

JOINT REGION EDGE

Volume II No. 27

Friday, July 23, 2010



Guam celebrates Liberation Day

By Jesse Leon Guerrero

Joint Region Edge Staff

The U.S. Armed Forces joined thousands of island residents in celebrating the 66th Liberation Day parade in Hagatna, Guam, July 21.

The parade culminated a range of activities held this month that recognized the island's liberation from Japanese forces during World War II. July 21 marks the day in 1944 when thousands of service members stormed the beaches at Asan and Agat to recapture the island.

Hundreds of Sailors, Airmen, Soldiers, Marines and Coast Guardsmen marched or drove along the two-mile parade route. The theme for this year's parade was "Hami Guahan... honoring our heroes," which means "We are Guam... honoring our heroes."

"It feels really good — the lots of love that you get from everybody just walking around the street," said Staff Sgt. Dwane Samuel, of the Air Force's 554th RED HORSE

Squadron. "You see all the different branches together. It feels really good to know that you're part of something really big. It's just an awesome feeling, and you can't beat that."

Sinajana Mayor Roke Blas said he is grateful to the island's liberators who helped free his mother and others on Guam during World War II. Blas joined the Marine Corps and fought in Vietnam from 1969-1970

See **PARADE**, Page 11

Heroic Display: Tech Sgt. Jason Muehl, right, of the 9th Operations Group, Global Hawk, stationed at Andersen Air Force Base, and Mineman 3rd Class Andrew Simms, left, of Navy Munitions Command East Asia Division Unit Guam, wave to crowds cheering at the 66th annual Liberation Day Parade in Hagatna July 21. Muehl and Simms were two of several Navy and Air Force participants who rode on a float along with members of their sister village of Talofoto. (U.S. Navy photo by Jesse Leon Guerrero)



27th EAMU keeps F-22s mission ready for Team Andersen



By Airman 1st Class Anthony Jennings

36th Wing Public Affairs

The 27th Expeditionary Aircraft Maintenance Unit (EAMU), deployed to Andersen Air Force Base from Langley AFB, Va., is responsible for everything from launching and recovering, to phased inspections and routine maintenance

Thanks: Maj. John Rogers, 27th Fighter Squadron F-22 Raptor pilot, shakes hands with Airman 1st Class Justin Cuyler, 27th Expeditionary Aircraft Maintenance Unit, before takeoff on Andersen Air Force Base July 13. (U.S. Air Force photos by Airman 1st Class Anthony Jennings)

on their 12 F-22 Raptors.

Their biggest mission here is to meet the flying schedule and pilot training requirements in support of the local mission and global war on terrorism by conducting sorties and daily operations in a deployed setting.

No small feat by any means, but before they even stepped foot on the island, an advanced echelon (ADVON) team was sent to set up a work environment for the rest of their unit while accomplishing the mission in the process.

The 32-man team not only did just that, they were able to do it for two weeks with limited equipment before the rest of their 120-personnel unit and main body cargo arrived.

"It's something quite remarkable about the ADVON team," said 1st Lt. Scott Paeth, 27th EAMU. "For two weeks they were able to launch out more than 30 sorties with bare minimal equipment while ensuring a work infrastructure was in place. It was an uphill battle but they conquered their 'Everest'."

Upon arrival, the ADVON team was greeted by pilots of two F-22's from Holloman AFB, N.M., in need of oil servicing. They were on their way to Kadana, AFB, Japan, but diverted to Andersen because of bad weather.

"They also diverted here because they knew we would be here and we

See **EAMU**, Page 11

INSIDE

- Guam celebrates 66 years of freedom in Asan, page 6
- Airmen, Sailors work together to load mines, page 9



Guam celebrates Armed Services Recognition Day
Military showcases capabilities at event.

SEE PAGE 2



Pipeline Road Under Construction
36th CES gives Pipeline Road a face-lift.

SEE PAGE 5



Top Performer
Tech Sgt. TaRue Broady, 36th Medical Group

SEE PAGE 3

EAMU: Squadron conquers their 'Everest'

Continued from Page 1

had the resources to get them back into the air," said Senior Master Sgt. James Catch, 27th EAMU assistant superintendent. "It was a handshake-deal; they caught our jets in the past so we were happy to help them because they would do the same for us."

To boot, after the first two jets

were back in the air, another six F-22's from the same unit came through requiring maintenance.

"It was an interesting experience for me because I've been [in the Air Force] for such a short time; it was my first deployment and I was sent on the ADVON team," said Airman 1st Class Evan Frisco, 27th EAMU tactical aircraft maintenance specialist. "It put me out of my comfort

zone to know we were working with limited equipment, but once we got there and got on the job, we were able to get everything fixed the way it needed to be fixed."

Another, separate team from the 27th EAMU stopped at Hickam AFB, Hawaii to catch and re-launch jets before arriving on Andersen AFB. 1st Lt. Paeth highlighted a notable achievement from them as well.

"After the pilots fire up the aircraft and prepare for launch, they run a series of tests so if anything goes wrong or there is a malfunction with the jet, they can abort the flight," he said. "We were able to successfully launch all jets without any ground aborts; a first for Langley."

The 27th EAMU personnel stand as testament that people, not tools and equipment, are the most crucial

element to accomplishing the Air Force mission to fly, fight and win.

"The bottom line is we got the jets up in the air safely and met the flying schedule requirements," said Catch. "It was possible because of the young guys, the Airman Frisco's, they got us through this because they're here doing their job and doing it the right way."



Ready for Launch: An F-22 Raptor with the 27th Expeditionary Aircraft Maintenance Unit prepares to taxi to the runway on Andersen Air Force Base July 13. The 27th EAMU, deployed here from Langley AFB, Va., is responsible for everything from launching and recovering, to phased inspections and routine maintenance on their 12 F-22 Raptors. (U.S. Air Force photo by Airman 1st Class Anthony Jennings)



Mission Ready: Airman 1st Class Thomas Poleski, 27th Expeditionary Aircraft Maintenance Unit, waits for an F-22 Raptor pilot to start its engines on Andersen Air Force Base July 13. (U.S. Air Force photo by Airman 1st Class Anthony Jennings)

Parade: Hundreds of service members help island celebrate

Continued from Page 1

to give back to a nation that has given him so much.

"No money can buy all this that we have now, knowing that we were liberated by people that lost their lives in doing it," Blas said. "I honor those people, and that's one of the reasons why I joined the military."

Airman 1st Class David Harris, 36th Munitions Squadron said the parade gave him a renewed sense of purpose.

"The parade is pretty cool, but what really struck me is the kids

here," Harris said. "They've been running up to us and asking to take pictures with them. It's things like that that make me appreciate what I'm doing for my country. It gives me even more motivation serve."

All through the day, military volunteers handed out candy to parade-goers as fellow service members waved to the crowd.

Gunner's Mate 1st Class (SW/AW) Francis Cruz, who serves with Maritime Expeditionary Security Squadron 7 (MSRON 7) and is originally from the Guam village of Yona, said he was proud to represent his command and the island.

"Growing up, we always came down and watched this, and we'd always see military throwing out candy," Cruz said. "That's the best part of it. We're doing the same thing for the kids growing up this time."

MSRON 7 and other Navy commands including U.S. Naval Base Guam (NBG) Security brought out patrol boats, all-terrain vehicles and other equipment for display while Helicopter Sea Combat Squadron 25 and 36th Wing conducted flyovers. U.S. Naval Hospital Guam and Submarine Squadron 15 (CSS-15) did their greetings from the top of floats

they built.

Senior Chief Electronics Technician (SS) Harry Newbold, of CSS-15, said the command and local volunteers from their sister village of Inarajan partnered for about two weeks to mold, paint and prepare their submarine float. The float, which was made of plaster and foam covering a metal and wood frame, used a 500-gallon tank of water to spray water continuously over the crowds cheering by the roadside.

"We just try to make it fun," Newbold said. "We understand it's hot, so we're trying to cool everybody

off... We're trying to make a moment for their day, so they don't forget us."

Chief Master-at-Arms Vicki Guist, of NBG Security, said she felt honored to be a part of Guam's festivities.

"The military and the community are one," Guist said. "We're all here together and we support them as much as they support us."

Along with the military, Government of Guam employees and members of Guam's nonprofit organizations, schools, and private businesses participated in the parade.

Military showcases capabilities, equipment

By Jesse Leon Guerrero

Joint Region Edge Staff

The U.S. Armed Forces participated in Armed Services Recognition Day at the War in the Pacific National Historical Park Asan Beach Unit on Guam July 17.

The event was part of Guam's 66th Liberation Day festivities, which recognize the island's liberation from Japanese forces during World War II. The event showcased the military's capabilities and allowed an opportunity for service members to educate the public about their respective missions. It featured a collection of heavy equipment, weapons, vehicles and static displays, drawing local residents, tourists and other attendees throughout the day.

"It's definitely great to be a part of this and to see the people coming out, seeing their support for us, and us being able to give our support back to the community," said Tech. Sgt. Vance Burke, of the 736th Security Forces Squadron from Andersen Air Force Base.

Burke was one of more than 100 Airmen, Sailors, Marines, Coast Guardsmen, Guam National Guardsmen, and other Department of Defense personnel who spoke with attendees and explained the capabilities of their respective units and commands.

Chief Electronics Technician (SS) Eric Carlson, of USS City of Corpus Christi (SSN 705), said the day was an opportunity to explain to visitors how the military supports Guam and the region. Damage control gear, firefighting suits and



Hands-On Education: Senior Airman Cody Peterson, left, and Airman 1st Class Erica Stock, right, both from 736th Security Forces Squadron (SFS) on Andersen Air Force Base, assist residents visiting a .50 caliber heavy machine gun display at the Armed Services Recognition Day event held at the War in the Pacific National Historical Park Asan Beach Unit on Guam July 17. (U.S. Navy photo by Jesse Leon Guerrero)

steam suits used to protect submariners gave attendees insight on life and work done aboard a submarine.

Carlson said Guam is tactically important because of its location as a forward-deployed site and the history of submarines on Guam stretches back to the 1950s.

"We just do our job and we're here to defend the country and keep everybody's freedom," Carlson said. "That's what our main focus is."

Attendees stopped at the various booths situated along the display route to snap a photo, carry a rifle, and have their questions answered about military operations and the military

as a career choice.

Tim Clements, a civilian contractor for the Navy, said he brought his two daughters down along with him to get a close look at the boats, vehicles and weapons.

"We had a great time," Clements said. "It gives [the kids] an understanding of how and why the military

is important to us."

At the Marine display of firearms, members of 2nd Fleet Antiterrorism Security Team Pacific (FAST PAC), Bravo Company, 4th Platoon, showed how to properly hold an M4 assault rifle and man a .50 caliber heavy machine gun. Capt. Travis Bowden, of FAST PAC, said they'd just arrived on Guam 36 hours before the event, but they were looking forward to spending a week touring Guam.

"From what I've seen, the support and the hospitality from the island have been incredible," Bowden said. "It's an opportunity for us to give back and show our support back, do community service projects and get engaged with the local community, just to show what we're all about and that we're thankful for their support of us."

Near the end of the day, members of the 3rd Marine Expeditionary Force (MEF) Band, out of Okinawa, Japan, performed live.

Chief Warrant Officer 2 Steve Giove, 3rd MEF Band director, said it was an honor for the band to be on Guam because the Asan site held special meaning for the Marines. Marine forces landed at Asan Beach on July 21, 1944 to begin their liberation of the island from Japanese forces.

"To us, it's sacred ground," Giove said. "It's a great legacy — to see and understand and to be part of that is an awesome thing for these young Marines."

Guam was occupied by Japan for 31 months until the U.S. Armed Forces liberated the island on July 21, 1944.

Navy signs MOU with GovGuam on utility solutions

By Catherine Cruz Norton

Naval Facilities Engineering Command Marianas Public Affairs

The Navy signed a memorandum of understanding (MOU) with the Consolidated Commission on Utilities (CCU), Guam Waterworks Authority (GWA) and the Guam Power Authority (GPA) July 16 at the Ricardo J. Bordallo Governor's Complex in Hagatna, Guam July 16.

By signing the MOU, the Navy is agreeing to collaborate on solutions to improve utilities on Guam in preparation for the Marine relocation from Okinawa, Japan.

During a signing ceremony in the conference room at the Governor's complex both military and government of Guam officials convened in the spirit of partnering to formalizing months of technical meetings and cooperative discussions.

"This is a great day," said Capt. Peter Lynch, commanding officer, Naval Facilities Engineering Command (NAVFAC) Marianas. "This MOU is a historic document which signifies many months of technical discussions to identify utility requirements and solutions. We are extremely pleased to agree in principal to a collaborative approach to solutions for power, water and waste water requirements."

The intent of the partnering sessions was to ensure capability and capacity of government of Guam assets and resources to handle impending impacts due to the additional demand based on military surge in the realignment effort.

"These MOUs provide the conceptual



Signing: Rear Adm. Paul Bushong, center, Commander, Joint Region Marianas, signs a memorandum of understanding (MOU) with the Consolidated Commission on Utilities (CCU), Guam Waterworks Authority and Guam Power Authority (GPA) at the Ricardo J. Bordallo Governor's Complex in Hagatna, Guam, July 16. From left, John Benavente, CCU general manager; Simon Sanchez II, CCU chairman; Bushong; and Capt. Peter Lynch, commanding officer, Naval Facilities Engineering Command Marianas. (U.S. Navy photo by Oyaol Ngirairikl)

framework to address viable solutions to insure that GPA and GWA can serve the energy, water and waste water needs of the proposed military build-up without compromising or adversely affecting the quality or cost of service to meet all future needs of

Guam — both civilian and military," said CCU Chairman Simon Sanchez II.

Sanchez said Department of Defense (DoD) and GWA are already working collaboratively with the University of Guam's Water and Energy Research Institute (WERI),

the U.S. Geological Survey and the U.S. Environmental Protection Agency to determine how best to ensure the long-term sustainability of the Northern Guam lens aquifer. In addition, a civilian-military advisory group is proposed to help provide long-term aquifer management.

As it concerns electricity requirements, the MOU states the DoD and local team will work together to identify ways to meet the projected power demand of the military buildup. The projected demand is 30 megawatts, according to the CCU. The MOU provides an agreement that the team will work toward upgrades and reconditioning of three or more of GPA's combustion turbines to meet the additional load at no cost to ratepayers. The group has also agreed to explore opportunities to work together on renewable energy projects.

"We expect this to be a mutually beneficial arrangement for the entire community, both our civilian neighbors, military service members and their families," said Rear Adm. Paul Bushong, commander, Joint Region Marianas. "We are committed to minimizing the impact on the island's utilities and protecting our natural resources."

While infrastructure improvements or construction associated with the military buildup will not take place until the record of decision is signed, this team of DoD and local government representatives continue to work on technical solutions to ease the impacts associated with population growth.

For more news from U.S. Naval Forces, Marianas, visit www.navy.mil/local/guam/.

Tech. Sgt Broady educates to save lives

By Airman Whitney Amstutz
36th Wing Public Affairs

In a career field where one choice can mean the difference between life and death, Tech. Sgt. TaRue Broady, 36th Medical Group (MDG) noncommissioned officer in charge of education and training, has continually exceeded expectations and impressed his superiors.

Broady, who has been stationed at Andersen Air Force Base for the past two years, was hand-selected to his position by Master Sgt. Randy A. Sherlin, Unit Training Manager (UTM) of the 36th MDG.

"As the UTM for the whole group, I have the ability to see every individual's training record," Sherlin said. "I get to see how well-rounded each person is and it made it an extremely easy decision for me."

Having spent 14 years as an emergency medical technician, Broady has a wealth of knowledge and experience to impart to those who attend his classes.

"I teach Self-Aid Buddy Care, cardiopulmonary

resuscitation and EMT classes to anyone and everyone who needs the training," Broady said. "I am responsible for making sure that all training is up to date, and answering any questions people might have; I take that very seriously."

Broady attributes his motivation and proactive attitude to the outstanding group of people he works with.

"Working with folks who expect so much of themselves makes it hard to be a slacker," Broady said. "They demand so much of themselves that I refuse to be the odd man out."

In addition to having such a dedicated network of coworkers, Broady's love for his job drives him to be at his best day after day.

"Actually enjoying the job and talking about my experiences as a medic help to keep me at the top of my game," Broady said. "I have done and seen so many things, and the ability to help someone with their career means a lot to me. It's what I'm all about."

As Broady approaches his 15th year of enlistment, the goals he set as a young Airman remain unchanged.

"I want to have a positive impact on someone's life," Broady said. "As long as someone can learn something from what I've done, then I think I've accomplished what I set out to do."



Top Trainer: Tech. Sgt. TaRue Broady, 36th Medical Group noncommissioned officer in charge of education and training, teaches a class on Self-Aid Buddy Care on Andersen Air Force Base July 9. Broady has been an emergency medical technician for 14 years. (U.S. Air Force photo by Airman Whitney Amstutz)



Submarine Squadron 15 facilities to promote mission readiness

By Oyaol Ngirairikl
Joint Region Edge Staff

Naval Facilities Engineering Command (NAVFAC) Marianas and Submarine Squadron 15 hosted a groundbreaking ceremony at Polaris Point on U.S. Naval Base Guam in Piti, Guam, July 15.

The groundbreaking ceremony highlighted the construction of two facilities: a two-story submarine learning center (SLC) and headquarters facility; and a one-story torpedo exercise support facility.

Capt. Doug Wright, Commander, Submarine Squadron 15, said the new facilities will help ensure the command's Sailors are mission ready.

"These two projects will significantly advance our ability to train and support the submarine force in Guam," he said. "It's a great pleasure today to be able to conduct this groundbreaking ceremony, and we look forward to the improved infrastructure support being provided by these two great projects."

The Submarine Squadron 15 headquarters facility will include offices and administrative spaces, an emergency control center as well as material and equipment storage rooms. The SLC will be a learning



Groundbreaking: U.S. Naval Facilities Engineering Command (NAVFAC) Marianas, Commander Submarine Squadron 15, and dck pacific Guam leadership and representatives shovel sand at the groundbreaking ceremony at Polaris Point in Piti July 15. (U.S. Navy Photo by Oyaol Ngirairikl)

facility for academic and applied training, consisting of team trainers and simulators, classrooms, and instructor offices.

The torpedo exercise support facility will include a target preparation area, helicopter launcher checkout and preparation area,

exercise torpedo flushing operations room, and support office spaces.

The task order, worth \$23.41 million, was awarded to dck-ecc pacific guam LLC. This is the first task order to be awarded under the \$4 billion large Multiple Award Construction Contract (MACC) as

a non-Defense Policy Review Initiative (DPRI) project. Construction is expected to be completed by November 2011.

Capt. Peter Lynch, commanding officer, NAVFAC Marianas, said his command is proud to be able to help improve facilities on Guam to

promote mission readiness.

"What we do at NAVFAC is we support the warfighters. That's our mission. That's our job," Lynch said. "We want to make sure we do that as best as we can, because I know you guys in the warfighting business are giving it your all, every-day, 24/7."

NAVFAC manages the planning, design, construction, contingency engineering, real estate, environmental, and public works support for U.S. Navy shore facilities around the world.

The mission of Submarine Squadron 15 is to prepare assigned units for forward-deployed operations in the Western Pacific and to maintain the highest level of readiness at all times to permit surge operations when called upon to respond to emergent theater commander tasking in support of the nation's Maritime Strategy efforts. Guam is homeport to three Los Angeles-class attack submarines: USS Buffalo (SSN 715), USS City of Corpus Christi (SSN 705) and USS Houston (SSN 713).

For more information about Submarine Squadron 15, go to Commander, Submarine Force, U.S. Pacific Fleet's website at <http://www.csp.navy.mil/>.

Joint Region Edge is an authorized publication for overseas members of the U.S. military and their families. Contents of this publication are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or Guam Publications, Inc. The appearance of advertising in the publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, Commander, Joint Region Marianas of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. Joint Region Edge is published by Guam Publications, Inc., a private firm in no way connected with the Department of Defense, the U.S. Navy or the U.S. Air Force, under exclusive contract with the Commander, Navy Region Marianas, located in Bldg. 3190. Editorial materials are due at noon on the Thursday before publication date. All classified advertise-

ments are due no later than 3 p.m. on the Tuesday the week prior to publication. Joint Region Edge reserves the right to edit, rewrite or reject material submitted for publication.

Rear Adm. Paul J. Bushong, USN, Commander, Joint Region Marianas

Brig. Gen. (Sel.) John Doucette, USAF Deputy Commander, Joint Region Marianas

Joint Region Marianas Public Affairs

Lt. Jodie Cornell, USN, Public Affairs Officer 339-4055 jodie.cornell@fe.navy.mil

Coleen R. San Nicolas-Perez, Deputy Public Affairs Officer 339-3209 coleen.perez@fe.navy.mil

Theresa Merto Cepeda, Public Affairs Director, DZSP 21 LLC 339-6114 theresa.cepeda@fe.navy.mil

James Fee, Editor james.fee.ctr@fe.navy.mil 339-7113

Reporters Mass Communication Specialist 2nd Class (SW) Peter Lewis 339-4476 peterlewis1@fe.navy.mil

Mass Communication Specialist 2nd Class (SW) Corwin Colbert 339-4376 corwin.colbert@fe.navy.mil

Jesse Leon Guerrero 339-5207 jesse.leonguere.ctr@fe.navy.mil

Oyaol Ngirairikl 339-2115 oyaolngirairikl@fe.navy.mil

Photographers Reynaldo Rabara 339-8423 reynaldo.rabara@fe.navy.mil

Raymond Torres 339-8423 raymond.torres@fe.navy.mil

Write to us at: Joint Region Marianas Public Affairs Office PSC 455 Box 152, FPO AP 96540

36th Wing Public Affairs

Lt. Col. Jeffrey Robinson, Chief of Public Affairs 366-4202

Reporters Tech Sgt. Mike Andriacco 366-2228

Staff Sgt. Jamie Lessard 366-4202

Senior Airman Shane Dunaway 366-2228

Senior Airman Isaac Garden 366-2228

Senior Airman Nichelle Anderson

366-2228

Airman 1st Class Courtney Witt

366-2228

Airman 1st Class Jeffrey Schultze

366-2228

Airman 1st Class Julian North

366-2228

Airman 1st Class Anthony Jennings

366-2228

Airman Whitney Amstutz

366-2228

Potential service delays at USNH

By Sarah Carey

U.S. Naval Hospital Guam Customer Relations

Like most military commands, U.S. Naval Hospital (USNH) Guam is preparing for many of its staff members to transition to other commands and deploy in continued support of the Global War on Terrorism during this summer season. With gaps in receiving incoming providers, nurses, corpsmen, and administrative staff, patients may experience scheduling inconveniences or slight disruptions in service.

Patients may encounter such delays when trying to make an appointment in the Family Medicine, General Surgery, Physical Therapy, and Urology clinics. The commanding officer is working closely with the regional commander in San Diego to minimize these delays and greatly appreciates your understanding during this time. As always, emergent concerns will be attended to immediately.

For more information regarding potential service delays, contact Sarah Carey at 344-9719 or e-mail sarah.carey.ctr@med.navy.mil.

Tips for Patients Seeking Medical Care at USNH Guam During This Transition Time

- If you are unable to schedule an appointment within your requested time frame, please consider having the clerk enter a telephone consult for the nurse to return your call. The clerk will take down any relevant medical and contact information and enter the consult for the nurse. The nurse will call you back within 24 hours to address your concerns. In many instances, nurses are able to call patients back that same day.
- If you are assigned a Primary Care Manager (PCM), you may not be able to see him or her when calling for an appointment and may be scheduled an appointment with another provider. Rest assured, you will still receive the same quality care as you would if you were seeing your PCM. In fact, when you see any provider at USNH Guam or at U.S. Naval Base Guam branch clinics, he or she has access to your electronic medical record so your continuity of care will not be compromised.
- If you need to schedule an annual or wellness appointment during the fall when more appointments will be available.
- If you are enrolled in TRICARE Prime, you are expected to have appointments scheduled within TRICARE's Access to Care (ATC) standards. TRICARE Prime patients who request appointments for an acute reason, should be seen within 24 hours; for routine care, within seven days; and for specialty care or a wellness visit, within 28 days. Though it may not always be possible, USNH Guam will strive to meet these ATC standards during this transition time.
- If you need a prescription for more refills on an already prescribed medication, your provider might be able to refill your prescription without seeing you for an appointment. When calling the clinic, ask the clerk if this is possible.
- If you need to cancel an already scheduled appointment, simply call Central Appointments or the clinic directly. If possible, please cancel your appointment as soon as you know you can no longer make the appointment so as to allow another patient the opportunity to have your time slot.
- If you require immediate, urgent medical attention, please call 911 or go directly to the Emergency Room. Please realize that during this transition time, wait times in the Emergency Room might be longer than usual with more emergent concerns taking priority.

News Notes

Job Announcements

Interested individuals can view the vacancy listings at <https://www.cnic.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 339-4222/6210.

Naval Base Guam

Secretary

NAVFAC Marianas, Guam
Supvy General Engineer, closes July 26

Employment Opportunities

Looking for a part time job? 36th Force Support Squadron offers multiple employment opportunities. Current job vacancies and job descriptions within 36th Services are available online at www.36thservices.com by clicking on HRO jobs. For more information, visit the Human Resources Office (HRO) or call 366-6141.

Water Quality Report Available Online

The 2009 Water Quality Report has been approved for annual dissemination. If you would like to learn more about U.S. Naval Base Guam's drinking water, the 2009 U.S. Navy Water System Water Quality Report is now available online at <https://www.cnic.navy.mil/marianas/index.htm>

Tarague Beach Summer Swimming Hours

Tarague Beach is currently open for swimming Thursdays through Tuesdays 10 a.m.-6 p.m. During these days and times, swimming is authorized only in the designated swimming area, and only when a lifeguard is present. For more information, call 366-5197.

Navy Birthday Ball Fundraiser

The Navy Birthday Ball Committee will be holding a fundraising car wash July 31, 9 a.m.-2 p.m. in the parking lot by the Veterans Administration Building in Asan. To buy a \$5 voucher for the car wash or for more information about this event and upcoming fundraisers, call your Navy Birthday Ball point of contact: Joint Region Marianas — Chief Yeoman (SW) Alexander Tucker, 339-2153

U.S. Naval Base Guam — Senior Chief Master-at-Arms (SW/AW) Kelly Hallmark, 339-2745

U.S. Naval Hospital Guam — Hospital Corpsman 3rd Class Emily Olive, 344-9907

Naval Mobile Construction Battalion 11/Naval Facilities Engineering Command Marianas — Construction Electrician 3rd Class Jill Johnston, 339-2343

Maritime Expeditionary Security Squadron 7 — Chief Master-at-Arms (EXW/SW) Jimmy Rose, 333-2187

Explosive Ordnance Disposal Mobile Unit 5 — Quartermaster 2nd Class Corinna Fountain, 339-8166

Helicopter Sea Combat Squadron 25 — Chief Yeoman (SW/AW) Andrea Johns, 366-6479

Naval Computer and Telecommunications Station Guam — Information Systems Technician 2nd Class (SW) Jeffrey Burdick, 355-5320

Important Lodging Info

Due to mission requirements, Andersen Lodge availability is currently critical to non-existent. Please plan accordingly. If you have any questions, please call Andersen Lodge at 362-5512.

'Team Andersen's Best' recognized



Weekly Recognition Award: Russell Young, left, superintendent of Andersen Air Force Base (AFB) Palm Tree Golf Course has the honor of receiving the first "Team Andersen's Best" award on Andersen Air Force Base July 10. Young was nominated for this award for taking on additional job functions beyond superintendent and for his role in the renovations of 13 greens, saving \$600,000 in non-appropriated funds. Brig. Gen. (Sel.) John Doucette, right, 36th Wing commander, will recognize one person each week nominated by their supervisors to their group for their contributions to Team Andersen. (U.S. Air Force photo by Staff Sgt. Jamie Lessard)

36th CES gives Pipeline Road a face-lift

By Airman Whitney Amstutz
36th Wing Public Affairs

Ten Airmen from the 36th Civil Engineering Squadron (CES) and two civilians began work on the restoration of Pipeline Road on Andersen Air Force Base (AFB) July 13.

Pipeline Road, which is located near Marianas Blvd., is essential to the Andersen AFB mission.

"Buried in Pipeline Road is the pipeline that keeps the mission on Andersen Air Force Base alive," said Tech. Sgt. John C. Trembly, who works with the 36th CES. "Without this pipeline, it would be nearly impossible to keep all of the storage tanks on Andersen filled during a contingency even with 24-hour convoys."

In addition, it is imperative that the conditions of the road be conducive to regular inspection. The pipeline must not only be operational at all times, but the safety of the environment must be upheld as well.

"Having a drivable road ensures that we can inspect the pipeline to minimize any environmental damage should a leak occur," Trembly said. "Without maintaining this road, security forces have to use four wheelers, or even patrol on foot to keep this sector of the base secure while ensuring no one tampers with the pipeline."

For many members of Team Andersen, Pipeline Road has also become an important part of their physical training regimen. It has become one of the most popular

road-run locations on base.

"This road has become a favorite for squadron PT," Trembly said. "It allows them a safe place to run without the risk of automobiles. Once the restoration is finished, it will be an even nicer place for runners to exercise."

Previously, the poor condition of the road made it nearly impassable for some vehicles. In the event of an emergency, responding vehicles could encounter considerable delays.

"I very much doubt you could get a fire truck through that area," Trembly said. "We had some very significant mud holes during the rainy season, and when dry, they could tear out your suspension if you went too fast."

Thankfully, due to the effort of the Airmen and civilians involved in the restoration of Pipeline Road, these are cares of the past.

"I can see directly the progress we're making and the impact a project like this can have on the community and the mission," said Staff Sgt. Travis Marcott, 36th CES pavement and equipment journeyman.

The restoration is scheduled to be completed July 16, having taken the small crew only three days of intense work and dedication to complete.

"Watching the teamwork between the military and civilians is amazing and represents the Team Andersen spirit," Trembly said. "Our less experienced Airmen are getting the training they need to not only improve Andersen, but to keep people alive when they deploy downrange."



Roadwork: An Airman from the 36th Civil Engineering Squadron works to restore Pipeline Road on Andersen Air Force Base July 15. The road is located near Marianas Blvd. Reconstruction began July 13 and was scheduled for completion July 16. (U.S. Air Force photo by Airman 1st Class Anthony Jennings)

554th RED HORSE changes command



Change of Command: Lt. Col. Shawn Larcher, right, assumes command of the 554th Red Horse Squadron from Col. Theodore Corallo, left, 36th Contingency Response Group commander, in the Sunrise Conference Room on Andersen Air Force Base July 9. Larcher will be taking over from previous commander Lt. Col. Anthony Davit and will look to build upon the squadrons successful year during which it became the first ever Red Horse Squadron to win the prestigious Robert H. Curtin Award. The award recognizes the best small civil engineering unit in the Air Force (U.S. Air Force photo by Airman Julian North)

Guam celebrates 66 years of freedom

By Mass Communication Specialist 2nd Class (SW) Peter Lewis

Joint Region Edge Staff

Military and civilian personnel gathered at the Asan Bay Overlook Memorial in Asan, Guam, July 20 to honor and pay respect to the service members that gave their lives to liberate Guam from the occupying Japanese forces during World War II.

Valuing Guam as a way-station between Asia and the Americas and hoping to remove enemy forces from the Western Pacific region, Japanese forces landed on and

captured Guam from U.S. military forces on Dec. 10, 1941. It would be almost three years before American forces once again arrived on the beaches of Guam on July 21, 1944, to recapture the island from the Japanese.

The ceremony's keynote speaker, Rear Adm. Peter Gumataotao, Commander, U.S. Naval Forces Korea and a native of Guam, said it was an honor to return to the island of his birth and salute the veterans and survivors of such a devastating war.

"They fought hard — all of them. They fought bravely and honorably," he said. "For those in uniform, do not forget that. You fight

hard for this way of life — for what our country represents. And you do it honorably, and you do it bravely."

Gumataotao praised the Chamorros, the native people of Guam, for their strength and loyalty, even after the suffering they endured at the hands of an occupying force.

"The people of Guam have endured so much, and they have grown. They have become us — true patriots," he said. "The people of Guam understand what it means to be free. They understand that you have to take a stand and you have to do something in order for others to be free."

The admiral went on to advise the current generation to remember the sacrifices of World War II, and to take advantage of the freedoms those sacrifices granted.

"We are the generation that will define the future of our beautiful island. We must seize the moment and honor those who gave their lives and worked so hard to make us free," Gumataotao said. "We honor them by being the best we can be, and taking that opportunity to celebrate life and embrace life, liberty and the pursuit of happiness."

After a round of applause for the assembled guests, members of the

military community and Guam government participated in a wreath-laying. Several officials, including Guam Delegate Madeleine Bordallo; Marine Corps Maj. Gen. Randolph Alles, director for Strategic Planning and Policy, U. S. Pacific Command; Rear Adm. Paul Bushong, Commander, Joint Region Marianas; Brig. Gen. (Sel.) John Doucette, 36th Wing commander; Maj. Gen. Donald Goldhorn, adjutant general, Guam Army National Guard, and Gumataotao, rendered honors as a 21-gun salute rang out over the rolling hills of Asan, concluding the ceremony.



Guest Speaker: Rear Adm. Peter Gumataotao, Commander, U.S. Naval Forces Korea, speaks to guests at the Asan Bay Overlook Commemoration in Asan, Guam July 20. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)



Wreath: Members of the Guam government and military community participate in a wreath-laying ceremony during the Asan Bay Overlook Commemoration on Nimitz Hill in Asan, Guam July 20. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)



Salute: Members of the Guam government and military community render honors to a ceremonial wreath during the Asan Bay Overlook Commemoration in Asan, Guam July 20. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)



Colors: Colors are retired during the Asan Bay Overlook Commemoration in Asan, Guam July 20. The ceremony honored the men and women who gave their lives to liberate Guam from the occupying Japanese imperial forces during World War II. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)



Vigilance: Spc. Philip Cabedo, left, Guam Army National Guard 2010 Soldier of the Year, and Staff Sgt. David Rivera, Guam Air National Guard 2009 Airman of the Year, stand watch over a commemorative wreath during the Asan Bay Overlook Commemoration in Asan, Guam July 20. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

USCG, Merizo mark anniversary of massacres

By Lt. j.g. Wade Thomson
U.S. Coast Guard Sector Guam Public Affairs

Members of U.S. Coast Guard Sector, Guam and the local community marked the 66th anniversary of the Tinta and Faha massacres on Guam July 15.

Capt. Thomas Sparks, commanding

officer, U.S. Coast Guard Sector, Guam, and 20 other Coast Guard personnel trekked through mud, flowing waters, and jungle growth, alongside more than 100 Merizo villagers and others to participate in ceremonies at the sites of the massacres in the Coast Guard's sister village of Merizo.

Merizo Mayor Ernest Chargualaf

worked with Coast Guard personnel to organize the annual memorial hike.

After morning rains subsided, the followers arrived at the first site, Tinta, where former Merizo Mayor Buck Cruz recounted the story behind the historic events that occurred July 15, 1944, during the Japanese occupation of Guam

during World War II. Rev. Nene Sinoy led the ceremony at the opening of a crevice marked by flowers and memorial monuments where the killings of 16 Merizo villagers were known to have occurred. The group then traveled to pay tribute at the second, nearby site, Faha, where 30 villagers were killed by Japanese soldiers on July 16, 1944.

Coast Guard Sector, Guam maintains a close partnership with its sister village of Merizo throughout the year, attending and supporting numerous public events and volunteering at Merizo's schools.

For more information about U.S. Coast Guard Sector Guam, visit <http://www.uscg.mil/d14/sectguam/>.



Above: Rev. Nene Sinoy leads memorial services at the Faha massacre site in Merizo July 16. More than 100 participants hiked to the memorial, including Capt. Thomas Sparks, commanding officer, U.S. Coast Guard Sector Guam; Merizo Mayor Ernest Chargualaf; and former Merizo Mayor Buck Cruz. (U.S. Coast Guard photo by Lt. j.g. Wade Thomson)



Right: Rev. Nene Sinoy leads memorial services at the Tinta massacre site in Merizo, July 16. More than 100 participants hiked to the memorial, including Capt. Thomas Sparks, commanding officer, U.S. Coast Guard Sector Guam; Merizo Mayor Ernest Chargualaf; and former Merizo Mayor Buck Cruz. (U.S. Coast Guard photo by Lt. j.g. Wade Thomson)

Military, local residents attend Sumay Liberation Day Mass



Honoring: Capt. Richard Wood, center, and his wife Betsy joined Santa Rita residents for the Sumay Liberation Day Mass at Sumay Cemetery on U.S. Naval Base Guam (NBG) July 20. Standing behind Wood on the left is Capt. Thomas Sparks, Commander, U.S. Coast Guard Sector Guam. (U.S. Navy photo by Oyaol Ngrairirik)



Remembering: Dozens of Santa Rita residents attended the Sumay Liberation Day Mass at Sumay Cemetery on U.S. Naval Base Guam (NBG) July 20. This is the second year the Mass has been held and is the result of the coordinated efforts between NBG and Santa Rita Mayor's Office. Former residents of the historic village and their descendents requested the event be held, so they could honor family members buried at the cemetery. Liberation Day marks the day in 1944 when Guam was liberated by American forces from Japanese occupation during World War II. It is a time when many island residents focus on military service members and civilians on Guam who died during World War II. Sumay was a bustling village prior to the war. It was home to the TransPacific Communication Cable Station and was the landing site for the Pan-American China Clipper sea planes as well as the location of the Pan American hotel, among other enterprises. Residents fled the site, which was the first area attacked by Japanese forces and then occupied at the start of WWII in 1941. After WWII, Sumay residents made their homes in the new village of Santa Rita in the hills above Agat. (U.S. Navy photo by Oyaol Ngrairirik)

Navy honors veterans at Flag Circle

By Jesse Leon Guerrero
Joint Region Edge Staff

Rear Adm. Paul Bushong, Commander, Joint Region Marianas, and his wife Dona held an appreciation luncheon for veterans at their Flag Circle home in Nimitz Hill, Asan July 15.

Bushong hosted the get-together as a thank you to the veterans for their service to the nation and the positive influence they've had on the island.

"It's an honor for us to have all of you here," Bushong said before opening the lunch tables overlooking Asan Bay. "[Even] when you're no longer in the military you continue to serve your communities, and your fellow veterans and you also continue to serve and support those of us who are still in the military."

The luncheon drew dozens of veterans from groups that included Fleet Reserve Association and the Ladies Auxiliary, Branch 73; Military Order of the Purple Heart; Special Forces Association, 3rd Marine Division; Veterans of Foreign Wars and the Ladies Auxiliary, Branch 1509; Vietnam Veterans of America Chapter 668; and Veterans of Foreign Wars Post 2917, Ladies Auxiliary.

Dan Mendiola retired as a first sergeant with the Army and served three tours with the 1st Cavalry Division in Vietnam, from 1963-1964,



Veterans Affairs: Rear Adm. Paul Bushong, right, Commander, Joint Region Marianas, stands with Guam's military veterans and Navy officials outside his Flag Circle home in Nimitz Hill, Asan July 15. Bushong hosted a luncheon for the group to honor the veterans for their service to the nation. (U.S. Navy photo by Jesse Leon Guerrero)

1966-1967, and 1969-1970. He is a member of the Vietnam Veterans of America.

"This is like my third or fourth time here," Mendiola said. "It's really just nice that we have the opportunity first of all to be invited and then to personally meet him and talk to him."

Navy leadership from a wide range of commands also attended

the event while the Guam Army National Guard Band provided music entertainment.

Lt. Cmdr. James LeCounte, executive officer of Naval Computer and Telecommunications Station Guam, sat with several veterans and discussed what it's been like for all of them to serve around the world.

"It was good to actually get their

perspective on how things came to be here and a little bit of the history in the short amount of time that I got to talk to them," said LeCounte, who has been stationed on Guam for a month. "We could've actually sat and talked forever."

Harold Kirk, president of the Fleet Reserve Association, said the close ties between the military and

local community mean a lot to him as a veteran. Kirk served as a yeoman in the Navy and retired after 23 years of service.

"Being here on island and also seeing the culture and what had happened during World War II, it's amazing what the Chamorros went through and what the military went through," Kirk said.

Land pulls into Guam, Cable welcomes their mission

By Mass Communication Specialist 3rd Class (SW) Shannon Burns

USS Frank Cable (AS 40) Public Affairs

After nearly three years in Washington for a shipyard availability period, and one month underway, USS Emory S. Land (AS 39) pulled into port at U.S. Naval Base Guam en route to its homeport in Diego Garcia, British Indian Ocean Territory, July 14.

USS Frank Cable (AS 40) was happy to share their port and offer any assistance necessary for Emory S. Land to be able to continue its mission, said Lt. Robert Almy, Frank Cable operations officer.

"This is the last stopping point for Land before heading to Diego Garcia, and being here gives them the opportunity to make final repairs and to resupply," Almy said. "It also gives us the opportunity to meet our counterparts and to speak with them, so that we better understand what they went through during their Planned Maintenance Availability and Military Sealift Command (MSC) conversion."

The trip marks the first time Emory S. Land and Frank Cable have been moored in the same port, at the same time.

"It's important that the Land pulled in because we have the opportunity to communicate and coordinate face-to-face about common issues," said Capt. Thomas Stanley, Frank Cable's commanding



Land Ho: The submarine tender USS Emory S. Land (AS 39) moors at U.S. Naval Base Guam July 14. Emory S. Land is conducting a homeport shift from Bremerton, Wash. to Diego Garcia. (U.S. Navy photo by Mass Communication Specialist 3rd Class Shannon Burns)

officer. "The Frank Cable and the Land have a very unique relationship among Navy ships because we share personnel and the mission of fixing submarines in the 5th Fleet area of responsibility."

Stanley added he was impressed with the end product of the MSC conversion of the Emory S. Land,

and that he has great confidence Frank Cable will look just as good and be in comparable condition once its own conversion is completed.

Several Frank Cable Sailors had the opportunity to go for temporary assigned duty (TAD) while Emory S. Land was in its overhaul process. They agreed that their time aboard

the ship was enjoyable.

"It's really exciting to be a part of such a significant event in the Navy's history," said Gunner's Mate 3rd Class Michael Zimmerman. "It's a great idea for these two ships to be together because we can trade ideas on what works and what we can do better."

Sailors said the improvements

they saw aboard Emory S. Land made them eager to see how Frank Cable will be improved.

"It's awesome to see how the MSC crew maintains and takes care of the ship," said Electrician's Mate 3rd Class Eddie Smith. "[Land] looks amazing and I am eager to see how well the Frank Cable is going to look when it's finished with her conversion."

Stanley said Frank Cable Sailors who are going to be TAD to Emory S. Land should use the ship's port visit in Guam to their full advantage.

"This is a great opportunity for any Frank Cable Sailor who will be a part of expeditionary manning to tour their future place of temporary assignment," he said.

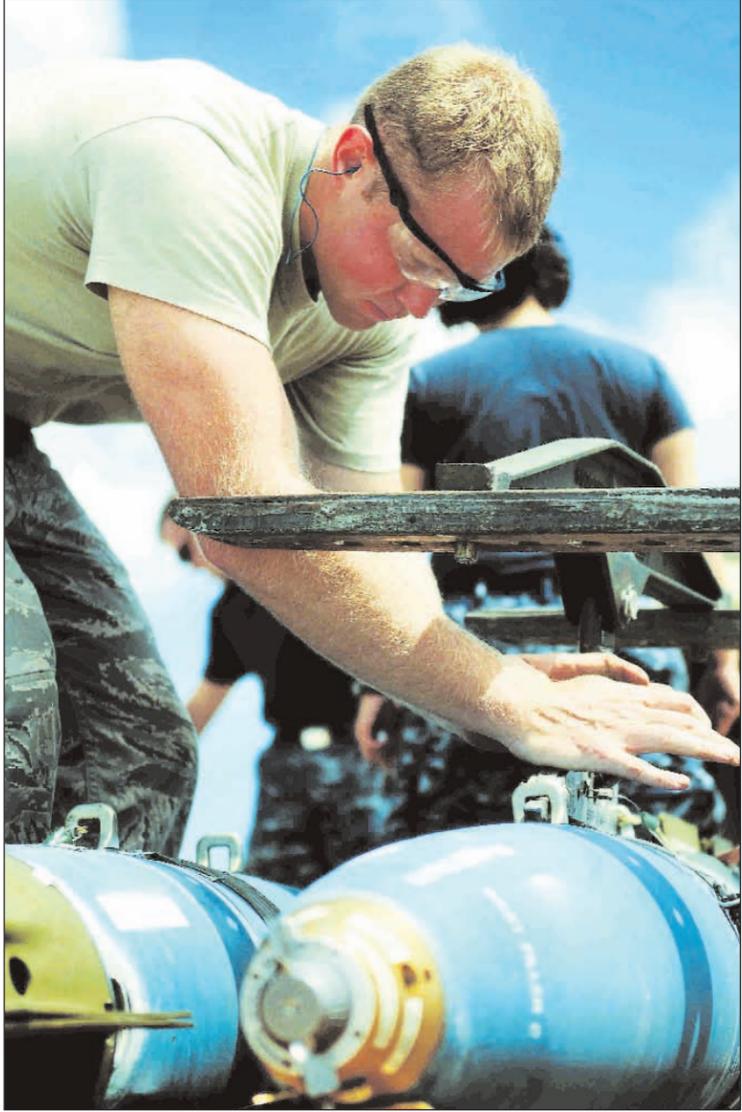
In the future, Emory S. Land will sail to Diego Garcia where it will tend submarines, providing an expeditionary maintenance capability to the fast-attack submarines and guided-missile submarines, particularly those operating in the U.S. 5th Fleet area of responsibility. It will continue to receive support via expeditionary manning rotations from Frank Cable. For more information about Emory S. Land, visit <http://www.msc.navy.mil>.

As Commander, U.S. Pacific Fleet's submarine tender, Frank Cable readily deploys to ports throughout the Western Pacific to provide services to both submarines and surface ships in the 7th Fleet's area of responsibility. For more information, visit <http://www.cable.navy.mil/default.aspx>.

Airmen, Sailors work together to load mines

Teamwork: Airmen with the deployed 5th Bomb Wing and Sailors from Navy Munitions Command East Asia Division Unit Guam recently work together to load MK-62 water mines onto B-52 Stratofortress aircraft on Andersen Air Force Base (AFB) July 14. The operation was unique because it offered the Sailors and Airmen new training and skills, while working with ordnance that is not often seen on Andersen AFB. The operation began with the arrival of the ordnance on flatbed trailers and quickly showcased the cohesion of the

joint team in getting the mines loaded quickly and efficiently onto the two aircraft. Allowing the visiting Airmen to work with Navy personnel introduced an aspect of the job not common back at their home station Minot AFB, N.D. The load also highlights the flexibility the B-52 offers in terms of its payload capabilities. The operation was highly successful and strengthened the relationship between the Navy and Air Force and their personnel. (U.S. Air Force photo by Airman 1st Class Jeffrey Schultze)



Is your typhoon survival kit ready?

By Lt. Roland Clark

Joint Region Marianas Staff Meteorologist

Over the past month, I've been writing about typhoons and how they affect Guam. We've seen that, on average, three tropical storms and one typhoon-strength system come within 150 miles of the island every year. That statistic alone should be enough to spur everyone to take action now to prepare for this year's typhoon season.

By take action, I mean jot down a plan and talk about it with your family if they are here with you. Plan out where you will park your car during the storm to avoid damage, where you will take shelter if you live near the beach and how you will communicate with each other should you need to stay at your work site during or immediately after the storm.

Once you have your plan in the works, make this the week that you buy the items you will need to stock a typhoon ready kit. Put everything for your kit in a water-resistant bin, and find a safe place near the center of your home for the bin to be stored.

The following shopping list should help you assemble the basic items for a family disaster supply kit over a four-week period without causing a significant financial burden.

Keep in mind that having a stash of cash on hand will really help because ATM's and credit cards probably won't work for several days after a storm.

Week One

At the hardware store buy containers to hold disaster supply kit (large plastic tub with lid, backpack,

etc.), flashlights, a portable tool kit, a roll of duct tape, a utility knife, tarp (to cover a leaky roof if necessary), a battery-operated radio, and batteries for flashlights and the radio.

Purchase or gather from existing household supplies a blanket or sleeping bag for each member of the household, backup disks of your home computer files, towels, books or games for entertainment, a set of extra clothing and shoes for each member of the household, sunscreen and mosquito repellent

Week Two

At the grocery store, purchase cans of meat for each member of the household (i.e., tuna, chicken, chili, beef stew, spam), cans of ready-to-eat soup for each member of the household, cans of vegetables for each member of the household,

cans of fruit for each member of the household, a box of heavy-duty garbage bags with ties, a box of resealable food storage bags for storing important papers and small items, and a hand-operated can opener.

Week Three

At the drug store, purchase a toothbrush for each member of the household, a large tube of toothpaste, bottles of necessary over-the-counter and prescription medications, a box of sanitary wipes or liquid hand sanitizer, feminine hygiene supplies, a bottle of shampoo, and a family-size first aid kit.

Week Four

At the grocery store, gallons of water for each member of the household, including pets (at least one gallon per person per day for three

days without other water supply); containers/boxes quick-energy snacks (granola bars, nuts, raisins, trail mix); a jar of peanut butter; rolls of paper towels; and a six-roll pack of toilet paper.

If needed, gather extra items for pets (food, leashes, toys, etc.), children (baby food, formula, diapers, coloring books, etc.), and elderly or special needs family members (hearing aid batteries, medications, special food, etc.).

Next week's article will explain the Typhoon Conditions of Readiness system and how it applies to you.

This article is the fourth in a series on education, awareness, and tips to help you and your families get typhoon ready.

Keep in mind that although awareness is great, it's all useless without adding the key ingredient that only you can provide: action.

What activities are your children taking part in this summer?

There are a variety of programs on base and in the community to keep kids' minds and bodies active during the summer. Joint Region Edge asked its readers what activities their children are participating in this summer.



"My oldest is currently working at the Youth Development Center right now and my second child will be going to DEFY (Drug Education For Youth). It's good for the kids to start to earn their own money and for my younger child to be aware of how good it is to be away from drugs."
— Chief Culinary Specialist (SW/AW) Sancho Poblete, USS Frank Cable (AS-40)



"My children are doing the enrichment program at McCool, and why are they doing it? Because it's only three hours a day and it talks about the curriculum that they're doing —focuses on artists, musicians and it's such a good chance for the kids to do something for four weeks. The other program is with the UOG (University of Guam) summer theater camp this year and they perform "Charlie and the Chocolate Factory."
—Karita Avia, Navy spouse



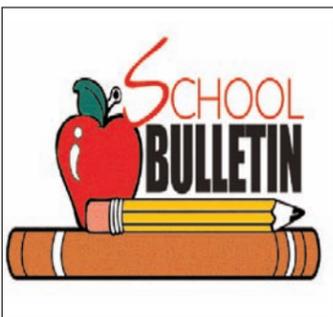
"They'll be doing a lot of church activities. They're currently involved in Life Teen Guam in Yigo. It's a good experience for them and keeps them out of trouble."
—Trini Lizama, Air Force spouse



"My children take part in some lessons and activities that the MWR (Navy Morale, Welfare and Recreation) clinics put on. They also come and volunteer with us at the USO (United Service Organizations) and have just a lot of free time down at the beach and at the pool."
— Michelle Faulkner, Navy spouse



"My son works at Guam National Olympic (Committee). His uncle works there, and it is just a summer job before he begins college."
—Retired Army 1st Sgt. Tony Bordallo



School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 339-7113.

Navy College Office
Registration is still open for University of Maryland University College classes that start in

August. For more information, call 339-8291 or 339-2263.

Commander William C. McCool
Elementary/Middle School

School supply lists for all grades are available at the school and at Navy Exchange. Parents can call or stop by the school.

Guam High School

Students interested in participating in first quarter sports must provide the school with an updated sports packet for 2010-2011. The packet requirements are:

- Parent consent form
- Code of conduct
- Notarized medical power of attorney
- Copy of passport
- Current sports physical

Phone Numbers

Andersen Elementary School: 366-1511
Andersen Middle School: 366-3880/5793
Commander William C. McCool Elementary/Middle School: 339-8678
Guam High School: 344-7410
Department of Defense Education Activity office: 344-9160

Cadets learn leadership, patriotism

By Oyaol Ngrairikl

Joint Region Edge Staff

More than 30 members of the U.S. Naval Sea Cadet Corps (NSCC) and U.S. Navy League Cadet Corps (NLCC) graduated from a summer training program at a ceremony held at the Adm. George Dewey Naval Sea Cadet Center in Santa Rita July 17.

During the training, which was from July 4-16, cadets lived at the center, also known as the former Commander William C. McCool Elementary/Middle School gym. They participated in physical training, drills, took courses on military history and trained with various military groups, including U.S. Coast Guard Sector Guam, Maritime Expeditionary Security Squadron (MSRON) 7, and U.S. Naval Base Guam (NBG) Dive Locker.

Capt. Richard Wood, NBG commanding officer, was the guest speaker at the graduation.

"You've worked hard, and you've successfully completed a training that I believe will help you along the road to success," Wood said. "I want to congratulate you but also encourage you to keep going, keep learning, keep working hard."

The NSCC, for youth ages 13-17, and the NLCC, for youth ages 11-13, are nonprofit organizations committed to providing American youth with a drug- and alcohol-free environment to foster their leadership abilities, broaden their horizons through hands-on training and guide them to becoming mature young adults.

Following the ceremony, Master-at-Arms 1st Class (SW) Orlando White, co-commanding officer of Sea Cadet Training Contingent, said he's proud of the cadets.

"The goal of the training is to give kids a small taste of military life, and



Graduation: Capt. Richard Wood, U.S. Naval Base Guam commanding officer, congratulates cadets during the graduation ceremony held at Adm. George Dewey Naval Sea Cadet Center, also known as the former Commander William C. McCool Elementary/Middle School gym, in Santa Rita July 17. The graduates completed a two-week summer training program aimed at promoting citizenship and knowledge of America's maritime services. (U.S. Navy photo by Oyaol Ngrairikl)

for some this might determine whether they join the Navy or another branch of service," he said. "We teach them leadership, discipline and those types of skills, but I think most importantly we teach them the Navy core values of honor, courage and commitment."

White said the program isn't intended to be a recruiting tool for the Navy, though students who graduate from the program have the opportunity to jump to an E-3 rank should they enlist in the Navy. The program is open to all students who want to learn more about the military, the country and themselves.

"Regardless of whether they join the Navy or become chief executive officers of their own company, our sea cadets are getting the tools they need to become intelligent,

responsible citizens and leaders," he said. "And these are a great group of kids. They want to learn, they desire to be more, and that drive is what will help make them stronger."

Sea Cadet Richard Camacho said a typical day at summer training included reveille at 4:30 a.m. Then, after a day of drills, classroom lessons and, in the second week, field trips to various Navy commands, they're in bed at 9 p.m.

"It was really amazing to be on the ships with the Coast Guard and to see how the commands like (NBG) Dive Locker and MSRON 7 help defend our country," Camacho said.

This was Camacho's second year in the summer training and he said he felt this year's experience really helped him hone his leadership skills.

"Our leaders said what we go

through in training is just like boot camp. And I learned a good lesson — if you do a good job, you get promoted, but that means you have to work even harder," he said. "I know how to work hard, but in training I learned how to work towards a goal — completing your mission. Everything else — the awards, the promotions, comes after the mission."

Camacho is a cadet with NLCC, which is for youth who are interested in the sea and ships, and America's seagoing services. NLCC is designed to introduce them to maritime and military life, and to prepare them for later entrance into the NSCC.

NSCC is for teens who have a desire to learn about the Navy, Marine Corps, Coast Guard and

merchant marines. Under this program, cadets go beyond the basics — they're trained to become strong leaders. Part of their training involves leading drills for the younger NLCC cadets during summer training sessions.

Sea Cadet Takamasa Diaz, who was recognized during the ceremony as "Top Support Cadet," said he would encourage other youth to become cadets.

"This is a great program. I started last year in September, and I really enjoy learning about the Navy, the Marines and the Coast Guard," Diaz said. "I've learned discipline and how to get in shape, and how to work as a team ... and when people ask me about the Sea Cadets, I tell them they should at least check it out. Because you don't have to join the military, but what you learn will help you in life."

Navy Diver 1st Class (DSW/EXW/SS) Ricardo Parizal, of NBG Dive Locker, gave the cadets a tour of his command's facilities July 15.

Parizal said he enjoys the opportunity of speaking with cadets and youth in general.

"This is one of the ways that I, as a Sailor, can impact kids lives — let them know what's out there, that there's these possibilities and what they need to do so they can be prepared to take advantage of those opportunities," he said. "I think it's great that the kids have a chance to learn about the military through the Sea Cadet program, and I feel like we're the on-the-field or hands-on training part of that education."

The NSCC and NLCC are officially supported by the Navy League of the United States, and are endorsed by the United States Navy, United States Marine Corps, and United States Coast Guard.

To learn more about the programs, visit www.seacadets.org.

Auditions to open for 'The Princess and the Pea'

By Oyaol Ngrairikl

Joint Region Edge Staff

Missoula Children's Theatre (MCT) will hold auditions Aug. 2 at the Big Screen Theater on U.S. Naval Base Guam for the theatrical presentation of "The Princess and the Pea."

MCT is a nonprofit organization that uses theater to foster enrichment and education in children of all ages.

Auditions start at 10 a.m. that day and are open to children of active-duty service members in grades 1 through 12. Youths interested in auditioning must register at the Child Development Center. Registration closes July 30.

"This is the second year we've brought [MCT] to Guam and we're really excited," said Mae Lizama, youth programs director for NBG Child and Youth Programs. "Missoula Children's Theater is an opportunity for our kids to get a taste of the performing arts."

Lizama said the exposure to theater can help youths blossom.

"Last year's production was a big hit with the kids. We could really see the talents of our children come out," she said. "That's what makes it so exciting. There are children who seem really shy and quiet, but you get them on the stage and they just shine."

Lizama said the upcoming production will require 60 cast members. Among the roles to be cast are the Princess, the Pea, King and Queen Size of Riverdom, Storm King and Snow Queen of Glacierdom, the Prince, the mischievous Jack Frost, the citizens of Riverdom and Glacierdom, the Dust Bunnies, additional princesses and leprechauns.

Four assistant directors will also be enlisted from the youths to aid in rehearsals and to support backstage preparation.

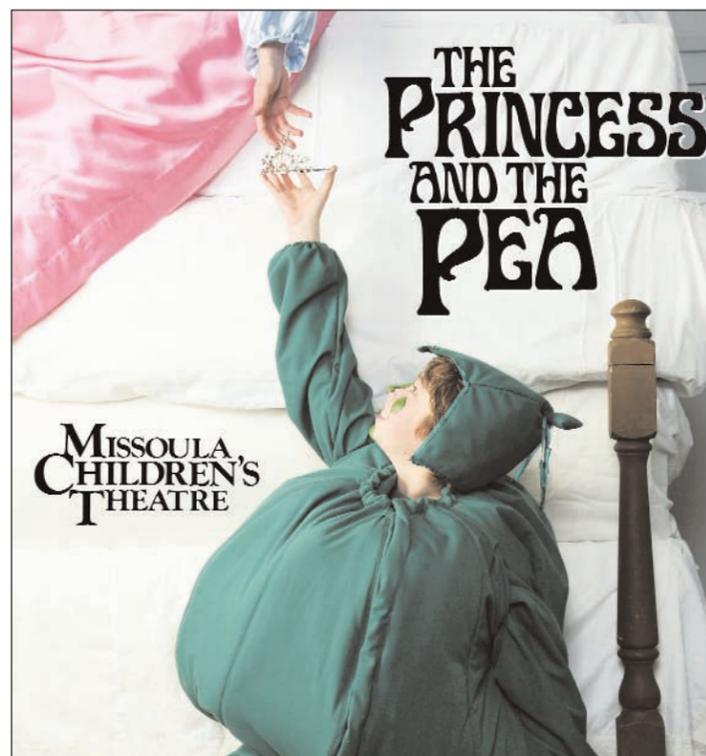
Lizama said youths should be prepared to rehearse immediately after auditions. The final performance will be held Aug. 7, 3 p.m. and 5:30 p.m. at the Big Screen Theater.

MCT Tour Project is the largest touring children's theater program

in the United States. The program works with over 65,000 children in over 1,200 weeklong residencies each year in all 50 states and about 20 other countries. Each week, up to 45 teams of two tour actor/directors travel to various locations, audition and cast 50-60 local children in an original musical production, run rehearsals, teach workshops and, by the end of the week, perform a full-scale musical with the cast including full costumes, sets, lights and props that the directors bring along with them.

For more information, call Lizama at 564-1844/5.

Summer Drama: A child actor playing the part of the Pea for the Missoula Children's Theater (MCT) production of "The Princess and the Pea" is seen in this graphic. U.S. Naval Base Guam Child and Youth Programs is bringing MCT to Guam for a second year to give military youth an opportunity to experience performing arts. (Graphic courtesy of Missoula Children's Theater)



Spanish fort offers scenic view, historic insight

By Jesse Leon Guerrero
Joint Region Edge Staff

Fort Santa Agueda remains one of Guam's last Spanish forts and is, in fact, the only one still standing in the capital village of Hagatna. Spanish Gov. Manuel Muro built it in 1800 and named it after his wife Dona Agueda de Camino. The fort served as a vantage point over the land and allowed the Spanish to fire cannons at enemy forces if they approached Hagatna Bay. The former Governor's Palace and Fort San Rafael, both of which were protected by Fort Santa Agueda, no longer exist, but a stone platform and relics of several cannons still mark Fort Santa Agueda for people to visit.

"It's reflective of the Spanish period of Guam," said Toni Ramirez, Department of Parks and Recreation historian. "It's integral to that history."

Since it sits at the top of Apugan Hill, Fort Santa Agueda is also known as Fort Apugan. The view overlooks not only Hagatna and the Philippine Sea entering the bay, but also Tamuning and the cliffs of Oka Point to the north. Look beyond Oka Point to find Ritidian Point on a clear day.

Fort Santa Agueda offers an overhead look at several important Guam sites, including Paseo de Susana Park; I Sengsong Chamorro, where the Chamorro Village Wednesday

night market takes place; and the Dulce Nombre de Maria Basilica, the church that serves as the Roman Catholic headquarters of Guam's archdiocese. Department of Parks and Recreation listed Fort Santa Agueda as one of the village's 17 sites of historic and architectural interest.

As with many lookout points around the island, Fort Santa Agueda does not charge an admission fee for visitors, but there are usually vendors selling drinks nearby.

"The main gate closes at 6 p.m., but you can park outside the main gate and walk in because it's just closed to traffic," Ramirez said.

Aside from the scenic view available from the top, the fort offers a connection to Guam's past — not only to its Spanish Era, but to the American and Japanese military presence on Guam.

After the U.S. was ceded Guam by the Spanish in 1898, the U.S. Navy used Fort Santa Agueda as a signal station. That lasted until 1933 and the fort eventually served as a park. When invading Japanese forces took control of the island during World War II, they turned the fort into a defensive asset again. After that war and the liberation of the island, Fort Santa Agueda was converted into the lookout as it appears now, with cement stairs, railing and other renovations.

For more information, call Department of Parks and Recreation at 475-6296.



Fortified: Spanish colonial era cannons sit atop Fort Santa Agueda, also known as Fort Apugan, in Hagatna, May 11. The fort was originally built for the protection of the bay and village, and to provide defense for trading ships docked in the bay from pirates. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Peter Lewis)

Chamorro sling stones: Ancient tools of combat



Ancient Ammunition: A collection of sling stones, known as "acho atupat" in Chamorro, show the variety of sizes and rock material used in their design July 20. These stones were discovered as surface finds in the jungles of Yigo, Asan and Tamuning. Ancient Chamorro warriors, as early as 800-1100 A.D., used acho atupat combined with slings as combat weapons. Coins were added as a show size reference. (U.S. Navy photo by Jesse Leon Guerrero)

By Jesse Leon Guerrero
Joint Region Edge Staff

When Guam's native people known as Chamorros faced each other in ancient combat, they used their strength of arm, quick spears, and sturdy clubs to fight with deadly effect. Archaeological evidence and Spanish accounts also point to a more unique weapon of warfare, the sling stone, called "acho atupat" in the Chamorro language.

Chamorros carved the acho atupat from basalt, limestone and even hardened clay. Tony Ramirez, Guam Museum curator, said the earliest known specimens are from the Latte Period (800-1100 A.D.), which takes its name from the iconic latte stones that were used as support structures.

"That's based on research, but I suspect it might have been earlier,"

Ramirez said about the origin of the acho atupat.

The acho atupat appear as different sizes, but they are usually two or three inches in length. These stones were thickest at the middle and sharpened at both ends, with the final product resembling a football-like design. The Great Seal of the Territory of Guam and Guam flags incorporated that design, which they show vertically with a scenic image of a proa navigating through the waters of Hagatna Bay.

A Chamorro warrior would use a sling to carry the acho atupat at one end, which was then twirled and released toward a target. The typical acho atupat served as a dangerous flying object because of its sturdy and small body.

Ramirez said it's likely these slings were made of coconut husks or bark from a "pago," or wild

hibiscus tree. Weavers and other arts and crafts experts still use both coconut and pago material to make baskets, clothing, and decorations.

The acho atupat could be thrown with enough force to crack bone and destroy soft tissue, so they were an important part of life for Chamorro men.

Ramirez said it's common to find sling stones all around in the island, but he's never seen them found in a sizable cache. They still show up in Guam's jungles, so hunters, hikers and anyone exploring the outdoors have a chance to discover them.

"We find them as surface finds, which is anything scattered on the top of the ground," Ramirez said. "Usually the sling stones are quite isolated and they're scattered in various locations."

For more information, call the Guam Museum at 475-6727.

FREE

Reading Program Awards Ceremony "Voyage to Book Island" Summer Reading Program Awards Ceremony at U.S. Naval Base Guam Library July 28, 3:30-4 p.m. Gift bags, prizes, and certificates will be presented to participants in each age group that logged the most books read. Refreshments will be provided. For more information, call 564-1836.

Welcome to Guam Orientation and Island Tour

Starting July 29, service members and their families who are new to Guam can join Fleet and Family Support Center for

a two-day orientation and learn about Guam. Day one is held at Bldg. 4 on U.S. Naval Base Guam (NBG) starting at 8:30 a.m. Day two is a bus tour of the island that also starts at 8:30 a.m.

Participants meet at NBG Chapel parking lot. Free child care is provided. For more information or to register, call 333-2056/57.

Image Makers

U.S. Naval Base Guam Teen Center and Youth Center offers photography classes every Monday, 3-4 p.m. For more information, call 339-6130.

Chamorro Village

Take a free trip to Chamorro Village every Wednesday. Single Sailors and geographical bachelors can catch a shuttle at 6 p.m. from Single Sailor Sanctuary. Sailors at the Ordnance Annex can catch the shuttle 6:30 p.m. at Silver Dolphin. For more information, call 564-2280.

Tuesday Texas Hold'em Nights

Texas Hold'em tournaments are held every Tuesday starting at 6 p.m. in Hightides at Top of the Rock on Andersen Air Force Base. Play is free for club members and \$5 for non-members. Weekly prizes are awarded. For more information, call 366-6166.

Golf Clinic

Learn the fundamentals of golf every Saturday and Sunday, 9-10 a.m. at Admiral Nimitz Golf Course in Radio Barrigada. No need to register. For more information, call 344-5838.

Story Time

Bring the children for story time at the U.S. Naval Base Guam Library every Wednesday at 3:30 p.m. In addition to great stories, there will be crafts and other fun activities. For more information, call 564-1836.

The Andersen Air Force Base Library has story time every Wednesday at 10:30 a.m. and 3 p.m. There are also crafts and other fun activities. For more information, call 366-4291.



UNDER \$10

Ritidian Cave Tour and Snorkel

Meet at Rec-N-Crew on U.S. Naval Base Guam July 29, 8:15 a.m. Cost is \$5 per adult and \$3 per child ages 5-11 years. There is an additional charge for snorkel gear. Registration deadline is July 26, 1 p.m. For more information, call 355-5097 or 564-1826.

Hike Asan Falls

Meet at Rec-N-Crew on U.S. Naval Base Guam July 29, 8:15 a.m. Cost is \$5 per adult and \$3 per child ages 5-11 years. Registration deadline is July 28, 1 p.m. For more information, call 355-5097 or 564-1826.

On a Budget

Youth Center Dance

Come out to the Andersen Air Force Base Youth Center and dance the night away July 31, 7-9 p.m. Authorized patrons, ages 9-12, can enjoy a fun night with their

friends, listen to the latest music and learn the hippest moves. Cost is \$10 per person. Registration slips can be picked up at the Youth Center and are due no later than close of business July 29. For more information, call 366-3490.

Hike Tarague Beach Trail

Join the Andersen Air Force Base Outdoor Recreation team July 31 as they hike the Tarague basin. Meet at Outdoor Recreation at 7:45 a.m. Cost is \$5 per adult and \$3 per child ages 5-11 years. For more information, call 366-5197.

Hike Tinta Faha & Priests Pools

Rated easy. Meet at Rec-N-Crew on U.S. Naval Base Guam July 31 at 8:15 a.m. Cost is \$5 per adult and \$3 per child ages 5-11 years. Deadline to sign up is July 30, 1 p.m. For more information, call 564-1826.

\$10 AND UP

Sumay Cove Marina Family Day

On July 30, military service members and their families receive 20 percent off all boat and gear rentals all day. For more information, call 564-1846.



FRIDAY, JULY 23

7 p.m.: The Karate Kid • PG

SATURDAY, JULY 24

2 p.m.: The Karate Kid • PG

7 p.m.: Jonah Hex • PG-13

SUNDAY, JULY 25

7 p.m.: Jonah Hex • PG-13

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base.

The Meehan Theater hotline is 366-1523.



FRIDAY, JULY 23

7 p.m.: The Karate Kid • PG

9:30 p.m.: Splice • R

SAATURDAY, JULY 24

1 p.m.: Marmaduke • PG

3:30 p.m.: The A-Team • PG-13

7 p.m.: Prince of Persia: Sands of Time • PG-13

SUNDAY, JULY 25

1 p.m.: The Karate Kid • PG

3:30 p.m.: Killers • PG-13

7 p.m.: Sex and the City 2 • R

MONDAY, JULY 26

3 p.m.: The Karate Kid • PG

TUESDAY, JULY 27

3 p.m.: The A-Team • PG-13

WEDNESDAY, JULY 28

3 p.m.: Marmaduke • PG

THURSDAY, JULY 29

3 p.m.: Killers • PG-13

The schedule is subject to change due to circumstances beyond the theater's control.

The Big Screen Theater hotline is 564-1831 or visit mwrguam.com.

(Source: Navy Morale, Welfare and Recreation Office)

Chapel Schedule

Naval Base Guam

Office Hours: Monday-Friday
8 a.m.-4 p.m.
Roman Catholic Mass
Weekday Mass: Monday-
Wednesday, Friday,
11:40 a.m.
Saturday Mass: 5:30 p.m.
Sunday Mass: 9 a.m.
Sacrament of Reconciliation:
Saturday, 5 p.m.; and Sunday
8:30 a.m.

Protestant Worship
Service
Sunday Worship Service:
10:30 a.m.
Women's bible Studies:
Monday, 9 a.m.
Choir Practice: Thursday,
6 p.m.

Jewish Shabbat
Friday, 6:30 p.m.

Naval Hospital Guam

Roman Catholic Mass:
Monday-Friday, 11:30 a.m.
Chapel of Hope: Sunday, 9
a.m.

Andersen Air Force Base

Roman Catholic Mass
(Chapel 1)
Weekday Mass: Tuesday-
Friday, 11:30 a.m.
Saturday Mass: 5 p.m.
Sunday Mass: 9:30 a.m.
Sacrament of Reconciliation:
Saturday, 4:30-4:50 p.m.
Catholic Women's Group:
First and third Wednesday of
the month, 7 p.m.
Catholic Youth: Second and
third Wednesday of the
month, 6 p.m.
Choir Rehearsal: Sunday 8-9
a.m.

Protestant Worship
Service
(Chapel 2)
Praise Service: Sunday, 9 a.m.
Gospel Service: Sunday,
11:30 a.m.
Protestant Women's Group:
Second Monday of each
month, 6:30 p.m.
Protestant Men's Group:
Wednesday, 7 p.m.
Protestant Young Adults:
Thursday, 7 p.m.

*Schedules subject to change.
To confirm times or for infor-
mation about other pro-
grams, call the chapels at:*

Andersen Air Force Base:
366-6139

U.S. Naval Base Guam:
339-2126

U.S. Naval Hospital Guam:
344-9127

The link between 'disciple' and 'discipline'

By Capt. David Leonard

36th Wing

The old joke when I was growing up was that if the teacher ever caught you sleeping, just say "Amen" and tell them you were praying.

This seemed like a good idea until I tried it.

Somehow my seminary professor wasn't convinced that my prayer was all that sincere and it showed when the grades came out.

The reality is that for prayer or any part of our spiritual life to be effective, it must be intentional.

Developing solid spiritual strength is like any other exercise regimen. It takes time and hard work.

Habits must be formed that will keep you consistent despite busyness, interruptions, or difficult situations. I find that it is those times when it's most difficult to devote time to God that I need my devotions most of all.

A devotional life begins with prayer. If you haven't spent a lot of time praying, a good place to start is with the Lord's Prayer (Matt 6:9-13).

Treat this as an outline for prayer rather than a speech to be memorized.

It gives us the basis for a conversation with God: humility before God, submission to the divine will, dependence on God's providence, forgiveness for sin, temptation, and protection. As you pray through

each one of these areas, allow God to speak to you as much as you are speaking to him.

A second area of devotion is Bible Study and journaling. Pick a plan for study of the Bible. A great plan can be found online at: <http://www.lifejournal.cc/bible>. Read the selection for the day and use this formula for deciphering what you have read: SOAP, which stands for Scripture, Observation, Application, and Prayer. Read the passage, make at least one observation about what you have read that can then be applied to your life.

Finally, pray about how God can use this passage to direct your steps. Meditation, solitude, and fasting are areas of spiritual devotion that are often overlooked in today's society.

We are so busy that it's hard to slow down. Fasting and solitude

allow us to make a special time just to listen for God's voice in our lives. Fasting (Matt 6:16-18) allows us to feel hunger and depend more deeply on God to sustain us. Solitude and silence (Mark 1:35) remove the distractions of media, our hectic schedule, and others so that we can focus on what God is doing in us. One thing to keep in mind is that we tend to be so busy in our lives that when we do slow down to meditate, we will probably be tempted to sleep.

Spiritual formation is work to be sure. I have found that when I take the time to do it, I begin to walk more closely with God. The things that tend to tempt or distract me in my faith are minimized. I begin to treat people better and I approach life more securely. Spiritual discipline is necessary to grow as a



Still Moments



Naval Academy Alumni: Rear Adm. Paul Bushong, center left, Commander Joint Region Marianas, and Rear Adm. Peter Gumataotao, center right, Commander, U.S. Naval Forces Korea, pose with Naval Academy alumni at Clipper Landing on U.S. Naval Base Guam July 20. Gumataotao, the first Chamorro U.S. Navy admiral, is visiting Guam to participate in Guam's Liberation Day. Liberation Day is celebrated to commemorate the end of Japanese occupation on Guam during World War II. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



Bronze Star: Rear Adm. Peter Gumataotao, left, Commander, U.S. Naval Forces Korea, presents a Bronze Star certificate to Ensign Mark Faldon of Explosive Ordnance Disposal Mobile Unit (EODMU) 5 during a tour of EODMU5 facilities July 20. Faldon received the award for exceptional duty as a Combined Joint Task Force Paladin unit combined explosive ordnance disposal technician in support of Operation Enduring Freedom. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



Liberation Royal Court: Brig. Gen. (Sel.) John Doucette, 36th Wing commander, poses with Tarra Van Meter, Guam's 2010 Liberation Day Queen, and the rest of the Liberation Royal Court on Andersen Air Force Base July 14. The contestants received a tour of the base and visited the air traffic control tower and the gift shop. (U.S. Air Force photo by Airman Julian North)



Bronze Star: Rear Adm. Peter Gumataotao, left, Commander, U.S. Naval Forces Korea, presents with a Bronze Star certificate to Lt. j.g. Ryan Ramsden of Explosive Ordnance Disposal Mobile Unit (EODMU) 5 during a tour of the EODMU5 facilities July 20. Ramsden received the award for exceptional duty in a combat zone with exposure to risk of hostile action during Operation Iraqi Freedom. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

French top Frank Cable in soccer match

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff

USS Frank Cable (AS 40) hosted members of the visiting French naval frigate FNS Vendemiaire (F 734) in a friendly soccer match at Armory Field on U.S. Naval Base Guam July 18.

Frank Cable seemed the more aggressive of the two teams, but there was little competition in terms of overall skill with the French outplaying the American side. Cable Sailors did, however, show heart and determination and never stopped the hustle, keeping the French defense on-call.

French-born Electrician's Mate 3rd Class Jacquema Laurent, of Frank Cable, said they were playing just to have fun and the outcome was insignificant.

"It doesn't matter if we win or lose," Laurent said. "We are here as ambassadors to play soccer with our international friends."

After falling behind 3-0 in the first half, Frank Cable did manage to make a run to bring the score to 3-2 in the second, but Vendemiaire ended up winning 5-3.

Vendemiaire weapon's officer Lt. Yann Hello said the competition was a great way to meet new people.

"We play football everywhere we

visit," Hello said. "It is an international sport everyone knows how to play. We are having fun with our American counterparts."

When asked if their style of soccer varies from the American style, Hello believed there wasn't much of a difference.

"It's the same wherever you go," he said. "These guys are doing fine. Only in Brazil, maybe it is different."

Vendemiaire visited Guam during a three-month underway in the Pacific region that included stops in Japan, Korea and Okinawa. Vendemiaire is a light monitoring frigate of the French navy and is the fifth ship of her class. The ship is used for various duties, including humanitarian aid, diplomacy, and naval law enforcement.

Multinational Exercise: Hull Maintenance Technician Fireman Luis Echeverria, right, of USS Frank Cable (AS 40), defends the ball during a friendly soccer match between Frank Cable and French naval frigate FNS Vendemiaire (F 734) at Armory Field on U.S. Naval Base Guam July 18. Vendemiaire visited Guam during a three-month underway in the Pacific region that included stops in Japan, Korea and Okinawa. (U.S. Navy photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)



Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail jointregionedge@fe.navy.mil.

Basketball Summer Camp

Basketball Summer Camp is July 26-Aug. 6, three days a week for authorized patrons ages 5 and up. Cost is \$10 and includes a T-shirt and sports drink. Register at the Child Development Center. For more information call 564-1844/5.

Admiral's Cup Dodgeball

Admiral's Cup Dodgeball begins Aug. 9. The registration deadline is Aug. 2 at Charles King Gym. For more information, call 339-1301.

Youth Soccer

The Youth Soccer season is approaching. Registration deadline is Aug. 2 at the Child Development Center. The season begins in August and ends in November for ages 5 and up. Practices will be held on Tuesdays and Thursdays, 5:15-6:15 p.m. For more information, call 564-1844/5.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

Aikido Classes

The HotSpot is now offering two types of aikido classes. One is a traditional (hombu) aikido class for all levels. Classes will be held Monday and Wednesday, 5:30-6:30 p.m. for authorized patrons, ages 8-12, and 6:30-8 p.m. for adults. The other class is for law enforcement/combat aikido and is for adults only. This class will be held Tuesday and Thursday 6-7:30 p.m. All classes are \$60 per month per student. Sign up at the HotSpot. For more information, call 366-2339.

Zumba Classes

Free zumba classes are held at Coral Reef Fitness Center Mondays at 7 p.m., Tuesdays at 9:30 a.m., Wednesdays at 3:15 p.m. and 7 p.m., Thursdays at 9:30 a.m. and 6 p.m. and Fridays and Saturdays at 5 p.m. Zumba is a Latin fitness dance class that incorporates aerobics movements. Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic workout system. Call 366-6100 for more information.

Andersen AFB's Biggest Loser: Strength in Numbers

Editor's Note: This commentary is the third in a summer-long series highlighting the progress of Senior Airman Shane Dunaway in his quest to become Team Andersen's "Biggest Loser." To send words of encouragement or for information on his workout methods and diet, contact him via email at timothy.dunaway@andersen.af.mil.

By Senior Airman Shane Dunaway
36th Wing Public Affairs

It's amazing what a group of like-minded individuals can do when they're focused on a goal.

Of course, I'm talking about our recent 'Biggest Loser' challenge held at Tarague Beach. I was on virtually the same team I grouped with during the first challenge. Although our group lost, the motivation was definitely there and we worked well together.

The day after, I had a chance to work out at the gym with some friends in the 644th Combat Communications Squadron. I've done strength training during the competition, but I didn't really feel I got the maximum results from it. After working out with the 644th CCS crew, I could feel the results. By that, I mean I was in pain for a good three days afterward.

I haven't really done any work on the bench press in three or four years, so I thought my strength may have slipped a bit, but I didn't do too badly. I put up 150 pounds four times. Considering my max in high school was around 180, I felt proud of myself.

Our final challenge is coming up in a couple weeks and I can't wait to participate in it. It's supposed to be a relay race of some kind. I know I'll give it my best effort, even if my hip is around 75 percent health-wise.

The competition lasts only three more weeks, but I feel I've set a positive tone for myself and my future. I initially set a goal weight of 172 pounds at the beginning of this competition. My friends told me it might not be possible to make in such a short time. I've accepted those terms, but I know maintaining positive habits and continuing forward will ultimately get me there.

I'm very fortunate I have a group of friends and co-workers that have been supportive of my cause and have helped steer and motivate me in their own ways. Sometimes you need that person to nudge you back on the right track or that person to say the positive comment that sets off your motivation level.

I may not be the 'Biggest Loser' by the end of this competition, but I know I'll be a slimmer winner. That's a guarantee.