

JOINT REGION EDGE

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Andersen rated high for cyber readiness

By Airman 1st Class Anthony Jennings

36th Wing Public Affairs

After every stone was turned, every file searched and every common access card (CAC) secured, the results of the recent Command Cyber Readiness Inspection (CCRI) have finally been released.

Team Andersen received an "Outstanding" rating for its Secret Internet Protocol Router Network (SIPRNet) inspection and an "Excellent" rating for its Non-classified Internet Protocol Router Network (NIPRNet) inspection.

"I am personally impressed with the 36th Communications Squadron and the entire wing's efforts to prepare for this inspection," said Col. Kent Simon, Defense Information Systems Agency Pacific Air Forces commander. "While

formal inspection results reflect excellent technical preparation and performance, the intangibles are even better. Bottom line, my hat's off to your folks and their performance across the board this week was outstanding."

During the recent CCRI, the ability of each Andersen service member to uphold information assurance (IA) standards was examined and put to the test.

Five inspectors from Defense Information Systems Agency (DISA) Field Security Office came to Andersen Air Force Base to determine whether or not the installation as a whole had instilled a cyber culture within its mission.

If the end result of the inspection had been unsatisfactory, the installation could have been disconnected from the Global Information Grid (GIG). Every service within the

Department of Defense (DoD) is connected to this GIG, and it is how the Air Force has access to the worldwide network.

"It's often called the cloud in the sky," said Lt. Col. Jeffrey Sorrell, 36th Communications Squadron commander. "It's basically a multitude of interconnected networks that allow us to pass information. Each installation is connected to their respective service network which is connected to the global Department of Defense network. An installation can have their SIPRNet and NIPRNet disconnected from the DoD GIG if an inspection goes bad."

"If the inspectors come and do not feel the proper cyber culture across the installation is taken seriously, or the proper processes and procedures are not in place within the communications squadron to protect and remediate all known

vulnerabilities, the entire base will be disconnected from the GIG," Sorrell said.

The DISA team focused three of their inspectors solely on the communications squadron, looking at all network infrastructure components and all devices connected to them.

"They have scanning tools to run against all devices, whether it's printers, digital senders or workstations, anything that has network accessibility has the potential to be a network vulnerability," Sorrell said. "On average each of the roughly 2,300 devices on the network requires 60-70 security patches to maintain its piece of the security net. These scanning tools verified the communications squadron's effectiveness in maintaining these defenses."

Another inspector was in charge of looking at Andersen's physical security of the networks. That is where the installation as a

whole comes in.

"He looked at the cyber culture on base," Sorrell said. "He was looking for things like unattended CAC cards, if the entry authorization process into classified areas was being followed, if we had our network instant reporting aides visible, and if people knew how to utilize them."

After thorough inspections, the physical security inspector discovered zero vulnerabilities.

"It's a big deal that we, as Team Andersen, have fully embraced the cyber culture, that every user understands their responsibility to protect the network and we've done a great job implementing that within the installation," Sorrell said. "Now the question is, how do we sustain it? That is the purpose of the CCRI, to not only help people recognize the importance of it, but to implement the processes to sustain it."

Naval Base firefighters train for structural collapse response

By Mass Communication Specialist 2nd Class (AW)

Jeremy Starr

Joint Region Marianas Public Affairs

Twenty firefighters from U.S. Naval Base Guam (NBG) Fire and Emergency Services (FES) participated in a Structural Collapse Rescue Training Course on board NBG Jan. 17-21.

The intensive five-day course, taught by Virginia Beach, Va.-based company, served as a way to instill the firefighters with the basic skills necessary to execute the rescue of personnel trapped in collapsed buildings during major catastrophic events such as typhoons, earthquakes, fires or terrorist attacks.

"These are the same type of training and skills utilized by individuals from around the world who came to the aid of Haiti after their earthquake," said Steve D. Hagen, NBG FES operations chief.

The course consisted of two

days of classroom training, followed by three days of hands-on experience. The firefighters learned search and rescue techniques for locating victims trapped inside and beneath collapsed debris, as well as

See Firefighters, Page 11

Training: U.S. Naval Base Guam (NBG) Fire and Emergency Services firefighters drill a hole through a wall in a South Tupalao housing unit to search for survivors during a Structural Collapse Rescue Training Course on board NBG, Jan. 21. The intensive five-day course was taught by a Virginia Beach, Va.-based company and served as a way to instill firefighters with the basic skills necessary to execute the rescue of personnel trapped in collapsed buildings during major catastrophic events such as typhoons, earthquakes, fires or terrorist attacks. (U.S. Navy photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)



INSIDE

- NBG shuttle canceled, page 13
- New commander of 13th Air Force visits Andersen AFB, page 4



36th FSS and 36th Wing Protocol
Air Force units bring home 17 A1 awards.

SEE PAGE 2



Fire and Emergency Services
Naval Base Guam gives two fire trucks to local fire department

SEE PAGE 4



Top Performer
Yeoman 3rd Class Daniel Markus Richard

SEE PAGE 3

Team Andersen brings home 17 A1 awards

By Airman Whitney Tucker
36th Wing Public Affairs

Airmen from the 36th Force Support Squadron (FSS) and 36th Wing Protocol at Andersen Air Force Base (AFB) excelled in 2010, winning a total of 17 Air Combat Command Manpower, Personnel and Service Awards.

These awards give recognition to the best performers and installation-level programs, honor their accomplishments and commitment to excellence, and improve situational awareness for everyone in the A1 community.

"I think this is tremendous

recognition of the fine work our FSS has performed in our first year of full operational capability within Joint Region Marianas," said Lt. Col. Brian Hinsvark, 36th FSS commander. "You fine professionals have served our customers with pride, passion and dedication."

The 36th FSS was recognized for several outstanding programs and received the Maj. Gen. Eugene L. Eubank Legacy award for best Force Support Squadron in the Major Command, the Gerrit D. Foster, Jr. Outstanding Military Personnel Program award, Arts and Crafts Program of the Year,

Community Center Program of the Year, Outdoor Recreation Program of the Year, Enlisted Professional Military Education Team of the Year - Airman Leadership School, and Professional Development Program of the Year.

Not only did FSS represent Andersen well, but 36th Wing Protocol also stood out among their competition, walking away with the George Washington Award for Protocol Excellence.

"This award means that we will compete at the Air Force level," said Carmela Rapadas, 36th Wing Chief of Protocol. "I am extremely proud

of the protocol office along with the Airmen and civilians who support the 36th Wing's Distinguished Visitor Mission."

Additionally, 10 Team Andersen members received individual awards in various categories:

FSS Field Grade Officer of the Year, Hinsvark; Manpower non commissioned officer (NCO) of the Year, Tech. Sgt. Robert Lumaban; Personnel Airman of the Year, Senior Airman Stephanie Pham; Personnel Senior NCO of the Year, Master Sgt. Ina Strickner; Services Airman of the Year, Senior Airman Jonathan Ardis;

Services NCO of the Year, Tech. Sgt. Carrie Caudill; Services Senior NCO of the Year, Master Sgt. Adrienne Mimms; Force Support Manager of the Year, Jeanette Rodriguez; Airman and Family Services Flight Specialist of the Year, David Ooka; and Community Services Flight Manager of the Year, Syomi Dodd.

"These awards are a reflection of all our team members and each of the leaders understand that our fine professionals on the front lines with customers are where superior community service and combat support happens," Hinsvark said. "I am proud of the entire team."

News Notes

Job Announcements

Interested individuals can view the vacancy listings at <https://www.cnmc.navy.mil/Marianas/index.htm> or at <https://chart.donhr.navy.mil>. For more information, call 349-6119/2224.

U.S. Naval Base Guam

Housing Management Spec, Closes Jan. 31
Marine Transportation Spec, Closes Jan. 31

Naval Computer and Telecommunications Station, Guam

Telecommunication Specialist, Closes Jan. 31

Naval Facilities Engineering Command Marianas, Guam

Powered Supp Sys Mech, Closes Jan. 31

Naval Support Activity Andersen, Guam

Supvy Recreation Asst, (Outdoor Actvy), Closes Jan. 31
Worklife Consultant, Closes Jan. 31

Key Spouse Training

The Airman and Family Readiness Center offers both initial and quarterly Key Spouse Training. Key spouses are appointed by unit commanders to provide assistance to families of members who are currently deployed. For more information, call 366-8136.

Priority Placement Program (PPP) for Military Spouses

If you are a military spouse looking for a job, PPP may be able to assist you. If you have recently relocated with your sponsor or just received new orders to relocate you may be eligible to register for PPP. You will be required to furnish a copy of your sponsor's PCS orders. Even if you've never worked for the federal government, new Executive Order 13473 may still award you eligibility for appointment to the federal service under a competitive appointment. Note that PPP is an automated system that only refers spouses to Department of Defense positions and you must be a U.S. citizen to be eligible for employment in the federal government. For more information, e-mail Kim Mendoza (last names beginning A thru M) at Kimberly.mendoza1@navy.mil or Renita San Miguel (last names beginning N thru Z) at Renita.sanmiguel@navy.mil or visit online <http://www.donhr.navy.mil/> (click on "Employment" and "Military Spouses").

Give Parents a Break

Andersen Air Force Base Child Development Center offers their Give Parents a Break program the third Saturday of the month from 6-11 p.m. To be eligible for this program parents need to have a referral certificate. Certificates for those who qualify can be obtained from your First Sergeant or by calling the Airman and Family Readiness Center at 366-8136.

Monthly Flea Market

Sell items you no longer need, or pick up some great bargains on all kinds of stuff at the Hotspot's monthly flea market on the third Saturday of every month from 8-11 a.m. You never know what you'll find for sale, so don't miss out on a chance to come away with some really cool items. Table fee for sellers is just \$10 each. Sellers can set-up for the flea market either Friday evening prior to the flea market from 6-9 p.m. or beginning at 7 a.m. the morning of the flea market. Reserve and pay for your tables at the Hotspot, or call 366-2339 for more information.

MSRON 7 Sailor displays superior performance

By Mass Communication Specialist 2nd Class (SW) Corwin Colbert

Joint Region Edge Staff

"I joined the Navy first and foremost to serve my community and country," said Yeoman 3rd Class Daniel Markus Richard, of Maritime Expeditionary Security Squadron (MSRON) 7. "I joined to make a difference, whether it's in one person's life or in the lives of many."



The thought behind those words is why his leading chief petty officer, Chief Information Systems Technician (SW/AW) Kenyell D. Brown, chose him as a Top Performer.

"He sets a superior example with his solid work ethic and willingness to help anyone in need," Brown said. "From day one, YN3 Richard was a hard charger. Even before making third class, he was working on the level of a petty officer. He has no problem taking charge and stepping up to more responsibilities."

Richard has served his country for one year and seven months. Over his short career, he has excelled in the diverse field of a yeoman. As a yeoman his job consists of performing many administrative functions including processing naval correspondence, Enlisted Evaluation Reports and Officer Fitness Reports, awards, instructions, coordinating appointments for the command master chief, executive

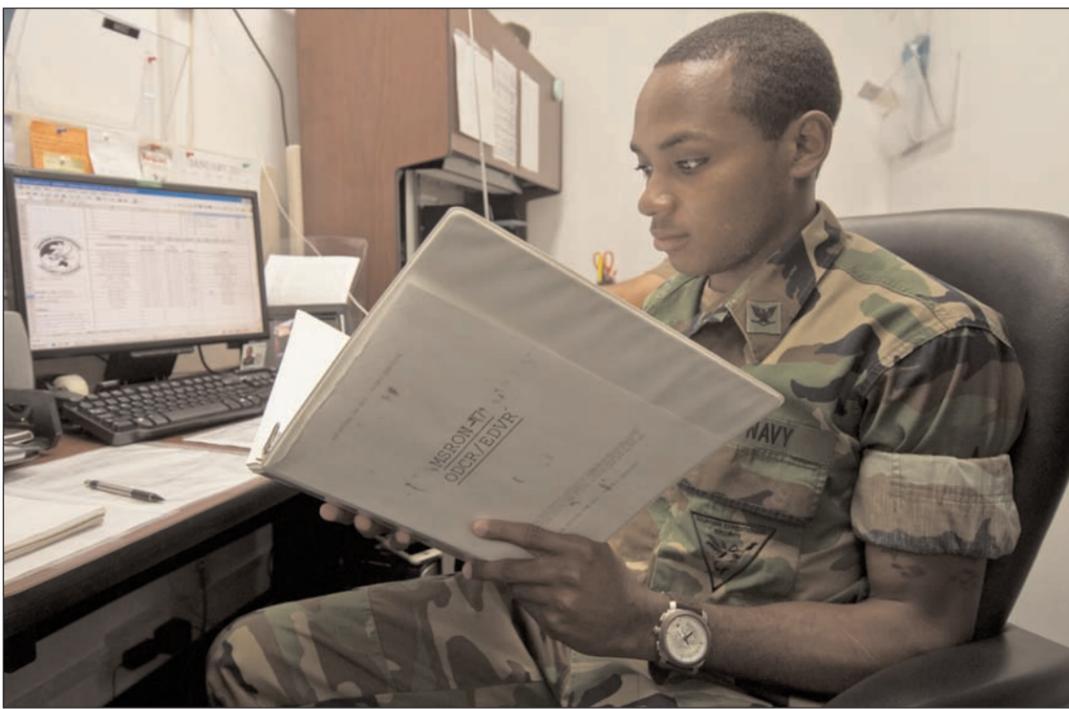
officer and commanding officer, in addition to daily customer service.

"I choose to be a yeoman because of the opportunity to travel and the career possibilities in and out of the Navy," he said. "As a yeoman you can be assigned to almost any duty station in and out of the continental United States. Also, as a yeoman you can attend Legal School or Flag Writer C School. Prior to joining the Navy I was a political science undergraduate at Georgia State University so the opportunity to work in the legal field as a yeoman only seemed advantageous."

While in "A" school Richard scored among the top five percent of his peers with an overall 95 percentile or higher. His contributions to the Navy go further than his professional career. He has spent countless hours giving back to the community participating in various community beach cleanups and other events.

"During my short time in the Navy, I have taken advantage of the numerous opportunities involving community relations (COMREL)," he said. "From the Guam Special Olympics held at Okkodo High School to the Back to Sumay Day celebration, and the COMREL swim meet held at Agana community swimming pool, I enjoy it all."

He was cordially invited along with four other MSRON-7 Sailors to attend the 2010 Guam Chamber of Commerce dinner in Tumon; and participated in the 41st Guam Perimeter Relay and the 2010 Guam Ko' Ko' Road Race Ekiden Relay in which Team MSRON-7 placed third overall and first in



Top Performer: Yeoman 3rd Class Daniel Markus Richard, of Maritime Expeditionary Security Squadron (MSRON) 7 updates the Enlisted Distribution and Verification Report at his office on U.S. Naval Base Guam Jan. 26. Richard has excelled while serving a little more than a year and a half in the Navy including scoring in the top five percent of his peers in "A" school and overachieving at his current assignment with multiple collateral duties, and participating in numerous community service events. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (SW) Corwin Colbert)

the military division.

Richard said his personal motivation have been fueled by his family, close friends and peers with whom he serves.

"My role models have always provided me with the proper guidance and direction long before I enlisted in the Navy," he said. "Simply put, they are my compass

and my north star — instilling me with golden values and shaping me into the man I am to date. The role models of my personal life showed me that you could be anything and succeed in anything as long as you have faith in yourself and never succumb to limitation or adversity. In the military I could not have been luckier to work with and to model

myself after such hardworking individuals than the Sailors I work with on a daily basis."

Richard is willing to share his ingredients to success to anyone that wants to know.

"Superior performance comes with a positive attitude, motivation, and supportive chain of command," he said.

Off Limits Establishments

The Guam Armed Forces Disciplinary Control Board has placed the following establishment off limits to all military personnel:

Gallop USA Indian Art and Jewelry at the Micronesia Mall

All military personnel are prohibited from entering the establishment. Service personnel, whether in uniform or in civilian clothing, found entering or leaving the establishment may be subject to disciplinary action under the Uniform Code of Military Justice.

Report Fraud, Waste and Mismanagement

The Joint Region Marianas Hotline provides an opportunity to report significant cases of fraud, waste and mismanagement. Anyone can file a hotline complaint and you may remain anonymous.

To contact the Joint Region Marianas Inspector General:

E-mail: M-GU-JRM-IG-HOTLINE-FRAUD-WASTE-ABUSE@fe.navy.mil

Phone: 339-0001

Mailing address:
JRM Inspector General Office
PSC 455 Box 211
FPO AP 96540

Remember, the more detailed information you provide the better we can assist you.

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Navy transfers fire trucks to Guam Fire Department

By Annette Donner
U.S. Naval Base Guam Public Affairs

The Guam Fire Department (GFD) received two fire trucks via the Guam Department of Agriculture during a ceremony at the Ricardo J. Bordallo Governor's Complex in Anigua Jan. 19. The trucks, which had been used at U.S. Naval Base Guam (NBG) were acquired through the Defense Reutilization and Marketing Office (DRMO).

The trucks will bring the total number of government's firefighting trucks to 10.

"I am amazed to see the progress of the efforts in obtaining equipment for our departments that we desperately need," Lt. Governor Ray Tenorio said. "Gov. Eddie Calvo and I will remain committed and vigilant in trying to obtain much more needed equipment for our public safety agencies."

Lt. Joey San Nicolas, GFD spokesman, said the trucks will be stationed at the Astumbo

and Sinajana fire stations. The stations had forestry trucks, which will now be replaced by the recently acquired fire trucks.

According to Chief Robert Green, of Fire and Emergency Services NBG, these trucks, while built in 1986, are fully operationally capable.

"These are not discard trucks," Green said. "They will function just as well as other fire trucks in the Guam inventory."

According to Green, the two trucks have a value of \$100,000.

According to San Nicolas, there exists exceptional cooperative teamwork between the civilian and the military public safety services.

"These fire trucks are symbolic of the teamwork that already exists between our agencies, which includes cross training as well as manpower firefighting support in the field." San Nicolas said.

Calvo commended GFD and the military for their partnership. He said that we all consider this island our home and we all want the best for it.



Fire Departments: U.S Naval Base Guam Fire & Emergency Services (NBG FES) Chief Robert Green, center back row, joins Lt. Gov. Ray Tenorio, second row center, and Gov. Eddie Calvo, front center, and members of federal and government of Guam firefighting agencies at the Ricardo J. Bordallo Governor's Complex in Anigua Jan. 19. The group gathered for a ceremony during which the Guam Fire Department received two Navy fire trucks through the federal government's Defense Reutilization and Marketing Office (DRMO). (U.S. Navy photo by Annette Donner)

Commander of 13th Air Force visits Andersen Air Force Base



Commander Visit: Lt. Gen. Stanley T. Kresge, 13th Air Force commander, meets Airmen from the 36th Contingency Response Group Jan. 22 while taking his first tour of Andersen Air Force Base since assuming his current position. Kresge spent four days on Guam touring Andersen and meeting Airmen. (U.S. Air Force photo by Airman 1st Class Jeffrey Schultze)

Tax season simplified with volunteers' help

By Airman Whitney Tucker
36th Wing Public Affairs

A visit to the Internal Revenue Service's (IRS) website will result in more than 1,100 different forms for federal taxes featuring confusing phrases scattered throughout, such as "ordinary dividends," "capital gain," and "attach Schedule D if required."

For those who have never done taxes before, or who just can't make sense of the ever-changing system, Andersen has a free tax center manned by trained volunteers who can help you up, over and around the

phrases and tax terms during this tax season.

"The tax center is a wing program focused on helping ranks E-5 and below," said Airman 1st Class Matthew Huston, 36th Wing Judge Advocate Office administrative law paralegal. "Unit tax advisors have been trained in a weeklong course given by a Senior Volunteer Income Tax Assistance instructor to help prepare tax returns for the 2010 tax year."

Filers should bring ID cards, W-2, 1099 and 1098 forms as well as Social Security cards for dependents

and last year's returns.

"Tax advisors will assist in all tax preparation such as 1040's, 1040EZ and limited state returns," Huston said. "Appointments are slotted for members itemizing tax returns; active-duty members will take precedence. Additionally, we provide IRS handouts and specific power of attorneys for deployed members."

Easing the load for the tax center, volunteers at the Airman and Family Readiness Center have offered their expertise on the subject.

"We have been conducting classes to offer further education to

taxpayers," said Cat Harrington, a student at the Association for Financial Counseling, Planning and Education (AFCPE). "Whether they file independently, through an online service, or pay a professional, the taxpayer is ultimately responsible for their taxes."

Harrington and fellow AFCPE student, Cristel Boedecker, have offered to conduct squadron tax briefings for those with a large number of interested Airmen.

"We want everyone to be capable of doing their own taxes," Harrington said. "It's all about learning the

terminology and understanding the forms. Once you can do this, it won't matter what system you use. It will make sense to you."

Many view tax season as a hair-pulling, number-crunching time of year, but with the help of Andersen volunteers, the stress of April 15 can become a thing of the past.

The tax center is located in Building 21000 and will be open Monday-Friday, from 9 a.m.-3 p.m. beginning Feb. 1. For more information, call 366-4TAX(4829). To contact the Airman and Family Readiness Center, call 366-8136.

Some taxpayers must wait until mid to late February to file

By Toni Vegafria
Naval Legal Service Office Pacific, Det. Guam

Recent tax law changes forced some taxpayers to wait until mid to late February to file their federal income tax return. This is to allow the Internal Revenue Service (IRS) time to update forms and software for taxpayers who fall into any one of the three categories below.

- Taxpayers claiming itemized deductions on Schedule A. Examples of such deductions include mortgage interest, charitable deductions, medical and dental expenses, and state and local taxes. Any taxpayer who plans to claim itemized deductions instead of claiming the standard deduction falls into this category.

- Taxpayers claiming the higher education tuition and

fees deduction. This deduction for parents and students and applies to up to \$4,000 of tuition and fees paid to a postsecondary education institution. The deduction is claimed separately from itemized deductions on form 8917. Individuals claiming education credits, including the American opportunity tax credit and lifetime learning credit, do not fall into this category.

- Taxpayers claiming the educator

expense deduction. This deduction is for educators of kindergarten through grade 12 who paid out-of-pocket classroom expenses of up to \$250. The educator expense deduction is claimed on Form 1040, line 23, and Form 1040A, line 16.

If you fall into any one of these categories above, you will have to wait until the IRS gives us the "green light" to file our returns. We here at the Navy Legal Service

Office (NLSO) will continue to keep track of these changes and inform the public as soon as we are able to assist you in filing your taxes that fall under any of these categories. If you have questions about whether you fall into one of these categories, please do not hesitate to contact Toni Vegafria at 333-2061/2 or 339-2325 or e-mail at antonette.vegafria@fe.navy.mil.

Air Force's Tops in Blue rocks Andersen AFB



Performance: Tops in Blue, an all-active duty U.S. Air Force special unit made up of talented amateur performers selected for their entertainment abilities, visited the Team Andersen family, Jan. 23, at the Coral Reef Fitness Center. (U.S. Air Force photo by Airman Anthony Jennings)

Sailors support local Cub Scout troop

By Mass Communication Specialist 2nd Class (AW) Jeremy Starr

Joint Region Marianas Public Affairs

Sailors from commands all around Guam, including Joint Region Marianas, U.S. Naval Base Guam (NBG), USS Frank Cable (AS 40), Military Sealift Fleet Support Command Ship Support Unit and Helicopter Sea Combat Squadron (HSC) 25, lent their support for Cub Scout Pack 23's annual Pinewood Derby, held at Cmdr. William C. McCool Elementary/Middle School, on NBG Jan. 21.

Sailors showed up two hours before the derby start time to arrange seating for the audience and set up a 15-foot, four-lane race track.

Logistics Specialist 2nd Class (AW/SW) Manny de Jesus, of HSC-25, said that he decided to volunteer in order to learn about the Cub Scout organization and what benefits and activities they could offer his 9-year-old son.

"I've been helping out with Pack 23 by volunteering during Scout meetings, as well as with this derby," he said. "The troop seems like a real positive setting for the kids, and I'm looking forward to putting my son into the Cub Scouts soon."

During the event, Sailors ensured that the 38 scout participants maintained an orderly and sportsmanlike manner. They kept

an eye on all race cars to ensure no car went missing or was inadvertently damaged.

Sailors helped race the wooden model race cars down the ramp and assisted the scouts in retrieving cars after they crossed the finish line. They also operated the computerized scoreboard.

After the event, the Sailors broke down equipment, rearranged seating, and cleaned up the school grounds.

According to Summer Sweeney, one of the event coordinators, the event would not have been possible without the Sailors' volunteer efforts.

"We're always appreciative of the volunteer work of the Sailors, especially those who do not even have kids in the Scouts, to help with our events and support our nonprofit organization," she said. "Without their efforts, it would not be possible to hold large events like this, and the kids would miss out on a lot of beneficial opportunities."

Leasha Gutierrez, a military spouse and Pack 23 mom, agreed with Sweeney wholeheartedly.

"I am thankful for the Sailors' aid with the event," she said. "They provide a huge amount of support and are great role models to the Scouts and show them the importance of volunteer work to help others."

For more news from U.S. Naval Forces Marianas, visit www.navy.mil/local/guam.



Scouts: Sailors, parents and Cub Scouts watch the winning car draw near the finish line at Cub Scouts Pack 23's Pinewood Derby at Cmdr. William C. McCool Elementary/Middle School on U.S. Naval Base Guam (NBG) Jan. 21. Sailors from Joint Region Marianas, NBG, USS Frank Cable (AS-40), Military Sealift Fleet Support Command Ship Support Unit and Helicopter Sea Combat Squadron 25, volunteered their time to help set up, maintain and clean for the event. (U.S. Navy photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)

Redesignation board looks at probationary officers

By Wm. Cullen James
 Navy Personnel Command Public Affairs
 Office

Force shaping and stabilization are two of the top issues for Navy's manpower planners. One tool they are using to ensure Navy's officer communities maintain the right mix of skills, force size and stability is the Probationary Officer Continuation and Redesignation (POCR) Board.

Officer community managers and detailers identify probationary officers eligible to appear before the POCR board. These officers include those with fewer than six years of service who are dropped or attrite from a course necessary to obtain a

designator, professional warfare qualification, or professional certification. Other reasons may include failure to obtain or maintain a required security clearance, nondeployable due to permanent physical or mental conditions, and others.

"POCR Boards only include those officers who have less than six years of active commissioned service and meet one of 10 specific criteria – only one of which is attrition from initial training," Holmes said. "Because the eligibility criteria have expanded from previous force shaping boards, the Navy has better selectivity to retain those officers who have the requisite skills to be successful in other designators either in the

active or reserve components, while separating those officers who no longer have viable career paths or possess unique and critical skills."

Each probationary officer is afforded the opportunity to apply for retention and redesignation, or to request separation. The board meets monthly to review all applications and makes its decisions based on the strength of the probationary officers' board packets, force shaping requirements and quotas available throughout the officer communities.

"In a manpower and fiscal environment such as we are in, it is important that officers coming before the POCR Board clearly present their desires for retention and/or re-

designation and highlight the skills and attributes that might indicate a successful naval career," Holmes said. "Some educational backgrounds lend themselves to direct application in certain officer designators. Similarly, prior service might give a person valuable skills and qualifications that can be reutilized."

The results of every POCR board are sent before the deputy chief of naval personnel (DCNP) who approves or disapproves each case. Officers selected for separation are informed via a letter signed by the DCNP, and will be separated no longer than four months later.

"Making a decision to separate an officer after they have invested

time and effort to be successful is a very difficult decision for the board to make – but at times necessary. Because it is a life-changing decision, the board members, community managers, parent commands and involved detailers take this process seriously and apply a lot of effort to it," Holmes said.

For more information about POCR boards visit the Navy Personnel Command Officer Community Management Page at www.npc.navy.mil/Officer/CommunityManagers/ and reference the POCR section in the right-side menu.

For more news from Navy Personnel Command, visit online www.navy.mil/local/npc/.

U.S. Air Force-Army-civilian team makes medical history

By Nadine Leavitt Siak
Headquarters Pacific Air Forces Public Affairs

Living in Hawaii leads people to use a lot of superlatives. People in Hawaii often say they have “the best weather,” “perfect beaches” and the “most amazing waves.” More objectively, they can point out that Hawaii is the world’s longest island chain, and that Hawaii Volcanoes National Park contains two of the world’s most active and accessible volcanoes. Now they can report that, in an unprecedented Air Force, Army and civilian medical move, the longest recorded adult ECMO transport to date was conducted from Hawaii.

ECMO stands for “Extracorporeal Membrane Oxygenation” — a medical treatment that provides both cardiac and respiratory support to patients whose heart and lungs are so severely diseased or damaged that they can no longer function. ECMO is most commonly used in neonatal intensive-care units, for newborns in pulmonary distress. According to Lt. Col. (Dr.) Melissa Tyree, staff neonatologist and neonatal/pediatric ECMO specialist at Tripler Army Medical Center, only a handful of the approximately 130 ECMO programs worldwide are set up to handle adult patients.

In November 2010, a 56-year-old woman from Chicago developed a fever and cough while vacationing on Oahu, Hawaii. She was diagnosed with a viral infection and admitted to Straub Hospital in Honolulu. Although she was treated with antibiotics and then put on a ventilator, the woman’s condition continued to deteriorate to the point where she was in severe respiratory failure and unresponsive to all advanced

pulmonary support available. She needed ECMO to survive.

Her Straub doctors tried to find for her an adult ECMO transport team on the continental United States, but none were available.

There is no formal adult ECMO program — or even one physician specializing in adult ECMO — anywhere in Hawaii.

But there was a sliver of hope for the patient: In 2007, Kapiolani Medical Center, Kaiser Permanente and Tripler Army Medical Center pooled resources to create The Hanuola (“Healing Breath”) Neonatal and Pediatric ECMO Consortium. The consortium has a network of 15 military and civilian doctors; and since Tripler has both Army and Air Force personnel, the consortium is also joint-service.

Straub staff contacted Tyree, who acts as the medical director of Hanuola, for assistance. Although she and her consortium associates were only experienced with administering ECMO treatment to youngsters, it became clear that their expertise was the only thing that could save the woman who was, Tyree recalled, “quickly approaching zero percent survival.”

“[We knew] the concept exists, the technology exists,” Tyree said, and “we were not going to let anything stop us, including red tape.”

Tyree was joined on the case by Lt. Col. (Dr.) Erik Osborn, a U.S. Army pulmonologist and adult critical care specialist at Tripler Army Medical Center. They both received permission from Brig. Gen. Keith W. Gallagher, commanding general of the Pacific Regional Medical Command and Tripler, to provide medical care to the woman at Straub and they began to work on saving her life.

The patient was placed on ECMO



Medical Team: The medical team of Army, Air Force and civilian health care workers who took care of a civilian patient November 2010 as she was transported a record-setting 4,051 miles while being kept alive via Extracorporeal Membrane Oxygenation treatment included Lt. Col. (Dr.) Melissa Tyree (front) and, left to right, Kris Costales; Melody Kilcommons; and LTC (Dr.) Erik Osborn. (Courtesy photo)

the afternoon of Nov. 13, 2010. Over the course of the next several days, it unfortunately became apparent that her lung disease was not going to be quickly resolved. She required transportation to an established adult ECMO center for extended ECMO care and a possible lung transplant. After an adult ECMO center in Iowa agreed to accept the patient, Straub administrators coordinated extensively with the woman’s insurance company while the transport team arranged for air travel there.

“This is where the magic came in,” Tyree said.

In less than 24 hours, the medical

team was organized, a civilian plane secured and multi-institutional equipment and supplies all coordinated. In addition, a special ECMO stretcher, chock-full of tubes, wires and medical devices, was even constructed from scratch.

The core medical transport team included Tyree; Osborn; Kris Costales, a civilian perfusionist (specialized health professional who operates the heart-lung machine); and Melody Kilcommons, a civilian registered nurse. On the Gulfstream III jet also were two adult critical care transport nurses (provided by the civilian medical jet company), a

civilian safety officer, two pilots — and the patient.

Air Force Col. Sean Murphy, PACAF command surgeon, called the composition of the medical team “very unique.”

“It was a joint effort combined with a civilian team,” he wrote in an e-mail interview. “Hawaii is truly an island, and with the challenges of resourcing medically complicated and expensive efforts such as ECMO, it makes sense to partner where we can as this patient could just as easily been a military beneficiary as a civilian. This was big time special!”

In the early afternoon of Nov. 19, the patient was transported more than 4,051 miles - a total transport time of approximately 12 hours from her Hawaii hospital bed to her Iowa hospital bed, including eight hours of in-flight time. The transport was a complete success and the patient underwent additional ECMO treatment in Iowa. Unfortunately, the patient eventually died of complications, but she had been given an additional month to say goodbye to her loved ones. In addition, she was able to partake in a private family ceremony that included water brought from the Ganges River in India. As Hindus, she and her family consider such water sacred and essential for a good death/funeral.

Tyree, who previously worked in the neonatal/pediatric ECMO program at Lackland Air Force Base, Texas, said even when a patient dies despite the best efforts of a military medical team, “what gives families the greatest sense of peace is that the government cares - it’s as if the President himself has reached out to them.”

In this case, she said, the woman’s family felt, “the whole island rose to [their] mother’s need.”

Look for a more energy efficient base commissary

By Derek Briggs

Naval Base Guam Energy Manager

I'm sure that you have noticed the Orote Commissary on Naval Base Guam has been making some changes lately.

This is more than just a facelift. The upgrades include real energy savings. Starting at the front door, the commissary installed air curtains that help keep the outside air outside, saving a ton of energy on air conditioning. This enhances the building's energy envelope. Much of the following information was provided by Tami Johnston, the construction manager for this project.

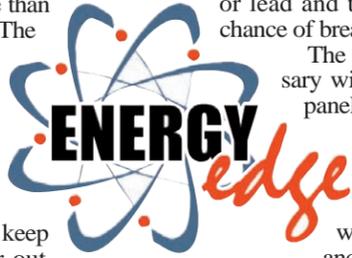
The open display cases in the meat, produce and dairy departments are equipped with retractable night curtains that are manually pulled shut when the store is closed, keeping the cold air inside near the food. Many of the open-style frozen food cases were replaced by upright freezers with energy efficient glass doors. The refrigeration cases use the newest display case technology and already exceed the 2012

Department of Energy energy-efficiency standards. The freezer cases are equipped with light emitting diode (LED) lighting that can save up to 69 percent in energy costs over fluorescent lighting. In addition, these lights do not contain mercury or lead and there is virtually no chance of breaking a light.

The roof of the commissary will see new solar flat panel collectors designed to withstand Guam's harsh weather conditions. The system will heat domestic water for the building and eliminate the existing boiler and propane storage tanks. The new system will utilize "free" heat from the refrigeration compressors to preheat the water. Compressor heat will also be used to heat water to the 180 degrees necessary to wash down the meat department.

The warehouse exhaust fans were removed and replaced with eight-foot diameter, high volume/low speed fans which circulate the air through volume rather than high speed, creating a cooler environment while using less energy.

In addition to getting a nicer looking commissary, this project is reducing the energy used and improving our shopping experience.



Firefighters: Training course enhances readiness

Continued from Page 1

procedures for safely removing and giving aid to those rescued.

According to instructor Jon Rigolo, who is also captain of the Virginia Beach Fire Department, hopes to train international rescue units to be able to work together in the event of a major catastrophe.

"We have standardized the training for all mainland units and we're working on standardizing all international units in case there is a large-scale event," he said. "If that happened on Guam, multiple off-island fire and emergency units could come in to help the local department by utilizing and understanding the same techniques, markings and different disciplines of operations."

In an empty building in South Tipalao housing, the firefighters ran through structural collapse scenarios under real-world conditions. They practiced breach and

breaking procedures, utilizing drills, hammers and jackhammers to get through concrete and cinderblock walls to search for victims.

The rescue workers also constructed emergency shoring from pieces of wood. The shoring can be used to hold up collapsing walls during an emergency, allowing the firefighters safer entry and less risk when removing victims.

The students agreed that the training was invaluable and will come in handy in the event of an emergency.

"The training was excellent," said Tony Borja, an 11-year NBG FES veteran. "It brought in new ideas, techniques and safety procedures to approach dangerous situations concerning a burning or falling-down house through a hands-on situation."

For more news from U.S. Naval Forces Marianas, visit www.navy.mil/local/guam.



Shoring: U.S. Naval Base Guam (NBG) Fire and Emergency Services firefighters construct emergency shoring from pieces of wood during a Structural Collapse Rescue Training Course in South Tipalao housing on board NBG, Jan. 21. (U.S. Navy photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)

Mandatory ORM training available on Navy e-Learning

By Susan Lawson

Center for Personal and Professional Development Public Affairs

Revised Operational Risk Management (ORM) training modules became available on the Navy e-Learning website Dec. 21.

All Hands Safety (ALSAFE) Message 071/10, released Dec. 21, delineates ORM training requirements for all Navy active duty and civilian personnel.

"These updated courses are intended to give Sailors and commands a better understanding of ORM, and how they can successfully integrate it in their work centers and daily lives," said Capt. Chuck Hollingsworth, Center for Personal and Professional Development (CPPD) commanding officer.

"Our goal is to make sure we don't just intellectually know the five steps, but practically use risk management in every situation possible, from high-risk shipboard and squadron evolutions, to everyday off-duty activities,"

Hollingsworth said.

The fiscal year 2011 (FY11) ORM courses are broken down into four types of training for the following audiences: individuals, supervisors, ORM assistants and managers. The revised courses emphasize the role of Sailors in each of these audiences, and also provide the tools and resources necessary to assist personnel in managing risk.

"This, and more, is all part of a training continuum that ensures Sailors and civilians build upon the risk management skills they have previously learned," said Rear Adm. Arthur J. Johnson, commander, Naval Safety Center and model manager for the Navy's ORM program. "This is a crucial addition to ORM training. Risk management should be an integral part of everything we do — both on and off duty. The targeted training now available will enhance our collective understanding and application of risk management and help us to achieve mission success and

maximize our outcomes."

The first training module, "Managing Your Risk," emphasizes "Time Critical Risk Management," and introduces the ABCD model; a type of training that teaches users to Assess the situation, Balance resources, Communicate, and Do and Debrief in the execution phase of an on- or off-duty activity.

The "Managing Your Risk" training module is the only course that is required by all personnel per ALSAFE Message 071/10.

The ORM training tailored for more senior personnel includes "Managing Your Team's Risk," and is targeted at the supervisor level. This training is required each time Sailors receive an increased level of responsibility within their organization, such as moving from a team leader to a work center supervisor, or when they transfer to a new command with new responsibilities per OPNAVINST 3500.39C.

Similarly, training for ORM assistants, "Leading Risk Management Integration," will be

required when an individual is appointed to this position.

One tool spotlighted in all of the ORM courses is the Total Risk Assessment and Control System (TRACS). TRACS is a Web-based application of the deliberate five-step risk management process, used to put together a risk assessment for an evolution in a structured and automated manner. TRACS offers a variety of reports, as well as the ability to archive and share reports with other units.

Managers are required to complete ORM training through the completion of the training titled, "Directing Your Command's Risk Management," which should be completed during the check-in process at every new tour of duty.

Additionally, completion of this course is now a pre-requisite for the CPPD-delivered "ORM Application and Integration" (A&I) course, a two-day course that provides in-depth, hands-on training for unit-level leadership and resource

owners in the ORM process. Completion of the ORM A&I course satisfies the OPNAVINST 3500.39 (series) requirement for commands to have one officer and one senior enlisted qualified as command ORM Assistants.

"Simply knowing about ORM is not enough in today's operational environment," Hollingsworth said. "We are teaching our Sailors how to implement these programs and at the most senior levels, establish and oversee good policies that will keep our personnel safe whether accomplishing the mission or off-duty tasks."

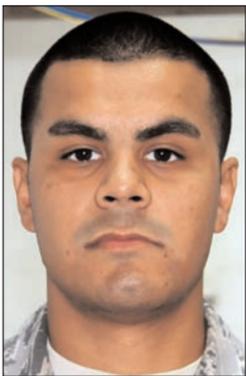
For questions about ORM training, contact Chief James Priest at (757) 492-6131, or via e-mail at james.k.priest@navy.mil.

For access to ORM training, visit www.nko.navy.mil, click on the Navy e-Learning Tab, and search for ORM training.

For more information about the CPPD, visit <https://www.netc.navy.mil/centers/cppd/>.

How has the Internet/technology improved your life?

Joint Region Edge asked its readers how the Internet and technology have improved their lives.



"Being in the military, I'm so far from my family and friends. The Internet and technology have improved my life by making it easier to communicate with loved ones back home."

— Airman 1st Class Matthew Lopez
736th Security Forces Squadron rifleman



"As a military leader, the Internet makes it easier to look up information to educate your subordinates. On the other hand, it sometimes takes the personal aspects out of working with your shipmates."

— Hospital Corpsman 1st Class (SW) Daniel Luby
U.S. Naval Hospital Guam



"The Internet is one of the best things ever invented. We rely heavily on it in the Navy. Since the military is constantly changing, the Internet is a great way to get updated information."

— Chief Yeoman (SW/AW) Bernard Green
USS Frank Cable (AS 40)



"The Internet makes work a lot easier. We can look online for our technical manuals and all other information that we need."

— Aviation Structural Mechanic 1st Class (AW) Kevin Becca
Naval Airborne Weapons Maintenance Unit 1



"The Internet and technology make it easier to communicate with family and friends back home. You don't have to miss out on as much as you would without an efficient way to stay in touch."

— Staff Sgt. Robin Lumm
644th Combat Communications Squadron communication security responsibility officer

Naval Base Guam discontinues free shuttle bus pilot program

By Annette Donner

U.S. Naval Base Guam Public Affairs

U.S. Naval Base Guam (NBG) Commanding Officer Capt. Richard Wood announced the NBG bus shuttle will be cancelled on Jan. 31.

The shuttle started Oct. 1 on a trial basis to gauge interest in the service and to make moving around NBG as easy and convenient as possible for Sailors and common access card (CAC) holders.

According to Wood, the data gath-

ered and evaluated during the pilot program would determine whether the program was continued.

"We saw from the information gathered on ridership that there was not enough demand to sustain the buses past the end of this month," he said.

The low ridership did not justify the cost of the buses and drivers, he added.

Lt. Rob Brown, Naval Base Guam Public Works Center production officer, said there were daytime and rush hour shuttles, with route times adjusted each month to best

accommodate the usage.

"Even with the wave-a-ride feature and the routes extending to Polaris Point and the Naval Munitions Command, the usage still wasn't enough to warrant the program continuing," Brown said.

Osan Airmen make monthly visits to Korean orphanage



By Senior Airman Evelyn Chavez
351st Fighter Wing Public Affairs

Airmen have many volunteer opportunities throughout their Air Force career. One such opportunity at Osan Air Base in Korea is volunteering at the local orphanages

Orphans: Children at the Cheonan orphanage play with toys during a visit by Osan Airmen, Jan. 15. The Osan base chapel organizes a monthly trip to local orphanages, where volunteers have the opportunity to play and talk to the children. (U.S. Air Force photo by Senior Airman Evelyn Chavez)

through the base chapel.

Every month the chapel offers 20 Airmen a chance to share their time with children at orphanages in Suwon, Cheonan Songton and surrounding areas. Volunteers, despite the language barrier, play, talk and hand out candy to the children.

Chong-A Pak, a chapel language specialist who coordinates the trips every month, has been involved since the program started six years ago.

"I was asked by one of the chaplains during the holiday six years ago if I could set up an orphanage trip for the base Airmen, and after that it became a monthly trip," she said.

Each month Pak receives more than 150 e-mails with individuals

interested in participating so they have to limit the list to 20 people. For people who don't make the list, Pak can assist in coordinating squadron or group trips.

"If squadrons or groups with more than five people are interested in volunteering, they can schedule their own trip with advanced notice due to the orphanages' busy schedule," Pak said.

For Airman 1st Class Shaquasia Dunn, 25th Fighter Squadron, volunteering at the orphanage was an opportunity to experience Korea and learn the culture.

"I encourage everyone to volunteer; it was a fun experience and it is good to show we care for the local community," Dunn said.

Wanted: Sergeants for a successful future

By Lt. Col. Mark Anarumo
8th Security Forces Squadron
Commander

The "backbone of the Air Force." This overused but still very relevant phrase is familiar to most of us in uniform, usually in the context of describing the enlisted force, or more specifically, the noncommissioned officer (NCO) corps. But what does it mean? And why is it still so important?

The term "backbone," of course, refers to the most important piece of the body, without which we could not stand, let alone function in any positive manner. The group that fits this role in our Air Force is, of course, the sergeants. Airmen play a critical role, as do the officers appointed to lead the sergeants. But it is the sergeant who "gets it done," who leads and mentors the Airmen, and who executes the tasks assigned by the officers.

The word "sergeant" is used here for a reason. Sure, we call the same group NCOs, or by pay grade — E-5s, E-6s, etc. But the word "sergeant" carries an enormous power that the other titles simply lack — a power earned

on every battlefield and in every military organization since the term was invented. Consider what is called your "mental reference," in other words, the image that pops into your mind when you hear the word, "sergeant."

Every young civilian who enters the military has a mental image of what they will encounter, some based on personal experience but most based on figures in popular culture. I was no different when I enlisted in the U.S. Army as a listless high school dropout in 1987. For me, the most enduring of all military personalities was the sergeant. And that was who I most looked forward to meeting — the tough but professional, grizzled but savvy mentor and leader who is feared, but also treasured by subordinates and superiors alike. I met some sergeants, and it was they who shaped me into the person and leader I am today. I tried to emulate them as I rose through the enlisted ranks, and many of their lessons have served me well as I have progressed as an officer. Now, in every organization I serve, I seek out, challenge, and reward my sergeants more than any other group. The keys

to success have always, and will always, lie with them.

Every few years another management fad comes along that tries to water down the military into a more corporate entity, and we try to call our key enlisted leaders anything but "sergeant." "NCO" is fine when referencing the general population, but when I need something done, I don't go looking for a manager. And I can promise you, I don't go looking for an "E-5." I want someone who bears the stripes on his sleeves and who will grab whoever is standing nearby and get the job done. I go looking for a sergeant.

Of course, not everyone who earns stripes will become the perfect sergeant. But there are certain core features of the identity that every new NCO should strive for as he or she matures. For starters, they must recognize that they are now part of a completely new



Anarumo

cohort. They must develop a bond with fellow sergeants, one that cannot ever be subverted. If one sergeant is undermined by another who sides with an Airman, the offender undermines the rank, embarrasses himself or herself, and betrays the stripes. And remember, those stripes are not invented the day they get sewn on a new promotee. They are forged from the sweat and blood of those who come before. Real sergeants never take that lightly.

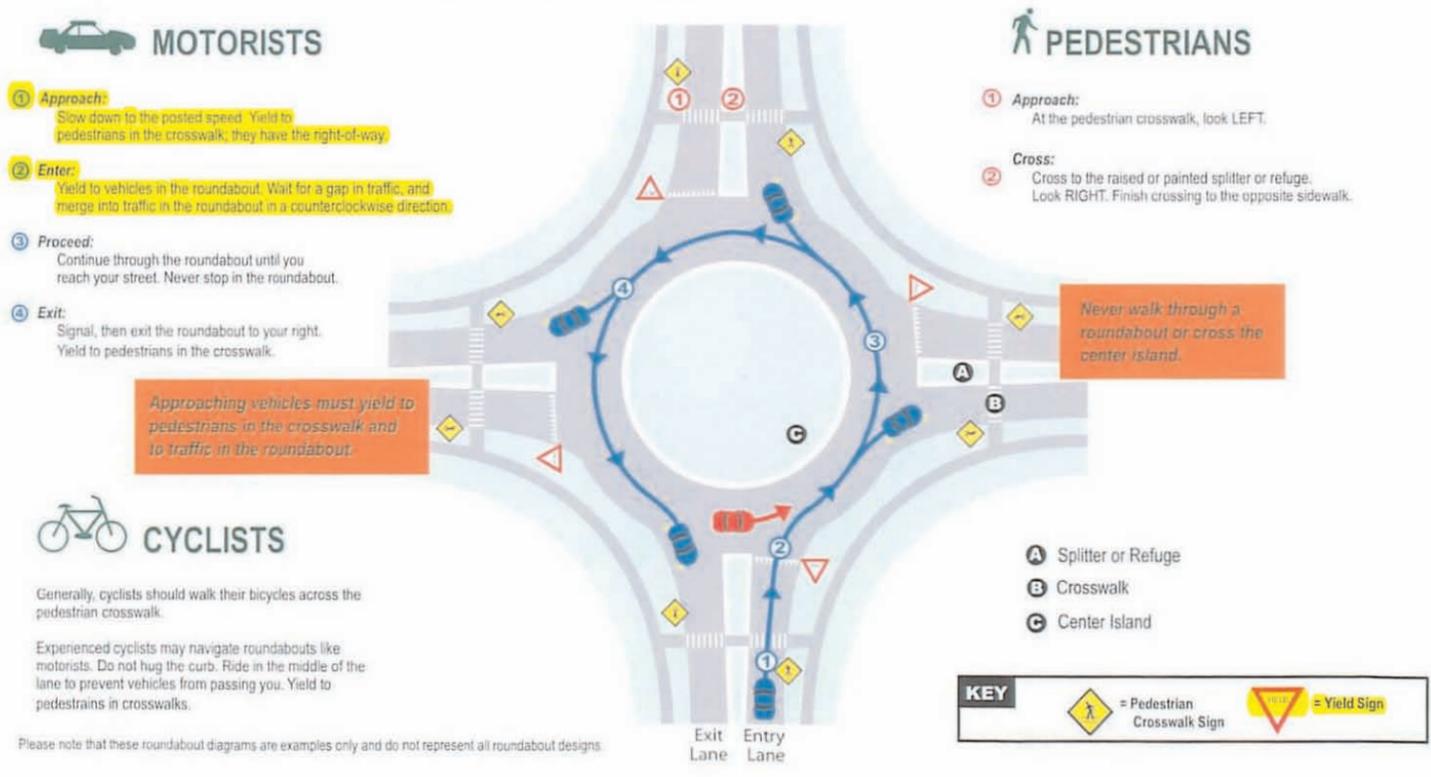
New sergeants must also change the way they interact with their officers. Most importantly, the sergeant should never be a "yes-man." Nothing is more worthless to an organization than someone who just agrees with the boss or says what he or she thinks the boss wants to hear. I want my sergeants to tell me when I'm wrong or headed in the wrong direction. In the same vein, real sergeants don't allow officers to set up shop in their "lane." Sergeants call out officers that are micromanaging them or their subordinates. The best sergeants strive to gain the trust of leaders and then expect to be given the space to execute. Nothing warms my heart more than a sergeant getting between an officer

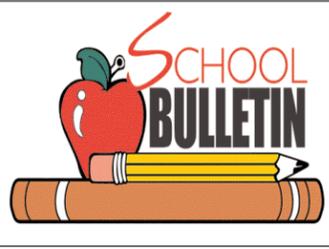
and a young enlisted troop in need of discipline and saying, "Sir, I'll take care of it." Think of the word "sergeant" as a verb, and do it.

Finally, to all you NCOs out there, old and new, I tell you that your Airmen and leaders want you to make the jump to sergeant if you're not already there. There are many tools in the leadership tool box. Don't think of "sergeant-ing" as a tool; it should be the way you view the entire tool kit. Let it shape every interaction you have with subordinates, peers and leaders.

Most of all, please remember what we need from those of you with stripes on your sleeves. Airmen of all ranks don't need a friend, mother, father, sister or brother. We need a leader. Strive to be the person you were hoping to meet as a new, young recruit. We need more sergeants, right now more than ever before. Honor those who came before you, do what it takes to master your stripes, and just as important, build more in the same image. You will be guaranteeing our Air Force's future success as we continue to dominate every spectrum of war.

Navigating a single-lane roundabout safely





School Bulletin aims to promote educational activities in the Navy and Air Force communities. If you know of an education-related event that you would like to include, send it to jointregionedge@fe.navy.mil or call 349-2113.

DoDEA

School board meetings are scheduled for the second Thursday of every month at 6 p.m. Upcoming meetings:

Feb. 10 at Andersen Elementary School
 March 10 at Guam High School
 April 21 at Cmdr. William C. McCool Elementary/Middle School
 May 12 at Guam High School

No school for President's Day Feb. 21.

DoDEA Guam District Continuous School Improvement (CSI) committees are inviting parents to offer input and to serve as members of the various committees. For more information or to sign up, contact your child's school.

Andersen Elementary School

CSI Family Learning Night: Sharing Student Success will be in the Dolphin Theater Feb. 10 from 5-6:30 p.m. It is open to all AES families.

Guam High School

Information about senior yearbook ads is forthcoming; deadline for senior ads is March 4. For more information, e-mail Mr. Haight at ian.haight@pac.dodea.edu.

McCool Elementary/Middle School

PTO Fun Run will be at the school Jan. 29 beginning at 7:30 a.m.

Girl Scout Troop 507 will meet in the school cafeteria Feb. 7, 14 and 28 from 3-5 p.m.

Student Council meeting Feb. 1 from 2:10 p.m.-2:40 p.m. in the library.

Dental education in the cafeteria Feb. 2, for pre-K, kindergarten; first grade from 8:20-9:10 a.m.; and for second and third grade from 9:20-10 a.m.

National Assessment of Education Progress test for eighth graders Feb. 2.

Substitute teachers wanted. U.S. citizens with a minimum of 60 college semester hours may apply. For more information, call Mellie Guerrero at 339-5347.

New club cleans up McCool scene

By Anna-Victoria Crisostomo
 Joint Region Edge Staff

A new student organization has students at Cmdr. William C. McCool Elementary/Middle School (MEMS) doing their part to clean up their school and make a difference for the environment.

Gina Gonzales, an eighth-grade science and health teacher, is spearheading the MEMS Environmental Club in its inaugural year. Gonzales said that school stakeholders at all levels were the driving force behind the creation of the club.

"It's the students, parents and the people in the community who have shown interest and eagerness to learn more about environmental recycling, issues and concerns, and wanted to be a part of school projects making changes relating to the environment [that] inspired the creation of the Environmental Club at our school," Gonzales said.

Along with Gonzales, the club's eight members help to organize cleanup events and maintain school recycling bins provided by the Naval Facilities Engineering Command (NAVFAC) Marianas Integrated Solid Waste Agency.

In addition to cleaning house, the Environmental Club is also responsible for promoting an

environmentally conscious way of living.

"The main responsibilities of the club are to educate students about the importance of clean surroundings, to increase student awareness of environmental issues and [give] the power to make change and to develop students' social and life skills by taking action and working towards building a sound environmental resolution to problems," Gonzales said.

MEMS student Natalie Moore takes her role in the Environmental Club seriously.

"I always tell my friends to recycle when we are at lunch," Natalie said. "I make sure that they always recycle their bottles and cans once they are finished with them."

The MEMS eighth-grader offered some wise words to inspire her peers and older generations.

"It is important to take care of the environment at our school because we have kids of many ages and we influence them all when we recycle," Natalie said. "The younger kids look up to us, so the least we can do is set a good example."

For more information about the MEMS Environmental Club, contact Gonzales at 339-8676 or e-mail her at gina.gonzales@pac.dodea.edu.



Club: The inaugural Cmdr. William C. McCool Elementary/Middle School (MEMS) Environmental Club is all smiles after a recycling bin cleanup at the school Jan. 10. The newest MEMS club is responsible for the maintenance of school recycling bins, collection of recyclable materials and promoting an environmentally friendly atmosphere. (U.S. Navy photo by Gina A. Gonzales)

Volunteers needed for Learnabration event

By Anna-Victoria Crisostomo
 Joint Region Edge Staff

As they gear up to celebrate Black History Month, Andersen Elementary School (AES) and Commander William C. McCool Elementary/Middle School (MEMS) are looking for volunteers for their third annual Learnabration events Feb. 18 and 25, respectively.

The Guam Greek Council, a professional group comprised of various fraternity and sorority members on Guam, started the Learnabration in 2009. The event celebrates Black History Month and is a time to expand the students' knowledge of African American history and culture.

"It is important because it highlights the history of a people

that are often left out of history books," said Kimberly Simpson, a MEMS third-grade teacher. "We do it to shine a positive light on the contributions of the African American. Students get a chance to hear about people, cultural events or times that may be hidden away"

Simpson said that, this year, several volunteers are needed as presenters for various classes. She

added that volunteers will conduct a 15-minute interactive presentation for five or six classes.

For more information or to volunteer, contact Simpson with MEMS via e-mail at kimberly.simpson@pac.dodea.edu or call 488-3360 or contact Jacob Dowdell with AES via e-mail at jacob.dowdell@pac.dodea.edu or call 366-1511.

Andersen students present Drama Showcase



Pantomime: Two Andersen Middle School (AMS) students participate in a pantomime skit called How to be Popular 101 during the AMS Drama Showcase at the school on Andersen Air Force Base Jan. 25. The showcase gives students the opportunity to display their talents for parents, teachers and fellow students. (U.S. Air Force photo by Airman Whitney Tucker)



Acting: Two Andersen Middle School (AMS) students participate in a pantomime skit called Café's Next Top Model during the AMS Drama Showcase at the school on Andersen Air Force Base Jan. 25. The showcase gives students the opportunity to display their talents for parents, teachers and fellow students. (U.S. Air Force photo by Airman Whitney Tucker)

Champuládu gives chocolate a Chamorro makeover

By Anna-Victoria Crisostomo
Joint Region Edge Staff

People say that chocolate makes everything taste better. Chamorros say rice can be eaten with anything. One local dish is putting both sayings to the test and it appears both are holding true.

Champuládu (chahm-poo-LAH-doo) is a traditional dish made primarily of chocolate and rice. While the combination may seem like an odd one, the two ingredients work together surprisingly well.

Rice is considered to have a bland flavor and is often used as a base to soak up flavors from other ingredients or as filler because it can complement multiple flavors. From risottos to sushi, rice has an abundance of uses and is a popular staple on Guam.

In champuládu, the rice soaks in the richness of the chocolate and the

sweetness of the sugar. Rice's starchy nature gives the champuládu a creamy consistency

Mangilao resident, Patricia Cruz, learned the recipe from her mother. She said that, when she was growing up, champuládu was served as a common breakfast treat.

"[Champuládu is] the Chamorro hot cereal. We eat that in the morning before chores or school," Cruz said. "There was no such thing as hot cereal before."

Today, champuládu is a treat that is commonly regarded as a dessert and can be served hot or chilled.

Champuládu recipe

- One-half cup uncooked white rice
- Water
- One-fourth cup cocoa powder or chocolate drink mix
- One-half cup milk
- Sugar

Fill a medium saucepan about halfway with water and add uncooked rice. Bring the rice to a boil, stirring occasionally. Continue to add water if it starts to evaporate and ensure that the pot is always about halfway full. Lower the heat as necessary to ensure water does not boil over.

When the rice opens and becomes very tender, add cocoa powder and mix thoroughly. Add sugar to desired sweetness. If cocoa powder is not available, a chocolate drink mix such as NesQuik or Ovaltine can be substituted.

Keeping a low boil, add milk to the mixture until it becomes thick. Remove from heat and let stand to cool.

Champuládu may be served warm or chilled. Leftovers should be refrigerated.



Champuládu: Freshly made champuládu sits in a Mangilao kitchen Jan. 17. Champuládu is a local dessert that combines rice, chocolate, milk and sugar. While the combination seems unusual, rice soaks up the flavor of the chocolate and gives the dish a consistency and texture similar to oatmeal. Traditionally, champuládu was eaten as a hot breakfast dish. (U.S. Navy photo by Anna-Victoria Crisostomo)

FREE

Karaoke Night

Every Friday at the Silver Dolphin on Naval Base Guam (NBG) Ordnance Annex, 7 p.m. Open to all authorized Morale, Welfare and Recreation (MWR) patrons. For more information, call 564-2280.

Golf Clinic

Every Saturday and Sunday from 9-10 a.m. at Admiral Nimitz Golf Course. No need to register! Just stop by to learn the basic fundamentals of the game of golf. For more information, call 344-5838/9.

Tumbling for Tots

Tumbling for Tots, an interactive play program for kids and parents, is available at the Hotspot Gym on Andersen Air Force Base (AFB) just down the walkway from the bowling center. Hours of operation are Monday through Friday from 9 a.m.-noon. For more information, call the Hotspot at 366-2339.

Children's Story Time

Wednesday at NBG Library from 3:30-4 p.m. and at Andersen AFB Library from 10:30 a.m.-3 p.m. For more information, call NBG at 564-1836 or Andersen AFB at 366-4291.

Sunrise Yoga

Every Friday morning at 6 a.m. at Tarague Beach. End your week with a relaxing yoga session on the beach. Listen to the sounds of the ocean while your body is rejuvenated with the sun's rays. For more information, call 366-6100.

UNDER \$10

Xtreme Midday Madness

At NBG's Orote Point Lanes every Monday to Friday from 1-5 p.m. Bowl for only \$5 (shoes not included)! For more information, call 564-1828.

Willie's Beachside Jazz

At Bamboo Willie's every Sunday from 5-8 p.m., enjoy a relaxing evening at the beach while you listen to great jazz music. For more information, call 653-9814.

Tuesday Fajita Night

At Andersen AFB's Café Latte every Tuesday from 5:30-7:30 p.m. Base price starts at only \$2.95 and you can build your own fajitas! For more information, call 366-6166.

Bowl Your Brains Out

At Andersen AFB's Gecko Lanes, every Monday from 6-10 p.m. Bowl all you want for just \$5! For more information, call 366-5085.

Texas Hold'em Night

Texas Hold'em tournaments are held every Tuesday starting at 6 p.m. in Hightides Enlisted Lounge at the Top of the Rock (Andersen AFB). Play is free for Club Members and \$5 for non-members. Weekly prizes are awarded. Open to ages 18 and older. For more information, call Top of the Rock at 366-6166.

Wing Night

At Café Latte (Andersen AFB) every Thursday from 5:30-7:30 p.m. Load up your plate with wings for only 35 cents per ounce! For more information, call 366-6166.

Bowl Your Brains Out

At Andersen AFB's Gecko Lanes, every Monday from 6-10 p.m. Bowl all you want for just \$5! For more information, call 366-5085.

TGIF Night

Enjoy your favorite beverages and social hour snacks every Friday in Hightides Enlisted Lounge beginning at 4 p.m. Unwind and enjoy a game of pool or darts with your friends. For more information, call 366-6166.

Super Saver Mug Nite

Every Saturday from 5-9 p.m. Purchase one souvenir mug for \$1.50 (comes with beverage), then refill your mug for just \$1! For more information, call 366-6166.

Saturday Nights at Bamboo Willies

They'll be cranking up the karaoke machine, so come on down and have some fun. There will be lots of giveaways. The Bamboo Willie's menu will be available and there will be beverage specials. For more information, call 366-6166.

\$10 AND UP

Breakfast at Café Latte

Café Latte at the Top of the Rock (Andersen AFB) offers breakfast from 6:30-9:30 a.m. Monday through Friday and 7:30 a.m.-12:30 p.m. on Saturday. Enjoy your morning coffee along with all your traditional breakfast favorites, plus a variety of breakfast burritos and sandwiches. For more information, call 366-6166.

Combat Aikido Classes

Aikido is a traditional Japanese martial art of self-defense that focuses on using the force of the opponents attack and redirecting it in another direction. Class is for adults only! Combat Aikido classes are held every Tuesday and Thursday from 6-7:30 p.m. Classes are \$60 per month, per student. Sign up soon at the Hotspot, or call 366-2339 for more information.

On a Budget



FRIDAY, JAN. 28

7 p.m.: Little Fockers • PG-13

SATURDAY, JAN. 29

2 p.m.: Little Fockers • PG-13

7 p.m.: Yogi Bear • PG

SUNDAY, JAN. 30

7 p.m.: How Do You Know • PG-13

The movie schedule is subject to change due to circumstances beyond Meehan Theaters on Andersen Air Force Base. **The Meehan Theater hotline is 366-1523.**



The Big Screen Theater is closed for renovations until March 31.

The Big Screen Theater hotline is 564-1831 or visit mwrguam.com.

Chapel Schedule

Naval Base Guam
Office Hours: Monday-Friday, 8 a.m.-4 p.m.
Roman Catholic Mass
Saturday Vigil Mass: 5:30 p.m.
Sunday Mass: 9:30 a.m.
Sacrament of Reconciliation: Saturday, 5 p.m. and Sunday, 9 a.m.

Protestant Worship Service
Sunday Service: Traditional Service: 8 a.m.
Contemporary Service: 11 a.m.
Women's Bible Study: Monday, 9 a.m.
Men's Bible Study: Wednesday, 6 p.m.
Prayer Time: Thursday, 11:30 a.m.
Choir Practice: Traditional: Wednesday, 6 p.m.
Choir Practice: Contemporary: Tuesday, 6 p.m.

Jewish Shabbat
Friday, 6:30 p.m.

Naval Hospital Guam
Roman Catholic Mass Monday-Friday, 11:30 a.m.
Chapel of Hope: Sunday, 9 a.m.
Protestant Service Monday-Friday, 12:15 p.m.
Interfaith Chapel

Andersen Air Force Base
Roman Catholic Mass (Chapel 1)
Weekday Mass: Tuesday, Wednesday, Friday, 11:30 a.m.
Saturday Vigil Mass: 5 p.m.
Sunday Mass: 9:30 a.m.
Sacrament of Reconciliation: Saturday, 4:30-4:50 p.m.
Catholic Women of the Chapel: First and third Wednesday of the month, Chapel 1 Annex, 6:30 p.m.
Catholic Youth of the Chapel: Second and fourth Wednesday of the month, Chapel 1 Annex, 6:30 p.m.
Choir Rehearsal: Saturday 4-5 p.m. and Sunday, 8-9 a.m.

Protestant Worship Service
Praise Service: Sunday, Chapel 2, 9 a.m.
Gospel Service: Sunday, Chapel 2, 11:30 a.m.
Emerging Worship Service: Sunday, Lighthouse, 6 p.m.
Protestant Women of the Chapel: Second Monday of each month, Chapel 2 Annex, 6:30 p.m.
Protestant Men of the Chapel: Wednesday, Lighthouse, 7 p.m.
Protestant Youth of the Chapel: Thursday, Chapel 2 Annex, 7 p.m.
Protestant Young Adults: Thursday and Saturday, Lighthouse, 6 p.m.
Protestant Sunday School: (September-May) Sunday, Chapel Activity Center, 10:15 a.m.

Schedules subject to change. To confirm times or for information about other programs, call the chapels at:
Andersen Air Force Base: 366-6139
U.S. Naval Base Guam 339-2126
U.S. Naval Hospital Guam: 344-9127

Resolve to have bigger faith in 2011

By Lt. James Rutan
U.S. Naval Base Guam Command Chaplain



It's been almost a month since we put away those awful reindeer sweaters and weaned ourselves off from a steady diet of eggnog and cookies. New Year's, that special time when we all observe the time honored tradition of dreaming up resolutions to break, is in the rearview mirror. Though some stay more focused and committed than others, the typical American breaks his or her resolution at about the three-week mark. I for one am going to try to do better this year.

In solidarity with each of you, I too want a slimmer waistline in 2011. I would also like to tackle the challenge of fatherhood with more vigor, be a better husband and

maybe even take a vacation. More important than these worthy goals though are my spiritual goals. I believe I speak for most believers when I say that I want more of what 1 Corinthians 13:3 says that I need in abundance. I need more faith, more hope and more love in my heart.

Building deeper, stronger faith can be difficult. After all, it is the most elusive of the three. Hebrews 11:1 describes for us the abstract nature of faith, pointing out that the evidence of it is not always right here in front of us, but rather it is "...being sure of what we hope for and certain of what we do not see."

Faith is like Wi-Fi in that way. We walk around all day trying to get a signal with our phones and handhelds so that we can stream

data, send texts and surf the web, but who has ever seen those bits and bytes flowing through the air? Texting is believing. It is the presence of a signal that stirs our "belief" in the Wi-Fi we can't see. Faith too is practical and can be seen; you just have to have the right perspective to see it. Faith is both backward and forward looking. Remembering the things that God has done for us in the past will embolden us to believe Him for the things we need tomorrow and beyond. The faith signal is there we just need the right spiritual equipment, like prayer and scripture, to receive it.

Faith is also a bit like a muscle. It must be exercised in order to become bigger and stronger. The bigger the bulge you want, the more weight and repetitions you will have to pull. Faith, like muscles, builds slowly and over time. The exercise can sometimes be grueling as you wait on answers to prayer, healing for the sick or solutions to your

crisis, but hang in there, the results will be spectacular.

Faith can be scary too, like walking down a dark and unfamiliar alley. Many are fearful to charge after their dreams down these "dark alleys" for fear of failure. That fear produces paralyzing doubt. Have you long desired to finish your education, but allowed the fear of poor performance to keep you away from the classroom? Do you desire a relationship, but are mortified by the thought of making a commitment? Have you been sabotaging your own promotion because you are afraid of the pressures of leadership? Faith in God, belief in your own abilities, and confidence in your friends and family will help you overcome these doubts and fears.

If you want bigger faith in 2011 make sure you're in a good spot to receive your spiritual Wi-Fi, remember that strong faith needs plenty of exercise and be sure to steel yourself up to walk down some of those dark alleys.

Still Moments



Staff Sailor of the Year: Rear Adm. Paul J. Bushong, commander, Joint Region Marianas (JRM) awards JRM's Operations Specialist 1st Class Bruce E. Golden (AW) the Staff Sailor of the Year (SOY) and his seventh Navy and Marine Corps Achievement Medal at JRM headquarters in Asan Jan. 21. Golden displayed professional achievement while serving as the Mariana Islands Range Complex operations scheduler from Jan.-Dec. 2010. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)



Staff Senior Sailor of the Quarter: Rear Adm. Paul J. Bushong, commander, Joint Region Marianas (JRM) awards JRM's Culinary Specialist 1st Class Christy Gay the Staff Senior Sailor of the Quarter (SOQ) at JRM headquarters in Asan Jan.21. Gay is awarded SOQ for her outstanding performance while serving as JRM's enlisted aide from Oct.-Dec. 2010. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)



Civilian Employee Of The Quarter: Rear Adm. Paul J. Bushong, commander, Joint Region Marianas (JRM) awards JRM's Deanna C. Tenorio, management analyst, the Civilian Employee of the Quarter (CEOQ) award at JRM headquarters in Asan Jan.21. Tenorio is awarded CEOQ for her outstanding performance as building manager and principal coordinator for JRM from Oct.-Dec. 2010. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)



Civilian Employee of the Year: Rear Adm. Paul J. Bushong, commander, Joint Region Marianas (JRM) awards JRM's Lourdes C. Quinata, lead financial management analyst, the Civilian Employee of the Year (CSOY) award at JRM headquarters in Asan Jan.21. Quinata is awarded CSOY for her outstanding performance while serving as lead financial management analyst from January 2010 to December 2010. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)

Still Moments



Staff Junior Sailor Of The Quarter: Rear Adm. Paul J. Bushong, commander, Joint Region Marianas (JRM) awards JRM's Operations Specialist 2nd Class (SW/AW) Maurice D. Miller the Staff Junior Sailor of the Quarter (JSOQ) award at JRM headquarters in Asan Jan.21. Miller is awarded JSOQ for his outstanding performance while serving as Mariana Islands Range Complex operations scheduler from Oct.-Dec. 2010. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)

Special Act Award: Rear Adm. Paul J. Bushong, commander, Joint Region Marianas (JRM) awards JRM's Mae C. Flores supervisor program analyst (Manpower) a Special Act Award at JRM headquarters in Asan Jan.21. Munoz received the award for outstanding and professional service in the field of manpower program analyst. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)



Special Act Award: Rear Adm. Paul J. Bushong, commander, Joint Region Marianas (JRM) awards JRM's Antoniette B. Munoz, human resource specialist, a Special Act Award at JRM headquarters in Asan Jan. 21. Munoz received the award for outstanding and professional service in the field of Human Resource. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)

Good Conduct Wright: Rear Adm. Paul J. Bushong, commander, Joint Region Marianas (JRM) awards JRM's Damage Controlman Fireman Rakeema E. Wright her first Good Conduct Medal at JRM headquarters in Asan Jan. 21. Wright received the award for three consecutive years of faithful, zealous and obedient service to the Navy. (U.S. Navy Photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)

JRM All Stars win Captain's Cup matchup

By Mass Communication Specialist 2nd Class (AW) Jeremy Starr

Joint Region Edge Staff

In a head-to-head matchup between the Joint Region Marianas (JRM) All Stars and Maritime Expeditionary Security Squadron (MSRON) 7 Sailors, JRM eked out a narrow 39-38 victory, during a Morale, Welfare and Recreation (MWR) Captain's Cup basketball game at Charles King Fitness Center on U.S. Naval Base Guam (NBG) Jan. 20.

The teams were so well matched that neither ever had more than a six-point lead.

At the end of the first 20-minute half, MSRON 7 led by one point, 20-19.

The second half turned in favor of the All Stars when MSRON 7's star player, Yeoman 2nd Class (SCW) Terrell L. Dixon, was benched due to foul trouble. With Dixon off-court, All Stars center Operations Specialist 2nd Class

(SW/AW) Maurice Miller made several key layups to put his team on top and keep them in the lead for the remainder of the game.

"We made too many mistakes at the beginning of the second half that we couldn't bounce back from," Dixon said. "It was our first game and we didn't have any practices yet. We'll get better with more practices and we're looking forward to our next game."

Miller had similar comments about his team.

"We started off slow at the beginning of the game, which caused our score to be closer to MSRON 7 than we liked," Miller said. "We never gave up though, and pushed our way forward to beat them for our first win. We're planning to be more focused for our upcoming matches."

The Captain's Cup basketball tournament will continue through March. Each team will play 13 games in addition to the playoffs.

For more news from U.S. Naval Forces Marianas, visit www.navy.mil/local/guam.



Three-Pointer: Joint Region Marianas (JRM) Operations Specialist 2nd Class (SW/AW) Maurice D. Urdy shoots from the three-point line during a Captain's Cup Basketball game between JRM and Maritime Expeditionary Security Squadron (MSRON) 7 at Charles King Fitness Center on U.S. Naval Base Guam Jan. 20. JRM defeated MSRON 7 39-38 in a very close match for their second win in the competition. (U.S. Navy photo by Mass Communication Specialist 2nd Class (AW) Jeremy M. Starr)

Sports Shorts

The following is a list of sports and health-related activities held on U.S. Naval Base Guam. To submit your sports note, e-mail jointregionedge@fe.navy.mil.

Charles King Fitness Center

Charles King Fitness Center (CKFC) hours of operation are Monday-Friday from 5 a.m.-9 p.m., Saturday from 8 a.m.-9 p.m., Sunday and holidays from 9 a.m.-7 p.m. For more information, call 333-2049.

The First Tee's Nine Core Values Golf Program

Registration is from Jan. 4 - Jan. 31 at Admiral Nimitz Golf Course. Fee is \$20 per child -- E1-E5, \$25 per child -- E6 & above, \$30 per child DoD/Civ. This program is used to teach children Nine Core Values of honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy and judgment which have been incorporated into each lesson activity plan. We are looking to cater to the first 24 children who sign up between the ages of 6-17. More information can be found on the website www.thefirsttee.org. Registration fee is to include junior cap, 3 logo balls and instruction. Program will take place every Mon and Wed throughout Feb and until March 7 from 3-4:45 p.m. at Charles King Fitness Center. For more information, call 344-5838.

Cheer Clinic with Broncos Cheerleaders

The Cheer Clinic with Broncos Cheerleaders is on Feb. 6 from 6-8 p.m. at Charles King Fitness Center. Come and learn some new cheers with the Denver Broncos Cheerleaders! Sign up at the CDC by Friday, Feb 4. For more info, call 564-1830.

10k Running Group

The 10k Running Group is from Feb. 1 to Mar. 10, 8:20 - 9:20 a.m. at CKFC. Step up your running level! Get ready for the Shamrock 10k Competitive Run. Make and reach a new exercise goal! For more info, call 333-2049.

Youth Soccer League

Soccer registration is from Jan. 3 - Feb. 10. There is a \$25 league fee - uniforms are an additional cost. Practice takes place on base at Harborview soccer fields Mondays and Wednesdays from 5:30-6:30 p.m. Games on Saturdays at the Harmon Loop soccer fields. For more information, call 564-1844/5

Youth Dance Program

Youth dance registration is from Jan. 3-Feb. 28. The cost is \$127.50 for the first child and \$97.50 for each sibling. For more information, call 564-1844/5.

The following is a list of sports and health-related activities held on Andersen Air Force Base. To submit your sports note, call 366-2228.

Lap Swimming

The Andersen pool offers lap swimming outside the recreational swim hours. Lap swim hours will be: 6-8 a.m. Friday through Wednesday 11 a.m.-noon Friday through Wednesday 6-7 p.m. Monday, Tuesday and Wednesday. No lap swimming will be available Thursdays, weekends, holidays and down days. Also, the pool is looking for certified swimming instructors and lifeguards. For more information, call Outdoor Recreation at 366-5197 or Human Resources at 366-1189.

Youth Soccer Registration

Youth Soccer Registration will be held Jan. 10-28 at the Youth Center. Practices will begin Feb. 7, with the season kicking off Feb. 26. Pick up registration forms at the Youth Center or get one online at www.36fss.com. Turn in completed forms at the Youth Center. Payments can be made Monday-Friday from noon-5 p.m. Coaches are also needed. For more information, call 366-3490.

Aikido Classes

Aikido is a traditional Japanese martial art of self-defense that focuses on using the force of the opponents attack and redirecting it. The Hotspot is now offering two types of aikido classes. One is a traditional (Hombu) aikido class for all levels. Classes will be held Monday and Wednesday from 5:30-6:30 p.m. for kids 8-12 years and 6:30-8 p.m. for adults. The other class is Law Enforcement/Combat Aikido, and is for adults only. This class will be held Tuesday and Thursday from 6-7:30 p.m. All classes are \$60 per month, per student. Sign up at the Hotspot. For more information, call 366-2339.

Tumbling for Tots

Tumbling for Tots, an interactive play program for kids and parents, is now available at the Hotspot Gym just down the walkway from the bowling center. Hours of operation are Monday-Friday from 9 a.m.-noon, and closed holidays and down days (schedule subject to change due to base exercises, official unit functions, etc). This is a self-directed activity. A Family Advocacy staff member will be available Tuesdays and Thursdays to talk with parents. Some simple rules for this program: Children will not be left unattended. No food or drink is permitted in the play area. Parents must clean-up after their children. No shoes are allowed in the play area and children must abide by rules that will be posted on the bouncy castle in the play area. For more information, call the Hotspot at 366-2339.