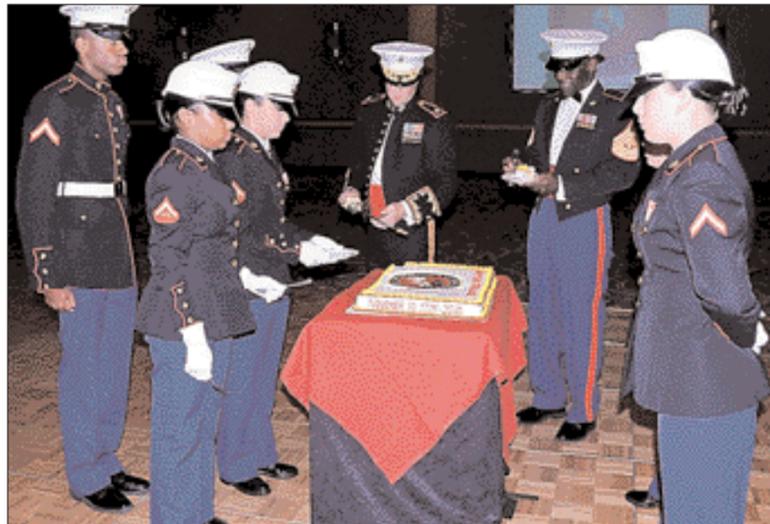


THE SKYLINE IS A CHINFO AWARD WINNING NEWSPAPER

Marines celebrate 235th birthday of Corps



Maj. A.J. Brooks cuts the ceremonial birthday cake at the Marine Aviation Training Support Squadron One Ball held Nov. 13. The guest speaker for the event was retired MATSS-1 1st Sgt. Michael Chappel. More than 250 people enjoyed dinner and dancing at the event which celebrated the Marine Corps' 235th birthday. See more photos on page 10 and 11.
-- Photo by Penny Randall



Guest speaker retired Lt. Gen. Jared L. Bates speaks with Col. Joseph Richards, commanding officer of Marine Aviation Training Group 21, Pensacola, Fla., following Bates' speech at the Marine Officer Ball on Nov. 20. During his career, Bates served two tours in Vietnam and ended his career in 1997 serving as the U.S. Army's Inspector General. See more photos on page 10 and 11.
-- Photo by Penny Randall

Centennial of naval aviation: Navy celebrates first flight of Eugene Ely

By MC1 Leslie L. Tomaino
Naval Air Forces Public Affairs

NORFOLK, Va. (NNS) -- Naval Station (NS) Norfolk hosted a ceremony Nov. 12 to cele-

brate the centennial of naval aviation and the Navy's first flight which took place Nov. 14, 1910.

That's when "an act of daring by Eugene Ely set the stage for a revolution in naval warfare and

changed the face of the United States Navy forever," said Rear Adm. Richard J. O'Hanlon, commander, Naval Air Force Atlantic.

Ely flew a rudimentary one-seater Curtis Pusher Biplane off

the deck of the light cruiser USS Birmingham, thus ushering in the beginning of naval aviation. His flight was the first launch of an airplane from a ship; and the Navy hasn't looked back since,

O'Hanlon said.

"Flash forward 100 years and we can see - through the lens of history - just what an incredible change this daring flight set in

• Centennial, page 8

✓ **Holiday Food Drive:** The NAS Meridian Chapel annual "Holiday Food Drive" runs through Dec. 18. See page 7 for more information on how and where to donate items.

✓ **Safety Classes:** To sign up for the following classes call (601) 679-3756.
Dec. 6: AAA
Dec. 7-8: Basic Rider
Dec. 9: Experienced Rider
Dec. 10: ATV



On Base...

✓ **Holiday Crafts for Kids:** Dec. 15 from 2:30-4 p.m. at Fleet and Family Support Center. Children ages 4-12 are invited to an afternoon of creating fun, holiday-themed crafts! Registration is required. Call (601) 679-2360 to sign up!



✓ **Annual Christmas Tree Lighting:** Dec. 16 at 5 p.m. at Administration Building 255. Come see Santa and his elves, enjoy some hot cocoa and more.

Photo of the Week



Photo by MC3 Joshua R. Nistas

BURBANK, Calif. -- Sailors assigned to the aircraft carriers **USS Carl Vinson (CVN 70)** and **USS Nimitz (CVN 68)** pose for a group photo with **The Tonight Show's** host **Jay Leno** after a filming of the show on **Nov. 12**.



Meridian/Lauderdale County

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THE Skyline

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Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

Area Happenings

NOVEMBER

24-Jan. 1: Meridian Museum of Art Members Show kicks off the Museum's 40th Birthday Gala and Exhibit. Gala will be Dec. 11 from 6-8 p.m., 628 25th Ave., Meridian. Public viewing museum hours are Wednesday through Saturday from 11 a.m.-5 p.m. Admission to museum is free. For more information or tickets to Gala, call (601) 693-1501 or go to www.meridianmuseum.org.

27: Meridian Little Theatre Ladies Guild is sponsoring "Breakfast With Santa" at the playhouse on Highway 39 North. Along with Santa, various characters from MLT productions will be appearing. There will be two seatings: 8:30 and 10 a.m. Tickets are \$5 (all ages) and include breakfast (provided by Hardee's) and a visit with Santa. Due to limited seating, only 100 tickets are available for each timeframe so get your tickets early. Bring your camera and take all the pictures you want. If you prefer, we will take a picture of your child and Santa for \$3. For information, call the theatre at (601) 482-6371 or Nancy Myers at (601) 462-9312.

30: Kansas City Southern "Holiday Express" will be at Union Station, 1901 Front St., Meridian at 4 p.m. for those who wish to view the Holiday train. Cost is free. For more information, call (601) 484-6852 or (601) 485-1944.

30: City of Meridian Christmas Tree Lighting Ceremony at 5 p.m. at Dumont Plaza on 22nd Avenue in downtown Meridian. Free and open to the public.

30: Meridian Community College Chorus presents its Fall Semester Concert at 7 p.m. in the college's McCain Theatre, 910 Hwy 19 North. Sponsored by Meridian Community College's Arts and Letter Series. For information and tickets, call (601) 484-8696.

Now thru Dec. 31: 42nd Annual Trees of Christmas at Merrehope. Theme is "Once Upon A Time." Sponsored by Meridian Restoration Association at 905 Martin Luther King Memorial Drive, Meridian. Times: Monday through Saturday 9 a.m.-5 p.m. Admission: \$10 per person. Discounts for seniors, children, and group of 10 or more. For information, call (601) 483-8439 or go to www.merrehope.com.

DECEMBER

2: Main Street Block Party begins at 4:30 p.m. Open houses for most downtown businesses to showcase holiday specials. Inviting residents in for refreshments and live music prior to the show at the MSU Riley Center.

2: The Riley Center features The Manhattan Transfer Christmas Show. Preshow at 6 p.m., concert at 7:30 p.m. Ticket prices are \$47 and \$41. The MSU Riley Center is at 2200 5th St. For information, call (601) 696-2200 or visit www.msurileycenter.com.

2: The Town of Marion invites everyone to its Christmas Parade & Open House. Line-up is at 5:30 p.m., parade starts at 6 p.m. and will end at the Marion Town Hall for the tree lighting, pictures with Santa and Christmas cookies to enjoy! Parade applications may be picked up at the Marion Town Hall on Dale Drive. Cost: \$10 per entry. For information, call Tammy Taylor at (601) 917-0896.

2-8: Meridian Little Theatre presents "I Love You, You're Perfect, Now Change" at the Highway 39 playhouse. Curtain is at 8 p.m. nightly with 2 p.m. matinees on Sunday. No performance on Mondays. Call (601) 483-6371 for ticket prices and availability or www.meridianlittletheatre.com.

4: Pancake Breakfast with Santa at Merrehope, 905 Martin Luther King, Jr. Memorial Drive, Meridian. Time: 9 a.m.-10:30 a.m. For information or reservations, call (601) 483-8439.

4: Meridian Museum of Art presents "Merry Museum" - a Christmas themed Arts and Crafts Workshop for children ages 4-12. The museum is at 628 25th Ave., Meridian. Times: 10-11:30 a.m. For information, call (601) 693-1501 or go to www.meridianmuseum.org.

4: Meridian Main Street and City of Meridian Christmas Parade in Downtown Meridian at 5 p.m. featuring more than 100 float entries, tumblers, and bands. There is an entry fee for parade participants. Forms can be obtained by calling (601) 693-7480 or (601) 485-1944.

4-5, 11-12: MESSIAH presented by the Evangel Temple Production, located at 104 Skyland Drive off Highway 145 South. Admission is free. Shows begin at 6 p.m. For information, call (601) 693-1913.

5: Meridian Merry Merrehope Jazz Brunch at Merrehope, 905 Martin Luther King, Jr. Memorial Drive, Meridian. Admission: \$30 per person. Time: 12:30 p.m. For reservations, call (601) 483- 8439 or go to www.merrehope.com.

Pvt. William E. Upton

MATSS-1 Student

Hometown: McMinnville, Ind.

Pvt. William E. Upton joined the Marine Corps on June 21, 2010.

"I became a Marine to do something useful with my life," said Upton who is currently a student in the Aviation Supply Specialist Course at Marine Aviation Training Support Squadron One on board NAS Meridian.

"I'm looking forward to traveling."

He is the son of Bonnie Upton and Keith Upton. His hobbies include snowboarding, fishing and listening to music.

The person he most admires is Staff Sgt. Crawford. "He has always displayed core values."

OOORAH!



Pvt. Samara Hooper

MATSS-1 Student

Hometown: Sangerville, Maine

Pvt. Samara Hooper is proud to be a Marine.

"I became a Marine to improve myself, travel the world and be part of something bigger and better than the civilian world could offer," said the 18-year-old student at MATSS-1 who joined the Marine Corps on June 21, 2010.

"I look forward to getting to meet many new people and traveling the world."

She is engaged to Chris Chambers, and the daughter of Kathy and Larry Hooper. Her hobbies include soccer, basketball, softball, hunting and fishing. She is also a volunteer firefighter in her hometown.

The person she most admires is her brother, Ronnie.

"For all he has gone through in his lifetime he still manages to pull through it all and be a great big brother to look up to," Hooper said.

Annual birthday run



Photo by Sgt. Kuande Hall

Gen. James F. Amos, commandant of the Marine Corps and Sgt. Maj. Carlton W. Kent, sergeant major of the Marine Corps lead a formation run of more than 400 Marines on the Marine Corps' 235th birthday Nov. 10, 2010. Amos spoke to the Marines at the Marine Corps War Memorial and said no matter the climate or place Marines have always found time to celebrate their birthday. The commandant enlightened the Marines with tales of heroism during the Korean War and explained how, even in war, Marines will always remember their heritage.

Marine Aircraft Group 14 changes hands

By Lance Cpl. Tyler J. Bolken
Marine Corps Air Station Cherry Point

MARINE CORPS AIR STATION CHERRY POINT, N.C. -- Col. Russell A. C. Sanborn, the commanding officer of Marine Aircraft Group 14, got his good-bye in front of friends, family and fellow Marines outside Hangar 250 on the Cherry Point flight line, Nov. 8.

Responsibility officially changed hands when Sanborn passed the group's battle colors to Col. Andrew G. Shorter, who was formerly the division chief for joint training at the United States European Command in Stuttgart, Germany.

"It's a steady drum beat that goes on and on," said Sanborn, who commanded MAG-14 for 18 months and took pride most in, "supporting the war fighter." "The most rewarding part was to see them go succeed," Sanborn said of his Marines. "It's like watching your kid hit a home run, and you're in the stands cheering him on."

During deployments to two wars Sanborn said his Marines were regularly hitting it out of the park.

MAG-14 is the largest aircraft group in the Marine Corps and finding the time to devote to its nearly 90 aircraft and



Photo by Lance Cpl. Cory D. Polom

Col. Andrew G. Shorter and Col. Russell A.C. Sanborn shake hands after the passing of the flag portion of the Marine Aircraft Group 14 change of command ceremony, Nov. 8.

more than 3,400 Marines created a challenge.

"My job was to bulldoze all of the roadblocks that were in my Marines' way to success," Sanborn explained.

He credits the success to his 12
● **Aircraft Group 14, page 9**

Combined Federal Campaign Begins

The Combined Federal Campaign on board NAS Meridian is underway and will run through Dec. 17. See departmental or command representatives to donate or contact Coordinator Chief Bobby Lee at (601) 679-3879 for more information.

Department Representatives:

Assistant Coordinators: ABH1 Mack/DC1 Sharp
Security: DC1 Sharp
Administration/Supply: NC1 Bridges
Chapel: RP3 Harwell
Air Operations: AC3 Andrews
FFSC: Stacey Jemison
NOSC: YN1 Blevins
NTTC: LS1 Stillgess
MATSS-1: Staff Sgt. Nickerson
VT-9: Capt. Harris
TW-1: Ensign Atrash
Medical/Dental: HM2 Kippes

What is TRICARE Standard and Extra?

TRICARE Standard and Extra is a fee-for-service plan available to all non-active duty beneficiaries throughout the United States. Enrollment is not required. Coverage is automatic as long as your information is current in the Defense Enrollment Eligibility Reporting System.

When using TRICARE Standard and Extra, you may visit any TRICARE-authorized provider, network or non-network. Care at military treatment facilities is on a space-available basis only. You do not need a referral for any type of care but some services may

require prior authorization.

The type of provider you see determines which option you are using and how much you'll pay out-of-pocket. If you visit a non-network provider, you're using the standard option. If you visit a network provider, you're using the Extra option. If using the Extra option, you'll pay less out of pocket and the provider will file claims for you.

Costs also vary depending on your military status (active duty family members vs. retirees, their families and others). After you've met an annual deductible, you're responsible to pay a cost-share (or percentage).

NEX Gift Cards: Perfect gift this holiday season

NEX Gift Cards make the perfect gift this holiday season. NEX Gift Cards can be purchased by either authorized or non-authorized customers, but can only be used by authorized patrons. NEX Gift Cards can be purchased online at myNavyExchange.com or at any NEX worldwide.

"NEX Gift Cards make the perfect gift for military customers," said Mike Powers, Director, Retail Operations at the Navy Exchange Service Command (NEXCOM). "We know that military families often live away from their loved ones. NEX Gift Cards are easy to mail and allows the recipient to choose their own perfect gift. Plus, NEX Gift Cards can be redeemed at any military exchange around the world, which adds to its convenience."

NEX Gift Cards can include a personal-

ized greeting card for just \$4.25, plus U.S. postage. Customers have the option to customize their NEX Gift Card online with a message and download a digital photo that can be affixed to the front of the card. Customer can also choose from a selection of over 1,000 greeting cards for all occasions. A personalized standard letter carrier is also now offered at \$1.75 plus postage. The NEX Gift Card with greeting card/letter carrier can be mailed to APO/FPO addresses.

NEX Gift Cards can be used just like cash for most merchandise and service purchases, make layaway payments or place special orders. Customers have the ability to get their NEX Gift Card balance online at myNavyExchange.com. NEX Gift Cards have no fees or expiration dates and can be purchased for varying amounts beginning at just \$5.

Navy housing residents give Balfour Beatty Communities high marks

Meridian housing receives 'Platinum' award for 'Best in The Industry'

Balfour Beatty Communities scored "Outstanding" in the 2010 annual independent survey of housing residents. These surveys determine how well private companies meet the needs of their residents.

Annually, CEL & Associates compiles customer satisfaction survey data from thousands of properties across the United States. This year, Balfour Beatty Communities showed improvement in all performance benchmarks within the categories of Service and Condition of Property. As a result, Balfour Beatty's overall score improved by 6.5 percent to reach 87.5 percent, exceeding the "Outstanding" minimum score of 85 percent by which all privatized Navy installations are measured.

Additionally, the survey return results exceeded expectations this year with a whopping 45 percent return.

Each of 11 installations within the Navy Region Southeast Project were surveyed to include Charleston, S.C.; Kings Bay, Ga.; Mayport, Fla.; Jacksonville, Fla.; Key West, Fla.; Panama City, Fla.; Pensacola, Fla.; Whiting Field, Fla.; Gulfport, Miss.; Meridian, Miss.; and Fort Worth, Texas. Balfour Beatty has owned and operated these properties since October 2007.

Holly Costello, Regional Vice President of the Community Management Office was extremely pleased with this year's results, "I'm just thrilled that our staff's efforts are recognized and that our philosophy of responding promptly and professionally to our residents' needs, creating a welcoming community for our Navy families and managing each community and home as if it were our own is evident and residents appreciate all our hard work."

Several neighborhoods achieved a "Best in The

Industry" rating for service satisfaction. Seven of the 11 communities in Balfour Beatty's Navy Region Southeast Project received "Platinum" awards, which score 90 percent and above; these award winning neighborhoods are located at Gulfport, Jacksonville, Kings Bay, Mayport, Meridian, Panama City, and Whiting Field. Running a close second were the "A List" awards, 85 percent and above, for service satisfaction at an additional three neighborhoods which are located at Charleston, Fort Worth, and Pensacola.

These outstanding resident satisfaction results follow Balfour Beatty Communities recent award of receiving recognition as an industry leader in supporting the defense community. On Aug. 10, Balfour Beatty Communities was selected by the Association of Defense Communities (ADC) to receive the 2010 ADC Private Sector Partner of the Year Award.

Balfour Beatty Communities was selected, in part, "for consistently providing a high quality of service that promotes partnership with the military, and for exceeding expectations with the superior services they offer to defense communities throughout the country."

What's next? "First, I would like to thank the residents for their tremendous response to the survey; we appreciate their input and we believe that there is always room for improvement," comments Costello.

"Our goal now is to not only continue to offer the same quality service but also incorporate our residents' suggestions in the survey and take action on those items. As a result, we are working to bring all of our neighborhoods into the CEL "A List" award category or even better, the Platinum Award level."

Naval Branch Health Clinic Meridian now has flu vaccinations available for active duty, retirees, family members and civil service personnel. Immunization hours are Monday through Thursday from 7-11 a.m. and 1-3 p.m.; and Friday from 7-11 a.m. Call (601) 679-2232 for more information concerning immunizations.



RESULTS OF CAPTAIN'S MAST ON NOV. 19, 2010

E-3: Violation of UCMJ, Article 86, Absence without leave (2 specifications); Article 92(1), Failure to obey order or regulation; Article 92(3), Dereliction in the Performance of Duties; Article 107, False official statement; Article 121, Larceny and wrongful appropriation (10 specifications); and Article 123, Forgery. Awarded: Restriction for 60 days; Forfeit half pay per month for 2 months; and reduction to pay grade E-1.

Safety is our Duty

Thanksgiving top day for cooking fires, use caution when preparing for dinner

QUINCY, Mass. -- Thanksgiving remains the leading day for cooking fires, with three times as many cooking fires as an average day.

That's according to statistics by the non-profit National Fire Protection Association (NFPA), which also found that cooking equipment fires are still the leading cause of U.S. home fires and fire injuries, and the third leading cause of fire deaths. On Thanksgiving 2008, U.S. fire departments responded to 1,300 home cooking fires compared to 420 such fires on an average day.

"Thanksgiving is a holiday of feasting, but it's also a day of intense cooking, when stovetops and ovens are working overtime," said Lorraine Carli, NFPA's vice president of communications. "These culinary activities bring an increased risk of fire particularly when people are trying to prepare several dishes while entertaining friends and family."

According to NFPA, U.S. fire departments responded to an estimated annual average

NFPA offers the following cooking safety tips:

*Be on alert! If you are sleepy or have consumed alcohol, don't use the stove or stovetop.

*Stay in the kitchen while you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.

*If you are simmering, baking, roasting, or boiling food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking.

*Keep anything that can catch fire - oven mitts, wooden utensils, food packaging, towels or curtains -- away from your stovetop.

of 154,700 home structure fires involving cooking equipment between 2004 and 2008. These fires caused an average of 460 civilian deaths, 4,850 reported civilian fire injuries, and \$724 million in direct property damage. Overall, these incidents accounted for two of

every five (41 percent) reported home fires, 17 percent of home fire deaths, more than one-third (37 percent) of home fire injuries, and 11 percent of the direct property damage resulting from home fires. Three of every five people (59 percent) injured in a cooking fire were hurt when they tried to fight the fire themselves.

Unfortunately, little progress has been made in reducing deaths from home cooking fire. The average of 460 deaths per year in 2004-2008 was only 7 percent lower than the 500 per year in 1980-1984. Meanwhile, fire rates among other types of home fires have steadily declined.

Unattended cooking was by far the leading contributing factor in cooking equipment fires. Ranges or cooktops were involved in the majority (59 percent) of home cooking fire incidents; ovens accounted for 16 percent. Clothing was the item first ignited in less than 1 percent of these fires, but these incidents accounted 15 percent of the cooking fire deaths.

Efficiency facts about appliances

✓ Check the condenser coils on your refrigerator at least twice a year, and keep them clean. Refrigerators, refrigerator/freezers, and freezers with dirty condenser coils (found on the back or bottom of the appliance) consume more energy.

✓ Check the door seals of your refrigerator, refrigerator/freezer, and freezer. If the seal is cracked, or cold air is escaping, the seal (or perhaps the appliance, if it is very old) should be replaced.

✓ Before you store leftovers in the refrigerator or freezer, let them cool down. That way, your appliance doesn't have to work as hard.

✓ To be sure your refrigerator operates most efficiently, keep it full, but not overloaded. (Overloading will prevent cold air from circulating properly.)

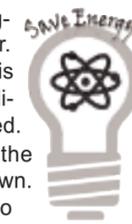
✓ When washing clothes, wash in cold water whenever possible. Save warm/hot water cycles for whites and hard-to-clean items. Always rinse in cold water.

✓ Don't pre-heat your oven, unless the foods, such as breads and cakes, require it. For most foods, pre-heating isn't necessary and represents a waste of energy and money.

✓ Thaw your foods completely before cooking. That way, your stove or oven won't have to work as hard.

✓ Use the sun's energy to dry your clothes when weather permits. The energy's free, and your clothes smell fresher.

For more information and to find more energy saving tips, visit <https://energy.navy.mil>



Stop the holiday fire before it starts

• Do not place your holiday tree close to a heat source, including a fireplace or heat vent. The heat will dry out the tree and it could catch fire by heat, flame, or sparks more easily.

• Never put holiday tree branches or needles in a fireplace or wood burning stove.

• When the tree becomes dry, remove it from your home right away. The best way to get rid of your tree is to take it to a recycling center or have it collected by a community pick-up service.

• Check holiday lights each year for wires that are worn out or coming apart, bare spots, gaps in the insulation, broken or cracked sockets, and a lot of bends or twists in the wire.

• Only use laboratory-tested

lighting and extension cords.

• Never overload outlets or extension cords. Connect strings of lights to an extension cord before plugging the cord into the outlet.

• Do not leave lit holiday lights on unless some one is in the room.

• Avoid using lit candles. If you do use them, make sure they are in stable holders and put them where they cannot be easily knocked over and start a fire.

• Never leave the home with candles burning.

Source: National Fire Academy

If you have questions on this or any other fire related topic, contact the NAS Meridian Fire Prevention Office at (601) 679-3866/3867.



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Meridian Symphony presents holiday 'Peppermint Pops' concert

Rapidly becoming a Meridian holiday favorite, the "Peppermint Pops" concert is just around the corner, ready to entertain the entire family with popular Christmas music that will bring cheer and get us "into the spirit!"

The Meridian Symphony Orchestra, with Maestro Claire Hillard, will be joined by the Meridian Symphony Chorus, and the Cambiata Singers Children's Chorus, and by "YOU", the audience for the "merry-making."

Scheduled for Dec. 4 at 7:30 p.m. at the MSU Riley Center, the concert is a stockingful of your favorite Christmas tunes.

The concert features traditional carols, moving sacred choruses, and classical orchestral renditions of familiar songs

from popular "holiday" movies. We encourage families to come early to enjoy a visit with Santa.

Leading off the evening's extravaganza is Leroy Anderson's "Christmas Festival", an orchestral feast of wonderfully arranged hymns and fireside favorites. Remember fun-loving Mr. Anderson - "Blue Tango", "Syncopated Clock", "A Trumpeter's Lullaby", "Sleighride", and yes, "The Typewriter Song" -- one of America's gifted composers and arrangers!

The choruses then join the orchestra for a Robert Shaw/Robert Russell Bennett medley of carols, "The Many Moods of Christmas." This is a gift with lots of favorites to make you smile. A special treat, "Hanukkah Festival Overture" from Lucas Richman follows. It promises to make you pat your knees, and tap your feet!

Trinity Dyslexia Center is accepting new students. This is an after-school tutorial program for students with dyslexia or other reading disorders. Students attend three one-hour sessions each week. There are openings for 3:30 p.m. and 4:30 p.m. sessions. The program meets Monday, Tuesday, and Thursday, following the school calendar. The program uses multi-sensory software. Classes meet at Trinity Presbyterian Church, 4223 Poplar Springs Dr., Meridian. For information, call 601-482-6767.

The concert also includes wonderful selections from the beloved "Nutcracker" ballet. And we couldn't have a Holiday concert without Season's Greetings from the pen of Irving Berlin. Brymer and Brown collaborate to give us "Irving Berlin's Christmas." Adult tickets are \$30 and \$35, child/student (with college ID) tickets are \$10. For tickets contact MSU Riley Center Box Office at (601) 696-2200.

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Select a Make from the Finder Widget

Step 3



Browse the Lot to find the one you want.

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Step into your new ride!

NAS Meridian NEX offers Western Union money transfer. Located in Building 214 at the Personalized Services counter at the front of the store.

Carnival IT'S MILITARY MONTH!



Celebrate Military Month and save on a cruise with friends and family! Book between November 1 - 30, 2010 and receive up to two additional cabins for friends and family at the same military discounted rate.

SHIP	DAY	PORT	SAILEDATE	ITINERARY	INSIDE
Carnival Celebration	3	MOB	09/10/11	Norway	\$229
Carnival Destiny	4	MOB	01/20/11	Key West & Cozumel	\$229
Carnival Elation	5	MOB	01/10/11	Western Caribbean	\$279
Carnival Ecstasy	6	MOB	02/20/11	Western & Mexican	\$299
Carnival Freedom	6	LI	01/20/11	Western Caribbean	\$329
Carnival Liberty	7	MOB	12/20/10	Western Caribbean	\$449
Carnival Magic	7	MOB	02/20/11	Exotic W. Caribbean	\$449
Carnival Victory	7	SJL	02/20/11	Southern Caribbean	\$449
Carnival Zenith	7	AK	02/20/11	Mexican Riviera	\$449
Carnival Freedom	8	LI	04/20/11	Eastern Caribbean	\$499

CALL FOR MORE DATES & SAILINGS!
Sato Vacations
Vacation Center
1.877.698.2654

Sato Vacations

NAS Meridian Chapel

211 Fuller Road

Protestant Sunday Services 9 a.m.

Wednesday Prayer Lunch 11:15 a.m.

Those wishing to attend Catholic service in Meridian should meet in Chapel parking lot no later than 10 a.m. for a ride to and from St. Patrick's Catholic Church.

Come Worship With Us!
Call (601) 679-3635



The Petty Officers Association meets on the 2nd and 4th Thursday of each month at 2 p.m. in the conference room at Air Operations.

Holiday Food Drive

The NAS Meridian Chapel has started its annual "Holiday Food Drive." Suggested food items include:

- Cranberry Sauce
- Canned Corn
- Potato Mix
- Sugar
- Soda
- Canned Pumpkin
- Green Beans
- Gravy Mix
- Canned Nuts
- Canned Peas
- Dressing Mix
- Canned Yams
- Marshmallows

- Drop Box Locations:**
- Commissary
 - Medical Chapel
 - Air Operations
 - NAS Administration
 - Supply
 - Public Works
 - TW-1
 - Fleet & Family Support Center

For more information, call the Chapel at 601-679-3536. The food drive runs Nov. 8-Dec. 18.

Back Pain?

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No Shots...
No Surgery...

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Hall Chiropractic & Wellness Center
1801 Highway 39 North - Meridian, MS
601.483.2500
WWW.CALLDRHALL.COM

Retirement



Lt. Cmdr. James Stavrides accepts his end of tour award from Capt. Charles Gibson during Stavrides' retirement ceremony on Nov. 12. Stavrides served as NAS Meridian's director of logistics, Fleet Industrial and Supply Center, Jacksonville Detachment for the past three years. He served 24 years in the U.S. Navy.

NAS Meridian, Fleet and Family Support Center and MWR are all on Facebook. Become a Fan!

Ole Farm Beef House Restaurant

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Aviators earn 'Wings of Gold' in November ceremony

There was a naval aviator designation ceremony on Nov. 19, in the chapel at NAS Meridian.

The naval aviator designation ceremony is not prescribed specifically by U.S. Navy regulations, but has emerged as an honored product of the rich heritage of naval tradition. It marks the culmination of nearly two years of specialized training, which has prepared these officers for the rigorous demands of aerial combat and carrier operations -- earning each the title of "Naval Aviator" and the right to wear the coveted "Wings of Gold."

Five U.S. Naval Aviators and received "Wings of Gold." They were:

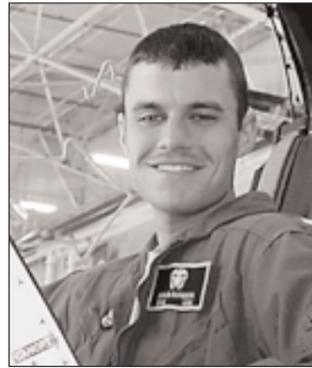
Lt. j.g. Brian Hanson, USN, who earned three Navy "E's" for bombing accuracy during Advanced Jet Flight Training and carrier qualified in the T-45C on board the USS George H.W. Bush (CVN-77) on Sept. 27. Hanson completed Advanced Jet Flight Training with Training Squadron Nine;

Lt. Kenneth Hollon, USN, who was designated as a Naval Flight Officer in 2004 and flew as a Weapon Systems Officer in

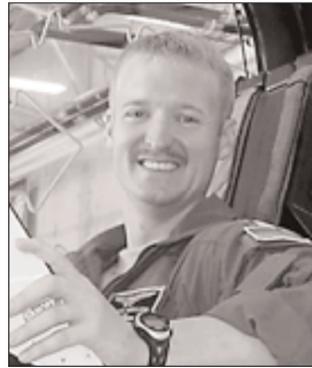
the F/A-18F until 2008 when he was selected for the NFO to Pilot transition. Hollon was selected as VT-9's Student of the Month for March 2010 and was named to the Commodore's List during Primary Flight Training. He earned three Navy "E's" for bombing accuracy during Advanced Jet Flight Training and carrier qualified in the T-45C on board the USS Nimitz (CVN-68) on Nov. 7. Hollon completed Advanced Jet Flight Training with Training Squadron Nine;

Lt. j.g. Nikolai Howe, USN, who earned two Navy "E's" for bombing accuracy during Advanced Jet Flight Training and earned the "Top Gun" award for his class. He carrier qualified in the T-45C on board the USS George H.W. Bush (CVN-77) on Sept. 27. Howe completed Advanced Jet Flight Training with Training Squadron Nine;

Lt. j.g. Joseph Rice, USN, who was named to the Commodore's List during Primary Flight Training. He earned five Navy "E's" for bombing accuracy during Advanced Jet Flight Training and earned the "Best Bomber"



Hanson



Hollon



Howe

award for his class. He carrier qualified in the T-45C on board the USS George H.W. Bush (CVN-77) on Sept. 28. Rice completed Advanced Jet Flight Training with Training Squadron Nine; and

Lt. j.g. Matthew Turner, USN, who was named to the Commodore's List during Primary Flight Training and earned one Navy "E" for bombing accuracy during Advanced Flight Training. He carrier qualified in the T-45C on board the USS George H.W. Bush (CVN-77) on Sept. 28, when he was named "Best at the Boat" for that carrier



Rice



Turner

qualification evolution. Turner completed Advanced

Jet Flight Training with Training Squadron Nine.

Centennial motion," O'Hanlon said. "The spirit of innovation, daring and foresight that were displayed in 1910 have become part of the fabric of naval aviation."

The ceremony is the first of a series of events the Navy will sponsor next year to commemorate the importance of naval aviation, during its 100th anniversary year.

Virginia Senator Mark Warner spoke at the event, and Virginia Governor Bob McDonnell issued a proclamation commending the Navy for its historic achievements in flight.

"Naval aviation... has evolved into a force that supports the national strategy across the full spectrum of operations, ranging from preventing conflict to direct combat," McDonnell said.

Keynote speaker Adm. Robert F. Willard, commander, U.S. Pacific Command, said naval aviation has helped to transform the U.S. military into the world's pre-eminent military force.

"Naval aviation gives our military a decisive asymmetric advantage in counter-terrorism and counterinsurgency warfare," Willard said. "Without question, the quality of our

Sailors is our greatest asymmetric advantage."

A replica of the Curtis Pusher Biplane was flown during the ceremony, outside the hangar and alongside the flight line. Strong winds had threatened to ground the aircraft; however, Bob Coolbaugh, a pilot and retired naval aviator, was determined to brave the wind and make the flight, just as Ely had braved more difficult weather conditions a century ago.

Attendees also had the opportunity to see current and recent vintage Navy aircraft - the MH-53E, MH-60S, T-28T, E-2C Hawkeye, and F/A-18 Hornet - fly overhead and in formation.

The pilots and aircrews flying these aircraft are "the next generation [of naval aviators], who are carrying on naval aviation's legacy every day," O'Hanlon said. "Our forces are doing amazing work every day and around the world, and I assure you we are making a difference."

Naval aviation plays an integral role in supporting America's maritime strategy and is branching out into new mission areas including irregular and special warfare, humanitarian missions, and disaster relief, O'Hanlon said.



Photo by MC3 Richard J. Stevens

Retired Navy Cmdr. Bob Coolbaugh, prepares to fly his replica Ely-Curtiss Pusher aircraft on board Naval Station Norfolk, as part of a ceremony to commemorate 100 years of naval aviation. The original Curtis Pusher flown by Eugene Ely took off from the light cruiser USS Birmingham on Nov. 14, 1910, marking the beginning of Naval Aviation.

Navy Community Outreach releases Navy Week 2011 Schedule

WASHINGTON (NNS) -- The Navy Office of Community Outreach released the 2011 Navy Week schedule Nov. 9.

There are 21 Navy Weeks planned across America in 2011. Navy Weeks provide a way for Americans to see first-hand the investment they have made in their Navy and to increase awareness in cities that do not have a significant Navy presence.

The 2011 Navy Week schedule is as follows:

- Jan. 22-29:** Tampa Bay, Fla., Gasparilla Pirate Festival
- March 19-26:** Austin Texas Rodeo
- March 19-27:** Mississippi Thunder over the Bay/Golden Wings Over Meridian Air Show
- April 10-17:** Dallas/Fort Worth, Texas, Naval Air Station Joint Reserve Base Fort Worth Air Power Expo
- May 2-8:** Denver, Colo., Cinco de Mayo
- May 5-11:** New Orleans

- N'awlins Air Show
- May 23-29:** Philadelphia, Pa., Millville AAF Wings & Wheels Air Show
- June 11-19:** Chattanooga, Tenn., Riverbend Festival
- June 16-22:** Quad Cities Air Show
- June 25-July 4:** Taste of Chicago/Naval Station Great Lakes Centennial
- July 11-17:** Rochester, N.Y., ESL International Air Show
- July 18-24:** Thunder over Michigan Air Show, Detroit

- July 25-31:** Los Angeles Summer X Games;
- Aug. 8-14:** Fargo, N.D., Fargo Air Show
- Aug. 13-22:** Indianapolis, Indiana State Fair
- Aug. 29-Sept. 5:** Cincinnati Riverfest
- Sept. 5-11:** Omaha, Neb., Guardians of Freedom Air Show
- Sept. 24 - Oct. 2:** New England The Big E/New England Fair
- Oct. 1-9:** Albuquerque, N.M.,

- Albuquerque International Balloon Festival
- Oct. 17-23:** El Paso, Texas Amigo Air Show
- Oct. 24-30:** San Antonio Randolph Air Force Base Air Show

For more information regarding the 2011 Navy Weeks schedule of events, visit <http://www.navyweek.org/soe.htm>.

For more news from Navy Office of Community Outreach, visit www.navy.mil/local/navco/.

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Aircraft Group 14 squadron commanding officers.

"They were the guys that made it happen," Sanborn said. "My job was just to help facilitate their success."

Sanborn also stressed the importance of every Marine's job.

"Not a single aircraft would take off without all the enablers coming together and doing their job," Sanborn stated. "Day in and day out, Marines stepped up."

Sanborn is moving on to assume the role as the assistant wing commander for 2nd Marine Aircraft Wing (Forward), which is scheduled to deploy to Afghanistan in the spring of 2011.

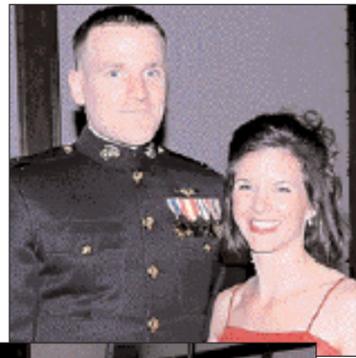
"It's a great job and a great opportunity," Sanborn noted. "Every cowboy wants to be in an Indian fight."

The new MAG-14 commander is excited about the new challenge.

"This is an awe inspiring opportunity that I am grateful to have," Shorter said. "I couldn't be more pleased to have the opportunity to work with all the fine Marines, Sailors, civilian Marines, and their families in accepting the challenge in maintaining MAG-14 as the biggest and best."

CO Suggestion Boxes are located at the **Commissary, Galley, Security and Air Ops**

Marine Balls 2010



Photos by Penny Randall

Deployed Harry S. Truman Sailors, Marines reflect on Veteran's Day

By MC3 Nina Hughes
USS Harry S. Truman Public Affairs

USS Harry S. Truman, At Sea (NNS) -- Sailors and Marines aboard USS Harry S. Truman (CVN 75) reflected on the sacrifices of service members, past and present, while deployed in support of Operation Enduring Freedom Nov. 11.

After almost six months of separation from friends and family while on deployment in the 5th and 6th fleet areas of responsibility, Veterans Day has taken a special meaning for many crew members.

"Veterans Day to me means sacrifice, commitment and freedom," said Senior Chief Damage Controlman (SW/AW) Isom West. "A lot of service members died for us, and the freedom of America. Many things would not be possible today if it wasn't for our military heroes."

President Woodrow Wilson first proclaimed an Armistice "Remembrance" Day on Nov. 11, 1919, to honor those who had fought and served during World War I.

Congress passed a concurrent resolution June 4, 1926, requesting another proclamation to observe Nov. 11 with appropriate ceremonies. In 1954 during Dwight D. Eisenhower's term as president, Congress replaced "Armistice" Day with the name "Veterans Day", to celebrate all those who had served and are currently serving in the United States military.

"My grandfather encouraged and inspired me to join the Navy," said Aviation Boatswain's Mate (Handling) 3rd Class Brian Case, who also has a brother serving on board the USS Dwight Eisenhower (CVN 69). "He served his time and would enlighten my brother and me with stories of military life. I have a tattoo of his name, my brother's name, and my dog tags on my arm. I am proud to serve."

"Veterans Day is a very important holiday," said Sgt. Rene Cruzhernandez. "It allows us, as service members, to remember those who served before us. If it wasn't for them we wouldn't be here today. I serve to fight for freedom and create a better future for my family. Serving in the Marine Corps means a lot to me; it is a brotherhood that cannot be broken."

U.S. 7th Fleet pins new Information Dominance Warfare Officers

YOKOSUKA, Japan (NNS) -- Commander, U.S. 7th Fleet pinned 21 officers, awarding them the new Information Dominance Warfare Officer (IDWO) pin Nov. 10.

Vice Adm. Scott Van Buskirk pinned those from the information warfare, naval intelligence, meteorological and oceanography communities.

"I think the information dominance pin, on the enlisted and officer side will be an outward sign to us and the rest of Navy, about the kind of qualifications and skill sets that we have," said Cmdr. Steven Weldon, executive assistant to the commander U.S. 7th Fleet. "This pin will signify the skill set and expertise without our community, all wrapped up under the information dominance core."

For officers to obtain the IDWO designation, they have to demonstrate they acquired specific knowledge, skills, and experience, and have performed at a proficiency at the professional level of competence required for satisfactory performance of assigned duties.

"Officers who are newer to the community will have to go through basic and intermediate qualifications, as well as an exam," said Capt. John Holmes, 7th Fleet assistant chief of staff communications and information systems officer.

The IDWO program was approved in February by Fleet Cyber Command, and a finalized instruction on the program was released Sept. 13 in OPNAV instruction 1412.13.

• **Warfare, page 16**



Photo by MC2 Tucker M. Yates

Capt. Brad Russell, commodore of Electronic Attack Wing, U.S. Pacific Fleet, takes control of an EA-18G Growler as the first Growler stationed on board Naval Air Station Whidbey during an acceptance ceremony.

EA-18G Growlers take to Fallon skies

By MCC Christopher Shimana
Naval Strike and Air Warfare Center Public Affairs

FALLON, Nev. (NNS) -- Two airborne electronic attack aircraft, EA-18G "Growler," recently began validation with Naval Strike and Air Warfare Center's newest training department, the Airborne Electronic Attack Weapons School (AEAWS) Nov. 12.

NSAWC's AEAWS department will provide training to the fleets electronic attack squadrons with the techniques, tactics and procedures to ensure aviation superiority in the electronic attack and air-to-air arena.

"NSAWC has been working closely with Naval Air Station, Whidbey Island, Wash., and Commander Electronic Attack Wing Pacific (COMVAQWINGPAC) toward the goal of establishing a training center here in Fallon since 2006," said Cmdr. Peter Fey. "Commander Chris Bieber spearheaded most of this, but it's really come to fruition in the past year," said Fey. "Since October 2009, we've had the instructors show up to start working issues. Now we've got the airplanes to validate all the work they've done including building scenarios, flights, simulations and lectures."

Growler training at NSAWC will be similar to the older EA-6B "Prowler" training program, with emphasis on electronic attack protection and the

inclusion of Top Gun lectures covering the air-to-air arena. Because it is now at NSAWC, vice Whidbey, the style of training will be run similar to the Top Gun program.

The Growler is the Navy's replacement aircraft for the Prowler as it enters its fourth decade of service. Its many capabilities include achieving optimum flight speed of Mach 1.8, offensive electronic jamming, electronic emission detection, monitoring, classification and electronic suppression of enemy air defenses.

"The Growler is basically an ICAP III Prowler stuffed inside an FA-18F," said Fey. "Boeing and Northrop Grumman essentially combined the two proven systems to make this airplane. It has the same functionality of the latest and greatest Prowler, coupled with the great airframe provided by the FA-18."

Along with its state-of-the-art weapons systems, it is highly economical by retaining 90 percent common parts with the F/A-18/F Super Hornets and reducing the operating crew size by 50 percent.

"Just the decrease in maintenance will be a huge factor for the fleet," said Fey.

The Naval Strike and Air Warfare Center is the center of excellence for naval aviation training and tactics development in integrated strike warfare, weapons employment, irregular warfare, and maritime and overland air superiority.

Dillard's

HERO APPRECIATION DAYS

Wednesday, December 1st • Thursday, December 2nd

In sincere appreciation of the sacrifices these heroes make daily for our country, Dillard's is offering a

20% Discount

on all purchases made on
Wednesday, December 1st
and Thursday, December 2nd.

ATTENTION ALL:

- **Active Military Members and their immediate family**
- **Full-time Active Guardsmen and their immediate families**
- **Activated Guardsmen or Reservists and their immediate families**

The above individuals or a representative from their immediate family are cordially invited to shop any area Dillard's store on either or both days. These guests are asked to SAVE their sales receipts. Upon completing their shopping each day, guests are asked to take receipts to a Dillard's Customer Service area and show a valid active or full-time military ID. Immediate family members shopping on behalf of full-time or activated members of the military not present will be asked to present ID that notes they are family of such military personnel. Dillard's will gladly deduct the discount from participants' total purchases in the same form of payment they used for purchases. Discount must be redeemed the day of the purchase in Customer Service.

Call 1-800-344-8273 to find a Dillard's store near you.

MWR Mission First... Sailors Always



November Specials
Mondays ~ RCTA Visiting Police Special
 4:30 p.m. to close
 \$2.50 a game, includes shoes
Fridays~ NTTC/MATSS-1 Student Special
 5 p.m. to close
 \$2 a game, \$1 shoe rental
Saturdays ~ Cosmic Bowling
 7 p.m. to close
 \$2 a game, \$1 shoe rental
Sundays ~ Family Special
 4 p.m. to close
 \$2 a game, includes shoes

Thanksgiving Day Nov. 25
 \$2 a game, \$1 shoe rental
 4 p.m. to close
 (McCain Lanes opens at 4 p.m. on Thanksgiving Day)

Free Bowling Wednesdays
 To assist the Chapel in its Annual Holiday Food Drive, McCain Rec Center is offering a free game of bowling to individuals who bring in one 10-15 ounce capped food item on Wednesdays from 7 p.m. to close in November and December. Limit 3 capped items at a time for a maximum of three free games. (Shoes are extra) For more info call (601) 679-2651.

Captain's Cup Standings
 1st: Air Ops
 2nd: Eagles
 3rd: PW Keglers
 4th: Devil Dawgs
 5th: NBCH Spin Docs
 6th: Gutter Dusters
 High Game (Week 11)
 Men: Justin Padron ~ Women: Michelle Spangler
 High Game (Week 12)
 Men: Adam Patterson ~ Women: Michelle Spangler

Thanksgiving at CDC



Families and children of the Child Development Center enjoy the center's annual Thanksgiving meal on Nov. 19.

Photo by Matt Davis



Free Holiday Vehicle Inspections at the Outpost
 Get your vehicle ready for the holiday road trips. Free vehicle inspection throughout the month of December at the Outpost. Battery, fluids, tire pressure, & more. Call 679-2609 for more info.

Parent Education Class
 Hosted by the Training and Curriculum Specialist on Dec. 9 from 6-7 p.m. at the School Age Care Center (Building 994) in housing. Topic for discussion is Multiculturalism. Call (601) 679-2652 for more information.

Ponta Creek
 One Person Scramble Dec. 4
 Shotgun Start: 10 a.m.
 Entry Fee: 15 cans of food, includes green and cart fee
 Prizes
 1st: 1 month membership and 1 dozen balls.
 2nd: 1 month membership and 2 sleeves of balls.
 3rd: 1 month membership.
 For information, call (601) 679-2526.



MWR food facilities limit call in orders

Due to space and personnel constraints MWR Food Facilities will be unable to accept call-in orders between the following hours. Mom's Diner: 6:30 a.m.-8:15 a.m. and 10:45 a.m.-12:30 p.m.; The Sandtrap: 10:45 a.m.-12:30 p.m. At all restaurants as a courtesy to all customers, large orders (4 or more), placed by a single customer, must be paid for as a single order.



The following are activities scheduled for single and unaccompanied active duty military on board NAS Meridian. For information or if you have an idea for a trip or event, call (601) 679-3760. The Liberty Program is housed on the second floor of NTTC Admin Building 220. Hours of operation: Monday-Thursday: 11 a.m.-1 p.m. and 3-9 p.m.; Friday: 11 a.m.-1 p.m. and 3-11 p.m.; Saturday: 11 a.m.-11 p.m.; Sunday: 11 a.m.-9 p.m.

November

- 25:** Pumpkin Pie Day! Head over to the Liberty Center at 3 p.m. on Thanksgiving Day for FREE pumpkin pie that you can smother with vanilla ice cream, whip cream or both!
- 27:** Video Game Tournament at 2 p.m. Prize awarded to winner. Register day of the event at Liberty Center.
- 29:** A celebration of November birthdays! FREE cookies and soda will be provided at 7 p.m. in the Liberty Center.

December

- Throughout December - Wrap It Up! The Liberty Center supplies wrapping paper, tissue paper, bows, ribbons, name tags, scissors, tape and pens for you to wrap your gifts. Everything is FREE for you to use.
- 1:** Dart Tournament begins at 7 p.m. in the Liberty Center. Do not bring your own darts - specialized soft tip darts will be provided. No entry fee - prize awarded to winner. Register day of event at the Liberty Center.
- 2, 8 & 12:** Have your picture taken and send a holiday greeting card to family or friends! Everything is FREE - just bring your smile. Pictures taken from 6-7 p.m.
- 3, 10, 17, 24 & 31:** Jingle Bell Bags -- Enter your name into the weekly drawing for the chance to win a special holiday bag.
- 4:** Birmingham Shopping Trip to Riverchase Galleria Mall where a combination of 200 shops and restaurants awaits you. Leave Library parking lot at 8:30 a.m. Cost is \$10 per person. Must register & pay for the trip by Dec. 1. Minimum of 20 people needed for trip to run - NO REFUNDS (unless the trip is cancelled).

MWR Mission First... Sailors Always



There are three scheduled movies per week at McCain Lanes Theater. The movies are shown at 6 p.m. on Tuesdays and Wednesdays; and at 1 p.m. on Saturdays. On Fridays you can select from the 780 movies on file. Movies on this schedule will not be available for open viewing until after their scheduled showing date. Call (601) 679-2651.

Admission: Free!

- Nov. 27: "Day After Tomorrow" (PG-13)
- Nov. 30: "Predators" (R)
- Dec. 1: "Jonah Hex" (PG-13)
- Dec. 4: "Ramona & Beezus" (G)
- Dec. 5: "Despicable Me" (PG)
- Dec. 7: "Dinner for Schmucks" (PG-13)
- Dec. 8: "K2" (R)
- Dec. 11: "The Soccer's Apprentice" (PG)
- Dec. 12: "Revenge of Kitty Galore" (PG)
- Dec. 14: "SALT" (PG-13)
- Dec. 15: "Cyrus" (R)
- Dec. 18: "Disney's Christmas Carol" (PG)
- Dec. 19: "The Truman Show" (PG)
- Dec. 21: "Face Off" (R)

GET YOUR GAME ON!

RUDDERS IS OPEN FOR SUNDAY & MONDAY NIGHT FOOTBALL AT 7 P.M.



NEW ... Group Exercise Schedule:

- Mondays ~ 6 p.m.:** Self Defense with Dawg Kerwood
- Tuesdays ~ 11:15 a.m.:** Step Aerobics with Shannon
- Wednesdays ~ 6 p.m.:** Self Defense with Dawg Kerwood
- Thursdays ~ 11:15 a.m.:** Step Aerobics with Shannon
- ***Yoga times COMING SOON ***
- ***P90X and Insanity available any time!***

Fitness Center Policy: The Sonny Montgomery Fitness Center will conduct a 100 percent ID check of all fitness center patrons.

- ID check will be administered to ALL unless wearing issued PT gear or are in uniform.
 - If NO issued PT gear is worn, then you must show ID to enter the workout zones.
 - If any civilian is sponsored by authorized personnel, they must pay the daily fee of \$2.
 - All contractors must pay the daily fees or monthly dues and show ID to enter workout zones.
- The NAS Meridian Fitness Center is in its temporary location in Building 266 (Behind Starbase Atlantis). Call (601) 679-2367.

Meridian/NAS Bus Schedule

Have exact cash change ready when boarding the bus. Fare: \$4.

Union Station	MATSS-1	NTTC	McCain Lanes	Bonita Lakes Mall	Wal-Mart
FRIDAY					
4:35 p.m.	5 p.m.	5:05 p.m.	5:10 p.m.	5:30 p.m.	6:40 p.m.
7 p.m.	6 p.m.	6:05 p.m.	6:10 p.m.	6:30 p.m.	
	8:10 p.m.	8:20 p.m.	8:30 p.m.	9 p.m.	
	10 p.m.	10:05 p.m.	10:10 p.m.	Drop off if any.....	
SATURDAY					
9:30 a.m.	10 a.m.	10:05 a.m.	10:10 a.m.	10:50 a.m.	11 a.m.
11:10 a.m.	12 p.m.	12:05 p.m.	12:10 p.m.	12:50 p.m.	1 p.m.
1:10 a.m.	2 p.m.	2:05 p.m.	2:10 p.m.	2:50 p.m.	3 p.m.
3:10 p.m.	4 p.m.	4:05 p.m.	4:10 p.m.	4:30 p.m.	
	5 p.m.	5:05 p.m.	5:10 p.m.	5:30 p.m.	
	6 p.m.	6:05 p.m.	6:10 p.m.	6:30 p.m.	
7:40 p.m.	7 p.m.	7:05 p.m.	7:10 p.m.	7:30 p.m.	
	8:10 p.m.	8:20 p.m.	8:30 p.m.	9 p.m.	
	10 p.m.	10:05 p.m.	10:10 p.m.	Pass. Drop off if any.....	
SUNDAY					
12:30 p.m.	1 p.m.	1:05 p.m.	1:10 p.m.	1:30 p.m.	
	2 p.m.	2:05 p.m.	2:10 p.m.	2:30 p.m.	
3:40 p.m.	3 p.m.	3:05 p.m.	3:10 p.m.	3:30 p.m.	
	5 p.m.	5:05 p.m.	5:10 p.m.	6 p.m.	6:05 p.m.
6:10 p.m.	6:40 p.m.	6:45 p.m.	6:50 p.m.	Pass. Drop if any	7:20 p.m.
Applebee's Restaurant (upon request only)					



10K Run

Captain's Cup 10K Run participants pose after the completion of the race on Nov. 20. John Kress, VT-7, placed first in the 16-24 male age group with a time of 37:44. Scott Stevens placed first in the 25-29 male age group with a time of 44:27. Antwon Alexander placed first in the 30-39 male age group with a time of 48:24 and Lino Tobar place first in the male 40 and up age group with a time of 56:30. Placing first in the 16-24 female age group was Yolanda Del Rio with a time of 52:15. Brandy Molitor placed first in the 25-29 female age group with a time of 1:14:45 and Carolina Cuellar place first in the 30-39 female age group with a time of 1:14:47

MWR News

Ponta Creek Golf Course
 Winter Special: Monday-Sunday, ride 18 holes for \$20. Monday-Thursday, ride 9 holes for \$12. Friday, Saturday, Sunday's and holidays after 3 p.m., ride 9 holes for \$12. Pro Shop Hours are Monday-Sunday from 7:30 a.m.-4 p.m. Stop by the Pro Shop today and stock up on new golf gear! GolfLogix Garmin

GPS Now in all golf carts. Use this new tool to see how far you are from the pin. For more information, call (601) 679-2526. **CDC/SAC** has spaces available for drop-in care. For more information, call (601) 679-2652. **Child and Youth Programs** are looking for individuals interested in providing evening care in their

homes. For more information, call (601) 679-2652. Do-It-Yourself at the **Outpost** The Outpost has auto lifts that rent for \$4 an hour and stall rentals that start at \$3 per hour. Call (601) 679-2609. **MWR POV Lot** now has two covered parking slots available. Sizes are approximately 15'x30'. POV and Personal Storage units

for rent. Starting at \$20 month for military & \$25 month for DoD. Call (601) 679-2609 or come by for more details! Stop by the **ITT Office** to take advantage of the Walt Disney Military Salute today! For more information call (601) 679-3773. **Rudders** hosts Hip Hop Night is every Tuesday and Saturday beginning at 7 p.m.

Sale ... or

Kids Stuff

NEW ITEM! Graco Playpen w/changing table and napper. Asking \$60. Call (601) 679-2447 or (601) 938-1683.

Welcome Home Playhouse from Step2. One year old and in EXCELLENT condition. It is VERY large and has only been used maybe 10 times. Paid \$500; willing to sell for \$350 OBO. Call (601) 513-3035.

Electronics/Musical/Computers

E-Machines Media Center T6520 Desktop with 17" CRT Monitor. 2.4 GHz 200GB HD. Asking \$200. Contact Kevin at (601) 604-3870.

Spiderman CPU & Case, see through and lights up - web design. Asking \$150. Call (601) 679-2447 or (601) 938-1683.

Fender American Standard Stratocaster. Humbucker pick-ups with S-1 switch, sunburst red, deluxe carrying case, purchased new last year, played very little. Also Peavey Vyper 30 watt modeling amp. Paid \$1,550. New, will sacrifice all for \$995. Call (601) 938-9627.

Exercise Equipment

Golds Gym Elliptical in excellent condition. Asking \$150 OBO. Call (601) 462-1376.

Bowflex Extreme 2 includes leg attachments. Max weight 310 pounds. Asking \$500. Call (601) 481-4893.

ProForm XP 160 Elliptical Crosstrainer. Asking \$399.99. Like new -- was used a handful of times. Call (559) 410-1608.

Big Stuff

2007 Chaparral 180 SSI Ski Boat, 66 Hours on engine, 190 HP Engine. Includes skis, wakeboard, pulling tube and all ropes. Asking \$17,000 OBO. Call Jessie Whittington at (601) 604-0876.

Household Items

Solid Cherry Wood Entertainment Center, 7 1/2 foot tall, Holds up to a 40" TV. Beautiful piece of furniture -- Like New. Asking \$600. Call (601) 679-8052.

Queen Size Airbed with electric air-pump built inside, used one time excellent condition. Asking \$60. Call Lisa at (601) 679-8052.

Two nice, light brown couches, less than 2 years old, no stains, no sagging and from a smoke free home. Asking \$150 each OBO. Call (904) 803-8776.

Two 36-inch TV'S (not flat screen). Asking \$200 each. **Oak Entertainment Center**, \$250. **Pine Book Shelves**, ready to stain for \$100 each. Call Clinton at (601) 323-1003.

Large 2-room capacity air conditioning window unit. Bought new 2 years ago for \$1,500. Asking \$500. Call (601) 632-4567.

White Kitchen Micro-Vent Hood/Microwave combination. Used, but in excellent condition. Changed out to match other appliances. Call (601) 917-6935.

Automobiles/Accessories

NEW ITEM! Mercedes C230 Coupe, 2004, loaded -- mint condition, silver, leather, Bose, 6 CD Changer, A/C, 65K miles. Asking \$14,200. Call (361) 442-4489.

NEW ITEM! 2005 Ford Freestar Limited van, 57k tan leather seating, 2 power sliding doors, power rear door. Two tone maroon and gold. Great shape. Asking \$11,500. Call (601) 604-9180.

1 Goodyear Wrangler Tire P235 75 R16. Never touched the road! Asking \$50. Call JJ at (601) 553-8298.

2005 Pontiac Montana SV6, 3.5L, Minivan, 65k. Excellent interior and exterior condition. Dark grey, new tires, new front brakes, CD, DVD Video, power sliding door, power driver seat. Asking \$8,700. Call (210) 250-0187 or email: acrcalais@gmail.com.

Tonneau cover, black snap down roll up type -- brand new in box. Fits Ford F-250 1980-98 long bed. Made by Sure Fit. Bought at 4 wheel online. Asking \$100. Call John at (601) 484-7244.

2007 Chrysler Pacifica, dark blue, aprox 55,000 miles, new tires, 6 disc CD changer with additional CD player in radio. Asking \$14,500. Call (601) 934-6284 or (601) 986-5403.

2004 Honda Civic EX, excellent condition, new tires lights etc. Asking \$7,000. Call (601) 323-1003.

1999 Nissan Altima, brown with tan cloth interior, power windows and locks. 135k miles. Asking \$3,700 OBO. Call (904) 803-8776.

2000 Mitsubishi Mirage Coupe. 2-door, PW, DR LOCKS, cold AC, CD player. Asking \$3,000. Call (601) 917-6935 for more info.

1996 Isuzu Rodeo, black (new paint), V6, 4 door, auto, air, AM/FM CD, power windows, locks, brakes and steering. Aluminum wheels, full size spare, 75 percent tires. Cloth interior, 151k miles. Call Tony at (601) 693-4111 or (601) 692-8560.

1998 Nissan Pathfinder 4x4, black with gray leather interior, power windows and locks, sunroof, heated seats. 169k miles. Good condition. New tires. Asking \$2,000 OBO. Call (601) 527-8260.

1998 GMC Sonoma 4.3 V6, 5-Spd Power Pkg, Ext Cab, 3rd door. Asking \$4,750. Call (601) 917-6935.

2004 Chevrolet Venture LT, 68k miles, silver exterior w/vinyl grey interior, DVD player, dual power heated seats, power right sliding door and other extras. Asking \$9,000. Call (601) 616-5755.

Motorcycles/Gear

NEW PRICE! 2006 Yamaha Raptor 80cc. Asking \$650 and **2007 Eton Viper 70cc.** Asking \$650. Call (601) 938-1683.

1999 Suzuki GS 500, black and yellow, 4,500 miles Like new. Asking \$2250. Call John at (601) 484-7244.

2005 Yamaha Scooter. In storage for 2 1/2 years, 3500 miles, like new, 75 MPG, perfect for commuting around the base. Asking \$1,650. Call Murvis at (601) 632-1167 or (601) 679-2361.

2008 Kawasaki Ninja 250R, blue with jacket and helmet included. 3800 miles, Asking \$2500. Call (601) 562-6508.

2006 Honda VLX, 3,500 miles with new windshield. Great bike in very good condition. Asking \$3,200. Call (601) 632-1167.

Honda CRF 100. Great dirt bike for a youngster to start on. Garage kept. Includes boots, pants, chest protector and gloves. Asking \$1000. Call Jerry at (601) 513-2624.

2005 Yamaha FJR 1300. 145 hp., 8020 miles, electric blue, power adjustable windshield, ABS front & rear brakes, front & rear adjustable ride. 2 hardshell (removable) side bags with inserts. 2 helmets & 2 "Joe Rocket" jackets included. Just serviced and is in perfect condition. garaged kept. Call (601) 934-6615.

2006 Triumph Speed Triple 1050, white, 3k miles. Asking \$6,500. Call (210) 313-5874.

Homes/Apartments

NEW ITEM! For Rent: 3 BD/2 BA mobile home in Hill Country Park on Briarwood Road. Call Darin at (601) 480-4132 or Ann at (601) 480-4134.

NEW ITEM! FOR RENT: Unique tri-level home in Northeast Lauderdale School District. Spacious, over 3300 sq ft., 4 large BR, study, den, huge room that can be used as game room etc., 3 full BA, new roof, new cook top/hood, double oven, sink, all new floors, new front door, freshly painted throughout. Ideal for big family, or several bachelors to share. Minutes from NAS Meridian (about 6 miles). Call (601) 616-2263.

For Sell: Home located in The Meadows, 3 BR/2 BA home with a 2 car garage. Open floor plan. Huge back yard with a deck and small sun room. 10 minutes to NAS Meridian and 10 minutes to town in the opposite direction. Asking \$163,000. Call (601) 701-3332.

Wanted to Rent: Home in Meridian with easy commute to NAS, 3/4 bedrooms, 2 bath, and two-car garage. My wife and I are moving from California, want to rent starting December or January. Contact: william.whitmire1@navy.mil or Anna at (601) 527-3217.

For Rent: Home in Plantation Villa Subdivision. 3 BR/2BA full baths, appliances included, open floor plan, central heat and air, fenced in back yard, covered patio, nice quiet neighborhood. 10 minutes from NAS. Asking \$1300 month. Contact Bryan McCarra at (601) 917-2113.

For Rent: Very quite home in North Meridian neighborhood. Very close to shopping and all fast food restaurants, supermarket, video store, and bowling alley. Call (601) 485-5546 for details and to view.

For Sale: Doublewide in really good condition with well kept property. Has central heat and air, all appliances. W/L School District 3BR/2 BA on 2 acres. Asking \$85,000. On Mayatt Rd. in Collinsville. Call (601) 479-9229.

For Rent: Large 4 BR, 2 BA house in Poplar Springs School Dist., new central air and heat unit, new roof, new water heater, 2 living rooms, new window blinds, double garage, large deck. Asking \$1200 per month, plus deposit, minimum one year lease. Call (601) 917-9876.

For Sale: 1625 sq ft. 3 BR, 1.5 BA, den, living room, dining area & sunroom on 0.8 acres. Huge back yard, patio, landscaped, very private. Quiet neighborhood, North Hills area Poplar Springs school district. Asking \$110,000. call Jared at (60) 513-7161 or Stacy at (601) 604-4659.

For Rent: Completely remodeled with new kitchen, 2 new BA, split bedroom plan with private bath/bedroom on lower level. New central heat/air, water heater, refinished hardwood & ceramic tile floors. Quiet neighborhood, sorry no pets. Asking \$650/month, \$650 security deposit, minimum 1 year lease. Call Jack at (601) 917-7752.

For Sale: House on 5+ acres located at 8180 Hwy 493, 4 BR/2 BA, stainless steel appliances, new floors, new roof, new AC unit. Northeast School District. Call for appointment: (601) 917-4056.

For Sale: Beautiful home on Confederate Drive, 4BR/3.5 BA, 3 fireplaces, solid oak floors throughout, enclosed pool with shower, half-bath and hot-tub, 2.75 acre lot, new roof, remodeled master bath and updating throughout, two-car carport with large storage room and upstairs storage. Under appraised value at only \$328,500. Can see full details at Militarybyowner.com, or call (601) 693-8386.

For Sale: 4 BR/2.5 BA Historic home in DeKalb, 20 minutes north of NAS Meridian, 2,500 square feet, hard wood floors, 5 fire places, living room, family room, dining room, multi-level deck, playground, workshop, carport, sitting on 0.5 acre lot. Asking \$110,000. Call (601) 604-3869 or (601) 743-4818

Wanted to Buy

Motorcycles any size any condition, will pay above salvage price. Also have a large selection of good used parts for sale. Call (601) 938-4295 anytime.

Outdoor shed needed. Call (601) 553-0721.

Miscellaneous

SKS Chinese Type 56 Carbine. 740Rds of 7.62x39 with two bandoliers. New! Asking \$375. Call John at (601) 484-7244.

Fussball table, Asking \$100 OBO. Call Eduard at (601) 604-7653.

ESPN 7.5 ft Pool Table. Asking \$150. Call (601) 938-1683.

ATV Blade with tapered design and aggressively curved profile steer dirt or gravel away from the surface you're clearing. Made from heavy-duty 11-gauge steel backed up by extra-heavy ribbing. 54" Blade angles from 20.8" height down to 15" height. It has a manual lift and is very easy to use. Very easy to hook up. Asking \$350, call (601) 479-7902. Can e-mail photos.

If you wish to add or remove an item from "Sale...or" please send your request to penny.randall@navy.mil or call (601) 679-2809. Deadline for submissions is 4:30 p.m. the Thursday before publication.

Warfare

"It's new and interesting, and it's something I never thought we were really going to have," said LT Meredith Schley, 7th Fleet signals information warfare officer. "I never saw this as something this community would ever pick up and do."

The 21 U.S. 7th Fleet staff officers pinned by Van Buskirk were the first officers to receive the IDWO pin in the 7th Fleet area of operation.

"It's a good feeling, to be a part of history being made," said Cmdr. Weldon.

By MCSN James W. Norman

Celebrating what's right with families

The Secretary of Defense designated November as Military Family Month to honor the service and selfishness of the military family.

Families play a supportive role that is crucial to a service member's success. The sacrifices military families make are essential to helping the Navy reach its readiness, retention, and recruitment goals. Frequent moves, giving up lucrative careers and school friends, and the hardship of watching loved ones deployed to war in foreign lands demonstrate their love of family and country.

To celebrate Military Family Month, let's take a look at what makes a family successful. We hear a lot about dysfunctional families and associated risk factors, but not as much about what makes families succeed. In a national study spanning several years and much research, six qualities were mentioned time and time again by strong families participating in the study.

COMMITMENT: Members of strong families are dedicated to promoting each other's welfare and happiness. They value the unity of the family.

APPRECIATION: Members of strong families show appreciation for each other a great deal.

COMMUNICATION: Members of strong families have good communication skills and spend a lot of time talking with each other.

TIME: Strong families spend time -- quality time in large quantities -- with each other.

SPIRITUAL WELLNESS: Whether they go to formal religious services or not, strong families have a sense of a greater good or power in life, and that belief gives them strength and purpose.

COPING ABILITY: Members of strong families are able to view stress or crises as an opportunity to grow.

There is an old Chinese proverb that summarizes all families: "Nobody's family can hang out the sign, 'Nothing the matter here.'" However healthy families develop positive strategies to deal with issues in a constructive way.

Now, let's examine a few red flags that families need to be aware of to ensure that their chances for success are not sabotaged: Unhealthy lifestyles make up one of the biggest mine fields. Behaviors such as abuse of alcohol, compulsive gambling, family violence, etc. are obvious dangers and habits that are easy to fall into if we're not careful. Ignoring the family's money situation can also do major damage to a family,

FAMILY STRENGTHS INVENTORY

On a five-point scale (with 1 representing the least degree and 5 representing the greatest degree) the degree to which your family possesses each one of the following.

Spending time together and doing things with each other.
1 2 3 4 5

Commitment to each other.
1 2 3 4 5

Good communication (talking with each other often, listening well, sharing feelings with each other).
1 2 3 4 5

Dealing with crises in positive manner.
1 2 3 4 5

Expressing appreciation to each other.
1 2 3 4 5

Spiritual wellness.
1 2 3 4 5

Circle the degree of happiness of your relationship with your spouse on a five-point scale.
1 2 3 4 5

Circle the degree of closeness of your relationship with your children on a five-point scale (1 representing the least degree and 5 representing the greatest degree).
1 2 3 4 5

and finally reluctance to ask for help is a common problem among families who are not doing well. Remember the old Chinese proverb mentioned earlier? Every family needs help at some time or other. Strong military families know it is a sign of strength, not weakness, to ask for help when it is needed.

FUN (AND INEXPENSIVE OR FREE) THINGS TO DO WITH YOUR FAMILY:

- Attend a theatre children's performances..
- Read a good book aloud. (C.S. Lewis's Tales of Narnia appeals to children and adults alike).
- Play miniature golf.
- Go to the zoo and the planetarium.
- Ask everyone in the family to talk

Some people make us feel good about ourselves. That is, they make us feel self-confident, worthy, competent and happy about ourselves. What is the degree to which your spouse makes you feel good about yourself? Indicate on the following five-point scale (same scoring).
1 2 3 4 5

Indicate on the following five-point scale the degree to which you think you make your spouse feel good about himself/herself.
1 2 3 4 5

Indicate on the following five-point scale the degree to which you think you make your children feel good about themselves.
1 2 3 4 5

To obtain your score, simply add the numbers you have circled. Your score will fall into a range between 13 and 65. A score below 39 represents a below-average score. Don't run to the divorce lawyer. You just have some work to do. Look back at the individual questions to target areas to begin working on. For example, if you scored a 5 on commitment but a 1 on spending time together, your family could benefit from some shared activities. A score of 39 to 52 indicates an average score. Again, you can refer to individual questions to spot strengths and weaknesses. A total above 52 indicates a strong family. Remember, relationships need continued nurture, so don't use a high score as an excuse to become complacent.

about their greatest fear.

- Go bowling.
 - Make your own homemade pizza.
 - Sing.
 - Go to the flea market/garage sales.
 - Play "Start a Story." One person starts the story and talks for three minutes (use timer). The next person must continue the story and so on. After going around the family circle two or three times, the youngest child gets to end the tale.
 - Play a board family that all can enjoy.
 - Work on a jigsaw puzzle.
 - Go fishing.
 - Look through photo albums or view family videos or slides.
 - Visit the public library. There's a
- **Families, page 19**

FFSC Briefs

To register for any of the following workshops, please call (601) 679-2360. The class will not be presented if no one registers, so please make sure you sign up if you're interested. If you can't attend at the scheduled time, call anyway -- the workshop facilitator may be able to meet with you one-on-one, give you materials, or let you know when the class will be scheduled again. All active duty, reserve, retired military and their families are eligible for programs and services provided by the FFSC. Civil service employees can utilize the services on a space available basis.

Controlling Anger: Nov. 30 from 10-11 a.m. Everyone gets angry every now and then from normal frustrating life events, but some people handle angry feelings better than others. If you frequently "blow up" or if the way you currently handle anger is threatening your relationships and/or work, come to this workshop to learn better anger management techniques.

Financial Readiness for Deployment: Dec. 1 from 9-10 a.m. Financial mismanagement can be the number one cause of conflict and anxiety during deployment. While deployment brings additional pay, not having a plan for what to do with it can lead to wasting valuable opportunities (such as the Savings Deposit Plan) to put those extra deployment dollars to work. Also, planning for handling everyday financial matters during deployment is crucial. Attend this workshop to make sure money doesn't create stress during your deployment.

Welcome Aboard: Dec. 2 from 8-11:30 a.m. FFSC welcomes you to Meridian by providing current information and policies regarding NAS. Topics covered will include: Navy career choices, FFSC services, medical/dental, Exceptional Family Member Program, TRI-CARE, vehicle registration, on- and off-base driving regulations, legal services, community service, Chapel and other area religious services, MWR, things to do at NAS & in Meridian, School Liaison Program, and more!

Command Financial Specialist (CFS) Training Dec. 6-10 from 8 a.m.-4:30 p.m. Each command with at least 25 active duty service members is asked -- in accordance with OPNAVINST 1740.5B and SECNAVINST 1740.4 -- to select individuals to attend CFS Training. Commands are required to maintain a ratio of one CFS to every 75 active duty personnel. Current CFSes must attend CFS training every three years to remain active. Only E6 & above service members are eligible to attend this training and serve as CFSes.

Preparing for Return & Reunion: Dec. 13 from 3-4 p.m. Reuniting your family after deployment can be both joyful and stressful. Emotions are especially intense, and everyone in the family is affected. Attend this workshop to plan strategies for making your family's reunion and reintegration as smooth as possible.

Battling Holiday Blues and Stress: Dec. 14 from 9:30-11 a.m. or Dec. 20 from 2-3:30 p.m. The holidays are full of exciting events -- family get-togethers, cooking and eating special meals, travel, shopping -- that are fun and create great memories. However, all the increased activity around the holiday season also means increased stress and, for some people, a feeling of depression or "the holiday blues." Demands on you and your time from so many directions, never-ending to-do lists, and too many people in one house can all add up to a much less than peaceful holiday! Come to this workshop to learn 10 ways to deal with holiday stress and the holiday blues, and put the joy back in the season!



Find out what's happening on base... tune to Command Information Channel 17

Military Discounts

The following businesses in Meridian offer various military discounts. You must show military ID.

15 percent
Foot Locker, Bonita Lakes Mall, (601) 483-4064
New York & Company, Bonita Lakes Mall, (601) 485-9262

10 percent
Marvin's Building Materials, Highway 19 North. Must ask for discount and show military ID at checkout.

SAGE Coffee & Books, 2304 Front St. (601) 429-5180 (www.sagecoffeeandbooks.comcastbiz.net)

Lowe's, 100 15th Place, (601) 696-4311 (Must have military ID and request discount at check out)

Sake Sushi, Meridian Crossroads Shopping Center, (601) 482-8288
The Hot Spot, 2500 North Hills St., (601) 693-4344.

Wash, Dry & Fold, Broadmoor Shopping Center, (601) 693-8004
Nick & Al's Pizzeria, 1910 Highway 19 North, (601) 693-0100.

China Buffet II, 2210 N Frontage Rd, (601) 693-2188

Popeye's Chicken & Biscuits, 2 Meridian locations

Burger King, 2 Meridian locations
MidSouth Tires, Meridian (10 percent on service work and 5 percent on tire purchase)

Cater's Market, Meridian, (601) 482-5515

Plant the Earth, 7802 Poplar Springs Drive, (601) 485-7030
Squealer's BBQ, 2442 North Hills St., (601) 693-0910; and 886 Highway 19 S, (601) 483-2727

La Familia Mexican Restaurant, 725 Front Street Extension, (601) 482-4232

5 percent
Quizno's Classic Subs, 4811 29th Ave., (601) 485-8111

Coupon required
Bonita Lakes Cinema offers a military discount, but requires a discount coupon. Coupons are available at the ITT Office at the NAS Meridian Triplett Library. Coupons good after 6 p.m. only

Sprint offers a military discount. **Military Discount**

Town & Country Properties, 2208-2334 Front St., Meridian. 75 percent off security deposit on any downtown apartment rental with 12 month lease. Prices from \$500 to \$850 per month, 50 percent off pet deposit, normally a one time fee of \$300.



You have more important things on your mind than car insurance. We'll help keep it that way.

Sudden deployments can be difficult on a military family. But worrying about your car insurance won't be an added burden. At GEICO, we offer our Military customers car insurance that's second to none: 24-hour service, simple payment plans, money-saving discounts, and storage options, whether you store the vehicle yourself or on base. For seventy years, GEICO has been serving the special needs of the special people who serve our country. We're ready to do it for you. Call us anytime.



1-800-MILITARY (1-800-645-4827)

AUTO ★ HOME ★ RENTERS ★ MOTORCYCLE ★ BOAT

Some discounts, coverages, payment plans, and features are not available in all states or in all GEICO companies. Homeowners, renters, and auto coverages are written through one of GEICO's insurance companies and are covered through the GEICO Insurance Agency, Inc. Motorcycle coverage is underwritten by GEICO Indemnity Company. Government Employees Insurance Co. • GEICO General Insurance Co. • GEICO Indemnity Co. • GEICO Casualty Co. These companies are subsidiaries of Berkshire Hathaway Inc. GEICO, Millington, TN 38001 012010-GEICO

It's Your Turn...

In honor of Thanksgiving, we asked those who live and work on board NAS Meridian: "What are you most thankful for?"

Photos by MC2 Flordeliz Valerio



Tim Mcllwin
Commissary General Manager
"I am most thankful for my two wonderful grandsons, my wife and my extended family at the commissary."



Rebecca Mowdy
Navy Dependent
"I'm thankful for being in a family that God has blessed, and for a father who is dedicated and devoted to his job in the Navy and family."



Barbara Saulsberry
Commissary Head Bagger
"I am thankful for my kids, my health and my husband. I am grateful that God is good to me."



Paul Lossett
NAS Meridian Main Supply
"Thank God that we live in a country where we can express many things. God bless our military men and women."



Terence Clayton
NAS Meridian Galley
"I am most thankful for the support of my friends and family."

• Families

great kids' section with all kinds of good books and free movies.

- Feed bread to the ducks at a park.
- Grow an herb garden. Then, use them in cooking, potpourri, and decorations.
- Draw beautiful colored pictures on your driveway with colored chalk.
- Pick wildflowers and press some of them to save.
- Play "Follow the Leader."
- String popcorn and place on a tree for the birds.
- Have kids write a movie script, then videotape the family acting it out.
- Ride bicycles and take walks together.
- Go camping in the backyard. Cook breakfast on the grill.
- Fly a kite.
- Cook together -- meals, caramel apples, cookies.
- Go to an afternoon movie.
- Take advantage of family night meals offered by local restaurants.
- Go roller-skating.
- Build a birdhouse and read about how to attract birds to your yard.
- Tell your kids about how you first met and some of the things you did together before you got married.
- Make an inside tent, using sheets or blankets over a card table.
- Play with your kids and their toys.

Emergency Management

From hurricane season to tornadoes

By AZAA Chris Ozimek
NAS Meridian EOC Staff Member

November is a month of change. Fall slowly becomes Winter, hurricane season comes to an end, tornadoes become more likely and time with our families become more important.

The weather in November seems to slow everything down while we are speeding up for the holiday rush.

Everyone has noticed the change of season here at NAS Meridian. The trees have changed color and leaves are starting to fall. Being from up North, I miss the big changes that happen in Fall. The weather here is pleasant in the 60's-70's almost every day and a touch of winter at night to help you sleep.

Growing up in the city you don't get to see many stars. Here almost every night you can look up and see more stars than you can count. Make sure to take time to enjoy what nature has to offer. Also remember what Mother Nature can bring us.

Nov. 30 marks the end of the atlantic hurricane season. We have

had a busy hurricane season this year, seven tropical storms and two tropical depressions. Make sure to always pay attention to the weather changes happening around us. Though hurricanes and tornadoes may be the last thing on your mind we are in the season of them. Know where your buildings storm shelters are located and what to do if you cannot make it to one. Being prepared, planning ahead and practice are key steps in keeping you safe here at NAS Meridian.

Winter's Jack Frost isn't here yet, but he is trying to sneak in every now and then. With overnight precipitation and falling temperatures during the night the chance of black ice forming on walkways and roadways increases. Our holiday travels are coming near so be prepared.

Remember to checkout your local weather and at the location of where you are going. Be sure to pack the right clothing for your trip and to plan extra time in case of uncertain weather. Enjoy your holiday and we look forward to seeing you return to NAS Meridian safe and sound.

Senior Enlisted Continuation Board notifications underway

MILLINGTON, Tenn. (NNS) -- The board results have been approved by the chief of naval personnel, and Navy Personnel Command (NPC) is notifying commanding officers of Sailors who have not been selected for continuation.

Once notifications are complete, all results will be posted on BUPERS Online at <https://www.bol.navy.mil> where individuals may check their results personally, similar to advancement results.

"Commands have been directed to notify the Sailors not being continued and report back to us that it's been completed; we'll then release the full list on BUPERS Online," said Capt. Leo Falardeau, Navy Personnel Command assistant commander for career progression.

The Senior Enlisted Continuation Board is a performance-driven review of master chiefs, senior chiefs and chiefs with more than 19 years of service and three years' time-in-grade. It serves as a force stabilization measure, like Perform to Serve, allowing the Navy to retain the best Sailors.

The Senior Enlisted Continuation Board convened Sept. 20 at NPC. The board reviewed 9,096 active duty, full-time support, and Reserve records including 5,740 chiefs, 2,343 senior chiefs, and 1,013 master chiefs.

For more information visit the Navy Personnel Command website at www.npc.navy.mil.

For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.

From Navy Personnel Command Public Affairs Office

Veterans Day

The City of Meridian hosted a Veterans Day celebration on Nov. 11. A ceremony was held at the Doughboy Monument.

The guest speaker was Chief John D'Arcy. The parade occurred later in the afternoon with NAS Meridian's traditional float, marching units from Naval Technical Training Center and Marine Aviation Training Support Squadron One, and a crash truck from the Fire & Rescue Department all participating.

