadron superintendent. "These individuals went through home-station training with our unit in Alaska and for all intents and purposes, are a part of the Alaska ANG."

During their stay on Andersen, the

168th has been charged with the responsibility of training members of the Guam ANG as well as members of their own unit.

"We are taking this opportunity to hammer home whatever training we can," Sergeant Renson said. "Our objective is to prepare these Airmen to accept the tanker tasking and ensure the Air Force mission presses forward."



Deployed: Members of the 506th Expeditionary Air Refueling Squadron, an Air National Guard (ANG) unit deployed to Andersen Air Force Base (AFB) from the 168th Air Refueling Wing, Alaska pose with members of the Guam ANG for a unit photo Oct. 1. Both units are working in support of the continuous bomber presence and theater security package and will remain at Andersen AFB until Oct. 31. (Photo courtesy of U.S. Air Force)

Buddies: MWD team ready, heading to Djibouti

Continued from Page 1

learned will be put to the test."

The base's security department has been deploying military dogs and their handlers for a while.

Chief Master-at-Arms (SW/AW/FMF) Mandy Holt, the unit's Kennel Master and Padilla's

leading chief petty officer said the number of dogs and handlers that are deployed at any particular time depends on the demand.

"Sometimes we have five dogs out, sometimes we have two dogs out; it all depends on the current situation going on in the deployed area," Holt said.

The dogs must go through a training course before they are able to deploy. She said that handlers here are also fortunate to have dogs accustomed to the Guam heat.

"The dogs here are well prepared," she said. "They have to go through pipeline training in Yuma, Ariz. Most kennels must adjust to heat over in hot

areas. Fortunately for our kennels, the dogs are used to the heat so the transition is easier."

Holt said the U.S. Army Yuma Proving Ground, is the only place to train military dogs that are preparing to deploy. The site has three state-of-the-art areas where agencies can train dogs in a realistic, interactive

environment.

She said that Brit's experience, and Padilla's initiative, determination and work ethic make the pair a great team that will do fine in Djibouti.

Padilla said he is looking forward to the challenge especially since he knows his "battle-buddy" will help him out along the way.

2010 AF Climate Survey under way

By Erin Tindell

Air Force Personnel, Services and Manpower Public Affairs

Total force Airmen and Department of Defense civilians have an opportunity to voice their concerns to Air Force leaders during the 2010 Air Force Climate Survey.

The purpose of the survey is to assess the opinions and perceptions of Air Force active-duty, Guard, Reserve and civilian personnel on a wide range of issues, including overall job satisfaction, resources and unit performance.

“Maximum input is very crucial in providing valuable feedback to Air Force leaders so they may create positive changes in units,” said Col. Brian Norman, Air Force Manpower Agency (FMA) commander. “Survey answers directly impact leaders’ decisions on issues that affect the total force.”

The results of the last survey conducted in the fall of 2008 revealed that more than 90 percent of the nearly 250,000 respondents indicated they were happy with their Air Force jobs and the performance of their organizations. They also indicated they generally had trust in their

unit’s leadership.

Major concerns revealed by the 2008 survey showed that the strain on manpower and time was an issue for many employees. The majority of home-station Airmen reported an increase in levels of stress, workload and hours due to deployments.

AFMA officials said the average time to complete this year’s survey is around 25 minutes, and respondents may save their progress and return at a later time.

As with past surveys, unit leaders will have access to their respective results for improving their organization and their organization’s ability to accomplish the mission. However, AFMA officials stress that maximum participation is the only way the Air Force Climate Survey can produce meaningful results.

“It’s imperative for our Airmen and DOD civilians to speak today in order to shape tomorrow,” Norman said.

Officials began sending individual e-mail invitations Oct. 8 for the confidential survey that will be conducted in stages.

For more information about the 2010 Air Force Climate Survey, visit the Air Force Portal.

SECNAV, CNO speak at Navy Energy Forum

By Mass Communication
Specialist 3rd Class
Shannon Burns

Defense Media Activity-Anacostia

Participants in the 2010 Navy Energy Forum at the International Trade Center in Washington Oct. 12-13 focused on achieving energy security and reviewed the progress toward the energy targets set previously by the Secretary of the Navy (SECNAV).

Secretary of the Navy Ray Mabus' energy targets include requiring the acquisition process to consider lifecycle energy costs; demonstrating a "Green Strike Group" composed of nuclear vessels and ships powered by biofuels

in 2012 and 2016; reducing petroleum use of the commercial vehicle fleet by 50 percent by 2015; and ensuring that 50 percent of the Navy's total energy consumption comes from alternative sources by 2020.

"I am excited about what we've done with biofuels, because I think this has the potential to make a big, long-term dent in our fossil fuel usage," Mabus said. "We conducted a supersonic flight of the Green Hornet in the spring on a 50-50 blend of camelina-based biofuel and JP-5. Biofuel testing has continued, and last week the first operational test of an algae-based biofuel was conducted on a Riverine Combat Boat (RCB-X) in Hampton Roads. In

both cases, for the Green Hornet and the RCB-X, the engines didn't know the difference."

Chief of Naval Operations Adm. Gary Roughead spoke about how improving energy security ultimately supports the Navy's overall goals.

"The Green Hornet and the path to a green fleet are not public relation gimmicks, but epitomize our new energy research, development, policy, and operations – that in and of themselves are the first stakes in the ground towards which we will work in the best interests of our Navy and nation," Roughead said. "It's more than simply how green can we be seen, it really is an operational issue for us."

Richard Kamin, the Navy's Fuels Leader, said the forum was a good way to show the progress that has been made toward SECNAV's energy goals.

"The forum is a great way to show how far the Navy has come in a year," Kamin said. "Last year at the initial forum the secretary gave us our five goals and our challenges, and I see at this year's forum how far we've marched towards those goals. Alternative fuels were just a dream for the Navy last year. Within the past year we have demonstrated these fuels on F18 Super Hornets, on a green RHIB [rigid-hull inflatable boat] and we'll have a series of additional tests coming up in the next year leading up to the green

carrier strike group."

Former Virginia Sen. John Warner, international affairs expert and Chief Executive Officer of STRATFOR Dr. George Friedman, and Chairman of Cambridge Energy Research Associates and Pulitzer Prize winner Dr. Daniel Yergin were among the guest speakers.

For more news, visit www.navy.mil.

To engage on the Navy's energy initiatives, visit the Department of the Navy Task Force Energy Facebook page at <http://www.facebook.com/#!/pages/Washington-DC/Department-of-the-Navy-Task-Force-Energy/88666048006> or on Twitter @navalenergy <http://twitter.com/navalenergy>.

Pumpkin Patrol ensures Halloween safety

By Airman Whitney Amstutz
36th Wing Public Affairs

Base housing is alight with festive decorations, the shelves of the Andersen Air Force Base (AFB) Exchange are overflowing with a wealth of candy, and dentists everywhere are cringing. This can mean only one thing: Halloween is just around the corner.

As costumes and trick-or-treat baskets fly off the shelves, dedicated members of the 36th Security Forces Squadron work with volunteers in preparation for the annual Andersen Pumpkin Patrol Oct. 31 from 6-8 p.m. in base housing.

"Volunteers are very important to make trick-or-treating a safe and successful event for the kids on Andersen AFB," said Staff Sgt. Joshua St. Louis, 36th Security Forces Squadron (SFS) police services. "If someone were to need help, the volunteers will have direct contact with the law enforcement desk."

Due to the growing number of trick-or-treaters, it is vital that the Pumpkin Patrol have a sufficient

Halloween Safety

Halloween is a fun and spooky time of year for kids. Make trick-or-treating safe for your little monsters with a few easy Halloween fire safety tips:

- When choosing a costume, stay away from billowing or long trailing fabric. If your child is wearing a mask, make sure the eye holes are large enough so they can see out.
- Provide children with flashlights to carry for lighting or glowsticks as part of their costume.
- Dried flowers, comstalks and crepe paper are highly flammable. Keep these and other decorations well away from all open flames and heat sources, including light bulbs and heaters.
- It is safest to use a flashlight or battery-operated candle in a jack-o-lantern. If you use a real candle, use extreme caution. Make sure children are

watched at all times when candles are lit. When lighting candles inside jack-o-lanterns, use long, fireplace-style matches or a utility lighter. Be sure to place lit pumpkins well away from anything that can burn and far enough out of the way of trick-or-treaters, doorsteps, walkways and yards.

- Remember to keep exits clear of decorations, so nothing blocks escape routes.
- Tell children to stay away from open flames. Be sure they know how to stop, drop and roll if their clothing catches fire. (Have them practice, stopping immediately, dropping to the ground, covering their face with hands, and rolling over and over to put the flames out.)
- Use flashlights as alternatives to candles or torch lights when decorating walkways and yards. They are much safer for trick-or-treaters, whose costumes may brush against the lighting.

- If your children are going to Halloween parties at others' homes, have them look out for ways out of the home and plan how they would get out in an emergency.

(Source: National Fire Protection Association)

Trick-or-Treat Schedule

- Trick-or-treating in base housing on U.S. Naval Base Guam is scheduled for Oct. 30, 5:30-9 p.m. and on Andersen Air Force Base for Oct. 31, 6-8 p.m.
- Residents desiring to participate in the trick-or-treat events are asked to turn their porch lights on. Trick-or-treaters are asked not to disturb residents who do not wish to participate.

number of volunteers to ensure the safety of each child.

"The average number of trick-or-treaters on base can range anywhere from 1,000 to 1,500," St. Louis said. "If in need of help, children should look for adults in uniform wearing a reflective belt or vest."

In order to support the Pumpkin

Patrol cause, it is important to take precautions to guarantee a successful night of trick-or-treating.

"Children should avoid trick-or-treating alone," St. Louis said. "Always walk in groups or with a trusted adult and take advantage of sidewalks and crosswalks. Never go into a stranger's house to receive

candy; only accept candy in a well-lit area and when parents say it's all right."

In a few days the normally quiet streets of Andersen AFB will be filled with ghosts, ghouls, knights and princesses.

For many children, dressing up and trick-or-treating is the highlight

of the year.

Team Andersen volunteers and the 36th SFS have made it their mission to safeguard our nation's youngest heroes.

As Oct. 31 draws nearer, it is vital that each child know what it takes to stay safe and keep Halloween happy.

What will you be doing to celebrate Halloween?

Joint Region Edge asked its readers what they will be doing to celebrate Halloween.



"We plan on going over to Lockwood (housing) and going trick-or-treating. I'll take all of the kids. Their dad is very much into trick-or-treating."

—Kim Hvozdk
Navy spouse



"I will be in Singapore this Halloween for work. So I decided to extend my stay there and have fun this Halloween. I am planning to go to a costume party there as Count Blackula from the classic movie."

—Ronald Parks
Defense Information Systems Agency deputy commander



"This Halloween, I'll be passing out candy at my boyfriend's house. We're also having a Halloween party, so we'll be going around and then passing out candy. Halloween is my favorite."

—Debbie Quichocho
Navy Passenger Transportation Office



"In my apartment complex not many kids come around, so I go to my sister's and she and her family decorate their garage. We give out candy. The kids really decorate, and one year we had a haunted house."

—Julie San Nicolas
Cmdr. William C. McCool Elementary/Middle School



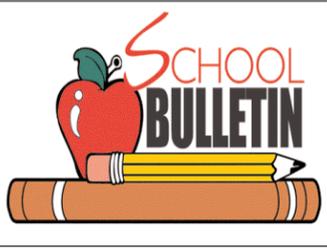
"My niece is born near Halloween, so it's always tied in with a birthday party. We have a big celebration that's every year. We have decorations and a Halloween theme for her birthday. The younger ones dress up."

—Emily Veltri
Cmdr. William C. McCool Elementary/Middle School



"My husband is in Afghanistan this year, so I won't be going to any parties. I plan to dress up like a hippie and spend the night handing out candy to the neighborhood kids. Hopefully it will be a nice night and we'll have a lot of trick-or-treaters."

—Sara Wagstaff
Air Force spouse



School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 339-7113.

DoDEA

School board meetings are scheduled for the second Tuesday of every month at 6 p.m. Upcoming meetings are:

Nov. 9 at Guam High School (GHS)

Dec. 14 at Cmdr. William C. McCool Elementary/Middle School

Andersen Elementary School

The Parent Teacher Organization (PTO) is soliciting donations of bags of popcorn kernels for Popcorn Fridays. If you would like to donate, drop them off in the PTO office.

The PTO office is located in Room C-1 in the pre-K building and is open Monday-Friday from 8 a.m.-12 p.m. Parents are encouraged to visit and see how they can help. For more information, e-mail

andersen_aespto@yahoo.com.

Andersen Middle School

Red Ribbon Week activities:

Oct. 25, "Rock Out Red Day" - Everyone wears a red shirt or shirt decorated for Red Ribbon Week.

Oct. 26, "Crazy Cool Hat and Sock it to Drugs Day" - Everyone wears a crazy hat and socks.

Oct. 27, "Don't Let Drugs Take You Backwards" - Everyone wears clothes backwards.

Oct. 28, "Don't Let Drugs Turn you Inside Out" - Everyone wears clothes inside out.

Oct. 29, "Rockin' to a Drug-Free Beat" - Everyone wears 50s attire.

McCool Elementary/Middle School

Red Ribbon Week activities:

Oct. 25, Kick off Red Ribbon Week - Everyone wears a Red Ribbon

Oct. 26, "Sock It To Drugs Day" - Everyone wears red or crazy socks to school. Ribbon Ribbon Week sing-along, 2 p.m. in the cafeteria.

Oct. 27, Pledge Day - Teachers take their students to sign the Red Ribbon pledge sheet.

Oct. 28, "Tie One On Against Drugs" - Everyone wears a red or crazy tie to school.

Oct. 29, Wear Red Day - Everyone wears a red dress/shirt/outfit to school.

DoDEA practices school bus safety

By Jesse Leon Guerrero

Joint Region Edge Staff

Department of Defense Education Activity (DoDEA) kicked off National Bus Safety Week with a safety presentation and evacuation drill at Guam High School (GHS) Oct. 19.

Later in the week, DoDEA continued the bus safety presentations and drills at Andersen Elementary School, Andersen Middle School and Cmdr. William C. McCool Elementary/Middle School.

The National Association for Pupil Transportation sponsors this campaign annually to promote better awareness and practice.

Amy Anderson, DoDEA Transportation operation specialist, started the event at GHS by speaking to the students about the proper way to exit through the rear of a bus during an emergency and what they can do to remain safe at all times.

"These students are on the bus quite often," Anderson said. "Whether it's a daily commute run or on an activity bus for a field trip, they will one way or another get on

the bus. So we want to make sure that we promote and continue to remind them of safety everyday."

Anderson advised students to board their bus safely by making sure their bag straps do not get caught, to respect their fellow riders, to never drop items in front of a bus and to always let their bus driver or a friend know if they need assistance getting on or off the bus. She also said bullying is never tolerated and reminded students that eating is not permitted on DoDEA buses.

Following the presentation, Anderson and GHS bus drivers and staff practiced having the students leave their buses in an orderly line by first sitting at the edge of the floor at the rear exit door and then sliding off to the ground. Each bus driver assigned two students to assist with rear evacuations and another student for guiding the evacuated group to a safe zone at least 100 feet away.

Students were instructed to not jump out of the exit because of the potential for injuries. Phil Keim, GHS principal, said having an injury



Safety: Manny Alegre, a Guam High School math teacher, supervises students as they practice an evacuation drill at the school's bus parking lot on U.S. Naval Hospital Guam in Agana Heights Oct. 18. Department of Defense Education Activity (DoDEA) hosted the training for staff and students at DoDEA schools in recognition of National Bus Safety Week, which promotes proper emergency response and safety techniques with school bus use. (U.S. Navy photo by Jesse Leon Guerrero)

can worsen a situation for everyone because it can slow down the evacuation process.

"Kids need to get a routine established and they need to know what that routine is," Keim said.

Every school day, 13 buses drop off students to GHS in the morning

and pick them up to go home in the afternoon. The school's population includes more than 500 students.

For more information about National Bus Safety Week and the National Association for Pupil Transportation, visit online at www.naptonline.org.

New York comedy show serves up laughter



Laugh Out Loud: Comedian Leighann Lord performed at the New York Underground Comedy show Oct. 14 at U.S. Naval Base Guam's Big Screen Theater. The Armed Forces Entertainment and Morale, Welfare and Recreation sponsored-show was at Andersen Air Force Base's High Tides Lounge on Oct. 13. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff

Armed Forces Entertainment and Morale, Welfare and Recreation (MWR) hosted New York Underground Comedy shows at Andersen Air Force Base's (AFB) High Tides Lounge Oct. 13 and at U.S. Naval Base Guam's (NBG) Big Screen Theater Oct. 14.

The show featured comedians Carole Montgomery, Leighann Lord, Kevin Downey Jr., Mark Riccadonna, and Stephen Kruiser.

MWR Director Eric Nikkel said the shows were to reward and honor service members for their service

to the country. The shows were a part of a Pacific tour, which included stops in Hawaii and Kwajalein. From Guam, the group will travel to Singapore and Diego Garcia.

"Armed Forces Entertainment and Morale, Welfare and Recreation are always looking for ways to increase morale for service members in Guam," Nikkel said. "Years ago, it was Bob Hope and the USO; times are changing and hopefully we can bring more top performers from off-island to the island."

The shows were a two-hour, adult-themed stand ups. The comedians were enthusiastic and honored to perform for the crowd.

"As citizens and performers, it is our duty to come and perform for the

troops," Montgomery said. "They protect us and our freedoms."

Likewise, the performances were well received by the crowd.

"It was a lot of fun, I appreciate them coming out," said Electrician's Mate 1st Class (SW) Kevin Olivero, of USS Frank Cable (AS 40). "As long as I don't have work or duty, I will always try to find the time to come to all these types of performances."

Nikkel said events like this will increase when the Molly McGee's Irish Pub on NBG opens Oct. 29.

"McGee's will feature live performances at least once a month," he said.

For more information on upcoming events, visit www.mwrguam.com.



Comedy Show: Comedian Mark Riccadonna was the host of the New York Underground Comedy show Oct. 14 at U.S. Naval Base Guam's Big Screen Theater. Armed Forces Entertainment and Morale, Welfare and Recreation sponsored-show was at Andersen Air Force Base's High Tides Lounge on Oct. 13. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

FREE

Outdoor Movie
At Andersen Air
Force Base's (AFB)
Arc Light Park
Oct. 23, 7

p.m. The movie scheduled to show is James and the Giant Peach (PG), weather permitting. For more information, call 366-2339.

On a Budget

Cocos Island Trip
Van leaves U.S. Naval Base Guam's (NBG) Single Sailor Sanctuary Oct. 23, 9 a.m. (open to Active Duty Single Sailors and Geo-Bachelors only). A van also leaves Silver Dolphin at 9 a.m. Open to all authorized Morale, Welfare and Recreation (MWR) patrons. For more information, call 564-2280.

Trick or Treat 5K
Meet at NBG's Charles King Gym, Oct. 23, 6:30 p.m. show/7 p.m. go. The run is free but T-Shirts are available for \$8 (pre-register)

or \$10 (day of race). Costumes welcome. Register at Charles King Gym or online at www.mwrguam.com. For more information, call 564-1862.

Trip to Gef Pago
Van leaves the Silver Dolphin (located at the NBG Ordnance Annex) Oct. 24, 10 a.m. Open to all authorized MWR patrons. For more information, call 564-2280.

Free movies at the Big Screen Theater
Stop by the Big Screen Theater on NBG

this weekend, where free movies are shown every Friday, Saturday, and Sunday.

Library Games
Children ages 5-17 can visit Andersen AFB Library Tuesdays-Thursdays, 5-8 p.m. to enjoy playing video games from a collection of Xbox, Wii or Playstation 3 games. Children under 10 must be accompanied by an adult. Sponsors must provide written permission to allow minor dependents in-house use of games and gaming equipment and accessories. For more information, call 366-4291.

UNDER \$10

Rec-N-Crew Hike Upper Lonfit Valley

Meet at Rec-N-Crew on NBG Oct. 23, 8:15 a.m., go at 8:30 a.m. Sign up deadline Oct. 22, 1 p.m. Cost is \$5 per person. For more information, call 564-1826.

Outdoor Recreation Hike to Fonte Dam
Outdoor Recreation will lead you on a hike to secluded Fonte Dam Oct. 23, departing at 7:45 a.m. You'll be amazed to see this

picturesque red-brick dam built 100 years in the middle of the jungle. Cost is \$5 per person. Difficulty rating is Medium and is for age 8 and older. Sign-up in advance at Outdoor Recreation, or call 366-5197 for more information.

On a Budget

Bowling Mondays at Gecko Lanes

Bowl all you want at Gecko Lanes every Monday, starting at 6 p.m. for just \$5 plus shoe rental. For more information, call 366-5117.

Thirsty Thursdays
Thirsty Thursdays at Gecko Lanes every Thursday, starting at 5 p.m. Enjoy \$1 games, shoe rentals, fountain sodas and more! For more information, call 366-5117.

Karaoke Fun Night
Karaoke Fun Night (weather permitting) at Bamboo Willies every Saturday, 7-10 p.m. For more information, call 366-6166.

\$10 AND UP

Piano Lesson Openings
The Andersen Air Force Base Youth Center currently has open-

ings for piano lessons on weekdays after school and on Saturdays. Cost is \$60 per month for four 30-minute lessons. Contact Dale Garcia at 366-3490/91 or email: youth1music@yahoo.com for more information.

Jazzy Sundays
Sundays from 5-8 p.m. at Willie's Beachside Jazz on Andersen Air Force Base. Enjoy a relaxing evening at the beach while you listen to great jazz music. If you get hungry, you can order one the delicious offerings from our Bamboo Willie's menu. For more information, call 366-6100.



FRIDAY, OCT. 22

7 p.m.: Resident Evil: Afterlife • R

SATURDAY, OCT. 23

2 p.m.: Resident Evil: Afterlife • R

7 p.m.: The American • R

SUNDAY, OCT. 24

7 p.m.: The American • R

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



FRIDAY, OCT. 22

7 p.m.: Takers • PG-13

9:30 p.m.: Piranha 3D • R

SATURDAY, OCT. 23

1 p.m.: The Switch • PG-13

3:30 p.m.: Scott Pilgrim vs. the World • PG-13

7 p.m.: Machete • R

SUNDAY, OCT. 24

1 p.m.: Nanny McPhee Returns • PG

3:30 p.m.: The Last Exorcism • PG-13

7 p.m.: The Expendables • R

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit mwr Guam.com.**

(Source: Navy Morale, Welfare and Recreation Office)

Chapel Schedule

Naval Base Guam
Office Hours: Monday-Friday, 8 a.m.-4 p.m.
Roman Catholic Mass
Saturday Vigil Mass: 5:30 p.m.
Sunday Mass: 9:30 a.m.
Sacrament of Reconciliation: Saturday, 5 p.m. and Sunday, 8:30 a.m.

Protestant Worship Service
Sunday Service: Traditional Service: 8 a.m.
Contemporary Service: 11 a.m.
Women's Bible Study: Monday, 9:30 a.m.
Men's Bible Study: Wednesday, 6 p.m.
Prayer Time: Thursday, 11:30 a.m.
Choir Practice: Traditional: Wednesday, 6 p.m.
Choir Practice: Contemporary: Thursday, 6 p.m.

Jewish Shabbat
Friday, 6:30 p.m.

Naval Hospital Guam
Roman Catholic Mass Monday-Friday, 11:30 a.m.
Chapel of Hope: Sunday, 9 a.m.
Protestant Service Monday-Friday, 12:15 p.m.
Interfaith Chapel

Andersen Air Force Base
Roman Catholic Mass (Chapel 1)
Weekday Mass: Tuesday-Friday, 11:30 a.m.
Saturday Vigil Mass: 5 p.m.
Sunday Mass: 9:30 a.m.
Sacrament of Reconciliation: Saturday, 4:30-4:50 p.m.
Catholic Women of the Chapel: First and third Wednesday of the month, Chapel 1 Annex, 6:30 p.m.
Catholic Youth of the Chapel: Second and fourth Wednesday of the month, Chapel 1 Annex, 6 p.m.
Choir Rehearsal: Saturday 4-5 p.m. and Sunday, 8-9 a.m.

Protestant Worship Service
Praise Service: Sunday, Chapel 2, 9 a.m.
Gospel Service: Sunday, Chapel 2, 11:30 a.m.
Emerging Worship Service: Sunday, Lighthouse, 7 p.m.
Protestant Women of the Chapel: Second Monday of each month, Chapel 2 Annex, 6:30 p.m.
Protestant Men of the Chapel: Wednesday, Lighthouse, 7 p.m.
Protestant Youth of the Chapel: Thursday, Chapel 2 Annex, 7 p.m.
Protestant Young Adults: Thursday and Saturday, Lighthouse, 6 p.m.
Protestant Sunday School: (September-May) Sunday, Chapel Activity Center, 10:15 a.m.

Schedules subject to change. To confirm times or for information about other programs, call the chapels at:

Andersen Air Force Base: 366-6139
U.S. Naval Base Guam 339-2126
U.S. Naval Hospital Guam: 344-9127

Playing with pain, seeking true healing

By Maj. Andrew G. McIntosh
Andersen Air Force Base

Kevin Garnett of the Boston Celtics was asked in a recent interview about playing on a national championship team and living up to the high expectations set for him. In the interview the reporter asked if he was finally 100 percent physically. . . and Garnett answered, "No one is ever 100 percent, we are all battling injuries of one kind or another; you just learn to play with the pain."

Pain is a reality we face while living in these fragile, human bodies. The Bible tells us in the book of Genesis that "from dust you are and to dust you shall return." In literature and film the Greek gods say we are but "mere mortals;" and this is true. But physical pain is not the on-

ly kind of pain we learn to play with; for we can have pain or "get sick" in our emotional, physical or spiritual parts of life and when we do, that pain often bleeds over into other areas of our lives. We live in a survival mode while carrying emotional hurt, a spiritual crisis, or the common aches and pains of our frail bodies, all the while doing our best to hide it from the world around us and placate it through in healthy or unhealthy ways.

Along the way we try to find ways to ease this pain or temporarily numb it. Just like a cortisone shot at the point of pain can give someone temporary relief to do something physically that they would otherwise not be able to do, (yet leave them in even more pain later on).

Similarly, we find ways to ease

our pain just in an effort to get by. Some of the unhealthy means we employ include spending money we don't have on things we don't need in order to impress people we don't like, drinking alcohol to help us temporarily forget our present circumstances, or pretending to be in a committed relationship with the hidden agenda of just using the other person for our own selfish desires. These things may help in the short run, but when the thrill wears off you will find yourself hurting more than you did when you started.

So how can we break free from this self-imposed prison of physical, emotional or spiritual pain? We can begin with prayer and address our hurt, finding the strength to courageously forgive those who have wronged us.

In physical pain, we can learn to slow down and commit to a humbling physical therapy routine or medical regime that will strengthen the muscles or heal the parts of the body that have been injured.

Spiritually, we can find a community of faith that can encourage us in our walk and keep us accountable to the high standards we hope to achieve.

Etched in stone near the flag pole of Camp Cunningham on Bagram Airfield, Afghanistan is a quote by George Orwell that reads, "People sleep peaceably in their beds at night only because rough men stand ready to do violence on their behalf."

These "rough men" are none other than the brave men and women of our beloved services who have committed themselves to be (as our Airmen's Creed reads) "guardians of freedom and justice, our nation's sword and shield, its sentry and avenger (who are willing to) defend our country with their life." I have no doubt that those who have posted guard mounts and keep watch during the dark nights are living in pain, yet for our sake they have learned to stand strong in the face of adversity and pain. It is my prayer that they will find true healing.



Still Moments



Guevara: Rear Adm. Paul Bushong, right, commander of Joint Region Marianas, presents the Joint Region Marianas Civilian Supervisor of the Quarter award to GERALYN GUEVARA, for her outstanding performance as comptroller and financial management program manager during a ceremony on U.S. Naval Base Guam, Oct. 15. (U.S. Navy photo by Rey Rabara)



Golden: Rear Adm. Paul Bushong, right, commander of Joint Region Marianas, presents the Joint Region Marianas Sailor of the Quarter Award to U.S. Navy Operations Specialist 1st Class Bruce Golden, for his outstanding performance as joint operations scheduler in support of Operation Valiant Shield, during a ceremony on U.S. Naval Base Guam, Oct. 15. (U.S. Navy photo by Rey Rabara)



Quinata: Rear Adm. Paul Bushong, right, commander of Joint Region Marianas, presents the Joint Region Marianas Civilian Employee of the Quarter Award to LOURDES C. QUINATA, for her outstanding performance as lead budget analyst, during a ceremony on U.S. Naval Base Guam, Oct 15. (U.S. Navy photo by Rey Rabara)



Taimanglo: Rear Adm. Paul Bushong, right, commander of Joint Region Marianas, presents a Joint Region Marianas On-The-Spot award to JANET TAIMANGLO for her outstanding performance as financial management analyst, during a ceremony on U.S. Naval Base Guam, Oct. 15. (U.S. Navy photo by Rey Rabara)

GHS races to second place in cross country

By Jesse Leon Guerrero

Joint Region Edge Staff

Guam High School (GHS) girls and boys teams each took second place in the Independent Interscholastic Athletic Association of Guam Cross Country All-Island Championship at Admiral Nimitz Golf Course Oct. 14.

The annual tournament attracted more than 100 runners from Guam's public and private schools.

Alexis Vermeire, a GHS sophomore, distanced herself from the pack near the middle of the run's 5K length and maintained her lead to the end.

"This is the hardest race of the year and this is the one that we all train for," Vermeire said, moments after clocking in at 21:11. "I can only say that I ran as well as my team ... because cross country is a team sport."

The GHS Panthers fielded a team of six girls, three of whom finished among the first 10 racers; Emma Martin, a freshman, finished

third overall with a time of 23:15 and Bella Oviedo took eighth overall at 24:24.

On the boys' side, Trevor Cheatham, a GHS senior, led the GHS boys and finished sixth overall in the tournament. Cheatham finished at 19:25.

After finishing his race, Cheatham cheered other runners as they completed the race and gave them a shoulder to lean on as they caught their breath at the end.

"We're all really on different teams, but we're all here for the same reason: we all love to run," Cheatham said. "If one guy trips and falls at the finish line, it doesn't matter what school he's from. He's still a person. You still go pick him up, tell him, 'Good job,' and get him some water. It's all about having fun and living the sport, rather than winning all the time."

At the end of the evening and after the scores were tallied, George Washington High School captured the girls' team crown and John F. Kennedy High School took first

place in the boys. The results were based on a cumulative score of the finish times of each team's top five runners. All top 10 finishers accepted individual medals and the top three teams took home trophies.

Going into the tournament, GHS had completed the regular season undefeated. Joe Taitano, GHS coach, said his runners have given crowds a reason to cheer all season long. Practices for the season started as early as the last week of July and continued every week leading up to the tournament, with practices as often as six times per week.

"The kids ran super well and I appreciate that," Taitano said. "They've given me everything they've got and I'm proud of them."

The GHS Panthers plan to continue their training and competition at the Asia-Pacific Cross Country Invitational at War in the Pacific National Historical Park Asan Beach Unit Oct. 22 and at the Pacific Far East Cross Country meet at Tama Hills Recreation Area in Japan Nov. 8.



Cross Country: Trevor Cheatham, a Guam High School senior, races to the end of the Independent Interscholastic Athletic Association of Guam Cross Country All-Island Championship, which was held at Admiral Nimitz Golf Course in Barrigada Oct. 14. Cheatham, the Panthers' team captain, finished the run first for his team and sixth overall with a time of 19:25. (U.S. Navy photo by Jesse Leon Guerrero)

Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail jointregionedge@fe.navy.mil.

Run Registration

Runners can submit run registrations for Morale, Welfare and Recreation (MWR)-sponsored runs via e-mail. On the Fitness Program page of the MWR website, mwr-guam.com, click on the "NEW Run Registration Form" PDF under Additional Links, and follow the instructions. Effective November, pre-registration for all fitness events will end at 5 p.m. on the Friday of the week prior to the event.

Trick or Treat 5K

Trick or Treat 5K is scheduled for Oct. 23 starting at Charles King Gym. It is free to run; T-shirts are \$8 (pre-registration) and \$10 (day of the race). It will start at 7 p.m., show up 30 minutes prior. Register at Charles King Gym. For more information, call 564-1862.

Ultimate Frisbee

Ultimate Frisbee games are played at Sampson Softball Field (near pool) on U.S. Naval Base Guam. League games are played Tuesdays and Thursdays, 5:30 p.m. Pick-up games are played Tuesdays and Thursdays, 6:30 p.m. For more information, call 339-2365.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

Aikido Classes

The Hotspot is now offering two types of Aikido Classes. One is a Traditional (Hombu) Aikido Class for all levels. Classes will be held Monday and Wednesday from 5:30-6:30 p.m. for 8-12 years old and 6:30-8 pm for adults. The other class is Law Enforcement/Combat Aikido, for adults only. This class will be held Tuesday and Thursday from 6-7:30 p.m. Classes are \$60 per month. Sign up at the Hotspot. For more information, call 366-2339.

Tumbling for Tots

Tumbling for Tots, an interactive play program for kids and parents, is available at the Hotspot Gym. Hours are Monday-Friday from 9 a.m.-noon and closed holidays and down days. This is a self-directed activity. A Family Advocacy staff member will be available Tuesdays and Thursdays to talk with parents. Children will not be left unattended. No food or drink in the play area. Parents must clean up after their children. No shoes are allowed in the play area and children must abide by the posted rules. For more information, call 366-2339.