

JOINT REGION EDGE

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36th Wing ushers in new CC

By Senior Airman Shane Dunaway

Joint Region Edge Staff

After nearly two years of service as the 36th Wing commander, Brig. Gen. Philip Ruhlman passed the wing guidon to Brig. Gen. (Select) John Doucette, the incoming 36th Wing commander, officially signifying the changeover in leadership during a change of command ceremony at Hangar 6 here June 25.

During his tenure as wing commander, Ruhlman oversaw many mission-essential and quality-of-life projects throughout the wing, including the dorm renovations, runway reconstruction and the stand up of the wing's Humanitarian Assistance Rapid Response Team. Ruhlman also led the charge in the wing's integration into Joint Region Marianas.

"To be given the privilege to command and the honor to lead is a most precious gift," Ruhlman said. "I am so very thankful to have been given this chance to lead our Airmen

and partner with my joint teammates over these past 22 months. We've come a very long way together, and I can say the journey has been an absolute thrill – the opportunities challenging, the rewards great and the friendships we've made everlasting."

Lt. Gen. Hawk Carlisle, 13th Air Force commander, presided over the change of command and spoke highly of Ruhlman's impact as part of Team Andersen.

"He led a wing that, during his tenure, processed more than 2,100 transit aircraft, moved more than

See **COMMAND**, Page 11

Assumption: Brig. Gen. (select) John Doucette assumes command of the 36th Wing from Lt. Gen. Hawk Carlisle, 13th Air Force commander, on Andersen Air Force Base June 25. Doucette was commissioned at Officer Training School in 1986 and is a command pilot with more than 2,600 hours of flight time. (U.S. Air Force photo by Airman Julian North)



Coast Guard opens new facility for Station Apra Harbor



By Oyaol Ngirairiki

Joint Region Edge Staff

U.S. Coast Guard (USCG) Station Apra Harbor held a ribbon-cutting ceremony for their new headquarters on U.S. Naval Base Guam (NBG) June 24.

Capt. Thomas Sparks, Commander, USCG Guam, said the new

Ribbon-Cutting: Capt. Scott Galbreath, center, commanding officer, U.S. Naval Base Guam, cuts the ribbon at the U.S. Coast Guard (USCG) Station Apra Harbor's new headquarters, as Capt. Thomas Sparks, left, Commander, USCG Sector Guam, and Chief Boatswain's Mate Nicholas Pavlik, officer in charge of USCG Station Apra Harbor, look on June 24. (U.S. Navy photo by Oyaol Ngirairiki)

facility's proximity to Sumay Cove Marina will help improve USCG Station Apra Harbor's response time to emergencies. The new headquarters sits about 200 meters from the marina, whereas the former headquarters was several miles away.

"It puts us at a much greater state of readiness, it makes us more capable to respond to search and rescue cases and law enforcement cases," Sparks said. "And it just gives us a leg up overall in terms of getting out in the water and doing what we have to do to protect the public here in Guam."

As an independent command operating under USCG Sector Guam, USCG Station Apra Harbor carries out missions in support of America's maritime safety, security, and stewardship interests. The station performs law enforcement,

search and rescue, homeland security, and homeland defense operations.

Sparks thanked the Navy community, including U.S. Naval Facilities Engineering Command Marianas and NBG, for their support in making the new facility possible. Sparks specifically noted Capt. Scott Galbreath's, NBG commanding officer, efforts.

"More than any single person Capt. Galbreath is responsible for us being in these spaces today," Sparks said. "The Coast Guard and Sector Guam is truly in his debt."

Chief Boatswain's Mate Nicholas Pavlik, officer in charge of USCG Station Apra Harbor, said prior to moving to the Sumay facility, USCG Station Apra Harbor shared

See **APRA**, Page 10

INSIDE

- NAVINSGEN to visit Guam, page 4
- USS City of Corpus Christi (SSN 705) comes home, page 5



NBG Security Takes Care of Kids

Sailors help protect children through Project KidCare.

SEE PAGE 2



Airmen save life

Airmen save Soldier's life outside gym in Iraq.

SEE PAGE 12



Top Performer

Logistics Specialist 2nd Class (SW) Jason Ford

SEE PAGE 3

Command: Doucette looks forward to serving Team Andersen

Continued from Page 1

22,000 tons of cargo, and deployed more than 1,800 servicemembers, all the while supporting a surge in operations, ensuring there was no interruption of the combat capability in the Pacific area of responsibility," Carlisle said.

Brig. Gen. (Select) Doucette comes to the 36th Wing from his

previous assignment as Special Assistant to the Director of the Joint Staff for General and Flag Officer Matters at the Pentagon in Washington, D.C. As he prepares to lead the 36th Wing to greater heights, he provided an outlook shaping the future of Team Andersen and its Airmen.

"I look forward to leading you, but more importantly, I look

forward to serving you," Brig. Gen. (Select) Doucette said. "This is a very humbling experience. Yes, there are challenges and yes, I've been given the lead, but I know very well that leadership is a matter of servitude. I pledge to you from this day forward that you will have my undying support in every endeavor.

"As you look around here at these capabilities and what we bring not

just to the Pacific, but to our Nation, you are part of that legacy and you are part of Pacific airpower that both stands out and stands forward at the ready. There's a lot on our plate and we'll get it done. I know we will."

Ruhlman and his wife, Lina, said their farewells to Team Andersen members, friends and members of the local community as they

embark on a new chapter in life. Ruhlman is slated to venture to the Pentagon as Director of Manpower, Organization and Resources at Headquarters Air Force.

"Phil, I have the utmost respect and admiration for you, and we're all thankful you're a part of our Air Force," Carlisle said. "We have all been blessed by your leadership and your command."



Honor Guard: Members of the Andersen Honor Guard prepare to present the colors during the 36th Wing change of command ceremony on Andersen Air Force Base June 25. During the ceremony, Brig. Gen. (select) John Doucette assumed command of the 36th Wing from outgoing commander Brig. Gen. Philip Ruhlman. (U.S. Air Force photo by Airman Julian North)



Passing the Baton: Brig. Gen. Philip Ruhlman, former commander of the 36th Wing, passes on the ceremonial Swagger Stick to Brig. Gen. (select) John Doucette, the new 36th Wing commander, during the 36th Wing change of command ceremony on Andersen Air Force Base June 25. The Swagger Stick was originally presented to the 36th Tactical Fighter Wing by retired Maj. Gen. Charles Bondley and has been passed on to every incoming wing commander since. (U.S. Air Force photo by Airman Julian North)



First Salute: Col. Tod Fingal, 36th Wing vice commander, renders the Wing's initial salute to new commander, Brig. Gen. (select) John Doucette on Andersen Air Force Base June 25. Doucette assumed command of the 36th Wing after Brig. Gen. Philip Ruhlman, who served the last two years as base commander, relinquished command. (U.S. Air Force photo by Airman Julian North)

NBG helps protect kids through Project KidCare

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert
Joint Region Edge Staff

Sailors from U.S. Naval Base Guam Security joined volunteers from local organizations and Guam Police Department (GPD) to protect children through Project KidCare held on Guam June 26.

The project has been held on Guam for the past 14 years and is a national child photo identification and safety education program, which provides parents with a free identification booklet with the child's photograph and vital statistics.

The objective of Project KidCare is to increase awareness about the issue of missing and exploited children and to educate parents and children about the ways they can protect themselves.

This is the third year NBG Security has participated in the project. Sailors helped register children and take their height, weight measurements, and fingerprints.

Master-at-Arms 3rd Class Christopher Helmer said he and his team volunteer to support the program because they wanted to do their part in protecting all children as well as to be a part of the community.

"I think it's real important to be here; first to show our faces to the community and also to help these children get registered," Helmer said. "It's really important to protect children from crime."

Officer Anthony Quichocho from GPD has volunteered for the project for eight years. He said he is happy that the group of Sailors

assisted with the project.

"I am here with the U.S. Navy police and they have been very helpful," Quichocho said. "I know quite a few of these guys, so it was nice to see their faces. We are all one community and must work together to fight against crimes against children."

John Ruane, of Yigo, said he is happy that Guam is once again offering the project.

"I do this every year," Ruane said. "I am glad I get a chance to update my child's information. It's scary with all the abductions going on in the states. I want to make sure my child is safe."

Quichocho estimated 300 to 500 children will sign up this year and said the project has been effective on Guam in returning abducted and lost children back home safely while also catching and locking up perpetrators.

For more information on Project KidCare go to: <http://www.preparerespondrecover.com/kidcare/index.html>



Fingerprinting: Master-at-Arms 3rd Class Bernardo Negron-Rodriguez fingerprints children at the Agana Shopping Center on Guam June 26. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

Share These Seven Rules of Safety with Your Children:

- 1 Before I go anywhere, I always check first with my parents or the person in charge. I tell them where I am going, how I will get there, who will be going with me, and when I'll be back.
- 2 I check first for permission from my parents before getting into a car or leaving with anyone, even someone I know. I check first before changing plans or accepting money, gifts or drugs without my parent's knowledge.
- 3 It is safer for me to be with other people when going places or playing outside. I always use the "buddy system."
- 4 I say NO if someone tries to touch me in ways that make me feel frightened, uncomfortable or confused. Then I go and tell a grown-up I trust what happened.
- 5 I know it is not my fault if someone touches me in a way that is not O.K. I don't have to keep secrets about those touches.
- 6 I trust my feelings and talk to grown-ups about problems that are too big for me to handle on my own. A lot of people care about me and will listen and believe me. I am not alone.
- 7 It is never too late to ask for help. I can keep asking until I get the help I need.

(Source: KidCare identification booklet)

2010 Technical Sergeant Selectees

From 36th Wing

Congratulations to the newest 2010 E-6 technical sergeants from Andersen Air Force Base.
Staff Sgt. Antonio Asuelo
36th Communications Squadron
Staff Sgt. Justin Blake Bacio
36th Maintenance Group
Staff Sgt. Eric Barackman
36th Operations Group
Staff Sgt. Matthew Barton
734th Air Mobility Squadron
Staff Sgt. Joshua Bedard, 36th Communications Squadron
Staff Sgt. Ryan Bell
734th Air Mobility Squadron
Staff Sgt. Benjamin Boedecker,
36th Civil Engineering Squadron
Staff Sgt. David Bonaccorso,
36th Munitions Squadron
Staff Sgt. Rachel Bonafede,
36th Civil Engineering Squadron
Staff Sgt. Vincent Bonafede,
36th Communications Squadron
Staff Sgt. Ryan Boyd
36th Civil Engineering Squadron
Staff Sgt. Jason Brashar
554th Red Horse Squadron
Staff Sgt. Jamie Brewer
36th Medical Support Squadron

Staff Sgt. Nathen Bullard, 734th Air Mobility Squadron
Staff Sgt. Carrie Cain
36th Force Support Squadron
Staff Sgt. Thomas Capaldo,
36th Logistics Readiness Squadron
Staff Sgt. Elizabeth Corp,
36th Security Forces Squadron
Staff Sgt. Joseph Curtis
36th Munitions Squadron
Staff Sgt. Allen Daley
36th Mobility Response Squadron
Staff Sgt. Jorge Davila
36th Security Forces Squadron
Staff Sgt. Stephen D'Silva,
734th Air Mobility Squadron
Staff Sgt. Michael Filler
554th RED HORSE Squadron
Staff Sgt. Daniele Flick
36th Civil Engineering Squadron
Staff Sgt. Amadeo Forgit
36th Civil Engineering Squadron
Staff Sgt. Brandon Franklin,
36th Operations Group
Staff Sgt. Jeanine Funez 36th Force Support Squadron
Staff Sgt. Tyler Gary
36th Security Forces Squadron
Staff Sgt. Skylar Graham
36th Maintenance Squadron

Staff Sgt. Jason Hanafin
36th Medical Operations Squadron
Staff Sgt. Hiroshi Hatano,
36th Comptroller Squadron
Staff Sgt. Richard Hesse
36th Civil Engineering Squadron
Staff Sgt. Aaron Hill
554th RED HORSE Squadron
Staff Sgt. Aaron James Phillips,
36th Wing
Staff Sgt. Florenda Johnson,
36th Wing
Staff Sgt. John Kane
36th Communications Squadron
Staff Sgt. Juan Lara
36th Communications Squadron
Staff Sgt. Nitra Latta
36th Contracting Squadron
Staff Sgt. Troy Latta
36th Munitions Squadron
Staff Sgt. Jeremy Lawley
36th Wing
Staff Sgt. Christopher Madaras
734th Air Mobility Squadron
Staff Sgt. Anthony Mafnas
644th Combat Communications Squadron
Staff Sgt. Jonathan Marshall
554th RED HORSE Squadron
Staff Sgt. Jason Martin
Det. 1 36th Mission Support Group

Staff Sgt. Kenneth Mayfield,
644th Combat Communications Squadron
Staff Sgt. Shakon McDuffie,
36th Maintenance Squadron
Staff Sgt. Melissa Melton
36th Medical Operations Squadron
Staff Sgt. Eric Natalicio
36th Medical Operations Squadron
Staff Sgt. David O' Bryant
36th Civil Engineering Squadron
Staff Sgt. Jesse Opena
36th Munitions Squadron
Staff Sgt. Ktanh O'Rourke
36th Medical Support Squadron
Staff Sgt. Eziquiel Ortiz
36th Force Support Squadron
Staff Sgt. David Parr
36th Force Support Squadron
Staff Sgt. Matthew Prechtel
36th Munitions Squadron
Staff Sgt. Christy Prentiss
36th Wing
Staff Sgt. Francis Quiambao
36th Logistics Readiness Squadron
Staff Sgt. Joseph Radosevich,
36th Munitions Squadron
Staff Sgt. Arturo Ramirez
36 Security Forces Squadron
Staff Sgt. Michael Sanders
36th Communications Squadron

Staff Sgt. Justin Schleyer
36th Security Forces Squadron
Staff Sgt. Gary Schoenhals,
Mobility Response Squadron
Staff Sgt. Christopher Shields,
36th Munitions Squadron
Staff Sgt. James Shreve
136th Munitions Squadron
Staff Sgt. Benjamin Smith
734th Air Mobility Squadron
Staff Sgt. Kirk Struss
554th RED HORSE Squadron
Staff Sgt. Alan Stutzman
36th Maintenance Squadron
Staff Sgt. Chad Thomas
734th Air Mobility Squadron
Staff Sgt. Aisha Toston
36th Medical Support Squadron
Staff Sgt. William Townsend
36th Security Forces Squadron
Staff Sgt. Nathaniel Vonseggern
734th Air Mobility Squadron
Staff Sgt. Natasha Ward
36th Force Support Squadron
Staff Sgt. Robert Warminsky,
36th Communications Squadron
Staff Sgt. Danita Welch
36th Medical Group
Staff Sgt. Craig Willits
736th Security Forces Squadron

Logistics specialist strives to be the best

By Mass Communication Specialist 2nd Class (SW) Peter Lewis
Joint Region Edge Staff

Almost seven years ago, Logistics Specialist 2nd Class (SW) Jason Ford joined the Navy "to seek out new opportunities and to better myself with not only an educational degree, but the experience to back it up."



"My dream has always been to open a business of my own. My current rate has offered me a chance to build from the ground up," he said. "As a logistics specialist, inventory and material and warehouse management have been topics of interest."

Ford said that he's stayed Navy because the service has given him a sense of adventure, especially at his current command, Fleet and Industrial Supply Center (FISC) Yokosuka Detachment, Guam.

"As customer service's leading petty officer and official mail room manager, my eyes have widened to a new range of responsibilities," said Ford. "My main job involves management of a variety of areas of concern."

The logistics specialist also said that his command allows him to improve himself through the host of collateral duties he holds.

"With collaterals such as terminal area



Sorting: Logistics Specialist 2nd Class (SW) Jason Ford sorts mail at the Fleet and Industrial Supply Center Yokosuka Detachment, Guam Consolidated Mail Facility in Building 4 on U.S. Naval Base Guam June 28. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

security officer, electronic key management system manager, training petty officer, and safety coordinator, just to name a few, I constantly find myself with opportunities to help others and expand my understanding of the Navy," said Ford.

Lt. Brian Hays, Ford's supervisor, said that Ford's positive attitude and determination to constantly improve himself and those around him sets Ford apart from his peers.

"LS2 Ford is a hard charger who always gets the job done no matter how difficult it is,"

Hays said. "I am constantly impressed by his ability to handle multiple tasks and undertake new challenges."

Hays said that Ford sets a superior example for all personnel around him to emulate.

"LS2 is outstanding mentor," he said. "He demonstrates the traits of a leader that is well above his pay grade, and is always willing to help his fellow Sailors. He is deeply involved in community relations and shows an outstanding military image."

The lieutenant also spoke of Ford's contributions toward making his command one of the best of its kind.

"LS2 is integral to the success of the customer service division at the FISC," he said. "Through his leadership and teamwork he has helped make this the best [Logistics Support Center] in the area providing outstanding support to the fleet."

Ford, who has received a Meritorious Unit Commendation award at his current command, credited his positive attitude and can-do attitude to the lessons that he received from his father.

"My dad has given me some great advice, telling me to move forward with anything and everything that I think is possible," Ford said.

Ford said that he hoped to pass on his work ethic to all other Sailors that he encounters, and that he hopes he can aid others to succeed in their endeavors.

"All it takes to be great at what you do is perseverance and a will to succeed, no matter what it takes," he said. "Keep that in mind and you can succeed at anything."

Connect with Guam military on social media sites



By Mass Communication Specialist 2nd Class (SW) Peter Lewis
Joint Region Edge Staff

For more than half a decade, online social networks have allowed people to keep contact with friends around the globe and keep up with the daily happenings of their favorite businesses, organizations, and other interests.

The military has seen the benefit of online social networks, and many commands have taken advantage by creating their own Twitter and Facebook pages. The military on Guam has followed suit.

For those interested in the latest news on Joint Region Marianas (JRM), Naval Base Guam (NBG), and Andersen Air Force Base (AFB), you can become a fan of the Joint Region Marianas Facebook

page. Simply type Joint Region Marianas into the search bar of your Facebook page.

Under the 'Wall' tab, you can find all the latest news from JRM, NGB and Andersen AFB, including links to articles and the Joint Region Edge newspaper. The 'Info' tab has mission information about JRM, the Facebook page's rules, and information on contacting the JRM Public Affairs Office.

You can also view our photos albums by clicking on the 'Photos' tab. Click on the 'Video' tab for Youtube links to the latest editions of the Joint Military News Network and Scenes of Paradise broadcasts. By clicking on the 'Notes' tab, you can view additional articles about JRM personnel.

You can also follow Naval Base Guam activities on Twitter. If you want updates on Morale, Welfare, and Recreation (MWR) events on

island, you can become a fan of MWR Guam Facebook page. Type

MWR Guam into the search bar of your Facebook page to get messages about upcoming MWR events on the island.

Helicopter Sea Combat Squadron (HSC) 25 and HSC-25 Detachment 1 also have Facebook pages. Type HSC-25 and HSC-25 Detachment 1 into the search bar of your Facebook page. Both pages provide insight to the Island Knights' mission, history, and recent deployments.

For more information on Joint Region Marianas, you can visit the command homepage on the web at <http://www.cnic.navy.mil/marianas/index.htm>

For more information on MWR Guam, visit their site at <http://www.mwrguam.com/>

For more information on HSC 25, visit their homepage at <http://www.hsc25.navy.mil/>

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Rear Adm. Paul J. Bushong, USN,
Commander, Joint Region Marianas

Brig. Gen. Philip Ruhlman, USAF
Deputy Commander, Joint Region Marianas

Joint Region Marianas Public Affairs

Lt. Jodie Cornell, USN,
Public Affairs Officer
339-4055
jodie.cornell@fe.navy.mil

Coleen R. San Nicolas-Perez
Deputy Public Affairs Officer
339-3209
coleen.perez@fe.navy.mil

Theresa Merto Cepeda
Public Affairs Director, DZSP 21 LLC
339-6114
theresa.cepeda@fe.navy.mil

James Fee
Editor
james.fee.ctr@fe.navy.mil
339-7113

Reporters
Mass Communication Specialist
2nd Class (SW) Peter Lewis
339-4476
peterlewis1@fe.navy.mil

Mass Communication Specialist
2nd Class (SW) Corwin Colbert
339-4376
conwin.colbert@fe.navy.mil

Jesse Leon Guerrero
339-5207
jesse.leonguerra.ctr@fe.navy.mil

Oyaol Ngirairiki
339-2115
oyaol.ngirairiki@fe.navy.mil

Photographers
Reynaldo Rabara
339-8423
reynaldo.rabara@fe.navy.mil

Raymond Torres
339-8423
raymond.torres@fe.navy.mil

Write to us at:
Joint Region Marianas
Public Affairs Office
PSC 455 Box 152, FPO AP
96540

36th Wing Public Affairs

Lt. Col. Jeffrey Robinson
Chief of Public Affairs
366-4202

Reporters
Tech Sgt. Mike Andriacco
366-2228

Staff Sgt. Jamie Lessard
366-4202

Senior Airman Shane Dunaway
366-2228

Senior Airman Isaac Garden
366-2228

Senior Airman Nichelle Anderson

366-2228

Airman 1st Class Courtney Witt

366-2228

Airman 1st Class Jeffrey Schultze

366-2228

Airman 1st Class Julian North

366-2228

Airman 1st Class Anthony Jennings

366-2228

Airman Whitney Amstutz

366-2228

NAVINGEN to visit Navy on Guam

By Karl Nichols

Joint Region Marianas Inspector General

A team from the Office of the Naval Inspector General (NAVINGEN), Vice Adm. Andrew Winn, and his Area Visit Team from Washington, D.C. will visit Navy commands and installations on Guam July 12-16.

As part of their visit, the team will gather information to gain more insight, from a customer's viewpoint, into the readiness and quality of life on Guam.

The mission of the Naval Inspector General is to be the "conscience of the Navy" and to provide assistance, advice and advocacy to all commands.

This area visit will include on-site visits, focus group meetings and discussions with Sailors and Department of Navy (DON) Civilian employees throughout Guam.

Each focus group will be composed of a cross-section of personnel and will consist of approximately 25-30 people in a specific rank/rate and DON civilian employees.

Selection of participants will be made on a random basis and participants will be notified of their selection by their chain of command. Participants' views and honest inputs will be helpful to the NAVINGEN as the team attempts to improve the quality of life for all Navy personnel, family members and civilian employees.

The information gathered by these meetings is crucial to NAVINGEN's efforts and ensures the team accurately captures the concerns of DON personnel on Guam.

For more information concerning the NAVINGEN visit, call Joint Region Marianas Inspector General Karl Nichols at 339-4236 or Brenna Folkman at 339-3650.

AFRC thanks Andersen AFB community

By Bernie McFarling

Airman & Family Readiness Center

At one time or another, most agencies throughout the military could probably say they have had to operate under conditions of reduced manning or funding.

It is not a unique situation and we all strive to be creative to continue offering valuable services and programs to our military service members and their families.

The Andersen Air Force Base (AFB) Airman & Family Readiness Center (AFRC) staff is extremely

grateful for the support of the Andersen AFB community.

We consider ourselves very lucky to have a constant team of volunteers helping us with various activities such as running the Airman's Attic, manning our front desk and assisting with programs and events like the Job Fair, Heart Link, Spouse Newcomer's Orientation and the Key Spouse Program.

In addition to our awesome volunteers, we also have support from several community agencies in the form of donations. Over the past year, our Hearts Apart Program

has been enhanced by partnering with the First Sergeants' Council, the Protestant Women of the Chapel, the Catholic Women of the Chapel and the Andersen Enlisted Spouses Club. These organizations have provided personnel, food and support for several events.

We have received and are very grateful for a \$200 donation from the First Sergeants' Council, a \$2000 donation from the Andersen chapel and an \$8000 donation from the Andersen Officers Spouses' Club.

Monetary support helps the AFRC in several ways.

First of all, it allows us to purchase items for our programs.

Additionally, we are able to conduct volunteer appreciation activities and purchase appreciation gifts to thank our many volunteers for sharing their time and talents with Team Andersen.

It has given us the opportunity to resurrect dormant programs, enhance current services and it allows us to develop new programs as needed or requested by the Team Andersen community.

The AFRC staff would like to thank the people and agencies of

the Andersen AFB community for its continued support and we look forward to strengthening existing partnerships and forging new relationships with agencies throughout the base.

If you or your agency would like to volunteer your time and talents to assist the AFRC in serving the community, please contact us at 366-8136. Additionally, if you have suggestions or ideas about programs and services needed on Team Andersen, please contact one of our Community Readiness Consultants. We are here to assist you in paradise.

Online program helps military families vote absentee

By Lisa Daniel

American Forces Press Service

Defense Department officials launched an Internet-based program June 28 to help servicemembers and other Americans living overseas vote more easily in November's elections.

The new online voting assistant at www.fvap.gov will make the registration and absentee ballot application process "quick, easy, seamless and intuitive," said Bob Carey, a federal voting assistance program director.

Americans living abroad previously had to research a 290-page manual to find their state requirements for absentee voting, including where and how to send their applications, Carey said.

"One of the things we found from the 2008 elections was that voters found the process very complex, very laborious and not very intuitive," he said. "With this, a voter doesn't have to have a master's in election law to figure out the process."

The site asks prospective voters to identify themselves either as a

service member, family member or other citizen living outside the U.S., then answer fewer than 10 questions, including voting residence and how a ballot should be sent to them, Carey said. The process takes between two and 10 minutes.

The program automatically determines the voter's election jurisdiction, and the proper questions to ask to meet specific state and local registration and absentee ballot requirements, Carey said. Once the questions are answered, the voter prints off a form in PDF format, signs it and submits it by

mail, fax or e-mail, depending on state requirements.

The online assistant does not store the information after the form is complete, and the information is purged from the server, he said.

The program is expected to increase the number of ballots counted for service members, who are known to vote at a higher rate than the general public, Carey said.

In 2008, it is believed that roughly 5,000 service members' ballots couldn't be counted because forms were inadequate, incomplete or mailed to the wrong jurisdiction.

An even bigger problem was that ballots didn't make it to voting officials in time to be counted, he said.

The online assistant was released as part of Armed Forces Voters Week and Overseas Citizens Voters Week, which runs June 28 through July 7.

Americans living overseas, some six million voters, are encouraged to use the site to register for absentee ballots in July.

"If it's August, they're starting to push it," Carey said. "If it's September, they're going to have problems."

News Notes

Employment Opportunities

Looking for a part time job? 36th Force Support Squadron offers multiple employment opportunities. Current job vacancies and job descriptions within 36th Services are available online at www.36thservices.com by clicking on HRO jobs. For more information, visit the Human Resources Office (HRO) or call 366-6141.

Performers Needed for Armed Forces Recognition Day

The Guam Liberation Festivities Committee is seeking school, church and community performing groups, more specifically those involving children of service members, to perform on July 17 at the War in the Pacific National Historical Park in Asan as part of "Armed Forces Recognition Day." The event will feature static displays by various military units on Guam. Performances will be held every hour culminating with a performance by the 3rd Marine Expeditionary Force Band from Okinawa, Japan. School, church and community groups interested in performing should contact entertainment committee chair, Max Ronquillo Jr. at 797-6299 or e-mail gtband@gmail.com.

Andersen AFB Vet Clinic Closed

The Andersen Air Force Base Veterinary Clinic is scheduled to reopen for business Wednesday, July 7. For more information, call 366-3205.

2009 Consumer Confidence Report Now Available

Andersen Air Force Base's drinking water is safe to drink and is in compliance with all federal and local regulations. Under the Environmental Protection Agency's (EPA) Consumer Confidence Reporting Rule of the federal Safe Drinking Water Act, the base Bioenvironmental Engineering Office is required to annually summarize water analytical test results from the previous year and make the summary report available to all water consumers. This report is available on the Andersen Air Force Base Intranet under "Featured Links, AAFB Consumer Confidence Report."

Printed copies are also available at the base library and the Bioenvironmental Engineering office located in the Aerospace Medicine clinic. For more information or to receive the report by email, call 366-7166.

Airman Court-Martialed for Use and Distribution of Drugs

By Staff Sgt. Michael Sian

36th Wing Legal Office

On May 27, Airman 1st Class Daniel McKissack, assigned to the 36th Maintenance Squadron was convicted by a special court-martial of eight offenses - wrongful use of marijuana (five offenses), wrongful distribution of marijuana (two offenses) and wrongful introduction of marijuana to a military installation (one offense).

These crimes are violations of Article 112a, Uniform Code of Military Justice. McKissack used

and distributed marijuana for a lengthy period of time within the territory of Guam and on Andersen Air Force Base.

Following his trial, McKissack was sentenced to three months confinement, three months hard labor without confinement, forfeitures of \$400.00 pay per month for 12 months, and reduction to E-1.

Due to his misconduct this member will be spending three months in jail. The poor judgment and criminal actions of this Airman will affect him for the rest of his life as he will have a federal drug conviction on his record.

Wing safety office ensures compliance

By Senior Airman Shane Dunaway
36th Wing Public Affairs

When it comes to the mission at hand, Team Andersen Airmen, civilian and contractors must comply with all safety measures so objectives can be accomplished in a risk-free and efficient manner.

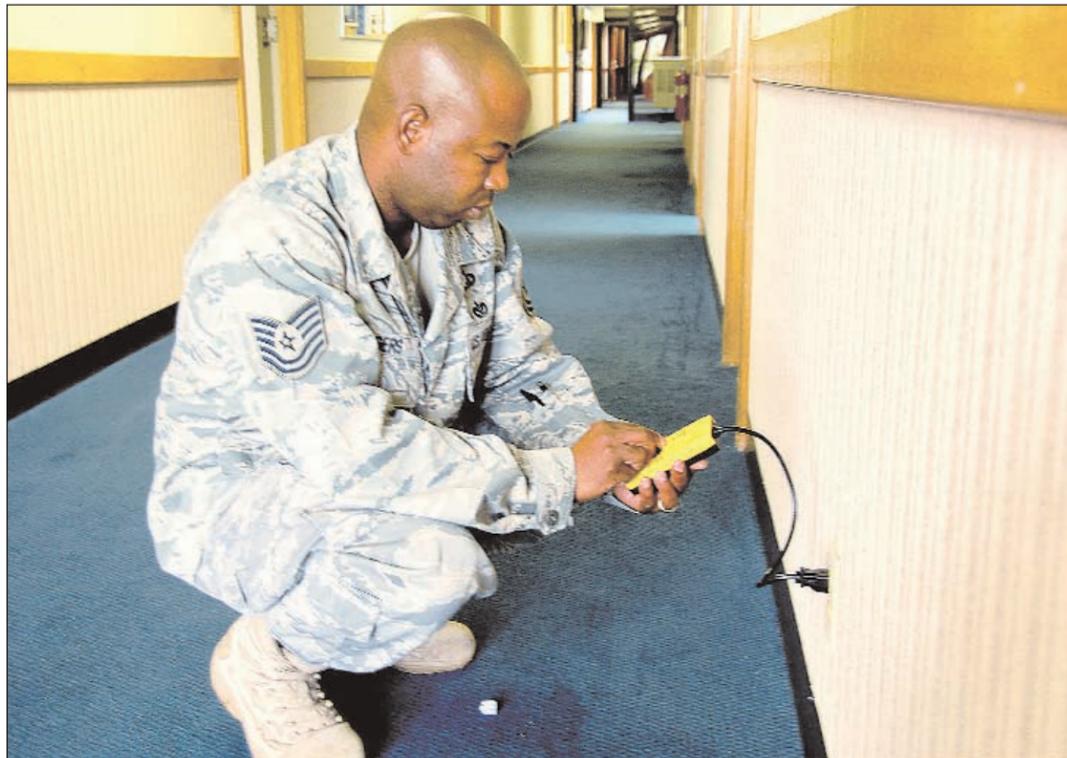
The 36th Wing safety office works diligently to provide up-to-date information to Team Andersen members and enforce all standards in place to prevent mishaps, injuries and losses of Air Force assets.

The office is divided into three sections. Each section has its own unique programs geared towards safety compliance.

Flight safety managers monitor all flight-related activities and coordinate closely with deployed fighter and bomber squadrons as well as flights within the 36th Operations Support Squadron to safeguard the millions of dollars in aircraft assets and capabilities here. Flight safety managers take charge of the Bird Aircraft Strike Hazard program and the Mid-Air Collision Avoidance program which enable them to accomplish the mission.

"We put together pamphlets and pass it out to various units throughout the wing and also to Won Pat International Airport," said Tech. Sgt. Byron Gwyn, 36th Wing flight safety manager. "The pamphlets help make people aware of their surroundings whenever they're flying in and out of the local area."

While the flight safety manager takes care of his portion, the weapons safety managers here monitor more than 350 explosive site plans to ensure proper distances are maintained between munitions



Check: 36th Wing ground safety manager, Carlos Rogers, performs a safety check on an electrical outlet at the Wing Headquarters building on Andersen Air Force Base June 28. (U.S. Air Force photo by Airman Whitney Amstutz)

storage areas and facilities or aircraft. They conduct annual inspections of each site and periodic spot inspections to ensure compliance with standards.

"Each explosive has a certain distance it has to be away from non-related facilities and personnel," said Tech. Sgt. Robbie Romines, 36th Wing weapons safety manager.

Flight and weapons safety managers are selected from crew chief and munitions career fields respectively due to their special

experience identifier, qualifying them to be inspecting authorities based on their technical knowledge and background within the fields. Their expertise gives them a unique perspective from working within the safety office.

"When you're in the bomb dump, you don't get the big picture," said Tech. Sgt. Zach Garrett, 36th Wing weapons safety manager. "When you're out here looking back into munitions and seeing how they interact with the rest of the best, you

can understand the bigger picture and how the operations impact the base."

Those who fill the ground safety manager position might not play pivotal roles with the base's premier weapons and aircraft system, but they still play an integral part in maintaining the safety of Andersen's most valuable resources – its Airmen and facilities.

Ground safety managers are the focal point for a multitude of programs throughout the wing,

including motorcycle safety, supervisor safety training and mishap prevention. They conduct inspections on the majority of the wing's facilities annually and perform random inspections as needed. In worst-case scenarios, ground safety managers become key members in investigating Class A or Class B mishaps.

"We are the eyes and ears for all safety issues within the wing," said Tech. Sgt. Carlos Rogers, 36th Wing ground safety manager.

In order to facilitate the vast area of responsibility for ground safety managers, each unit in the 36th Wing appoints a unit safety representative to elevate issues through the chain of command as they arise. The unit safety reps assist the safety office in providing mishap reports and trend analyses within their respective units.

Ground safety managers identify safety issues and trends by publishing mishap and inspection cross-tells designed to give extra attention to problem areas. They also conduct newcomer briefings to first term Airmen and Team Andersen's newest members who come here via permanent change of station or deployment and provide valuable information on local conditions and trends.

All major safety campaigns here also fall into the ground safety manager's plate, including the Critical Days of Summer and all mandated Safety Day programs. It's a role Rogers embraces wholeheartedly.

"I enjoy being able to get out and talk to people about key safety issues," Rogers said. "I enjoy training and teaching them so I can give them the tools they need to successfully run their mishap prevention programs."

USS City of Corpus Christi welcomed home

By Lt. Joshua Cornthwaite
Submarine Squadron 15 Public Affairs

The fast-attack submarine USS City of Corpus Christi (SSN 705) returned home to U.S. Naval Base Guam June 19 after a successful five-month dry-dock maintenance period in Pearl Harbor, Hawaii.

The work period allowed for the completion of a wide variety of projects that will help ensure the unit's continued operational readiness.

"The crew did an outstanding job," said Cmdr. Rob Gaucher, commanding officer of USS City of Corpus Christi. "Working long hours with unmatched dedication and professionalism, the crew ensured that the ship returned in better material condition, ready to complete any mission."

As the submarine sailed into port, the crew was greeted by the cheers of family and friends waiting on the pier.

"It's great," said Talena McKey, wife of Electrician's Mate 1st Class (SS) John McKey. "After five long months, I am very excited to have my husband back home. I cannot wait to spend time with him on the beach or hiking around Guam."

"It's wonderful to be home," exclaimed Lt. Cmdr. John Frye, executive officer of USS City of Corpus Christi, as he hugged his wife and two young daughters. "I am very excited to see my family."

As family members connected over a hot dog and hamburger cook-out, there was a palpable sense of excitement and satisfaction for both the hard work just completed and the ongoing reunification with loved ones.

USS City of Corpus Christi is named for the major Texas seaport city Corpus Christi. City of Corpus Christi is the 18th Los Angeles-class attack submarine and the 13th ship of that class built by Electric Boat in Groton, Conn. In 2002, City of Corpus Christi shifted its homeport from Groton, Conn., to Guam where the submarine is assigned to Submarine Squadron 15.

Home: Lt. Cmdr. John Frye, USS City of Corpus Christi (SSN 705) executive officer, stops for a picture with his family shortly after returning home to U.S. Naval Base Guam from a five-month maintenance period June 19. (U.S. Navy photo by Lt. Joshua Cornthwaite)

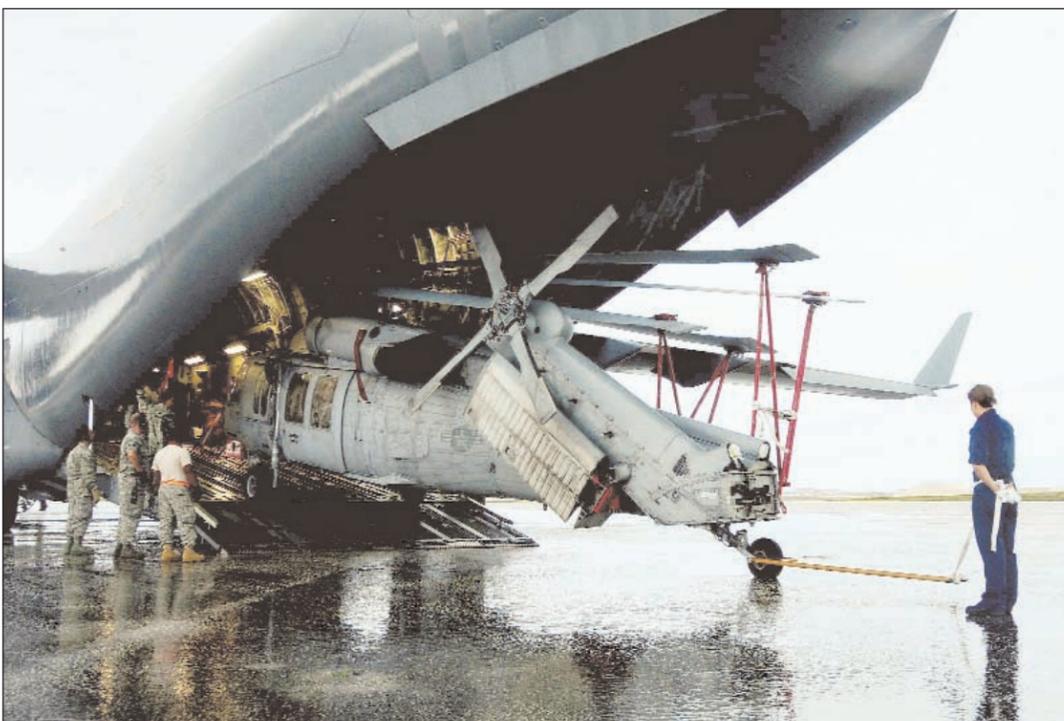
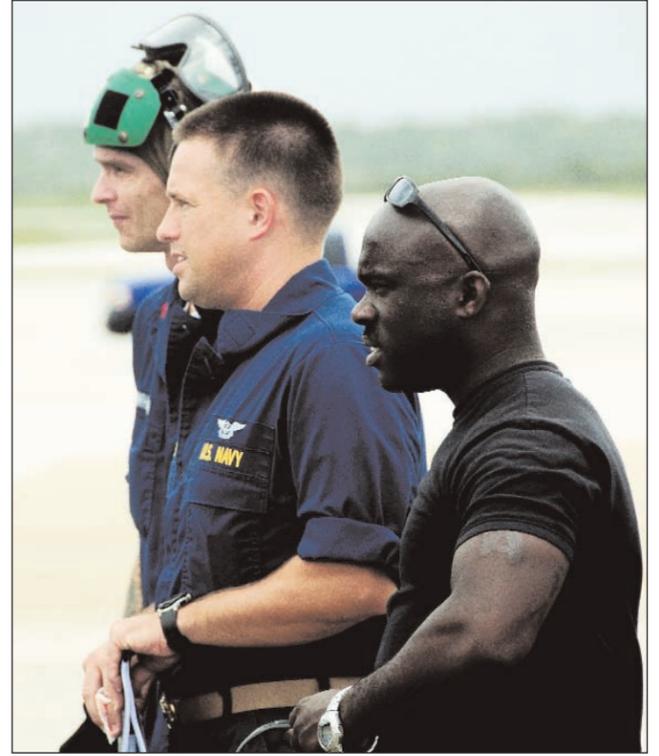


HSC-25, Andersen AFB team unloads aircraft

Unloading: The teamwork between Airmen from Andersen Air Force Base (AFB) and Airmen from the Navy unit Helicopter Sea Combat Squadron (HSC) 25 worked together to unload two MH-60S Knighthawks from the belly of a C-17 Globemaster. The aircraft arrived as part of HSC-

25's normal rotation of air assets. The complex unloading of the aircraft required precision and close coordination and communication between the parties involved. HSC-25 is one of the more visible tenant units on Andersen AFB due to their core flying mission and their constant

interaction with Andersen AFB personnel. The fact this undertaking occurs regularly is a testament to the skilled professionals of all agencies involved, and the cohesiveness of the joint team that is a staple of Andersen AFB and Joint Region Marianas at large.



New energy managers promote energy security, efficiency

By Oyaol Ngirairiki

Joint Region Edge Staff

In another move illustrating its commitment to reduce the nation's dependence on foreign oil and promote environmental stewardship, Joint Region Marianas has taken on new energy managers.

On April 26, Patrick Russell filled the new energy manager position at 36th Civil Engineering Squadron on Andersen Air Force Base (AFB). Derek Briggs took the new position as U.S. Naval Base Guam energy manager May 12.

Kevin Evans, Joint Region Marianas energy manager, said the positions were created to support energy conservation, which is a priority for the Department of Defense.

"The Energy Independence and Security Act (EISA) of 2007 requires base-level energy managers," Evans said. "They, in turn, coordinate within the region to assist one another as force multipliers, share knowledge and resources, and build a strong regional program."

Evans added that the goals of the base energy managers are to achieve the federally mandated energy and water reduction goals at their respective bases, act as the points of contact for all base energy-related issues, and build strong base-level energy programs.

Russell comes to Guam from Naval Facilities Engineering Command Northwest and looks forward to working with the Air Force community.

"I worked as construction manager at Puget Sound Naval Shipyard for the energy department and oversaw the construction of several energy conservation projects," he said. "I have always been interested in energy and in construction. Now being in the position of energy manager I feel I will be able to make even a greater difference from a project implementation standpoint, as well as awareness."

Russell said the Air Force plans to implement training and education for Airmen, civilians and contractors on Andersen AFB to make decisions that take energy consumption into consideration.

"Our specific goal is to reduce our carbon footprint while accomplishing the mission," he said, noting the goal coincides with his philosophy "to use only what we need, and don't take for granted the conveniences that we have."

Russell said Andersen AFB



Energy Summit: Energy managers visit the newly placed solar panels located near the Camp Covington bachelor quarters on U.S. Naval Base Guam (NBG) June 24. Patrick Russell and Derek Briggs recently filled the new energy manager positions for Andersen Air Force Base and NBG, respectively. From left, Briggs; Kevin Evans, Joint Region Marianas energy manager; and Russell. (U.S. Navy photo by Oyaol Ngirairiki)

What You Can Do

New energy managers aim to help the Navy and Air Force communities on Guam reduce energy consumption, and promote energy security, energy efficiency and environmental stewardship. Here's how you can help with easy low-cost and no-cost ways to save energy.

- Install a programmable thermostat to keep your house comfortably warm in the winter and comfortably cool in the summer.
- Use compact fluorescent light bulbs with the ENERGY STAR® label.

- Air-dry dishes instead of using your dishwasher's drying cycle.
- Turn off your computer and monitor when not in use.
- Plug home electronics, such as TVs and DVD players, into power strips; turn the power strips off when the equipment is not in use (TVs and DVDs in standby mode still use several watts of power).
- Lower the thermostat on your hot water heater to 120°F.
- Take short showers instead of baths.

- Wash only full loads of dishes and clothes.
- Drive sensibly. Aggressive driving (speeding, rapid acceleration and braking) wastes gasoline.
- Look for the ENERGY STAR® label on home appliances and products. ENERGY STAR® products meet strict efficiency guidelines set by the U.S. Department of Energy and the Environmental Protection Agency.
- Visit www.energysavers.gov for more energy-saving ideas.

already has several energy conservation projects that have been implemented, as well as projects in the planning stages.

"The Air Force's main focus of improvement is changing our culture to value energy as a mission-critical resource. Implementing conservation projects isn't a cure for the crisis we face in energy, but changing the mindset of every individual is," he said.

Russell said he looks forward to working with the community to

improve education on energy consumption and conservation methods.

"Beyond having a solid and systematic energy program, my goals are to see Airmen with the knowledge and passion to conserve energy and to keep spreading the word of conservation," he said.

Briggs was most recently the Navy Region Northwest resource efficiency manager. He worked on energy projects at the Bangor and Keyport bases and assisted at other

bases in the area.

Briggs said that his interest in power generation started at a young age. His dad worked in the nuclear power industry. As he grew older, his interest expanded to energy and water conservation and recycling. He joined the Navy's nuclear power program after he graduated from high school and continued to pay attention to energy and power issues and alternate energy sources.

"When I had the chance to go to

Washington, I thought it would be a great time to get into energy conservation professionally," he said.

Briggs said the Navy has high goals in energy conservation, which will take the entire Navy community on Guam to reach.

"I don't believe that we will be able to meet them with one project or some undefined technological development. We will accomplish these goals with many smaller projects improving efficiency, changing how we operate our buildings, changing our daily energy use, and renewable energy projects," he said. "Conservation does not mean doing without; it does mean more efficient equipment and doing things smarter. When we become more aware of our energy use, we will make better use of it."

NBG already has solar power applications installed at various areas, including solar panels near the bachelor quarters on Camp Covington and solar-powered sidewalk lights at Polaris Point. The alternate energy infrastructure is expected to expand with more solar panels, as well as other tools.

"There are studies being done to install wind turbines, geothermal development, ocean thermal energy conversion, and saltwater cooling. Some of these are cutting edge technologies," he said. "I am hoping to have some influence on the development of these technologies, but I am also looking for opportunities of making small changes to how the Navy does its daily business, so that we will make small efficiency improvements each day."

Briggs said, in addition to standard energy projects, he's looking forward to working with contractors to ensure new construction programs include water and energy efficiency in their design.

"This will probably have the greatest impact in the long term. I would also like to find ways to enable our maintenance people to be able to improve our facilities as part of the regular maintenance function," he said. "Along with future metering capabilities that will be installed, I would like to look at better utilizing new and existing building control systems to help us use less energy when our buildings are empty."

The region's energy team has a variety of electronic brochures available upon request for saving energy at home. Call the Energy Hotline at 339-7047 for an e-copy.

Education key in typhoon readiness

By Lt. Roland Clark
 Joint Region Marianas Staff
 Meteorologist

Joint Region Marianas staff along with military personnel from U.S. Naval Base Guam, Guam Army National Guard, Andersen Air Force Base and Government of Guam emergency response officials recently completed a lengthy typhoon exercise.

The exercise scenario involved a Category 5 Super Typhoon called Pakyo heading towards the island. During this exercise, the island's military bases, local government officials and service members practiced executing Typhoon Conditions of Readiness procedures.

The exercise taught several lessons. One of the biggest lessons learned during the exercise was that many of our military families, including active duty, reserves, civil service, and contractors, have never experienced a major typhoon on Guam. It's been more than five years since Super Typhoon Pongsona hit the island and so many of service members have transferred or retired since then.

This article begins an eight-week series of short notes that will focus

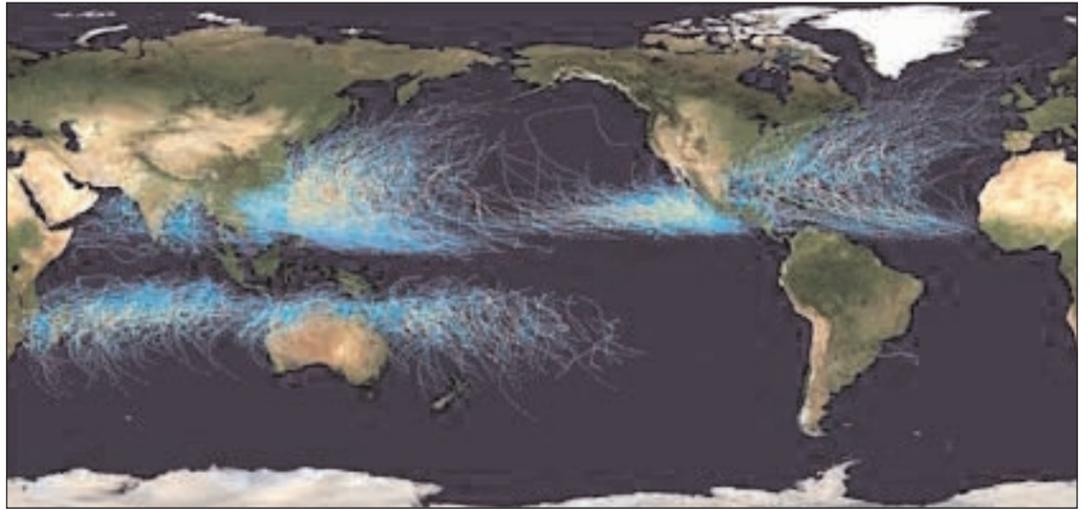
Three Actions for You to Do Right Now

- Print or cut this article out and make a copy to distribute to your team to take home.
- Post the article to your command bulletin board.
- Get your typhoon-ready locker prepared. An excellent list of items can be found on the Fleet and Family Support Center's Web site: <https://www.cnmc.navy.mil/Guam/BaseSupport/FleetandFamilySupport/index.htm>

on education, awareness, and tips to help get you and your family typhoon ready.

As you read each topic keep in mind that while knowing what to do before the storm hits is great, it's all useless information without adding the key ingredient that only you can provide — action.

Let's begin by getting our terminology down. If you're like me, you came to Guam from the U.S. mainland and you're used to hear-



Weather Map: This map shows all tropical cyclone formations of any size that occurred worldwide from 1985 through 2005. Take a quick look and you'll see that the island of Guam sits right in the middle of the biggest storm cluster on the planet. Since 1962, Guam has been hit by 16 typhoons, nine of which had maximum wind gusts in excess of 115 mph (100 knots). (Photo courtesy of Lt. Roland Clark)

ing words like "Tropical Storm" and "Hurricane."

So what's the difference between a hurricane and a typhoon? Location, location, location, and nothing else. They are both defined as tropical cyclones (meaning spinning column of air originating in tropical

latitudes) that have wind speeds of greater than 74 mph (64 knots for you nautical types). If the storm is in the Atlantic Ocean or Eastern Pacific, we call it a hurricane. If it's in the Western Pacific, north of the equator, we call it a typhoon. If a tropical cyclone has winds less than

74 mph but greater than 39 mph (34 knots), it's a tropical storm regardless of location.

Next week we'll look at the most powerful storms to hit Guam since World War II and see even more photos of the incredible damage these systems create.

Quarry enables Seabees to support Navy

By Jesse Leon Guerrero
Joint Region Edge Staff

Naval Mobile Construction Battalion (NMCB) 11 and 30th Naval Construction Regiment (NCR) successfully conducted an explosives blast at the Mineral Products Rock Quarry on U.S. Naval Base Guam June 25.

Although quarry blasts are done about once a month, it was NMCB 11's first since arriving on island and taking charge of Camp Covington in May. The blast that morning used about 520 pounds of explosives.

Senior Chief Equipment Operator (SCW) Joe George, who is the resident quarry manager for 30th NCR, oversaw the event that morning. 30th NCR is a detachment which advises NMCBs on mineral products production and quarry blasting, among other duties.

"One pound of explosive will yield about 1 cubic yard of rock material," George said.

The aggregate of rock fragments produced by quarry blasts are then used in construction projects handled by the Seabees. These projects include a wide range of upgrades, renovations and new work done for laying down roads, concrete pours for roofs, walls and other infrastructure.

Seabees working daily at the quarry collect and then crush rock material to produce varying rock sizes such as 2.5-inch minus, 3.25-inch minus, and 4-inch minus. Equipment Operator 1st Class (SCW) Robert Sullinger, quarry supervisor and head blaster for NMCB 11, said their overall goal is to make available approximately 450 cubic yards of material per day.

"We can adjust to whatever a project calls for," Sullinger said.

Since there is the need for explosives to loosen the rock from the quarry, George said blasts are carefully planned to both maximize the life expectancy of the quarry and keep all participants safe. Warning announcements are provided to NBG a month in advance and roads leading to the quarry are blocked the day of a blast. The area surrounding the quarry is also evacuated to negate the risks of fragments and safety briefs are given frequently.

"Safety is the number one priority and we do the same process every time," George said. "It helps because everyone knows what they're supposed to do."

30th NCR, which consists of only three personnel, is tasked with outfitting resident NMCBs and providing planning, training and oversight. It is in charge of 54 facilities, 397 pieces of civil engineering support equipment, more than 10,000 line items of property, and more than 200 military-owned demountable containers, which are used for shipping cargo.

NMCBs provide responsive military construction support to Navy, Marine Corps and other forces in military operations, construct base facilities and conduct defensive operations. They are able to work and defend themselves at construction sites outside of their base camp and convoy through unsecured areas.

For more information about the U.S. Naval Construction Force, visit www.seabee.navy.mil.



Cleaning Up: A member of Naval Mobile Construction Battalion 11 uses a backhoe June 28 to move material loosened by a blast at the Mineral Products Rock Quarry on U.S. Naval Base Guam. The blast, which took place June 25, was NMCB 11's first since arriving on island and taking charge of Camp Covington in May. (U.S. Navy photo by Rey Rabara)



Rock Moving: A member of Naval Mobile Construction Battalion 11 uses a backhoe June 28 to move material loosened by a blast at the Mineral Products Rock Quarry on U.S. Naval Base Guam. The blast, which took place June 25, was NMCB 11's first since arriving on island and taking charge of Camp Covington in May. The aggregate of rock fragments produced by quarry blasts are then used in construction projects handled by the Seabees. (U.S. Navy photo by Rey Rabara)

Apra: Coast Guard opens new facility

Continued from Page 1

offices and storage space for boats, tools and equipment with USCG Sector Guam.

Pavlik said having their headquarters has benefits beyond a better location, including safe storage area for the boats during typhoons.

“It provides a big work base where we can back the boats into. We have a lot of space to work on the boats and store our parts,” Pavlik said. “There’s a lot of crew comforts (and) a lot of area for the crew to work on other than operational items, such as administrative work.”

The location is the former site of the Skyways Hotel, which served as a resting place for passengers overnighting on Guam during trans-Pacific flights aboard Pan American prior to World War II. The Skyways Hotel was the first building struck by a Japanese air strike on Guam during World War II.

USCG Station Apra Harbor’s 24-person crew maintains and operates three 25-foot defender-class

small boats.

USCG Station Apra Harbor is the service’s first small boat station in the Mariana Islands and was established September 2008. Small boat stations typically perform the bulk of the Coast Guard’s near-shore or shallow water work, responding to distress calls, enforcing security and safety zones and interacting with recreational boaters to promote safety on the water.

USCG Sector Guam is responsible for port security, commercial vessel safety, pollution prevention and response, and the facilitation of commerce within Apra and Tanapag Harbors. USCG Sector Guam is also responsible for maritime law enforcement within the waters of Guam and the Commonwealth of the Northern Mariana Islands, including fisheries enforcement within the U.S. Exclusive Economic Zone.

For more information about USCG Station Apra Harbor visit their fan page on Facebook.

For more information about USCG Sector Guam, visit <http://www.uscg.mil/d14/sectguam/>.



Opening Remarks: Chief Boatswain's Mate Nicholas Pavlik, officer in charge of U.S. Coast Guard (USCG) Station Apra Harbor, speaks at a ribbon-cutting ceremony for USCG Station Apra Harbor's new headquarters on U.S. Naval Base Guam June 24. Pavlik said the new headquarters offers a better location and better administrative and storage facilities. The new headquarters sits about 200 meters from the Sumay Cove Marina. (U.S. Navy photo by Oyaol Ngirairiki)

Two Airmen save Soldier's life outside gym

By Staff Sgt. Sanjay Allen

U.S. Air Forces Central Public Affairs

Two Air Force non commissioned officers credited their pre-deployment training for recently saving the life of an Army lieutenant colonel who was having a heart attack outside the camp's gym.

Tech. Sgt. Aaron Gufford and Staff Sgt. Jeffery Kirker, both of the 392nd Expeditionary Signal Battalion at Camp Liberty, Iraq, were on their way into the gym June 7 when they saw Lt. Col. Mitchell Malone, U.S. Forces-Iraq, Iraq Security Forces Leadership Development Program Directorate, leaning against a barrier just outside the gym.

"It all happened pretty fast," said Gufford, who is deployed from Lackland Air Force Base, Texas. "It was kind of a blur. I remember us walking up ... and seeing a guy, a soldier, in (physical training) gear waving us over, and he looked pretty pale. He was kind of hunching over on the barrier."

Prior to the Airmen seeing Malone, he was inside running on the treadmill when he felt a tightening in his chest. He lost his peripheral vision and knew he was losing blood flow when he decided maybe he needed some fresh air.

"There were all these people in the gym but I wanted out of the gym," the Minnesota National Guardsman said. "I wandered outside, probably to get fresh air or whatever. I don't know what I was thinking. I wasn't thinking too clearly. I knew I was in distress. I knew my body was shutting down."

Somehow, not remembering how, he made his way out of the gym and spotted the noncommissioned officers (NCO) walking toward him and called out to them.

"He said, 'I need you to help me, I'm having a heart attack,'" Gufford recalled. "'Oh my god!' I said, 'Sergeant Kirker, go get some help right now!' I grabbed (Malone), because he was kind of wobbling, and put my arm around him and I was trying to get him to sit down on the ground but he was determined to



Lifesavers: Sgt. Maj. Jerry Richardson left, U.S. Air Force-Iraq, presented coins on behalf of Army Brig. Gen. Gustave Perna, USF-I J4 director, and himself to Tech. Sgt. Aaron Gufford, center, and Staff Sgt. Jeffery Kirker, right, both of the 392nd Expeditionary Signal Battalion at Camp Liberty, Iraq, to say thanks for their quick reactions in saving Lt. Col. Mitchell Malone's life outside the Liberty Gym June 7. The presentation of a coin to someone who has done an outstanding job is a time-honored military tradition observed by all branches of the military. (U.S. Air Force photo by Staff Sgt. Sanjay Allen)

sit on the bench. I got him down on the bench and he started leaning back. I was trying to keep him up to make sure he was breathing, trying to talk to him and he just laid back. He was probably unresponsive for about 5, 10 seconds."

Kirker rushed to get help and by the time he returned medical personnel were on scene to take over.

"At first it didn't dawn on me because you don't think about these

things happening to you," said Kirker, who is deployed from Andersen Air Force Base, Guam. "All we do is go to the gym and come back."

The two wondered if they would see the colonel again when they finally made it into the gym, which is all they could do to come back down, because their hearts were pumping so hard, Gufford said.

One week later, on their way to the gym, they came upon a soldier

standing in the same place where they saved Malone a week earlier. The colonel hadn't seen them again after he lost consciousness during his heart attack, and he decided he would just go out and look for them.

"It was like seeing a ghost," said Kirker, who hails from Haines City, Fla. "It didn't come into absolution until we ran into him again and we found out he was OK. That's where it really hit home."

Saving someone's life on base

isn't the place most people would think they would use their life saving skills, but they said they owed the moment to the combat life saver training they received prior to deploying.

"The CLS we learned just kicked in," said Gufford, a Valdosta, Ga., native. "We were trained and we were taught how to react in certain situations of distress such as that. It was natural for me because of our training."

Information Protection Workshop 2010 examines security issues

By Tech. Sgt. Amaani Lyle
Secretary of the Air Force Public Affairs

With a focus on training, education and force development, professionals from major commands, wings, field operating agencies and direct reporting units from across the Air Force gathered here for the 2010 Worldwide Information Protection Workshop June 21 through 25.

Hosted by the Air Force Information Protection Directorate, the workshop facilitated open forum discussion related to topics such as enterprise protection risk management, information security and assurance, information operations, personnel security, foreign disclosure, nuclear security and professional development and certification.

According to Brent Younger, an IP policy manager, the Air Force is in year four of a five-year plan to transform the service's policies and practices to better protect our operations and people in the 21st century.

"There are still the traditional

threats we face every day, but new threats are continuously emerging and the Air Force needs not just to react, but anticipate challenges to our security," Younger said.

Younger explained that IP policies and procedures are spread across many different occupations, requiring convergence of rules into a central location. For Airmen to achieve compliance with the many requirements of protecting information would typically require internalizing volumes of policy and procedures.

"Our goal is to make protecting information easier for the Airman," Younger said. "Information protection practices affect everything Airmen do. Societal trends that now deliver instant information and news calls for instilling a culture of sharing information, reducing redundancy and making Airmen more efficient as a result."

Younger said with added sharing comes the responsibility of understanding that information could be seen by anyone.

As the Air Force continues to transform, Airmen will have a single set of policies and processes rather than the current eight policy directives and more than 30 instructions, Younger said.

"These consolidated directions will be more easily and effectively trained and executed in the field, saving time while reducing risks to our missions," he said.

More robust training is also on the horizon and Air Force security education programs will remain a priority as the service's force level numbers shift to meet mission and budgetary requirements, said Robert Corsi, a deputy administrative assistant to the Secretary of the Air Force.

"Within the IP framework, we need to ensure we get the best people, and in turn provide them the best jobs, best training and education," Corsi said.

Overseeing Air Force officials' annual budget of \$6 billion and 36,000 members, Corsi cited compelling numbers regarding the

projected 14,000 uptick in civilian service employee replacement of contractors within the next several years.

As a result, he emphasized the criticality of civilian force development in terms of framework, programs and tools.

Corsi said institutional progressively developed competencies at the strategic, organizational and tactical levels can help develop Airmen as leaders, and offer civilians in all occupations and at all levels comparable opportunities to lead.

"If we link education and training at the right time in development to meet leadership expectations with the understanding that development doesn't stop, we'll be best equipped to execute our responsibilities and the mission," Corsi said.

Corsi also noted successful programs such as the online interactive supervisor's course, civilian acculturating and leadership training, the new employee orientation course, civilian and Airmen

development plans, and the civilian strategic leader program, which offers cross-function broadening by putting non-uniformed members in "command-similar" positions with heightened authority.

Ideas culled from the week's workshop will be discussed, reviewed and presented to senior leaders, officials from the office of the Administrative Assistant to the Secretary of the Air Force said.

"At the highest levels of the Air Force, leadership is attuned to the high operations tempo the service is experiencing," Younger said. "IP attempts to save Airmen time and effort when performing related tasks and this workshop brought together (major command) directors and wing IP chiefs to exchange ideas and accomplish their mission."

Younger said attendee feedback was positive.

"Participants have told us that this workshop helps them address the wide variety of complex security issues across the Air Force," he said.

NCPACE helps Sailors, Marines further educations

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

The Navy College Program for Afloat College Education (NCPACE) gives Sailors and Marines the opportunity to continue their education, and personal and professional growth, while deployed, at isolated duty stations or on sea duty assignments.

Through NCPACE, service members may take undergraduate, graduate or adult-learning courses while on sea duty Unit Identification Code (UIC) of type 2 or 4.

"Service members assigned to ships, shore-based sea duty commands, deployable squadrons, or deployed to

certain geographically-isolated installations, such as Kamiseya, Japan; Souda Bay, Greece; or St. Mawgan, England, can enroll in NCPACE," said Bill Davis, education specialist at the Navy College Office (NCO) on U.S. Naval Base Guam (NBG).

As part of the Navy College Program (NCP), NCPACE offers a variety of courses. Sailors may opt for academic skills classes, which help to improve English, reading and math skills, or traditional college courses.

Some NCPACE courses may be taught through traditional classroom instruction. Instructors may travel underway with ships in order to conduct these courses.

"This is seen typically with larger ships, such as carriers, that

can accommodate instructors, and have enough personnel to fill the classes," Davis said.

Courses may also be accomplished via CD-ROM and textbook-based self-instruction.

"For commands that cannot accommodate having an underway instructor, there are always technology-based courses," Davis said. "Many students prefer these courses because they can go at their own pace. Also, where there will be a certain minimum number of required students for an instructor course, technology-based courses only require a minimum of one interested service member."

First time enrollees in technology-based courses must be counseled by NCO staff, and are limited to

only one course during the first term. After successfully completing their first technology-based course, service members are authorized to enroll in up to two courses per term thereafter.

All undergraduate courses are from institutions with Service members Opportunity Colleges - Navy (SOCNAV) affiliation, ensuring Sailors and Marines have the opportunity to transfer credits and complete degrees.

Commands hoping to participate in NCPACE should contact the NCO prior to their scheduled deployment.

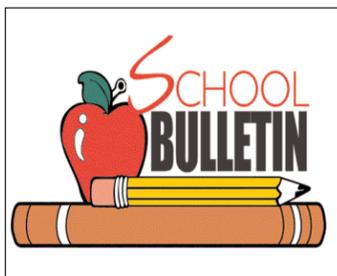
NCO will schedule an orientation service consisting of a commanding officer's brief, crew brief, counseling services and placement testing.

This in-depth review will inform personnel of all available NCPACE services and covers a period of six months.

"NCPACE is a great program to help Sailors and Marines continue their education while they are completing the military's mission," Davis said. "If service members want to take advantage of their education opportunities, Navy College will be here to help them."

For more information on NCPACE, visit the NCP Web site at <https://www.navycollege.navy.mil/ncp/pace.cfm>.

You may also contact the NCO on NBG at 339-8291, or speak with your command's educational services officer.



School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 339-7113.

Navy College Office

Navy College Office's new schedule is now effective:

- Web Tuition Assistance class: Monday, 8-9 a.m.
- Walk-in hours: Monday, 2-3:30 p.m.; and Thursday, noon-3:30 p.m.
- SAT/American College Test: First Tuesday of the month, 8 a.m.-1 p.m.
- D/L Testing: Second and fourth Tuesday of the month, 8-11 a.m.
- Choosing a College: First and second Wednesday of the

month, 8-9 a.m.

- GED preparation class: Third and fourth Wednesday of the month, 8 a.m.-1 p.m.
- Defense Language Proficiency Tests: First and third Thursday of the month, 8-11 a.m.
- Navy College Program for Afloat College Education: Second and fourth Thursday of the month, 8-11 a.m.
- Appointment hours: Monday and Tuesday, 8 a.m.-4 p.m.; Wednesday, 2-3:30 p.m.; Thursday, 1-4 p.m.; and Friday, 8 a.m.-3 p.m.

For more information, call 339-8291.

Guam High School

Students interested in participating in first quarter sports must provide the school with an updated sports packet for 2010-2011. The packet requirements are:

- Parent consent form
- Code of conduct
- Notarized medical power of attorney
- Copy of passport
- Current sports physical

Phone Numbers

- Andersen Elementary School: 366-1511
- Andersen Middle School: 366-3880/5793
- Commander William C. McCool Elementary/Middle School: 339-8678
- Guam High School: 344-7410
- Department of Defense Education Activity office: 344-9160
- Navy College Office: 339-2485
- Andersen Education Office: 366-3170

Summer Youth Programs a hit

By Oyaol Ngirairiki
Joint Region Edge Staff

Navy and Air Force summer camp programs are teaching youth skills that can help them mature as athletes, students and citizens.

U.S. Naval Base Guam (NBG) Child and Youth Programs (CYP) and Andersen Air Force Base (AFB) Youth Program are hosting summer camp programs, giving youth the opportunity to learn new skills in a safe environment.

Summer program staff at both installations said the activities aim to promote character and life skills, with subjects including arts and crafts, cooking, life and science, leadership, photography, fine arts, fitness, culture, and health and nutrition.

Cindy Respicio, CYP recreation specialist, said the first week of summer camp had 55 participants and that number is expected to increase in the following weeks.

"This morning we made strawberry smoothies and talked about nutrition, and right now we're making friendship bracelets and talking about social skills – and these are real life skills we're hoping they will use in the future as they become mature adults," Respicio said.

She encouraged interested parents who haven't yet registered their children to call the CYP central enrollment office as soon as possible. Parents can enroll them on a weekly basis into the camps which end Aug. 27. Camp sessions are for youth ages 5-12 and are held Monday-Friday, 8:30 a.m.-5:30 p.m. at the School-Age Care Center. Weekly fees range from \$59-\$126.

NBG youth participants said they enjoyed the first week of camp and are looking forward to the remainder of the summer.

Aniyah Wilkerson, an NBG youth summer program participant, said she's having fun meeting new people.

"It's cool because I go to school with some of the other kids here, but I don't really know them and now we're becoming friends," Wilkerson said.

Coell Collins, also an NBG youth, said he enjoys the outdoor activities.

"We get to go outside and play or look at bugs and learn about nature and stuff – that's pretty cool," Collins said. "Most of all, I'm excited about our field trips to the water park."

Youth at Andersen have similar opportunities to meet new people and to learn new skills.

The Andersen AFB Youth Program summer camps are held Monday-Friday, from 9 a.m.-noon at the Youth Center until Aug. 20. Parents can enroll their children on a weekly basis. Students ages 6-18 are eligible to attend.

Parents interested in enrolling their children can visit the Youth Center to pick up their registration packets. Each camp is \$40 per child and payment is required prior to the program start date.

Neill Franquez, AFB Youth Center recreational aide, said they



Making Friends: Kiana Quenga, center, a Child and Youth Program (CYP) caregiver, helps summer camp participants make friendship bracelets at the School-Age Care Center on U.S. Naval Base Guam June 24. CYP is hosting a summer camp with weekly sessions for children ages 5-12. The program aims to provide youth with fun summer activities that promote health and fitness and support social and learning skills. (U.S. Navy photo by Oyaol Ngirairiki)



Taking a Shot: Basketball camp participants practice their shooting at Andersen Air Force Base Youth Center June 28. The weeklong basketball camp is part of the center's annual summer program. (U.S. Air Force photo by Airman Whitney Amstutz)

had 29 students during the first week of camp.

"During our first week, we taught archery. We had different levels, from basic to advanced, and the kids really seemed to enjoy it," Franquez said. "A lot of the kids are coming back for other sessions we're going to hold this summer

like basketball and electronics."

Franquez said the kids had to focus on specific skills but the camps also support participants' social and mental maturity.

"In whatever you're doing you need to focus," he said. "Drown out the noise that's around you and concentrate on the job at hand.



Focus: A basketball camp participant focuses on the basket before taking his shot at Andersen Air Force Base Youth Center June 28. (U.S. Air Force photo by Airman Whitney Amstutz)

That's just one of the skills we're hoping to grow in our kids because that's an important skill in the classroom and for later on in life in the workplace."

Kennedy Russell was one of the Andersen youth who participated in both archery and basketball camps.

"I love sports," she said. "I learned a lot in archery. I never played basketball before, but I'm having fun. I like it."

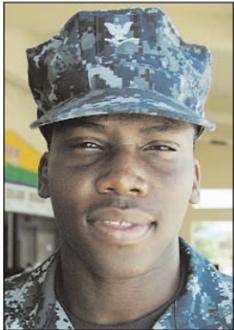
For more information about NBG events, call the CYP at 564-1844. For information about Andersen AFB Youth Program events, call 366-3492 or 366-7706.

What's your favorite thing about the Fourth of July?

On July 4, the nation will celebrate its 234th birthday. Joint Region Edge asked service members and a military spouse on Guam what their favorite thing about the Fourth of July is.



"The fact it serves as a reminder to everyone that there are people fighting for the freedoms they enjoy every day. There are people going to serve this nation in deployed environments who don't come back. It's a chance for us to remember what we're celebrating."
—Army Reservist Sgt. Bernard Lewis, 797th Engineering Company



"My favorite thing about the fourth of July is the fireworks and also the history behind it. The history of the day we celebrate our independence."
—Machinist's Mate 3rd Class (SW) Anthony Dorman, USS Frank Cable (AS 40)



"I enjoy just getting the chance to celebrate our freedom and show patriotism to our nation. Fireworks are just a bonus."
—Donna Angoco, Army spouse



"The best thing about July 4th is that I get to spend time with my family and watch fireworks and, at the same time, celebrate my birthday, which is July 4."
—Electrician's Mate Fireman Yvette Farin, USS Frank Cable (AS 40)



"I like the environment of friends and family eating barbecue together and just having a good time."
—Airman 1st Class Adiel Morales, 36th Civil Engineering Squadron



"My favorite thing about the Fourth of July is just the people gathering and getting to know each other even though they don't know each other — just congregating and taking in the memory of our independence."
—Religious Program Specialist Seaman Todd Knepton, U.S. Naval Base Guam Chapel

SECNAV: Happy Independence Day

By Ray Mabus
Secretary of the Navy

On the Fourth of July, 1776, 56 patriots committed their individual colonies to take up arms and win their freedom from an overseas ruler. They came together as

representatives of 13 colonies, but left as citizens of a new nation unique upon this Earth, dedicated to life, liberty, and the pursuit of happiness. What began 234 years ago endures today. The United States is still a bastion of freedom and democracy and remains unique as

a nation upon the Earth. At home and abroad, the Navy and Marine Corps established by our forefathers continues to defend that legacy. The example of the thousands of patriots that served in the revolution now embodied in the thousands of Sailors and Marines at war in Afghanistan and

Iraq and on patrol across the world's oceans. So as Americans everywhere celebrate the Fourth in backyard barbecues and with fireworks that recall the red glare of the rockets and bombs during the battle of Baltimore in September 1814, I'd ask you to remember the legacy

that we have all inherited. Take pride in our nation's 234 years of liberty. For those on the front lines and deployed away from home, know that you are foremost in our thoughts; and to all in uniform, thank you again for your service. Happy Independence Day.

Andersen AFB celebrates annual Freedom Fest July 2

By Airman Whitney Amstutz
36th Wing Public Affairs

A free, public event is scheduled to take place July 2 at Arc Light Memorial Park on Andersen Air Force Base (AFB). Andersen AFB's annual Freedom Fest will feature free food, a performance by an armed forces entertainment band, Zach Williams and the Reformation, and a variety of activities such as horseback riding, a bouncy castle, and face painting. "Events such as Freedom Fest are a great opportunity for us to provide the Team Andersen community a break from the day-to-day routine and enjoy an afternoon with family and friends just kicking back and taking it easy," said Ralph Ridgeway, 36th Force Support Squadron (FSS) chief of market-

ing. "Freedom Fest is a celebration of our country's independence and a great way to kick-off our long weekend." In addition to the many child-oriented activities, several drawings will be held throughout the day. "We will also raffle off numerous door prizes and a grand prize of round-trip airline tickets," said Tech. Sgt. Max Pontenila, 36th FSS non-commissioned officer in charge of the HotSpot. This year, the grand prize winner will receive round-trip airfare for two to Hong Kong. "We look forward to hosting events like this each year," Ridgeway said. "It is rewarding to give back to our customers." Andersen AFB's Freedom Fest will be open from 3-6 p.m. For more information on this event, call 366-2339 or visit www.36fss.com.



Friends, Family and the Fourth: Team Andersen members kick back and relax during the annual Freedom Fest event held July 4, 2008 on Andersen Air Force Base. The base prepares to celebrate Freedom Fest July 2 from 3-6 p.m. at Arc Light Memorial Park (Courtesy photo)

FREE

Freedom Rocks

Navy Morale, Welfare and Recreation (MWR) is hosting their annual Fourth of July Freedom Rocks celebration July 4, 11 a.m.-4 p.m. at Clipper Landing Park on U.S. Naval Base Guam. The event will incorporate a variety of activities including an inflatable kingdom and free boat rides. There will be free hot dogs, cheeseburgers, pulled pork sandwiches, chips, baked beans, shaved ice,



On a Budget

cotton candy, popcorn and nonalcoholic drinks. Enter to win some great door prizes, including the grand prize, which is a trip to Fiji. For more information, go to www.mwr-guam.com or call 564-1830.

Fourth of July Fishing Derby

Patrons can check out the Navy Morale, Welfare and Recreation fishing derby July 4. Interested participants can register early or on event day at Sumay Cove Marina on U.S. Naval Base Guam. There is a boat fee of \$50. Competitors can win

prizes for the largest grouper, snapper and trevally. The boats launch from Sumay Cove Marina at 5 a.m. Entries will weigh in at 3 p.m. For more information, call 564-1846.

Kids' Fishing Derby

Navy Morale, Welfare and Recreation is hosting a Fourth of July Kid's Fishing Derby on July 4 at Sumay Cove Marina on U.S. Naval Base Guam. There are three age groups for the competition: Infants-6, 7-11 and 12-17. Interested participants can register early or on event day at Sumay Cove Marina on U.S. Naval Base Guam. The competition is free

and prizes will be awarded for biggest fish in each age group. Competition is scheduled for 9 a.m.-noon. For more information, call 564-1846.

Fourth of July 5K

Navy Morale, Welfare and Recreation Fourth of July Fun Run/Walk 5K is scheduled for July 4 at Sumay Cove Marina on U.S. Naval Base Guam. Show time is 7 a.m. and go time is 7:30 a.m. Admission is free and the race starts at Sumay Cove Marina. Authorized patrons can register in advance at Charles King Gym or at race site on race day. For more information, call 339-1301.



FRIDAY, JULY 2

7 p.m.: Shrek Forever After • PG

SATURDAY, JULY 3

2 p.m.: Shrek Forever After • PG

7 p.m.: Letters to Juliet • PG

SUNDAY, JULY 4

7 p.m.: Sex and the City • R

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



FRIDAY, JULY 2

7 p.m.: Shrek Forever After • PG

9:30 p.m.: Kick Ass • R

SATURDAY, JULY 3

1 p.m.: Shrek Forever After • PG

3:30 p.m.: Robin Hood • PG-13

7 p.m.: MacGruber • R

SUNDAY, JULY 4

CLOSED

MONDAY, JULY 5

3 p.m.: Shrek Forever After • PG

TUESDAY, JULY 6

3 p.m.: Iron Man 2 • PG-13

WEDNESDAY, JULY 7

3 p.m.: Just Wright • PG

THURSDAY, JULY 8

3 p.m.: Robin Hood • PG-13

The schedule is subject to change due to circumstances beyond the theater's control. **The Big Screen Theater hotline is 564-1831 or visit mwr-guam.com.**

(Source: Navy Morale, Welfare and Recreation Office)

From occupation to liberation

Editor's Note: The following is the first segment of a three-part series about the history behind Guam's Liberation Day.

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

Dec. 7, 1941. Imperial Japanese forces launched a surprise attack on Pearl Harbor, Hawaii, devastating naval forces at the base. Mere hours later, the Japanese military began to drop bombs on Guam, an operation that would last for two days.

December 10, 1941. Valuing Guam as a way station between Asia and the Americas, and hoping to remove enemy forces from the Western Pacific region, imperial Japanese forces landed on Guam. Within two hours, the island had been captured from American forces. The U.S. flag was lowered and replaced by the Japanese flag. Guam would remain the property of Japan for two and a half years.

The Japanese occupation lasted approximately 31 months. During this period, the people of Guam suffered terrible atrocities, including forced labor, family separation, incarceration, execution, torture, beatings, rapes, concentration camps and forced prostitution. According to Congressional Testimony in 2004, approximately 1,000 people died during the occupation. Marianas historians estimate that approximately 10 percent of the 20,000 indigenous people on Guam were killed by the imperial army and navy during the occupation.

The Guam natives, or Chamorros, were forced away from their local Chamorro culture and beliefs, and forced to adopt the Japanese culture. Towns and villages were



Liberation: Two U.S. officers plant the American flag on Guam eight minutes after U.S. Marines and Army assault troops landed on Guam July 21, 1944. Landing on both sides of the Orote peninsula, the Americans would continue to push back Japanese forces, cutting of their access to the ocean. On August 10, 1944, the U.S. forces defeated the last of the Japanese resistance on Guam, thus ending the occupation. (Photo courtesy of the U.S. National Archives and Records Administration)

given Japanese names, and the island was renamed O-miya Jima, the Great Shrine Island. The English language and all things American were forbidden.

Chamorros were required to bow in the presence of Japanese, or face severe beatings and possible execution. The Japanese yen became the island's currency. Possessions of value, such as cars, were confiscated. Food was rationed, with supplies becoming scarce quickly.

Chamorros suspected of aiding Americans service members or hiding their relatives, who were wanted by the Japanese forces, were beaten, tortured, and, in some cases, executed.

In early 1944 with the war going badly for Japan and a looming American invasion, the Japanese Army on Guam introduced an even stricter form of government. Schools were closed. Social events were terminated. Men, women and children 12 years or older were

forced to labor repairing airstrips and Japanese defenses, as well as digging caves to shelter Japanese soldiers. Many were executed once the construction was completed.

Tens of thousands of Chamorros of all ages were forced to march to concentration camps in central and southern Guam, where they would suffer from a lack of basic amenities, such as food and shelter.

July 21, 1944. American forces once again arrived on the beaches of

Guam, determined to recapture the island from the Japanese. Landing on both sides of the Orote peninsula, the Americans would continue to push back Japanese forces, cutting of their access to the ocean. The Japanese, however, refused to surrender, and almost all were killed or committed seppuku, or ritual suicide. On August 10, 1944, the U.S. forces defeated the last of the Japanese resistance on Guam, thus ending the occupation.

UNDER \$10

Game Time Sports Grill

Begin or end your day with a delightful meal at Game Time Sports Grill. The overlook of the golf course offers a relaxing atmosphere for breakfast, lunch or dinner. Breakfast specials are served daily ranging from \$4.50-\$5.50. Breakfast hours are 6-10:30 a.m. Lunch specials are also served daily and are only \$6.95 with fountain soda. Lunch hours are 10:30 a.m.-3 p.m. Also enjoy 18 holes of golf and a lunch package available at the Pro Shop for \$46 per person. For more information, call 344-5838 or 734-2155.

Breakfast at Top of the Rock

Starts below \$10. Breakfast hours are Monday-Friday, 6:30-9:30 a.m.; Saturday-Sunday, 7:30-9:30 a.m. For more information, call 366-6166.

2 for 1 at Gecko Lanes

Get two games for the price of one and have twice the fun Monday-Saturday, 6-10 p.m. For more information, call 366-5085.

Fajita Dinner at Café Latte

Fajita Dinner is every Tuesday, 5-7:30 p.m. Base price for adults' dinner is \$2.95, and \$1.50 for children ages 6-12. All condiments are 75 cents per ounce. For more information, call 366-6166.

Mongolian BBQ Wednesday at Café Latte.

Base price of \$2.95 for adults and \$1.50 for children ages 6-12. All condiments are 75 cents per ounce. Mongolian BBQ is also available for take out. For more information, call 366-6166.

UNDER \$10

Jazzy Sundays

Sundays from 5-8 p.m. at Willie's Beachside Jazz on Andersen Air Force Base. Enjoy a relaxing evening at the beach while you listen to great jazz music. If you get hungry, you can order one the delicious offerings from our Bamboo Willie's menu. For more information, call 366-6100.

Orote Point Lanes Family Deal

Family Value Package at Orote Point Lanes available on the following days

and times: Sunday, 10:30 a.m.-10 p.m.; Monday-Thursday 10:30 a.m.-6 p.m. and 9-10 p.m.; Friday and Saturday 10:30 a.m.-midnight. Cost is \$40 per lane with a limit of five people. Fee covers two hours of bowling, shoe rentals for five people, one large single-topping pizza and one pitcher of soda. For more information, call 564-1828.

Lunch at Top of the Rock

Got a big appetite? Grab your friends and enjoy the tantalizing Smoker Menu, which features dishes like St. Louis ribs served with our own fried bread and honey butter, pulled pork sandwich, brisket quesadilla with all the extras, and a hickory chicken Caesar salad. Want a lighter lunch? Feast on the soup and salad bar for only \$6.95. Hours of operation: Monday-Friday, 10:30 a.m.-1:30 p.m.; Saturday-Sunday, 10:30 a.m.-12:30 p.m. For more information, call 366-6166.

Clipper Landing

Savor the flavor of our delicious entrees as you enjoy a spectacular view of Sumay Cove Marina. Hours of operation are Wednesday and Thursday, 11 a.m.-1:30 p.m.; Friday, 11 a.m.-1:30 p.m. and 4-9 p.m.; Saturday and Sunday, 11 a.m.-9 p.m. For more information, call 564-1857.

Mongolian BBQ Thursdays at Top O' the Mar

Every Thursday, 6-9 p.m. Cost is \$17.95 for adults and \$9.95 for children ages 5-11. Active-duty military receive a 20 percent discount and all other military ID holders and CAC card holders get 10 percent off. For more information, call 472-4606.

Sunday Brunch at Top O' the Mar

Enjoy a great meal and a spectacular view Sundays, 10:30 a.m.-1:30 p.m. Cost is \$20.95 for adults and \$11.95 for children, ages 5-11. Active-duty military get a 20 percent discount and all other military ID holders and CAC card holders get 10 percent off. For more information, call 472-4606.

Member Special at Palm Tree Golf Course

Every Tuesday, 7 a.m.-6 p.m., ride 18 holes for the 9-hole cart rate of \$8. For more information, call 366-4653.

Wing Night Thursdays

Wing Nights are held in Café Latte at Top of the Rock on Andersen Air Force Base every Thursday from 5:30-7:30 p.m. For more information, call 366-6166.



Liberation Carnival opens to the public

By Jesse Leon Guerrero

Joint Region Edge Staff

The 66th Annual Liberation Day Carnival welcomed hundreds of Guam residents and tourists when it opened at Paseo de Susana Park in Hagatna June 23.

The carnival is scheduled to remain open through Aug. 1. It is open weekdays from 6 p.m.-2 a.m. and on weekends from 4 p.m.-2 a.m.

Angel Sablan, executive director of the Mayors' Council of Guam, said the carnival kicks off the start of Guam's Liberation Day festivities, which is the island's biggest celebration of the year and takes place July 21. Liberation Day honors the brave men and women who helped liberate Guam from

Japanese forces at the end of World War II.

"If you haven't been to a big party then this is the one to go to," Sablan said. "This is a celebration of the Chamorro spirit and we really encourage [the military] to come down."

Lending to the party spirit will be two to four entertainment acts each night, including performances by local cultural groups, musicians, dance teams, comedians and martial artists, said Robert Hoffman, vice mayor of Sinajana who is coordinating the entertainment for the carnival. The 3rd Marine Expeditionary Force Band is scheduled to play on the carnival grounds on Liberation Day, July 21 at 8 p.m.

"It is a great representation of our local community coming together to honor and celebrate Guam's Liberation," Hoffman said. "Every night is something different, and when you combine great entertainment with the delicious variety of ethnic cuisines and local array of food and carnival fanfare — rides, parlor games, games of chance, novelties and cultural art — it's going to be a great experience and a wonderful way to spend the evening. We look forward to seeing you there."

Dozens of vendors have food and game booths available for carnival-goers to visit. Attendees can test their coordination and physical skills with throwing games, where they need to hit targets with baseballs,

basketballs, darts, footballs and other items. All of these games give prizes to winners, with several booths guaranteeing prizes of balloons, toy figures, noisemakers and other small gifts.

For those feeling lucky, bingo and betting games offer adults a chance to make money based on different odds.

The carnival has rides for kids where they can try "driving" on a track or spinning above ground with their parents. Families can also see and touch an assortment of animals provided by the Agana Heights Mayor's Office staff, family and friends. This Fun Farm features familiar livestock such as ducks, goats, a horse, and pigeons, as well as Guam fauna like coconut crabs, land crabs, a carabao, and brown

tree snakes.

Hungry attendees can visit nearly a dozen vendors ready to satisfy appetites with Chamorro fiesta food, Vietnamese cuisine, hamburgers and an assortment of colored cotton candy and snow cones.

Sablan said local and military patrons should check out the carnival when they can and remember to catch the fireworks display July 4 at 9 p.m.

"We have more vendors and more participation this year, so the venue keeps getting smaller and smaller," Sablan said. "More and more people have fun here."

For more information about the 66th Annual Liberation Day Carnival, call the Mayors' Council at 472-6940.



Carnival Ride: A local mother and child take a ride at the Liberation Day Carnival in Paseo, adjacent to Chamorro Village, June 26. (U.S. Navy photo by James Fee)



Pageantry: Navy Diver 3rd Class Ryan Kitchens, of U.S. Naval Base Guam Dive Locker, escorts the 2010 Liberation Day Queen Tarra Van Meter during the 66th Annual Liberation Pageant at the Liberation Day Carnival at Paseo June 26. The pageant was just one of the many events the carnival will hold, in addition to the food, rides, and games it offers now through Aug. 1. The carnival is open weekdays from 6 p.m.-2 a.m. and on weekends from 4 p.m.-2 a.m. (U.S. Navy photo by James Fee)

66th Annual Liberation Day Carnival Entertainment Lineup, July 2-11

The following lineup is subject to change.

July 2

7:30-8:30 p.m.
Logan Reyes (acoustic artist)
8:45-9:45 p.m.
Island Alliance (rock/island/reggae band)
10-10:45 p.m.
Natural Rhythm (reggae band)

July 3

7:30-8:30 p.m.
Plan B (pop/r & b/jazz/island band)
8:45-9:45 p.m.
Brandy J. Aguon (acoustic artist)

10-10:45 p.m.
Shane Q. and Ray Paul (reggae band)

July 4

6:30-7:30 p.m.
Liberation Queen Fashion Show
8-9:30 p.m.
Paragonz (classic pop/dance band)
9-9:15 p.m.
Independence Day Fireworks Show
10-10:30 p.m.
Shane Q. and Ray Paul (reggae band)

July 5

7:45-8:45 p.m.
Taste of Da Island Polynesian Show (cultural group)

9-10 p.m.
Paragonz (classic pop/dance band)

July 6

7:30-8:30 p.m.
Logan Reyes (acoustic artist)
8:30-9 p.m.
Natalia Faculo (acoustic artist)
9-10 p.m.
ManAntes (island/rock band)

July 7

7:30-8:30 p.m.
Joseph Cruz (acoustic artist)
8:30-9 p.m.
Natalia Faculo (acoustic artist)
9-9:30 p.m.
Bailey Hiller (acoustic artist)

July 8

7:30-8:30 p.m.
Kaju Kenbo Guam (martial arts group)
8:45-10 p.m.
Mixed Plate (island/reggae band)

July 9

7:30-8:30 p.m.
LG Pro Artists (r & b/island/rap group)
8:45-9:45 p.m.
Te'Ora Fire (cultural dance group)

July 10

7:30-8:30 p.m.
Brandy J. Aguon (acoustic artist)

8:45-9:45 p.m.
Paragonz (classic pop/dance band)

10-10:30 p.m.
Shane Q. and Ray Paul (reggae band)

July 11

7:30-8:30 p.m.
Michael Hartendorp & Friends (jazz band)

8:45-9:45 p.m.
Brandy J. Aguon (acoustic artist)

10-10:30 p.m.
Shane Q. and Ray Paul (reggae band)

Chapel Schedule

Naval Base Guam

Office Hours: Monday-Friday 7 a.m.-4 p.m.

Roman Catholic Mass

Monday-Wednesday, Friday 11:40 a.m. Weekday Mass Saturday, 5:30 p.m. Mass Sunday, 9 a.m. Mass CCD Sunday, 10:15 a.m. Choir Practice Wednesdays, 6 p.m.

Protestant Worship Service

Sunday, 10:30 a.m. Protestant Sunday School Sunday, 9 a.m.

Women's Bible Studies

first & third Wednesday 8:30 a.m.

Women's Studies

Second & fourth Wednesdays, 6:30 p.m.

Choir Practice

Tuesdays, 6 p.m.

Jewish Shabbat

Fridays, 6:30 p.m.

Naval Hospital Guam

Roman Catholic Mass

Sunday, 9 a.m. Monday-Friday, 11:30 a.m. CCD Sunday, 10:30 a.m.

Andersen Air Force Base

Roman Catholic Mass

Chapel 1 Saturday, 5 p.m. Sunday, 9:30 a.m. Monday-Thursday, 11:30 a.m.

Sunday Protestant Worship

Chapel 2 General Worship 9 a.m. Inspirational Gospel 11:30 a.m.

Sunday Religious Education

Chapel 2 Catholic R.E., 8 a.m. Protestant R.E., 10:30 a.m.

Schedules subject to change without notice. To confirm times or for more information about the programs, call the chapels at the following numbers:

Andersen Air Force Base

366-6139

Naval Base Guam

339-2126

Naval Hospital Guam

344-9127

Fathers must step up, grow up

By Maj. Andrew McIntosh
36th Wing

"Who's your Daddy?" These words from the instant classic 2000 film "Remember the Titans" are still a popular catchphrase 10 years later. The movie recalled the turbulent year of 1971 when Coach Herman Boone, played by actor Denzel Washington, challenged his players to grow up, accept the fact that their beloved T.C. Williams High School of Alexandria, VA was integrated and that they were now a team, whether they liked it or not.

Growing up, maturing, taking responsibility is never an easy thing to do. A few Sundays ago, we

celebrated Father's Day, a day set aside to honor and celebrate the institution of fatherhood.

Although this day has been official since 1972, it was first celebrated 100 years ago on June 13, 1910 when Sonora Smart Dodd decided to honor her dad William Smart, a Civil War veteran, who courageously raised Sonora and her five siblings after his wife passed away during the delivery of her sixth child.

Few things in life challenge us like becoming a father. Although our world is filled with men who can claim to be a father, are they stepping up to the challenge of being the daddy their kids need them to be?

Life is filled with tough choices. Again, one of the many obstacles that men face today is simply growing up. He needs to become that mature man his wife and children need from him, a family man, not a self-made man.

But here lies the crux of the problem, the enemy is ourselves; selfishness is so hard to overcome because it comes so naturally.

Selfishness can be displayed in a young man running around "sowing his wild oats" with little regard to the deep emotional, physical or spiritual scars left in his wake, or in the reckless, spendthrift habits that leaves him buried in consumer credit debt or simply in not taking responsibility for his own actions.

Fatherhood, on the other hand, throws down the gauntlet; it challenges young boys to "man up" and be faithful to their wives.

Fatherhood calls us to care for

the needs of the family so that their wife can work by her choice and not out of necessity to support an inflated lifestyle choice.

Fatherhood demands that we step forward and take responsibility not only for our own actions, but the actions of our dependents as well.

When we say the catchphrase "Who's Your Daddy?" today we often mean by it, "Hey, look at me, I am the one in charge here."

However, are we really ready to step up and step out of the shadows of our immature boyhood and into the spotlight of manhood?

Fathers are certainly worthy of a day to honor them when we consider the countless sacrifices they make on behalf of their families day in and day out, the problem is there are many more fathers out there than there are those men who have earned the right to be called daddy.



Still Moments



Frocking: Dona Bushong places new shoulder boards on her husband, Rear Adm. Paul Bushong, Commander, Joint Region Marianas, during a frocking ceremony aboard USS Frank Cable (AS 40) June 28. During the ceremony, Bushong was frocked to the rank of rear admiral (upper half). (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

Yin Yoga class stretches joints, relieves stress

By Airman 1st Class
Anthony Jennings

36th Wing Public Affairs

After a long week of work, stress can be felt not only in the mind, but in the body as well. The Health and Wellness Center in the Coral Reef Fitness Center offers a release from that stress in the form of Yin Yoga Fridays at 9:30 a.m. and Saturday at 10:30 a.m.

There are many styles and forms of yoga. Yin Yoga targets the connective tissues, such as the

ligaments, tendons and even the joints of the body that normally aren't exercised very much. It is the counter-part of Yang Yoga which is a more dynamic and muscular style of yoga emphasizing internal heat, and the lengthening and contracting of muscles.

"It's different from, say, Vinyasa, where you're flowing and moving, and may feel your body, but you don't really get the chance to tune in to yourself and see where you hold your stress," said Donna Parr, yoga instructor.

Many of those who come to yoga classes look to increase flexibility, but many find they leave each session with much more than what they were searching for.

"It's just a wonderful time enjoying the relaxation of having solitude and some quiet time to level myself off from work," said Airman 1st Class Danna Osgood, 27th Expeditionary Aircraft Maintenance Unit.

"We're really blessed to have the opportunity to take advantage of what this class has to offer while being all the way from home and

family. It's my chance to come and de-stress," she continued.

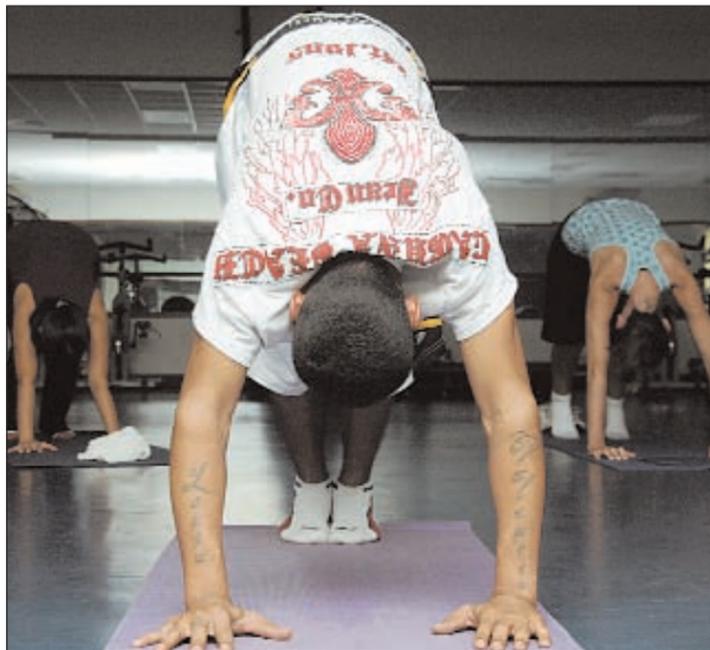
While this style of yoga may seem passive or soft to some, Yin Yoga can be quite challenging due to the long duration of the poses. One can remain in a position anywhere from one to 20 minutes. This opens the opportunity to focus inward.

"It's designed for your mind, body and spirit," Parr said. "It can be very spiritual, though I try to keep it more focused on your breath, flow and how you feel about the pose. People will get what they want

out of it."

Parr encourages everyone to share in the personal experience, regardless of their flexibility initially. Certain poses can be modified to suit them and their performance in yoga will get better with practice, she said.

"Even if you can't do the warrior pose like everyone else, it's about you and not the person next to you," Parr said. "In the end you'll be stronger, more flexible and more flowing. If you do it and practice it, yoga can be a beautiful part of your life."



Stretch: Senior Airman Edward Pendleton, 27th Expeditionary Aircraft Maintenance Unit, stretches his joints and ligaments during a Yin Yoga class at the Coral Reef Fitness Center on Andersen Air Force Base June 25. Yin Yoga targets the ligaments bones and joints of the body that normally aren't exercised very much. It is offered at the fitness center on Fridays at 9:30 a.m. and Saturdays at 10:30 a.m. (U.S. Air Force photo by Airman 1st Class Anthony Jennings)



Easy Does It: Airman 1st Class Danna Osgood, 27th Expeditionary Aircraft Maintenance Unit, stretches her joints and ligaments during a Yin Yoga class in the Coral Reef Fitness Center June 25. Yin Yoga targets the ligaments bones and joints of the body that normally aren't exercised very much. It is offered at the fitness center on Fridays at 9:30 a.m. and Saturdays at 10:30 a.m. (U.S. Air Force photo by Airman 1st Class Anthony Jennings)

Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail jointregionedge@fe.navy.mil.

Fourth of July Walk/Run 5K

Kick off Independence Day the right way. Sign up for the Fourth of July Walk/Run 5K. Show time is 7 a.m. and go time is 7:30 a.m. at Sumay Cove Marina. All authorized patrons are welcome. Admission is free and T-shirts are \$5. For more information, call 339-1301.

Teen Fitness/Sports Training

Learn how to get a full body workout and use gym machines and equipment on Tuesdays and Thursdays, 10 a.m. at Charles King Gym. Get sport-specific preseason training. There is a two-day gym orientation with fitness evaluation July 6 and 8 and Aug. 3 and 8. Open to authorized patrons ages 12-18. Parents must accompany children to first session. For more information, call 339-1301.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

Junior Golf Summer Program

Kids can have fun learning to golf during Palm Tree Golf Course's Junior Golf Summer Program July 12-16. There will be two sessions: a session for youth ages 6-9 will meet from 8-9 a.m. each day, while the session for children ages 10-13 will run from 10-10:45 a.m. Cost is \$50 per participant. There are only 16 slots per session. Register no later than July 9. To sign up or for more information, call 366-4653.

Nite Lite Golf Tournament

Play nine holes in the dark July 23, 7 p.m. at Palm Tree Golf Course. Cost for members is \$15 and non-members \$20. Register no later than July 21. To sign up or for more information, call 366-4653.



Down and to the Left: Marie Awa, Andersen Elementary School teacher, stretches her tendons and ligaments during a Yin Yoga class at the Coral Reef Fitness Center June 25. Yin Yoga targets the ligaments bones and joints of the body that normally aren't exercised very much. It is offered at the fitness center on Fridays at 9:30 a.m. and Saturdays at 10:30 a.m. (U.S. Air Force photo by Airman 1st Class Anthony Jennings)